

WELCOME CLASS OF 2020 TO



Photo by Lindsey Fiala
One of the entrance gates for Lindenwood University. We wish the Class of 2020 luck as they start their career as Lindenwood Lions.



Photo by Carly Fristoe
The women's gymnastics team took first in their national championships. See how many national champions Lindenwood had last year. See B1.



Photo by Lindsey Fiala
A dorm room decorated to show Lindenwood school spirit. For more decorating tips. See A3.



Photo by Lindsey Fiala
Incoming freshmen got to check out campus organizations during several experience days. See B2.

NEWS

FYE: First Year Experience Agenda 2016

Thursday August 18, 2016

7:00 a.m.-8:30 a.m. Breakfast (Optional).....Evans Dining Hall
 9:00 a.m.-10:00 a.m. Administrator Showcase and Candidate Speeches.....Hyland Arena

10:30 a.m. -11:30 p.m. Meet with LUL 101 Class.....Assigned Rooms
 11:30 a.m.-1:00 p.m. Lunch.....Evans Dining Hall

1:30 p.m. - 3:30 p.m. Scavenger Hunt with Leo the Lion.....Lindenwood Campus
 3:30 p.m.-4:30 p.m. Meet with LUL 101 Class.....Assigned Rooms

5:00 p.m. - 6:30 p.m. Dinner.....Evans Dining Hall
 7:00 p.m.-8:30 p.m. Play Fair.....Hunter Stadium

8:30 p.m.-10:00 p.m. Outdoor Movie.....Evans Lawn



Friday August 19, 2016



7:00 a.m. -8:30 a.m. Breakfast (Optional).....Evans Dining Hall
 9:00 a.m. -10:30 a.m. Meet with LUL 101 Class.....Assigned Rooms
 10:45 a.m. - 11:15 a.m. Commuter Chat.....Spellmann 3015
 10:45 a.m. -11:15 a.m. Residence Hall Meeting.....Assigned Dorm
 11:30 a.m. -1:00 p.m. Lunch with Faculty.....Scheidegger Tent
 1:30 p.m. -3:00 p.m. Speaker: Tyrone Flowers.....Scheidegger
 3:30 p.m. -5:00 p.m. First Year Wars Prep.....Scheidegger
 5:30 p.m. -7:00 p.m. Dinner.....Evans Dining Hall
 8:00 p.m.-Until Block Party.....Evans Commons



Saturday August 20, 2016

11:00 a.m.-1:00 p.m. Brunch.....Evans Dining Hall
 2:00 p.m.-4:00 p.m. First Year Wars.....Evans Commons
 4:30 p.m.-6:00 p.m. Dinner.....Evans Dining Hall
 6:00 p.m.-7:00 p.m. Ice Cream Social.....Evans Dining Hall
 7:00 p.m. -2:00 a.m. Evans Unlocked.....Evans Commons



Sunday August 21, 2016

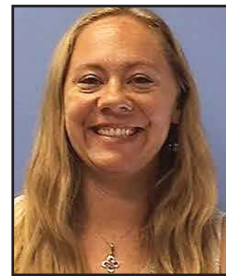
11:00 a.m.-1:00 p.m. Brunch.....Evans Dining Hall
 2:00 p.m.-3:00 p.m. Opening Chapel Service.....Chapel
 4:30 p.m.-6:00 p.m. Dinner.....Evans Dining Hall

Design by Tony Forcelledo

A guide to what events are happening during Freshman Experience Week on campus.

LUL101 gives freshmen mix of experiences

La'Markus Bragg
 Reporter



Sarah Tetley
 Director, First Year Programs

“My hopes for the course are that the students feel it will help them understand the resources and services they need to be a successful student.”
 -Sarah Tetley

The LUL 10100 Freshman Experience course, a class designed to help freshmen be successful at Lindenwood University, has been revamped to make it more enjoyable for students, officials said.

First-year students will have a mixture of different experiences inside the classroom with the provost and president, but people from outside of campus also will give presentations for the course.

Both faculty and staff will continue to teach the course with large presentations and online components. Topics covered in this course include time management, transitional issues, social issues, alcohol and drug abuse, health and wellness, campus involvement and career development.

Last year, the online module was connected to a book where students took quizzes every week. The course will now be more about how to be a successful Lindenwood student, and less about how to take a quiz or test. Students will also be taught how to use their resources on campus.

In previous years, the course was scheduled for two days out of the week. This year the course will be going hybrid with only one class a week, and the rest of the components are online.

Next year, the course will consist of assessments throughout the class period about the students' experiences on what should be changed.

After large presenta-

their campus community.”

Regardless of the number of college credits, high school graduates will automatically become first-year students.

Transfer students are required to participate in the Freshman Experience course if they have less than 24 transferable credits and have not taken the freshmen seminar course.

However, transfer students who have completed the freshman seminar course with less than 24 transferable credits, do not have to take the course but are encouraged to do so.

Lindenwood student Landon Shuffett, 22, said the Freshman Experience class gave him all the resources needed to become a successful college student.

“I thought it was cool that LU would take the time to have a whole class to teach us about what it takes to succeed in your first year of college,” Shuffett said. “It was fun but actually challenging at times. We were definitely tested over what we covered in the book. So that was cool. We couldn't slack off.”

Assistant Director of the First Year Experience, Caryn McFerren, believes the course overhaul will benefit first-year students.

“I think the changes will be fun and different,” she said. “It's definitely trial and error.”

Tetley said she thinks this class is one of the most vital courses a student can take.

“In my opinion, a course like this can really set students up for overall success,” she said.

tions, students will do a reflection about their experiences and give feedback about how to improve those presentations to adjust them for future classes.

Director of the First Year Programs, Sarah Tetley, said she believes this department will provide the tools to make each first-year student successful.

“My hopes for the course are that the students feel it will help them understand the resources and services they need to be a successful student,” she said. “I also hope it will connect them with people across campus to help them form

A welcome from LU president Shonrock

As we begin this academic year together, let's make it “like no other.” Undoubtedly, you've noticed that we say that phrase a lot, and it is engrained in our branding, but what does it mean?

