

All shook up

Students, faculty need plan to prepare for an earthquake

Kelby Lorenz
Editor-in-Chief

April is Earthquake Preparedness Month, and although a major quake hasn't hit the area since the 1800s, students and faculty should have a plan in case of a quake.

"In the case of these natural disasters, we all get lost, scared and confused," said Ana Londono, assistant professor of earth sciences at Lindenwood. "So having [a plan] and having it prepared and repeated constantly is always good."

According to the United States Geological Survey, the central United States is called "Earthquake Country" due to seismic activity in areas such as the New Madrid seismic zone located in the town of New Madrid, Missouri.

The exact location of the New Madrid fault is hard to pinpoint due to the fact that the area is a zone of several active faults, according to a newsletter sent out by the USGS.

Londono, who spent time in her master's degree studying natural disasters and their effects, said that everyone, including students, should always have a natural disaster plan put together, such as identifying whom your first and second emergency contacts would be in the event of an earthquake.

"Have important phone numbers handy," she said. "Of course, 911 will get you far, but have a number like campus safety to ask for help."

She also encouraged students to write down phone numbers on a piece of paper instead of relying on a phone.

"We all suffer from battery loss on our phone devices, and we have no idea about phone numbers for anybody," she said. "Have them written down somewhere so if your phone is dead, you can borrow someone else's phone so you can call someone."

As a part of each student's earthquake safety plan, Londono said that students should know the evacuation routes for campus buildings and to never use the stairs or elevator during an earthquake.

"At least get to places where there aren't tall items that can fall on you," she said. "If the vibrations are too strong, duck and cover. Go to a desk, not necessarily under a desk. Sometimes there are heavy things in vicinity that can

See Earthquakes | Page A3

Lindenwood's Earthquake Safety Plan

- Once the shaking has stopped, gather valuables and quickly leave the building. **DO NOT USE ELEVATORS.**
- All employees should gather at a predetermined location and assist with anyone they come in contact with.
- Be prepared for aftershocks. Follow the same procedures as for earthquakes.
- If building occupants cannot be accounted for, the Building Emergency Coordinator may direct personnel to search for the missing people but instruct personnel **NOT TO RE-ENTER THE BUILDING.**

LU Alpha Chi fraternity donates 322 books to promote youth literacy

Matt Hampton
Reporter

Lindenwood University's chapter of the Alpha Chi honor society will be donating 322 books to promote youth literacy during its national convention April 3 to 7 in Louisville, Kentucky.

Members Crystal Padilla, Nicole Baxter and Somanita Kheang, along with two faculty sponsors, will present the donation to the national president of Alpha Chi.

"Every year at the Alpha Chi national convention, we always have a service project, so all of the Alpha Chi chapters from across the country work together and bring donations," said Mary Ruettgers, Lindenwood education professor and a sponsor for the organization.

Instead of asking for donations, Alpha Chi members decided to use \$500 of their organizational funds to purchase the books.

"We asked our students to vote, and we knew for convention that they were going to do literacy promotion," said Ruettgers. "So we emailed out and took a vote, and the students said, 'Yes, please do it.'"

They bought 322 new books for kids across a range of ages, from early childhood to secondary school.

"Normally those who attend the convention, they'd be asked to maybe bring like, a book or two, new, [...] but, I mean, we're bringing 322 books, so that's huge," said Lynda Leavitt, education leadership professor.

Leavitt said Alpha Chi is a campus-wide honor society open to juniors and seniors of all academic dis-

"We really want to put our name out there and promote that love of literacy.

These will be donated to students who are in need, so for a student to be able to call that book their own, it is a big deal no matter what age."

-Mary Ruettgers, Lindenwood education professor

ciplines in the top 10 percent of the university by GPA.

According to Alpha Chi's website, members of the national honor society often engage in service activities such as food drives. Lindenwood's chapter sponsored \$5,000 for a study room in the academic resource center under construction, and has previously gathered dental implements and art supplies for charity.

Ruettgers said they will leave for the national convention Thursday and that it is much closer than a lot of their conventions in the past, allowing them to drive there. Padilla, Baxter and Kheang will not be asked to

See Alpha Chi | Page A3

Spring into Service opportunities

- BOYS & GIRLS CLUB
- O.A.S.I.S. FOOD PANTRY
- GOODWILL
- MEGAN MEIER FOUNDATION
- EMMAUS HOUSE
- YMCA ST. CHARLES
- NEW HOPE OUTREACH
- CARED FOR TROOPS-OPERATION GRATITUDE
- GATEWAY PET GUARDIANS
- FIVE ACRES ANIMAL SHELTERS
- BJC HOSPICE BLANKETS

Hosted by Student Involvement

Design by Kelby Lorenz

Student Involvement hosts service event for first time

J.T. Buchheit
Chief Copy Editor

Student Involvement will be hosting the annual "Spring into Service" event for the first time this year on Saturday, April 8.

The event was formerly hosted by the campus YMCA, but that organization no longer exists on campus.

Participants of the event will provide community service across St. Charles, including playing with children of the Boys & Girls Club of America and at the YMCA, writing cards to military troops, helping at animal shelters, cleaning and organizing items at the O.A.S.I.S. Food Pantry, making blankets for people in hospice care and other activities.

"We didn't want to see this event end," said Nikki Cornwell, assistant director of Student Involvement. "Campus faculty, staff and alumni all participate in it, and we really liked it, so we kind of took it on from our office and are continuing what they started."

Any student can sign up to participate, and the Alpha Phi Omega coed service fraternity will be holding a conference on the same day. A part of the conference will involve people going to the service day.

The day of service will go from 8 a.m. to 1 p.m. and include breakfast and lunch, as well as T-shirts, drawstring backpacks and water bottles. Students who are interested can sign up on Involve U. They may only sign up for one of the events.



Education department to send 37 students abroad. See more on Page A2.



The Lindy Awards weren't what they were promised to be. See more on Page A4.



