LEGACY LINDENWOOD

An award-winning newspaper

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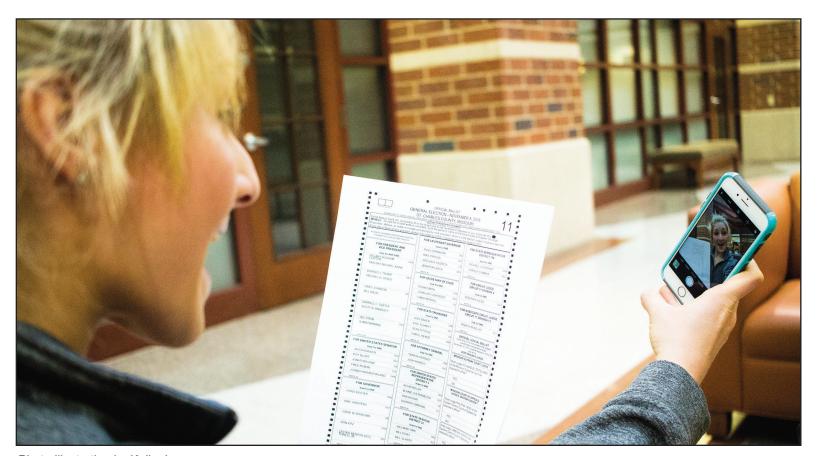


Photo Illustration by Kelby Lorenz Mackenzie McMullan takes a selfie with a sample ballot. It is illegal in Missouri, according to the Missouri Revised Statutes Section 115. 637.

Ballot selfies: Think twice before clicking at the polls

Missouri **Revised** Statutes, **Section 115.** 637

"On the part of any voter, except as otherwise provided

by law, allowing his ballot to be seen by any person with the intent of letting it be known how he is about to vote or has voted. or knowingly making a false statement as to his inability to mark his ballot."

Essi A. Virtanen News Editor

'any millennials will be voting for the first time next week, but they should think twice before posting information about how they voted on social media.

Laws regarding taking selfies with ballots vary from state to state, and their interpretation can sometimes vary from county to county.

In Missouri, laws prohibit "voters from allowing others to see their ballots if the intent is to show how they voted," which is designed to discourage the buying or selling of votes. But Secretary of State spokeswoman Stephanie Fleming called ballot selfies a "gray area" and advised voters to check with local election

In St. Charles County, where many Lindenwood University students will be voting for the first time on Nov. 8, officials say it's illegal.

"My judges, trainers taught by election judges, [know] that there are no selfies allowed, no cameras allowed in our building," said Rich Chrismer, director of the local election authority.

If a voter is spotted using a camera at a polling place, an election



Rich Chrismer Photo from STLToday.com

away, Chrismer said.

However, whether the voter would be criminally charged for such action would be up to a prosecutor, Chrismer

St. Charles County Prosecutor Tim Lohmar said Friday that if there's sufficient evidence of a crime, "we'd review it and decide if we will issue charges."

This isn't the first time Chrismer has been faced with a voter taking photos of a ballot. In 2009, a voter posted a photo of his write-in vote for then-Blues star T.J. Oshie for mayor of O'Fallon.

Chrismer told the St. Louis Post-Dispatch at the time that "it was a 'very serious' breach of state code and that he would seek prosecution of the offender." As a local election official, however, he didn't have the power to do it.

He later decided not to pursue charges.

Singer Justin Timberlake recently became part of the discussion about ballot selfies after he flew to Tennessee to vote early and posted a photo of himself in the voting booth to his Instagram account, according to St. Louis Post-Dispatch.

The offense in Missouri carries up to a year in prison, a \$2,500 fine or both, according to the Missouri Revised Stat-

In 19 other states plus the District of judge will ask the voter to put the camera Columbia, ballot selfies are allowed, according to an Oct. 23 article by the Associated Press. The law of Illinois is similar to Missouri's.

> Austin Byrd, an active member of Lindenwood's College Democrats, said he understands the reasons for the law but still thinks ballot selfies should be allowed if it could help voters, especially millennials, go to the polls.

> "I don't think it's any different than grabbing a sticker on the way out that says 'I voted today,' and being proud of it," he said. "I think it's kind of, whenever you vote you want to identify yourself with being a voter, and taking a selfie is another way of doing that."

The Longest Serving Faculty & Staff Series

Part 2 of 3

Grant Hargate

Kyle Rainey Reporter

Professor Grant Hargate nearly talked himself out of Lindenwood University's job offer in 1983. As a St. Louis native, he said he argued with the person who called him that there wasn't a university in St. Charles.

Hargate teaches drawing, painting and ceramics classes. About 220 students



Grant Hargate Photo from lindenwood.edu

were enrolled at Lindenwood when he first started teaching studio art classes. He said that over the years he has stayed in close contact with several graduates, some of whom weren't studio art majors.

"I get students who want to talk to me, I get students who aren't afraid of me, and that's worth the reward," Hargate said. He said he notices when a student is struggling, and that he can't help but to care.

After taking one of his classes, he hopes students retain a better appreciation of who they are. He's had former students now living in places like Egypt refer their friends to his class, which he said is shocking.

Alumna Erica Kaiser is a former student of Hargate. She said that he was the best teacher she ever had at Lindenwood.

"He really pushes his students to the next level as artists if they are willing to work hard for it," Kaiser said. "I really developed my own style in his class."

Thirty-three years have taken Hargate through four university presidents and massive campus expansions. Hargate said the campus grew "up the hill," then "over the hill" and finally "away from the hill."

During Hargate's early years at Lindenwood, horses and wild deer grazed on campus

"He's been through a ton of changes," adjunct studio art instructor Joseph Weber said. "He's seen everything that academia can throw at a person, both good and bad."

Hargate said, "I'm happy. I haven't lost that fear and that hunger that I had. I might be a little more relaxed, but I'm still afraid of doing a bad job."

He is adamant about not teaching down to his students. He said some professors think it's them against the students, but he disagrees with that perception.

Hargate said that ever since cell phones came along, he has had to work harder to get students to interact with him.

See Hargate | Page A3

Sniped!



Photo by Lindsey Fiala Zach Hill and Alyssa Spiess duke it out during a game of Assassins in the campus quad on the historic side of campus. The game took place last week across campus.

Hundreds of copies of Legacy missing, being investigated

From Staff Reports

Lindenwood security officers are investigating the theft of hundreds of copies of the Oct. 25 issue of the *Legacy* from newsstands around campus.

Editor-in-Chief Kelby Lorenz noticed that two racks on the third floor of Spellmann Center were empty early Thursday morning, and a canvass of the other distribution locations showed that news racks also were cleaned out in the J. Scheidegger Center, Butler Library and other academic buildings. Past issues of of the paper also were gone.

Susan Weich, adviser for the student publication, contacted security about the thefts, saying she didn't know if it was done as a prank or to censor one of the stories in the edition. Weich also said that it is a crime.

Even though the newspaper is free to students, it is not free to produce, Weich said. The university pays the cost of printing and the salaries of students who work for the *Leg*-

Several businesses advertised in these papers to try to reach student customer, and the paper will give those businesses a free ad to compensate, said Weich.

According to Frank LaMonte of the Student Press Law Center, stealing newspapers off of racks is "just idiotic."

"People sometimes rationalize the theft in their minds because the papers are free for the taking. But, you can't go into the Salvation Army and walk out the door with all of their



Photo by Kelby Lorenz An empty newsrack on the third floor of the Spellmann Center.

winter coats or all of their soup and expect not to be arrested," he said. "It's entirely possible to be guilty of theft for stealing free things if you've prevented them from reaching the intended recipients, including free newspapers."

