



Nov. 9, 2018

Today's Headlines

LAST DAY: Open Enrollment Going On Now!

Mark your calendars! Open Enrollment is officially scheduled to begin on **Monday, October 29** and run through **Friday, November 9**.

As a result of plan utilization in 2018, a [10% premium increase](#) is necessary to continue to provide the best possible care for our employees while ensuring the stability of the self-funded insurance plan for all. Participation in the LindenWell Health Program will result in a \$75 incentive on your 2019 monthly premium resulting in a 0% increase to medical insurance premiums for all plan types! Additional details regarding benefits changes will be presented during Open Enrollment meetings this year. A [Workday Open Enrollment guide](#) is also attached that you can refer to when completing your benefits elections for 2019.

[Read more](#)

Free Tax Tool Available

With the legislative changes to our tax laws this year, many of you might be wondering how it will affect you when you file your 2018 taxes. For the curious and/or brave, the IRS created the "Paycheck Checkup" withholding calculator, <https://www.irs.gov/individuals/irs-withholding-calculator>, which you can use to forecast your income taxes for the year.

The IRS encourages everyone to use the Withholding Calculator to perform a quick “paycheck checkup.” This is even more important this year because of recent changes to the tax law for 2018. The Calculator helps you identify your tax withholding to make sure you have the right amount of tax ...

You will need your most recent pay stubs from Workday (“Pay” worklet -> My Statements -> Payslips), and a copy of your 2017 Federal Income Tax return to complete the checkup.

The IRS recommends this for any and all employees, but particularly for the following:

- Two-income families
- People working two or more jobs, or who only work for part of the year
- People with children who claim credits or deductions, such as the Child Tax Credit
- People with older dependents, including children age 17 or older
- Anyone who itemized their deductions in 2017

The data entered is not saved, captured, or used in any way by the IRS, and will auto-delete once you are finished and exit the summary page. If your results indicate it would better serve your financial needs to adjust your personal tax withholdings, you can do so immediately in Workday (“Pay” worklet -> View/Update Elections -> Withholding Elections -> Update).

CAMS Enterprise and CAMS Portals Outage Timeframe

Sunday, Nov. 18, 2017, at 7 a.m. to Sunday, Nov. 18, 2017, at 8 p.m.

CAMS Enterprise, the student portal, the faculty and staff portal, and the application portal will be unavailable beginning November 18 at 7 a.m. to upgrade to the latest version of CAMS Enterprise. During the outage timeframe, all features of CAMS Enterprise and the portals will be inaccessible via all Internet browsers.

Access to all other IT services, including the website, network, WiFi, Canvas, Workday, and email will be unaffected by this outage. The update to the latest version of CAMS Enterprise and the portals will be completed by Sunday, November 18, at 8 p.m.

BACKPACK TO BRIEFCASE

Thursday, Nov 15

1:00 p.m.

LARC Theatre

HOSTED BY SOPHOMORE COUNCIL

Questions or Assistance?

If you have any questions or require assistance, please contact the IT Help Desk at HelpDesk@lindenwood.edu or via the helpdesk phone 636-255-5100.

Assessment Tip of the Week: "Assessment Update Journal: Sampling of Recent Articles"

You may recall that Lindenwood has a subscription to *Assessment Update*, an important journal in the field of assessment. *Assessment Update* can be accessed from the [homepage](#) of the Lindenwood Assessment Website. Check it out and you will find helpful, interesting articles such as these: [Read more](#)

World Kindness Day

LINDENWOOD UNIVERSITY

World Kindness Day

NOVEMBER 13, 2018

LIONS ARE KIND TO LIONS

LYNX ARE KIND TO LYNX

More information to follow.



Lindenwood University will celebrate World Kindness Day on Tuesday, November 13, 2018! Various departments around campus will host events that bring kindness and hope to our campus communities. As this day will be system-wide, our themes will be "Lions are Kind to Lions" and "Lynx are Kind to Lynx".

We will also have five minutes of no cell-phones in order to promote face-to-face conversation and kindness on Tuesday from 12:20-12:25 p.m. Please help share the word to share kindness on November 13 and every other day!

