



# THE LEGACY

Above: The Golden Line dance team keeps spirits high at Lindenwood's 2015 Homecoming parade. Visit [Lindenlink.com](http://Lindenlink.com) for a time lapse video of the parade.

## LU security renews safety message

### Safety program to review plans for shootings

Viktoria Muench  
News Editor

Reports on tragic school shootings and other campus crimes have been more apparent in the media recently. With the introduction of the Dorm Watch Program, Lindenwood's Public Safety and Security Office will talk to students this month to discuss and practice safety procedures in case of active shooters.

Lindenwood does not have a gated campus and most campus facilities are open to visitors. According to Director of Security John Bowman, the chances for incidents to happen on campus are always there, despite the work all security officers do to keep the community safe.

Bowman said his team is always alert, but he urges the student population and visitors to keep their eyes open as well.

"They are the ones to see or hear something before we will," he said. "We encourage everyone on campus to be more vigilant. If they know someone that is going through something or posts comments on social media, we need them to let us know so that we can review it and see if this person is a threat or not."

Unlike fire drills, Lindenwood does not have drills for the case of an active shooter on campus.

Bowman said that this is why they introduced a special program last year to educate students on safety in different types of life-threatening scenarios.

"We have security officers go into the buildings to meet with the residents and go over crime statistics and tips to keep them safe in case of an active shooter," Bowman said.

After the program started last year, security has worked on enhancing it with presentations held three times per semester.

Bowman said that videos and resources are made available to faculty to prepare them for certain situations.

Additionally, there is an annual exercise to go over different events that could happen and to see how the emergency operations would respond.

While taking precautions for emergency situations, Bowman said that Lindenwood is still a very safe campus.

"We don't have a lot of violent crimes and our burglary rates went way down. Once you start reinforcing safety issues you are able to do it without thinking, so I think we are very safe here," said Bowman.

**For more information:**

Visit the security page at [lindenwood.edu/security/](http://lindenwood.edu/security/)

Follow LU security on Twitter @LUPublicSafety

24/7 Security Direct Line:  
636-949-4911

Visit [Lindenlink.com](http://Lindenlink.com) for a video on surviving an active shooter event and to view all emergency procedures provided by Lindenwood Public Safety and Security

Design by Kelby Lorenz

## Active Shooter Action Plan

Persons observing life-threatening acts should immediately seek shelter and call St. Charles police 911 and LU Public Safety and Security (636) 949-4911

**Provide the following information:**

- Location of the shooter
- Description of shooter and type of weapon
- Number of shooters, if known
- Number of people at your location

**If you are inside a building when violence occurs:**

| Evacuate  | Hide Out  | Take Action<br><i>Only as a last resort</i>  |
|---|---|--|
| <ul style="list-style-type: none"> <li>-Have an escape route</li> <li>-Leave all possessions</li> <li>-Keep your hands visible</li> <li>-Stop others from entering the building</li> <li>-Call 911</li> </ul> | <ul style="list-style-type: none"> <li>-Hide in a safe area, out of shooter's view</li> <li>-Block and lock the door</li> <li>-Turn off lights</li> <li>-Silence your phone</li> <li>-Stay quiet</li> </ul> | <ul style="list-style-type: none"> <li>-Attempt to incapacitate the shooter</li> <li>-Act with physical aggression</li> <li>-Use tables, chairs or other objects to throw or hit the shooter with</li> </ul> |

**Do Not Unlock the Door for Anyone**  
St. Charles police or university officials will unlock the door and provide instructions once the area is secure.

Information from LU Public Safety and Security Emergency Plan

Design by Cayla Brown

## Recent shootings on US campuses cause new push across the nation

Caitlin Baker  
Reporter

Since August 2015, there have been 18 school shootings in the country, according to Everytown for Gun Safety. A total of 150 school shootings were counted since 2013, which brings the numbers to almost one shooting every week.

The presence of Lindenwood's security has students feeling safe. Senior and biology student Elizabeth Key said she feels protected at the school.

"I feel safe on campus and I'd like to think I know what to do if an active shooter were on campus," Key said. "I would barricade the door, turn off the lights and hide away from the windows."

John Bowman,

Lindenwood's director of Public Safety and Security, said he believes the school is a safe place, but in the event of an active shooter, faculty and students should use the "run, hide, fight" strategy.

Bowman said once a student has received an alert or heard gunshots, they should run out of the building if possible.

If they can not run, they should lock all of the doors, turn off the lights and hide. If a student comes in contact with an active shooter, they should fight for their life.

"As soon as we verify that there is an active shooter and the police were notified, we would send out an alert to let everybody know [they should take] shelter if they can, if they can get out of the area do

**"The shootings that happened in Oregon and Texas and Georgia, it could have happened anywhere in the United States and anytime where you have a large population of people."**

**-John Bowman,  
Director of Public Safety and Security**

it, but we will give them instructions," Bowman said. "If they are hearing shots fired in the building, leave if they can. If it's too close, secure their room to where [the intruder] can't make entry."

Two years ago, the Public Safety and Security Office installed locks on every classroom door so the door can be locked from the inside and help prevent an intruder from entering. Bowman

says it will take more than just the security staff to keep students safe.

"Usually the police or security are reactive because something is already happening, and we want to be proactive. That's why we encourage everybody to report [suspicious] things so it can be followed up on," Bowman said. "The shootings that happened in Oregon and Texas and Georgia, it could have happened anywhere

in the United States and anytime where you have a large population of people."

School shootings not only affect the entire community, but also have long-term impacts on the school. Enrollment rates go down and test scores decrease by nearly 5 percent, according to Everytown for Gun Safety. Their recent analysis shows that about a third of these shootings are caused by an argument or confrontation that escalated with a gun at hand.

Bowman encourages everyone to educate themselves on how to be proactive and reactive in suspicious situations.

"If the students work with us, we can continue to keep this campus safe and crime rates low," said Bowman.

