

Student Magazine

LEGACY

Lindenwood University

Oct. 2017 Vol.1



1 in **5**

WOMEN is
sexually assaulted

in college

Read one alumna's story

Page 10



LINDENLINK

Lindenwood University's online student publication

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Letter *from* the Editor



In your hands rests the first issue of Legacy Magazine, a 32-page publication filled with Lindenwood student journalists' thorough reporting and light features stylized by our own staff designers.

When I first heard about the Legacy newspaper changing its format to a magazine in the spring of 2017, I saw it as a grand opportunity for something the newspaper could not offer before — a space for longer-form stories and investigative journalism.

This magazine is a platform for us to find our voices as journalists, or as Lions would say, “find our roars,” to tell stories on a broad scale from light feature stories to serious investigative stories.

This magazine also has been a unique opportunity for our staff designers to create something from scratch, which I consider a once-in-a-lifetime opportunity.

Like the old newspaper, there will be News, Opinions, Culture and Sports sections with a new “My Lindenwood” section at the end where lighthearted Lion-spirited content can be found.

In our first cover story, called “The Big Story,” crime reporter Ashley Higginbotham investigated the issue of sexual assault here at Lindenwood and nationwide while telling a personal story of a former student. Our cover story is a good example of a reporter giving a voice to a topic of great concern across college campuses.

Other great examples of serious reporting are J.T. Buchheit and Matt Hampton's story about HIV laws and Miguel Rin-

cand's story about the crisis in Venezuela. Opinions Editor Ke-arstin Cantrell's opinion piece about protests and connecting it to the importance of listening shows how a reporter uses her roar to write about a current issue but simultaneously sends an important message.

My goal with this magazine was to fill the pages with stories of current, relevant issues and subject matters that Lindenwood cares about while also telling human-interest stories from our community.

In this issue, we have several profile stories, including Walker Van Wey's story about a billiards player who loves lobster fishing and my story about Lindenwood photographer Don Adams Jr., who has captured Lindenwood moments for almost 10 years.

Ultimately, we are using our “roar” to tell stories in this magazine and on Lindenlink.com, but we want you to #useyourroar in your lives as well.

All of our stories matter, so always have the courage to use your roar to express yourself, your opinions and your thoughts. Use your roar to make a difference. Use your roar for good. Use your roar, and never take the freedom to do so for granted.

From the bottom of my heart, I hope you will feel intrigued and informed by these stories and enjoy this first issue of our new magazine.

Essi Auguste Virtanen
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#useyourroar

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LINDENWOOD CASE PUTS FOCUS ON CONSENT, HIV

The saga of a former Lindenwood wrestler who was HIV positive and had unprotected sex with dozens of male partners in his dorm room has put Lindenwood at the center of a debate about whether HIV laws are outdated.

BY **J.T. BUCHHEIT & MATT HAMPTON**

ILLUSTRATIONS BY **YUKIHO NISHIBAYASHI**



Twenty-four states, including Missouri, require people who are HIV positive to tell their partners about their statuses, according to the Centers for Disease Control and Prevention.

Michael Johnson, a former Lindenwood wrestler, garnered national attention after his arrest in 2013. A St. Charles County judge found him guilty in 2015 of recklessly infecting one sex partner with HIV and risking the infection of four others. He initially was sentenced to 30 years in prison.

“I think getting 30 years for that is way too harsh,” said Filip Cukovic, one of Johnson’s partners. “I mean there are people who are charged for rape who get significantly less than that.”

The story generated headlines in publications such as *The Nation*, in part because of graphic details of Johnson’s sex life. He met sex partners on hookup apps such as Jack’d and Grindr and often posted photos of his athletic torso on other social media sites on which he used the name “Tiger Mandingo,” according to testimony at the trial.

The case also ignited criticism about the length of the sentence, with some saying it was motivated by racial and homophobic prejudices.

Johnson appealed his case and was awarded a new trial. He later agreed to a deal with prosecutors. On Sept. 21, Johnson pleaded no contest to the charges and was sentenced to 10 years in prison.

Many used Johnson’s case to condemn Missouri’s HIV disclosure laws, which were enacted in 1988 during the peak of the AIDS scare.

Critics argue that the laws promote HIV stigma and discourage getting tested. The American Psychiatric Association released an article citing Johnson’s long sentence and the advancements in AIDS treatments as evidence against disclosure laws.

Sean Strub is the executive director of the SERO Project, a U.S.-based national network of people living with HIV “fighting for freedom from stigma, discrimination and criminalization.” He said that making HIV transmission a criminal offense, in the absence of a malicious intent to harm, is “a horrible public health policy and is making the epidemic worse.”

Strub said the laws that mandate disclosing one’s HIV-positive status do more harm than good. “HIV statutes may have been passed with good intention — to reduce HIV transmission — but there is zero evidence they have done anything toward that goal,” he said. “And a growing body of evidence points to the criminalization statutes doing the reverse: making the epidemic worse by discouraging people from getting tested or accessing treatment and making disclosure more risky and more difficult.”

Bryan Jackson, whose father knowingly injected him with HIV in an attempt to murder him, now speaks out about HIV infections. He believes the court did its job in sentencing Johnson, but also said people with these infections need more information on treatment.

“There were people who were affected by this, and that’s the accountability people need to be held to, not just with HIV, but with any infectious disease,” Jackson said. “And the people who have the infectious disease need to get more information to protect themselves and the people around them.”

Otha Myles, a specialist on infectious diseases at St. Luke’s Hospital in St. Louis, testified against Johnson in his 2015 trial. Myles focused his comments on the victims and said while HIV treatment has improved, HIV medications contain side effects, and those afflicted must remain on the medications for life.

He also said problems often arise when people stop taking their medications.

Many people are reluctant to undergo tests for HIV because of the repercussions that a positive status would provide, including being forced to tell a prospective sexual partner about having HIV, said Tony Rothert, an attorney with the American Civil Liberties Union.

"It's not very romantic to pull out a release form asking someone to sign acknowledging that they've been told," Rothert said. "It's not conducive to having sex to ask someone on video that they understand and consent that you have HIV."

Rothert said another reason people feel discouraged from being tested is because people cannot be found guilty if they were unaware that they were HIV positive.

However, Cukovic, who is HIV negative, said he believes people are not getting tested for another reason..

"[Many people] decided not to get tested just because they would prefer not to know, not to know at all, and not because it might have some legal implications, but because it might have very personal psychological implications," he said.

St. Charles County Prosecutor Tim Lohmar, whose office prosecuted Johnson, said the penalties for the crime probably are too harsh, but he has to enforce the laws of the state.

"Typically with these criminal laws like this, I tend to take the approach

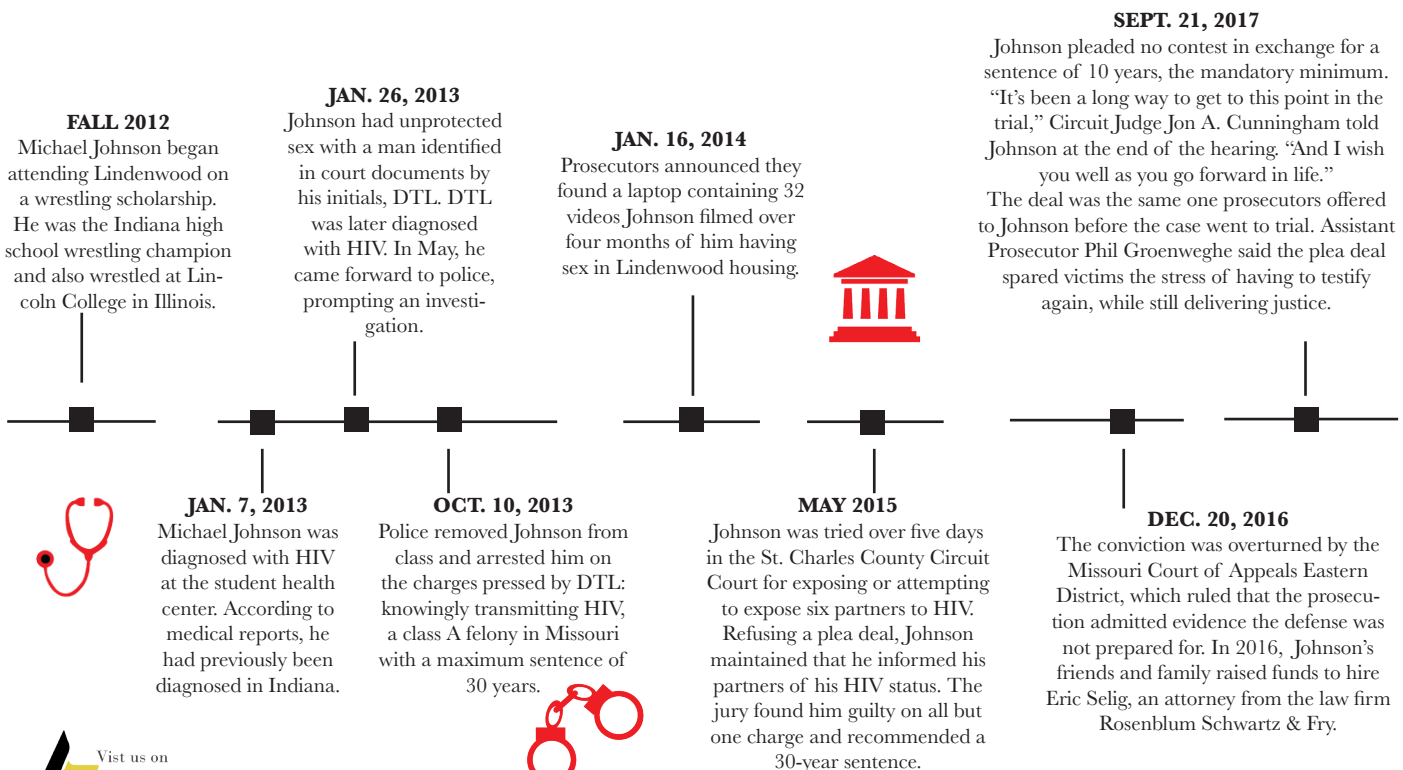
that the legislature is the one who can vet the laws and get the pros and the cons, and when they do that, that my directive is to follow whatever it is," he said.

