

# LINDENWOOD

## Lindenwood College

VOL. 87

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No. 10

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### PHYSICAL EDUCATION.

The Physical Education department at Lindenwood was established in the fall of 1915 with Miss Frances Haire as physical director. Miss Haire has continued in the capacity of head of the department and has brought it to where it stands today—equal to that of any Junior College in the country. Miss Haire is a graduate of the Sargent School of Physical Education, Cambridge, Mass., and has taken work at the University of Missouri and the University of Wisconsin. She has also done Chautauqua playground work and has had much experience as a producer of outdoor and indoor entertainments.

Since the department was established it has grown by leaps and bounds. The new gymnasium and pool have been equipped with all modern apparatus, and the course has been enlarged to necessitate an assistant in physical education. Miss Willie O. Minor, class of '16, holds that position.

The department now offers a two-year normal training course in Physical Education for which a diploma is granted, and a one year play-ground course for which a certificate is given, besides, there is the regular gymnastic schedule from which every girl is required to elect two hours a week. Some of the courses given are: Gymnasium, Swimming, Folk-dancing, Esthetic dancing, Games, Athletics, Play ground, Hygiene, First Aid, Story Telling, Practice Teaching and Coaching.

A campus playground made up of St. Charles children is conducted each year for the benefit of those-taking the Playground course.

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Every girl upon entering school is given a thorough medical and physical examination, the result of which determines whether she shall take the regular required work, the light work, or the rest cure.

Organizations under the direction of the Physical Education department are the Athletic Association. The Hiker's Club, and the Vaudeville and Amusement Company.

A point system has been introduced by which each girl is credited with every thing she accomplishes in her gymnasium work. The girl having the highest score each year is considered the all-round champion of the school and is awarded a white sweater with a L. C. monogram.

The member of the Hikers Club walking the most number of miles a semester is awarded the Hiker's monogram.

Numerals are awarded for making class teams.

The Vaudeville and Amusement Company directed by Miss Haire and Miss Minor are responsible for the various stunts and gymnasium parties throughout the year.

The aim of the entire Physical Education course is not to make a girl into a professional athlete, but to develop her body symmetrically, increase her endurance, make her more alert mentally, and to have her acquire a love for physical activity that will not allow her after she has left school to drop back, into slovenly habits of living and thinking. In short, to have her acquire a habit that she will carry with her through life.

### EVERY STUDENT ENLISTED FOR SPECIAL WAR SERVICE TRAINING.

"Major McGowan will meet the Captains of the White Division immediately after chapel."

"Surgical Dressing Division report in Red Cross rooms at 4 o'clock."

Such announcements are being made daily at Lindenwood, which is now a training camp for nearly 250 girls to fit themselves, in addition to their regular college work, for special war service when they return to their respective communities.

The student body has been divided into three divisions—the Reds, the Whites, and the Blues. At the head of each division is a member of the faculty who has the title of Major. Miss Willie Overton Minor is Major for the Reds, Miss Marguerite McGowan, for the Whites, and Miss Dorothy Biederwolf, for the Blues.

From the student body were chosen the captains who were distributed under the three Majors. Then the girls were given permission to enlist under the captain of their choice, until the captain's quota—ten—was complete. Every girl enlisted.

The big parlors of Butler Hall have been turned into Red Cross rooms, and instead of massive furniture, long rows of white tables and a few sewing machines greet the eye. Here the Surgical Dressing course is being given to the majors and the captains. The Captains in their turn, as soon as they receive their certificates, will give similar instruction to their squads.

In the meantime, the captains are giving their squads instruction in knitting; Miss Mary Lou Palmer is giving instruc-

tion for the making of war garments; and Miss Marguerite McGowan has charge of a chapel program where-by the students speak several times a week on subjects relative to the causes of the war, and the ends which America seeks.

By a system of points based on the amount of work done, the girls can raise in rank from private to lieutenant—and special honors will be given the squads whose members become lieutenants before June.

### COLORADO GIRL IS BEST SPELLER AT LINDENWOOD.

The annual spelling match at Lindenwood College, in which the thirty "best spellers" of the school competed, resulted yesterday morning in a war saving certificate being won by Miss Petronella Toomey, a Colorado girl.