### 7-Day Forecast

Weather taken from Weather.com, accurate as of Oct. 18 at 7:30 p.m.

| Tuesday      | Wednesday    | Thursday     | Friday       | Saturday     | Sunday       | Monday       |
|--------------|--------------|--------------|--------------|--------------|--------------|--------------|
| H 79<br>L 56 | H 83<br>L 57 | H 77<br>L 56 | H 77<br>L 57 | H 66<br>L 48 | H 64<br>L 43 | H 66<br>L 47 |
| 10/20        | 10/21        | 10/22        | 10/23        | 10/24        | 10/25        | 10/26        |



## NEWS

# Spellmann could get Starbucks, Jamba Juice with dining update

**Faith Schallert**  
Reporter

The future of Lindenwood's dining services could face a major revamp. Nancy Tinker,

director of Pedestal Foods, proposed plans to members of the Lindenwood Student Government Association on Wednesday, Oct. 14, which involve adding a convenience store and

corporate restaurants to campus dining locations.

According to Tinker, Pedestal wants to get rid of Grab & Go and create a new dining structure in the pavilion that will feature a convenience store.

Some of the food options of the new facility would be a cross between Subway and St. Louis Bread Co. Also, "students want fire pits added to the pavilion," said Tinker.

The ideas do not stop there. Pedestal also wants to relocate the all-you-can-eat dining style of Spellmann so that they can make room for a food court with national brands.

Tinker also mentioned adding another convenience option in Spellmann next to the coffee shop that would include a Jamba Juice.

Additionally, Starbucks has been surveying the campus and would like to add a facility, according to Tinker.

"Starbucks wants to take out the two left classrooms on the main floor in



Photo by Mai Urai

The foods offered in Spellmann could soon see choices from national brands.

Spellmann," said Tinker.

With new dining experiences also comes new meal plans. Tinker said it would cost anywhere from \$1,000–3,000 extra a year for these accommodations. She urged students that in order for this to happen, meal plan prices would increase, but there would be added options.

Unused meals would

roll-over so that students can use missed meals in the convenience stores, which would be open later hours.

Also, students will have varying options to add flex points to their account or decrease the amount of meals a student will receive based on what they want to pay.

Pedestal is planning on

taking these ideas to the board, but are first doing a student-wide survey to see if this is truly what the students want.

As of right now Pedestal will be placing nutrition information on food and updating the website to include a menu. They also have an allergy binder available for the students to look at in the cafeterias.



Photo by Mai Urai

The pavilion may be converted into a convenience store with food similar to what could be found at St. Louis Bread Co. and Subway.

## Outsourcing and dorm delivery proposed for campus mailroom

**Emily Miller**  
Reporter

Mail services may see new improvements based on student input, an administrator said at a Lindenwood Student Government Association meeting last month.

Included in the suggestions are the possibility of outsourcing the work to a service like the United Parcel Service, getting packages delivered to dorm rooms and allowing students to send out mail on campus, said Ryan Guffey, vice president for student development.

Administrators polled members of the LSGA about the issue, posing questions like whether mailroom workers are courteous and whether

mail is delivered to the right spot or is misdirected.

Currently, the university only provides a mailbox to students who request one. Oversized mail or packages can be picked up in Evans Commons between 8:30 a.m. and 5 p.m. Monday through Friday when mailroom workers are present.

About 33,000 pieces of mail are sorted each year. Because the mailroom is such a large operation, handing over the work to professionals could require an extra service fee or reallocation of budget funds, officials said.

One recent afternoon, only a few students waited in line for mail, and they were divided about the suggested changes for

package delivery.

Senior Linsey Chapa said she thinks the current mailroom operation is pretty organized, and she wouldn't feel comfortable having packages delivered to her dorm or home unless someone was there to receive them.

"If not, then it makes easy access for anyone to just steal it," she said. "When it's delivered in the mail room, I get notified when the package is in, and it's safe with the school."

Sophomore Julia Geigle said she too had no complaints about the mailroom, but she would like the convenience of getting packages delivered to her room.

"It would save a lot of time because it's often hard to pick up your mail with

the opening times," she said.

Currently, emails go to individuals who receive packages, said Mike Tolman, campus service coordinator.

But students also could get emails for letter mail, something that would require a major system overhaul, Tolman said.

If the mailroom is outsourced to a company like UPS, the current Work and Learn positions may be lost, Guffey said, but those students could instead be employed by the company that takes over.

It is possible the number of jobs could even increase, he said.

Talks are in the preliminary stages, and no decision will be made on changes this semester.



Photo by Nao Enomoto

Students find things to do on their phones while they wait for their packages to be ready in the mailroom.

Screenshot of herffjones.com

## December grads urged to order caps and gowns

Students who are graduating in December are required to reserve a cap and gown by 11:59 p.m. on Nov. 9.

The undergraduate reservation is covered by the \$100 graduation fee, which also includes diplomas and graduation processing.

Graduate students have a \$125 graduation fee, and doctoral students have a \$200 fee, both of which include diplomas, caps, gowns and hoods.

Students can also choose to order other items,

such as an international stole, souvenir tassels and personalized graduation announcements.

Visit [herffjones.com/college/lindenwood](http://herffjones.com/college/lindenwood) to reserve the cap and gown.

Students who have not resolved their account balances by Nov. 2 will not be able to participate in the Dec. 6 ceremony, according to Lindenwood's website.

All students must pay the graduation fee.

Applications for May 2016 graduation are due Dec. 30.

## Clarifications and Corrections — Page 4

The lip syncing photo on Page 4 in the Oct. 6 issue showed members of Phi Lambda Phi. The cutline misidentified them.





# CULTURE

## Delta Zeta repeats lip sync victory



Photo by Carly Fristoe  
Members of Delta Zeta line up before their performance at the Lip Sync contest during Homecoming. The group took first place for the second year in a row.

