



THE LUGA

BSU hosted the Spring Showcase: Students with a Gift on Feb. 27 at 7 p.m. in Jelkyl Theater.

Neanderthals explored

Viki Muench
Staff Reporter

Anyone who has ever wondered about our ancestors and the history of human beings, especially the Neanderthals, was able to get interesting insights on this special topic on Thursday, Feb. 27.

LU welcomed special guest Caroline VanSickle, a postdoctoral fellow in feminist biology at the University of Wisconsin-Madison.

VanSickle gave a presentation about her research and findings on Neanderthal birth with the perspective in feminist biology.

"The goal of science is to explain the universe. With my focus on the feminist biology perspective I want to view science through a critical lens and recognize gender related bias," VanSickle said when she began her speech.

Neanderthals are human ancestors that mainly lived in Europe and west Asia around 200,000 years ago.

Since their DNA was so similar to modern humans and the records of fossils found are very large, it gives scientists like VanSickle the opportunity to ask

questions about behavior patterns and the evolution of their bodies.

"This is where feminist biology comes in. I studied many fossils to ask questions about gender roles and especially how the female body evolved," said VanSickle.

However, the amount of female fossils of Neanderthals is significantly smaller compared to male fossils and are mostly incomplete.

"To find out more about the female body I mainly focused on sex-specific behavior by looking at the pelvises. There are many differences between male and female pelvises because of the female adaptation to birth."

VanSickle is interested in seeing if Neanderthal births were similar to our births.

Based on the comparisons between pelvises, her hypothesis is that there in fact was no difference.

"This improved the understanding of females in fossil records. I will continue to question assumptions about sex differences and sex-specific behavior to find out even more about the evolution of the female body," VanSickle said.

Fall 2015 registration

Legacy image by Geddy Avery

LU and Ferguson partner for education

Faith Schallert
Staff Reporter

Lindenwood University is teaming up with Ferguson and other north county school districts to create scholarships in an effort to support the mending of a community.

The partnership was announced Wednesday, Feb. 18.

It contains an eight-phase initiative that will include scholarships, grants and entrepreneurial opportunities to Ferguson residents, according to the press release.

"For the upcoming academic year, Lindenwood University will provide partial scholarships to up to 25 qualifying students from the school districts of Riverview Gardens, Ferguson-Florissant,

Normandy, Hazelwood and Jennings," President James Evans said.

"Specifically, the 25 scholarships will be offered in the amount of \$5,000 per student per year in direct Lindenwood financial aid, up to five years, for a total of \$625,000 in scholarships."

"Recipients will also be eligible for a \$2,400 annual Work and Learn award, which brings the total Lindenwood commitment to \$925,000," said Evans.

The details of the program and criteria are still being discussed and

worked out, according to President Evans.

Meetings with the school districts will be happening soon to create these guidelines.

"This program enriches and improves Lindenwood by helping us fulfill the University's mission, especially in regard to enriching

our community and developing educated, responsible citizens. Like people, institutions grow in character and significance when they help others become better," Evans said.

The mayor of Ferguson was unavailable to answer questions when contacted.



Photo by Mai Urai
The Ameristar group donated \$25,000 to help Ferguson students continue their education.

LUGSA date auction proves successful: Page 5



Photo by Kelby Lorenz
Shane Bosillo dances during his introduction at the LU Gay Straight Alliance Date Auction.

LCIE hosts speakers to aid students

Connor Johnson
Staff Reporter

Mike Foster, vice president of information management and analytics at Reinsurance Group of America, presented to Steve Kelley's class on Tuesday, Feb. 24.

Kelley is an adjunct professor with the LCIE program, and he teaches classes about project management, earned value management

and other Information Technology topics.

To help students grasp subjects, Kelley invites guest speakers working in IT to share stories and projects from the real-world marketplace.

"As instructors, we cannot be an expert on everything, so it is good to have guest speakers who offer new and updated topics on opportunities and adds credibility to our lectures," said Kelley.

Kelley sees these

presentations as an opportunity for instructors to connect with students by sharing fresh perspectives and insights of industry leaders and professionals.

"My motto is to 'Remain Teachable'. Guest speakers are a great way for LCIE students to interact with other professionals outside the classroom and to network."

Foster, the latest speaker has worked for over 16 years in Information

Management, serves as a board member of the St. Louis Data Warehouse Institute, and was formerly associated with companies such as Energizer, Scotttrade and Edward Jones.

Foster's presentation, "Using Information to Drive Results," addressed information management and business intelligence, intelligence capabilities, strategies of reporting, analytics, trends in information management and roles.

OPINIONS

Photo by Jonathan Davies



Dorm cameras pose a dilemma

Jonathan Davies
Opinions Editor

Camera introduction to Guffey dorm poses all students with many unanswered questions. Will this be extended to all the dorms? This answer is undoubtedly yes. Is this an invasion of our privacy? No, because no one leaves their doors open anyway. Social media led to a huge responsive debate. Almost 30 students argued their views from all perspectives. Clearly this is a topic of interest.

The risks of invading our privacy when we already have restricted visitation, is symbolic of tightening the noose around our already limited dorm life experience. I propose a future trade-off by the university. Remove limited visitation by adding cameras, followed by implementing ID scanning. This would allow RA's and desk sitters to continue enforcing regulations. The benefits cannot be avoided. 24/7 surveillance will severely deter

criminal activity from occurring, if not help incriminate responsible individuals. Security can more accurately review dorm safety. There are drawbacks though, having students in dorms at all times allows for a larger possibility of rape and inconsiderate loud noise to be a potential problem. Overall, the poor execution by giving no warning to students is what made this issue to be more prevalent. Big Brother is watching you anyway, so get used to it. End of discussion.

The following opinions are categorized into three sections:

Campus

Lifestyle

Government

Campus

Spellmann's cafe is improving

Irina Auge Termens
Staff Reporter

I have noticed that lately at Spellmann's Cafeteria some things had changed. Now, students have the opportunity not just to drink Cranberry juice and orange juice but pineapple and some more other flavors too! Furthermore, by the pizza stand there is a "cooked in the moment" stand that workers prepare something different in front of you everyday. Since a lot of

people have judged Spellmann's cafeteria food, I honestly think that this changes are making a lot of students happier. In my opinion, I still think that if we had more choices on protein people will be healthier and better looking but besides that, Spellmann's cafeteria is always crowded at noon, it is nice to find something different to eat everyday especially when they cook it in front of you. And, by the way, who doesn't love the fortune cookies?

"Grab 'n' Go" half an hour later...

Sam Horstmeier
Staff Reporter

Of the many times which I have come by Grab 'n' Go to get my food in a rush, around half of them have not owned up to the name "grab, and go." Early last week I decided to write on this topic and did a miniature study of my own - I timed how long it took from Student A to get from the back of the line to the front, and if he

or she would really be able to make it to class by the top of the hour. At 12:53 p.m., a group of two guys and a girl walked in with backpacks having just come from class. By three minutes after classes are out, it is not unusual for the line to be wrapped over to the Butler balcony steps. By the time I saw they were requesting their food items it was 1 p.m. on the dot, therefore rendering it ineffective

to stop by Grab 'n' Go and get to class on time, provided you're not released early. Some may say that that's not why they go there, and that this new Hunt Brothers Pizza is better than Evans, so they come to take a seat and eat without any time restrictions - which in fact is typically what I do myself. I would also like to point out that the workers are some of the best employees that I've

seen out of any food service here, moving as quickly as possible and being friendly comes easy to them. Point being, with a service that is, beyond all effort, ineffective in getting the quantity of students requesting lunch their food between classes, and students arrive to pack the loft with no time restriction (causing delay for those with class). Should this be Grab 'n' Go, or Butler Café?

