



Photo by Christie Sielfleisch

THE LEGACY

President James Evans acknowledges the impressive work of several students at the 2015 Honors Convocation. Lindenwood held the ceremony on Sunday, April 19, in the Lindenwood Theater in the J. Scheidegger Center for the Arts. The event honored students who have demonstrated high academic skill and effort throughout the year.

Daddy issues: paternity leave

Abigail Fallon
Staff Reporter

Very few U.S. employers provide paid paternity leave for new fathers, while most offer no leave at all.

At LU, only female professors can take leave due to the birth of their child, while male professors must take sick leave or no leave at all.

When asked about societal attitudes toward paternity leave, LU professor Andrew Allen Smith said, "It's very antiquated. It's like the woman is giving birth while the man is in the waiting room smoking a cigar."

According to Smith, he had to use sick days in order to stay home with his wife after she gave birth to their first child this semester.

Although he said the university was very willing to work with him, he also said, "I think that in terms of maternity leave and paternity leave there needs to be more communication."

Five full weekdays, in Smith's view, would be an adequate amount of time for a father to stay home with his partner and their newborn child.

LU professor Jill Falk, who recently gave birth to her second child, said, "I would argue as a mother that paternity leave is just as important."

As mentioned in a previous article, Falk took 12 weeks of unpaid maternity leave from LU while her husband received four weeks of paid leave from his employer.

In a report called "Maternity and Paternity at Work," the International Labor Organization said, "Fathers undertaking a more active role in caregiving is likely to be one of the most significant social developments of the 21st century."

As the world paves the way for fathers to become more involved in family life, LU and other universities might consider how they can follow suit.

Ideas of paternity leave are "very antiquated. It's like the woman is giving birth while the man is in the waiting room smoking a cigar."
-Andrew Allen Smith

Area workers unite for rights

Emily Adair
Editor-in-Chief

Hundreds of adjunct instructors, students and other workers gathered at Washington University in St. Louis to rally for workers' rights on Wednesday, April 15. The rally was one of countless demonstrations held across the nation.

Show-Me \$15 and the Service Employees International Union partnered with the Faculty Forward initiative to rally for workers' rights. Low-wage workers, including food-industry, retail and health-care workers, demanded a minimum wage of \$15 per hour, while adjunct instructors rallied for \$15,000 per course.

Adjunct instructors from schools like St. Louis University, St. Charles Community College and Washington University were among those who participated in the joint effort.



Photo by Christie Sielfleisch

Hundreds of local food-industry, health-care and retail workers, joined by adjunct professors, rallied on the steps of Brookings Hall at Washington University in St. Louis.

Event goers said their main goal was to bring awareness to the issues.

"A lot of professors and instructors are very shy

about this and we don't want our students to know that we have to piecemeal our lives together," said SLU adjunct Sheri Anderson, "but we really

need to be brave and to start talking out."

Anderson said she and other adjuncts were excited to partner with Fight for \$15, the national

organization for low-wage workers' rights.

Demonstrators included health-care professionals with signs that read, "I take care of your loved one." Fast food employees who work full-time at minimum wage were also present.

Those who rallied at WashU were among thousands nationwide who demonstrated in cities like Atlanta, Chicago and Philadelphia.

Anderson said she found many low-wage workers who were surprised by adjuncts' salaries.

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MINIMUM WAGES



Minimum wages calculated for 29 hours/week (max. to be considered part-time), 52 weeks/year.
Adjunct wage calculated assuming instructor teaches two courses at LU, for two consecutive semesters.*

* Information from dol.gov and ncscl.org

ADJUNCT CONCERNS

Adjuncts are often contracted per course and rarely receive benefits.

They struggle to:

- Make a living wage
- Provide for their families
- Have ongoing job security
- Qualify for professional development or other resources

They have to:

- Share offices
- Make due with limited equipment
- Provide restricted office hours/access for students

Weitzel seizes opportunity

Cayla Brown
News Editor

Provost and Vice President for Academic Affairs Jann Weitzel has made a name for herself at Lindenwood over the past 20 years.

She is the senior academic officer for the campus and oversees all academic activities.

At the end of the semester though, she will be leaving Lindenwood to take up the role of president at Cotter College in Nevada, Missouri.

After earning her bachelor's and master's degrees from the University of Northern Iowa, Weitzel graduated with her doctorate from the University of Iowa.

Weitzel applied to Lindenwood in 1995.

She began as an education professor, supervising student teachers while teaching both undergraduate and graduate students.

"I most enjoyed teaching the freshman English composition courses," said Weitzel. "I was able to hear amazing stories and got to know all of my students."

She was also the Dean of Humanities before taking her current position.

In the eight and a half years as provost, Weitzel has been offered many opportunities, including travel.

Through LU's backing, Weitzel along with others such as Ryan Guffey, vice president for Student Development and Global Affairs, were able to travel to multiple countries to create opportunities for students to study abroad. She has been to Panama, China and France.

In addition to her current positions, Weitzel can be credited as one of a select group who developed LU-Belleville's first degree programs.

According to Weitzel, the group worked to decide



Jann Weitzel

which majors would be initially offered, looking at popularity, what interested students and the local community.

The group then worked with the Illinois Board of Higher Education to make the degree options official.

Even though her office may be located in the Executive Suite in Roemer, she interacts with students as often as possible, attending sporting events, campus events and other opportunities to interact with students.

Also, as Provost, she is the administrator who works with each academic program and professors.

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Student housing lacking reliable maintenance

Christie Sielfleisch
Design Chief

As a student, have you ever had your basement flood with sewage, forcing you to wait days before maintenance could come and clean up the stench?

Have you ever dealt with a broken vent and were forced to live in conditions comparable to an arctic tundra until LU sent someone to fix the problem? If not, then you are the exception.

Many times, students who live in men and women's housing have experienced severe maintenance issues and unacceptable living conditions that are potentially detrimental to their health.

"The first time I had a sewage leak in my house it took maintenance three days to clean it up and two weeks to fix the problem," said senior Miriah Ludke.

"Considering this is a

severe health concern, it should have been at the top of their list and handled that day."

The National Resources Defense Council reports that almost 2 million cases of illnesses per year are linked to sewage backups and contamination.

According to the NRDC, there are five main bacteria that can be found in sewage:

- E. Coli**
causes abdominal cramping, diarrhea and occasionally death
- Acanthamoeba**
causes eye, nose, throat and ear infections
- Salmonella**
causes abdominal cramping and diarrhea
- Hepatitis**
causes liver infection and liver failure
- Leptospirosis**
creates muscle aches and vomiting

Continued on Page 2

7-Day Forecast

From Weather.com, accurate as of 4/20 @ 11 a.m.

Day	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	Monday
High	69	62	66	66	59	67	66
Low	45	41	43	48	43	47	48
Date	4/21	4/22	4/23	4/24	4/25	4/26	4/27

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NEWS

Students struggle to stay out of debt in college

Isis Wadleigh
Staff Reporter

Even with financial aid, students struggle to pay for college when parents refuse to help.

In most cases, eligibility for financial aid depends on not only the student's status, but also their parents', even if the parents do not help with the cost of college.

The only exception in this is if the student can file as independent. More often than not, students do not fit the requirements.

Candice Brooks, who works with FAFSA verification in the Financial Aid office, said that the most commonly asked question she receives is, "Why do I need my parents' information if I don't live

According to the official FAFSA website, the requirements for claiming independence include:

- Be 24 years of age or older by December 31
- Be an orphan, ward of the court, in foster care
- Be a veteran of the Armed Forces of the United States or serving on active duty for other than training purposes
- Be a graduate or professional student
- Be a married individual or have legal dependents other than a spouse
- Be an emancipated minor or in legal guardianship
- Be a homeless youth
- Have other unusual circumstances

with them anymore or they don't claim me in their taxes?"