While Johnson was sentenced to serve 10 years in prison, he may be only be behind bars a few more months because of time already served and parole guidelines. ♦



Michael Johnson

MICHAEL JOHNSON CASE TIMELINE



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VENEZUELA IN DISTRESS

LU student recounts kidnapping, others worry about families

BY **MIGUEL RINCAND**
PHOTOGRAPHY BY **JUAN REQUENA**
ILLUSTRATION BY **YUKIHO NISHIBAYASHI**

Samuel Corrales and his best friend were sitting on a bench in front of his family’s apartment building on a warm June night in 2011 when a dark green Fiat parked nearby.

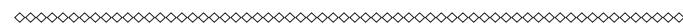
At the time, the 21-year-old Lindenwood senior was living in Venezuela’s capital during the beginning of the country’s descent into crisis.

Corrales had received a call in his apartment from a friend who was getting dropped off for his birthday party. He had only been outside for about five minutes when three men wearing blue jeans and white unbuttoned shirts approached him with firearms.

Corrales said the men ordered him and his friend into their car and blindfolded them for four hours while the kidnapers came to an agreement with their families.

“I was scared; a lot of things were going through my mind,” Corrales said. “At a point I thought I was going to die.”

A rising number of kidnappings in Venezuela have been gaining international attention, and the U.S. Department of State estimates that 80 percent of victims don’t go to authorities. At one point the Venezuelan government estimated 20 percent of the



I WAS SCARED; A LOT OF THINGS WERE GOING THROUGH MY MIND. AT A POINT I THOUGHT I WAS GOING TO DIE.

- Samuel Corrales



country’s crimes are committed by police, according to a 2016 NPR article.

The crime Corrales said he experienced is one of many pressing issues currently facing Venezuelans. Business Insider rated Corrales’ hometown, Caracas, as the most dangerous city in the world this year.

Venezuela was once one of the richest countries in Latin America because the country has the biggest oil reserves in the world. But plummeting oil prices over the last eight years have bankrupted the country.

Now inflation has made money nearly useless, while corruption and lack of food ha led to daily protests.

In 2013, 20 U.S. dollars was worth 629 Venezuelan bolivars. This year, 20 U.S. dollars is worth about 196,755 bolivars. According to CNN Money, Venezuelans can only withdraw the equivalent of 98 cents at a time from government-run banks.

Director of International Students and Scholars Emin Hajiyev said there are currently 52 Venezuelan students enrolled at Lindenwood. Last semester there were 70 Venezuelans. Twenty graduated, two did not return and four came as new students this semester.

For sophomore and Legacy/Lindenlink staff member Juan Requena, the situation in his country is out of control. He said Venezuelans are experiencing things many never thought they would.

“People are looking for food in the trash,” Requena said. “I’m not only talking about homeless people; I saw people with blazers and nice clothes looking for food in the trash because there isn’t much food.”

THE EMERGING FIELD OF GAME DESIGN

Modern video game design technologies have made it possible for people of all ages to defeat aliens in outer space, save Princess Peach from Bowser and play Temple Run on their phones during their downtime.

BY MEGAN COURTNEY PHOTOGRAPHY BY LINDSEY FIALA

This year Lindenwood has joined a growing number of universities across the nation that have introduced new degree programs built around designing video games.

The video game industry could be worth \$35 billion by 2021, according to a September BBC Future article. That means more people will be needed to design games.

In 2006, the Federation of American Scientists attributed modern video game success to the “rich landscape of adventure” and the challenge that can be found in many games.

Lindenwood Game Design Program Director Jeremiah Ratican said gaming lasts a lifetime.

“Today, people of all walks of life and all ages enjoy playing games,” Ratican said. “The biggest difference between video games and demographic is that people who play video games don’t stop.”

Ratican said students will focus on game art, game design and quality assurance. In these classes, students will have an opportunity to work in classrooms outfitted for game design with new equipment like virtual-reality headsets.

Game design students will create full 2D and 3D games. They also will work on level and character design using various game programs like GameMaker, which is used to make 2D games.

“In these classes, we learn how to code video games, about the industry, how to market video games, how to build stories for them, the different programs you use and how to build characters,” said Brooke Phillips, an advertising and public relations student who is currently enrolled in the video game design minor.

Phillips said she is taking the minor because she wants to continue putting her creativity toward something that people can enjoy while also challenging herself to be



Adjunct instructor Chris Pusczak demonstrates how to play a game with a virtual-reality headset. These headsets will be used in classes for the game design major.

more creative and innovative. In addition, she said she wants to give herself credibility because she wants to promote products for video game companies someday.

Digital Librarian Michael Fetters said students also will learn about non-digital games like board games and card games. Fetters, who is in charge of the gaming center in the Library Academic Resource Center, said gaming has benefits.

“Video games provide creative outlets, problem-solving skills, motor skills, hand-eye coordination and timing,” Fetters said.

Although the different types of games that people play might change, some teachers said the influences that video games can have on an audience do not.

“I don’t think that the content in games really matters at all; I think it has more to do with the medium itself and how we play games,” said Andrew Smith, assistant communications professor.

Smith said he considers movies and TV to

be more immersive media than video games but recognizes some of the reasons people play them.

“I’ve known people that will sacrifice everything because this [game] came out,” Smith said. “I think a lot of people will turn to games because they’re not satisfied in their real life, and it’s very easy to be high-ranking in a game. I think it’s an escape.”

Smith said video games can simulate real-life goals.

“If you’re not where you want to be romantically, physically or financially, there’s a game that will replace and simulate that,” he said.

Smith said games are evolving quickly.

“In the past 30 years, we’ve gone from Atari to some of the most realistic depictions of sex and violence I’ve ever seen simulated,” Smith said. “I think as a population, it scares us. It happens so fast. How did we get from Mario to where we are now, where you can tell any story?”

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CAMPUSES STRUGGLE TO COMBAT CASES OF **SEXUAL ASSAULT**

Alumna tells her story as national debate heats up

BY **ASHLEY HIGGINBOTHAM**

PHOTOGRAPHY BY **LINDSEY FIALA**

ILLUSTRATIONS BY **KAT OWENS**

Ariel White has been watching the national debate about campus sexual assault closely, because during her time as a resident at Lindenwood University, she was raped.

It was 2010, her freshman year. She waited a week before reporting it because she blamed herself, she said.

She had flirted with him. She had invited him in.

“When he got there, I changed my mind,” White said. “Even though I had told him ‘no’ over and over, I still felt like it was my fault.”

White eventually told her Niccolls resident director, who then contacted police. But her rapist was never charged. He later left the university for what White heard were financial reasons.

White’s case is one of the many sexual offenses that have occurred at Lindenwood over the years. A dozen have been reported since 2011, according to statistics given in several years of the Clery Report, an annual security report required of all colleges and universities that receive federal funding. But many other sexual assaults likely have gone unreported, since only about a third are reported to police, according to the Rape, Abuse and Incest National Network.

According to the National Sexual Violence Resource Center, one in five women is sexually assaulted at some point in her college career. If that number were to be applied to Lindenwood, more than 1,100 of the 5,694 female students studying at the St. Charles campus will be assaulted.

Similarly, 1 in 16 men is sexually assaulted in college, which means 232 of the 3,719 male students studying at the St. Charles campus will be assaulted.

“It’s scary when you put it in terms of 1,100,” Lindenwood’s Clery Compliance Coordinator Paula Stewart said. “And unfortunately it’s correct.”



Alumna Aerial White stands in front of Niccolls Hall at Lindenwood, where she was raped in 2010 during her freshman year.

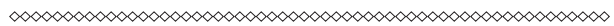
OTHER CAMPUS CASES

Prosecuting such cases can be difficult, like one of the most highly publicized cases of alleged rape at Lindenwood involving three basketball players last fall.

A police report obtained by the Legacy gave this account of the incident:

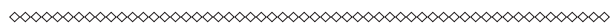
The woman who reported the rape and former Lindenwood basketball player Ermias Nega had been seeing each other.

On Sept. 18, the woman and Nega were having consensual sex, but Nega left to use the bathroom. A different student, Tylan Birts, walked in and resumed having



“I DON’T WANT TO TALK ABOUT WHAT HAPPENED AND HOW IT HAPPENED. EVEN THINKING ABOUT IT MAKES ME SHAKE.”