It's far more than a slogan or a marketing tool. It's who we are and what we are all about.

Last year, we went through an in-depth process to develop Lindenwood's new branding, involving the entire Linden-

wood community: faculty, staff, administration, alumni and students. Together, we boiled down what makes Lindenwood special. Here is part of a statement that came out of that process:

“We've been around since 1827, and one of our proudest traditions is how well we adapt to the needs of our students and how we do our part to keep every member of the Lindenwood family on a path to success. “We do things different-

ly here, and it shows. Opportunity abounds in this community as we invest in the strengths of our diverse student body.

In all we do, we go above and beyond to provide an atmosphere where students can excel and grow, where faculty and staff members are passionate and approachable and where community can thrive.”

In our mission-driven, student-centered approach, we are indeed like no other.

er. Today's Lindenwood includes our two residential campuses in St. Charles and Belleville, as well as several extension sites throughout the region, including a brand new one in St. Louis' historic old post office building downtown. You will find that consistent Lindenwood approach everywhere you go.

We welcome our new employees with a T-shirt that says, “Make my first day like no other.” In that same way,

I'm here, with all our faculty and staff, to make your first days at Lindenwood like no other as well.

Consider this your virtual T-shirt.

So, on behalf of myself and my wife Karen, welcome to the Lindenwood University family, like no other.

Sincerely,

Michael D. Shonrock, Ph.D.
 President, Lindenwood University System



Lindenwood President
 Michael Shonrock

Help Wanted

Do you enjoy writing, designing, photography or selling advertisements? Come work for the Legacy and Lindenlink.com to build your resumé and gain practical work experience.

Contact us at LULegacy@lindenwood.edu

NEWS

DIY décor can transform a dorm

Here are six projects for under \$25

Nicole Sanders
Reporter

Tuition and textbooks can put a dent in any dorm room decorating budget, but a few DIY projects can turn bare walls into a student's personal canvas.

Here's six that cost less than \$25:

Wall calendars are a way to stay on top of your assignments, but it can be expensive to buy a new one each semester.

A chic alternative is to create a reusable calendar by using paint swatches.

First, pick a few paint swatches from Home Depot, which offers them free for indecisive painters. The swatches will represent the days of the month.

Second, grab a large picture frame at Wal-Mart for under \$10 to place the swatches in.

Third, glue each paint swatch to the back of the stock photo that comes with the frame.

Finally, slide the stock photo inside the frame. Use dry erase markers to write the dates on the glass.

Another version of this is to buy six clipboards, then use letter stickers to put the days of the week on them -- the sixth one being Saturday/Sunday.

Hang them on the wall in front of your desk and use sticky notes to remind you of assignments and deadlines.

Total cost of this project is about \$18 for the clipboards and \$5 for the stickers.

A boring brown box can transform into a blooming monogram. This DIY project will cost approximately \$7.

First, flip over the moving box to trace an initial on the flat surface. Cut the letter out, but don't throw away the scraps—they will be used to make the monogram 3-D.

After the remaining cardboard has been measured, attach each piece to the edge of the previously traced letter with a glue gun.

Second use faux flowers to fill the monogram. By clipping the flower head from the stem, it'll allow an easier application. Michael's sells all necessary items for 1.99 each.

Stores like Goodwill carry mason jars for 50 cents that can be used in various ways, including a pencil holder, cup or terrarium.

Use a can of spray paint, or sponge on several paints for added effect.

A graphic tee goes for \$2 at Goodwill, and wrapping it around a canvas board and using staples to secure it, also is quick way to cover dorm walls for less than \$10.

If you have a favorite T-shirt from your youth that is too small now, this is a good way to still enjoy it.

Need a place to hang your hat? A yardstick, some clothespins and glue will do the trick.

Buy a yardstick, glue the clothespins on at every inch, attach it to the wall with some mounting tape, and then add hats, scarves or belts. Total cost, \$5.

Washi tape -- if you haven't heard of it, get acquainted. It's basically decorated

tape that you can use to spruce up bare walls.

Let your creativity and designs fly.

You can score an assortment for \$5.



Photo by Kelby Lorenz



Photo by Lindsey Fiala



Photo by Lindsey Fiala



Photo by Lindsey Fiala

Get a discount at these businesses with an ID

Many businesses near Lindenwood's St. Charles campus offer discounts and deals -- all students have to do is ask -- and show their IDs. Here are some of them.

JJ's Restaurant:
10 percent off w/ID; 1215 S. Duchesne Dr., St. Charles.

Papa John's Pizza:
By phone just mention you're a Lindenwood student. large 1- topping \$7, medium 1- topping \$5; 2218 First Capitol Dr., St. Charles.

IMO's Pizza:
10 percent off w/ID; 2160 First Capitol Dr., St. Charles.

Dairy Queen:
No discount, but they do have a Lindenwood blizzard (caramel, oreo and cheesecake chunks) 2195 First Capitol Dr., St. Charles

Big A's on the Riverfront:
No discount, but they have the Lindenwood burger, 4 or 8 oz. with bacon and cheese; 308 N. Main St., St. Charles.

Gingham's Restaurant:
10 percent off meal w/ ID; 1881 Sherman Dr., St. Charles.

Alin's Diner:
10 percent off meal w/ID; 130 N. Kingshighway St. St. Charles.

Fuzzy's Taco Shop:
10 percent off meal w/ID (everything but alcohol); 2412 West Clay St., St. Charles.

Sucrose Bakery:
10 percent off w/ID (entire store); 700 Fifth St., St. Charles.

SugarBot Sweet Shop:
10 percent off w/ID (no specials) on Thursday; 433 Jackson St., St. Charles.

Popcorn Shoppe:
10 percent off w/ID; 409 S. Main St., St. Charles.

Great Clips:
25 percent off store products w/ID; 1920 1st Capitol Dr., St. Charles.

