

LINDENWOOD LEGACY

An award-winning newspaper

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Photo courtesy of the City of St. Charles Public Works
A satellite image of the proposed \$7 million road improvement project on West Clay Street, which is planned to begin in the spring of 2018. The project will cause delays at the J. Scheidegger entrance.

Roadwork to affect south entrance

Phil Brahm
Lindenlink Editor

A road construction project will temporarily limit access to Lindenwood's campus near the J. Scheidegger Center for the Arts, according to St. Charles officials.

Plans for the reconstruction of West Clay Street from South Duchesne Road through the campus entrance were unveiled at a public meeting on Nov. 2. Pavement replacement, lane realignment, water main upgrades and several other improvements are all part of the project. Construction is scheduled to begin in the fall of 2017.

The work on West Clay is part of the city's ongoing plans to improve several heavily traveled areas throughout St. Charles. A similar project on Droste Road located along a section of campus housing is currently underway, with lane closures expected to begin in March 2017.

City Project Manager Nick Galla says the project on West Clay

will be beneficial to local residents and visitors as well.

"It's a very exciting project in a high-profile area that is much needed," Galla said. "Most people along this road recognize it is in poor shape and are supportive of the project."

The section of West Clay outside the campus's entrance is part of the pavement being replaced. While the entryway will not be changed, staff at the J. Scheidegger Center expect the roadwork to cause some temporary delays for its patrons.

"Our plan is to get out in front of [the project] and inform our patrons when the entrance becomes affected by the construction," said Peter Colombatto, director of marketing & communications for Lindenwood's School of Arts, Media and Communications. "We will urge them to take extra time to get to their show. If the roadwork is causing delays on the night of a show, we may even push the start time back 10 or 15 minutes."

"Any construction is never pleasant, especially when it's right outside your building. While it may cause some temporary discomfort, the end result is better for not only our customers, but

faculty and students as well."

A university-owned duplex at 1508 Chargene St. also will be razed by the city as part of the project. The open lot will be used to create a new entrance to a neighborhood, which includes six houses, along West Clay. The new access is designed to create safer conditions for drivers turning in and out of the subdivision.

Construction on the project is scheduled to begin in the spring of 2018, but city officials said they have already met with the university to discuss the project.

"We really wanted to communicate with Lindenwood so basically they wouldn't rent that out again when we are planning to purchase it mid-year," Galla said. "We just don't want to displace any students that live there."

Galla added that discussions about purchasing the Lindenwood-owned properties will not take place for at least another year.

The estimated cost for the entire project is more than \$7 million, according to the city. The project will be funded by federal, state and county funds.

Election night fun!

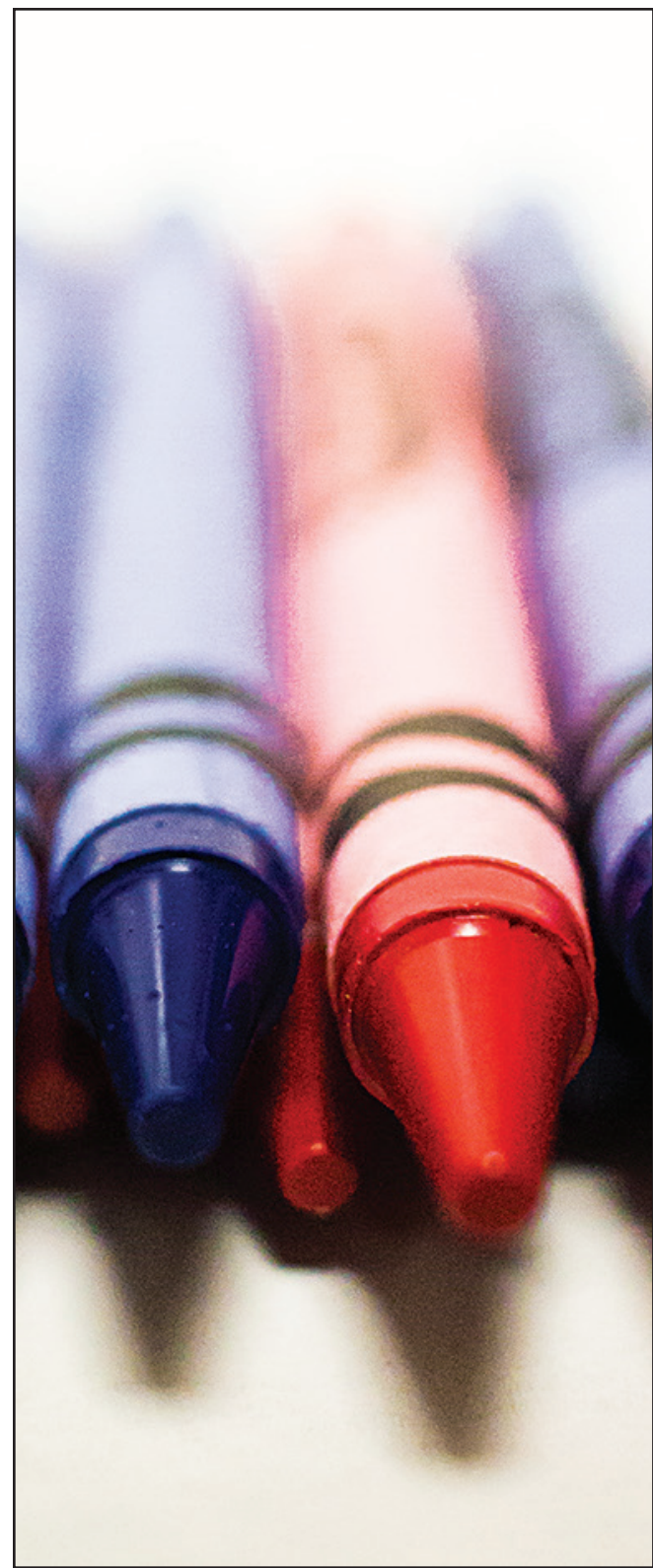


Photo by Kelby Lorenz
Follow along with tonight's election coverage by coloring in the states featured on a map in our special election section on Page A4. If you need red and blue crayons, stop by the journalism lab, Spellmann 3095, today from 10 a.m. to 4 p.m.

December 2016 graduation to be biggest in LU's history

Phil Scherer
Reporter

Lindenwood's December graduation class is expected to be the largest in history, exceeding last year's total of 883 students, according to university President Michael Shonrock.

The number of December graduates has remained steady in each of the past three years, with exactly 881 students graduating in December in both the 2014 and 2013 school years.