- Anonymous victim



sex with the woman in the dark. A third student, Bradley Newman, also was partially nude and in the room.

Former basketball players Nega and Birts were charged with felony rape, and Newman was charged with misdemeanor invasion of privacy. However, a few months later, charges were dropped against Nega and Newman. Birts pleaded guilty to third-degree assault, a misdemeanor,

and got two years’ probation.

The woman, who had been working as a nanny in St. Louis County, is now back in her home country of Austria.

Reached via Facebook in September, she declined to comment about the outcome of her case, saying it was too upsetting.

“I don’t want to talk about what happened and how it happened,” she wrote in a message. “Even thinking about it makes me shake.”

St. Charles County Prosecutor Tim Lohmar said the evidence in the case simply wasn’t strong enough to go to trial.

“I’m not going to move forward with a case if I cannot prove it beyond a reasonable doubt,” Lohmar said.

This decision is not unusual. Findings by the Rape, Abuse and Incest National Network show for every 1,000 rapes committed, 310 are reported to the police, 57 lead to an arrest, 11 are referred to prosecutors and seven lead to a felony conviction.

Shortly after Newman was cleared of any wrongdoing, he was back at Lindenwood playing basketball.

Newman and head coach Lance Randall declined to be interviewed but Vice President of Intercollegiate Athletics Brad Wachler issued the following statement:

“After the charges against Brad Newman were dropped and he was cleared of any wrongdoing, he subsequently re-enrolled at Lindenwood University for the current semester. The men’s basketball team is providing Mr. Newman with an extended tryout.”



WHAT IS TITLE IX?

“Essentially, Title IX prohibits sex discrimination in educational institutions that receive federal funding (the vast majority of schools). While Title IX is a very short statute, Supreme Court decisions and guidance from the U.S. Department of Education have given it a broad scope covering sexual harassment and sexual violence. Under Title IX, schools are legally required to respond and remedy hostile educational environments and failure to do so is a violation that means a school could risk losing its federal funding.”

Source: KnowYourIX.com

It is unclear what Birts is doing now. However, Nega is playing basketball at the University of the Virgin Islands, according to his Twitter page.

Although false reporting of sexual assault is rare, it does happen. According to the National Sexual Violence Resource Center, the prevalence of false reporting is between 2 and 10 percent. A case at Lindenwood happened in 2014, when a student, Joanna Newberry, made a false police report that she was attacked in a bathroom at Butler Library. She pleaded guilty to a misdemeanor charge in November 2016 and was placed on two years' probation.

One of the most recent cases of sexual assault on Lindenwood's campus happened in September 2017, when a female student reported she was attacked in Guffey Hall. The case is currently under investigation by the St. Charles Police Department.

A NATIONWIDE ISSUE

The debate about campus sexual assault has been increasing as reports have surfaced about universities not taking cases seriously.

A former University of Miami student filed a lawsuit against the university in mid-September after she claimed the school violated Title IX laws after she reported a sexual assault.

According to Lindenwood Title IX coordinator Kelly Moyich, the federal law requires colleges and universities receiving federal funding to combat gender-based violence and harassment and respond to survivors' needs to ensure that all students have equal access to education.

The former Miami student claimed she went to the school after she said she was sexually assaulted at an off-campus apartment in August 2013. According to CrimeOnline.com, she claimed her RA program supervisor failed to make her aware of her Title IX rights. She

went to the school again after her alleged rapist started stalking her, to which the school replied to “avoid those situations” where she could come into contact with her rapist, according to CrimeOnline.com.

In another case at Baylor University in Waco, Texas, the school's president was removed and the football coach was fired after an investigation found the school had failed to respond effectively to reports of sexual assault involving football players and others. A lawsuit filed late March of this year alleged that at least 31 football players committed at least 52 sexual offenses between 2011 -2014.

According to the New York Post, at Stanford University in Stanford, California, in 2015, a student athlete accused of felony rape was sentenced to six months in prison, but was released after serving three months.

According to the St. Louis police, on Sept. 24, three women reported they were sexually assaulted by Saint Louis University basketball players. St. Louis police are currently investigating it as a non-criminal case, but the school is conducting an official Title IX investigation.

CHANGING THE STANDARD

Last month, U.S. Secretary of Education Betsy DeVos released new guidance for Title IX after she said she was reviewing the federal law and wanted to toughen the standard of proof. Currently, schools must decide the outcome of the case by looking at more convincing evidence and how accurate it is, not the quantity of evidence. In this type of case, one knowledgeable witness provides more insight rather than multiple questionable witnesses.

DeVos wants to change that standard back to clear and

THE TERMS TO KNOW

CLEAR AND CONVINCING EVIDENCE

“When a party has the burden of proving any claim or defense by clear and convincing evidence, it means that the party must present evidence that leaves you with a firm belief or conviction that it is highly probable that the factual contentions of the claim or defense are true. This is a higher standard of proof than proof by a preponderance of the evidence, but it does not require proof beyond a reasonable doubt.”

Source: United States Court of Appeals for the Ninth Circuit

PREPONDERANCE

“Based on the more convincing evidence and its probable truth or accuracy, and not on the amount of evidence. Thus, one clearly knowledgeable witness may provide a preponderance of evidence over a dozen witnesses with hazy testimony, or a signed agreement with definite terms may outweigh opinions or speculation about what the parties intended.”

Source: Law.com



convincing evidence. Clear and convincing is when evidence must point in one direction beyond a reasonable doubt. This means that no other logical explanation can arise from the evidence. In contrast, the standard for all criminal cases is higher, so it requires proof that leaves you firmly convinced.

White believes this would ruin Title IX and result in more cases being acquitted.

“If you change the framework now, sexual assault survivors will lose,” she said. “Clear and convincing evidence is never going to happen. Not when it’s his word against hers, or hers against hers.”

‘I WANTED TO DO MORE’

White did not get to face her rapist in court, but she didn’t remain silent about what happened to her, either.

“When I told my story, a lot of my friends started coming forward,” White said.

This is when her passion for helping sexual assault victims blossomed, she said. In 2012, Jennifer Lorentz asked White to assist with a project called Still Standing. It was a platform for survivors to tell their stories. However, White wanted to do more.

She said one of her greatest accomplishments was being an exhibitor at the National Sexual Assault Conference in Washington D.C. in August 2016.

The conference is a two-day event that provides advanced training opportunities and information regarding sexual assault.

Today, the website has reached more than 150 countries through Facebook.

White said Still Standing celebrates every survivor and his or her daily accomplishments.

“When you go through something that demeaning and that degrading to your body and your bodily autonomy, it’s important to look for the things you’re doing to take your power back,” White said.

Back at Lindenwood, Lindenwood’s Campus Organization Against Sexual Assault was formed in 2016. President Haley Holman vowed to raise awareness of sexual and domestic violence on campus. Members are collecting used cellphones and phone accessories for the Verizon Hopeline.



“WHEN YOU GO THROUGH SOMETHING THAT DEMEANING AND THAT DEGRADING TO THE BASE NATURE OF YOUR BODY AND YOUR BODILY AUTONOMY, IT’S IMPORTANT TO LOOK FOR THE THINGS YOU’RE DOING TO TAKE YOUR POWER BACK.”

- Aerial White



Through Verizon, victims of sexual or domestic violence are given cellphones to use if the violence escalates again. The group also gives dating violence workshops on campus.

Stewart gives presentations in all dorms about sexual assault every fall, and this year, they started at the end of September.

“We go over what consent is, what to do if you’re the victim of sexual assault, how to get resources on campus, resources off campus, and reporting,” Stewart said.

During the half-hour presentation, Stewart also covers ways to notify campus security and how to file a report with the police. If the victim decides to involve the police department, the police notify Moyich and the Public Safety and Security office.

According to the Clery Report 2017, new student programs regarding sexual assault prevention were held at Lindenwood in the spring and fall of 2016.

For instance, a presentation called Sexual Assault and Bystander Intervention was about “reducing the impact and incidence of relationship violence and sexual assault through education, crisis intervention, counseling and support services.” Students also were required to watch a video about consent.

LOOKING AHEAD

White continues to fight sexual assault and works to empower victims, and she said she always relies on her nationwide team at Still Standing to stay current.

“We’re working on a collaborative piece in response to DeVos’ decision,” White said.

She graduated in 2015 with a bachelor’s in criminal justice and in 2017 with a master’s in nonprofit administration. She and her husband Roy are expecting their first child. She works as part of the asset protection team at Academy Sports + Outdoors.

White said her assault is always in the back of her mind when it comes to her unborn child and trust is a value White and her husband want to set as soon as possible.

“I know definitely, gal or guy, we’re definitely going to stress boundaries and consent super early on,” White said.

With the winds of change blowing on Title IX and the incidents of sexual assault continuing, she said she will carry on the battle for those who have gone through the same ordeal. ◆



WHEN EVERYONE WANTS TO TALK, BUT NOBODY WANTS TO LISTEN

BY **KEARSTIN CANTRELL**

PHOTOGRAPHY BY **ASHLEY HIGGINBOTHAM**



Kindergarten is the place where a lot of us learned our basic social skills. We learned how to sit still, how to raise our hands when we wanted to talk and, what I'd argue to be the most important social skill, how to listen to others.

