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Successful 5K Provides Relief for Injured Alumnus

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LINDENWOOD

Successful 5K Provides Relief for Injured Alumnus

May 29, 2012

Lindenwood University's Recreation Administration Department recently hosted a 5K/1-Mile Fun Run fundraiser to benefit Chris Lister, an alumnus of the school who was injured in January when he was hit by a moving vehicle while participating in a 10K race.

Students in the Recreation Leadership program organized and orchestrated the Kilometers for Chris fundraiser to promote safety and provide financial relief for the Lister family. The event, held on the Lindenwood campus, had over 200 participants and raised over \$5,000 for the Chris Lister Recovery Fund.

"We were overwhelmed and humbled that Lindenwood University would reach out to Chris in this way and are deeply grateful for all of the efforts in both the planning and hosting of the event," said Joan Lister, Chris Lister's mother.

Mike Aitken was the first runner to cross the finish line with a time of 16 minutes and 14 seconds. He was followed by Martin Doren (17:52) and Shane Watts (20:46). Liane Levy was the first female to cross the finish line with a time of 21 minutes and 49 seconds. She was followed by Mary Brosamer (21:59) and Caitlin Howe (22:17).

Sponsors for the event included members of Solutia Inc., Jones Grading and Excavating Inc., Dan's Foreign Auto Repair LCC, Crowley Exteriors, Precision Engine Rebuilders, and Deaver's Restaurant and Sports Grill. Donations were also given by Dierbergs and Show-Me's. Volunteers included family and friends of the Lister family, Lindenwood students, members of Lindenwood Greek system, and the Lindenwood Athletic Trainers student organization.

For photos of the race and the complete list of results, visit the Lindenwood Recreation Department's Facebook page at www.facebook.com/lindenwoodrecreation. Lister, who continues his therapy at a local care facility, graduated from Lindenwood with his undergraduate and graduate degrees in business administration.

The Recreation Administration Department at Lindenwood University strives to prepare students to work in the leisure field and bring a professional and beneficial skill set to the industry from firsthand experience with programs and projects like the Kilometers for Chris event.

For more information or to contribute to the Chris Lister Recovery Fund, call 636-255-2213 or e-mail recreationadministration@lindenwood.edu.

Press Release Contact:

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<http://www.lindenwood.edu/news/2012/875-lite.html>[5/29/2012 12:28:18 PM]

- Recreation Administration

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