Lindenwood security officers were working with the staff of the IT department to pull surveillance footage from cameras in the buildings where the issues were taken.

As of Monday, Director of Public Safety and Security John Bowman said officers were trying to identify a "white male" caught on camera taking the papers.

NEWS

Secretary of State Q&A

For more content, visit Lindenlink.com

Robin Smith Democrat



Why did you decide to run for Secretary of State?

Because I want to protect everyone, everyone who'd like to vote in the state of Missouri. Right now there are 220,000 voters who are in jeopardy of losing their right to vote if the Republicans get their way. That includes senior citizens, veterans, the elderly, those with varying abilities, college students and minority for women.

How would college studentsbenefit from having you as the Secretary of State?

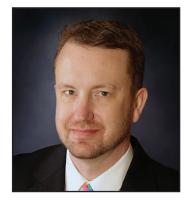
All college students will retain their right to vote when I become Secretary of State. I'll protect them from the future attacks from candidates like Ashcroft, who wish to harm them.

• For someone who is not sure if they are going to participate in the election, why would you encourage them to go to the polls?

They may lose their right to vote if they don't. Photo voter ID and Amendment 6 to the Missouri Constitution is going to strip them of their right to vote. This entire photo fraud issue is in the imagination of Republicans. It violates the Constitution, and in an opinion of one judge, a federal judge in Texas, it was surgical precision that moved 220,000 voters in Missouri and removed only voters in Texas, the judge said, that photo variety of surgical precision remove voters who are almost exclusively Democrats. That's all they wish to accomplish, getting Democrats off the voting roll. They don't care if they harm veterans, senior citizens, college students, those with varying abilities.

Information from Essi A. Virtanen

Chris Morrill Libertarian



• Why did you decide to run for Secretary of State?

I have been involved with the Libertarian party since the year 2000. I ran in a state senate race in 2004 for them. This year was so unique that I felt like I had to be involved at a higher level. We had the two major parties both nominating not just bad, but detestable candidates. And it just seemed like a great year to try and do something a little bigger.

• How would college students benefit from having you as the **Secretary of State?**

I would like to think that all Missourians would benefit from having me as Secretary of State.

• for someone who is not call. • to participate in the election, why would you • For someone who is not sure if they are going encourage them to go to the polls?

Because this is a historic year. You have two remarkably distasteful candidates at the top of the major party tickets. We have a good candidate at the top of our ticket by the way, Gary Johnson, former governor of New Mexico, and his running mate Bill Well, former governor of Massachusetts. As far as Libertarians go, [they are] very moderate, accomplished, sane people. I would like to think they'll get a lot of votes this year. Even if you don't vote for Libertarians or Gov. Johnson, I would hope to think that the voters are motivated this year to go out and be on the right side of history by voting against one of the more horrible candidates.

Information from Kyle Rainey

John Ashcroft Jr. Republican



Why did you decide to run for Secretary of State?

I think this is a very important statewide office. It's the No. 2 ambassador for business, it's the chief election authority for the state [and] it's in charge of securities and regulations. I look at my qualifications, my experience as an attorney and engineer, having done election and securities law and having run an assembly line, this is something I am uniquely qualified compared to the other people who are running.

How would college studentsbenefit from having you as the **Secretary of State?**

I think we need to be making sure that everyone in Missouri has the opportunity to be successful, to reach for their dreams and achieve.

• For someone who is not sure if they are going to participate in the election, why would you encourage them to go to the polls?

Because our vote matters. All too often we think our vote doesn't matter, but it does. We have a state representative that's serving right now that won his primary by one vote. And you might say well that was the primary, but it was in a heavily Democratic district where whoever won the democrat district was going to go on and win and serve in the Legislature. One vote made the difference there. I believe it's part of our civic duty to get informed and participate in elections. If we want to make this state better, we are going to be better off the more people we have that are generally working to find the best solution and are part of the process, and voting is part of that. So I heartily encourage everyone to get informed, get involved and vote.

Information from Kyle Rainey

Internationals favor Clinton by 3-to-1 ratio

Essi A. Virtanen

News Editor

Fifty-seven percent of 28 international students who responded to a poll conducted by the *Legacy* said they would vote for Hillary Clinton. Eighteen percent said they would vote for Donald Trump. Twenty-five percent said they would vote neither.

The survey was conducted to find out how international students would vote in the U.S. presidential election, if they could.

The purpose of the survey was not to make conclusions for the entire international student body, but to see if there was a preference for a certain candidate.

The survey was conducted on Facebook from Oct. 21-25.

It asked for a person's major, school year status, country of origin, which candidate a person would choose and why. Choice of anonymity was also provided.

Sixteen different countries were represented from five continents. Fourteen of the students were seniors, 10 juniors, two sophomores and two freshmen, the total representing 18 different majors.

Fifteen of the surveyed students were male, and 13 were female. Both genders showed favor for Clinton with eight votes. Men were four of the five Trump supporters, and only one woman said she would vote for him.

About five students said they would vote for Clinton because of Trump's racist and disre-

"I personally don't like any

INTERNATIONAL PERSPECTIVES ON THE U.S. PRESIDENTIAL ELECTION

16 Clinton Trump

7 Neither

OUT OF 15 MALES: 4 would vote for Trump 3 would vote

8 would vote for Clinton for neither

OUT OF 13 FEMALES: 8 would vote for Clinton 1 would vote for Trump 4 would vote for neither

16 countries represented 5 continents represented

disrespectful person that judges

people for what and who they

are," Venezuelan student An-

would vote for her because she

Clinton has more experience in

politics and has better ideas for

high government positions,"

Michael Lambo from Zimba-

bwe said. "She has also been

Three students said they

A couple of students said

"She has experience with

dres Colonna said.

is "less evil."

policies.

of the candidates, but if I have involved in politics for a signifto choose one it would be Hilicant amount of time. It would lary because Trump [is] a racist,

also be lovely to see a women

the world." French journalism student Romane Donadini said "In Europe, we have much more beneficial social policies, free health care, education, which I think the U.S. would also need. Hillary seems more open about implementing these types of policies."

as the most powerful person in

Five of the 28 surveyed internationals said that they would vote for Trump.

Reasons varied from one

supporting his immigrant policy to two supporting his business and economy focus and two stating his bluntness as the reason.

A male student, who wishes to remain anonymous, said, "Yes, Donald says mean things, and I don't defend that, but if you Americans want someone with guts, who cares about the issues this country is facing, and not about her own political career, there's really only one option."

Six of the 28 surveyed students said they would choose not to vote at all in the election, the main reason being that they thought neither of the candidates is suitable for the position.

"I'm just really happy I do not have to vote for any of them," a Swedish student said. "It is kind of self-explanatory why Trump is a questionable candidate, and Hillary represents basically what I despise about politics: She is just a political product, more concerned about a career rather than the good for the country. I feel that everything she says is empty and is only the result of a calculation of what people want to hear."

Design by Kelby Lorenz

Professor of Public Affairs Joseph Cernik said the results are not surprising.

"Some of the support for Clinton may reflect her foreign policy positions; however, I think it's more likely that they are reacting against Trump's personality. In other words, some of these students were voting against Trump, not necessarily in support of Clinton. Also, other countries around the world have had women leaders, so some of these students are more attuned to the notion of having a woman as the head of a country."

spectful behavior.