Unfortunately, it seems that since kindergarten, many of us have forgotten how to listen.

We listen to the things we want to hear. We listen to the viewpoints that verify our own. We may even act like we listen to what others have to say. The problem is that there's a difference between listening and hearing.

What we avoid listening to is anything that challenges our current way of thinking or our worldview.

Racial tension and protests have been the bookends of my collegiate career.

Michael Brown, a black 18-year-old, was shot by Darren Wilson, a white Ferguson police officer, just weeks before I moved to St. Charles in 2014 to begin my years at Lindenwood.

Three months later, a grand jury declined to indict Wilson, and the protests that had been ongoing since Brown's death quickly grew more widespread.

The first time I saw the protests on the news was immediately



Left: Protester Kevin Nevels speaks loudly about personal encounters with police. "Every time a police pulls up behind me, I have to grab my steering wheel. Do white people?"

after the grand jury's decision on Nov, 24, 2014. I was sitting on the floor of my freshman dorm room, painting with two of my roommates.

I remember watching protesters talk to reporters about why they were there. I remember thinking during those interviews that all the protesters wanted was to be heard.

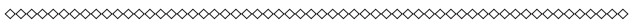
I strongly believe that the majority of mankind wants three things in life: to be heard, to be understood and to be loved.

People don't protest because they feel like breaking some windows or destroying their neighborhoods. Yes, windows have been



"MEDIA PLAY A SIGNIFICANT ROLE IN MEDIATING AND AMPLIFYING THE IMPACT OF PROTEST. BUT RATHER THAN VIEWING MEDIA AS PASSIVE RELAYS, WE SHOULD CONCEIVE OF MEDIA AS ACTIVE ACTORS COVERING, FRAMING AND INTERPRETING ISSUES AND PROTEST EVENTS."

-Jacqueliën van Stekelenberg



broken. Yes, neighborhoods have been destroyed. But the people doing those things are the minority in the situation and aren't doing it for the sake of justice.

They protest because they want to be heard and understood, and they want society to show them love by playing its role in eradicating injustice.

Three years later in September 2017, former St. Louis police officer Jason Stockley, who is white, was acquitted of charges related to the 2011 shooting of Anthony Lamar Smith, who was black. The incident started with a car chase and ended with five bullets.

What was evident during the 2014 protests is evident now in the Stockley protests: People aren't willing to listen to those who disagree with them.

The importance of listening to the views of others is something Lindenwood senior and Black Student Union president Allen Mitchell understands.

At the Stockley forum held at Lindenwood Sept. 26, Mitchell spoke with Legacy reporter Matt Hampton about listening to the perspectives of others.

"I think it was imperative to hear them because it gives you a different side of the same story because we are all open to our own interpretation of what we see and hear," Mitchell said.

However, as a country as a whole, we seem to be better at plugging our ears with our fingers like 5-year-olds when it comes to hearing other people's beliefs on a topic that differs from our own.

If you saw the same thing I did on the news during the protesting, what you saw over and over was a setting in which two people of opposite political standing sat and argued about how these protests should or shouldn't be happening.

No one offers solutions. They instead take full advantage of the platform they are given to advance their own beliefs.

People look around at the Greater St. Louis area and wonder why people are walking in the streets and shutting down roads.

Because that has proven to be one of the most effective ways to get society to listen and motivate change.

A study conducted by Harvard and Stockholm universities shows that protests are effective because "they get people politically activated."

They get people to listen and care about what's going on around them.

Considering the rising number of protests and the growing volume of media outlets in our country, we all have an opportunity to take a turn and listen.

Sociologist Jacqueliën van Stekelenberg explained to the London School of Economics and Politics how valuable media can be in listening to the views of others.

"Media play a significant role in mediating and amplifying the impact of protest," she said. "But rather than viewing media as passive relays, we should conceive of media as active actors covering, framing and interpreting issues and protest events."

Quit acting like the only people who can take advantage of their freedom of speech are the people who think the way you do. That doesn't help anyway. What helps everyone is listening. ◆



Protester Jessica Silas stands outside America's Center in downtown St. Louis blocking the view of an employee inside the building with her sign reading "We're tired, but we're not sleeping."

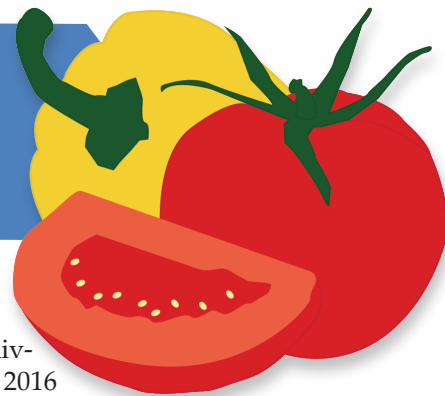


A NEW APPROACH

Discovering the other side of food

BY **KYLE RAINEY**

ILLUSTRATIONS BY **KAT OWENS**



The plane that brought me from my three-month stay by the chilly Stanislaus River on California’s west coast to Michigan’s third coast during the summer of 2016 brought me into something I hadn’t anticipated: a vegan lifestyle.

While visiting my girlfriend, Abby, in Michigan midway through the summer, I changed my diet and eventually my lifestyle over a brief conversation that started with “What should we eat for dinner?”

On our first day by the water, we decided to visit the bay town of Saugatuck where little restaurants, retailers and coffee shops lined the local marina. For lunch we found a small place with a good view of the town’s bay. Abby asked for a sandwich without mayonnaise and cheese. This week was a trial run for a meatless, dairyless diet. It wasn’t the first time she’d tried out a meatless diet, but she had spent the months leading up to the trip researching how to find the right foods to make a vegan diet work. I didn’t think too much of it, but decided to try it with her for a week so we could buy the same groceries.

At first, eating vegan was about feeling more alert and light after meals, and I felt like I was treating my body better. The first thing I noticed was my new diet had me eating an array of vegetables I used to resent.

Foods like tomatoes and spinach that I could barely stomach suddenly became my go-to staples for homemade sauces and thought-out meals. I felt better because I was eating another world of food. Regardless of the time I’ve spent being vegan, mushrooms still haven’t won me over.

Cashews blended with any non-dairy milk become a creamy queso. Almond milk ice cream tastes almost identical to regular ice cream, but doesn’t leave you with the upset stomach I’ve always associated with eating too much dairy. Flax seeds easily substitute eggs in baking recipes, and tofu isn’t bad when you don’t pretend it’s replacing meat.

When I got back to California, I had to make my own meals because no one else at my host house shared in my vegan adventure. Although my dietary change took

all of one meal to complete, the underlying roots were strewn throughout my life. Shortly after becoming vegan, I asked myself why I had abandoned all the meat and fluffy cakes so many people seem to treasure. I became grounded in the other side of food: not what we eat, but where it comes from.

Several weekends during my summer were spent at a dairy farm near Sacramento. One night a calf was born. Farmhands immediately took the calf away against the wails of its mother. They brought it to an exposed building across the farm where it would grow up in a cramped cage next to several other calves who’d lived their lives under a shared metal roof. If I walked up to the cattle fence, they’d run from me. A quick Google search made me realize that dairy cows need to be pregnant to produce milk.

I grew up two miles beyond the city limit of Lawrence, Kansas. In elementary school, Rhode Island Red chickens would wait for my brother and me at the top of our driveway every

“A QUICK GOOGLE SEARCH MADE ME REALIZE THAT DAIRY COWS NEED TO BE PREGNANT TO PRODUCE MILK.”

- Kyle Rainey

day after school and chase us down the driveway. We’ve always shared our home with animals, be it horses, cats or dogs, and as a kid I can’t remember ever viewing them as less important than myself.

The longer I’ve been vegan, the easier it has become to take a stance on my choice. When people hear that I’m vegan, they tend to say things like, “Why would you do that? People have always eaten meat,” or “I love animals, but I love cheese too much to give it up.”

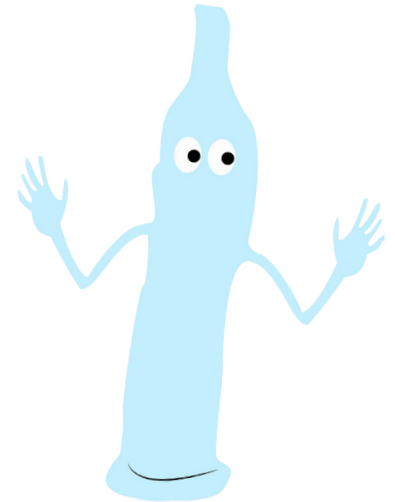
I understand why most people don’t choose to be vegan, but I don’t see myself stopping anytime soon. What started in Saugatuck has followed me to Lindenwood and become rooted in my life — breakfast, lunch and dinner. ◆





STUDENTS SHOULD HAVE ACCESS TO **FREE CONDOMS** ON CAMPUS

BY **MICHELLE SPROAT** ILLUSTRATION BY **YUKIHO NISHIBAYASHI**



News flash: College students have sex. That shouldn't be surprising considering that in a 2014 survey, 82 percent of Lindenwood students said they have been sexually active since coming to Lindenwood.