U-Nails:
\$2 off w/ID; 1940 1st Capitol Dr., St. Charles.

Moss Boutique:
10 percent off w/ID on Thursdays; 329 S. Main St., St. Charles.

St. Charles Lanes:
College Night, Wednesday after 9 p.m., Glo Bowl and DJ; \$1 game, \$3 bowling shoes, 2187 First Capitol Dr., St. Charles.

Main Street Books:
10 percent off w/ID; 307 S. Main St., St. Charles.

St. Andrews Cinema:
\$1 movies and weekly deals on concessions; 2025 Golfway St., St. Charles.

Goodwill:
No discount, but they have deals on everything; 2420 West Clay St., St. Charles.

LU Marketplace:
LU students sell everything possible from used books, clothes, electronics to furniture and everything in between! Join the group on Facebook!

Sushi Ai

15% off any purchase
to Lindenwood students and staff.
Just show your student ID.

Located at Bogey Hills Plaza
2009 Zumbuhl Rd. St Charles MO 63303
Phone number: 636-949-8888

Have a news tip?

Are there policies or procedures that you think need to be explained?

Do you know a student who is doing remarkable things?

Let us know at 636-949-4336 or LULegacy@lindenwood.edu

OPINIONS

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The views expressed herein are not necessarily the views of the university.

Letter to the Editor Policy:

The Legacy is proud to provide an open forum for a variety of opinions.

In order to share your perspectives, please send a Letter to the Editor to LULegacy@lindenwood.edu. Letters may not exceed 350 words, should avoid obscenities and must include the writer's full name.

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Staff Needed:

Do you enjoy writing, design or photography? Come work for the Legacy and Lindenlink.com to build your resumé and gain practical work experience.

You can contact us at LULegacy@lindenwood.edu.

We would appreciate your support!

Thank you for your continued support of our news publications!

Welcome from the editor

Hello!

Welcome to Lindenwood University. As you embark on this new journey, know that it is not as terrifying as you may think. Just keep your head high and start every day with a positive outlook.

Stay organized, work hard, and keep your cool. The experience you will find here is a proving ground, and as long as you stay on top of your work, you'll do great.

As you go through your college years, we hope that you stay up to date with campus and community news through our news outlets. The Legacy, Lindenlink.com, LUTV and KCLC 89.1 the Wood are run by students to keep you

informed of changing policies, coming events and much more.

Also, be sure to follow all of our news outlets on Facebook, Twitter and Instagram to stay in the loop.

With The Buzz app, you can keep up to date from your phone, so you will never have to worry about missing out.

As a staff, we are excited to get the opportunity to keep you up-to-date on all newsworthy events around campus and the St. Charles community.

We always accept news tips and story ideas. If you know of something that needs to be covered, do not be afraid to send an email or stop by the journalism lab on the

third floor of Spellmann Center.

Thank you for your support, and if you find it fun to write, take photos and videos, design graphics, edit stories or sell advertisements we would love for you to contact us and join the Legacy and Lindenlink.com staff! We welcome all levels of expertise, and our staff of editors are here to guide and mentor you through the journalistic process.

We hope to hear from you soon and that you will enjoy these next few years at Lindenwood!

-Kelby Lorenz

Editor-in-Chief,
The Legacy and Lindenlink.com



Editors share tips, advice for freshmen

Tyler Tousley

Opinions Editor

As I enter my final year of university, the largest piece of advice I have for incoming freshmen is to take as many credit hours as you can handle your first year or so.

Classes only get harder and

more involved as you go. Taking 18 credit hours is easier when it is mostly entry-level courses.

Taking 18 credit hours of upper level classes is a much larger task to tackle.

By the time you start to plan your senior year, you just



want to get out of school and into the professional world.

Taking fewer hours allows you to focus more energy on whatever it is that you want to pursue after graduation. When you only have 12 credit hours your last semester, you can use your ex-

tra time to work and save money. do an internship to explore your industry or even figure out exactly what grad school is.

In summary, take more hours your freshman and sophomore year to produce a positive ending to your time here.

Otherwise, just enjoy your time, keep an open mind and try to experience as much as you can.

Maiken Zoëga-Nielsen

Culture Editor

Welcome new lions! Happy first year, and may the odds be ever in your favor.

I'm partly kidding; starting college isn't that rough unless you really strive to drive yourself crazy, in which case you will succeed.

When I started as a freshman back in 2013, I was introduced to a whole new country and culture as well as an entirely new form of school system; to say I was perplexed would be an understatement. It really wasn't rocket sci-

ence to figure it out, but there are things I wish I would have known in the beginning, and to save you all the trouble, some calories and perhaps some cuts and bruises, I am going to share those things with you. First, I wish I would have known that the "Freshman 15" are no joke; they are a law of nature. It has taken me years to accept that even though I totally could eat Chinese every single day, I really shouldn't.

Second, I wish I knew that social probation is a thing, and even



though it sounds a lot scarier than it is, it isn't super fun to have attached to you, because that makes you a lot more stressed the next time you choose to be a little liberal with the rules.

I also wish I knew that the geese are not to be messed with in any way. You don't know terror until you've been chased by a giant bird on your way to school, because A) you look like an idiot running with your backpack on, and B) the freaking goose will eat you alive. Respect the geese; this is their school.

I wish I knew that the professors take the grading system very seriously and half a percent will cost you the A. Just do the homework; it's all I can say.

I wish I knew that waterproof mascara is not an option in the summer if you walk from class to class - it's a necessity. For those of you who are not local: St. Charles has this wonderful thing called "humidity," and it likes to stay in the 80 percent area, which basically translates to a sauna. So have fun with that.

So welcome all! I sincerely hope you'll love the school, because it really is a great university. Break legs!

Kearstin Cantrell

Assistant Sports Editor

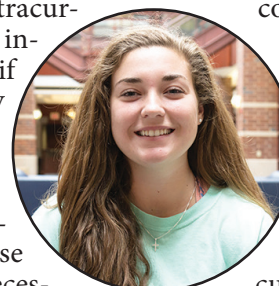
Most of the time, the idea of planning for your career is extremely exciting.