Government

Tangle the super rich with the safety net

Cole Figus
Staff Reporter

America has an unhealthy obsession for laissez-faire capitalism, but what are the results of blind trust in the market? We're finding out with news reports that between 91 and 99 percent of all new generated income in recent years has gone to the one-percent. So if society is only suckling the already-super rich who is going to take care of society's needy? Are oligarchical rich people going to band together and finance the safety net they want government to untangle? Nope, they want to metaphorically sit on giant mounds of gold piled high like phallic monuments. By definition rich people are rich because they do not spend their money. The Koch brothers hate taxes and socialism, but they are estimated to be worth about \$50 billion each. What are they doing with that money? They are planning on spending \$900 million to buy America's government and lower taxes for themselves. I am going to use myself as an example: I am selfish. I have big plans in life that do not involve spending all my time and energy on helping the needy.

But at least I am aware of my shortcomings, and as such I appreciate the taxes I pay whether for sales or income taxes, or social net programs like Social Security because they allow me to happily give back to society while doing literally- not figuratively-nothing. Taxes are civic responsibility because government does what no one else can do or wants to do for the needy. I'd even happily support higher taxes because I feel strongly that the safety net, healthcare, and infrastructure in this country should be dramatically improved, even if the improvements do not directly affect my life. An example of selfishness I loathe is the disgust many people have with the idea of giving to the homeless. They excuse themselves from charity with assumptions that homeless people will spend the money on drugs and alcohol... so does everyone else! If they get drunk or high I support their night of temporary relief from poverty and suffering. I am not a great person. I just recognize that government can do what I personally do not want to do. And I do not throw a fit when my tax money gets used for people with obviously worse lives than mine.

Buying government is big business

Cole Figus
Staff Reporter

Big Business' objective is to make money, while government's objective is to make life better for humans, and, as such, government must inherently and fundamentally be anti-business because their purposes are so often at odds with each other. Unfortunately Big Business has bought Republican ideology. Acting on climate change is a perfect example: cleaning our planet is pro-human, but decidedly anti-business. It is obvious that Republican ideology has been bought because the overwhelming science behind global warming has subtly shifted Republican talking points from "climate change is a liberal hoax" to "I'm not a scientist." Chief among the government-buying super rich are the oil billionaire Koch brothers, who are planning to raise nearly \$900 million to

prevent another liberal president from acting on climate change. That's not far from the total amount of money Mitt Romney raised throughout his 2012 presidential campaign. Last month, Republican presidential hopefuls flocked to a summit hosted by the Koch brothers to suck up and realign their political beliefs in accordance with Koch ideology, proof that a Republican president will eagerly sell America. More proof is that one of Republicans' top goals is to pass the Keystone Pipeline so that a Canadian company can make money taking American land, including Native American tribal land, which, mind you, is both sovereign and nonnegotiable territory, to build a pipeline that leaves America on the hook for inevitable climate and pollution consequences with no genuine benefits. Keystone is not a jobs plan, and it actually

will economically hurt Canada and America because the distribution economies involved in oil transportation will be eliminated as the oil gets bypassed directly to Houston for export across the Atlantic Ocean to non-American markets. Keystone is an anti-human plan for a rich, foreign oil company to make money at the expense of humanity. Global warming is not a hoax. There are no super rich scientists spending anywhere near \$900 million on our elections. Every scientist combined has nowhere near that much money to buy a green candidate. To anyone that believes that global warming is a leftist conspiracy: check your pockets... are you a billionaire? No? I regret to inform you that you have been duped by people with economic interests in continuing the destruction of our comfortable existence on Earth.

Kansas repeals a much needed executive order

Jonathan Hansell
Contributing Writer

Recently, Kansas Governor Sam Brownback repealed an executive order from Kathleen Sebelius, which prohibited discrimination based on sexual orientation when it comes to state positions and jobs. This is utterly wrong. To deprive people of a secular, economic and social position based solely

on their sexual orientation is misguided at best and malicious at worst. I am not a proponent of same-sex marriage, but I see these two issues as very different. The difference between gay rights and same-sex marriage to me is the religious implications of marriage. A job is nothing more than a social construct for the purpose of completing a task and receiving monetary compensation in return. Marriage, however, began as a religious practice

and was inducted into the legal system to help the government keep records, deal with taxes, and the like. At its core it is a religious practice, though, and must be treated as more than simply a secular bond. That said, in the social and economic realms, sexual orientation is no reason to deny anyone employment. Luckily, no one is likely to actually be fired as a result of this repealing because protections still exist on the federal level and thus, anyone who was fired could and should file a federal civil case.

OPINIONS

What is our purpose?

Tyler Jeffers
Staff Reporter

Tackling the big question. Why are we here? What is our purpose? Is there any meaning to our lives? This universal inquiry into purpose and meaning has been something we have all asked ourselves and challenged other individuals over and over again. I don't claim to have an answer, but even more so, I want to encourage the read to wonder if they are asking the right question.

"What do you mean?" you may respond, "Of course it's the right question. The search for meaning has always been at the heart of human behavior."

Perhaps that could be valid argument in years past however as the human species evolves, new technologies and energies will become available to us through our own understanding. All of the medical sciences, progressive technological advances, and increased communication are an extension of

our understanding, and as we become more intelligent, we can humbly look at the world with a new perspective and ask "Perhaps meaning isn't something we find, but something we create for ourselves."

Humans are scared of what we don't understand or fail to comprehend. As we make progress, people will be afraid and slow to change but as some adopt these changes, eyes will be opened. The very first time in human history are we capable of creating monumental feats of achievement. We look at all the wonderful things in our world and it is easy to create purpose for ourselves. Loving our family and friends, celebrating our careers, experiencing the beauty of art, following our passions, all these things and more are created by human hand. Ultimately, we only know for sure that we have one life to live. I challenge everyone reading this to impact the world in a manner in which you make a positive impact. Live and create purpose and be happy now.

Lifestyle

We never truly know

Irina Auge Termens
Staff Reporter

I am enrolled in five classes this semester and all of them are honestly highly interesting.

I think that I will learn a lot in these weeks that I have left at Lindenwood.

Even though all of my classes are teaching me something I need in order to be better, I remember that the other day, all of the students for my communication class we had to do a motivational speech.

Since I love to motivate others I thought that would be

an interesting idea but, the motivational speech was not the main reason we were doing it.

The main reason to me seemed to be overcoming our fears. In my class, you could see all different types of people.

I remember that the teacher asked if there were any volunteers and some people were but a student that is always volunteering and he doesn't seem ashamed to speak at all, he wasn't one.