Cheerleading to compete at nationals this week. See more on Page B1.



Students use fashion to portray identity. See more on Page B3.

NEWS

Kappa Delta Pi advances education through books

Abrielle McLemore
Reporter

The 35 members of the Kappa Delta Pi fraternity rushed through the door of the Hyland VIP Room for a recent Teacher Tip Thursday meeting.

The fraternity brought in professor Rhonda Cypret-Mahach as their weekly guest speaker. She gave members various technological resources for use in the classroom, including an app that uses special pictures to project 3-D images through phone cameras.

"It was so awesome to learn about so many resources," fraternity President Rebecca Neiswander said.

Neiswander, a junior elementary and special education major, plans the events for the fraternity alongside Jill Hutcheson, assistant dean of education at Lindenwood.

The fraternity, founded in 1911, looks to "advance quality education by inspiring teachers to prepare all learners for future challenges," according to its website. One of their biggest events is "Literacy Alive!"

"Kappa Delta Pi International's service initiative is



Photo by Abrielle McLemore

Rebecca Neiswander, president of Lindenwood's Kappa Delta Pi fraternity, reads to the students of the Academy of EPP in Hazelwood after donating over 200 books for the fraternity's 'Literacy Alive!' event on Tuesday, March 6.

'Literacy Alive!' which encourages members to create programs and events in their communities that bring empowering literacy skills to their participants," Neiswander said.

This year, the group collected almost 300 books for the Academy of EPP, an underprivileged private school in Hazelwood with students

ranging from infants to eighth grade.

"Right now, they have almost no books," Neiswander said. "With our donation, they will have many more books for students to read and improve their literacy skills."

Neiswander works hard to better the fraternity. Her goal is to make the organi-

zation grow.

The fraternity has earned the Professional Development Award among all chapters.

"My favorite thing about KDP is building personal and professional relationships and getting involved in campus and community events that help us share our love for education," Vice

President Sejla Fingers said.

The fraternity is currently planning for its upcoming Educator Resource Fair. The fair will be held from 4 to 6 p.m. on April 20 in the AB Leadership Room in Spellmann. The event will bring community resources and agencies together to offer networking opportunities for faculty and students.

School of Education to send students overseas

Lena Kirchner
Reporter

The School of Education will be going on its first study abroad to Great Britain and Ireland in May.

The trip will take place from May 9 to 19 and includes stops in Ireland, North Wales, Birmingham Region (England) and London, said Mary Ruetters, assistant professor of teacher education.

Thirty-two students and three faculty members will attend the trip.

Fifteen Belleville students are participating, which is a good number for the campus size said Paul Sharp, assistant professor of education leadership at Lindenwood-Belleville.

"Our region is becoming much more diverse, so we thought it is important to give our students experiences related to education, politics and religion," Ruetters said. "We believe that global awareness is an essential skill for our students to have, and what more authentic can you get than actual traveling?"

The two professors chose the British Isles to make the trip cost-effective and eliminate the language barrier. These countries also have strong education systems, and the students will be able to find parallels between education, politics, economics and socio-economic statuses.

"Besides the educational aspect, if you are going to be employable in our globalized economy, international experience is required," Ruetters said. "Having these experiences early creates a comfort level and also ignites a passion for exploration and learning."

Haley Holman, a sophomore majoring in education, said she saw the class as a once-in-a-lifetime opportunity to broaden her cultural knowledge and have a chance to learn about cultures outside of her own.

"What I'm looking forward to the most is touring castles, eating at Irish pubs and seeing the changing of the guards in London," she said.

The group will have its personal tour guide for the entire trip, and the destinations are determined by Education First Tours, a study-abroad provider for colleges, but the class can make changes as needed.

During the trip, the course will have breakfast together, followed by class and presentations throughout the day. Students will have some free time to explore around dinner time, Ruetters said.

The students will be asked to write reflective journals when returning home, and both instructors are hoping to see how students' perspectives have changed.

"I am looking forward to seeing the experience through the eyes of first-time travelers, which many of the students are," Sharp said.

Not all students are education majors, because the course is designed as a general-education cross-cultural course. Sharp hopes the variety of majors leads to a healthy discussion.

The department just got approved to do the study-abroad course again next May. The requirements are to get approved to study abroad by the university and English 150. Different payment plans give students financial options. The course will count as a cross-cultural or human diversity class.

Lindy Award Show lets communications students take home gold



Photo by Nao Enomoto

Jon Elam, an advertising and public relations: corporate communications senior at Lindenwood, accepts the Lindy Award for Best in Show at the Lindy Award Show held on March 29 in the Lindenwood Theater in the J. Scheidegger Center for the Arts.

Spring Fling will feature concert, canned food drive, kickball game

Michelle Sproat
News Editor

Lindenwood's Campus Activities Board is hosting a week of activities, fundraisers and giveaways for its annual Spring Fling event happening this week.

CAB hosted its Spring Fling Kick Off on Monday outside the entrance to Spellmann.

Ethan Miller, the adviser for the board, said that Spring Fling is held to "provide exciting and entertaining" events for Lindenwood

students.

"It is a way to kick off the start of spring and reinvigorate students for the end of the semester," Miller said.

Hannah Saputo and Tara LeClere organized the event. Saputo said she and LeClere started planning events back in November.

"We have been working hard to make sure that there was a good array of events for the week, a flexible theme and a great event for the end of the week," Saputo said.

In addition to events,

"We have been working hard to make sure that there was a good array of events for the week, a flexible theme and a great event for the end of the week."

**-Hannah Saputo,
CAB coordinator**

various organizations will be fundraising for different causes. Psi Chi, the Psychology Interest Club and the

Criminal Justice Student Association are collecting canned food throughout the week.

Drop-off locations for the cans are in Spellmann, Evans Commons and Young Hall.

Other organizations that are fundraising include Tri Sigma and Phi Delta Theta.

