

Fabrics for world charities

Viki Muench

Staff Reporter

Wouldn't it be fun to shop for new clothes and also know the money you were spending actually helped people?

Lindenwood senior Rachael Ozier made it her goal to introduce her fellow students to opportunity when she became an official campus representative of the clothing company Serengetee.

Serengetee is a young company that started as an idea of three college students in their dorm room.

When they travelled Central America during a semester with the program "Semester fabrics from different countries.

Back home in the US, they made pockets out of the fabrics and put them on T-shirts. The students then sent the proceeds back to these areas to support them.

Today, Serengetee is a major company that supports 36 causes in 32 countries with their customizable products.

"They collect fabrics backpacks. from all over the world. Customers can then pick a fabric and design their own T-shirts, backpacks or laptop cases with that fabric," says Ozier.

The products are very diverse.

Serengetee offers many clothing items like shirts or outerwear, but

"Five percent of every purchase goes back to the communities. I think it's great to always know which cause I'm supporting."

Rachael Ozier

"The cost varies depending on the fabric since some of them are handmade, but with around \$30 for a T-shirt, it is definitely still within the budget of a college student," said Ozier.

fabric, customers also can gain information about from.

"Each fabric supports a local cause. There is always a lot of information on the specific foundation or problem the fabric supports.

Photo by Kelby Lorenz

putty, lava lamps and

other hands-on activities.

The Natural Science Club hosted

students a chance to make silly

"Sweet and Science" to give

"Five percent of every purchase goes back to the communities. I think it's great to always cause which know I'm supporting. I just recently chose one from Zimbabwe."

As campus a representative, Ozier wants to educate students on how they can support causes all over the world by purchasing Serengetee products.

At the moment, Ozier When choosing a is promoting the company through social media projects.

events on campus in the future.

"I will also do a lot of face-to-face promotions so I can reach as many students as possible. I love supporting Serengetee because it is a great way to make a change in the world.

"I particularly love that everyone can see an immediate impact through their donations. Serengetee helps to make a change in people's lives and I am happy to be a part of it," said Ozier.

Anyone who interested in learning more about Serengetee can visit serengetee.com.

For a 15 percent discount or more information on cause, send an email to

Greek Life gains new director

Connor Johnson

Greek Life recently changed leadership when Miofsky took over as assistant director of Student Life and Leadership and Greek

Andrea Keller, who previously held position, left LU to pursue a different position Southern Illinois University in Edwardsville, of which she is an alumna.

Miofsky learned about the job opening through Keller, and he quickly applied, seeing this position as an opportunity he couldn't pass up.

Miofsky expressed how his undergraduate Greek experiences ultimately compelled him to apply for the position.

"Mv undergraduate Greek experience was a great experience, and I want the opportunity to pay it forward so other students can have a similar opportunity," Miofsky said.

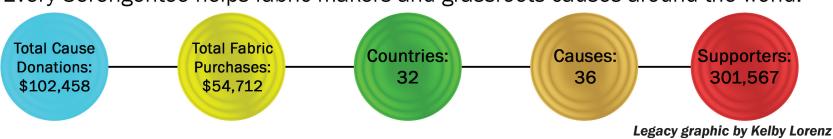
Miofsky is an alumnus of SIUE, where he served as a founding father, director of outreach and director of expansion for his fraternity, Delta Lambda Phi. Upon graduating, he obtained a Master of Education degree in Adult and Higher Education from UMSL. He worked in admissions at Logan University and in the national headquarters for his fraternity.

Miofsky has drawn upon his experience to begin to form goals for Greek Life on campus, and he has committed himself to this position until they are accomplished.

"One of the things I want to see is a more visible presence. Moving forward this is going to be a main goal. Look for letters, look for events, and look for our school's Greek Life to positively affect our campus and the surrounding community," said Miofsky.

Miofsky also hopes see strengthened academics, increased community service hours and solidified unity among Greek organizations during his time at LU.

at Sea," they collected also accessories, bags and the country or area it is She has plans to hold rachaelozier@gmail.com. Every Serengentee helps fabric makers and grassroots causes around the world.



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NEWS

Panamá Bilingüe

LU comparte la educación con Panamá

Faith Schallert

Staff Reporter

Lindenwood is one of a select group of higher education facilities that participates in the program Panamá Bilingüe, which sends teachers Panamanian to the United States to increase the English language competency in their schools.

"Lindenwood the governments of the in this Republic of Panama since 1995," said Ryan Guffey, vice president of student development and global affairs.

"Initially, most Panamanians that came to Lindenwood were university professionals worked at the Panama Canal and chose to learn management or other Bilingüe. business related fields; over time, our excellence mission enunciates its in the areas of the arts and teacher education became well known."

due to Lindenwood's long

standing relationship with the Panama Republic's educational loaning institution, IFARHU, Lindenwood was asked to participate in an open call for universities to support the country's program.

In a press release, Margarita Pearce, Lindenwood University alumna and director Panamanian Scholarship Programs has said, "Lindenwood was actively worked with selected to participate presidential initiative over many other institutions because of its strong focus on English acquisition and its commitment to the science of education."