The contest had a patriotic flavor, as it was a final competition between three divisions, Reds, Whites and Blues, in which the whole college has been enlisted. Every one present wore a band of red, white or blue, on the arm, to signify her allegiance.

The "most hated word" was "kaiser," which was given short quarter by the speller, while the audience hissed. Girls found disease words the most difficult, and many missed on "diphtheria," "rheumatism" and "appendicitis."

In the White Division, Louise McClelland supported the colors the longest, and for the Blues, Dorothea Sodeman. Miss Marguerite McGowan, head of the Department of Journalism, pronounced the words to be spelled. The prize will be donated to the Red Cross.

St. Louis Globe-Democrat.



Two Lindenwood Students at the St. Charles County "War Conference" exhibiting Lindenwood War Bread from the Domestic Science Department.

#### LINDENWOOD COLLEGE BREADS EXHIBITED AT WAR CONFERENCE.

Complying with the government requests, the Home Economics department is putting much emphasis on the conservation work. With each new request for conservation, the proposition is put up to the classes, and they then work out new recipes and new menus to meet the situation.

With the request to use a larger percentage of other than wheat flour in all breads, and to use as little rye flour as possible, some exceedingly satisfactory new breads were made, and entered in the Exhibit, of Liberty Breads given at the War Conference in St. Charles.

The breads were of two kinds—the yeast, and the quick or baking powder breads. The yeast breads were made with fifty per cent wheat flour to fifty per cent of rice, barley, potato, or corn flour.

In the quick breads, instead of wheat or rye flour, combinations of rice, potato, corn meal, barley and bran were used.

Instead of animal fat, corn oil was used as a substitute. Molasses was used for the sweetening.

Posters giving information in regard to the exhibit were made by the Art class.

Miss Marie Rientges, Miss Ella Stumpe, and Miss Martha Waite had charge of the exhibit. They demonstrated the efficiency of the various flours by passing out samples of the bread.

#### DOMESTIC SCIENCE DEPARTMENT.

The Domestic Science department of Lindenwood College is not following, but leading in its work along the lines of food conservation. Every member of the department is instructed in the "art of saving." Economy is insisted upon in everything that is done. War breads have been made all the year and the department has had the distinction of formulating recipes which have been used throughout the country.

Miss Grace Godfrey, the head of the Domestic Science department, has been with the College for several years and is constantly on the alert for the very best in her line of work. Recently she has had installed one of the finest electric ranges that could be secured. The students are required to know how to cook by electricity as well as by gas.

Miss Mary L. Palmer of the Domestic Art department, is training the girls to make their own clothes and exercise the greatest discrimination in selecting and making dresses that will be both modest and inexpensive.

The Home Makers course has been very popular the present year. It is designed to equip in one year's time a student for household duties. She learns something of cooking, sewing, art and architecture of a home.

# Lindenwood College

A Monthly Bulletin published by Lindenwood College.

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Address communications to  
**MISS MARGUERITE McGOWAN**  
 Department of Journalism

## FORM OF BEQUEST.

"I give and bequeath unto the Board of Directors of Lindenwood Female College, a corporation, St. Charles, Mo., the sum of.....dollars, to be used in such manner for the benefit of the College as they may decide.



**SAMUEL S. DeKINS**

It is with profound sorrow that we record the death of Samuel S. DeKins, which occurred at the home of his mother in St. Louis Saturday evening, March 30, at 5 P. M. He was known to every student as "Sam." His genial disposition endeared him to every one who knew him. For several years he had acted as

Field Secretary of the College and his visits to the homes of the girls was greatly appreciated. Last fall he severed his connections with the College to become Secretary of the Chamber of Commerce of Webb City, Mo. In this capacity he became a leader in commercial activities of the Southwestern part of Missouri. His ability as a leader was recognized and he was called upon to direct the sale of Thrift Stamps, organize Red Cross societies and aid in many ways the government war work. He failed to pass the physical examination to enter the military service and set himself to help in every other way he could. The Fifth Regiment was recruited with his loyal aid.