At other times, it can be a little daunting.

It's easy to get sucked into the idea that you have to keep a 4.0

GPA, juggle seven extracurriculars and get an internship right away if you want to have any chance of being successful after college.

Not only is that thought process incorrect, but it can also cause an abundance of unnecessary stress during your



college years.

As a Grade A perfectionist, I want you to know that the next few years will not be perfect.

You won't ace every class, you might only be able to handle two extracurriculars, and you might not land an internship until your

senior year. And there is nothing wrong with that.

Try not to set unreasonable standards for yourself.

Take your classes and your future seriously, but not so seriously that you forget to enjoy your college experience.

Take time to breath, do your best, and try to cut yourself some slack every once in awhile.

Essi Auguste Virtanen

News Editor

You cannot get through college, if you don't use a planner. It can be an old-fashioned book planner or the one on your phone. Google calendar app is also very popular. You can set up deadlines and meetings there and get notifications to remind you of them!

Trust me. Keeping track of readings, other homework assignments, their due dates and exams is essential. Also, plan when to

study certain subjects and you won't experience the stressful night-before cramming! This will also help you to have some free time for yourself, when you keep yourself organized!

These next four years of your life are the ones that you are going to look back to when you're old! Therefore, by organizing your school work efficiently, you can guarantee that you will also have time to make the most



of your college experience. Find out about the organizations on campus, find your interest and join! Or if there is not a club for your hobby, you can start one!

There is so much to do on campus. There will be theatre, dance and music shows throughout the year to go see. There are sports games and all kinds of events to go mingle and meet people! If you are interested on Greek Life, there are sororities and fraternities to choose from!

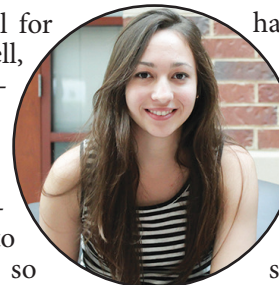
By getting involved in things that you are interested in from the very beginning, you will meet people who have the same interest, get connected and soon get that group of friends that will soon become your family. For most students, going to college means moving away from your family for the first time, but I will assure you that, if you go out there to meet people, you will find your own LU family here very quickly. In a small university like this, that is the best part. You learn students and professors by name that make you feel at home.

Mili Mena

Design Chief

Get out of your comfort zone and build yourself. College is the perfect time to become a better version of yourself, become stronger and well-rounded. It is tempting to be surrounded by people all the time, and it is completely OK; re-

lationships are essential for our development as well, and Lindenwood's diversity will give you the chance to learn about different cultures and expand your mind borders. But don't forget to leave time for yourself, so you can be clear of your responsibilities and can build strong



habits. You are more likely to achieve worthwhile goals if you have good habits. The repeated actions help you strengthen your self-discipline, which you'll need to be good students and professionals. And if you still don't know what you want to study, don't worry too much about

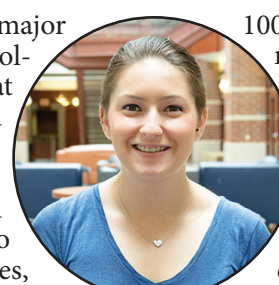
choosing a career. People rarely work in something-related to their studies. However, never stop being proactive and engaging in conversation with your professors. You are more likely to know what you want or don't want to do if you deepen what you are learning. Besides, college is expensive, and you should take advantage of every piece of it. Enjoy, and make the best of it!

Michelle Sproat

Sports Editor

One piece of advice that I have to offer is to keep an open mind while meeting new people. You will have many great experiences at Lindenwood University, but those experiences will be better if you share them with people who you

enjoy being around. A major part of going off to college is figuring out what your interests are and what kind of people you want to be around. At Lindenwood, you will meet students who live locally in St. Charles, but you will also meet people from across the U.S. and over



100 different countries! This means that you will be meeting people who come from various cultures and backgrounds. You may find that people have different opinions based on their cultures, and they may be different from your own. I recommend keeping an open mind

to other people's beliefs and cultural differences. If you are attending Lindenwood with other students from your high school, don't be afraid of expanding your friend group, or removing yourself from your high-school roots to meet new people. Taking the opportunity to embrace diversity among people will get you far, not only in college, but in life.

SPORTS

LU brings home national titles

Phil Scherer
Reporter

Lindenwood University stands apart from other colleges and universities due to its 55 athletic programs and multiple national championships in its history. Numerous Lindenwood

sports teams were added to the NCAA in 2013.

In recent years, Lindenwood has seen a number of its athletes reach the professional ranks in their respective sports, including football player Pierre Desir of the Cleveland Browns and UFC fighters Mike Rio and Jonathan Brookins. Two other athletes have recently been drafted to professional teams as of recent.

Baseball player, Geoff Hartlieb, was drafted by the Pittsburgh Pirates in June and lacrosse player, Graeme Hossack, was drafted second overall in the National League Lacrosse draft in 2015.

Lindenwood has a long tradition of producing Olympic athletes. Eight former and future Lions are competing in the 2016 Games in Rio. Future Lindenwood student Hidilyn Diaz

earned a silver medal at the Olympics in Women's 53kg on Aug. 7, while former Lindenwood shotgun team member Morgan Craft took fifth overall in the women's skeet competition. Perhaps the most impressive accomplishment was the eight national championships Lindenwood was able to earn in the past school year.