Of the 95 students surveyed by Lindenwood Student Government Association senator Elizabeth Peterson, 100 percent said they would opt to use protection if condoms were free on campus.

So why aren't they available to us?

Peterson proposed the Condom Distribution Act in 2014. The act was prompted by the arrest of former student and wrestler Michael Johnson who knowingly exposed his sexual partners to HIV. Several of those sex partners were Lindenwood students.

Lindenwood's health center told Johnson that he "had gonorrhea, was HIV positive and needed to practice safe sex," according to a 2017 Legacy article. Johnson pleaded guilty to the



"CONSISTENT AND CORRECT USE OF LATEX CONDOMS IS HIGHLY EFFECTIVE IN PREVENTING SEXUAL TRANSMISSION OF HIV."

- Centers for Disease Control and Prevention



charges last month. According to court testimony, Johnson did not wear condoms during sex. LSGA passed the condom bill, and it was sent to former Lindenwood President James Evans and his administration, but they rejected it shortly after.

Even though Lindenwood's health clinic increased its accessibility to HIV testing following Johnson's arrest, condoms still are unavailable to students on campus.

According to the Centers for Disease Control and Prevention, "Consistent and correct use of latex condoms is highly effective in preventing sexual transmission of HIV."

Unlike Lindenwood, other Missouri schools are already distributing condoms to students. The University of Central Missouri offers condoms to students at its Medication Clinic, according to the university's website. In fact, they offer weekly condom stipends to students who bring in their current student IDs. They can receive 12 regular-sized latex male condoms,

six large-sized latex male condoms, six non-latex male condoms, six latex female condoms or two flavored latex dental dams, all at no cost.

At the University of Missouri at Columbia, condoms not only can be found at the campus health center but also in vending machines in residence halls.

A receptionist at the Washington University Health and Wellness center said that students can get free condoms at their office.

Whether people have access to free condoms or not, they still have sex. Lindenwood health services should follow the example of these other universities and provide students with free condoms on campus. The board should seriously reconsider its previous vote to keep students safe.

According to Planned Parenthood's website, condoms are 98 percent effective if worn correctly, and if not, they are still 85 percent effective. The AIDS Foundation of Chicago's 2008 "Love the One You're With" campaign stated that properly used condoms are 98 to 99 percent effective in preventing HIV transmission.

It is understandable to expect people who are having sex to buy their own condoms. However, condoms are an inexpensive investment that the university could provide to its students.

A bulk pack of 200 condoms can be purchased on Amazon for only \$33. If the university provided condoms, there would be less of a fear of unprotected sex occurring on this campus.

Many college students don't have expendable incomes to be spending \$7-plus on condoms. If students are not expecting to have sex, why would they pay for condoms? Sex can be spontaneous. It is highly unlikely that sexual partners will stop in the heat of the moment to go off campus and buy condoms. If the university were to provide condoms, students would be more likely to have some on hand during intimate moments.

The bottom line is this: Whether or not students have condoms, they will still be having sex. The university should take out the middleman and provide condoms to students to keep them safe and promote safe sexual health on campus. ◆



Valentin Finociety on his longboard rips down the street near his house. His gloves help him slow down as he barrels down roads at high speeds.

DOWNHILL DRIFTING

Students adopt longboarding as way to get around campus, city

BY **LINDSEY FIALA**

PHOTOGRAPHY BY **LINDSEY FIALA**

Longboarding has become a popular hobby for many students who use it for convenient transportation as well as a way to blow off steam.

According to Disrupt Sports, longboarding became popular after skateboarding became a hit in the 1950s.

According to the article, “Surfers who were looking for something else to do when the surf just wasn’t cutting it, decided to make longer boards and essentially ‘surf on the ground.’”

While many people can’t tell a longboard from a skateboard, there are many differences, including size, shape and wheels.

Another difference between the two is that skateboards are meant for kicks and tricks, while longboarding is for those who want to ride down hills at great speeds.

Junior Valentin Finociety has been longboarding for as long as he can remember. He started with his friends back in France where they helped each other learn to ride.

The hobby changed when Finociety came to Lindenwood and he, along with many other international students, began to use the board as a mode of transportation.

“When I came here, I realized it was the easiest and fastest way to get to class,” Finociety said.



“I had a friend tell me that when she sees me walking, I look different than before because I am longboarding everywhere I go.”

Juniors Chris Kelland and Mark Andrew Naude are also longboarding enthusiasts, and they use it as a mode of transportation as well. A mutual friend on campus introduced them both to the hobby.

“My friend from Zimbabwe started longboarding and got me into it,” Naude said. “The biggest thing was that I needed a way to get to work on Main Street since I didn’t have a way of transport.”

When they first began longboarding, Kelland and Naude took to the streets around 4 a.m. to practice their newfound hobby.

“The campus was absolutely dead, so if I was going to learn how to longboard, these dead roads would be the perfect time,” Kelland said.

“So we went boarding through the streets of St. Charles for about two hours. Ever since then, I’ve just really enjoyed longboarding.”

Both Kelland and Naude love to longboard during the late hours of the night. One night they stayed out so late longboarding around a 5-mile radius in St. Charles that they boarded to Denny’s for breakfast.

“We rode down Fifth Street around 5 in the morning; all of the lights were on, and there was no one on the road,” Kelland said. “We were riding across the lanes without having to worry about cars. It was surreal.”

Even though they are both just casual longboarders, Kelland and Naude push the limits by weaving through people and cars while boarding to class.

Many students on campus frequently longboard, which has started a conversation about creating an official longboarding team for Lindenwood.

“I would be down for making a team,” Finociety said. “I would love to be able to block off some roads for us to use and to teach each other about what we know.”

Finociety said that anyone can longboard; students just have to jump on and do it. And while everyone is going to fall, mastering the skill is worth it, he said.

“Longboarding is beautiful; once you know your longboard, you can pretty much spend all of your time on it,” he said. ◆



LONG BOARD

22-45"
LONG
9"
WIDE

VS.

SKATE BOARD

30"
LONG
7"
WIDE

A close-up of Mark Andrew Naude’s longboard shows the wear and tear that comes from constant use.



Alumnus returns to take reins of KCLC radio station

BY **MATT HAMPTON** PHOTOGRAPHY BY **LINDSEY FIALA**

A longtime Lion has returned to Lindenwood as the new program director for the campus radio station.

Lindenwood alumnus Chad Briesacher has replaced his mentor Richard Reighard, who was the KCLC program director for 30 years.

Briesacher graduated from Lindenwood in 2008 and got his master's here in 2011. He also served as Reighard's graduate assistant and worked as an adjunct professor.

Since then, Briesacher has worked at other radio stations in various positions, most recently as general manager for Southern Illinois Radio Group, a company with licensed radio stations including WHCO AM in Sparta, Illinois, and WINI AM in Murphysboro, Illinois.

While Briesacher was transitioning into his new role at KCLC, he had already begun re-imaging the adult album alternative FM station "The Wood."

However, he said he does not plan to make drastic changes to the format of "The Wood" or the other Lindenwood stations, "The Experience" HD and KCLC AM.

"The [adult album alternative] format's good," Briesacher said. "It's edgy, because it's all about new artist discovery, and that's what I love. I'm not a huge concertgoer personally ... but I love going to little venues like the Pageant or Blueberry Hill and

seeing the types of bands that we play."

Having been mentored by Reighard, Briesacher said he is nervous about taking over as director but hopes he can carry the mantle forward.

"When I was a student, Rich [Reighard] just had this never-ending fountain of knowledge from a whole career in radio, and, you know, it's kind of intimidating going in and taking over," he said.

Both Reighard and program manager Mike Wall, who was in charge of hiring the new station director, agreed that Briesacher was the right man for the job.

They said Briesacher's experience played a large part in their consensus.

"He has been in the trenches doing just about everything: being a general manager, sales manager, news director, doing sports, doing everything," Reighard said.

The role of program director involves a lot of diverse responsibilities, especially at small stations like KCLC where positions are less compartmentalized.

"At some commercial radio stations, those jobs are handled by five or six people, but here, all the work falls on the program director when there are no students to fulfill the duties," Reighard said.

What separated Briesacher from the other highly qualified candidates was his history at KCLC. He learned the inside secrets of the station as Reighard's graduate assistant.

"It was a no-brainer," Reighard said. "He already knows most of what I had to do every day. He had forgotten some of it when he came back, but taking a refresher is a lot easier than having to learn something brand new."

The final reason for Briesacher's selection was his positive attitude and passion for the job, said Reighard, who described Briesacher as an "enthusiastic radio rat."

"He loves radio," Reighard said. "It's what he always wanted to do, and, you know, that's the perfect kind of person for this position. Someone who just lives to come into work every day and get his hands dirty with the nuts and bolts of broadcasting."

Reighard said he wanted Briesacher to take over KCLC because Reighard wants to focus on his health and role as the department chair for mass communications.

"Three heart attacks and a number of other numerous things, and I just don't have the energy level that [Briesacher] does," Reighard said.

Reighard left behind a long-standing legacy.

"Rich Reighard had, over three decades, provided continuity for the broadcasting program," Wall said. "I'm convinced that if Rich had not been there at a few occasions that the program would've probably fallen apart."