Few young men of 27 years of age have accomplished as many useful things in the uplift of young people as "our Sam" and we were all always proud of him.

The many floral tributes at his funeral were living testimonials of the high esteem in which he was held by a host of friends and admirers.

Dr. Roemer, by special request, delivered the funeral address. From boyhood he has been a close friend of Sam's and their friendship was like that of father and son. In his address Dr. Roemer remarked—"The home going of Sam DeKins is like the taking of my own son from me."

To his widowed mother, brothers and sisters our profoundest sympathy is extended.

## DRAMATIC ART CLUB STAGES MYTHOLOGICAL COMEDY.

"Pymagallon and Galatea" a mythological comedy was staged, by the Dramatic Art Club, March 1, under the direction of Miss Edna Schmitt.

Miss Frances Conklin as Pymagallon showed unusual talent for playing the part of a man; Miss Helen Wiener, as Galatea,—an animated statue showed remarkable poise and grace as a statue; Miss Hazel Betts as Chrysos, an art patron, kept her audience amused in her representation of a conceited old man. The cast of characters was as follows:

Pymagallon (a sculptor) Frances Conklin  
 Leucippe (a soldier) Christine Webster  
 Chrysos (an art patron) Hazel Betts  
 Agesimos (Chrysos' slave) Betty Scroggin  
 Minos (Pymagallon's slave) Helen Finger  
 Galatea (an animated statue)

Helen Wiener  
 Cynsca (Pygmalion's wife)  
 Maud Oberman.  
 Daphne (Chrysos' wife) Martha Castles  
 Myrine (Pymagallon's sister)

Ernest Embry  
 Music furnished by the Lindenwood Orchestra.



College Library

### THE COLLEGE LIBRARY.

The library is the very heart of the school. It is the center toward which all literary activity turns for counsel and helpfulness. From it radiate the beneficent influences felt in the class rooms. Lindenwood College Library is noted not for the quantity of books placed upon its shelves but the quality. Every year many books are culled from the shelves as having passed their day of usefulness. The 3,000 books in the college library are selected with a definite policy, classified, catalogued, and easily available for immediate use, 300 to 500 volumes being added every year.

The open shelf system is in use and nearly all the books are for circulation. As many as 500 books circulate a month.

Books are classified according to the Dewey Decimal classification and there is a complete dictionary card catalogue.

Fifty periodicals are currently received as well as free government and state bulletins.

Special emphasis is laid on publicity by means of posters and bulletins advertising the new books. List of references to books in the library in timely subjects are posted. The Librarian keeps a weekly bulletin board where she posts a typewritten list of "What to read in the magazines" and "Interesting topics to talk about."

Lindenwood is the only Junior College offering formal instruction in library methods and the use of books as tools. This increases the efficiency of the students' course and encourages the use of the library.

Miss Sarah M. Findley, the Librarian, is a graduate of Simmons College, specializing in the Library work. She has been at Lindenwood more than three years and organized the library to its present efficiency until today it is recognized as one of the best school libraries in the State of Missouri. The Library course offered is fully accredited among librarians who are assured that one taking the course offered at Lindenwood is worthy of the highest recognition.

### RECITALS.

The following student recitals have been given during the past month. The faculty of the Music department and the Expression department feel particularly pleased with the efforts of their students, and do not hesitate to say that in every instance the young ladies have reflected credit not only upon themselves, but upon Lindenwood College as well.

#### Pupils of

MISS ARIEL GROSS, Piano.  
 MISS MAY PERO, Voice.  
 MISS DOROTHY BIEDERWOLF, Violin.  
 MISS EDNA SCHMITT, Expression.

THURSDAY, February 28, 1918.

I. Chopin, Preludes Opus 28, Nos. 9 and 23.

MISS KATHERINE KOCH.

II. Barker, "The Enchanted Glade"  
 Hawley, "Because"

MISS SYBLE FICKES.

III. Chopin, Prelude Opus 28, No. 10  
 "Polonaise" A Major

MISS PAULINE HART.

