

No Increase in GHP Premiums in 2009

Lindenwood University staff and faculty will experience no increase in health insurance costs in the 2009 calendar year.

Vice President for Human Resources Rick Boyle made the announcement Monday. He said Lindenwood would renew its contract with Group Health Plan.

"Monthly premiums will stay the same," Boyle said. "And there will be no increases in co-pays for doctor visits or prescriptions."

Boyle attributed the good news to Lindenwood's commitment to wellness over the past year, including the launch of a Weight Watchers program, the availability of more nutritional items in the cafeteria, and the establishment of walking trails on campus.

"In this day and age, having no increase is almost unheard of," Boyle said. "I believe GHP realizes the steps the university has taken to encourage wellness and healthy living."



Did you know that famed science fiction writer Arthur C. Clarke lectured at Lindenwood (March 1958) shortly after the United States created NASA and launched its first satellites? Mr. Clarke spoke on the meaning of man's first venture into space and the effects it will have on the lives of Americans. The best known work of Mr. Clarke is "2001: A Space Odyssey."

Cox named August Employee of the Month

Kerry Cox is all about generating excitement among Lindenwood University students.

Because he has done such a good job as Lindenwood's director of student activities, Cox, pictured at right, is being recognized as the university's Employee of the Month for August. He graduated from Lindenwood in 2005 with a degree in Christian ministry studies before returning to the school in 2007 to work in his current role.



Cox oversees the Connection in the Spellmann Center and coordinates all student-centered activities on campus. Often working closely with the Lindenwood Student Government Association, the two teams work on such large events as Homecoming, Welcome Week, Spring Fling, and concerts such as the upcoming Kingston concert October 10 in the Hyland Performance Arena.

"I'm really excited for the Sean Kingston show coming up," Cox said. "It's going to be awesome."

Since his arrival as director, Cox has succeeded in generating more student involvement and energy than ever before. He attributes those successes to program changes and enjoying each day.

"I really like working with the students," said Cox. "I love trying to find things they can get excited about."

On being named the Employee of the Month, Cox said he was glad to be acknowledged for his work and credited the student activities team for making events happen.

"Without my staff, especially Amanda Buckingham, Megan Teal, Marshall Newman, and Ben Mullins, none of what we do would be possible," he said. "To be recognized and stand out among so many great things at Lindenwood is an honor."

Ten to be Inducted into Hall of Fame

Lindenwood University will induct 10 new members into its Athletic Hall of Fame on Saturday, Oct. 18. The annual banquet begins at 6 p.m. in the Spellmann Center Leadership Room.

Among the inductees are former Lindenwood Associate Professor and KCLC General Manager Glen Cerny, '74, and former women's soccer head coach Kevin Killcullin. Emcee for the evening will be Randy Karraker, '84, a local sportscaster.

Other inductees are former student-athletes Brant Bruner (wrestling), Karen Gaines (softball/women's basketball), Amy Knobloch (women's track and field), Itzel Nieto (women's golf), Becky Stigen (women's soccer), Courtney Thompson (women's basketball), Shannon Tierney (women's basketball), and the 2001-02 Lindenwood Wrestling team.

Lindenwood employees are invited to attend the Hall of Fame banquet. Tickets for the dinner are \$20. For more details or to RSVP, contact Charlsie Floyd at x4909 or cfloyd@lindenwood.edu.

Run/Walk for Cancer Saturday on Campus

Lindenwood University has teamed up with the St. Charles Optimists to host a 5K Fun Run Saturday morning to raise money for cancer research. Registration begins at 8:30 and the run starts at 9:30 a.m. on the Lindenwood track.

The entry fee is \$25 per person. Proceeds go to benefit cancer research at St. Louis Children's Hospital and The Leukemia and Lymphoma Society, and Optimists International will use donations to raise awareness for childhood cancer research.

For more information, please call Scott Sacco at 636-947-4455 or visit www.stcharlesoptimist.org.

Discounted Flower Bulbs for Sale!

Lindenwood University's Monsanto Greenhouse will host a flower bulb sale beginning Wednesday, Sept. 18. The sale will take place during normal greenhouse operating hours: from 8 a.m. to 3 p.m. on Mondays, 9 to 11 a.m. and noon to 3 p.m. on Tuesdays, and 8 a.m. to 3 p.m. on Wednesdays and Thursdays.

A wide variety of bulbs will be available, including crocuses, irises, hyacinths, anemones, alliums, tulips, and more. They will be priced individually from \$.50 to \$1 each and sold on a first-come, first-served basis.

For questions, please contact Dr. Paige Mettler-Cherry, biological sciences program manager, at 636-949-4710.

Mark your Calendar for Pioneer Days

History is set to come alive during Pioneer Days, Sept. 20-21, at the historic Daniel Boone Home and Boonesfield Village in Defiance, Mo. From 9 a.m. to 5 p.m. visitors can enjoy a pre-1840s festival and living history encampment.

Staff will be on hand to discuss the early frontier and the Boone legacy. Daily life will be represented in each of the property's historic buildings: a teacher will hold class in the schoolhouse, a frontierswoman will demonstrate hearth-cooking, a gunsmith will hone his craft, and much more!

A special discount is offered to those who attend Pioneer Days and tour the Daniel Boone Home.

Combination tickets cost \$5 for adults, \$4 for seniors (ages 55 and over), and \$3 for children (ages 4-11). The cost to attend each separately is \$7 for adults, \$6 for seniors, and \$4 for children.

For more information please call the Daniel Boone Home at 636-798-2005.

Lindenwood Athletic Headlines (Sept. 15-21)

- --The Lindenwood football team will look to knock off another undefeated team in conference play this Saturday when it travels to Baker.
- --The nationally ranked women's volleyball team has its home opener this Friday with two matches against Graceland and UT-Brownsville.
- --The men's and women's soccer teams have their final week before conference play starts up. They play Saturday versus Cardinal Stritch.
- --The complete Lindenwood athletics weekly newsletter is available at this link: http://www.lindenwood.edu/athletics/newsletter/current.pdf