Miller said that major events throughout the week include the Mike Posner concert on April 4, the Gay/Straight Alliance "Get Reel Drag Show" on April 5, the "Kickin' it with Shonrock" staff kickball game on April 7 and the "Spring into Service" community service event on April 8.

NEWS

Lindenwood's NBS wins in New York

The chapter took home the Most Improved Chapter award

Phil Brahm
Lindenlink Editor

After a year highlighted by increased membership, event hosting and campus engagement, Lindenwood's National Broadcast Society chapter was recognized in a national competition for its hard work and dedication.

The award for Most Improved Chapter was given to the Lindenwood group at the NBS national convention in New York City last month.

Chapter President Samantha Glenn said the award came as a complete surprise to everyone involved in the campus organization.

"I submitted everything we had done for the 'model chapter' and 'motivated chapter' categories, even though we were just short of the requirements for both awards," Glenn said. "I decided to just submit it anyway to show 'Hey, we exist, we're dedicated and we're doing things we haven't done in a long time.'"

From hosting a variety of guest speakers to emceeding several homecoming events, the group has been more active than any other Lindenwood NBS chapter since the organization was re-established on campus in 2014.



Photo courtesy of Lindenwood's NBS

From left, Samantha Glenn, Jessica Hodge, Scott Mandziara, Marina Bach and Allison Hoeffner stand with their Most Improved Chapter of the Year award given to the Lindenwood University National Broadcast Society chapter at the NBS convention in New York City.

The group's membership numbers have also tripled in size since last year.

While the growth of the group has played a big role

in its recent success, Glenn said the passion of the members has been the driving force behind the chapter's improvement.

"The people who are part

of this group are here because they love the field and not because they just want to go on a cool trip to a convention," Glenn said. "For them it's about 'How

can I make connections in this professional organization and how I can create future opportunities.'"

In addition to their chapter award, three members of

group were named finalists in other areas of the competition. Junior Jessica Hodge was also elected as a student governor to the NBS Board of Governors.

Lindenwood will make an appearance at this weekend's comic con

Lindsey Fiala
Reporter

The School of Arts, Media and Communications will have a booth at the Wizard World Comic Con to recruit students and promote its different academic programs.

Wizard World Comic Con is a convention that highlights comic books, TV shows, movies and all other forms of media, said Larry Quiggins, associate professor of theater.

Quiggins will be there every day of the event along with several other professors and students who will rotate in and out.

This will be the first time

Lindenwood has a booth at this convention.

While there, Quiggins will be on several different panels because of his history with comic books.

"I owned a comic-book store for many years called Bug's Comics and Games in North County," Quiggins said.

Quiggins believes that Lindenwood attending this convention shows how much the school is embracing new technology.

"We are developing these new programs for the modern student," Quiggins said.

They will be promoting programs such as fashion design, graphic design and the

new game design program.

There will be a virtual reality headset available at the booth for people to try out.

"People will be able to put it on and walk through a virtual reality museum of past students' art," Quiggins said.

People will have the opportunity to take photos in front of a life-size comic-book cover featuring the Spellmann clock tower and Lindenwood's name.

Leo the Lion will also be there to greet prospective students.

Wizard World Comic Con will take place from April 7 to 9 at America's Center. Tickets are available on Wizard World's website.

Earthquakes | Continued from A1

actually squash the desk with you underneath it."

Londono also said that students should put together survival kits with flashlights, any medicine needed, non-perishable food, water and emergency radios if the power were to be shut off.

Lastly, Londono said that it is important for students to create plans with family members on how to let them know that they are OK.

"If you have access to internet, you can drop them a

message through Facebook or send them an email," she said. "Or you will contact a specific person and to let them know you're OK. But have a way to let people know."

The Central United States Earthquake Consortium website also warns individuals to keep up immunizations and to turn off the gas line for homes, such as off-campus housing.

Though most of the earthquakes were not felt in the St. Charles area, the potential for a large earth-

quake is still available.

According to the St. Louis County website, there is a 25 to 40 percent chance of a magnitude 6.0 or greater earthquake occurring within a 50-year period.

Londono said that whether students are studying at Lindenwood or traveling abroad, they always need to keep the thought of natural disasters in mind.

"Just be aware of the surroundings," Londono said. "Just be aware of the risk of where [you are]."

Alpha Chi | Continued from A1

pay any expenses out of pocket for the trip.

In addition to presenting the books, the students will have opportunities to sight-see as well as network and meet scholars from different schools across the country.

Scholarships will also be

awarded to Alpha Chi members at the convention.

The society also worked with the PR department to put labels inside the books stating they had been donated by Lindenwood University's Alpha Chi Missouri Pi Chapter.

"We really want to put our name out there and promote that love of literacy," Ruettgers said. "These will be donated to students who are in need, so for a student to be able to call that book their own, it is a big deal no matter what age."

FREAKY FAST! FREAKY GOOD!®



WE DELIVER!

TO FIND THE LOCATION NEAREST YOU
VISIT JIMMYJOHNS.COM

©2016 JIMMY JOHN'S FRANCHISE, LLC ALL RIGHTS RESERVED.

OPINIONS

The Legacy/ Lindenlink

Staff:

Editor-in-Chief:
Kelby Lorenz

Lindenlink Editor:
Phil Brahm

Design Chief:
Mili Mena

Chief Copy Editor:
J.T. Buchheit

News Editor:
Michelle Sproat

Opinions Editor:
Tyler Tousley

Sports Editor:
Kearstin Cantrell

A&E Editor:
Essi Auguste Virtanen

Business Manager:
Ashley Ator

Promotions Manager:
Elsa Mort

Faculty Advisers:
Susan Weich
Neil Ralston

Spellmann Center 3095 /
3100
209 S. Kingshighway
St. Charles, Mo. 63301
Telephone: 636-949-4336
Email: lulegacy@
lindenwood.edu

The views expressed
herein are not necessarily
the views of the university.