- IV. Kipling (Recitation) "His Majesty, the King"  
MISS LUCILLE WILSON.
- V. Cesar Cui "Orientale"  
Kreisler, "Schon Rosmarin"  
MISS MARGERY WHITE.
- VI. Cadman, "At Dawning"  
Vannah, "Lullaby"  
MISS LOUISE MALKMUS.
- VII. Service, "Cocotte"  
MISS HELEN WIENER.
- VIII. Chopin, "Prelude" Opus 23, No. 5  
Debussy-Arabesque, G. Major  
Rachmaninoff, "Prelude," G. Minor  
MISS MARGUERITE LEOPOLD.

#### Pupils of

MISS EDNA I. SMITT, Expression.  
MISS FRANCES OLDFIELD, Voice.  
DIRECTOR LEO. C. MILLER, Piano.  
THURSDAY, March 7, 1918.

- I. Nicode, "Minuet"  
Greig, "Nocturne"  
Schumann, "Novelette," F Major  
MARY DUNWOODY.
- II. Rogers, "The Star"  
Spross, "Will o' The Wisp"  
WELCOME HAYHURST.
- III. Schumann, "Nocturne"  
Chaminade, "Autumn"  
Godard, "Barcarolle Venetienne"  
MARY ELLEN YOUNG.
- IV. Justin Huntly McCarthy, "If I Were King"  
ERNEST EMBRY.
- V. Kramer, "Intermezzo"  
Kroger, "Spanish Moment Musicale"  
Sinding, "Rustle of Spring"  
MARIAN HAIRE.
- VI. Luckstone, "Le Printemps me grise"  
Henschel, "Spring Song"  
DOROTHY VINYARD.
- VII. James Whitcomb Riley, "Knee Deep in June"  
HARRIET HILL.
- VIII. Schumann, "Whims"  
Godard, "En Courant"  
ALMA WILLIAMS.

#### Pupils of

MISS KATHERINE GAINES, Piano  
MISS WILLIE O. MINOR, Expression.  
MISS MAY PERO, Voice.  
MISS DOROTHY BIEDERWOLF, Violin.  
MR. GEORGE CIBULKA, Piano.  
THURSDAY, March 21, 1918.

- I. Reinhold, "Shadow Picture"  
Friml, "From Spanish Days"  
MISS HELEN RUEBEL.

- II. Clarke, "A Bowl of Roses"  
Hewitt, "Alone in Love's Garden"  
(Violin obligato Miss Margery White)  
MISS EMILY MCGOWAN.
- III. Mendelssohn, "Gondola Song" Opus 19, No. 6  
Heller, "Etude" Opus 45, No. 2  
Mayo, "The Humming Bird"  
MISS PRISCILLA CALDER.
- IV. Russell, "Selling a Dog"  
MISS MILDRED MARTIN.
- V. Kroeger, "The Fairies' Lullaby"  
(Mazurka Sorcnade)  
MISS FLORENCE STAUFFER.
- VI. Hawley, "Ah, 'Tis a Dream"  
Neidlinger, "On the Shore"  
MISS IRENE FARLEY.
- VII. Grieg, "Erotik"  
Grieg, "To Spring"  
MISS FLORENCE JOHN.
- VIII. Branscombe, "An Old Love Tale"  
Beethoven, "Minuet"  
MISS JOSEPHINE RUSSEL.
- IX. "Valse a la Bien Aimee"  
MISS HELEN RICE.

#### SUZAINÉ BRECHT ELECTED PRESIDENT OF Y. W. C. A. FOR 1918-19.

Miss Suzaine Brecht, of Falls City, Nebraska, succeeds Miss Helen Baysinger of Rolla, as President of the Y. W. C. A. or 1918-1919. Miss Brecht was a member of the Y. W. C. A. cabinet. She is a member of the Junior College class.

#### THE FOREIGN LANGUAGE QUESTION.

By Miss Cora M. Porterfield.

Recently a prominent educator, not in the field of languages, said that no one had completed his education until he had studied some language other than that of his native tongue, that one could hardly master English with a knowledge of English only. When asked what other language he would suggest for Americans, he replied that after the present war, he believed that Latin and Greek would be the popular languages.