> Each year, expects a minimum of 100 students in the education program through Panamá

"Part of Lindenwood's desire to stimulate a global civil society of principled workers; this According to Guffey, program does exactly that," said Guffey.



Left Photo by Carly Fristoe: Danny Simms concert; Right Photo by Mai Urai: Harmon Institute- Lindenwood and Ferguson





Top left by Kelby Lorenz: Cosplay Cafe; Top right by Romane Donadini: Sit volleyball; Bottom left photo by Kelby Lorenz: Swing Dance Club's Roarin' Swing Dance Bottom right by Isis Wadleigh: Wheelchair basketball;



Sami Glenn Reporting Student

Without missing a beat, the Lindenwood Swing Dance Club has been brightening up students' Tuesday nights with jazzy tunes, fancy footwork and new friends. Swing dancing is a style of social partner dancing originating in the 1920s that has once again become popular with the current generation.

Ryan Ethridge, the club's president, has been swing dancing for 10 years, and his passion for the dance is evident by his dedication to the group. He is present every Tuesday night from 9 to 11 p.m. in the Evans Commons group fitness room, encouraging all passersby to join the on the organization. fun.

"The LU Swing Dance Club is a noncommittal group; you can come and go when you please," says Ethridge.

For the students who find that they have the passion and willingness to dedicate to the group, future plans are in the works that will make LU history by making the group more than a club.

"My plan for the future of the club is to start a competition swing team."

This audition group would exist within the club and practice a choreographed routine for competitions during the 2015-2016 school year.

For now the group "continue will teach the awesome art of swing dancing and spread it all over campus," Ethridge said.

For information check out the group's Facebook page attend one of the meetings on Tuesday nights.

Each week this series will showcase one of LU's many services, facilities or organizations. It will not eliminate the potential for the resource or group to be covered elsewhere in the paper, it merely introduces them.





= Briefs

Feminist Biology Caroline Speaker Vansickle will present in Dunseth Auditorium on Feb. 26 at 7 p.m.

The topic will be Neanderthal birth from feminist biology perspective.

The last date to renew housing and Work and Learn assignments for Fall 2015 is Feb. 28.

Assignment renewals should be done via the student portal.

A student Organization Fair will be in Evans Commons on Feb. 24 between 11 a.m. - 1 p.m.



LU announced on Wednesday its involvement in providing \$625,000 in scholarships to high school seniors in the Ferguson area.

The Financial Aid Office suggests students file their 2015-16 FAFSA forms electronically by March 15.

FAFSAs must be received by April 1 to be eligible for the Missouri State Grant.

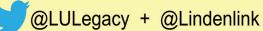
will CAB hosting Coffee and Donuts on Feb. 26 from 10 a.m. - 12 p.m. will be

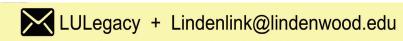
They

Symposium Exposition is looking for submissions of a academic or creative available in the Evans project. Submissions are Group Dining Room. due by March 23.

The Student Research







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OPINIONS

ISIS terrorism is **hypocritical**

Cole Figus

Staff Reporter

debate on whether ISIS is Islamic or anti-Muslim, and The Atlantic recently published a controversial article arguing the former.

There was an immediate backlash alongside support for the article's conclusions, but the article and the entire debate are much too complicated for social media battlegrounds in which they are debated.

Whether or not you think ISIS accurately represents Islam, you cannot argue that ISIS thinks it does.

And that is the only relevant fact when ISIS has created a new Caliphate to force its brand of extremist Islam upon the world with an endtimes disregard for people's lives and global peace.

However, despite controversy, this in no way implies that all Muslims are sympathetic toward Islamic terrorism, like all Christians should personally be held accountable for the acts of minority extremist Christian groups, such as abortion clinic terrorism.

bombers or the Westboro Baptist Church.

Any casual reading of the There is a lot of current Bible and Koran suggests that civilization is far removed from the time periods in which they were originally written.

As such, fundamentalism that results when legalistic, ideologically extreme groups like ISIS try to force the 21st century to figuratively return to a single digit century is completely impractical.

It is also hypocritical when the number one rule of religions is to not judge others, and this is especially true in monotheisms where a single omnipotent god alone can judge the lives and actions of people.

Most religious figures throughout history have preached endlessly about loving and accepting others along the lines of "hate the sin, love the sinner."

Extremists any monotheism have no right to spread violence and hatred, and they are rebelling against their own god when they take it upon themselves to judge and punish humanity with

A conservative against **Guantanamo Bay**

Jonathan Hansell

Contributing Writer

Guantanamo Bay is not a stain on America's record; it is an ongoing brutalizing of justice by some in power in America.

The CIA torture report is widely known, the inhumane treatment involving physical and psychological torture, sexually-based humiliation, forced feeding, and are well documented.

Past all of this, the lack of proper legal means for the inmates of Gitmo is perhaps among the most disturbing issues in this matter.

The federal government is holding people without charge for upwards of 13 years on evidence ranging from strong to pathetic.

This is not about the containment of terrorists alone, because many Gitmo inmates were found to be innocent or in some cases, informants who were sent in due to miscommunication and tortured.

speaks This to fundamental errors deep within the system surrounding Gitmo.