Letter to the Editor Policy:

The Legacy is proud to
provide an open forum for
a variety of opinions.

In order to share your
perspectives, please send
a Letter to the Editor to
LULegacy@lindenwood.
edu. Letters may not
exceed 350 words, should
avoid obscenities and
must include the writer's
full name.

Follow us on social media:

Facebook:
Lindenwood Legacy
Lindenlink

Twitter:
@LULegacy
@Lindenlink

Instagram:
@lindenwoodlegacy

YouTube:
Lindenwood Legacy
Multimedia

Staff Needed:

Do you enjoy writing,
design or photography?
Come work for the Legacy
and Lindenlink.com to
build your résumé and gain
practical work experience.

You can contact us at
LULegacy@lindenwood.
edu.

We would appreciate
your support!

Thank you for
your continued
support of
our news
publications!

Students let down at Lindy awards

Kearstin Cantrell
Sports Editor

I spent more hours than necessary working on projects over the past year because I knew I could potentially enter the annual Lindys, Lindenwood's version of the Emmy Awards.

I took the time and energy to carefully analyze all of my work from the past year to decide which ones made the cut in my mind before submitting them for critique by the judges.

I went to the award ceremony with the hopes that I would get to walk across the main stage of the J. Scheidegger Center for the Arts and claim my very own Lindy.

However, like many of my fellow students, I didn't.

Not because of my own shortcomings, but because five categories in which Lindenwood students entered work were not presented at the ceremony on Wednesday, March 29.

According to lindenwood.edu, the Lindys was to have "42 categories open to individuals who have been enrolled at Lindenwood during the past 12 months." However, during the awards ceremony itself, only 37 categories had finalists and winners announced.

One of the sections that

was not presented, the PR category, also happened to be one of only two groups that I entered content into. People who entered content into categories that were not presented got dressed up and attended the ceremony to find out that they didn't win. Then, to top it all off, their categories were not even important enough to be acknowledged.

According to Lindenwood professor Peter Carlos, who produces the show along with his Advanced Video Production class, this was at the discretion of the judges and entries.

"Some judges didn't nominate anyone or there were no entries, so those categories did not make or were not worthy of nominations," Carlos said.

It is no secret that college students who graduate with awards on their résumés tend to attract better job prospects.

"Any opportunity to have work evaluated by a panel of peers or jurors carries with it a certain level of validity," said Jason Lively, assistant dean of the School of Arts, Media and Communications. "I certainly feel that submitting work to the Lindys is worth the time and that including such an award on a résumé is of val-



Design by Tyler Tousley, Kelby Lorenz

ue."

Every corporate job opening attracts an average of 250 résumés and accepts four to six applicants, according to inc.com. If the key to landing a job is to stand out from the crowd, awards and honors are the way to do that.

Separating categories further is another alteration to the Lindys that would benefit students.

Some categories served

as a sort of "catch-all." Although that may have seemed like the time-efficient thing to do, it created an issue of comparing content that was like comparing apples to oranges.

For example, in the journalistic categories, "Best News Story" served as the catch-all category. According to Fred Ehrlich, an editor with Missouri Lawyers Media who judged both Best News Story and Best

Opinion, the categories limited who could win.

"It would have been better to have features and sports categories," said Ehrlich. "I could have picked winners from the entries in both those areas, but they didn't really fit into Best News."

Although the Lindys are a great way to recognize hard-working students, there are still improvements that can be made to make sure everybody's work is considered.

Cardinals make season more accessible for fans

Phil Scherer
Reporter

For many college students, myself included, attending sporting events is a source of pure enjoyment. The only problem is that attending sporting events can be incredibly expensive, much like concerts or other performances

can be. Luckily, this year, the St. Louis Cardinals have made going to the ballpark more convenient, especially for people who enjoy going to lots of games, with the introduction of its Ballpark Pass.

The Cardinals Ballpark Pass allows people to go to as many games as they want throughout the season for a flat fee of \$29.99 per month. While that may seem like a lot of money, it becomes far more affordable when you consider the benefits. If you were to go to three games in a month, the price of each game would be only \$10. If the number of games you attend increases to six, you are paying just \$5 per game. You'd be hard-pressed to find tickets that cheap to an individual game.

The only downside to the offer is that the tickets

are only good for a standing-room-only pass. This means that you will not have a seat once you enter the ballpark. While this may seem like a serious issue, it can actually be a lot of fun. You can move throughout the ballpark freely. If you wanted, you could even watch every inning from a different part

THE CARDINALS BALLPARK PASS

Unlimited games
\$29.99 (per month)

3 games in a month - \$10 per game
6 games in a month - \$5 per game

"The Cardinals Ballpark Pass gives our fans another flexible and affordable option to take in a Cardinals game at their leisure. We believe this ticket subscription service is a perfect fit for millennials and young professionals that may be a bit more spontaneous in planning their visits to Busch Stadium."

- Joe Strohm, the vice president of ticket sales for the Cardinals

Design by Mili Mena

of the stadium. Plus, if you've ever been to Cardinals game before, you know there are plenty of empty seats available once the seventh inning rolls around and the stadium stops selling alcoholic beverages.

In a statement, Joe Strohm, the vice president of ticket

sales for the Cardinals, said, "The Cardinals Ballpark Pass gives our fans another flexible and affordable option to take in a Cardinals game at their leisure. We believe this ticket subscription service is a perfect fit for millennials and young professionals that may be a bit more spontaneous in planning their visits to Busch Stadium."

Like Strohm said, this is a perfect opportunity for college students like us. On nights when you have free time and would like to relax, you'd have a pass that allows you to go hang out at Busch Stadium for three hours. I could think of worse ways to spend a Tuesday night. Plus, it allows you to be spontaneous without worrying about being able to find a last-minute seat online. All you have to do is get to the stadium, and the rest is already taken care of.

So if you, like me, love sports and would like any excuse to spend more time at the ballpark, go online and buy your own Ballpark Pass. And when you come out to the stadium, come say hi. I'll be hanging out beyond the center-field bleachers all season long.