That would mean a great revival of Greek and an increase in the study of Latin. No one can deny that not our language, art, and literature only, but our political, social, economic heritage also owes much more than can be estimated to the Romans, and through them to the Greeks. Such a revival, then, would bring us closer to our own, our forefathers, as it were.

But, aside from our debt (much greater than we realize because of the credit that falls to the Roman and French connect-

ing links) to the Greeks, their language, literature, arts, there is a fundamental reason why Americans should enjoy Greek. We have but to look at the character, pursuits, and government of the Greeks to see what the natural bond is; we, too, are a liberty-loving people in the growing, developing, producing, constructing, inventing stage, independent thinkers, alert, self-reliant. Space permits a mere suggestion of the principle that explains why Greek appeals more readily to young Americans. It also brings more easily and sooner than Latin, a good reading ability. Only recently have a few of our leading men become aware of these facts, and now they begin to advocate putting Greek before, or in place of Latin on our school programs.

Those who have studied German (and French to be sure) have made little use of it later in life practically, using practical here in the sense in which the adverse critics of school curricula use it. Culturally, broadening the vision, enlarging mental powers, every foreign language is practical.

To appreciate this value of Greek and Latin, one has but to note the effect of the classics upon the great minds of England, France, Germany, America. For example, it was the trip to Rome, the acquisition of the classic inspiration, that changed Goethe and Schiller made them great, saved them from the "Storm and Stress" fever of their day, and they realized their debt.

If, however, new trading conditions should call for the use of Spanish in dealing with Latin Americans, and if the events of war should bring more favor to French, to Italian, these three being but modern Latin, the value of Latin for the mastery of these languages would be evident. In fact, a student of Latin needs but little special study to be able to read Spanish and Italian, and is greatly helped in acquiring French.

Even Greece, too, may bring into greater favor the incomparable works of her ancient spirits; for modern Greek is closer to that of Demosthenes than our English is to that of Chaucer. Moreover, for this would work in religious fields, Greek is essential to a comprehensive study of the New Testament. Even our science friends are now desiring that their pupils prepare in Greek and in Latin.

Here it might be stated that the most potent arguments for the classics come, not from teachers of the classics, but from men of affairs, scientists, lawyers, business men, statesmen, journalists. This was shown by the conference held last June at Princeton University, when such men

were the speakers, and all of them urged the study of Latin and Greek.

Now, one thing is certain, never again, not by any German propoganda, can German become so almost universally studied in America as has been the case in late years. If, too, as seems the sure outcome of present movements, the world develops into a family of nations, Latin will be the background of a large division of that family of languages. And further more, in Italy and in England in recent years some have urged that Latin, presenting none of the difficulties peculiar to any one of the modern languages, being equally easy, perhaps, for all peoples, lending itself to the ready formation of new and suitable words for new uses, should become, as it once was, an international learned language.

At present there are many signs indicating the revival of the classics for the learned few, if the war proves a long one, and for all when, after the war, there is a return to the pursuit of intellectual pleasure and profit.

#### CAMPUS NOTES.

The Rev. Dr. H. W. Jones, former chaplin of the Battleship Texas, was a guest at the college March 10 and 11. Chaplain Jones spoke at the Sunday Vesper service, and at the request of the senior spoke at chapel Monday morning. He will leave in May for work in France.

Among the guests of the past month were: Mrs. T. L. Price, of Jefferson City who visited her daughter, Juliet; Mrs. Jay Gould, of Buffalo, N. Y. formerly Miss Donna Nash, class of '12; Mrs. V. A. C. Stockard, president of Cottey College, Nevada, Mo; Mrs. St. Claire Moss, president of Christian College, Columbia, Mo.; Mr. and Mrs. C. L. Chalfant of Boise, Idaho, who visited their daughter, Helen; Mrs. G. M. Sebree, of Springfield, who visited her daughter, Alice; Mr. and Mrs. L. L. Breckenridge, of Twin Falls, Idaho, who visited their daughter, Le Nelle; W. S. Freeman, of Chicago, who visited his niece, Esperance, and George Sebree, who visited his sister, Alice.