Backpack to Briefcase Event Nov. 15

The Backpack to Briefcase event will be held Thursday, Nov 15 at 1 p.m. in the LARC Theatre.

Hosted by SASS and Sophomore Council, *Backpack to Briefcase* is a fun, engaging and informative hour, designed to help students develop a professional mindset. Participants will join in a variety of presentations to learn introductions, communications, and dining

etiquette. The program concludes with light refreshments and a drawing for prizes. Contact Cathy Hart (x4768) for more information.

Fall Fest Nov. 18



Campus Activities Board would like to invite you and your families to their Fall Fest on Sunday, Nov. 18 from 1 to 4 p.m. on the Evans Commons Lawn.

Come enjoy hayrides, a petting zoo, candy apples, crafts, like building a scarecrow, apple picking, games, and more!

T2 – Technology and Teenagers Discussion Dec. 7

Don't miss Vice President for Information Technology TJ Rains and his presentation on Technology and Teenagers on Dec. 7, 2-3 p.m. in the LARC, Room 9.

Understanding teenagers and their use of technology can seem a bit overwhelming. From the internet and social media, to phones, apps, games, and video content, it's easy to wonder whether it's all too much. Technology has become an essential part of our lives, and many young people – often referred to as 'digital natives' – haven't known it any other way. This training session will provide a review of the technologies that are actively being used by teenagers and how parents can work with their teenagers to ensure effective and safe use.

The training will address the following key objectives:

- Understanding the technology ecosystem and what common applications are being used.
- Potential risks and effects.

- Data privacy considerations.
- Proactive strategies to help keep teenagers safe online.

Visit the Learning Academy's [Upcoming Workshops](#) page to register.

Nominations for Martin Luther King Jr. Leadership Awards Now Open

The Lindenwood University Diversity, Equity, and Inclusion Task Force announces our second annual Martin Luther King, Jr. Leadership Awards. We seek the nomination of individuals who embrace creativity, leadership, scholarship, and/or service towards an outcome intended to positively impact the Lindenwood community, with particular emphasis on such activities as they relate to the core values of diversity, equity, and inclusion at the heart of our task force's work. Nominees can be students, faculty, staff, and/or administration. The deadline for nominations is December 7, 2018. The link to the nomination form is [here](#).

Student Research Conference Submissions Now Accepted

It is that time of year again everyone: The [2019 Student Research Conference submission portal](#) is open and is accepting faculty recommendations and student submissions.

Students who are working on or who have completed original research papers or creative projects can be nominated by a faculty member to participate in the Student Research Conference. Students can either display a poster or give a presentation of their work at the conference. [Read more](#)

Lindenwood Learning Academy Updates

Employee Fellows- Update

DEI Fellow- Dr. Stephanie Afful has already created quite a buzz around campus with her *Whistling Vivaldi* professional learning communities (see details on the [Learning Academy webpage](#)). She has 95 participants to make up 10 face-to-face groups and 1 online. The PLCs meet every 2-3 weeks and many of them are using the Learning Academy space for their group sessions. Stephanie and PLC participants are thinking about initiatives for the Spring based on the book discussions.

[Read more](#)



Cybersecurity Month Thank You and Phish Bowl Winners

Lindenwood IT would like to thank everyone who participated in last month's Cybersecurity events. Protecting our online systems is a responsibility we all share in keeping Lindenwood safe.

[Please view this short reminder video featuring a special guest.](#)

Phish Bowl Contest Winners

The winners of the Phish Bowl contest are; Gerricka Johnson, Scott Richmond, Christina James, Janet Schulte, Raychel di Pretore, Mary Dye and Frank SanFilippo. Thank you all for your participation and we encourage everyone to continue to submit any suspicious emails to phishingalerts@lindenwood.edu.

Lindenwood Student Named Missouri Collegiate DECA Lead Conference Assistant

Monica Friedman, a senior majoring in Sports & Tourism Management, was recently named the Missouri Collegiate DECA Lead Conference Assistant. This is a significant leadership position. Ms. Friedman will be planning the State DECA Competition to be held at The Lodge of the Four Seasons in February 2019. Friedman has been in DECA since her junior year in high school at Francis Howell North in St. Charles County. She has been an award-winning member of the Lindenwood PSB&E Collegiate DECA Team, having earned awards at state and national competitions.