Contributions by Walker van Wey

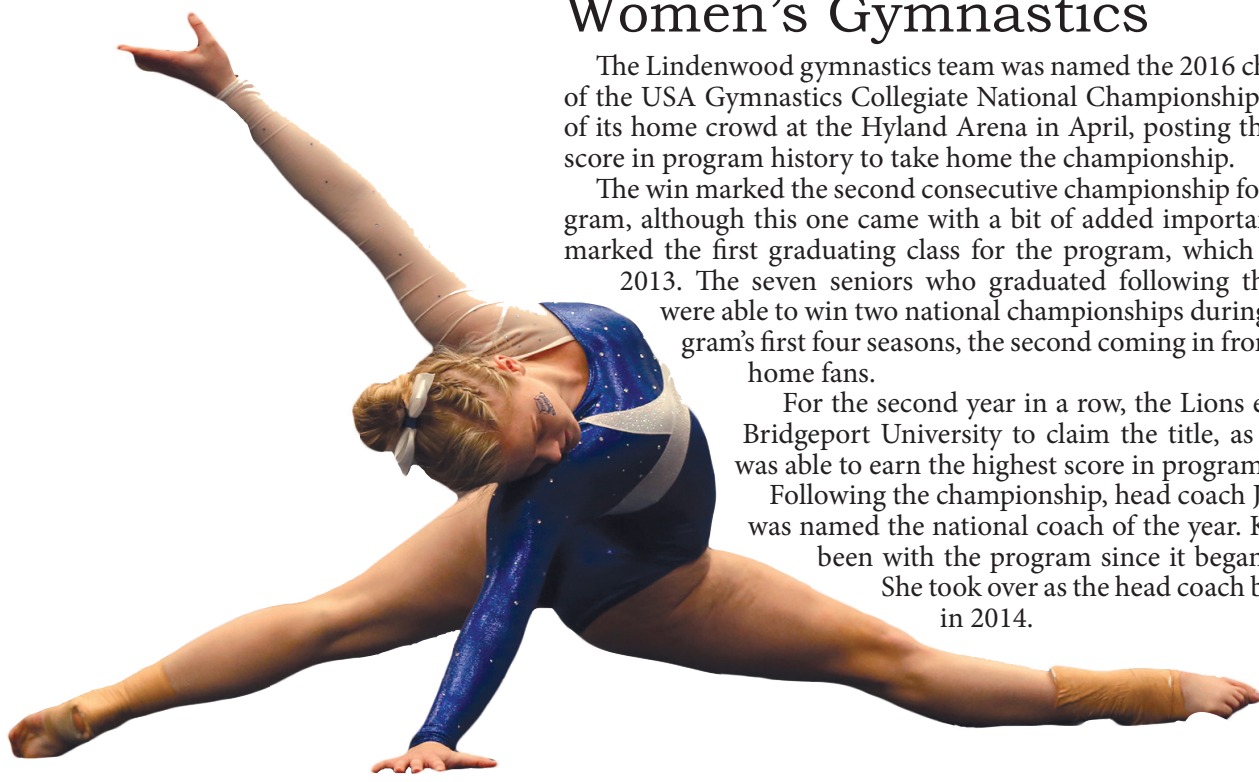


Photo by Carly Fristoe

The gymnastics team performed well in several routines to earn the highest score in program history.

Women's Gymnastics

The Lindenwood gymnastics team was named the 2016 champions of the USA Gymnastics Collegiate National Championships in front of its home crowd at the Hyland Arena in April, posting the highest score in program history to take home the championship.

The win marked the second consecutive championship for the program, although this one came with a bit of added importance. 2016 marked the first graduating class for the program, which began in 2013. The seven seniors who graduated following the season were able to win two national championships during the program's first four seasons, the second coming in front of their home fans.

For the second year in a row, the Lions edged out Bridgeport University to claim the title, as the team was able to earn the highest score in program history.

Following the championship, head coach Jen Kesler was named the national coach of the year. Kesler has been with the program since it began in 2013.

She took over as the head coach beginning in 2014.

Synchronized Swimming

The Lindenwood synchronized swimming team took home the championship at the U.S. Senior National Championships, which took place in Mesa, Arizona, in April. This was the second year in a row that the Lions were named the champions of the event. They were also named the collegiate champions at the end of the 2014 season.

Not only did the team win the overall championship, but members of the team also won individual titles. 2012 Olympian Mary Killman won the solo competition by more than four points over Ohio State's Emma Baranski.

In addition, Killman and her partner Vasilisa Mironova won the duet competition. Lindenwood also had three other competitors finish in the top five of the solo competition, and had two other groups finish in the top five of the duet competition.

Following the competition, Lindenwood coaches Lori Eaton and Reem Abdalazem were named the Coaches of the Year. The score of 111 put up by Lindenwood marked at 31 point improvement over the team's performance from the year before at the event.

Men's Ice Hockey

The Lindenwood men's hockey team was named the American Collegiate Hockey Association's 2016 national champions, as they defeated Iowa State 2-1 in the league tournament's championship game, which took place in March.

For Lindenwood, it marked the team's third national title overall, with the last one coming back in 2010.

To win the tournament, the Lions defeated the University of Delaware, Oklahoma University and Davenport University, in addition to Iowa State in the finals.

It capped off a season in which the Lions went 27-10, including an impressive 15-2 at home.

Following the championship, Lindenwood goaltender Michael Hails was named the Most Valuable Player of the tournament.

Teammates Brandon Rumble, Mike Lozano and Lukas Daniels were awarded First-Team All-Tournament status following impressive performances.

Also receiving recognition were Stephen Bopp and Tommy Heinzman, who were given Honorable Mention status for the tournament.

Men's Water Polo

The Lindenwood men's water polo team was named the 2015 champions of the Collegiate Water Polo Association (CWPA) Men's Division I Club Championship, which took place in Santa Cruz, California, in November. This was the second consecutive championship for the team after they claimed victory in 2014.

To claim the championship, Lindenwood defeated San Diego State University 10-9 in the finals of the tournament. Coincidentally, they also defeated the same San Diego State team to win the title in 2014. In addition to San Diego State, Lindenwood also had to defeat the University-Santa Cruz, Long Beach State and Dartmouth on the road to the championship.

Lindenwood became just the fourth program to ever win back-to-back championships at the event. They finished the 2015 campaign with a record of 18-1.

