## Kapeller Logs 100-Mile Run

Todd Kapeller, Assistant Director of Grounds at Lindenwood University, recently completed a 100-mile endurance run. He accomplished the feat during a race sponsored by the St. Louis



Kapeller displays his endurance race finisher buckle

Ultrarunners Group Sept. 14-15 in Mark Twain National Forest outside of Berryman, Mo.

"It's one of the hardest races I've ever done, and one of the hardest in Missouri with 10,000 feet of ascent and descent," Kapeller said. "It was also the first 100-mile race I've ever done, so I'm glad to have even finished it."

Kapeller became interested in running as a student in high school. His 12 years of service in the United States Marine Corps increased his fitness, and he began completing marathons in the early 1990's.

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Did you know that Lindenwood has had a long tradition of student newspapers? The first known student newspaper, named The Experiment, was produced during the 1845-1846 academic year when the college had less than a dozen students. Between 1917 and 1925, Lindenwood had a journalism program that was recognized by the school at the University of Missouri. This was at a time when being a reporter was slowly being accepted as an alternative career for women, beyond the traditional options.

"My original goal was to do a 50-mile race when I turned 50," he said. "I missed that race, so I decided to just go ahead and do the next one up."

Kapeller registered for the 100-mile race in February, and spent most of his free time over the next several months completing extensive training. He set out on the trail at 6 a.m. on race day and completed his 100-mile trek the following day at 1 p.m.

"I ran for about 12 hours in the dark," he said. "I was feeling really good until the 84th mile, when my legs started to give out. A race attendant encouraged me, and even ran with me for a couple miles. I was able to finish the whole thing right at 31 hours."

Kapeller is setting his sights on completing a 50-mile race soon and says he will likely complete another 100-mile race at some point. He's also not ruling out

running 135- and 150-mile races in the future.

"I've never dropped out of a race, so I just want to make sure that if I sign up I can complete it. I want to keep that record intact."

#### Bletcher Welcomed into Culver-Stockton Hall of Fame

Lindenwood University baseball coach Doug Bletcher was inducted Friday night into the Culver-Stockton College Sports Hall of Fame.

Before taking the head coach position at Lindenwood, Bletcher spent 11 years at Culver-Stockton, nine of those as head coach.

"I have some great memories of the wonderful, hardworking people there," Bletcher said. "They gave me an opportunity, and I will always be grateful they hired a guy from LA County who wasn't too familiar with snow...but became quite familiar with it in Missouri."



Bletcher took the Culver-Stockton baseball team to the NAIA World Series twice while coaching there, and he averaged 40 wins per season.

# **Stein Co-Authors Criminology Chapter**

Michael Stein, Professor of Sociology, has co-authored a book chapter, "The Future of Qualitative Research in American Criminology," that will appear in Volume 20 of *Advances in Criminological Theory*. He wrote the piece along with criminology professors Richard Wright, of the University of Missouri-St. Louis, and Scott Jacques, of Georgia State University.



According to Stein, the chapter considers the dominance of quantitative methods in American criminology, the reasons for this dominance, and the different approaches qualitative criminologists may take to increase their prominence in the discipline. It will be the capstone essay in the published collection.

Calling the experience serendipitous, Stein recalled that he and Wright have published together in the past. Discussions about this most recent collaboration began after Wright submitted chapters for review, additional detailed outlines were created, and Stein was asked by Wright to be a co-author.

"Richard is clearly the senior author, and my contribution to the chapter is more evident in the earlier portions," Stein said. "Still, it would not be an exaggeration to say that Professor Wright is eminent in criminology, and I am pleased and

## **Golik Attends Summer Mathematics Program**

Wojciech L. Golik, PhD, Professor of Mathematics, received a grant from the Park City Mathematics Institute to participate in its summer 2013 Undergraduate Faculty Program (SUFP), which took place June 30 -July 19 in Park City, Utah. He gave at talk, "My Experiences with Research Opportunities for Undergraduate Students," focusing on ways to involve undergraduate students in research projects in the area of applied mathematics. The presentation was



based on two research projects he had conducted with undergraduate students in the past.

"Every participant in the SUFP had some experience working with undergraduates on some research projects in mathematics," Golik said. "After our talks, we discussed how to prepare the undergraduates for such research, what its benefits are, and how to make it more popular among the mathematics majors."

A total of 300 participants from the U.S. and around the world attended the program, which is a segment of the institute's summer program in geometric analysis. The theoretical portion of the program consisted of lectures, discussions, talks, homework assignments, and group presentations.

"There were two important reasons for me to participate in this program," Golik said. "The first one was to attend an intensive course on mathematical underpinnings of general theory of relativity, and the second was to exchange and enrich my experiences on mathematics research for undergraduates.

"The academic program was very demanding and rewarding. I plan to use the new insights I gained from my colleagues to promote and support undergraduate research in mathematics at Lindenwood University."

Golik has been Chair of the Division of Mathematics, Computer Science, Physics and Engineering since 2007 and has been part of the Lindenwood faculty since 2001. Prior to that, he taught at St. Louis Community College for two years and at the University of Missouri-St. Louis, for 11 years. He has published a number of papers in professional journals, mainly on numerical methods for solutions of differential and integral equations.

## Cole's Lions Win at Louisville

Coach Randy Cole's men's cross country team fought through adverse weather and 37 other teams to win the Silver Race at the Greater Louisville Classic Oct. 5 in Louisville, Ky. Instead of a trophy, the team was awarded a prized souvenir of a Louisville Slugger bat.



Cole, who is in his second year at Lindenwood, said the victory was a true team effort. The Lions did not have anyone finish in the top 10, but it did have six runners finish within 37 seconds of each other. The balanced effort helped the Lions finish with 89 points, 12 better than Carnegie Mellon. Brady Novak was the top Lindenwood runner as he finished the 8,000m race in a time of 26:51. Ben McGraw and Nicholas Stewart also had top-20 showings, and Travis Staebell, Colin Cernik, and David Sjogren rounded out Lindenwood's leaders.

Lindenwood cross country programs begin the postseason on Oct. 26 at the MIAA Championships in Pittsburg, Kan., followed by the NCAA Central Regional competition on Nov. 9 in Sioux Falls, S.D.