Legacy Newspaper + Lindenlink



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NEWS

Intern chance higher for internationals

Niklas Dehlwes

Reporter

Lindenwood requires students in certain majors to take at least one internship during their studies and for international students, the chance of getting one has improved, Shannon Wright, assistant director of career development, said.

Wright said that international students' chances of getting an internship is getting better. Fewer than 25 percent of the companies in St. Louis area don't hire internationals for "whatever reasons."

"Other than that, we had students almost everywhere," Wright said. "From the smallest startup to Monsanto."

He said paid internships or internships for credits request a CPT, a Curricular Practical Training. This is a formula telling the employer that the international student is legally allowed to work for money in this com-

The minimum hours for a paid internship are 150. For an unpaid there is no mini-

"If you work more than one year prior to your graduation, this will affect your OPT. I am not sure how exactly the procedure works, but they will cut down your OPT time then," Wright said.

Other than that, there is no difference between an American intern and an international one.

"The application process for international students is exactly the same as for American students," Wright

Wright said the criteria

for everyone to apply for an internship are as follows; a student must have GPA of 3.0 for the school of business and be ranked junior or higher. The major must match the job application, and for a paid internship, a social security number is needed.

WHAT DO YOU **NEED FOR THAT** INTERNSHIP?

- 1. CPT-Curricular Practical Training
- 2. 3.0 GPA
- 4. Have a major that matches the job
- 5. Have a social security number (for paid internships)

*INFORMATION WAS COLLECTED FOR INTERNATIONAL STUDENTS WITH REQUIREMENTS FOR THE SCHOOL OF BUSINESS

The school of business is mostly known for its internship program, since many business majors have to participate.

Brazilian international business major Theygor Figueroa Alho is one of

"I know I have to do an

internship ... but I don't really know when or where" he said. "I feel like it can be really a good experience, but also a big fail."

Wright said Lindenwood is a member of the St. Louis Mosaic Project, a non-profit organization that works to convince employers of the

Design by Kelby Lorenz

benefits of hiring internationals. "They are trying to make

St. Louis more international-friendly," Wright said. Wright suggests students

to join Handshake and internship.com and "get out there."

"Don't get down if you get

rejected a couple of times," he said. "And don't just look for the largest companies. Oftentimes, the smaller ones give you a better experience, let you do more during your internship."

International students who have questions about whether they are legally allowed to work or if an internship fulfills their academic requirements should check with the international

"I had an internship over the summer at Mercedes, but Lindenwood didn't accept it," said Robin Schneider, senior from Germany. "So I had to do another one. It wasn't bad, I got the experience, but it would have been nice if I knew before."

To avoid these situations in the future, Wright said that they are working on how to handle requests like

"We are continually developing, but I don't know what the future holds," he

Lindenlink to provide live coverage of election

Cast your vote on Nov. 8 to determine who will be the next president, as well as

After you vote, check in at Lindenlink.com that night for live coverage of the pres-

active map showing which states have voted for each

social media accounts for

'Lifting people up' is joy for Hammond director

Lindsey Fiala

Reporter

Carol Felzien's love for her job is displayed on a massive white board in her office that is filled with color-coded

"We have a lot going on," said Felzien, the director of the John W. Hammond Institute for Free Enterprise.

Her position includes helping to manage work in public relations, marketing and doing event planning. In addition, the faculty members who run the centers also teach, so Felzien supports them with their day-to-day tasks.

Besides planning events with the rest of the faculty, her work days revolve around the marketing, media pitching, internal and external publicity and making sure that the people in the community are aware of the work they are do-

Director of the Liberty and Ethics Center Rachel Douchant works closely with Felzien.

"While we hapless ivorytower types focus on research, networking and student engagement, Carol is the one who makes what we do possible," said Douchant.

Originally from north St. Louis County, Felzien attended Lindenwood University her freshman year and studied music. After one year of studying music, she made the decision to switch her major and transferred to the University of Missouri at St. Louis where she earned her undergraduate degree in English with an emphasis on communications.

However, Felzien's love for music still exists. Carol plays flute and is still actively involved in music.

Felzien has worked in the fields of telecommunications, the health care industry and transportation for 20 years. However, she has been focused on the area of public relations as well as corporate communications for the past 30 years.

She said she followed the path of public relations because of her most "instrumental mentor" — her mother.

"She was probably the best guidance counselor that I ever had," Felzien said.

Her mother recognized



Photo by Lindsey Fiala Carol Felzien reviews papers in a meeting in Harmon Hall to

discuss future events being held by the Hammond Institute.

communication skills and was a good writer. She pushed her toward public relations because, at the time, the field of public relations was on the rise, especially for women.

"I've always been interested in writing and communications, which helped launch me into a career in public relations," said Felzien.

Most recently, she worked 10 years in the city of St. Charles in public service as the director of communications. While working there, she met one of her colleagues, David Rosenwasser.

As a favor, Felzien attended a beta entrepreneurship test class in the fall of 2014 at Lindenwood University that was taught by Rosenwasser. In the class, she discovered her interest in the work of the Hammond Institute.

'The class really fascinated me, and that is how I was introduced to everyone in the Hammond Institute," Felzien

She was hired by the Hammond Institute in January

Working at the Hammond Institute, Felzien said that she

has the best of both worlds. "I feel like I have been able

early on that she had great to meld the skill sets that I have and what I have had the opportunity to learn over the past 30 years to what I do now in a more fine-tuned fashion," she said.

One aspect of her job that she enjoys the most is relationship-building.

"I just think it is so important to collaborate, lift people up, provide opportunities for people to make connections and for growth, and just provide ways for people to make those unique relationships happen," she said.

One of the many relationships she has made is with Matt Adams, who runs The Constitution Revolution project, which is managed by the Hammond Institute.

"Carol is very organized and passionate about her work and really takes pride in doing things the right way," said Adams.

Felzien finds talking and getting to know students to be the most rewarding part of

"I want to know how I can be of help in lifting up what you're doing to make sure you are getting the skills and opportunities you need to move forward in your next steps," she said.

The election is coming up! several ballot issues.

who your state and local officials will be, in addition to

idential election.

We will have an inter- live updates.

party. Also, keep an eye on our

Legacy music video reaches 5.2K views, 77 shares

Enter to win a free pair of Under Armour tennis shoes!

Simply go to our Facebook page, Lindenwood Legacy/ Lindenlink, like the page, find our music video called "Welcome to the JLab" and hit share. It's that simple!

We are drawing three winners Nov. 3. Currently, we have 5,200 views and 77 shares, so get your name in

The video is a parody of a Guns N' Roses classic, "Welcome to the Jungle," and was created as a way to promote the *Legacy* and Lindenlink.

The video was filmed over the summer with help

from the Applied Video class and edited by former Legacy editor-in-chief Viktoria Muench. It features current staff members dressed in their best '80s gear as they welcome a wide-eyed freshman, played by Ashley Ator, Legacy business manager, to the staff.

Hargate | Continued from A1

were born with cell phones in

their hands," he said. His students are intelligent and excited and have become computer literate over the years. He said that besides the new software for grading, new technology hasn't really changed his

teaching methods. He said he isn't worried about tailoring his teaching methods to accommodate the current generation of tech-sav-

vy students. "If you know your subject classes again.

"Half of my students now matter, you can reach anybody," Hargate said.

Weber said that Hargate has impacted the way that he interacts with his own students. He said Hargate is genuine and is unafraid to say what he really

"Grant has this ability to take the field very seriously, but also keep it entertaining and keep it fun," Weber said. "The non-art

Kaiser said that she wishes she could go back and take his

Hargate said that there are misconceptions that students and their parents don't think they can make a living making art, which is in his words, "absolutely incorrect."