"Ultimately, it's all about student success," Shonrock said. "The best dashboard in our lives is seeing [students] walk across the stage. It's

a sign that we are bringing in really good students."

Vice President for Student Development Ryan Guffey said that as students graduate, it is exciting for the individuals, as well as the university as a whole.

"It makes us feel really good to not only see the student graduate, but to also know that they are going to be able to have an impact on the local and surrounding communities," Guffey said.

Currently, 752 students are signed up to participate in the graduation ceremony, which will take place at 10 a.m. Dec. 10 at the Family Arena in

St. Charles.

However, Barry Finnegan, the dean of Academic Services, said that this number includes people who may have graduated earlier in the semester as part of accelerated degree programs.

He also said that not all students who graduate take part in the ceremony.

For those that do participate in the ceremony, Shonrock said it is important to remember graduation is about more than just the individual.

"It's a time for them to celebrate their success with their family and friends," he said.

The Longest-Serving Faculty & Staff Series Part 3 of 3 Joyce Norman

Kyle Rainey
Reporter

Director of Facilities Joyce Norman usually starts her day with a cup of coffee in her office at 6 a.m. and leaves long after most Lindenwood University faculty have gone home.

Norman and her staff provide the university with clean buildings, un-clogged bathtubs and other maintenance that keeps Lindenwood running smoothly.

"Every day is something different," she said.

From students dropping earrings down their sinks to one student who flushed an apple down a toilet twice, just to see what would happen, Norman said she has seen it all.

One of her worst calls was when a dead duck was left over summer in a campus house's freezer that had been

unplugged.

"She's got a thankless job," ceramics teacher and technician Joe Weber said. "If she disappeared, we'd have a heck of a hard time."

Norman started working at Lindenwood in 1982 and has worked through the administrations of five university presidents. During that time, buildings have shot up across campus, and the university has acquired off-campus housing that she is responsible for.

Beth Walter, who has worked with Norman 25 years, said Norman goes with the flow, and that she's learned a lot from her.

"When the new dorms were being built, she was over there helping us wax floors and clean up after construction," Walter said. "She works hard and long hours."

Carrie Green, who has worked for Norman for 20



Photo by Nao Enomoto
Joyce Norman works in her office in the old Spirit Shoppe building.

years, said Norman "lives for Lindenwood."

She said several years ago, a short circuit in a student's fan caused Nicolls Hall to catch fire. Norman and her workers were called in after 10 p.m. to clean up water from the sprinklers and didn't finish until 5

or 6 in the morning.

Norman said her workload has increased considerably as Lindenwood has grown, but she feels like her time at the university has gone by fast.

"I love what I'm doing," Norman said. "Lindenwood is

See Norman | A2

NEWS



Rendering courtesy of Diane Moore

The rendering of the finished library shows the exterior of the building, which will be made of red brick and stone and the main windows, which have tree-like shapes on them.

New library to be multi-use building

Essi A. Virtanen
News Editor

The new library is slated to open in the fall of 2017 and will be a facility filled with opportunities for students, including a 85-seat theater, officials said.

"The wonderful thing about this building is that it is going to be a multi-use building," Diane Moore, the assistant vice president of facilities management, said. "I think what we're going to find as we start using it, and what I find with every building that I've worked with, is the original use of it always morphs as we get into it and we start using it and we feel the different opportunities that exist."

Dean of Library Services Elizabeth MacDonald said the building is for the whole stu-

dent body, and they want to have "a little bit of everything for everybody."

Moore said they are going for calming and soothing effects with colors of gray with some gold, yellow and darker grays to accent the design creating a facility that is going to "feel like a place that makes you feel at home."

MacDonald said the building is approximately 100,000 square feet, which is smaller than the Spellmann Center, and will have four floors divided into two sides. The "academic tower" side includes classroom space and the other side will have other service functions.

Moore and MacDonald said that although plans have been made about what the building

is going to include, anything can still be changed.

The bottom level of the building will include the archives collection, with an attached research space and a foreign-language lab. On the tower side, they will have classrooms where some spaces will be dedicated for use by adjunct professors to provide them a "landing spot" to meet with students because currently they do not have a dedicated space.

The first floor also will have classrooms, a community area and the first level of the two-level coffee shop, which will work as the 24-hour study space. The coffee provider is still not decided, MacDonald said.

In addition, library services will be accommodated in the

floor that includes general information, reference librarians and a help desk.

MacDonald said that they initially had the book stack area through all three floors, but a "compact electronic shelving" made it possible for them to have it all on the first floor.

"We try to make it as convenient as possible," MacDonald said.

She said the second floor is still mostly under discussion, but both the second and third floors will have more classrooms and training rooms.

Another community area will be on the second floor that overlooks the first floor with an open balcony. The second level of the coffee shop also will be there along with a computer lab, study group spaces, qui-

et study areas and a seminar room.

The Writing Center and the Student Academic and Support Services will be located on the third floor. Additionally, a high-tech classroom, a gaming room, a multimedia lab with audio-visual editing opportunities and the theater will be located on the floor.

"The purpose of the theater is to be able to take your production work and know what it looks like and sounds like in a theater setting," she said.

Moore said that once they get into the building, its resource opportunities are going to grow when they "feel the building" and understand how it feels for Lindenwood students.

MacDonald said for her the

building is about getting students' academic needs met and "the community aspect."

President Michael Shonrock agreed.

"It will be a beacon of educational opportunity, as well as another gathering opportunity for students," he said. "We need to have places that students can gather and just hang out, and this is one of those places."

After Christmas break, Moore hopes the building will be enclosed and ready for the interior construction.

"We're still hopeful that we will be having classrooms scheduled for use in the fall of 2017," Moore said. "There still may be some areas that we're having to do some finish work on, but we're planned to use that building next school year."

LU student works on two fashion startups

Lena Kirchner
Reporter

A Lindenwood student entrepreneur wants people to step fresh and dress originally while doing it, and his two startups can help with that.

Jarvis Neal, a senior business administration major with a minor in personal financial planning, started his first business that upcycles shoes called Steppin' Fresh in April 2015.

"With Steppin' Fresh, I want to bring shoes back to life," Neal said.

The company refurbishes shoes to make them look close to new. Neal cleans the shoes and does minor repairs by hand.

Neal said he focuses mostly on sneakers and returns the shoes to the customer within a week. On some rare occasions, the customer does not want the shoes back or to pay for the service, so Neal sells the shoes to someone new.

The 22-year-old St. Louis native is the founder of the business and so far works alone. He does everything in his apartment on campus or from home for now, a couple hours a week.