On the other hand, a student that is always doing jokes and talking loudly did not even want to do it when it

was his turn. From all of this experience, I could see that sometimes we do not know others that well because when we think we know someone, that someone does something that you did not expect at all.

Because of this reason, I think today I'm in college; we are always expecting what others will do, guessing actions, people, plans but experiences like this speech show us that we never have to be surprised or disappointed because in the end, we will never know.

Respect regardless of religion

Tyler Tousley
Staff Reporter

I don't have a religion. I am not a Christian, I am not Catholic, I am not a Satanist and I am not an Atheist. I respect all of these religions, however.

Having an open discussion about religion is a healthy way to express your own views and learn about the views of somebody with a differing opinion. What should not happen is forcing your views on somebody else.

If you are a Christian that is great, Christianity does a lot of good for a lot of people.

If you are talking to somebody about it and they are clearly uncomfortable or the conversation is just a shouting match, you need to stop. If you are an Atheist, that is awesome. You do not need to go around telling every religious person that they are wrong or stupid for having their beliefs. This goes for every religion, be it Buddhism,

Satanism, Atheism, Islam or Catholicism.

If all your conversation is doing is making the other person uncomfortable, chances are that you will not be converting them to your belief system and now that person probably no longer wants to spend much more time with you than they have to.

Religions can do great things, but it's also perfectly fine to not agree with the school of thought, just don't be an asshole.

She still doesn't want to sleep with you

Tyler Tousley
Staff Reporter

In talking to some of my lady friends with serious boyfriends, it seemed like a common experience for their boyfriends to get mad or pout when the girls do not want to have sex. This causes the girls to have sex with them just because it seems easier than dealing with the reparations of not putting out. If you get mad at your partner for not having sex with you, there is some maturing that needs to take place. If you

are so incredibly horny that you absolutely have to get, then masturbate. If you don't want to do that, then shut up and deal with the fact that your partner is just not in the mood.

Everybody has different sex drives and you have to respect that, especially if you are in a sexual relationship with a person. Getting mad or upset that somebody won't have sex with you shows how little respect you have for that person and his or her body. This is an extremely common occurrence

between a man and woman— where the man is the one getting upset—but it is not exclusive to those relationships. There are women who get mad about it, there are men who get mad about it, there are third-gender people who get mad about it, and all of differing sexualities. The bottom line is that if you plan to have and continue having a sexual relationship with somebody, you absolutely have to respect their body and their boundaries within the bedroom.

On the fence

Should Lindenwood sponsor product endorsement?



no
Samuel Horstmeier
Staff Reporter

In some cases, product endorsement can be great! Quincy University has their "Pepsi Arena"; and South Africa is home to the "Coca-Cola Dome." But what does product endorsement really mean?

Exclusivity tips the scale in my opinion that this University is not the place to house any form of product endorsement.

By that I mean, should Lindenwood decide to build a pool on campus and name it the "Anheuser Busch Pool", Lindenwood would likely have to sign a legally binding contract to only sell Anheuser Busch beers should they begin selling alcohol at their sporting events.

Firstly, if Lindenwood decides to start selling beers at sporting events, one of the last problems we need is to be obligated to sell only one kind.

Secondly, Lindenwood has been constructing buildings and athletic complexes for years now and have

not needed to endorse anything or anybody to fund those projects.

I've so far only spoken about the beer option, but even if we were to side with a company who does not produce any age restrictive or controversial products, my position of not binding the university to one individual brand or manufacturer could be vital in the future should Lindenwood continue to expand.

Product endorsement for a university can be very similar to endorsement by a celebrity, in that it can be very poorly managed.

For example, McDonald's is typically notorious for unhealthy food. Though they've been working on it, is it right for them to pay big money and have olympic athletes endorsing their food. These athletes train day in and day out, and yet help sell a product which their crowd should know better than to associate themselves with.



yes
Cole Figus
Staff Reporter

I do not see many problems with LU using corporate sponsorship as a means to make its campus better for students, because it is a private university, and by all means can do whatever it wants. In doing so LU should probably exercise caution with which companies it will associate itself in order to avoid embarrassment if a sponsoring company causes a national scandal, or awkward hypocritical situations, such as if beer company sponsored this dry-campus university.

Already some of LU's dorm halls are named after financial benefactors, so it's not like LU has been financially pure up to now. Sponsorship is a good way for companies to give back to communities and sponsor educational experiences for students, and an even better way for LU to become a more impressive educational institution. The obvious

danger is that LU might lose focus on the educational part of its purpose and realign its energies on fundraising, but if self-control is practiced sponsorship could be a valuable tool for quick expansion and improvement. There are many things that probably the university and students alike would love to have, an aquatic center being the top idea in my head, and if its creation and construction could be realized with just a corporate logo labeled on its front, I am all for it.

The J. Scheidegger Center's creation was clearly helped by the titular J. Scheidegger, and I do not feel like LU sold out or lost its integrity. I have utilized that building almost every day I have been here at LU, and I have no doubt that my educational and social experience would have been much worse without it.

Letters to the Editor

The Legacy welcomes opinions and feedback from all readers. Please send Letters to the Editor to LULegacy@lindenwood.edu.

Editors must be sure that the person whose name is on the letter is really the person who wrote it. All letters to the editor must include a full name and a means of contact.

Letters must not exceed 300 words and should not include obscene material. Editors may ask for revisions to help meet these standards. If these requirements cannot be met, the letter will not be published.

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CULTURE

The Church of Zion (pictured left) hosted the local Fish Fry in Ferguson on Friday, Feb. 27. Lindenwood students participated in serving food at the weekly Lenten tradition to honor the university's recent partnership with the community.

LUGSA hosts its first-ever date auction

Cassie Kibens
Staff Reporter

LU's Gay Straight Alliance hosted their first-ever date auction Thursday, Feb. 26 in the Anheuser-Busch Leadership Room in the Spellmann Center.

More than 50 people settled to a hush when GSA event planner Clara Schneiderer and Secretary and Treasurer Nick Simmons took the stage as the night's hosts.

The event featured 17 students from multiple campus organizations waiting to be bought for a date in order to raise money for a high school Pride Prom in St. Charles.

At the end of the auction, Simmons and Schneiderer were put on the auction block by their fellow peers.

"We're hoping that people realize that we do have the Gay Straight Alliance on campus and that we're fun and like to do fun things," Schneiderer said.

The event came about after some brainstorming

by Schneiderer and GSA president Ethan Miller.

"We thought it would be cool to have people of any gender bidding on other people of any gender," Schneiderer said.

LUGSA and its more than 50 members meet Monday nights in Spellmann 3115 at 8 p.m. to discuss business before diving into discussion about events in the news relating to their cause.

Simmons joined GSA because he wanted to be able to "get the clubs name out there and spread awareness for the LGBT community and to be a part of the movement that's going on."

This included events like the "Coming Out" series and now the date auction.

Junior Katie Reigelsberger, who was auctioned for the highest bid of the evening, was excited about the event and could not wait for the prize group date: a bonfire that will take place mid-March.

"It was a lot of fun



Photo by Kelby Lorenz
Silhouettes of three students waiting to be bought at last Thursday's Date Auction

and they're all just really fun to be around," said Reigelsberger. "It'll be a really fun group date too."