What should the nail in the coffin of Gitmo is that no

information gathered through torture that was not already known through other sources.

UN regulations, the Geneva Convention and the integrity of the United States were all violated and should all demand that Guantanamo Bay be closed as soon as possible.

As a conservative, I feel myself distanced from the Republican Party further than I was already by their resilience to protect the Gitmo facility, its actions, and particularly by the recent comments by Republican Sen. Tom Cotton of Arkansas stating that the terror suspects, for that is all they are, suspects, can "every last one of them can rot in hell, but as long as they don't do that, then they can rot in Guantanamo Bay!"

If Sen. Cotton is unaware of what has gone on in Gitmo, he should make himself aware of the violations, the brutalities, and the injustices.

If he is aware, and continues to support Gitmo, he then supports these injustices and should be summarily disregarded.

Prescribing a high

Tyler Tousley Staff Reporter

Marijuana is a hot topic, especially for college students. Should it be legal for medical use? Should it be legal for recreational use? Should it stay illegal?

Medical use of marijuana should be legalized completely.

Usually when people think of the use of weed for medical tors are and what

purposes they think of cancer patients people or with glaucoma, but the medical uses much are who suffer vaster than just the exfrom mood tremes. disorders, It is no

secret that using marijuana feels good, that's

why people even use it for recreation.

It helps relax and escape the stress of everyday life.

There have been countless studies linking the use of cannabis as a way to fight depression.

As somebody who suffers from both depression and anxiety I can verify that the usual treatments for these work — to a degree.

Taking these medications do not, however, ensure a calm demeanor.

When somebody

drug prescribed to treat depression and anxiety, there is still a chance of them having a panic attack or fits of depression. Using

is taking Zoloft, a

cannabis can help fight off these symptoms even more.

Our brains have what is called the endocannabinoid sys-

This is where our cannabinoid recepmakes you

"Clearly,

cannabis

could be

wildly

helpful

to people

such as

depression."

when you consume cannabis. Regardless of the presence of cannabis, this is the part of the brain that

controls

mood, ap-

petite and

pain sen-

feel good

sations. When people consume marijuana, people their mood is lifted, their appetite improves and pain they may be feeling is lessened.

> This is why people going through other, actually painful treatments are sometimes prescribed cannabis.

Clearly, cannabis could be wildly helpful to people who suffer from mood disorders, such as depression. Medical marijuana is for more than just people on their death-

leer esto?

Sam Horstmeier Staff Reporter

Making a claim that everyone should speak two languages is far easier said than done, especially when ploys to learn one in only days are spilled across the internet.

Learning a language takes especially as you progress into languages not based off of a Roman character alphabet.

In high school I took Spanish for all four years, it was pretty fun but all in all I did not take full advantage of the opportunity I had at hand to open doors and communicate with millions

of new people.

¿Puede usted

I could have continued with Spanish, but instead today I'm taking Mandarin Chinese classes.

Regardless of difficulty,

on the first day of class we took statistics, and only about 20 percent of the class was American. About four fifths of the

hard work and a lot of time, class are working on studying Chinese in an English taught class, having a native language of say French or Japanese.

Language is so important in our world today and every American should take advantage of opportunities presented to them to better familiarize themselves with another culture.

The benefits of stress

Sarah O' Daniel **Contributing Writer**

While growing up, college is rumoured to be the best years of your life. However, it is not until you actually attend that you find out that the experience is also a very stressful one.

Students find themselves facing many responsibilities, taking up to 18 credit hours, along with many picking up jobs in order to support themselves. With students' time being largely occupied, it proposes the question just how student athletes have time to participate in their sport, achieve good grades and also manage to have a social life.

For many athletes, the pressures to perform well on the field and in the classroom are great because the two often correlate. If the student is not doing well in class, then they often will not be allowed to play. If the student is not doing well with the sport, then the stress of trying to better themselves athletically will often take a toll on their school work. While it is often difficult for athletes to find a healthy

balance between all of responsibilities, their some research shows that being a student athlete makes for a well-rounded individual who is more likely to be employed in the long

Although the pressures are tough, this is one reason why many student athletes claim that their sport is about much more than just competition.

According to a fouryear study done by Will Barratt and Mark Frederick at Indiana State University, athletes have to learn time-management skills by necessity while many other students have a much larger leeway in what time management skill they must develop. Athletes also typically show signs of having great experience with teamwork, are great at taking orders and are not shy, all of which are traits that potential employers usually seek.

"We're rather convinced that student athletes are far more ready to face the world than non-athletes," says Fredrick in an article published on ESPN's website.

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Letters to the Editor

The Legacy welcomes opinions and feedback from all readers. Please send **Letters to the Editor to LULegacy@** lindenwood.edu.

Editors must be sure that the person whose name is on the letter is really the person who wrote it. All letters to the editor must include a full name and a means of contact.

Letters must not exceed 300 words and should not include obscene material. Editors may ask for revisions to help meet these standards. If these requirements cannot be met, the letter will not be published.

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EXTRAS



Photo Challenge of the Week

Food For Thought

This week's winner is Visuals Editor Kelby Lorenz, with a tasty shot of espresso and a side of news. This is what we call a breakfast of champions.