Neal did get help from two of his cousins though, who are "hugely into sneakers," and gave him feedback on what services to offer, pricing and how to reach potential customers.

"I gave [Jarvis] some input and some ideas I had, and he was always a step ahead of me," said Perez Steward, one of the cousins. "He has a creative mind, and I don't think anything will stop him to make his



Photo by Lindsey Fiala
LU student Jarvis Neal wears the cap and shirt of his clothing startup, Hierarchy 1.0.

dream of an own brand come true."

By the end of last year, he said he generated a customer base of around 50 people.

The second startup Neal is currently working on is a clothing line called Hierarchy 1.0. He founded it with his business partner, Breanna Phillips, who is a student at the University of Missouri-St. Louis, in July 2015.

The two also started cooperating with two designers.

Neal and Phillips draft designs of the trendy, casual clothes, and the two designers then finalize the designs.

Neal said that he currently focuses more on the clothing line, putting in up to 10 hours of work each week. As a result, the clothing line has grown bigger than Steppin' Fresh and has generated over 75 customers.

"Hierarchy 1.0 is all about dopeness and simplicity," said Neal. "We are 100 percent original and do not follow any trends."

However, Neal has had to face struggles, especially when getting started with Steppin' Fresh.

"The biggest struggle was marketing it the right way," he said. "I really want to market the service in a sophisticated way and approach the right people."

Neal said Patrick Walker, associate professor for non-profit administration at Lindenwood, provided him good advice throughout the early stages of his startups.

"Jarvis' business and concept is practical and innovative," Walker said. "I'm proud to be his mentor and client."

Neal's goals regarding Steppin' Fresh are to finish the branding process and reintroduce the business in an updated fashion at the beginning of 2017. He also wants to attain a facility in the future as a part of his expansion plans for the business.

"I am definitely excited for the upcoming months; there is so much we are working on," Neal said.

Norman | Continued from A1

my second family?"

Norman said sometimes students are afraid to reach out to her when something breaks, because they think that they have to pay for repairs. But students are charged only for purposeful damage, she said.

She said over the years she has gotten close with several

students and considers them to be like the children she never had.

"I'm still in contact with my very first work-and-learn student, who is married with three children now," Norman said, adding that she enjoys catching up when she visits campus.

Sometimes parents call Nor-

man's office to check on their kids' well-being, and then their kids will call and ask if their parents called, she said.

"We as a department are responsible for their safety first and making sure their issues are resolved," she said. "Our folks would do anything for you. All you have to do is ask."

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Susan Weich
Neil Ralston

Spellmann Center 3095 / 3100
209 S. Kingshighway
St. Charles, Mo. 63301
Telephone: 636-949-4336
Email: lulegacy@lindenwood.edu

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**Thank you for
your continued
support of
our news
publications!**

If you choose not to vote now, do not voice complaints later

Tyler Tousley

Opinions Editor

Today is the day that the United States votes in what many are referring to as the most important election of all time.

I am here to make sure that our readers know just how important this election is.

Both of the major party candidates are very divisive in their support bases. According to ABC News, Donald Trump and Hillary Clinton are the least popular presidential candidates in the past 30 years.

The third-party candidates are gaining more momentum than in previous elections, but so far not enough to pull a win. The latest polls shows none of them with more than 4 percent of the vote.

Regardless of who wins, I think that this election will be a turning point in American history. That turn could be good or bad depending on which side you're on, but one thing is for sure: If you do not vote, you'd better keep your mouth shut about the person who wins.

We have a right to vote.

MISSOURI VOTING STATISTICS

As of Nov. 6, Missouri's polls show:

PRESIDENTIAL RACE:

Trump: 52%
Clinton: 38%
Johnson: 4%
Undecided: 4%
Stein: 2%

GOVERNOR'S RACE:

Greitens: 46% Undecided: 5% Other: 1%
Koster: 46% Dinc: 2%



Design by Kelby Lorenz

Of course, just as your right to bear arms, you are not required to exercise that right.

So if you truly feel completely hopeless about every single candidate, then go ahead and squander your right to vote. But if you don't express your opinion on the ballot, I do not want to hear you express your opinion af-

ter the fact. If you hate Clinton or Trump with a fiery passion, but do not vote for another candidate, you have done nothing to prevent the problem.

This election is too important to have any regrets about having not voted.

Even if the candidate you vote for loses, you have still done everything in your

power to help them, so bitterness toward the winner is a bit more understandable.

I have no tolerance for complaints about things that you could have attempted to prevent, but did not.

The people who make these complaints are like that one guy in your class who skips half the time, doesn't study or take notes, ignores

every reminder the professor gives about the final exam and then blames the professor when he does poorly. Don't be that guy.

In case I hadn't made it clear enough: This election is way too important to ignore! Make sure you vote this election season. If you don't, I can almost guarantee that you will regret it.

Arrive alive: Don't drive distracted

Phil Brahm

Lindenlink Editor

Everyone knows they shouldn't do it. The bumper stickers, billboards and radio commercials constantly

remind us it's dangerous. But we still continue to use our cell phones while we drive

Traffic-related deaths rose nearly 8 percent nationwide in 2015, accord-

ing to a report released by the National Safety Council earlier this year. With more than 38,000 fatalities, the number is the largest recorded total since the 1970s.

Looking at the numbers

through the first half of 2016, the figures only continue to grow. During those six months, the safety council documented a 9 percent increase in road-related deaths compared to the same timeframe in 2015.

While a variety of factors could be behind the increase, the council has identified distracted driving as a leading suspect.

Missouri is one of six states that does not ban all drivers from texting behind the wheel. It also is among several states that does not require the use of hands-free devices when making calls.

A total of 862 drivers died in the state of Missouri last year, according to the Missouri Department of Transportation. That's 41 percent higher than the traffic fatality rate in Maryland, which shares a similar population size. Unlike Missouri, Maryland laws prohibit all drivers from

texting and requires calls to be made using hands-free devices.

While these laws do their parts to help reduce the death toll, they are not a surefire solution to what is quickly growing into an epidemic.

The time has come to take matters into our own hands by keeping them on the wheel and away from our phones.

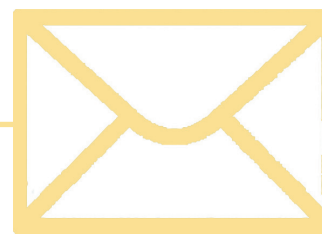
The key to cutting back on these rates is simply a matter of applying self-control. It may only take a second to send a text, like a status or favorite a photo, but that second can make a difference.