It's a federal guideline that students need their parents' information unless they are able to file as independent.

Family refusing to help a student out is not enough reason to claim independence, even if the student is not claimed on their parents' taxes.

So what are the options for students whose parents refuse to help pay or can't pay?

Chelsey McMichael lost her mother this past year, but won't get extra aid for school until at least next school year.

"I had to file for FAFSA with my mother's income still being accounted for. Later on, I'll have to go through a whole process bringing in proof of my mom's death before I can possibly get more money," she said.

McMichael said she wanted to get a job so she wouldn't be drowning in debt, but she was too busy with sports, the reason she came to Lindenwood with a scholarship.

She takes part in Work-and-Learn, which covers housing and meal plans for residents. Even though she doesn't prefer the food at the cafeterias, she makes use of the meals she pays for.

Junior Daniel Caiefa works two jobs to help pay for his schooling, as well as help support his younger brother.

"I don't get much through financial aid, and I end up having to help my family out a lot because my parents aren't the best with handling their money," Caiefa said.

Like many students, Caiefa said that he's applied for several scholarships. He feels, however, as if most

of them don't help unless he can get the money in his name instead of it going straight to the school.

"When students bring in outside scholarships, Lindenwood will balance it out with the money they offer. Even if you get a scholarship, that means you'll get less from Lindenwood," said Brooks.

Balancing two jobs and school is a difficult task, and Caiefa said he hardly has time to socialize.

"The reason I'm working so hard is to make money to go to school so I can work even more. Then, hopefully I'll be happy in the end, but it's hard and frustrating."

When financial aid is not enough, relying on the help that many students are not getting from parents, students struggle to find a way to get through college without falling into debt.

The average 2014 graduating student with student-loan debt has to pay back some \$33,000, according to an analysis of government data on Edvisors.com.

Jasmine Mueller was able to graduate with only a small sum of debt.

"Honestly, unless you get an amazing scholarship, or you have your parents to help you, you have to try everything," she said.

Mueller explained that she had neither. She applied for scholarships every year, took advantage of grants, and worked two part-time jobs on top of a work study.

Although she tried to avoid loans, she wasn't able to make enough to cover her entire tuition without one.

"It was really a struggle, but in the end, that's all I have to pay off," she said, "And graduating college while only owing a couple grand, well, that's not so bad at all."

Weitzel

Continued from Page 1

She feels Lindenwood has amazing faculty as "adjunct professors and professors have been in the real world and can bring that experience to the classroom."

In addition to working with professors, Weitzel has worked closely with President James Evans and learned from him.

"He is an amazing role model and president. He taught me the ropes of how to be president," said Weitzel.

Evans has high praise for Weitzel as she does for him.

"Having Dr. Weitzel as our Provost during my terms as Lindenwood's president have made my job easier and more pleasant because I always know that someone smart and honest is competently managing the academic programs," said Evans.

He believes she has been presidential material for many years and feels she will bring her vast knowledge of the complexities of higher education to her new

appointment at Cottey College.

"Dr. Weitzel is a deeply caring individual who takes every person and every duty seriously and unpretentiously. Although she does not promote herself, she has tremendous talent," said Evans. "Her organization and productivity are incredible."

Though they are from rivaling alma maters, Evans from Iowa State University and Weitzel from University of Iowa, Evans said, "I will miss the good-natured banter between Dr. Weitzel and I. She thinks her alma mater is superior, and I have the opposite conviction. Of course, I am right. After all, I am the president, at least today."

Though Evans may be LU's president currently, Weitzel will officially begin her position of president at Cottey College on June 15.

Cottey College is an all-women's college.

The school is a liberal arts college with a focus on leadership and the global community, similar to Lindenwood.

"It is a unique and

different institution but similar to Lindenwood and Lindenwood's roots," said Weitzel.

Weitzel hopes to work with Cottey to develop a plan and help the college move forward as an institution.

She looks forward to getting to know the young women who attend Cottey.

Weitzel will be moving to Nevada with her husband and two cats. She also has two daughters, one in Oregon and the other in Lake St. Louis, and four grandchildren.

Though she is leaving Lindenwood, she said, "I absolutely love Lindenwood, the institution, the people and the programs."

Her new position at Cottey is a new opportunity Weitzel felt she needed to try. She expressed that she was not unhappy at Lindenwood, but that she is always looking for new experiences.

"I fell in love with Lindenwood and it will always have a place in my heart, but now I have the chance to fall in love again."

Library receives 7-figure donation

In a recent press release, President James Evans announced a seven digit gift that will create a new student media center.

According to the press release, Lindenwood University received a significant 7-figure foundational gift to name the Robert W. Plaster School of Business and Entrepreneurship and to serve as a lead gift in the construction of a new \$21 million Library and Academic Resources Center on its St. Charles Campus.

In it, Evans said "This gift is a great support for the thousands of young people who will earn degrees at Lindenwood this next year and in the future."

The head Librarian had a meeting on Friday with the constructors. The info discussed in that meeting will be revealed at a later time.

Workers rally

Continued from Page 1

"Because they have such high education and they work at a university, they assume-- everyone assumes-- that adjuncts are in an upper echelon of society and it's really

not the case, and in many cases they make less than fast food workers, for example," she said.

WashU adjuncts voted to unionize in January, and are still in the preliminary stages of seeing major changes.

Lindenwood has an adjunct rate of 63 percent, according to Vice President of Human Resources Deb Ayres in December 2014.

WashU adjunct Chris Boehm said adjuncts now make up about 70 percent of universities' work forces, in a cheap academic model.

"That's really a testament to the good work that adjuncts do," Boehm said. "All we're asking for is a fair living wage."



Photo by Christie Sielfleisch
An adjunct in the Faculty Forward initiative stands up for his rights.

Briefs

Student Life and Leadership will host a focus group Tuesday, April 21 at 4 p.m. in Evans Commons 3020.

LSGA will propose a bill to create a study space at the back of Warner Hall, complete with benches, tables and electrical outlets.

LU is in the top 5 percent in international student enrollment nationally.

Applications are now available for joining the Legacy. The form can be found outside Neil Ralston's office, Spellmann 3155, and are due Friday, April 24.

LU housing issues

Continued from Page 1

Hazardous sewage conditions are not the only issue facing students.

Sophomore Sam Reynolds said he spent 18 hours fixing up his house without the maintenance office's help.

"My house was disgusting when I first moved in," Reynolds said.

"Broken lights and windows everywhere, dust, dead bugs, the door didn't lock, the house smelled like gas and the fridge looked like someone died in it."

"These things should have been fixed before a student was placed in the house."

The seemingly unending complications with LU houses pose the question, have they been inspected for occupancy hazards? If so, who does the inspections?

According to St.

Charles City Community Development, occupancy inspections for rental properties are required before a new renter moves in. This, too, includes LU housing.

Starting Point Real Estate agent Cassandra Hall said that the city comes up with living standards for a reason, and no one is an exception.

"Occupancy inspections were created to avoid slumlord conditions and to keep tenants from having to live in inhabitable spaces," Hall said.

"LU should not be exempt from these standards," she said.

LU maintenance could not be reached for comment or clarification of inspection procedures.