"They have to do all the work," he said. "They have to sell it, they have to deliver it."

Since his first class of 20 students, Hargate said that 33 years later the days still feel the same,

student will learn a lot." and he has no plans to retire. He said he will only consider retiring when he feels that he is doing more harm than good.

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The Legacyl Lindenlink

Staff:

Editor-in-Chief: Kelby Lorenz

Lindenlink Editor: Phil Brahm

Design Chief: Mili Mena

News Editor:

Essi Auguste Virtanen Opinions Editor:

Co-Sports Editor: Michelle Sproat

Tyler Tousley

Co-Sports Editor: Kearstin Cantrell

Culture Editor: Maiken Zoëga-Nielson

Business Manager: Ashley Ator

Promotions Manager: Elsa Mort

Faculty Advisers: Susan Weich **Neil Ralston**

Spellmann Center 3095 / 3100

209 S. Kingshighway St. Charles, Mo. 63301 Telephone: 636-949-4336 Email: lulegacy@ lindenwood.edu

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Letter to the Editor Policy:

The Legacy is proud to provide an open forum for a variety of opinions.

In order to share your perspectives, please send a Letter to the Editor to LULegacy@lindenwood. edu. Letters may not exceed 350 words, should avoid obscenities and must include the writer's full name.

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Do you enjoy writing, design or photography? Come work for the Legacy and Lindenlink.com to build your résumé and gain practical work experience.

You can contact us at LULegacy@lindenwood.

We would appreciate your support!

Thank you for your continued support of our news

Research before voting ensures the best result

Tyler Tousley

Opinions Editor

On Nov. 8 we will be voting for the next president of the United States. This is not a decision to take lightly, especially considering that Pew Research states that millennials make up 30 percent of Americans who are of age to vote. We truly do have an impact.

I'm not here to tell you whom to vote for or whom not to vote for. I am here to tell you to make sure you know what you are voting

When you vote for any candidate, you need to conduct research of your own to truly know who the best candidate for you is.

Voting for a particular candidate because all of your Facebook friends hate the other is not a good enough reason to vote for him or her. Voting for someone because a biased news source like Fox or MSNBC says you should is not a good enough reason either.

Voting for someone because his or her policy plans and stances on particular issues line up with yours? That is a great reason.

For me, I identify particular topics that I care about, cisms of them I see. I look lessly defend your candibe it social, financial or dia at the criticisms and do the date. Doing this helps to you to vote for them.



Illustration by Tess Augustyn

Donald Trump stands with the infamous wall and Hillary Clinton with her infamous emails.

plomacy issues. Then I go to sites such as Pew Research, Politico or Reuters to find out more about it. I find out where the candidates stand on the issue and where they have stood in the past. It is also a good idea to find out where the vice presidential candidates stand as well as their political histories.

If I like a particular candidate, I do not just get angry and brush off the critineeded research to verify their validity.

If I feel the person supporting the criticism is someone I view as well-researched and respectable, I'll ask them their reasons behind it. When conducted properly, these conversations can become healthy debates where each person listens to what the other is saying, as opposed to just waiting your turn to endensure that I am not just blindly following someone.

I cannot stress enough the importance of doing your research before you vote. Look up who will be on your ballot and for what office. Find out where they stand on issues that are important to you.

Do what you can to make sure that our next president gets the job because you agree with his or her views, not because Facebook told

LU football will dominate again

Phil Scherer

Reporter

Unlike most students at this university, I remember the glory days of Lindenwood football, in the years before the move to the NCAA.

I remember watching one of the best offenses in the history of college football run (and pass) its way through every opponent in the Heart of America Conference. I remember the team scoring 90 points in a homecoming win over Culver-Stockton College in 2010. And I remember its run all the way to the NAIA Championship game in 2009.

However, as anyone who pays attention to Lindenwood athletics knows, those days are long gone. Transitioning to NCAA Division II has provided Lindenwood with a harsh reality: With a higher level of prestige comes a higher level of competition, one that the Lions have been unable to compete with to this point.

Since fully transitioning to NCAA Division II in the fall of 2013, Lindenwood's football team has compiled a record of 10-30, with no more than three wins in any of the four seasons.

While this is understandably frustrating for both students and community members who attend these games, it is also a common occur-



Photo by Carly Fristoe

The Lindenwood Lions play the Pittsburg State Gorillas at Hunter Stadium on Sept. 24.

rence when teams move to higher levels of competition.

College football teams gain success by building strong recruiting bases and having the ability to mold the players they recruit to fit their system. After spending more than 20 years at the NAIA level of competition, Lindenwood had built a great recruiting base for that talent level and had also gained respect nationwide for its many successes. Incoming freshmen knew that the expectation was greatness when they came to this university.

With the move to the NCAA, however, the entire process has to start all over. Lindenwood now has to look

for more talented players to compete at this higher level, and the competition for

these players is even greater. In Missouri alone, several NCAA Division II teams are all competing for the same players, namely Northwest Missouri State, Missouri Western, Missouri Southern and Central Missouri. The track record of those schools is greater than Lindenwood's at this level of play, giving them a big leg up on the Li-

Historical precedent exists for the struggles Lindenwood is experiencing. The NCAA Division I has two different levels.

The FBS is the very top level schools can compete in, while the FCS is the lower level. According to ESPN, 19 teams have moved to the higher level since 1978.

In the years before the moves, these teams compiled winning records in 64 percent of their seasons. Since moving to the FBS, those teams have winning records in just 37 percent of their seasons.

So, yes, while it is frustrating to see a high-profile sport such as football struggle so much, it is important to remember the transition to the higher level isn't an easy one to make. So look back on its past glory fondly, with the knowledge that it likely will become a dominant force at some point in the future.

Letter from the

Kelby Lorenz Editor-in-Chief

Almost all of the copies of the Oct. 25 issue of the Lega*cy* were stolen from the racks

Editor

around campus. This is a crime, and I hope that whoever is responsible realized they greatly disappointed my staff and me.

From a business standpoint, it cost \$635.58 to produce the Oct. 25 issue. We had 1,900 copies printed, which means that each newspaper costs about 33 cents to produce. While that may not seem like a lot, when you multiply the approximate 1,070 papers that were taken by 33 cents, it

cost us \$353.10. In addition, we had four advertisers who paid about \$630 to be in that issue in the hopes of reaching students. These advertisers are potentially losing money because of this theft.

Our staff works hard through the week, and our student workers in total make about \$1,355 per issue. That's \$1,355 that was nearly wasted since so few people saw the paper.

We at the *Legacy* spend a majority of our time working on these newspapers every week. We have reporters who set up interviews and then spend time writing quality stories. We have photographers who run all over campus to get beautiful photos for our stories. We have editors who start editing copy on Wednesday to be placed on the page by Saturday. We have designers who spend the majority of their weekends building pages.

We work and worry over making our newspaper the best it can possibly be for our student body and faculty. We stay up late on our weekends because we care about what we do. We have one of the best student newspapers in the area, with awards to back it up.

Yet, none of that matters if nobody is able to see it.

Members of my staff were fired up over this incident because we worked so hard on breaking one of the most serious stories of my time here at Lindenwood. We had a beautiful combination of hard news and fun features. We had some great layouts and wonderful artwork. We were proud of what we had accomplished, but now a majority of people will never see it.

To the person or people responsible for these actions, I hope that the reason you did this was worth the anger and dismay you brought upon my staff. I hope that you realize the work we put into that newspaper when you took them from our racks. I hope you realize that we care, and we matter to the student body. Lastly, I hope you realize that what you did was wrong. We at the *Legacy* always

want to provide the best news for our student body and faculty. I hope that you all continue to be loyal readers, because we do this for you.

