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## **Kerksick Featured in U.S. News Article on Sports Nutrition**

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# KERKSICK FEATURED IN U.S. NEWS ARTICLE ON SPORTS NUTRITION

August 14, 2018



Lindenwood University's Chad Kerksick, director of the Exercise and Performance Nutrition Laboratory, was among a group of experts quoted in a *U.S. News and World Report* article on sports nutrition, specifically, the importance of protein intake.

- [Learn More at health.usnews.com](http://health.usnews.com)