**Viktoria Muench**  
News Editor

A crowd of about 900 Lindenwood students, faculty and other admirers came together on Thursday to “live the legacy” and cheer on their friends and classmates as nine groups took the stage to perform at the 2015 Homecoming Lip Sync Contest.

Over the past few years, the contest has increased in popularity and has quickly become one of students’ favorite Homecoming events.

Taking place in the Hyland Arena this year, the battle showcased a variety of dance and lip sync performances that paid tribute to some of the most popular and influential musicians.

For the second consecutive year, the women of the Delta Zeta sorority won the contest, taking home the grand prize of \$475. Delta Zeta vice president Courtney Loge said the women worked hard to make sure their performance was on point again.

“We practiced for about a month and this past week we went to the dance studio every day for three hours to put this show together,” Loge said.

“We are so pumped. Winning two years in a row is so awesome and we are ecstatic,” she said.

Featuring tap dancing, a constant change of outfits and different styles of music, the sorority showed enough creativity and fun on stage to win over, not only the judges, but the audience as well.

One of the highlights of

Delta Zeta’s performance was its homage to the British female pop group the Spice Girls, which made the crowd cheer the most.

The women of Lindenwood’s Lion Line dance group received second place after they performed to a medley of popular hits from past decades in which they showed off their talent and passion for dancing.

The Black Student Union seemed to be one of the crowd’s favorite groups with a performance that

scored them a secure third place.

Every organization was ready for this year’s battle, and their dedication and hard work did not go unnoticed by the judges, consisting of staff members Ryan Guffey, Caryn McFerren and Amy Johnson.

A special part of the event was dedicated to the pep rally that featured appearances of Lindenwood’s marching band, representatives of the fall sports teams and this year’s members of the

Homecoming Court.

After the successful kick-off of this year’s Homecoming events, the Lip Sync Contest winners were already planning ahead for next year.

Loge said they are going to try for title number three next year.

“It’s just going to get bigger and better from now on, and we will definitely make this an annual tradition for our chapter,” said Loge before she hurried back to her sorority sisters to celebrate their win.

### LU Film Series Review

#### Lupin the 3rd: The Mystery of Mamo

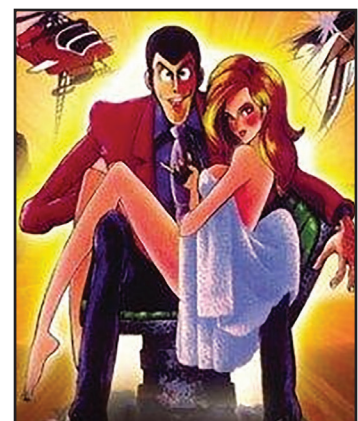


Photo from lindenwood.edu/film

★★★★★  
Directed by Sōji Yoshikawa and Yasuo Ōtsuka  
Released: 1978  
Genre: Animation, Action/Adventure

**Devin King**  
Reporter

“The Mystery of Mamo” tells the story of Arsène Lupin III, a world class thief with a sense of justice.

Lupin is hired by an associate of his to travel to Egypt to steal the Philosopher’s Stone, a magic stone that can grant eternal life. After a turn of events, the person in charge of Lupin turns on him. Lupin then chases his ex-employer in order to foil his corrupt plans.

Despite being an anime, the film has more in common with the “Indiana Jones” franchise and famous crime thrillers. There is a lightheartedness, thanks to the silly nature of Lupin, that is present over a serious plot, which does revolve around some real

historical events. Even for being made in 1978, the film still holds a great production value, including the music, which has a classic jazz feel to it, and is the biggest highlight of the film.

The visuals still hold up as well, thanks to the great animation.

Lupin’s character is a big highlight as the goofy and charismatic thief. However, under his initial character, lies a brilliant mind that is almost akin to Sherlock Holmes.

Much of the film reminded me of the anime “Cowboy Bebop,” which shares similar music and character roles.

“The Mystery of Mamo” will be shown in Young Auditorium on Saturday, Oct. 24 at 7 p.m. as part of the LU Film Series.

### New on Netflix

**Jason Wiese**  
Culture Editor

#### Wiese’s Pick Breakfast at Tiffany’s- TV-PG



(1961) Inspired by Truman Capote’s novel, this classic may have set the precedent for every cliché romance to come forth, yet appears devoid of clichés. Audrey Hepburn and George Peppard star as one of the most stylish couples in cinema history. You will swoon over Hepburn as the unforgettable Holly Golightly.

#### Movies Beasts of No Nation

(2015) In this Netflix original, also playing in select theaters, a West African boy becomes a mercenary after civil war breaks up his family.

#### Circle

(2015) Fifty strangers awaken in a chamber without any memory of how they got there, forced to choose which one of them deserves to live.

#### Television Hemlock Grove

(2015) Season Three of the Netflix original series from executive producer Eli Roth arrives with new horrors awaiting the titular town.

#### Avengers Assemble

(2015) The animated adventures of your favorite Marvel heroes include appearances by Ant-Man, Falcon and the Guardians of the Galaxy.

## STAR PARTY

Featuring

The St. Louis Astronomical Society of Eastern Missouri

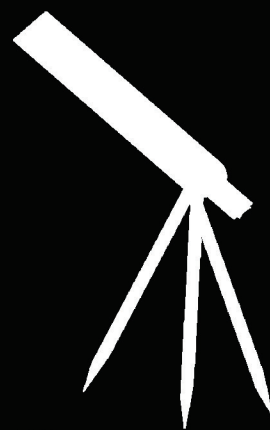
The moon will be 99% illuminated that night so all that come can enjoy looking at it through telescopes.

There will also be facts about the old beliefs between the moon and “Lunacy.”

Free pizza and hot chocolate will be offered.

Evans Commons Lawn

Oct. 27  
8-10 p.m.