Senior Deanna Mendoza said she believes that maintenance generally responds quickly, but that the number of problems

she reports is unacceptable. "Whenever I call maintenance for an issue, they usually show up that day or the day after," Mendoza said.

"But the problems seem to always be the same; spiders, black mold in the bathroom, ants in the kitchen, and broken windows among other issues. Nothing seems to get permanently resolved."

Mendoza said she understands that maintenance has a tough job, but students should not have to undergo these types of problems as a result.

"Maintenance obviously has a hard job and has a lot of issues to take care of, but that's not the students' problem. If we are paying to live here, then our living conditions should be more important to Lindenwood."

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CULTURE



Photo by Romain Poliga

This photo shows Benjamin Wegner in the fall of 2013 overlooking the apocalypse at the hands of the undead. Humans Vs. Zombies has returned to Lindenwood this week. Check out next issue for a recap of the game.

Student up for Miss Missouri

Viki Muench
Staff Reporter

Mikaela Carson seems to be a normal college senior trying to keep up with a busy schedule. However, there is something that sets her apart from her fellow classmates and friends. Something that gives her opportunities outside of her academic career that only few are able to experience.

Last August, the 21-year-old Lindenwood student was crowned the first Miss Route 66, a local title of the Miss America system. With this title, she will go on to compete for Miss Missouri in June of this year, where the winner will then compete at the famous Miss America pageant in Atlantic City.

Carson, who plans to graduate this spring, wants to emphasize that the pageant world is not only about good looks and being able to present oneself on stage. With a

double major and a double minor, her involvement with Sigma Sigma Sigma on campus and several volunteer opportunities with local and national organizations, she puts her focus on education, serving others and making the best out of her title. Unlike other girls who dream about winning a pageant one day, Carson had not even considered it when she was younger.

"I have struggled with really bad social anxiety for most of my life and had a bad posture. I never thought I would ever do a pageant," she said. "But then I was approached after participating at a charity fashion show during my sophomore year in high school. I thought about it a lot and decided it would be a great learning experience."

Competing at pageants taught Carson to come out of her shell and showed her how to present herself. Overcoming her history of social anxiety, she wants to be a role model

for other girls who deal with fears or insecurities.

"I think pageants are a great way [to overcome social anxiety]. It's not about changing who you are, it's about becoming the best version of yourself," Carson said. "You cultivate your speaking skills, you become your own business manager. There are so many opportunities that open up because of it and you grow a lot as a person."

She will continue to be involved in volunteer work and travel around the state before competing for Miss Missouri. After graduation, Carson plans to go to law school to aspire a career in corporate compliance.

Being Miss Route 66 has impacted Carson's life in many positive ways.

"The crown really doesn't come off. Even when I'm not wearing it, I'm still Miss Route 66," she said. "It really can shape your life and change it for the better.



Photo by Matt Boyd
Courtesy of Mikaela Carson

I've had job opportunities open up, I've been able to improve my life skills and I've met some of my best friends along the way."

Sugar-coated workout

Brendan Ochs
Staff Reporter

Knowing your limit on sugar intake is important. When trying to maintain a healthy diet, sugar can often set people off track. Understanding when it is OK to eat it and what kinds to take in is crucial. Instead of thinking of sugars in a simple or complex view, think of them as unrefined or processed.

Unrefined sugars are found in fruits, vegetables, legumes, juices and grains. Processed sugars are in foods such as bread, soda, candy, crackers and cookies.

Processed sugars are also found in commercial products, such as foods labeled "fat free."

Unrefined sugars are the ones to ingest for a healthy lifestyle and are very important to an active individual's diet.

The body uses sugar as a fuel source. When working out, these sugar reserves are depleted. These reserves need to be replenished and can be done with some form of unrefined sugar.

Fruit paired with protein after a workout can bring glucose levels back up and help muscles recover quicker. Sugars (carbohydrates) are also needed to burn fat.

An inactive lifestyle with sugar consumption can result in an over storage of glucose in the liver and muscles, which creates fat.

Sugar, when consumed raises, insulin levels and allows nutrients to be absorbed by your muscles. This stops muscle breakdown and speeds muscle recovery.

The best time to consume sugar is within an hour of a workout.



Chevron: this pattern goes both ways

Kelby Lorenz
Visuals Editor

Chevron is making an exceptional appearance as a major fashion statement. Some people might be confused by the relationship to the Chevron gas company, but this is something wonderfully different.

The pattern, which appears to be jagged, diagonal lines, gives a

modern and edgy look that can be worn as both fun and friendly, or elegant and sophisticated.

Chevron has a versatility that very few other patterns have. Depending on the color combinations, a chevron pattern can add some pop and flair to an A-line thigh-length dress with bright pinks and greens, or show off the simple and modern slim, sweetheart neckline

cocktail dress with a beautiful black and white combination.

While most designers have not created many chevron-patterned shirts or pants for men (fingers crossed that they do soon), there are some other options to check into.

Many scarves, shoes, and bowties have been made with chevron patterns. What this allows is for us men to add subtle nuances

to our spick and spiffy outfits by showcasing this beautiful pattern.

One example of this would be to wear a pair of khaki chinos, a white dress shirt, black suspenders, and add a pair of gray and white chevron shoes and maybe a blue and white chevron bowtie to seal the look.

Throw on a pair of large rimmed black glasses, and you will be set for the day.



- Briefs

This semester's Humans vs. Zombies game will be taking place this week, as of yesterday, with a unique theme inspired by role-playing video games.

Comedian, and host of "Laughs," Taylor Tomlinson will perform at Evans Commons, Thursday, April 23, 6 p.m.

A number of male Lindenwood students will compete for this year's title of "Big Man on Campus" at Jelkyl Theatre on Friday, April 24 at 7 p.m.

The event will be hosted by the Delta Zeta sorority to raise money for The Starkey Hearing Foundation.

LU Film Series Review

'Mad Max'



Devin King
Staff Reporter

Few films are as iconic as "Mad Max." For many, it is the first movie they think of when they hear the word "dystopia," and for good reason. The 1979 dystopian epic, from "Happy Feet" director George Miller, is gritty and ugly, but its world is very much alive.

The story takes place at the beginning of society's breakdown into a dystopian world. Crime and gangs have begun to be the dominate part in this place, but luckily Main Force Patrol, a police force meant to deal with dangerous gangs, is around to protect the innocent. After numerous encounters with the dangerous biker gang The Acolytes, Main Force Patrol officer Max (Mel Gibson) goes after the gang.

Miller's world building in "Mad Max" is almost unparalleled. The police's leather outfits, the biker

gang members' hairstyles and the cringe-inducing violence in the film creates a convincing and fleshed-out world.

Max is not your typical hero. He does some unspeakable things, due to the unforgivable world in which he lives. Toecutter (Hugh Keays-Byrne), the leader of The Acolytes, is a scene-stealer thanks to his unpredictable personality.

The movie is known for having a very low budget, but after watching it for myself, I was unable to tell. There are plenty of explosions, cars being destroyed and crazy action stunts happening in every scene.

As for cinematography, there are some weird shots here and there due to some questionable camera framing, but the gorgeous shots of the plains of Australia make up for it.

"Mad Max" is similar to the mad-inducing road in the movie: exciting, thrilling, but disturbing nonetheless.

Video Game Review

'Pokémon Rumble World'



Josh Beuhrle
Staff Reporter

The "Pokémon Rumble" series has presented the classic "Pokémon" franchise in a childish manner, where all the Pokémon are designed as wind-up toys.

"Rumble World" is a game available for free download on the Nintendo 3DS.