A blanket containing forty-five knitted blocks, each ten inches square, has been sent to Lieut. Col. Walter Sweeney, brother of Miss Rose Sweeney, to give to the nearest base hospital as a gift from Lindenwood College girls.

The yarn was contributed by students and their friends. On the center block was embroidered a pennant of Lindenwood; surrounding this block were blocks representing the Red Cross flag, the flag of Belgium, of France, and of Italy.

The seniors of Lindenwood entertained the faculty and students February 22, with a dinner in honor of Washington's birthday.

The dining room was decorated with the senior colors. Small red hatchets were used as place cards.

The seniors led by Miss Martha Waite, who represented Martha Washington, and Miss Florence Schaper, who represented George Washington, entered the dining room singing their class song, after the rest of the students had taken their places.

Special tables were set for the members of the class of 1918.

Miss Lucinda de L. Templin, dean of the college, was toastmistress. The following responded with toasts: Miss Edna Schmitt, sponsor of the Senior Class; Miss Florence Schaper, vice-president; Miss Martha Waite, secretary; Miss Sara Jane Murrell, vice-president of the Junior Class, and Miss Bernadine Weber, secretary of the Senior Academy class.

Three times a week students speak at chapel on subjects relative to the war. This public speaking on said topics aims at helping the students to perform what the college considers the particular duty of a college woman, i. e. to make herself intelligent on the causes of the war, the ends which America seeks, and to qualify her in assisting in the direction of public opinion.

One girl, when asked several hours before hand, to give the talk of the morning said, "Of course, I have the material—because we studied it in class, but I've never, never talked before an audience. I'd be scared to death. I'd rather knit socks for the whole American army than to get up before that mob of people. And yet, you've asked me to do it, and I will. I'd feel like a traitor if I refused to do any thing that is in my power to further the program that we have mapped out as our bit to help win the war."

What seems particularly commendable, is that even the most timid, girls have willingly consented to give these talks.

#### ALUMNAE NOTES.

My Dear Miss Templin:

I am tempted to send you a personal letter, for as you are Dean of the new Lindenwood, I take it you will not look upon a member of the old school as an entire stranger.

In looking backward as your letter compels, a smile comes stealing over me, as I think of those happy days of yore, three years spent in loving comradeship with a band of loving, honorable girls, and strong courageous women who were

our teachers, and who with their bravery, gave us inspiration and strength to battle with the heavy burdens and crushing sorrows that were to come to some of us later.

My class was of '77. We were seven—the mystic seven, and called ourselves the Pleiades; each of us was given a starry name, and by vote of class, I was called, Alexone. Previous to that our faculty had decided on the two honor students—so my being selected Alexone seemed to me to be rather hard on the original Pleiad.

We lived a simple life there. We had our little clubs and debates, our course of study was nearly all the same,—few specialized. My record, though not of the highest, was at least honorable and passable. At least, I have a bit of parchment inbellished in huge hieroglyphics and Roman numerals that says so—the only readable English about it being the names of the entire faculty and board of directors—"written and signed by them in their own handwriting," which makes it more valuable to me.

We were sort of migratory and changed our nests with needed warmth. It all depended upon the two furnaces which would act real human at times. One or the other would contract a broken joint, or have appendicitis or have something else of an "Explorative nature," requiring the usual surgeon—plumber. His visits were so frequent, we wanted to attach him to either the faculty or the noble board, but he died before his name got on my diploma. So we doubled up as bunkies and became real chummy. That period at Lindenwood, with two or three years added, was the most critical in its history.

I am glad to say it was carried on by a woman, and to this day the stamp of approval stands out for what she did and accomplished for the school and the girls in her charge. No need to mention her name—there was but one woman ever at the head of Lindenwood.

Being the single daughter and sister of a large family, my own life can be told in a few words. One long continuous session,—three words will tell—observe, concern, serve.

You will pardon for the invasion and intrusion on the sacred rights of Dean, but you are to blame—you struck the chord which brought forth the strains of "Auld Lang Syne."

I describe myself simply. I cannot attach to my name any special letters, denoting honorary degrees, conferred either by marriage(?) or otherwise.

Sincerely Yours,  
Clara C. Pullis, Kirkwood, Mo.