“Phases of the Moon” clock raffle  
Tickets for \$1 a piece

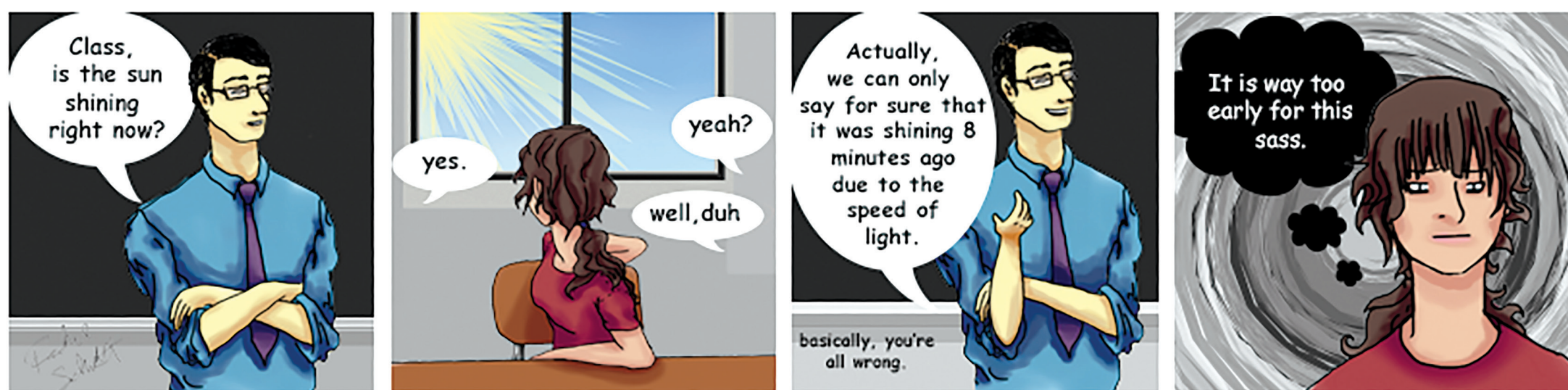
Active Minds is an organization that aims to raise awareness of mental health and reduce the stigma surrounding mental illness.

They meet Mondays at 5 p.m. in Spellmann 4190.





# CULTURE



Cartoon by Rachel Schuldt

## Comedian brings awkward anecdotes to Homecoming

**Jason Wiese**  
Culture Editor

Most of the stories that comedian Mike Birbiglia tells on stage are inspired by actual encounters he has had with strangers or even his family and friends.

Birbiglia said he always thinks about the possibility of a subject of his joke attending a show.

"I prefer when no one I know is in the audience... I think of it like stripping, or something, where it's like, if I were a stripper, I wouldn't want anyone I know to be there... That's why I loved the show tonight: I didn't know anybody."

He is referring to his show at the Evans Commons on Saturday, Oct. 17. In a student poll, Birbiglia was chosen to perform for this year's

Homecoming concert, presented by the Campus Activities Board.

Born in Shrewsbury, Massachusetts, Birbiglia, 37, has been performing stand-up comedy since the early 2000s.

He has since released multiple albums and live specials, most recently 2013's "My Girlfriend's Boyfriend."

The past year has seen rising fame for Birbiglia, who starred in box office hits "The Fault in Our Stars" and "Trainwreck" with Amy Schumer. He also landed a recurring role on Season Three of "Orange is the New Black" on Netflix.

However, for someone who tells stories of the most unfortunate moments of his life for a living, he does not find his fortunate success all that bewildering.

"There's the old trope, which is 'comedy is tragedy, plus time,' and I think the tragedy never goes," Birbiglia said. "It's a constant. There's always a struggle... Being a human is hard."

He covered several of his most challenging moments in life at his show at Lindenwood, most of which will also be a part of his next upcoming special, "Thank God for Jokes."

He kept the crowd entertained by recounting stories of his first time getting arrested, offending a nut allergic person on an airplane by eating a sandwich on walnut bread next to her and raising his new five month-old daughter, Oona, with his wife, Jen Stein, which is "obviously not tragic," he said. In fact, his take on fatherhood is one of the most positive things he

has to speak about.

"So far, it's a lot of sleeplessness and joy. There's a lot of that," he said. "A lot of first things: first steps, first walking, first standing, first crawling. There's a lot of that coming at you."

This spring, Birbiglia will follow up "Sleepwalk with Me" with his second directorial effort with the comedy, "Don't Think Twice," which he also wrote and acts in.

"It's about an improv group where one of the members of the group gets cast on a sketch comedy show on TV and the rest of them don't and it's about how that can take a toll on people's friendships," he said.

Perhaps when "Don't Think Twice" is released, Lindenwood's crowd will back him enough to give it a shot at the box office.



Photo by Sandro Perrino  
Mike Birbiglia delivers his routine at Evans Commons.

Visit  
Lindenlink  
for more on  
Homecoming



Videos and photos of  
the performances from  
the lip sync contest

A time lapse video  
of the Homecoming  
parade

A slideshow of photos  
taken from various  
activities

## LU alumni participate in annual fashion showcase

**Jazmin de Angel**  
Reporter

Fashionable furs, raffles, a tribute to alumna Nelly Don, and a pop-up sale raised funds for the Study Abroad Program in France. Attendees enjoyed

French hors d'oeuvres as they listened to alumna and researcher Lisa Thompson discuss Don's work.

After graduating, Don became a successful business woman and fashion designer who had

her own manufacturing company. She became the second female millionaire in the U.S. by the age of 29.

"She was unique. She shifted the place of the woman in the fashion industry," Thompson said. "She is an iconic figure for

the university and fashion."

After the tribute to Don, the fur and leather runway show began, featuring items selected by alumnus James M. Harrison.

"I chose each item for its versatility," Harrison said. "I wanted to pick the

pieces that would work for all body types."

After the showcase, the alumni exhibition started. Attendees heard the accomplishments of the participants and had the opportunity to ask questions.