You are given a single starter Pokémon and are given the same objective as any other Pokémon game: "catch 'em all."

The game has a unique scale to it. Each Pokémon has its own "power" level that is randomly generated to be around the level of the Pokémon you are using. The intended goal is

that with each Pokémon a player captures, the player will slowly climb a power ladder.

The difficulty comes when your access to levels is timed and limited unless you choose to spend money on the game.

The game quickly loses steam when you cannot pay for quicker access to other levels, and you will often be repeating levels where you cannot get new Pokémon to play.

Unlike most freemium (meaning a product is free of charge, but money is charged for additional virtual features) games nowadays, there is minimal capacity to earn the cash items which puts a large damper on the game's accessibility.

New on Netflix

Devin Durbin
Staff Reporter

Movies

Noah
(2014) PG-13 - Russell Crowe is Noah in Darren Aronofsky's reimagining of the Biblical story.

A Girl Walks Home at Night
(2014) UR - The people of Bad City, Iran, are unknowingly stalked by a vampire.

Television

Baby Daddy
(2012) Watch Season 4 of this ABC Family comedy about a bartender thrust into parenthood.

Video Game High School
(2012) Season 3 of this viral series about competitive video gaming arrives to Netflix.

Wiese's Pick

John Dies at the End



SPOILER ALERT!... Oops. Too late. In this hilarious, surreal sci-fi adventure based on the novel by David Wong and directed by Don Coscarelli, a mysterious drug with the street name "Soy Sauce" summons an interdimensional invasion, leaving it up to David and John to stop it, which is really bad for Earth, but fun for you!

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CULTURE

Cartoon by Rachel Schuldt



Brice headlines Spring Fling concert



Photo by Phil Brahm
Brice greets Lindenwood from the stage inside Hyland Arena.

Jazmin del Angel
Staff Reporter

Lee Brice went on stage in the Hyland Arena, opening his set with a vibrant rendition of his hit, "Drinking Class."

He teased the audience while opening a beer and throwing a black T-shirt that read "BEER" in white letters into the audience. That is quite a way to welcome oneself to a dry campus like Lindenwood University.

The popular country music artist, accompanied with touring band The Love Cannons, was the headliner for LU's Spring Fling concert on Wednesday, April 15, presented by the Campus Activities Board and the J. Scheidegger Center for the Arts. Approximately

1,000 students showed up to Hyland Arena, many of them wearing cowboy boots, to enjoy the show.

Several volunteers from different student organizations were available to assist and help the audience during the event. In addition, drinks and food were also available to everyone who assisted.

Brice performed many of his greatest hits such as "A Woman Like You," "Love Like Crazy" and "I Don't Dance."

He even threw in a couple country-fried covers of recent hits "Rude," by Magic!, and Bruno Mars' "Locked out of Heaven."

"It was a lot of fun," said LU student Sydney Gebkin. "I really liked the 'Drinking Class' song."

Before Brice's set, fellow artists Chase Bryant and The Cadillac Three opened the concert. The crowd went crazy for Bryant when he covered The Steve Miller Band's "The Joker" and his own hit "Take it on Back."

With a very energetic attitude, The Cadillac Three (Jaren Johnston, Neil Mason, Kelby Ray) took the stage. After singing some of their own hits, such as "White Lightning," Johnston announced that the trio were recently nominated for the Academy of Country Music award for Vocal Event of the Year and asked for students' support.

The Spring Fling concert was a hit among LU's country music-loving crowd.



Photo by Phil Brahm
Leo the Lion channeled his inner country music fan for the Spring Fling concert.

Lindenwood students speak from the heart

Mili Mena
Staff Reporter

Students read stories exploring such themes as love, abuse, addiction and mental health all based on their own personal experiences for the third LU Monologues on Thursday, April 16 at Butler Loft.

During the event, hosted by Lindenwood's Gender Studies Club, students showed the audience the power that lies behind words and their capability of turning their personal experiences into literary pieces to share for others to learn from, spreading words of hope and encouragement.

"Writing poetry is a cathartic experience that allows me to vent and express some experiences of my life that have

been less than pretty," said Devin Durbin, who has participated in the Monologues since its first outing in spring 2014.

Durbin has been writing since he was in the third grade and is the writer of all five pieces he read during the night of the Monologues.

"Overcoming Ghosts in a Ghost Town," was inspired by a time in his life when he was slipping into alcoholism after the end of a relationship that lasted over two years.

"It's a discussion of what I knew I needed to do and the juxtaposition of the rut that I was stuck in as I talked to myself and waged a war for my heart," he said.

"Abstinence Never Stopped Love," his second piece, is a love poem

discussing themes of waiting to have sex until marriage. Durbin said, "It's a hope that sharing these fears and hopes will help others with their struggle in searching for meaning in their life."

"We Wait Too Long" talks about Durbin's struggle with his Christian faith.

"I used to be agnostic and make fun of those who believed. But now I have an understanding and a faith of my own and am very easily shaken by the way society views me as a Christian," said Durbin.

Other performers included Geddy Avery, Liz Arnold, Brigita Martin, Saga Freyr (who serenaded the audience on guitar and vocals with her own song "A Day in the Life"), Heather Cochran

(who read one of three pieces by an author under the pseudonym Corian Wornen), Aaron Potts, Audrey Schroeder, Nicole Dee and Jenn Mullen.

Each performer had a

different story to tell, with which they shared a part of themselves, which the audience fully appreciated and acknowledged.

The Gender Studies Club encourages any

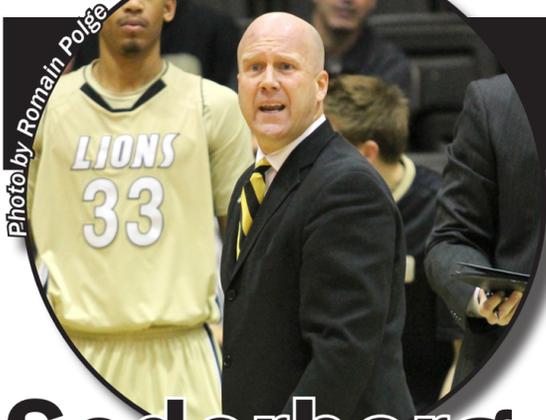
aspiring writers or students who wish to experience the therapeutic and liberating experience that the LU Monologues helps achieve to submit their work to lumonologues@gmail.com.



Photo by Carly Fristoe
Saga Freyr performs her piece called "A Day in the Life" during the third LU Monologues hosted by the Gender Studies Club.

SPORTS

Former LU men's basketball coach Brad Soderberg looks on during a game from last season. He led the Lions for six full seasons, racking up a total of 127 wins. He will now be joining Tony Bennett's staff at the University of Virginia following his resignation from LU this past week. See related content on Page 6 in "Phil's Sports Forum."



Soderberg resigns, joins UVA staff

John Tessmer
Staff Reporter

On Thursday evening there was word of LU men's head basketball coach Brad Soderberg resigning from his coaching position at Lindenwood, as was first tweeted out by Earl Austin Jr.

The news was officially released by the university on Friday afternoon.

Prior to his time at Lindenwood, Soderberg was the head coach at Loras College, South Dakota State, the University of Wisconsin and then St. Louis University.

After being let go from his coaching position at SLU, Soderberg went on to become the Athletic Director at Morris College in Iowa before being contacted by LU about taking over the men's basketball program.

Because he was out of coaching for two seasons he was excited about the opportunity to coach at LU.

"One of the main reasons he took the job is that it was in our hometown," said assistant basketball coach Kramer Soderberg.