Campus tobacco ban enforced too loosely to make difference

Tyler Tousley
Opinions Editor

Last spring, LSGA voted to approve the tobacco ban on the St. Charles campus. Although the ban was set to be implemented in phases, as this year's spring semester comes to a close, I have not seen much of a difference.

In all honesty, I was not a fan of the ban from the beginning.

I feel students should be allowed to make their own choices and that simply moving the designated smoking areas would have a more positive impact on smokers and non-smokers alike.

For example, if we were to move the Spellmann smoking area to the back of the building as opposed to directly in front of the main entrance, then smokers could keep smoking and non-smokers would ideally not be bothered.

This, of course, is not what was done.

What I find strange is that what has actually been done has been so insignificant, it has had little to no impact.

The outdoor ashtrays, such as the one that was previously under the clock tower, are no longer there.

This does sort of show that the area is no longer meant for smoking, so I applaud that effort.

That is sincerely the only effort I have seen. People

continue to smoke outside of Spellmann. People continue to smoke in all of the same places they were smoking before.

The big difference? They no longer have an actual ashtray to dispose of their buds.

Even when I see large groups of people smoking, they never seem to be approached by any kind of Lindenwood staff telling them we are a tobacco-free campus and that they need to put their smoke out.

I find this ban to be a tad ridiculous and have no problem with people smoking, but I do think that if the school really does want to implement this smoking ban, then it actually needs to follow through. That is really the most important part.

A main reason people follow laws is because when they get caught not following laws, the state follows through with punishments.

Having a rule this flimsy does not really reflect well on the school either.

I wouldn't be surprised at all if new students came and saw that this rule was not actually enforced and then decided to see what other "rules" they could push.

We either need to admit that this ban really isn't working and give the smokers their ashtrays back, or we need to actually follow through and tell people they are not allowed to smoke.

SPORTS

Cheer takes national stage

Phil Scherer
Reporter

The Lindenwood cheer team has its sights set on bringing hardware home for the third year in a row as it travels to the national championships this weekend.

Last year, the small coed cheer squad took home the top prize at the championships, and two years ago, it was the large coed squad that brought home the trophy.

As they put in final preparations for this year's championships, those two squads, as well as the team's all-girl squad, believe they have what it takes to continue Lindenwood's winning tradition.

"All three teams have worked really hard together," head cheer coach Carrie Nichols said.

She said that the large coed team had a bit of a rough start to the year, but that they have made a lot of progress in the past month in the buildup toward nationals.

"They have really proven why they are on the team and how they are doing so well," Nichols said.

While the large coed squad is trying to recapture the magic that led it to the national championship two years ago, the team's small coed team is feeling the pressure of winning back-to-back titles.

"It's really exciting going into this knowing that people are going to be looking for us, knowing that they're going to be watching

us and having such high expectations," small coed captain Emma Marsoun said.

Marsoun added that although a lot of work is left, she feels that her squad has done everything it can to live up to those expectations.

"We are definitely prepared for this," Marsoun said.

Nichols agreed with Marsoun's assessment, saying that the small coed squad seemed like it was ready to defend its title.

"They have worked really well together as a team all year," Nichols said. "For the returning kids that were on the mat last year, they know what it takes. And I think they have been good leaders to help the new kids aim to be national champions."

While both of the coed squads head to this year's national championships with previous expectations to live up to, the team's all-girl squad is looking to make its mark on the national stage for the first time.

"The all-girl squad had a poor showing last year, so they're hungry because they have never won," Nichols said. "I think they feel a little extra pressure being the team that hasn't won."

Despite that pressure, all-girl captain Haley Booker said her squad is just preparing to reach its potential at nationals, and if the results end in a championship, then it's an added bonus.

"We'd like to be deduction-free," Booker said. "Our goal is to go in



Photo by Carly Fristoe

Lindenwood cheerleaders practice their stunts March 30 in Hyland Arena in preparation for nationals.

there, hit a deduction-free routine. Once you do that, you're pretty much doing everything to your full capacity, and that's all we

can ask for."

The national competition begins Wednesday, April 5, in Daytona Beach, Florida, and runs

through the weekend.

"Hopefully the competition ends in a ring," Booker said. "That's the dream."

Sorry, gotta run.



Photo by Madi Nolte

Senior Kendra Smith passes the baton to sophomore Erin Hodge during the 4x100 meter relay at the John Creer Invitational held at the Lindenwood track on April 1.

LU tennis teams look to improve for season end

J.T. Buchheit
Chief Copy Editor

Members of Lindenwood's tennis teams have battled numerous injuries this season, but they hope to make it to the conference tournament starting on April 20.

"We've gotten ourselves into a problem with injuries because our No. 1 girl is out, and our No. 6 girl has been out from time to time," said head coach Bill Vahle. "We've had some injuries on the boys' side too, but we played very well in Florida, we had a nice spring break, and we're back into conference play now."

The top player of the women's team, Tereza Melicharkova, injured a disk in her back, which has affected the order of the team.

"It makes a difference because everybody has to move up one, so the No. 2 girl becomes 1 and the No. 3 girl becomes 2, and it also messes up the doubles arrangements because you have to play somebody out of position," Vahle said.

Vahle has chosen to look at this loss in a positive manner in that it allows other players to step up and show their skills.

"It's an opportunity for some of the girls who play 6 and 7 to play more important matches, so it's good for them," he said.

Alexis McCarthy of the

"It's so important to have a positive attitude and energy in tennis. You can really tell when a team does and doesn't."
-Alexis McCarthy, Lindenwood tennis player

women's team has found it to be a difficult season for the teams because the players lost some matches they expected to win. The men's team is 7-9, while the women are 7-11. However, McCarthy thinks the team will turn it around.