-Kelloy Lorenz

Editor-in-Chief, The *Legacy* and Lindenlink.com

Clarifications and Corrections

The Oct. 25 article titled, "LU investigating report of sex crime on campus," should have contained the sentence, "Babel said she could not comment on specifics of this particular case, but she could comment

generally about the investigative process that Lindenwood is using."

Also, the school's entire investigation takes place within 60 days; there is no additional time period for the appeal process.

STAFF NEEDED

Do you enjoy writing, designing or photography? Come work for the Legacy and Lindenlink.com to build your résumé and gain practical work experience.

Contact us at LULegacy@lindenwood.edu

publications!

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SPORTS

Support part of routine for weightlifting twins

Phil Scherer

Reporter

For Lindenwood weightlifters and twins Darren and Darrel Barnes, the desire to outperform each other in the gym and the classroom is only outweighed by a desire to see each other suc-

Olympic weightlifting is something of a Barnes family tradition, and one that Darren and Darrel couldn't avoid. Growing up, they had four brothers and sisters who competed in the sport.

In fact, their half-brother Derrick Johnson was the founder of Lindenwood's Olympic weightlifting program and coached the team from 2009 until 2012.

Darrel said that when he and his brother began weightlifting in 2001, they did so because it was enjoyable and was something they had grown up around their entire lives.

"When we made our first national teams, that's when it really began getting competitive," Darren said. "We both began to realize, 'Hey, this is something we are going to be able to do for a career."

They have become highly successful weightlifters. Both of the brothers are ranked among the best in their weight classes

in the country, and Darren currently holds more records than any other member of Team USA weightlifting.

Darrel stands 5 foot 4 inches and competes in the 62 kg division, while Darren stands 5 foot 3 inchesand competes in the 56 kg division.

The brothers believe that being in different weight classes has been good for their relationship, because it allows them to help each other train without having to worry about beating each other in competition.

"He may be able to say, 'Oh, I can lift more,' but then I can say, 'Oh, but I'm in a lighter weight class," Darren said.

Darren also said that having his brother compete at a higher weight class has given him greater goals.

"I can look up and see, 'Oh, my brother did this, so I'm going to have to step my game up and put up some bigger numbers," Darren said.

Besides being competitors, the brothers also act as each other's greatest coaches. "He knows me, and he has

been around me forever, so I can definitely count on his word," Darren said. The fact that the two of them

are able to train together gives them a leg up on the competition, according to Darrel. "The team is just full of single



Photo by Phil Scherer Darren and Darrel Barnes carry on family tradition of lifting.

athletes, but I have a pair," Darrel said. "We both have that extra benefit of having each other and knowing the physical aspect of each other and the mental aspect. So whenever there is a problem with his technique, I can let him know."

"It can be the slightest difference," Darren added. "Like, if I make nanometer changes in form and technique, he will see it. If he makes changes that nobody would ever see or notice, I will see it. It's cool because these are things nobody else would ever look for, but we see it, and it's just natural."

These moments of coaching

can also provide the brothers with their greatest enjoyment in the gym.

"We definitely roast each other all the time," Darrel said.

They both agree they can't sneak any change in technique past each other, and their eyes have been naturally changed to pick up on anything that may be holding the other back in the

This is not a typical sibling rivalry; it is more complex than that. These brothers act as fulltime coaches, competitors and mentors for one another, and according to them, they wouldn't want it any other way.



Ryan Hermann

Sport: Track and Field

Age: 23

Birthplace: St. Genevieve,

Year in school: Senior

Major: Exercise Science and Physical Education

How long have you been playing sports Who is your favorite athlete?

competitively? Adam Wainwright Since fifth grade.

What were the greatest moments of your sports career so far?

• Winning state in the discus my senior year of high school and winning backto-back state titles in football.

• What is your sports

Going to nationals • this year in the hammer throw.

fantasy?

What are three words that would best describe you?

Q. What do you see yourself doing 10

from now?

A. In 10 years, I'd like to be work:

on the side.

hospital as a surgical

nurse and coaching

Motivated, trustworthy and funny.

Information from Kearstin Cantrell

Split happens

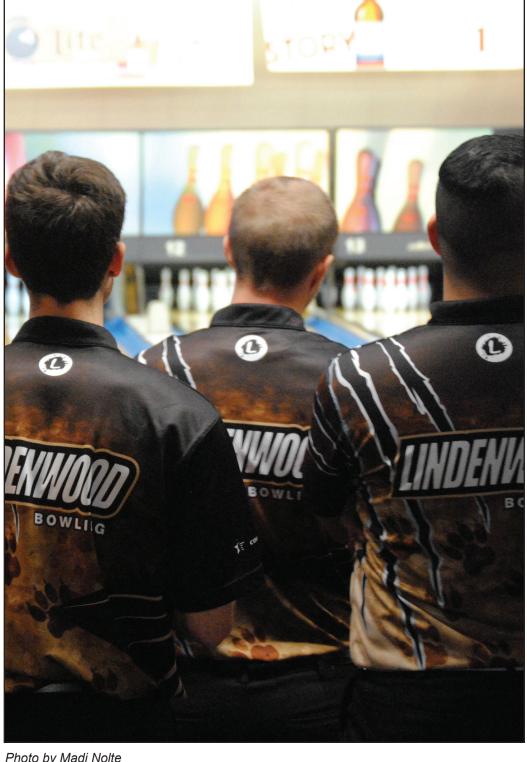


Photo by Madi Nolte

Lindenwood bowlers prepare for competition at the 8th Annual Hammer Lion's Classic.

LU Under Armour gear put on hold until 2018

Ivy Reynolds

Reporter

The five-year deal Lindenwood struck with Under Armour in February will not take campus-wide effect until May 2018, a little over two years after the initial signing.

That means some teams are still waiting to get new gear.

Senior Associate Athletics Director Tom Wagganer said the reason came down to cost.

Making the switch to Under Armour from Adidas affects 1,800 student athletes in St. Charles and 800 athletes on the Belleville campus,

"That's a lot of kids to transition over, and that can end up being kind of expensive," he said.

One of the things Lindenwood was able to work into the agreement is that by the end of year two, the university would be fully compliant, Wagganer said.

"That's not just for [NCAA athletes], but for the student life sports and for the Belleville campus as well," he said.

Matt Ankenbrandt, associate director for intercollegiate athletics at Lindenwood-Belleville, said they are following the same steps as St. Charles.

"Roughly half of our teams will be branded in Under Armour uniforms this year, and the other half will receive it next year," he said.

Prior to the contract, Wagganer said each team was on a three-year cycle to purchase

new uniforms. He said those Michael Phelps is an endorser." teams up for renewal this year mour.

"If one gender sport was in the cycle period, then we did the other as well," he said. University officials decided

to bundle together equal gender sports like men's and women's basketball, lacrosse and volleyball to get more teams fully outfitted in the first year.

"We want to make sure that the home uniforms, specifically, are Under Armour," he said. We provided [the non-cycle renewal sports] the resources to get one set of uniforms this year and then another set next year."

Wagganer said some teams not in their cycle year opted to raise funds to get a full ward-

Ankenbrandt said Belleville is also attempting to make the switch as smooth as possible, and despite the lag in distribution of gear, Belleville athletes will still be wearing Under Armour T-shirts, hoodies and other everyday apparel.

Outside of cost and timeliness of the switch, Wagganer said the contract also has some limitations for NCAA sports like track and swimming and many student-life sports like bowling and water polo.