"I grew up in St. Charles and went to St. Charles West."

Coming to Lindenwood, Soderberg was like any other coach looking to win national and conference championships.

"My dad came to Lindenwood in a unique situation, when they were making the transition from NAIA to NCAA.

"He was put in a



Photo by Romain Polge
Soderberg displays the fire and emotion he brought to the sideline of every LU men's basketball game. This past season, he led the Lions to an overall record of 17-12 and a top-four seed in the MIAA tournament.

tough spot as the school was going through that transition, so the success he has had here in six years is remarkable. He has changed LU basketball for the better," Kramer said.

After playing at Miami of Ohio to start his collegiate career, Kramer decided it would be best if he came back and played his last two seasons with his father.

While the Lindenwood men's basketball program has only been a part of the NCAA for three seasons, of those three years, Soderberg has had a 2nd place finish and a 4th place finish in the MIAA, "which in my opinion is one of the best Division II conferences in the nation," Kramer said.

On top of these high finishes in the MIAA,

Soderberg became LU's all-time winningest coach as the program won 127 games in his six seasons at LU.

Soderberg has been named the assistant coach at the University of Virginia, on Tony Bennett's coaching staff.

Soderberg played for Bennett's father, Dick, at the University of Wisconsin-Stevens

Point, and the two have known each other for over 30 years, including a time when Soderberg coached as an assistant under Bennett at Wisconsin.

"I'm excited and fortunate to add Brad Soderberg to the Virginia men's basketball family," Bennett said.

LU thanked Soderberg for his time in a statement released Friday afternoon

and wished him good luck as he moves forward.

Also in the statement, it was announced that former Soderberg assistant Marshall Newman would serve as the interim head coach while the University conducted a nationwide coaching search in order to replace Soderberg.

No details of the search have been released at this time.

Gymnastics wins first national title

Phil Brahm
Staff Reporter

Winning the first national title in program's three-year history, the women's gymnastics team put LU on the map at the USA Women's Collegiate National Team Championship on April 11, in Philadelphia, Pennsylvania.

In what was the best performance of the season, the Lions were nearly perfect in their routines and did not have a single fall, propelling them to the top of the leader board.

Taking the title with a team score of 195.550, LU ended the dominance of Bridgeport who had taken home the six previous national titles in this

competition.

The turning point of the competition came when the teams headed to the bars and the Lions made their move.

Finishing 0.625 points over the defending champs, along with earning first on the beam, LU hung on to close out finals atop the standings and won the national championship.



Photo by Kelby Lorenz from Feb. 22 event.

Cheer wins NCA/NDA national title

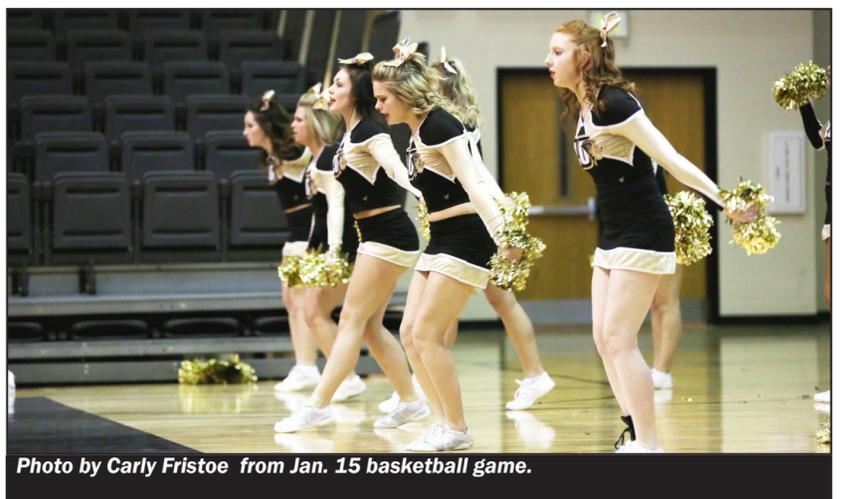


Photo by Carly Fristoe from Jan. 15 basketball game.

Phil Brahm
Staff Reporter

Snapping a four-year drought, LU cheerleading won a national title in the NCA/NDA Collegiate Cheer and Dance Championships on April 10, in Daytona Beach, Florida.

Taking Large Coed

Cheer Division 2 in dramatic fashion, the Lions capture the title over Columbus State by a mere 0.38.

With a final score of 91.73, LU received under a point of dedications.

The Lions had two other squads that advance to the final rounds in this year's competition.

The Small Coed team finished fifth overall with a score of 87.48, and the All Girls team finished seventh with a finals score of 80.08.

This marks the second year in a row that the LU cheer program has had three different squads advance to the finals in the same competition.

SPORTS

Ryndak pitches no-hitter at home

Brayden Parker
Staff Reporter

For the first game of Wednesday night's doubleheader senior Kendall Ryndak was taking the mound for the final time at home. After the final out when she ran off to celebrate with her teammates, she had not only picked up her fifth straight win, but also had completed a no-hitter.

"It was one of the best feelings of all time," Ryndak said. "This game was different because I really felt the intensity of the other team when they would come up to bat, but I felt as though I was in complete control the entire game."

From wire to wire Ryndak dominated on the mound striking out six of the eighteen batters she faced and only walked two. The bats also came alive for the Lions

(16-32), who were able to add enough runs early to finish off McKendree in five innings. Sophomore first-baseman Lexi Theis accounted for two hits and two RBIs to help Ryndak's cause for a no-hitter.

"[The no-hitter] was kind of shaded by the fact we scored eight runs and run-ruled the team but she was really excited," Theis said. "We've come a long way from the beginning of the year so it was awesome."

Ryndak wasn't the only senior to find success in the final game at the Lou Brock Sports Complex. Senior infielder Deidre Merli had two hits in both games of the doubleheader, including a home run in the second game which Lindenwood won 7-4. Ryndak said these moments are important to the seniors.

"Softball is my all time favorite thing to do, so being able to play well



Photo by Carly Fristoe

Kendall Ryndak pitches in a game at home earlier this season. She completed a no-hitter on April 15.

"It was one of the best feelings of all time."

Pitcher Kendall Ryndak after completing her no-hitter.

PHIL'S SPORTS FORUM

Phillip Scherer
Sports Editor

I would like to take this opportunity to congratulate Brad Soderberg, former LU men's head basketball coach, on earning his new position with the University of Virginia coaching staff.

The positive things that Soderberg did in his six years at the helm of the Lions are too numerous to mention, and the confidence and poise he brought to the sideline every single night cannot be overlooked.

Among his accomplishments at LU are the 127 wins he racked up on the bench, as well as successfully guiding the program during the difficult transitional period from the NAIA level to the NCAA level. Some coaches may have struggled to make that transition to a much higher level of competition.

However, Soderberg had a knack for getting the best out of every player on the LU roster, a skill that will prove incredibly useful as he works with the ultra-talented Virginia roster in the coming years.

This skill was never on display so much as it was during this past season, a year in which he put together a roster with multiple transfers and turned them into a competitive, cohesive unit.

He understood the strengths of his players and put those skills to their

best use, leading the Lions to a 17-12 record and a top-four seed in the MIAA conference tournament.

Though he may not be on the LU bench any longer, he established an identity for the program that I expect to continue long into the future.

The hard work Soderberg put into this university has earned him the opportunity he has long deserved. For years, it appears that Soderberg has been under-appreciated on the national level. In 2000, he took over the University of Wisconsin job after Dick Bennett, father of Virginia head coach Tony Bennett, stepped down. He led the Badgers to the NCAA tourney and was not brought back the following season.