Photo entries may be staged or edited for Visuals Editor Kelby lighting, color correction and cropping. Please include some details about your subject.

Cover-to-Cover

Open up your can of bookworms and show us your favorite reads. Show how you celebrate Read Across America week with old and new books. Don't forget: reading is fun!

Send your photos to Lorenz at KLL786@ lionmail(...) by Friday, Feb. 27 to enter the contest.

Q: What is a life lesson you would pass on to a future generation?

A: "To persevere through things that are hard and to not give up. It's just a matter of keeping on and pushing through."

Valeri Ingui, Junior

Q: What kind of student are you?

A: "I'm kind of a procrastinator. I've always been like that since I was a kid. I still get pretty good grades, but they could probably be better if I didn't wait to do stuff until the last minute."

LULegacyNewspaper + LindenLink

Mike Reines, Senior









Q: If you could be any fictional character who would you be and why?

A: "Kahlin Amnell from Terry Goodkind's book series 'The Sword of Truth.' I would say her because she is strong, she knows how to lead, and she's compassionate."

Hanna Hollis, Senior

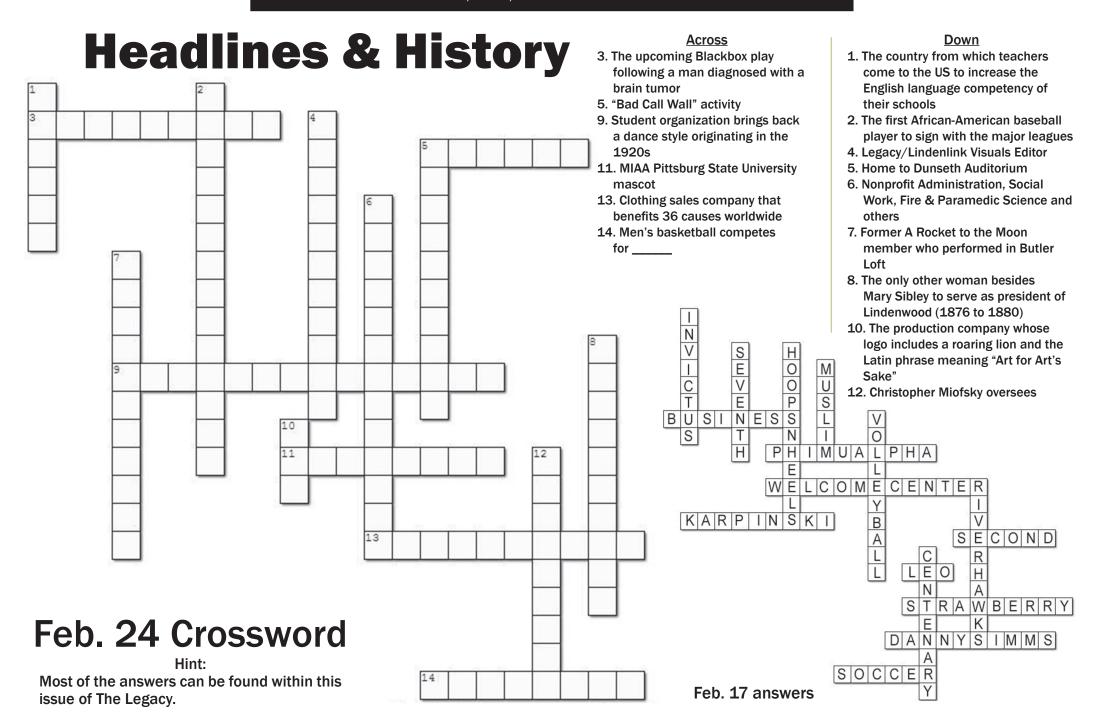
Q: What is your favorite quote and why?

A: "I like a lot of quotes, but my favorite is by Mother Teresa that says: 'Everything you do in life is insignificant, but do it anyway.' I like it because if I do things that seem small, they might make a big difference."

LULegacy + Lindenlink@lindenwood.edu

Jenna Battaglini, Sophomore

Follow us on Instagram @peopleoflindenwood inspired by Humans of New York



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Feb. 24, 2015



CULTURE

Graphic depicting the 87th Academy Awards that commenced Sunday, Feb. 22. See Page 6 for highlights of the ceremony and a list of winners.

'A New Brain' returns to Missouri

Control your cholesterol

Brendan Ochs Staff Reporter

Cholesterol's role in the body is something that can be misconstrued. There are four main types: Low Density Lipoproteins (LDL), High Lipoproteins Density (HDL), Very Low Density Lipoproteins (VLDL) and Triglycerides. Many people are unsure which are "good" or "bad."

LDL causes plaque in the arteries: a condition known as Atherosclerosis.

HDL are used to remove the LDL from your arteries. Triglycerides store energy, but high levels of this are closely related Atherosclerosis. VLDL contains the most triglycerides.

According to WebMD, increasing your HDL can be done by some simple choices: lowering your cholesterol consumption to less than 300 mg, quitting smoking and exercising at least 30 minutes a day can help boost your HDL count and lower your LDL.

For further tracking of your cholesterol, it is important to make a trip to the doctor once every five years to get a cholesterol screening.