After raising more than \$500 through the auction, Miller was happy with the successful evening.

"I really enjoyed the little banter [Clara and Nick] had back and forth," Miller said about the hosts for the night. "They did a really good job."

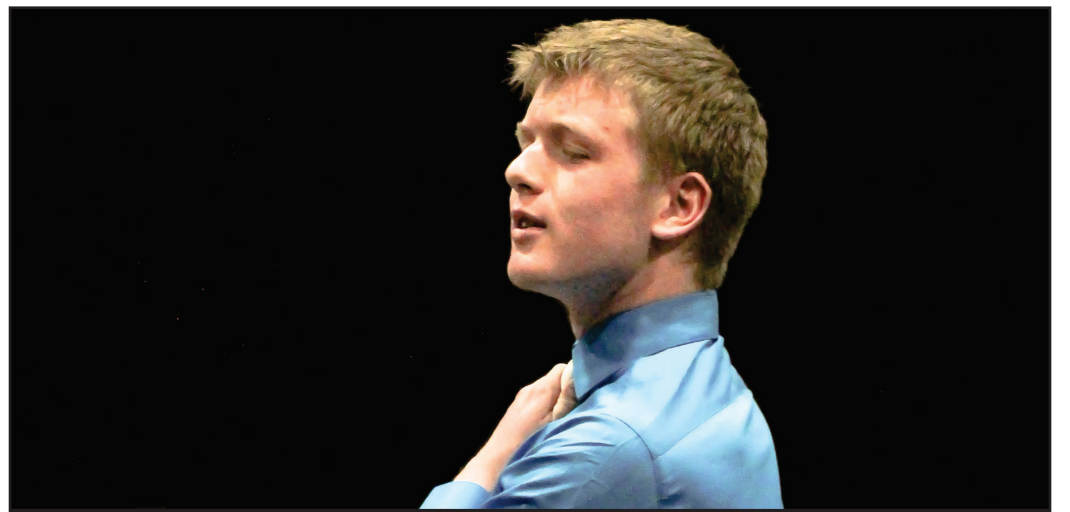


Photo by Kelby Lorenz
Sophomore Jordan Baner shows himself off for the auction.

Professor celebrates St. Louis' musical history in new book



Photo by Kelby Lorenz
Johnson presents his new book exploring the St. Louis music scene through the 1940s and

Daniel Rottlaender
Staff Reporter

Cowboy outfits, 1950s haircuts and many black and white photos.

Kenneth Johnson, a professor of education at Lindenwood University, has spent the last 14 years reliving the 1940s and 1950s as research for his new book "Moonlight Serenade to City Lights: Rare Images of Bands and Orchestras from the Dance Hall Era in Missouri," published by Reedy Press.

Since his grandmother was the owner of St. Louis City Hall, Johnson started to collect photos

of bands that played in the City Hall building during his childhood.

"Back in my childhood, I used to go to my grandmother's city hall every weekend," Johnson said. "That was the place where adults and young people came together to eat, drink, visit and, of course, dance. Since I spent most of my childhood there, the City Hall was my 'good night' music on the weekend."

For 14 years, Johnson has collected photos of several musicians who played in the St. Louis City Hall.

During those years, he got in contact with

original band members, their family members, or acquaintances and got background information about those music groups.

"In the first place, I collected those photos for my family," he explained. "I wanted my grandkids to have something that tells them the story of our family. However, over all those years people kept telling me to make a book out of those photos and now, after 14 years of collecting pictures and doing research, I finally published it," said Johnson.

Besides bands from the City Hall's heydays in the 1940s and 1950s,

the book also features some bands from the 1930s and 1960s.

The book gives its readers the opportunity to explore many popular artists whose music has been around for years, as well as unknown bands that were only together for a short time.

"Moonlight Serenade to City Lights," a 152-page hardcover print, is not available in stores, but can be bought from Johnson's office: Room 312 in Roemer Hall, for \$35. Johnson can be contacted via e-mail at kjohnson@moonlightserenade-to-citylights.com.

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Briefs

A speaker from the Satanic Temple visited Young Auditorium last night to dispel common misconceptions surrounding Atheistic Satanism in a speech presented by the Anthropology/Social Interest Club. Read full coverage of the event on Lindenlink.com.

Kanye West announced on Twitter the name of his upcoming album: "So Help Me God."

The Campus Activities Board will be hosting two events promising fun for students who choose to participate in the Evans Common Dining Hall on Friday, March 6.

From 11 a.m. to 2 p.m., Asian food will be served in the Evans Atrium for students to enjoy at the Eat Sushi event.

Students will get to show their voice talents, or belt favorite songs, at Karaoke Night that evening from 6-8 p.m.

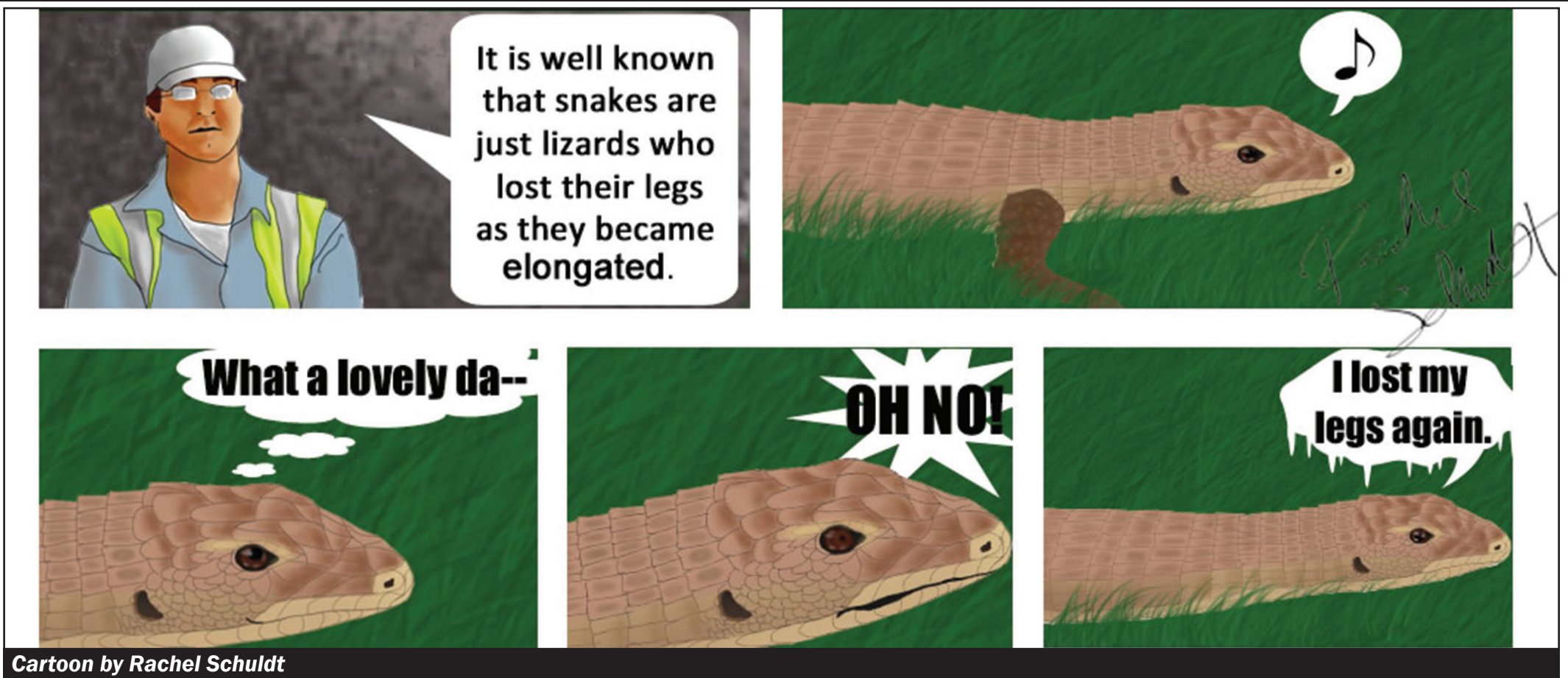
The Delta Zeta and Tri Sigma sororities will invite students to enjoy free cookies on Thursday, March 5, 11 a.m. - 1 p.m. in Evans Commons to celebrate LU's panhellenic community.