"I feel like we're a stronger team this year than we were last year, but other teams in our conference have also gotten stronger," she said. "So I don't think we've done as well as we've hoped so far, but we're confident that we can pick it up from this point forward."

Vahle said the team's biggest weakness is its performance in doubles matches, especially on the women's side.

"It's a different kind of game and a different kind of athleticism required for doubles," Vahle said.

The team has many international students, and one of the largest transitions for them is learning to play on the types of courts in the U.S.

"These courts are faster than clay," said men's player Tudor Ghenea, who is from Romania. "And when we play indoors, it's way faster. We need time to get used to it."

McCarthy believes another way the team can improve is through supporting each other and becoming closer off the court.

"It's so important to have a positive attitude and energy in tennis," she said. "You can really tell when a team does and doesn't."

The players can see the conference tournament on the horizon, and although injuries have claimed more than one player, they hope to prevail in the coming weeks.

Weekly Sports Recap

March 31- April 2

<p>Women's Rugby 80-13 win vs. Clemson University 68-0 win vs. Illinois Women</p>	<p>Baseball 6-5 win vs. Missouri Western State University</p>	<p>Men's Track and Field Second place at John Creer Invitational</p>
<p>Men's Rugby 71-5 win vs. Clemson University 24-14 win vs. St. Louis Royals</p>	<p>Softball 10-2 loss vs. Northeastern State University (DH) 2-1 win vs. Northeastern State University (DH)</p>	<p>Women's Track and Field Second place at John Creer Invitational</p>

SPORTS

Team brings start line to St. Charles

Lindenwood cycling team hosts Missouri State Road Race for first time

Miguel Rincand
Reporter

The Lindenwood cycling team will be hosting the 2017 Missouri State Road Race Championships on Saturday, April 8.

This is the first time Lindenwood will be hosting the event, and it will be the first time riders who do not belong to a collegiate team can participate.

Even though the Lions are using this as preparation for the national collegiate championships, according to coach Julie Carter, many riders from Missouri on the team view this as a big opportunity to prove themselves.

"For the guys that are originally from Missouri, this race is a pretty big deal to win," Carter said.

Since the state championship is no longer only for collegiate-level riders, senior Evan Blankenship feels this will be an even better preparation for nationals.

"It benefits us because during nationals, you compete against guys you have never competed against before," Blankenship said. "Since it is not only collegiate anymore, we will face people we don't know, and that will be a plus into our training."



Photo by Madi Nolte

Members of Lindenwood's cycling road team practice on campus on March 27 in an effort to prepare for the Missouri State Road Race Championships.

According to the USA Cycling website, both the road race and time trial will be held at the Daniel Boone Home.

The time trial consists of a 13-mile race, and the rider with the best time wins. The road race is on a course that starts at the Daniel Boone

Home. The riders will do laps around it. Each lap is 21.1 miles for a total of 84.4 miles in the longest race.

"We have practiced at the

Daniel Boone Home to see who is riding well and to get a little more experience on the road," Blankenship said.

This tournament will be

an opportunity for the Lindenwood cycling team to prepare for the nationals and prove it is still one of the best teams in Missouri.

St. Louis #1 Pizza. It's a Square Meal Deal!

Special Deal for Lindenwood Students!

Lindenwood day at Imo's is every Monday! All students with ID receive a free order of Bosco Sticks with the purchase of any extra large pizza!

2160 First Capitol Dr.
(636) 946-5040
The Square Beyond Compare™

We accept Visa, Mastercard, Discover, and American Express.

LINDENWOOD Student Athlete Spotlight

Michelle Kyle

Sport: Track and Field
Age: 22
Birthplace: Imperial, Missouri
Year in school: Second year-grad school
Major: Nonprofit Administration



Photo from lindenwoodlions.com

Q: How long have you been playing sports competitively?

A: I have been playing sports competitively since I was 8 years old, but I was actually a dancer from 2 years old-13 years old before I got super involved with sports.

Q: Who have been the most influential people in your sports career?

A: Two former Lindenwood lacrosse players: Melissa Menchella and Jamie Miller. Without the love, encouragement and truth given by them, I would have quit a few years ago and missed out on so many amazing opportunities. We challenge each other to become more like Christ every day, and I am forever thankful for their friendship.

Q: What is the greatest moment in your sports career so far?

A: My greatest moment in my sports career so far is probably throwing my personal record in the weight throw (18.68 meters, 61.27 feet) at the Mizzou meet, which then qualified me for indoor nationals.

Q: What are your meet day routines/superstitions?

A: Before meets I spend some time with the Lord in prayer and in the word and then write a verse from what I read on my arm so that I can see it while I'm throwing. I like to remind myself that I am competing for God's glory and not my own, so that no matter the results, I know I gave it my all.

Q: In 10 years, what do you see yourself doing?

A: In 10 years I'd like to be able to look back at my life and say that I have loved sacrificially, served wholeheartedly and obeyed when I was called.

Q: Who is your favorite athlete?

A: Serena Williams

Q: If you could travel anywhere, where would it be?

A: Ireland

Information from Kearstin Cantrell

Large Specialty Pizza
Your choice of all meat, all veggie, or deluxe
\$17.95

Have you tried one of our sandwiches?

Participating locations only • Cannot be used with any other coupon. Please mention coupon when ordering • Only one coupon per purchase. Plus sales tax • Delivery extra • Expires 03/05/16

Imo's Great Tastes of St. Louis
Includes large two-topping pizza, toasted ravioli, a regular order of Provel Bites, Cinimios dessert
\$22.95

Participating locations only • Cannot be used with any other coupon. Please mention coupon when ordering • Only one coupon per purchase. Plus sales tax • Delivery extra • Expires 03/05/16

Large One-Topping Pizza
\$11.95

Don't forget to add a house salad

Participating locations only • Cannot be used with any other coupon. Please mention coupon when ordering • Only one coupon per purchase. Plus sales tax • Delivery extra • Expires 03/05/16

2 Medium 2 Topping Pizzas
\$19.95

Have you tried one of our pastas?