Lauren Merz Staff Reporter

For the first time in 12 years, a show inspired by tragic events that questions what makes a valuable life is returning to Missouri. "A New Brain," written by James Lapine and William Finn, will return to the J. Scheidegger Center starting Feb. 27 at 7:30 p.m.

"A New Brain" follows lead character Gordon Michael (Jake Blonstein), whose creation was inspired by Finn's experience after being diagnosed with a brain tumor.

him that his tumor is operable, but there is only a small chance the main character may survive the surgery, forcing him to face what could be the end of his life and the uncertainty of whether he has lived a good one.

"This is a show that I personally love," said LU Theatre Professor Nick Kelly, who is excited to bring the show back to the St. Louis area.

"Twelve years ago, I did it and it was kind of my return to St. Louis. I had such a wonderful time working on it."

According to Kelly, the music makes the

Gordon's doctor tells show difficult, but is still, it was so amazing. point. He warned his actors beforehand that Finn's piece was going to require commitment and a lot of hard work which, Kelly shares, both the cast and crew were more than willing to put in especially as they come to the end of the rehearsal process.

> Benjamin Wegner, who plays Mr. Bungee, Gordon's "tyrannical boss," comments that approaching this show and the rehearsal process was "scary to be honest. I have never been in a show that has come together so fast... But

also its main selling I was intimidated, and that's not easy for a show to do that to me."

> "I'm not a 'My Fair Lady' kind of guy," says possible reception.

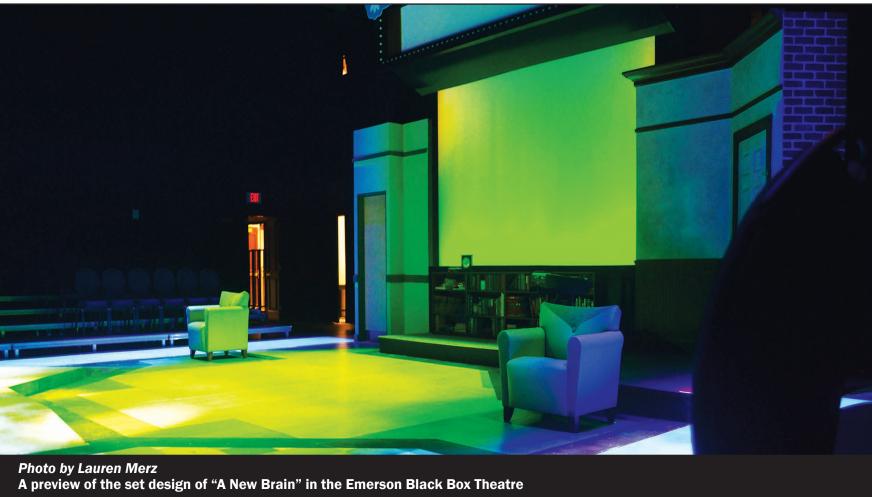
"There are a lot of different musicals out there, and this is one of them, that deals with a lot of different things that college students are thinking about, [such as] doing the right thing. But it's like, you need to give yourself some time to have that happen, and that's part of the story.

the students will relate and understand a lot of the

things that are happening. But just alone, the characters themselves are really fun to watch and are relatable."

The first night of the Kelly, on the audience's show is already sold out, with an audience that is both new and old to the show, as Kelly shares that he is expecting some of the original St. Louis cast to come and see his revival.

At the Black Box Theater, the cast and crew prepare themselves for the impending opening night. "A New Brain" will run this weekend "Comedically, I think from Feb. 27-28 and the following weekend from March 5-7.



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The soft sounds of Santino

Daniel Rottlaender Staff Reporter

There is no denying that there are some certain blessings in Nick Santino's life.

Making money by doing what you love most in life is a dream come true for anyone.

Born in Braintree, Massachusetts in 1988, Santino grew up with punk and rock music, influencing him to pick up the guitar at the age of 12.

"I was really into punk rock when I was in middle school and tried to imitate my heroes," Santino said at Butler Loft after his performance last Thursday night.

After playing gigs with several high school bands, in 2007, Santino started his own group called A Rocket to the Moon.

"I started A Rocket to the Moon in my

it turned into a real band. We got signed, released two albums and toured through the U.K., Australia and Indonesia," Santino recalled.

"We broke up in 2013 because we all had different ideas how to continue to make music, but we are still friends and hang out as much as possible."

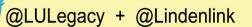
After leaving A Rocket to the Moon, Santino started to focus on his solo career, which is mostly acoustic music with deep, meaningful lyrics.

Santino released his first full length album, "Big Skies," which peaked #3 on the iTunes singer/songwriter charts.

"I wanted to do something new since my influences have changed," the artist comments on his current career path. "My new music focuses on a deep message and soft sounds bedroom and, with time, that touch my listeners."









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CULTURE

Fonzy the Fox by Rachel Schuldt

All of a sudden...









LUFIIm Series Review "42" $\triangle \triangle \triangle \triangle \triangle$

Devin King Staff Reporter

The story of the first African-American baseball player to sign with the major leagues is brought to life in the 2013 sports biopic "42."