Next, he took over a struggling SLU program with limited available talent and led them to the NIT, laying the groundwork for the recent success the program has experienced.

After the success he has experienced at LU, it is clear that Soderberg has earned the right to be on the bench for two meetings every year with Coach K and Duke, as well as Roy Williams and North Carolina. I have no doubt that Soderberg will succeed with flying colors.

At this point, I have no idea who the next official head coach for the Lions will be. I do know, however, that they have some big shoes to fill.

on my favorite field in the world brings tears to my eyes," Ryndak said. "I am so thankful for every opportunity I have been given, and I have to be completely honest, I am head over heels in love with my sport."

Although this season

has not be the most successful in terms of wins and losses, the Lions have won three straight series. Theis said that the seniors have had a great impact on the culture of the program, despite the record.

"They have done a lot on and off the field," Theis

said. "They have taught us underclassmen the ropes of Lindenwood softball and what is important."

The Lions will look to continue their recent winning streak as they play two doubleheaders this weekend against conference opponents

Southwest Baptist and Central Missouri.

"We approach them the same way we would any game," Ryndak said, "with an urgency to win, never giving up, winning every inning and loving every second that we can get on the field."

Briefs

Fly-half Mickey Bateman steered the ship and the Lindenwood men's rugby team surged to an emphatic victory over Colorado State on Saturday in the quarterfinals of the playoffs.

The Lions scored 11 tries on their way to 69-12 win over ninth ranked Colorado State.

The baseball team won the first game of an MIAA series against the University of Nebraska-Kearney on Saturday afternoon 8-4.

Ryan Light led the way for the Lions, as he collected three hits, and driving in five runs, including a decisive home run in the fifth inning.

The teams were scheduled to play a second game on Saturday, but inclement weather forced the game to be postponed.

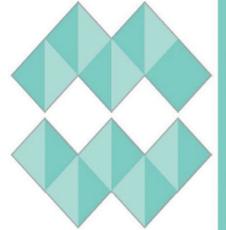
The Lions now hold an overall record of 22-19, including a 13-12 record inside the MIAA conference. The team will finish its season with a weekend series against the University of Central Missouri Mules.

The Lindenwood men's volleyball program concluded their regular season schedule with a 3-1 win over Quincy University on Friday evening.

The Lions finished their regular season with an overall record of 12-11 and a MIVA record of 7-9.

Lindenwood is the number 5 seed in the MIVA conference and will take on fourth seeded IPFW at IPFW on April 24.

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OPINIONS

Internationals need Missouri IDs

Daniel Rottlaender
Staff Reporter

In recent weeks, bars and clubs on Main Street have been declining students using international identifications due to the issue of fake IDs becoming more of a problem.

Together with the enormous growth of LU since the mid-'90s, Main Street in St. Charles has transformed into the center of student social activity. International students especially can't as easily go downtown so they spend a lot of time on Main Street. There hasn't been an issue until most bars

recently changed their policies. Earlier this semester most clubs on Main Street announced that they would not accept international IDs anymore, requiring students to bring their passports to identify themselves.

Even though this is a good idea to crack down on the terrible issue of fake IDs, there is another problem which the bars didn't consider. If a student loses their passport on Main

Street due to excessive alcohol consumption, which is something that often occurs, the student also loses their visa and their only legal document to leave the U.S.

The consequences for an international student would be enormous. Since the embassy of a certain country can be anywhere in the U.S (for example the embassy of my country is in Washington D.C.), the student would have

to travel a long way to get a new passport or visa.

I suggest that the bars require students to get an American state ID. This is an easy process for every international student who is attending LU.

This would crack down on the problem of fake IDs as well as help students avoid the danger of losing their most important document here in the U.S.

2016 Presidential Race Perspectives

Hillary's role will be important

Tyler Jeffers
Staff Reporter

Hillary Clinton recently announced her campaign as she runs in one of the most significant presidential elections in the history of the United States.

It is somewhat early to make presumptions about how the election may pan out, but it would be silly to count out the extreme importance Hillary plays in the Democratic Party.

Not only has she been planning on running for quite some time, but she has operated as President Obama's Secretary of State and in 2013, left to gather some support for this large undertaking.

She is seemingly the Democratic's best bet for a candidate in 2016, but if she doesn't win candidacy it leaves a large gap of power in the Democratic Party. She would also be influential simply because she would become the first female president in history.

Hillary's reach and appeal is very strong, gathering support from minorities of a vast variety and it puts the Republican Party in a awkward situation. They have failed time and time again, failing to show sympathy with the common citizen.

As we close in on 2016, we can only guess what the GOP will do if confronted with the Hillary-political machine.

If the Democratic Party has any secrets up its sleeves, one thing is certain: with a war on ISIS on the rise, a fluctuating economic climate, and a more tolerant and compassionate America, the next president will most certainly be historic.

Narrowing down the candidates

Cole Figus
Staff Reporter

Senator Ted Cruz is going to be the most interesting Republican presidential candidate to watch this election because he is a chameleon who has blended in with the Tea Party.

He is obviously smart and articulate, and his popular anti-government rhetoric is as attractive as it is devoid of any substance.

As such, Cruz is the perfect embodiment of minority-party political power. He can say "no" to anything and everything, and his greatest obstructionist victories--filibustering routine legislation and shutting down the government--

manage to both cause the governmental incompetence he rails against and prove his claims that government is dysfunctional.

Cruz is a self-fulfilling prophecy of governmental failure, and the more he sabotages the Senate, the more he is correct that government is the problem.

He is also aggressively courting the evangelical element of the GOP, which will be highly motivated this election with the fear that the U.S. judicial branch of government is inciting a culture war by taking away their right to take away others' rights.

The GOP has been very center-minded in picking presidential nominees.

However, and his

strategy is likely a losing one, but I am sure he will continue to earn the Tea Party's love and the GOP establishment's ire by forcing the GOP further right.

The most interesting Democrat running for president so far is Senator Bernie Sanders. He is the crazy-haired, avowed socialist who has been the most outspoken progressive in this Congress.

He vehemently rails against wealth inequality, deregulation, climate change inaction, our crumbling infrastructure, and the unlimited money allowed in our elections thanks to Citizens United.

He will likely be the candidate to steward over

the far-left in Senator Elizabeth Warren's absence since she has decided not to run.

Honorable mentions go to Senator Rand Paul, a libertarian with cross-over appeal for liberals, though he will maybe have the most difficult primary as every other Republican probable-candidate routinely denounces everything he says.

Other individuals such as Donald Trump, who is again, fake-flirting with a clownish run for president are as annoying, and self-marketed as ever, creating an ego filled ad campaign and Joe Biden, who would run perhaps the most belovedly lampoonable campaign ever in the Democratic Party.

A plan for Rand Paul

Sam Horstmeier
Staff Reporter

I usually have a black and white opinion on politicians, but Rand Paul is not yet in either category.

Some liberal youths may find themselves doing something they never thought they would do: support a Republican candidate through the primaries and into the White House.

Paul is changing the game of a traditionally conservative Republican platform by keeping up their always-important standards but highlighting a twist of constitutionality and fighting to defend citizen rights and privacy.

Newsmax reports that Paul's support within the tea party has fallen 13 percent.

Is that because he is adjusting his platform to better represent his target followers?

Rand was also quoted speaking on education, saying that "...I don't think you'd notice if the whole department was gone tomorrow."