That second can be the difference between coming to a stop and hitting the car in front of you. It can be the difference between avoiding an obstacle in the road or ending up in a ditch. It can be the difference of whether you arrive at your destination alive.



Photo Illustration by Kelby Lorenz

Distracted driving, specifically phone use, can cause a dangerous, even fatal, accident.



Letter to the Editor: Lindenwood has great Greek Life

Since 1992, Greek Life has been an integral part of our community at Lindenwood, and I look forward to sharing some information about it with you.

Currently, six fraternities and sororities have chapters on campus. The three men's organizations are Delta Tau Delta, Phi Delta Theta and Phi Lambda Phi. The three women's organizations are Delta Zeta, Phi Sigma Sigma and Sigma Sigma Sigma. Each organization belongs to two of three councils: the Interfraternity Council for the men, the Campus Panhellenic Council for the women and the Lindenwood Greek Council for all. These councils plan and coordinate

Greek events on campus from recruitment efforts to community service and philanthropic events.

However, these are not the only organizations on our campus. We have several students who are affiliated with National Panhellenic Conference fraternities and sororities. These organizations are historically African-American. Many of these organizations were founded during a time when students felt a need for organizations that better served their needs. Over 100 years later, these organizations are a thriving part of our campus community.

There are still other types of organizations not on our

campus. These organizations are historically — but not strictly — Latino/Latina, Asian/Pacific Islander and Native American. Many of these, along with NPHC, while participating in similar community service and charitable giving opportunities, also have a social justice focus. All of the above fraternities and sororities are considered "social" in nature.

There is an entire separate community for academically focused: Greek letter organizations and honor societies, such as Delta Sigma Pi or Delta Mu Delta. These organizations are advised differently from the organizations I am writing about here.

There are several miscon-

ceptions about Greek Life I would like to clarify. One misconception is that you can only be in one fraternity or sorority. This is true for social Greek letter organizations, but a student could join an academic GLO and a social GLO at the same.

The second misconception is that our Greek organizations "don't do anything." Well, during the 2015-2016 school year, our organizations raised more than \$21,000 for charity and completed more than 6,000 hours of community service.

However, the biggest misconception I hear is that because we don't "party like big schools," we are not "real." Being part of a GLO is not

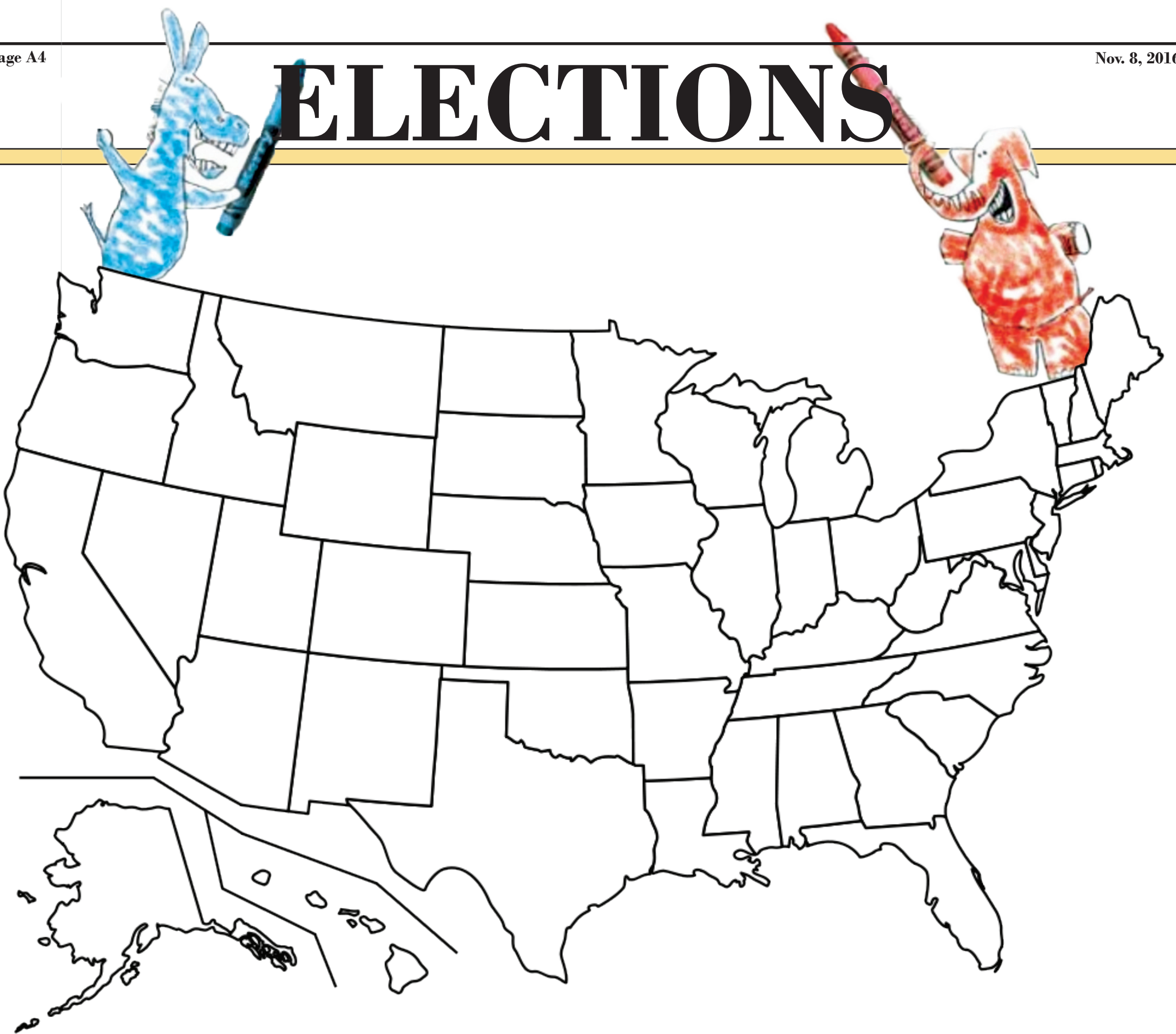
about parties or drunken nights, but rather it is about being part of something bigger than yourself, giving back to your community and having a group of individuals who are always there for you.

If you have more specific questions about Greek Life, please reach out to me at cmiofsky@lindenwood.edu or stop by the Student Involvement Office in Evans Commons. Fair warning, I love talking about Greek Life, so you may get an earful!

-Christopher Miofsky

Assistant Director of
Greek Life
Lindenwood University

ELECTIONS



As each state's vote is announced, color it in with either a red or blue crayon! If you don't have any crayons, the Legacy/Lindenlink office on the third floor of the Spellmann Center has a limited amount of crayons for you! Swing on by and ask for them!