The St. Louis Philharmonic Orchestra, accompanied by the Choirs of Lindenwood, will perform a sold out performance in the Lindenwood Theatre Friday at 8 p.m.

The National Symphony of Mexico performed a free concert at the Lindenwood Theatre last night at 8 p.m. Read full coverage of the performance on Lindenlink.com.

Entrepreneur Mark Cuban and political commentator Ann Coulter have signed on to star as the president and vice president in the third installment of Syfy's "Sharknado" series.

CULTURE



Cartoon by Rachel Schuldt

LU Film Series Review

“The Good, The Bad, The Weird”



Devin King
Staff Reporter

Inspired by the western classic of a similar name, “The Good, The Bad, The Weird” is a South Korean action-comedy with much to enjoy in its ridiculousness.

Taking place in rural China, very similar to the American Old West, the film tells the story of a bounty hunter, a bandit and a comical thief who wrestle over a map that leads to untold riches. The story itself is somewhat interesting, but is not the main attraction. It is the action that showcases the film’s talent. Many glorious action scenes and explosive fights show the movie’s large

budget. The movie is a blast from start to finish. The comedy is more akin to a slapstick style, and the action is made up of the best “gun fu” scenes I have witnessed. The modern, yet nostalgic, wild west-inspired cinematography is beautiful. The characters, however, are somewhat two-dimensional, sticking to one attribute, but this is more acceptable. Overall, the film is made for fans of western movies and those who want a good, unserious action movie.

“The Good, The Bad, The Weird” will be shown at Young Auditorium on Friday, March 6 at 7 p.m. as part of the LU Film Series.

Album Review

Imagine Dragons “Smoke + Mirrors”



Devin Durbin
Staff Reporter

Take what you know about Imagine Dragons from their freshman release, “Night Visions,” and throw it out the window.

With their latest effort, “Smoke + Mirrors,” the Nevada natives delve deeper into their stadium rock roots and take on sonic landscapes that are heavier and bigger than anything they have done before.

While the same tone as “Night Visions” still exists on this album, such as in the songs “Shots” and “I Bet My Life,” the electronic pop anthems are subdued.

While this album delves into different styles of music, there is a coherent chord running through this album. “I’m So Sorry” takes the dial and turns it up to 11.

With the title track, the group takes a feather out of its own hat and channels Coldplay with a soft falsetto chorus tinged with electronic musings.

Imagine Dragons refuses to release the exact same album over and over. “Smoke + Mirrors” can seem inconsistent, but through multiple listens it comes together as something soulful.

I suppose that is where the title comes from, because what we see is distorted and ever-changing. We see what they want us to see.

The importance of fat

Brendan Ochs
Staff Reporter

Unsaturated, saturated, and trans fats are what we most often see on nutrition labels. Other less represented fats are monounsaturated and polyunsaturated fats.

Trans fats raise the LDL (Low Density Lipoprotein), which is bad cholesterol, and lower the HDL (High Density Lipoprotein), which is good cholesterol.

In the U.S., nutrition labels are allowed to read 0 trans fat if the food consumed contains less than 0.5 grams. If you eat three meals a day seven days a week and in each meal there are 0.4 grams of trans fat, 8.4 grams of trans fat was consumed over the period of a week. This, over a long period of time, increases risk for heart disease and atherosclerosis.

Check the ingredients for partially hydrogenated vegetable oil. Recent studies are combating the claim that saturated fats are unhealthy, yet there is no significant evidence to support that they are healthy either.

Unsaturated fats are the good kind. On a molecular level, saturated fats have a flat structure which allows fat to build on top of one another. Unsaturated fats, on the other hand, have a double bond between two carbons, which causes a kink in the structure keeping them from building on each other, which is why they are better for you. This applies for polysaturated and monounsaturated fats as well, such as fish, vegetable and nut oils.

These fats can increase your HDL and lower your LDL, leading to a healthier you.

Fashion is unique, just like you

Kelby Lorenz
Visuals Editor

Fashion is meant to be unique, not robotic. Unless you are wearing a shiny silver jumpsuit, in which case you should hop in your DeLorean and go back to the 1980s, because we do not want that here anymore.

It is all too obvious that society has gotten stuck in a fashion rut. It seems like so many have gone to the dark side of fashion and have begun copying another person’s outfit, down to the same exact pair of black yoga pants and mint green oversized sweaters.

Let us not be sexist here: men do it as well. When two guys are wearing the same gray hoodie, black sweatpants and Air Jordans, there is a major problem.

Fashion allows us to be bold, confident and whatever other emotions we want to convey. Do not be afraid to experiment with your clothing options. Mix and match your patterns, colors, textures and prints to uncover new and exciting looks.

Now, here’s the thing: some days you may try something new, and it just does not work. That is more than

okay, because it is one outfit, on one day, during one year, that nobody will remember even a week from then. Use your outfits, hairstyles and makeup to state exactly who you are.

I challenge you to show your personality through the way you dress. Wear your bright blue pants, white dress shirt, black tie and beanie with your hipster glasses. Wear your blue jeans, black t-shirt and tennis shoes if that is your style. If you are the sporty type, then wear your sweatpants and hoodies, but do not be afraid to mix it up.

Let your personal tastes overtake your wardrobe, to where you wear something that is purely you. Fashion is not meant to be a “one outfit fits all” scenario. Instead, fashion is meant to be an expression of your inner feelings and emotions, so let them show. Just be you.

“Fashion allows us to be bold, confident, and whatever other emotions we want to convey.”