If I were Rand Paul, I would be aiming to hit major bodies of the same crowds who came out to support President Obama, primarily the youth vote.

An article Saturday was released stating Paul blames tensions on drugs for bringing excessive violence to the inner city (not exactly ground breaking), but this is an example of statements I foresee him making as generalities which will catch the attention of those who still want to see change which they feel didn't occur under Obama.

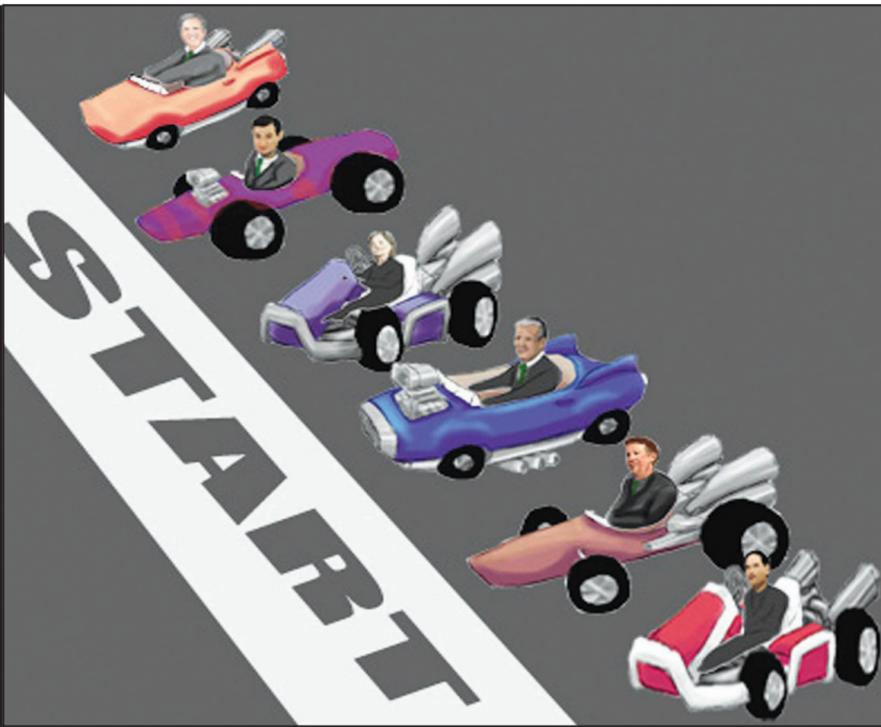
In my opinion, Rand Paul offers that same sense of time for change as Obama offered years ago, but in his own way.

The media has talked little to none about his personal life, which is something I'm sure will be looked into, should he be successful in the primaries. Until then, this new sense of libertarianism in Republican politics could change voter perspectives and draw attention away from Hillary and the Democratic campaigns.

An interpretation of Mario Kart: the Presidential Race, which began with the announcement of six major candidates running for office in 2016.

Jeb Bush, Marco Rubio, Hillary Clinton, Joe Biden, Rand Paul and Ted Cruz are among the candidates seeking nomination.

Illustration by Rachel Schult



Less arguing, more problem-solving

Jonathan Hansell
Contributing Writer

There is little debate that Hillary Clinton, who just recently declared her bid for presidency, will

be the Democratic Party nominee in 2016.

On the Republican side, however, there is a frenzied scramble of more than 10 potential candidates that have officially declared as running.

Well-known candidates such as Rand Paul and Marco Rubio have declared, as well as lesser known candidates like Michael Kinlaw from the Tea Party movement.

Ultimately, upon much research, I may vote for a third party such as the Libertarian Party in the upcoming election.

Although I typically have more conservative views, the Republican

Party can be harsh and seemingly unfeeling when it comes to issues such as illegal immigration, torture, and the death penalty.

Upon scanning the hopefuls for the Republican Party, I see many similar faces to the last election, many of which run on strongly conservative platforms.

While certainly not condemnable at large, these strong conservative tenants often include a harsh stance where some mercy is long overdue.

While the Democratic Party is diversifying in gender and race, the Republican Party stay the same on issues I cannot vote for in good

conscience, though I see genuine good intentions.

Issues like abortion and some other social issues make it difficult for those with more conservative faiths to justify supporting Hillary in her campaign.

If the Republican Party were to unify and back one candidate, a conservative woman perhaps, that could challenge Hillary, maybe they could form a strong political opposition.

Otherwise, it may be much like the last two elections, with both sides yelling back and forth about race and gender without ever digging deep enough to change any minds or solve any problems.

Disclaimer & Letter to the Editor Policy:

The Legacy is proud to provide an open forum for a variety of opinions. The views expressed herein are the positions of the individuals who write them. They are not necessarily the views of the entire publication or any other individual member of the staff.

To share your perspectives, please send a Letter to the Editor to LULegacy@lindenwood.edu. Letters may not exceed 300 words, should avoid obscenities and must include the writer's full name.

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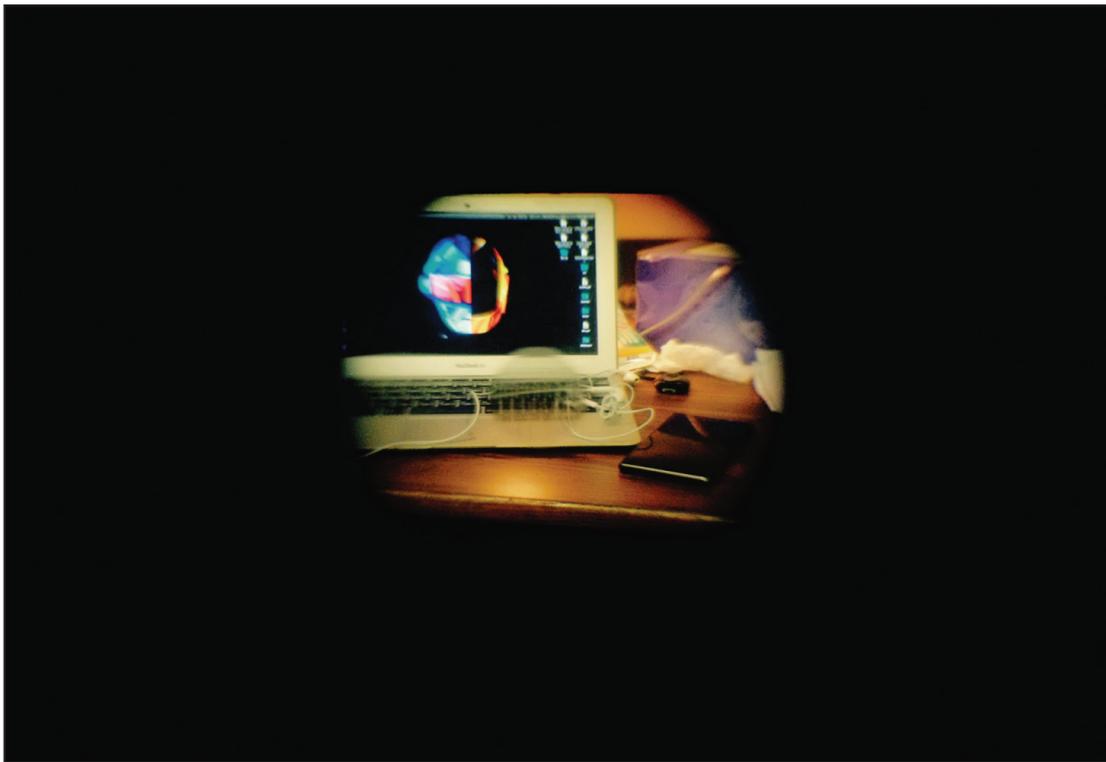


Photo Challenge of the Week

Hardwired

Nao Enomoto showcases a very artistic display of the technology that encompasses our daily lives. We can see the view of his computer and phone through the lens of his camera, the ultimate technology trifecta.