Briesacher said he worries about whether he can live up to Reighard's legacy and will miss selling advertisements, though he is excited to work with young broadcasters and watch them develop.

"It's exciting seeing who's going to blossom into a really great broadcaster," he said. ◆



Student Dillon Archer (left) and Chad Briesacher on air in the KCLC radio station in the Spellmann Center on Sept. 27. In his new position, Briesacher will devote his full attention to KCLC.



POPSOCKETS

PHONE ACCESSORY TAKES OVER CAMPUS

BY **KAYLA DRAKE** PHOTOGRAPHY BY **KAYLA DRAKE**

ORIGIN

David Barnett, a philosophy professor at the University of Colorado, invented the PopSocket in 2012, according to the PopSocket website. Since then, Barnett won WIRED Magazine's "Fueling Innovation" contest in 2013. According to "PopSocket Kickstarter Campaign" video on YouTube, the device started out as a phone case with the PopSocket built into it, but now it is a separate accessory that sticks to cases.

WHAT

A PopSocket is a circular, accordion-like plastic device that sticks to the back of phones and tablets for more convenient handling. The accordion design comes into play when users expand to hold it and then "pop" it back, flat on the phone.

According to the PopSocket website, the gadgets can be used for phones, tablets, Nintendos, GoPros and virtually any other piece of mobile handheld technology. Some users prefer to wrap their headphone cords around the PopSocket, which was actually its original purpose.

You can even design your own PopSocket on the brand-name's website. And if you aren't feeling creative, more than 100 designs exist for you to choose from. The gadgets have morphed from convenient tools into fashion statements for some users.

Junior Jenna Clark said PopSockets are another decorative element people can add to their phones, and is more functional than a pretty case or screensaver.

"You can personalize it, but it's useful at the same time," she said.

WHY

Users have said PopSockets feel more comfortable in their hands, prevent their phones from dropping and help with taking selfies. Junior Tyler Vaughn said that he "supports the PopSocket craze" because it is handy for watching videos and holding his phone.

"I work at Target, and we sell these a lot. I didn't understand [them], but then I got one for free and like it a lot so far," he said.

WHERE

You can purchase a PopSocket online at popsocket.com or at department stores. Additionally, major phone carriers are starting to sell them. The price range is \$10 to \$22. ◆



NEW ICE RINK IN JEOPARDY

Lindenwood's ice hockey teams have been playing in an aging rink that is 19 miles from campus — and it might stay that way if a deal for a new rink at Creve Coeur Lake Park falls through.

BY **MADELINE RAINERI** PHOTOGRAPHY BY **MITCHELL KRAUS**



Lindenwood Ice Arena, built in 1998, where Lindenwood teams practice and play their games, is situated in Wentzville.

Brad Wachler, vice president for Intercollegiate Athletics, said Lindenwood has no “plan B” for a new facility if the Creve Coeur project falls through.

Lindenwood had been planning to lease space at the \$44 million proposed ice center, which would include four rinks and be the training facility for the Blues. Youth and amateur clubs also would use the new rinks, which would draw regional competitions and tournaments.

But the plans are in limbo after some residents and park advocates said the facility is not appropriate for Creve Coeur Lake Park. The project also needs to get approval from the National Park Service.

Currently, Lindenwood's teams train at the Lindenwood Ice Arena, situated in Wentzville. The facility, which was built in 1998, holds two NHL-sized ice arenas, each with 750 seats. Lindenwood purchased the arena in July 2004.

Alex Kalau, a junior forward on the men's Division I ACHA team, said he hopes the project doesn't fall through.

“Lindenwood deserves a closer rink for its players and staff,” he said.

Lindenwood's two men's teams play in the ACHA at the club level and have had a successful program.

The Division I team won the national championship in the 2015-16 season. It also won the national championship in 2009 and 2010.

Mark Abney, Lindenwood's Division I men's ice hockey assistant coach, also hopes a deal can be worked out for a facility closer to campus.

“Ultimately, we would love to have our rink on campus so the whole student body would have a chance to enjoy the incredible atmosphere of a college hockey game,” he said.

The women's ice hockey program is one of three Division I programs at Lindenwood. The others are women's gymnastics and men's volleyball. Both compete in Hyland Arena on campus.

Six of the teams in Lindenwood's division have ice rinks on campus; only Robert Morris and Lindenwood do not. Rochester



Forward Alex Kalau skates during practice on Friday, Sept. 29, at Lindenwood Ice Arena a day before the season home opener.

“LINDENWOOD DESERVES A CLOSER
RINK FOR ITS PLAYERS AND STAFF.”

- ALEX KALAU

Institute of Technology, Penn State, Syracuse and Mercyhurst do, and in addition, Penn State and RIT have rinks that were built in the past five years.

Almost every other Division I hockey program that the women’s program competes against has an ice rink on campus. Some of them even have separate rinks for the men and women like at Ohio State University, University of Wisconsin and University of Minnesota.

Women’s head coach Scott Spencer said moving into a new state-of-the-art facility would help the women’s program to keep

pace with its competitors and aid in recruiting players.

In addition, “All of our student athletes are great with supporting each other’s programs, and having the arena closer to campus just makes it more accessible for our student body to see a great product in Division 1 women’s hockey,” he said.

With the current setup, Lindenwood players have to drive back and forth to practice in carpools and must pay for gas out of their own pockets.

The drive also is a burden on international students, who often do not have access to vehicles and must rely on teammates to get to and from practices.

The condition of Lindenwood’s facility also raised concerns in January after 19 female hockey players were sent to area hospitals for symptoms of carbon-monoxide poisoning.

The problem turned out to be a faulty ice-resurfacing machine and a carbon-monoxide detector that was not functioning.

The ice rink experienced problems during the 2013-2014 season as well when it was shut down for several weeks after refrigeration issues left the ice nonexistent. The student athletes were forced to practice at the St. Peters Rec-Plex.

Wachler said the safety concerns at the facility have been addressed.

“Like any facility, it will require annual maintenance to keep it running at a high level,” he said. “There are no plans to change or alter the facility.”

The Legacy Ice Foundation, which is heading the effort for the Creve Coeur rink and others close to the program, is still optimistic the plans will be approved, said Sean Muncy, an officer on the board of the St. Louis AAA Blues who would also make this ice rink their home.

“Like most here in St. Louis, we want to see this project get done in a timely manner because it is the local youth hockey players that it affects the most,” he said.

Until then, Lindenwood’s ice hockey programs will continue practicing and playing at the Wentzville Ice Arena. ◆



Men’s Division I team is one of the three ice hockey teams at Lindenwood that has to spend 46 minutes commuting to practices most week days.



LINDENWOOD PRACTICES SAFE WITH NEW HELMET COVERS

BY GARRETT ANDERSON & SCOTT MANDZIARA

PHOTO ILLUSTRATION BY ROLANDO DUPUY



The Guardian (left) is a protective cover used on helmets that Lindenwood football players wear during practices to reduce the risk of concussions.

The Lindenwood football team is practicing this season with a new helmet designed to prevent concussions.

The helmet, called the Guardian, originally was adapted to protect wearers from impacts or falls caused by epilepsy, autism or seizures.

It has rubber foam padding and provides a cushion said to soften the blows of head-to-head collisions during the football team's practices.

According to guardiancaps.com, the soft-shell helmet cover, which snaps onto the face mask, can absorb up to 33 percent of the impact in a collision.

"They definitely help reduce the chance of concussions," said senior cornerback Bakari Triggs. "Ever since we started wearing those helmet pads, we haven't had one concussion."

A Legacy article last November said that 41 athletes who play various sports at Lindenwood had suffered concussions in that semester alone.

Concussions have become a serious concern for athletes, especially those who play football. According to the New York Daily News, the National Football League has had a 58 percent increase in concussions between the 2014 and 2016 seasons, the highest increase ever.

"Those helmet pads were a great investment, and I personally think every team should implement them into their football practices," Triggs said.

Head coach Jed Stugart, who took the helm at Lindenwood this year, used the helmet at the University of Sioux Falls, where he coached previously.

"We found it contributed to our success at Sioux Falls," Stugart said. "Twenty of our 22 starters from the beginning of the year stayed healthy all the way through the season."

Powerhouse schools from around the country are using the Guardian helmets as well, Stugart said.

"I talked to a representative from the Guardian and saw that schools from the SEC and ACC were using them and liked the purpose of the helmet," he said.

Lindenwood is taking other steps to keep players safe during practice, Stugart said.

"Limiting more live sessions in practice, more of a fast pace, low contact and putting in more tackling drills, making it more efficient and keeping kids practicing and staying healthy," he said.

Stugart said some players haven't even noticed the extra padding. Others believe the padding on the helmet slows them down while practicing and hate the style of the helmet, but they realize the importance of it.

"Although I feel like a bobblehead with the Guardians on, I know for a fact I would be concussed without them," said Lindenwood wide receiver Justin Smith. ◆

PLAYER RETURNS AFTER SHOULDER INJURY LAST YEAR

BY **NICK FEAKES**

PHOTOGRAPHY BY **DON ADAMS JR.**

Bailey Dvorak knew something was wrong when her shoulder began to ache during a friendly game of wiffle ball last year.