Participating locations only • Cannot be used with any other coupon. Please mention coupon when ordering • Only one coupon per purchase. Plus sales tax • Delivery extra • Expires 03/05/16

Come in to eat and watch all your favorite games on our 50-inch TV!

Order online at www.imospizza.com

A&E

Fashion as part of self-identity

What people wear gives them chance for empowerment, self-expression

Kyle Rainey

Reporter

Expression and a sense of identity are woven into the way some Lindenwood students choose to dress on campus.

Fashion empowers people with the ability to express their individuality, fashion professor Chajana Trawick said.

From the misunderstood power of the black berets, turtle necks and leather jackets of the Black Panther movement to the draped fabrics worn in the ancient world, fashion has been a driving force in society since people started wearing clothes, Trawick said.

Aqua shorts, a bright pink top and a royal blue jacket helped keep sophomore Adam Brewster's mood up during a critique session in a fashion class two weeks ago. The 6-foot 3-inch fashion design major said what he wears affects how he feels, and he wears things because of how he feels. For instance, when he's feeling intense, he wears dark colors and form-fitted clothing.

"Most of my fashion is rebellion-inspired," Brewster said. "When someone tells me not to do something, I do it. When someone says crop-tops are for girls, I wear crop-tops. When someone says those shorts are too short, I wear short shorts."

Brewster is also on Lindenwood's volleyball team. He said his teammates are among the many people who have asked him to explain the way he dresses.

"A lot of people look



Photo by Kelby Lorenz

For Adam Brewster, his fashion is "rebellion-inspired." If someone tells him not to do something, he does it. This includes if someone says his shorts are too short, he wears short shorts.

at fashion like you wear what you wear to fit into a category," Brewster said. "We have all these pre-determined categories, so if you wear 'this' you fit into 'that' category. I think that's where most people's questions come from:

They want to figure out what category I fit into."

He said most people think of fashion as just clothes to wear, but he disagrees.

"I think it really expresses what's happened in the past in your life, what



Photo by Kelby Lorenz

"I like black pants," Rebecka Molin said. "My favorite color is black. I feel that black goes with everything, so it's easy to match. I like to have some brighter color to match with it, so today I'm wearing white and nude."

you aspire to be and what you are right now," Brewster said.

Senior Rebecka Molin's style is simple. She prefers black slacks and calm, earthly colors because they reflect her organized, detail-oriented personali-

ty.

"I want to be seen as a professional person," she said.

Trawick said black is worn a lot in fashion because it is clean, classy and professional.

Black is Molin's favorite.

It is included in most of what she wears now, partly because it matches everything. She said she likes to add highlights, like white, to her outfits. She likes to look classy.

"It makes me feel good about myself, and that's something I want to do," Molin said. "It fits me."

Brewster said he pulls a lot of his style from the people who inspire him, like fashion icon David Beckham. He also finds athletes like Serena Williams empowering.

"Showing off your legs is a more feminine characteristic, especially in America," Brewster said. "I pull that from the female athletes that I admire."

Trawick said gender-neutral clothing lines are currently gaining popularity among designers. Fashion is a way for people to express the things they are passionate about or concerned within a society, she said.

Originally from Sweden, Molin said students wearing active wear to class and dressing casually in public is different compared to how Europeans dress, but being in the U.S. has impacted her style. She said she recently bought her first pair of sneakers.

Trawick said for her fashion designing is about standing out and valuing diversity among others.

"I always say when you look good, you feel good; when you feel good, you treat others good; and when you treat others good, others treat you good, and the world is a better place," she said.

Drag show returns for fifth show, takes on the Lindenwood Theater

Lindsey Fiala

Reporter

The fifth semiannual Gay/Straight Alliance drag show has made it to the main stage for the first time in the J. Scheidegger Center.

Performer Ethan Miller, the founder of the drag show at Lindenwood, said he did not expect the event to become this big.

"I never imagined we would have [a drag show] at all," Miller said. "And here we are, two years later, on our fifth one."

The event recently celebrated its two-year anniversary on March 26.

The drag show has slowly become one of the Gay/Straight Alliance's biggest events it puts on, the event's organizer, Kelsey Smith, said.

"It is an event that all of us can be a part of and be able to get out and have fun," Smith said. "It is also a way for us to give back to the community, because all of our tips that we get from the show go to Pride St. Charles."

School of Humanities associate professor Heather Brown-Hudson will be hosting the show for her third time.

"It is a lighthearted event that has a lot of planning that goes into it," Brown-Hudson said. "I am there to support and to entertain."

For every show, Brown-Hudson donates any-



Photo by Kelby Lorenz

Ethan Miller performs as Mercury Jones at the drag show in the Emerson Black Box Theater last fall. This spring, the show will take stage at the Lindenwood Theater for the first time.

where between \$100 and \$200. She brings the money in \$1 bills to hand out to the audience so they can tip the performers in hope that all of the money will go right back to Pride St. Charles, which is an organization advocating for the LGBT community.

Smith said the theme for this semester's show, Get Reel, is movies and musicals. Movies and musicals from the past and more recent releases will make the show.

"We have a number from 'Chicago,' two from 'Hair-spray' and a couple numbers from 'Cabaret,'" Smith said.

Other numbers in the show will come from "Tan-

gled," "The Lizzie McGuire Movie" and a couple of Disney movies.

"This semester, the group numbers are going to be bigger," Smith said. "We are building props to go along with the group numbers. We are really excited about that."

Miller will be performing a few solos, one which will be pulling music from the 1988 film "Who Framed Roger Rabbit."

"I am going to be doing a number as Jessica Rabbit," Miller said. "It is fun to go out and be somebody else for a couple hours."

Cody Floyd, also known as Duchess, will also be back

to perform since the show made it to the main stage, Smith said.

"It is going to be a lot of fun seeing different ways people are taking [their performances]," Miller said. "Some of them are taking it really old school, and some people are going very Broadway."

