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## **5K Race to Benefit Injured Alumnus Chris Lister**

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# LINDENWOOD

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## **5K Race to Benefit Injured Alumnus Chris Lister**

April 23, 2012

The Lindenwood University Recreation Administration Department will host Kilometers for Chris, a 5K race and 1-mile fun run at 9 a.m. on Sunday, April 29, on the Lindenwood University St. Charles campus. The event is a benefit for recent alumnus Chris Lister, who was seriously injured earlier this year.

In January, Lister was running in a 10 K race when he was struck by a car. His prognosis was not very promising, but he has proved to be a fighter and is continuing to beat the odds. The goal of this event is to provide financial support to Lister and his family during this difficult time.

Lindenwood students in the recreation degree program are organizing the race. The registration fee is \$20 before April 25 and \$25 the day of the race. T-shirts are provided to the first 150 participants. All of the proceeds will go to the Chris Lister Recovery Fund. Donations from non-race participants are also welcome. To register for the 5K, 1-mile fun run, or as a ghost runner (t-shirt only) go to the [luspirtshoppe.com](http://luspirtshoppe.com) and click on "Event Registrations."

The event is being organized and coordinated by students in the recreation degree program at Lindenwood University. For more information or to donate contact the Recreation Administration Department at 636-255-2213.

### **Press Release Contact:**

Public Relations  
Lindenwood University  
[publicRelations@lindenwood.edu](mailto:publicRelations@lindenwood.edu)

**Related Items:** Registration - Kilometers for Chris (5k / 1 Mile Fun Run)

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