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Lindenwood Recognized as One of the Healthiest Companies in America

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LINDENWOOD RECOGNIZED AS ONE OF THE HEALTHIEST COMPANIES IN AMERICA

April 30, 2020

Lindenwood University has been recognized by Interactive Health, which manages its wellness incentive program, as the healthiest employer among organizations similar to its size and demographic make-up and as one of the healthiest employers among the company's clients nationwide.

Lindenwood is the top employer in its category, which includes 62 organizations with 999 to 1,499 employees. In its category and the entire education field, Lindenwood had the highest rate of participation in the program at 82.2%, and 77.7% of participants are in the "low-risk" range, based on data from annual health screenings and other factors, compared to the benchmark of 69.3%.

The university also exceeded the national benchmarks for average health score and percentage of high-risk participants, that latter of which decreased by 4.1 percent from 2018 to 2019. Candace Terry, the university's benefits director, attributed the positive scores and improvement to Lindenwood's commitment to wellness programs and information, including the popular LindenWell program and available fitness classes and groups.

"It is incredible to see the significant impact that the LindenWell program has had on employee wellness at Lindenwood," Terry said. "The LindenWell team is extremely proud of the hard work and dedication Lindenwood employees have put forth towards their health!"

Photo cutline: Lindenwood University's LindenWell team consists of (from left) Candace Terry, Whitley Huxhold, Mariah Gove, and Annie Alameda.