Following the tournament, three members of the team were selected members of the All-Tournament team: Toni Storic, Javier Platero and Diego Aldea. In addition, head coach Dave Miller was named the Most Outstanding Coach.

Shotgun Sports

The Lindenwood shotgun sports team won its 13th consecutive national championship at the Association of College Unions International (ACUI) Collegiate Clay Target Championships, which took place in San Antonio, Texas, in April.

To win the championship this year, they defeated Bethel University, leaving Bethel 68 targets behind the Lions.

Lindenwood had a number of impressive individual performances at the championships, highlighted by perfect scores of 100/100 at the trap event by Trey Hill and Hardy Musselman.

In the American Trap event, the Lions were also named the champions, as a five-man team was able to hit 497 of the 500 targets.

Overall, six members of the team were named first-team All-Americans: Brady Simms, Chase Walter, Matthew Griffiths, James Barnard, Shawn Kemeter and Will Thomas.

The Lions have won the team championship at the event every year since 2004.

Synchronized Skating



Photo courtesy of Don Adams Jr.

The synchronized skating team took home another championship last year against the University of Missouri.

The Lindenwood synchronized skating team won first place at the Ice Skating Institute (ISI) Synchronized Skating Championships, which took place in front of their home crowd at the St. Peters Rec-Plex in August.

To win the title, the Lions defeated the University of Missouri. The collegiate championships were just a part of the event, which saw nearly 600 skaters take the ice at the Rec-Plex from a variety of different divisions and age groups.

This is the third consecutive year that Lindenwood has won the event, dating back to the 2014 championships.

The team will look much the same as they look to defend their title during the 2017 season, as only two members of the championship-winning team have graduated.

Cheerleading



The Lindenwood cheerleading program took home a national championship in the Intermediate Small Coed Division at the National Cheerleaders Association (NCA) & National Dance Alliance (NDA) Collegiate Cheer & Dance Championships, which took place in Daytona, Florida, in April.

This was the second consecutive year that the program was able to come home with a championship, after winning the Large Coed Cheer title in 2015.

To win the championship, Lindenwood was able to defeat Long Island University and McKendree University, both of which finished less than one point behind the Lions in the finals of the event.

The majority of the championship-winning group remains intact heading into the new school year, as only five of the 24 members of the team have graduated.

Overall, this is the third national championship for the program, with the first coming in 2011.

Photo by Carly Fristoe

A base team supports one flyer in a gymnastics routine.

Billiards

Brianna Miller and Sharik Sayed from the Lindenwood billiards team took home individual national championships at the 2016 ACUI Collegiate 9-Ball Championships, which took place June 10-12 in Tempe, Arizona.

The competition was split between male and female competitors. Miller, a junior, took home her third consecutive title, winning the championship each year she has been at Lindenwood. She defeated fellow Lion Taylor Reynolds, a freshman, to claim the championship.

For Sayed, also a junior, it was his first title at

the event. To win the championship, he defeated his teammates Tanner Nickels and Sean Sommers, as the Lions finished in the top three of the event. Each of the past two seasons, the championship had gone to fellow Lion, Landon Shuffett, who was unable to attend this year's championship because of prior personal obligations.

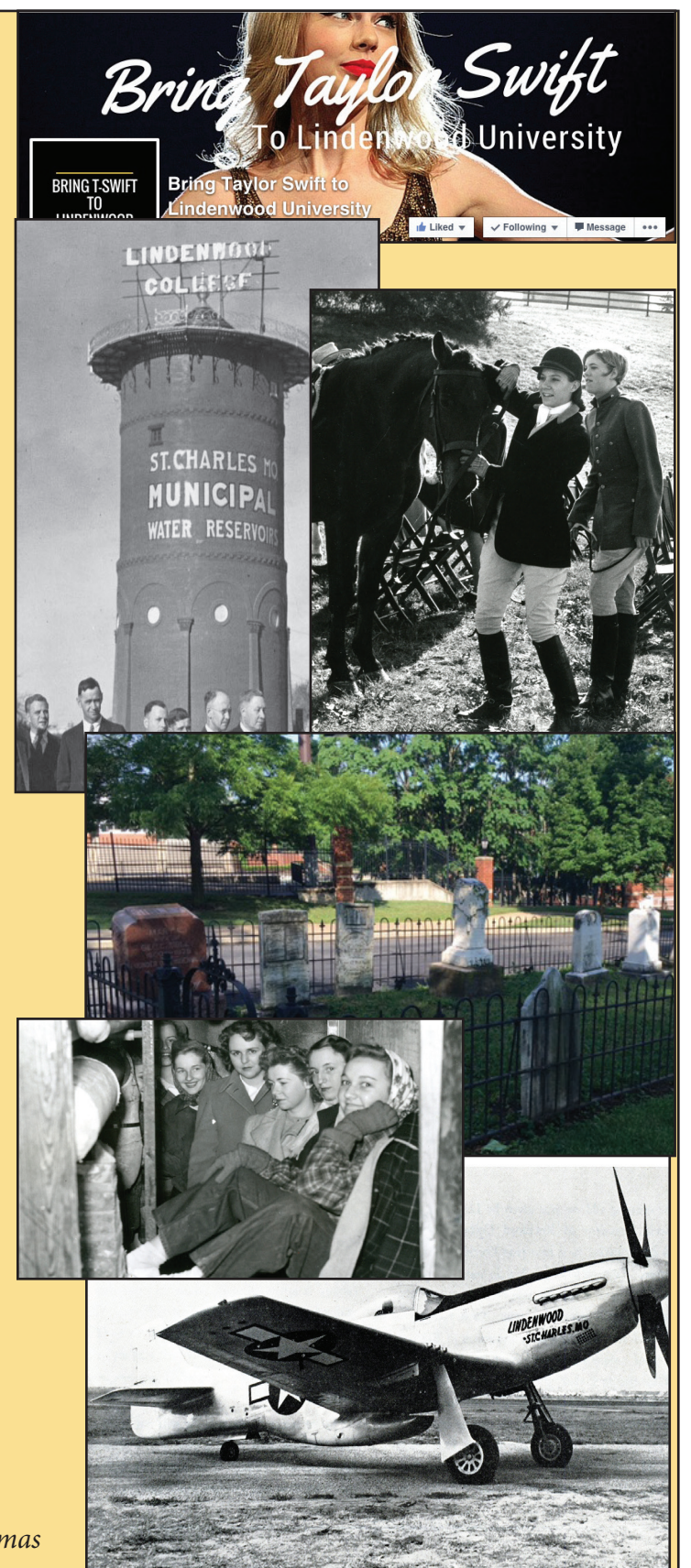
The championships topped off a successful all-around season for the billiards team, which went 11-3 in head-to-head competition, including an undefeated record against collegiate competition.