Two ideas to make your political watch party more fun

Political Party Feud

What you Need:

- Poll results for political questions (the newspaper, magazines and online resources are a good place to look)
- Pad of paper and pen to keep score

To Play:

- Divide guests into teams, Republicans and Democrats. Flip a coin to see who goes first.
- Read the poll question, the team in control must try to guess the spread of the results (What percentage said yes, what percentage said no, how many undecided).
- If they are off by less than 15 percent altogether, they get the 10 points for the question and get a chance to answer the next question.
- If they are 15 percent or more off the actual poll results, they lose 10 points the other team gets a chance to answer.
- If the opposing team answers correctly, they get the 10 points for the question and get first crack at the next question. The opposing team is not penalized if they get the question wrong.
- Teams can pass the question onto the other team, but if you have had a question passed to you, you must try to answer it.
- First team to 100 points wins.

Pin the Tail/Trunk on the Donkey/Elephant

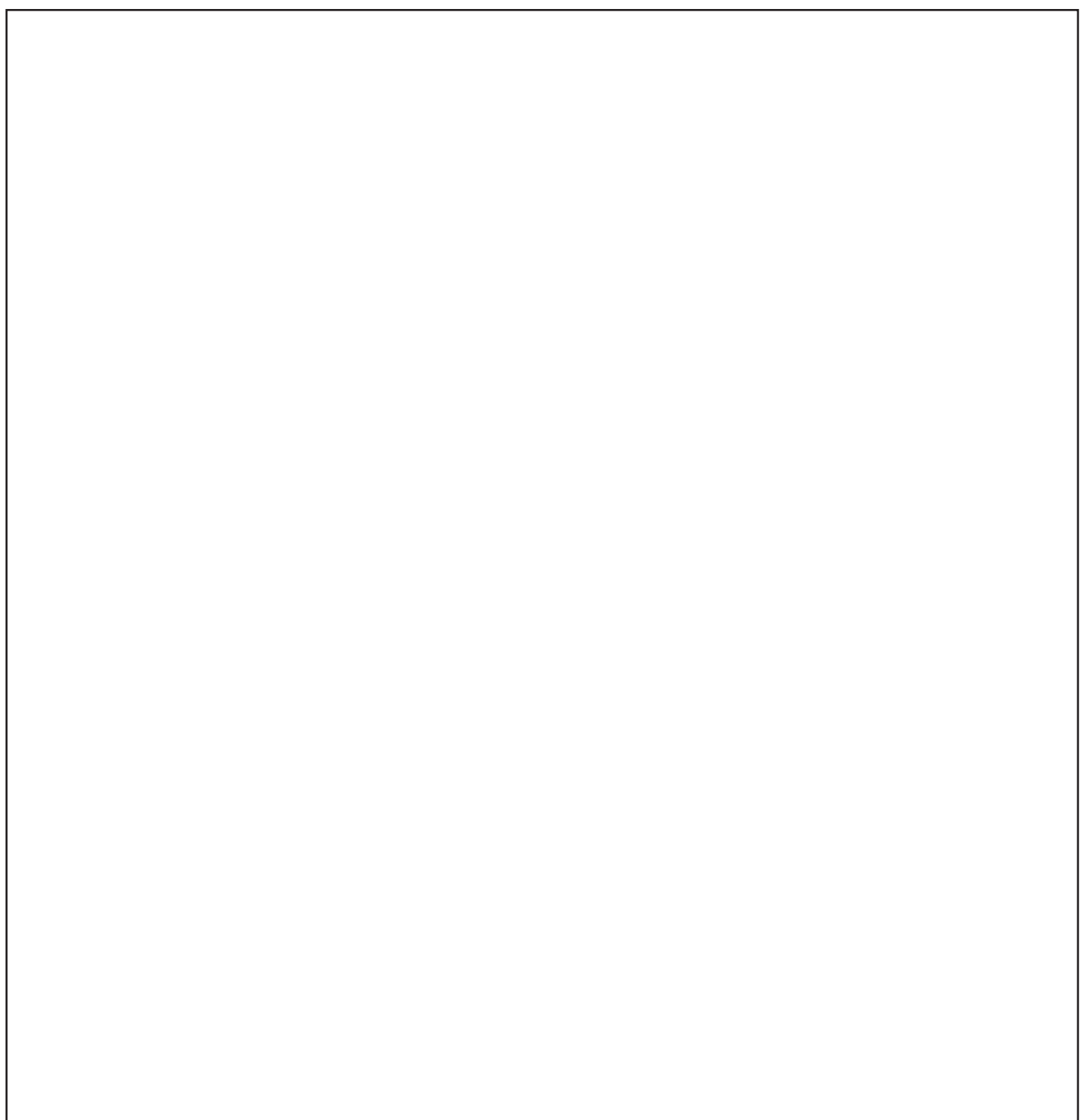
What you need:

- Graphics of the elephant, donkey, and their trunk and tail
- Tape

To Play:

- Print graphics of an elephant, a donkey and their trunk and tail.
- Hang the donkey or elephant on a wall or on an easel, and cut out tails, placing a small piece of tape on the end.
- Blindfold one player and spin the player in circles for a few seconds until he/she gets a little dizzy and loses his/her sense of direction.
- Have the blindfolded player try tape the tail/trunk on the picture. When he/she is done placing it, remove the blindfold.
- Allow each of the other players to take a turn. Leave all pieces wherever they had been placed, until everyone is done.
- The winner is the player who placed his/her tail closest to the white spot.

Make a political campaign poster for your favorite candidate here!



Get involved in the election conversation. Share how you spent your election day using #LUVotes2016.

SPORTS



Photo by Kelly Logan
Lance Clark looks for a pass during the Missouri Valley Conference Championships against McKendree University on Oct. 15-16.

For water polo players, age is merely a number

Matt Pearlman
Reporter

Age hasn't stopped Jarod Lawson and Lance Clark from finding success on the Lindenwood men's water polo team.

Lawson, 35, has been playing since middle school. Clark, 47, has played longer than most of his teammates have been alive.

Neither are fazed by competing with and against players significantly younger than they are.

"It doesn't bother me," Lawson said. "I get called 'old man' sometimes, but I'm still able to compete with them."

Lawson said he has a busy schedule that can start as early as 4 a.m. In addition to playing on the water polo team, he attends classes and works full-time for Boeing.

To be able to fulfill his commitments, he said that time management is key.