The film begins in 1945 with Jackie Robinson (Chadwick Boseman) signing with the Brooklyn Dodgers. The story later focuses on the verbal and physical abuse Robinson faces from other players and his relationship with Dodgers team executive, Branch Rickey (Harrison Ford), who helps Robinson cope with his anguish.

What makes "42" so great is that you do not have to be a baseball fan to enjoy this movie.

There are tense moments during sports play, but writer-director Brian Helgeland also does a great job at creating very investing characters, such as influential major league figure Pee Wee Reese, portrayed by Lucas Black. Boseman is phenomenal in a consistently emotional performance and Ford does a great job as well.

The film caters to those more interested in the history of baseball during this time than those that love the sport in general.

The main focus is Robinson and his internal conflicts, but there are still many scenes that show baseball in action.

"42," at its core, is a movie that can be enjoyed by anyone, whether they enjoy baseball or not.

"42" will be shown at Young Auditorium Friday Feb. 27 at 7 p.m. as part of the LU Film Series.

Video Game Review **Monster Hunter 4 Ultimate**



Josh Buehrle

Staff Reporter

Improved graphics, fresh new lands to explore and new monsters to avoid getting swallowed.

These are just a few of the newest features touted in the latest installment of the "Monster Hunter" series. Just like previous entries in the series, you begin the game as a beginning hunter with the simplest gear and are given missions by the Hunters Guild in order to work your way up.

In your way are various missions, from picking mushrooms and stealing monster eggs to thinning the local population of raptors like Jaggis.

The game retains much of the charm of its predecessors, pushing the Nintendo 3DS's graphics Michael Keaton lost to "The Theory of Everything's" far. The sound quality and stage design paint a Eddie Redmayne, prompting many to ask, "How did beautiful living world.

With a robust crafting system for custom equipment, the game retains the somewhat grinding nature of the past with the same learning curve that may be too steep for some.

-Briefs

Oscars Edition

Host Neil Patrick Harris opened the 87th Academy Awards ceremony with a buzzy one-liner ("Tonight we honor Hollywood's best and whitest - sorry, brightest") and a dazzling song and dance number.

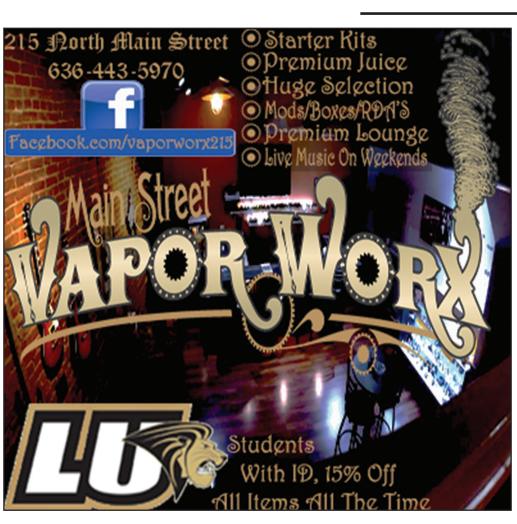
Many joined Harris in bringing humor to the ceremony, including presenter Jared Leto citing Meryl Streep's Best Supporting Actrees nomination as being "in accordance of California state law," and Idina Menzel introducing her co-presenter John Travolta as 'Glom Gazingo," poking fun at his 2014 blunder.

The Lonely Island, Tegan and Sara, Common, John Legend, Maroon 5, Tim McGraw and Rita Ora were among the artists who performed the nominees for Best Original Song. Common and Legend came on top with "Glory" from "Selma." Lady Gaga performed as well, paying tribute to "The Sound of Music" with a medley of its best known tunes.

"Birdman," which takes a satirical look at the entertainment industry, took home four statuettes, including Best Picture, Best Director for Alejandro G. Inarritu, Cinematography and Orginal Screenplay. The film's star, and former Best Actor front-runner, we get here?

Julianne Moore won Best Actress for her role as a woman diagnosed with Alzheimer's in "Still Alice." Best Supporting Actor went to Whiplash's J.K. Simmons, who urged other potential winners to "call" their parents immediately if they win. Patricia Arquette took her acceptance speech for Best Supporting Actress as a chance to promote equal pay among men and women.

Among other notable moments, "Big Hero 6" took home Best Animated Feature Film and "Guardians of the Galaxy" lost all three of its nominations, including Visual Effects, which went to "Interstellar."



Devin Durbin Staff Reporter

Movies

(2014) PG-13 - In this reboot of the popular 'RoboCop' franchise from director Jose Padilha, Joel Kinnaman stars as the titular half man, half machine, all cop.

(1997) R - In this sci-fi war which just returned Netflix recently, the human resistance must insectoid aliens for survival in a fascist dystopian future. The cult film also features a young **Neil Patrick Harris.**

Television

(2010) - In this reboot of the classic 1960s drama, Steve McGarrett is offered

by the governor of Hawaii to run his own task force in the search for his father's killer.

(2003) - This anime tells the story of five warriors, known as the **Bronze** Saints who are led by Seiya and gain power from constellations to fight to the mythical god of the underworld, Hades.