CULTURE

15 fun facts about Lindenwood University

1. Music superstar Taylor Swift's grandmother, Majorie Moehlenkamp Finlay, graduated from Lindenwood in 1949. She got a bachelor's degree in music.
2. The hazing of freshmen was normal at Lindenwood in the 1920s. Freshmen were required to blacken one eye with shoe polish and drag a peanut behind them on a string.
3. Lindenwood cemetery is across the street from Harlan Hunter Stadium, and LU Founders George and Mary Sibley are buried there along with some relatives and three of President John Roemer's dogs. Mary Sibley's ghost reportedly has been spotted on campus by various students, RDs and professors over the years.
4. Lindenwood University has a network of tunnels running underneath the heritage portion of the campus. Rumors of them being used as passageways between buildings or as part of the Underground Railroad are unfounded. The only documented time students used these tunnels was to run air raid drills during World War II.
5. During World War II, the women of Lindenwood raised enough money through war bonds to have a victory ship and a fighter plane named after the school. Enough money also was raised to supply a ship with a library for the crew.
6. Billy Joel held a concert in Lindenwood's Jelkyl Theatre in February 1972 before he struck it big. Tickets were only \$1.
7. Women played football here at Lindenwood before men did, and they participated in collegiate play. Their competition came from Fontbonne College, Saint Louis University and the University of Missouri at St. Louis.
8. According to an archived letter from the Class of 1838, classes here started as early 5:15 a.m.
9. Between the 1920s and 1940s, then Lindenwood College had a golf course on campus for the exclusive use of its students. The 18-hole course was in the area where Cobbs, Irwin and McCluer Halls are located, over to the old water tower.
10. The fitness center was once the stables for Lindenwood's equestrian program. It was a favorite among students for nearly 50 years, but cost-cutting measures ended it in 1981. Gypsy Jingles, Sneaky Pete and Sgt. Pepper were the names of some of the horses housed there.
11. In the 1990s, Lindenwood accepted pigs from farmers in exchange for a reduction in their child's tuition. The pigs were butchered and used for bacon, sausage and pork steaks in Lindenwood's cafeteria.
12. Between the years of 1907 and 1928, Lindenwood benefactor James Butler offered students \$25 (about \$600 in today's dollars) for every student they were able to recruit to the school. The school population quadrupled.
13. Lindenwood was one of the first places in Missouri to own a telephone. A 1883 college catalog says Lindenwood had its own telephone connection to St. Louis. This was just seven years after Alexander Graham Bell patented his invention in the United States.
14. The old water tower has been a fixture at Lindenwood since 1883. Between the 1920s and 1950s, it supported a large red neon sign advertising "Lindenwood College."
15. Leo the Lion has not always been the LU mascot. During the 1989-1990 season, the women's soccer team used a life-sized Gumby. During the year, pranksters kidnapped and placed him in a number of locations around campus. The following year, the team returned to using the lion.

List created by Reporter Wesley Thomas



Students get chance to experience Lindenwood

Walker van Wey
Reporter

As the summer wound down, some incoming freshmen made one last trip to Lindenwood University before moving in and starting the next chapter of their lives as college students.

Dubbed Lindenwood Experience Days, new students participated in dorm tours, lecture wars, scavenger hunts and got a chance to win an iPad mini.

New arrivals listened as school club representatives stood at tables making their best recruitment pitches before the students went over

to the food tables and discussed their days with their families.

Whether the student was an older transfer student, a non-traditional student or 18-year-old incoming freshman, it was unanimous that the Lindenwood Experience Day was worth checking out.

Immediately following an orientation at the J. Scheidegger Center for the Arts, the students made their way over to Spellman Center, where the club representatives were waiting for them, and for the most part, the freshmen were curious and interested from the beginning.

"I don't have much of

a plan at this point," said freshman Ryan Muehle-mann. "But something tells me I'll be signing my name to something up there."

Transfer students seemed to know more of what they were looking for as they approached the booths.

Many times they checked everything over but ultimately knew what they were in search of before wading through the sea of students and parents waiting for them.

"I'm most interested in creative writing, for sure," said St. Charles Community College transfer Sammie Evans. "But I'm not totally sure. I'm one of those people who



Photo by Lindsey Fiala

An incoming freshman got to learn more about campus organizations on an experience day.

likes to be involved in everything."

Transfer students were entertained by the orientations and the clubs but felt the day was mainly geared toward the incoming freshmen.

"I came to see what it's

about, and it's very promoted toward freshmen," said Tony Elliott, a transfer student from Meramec-- St. Louis Community College.

As the freshmen experience came to an end, there were plenty of introductions, laughs and smiles for

the never ending amount of selfies. Just the recipe Lindenwood was asking for.

"I like that it does feel almost like a high school," Evans said. "Everybody here is definitely like a family, and that's what I like the best already."



Photo by Lindsey Fiala

Incoming freshmen and their parents were able to meet organization representatives.

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CULTURE

Where can I get?

Answers to questions about financial aid:
 Financial Aid Office – lower level of Roemer Hall; Mon – Thurs (8 a.m. to 6 p.m.) Friday (8 a.m. to 5 p.m.) Saturday (closed)

Textbooks:
 Amazon, Chegg, BIGWORDS, AbeBooks, DealOz, Book X
 - Change or Barnes & Nobles on campus.