"I am excited and honored to serve as the Lead Conference Assistant, which provides me the opportunity to represent Lindenwood University and our DECA Team, as well as Missouri Collegiate DECA," Friedman said.

Cernik Participates on Panel Discussing Election Results

Joseph Cernik, Professor of Political Science & Public Administration, participated in a panel to discuss the recent election results. The panel was sponsored by the National Women's Political Caucus, St. Louis Chapter and took place on November 8 at the St. Charles Government Center. The panel also included Jo Mannies of St Louis Public Radio, and Michael Jones of the St Louis American newspaper.

Congratulations to the Plaster School of Business & Entrepreneurship Human Resource Department

The Society for Human Resource Management has granted the Plaster School of Business & Entrepreneurship Human Resource program a three year Certificate of Alignment. This means that the PSB&E Human Resource program meets SHRM educational standards and aligns with the recommended requirements. This alignment allows PSB&E graduates to sit for the SHRM Certified Professional (SHRM-CP) exam. This should help provide Lindenwood HRM graduates an advantage in starting their professional careers.

Excused Absences

The following DECA students should be excused from class on November 14 as they volunteer as judges for a high school DECA competition in St Charles County. Questions can be directed to Craig Felzien, Director of the Duree Center and DECA Advisor at 636-949-4233

Carli Gogol

Taylor Hepler

Kassidy Groper

Connor Hepler

Braeden Westhusing

Chloe Quernheim



LIBRARY SERVICES' THANKSGIVING BREAK HOURS

Wednesday, November 21	7:30 a.m. - 5:00 p.m.
Thursday, November 22	CLOSED
Friday, November 23	CLOSED
Saturday, November 24*	9:30 a.m. - 6:00 p.m. *Media Lab Closed*
Sunday, November 25	2:00 p.m. - 12:00 a.m.

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Healthy Men and Women Needed for Research Study

The Exercise and Performance Nutrition Laboratory (EPNL) is completing a research study investigating the impact of a dietary supplement on the health and function of your digestive system. Participants should be healthy and between 18 – 50 years of age. Study participation requires four visits to the EPNL (Fieldhouse 126) to complete questionnaires and to turn in biological samples required for the study. Participants will receive \$100 for completing the study. Contact Chad Kerksick at ckersick@lindenwood.edu for more information.

Healthy Male Participants Needed for Research Study

Healthy male participants between 18–50 years of age are needed to complete a research study in the Exercise and Performance Nutrition Laboratory to study the absorption pattern of different amino acids. For more information, contact Richie Stecker at rstecker@lindenwood.edu.

Recent Editions

[The Digest archive](#)

[Belleville Digest archive](#)

Events and Deadlines

- **Through Fall:** [Academic Technology Workshops](#)
- **Through Nov. 9:** “Jars of Clay” exhibit, Boyle Family Gallery, Reception Oct. 2 6-8 p.m.
- **Oct. 29-Nov. 9:** Open Enrollment
- **Nov 8-10:** [The Fall Dance Concert](#), The Lindenwood Theater, 7:30 p.m.
- **Nov. 9:** Veterans Day Luncheon. For details, contact mgove@lindenwood.edu
- **Nov. 10:** [Social Science Student Symposium, Spellmann Center](#)
- **Nov. 12-18:** [The Fall Music Series](#), The Emerson Black Box Theater, Times vary
- **Nov. 13:** STEAM/STEM preview. Anheuser-Busch Leadership Room, Spellmann Center, 4:30 to 7:30 p.m.
- **Nov. 13:** “[Diversity Dialogue – Politics and Religion: Separation of Church and State](#)” 3:30-4:30 p.m., Dunseth Auditorium, Harmon Hall

- **Nov. 15:** [Deadline for assessment plans, School of ADP](#)
- **Nov. 16:** Dissertation Defense: Tracy Jenkins-Pelot, Roemer 310, 9 a.m.
- **Nov. 27:** [Faculty Colloquium Speaker Series](#), 3-4:30 p.m., Dunseth Auditorium, Harmon Hall

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