"For us, it is really important that they continue following their growth so we support them with looking for a job, building resumes and different things in the process," said Nasheli Ortiz, assistant professor of fashion design.

Jessica Meyer graduated in May with a master's degree in Fashion Design. Currently, she is a product designer for The Children's Factory in Union, Missouri.

"We make soft furniture," said Meyer. "In our new line, everything is PVC free and it is eco-friendly. I was involved in choosing the color and designing the products of our new line."

Barbara Bultman graduated in May with a bachelor's degree in fashion design and a minor in visual arts. She has been working in her own line and won the Pins and Needles Emerging Designer competition, which is one of the biggest design competitions in the

St. Louis area. She will also present her line during the St. Louis Fashion Week.

"Eventually I want to open my boutique, but I want to start selling things online," said Bultman. "I recently did two dresses for two clients who kind of told me what they wanted, but I put my own little twist on it."

Amara Mustafa, who graduated in May 2015, works for Pure by Jen as an assistant manager, alterations coordinator, and monogramming expert.

Stylist Brittany Rader graduated in May 2014 and has worked in Nordstrom, and has shown her designs at several competitions including RAW, St. Louis Fashion Week and the Pins and Needles Emerging Designer competition.

Rader currently works at Soft Surroundings in the Product Development and Design department.

She advised students, "If you have the opportunity to learn about fabrics, do it. Also, take the internship seriously."

Chajuana Trawick, assistant professor of fashion, said that in addition to the money raised at the event, 10 percent of purchases from the Fur and Leather Centre will help students pay for the study abroad program.



Photos by Mai Urai

Models exhibit items selected by alumnus James M. Harrison during the fourth annual alumni fashion showcase.





# SPORTS



Photo by Carly Fristoe

Wide receiver Greg Coble attempts to make a catch during the game against Nebraska-Kearney. Coble finished the game with 172 receiving yards and two touchdowns.

## Aerial assault leads Lions to victory

**Phil Scherer**  
Managing Editor

Quarterback Mason Bendigo threw for 335 yards and three touchdowns as the Lions defeated the University of Nebraska-Kearney 28-10 for their second win of the season.

Coming off a 69-0 loss on the road against Northwest Missouri a week ago, LU returned to Hunter Stadium this week to take on the winless Lopers for Homecoming weekend.

From the beginning of the game, it was clear that Bendigo was on top of his game, consistently firing the ball downfield to his receivers.

He began his aerial assault by finding Jaron Alexander for a 30-yard

gain in the first quarter to set up the first scoring drive of the game.

The Lions would get on the board near the end of the first quarter as linebacker Connor Harris took the direct snap from the 1-yard line and drove into the end zone to put LU on top 7-0.

After allowing the Lopers to get on the scoreboard midway through the second quarter, the Lions answered right back, as Bendigo found Greg Coble for a 28-yard touchdown as LU entered halftime with a 14-7 lead.

As the second half began, Bendigo got into a groove with his receivers, finding Tre' Roby on a 76-yard pass that put LU up 21-10 and sent the crowd into a frenzy.

The offensive assault continued in the final quarter as Bendigo let another deep ball go, finding Coble on a 70-yard pass that iced the game with the score at 28-10.

"We did a good job of scouting this week," Bendigo said. "They stayed pretty true to the looks that we saw on film. I love when we air it out, and when it works it's even better."

On the defensive side of the ball, Harris was once again a standout, accumulating 18 tackles in addition to his first offensive touchdown of the season.

Head coach Patrick Ross praised his team's efforts on all sides of the ball and was impressed by their bounce back ability following last week's loss.

"We didn't let that loss

beat us again this week," Ross said. "Coming into today, our goal was to not let them beat us twice. They already got us last week, don't let that affect us this week."

The Lions, now 2-5

on the year, will be back in action next weekend as they take on Missouri Southern on the road Saturday at 2:30 p.m.

"We just need to build on this," Coble said.

"Where we are at now

is not good enough. We never want to plateau, we just need to keep pushing forward. We are going to watch the film, fix the corrections, and just not turn it down. We can only go up from here."



Photo by Carly Fristoe

QB Mason Bendigo prepares to fire a ball down the field during Saturday's win.

## For LU pool player, 'it's fun to be on a team again'

**Ivy Reynolds**  
Reporter

In the Midwest, sports like football and basketball

capture the attention of boys growing up in rural towns.

For Tanner Nickels, however, growing up in Southwest Missouri

opened the door to a different type of activity: pool.

"My dad and I would go hit at the batting cages, then he would take me

over to the pool hall next door and let me play a game," he said. "It just took over my life from there."

From fifth grade on, Nickels began to play the game consistently, finding time for it between organized school sports.

"Growing up, I played basketball and baseball," he said. "They took up most of my childhood and high school career, but neither of them were my passion."

Unfortunately for Nickels, the opportunities to play were limited.

There was no high school team or even club league within the area.

"High school leagues are non-existent thus far," he said. "For me, I went on my own most weekends all over the map to find men's tournaments to play in."

For many athletes, this may seem like a nontraditional route for someone looking to play

in college, but Nickels felt it was the best way to learn the ins and outs of the game.

"It gave me a seasoning in the sport," he said, using a pool term that means experience. Hours spent on the road not only sharpened his skill set, but also molded his mental toughness and helped determine his identity in the game.

"As much as I love team sports, I've always been a maverick," said Nickels. "I like having the accountability on myself, win or lose."

The image of a teenager traveling to play billiards against older men in halls across the Midwest seems strange to some and maybe even a tad dangerous.

But the stereotype surrounding a game that lends itself to hustling and betting is not accurate.

Nickels feels it is a

common misconception that pool players are gruff men who hang out in bars and drink beer.

"One of our main goals here at Lindenwood is that we are trying to change the image of the game people see," he said.

"It's viewed as a racy thing to do, but really it's an up and coming game with many opportunities."

Nickels said pool was one of the primary reasons he decided to become a Lion.