New on Netflix

Devin Durbin
Staff Reporter

Movies	Television	Editor’s Pick
Groundhog Day (1993) PG - Phil (Bill Murray) is a weather man searching for the perfect day in Punxsutawney as he relives the titular holiday on a loop over and over and over and over...	House of Cards (2013) - The conniving Frank Underwood (Golden Globe winner Kevin Spacey) returns for the third season of this diabolical, epic original Netflix series inspired by a British series.	The Interview R ★★☆☆☆ I imagine writers/directors Seth Rogen and Evan Goldberg, who I usually find to be brilliant, purposefully made this comedy the dumbest movie of their career instead of the bold commentary it could have been just to save their butts from the very man they target in the film: North Korean dictator Kim Jong-un (Randall Park).
Top Gun (1986) PG - Maverick (a young Tom Cruise) falls in love with his teacher while attending a school for the best pilots in the Navy, where he learns more than typical flying lessons.	The Red Road (2014) - Sheriff Harold Jensen struggles with family issues and keeping tabs on two rival communities: the small town he grew up in and the neighboring home of the Ramapo Indians.	

SPORTS



Hannah Rector performs her beam routine. The Lions placed third in a quad meet at home against Eastern Michigan, Illinois State and Illinois-Chicago this past Saturday. Eastern Michigan took home the top prize.

Lions skate into national tournament

Roy White
Staff Reporter

Last weekend the Lions Men's Hockey team won their third CSCHL Playoff Championship. The No. 3 Lions made it to finals after beating No. 2 Robert Morris 2-1 in overtime. The following day they topped No. 1 Ohio University 3-2 to seal the championship. Freshman goalie Michael Hails won the championship MVP award after allowing

only two of the 42 shots on net to pass. "The impact that I have made thus far however big it is, I just look at it like my job," Hails said. "As most hockey fans know, goalies cannot win games on their own; we depend on the rest of the team to execute their jobs." With the CSCHL Championship in the books, the Lions aren't resting yet. This Thursday, the Lions depart for Strongsville, Ohio, for the ACHA Division I

National Championship. "The only thing that will change are the teams that we play. We played very well over the playoffs and we need to use the momentum that we gained," said Hails. The ninth ranked Lions start their championship run in the second round against No. 8 Adrian University at 4 p.m. on Saturday. The Lions were knocked out of last year's National Championship by Rhode Island in the first round.

"All of the returning players know this disappointment from last year and have worked hard this season for it not to happen again," said Hails. Coming off a great season, the CSCHL Championship and last year's loss in the National Championship bring more "focus" to the dressing room, the Lions look to make it to the final game on Tuesday at 7 p.m. for their second trophy of the season and walk away with a feeling



Photo by Aerial Niccum
Riley Spraggs (24) chases the puck against ASU.

Wrestling continues postseason competition

Brayden Parker
Staff Reporter

Continuing an already accomplished postseason, the Lindenwood wrestling team finished fourth overall at the NCAA Super Regional Tournament in Mankato, Minnesota. The Lions (89.5) were 24 points behind cross-city rival Maryville University (114.0) who placed first. "This shows how tough our region is," senior John McArdle (184 lbs.) said. "Even with only four [national] qualifiers we are still right there with the best teams in the country." Competition was spread over two days, with championship rounds being held Sunday afternoon. Wrestlers were not only playing for team points, but also to stretch their season further, as the top four finishers in each weight class advanced to the national championship. Four Lions were able to advance to the national tournament and senior Kyle Webb (144 lbs.) led the way with a regional

title over McKendree University's Darren Wynn in an 8-4 decision. Junior Terrel Wilbourn (149 lbs.) continued the momentum with a 9-5 decision over Larry Bomstad to capture third place. Senior Derrick Weller (157 lbs.) dropped a 0-1 decision to SCSU's Clint Poster as the runner-up in his weight class. Meanwhile, McArdle finished fourth to Nick Burghardt of Maryville, giving up an 5-8 decision. Although Lindenwood only came away with one champion, advancing to nationals is the ultimate goal for the individual wrestlers. "It means everything to me," McArdle said. "It means my dream of being a national champion is still alive and that I have a great opportunity to make that happen and cap off my career." The NCAA National Championships will be March 13-14 in St. Louis, Missouri. This brings an opportunity for the Lions to complete an already successful campaign.

Women's hockey swept out of CHA playoffs

Roy White
Staff Reporter

The Lindenwood women's hockey team traveled to Penn State this weekend for a best of three series in the first round of the CHA Playoffs, falling in both contests to end its season. The first game was a 1-0 loss for LU coming by way of a power play goal in the first period. Although Lindenwood goalie Nicole Hensley made an impressive 22 saves, that one power play goal doomed the Lions and put them into a hole for the following game. After Friday's loss, the Lions looked to game two for their chance to keep their playoff hopes alive. However, just over two minutes into the game, Penn State scored their first goal, and gained the momentum. Lyndsay Kirkham scored Lindenwood's only goal of the weekend off an assist from Carrie Atkinson nine minutes after the first goal.

Less than two minutes after LU had equalized the score, Penn State scored again to regain the lead. This lead was extended to 3-1 after another goal by the Nittany Lions minutes later. Lindenwood couldn't find any momentum for the rest of the game and was eliminated from the playoffs after being swept in the first round. The women's season is now at an end with an overall record of 10-21-2 and a conference record of 7-11-2. What seemed to be a major impact in their season and the playoffs was their inability to win in another team's stadium. The Lions away record was 3-11-2. Despite losing a few impactful seniors, the main concern for the Lions seems to be to improve away from the Lindenwood Ice Arena. If that accomplished with next year's team, the Lions will have an opportunity to extend their playoff experiences in the years to come.



CHASE'S
SPORTS CORNER

Opinion by Chase Stewart

While I've written plenty about the NFL and the NHL in this column of late, I feel as if I have neglected another sport that I love: basketball. While many (myself included) prefer to watch college basketball over professional, I still have a soft spot in my heart for the NBA. With that being said, the NBA season has been exciting and surprising in many ways thus far, and I am looking forward to the final stretch of the regular season these next couple of months. The incredible play of the Atlanta Hawks in the Eastern Conference and the Golden State Warriors in the Western Conference has surprised many up to this point. With a young star who seems to get better with each progressing season, Stephen Curry, it is no surprise that the Warriors are playing great basketball up to this point, but with a 45-11 record at the time of this writing and a four-game lead over the Memphis Grizzlies in the Western Conference, the Warriors are to be commended for exceeding all expectations thus far. While the Warriors' tremendous play has been surprising to some degree, it is the Atlanta Hawks in the Eastern Conference who have set the league ablaze. The Hawks are an NBA best 47-12 and are 10 games ahead of the next team in the Eastern Conference, the Chicago Bulls. Paul Millsap, Jeff Teague, and Al Horford have paced the Hawks thus far in the season, and Atlanta looks like a team built for a run to the NBA Finals. While there is still plenty of the regular season remaining, and a long journey to the championship still ahead for both the Warriors and the Hawks, the two clubs are to be commended for their stellar performances thus far. While there is no shortage of other talented and capable teams in each conference, the teams that I believe have the best shot at dismantling the Hawks and the Warriors' dreams of a title are the Dallas Mavericks in the Western Conference, and the Cleveland Cavaliers in the Eastern Conference. The Mavericks are a team loaded with talented and experience, and with the recent addition on Amar'e Stoudemire, who is without a doubt past his prime, yet still remains a talented player, I think the Mavericks are a team that could make a run in the playoffs at the end of the year. While the Cavs started the season slowly, they are simply too talented to be written off at this point in the season with Lebron James and Kyrie Irving. Watch out for them come playoff time.