Editor's Pick

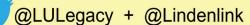


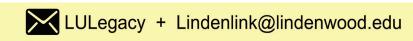
this cult drama a single mother in her thirties (Lauren Graham) raises her teenage daughter (Alexis Bledel), who is often mistaken for her sister, in the small town of Stars Hollow, Connecticut.

Relive seven seasons with this mother-daughter team, who both have some mistakes to make and growing up to do.











SPORTS

Jordyn Constance attempts to poke the puck away from a Penn State forward at the Pink the Rink game on Feb. 6 at the Lindenwood Ice Arena. Constance has appeared in every game this year for the Lions.

Two-sport sen<u>ior-leaving-her mark on</u>

Roy White Staff Reporter

The women's hockey team hosted senior night on Feb. 21. Among the seniors honored was Jordyn Constance, one of LU's most talented twosport athletes.

Constance, an impact skater throughout the season, greatly benefited the team in its 3-1 victory over Mercyhurst University on Friday with one assist and one goal.

That increased her season numbers to 13 assists and a team-high 14 goals for 27 total points.

For her career, Constance has scored 19 goals and added 23 assists, as well as racking up 111 penalty minutes.

Prior to this season, most successful campaign came in her freshman year, when she had five goals and six

assists in 29 games.

In total, Constance has appeared in 125 games as a member of the Lions.

"I'm just thankful for having a more successful season, and that I'm going out better then when I walked in," said Constance. "I've learned a lot here at Lindenwood, especially this season. Coach Spencer has a lot to offer and I've been trying to soak every bit of it in."

Constance is not only trying to make an impact on the ice, but off it as well.

Close to finishing her major in criminal justice, Constance will join the police academy and hopes to become a member of a narcotics

With her year coming to an end, Constance will attend LU for one more season on the women's lacrosse team.

Last season with the



Photo by Kelby Lorenz LU senior forward Jordyn Constance (28) battles for the puck in the annual Pink the Rink game.

lacrosse team, Constance appeared in 16 games, scoring 30 goals and adding 11 assists, in addition to helping the team reach the semifinals of the Division II national tournament.

impressive 54 percent of

her shots for the season.

pretty serious in my family, but field lacrosse wasn't taking seriously by me until I played on the Canadian national team in 2011," said Constance.

Although her hockey She scored on an career is nearly over, Constance has left a memorable impact on the "Hockey was always ice and on the field at LU.



Opinion by Chase Stewart

The annual NFL scouting combine was held this past weekend in Indianapolis. The combine gives some of the top college prospects the ability to showcase their athleticism and football skills in front of NFL scouts, in hopes of improving their draft stock. This year's NFL draft will take place on April 30.

While I am always interested and tuned in to the NFL scouting combine because of my love for football, the past two years in particular have been very special to me.

I have had the privilege of watching two good friends participate and put forth great performances in the scouting combine the last two years.

Last year, as many of you know, Lindenwood's very own Pierre Desir took part in the combine. Desir's outstanding performance as well as a great pro day performance led to the All-American cornerback getting drafted by the Cleveland Browns in the fourth round of last year's draft.

This year, one of my good lifelong friends from the Dallas, Texas, area, Ryan Russell, a defensive end from Purdue University, made his way to the combine in hopes of improving his upcoming draft prospects. In my mind, Russell did just that. While many of you have not heard of Russell, you will soon. At 6'4 and 269 lbs., Russell is a physical specimen at the defensive end position, and has the type of size that NFL teams are looking for at the defensive end position.

Lengthy and athletic, Russell is the prototypical pass rush specialist that so many NFL teams are coveting these days.

While his size alone has certainly drawn the interest of many NFL teams, Russell put up some great numbers at the combine that will only create more buzz about him in the time remaining before the draft.

While Russell's 9-feet-11-inch broad jump and 32-inch vertical jump are impressive in their own right, it was Russell's 4.75 40-yard-dash time that garnered the most praise.

The fact that men Russell's size can run that fast still amazes me. Russell's time was fourth best among defensive lineman, and Russell finished in the top ten in all of the drills tested with the exception of the bench press and the vertical leap, in which he was still in the top half of all performers at his position.

Russell will have one more chance to improve his draft prospects in front of the scouts at his pro day at Purdue on March 4.









Valeri Ingui, Rachel Zabawa and Kayla McMullen perform their beam routines in the 194.575-194.075 win.

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- Briefs

The women's hockey begins CHA tournament play on Friday against Robert Morris University. The teams will play a best-ofthree series.

The women's basketball team continued its inconsistent play against Lincoln University on Saturday, falling 69-49. Jenny Rocha led the Lions with 17 points.

against Shorter University, coming away with a 13-8 victory. Josh Coons scored three goals for LU. The baseball team will

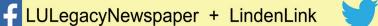
Men's lacrosse began

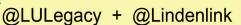
Saturday

season

begin the home portion of its schedule on Friday against Missouri Western University at the Lou Brock Sports Complex. The team currently holds a record of 5-5.









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SPORTS

Lions control their own fate in MIAA

Conference teams fight for top seeds in tournament



Photo by Carly Fristoe Senior guard Darris Smith (1) goes up for a layup in a game earlier this season against Southwest Baptist University. **Phil Brahm** Staff Reporter

> Entering the final week of the regular season, the men's basketball conference standings have turned into a neck-to-neck race.

