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## **Third Annual Kilometers for Chris to Be Held April 27**

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### THIRD ANNUAL KILOMETERS FOR CHRIS TO BE HELD APRIL 27

April 9, 2014

Team challenge and 1-mile run/walk added this year

Lindenwood University's Recreation Department will host the third annual Kilometers for Chris event at 9 a.m. on April 27, 2014, on the university's St. Charles campus.

This year's event is a team-building challenge. Teams comprised of four to five members will compete in a fun atmosphere overcoming obstacles as a team. At each kilometer, there will be a different challenge to complete. All of the challenges are accessible for anyone but will require teamwork. There will also be a one-mile fun run for those who wish to support the cause, or do not want to compete in the team challenge.

The event will take place on the Lindenwood University-St. Charles Campus, starting in the Heritage Campus at Roemer Hall and running through the entire campus, where it will end in Hunter Stadium. Both runs will begin at 9:00 a.m.

The Kilometers for Chris event was started in 2012 in support of Chris Lister, an alumnus of Lindenwood University who was struck by a car and seriously injured while participating in a 10K run. All proceeds are donated to support Lister in his recovery.

Participants can register online at [www.lindenwood.edu/kilometersforchris](http://www.lindenwood.edu/kilometersforchris). Pre-registration ends on April 13, 2014. Prices increase after pre-registration. Sponsorships and volunteers are needed.

For more information or to support Chris's recovery, please email [kilometersforchris@lindenwood.edu](mailto:kilometersforchris@lindenwood.edu) or contact the Recreation Department at 636-255-2213.

### Related Items:

- [Kilometers for Chris](#)

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