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Briefs

The men's lacrosse team won at home Sunday afternoon 15-3 over Colorado State-Pueblo. The two teams were forced to battle the snowy conditions on the LU campus.

The stretch of canceled or postponed softball games reached 12 due to unfavorable weather conditions over the weekend.

The men's volleyball team won a pair of games on the road 3-0 against Lewis University and Loyola University Chicago. The team returns to action at home on Feb. 7.

SPORTS

2015 MIAA Men's Basketball Tournament

#1 Northwest Missouri Conference record: 15-4

NWMS leads the conference in field goal percentage and three-point percentage, shooting 49 percent in both categories. After closing out the season with a 10 point win over Central Missouri, the Bearcats are currently riding a nine-game winning streak.

#2 Central Missouri Conference record: 14-5

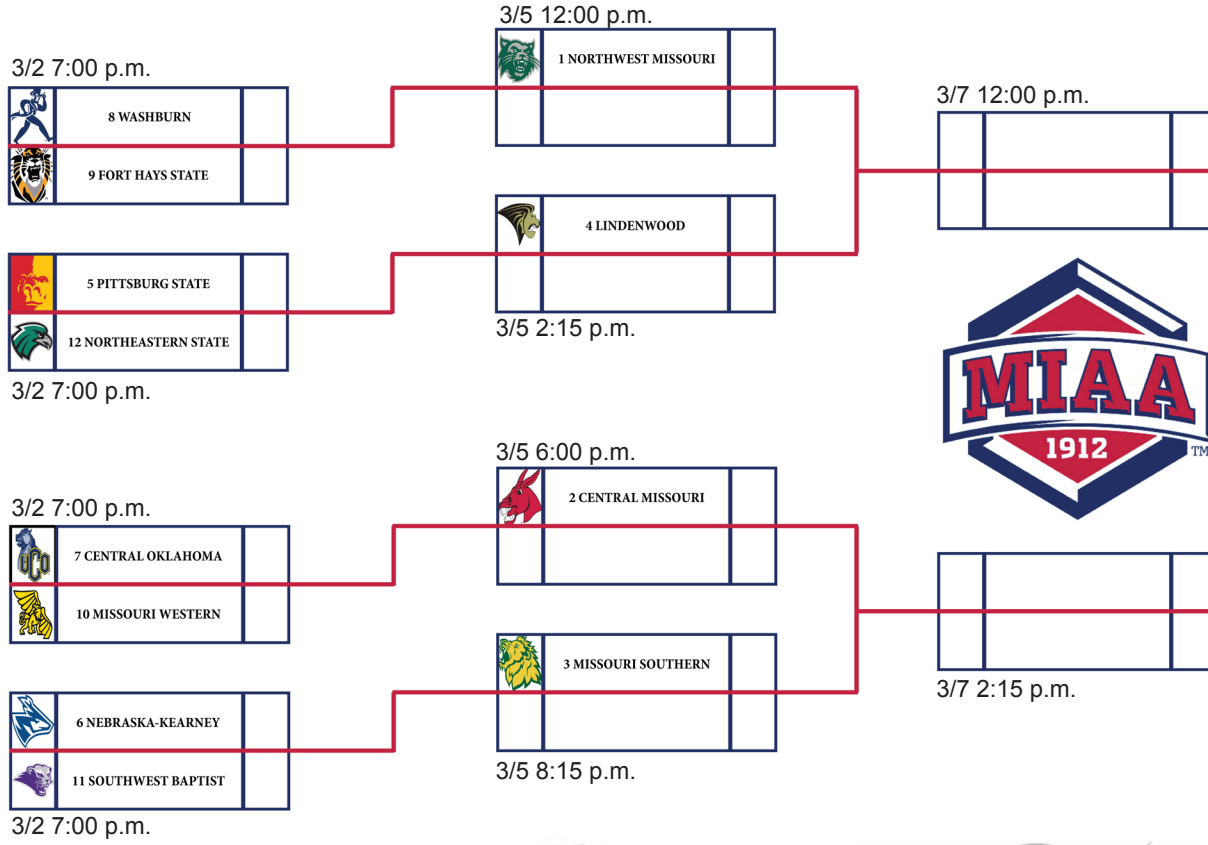
Winning eight of their last 10 games, CMU is looking to redeem a quarterfinal exit in last year's conference tournament. The Mules sit at the top of the conference in field goal percentage, shooting better than 50 percent from the field over the course of the season.

#3 Missouri Southern Conference record: 12-7

Beating Lindenwood and Pittsburg State as part of a three-game winning streak to close out the season with a 12-7 conference record, MSSU is getting hot at the right time. The defending MIAA champs have the highest scoring offense in conference, averaging 76 points per game.

#4 Lindenwood Conference record: 12-7

After coming out in the top half of a five-way tie for third place in the conference, LU has captured a first round bye for the first time since joining the MIAA. With their last three losses coming from the top three seeds, the Lions will for redemption in Kansas City.



Phil Brahm
Staff Reporter

Graphic by Phil Brahm

#5 Pittsburg State Conference record: 12-7

Losing their last three, Pitt State went from a potential third seed to hosting a first round game. Despite the recent slump, the Gorillas are 6-4 in games decided by five points or fewer and have key wins over Northwest Missouri, Nebraska-Kearney and Central Oklahoma.

#6 Nebraska-Kearney Conference record: 12-7

Slowly climbing the standings over the course of the season, UNK has key wins over Missouri Western and Central Missouri. The Lopers average four blocks a game and 13 assists. As one of the tallest teams in the MIAA, they lead the conference in both of these categories.

#7 Central Oklahoma Conference record: 12-7

Closing out the season with four-straight wins, UCO joined the five-way tie for fourth place. While they received a seventh seed, the Bronchos hold key wins over Lindenwood, Central Missouri, Pittsburg State and Nebraska-Kearney. They lead the league in defensive rebounds as well.

#8 Washburn Conference record: 10-9

After beginning conference play losing seven of their first 10, WU turned things around to earn a first round home game. The Ichabods embraced the spoiler role when they blew out Pittsburg State in the regular-season finale to knock the Gorillas out of the top four.

#9 Fort Hays State Conference record: 9-10

Losing four of their last five, FHSU has the biggest hill to climb heading into the tournament. Despite struggling in the later part of their season, the Tigers managed to take Northwest Missouri to overtime and ended with a single-digit deficit against Central Missouri.

#10 Missouri Western Conference record: 8-11

While their record may not suggest it, MWSU has kept the majority of their conference losses close this season. With two dramatic overtime wins, including one against Nebraska-Kearney, the Griffons hope to find new-life in the MIAA conference tournament.

#11 Southwest Baptist Conference record: 6-13

Ending somewhat of a rough season, SBU closed out its season with three consecutive losses. Despite their record, the Bearcats lead the MIAA in offensive rebounds with just under 10 per game. They have only won one game this season against the MIAA top-four seeds.