Get Reel is a free event and will be held from 7:30 to 10 p.m. on April 5 in the Lindenwood Theater in the J. Scheidegger Center. People also can give tips that will be donated to the Pride St. Charles, and free T-shirts will be given to the first 150 attendees.

A&E FUN EVENTS

April

Food Truck Event

5-8 p.m., April 18, St. Charles Soccer Complex

Food truck vendors come to the Sports Complex in St. Charles. The public can enjoy live entertainment as they indulge in many culinary treats.

Alice's Adventures in Wonderland

Showtimes vary, April 19-23, St. Charles Community College

This contemporary adaptation of Alice's adventures is described on the college's website as "devised, collaboratively created production that won't follow too many of the usual rules we've come to expect when we go to the theatre."

15th Annual Augusta Plein Air Art Festival
April 20-30, 5577 Walnut St., Augusta, Missouri

Over 100 artists are expected to partake in this festival that gives an opportunity for artists to enhance their skills, broaden their markets and get recognition. The public is invited to come enjoy the artwork, workshops and other special events.

St. Louis Earth Day Festival

11 a.m.-5 p.m., April 22-23, Muny Grounds, Forest Park

Besides learning about sustainable products and services locally, this year's festival includes live acts, diverse cuisine, yoga classes for adults and children, a rock climbing wall and other activities for people of all ages! The event is free.

The Student Conductor's Concert

7:30-9 p.m., April 25, the Lindenwood Theater

Lindenwood music students who are studying performance and conducting get to show their talents at this concert, which is free and open to the public.



A&E

From chorus girl to leading lady

Student actress, choreographer Natalie Krivokuca takes on Disney opportunity

Lena Kirchner

Reporter

After performing in her last show at Lindenwood in February, musical theater senior Natalie Krivokuca's next stage will be Disney World.

Krivokuca will move to Orlando, Florida, to participate in the Disney College Program, an opportunity to obtain job experiences for college students and recent graduates. Krivokuca will work as a performing character, which means she will take on different roles of Disney characters, mostly princesses.

"I've always dreamed about working at Disney, and I feel so honored that I'm getting the chance to work with such a wonderful company," she said. "The fact that I'm going to be working in the happiest place on Earth makes me so happy. I'm so thankful and blessed to join the Disney family."

The 22-year-old from O'Fallon, Illinois, started out as a dancer and was interested and passionate about theater, but where she grew up, there weren't that many theater opportunities offered, she said.

After moving from Canada to the U.S. in 2009, she took part in a dance team and show choir when she was in high school, and by senior year, she realized performing is something she wants to pursue professionally.

Nick Kelly, assistant professor of theater, has been working with Krivokuca since she came to Lindenwood as a freshman and took her first acting class.

"Working with her was just magical," Kelly said. "She is wonderful and devel-

oped over the years just the way students should grow. I wish that I'd had many more students like her."

Krivokuca has performed in several supporting and ensemble roles at Lindenwood until this February, when she played her first lead role, Veronica, in "Heathers: The Musical."

She said the show is one of her favorites, and it ended up being her last at Lindenwood.

"When we got the opportunity to do it here, I was ecstatic," she said. "Being in the show was awesome, but playing Veronica was a dream come true, just like the icing on the cake."

Due to her dance background, Krivokuca also has done choreographing including being the co-choreographer for "Heathers: The Musical" and dance captain for "Oklahoma!" in the fall of 2014.

Krivokuca has also been active in the area's community theaters both as an actress and choreographer. She received a Best Choreography nomination for the Arts for Life Best Performance Awards in February for the "Hairspray" musical that she worked on with the Hawthorne Players.

Krivokuca had her first major role in college in her junior year when she played Brooke in "Legally Blonde: The Musical" under Nikki Snelson's direction, who originated the role on Broadway and guest-directed the musical at Lindenwood.

"I played her part in the show, which was very difficult and a lot of pressure," Krivokuca said. "She was such a great role model and mentor to me and always

able to help me since she played it."

Krivokuca said playing Brooke was one of the most challenging roles she ever had since it required a lot of hard work, but it also showed her how determined she was to keep going.

She said the hardest part in being an actress is that one never really has a set job. One gets told no more than yes. It takes a lot of determination and thick skin, and many times Krivokuca doubted herself and was not sure if she could do it.

"Last year was especially a hard year for me, because I was going to so many auditions and was told no and getting really down on myself," she said. "Once you stop really trying, something will come. Now I got this opportunity at Disney and can finally take off and go."

Krivokuca's close friend since her freshman year, D.J. Grisby, said that Krivokuca has realized her strengths and weaknesses while discovering her capabilities in the acting business throughout her four years at Lindenwood.

"She has transferred from being the chorus girl to being the lead lady," Grisby said.

Krivokuca's ultimate goal is to work as a performer on a cruise ship. After completing the program at Disney in January 2018, she will audition for such opportunities.

The reason she loves acting is simple — performing is fun, and it makes her happy.

"I love how it makes me feel," she said. "I love that I get to play different characters and truly immerse myself into the play and the character."



Photo by Eric Woolsey

Natalie Krivokuca performed as Brooke in "Legally Blonde: The Musical" in October 2015 in the J. Scheidegger Center. This photo was taken at the end of the song "Whipped Into Shape," which most people know as the jump-rope routine, Krivokuca said.

NEW!

MOVE-IN READY APARTMENTS

THE DENS ON THIRD



LIVE OFF CAMPUS

Just two blocks from all of the fun on St. Charles Main Street

3 BEDROOMS
Each with its own Bathroom

LIVING AREA
Includes 42" Flat Screen TV

FOR A TOUR CONTACT MIKE

636.368.1737 • 636.949.9898

HanneganConstruction@hotmail.com

125 N. 3rd Street • St. Charles, MO 63301 • TheDensOnThird.com



KITCHEN

Granite Countertops
Stainless Steel Appliances