"In the past, I never wrote anything down," he said. "I have to keep a pretty good calendar up to date to remind myself. If I didn't, I would forget a lot of my obligations."

Lawson enjoys many different parts about the game, but perhaps his favorite aspect is that the game makes him work for the win.

"It's constantly challenging me," Lawson said. "No matter what, there is always something to learn."

Clark has been playing water polo for 32 years, and "it is just kind of what I do," he said.

"Age has never really been an issue until I came here and people started doing stories about me."

In addition to playing for Lindenwood's team, Clark

plays for the Clayton Water Polo Club, where he said many great players are near his age or older.

"One good friend of mine, Alan Stiffelman, is 67 and still playing," Clark said. "We have been whooping up on high school and college teams for a long time."

He said the players at Lindenwood have welcomed him.

"They make me feel like a teammate rather than a novelty," he said. "Many of them knew me and played with me prior to me joining the team at Lindenwood, so they knew that I could play."

Clark said his competitive nature is what makes his connection to the sport so strong.

"I love to win and hate to lose," he said. "It isn't fun for me to just play; the rush comes from winning."


Clark, like Lawson, juggles

several different tasks. His day typically begins at 5 a.m. and can end as late as midnight, he said. Sometimes his schedule gets so hectic that he can't always make afternoon practices because of his work at Nestlé Health Science, where he is a specialty sales consultant.

"Balancing all of it is tricky," he said. "I'm still figuring that out and trying to have a bit of a social life."

Men's water polo coach David Miller said that he is happy to have both Lawson and Clark on his team.

"Jarod is one of our fastest swimmers, and he is improving his skills and tactical knowledge," Miller said. "Lance is an experienced goalie with great skills, who is not as quick as he once was, but I think he makes up for that with his experience and work ethic."



LINDENWOOD
Student Athlete Spotlight

Darrel Barnes

Sport: Olympic Weightlifting
Age: 22
Birthplace: St. Louis, Missouri
Year in school: Sophomore
Major: Graphic Design

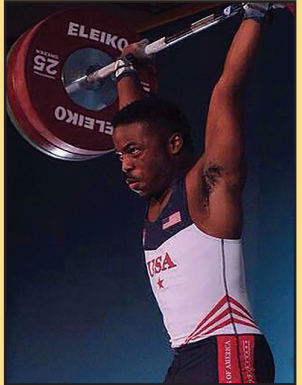


Photo courtesy of Darrel Barnes

Q: What are your game-day routines or superstitions?
A: Pray, listen to music and go someplace where I can sit alone to focus.

Q: What were the greatest moments of your sports career so far?
A: Standing on the podium to receive medals.

Q: What do you see yourself doing 10 years from now?
A: I'd like to own my own apparel company, be a weightlifting coach and simply be teaching my wisdom to the next generation.

Q: What is your sports fantasy?
A: I want to make the USA Olympic team.

Q: Who have been the most influential people in your sports career?
A: I am not influenced by a person in particular, but I am most inspired by those who can return to the sport from a serious injury.

Q: Who is your favorite athlete?
A: My favorite athlete to watch is Mohamed Ihab, an Egyptian weightlifter.

Q: What are three words that would best describe you?
A: Determined, self-motivated and happy.

Information from Phil Scherer

Take a Spike!



Photo by Kelby Lorenz
Allyson Clancy (12) sets up Sarah Makowski (19) during their senior night game against Emporia State University.

NCAA rep views job as 'hyphen between student and athlete'

Phil Scherer
Reporter

At Lindenwood University, the man tasked with making sure NCAA athletes keep academics a priority is David Arns, the university's NCAA faculty athletics representative.

"I like to describe my position as the hyphen between student and athlete," Arns said.

The first guidelines for people like Arns were distributed in 1987, and the person in that position at each institution is responsible for serving as a point of contact between a university and the NCAA.

Arns is also a liaison between academic faculty and athletic staff members, as well as ensuring eligibility requirements are met by all students and approving all team travel schedules.

In addition, he aids in the recruiting process for many sports, routinely meeting with potential recruits to discuss life at Lindenwood off the court or the field.

"This is a place where a stu-



David Arns
Photo from lindenwood.edu

dent can experience sports at a truly high level, but they can also experience the academic side at a truly high level," Arns said.

He said that his most frequent job responsibility deals with acting as a go-between for professors and teams, especially when a professor expresses concern over the amount of class time an NCAA athlete may be missing during the athletic season.

"I deal with one or two of those cases every week," Arns said.

In that role, he receives written statements from both

"This is a place where a student can experience sports at a truly high level, but they can also experience the academic side at a truly high level."
-David Arns,
NCAA Faculty Athletics Representative

the professors and the coaches and attempts to resolve every case in a way that best benefits the student. He said that they can get quite creative in helping students make up tests or labs, while allowing them to still succeed in their sports.

Another one of his responsibilities is to approve each team's travel schedule, ensuring that students are missing as little time in class as possible.

He said that he generally counts up the number of days a student will miss on each schedule.

"When my count gets up to about six and a half days, I start to get a little nervous," Arns said.

He also works to ensure

that coaches never forget a student's responsibilities in the classroom.

"I keep reminding everybody in athletics, 'Hey, make sure in the game programs you put what their major is, because that's why they're here,'" Arns said.

He said he always has believed that a balance is possible in a university setting that allows a school to maintain high standards in both the area of athletics and academics. It is his job to ensure that balance is met to the best of his ability.

"We want to win," Arns said. "We are just as competitive as anybody, but we aren't going to win at the expense of the academic side of things."

Weekly Sports Recap

Nov. 4-6

<p>Field Hockey 3-0 win vs. Mercy College 1-0 win vs. Limestone College</p>	<p>Women's Volleyball 3-0 loss vs. Washburn College 3-0 loss vs. Emporia State University</p>	<p>Men's Soccer 2-0 loss vs. Fort Hays State University</p>	<p>Football 42-28 win vs. Missouri Southern State University</p>
<p>Women's Soccer 3-0 loss at University of Central Missouri</p>	<p>Women's Ice Hockey 4-0 loss at Ohio State University 3-0 loss at Ohio State University</p>	<p>Roller Hockey 11-0 win vs. University of Missouri 4-3 loss vs. Bethel University</p>	<p>Men's Ice Hockey 1-0 loss at University of Central Oklahoma</p>

SPORTS

New coach stays calm on rugby pitch

Jon Holden
Reporter

As he stood across the field, Josh Macy watched each phase of the live scrimmage unfold like moves in a game of chess.

Lindenwood's new men's rugby coach was quiet except when he needed to offer positive feedback. Later, he sat and analyzed every second of the game film as well as film from past seasons. Whether these games were won or lost, he used them to create a formula for success.