Next up: Tree Hugger

With the upcoming celebration of Arbor Day, we are asking for your submissions of artistic nature shots. Show us your budding interest in nature.

Send your photos to Visuals Editor Kelby Lorenz at KLL786@lionmail.lindenwood.edu by Friday, April 24 to enter the contest.

Photo entries may be staged or edited for lighting, color correction and cropping. Please include some details about your subject.

People of LINDENWOOD

Q: What is your favorite book and why?

A: "I don't really have a favorite book because I live my life too much to read. I really just turn up too much for reading. I don't even know what my favorite book would be if I ever had time to read."

Lisa Breitenfeld, Freshman



Q: What is your favorite hobby and why?

A: "I love cycling because it's what I do here on campus. I started cycling three years ago. One day I just decided to be a bike racer, and that's when I started my career as a cyclist."

Kyle Rainey, Sophomore



Q: Describe your perfect day.

A: "I would definitely start my day by going outside and reading for a few hours. Then, I would go inside and play a few hours of video games. Finally, I would sketch for a couple of hours. Then, I would sleep."

Eric Horner, Junior



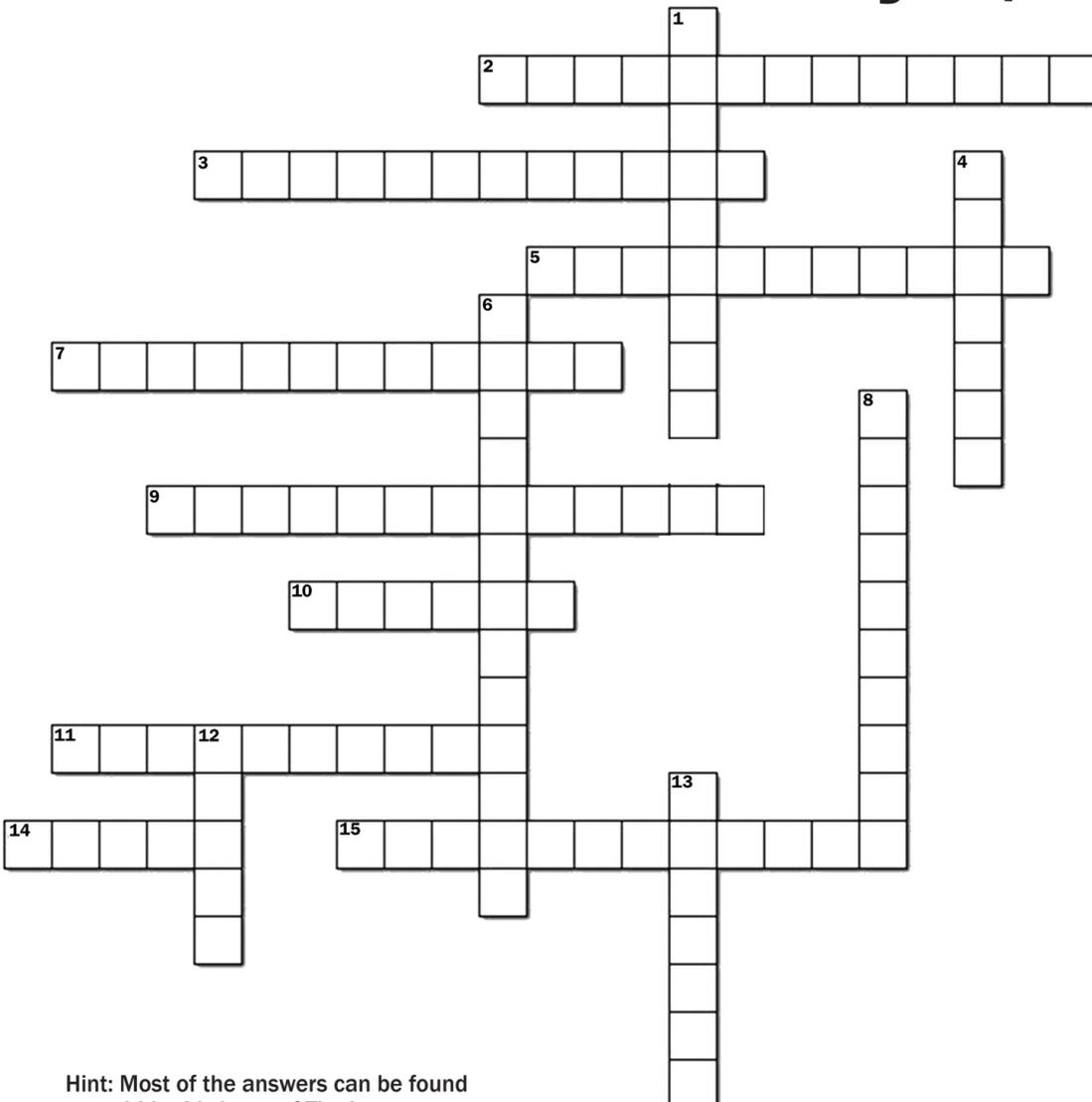
Q: Where would you like to travel and why?

A: "I would like to go to France, and Paris specifically, to see the Paris Opera Ballet. I would also like to see the catacombs in Paris. I really want to go because I took French and ballet classes when I was younger."

Jessia Zwicky, Junior



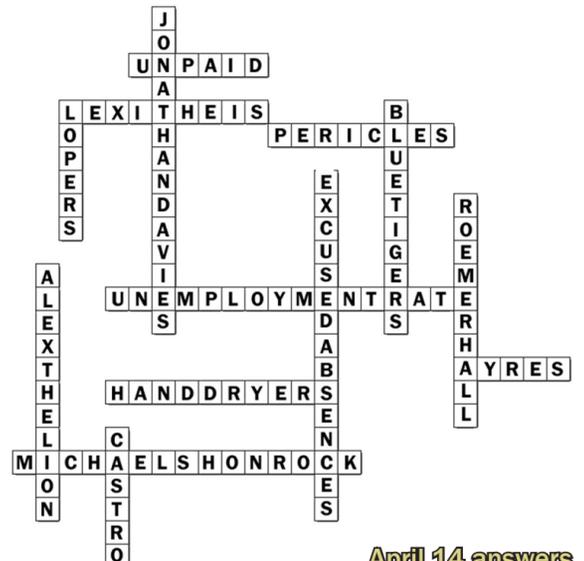
Headlines & History: April 21 Crossword



- Across**
- Pitcher who recently completed her first no-hitter
 - Promotes Catholic faith on campus
 - Provost and VP for Academic Affairs
 - NCA/NDA Champion program
 - Named assistant basketball coach at University of Virginia
 - George Miller film featured in the LU Film Series
 - Legacy/Lindenlink Editor-in-Chief
 - Lord of the ThunderCats
 - Gender Studies Club's third event for sincere discussion

- Down**
- This form of family leave is not offered at LU
 - A zig-zag pattern for fashionable men and women
 - Miss Route 66
 - Three-year program which recently won its first national title
 - MIAA Missouri Southern State University nickname
 - Hundreds of employees rallied at Wash-U for ___ rights

Hint: Most of the answers can be found within this issue of The Legacy.



April 14 answers