"[Under Armour] admitted to us that when they started they didn't have very good shoes," Wagganer said. "They also don't carry track and field or swimming suits, even though [Olympian swimmer]

Lindenwood's Athletics Acawere able to get both home and demic Coordinator Shawn Naaway jerseys from Under Ar- gel said there are always going to be tweaks to work out when a new contract is made because

"different brands specialize in

different sports."

"As Under Armour specializes in a wide variety of sports, there are some they do not have sport-specific equipment for," Nagel said. "However, I will say that I have heard a lot of positive feedback from the female sports."

Nagel said he believes Under Armour does a "great job with their apparel line, manufacturing clothes specifically for women and not just men."

Both campus affiliates said they knew the transition would include setbacks, but agreed to the contract for the benefit of future Lions and their programs.

"Under Armour is one of the fastest growing apparel companies in the world," Ankenbrandt said. "In the past three years, [the company] has signed some of the top athletes in each sport."

Wagganer agreed, saying last year the company had the NFL MVP Cam Newton, the MLB MVP Bryce Harper, the NBA MVP Stephen Curry and the Golfer of the Year Jordan Spieth, he said.

Wagganer said Under Armour has plans to keep expanding and will be able to provide for those specific NCAA and Student Life sports by the end of the five-year deal.

Weekly Sports Recap

Oct. 28-30

Field Hockey 4-0 win vs. Concordia University 2-0 win vs. Bellarmine University

Women's Soccer

2-0 loss at University of Central

Missouri

3-1 win at Pittsburg State University 3-0 loss at University of Central Oklahoma

Women's Ice Hockey

4-0 loss at Syracuse University

Women's Volleyball

Men's Soccer 3-0 win vs. Upper Iowa University

35-14 win at University of Nebraska-Kearney

Football

Men's Ice Hockey 3-2 win vs. LU-Belleville 2-1 win vs. LU-Belleville



Men's DII Ice Hockey 6-4 win vs. Lewis University 6-4 loss vs. Lewis University

SPORTS

Winning attitude key to success on athletic field

Kearstin Cantrell

Co-Sports Editor

Many claim that athletics are 10 percent physical and 90 percent mental. However, many sports psychologists believe that without putting 100 percent effort into each category, athletes may never reap the rewards of their true potential.

The field of sports psychology equips athletes to train their minds just as much as their bodies in an effort to perform at the highest level possible.

Lindenwood school of health sciences professor Paul Wright is a licensed professional counselor and has an extensive background in sports psychology.

'Sports psychology is all about making mind-body connections," said Wright. "The goal of sports psychology is to help an athlete optimize their performance by making sure their mindset is positive, focused, and they are able to concentrate."

Currently, Lindenwood does not offer many resourcpsychology. However, this yet struggle to make 50 permay not be the case for

Wright has high hopes for the future of sports psychol-

ogy at Lindenwood. "I think the new Athletic Director [Brad Wachler] sees that there's a huge need, because we have so many student athletes on campus, to have a designated sports psychologist to work with our athletes," Wright said.

The addition of a sports psychologist on campus would allow athletes a resource for handling a variety of stressors unique to the student athlete experi-

Strategies for improving an athlete's mental performance vary depending on the issue. A sports psychologist might suggest an athlete utilize anything from meditation, to breathing techniques, to counting.

One common issue among athletes that can be addressed through sports psychology is anxiety centered around per-

This level of anxiety is what may cause a basketball player to make 70 percent es in the realm of sports of free throws in practice, cording to Wright, the use

cent in a game, for exam-

"Some athletes have panic disorders and anxiety attacks," said Wright. "Just like some students have test anxiety, some student athletes have full-blown panic attacks when they create pressure for themselves by overthinking the importance of a competition."

Performance anxiety can often stem from a trigger unknown to the athlete. The job of the sports psychologist is to help the athlete identify that trigger and implement a coping mechanism to minimize anxiety.

While there used to be a stigma surrounding sports psychology, like many other forms of counseling, it is quickly fading.

"I still think there are athletes that are a little nervous," Wright said, "When an athlete comes through my door, though, they quickly realize this is different."

This decrease in negativity may be due in part, to the number of professional athletes who vocalize their use of sports psychology. Ac-

Various mental strategies, such as visualization, self-talk and relaxation techniques, can help athletes overcome obstacles and achieve their full potential.

Sports psychologists can help athletes at all levels deal with pressure from parents, coaches or even their own expectations.

rom injuries

After an injury, athletes may need help tolerating pain, adhering to their physical therapy regimens or adjusting to being sidelined.



increase their motivation and tackle

Enjoy sports

Design by Mili Mena

of sports psychology is what pushes many elite athletes to the next level.

"If you make it to the Olympic games, you're a world-class athlete, and it really does come down to on the day, who can control the pressure, who can control their nerves, who can is happy to be a resource execute the very best per- for athletes in the realm of ent sports."

formance in a very stressful, highly competitive situation," said Wright. "And it's usually going to be the athlete that is mentally present."

university add a sports psyuntil that happens, Wright sports psychology.

"It's hard being a student-athlete," he said. "The pressures of going to school, holding down work, trav-Wright longs to see the eling and also being good students, I understand that. chologist to the staff list, but Nothing gives me greater joy than sitting down with student athletes from all differ-

way to get everything done,"

The scheduling starts off

'Mondays are usually

with a strict construction of

how the work week will be

more of recapping the last

weekend," Newton said. "I send out the weekly newslet-

ter and the Player of the Week award that we now do by vot-

ing on Twitter. Tuesdays and

Wednesday we prepare for the week with football and

men's basketball. We do game

notes and statistics for radio

and media to use, also getting

the game programs ready for

games during the week. End

of week we have time to work

on long-term things like web

projects and other projects

centers around showcasing

the accomplishments of oth-

ers without much recognition of his own, but pointing

the spotlight at others is one

I get to do is nominate stu-

dent athletes for awards and

reward them for their per-

formances and academic

achievements," Newton said.

Although Newton is very

One of the best things

Most of Newton's work

that may come up."

of his favorite parts.

he said.

attacked.



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Information director led LU's jump to NCAA D-II

Walker Van Wey

Reporter

Sports Information Director Daniel Newton has been the steady hand behind Lindenwood's sports statistics for nearly a decade. In 2006, Lindenwood Ex-

ecutive Director of Market-

ing, Communications and Public Relations Scott Queen had the task of hiring a new sports information director. A coincidence

brought him to Kirksville, Missouri, ended with an interview with Newton. "It was almost like it was

meant to be," Queen said. "I was going to Truman to visit my stepson where he was going to school so I set up an interview with [Newton] at a Pancake City in Kirksville."

At the time, Queen said he was struck by Newton's work ethic, and Newton has never let him down through all the changes and growth over the

"[Newton] is an architect because he's one of the key people who helped build the Lindenwood sports hall of fame," Queen said. "He's a workhorse because when he was hired it was just him, and I remember what Mondays were like for him. It was a monumental task. When we moved into the NCAA, we



Daniel Newton Photo from lindenwoodlions.com made us look really good."

Today, after almost 10 years, Mondays still remain the biggest hurdle, but with a growing staff, including four assistants, and the same careful scheduling and planning that impressed Queen from day one, Lindenwood athletics are still under Newton's thumb.

"I'm a real big list guy," Newton said. "I pretty much have a list on Monday mornings of things that need to be done for the week. When you're working at Lindenwood, you're working with more sports than other D-II schools, so it can get busy."