Macy, who is now 33, grew up in a military family where he said he developed an eye for the meticulous. He learned there was a right and wrong way to do something, and that there was satisfaction in doing it right, he said.

Greg McWilliams, the coach of the Collegiate Rugby All-Americans, studied under Macy.

"He has a passion for the game and a very good knowledge of the game," McWilliams said. "I straightaway found myself attracted to his company."

McWilliams said Macy's success comes from how he conducts himself when he is not analyzing X's and O's, namely, keeping calm



Photo by Jon Holden
Josh Macy watches the Lindenwood men's rugby team practice at the track behind Evans Commons.

on and off the pitch.

"He is very level emotionally," he said. "He stays true to himself and tends to stay consistent through all levels of stress. I think it is a really cool thing to do."

Macy said his demeanor was tested briefly when he first came to Lindenwood. Wanting to have his best foot forward, Macy said he felt obligated to move to St. Charles immediately. He sacrificed time with his

wife Lorrie and son Levi for the betterment of the program.

"It was a very hard situation to have to just pick up my stuff and leave," Macy said. "Basically, it was my job to pick the house where

my family was going to live long term. It took a lot of trust there."

Macy inherited a talented Lindenwood squad with a reputation of being a little rough around the edges.

"I would say that Lindenwood, up until this point, has had a better team than a program," Macy said.

He said his goal is to create an environment that is the same caliber as the "first 23 guys who slid on a jersey."

Mike Elam, director of Student Life Sports, said he knew without a doubt that Macy was the most qualified head coach available.

"He had been coaching for long periods of time," Elam said. "Given the team foundation and culture, he was the right pick for Lindenwood."

Michael Baska, a senior Lindenwood rugby player, is no stranger to change. He has had five coaches in the five years of his eligibility.

"I love this guy's demeanor," Baska said. "The way he conducts himself allows for us players to experiment on the practice field without having to worry about a negative comment if a mistake is made."

Baska thinks Lindenwood will be successful in years to come.

"When you have a coach that influences creativity with his own organized game plan, results will be positive," he said.

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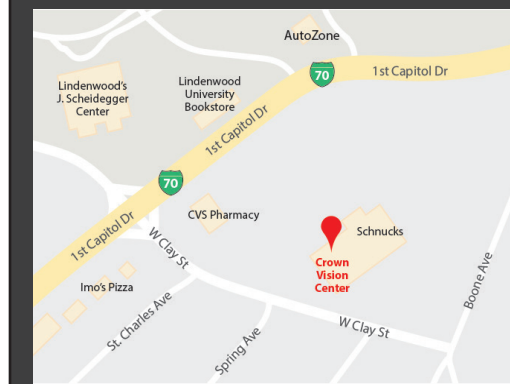
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CULTURE

New PR professor is industry-savvy

Maiken Zoëga-Nielsen
Culture Editor

Public relations and advertising majors got a new industry-savvy professor when Patrick Longo was hired as a full-time assistant professor for the fall semester.

Longo joined the Lindenwood staff for the first time when he left his previous job in the professional public relations world and became an adjunct in the spring of 2016.

He taught one class, Fundamentals of Public Relations. Now he is teaching several classes, including Advertising Campaign Management, Advertising Copywriting and the general education class, Oral Communication.

"I often think to myself, 'How did I get here, how did this happen?'" Longo said.

Becoming a professor was something Longo had thought about for some time, but decided to do on the spur of the moment, he said.

"It was December and right around the holidays, and I came home, and I told my wife, 'I just quit my job today, and I'm going to go be a professor,' and she looked at me like I was crazy," Longo said.

Kristy Tucciarone, chair of the advertising and public relations department, was instrumental in hiring Longo as a full-time professor.

"Patrick has brought to the program an enthusiasm, a

passion, a dedication, a motivation and just energy to the public relations side to the program as well as the advertising side," Tucciarone said.

Longo earned his undergraduate and graduate degrees at Lindenwood, both in marketing. He said that he always knew that he was going to do something in that field, but now teaching has become important as well.

"I loved it, but I think I found my second passion," he said.

On the home front, Longo has a busy schedule with his wife and their five children, four daughters and a son.

"They're my pride and joy," Longo said. "If I'm not here, I'm doing something with them, either sports-related, or we're doing something together like a family."

Being from a marketing field, Longo has actually branded his family through consistently using their own specific hashtag.

"We have branded ourselves as #LongosRule," Longo said. "[The kids] all have their own hashtag: No. 1, No. 2, No. 3, No. 4 and No. 5."

Apart from a busy family life, Longo also plays competitive soccer and softball, as well as coaching children's teams in both sports.

"I love coaching," Longo said. "Coaching is a passion of mine, but it's very similar to teaching."

In hiring Longo as a full-



Photo by Nao Enomoto

Patrick Longo gives a lecture to his Fundamentals of Oral Communications class in the Spellmann Center, room 3115.

time professor, Tucciarone said that his professional background was a deciding factor as well as his personality.

"His personality is contagious, first of all," Tucciarone said. "But what really was a

deciding factor to me was his wealth of industry experience because I needed a professor that actually understands how the industry works."

His background is something that his students can benefit greatly from, said Sier-

ra Teson, a senior in advertising and public relations, and a student of Longo's.

"He has a very easy way of talking to students and getting them to participate and respect him as well," she said.

Longo has plenty of re-

al-world experience to pass on to his students, but his most important advice will always be to work hard.

"Keep your head down and work hard because I promise you, hard work gets noticed," he said.

Biggest Loser contest to name winner Friday

Wesley Thomas
Reporter

Lindenwood will crown its own "Biggest Loser" at the finale set for 5 p.m. Nov. 11 in the Evans Commons 3020 Multipurpose Room.

The InterVarsity Christian Fellowship started its own version of the popular TV show on Sept. 16 and invited all who were willing to lose to join.

The competition is an eight-week challenge that takes 12 groups of four and tests their bodies to lose as much weight as possible by the finale.

One group consists of faculty and staff, while the other 11 groups are made up of students and non-students.

Unlike the show, there are no personal trainers to bark orders at the contestants.

"For our event kickoff, I got a strength-and-conditioning specialist to come and do a presentation about healthy living with some tips, but no one was assigned a trainer," said event organizer Esmeralda Johnson. "We chose to put the contestants in groups so that they could motivate each other."

A group and an individ-

ual will be chosen as the winner at the finale.

The person who is crowned the biggest loser will receive a Fitbit fitness tracker.

