

## **McCaskill Event Attracts Crowd Of Students And Faculty**

Approximately 30 students and a handful of faculty and staff attended the first of two discussions Friday with Michelle Sherod, regional director for U.S. Senator Claire McCaskill. Sherod, who runs McCaskill's office in St. Louis, said her office recently began holding the discussion events, called "Coffee Table Conversations," to gather public sentiment about various issues of interest.

Sherod took several direct questions about the senator's stance on specific issues; when she was not able to answer, she urged the questioners to send her an e-mail with the question so she could get an answer for them. During the event, which lasted about an hour, the crowd asked about a number of issues, including education, the environment, the war in Iraq, capital punishment, rights issues and several others.

After the event, Sherod said she was pleased with the turnout and with the discourse with those in attendance.

"We had a good range of questions and some good input that I can take back to the senator," Sherod said.

## **Get Your Personalized LU License Plates**

With a donation of \$25 for one-year plates or \$50 for two-year plates, you can have personalized Lindenwood University license plates.

The LU plates feature the stone gates. Personalized plates are due in October each year, so this is a perfect time to get your plates and show your pride for LU! Your receipt for your donation and your DMV form are both available in advancement services. Please call Kate O'Neal at x4903 for more information.

## **Employees May Join Rec Plex At Discount**

Lindenwood University has recently joined the Corporate Wellness Program at the St. Peters Rec-Plex, which allows Lindenwood employees to join the Rec-Plex and use its facilities at a substantial reduction from non-resident fees.

The Rec-Plex is a 124,000-square-foot family and athletic training complex located off Mexico Road, adjacent to St. Peters City Hall. It includes a fitness/exercise room with cardiovascular equipment, free weights and exercise machines; an aerobic and dance room with free aerobics classes for members; a gym and indoor running track; indoor, heated competition and family leisure pools; a sauna, hot tub and whirlpool; an on-site babysitting service; numerous fitness and recreational classes and programs; and two ice arenas.

Under the Corporate Wellness plan, Lindenwood employees may obtain an annual pass to the Rec-Plex for \$475 per family, \$345 per individual, or \$230 per senior (age 55 and older), payable monthly. These rates represent a savings of \$170, \$160, and \$80, respectively, from non-resident membership rates.

For more information, call 636-939-2386, ext. 241.

## **Kamm Writing Journal Column**

Congratulations to Management Division faculty member Judy Kamm, who has begun writing a regular financial column in the Suburban Journals. The column is called Fixing Your Finances and was first published on September 12 in the St. Charles County Suburban Journals.

## **Nominations For Employee Of Month Due Soon**

Don't forget to consider making a nomination for Lindenwood University's Employee of the Month.

The purpose of the recognition program is to honor top employees at the university who serve in an exemplary manner. All nominees must be permanent full-time or part-time employees who perform at a high level and who exhibit a positive and supportive attitude.

Nominees must have been employed at Lindenwood University for more than a year. Those interested in nominating someone should write a 75- to 100-word essay explaining why a particular employee should be considered. Some qualities might include outstanding achievement, performance, creative contributions, or improvement beyond what is normally expected of employees; demonstration of outstanding service to LU; and projection of a friendly, considerate attitude toward faculty, staff, students and visitors.

A nomination is not considered complete without enthusiastic support of the employee's supervisor. Please send nominations to Judy Shanahan ([jshanahan@lindenwood.edu](mailto:jshanahan@lindenwood.edu)) in the president's office.

### **Pioneer Days September 29-30**

Pioneer Days is September 29-30 at the Daniel Boone Home and Boonesfield Village. It is a wonderful pre-1840s Folkways Festival and Encampment. Artisans, music, historic encampment, a black powder shoot and good food make this a glorious time in the beautiful Femme Osage Valley. Step into the past to experience life on the early Missouri frontier and learn about the Boone legacy. Anyone with a valid Lindenwood University ID gets in free. Family members and those in the employee's party get in half price.

### **LU To Host Emergency Preparedness Fair**

Lindenwood University will host an emergency Preparedness Fair from 10 a.m. until 4 p.m. Saturday, September 22 in the Hyland Performance Arena. The event is being sponsored by The Church of Jesus Christ of Latter Day Saints.

The free event will include a blood drive, a Gateway Search and Rescue dog demonstration, a Metro Air helicopter on-site landing, information booths, appearances by a fire truck, ambulance, mobile emergency command center, search and rescue motorcycles and minibikes, and the St. Charles County Sheriff's Department Bomb and Arson Squad.

For more information, please contact Deborah Coffey at 636-688-4810.