The sport gave him the chance to pursue higher education and travel the country for competition.

He said that playing for a university has also helped him find a niche in his life.

"As I said earlier, I love the individual side of pool, but after many years of playing and traveling by myself, it's fun to be on a team again."



Photo from Tanner Nickels

Tanner Nickels prepares to make a shot during a competition earlier this year.



# SPORTS

## Delta Zeta member shoots, cheers her way through school

Ivy Reynolds  
Reporter

In college, time management could be the most important lesson learned outside of the classroom. Sophomore Aly Kinstner may know this better than anyone else on campus.

As an honors student who competes on both the cheer and shooting team year round, as well as a member of Delta Zeta, she seems to be making the most of what college has to offer—and then some.

“I am one of those people who likes to walk on campus and say ‘Hi’ to everyone,” Kinstner said when asked why she feels the need to be involved in multiple organizations. She said it makes her “more of a well-rounded person.”

It should come as no surprise that organization becomes one of the trickiest parts of Kinstner’s life. Here is how she describes a typical weekday:

“Monday’s are crazy because I go to class from 9 a.m. to 12:50 p.m., then straight to shooting. When I get back from shooting I have time to get dinner and then I go to cheerleading practice, and I don’t get home until 11 usually.”

She said her week is a routine of going to class, practicing and then catching up on homework.

“On Wednesdays I am supposed to have both shooting and cheer, but they conflict times so shooting is allowing me to miss that day. So I go to classes and then



Photo from Aly Kinstner  
Aly Kinstner poses with her double-barrel, 12-gauge.

cheer practice. I get done around 6 and spend the rest of the night catching up on homework.”

It’s hard to imagine that a multisport athlete in the honors program would volunteer more time from an already packed schedule, but Kinstner did exactly that when she joined Delta Zeta. She said it introduced her to new people and helped her make connections during her freshman year.

“We do events for cheer and shooting, but I feel like I can give back a little bit more [to the

community] by being in a sorority,” she said.

Time management is arguably the most demanding part of her schedule, however Kinstner said it’s not what makes it the most difficult.

“I can’t apply myself as well as I would like to,” she said.

“I wish I had time to get in the gym and make myself better for cheerleading, or that I had more time to spend practicing shooting, and I’d love to be more involved in Delta Zeta but I spread myself very thin.”

Being involved in university organizations and groups can help students get more out of the college experience, but it also takes a toll on a social life.

Kinstner said there are times she could go out, but she realizes academic responsibilities come first.

“I live with my best friends and by being on the cheer team I get to see my teammates all the time,” she said. “I don’t feel like I’m missing anything.”

Despite her super calendar, Kinstner still holds to typical college student characteristics, like putting off homework and studying.

“I think that if I didn’t procrastinate and actually did my homework when I was supposed to, then I’m sure I would be able to go out more,” she said.

But if anyone at Lindenwood has an excuse to slack off from time to time, it’s probably Kinstner.



Photo from Aly Kinstner  
Kinstner carries teammate Lynzi Karnowski at a football game. Cheerleading is one of her many activities.

## 2016 Lindenwood Women’s Gymnastics Home Schedule



Design by Kelby Lorenz

Lindenwood will host the Women’s Collegiate National Championships April 8-10 in Hyland Arena.

## Women’s gymnastics to host 5 events in Hyland this year

The Lindenwood gymnastics program announced its largest home schedule in its four-year history, with four competitions taking place at the Hyland Arena beginning in January. The home portion of the schedule will begin on Jan. 10 against the University of Missouri.

Last year, the Tigers were ranked in the top-30 nationally. They will continue the schedule on

Jan. 15 when they welcome Oregon State, Illinois State, Bridgeport and Wisconsin Eau Claire to the Hyland Arena.

The schedule will also feature a Feb. 28 matchup with Big 10 school, Illinois as well as a March 11 meet against Centenary College, before hosting the Women’s Collegiate National Championships from April 8-10. LU is the defending champion of the event.

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# OPINIONS



## Athletic funding priorities fumbled

Emily Miller  
Reporter

For many of LU's athletic teams it can be difficult to receive extra funding for competitions or even to get new equipment. A lot of these teams are either national champions, or win most games in their season.

So why does the football team get the most advertising, the most funding and the best service for their recruits? Last year, the team's record was 2-9.

This year the football team received new helmets for the entire team, plus new jerseys and pants to match. This is appalling for how badly they are performing.

The school needs to do a better job at recognizing other teams for their accomplishments and rewarding them with the equipment they need to continue improving.

If other teams start to receive what they deserve and some of the funding gets spread more evenly, hopefully the football team will be encouraged to improve and work a little harder for their rewards. They may even get a better turnout at their games.

*Editor's note: Miller is a member of the synchronized swimming team.*

## Politicians break from norm

Samuel Horstmeier  
Reporter

Presidential candidates are beginning to show their tendency to pull public approval by talking about the future.

"The American Dream is far from dead" is something that might gain optimism and attraction, but I think the general public is still focused on the short term, for better or worse.

U.S. News reports that between June 29 and June 23 the most searched policy issue was immigration.

Clearly nomination hopeful for the Republican party, Donald Trump, has stirred some controversy there, so if hypothetically he had not and that wasn't something people were so interested in, its most followed fellow policy issue is same-sex marriage.

Yes, these topics are trending, and people want to know about them, but why are the candidates in the debates talking about the future and our children's lives if the hottest topics are things we seek solutions to in the next 24 months?

Tenth on the list, the last of what was reported, was the environment.

Seventy-seven percent of voters said that "Washington culture" was ranked as very important to them; this may be one reason that the top three Republican candidates this week includes zero people who have previously held a political office.

If America wants to hear the candidates reassure them that the future is a priority at hand, some may argue that the environment shouldn't be listed in the double digits

of importance, and the top concerns shouldn't be those with such explicit views by our candidates.