"My organization chose to do this competition because we wanted to promote healthy lifestyles and get the contestants comfortable with working out so they can continue losing themselves," said Johnson.

The members of the group that loses the most weight will be awarded \$25 Smoothie King gift cards.

The participants in the second-place group will receive \$5 gift cards to Smoothie King.

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CULTURE

Students work on St. Louis talk show

Kyle Rainey
Reporter

St. Louis' late-night television scene may soon feature the work of some Lindenwood University students.

Originally called "The Always Late Show," a new TV show being created this fall called "After Midnight with Ethan Steele" will be run in large part by Lindenwood students.

Lindenwood senior Christopher Null said the show has been a good opportunity to work with other people and network. The production gives students the chance to find their way in a real professional setting.

"It gives me the opportunity to create how I want to, how I want to mic people and how I want to record," Null said. "I get a say."

Two episodes of "The Always Late Show" were filmed at The Archive Music House in St. Louis before it underwent recent changes, Lindenwood senior Aaron Stolze said. He said that for a lot of students in the digital cinema arts program, filmmaking is a labor of love.

"It's more than just see-

ing your name up on the big screen," Stolze said. "It's cool to see something that genuinely makes people happy and knowing I made that happen."

Stolze is the editor and chief of post-production for the show, and worked closely with the show's creator, Scott Dunn, to formulate "After Midnight," which has the same crew as "The Always Late Show." Camera operator and senior Levi Barnes said Lindenwood students run most of the audio, camera, lights and technical components on the set. He said Dunn is hilarious and fun to work for.

Students were invited to the show by Lindenwood graduate assistant Cory Mack, Null said.

Null is the production mixer and in charge of the audio department. He said for "The Always Late Show," he mainly recorded guests and Dunn as the show host.

"If you know what you're doing, it's not that intimidating," Null said.

He also said he wasn't intimidated by working with talent because his focus was directed toward the microphones and audio during filming.

"Everybody is really



Photo courtesy of Cory Mack
Lindenwood students working alongside industry professionals to film the late-night St. Louis talk show "After Midnight."

laid-back on the show," Barnes said. "The talent and the crew jibe really well together."

Barnes said it is easy to work with Lindenwood students and that he feels comfortable behind the camera.

"Film's what I do, that's what I love," Barnes said. "I love being on the sets."

Communication is ev-

erything in the film industry, according to Barnes, so he has been using the show as an opportunity to meet people.

"It's a good opportunity to work with other people and network," Null said.

"The Always Late Show" was a late-night variety show, like "Saturday Night Live." It featured local music artists and was

hosted by Dunn.

After going over content from the original first two episodes, a decision was made this October to change the theme of the show.

"We realized we had a lot of material and that we can do a lot more with it and actually tell a story," Stolze said.

The new show will fol-

low the adventures of the character Ethan Steele as he struggles to run his own late-night talk show, Stolze said. Ethan Steele will be played by Dunn.

"To work with Scott and to have so much input on such a big project that so many people are so passionate about, it's a thrilling opportunity," he said.

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Lindenwood alumna stars in reality TV show

Andy Nicholson
Reporter

Brittney Freeman, a December 2015 graduate, is now a star on the reality TV show "Local Ambition 5.0."

The show, which airs online, is in its fifth season. It airs every Monday on always-late.com. The show reached 3 million views last season.

Freeman, who graduated with a degree in theater and a minor in education, said most of her training is in acting, but she wants to gain more practice in film.

After graduation, she began to focus on education, but the market for hiring educators in theater was small.

Around March of 2016, Freeman began focusing on building her résumé.

"The ultimate goal is to do movies, both dramatic and comedic," said Freeman. "But in order to reach that point, I have to build up my résumé. I can do that by doing commercials. They don't take up a lot of time, and I have fun doing them."

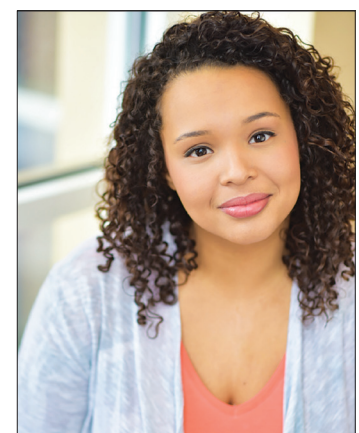
"Local Ambition" is based in St. Louis and is a modeling competition.

The models go through a series of rounds, with challenges between them. An example of these rounds may be fall city life or sci-fi. The challenges and rounds are what help the models reach the finals.

"It's really fun and gives me practice with film and modeling, which helps my résumé," said Freeman.

Freeman also has been working on writing her own book. The book is an autobiography, told in the form of a story.

"That's a huge part of my life right now," said Freeman. "I want to write these books



Brittney Freeman

Photo courtesy of Brittney Freeman

about my life and turn them into screenplays. But I don't want to be the star of them. I want to be behind the camera, directing them."

Freeman said that Kasey Laughlin, her sixth grade teacher, was in her life for the main events that inspired this book.

"As teachers, you aren't supposed to have favorites, but Brittney was one of mine," said Laughlin. "I was thrilled when I got to watch her walk across the stage for her college graduation. Brittany excels at anything that she puts her mind to and has high expectations and goals for herself. She has grown from an amazing middle school student from when I first met her to an educated, driven and hardworking woman."

Laughlin has been a part of Freeman's life ever since middle school.

"I am so proud of Brittney and the wonderful friend she is to everyone she meets," said Laughlin. "As a teacher, you don't always get to keep in touch with your former students and see them grow up into adults. Watching Brittney grow up and become this beautiful, talented and caring adult has been amazing to see as her former teacher, and I am so honored to be her

"Watching Brittney grow up and become this beautiful, talented and caring adult has been amazing to see as her former teacher, and I am so honored to be her friend."

-Kasey Laughlin, Freeman's Sixth Grade Teacher

friend."

Freeman also is an advocate for Herbalife. She claims this is what helped her land the role on "Local Ambition."

"I started using Herbalife and lost 53 pounds," she said. "I learned the trick to losing weight, so I started selling it to others."

Herbalife also became a part of her persona on the reality show.

"Everyone on the show has something special about them," said Freeman. "Every time I was asked to share during a confessional or anything, I was always asked to share Herbalife and how it changed my life."

Freeman said she sees herself working in Chicago, and Atlanta also is becoming a hub for film, especially for black actors.

Freeman's theater teacher from high school, Lara Corvera, said Freeman is more determined than anyone she knows.

"Every time I am with Brittney I am reminded how grateful I am she was a student of mine," she said. "She definitely inspires me."