#12 Northeastern Conference record: 5-14

Defeating Fort Hays State to end their season, NSU grabbed the final spot in the tournament. Entering the first-round losing four of their last five and holding a road record of 1-12, the Riverhawks look to turn things around after a rough season in the postseason.

2015 MIAA Women's Basketball Tournament

#1 Fort Hays State Conference record: 18-1

After a near perfect season in which they went 26-2 for the year, Fort Hays comes into the MIAA Tournament as the number one seed. Led by Kate Lehman, averaging 19.7 points per game, the Tigers look to continue their MIAA dominance.

#2 Emporia State Conference record: 15-4

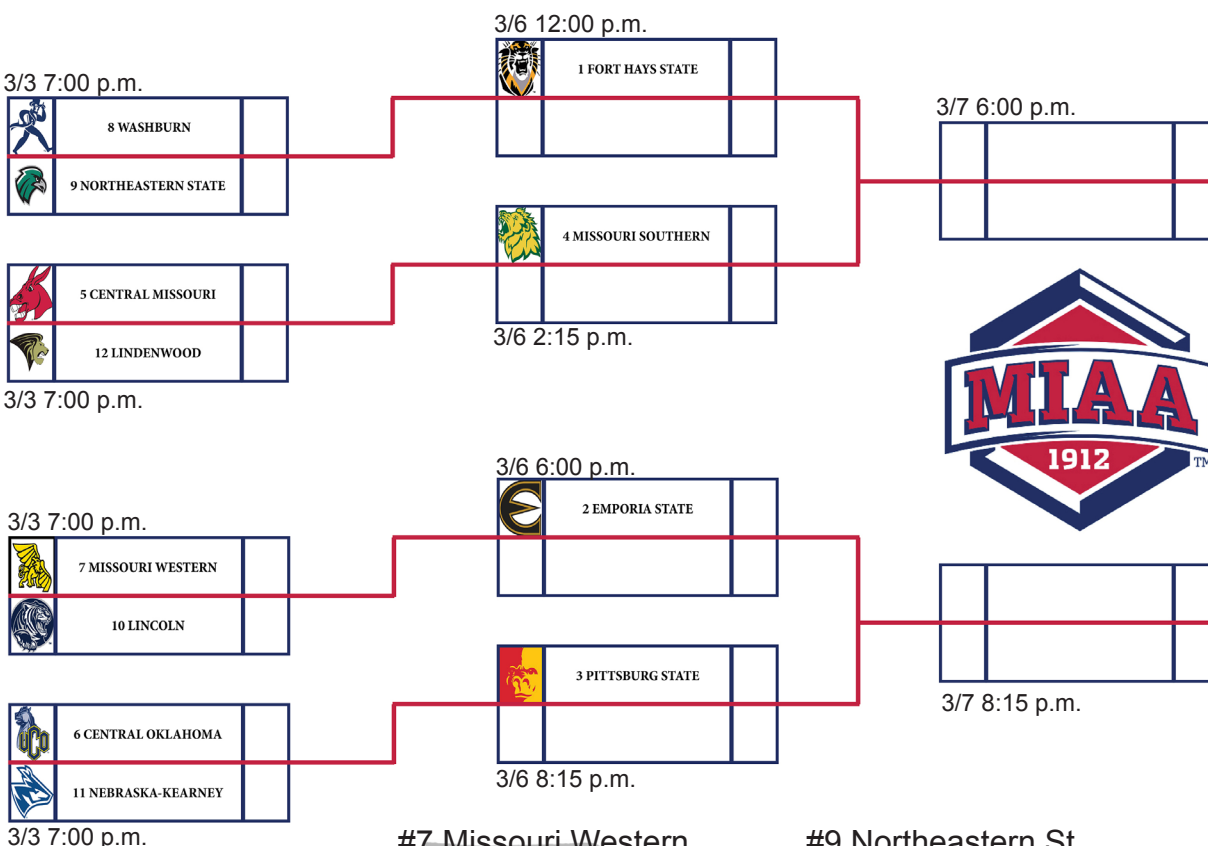
A great MIAA team, going 22-4 for the year, the Hornets are looking to earn a national berth. Kelly Moten, Amber Vandiver and Addie Lackey are a trio for opposing teams to fear. After a 65-61 win over Pitt State, the Hornets showed they could compete with top teams.

#3 Pittsburg State Conference record: 15-4

The Gorillas are a quality team with a 24-5 record. After showing how good they can truly be in a win over Fort Hays earlier in the season, the Gorillas showed they are a team to reckon with. If Lizzy Jeronimus can play at a high level every game, the Gorillas have a chance to make a run.

#4 Missouri Southern Conference record: 14-5

With a 20-6 record, Missouri Southern rounds out the top four of the MIAA. A season in which they were able to beat Pitt State yet fall to Central Oklahoma, the Lions have on days and off days as a team. We will see what kind of day they have as they open the MIAA tournament.



John Tessmer
Staff Reporter

Graphic by Phil Brahm

#5 Central Missouri Conference record: 13-6

Led by Shelby Winkelman, who drops 15.4 points per game along with 2.7 assists, the Jennies will look to prove themselves in the tournament. Pulling out a win over Emporia State earlier in the year shows how good this team can truly be.

#6 Central Oklahoma Conference record: 9-10

Led by the Mason sisters, Julia and Olivia, Central Oklahoma was 16-12 for the year and will look to show they're better than their record shows. Central Oklahoma lost to the number one seed, Fort Hays State 56-55 earlier in the year. When this team is on, they're on and a force to be reckoned with.

#7 Missouri Western Conference record: 9-10

A very quick and athletic team, Missouri Western can outplay the lower ranked teams in the MIAA, but cannot seem to take down many higher ranked teams as they finished 14-11 overall. Their lone win over a higher ranked team came against Missouri Southern, as Western won 61-56.

#8 Washburn Conference record: 8-11

Going 16-10 for the year, Washburn had a mostly mediocre season. Led by Taylor Ignoto and Jayna Smith, Washburn has been an on again off again team. They are capable of taking down some quality teams, as they defeated Central Missouri earlier in the season.

#9 Northeastern St. Conference record: 7-12

After surprising pretty much all of NCAA Division II basketball and themselves by beating Emporia State in overtime earlier this season, Northeastern State has some great basketball up their sleeves. Led by Chelsey Beathard, Northeastern will look to regain the magic that was used to defeat Emporia State.

#10 Lincoln University Conference record: 7-12

The Lincoln Blue Tigers went 12-13 for the year to complete a poor season. With their biggest win coming over #11 Nebraska-Kearney, Lincoln never takes down any of the better MIAA teams and likely doesn't stand a chance against the likes of Fort Hays or Emporia State.

#11 Nebraska-Kearney Conference record: 6-13

Led by Amarah Williams, the University of Nebraska-Kearney Lopers played about as good as expected in the MIAA after placing in the same spot in the tournament as a season ago. The biggest win of the Lopers' season came when they took down Central Oklahoma 65-62.

#12 Lindenwood Conference record: 4-15

After starting the season out with a 6-point exhibition loss to Mizzou, and five straight non-conference wins, LU was playing great basketball. Things began to fade however, as they fell in their first three conference games. Beating UCM in overtime in January, the Lions proved they can hold their own.