Newton said this year, he has four other people on

"Between the five of us, relied on him heavily, and he we schedule it all and find a

proud of his work, he also gives credit to those who have assisted him along the way, like Mike Morgan, whom he said deserves 50 percent of the credit and his staff. "Our site numbers are way up since they've come

aboard," he said. "Without the AD and presidents being supportive, we'd never be able to do that." Looking back, Queen

recognizes that Newton had the characteristics needed to take on the role of sports information director.

"I knew how much work Lindenwood was going to have to accomplish," Queen said. "I knew he had a tremendous work ethic, and my instincts were right. He's tremendously loyal, and he truly loves Lindenwood."



@LULegacy + @Lindenlink

-Scott Queen, **Lindenwood Director of** Marketing, Communications and Public Relations

"It was almost like it was

meant to be. I was going to

Truman to visit my stepson

where he was going to school

so I set up an interview with

[Newton] at a Pancake City in

Kirksville."

CULTURE

Night manager puts friendly face on job

J.T. Buchheit

Reporter

When students stroll into the J. Scheidegger Center after 3 p.m., they are often greeted by a familiar face: evening building manager Jason Hood.

Hood, who is also an assistant in theatre production, makes sure everything in Scheidegger is running smoothly and that all the students are satisfied with the building and its ameni-

"During the evenings and Sundays, I work from 3 to midnight," said Hood. "What I do during the evenings is I go around and check to make sure the students in the building are doing OK."

Hood's contributions have not gone unnoticed. Peter Colombatto, director of theater comminications marketing, appreciates Hood's dedication to his

"Jason is one of the dedicated and hard-working people I have had the pleasure to work with at Lindenwood," said Colombatto. "Not only is he great at his job, but he goes out of his way to be kind to everyone he meets."

Hood began his education at Lindenwood in 2004 and obtained a music performance degree. He later worked under Joe Alsobrook, current vice." dean of the School of Arts, Media and Communications.

"I've known Dr. Alsobrook for 12 years now; he was my adviser and work-and-learn supervisor all this time," Hood said. "Apparently I've done a good job working under him and appar-



Photo by Lindsey Fiala

ently he wanted to keep

The Human Resources workers hired Hood to a part-time position as a production assistant in 2012. He was promoted to his current position the next year due to his familiarity with the building and his history of music production. Alsobrook has been happy with Hood's work and believes he is a benefit to Lindenwood and its stu-

"Over the years Jason has served so many people and units throughout the campus," said Alsobrook. "He is always willing to help in any way that he can and always goes out of his way to ensure the highest quality of work and customer ser-

pervised students who helped keep an eye on the J. Scheidegger Center, but that is no longer the case. Hood now does the job alone after all the workers were cut.

Hood enjoyed the company of the students and working with them, and ry."

Jason Hood straightens the flowers while cleaning the Fashion Department offices.

he admits that it is much harder to work alone because of the demand and prioritizing that is required.

"My work-and-learns and I, we would clean some rooms up to get ready for tomorrow, and it's a challenge because we've got different departments within the building that ask for a lot," he said. "The challenge is trying to balance and get a priority of how these people want the jobs done."

Outside of his usual job, Hood plays as a percussionist for the St. Charles Municipal Band as well as various other bands in the area and participates in music-oriented programs.

O'Fallon's group, and I've age. Previously, Hood su- also played jazz with the community jazz band," Hood said. "I'm also a jazz drummer as well. And other things outside of community band, I've played in musicals. Just last month I was in a musical down in Florissant, West Side Sto-

Hood spends time with his family as well as friends who were in his music fraternity of Phi Mu Alpha. He is also the current adviser of Lindenwood's chapter of the organization.

"We go around and try to use music for the uplift of mankind," he said. "That's one of the things we do. When I was in college, we sang at nursing homes and hospitals during the holiday season. Every semester we'd go to a nursing home and sing to the elderly, and they enjoyed it very

Hood always makes sure to go out of his way to make students feel appreciated on campus, a trait that was in-"I've played with stilled in him at an early

"Always be respectful to others, that's how I was raised," he said. "When I first came here in 2004, the people at Lindenwood made me feel so welcome and made me feel like I was at home, and I want to do the same thing to the people coming to Lindenwood."

Series prepares students for future leadership positions

Matt Hampton

Reporter

This fall, members of Lindenwood's staff and faculty will give presentations ranging from servant leadership to listening skills.

Julie Turner, chair of the nonprofit administration program, founded the Fall Leadership Series three years ago with Student Involvement Director Angie Royal.

Rachel Tolliver, co-coordinator of Student Involvement, organized the event this semester.

"We've had a really good response from a lot of professionals here on campus, and so I think this semester we have eight different presentations happening," she said.

One of the presenters is IT pro-

fessor Tom Cupples, who is giving a presentation on Tuesday, Nov. 1, based on the book "21 Indispensable Qualities of a Leader," by John Maxwell.

"It is a book that I have had for some time, and I carry it around on a regular basis just to remind me of the things that I need to be a good leader," he said. "It takes on individual qualities and how you can implement them in your life."

His exhibition will describe how individuals can collaborate with a group to put leadership into action wand accomplish goals.

"It may make the difference between a group's mission being successful or failing," Cupples said. "So everybody brings to the table a



Photo by Madi Nolte Julie Turner speaks at Leadership Series about goal-setting on Oct. 25.

particular experience, and I'm not talking about experience as in job experience, but as in experience in life."

He originally began entering positions of leadership in college, in his university's student senate and in his fraternity. Before becoming an educator, he was employed in the field of business and IT management.

Through his experience in leadership, Cupples has reached the insight that "leading is more than a position. It has more to do with action than it does with position."

He now holds office in a volunteer community service organization, the Masons.

"Especially in a volunteer organization, getting people to follow you when they don't have to is probably one of the most difficult things you can do, but, at the same time, a good leader can overcome that," he

On Oct. 25, Turner gave a presentation about goal-setting, which she connected to her own experiences, such as working as a residential life administrator when she was in col-

"For me, as somebody who deals primarily with our majors, it's fun for me to deal with students outside of nonprofit ... and anything we can do to help equip students is a good opportunity for us too," Turner said.

Tolliver said that, in addition to this year's Fall Leadership Series having more presentations than previous years, in the past it has been more focused toward organizational leadership than group leadership. Additionally, next semester she plans to organize exhibitions to teach career readiness skills such as how to create a résumé and prepare for an interview.

"I think all the presentations that have been done thus far have given students a lot of tangible things that they can take away ... and continue to practice on in their leadership positions that they have or may eventually have," said Tolliver.

She added that Student Involvement is continually trying to improve the Fall Leadership Series, so anyone who has feedback or suggestions for future presentation topics can contact her at rtolliver@lindenwood.edu.



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CULTURE

LU Macbeth is a humanized version of the old tragedy

Essi A. Virtanen

News Editor

"Macbeth," one of the greatest tragedies by William Shakespeare, hits the Lindenwood Theater Nov. 3, and this production promises to be a more humanized version, according to the director.

"My biggest objective in approaching the script was to make Macbeth and Lady Macbeth human," graduate student director Jason Flannery said.

He said his priority has been to "let them be vulnerable and let them be simple, flawed people who go through these outrageous circumstances but are always grounded to each other and to themselves."

"I've seen the show several times and usually one or both of them doesn't do it for me for whatever reason and that's because they're trying too hard to play villains or they're weighed down by the text," he said.

Hunter Fredrick, who is starring as Macbeth, said, "When you view those characters Macbeth and Lady Macbeth as just evil or inherently bad, then that takes away their relatability."