“I was playing left field, and I had caught a few balls and threw them in,” Dvorak said. “My shoulder started to hurt, and I knew something was not right. The next day I could not lift my arm.”

The pain in her right shoulder ended up being a badly strained rotator cuff that disrupted her sophomore year of volleyball. The injury put her out of games for nearly a month in the heart of the season.

It was a blow to the Kansas resident, who led Lindenwood’s team in kills with 290 her freshman year.

But now in her junior year, it appears that Dvorak has put her sophomore year behind her; she currently sits third on the team with 119 kills through the first 18 games of the season.

“I love Bailey’s presence on the court,” teammate Megan Hellwege said. “She brings a lot to the table. She’s willing to take the big swing when we need it the most and is consistent. Each time I step onto the court, I know what I am going to get from her.”

Outside hitter Dvorak said her injury has made her more diligent in her preparation for practice and games.

“I heat and stim my shoulder before practices and games, do band exercises, roll it out and put ice on after I am done playing,” Dvorak said.

For Dvorak, volleyball is not only an athletic endeavor, it’s a vehicle for building friendships.

“My favorite is being able to play with my best friends,” Dvorak said. “I enjoy being around them off the court, so when we play together it’s so much fun.”

Psychology major Dvorak was born in Minneapolis but grew up in tiny Louisburg, Kansas, with a population of about 2,000 people.

“I was ready to get out on my own and try something new,” she said. “I grew up in the country for most of my life. It was kind of weird seeing streetlights all the time and the noise.”

During winter and summer breaks, Dvorak works at her parents’ bakery, Cookie Advantage. The store ships out cookies to customers all over Kansas and Missouri. Orders are usually taken over the phone or on the internet. Dvorak’s personal favorite is the peanut butter chocolate chip.

“I’ve worked there since I was 5 years old,” she said. “It was nice being able to work with my family and being able to help my parents the best I can.”

She spends her breaks from school with her family and friends back home, away from the physically and mentally taxing job of a competitive sport.



Outside hitter Bailey Dvorak makes a pass in a win over Bridgeport on Friday, Sept. 8, 2017, during the Lindenwood Challenge.

Quiet Louisburg provides a perfect getaway, she said, from the fast-paced lives student athletes like her live.

The start to Dvorak’s junior year has been a refreshing one, she said, with new head coach Will Condon in charge of the team. Lindenwood hired Condon in January to take over from former longtime head coach Ron Young.

“It’s been different, but in a good way,” Dvorak said about Condon’s coaching style. “Our coaches spend an incredible amount of time putting together our practice plans and figuring out what we need to work on.”

Condon said Bailey is “a powerful attacker.”

“She’s worked hard to improve her overall game,” he said.

Condon has gotten the Lions off to a positive start with an 10-8 record. As of Oct. 1, the Lions were only one win away from equaling the 11 wins they finished with in 2016.

The 6-foot junior is upbeat about the Lions’ chances for success this year.

“We are trying to better ourselves every day and make the changes the coaches want us to make,” she said. “I think everyone is excited to see where this season will take us.”

Dvorak has experienced a fresh start coming off her injury, and the team looks to capitalize on her return to the court. ◆



LINDENWOOD JUNIOR BALANCES LOVE OF POOL, DEEP-SEA FISHING

BY WALKER VAN WEY PHOTOGRAPHY BY MITCHELL KRAUS



Junior Taylor Reynolds follows through after a shot during practice on Sept. 26.

Covered in fish guts hours off the Maine shoreline is where Lindenwood billiards player Taylor Reynolds feels at home. Even though Reynolds may have been raised in the pool hall, she said it's the ocean that claims her spirit.

"I just feel so free out there," Reynolds said. "Some people have a place they go, and the ocean is mine."

Reynolds' father, Steve, owns a pool hall in Winslow, Maine, where his daughter spends the majority of her free time. He also introduced her to lobster fishing, a hobby of his. It was an introduction that came with as much teasing as it did reward.

"When Taylor was probably 7, we were all out there trying to catch lobsters, and I'm pulling up a bunch of crabs," Reynolds said. "They'd giggle and giggle and finally I said, 'What?' Taylor's sister said back, 'Dad, when're you going to stop using crab bait?'"

As she got older, lobster fishing grew from an afternoon with dad into a serious interest.

"I told my friend about fishing with my dad," Reynolds said. "He was like, 'You should come out with us sometime.' And depending on how often you go out, lobster fishermen make bank."

The nice payoff is the result of a lot of hard work, though, Reynolds said.

"My job is to skewer three fish heads or so at a time and load the bait," Reynolds said. "It does get gross, like midday when it's melting and just all over you. I'm literally covered in fish guts all day."

The unpleasant smell is nothing compared to the risky nature of the job. Any mechanical failure or personal injury could prove disastrous, she said.

"One thing you're always worried about is the boat breaking-down," Reynolds said. "You're so far out there that if you get hurt,

good luck. A lot of people die doing it."

The high winds of the Atlantic Ocean off the northeast coast also bring low temperatures and a high probability of seasickness.

"You have to bring like three or four dry hoodies, and when you get out that far, it gets so choppy, especially on the back of the boat where I'm at," Reynolds said.

The job of laying out lobster and halibut lines and pulling them back in all day doesn't stop the crew from enjoying the little bit of downtime they do get, she said.

"We just have so much fun together," Reynolds said. "We throw dead fish at each other's faces a lot. I think most of that is my favorite part. One time we put a lobster in the captain's bed while he was asleep too."

Steve Reynolds said he was never afraid to let his daughter go out on the ocean with a crew full of strangers.

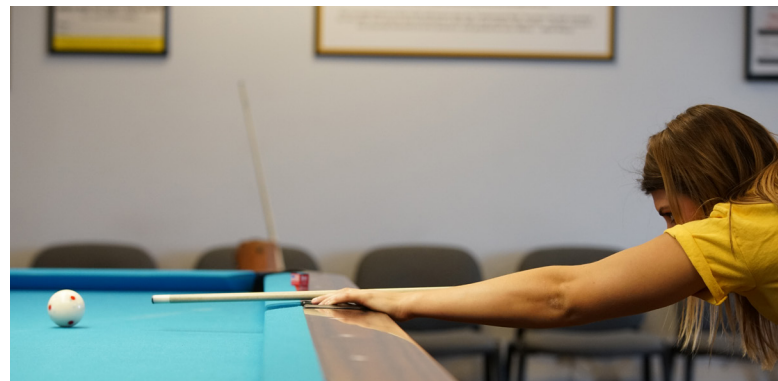
"I know the lobstermen; it could be a rough crowd, but she doesn't hang out with the wrong people, so I'm never really worried," he said.

Taylor Reynolds doesn't see her life as being defined by lobster or halibut fishing, but she doesn't ever plan to let that part of her life slip away.

"I would love to have a boat in the future," she said. "I want to eventually take my kids out and let them have that experience as well."

A lifelong devotion to an interesting hobby is no surprise to Reynolds' billiards teammates at Lindenwood.

"To a lot of people, billiards is a unique thing to be a part of, and at the same time, deep-sea fishing is a unique thing to be involved in," said senior Carly Fristoe. "When Taylor sets her mind to something the way she has with those, she puts all of her effort into it." ♦



Reynolds lines up her shot during practice at Lindenwood's Billiards Arena.



Welcome to the Jungle '17

Homecoming event schedule

- 10 Oct.** 9-11 p.m. Movie Night Under the Stars:
Jumanji on the Evans Commons Lawn
- 11 Oct.** 4-8 p.m. Escape Room
Evans Commons Group Exercise Room
- 11 Oct.** 8-10 p.m. Homecoming and Alumni Bonfire
Music and s'mores by Pfremer Pond
- 12 Oct.** 7-10 p.m. Homecoming Pep Rally and Lip Sync
Hyland Arena
- 13 Oct.** 7-9 p.m. Greek Life Yard Show
LUCC Auditorium
- 13 Oct.** 9-11 p.m. Streets of Lindenwood Party
John Weber Drive, Hunter Stadium
- 14 Oct.** 10:30-11:30 a.m. Homecoming and Alumni Parade
Free coffee and Krispy Kreme at 10:30 in front of Flowers Hall
- 14 Oct.** 11 a.m.-1 p.m. Homecoming Block Party and Tailgate
Spellmann Center Lot and Field House
- 14 Oct.** 1 p.m. Homecoming Football Game
Hunter Stadium



CAPTURING *moments*

Don Adams Jr., 64, a freelance photographer, has documented the history of Lindenwood for almost 10 years, and the university holds a special place in his heart.

BY **ESSI AUGUSTE VIRTANEN**

PHOTOGRAPHY BY **DON ADAMS JR. & KAT OWENS**

Freelance photographer Don Adams Jr. was taking photos at the Family Day football game in September 2017 when a mother called his name from the stands.

“You captured the last tackle that my son will ever make, and I can’t tell you what that means to me,” she said.

Adams has worked at Lindenwood for nearly a decade and has had many similar experiences.

“I want that athlete to have the best picture that I can get to them,” Adams said. “And I know that’s going to hang on somebody’s wall in somebody’s house a long time from now. And I think that means more to me than anything. It validates what I do.”