A candidate's opinion of immigration is likely to be black or white.

Same-sex marriage, regardless of my opinion or anyone else's, isn't that debate over?

It's obviously important to be aware of these major topics for the coming months, but I think it's time we get our personal interests in line with the candidate of our choice and their vision for the future of our country.



## Bullies yet to breach LinkedIn

Daniel Rottlaender  
Reporter

Social Media outlets such as Facebook, Twitter, Google+ and Yik Yak have changed our daily routine significantly since the 2006 rise of the two social media giants: Facebook and Twitter.

Most social media focuses on providing an opportunity to communicate and socialize with friends, share life stories, or play silly mini games to pass the time, however, some cowards who are, driven by self-dissatisfaction, use social media as an outlet to take out their anger and insecurities through bullying either classmates or random strangers they've never even met before.

The terrible problem of cyber bullying has caused social media to be critically evaluated and publicly discredited on the air waves—more specifically in various newspaper and magazine columns often written by self-appointed "internet experts."

Of course, social media has its dark sides that are important to consider, but it is just not possible to measure all social media platforms by the same yardstick.

Many of these so-called "experts" forget about the wonderful possibilities of LinkedIn.

LinkedIn, founded in 2002, was created with the purpose of professional networking and has gained more than 380 million users worldwide since it started.

What distinguishes LinkedIn from most common social media networks is the fact that neither cyber bullying nor the opportunity of posting content anonymously have reached LinkedIn yet.

This is due to the fact that LinkedIn's main purposes are to grow an individual's professional network and to provide an outlet for professional publications.

College students as well as professionals are able to reach out to and keep up with former employers, co-workers or even companies that the individual would like to work for in the future.

LinkedIn is the untouched glade in the ever darkening forest of social media and will hopefully continue to connect people without providing an outlet for pitiful human beings who use bullying to distract themselves from their own sad lives.

## Cause of shootings: race, gender not gun control and mental health

Tyler Tousley  
Opinions Editor

So far this year the U.S. has had 305 mass shootings. That number is astonishing within itself, but even more so when it is considered that we haven't even had 300 days yet in 2015. This means we have had more than one shooting per day in this year alone.

A lot of people want to turn these horrendous events into a conversation about gun control or mental health. That is not my intention.

According to Political Research Associates 97 percent of these shooters are men, and 79 percent are white.

There is clearly one group that is committing these crimes with a higher frequency than any other—white men.

More often than not these men are mad because a girl won't go out with them or because they were

already socially awkward and faced repercussions of that from their peers.

So what about the aftermath of these shootings?

Why do we portray white criminals as nice kids—news media often showing pictures of the perpetrator with friends and loved ones—who suffered from mental illness or shouldn't have had access to a gun?

When anybody who is not white is accused they are portrayed as thugs or terrorists—depending on how much darker than the average white person their skin happens to be.

We do not see them on our television screens with smiling faces next to friends and family. We see mug shots or poor quality security camera stills.

I also have yet to hear anybody speak about the motivations behind the shootings.

When Dylann Roof opened fire on a primarily

black church in Charleston, SC, he told the victims that he was doing it because they are black. He even had a personal website where he could spew off even more racially charged hate. Yet when covered in the news, many outlets took a very vague approach to his motives, making it out to be a matter of opinion rather than fact that had been solidified by the shooter himself.

James Alan Fox, a professor of criminology at Northeastern University in Boston, Massachusetts, has talked about gendered violence by saying, "Women tend to see violence as a last resort... Men tend to use violence as an offensive weapon, to show them who's boss."

We have helped in the breeding of a community of males who see themselves as lesser due to their physical status, lack of popularity, or their lack of girlfriend. We, as a culture,

have taught them that they are at the top of the totem pole because they are white men.

Our society tends to put white men above all others, so when these men are denied by women for sex or even just a date, they get mad. Almost as mad as they get when they see someone whose skin color differs from their own.

Not being used to rejection, this "lesser-than" male takes out his rage on the entire population of females and/or an entire race.

These constant shootings appear to me to be an issue of race and gender as opposed to an issue of gun control and mental health.

We need to start looking into why it is mainly white men committing these crimes and then start to figure out how to prevent future shootings because it is clear to me talking about gun control and mental health does not seem to be.

## Republican running mate options for vice president

Samuel Horstmeier  
Reporter

As politics begin swirling together, and the Republican Party introduces debate as to who would be the best running mate, there are three options that should be considered for vice president in this coming election.

My first suggestion is actually in the running right now, Ohio Gov. John Kasich.

Kasich has a track record of keeping his promises while moving his state in the right direction.

Politifact.com has him rated with only 5 percent of promises made as stalled – this is strikingly low and means he is working hard to complete everything he promises.

Also, for those who understand elections, the electoral college votes are one of the most important pieces to the election puzzle, and to persuade the people of Ohio to vote

in the president's favor by having Kasich on his side is not a bad move.

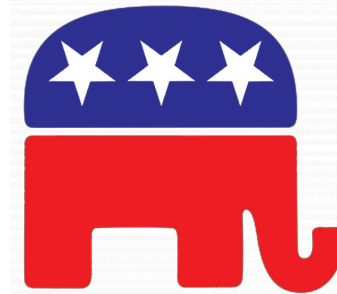
The second option is not that common of a suggestion – in fact I have never heard anyone say his name to me before. Sen. John Cornyn, Texas, is currently serving as the U.S. Senate Republican Whip.

The whip may serve as the acting floor leader when necessary, but is primarily responsible for tracking votes and mobilizing them when needed to the assistance of the party.

If anybody should know about why a senator will vote for what, it's him.

Not to project candidacy, but if the representative is one with little experience in politics, this could help his or her voters feel more comfortable being on their side when filling out the ballot.

Last, but certainly not least, Nikki R. Haley from South Carolina was re-elected as Gov. of South Carolina in 2014 by the



largest margin in the state in two decades.