Lexie Baker, who plays Lady Macbeth, said she sees Lady Macbeth as a human be-

'Just like most of us, she has a dysfunctional home life, baggage, and a desire to live a happy and fulfilling life," she

Flannery, who is directing "Macbeth" as his thesis project, has wanted to work on the play before but has not been given an opportunity until now. He previously has worked on two smaller plays, "Gruesome Playground Injuries" and "Eu-

"It was definitely going to be a big enough show and



Photo by Nao Enomoto Hunter Fredrick (right), who plays Macbeth, and Patience Davis (left) at technical rehearsal for Macbeth on Saturday, Oct. 29.

have enough support from faculty and advisers," he said.

"Macbeth" tells a story of a Scottish general, Macbeth, who desires to become the king, and his wife, Lady Macbeth, urges him to it. He commits a murder, which gets him the throne, but it also sets off a series of murders that puts him into a mental prison that will affect everything in his

"It is a very dark show emotionally," Fredrick

Flannery said "Macbeth" is mostly a play about murder, but more specifically how such actions "poison" the characters and make them lose them-

Fredrick said playing Macbeth has entailed many challenges, including getting into

a mind of a character "who hallucinates and envisions blood."

Baker also said it has been challenging to find "a safe way to explore the torment" Lady Macbeth goes

In addition, having onethird of the lines in the show fighting with legitimate weapons onstage have challenges for Fred-

"You have to have ice in your veins because you have to get it down to a science," he said. "To where if you have too much emotion ... if I do one move wrong, then he's dead."

Flannery said that seeing stage combat like this in a Lindenwood theater is rare, and with the design elements, they will make "Macbeth" "a unique production."

"I think the whole design theme has really gone all out as far as they can," he said.

Technical Director of Lindenwood Theater Stuart Hollis said the design of the rocky step-like set structure started from an idea of a castle ruin, which was combined with a little "aspect of edginess" taken from video

However, the design is mostly focused "on the senses and the environment," how the show feels and that way being more based on the "emotional aspect" supporting the mental journey of Macbeth in the

Fredrick said that the Lindenwood production of "Macbeth" will be "Shakespeare elevated in the way that

Shakespeare would want it to

"You will never see anything like it," he said. "It is absolutely phenomenal."

Fredrick said even if a patron is not a theater or Shakespeare person, he or she "will be astounded in the first two minutes of the show."

Flannery said that the storytelling of the show is an important aspect as well.

"If anything, I would love the audience to walk away feeling invigorated that their imaginations have been captured by this, and at least take away an appreciation for his storytelling," he said.

"Macbeth" will run on Nov. 3-5 at 7:30 p.m. in the Lindenwood Theater at J. Scheidegger Center. Tickets are available at the box office.

Get off the couch

Lindenwood University events:

Nerf Battlefront

Nov. 1 | Campus-wide Two teams of Nerf warriors will be pitted against each other to complete missions and solve puzzles.

Fall Leadership Series: 21 **Indispensable Qualities** of a Leader Nov. 1 | 4 - 5 p.m. | Harmon Hall 250 Student Involvement will be joined by Dr. Tom Cupples to discuss the 21 indispensable qualities of a leader and how to develop them.

NSC's Palmer School of Chiropractic **Information Session** Nov. 2 | 5:15 - 6:45 p.m. | Young Hall 104 Students interested in pursuing a degree in chiropracty can attend this information session hosted by the Palmer School of Chiropractic.

Nov. 2 | 7:30 - 9 p.m. | **Evans Commons 3020** The International Student Fellowship will be hosting mock elections open to everybody, including non-citizens in order to learn about the voting process in the U.S.. Attendees can also see guest speaker Dr.

ISF's Mock Elections

Mark Forbes.

The Great Debate Nov. 3 | 6 - 9 p.m. | Harmon Hall 117: **Dunseth Auditorium** Students from the College Democrats, Young Americans for Liberty and the College Republicans will be coming together to discuss their candidates and defend their platforms with questions and interactions from the audience.

Tri Sigma's Kindergarten Dinner

Nov. 3 | 7 - 10 p.m. | AB Leadership Room Head over to the AB Leadership Room and pay \$5 toward the Sigma Sigma Sigma Foundation in return for a plate of food fit for a kindergartener, including dinosaur chicken nuggets and macaroni.

William Shakespeare's Macbeth

Nov. 3 - 5 | 7:30 - 10 p.m. J. Scheidegger Center: The Lindenwood Theater

Head over to the Lindenwood Theater to see a different take on Shakespeare's classic play of tragedy, Macbeth.

LSGA's Mock Election Nov. 8 | 11 a.m. - 1 p.m. | Evans Commons Atrium

> Come share your political views with LSGA by participating in its mock general election and photo booth on the same day as the real general election in the United States.

Macbeth lead: It takes a lot of mental strength

Kearstin Cantrell

Sports Editor

Shakespearean plays have a reputation of pushing actors and help them cultivate their talent. For junior Hunter Fredrick, Lindenwood's production of "Macbeth" has done just that.

Fredrick, who is originally from Branson, started his theater career in high school. Back then, Fredrick found himself in many comedic roles. However, this has not been the case during his years at Lindenwood.

Whether the emotion being inflicted is glee or despair, Fredrick is grateful for the ability to do so.

"I grew up knowing that I love entertaining people," said Fredrick. "I love having the ability to take others' emotions and mold it to where I can influence it in a way."

Having the opportunity to work with the theater department at Lindenwood has matured Fredrick not only as an actor, but also as a person.

"Once I got to college, I realized I'm not the most talented person," he said. "I think I need to stay a little more humble."

Fredrick said that moving away from his hometown has giving him a different perspective.

"I'm very glad I was able to get away from the Branson side of things," Fredrick said. "I needed to get away from the smaller-town mindset to be able to grow."

Sophomore Cece Day, who went to high school with Fredrick, also has noticed a change since he left Branson.

"With each new opportunity I've seen him get, he has become more gracious," she

Since being cast as Macbeth, Fredrick has been diving into the role wholeheartedly. From opening up the text and figuring out what was being said, to finding the motivation and analyzing characterization, Fredrick has become one

with the play. "Macbeth is a role that a lot of people want to play, so there's a lot of pressure with this role," said Fredrick. "It's a lot more complex than any character I've ever had to play



Photo by Nao Enomoto

Hunter Fredrick, who plays Macbeth, and Lexie Baker, who plays Lady Macbeth at rehearsal.

because there are so many different puzzle pieces that you have to figure out."

However, Fredrick said he loves the challenge the role brings and the growth that has ensued from this play in particular.

"It was a very long and extremely rewarding process," Fredrick said, "It takes a lot of mental strength to play this role because it's so deep and dark and mysterious. But it's so fun to play."

Fredrick explained that there may be pressure to perform this role in the same way it has been performed in the past. However, throughout the process of channeling Macbeth, Fredrick has come to realize that the most important thing to do is to portray the character in a unique

"I need to make the character my own," Fredrick said. "It needs to be much more authentic and real in the delivery as opposed to scripted."

Fredrick is especially grateful to be working on "Macbeth" with so many talented individuals.

Day explained that the cast and crew of "Macbeth" are just

as excited to be working with

with them. "People love working with him because he genuinely cares about his fellow actors

Fredrick as he is to be working

he gets," Day said. Fredrick is very aware of the impact working with such an incredible group of people has had on him and has loved the process of putting the show together.

and works hard for everything

"This is easily the most diverse and well-rounded cast as far as talent that I've ever worked with," said Fredrick. "It's been an absolute joy and pleasure to work with them."