Whether they’re photos on Lindenwood’s website, photos of Lindenwood sports teams, commencement, social events with Lindenwood’s president or the photos printed on the hallway walls in the Evans Commons Hall and the Spellmann Center, the man who snapped those shots was most likely Adams.

Adams grew up a few blocks from Lindenwood University on Lindenwood Avenue. His family is also tightly connected to Lindenwood: His sister works in the financial aid office, his mother used to work here as a housekeeper and two of his

five children attended Lindenwood as students.

“I like to document Lindenwood’s history in particular, and I love Lindenwood,” he said. “It’s been a big part of my life.”

His love for photography started when his father brought a camera home from the military and taught him some basic skills. He became the family photographer.

“I just loved holding the camera, loved taking pictures,” Adams said.

During his time as a student at the University of Missouri at Columbia, Adams was not sure what he wanted to do professionally, but pursued a horticulture degree. However, he soon realized it was not for him and did not finish the degree.

Instead, he started taking journalism classes, even though he was not enrolled in the journalism school.

This ultimately led him to work as an advertising director for the Journal Newspapers of St. Charles County, while he simultaneously

pursued photography as a freelancer.

After 20 years of long hours in the advertising world, he said he’d had enough. He decided to follow his heart and focus fully on photography.

One day he was taking photos at a Lindenwood men’s soccer game when his son was a freshman on the team. He



Don Adams Jr. pauses capturing memories at the Harlen C. Hunter Stadium at the Family Day 2017 football game. “I like to document Lindenwood’s history in particular, and I love Lindenwood,” he said.



“I GET TO WATCH THESE GREAT ATHLETES THAT WE HAVE HERE, GOOD KIDS THAT BUST THEIR TAILS DOING WHAT THEY DO, AND I GET TO CAPTURE THAT. IT REALLY MEANS A LOT TO ME”

- Don Adams Jr.

turned them into the St. Louis Post-Dispatch, saying if they ever needed sports photos, he'd be happy to do it.

“That started a whole new career for me,” he said.

In January 2008, Scott Queen, the executive director of marketing, communications and public relations at Lindenwood, asked Adams if he wanted to work for him.

He said he loves shooting Lindenwood events; concerts at the Family Arena, where he also works as a house photographer; and especially sports.

“I get to watch these great athletes that we have here, good kids that bust their tails doing what they do, and I get to capture that,” he said. “It really means a lot to me.”

Adams said the most memorable photo for him is a picture of former student and current NFL player Pierre Desir making an interception at a Lindenwood home game in 2012. What made it more special was that he had photographed Desir since his high school days.

“Probably one of the best photos,” he said. “I wouldn't mind being remembered for that photo.”

Queen, who has known Adams for 25 years, said Adams has the skillset and eye for great photojournalism. He goes “the extra mile” to finish his work and to “do his craft,” even after the shooting is done, which is what some photographers don't do.

“He edits them, he deletes the garbage and then he Photoshops and makes them better and perfect and puts another couple of hours into that,” Queen said.

Both Queen and Adams said they enjoy working with each



Don Adams Jr. shot this photo of cornerback Pierre Desir intercepting a pass against Central Missouri on Sept. 15, 2012. He said it's special because he photographed Desir from high school to Lindenwood. Desir currently plays for the Indianapolis Colts.



Don Adams Jr. took this photo that hangs on a wall in the Spellmann Center's hallway and was taken for Lindenwood's ad campaign.

other because they are on the same wavelength about their work.

“He understands me, and I understand him,” Queen said. “And I can communicate with him. I tell him what I want and what I think will work, and he has the courage to tell me if he doesn't think that's going to work. And I respect that.”

Despite his determination to get the right shots, Adams said he's actually quite shy, prefers to keep to himself and being in big crowds or onstage can be overwhelming to him.

“But if I got a camera, and I'm working, I feel very comfortable,” he said.

Besides photography, he loves the outdoors. When Lindenwood gets quiet during the summers, Adams gets back to his horticulture roots and spends his time working with his son in landscape maintenance for vacation rentals on the Redwood Coast in northern California.

President Michael Shonrock said one thing he's noticed about Adams is that he always brings his camera even when he's not working. He also said Adams sees things that other people on campus don't see, and he uses his lens to capture life.

“I'm a photographer,” Adams said. “I see things. I look at stuff. Every time when I don't have a camera, I'm thinking, ‘Boy, I wish I had a camera. I'd get a picture of that right there.’”



DEAR PROFESSOR, I DIDN'T COME TO CLASS BECAUSE...

BY LEGACY STAFF

ILLUSTRATIONS BY YUKIHO NISHIBAYASHI

“[The student] sent me a picture of an IV in their arm to prove they were in the hospital. I’m pretty sure if I Googled ‘IV in arm,’ the same picture would have popped up.”

**- Andrew Smith,
assistant professor of
communications**

“Sorry I’m late. My car broke down. I saw the student park his car and start a conversation with his girlfriend while shutting the door to class.”

**- Nick Kelly,
assistant professor
of theater**

“I had a student send me an email saying she was hung over.”

**- Benjamin Cooper,
assistant professor of
English**

“Student not able to attend class because she had to attend not one but two ‘emergency funerals.’”

**- Sarah Foley
adjunct instructor in the
School of Sciences**

“I bought a sugar glider online and this was the only time I could meet the guy to pick him up.”

**- Emily Jones, program chair and
associate professor of theater**



Born in Boston, Christopher Wash, 38, has spent his life on coastlines and deserts and in cities across the world. Now he manages Lindenwood University's Copy Center.

Q&A WITH CHRISTOPHER WASH

BY J.T. BUCHHEIT

PHOTOGRAPHY BY KAT OWENS

Can you tell me about yourself?

I was born in Boston, Massachusetts, but I've lived in St. Louis most of my life. I'm an Army brat; my stepfather was in the military. I went to Parkway Central out here in Chesterfield, and I went into the Army right after high school. I have two kids — twins, a boy and a girl, 16 years old — I originally came back to St. Louis to be closer to my kids. So this is where I'm at now. I'm medically retired from the military and just enjoying my time here at Lindenwood.

What's it like living as a military brat?

It's different because your stability isn't there like it is in normal circumstances for other people. In the military, you move around every three to five years, so for me, I was always moving and making new friends. I lived in several different places over my time period. So for me, that was something to get used to: making new friends everywhere you go and never really being stable.

Why did you want to go into the military?

I wanted to do something different. I wanted a break from school; I was kind of burned out on it, but I didn't want to be idle. I could be in the military and still be in the same playing field as my peers, and maybe even a little bit ahead of them because I would be gaining experience as well as the opportunity to go to college, whereas some of my peers, they're just going to school or going straight into the workforce. I had the opportunity to do both, so I saw it as a double positive for myself.

Which place is the most memorable and why?

If I had to say what was the most memorable, I'd probably say Afghanistan. Some of my friends that didn't make it home. Afghanistan and Iraq, a couple things that happened in Iraq kind of stayed with me throughout my lifetime and will always be with me, so they're just some of the things that I deal with.

What are some things that have stayed with you?

Right after Sept. 11, I came back to be a recruiter here in St. Louis, and I recruited a young lady that was the daughter of my AAU basketball coach. Her name was LaVena Johnson, and she was killed in Iraq back in July 2005, and they went [on] to say that it was suicide, but there was suspicion of foul play.

When I had a Humvee that hit an [improvised explosive device] and flipped, I lost two of my soldiers that day.

So those are just some of the things that stick with me. I lost those two soldiers that were under my watch, so for me, that's something that will always stick with me. That's something I'll have to deal with, because you never want to have to bury anybody, so to speak. So to have soldiers under your command, under your watch, that you lose, it's like losing a family member. So it's very different, and sometimes it's difficult to deal with. I suffered shrapnel wounds, and I had to rehab for almost a year and a half. I lost sight in my left eye and hearing in my left ear for over two months. Luckily, I regained that, and by the grace of God, I'm here today. And I'm able to function as an adult and as a human being in society, even through everything I've been through.

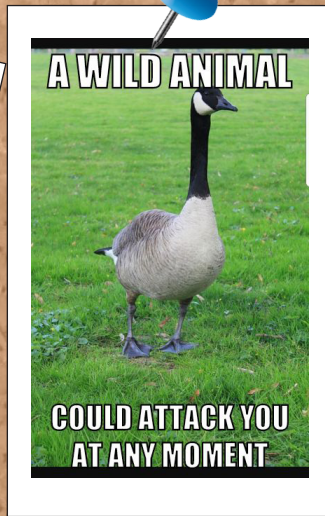


What are all the places you've lived?

While I was an Army brat, I lived in Germany, Virginia, Boston, had a brief stay in South Carolina. While I was actually in the Army, I've been to Korea, Sinai, Germany, Georgia, Thailand, Iraq, Afghanistan. I've been a little bit of everywhere. South Carolina again, Virginia again.

Do you have any plans for the future?

Just to be successful in life as a whole. My biggest plan is to finish my bachelor's and eventually obtain my master's. That's my short-term goal as it stands right now. Long-term, just be healthy. Stay healthy and stay positive and do everything.



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THE SECOND ISSUE**

LEGACY MAGAZINE

NOV. 10

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1 in **16**
MEN is
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