> With 11 of the 12 spots in the postseason tournament already claimed. the spotlight has been shifted to the battle to earn a first round bye and a one-way ticket to the quarterfinals in Kansas City, Missouri.

> The teams that finish in the topfour places of the standings will earn the right to watch the first round unfold as they wait to see who their first opponent will be.

> There are currently seven teams in contention for these four spots.

> Currently sitting in third place with a record of 12-6, the Lions have secured a spot in the postseason tournament, but a top seed in the bracket is still up for grabs.

> Closing out the season on the road against Missouri Southern State on Feb. 25, LU will need a win to lock down a trip of Kansas City.

> The fate of three other teams in the race for a first round bye is also affected by the outcome between LU and MSSU.

> Here are the scenarios for each team depending on the results of the Lions final game of the regular season.

If LU wins Wednesday evening

Nebraska-Kearney does not earn a first round bye:

Currently sitting in fourth place, the Lopers have the chance to improve to 13-6 by games of the season against Northeastern and UCO.

Unfortunately for the conference tournament. Lopers, if LU improves Lions hold the head-tohead tiebreaker after an 83-64 win at the Hyland Arena back on Dec. 18.

not earn a first round bye:

Sharing fifth place in the standings with Central Oklahoma, MSSU needs to close out their season winning the final two with two wins in order to have any hope of snatching a top-four seed in the upcoming MIAA

A loss to the LU Lions to 13-6 as well, the would only allow for a in the standings over sixth place finish at best, forcing them to play in the first round of the tournament.

Missouri Southern does Central Oklahoma does not earn a first round bye:

> Despite being knocked out of a first round bye with a Lions win, UCO will be hesitant to root for MSSU, as victories by that team will put pressure on the Bronchos, who are currently tied with MSSU in the standings.

> Looking to gain ground MSSU, the Bronchos need an LU win to provide an opportunity of a fifth place finish.

If LU loses Wednesday evening

Nebraska-Kearney could capture a first round bye:

Pairing an LU loss with two Lopers wins to end their season, Nebraska-Kearney would pass the Lions in the standings and earn a top four seed.

Surpassing LU and ending with a record of 13-6 would separate the Lopers from the pack contending for the top of the conference standings and drop LU in the seedings.

Missouri Southern could capture a first round bye:

Defeating LU would pave the way for MSSU to clinch a third place finish in the conference.

Closing out the season against last place Lincoln University, losers of 17 consecutive games, and holding the tiebreakeradvantage over teams ahead of them in the standings, MSSU could embrace the spoiler role if the chips fall in their favor.

Central Oklahoma could capture a first round bye:

An LU loss is one of the most vital pieces to UCO's path to earning a potential first-round bye in the conference tournament..

Holding tiebreaker advantage over the Lions, if the Bronchos finish the season tied with LU at 12-7, they will surpass LU and Nebraska-Kearney for the fourth seed.

'Bad Call' Wall remains LU's leading heckler

John Tessmer Staff Reporter

been to a Ever Lindenwood basketball game and heard, "Bad Call! Bad Call!"?

Cliff "Bad Call" Wall comes to every Lindenwood basketball game he can attend.

Wall has some close ties to LU, as his son Mike is the dean of the School of Communications here at Lindenwood. Wall grew up in Texas, so naturally he felt he had to play football.

On top of football, as a young man, Wall played baseball,

and tried his hand at track and field.

"When you live in Texas, you play football, and I wasn't very good at that. I tried to run track but didn't do very well at that either," Wall said.

As a third baseman on the baseball diamond and a guard on the basketball court, however, Wall found his opportunity to excel athletically.

Wall was a good enough high school basketball player that he received a basketball scholarship to Texas Wesleyan University.

"I had a problem with basketball my coach during my freshman year at Texas spark plugs and oil Wesleyan. I found out that the coach and I didn't agree on much, so I transferred. I had played well enough to get a scholarship someplace else," Wall said.

After college, Wall worked in sales at General Motors in the parts division, selling

filter. Wall retired in San Francisco before relocating to St. Louis in order to be closer to his son, Mike, and two grandsons.

A die-hard Lions fan, Wall knows all there is to know about LU basketball. When talking about the men's team, Wall said his favorite

"I'm in the First Methodist Church choir. In fact, I'm missing rehearsal right now to watch the game."

Cliff "Bad Call" Wall

player is either junior games this season. transfer guard Cory Arentsen or senior guard

Darris Smith.

"I also like Sam Mader a lot. He has really improved and is a junior that transferred from Northern Illinois. I can't imagine letting him get away," Wall said.

Wall plans to travel to Kansas City, Missouri, to watch as the Lions play in the MIAA Tournament in March.

While he attends every home basketball game, he also goes to home football every game and plans to attend a few gymnastics meets and

"What really disappoints me here is we don't have many fans at any events," Wall said.

He encouraged students to attend as many events as they can because they work hard and deserve to be recognized that work.

In his free time outside of watching LU games, Wall plays tennis and sings in his church choir.

Wall said, "I'm in the First United Methodist Church choir. In fact, I'm missing rehearsal right now to lacrosse watch the game."