Haley is a family woman who was backed by Mitt Romney on her endeavors to governor.

She has taken criticism for her unique leadership techniques and has reportedly been on the phone one on one with CEOs in an effort to track jobs into her state.

She is an Indian-American who was raised under the Sikh religion, who has converted to Christianity.

Ultimately the choice will boil down to whomever receives the nomination, but this is a great cheat sheet for anyone who wants to predict the next vice presidential candidate for the Republican Party.

### Letter to the Editor Policy:

The Legacy is proud to provide an open forum for a variety of opinions.

The views expressed herein are the positions of the individuals who write them. They are not necessarily the views of the entire publication or any other individual member of the staff.

To share your perspectives, please send a Letter to the Editor to LULegacy@lindenwood.edu. Letters may not exceed 350 words, should avoid obscenities and must include the writer's full name.

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# EXTRAS

## Featured Photo of the Week

The Missouri River glistens in this photo submitted by Page Designer Kelby Lorenz. He captured the image from a forest outlook on Bangert Island during a Biology field trip on Sept. 24.



Have you taken any interesting, cute, funny or beautiful photos recently?

For a chance to see it published here, submit your photo to Legacy/Lindenlink Photo Editor Romane Donadini at RD757@lionmail...



### Lindenwood University events:

#### Date a Delt

Oct. 20 7:30-9:30 p.m. AB Leadership Room  
Bid on dates with the men of Delta Tau Delta to fund the fight against Type I Diabetes.

#### Eh440 A Capella Performance

Oct. 22 6-7:30 p.m. Evans Commons  
Enjoy dinner while listening to Canadian a Capella group Eh440.

#### SAI Happily Never After Murder Mystery Night

Oct. 26 6:30-9:30 p.m. AB Leadership Room  
Solve a crime in the land of Once Upon a Time. Admission is \$5 ahead of time or \$7 at the door.

#### DIY Tie-Dye Shirt Night

Oct. 24 5-7 p.m.  
Evans Commons Multipurpose Room  
Tie-Dye shirts with materials provided by the Campus Activities Board.

#### Nerf War

Oct. 26 7-8 p.m.  
Evans Commons Indoor Soccer Court  
Become part of a team with foam dart guns.

#### LUGSA Duchess' Freak Show

Oct. 27 7:30-9:30 p.m.  
Cultural Center Auditorium  
Join the Gay/Straight Alliance for its second drag show, which has a Halloween twist.

### Community events:

#### Food Trucks Event

Oct. 20 5-8 p.m. Frontier Park  
Enjoy live entertainment and delicious food from several area food truck vendors.

#### Pumpkin Glow

Oct. 23 and 24 5-8 p.m. Historic Main Street  
Participating shop owners will be open until 8 p.m. Costumes are encouraged.

#### Spooky Saturday

Oct. 24 10 a.m. - 2 p.m. Campus YMCA  
Take your children aged 12 and under to this Halloween event hosted by the Campus YMCA featuring ghoulish games and a costume contest. Parking is at Lindenwood's Studio East/West lot.

## Sudoku #124 (Medium)

|   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|
| 8 |   |   | 9 | 3 |   |   |   | 2 |
|   | 3 | 4 |   | 2 |   | 1 |   |   |
|   | 2 | 7 |   |   |   |   | 9 | 3 |
| 1 | 8 | 5 |   | 6 | 9 |   | 3 |   |
|   |   |   |   |   |   |   |   |   |
| 3 |   | 9 | 4 |   | 8 |   |   |   |
| 4 |   | 8 |   | 1 | 6 |   |   |   |
| 6 |   | 2 |   | 4 |   |   | 8 | 1 |
|   |   |   | 8 |   |   | 4 |   |   |

## Strength in Numbers

Level of difficulty:

Medium

Last week's answers:

|   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|
| 3 | 1 | 6 | 4 | 2 | 9 | 8 | 5 | 7 |
| 7 | 2 | 5 | 1 | 3 | 8 | 9 | 6 | 4 |
| 8 | 4 | 9 | 5 | 7 | 6 | 1 | 2 | 3 |
| 4 | 7 | 3 | 6 | 9 | 1 | 2 | 8 | 5 |
| 9 | 5 | 1 | 2 | 8 | 4 | 3 | 7 | 6 |
| 2 | 6 | 8 | 3 | 5 | 7 | 4 | 1 | 9 |
| 5 | 8 | 4 | 7 | 1 | 3 | 6 | 9 | 2 |
| 1 | 3 | 2 | 9 | 6 | 5 | 7 | 4 | 8 |
| 6 | 9 | 7 | 8 | 4 | 2 | 5 | 3 | 1 |

## Trivia Quiz

Which sport is believed to be the longest running, continually played sport in Lindenwood history?

- A) Equestrian sports
- B) Women's gymnastics
- C) Women's tennis
- D) Women's basketball

Last week's answer: B) *Life*

In May 1948, *Life* magazine wrote a story about Lindenwood alumna Gwyned Filling's transition from St. Charles to New York City.

# People of LINDENWOOD



Kalen-Mikal Grant



Alissa Murray



Alex Witt



David Wojciehowski

Q: If you could pick one subject or area of life to become an expert in, what would you choose? Why?

A: "To become a better debater, and I have never been able to have a good response right after a question."

Q: What makes you happy?

A: "I really like relationships with people. When I can do something for them, they get happy, and that brings me lots of joy. I like sharing something with other people. It is also why I like to teach, because teaching is one kind of sharing knowledge."

Q: What does family mean to you?

A: "Family is community. Often the people I go to church with, I am a lot closer to and consider them my family a lot more than my extended family, but me and my immediate family are really close. "And support. My mom and brother support everything that I do."

Q: What is your favorite memory of Lindenwood so far?

A: "My favorite memory at Lindenwood so far is actually the first football game of the season. I'm a huge football fan and getting a win right out of the gate is always a great thing."



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