Wash laundry:
 Evans Commons or check your dorm, if you must do it on campus, but for bigger loads or larger washers go to Just Come Clean, LLC, located at 329 Droste Rd. or Kim's Laundromat at 415 N. 5th St.

Assistance with writing essays:
 Writing Center – lower level Butler Library.

To see a nurse, if I am sick:
 Student Health/Wellness Center -- Evans Commons, third floor.

Resources and support with career plans and transitions for a lifetime:
 Career Development -- Spellmann 3175

HAPPINESS JUST AHEAD

Furniture:
 -- Walmart – 2897 Veterans Memorial Pkwy.; Big Lots – 5881 Suedmandy Dr., Goodwill – 2428 W. Clay St.

Help with housing issues:
 Residential Life – Evans Commons, Room 3010.

A ride:
 SCAT; MO Rides; Ace Cab; St. Charles Yellow Cab
 List compiled by Reporter Wesley Thomas

Forms to anything, policy exemptions, enrollment verifications and other academic paperwork:
 Academic Services – lower level of Roemer Hall.

Cash:
 ATM -- Spellmann Center third floor, Evans Commons main level

Information about starting/joining student organizations, Greek life, planning or partaking events:
 Student Involvement – Evans Commons 3040; Weekdays: 8 a.m. to 5 p.m.

Tuition, other payments to university or any money related matters:
 Business Office – Main floor of Roemer Hall;
 Mon – Thurs (8 a.m. to 6 p.m.) Friday (8 a.m. to 5 p.m.) Saturday (closed)

Refunds:
 Student Refund Office – Main floor of Roemer Hall; Mon – Fri (8 a.m. to 5 p.m.) Saturday (closed)
 Forms to anything, policy exemptions, enrollment verifications and other academic paperwork: Academic Services – lower level of Roemer Hall.

Groceries:
 -- ALDI – 1335 Bass Pro Drive; Mid - Towne Market – 317 Hawthorn Ave.; Save-A-Lot – 3102 W. Clay Ave.; Schnucks -- 1900 First Capitol Dr.; Dierbergs Markets – 2021 Zumbahl Rd.

Where are we from?

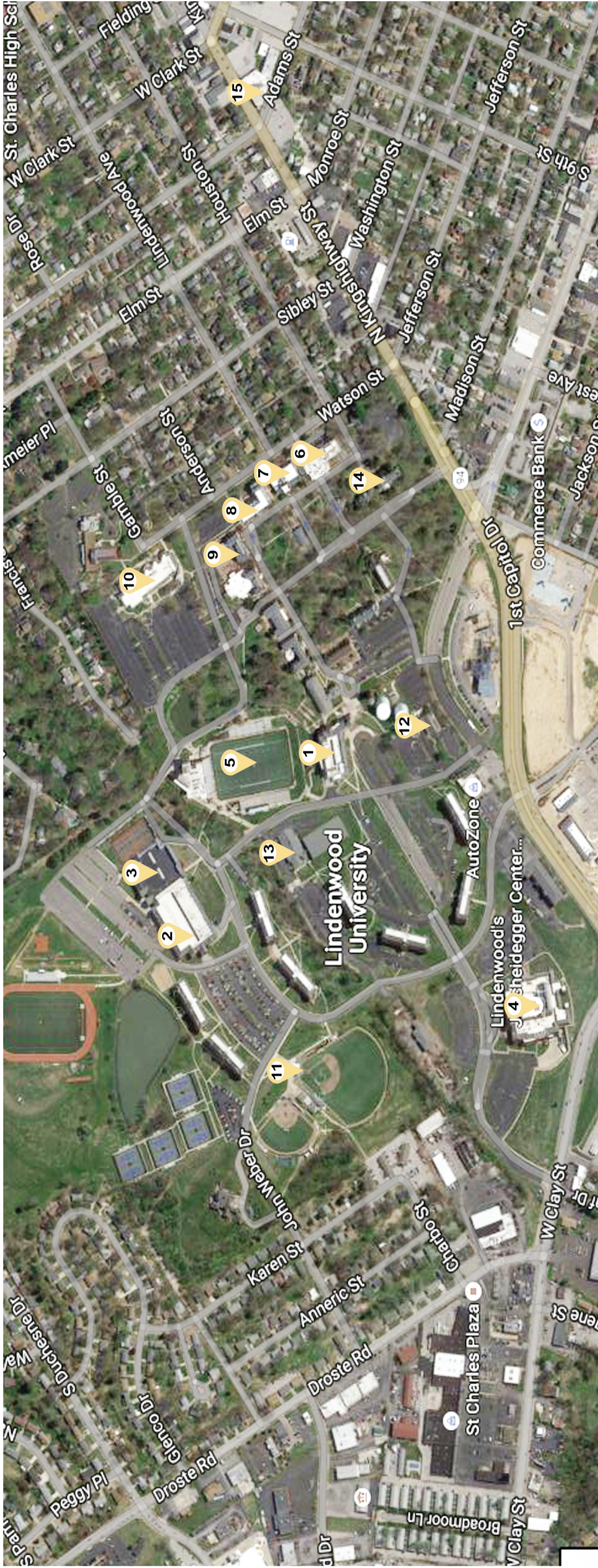


Design by Yu Hao
 The Class of 2020 is from 33 countries and 35 states, according to the Lindenwood Office of Admissions.

EXTRAS



Campus Map



- 1. Spellmann Center
- 2. Evans Commons
- 3. Hyland Arena
- 4. J. Scheidegger Center
- 5. Hunter Stadium
- 6. Young Hall
- 7. Butler Library
- 8. Roemer Hall
- 9. Butler Hall
- 10. Harmon Hall
- 11. Lou Brock Sports Complex
- 12. Welcome Center
- 13. Field House
- 14. Memorial Arts Building
- 15. LU Cultural Center