Food drive held in **October**

Aaron Vento

Staff Reporter

From October 1-22. Delta Mu Delta and the Association of Fundraising Professionals will be holding a food drive to benefit Sts. Joachim and Ann Care Services with boxes located on campus at the entrances of Harmon Hall and the Memorial Arts Building.

As a non-profit group founded in 1981, every week Sts. Joachim and Ann Care Services offer food to low income families all across St. Charles, Lincoln and Warren counties and are the largest pantry in those counties.

With their weekly food needs met, these families are then able to focus on other pressing financial issues, such as: housing, utilities, medical expenses, etc.

In 2013 alone, Sts. Joachim and Ann Care Services provided help to over 468 homes, representing roughly 1,390 people.

Every week, more than 60 volunteers set aside their time to pick up donations from more than 18 locations, and then sort, prepare and deliver it to over 100 families each week.

Christian Averill, president of the AFP, and an LU student himself said, "I think it's just a great opportunity to help out in the St. Charles community and it's great too to team up with the Business Department.

"It's just great to collaborate and have two organizations come together because it doesn't seem to happen that much and it's great when schools and different departments can come together for one cause."



14 Homecoming and Reunion This week is LU's 2014 Homecoming and Reunion.

The following map indicates the major events this week.

A more inclusive schedule of Homecoming events can be found at lindenlink.com.

Wednesday, Oct. 8

Lip Sync Contest

7 p.m.

A friendly competition among student organizations

Thursday, Oct. 9

Hypnotist

7 p.m. **Campus Activities** Board presents a performance from **Hypnotist Dan Ladd**

Friday, Oct. 10

Blood Drive

10 a.m. - 4 p.m. **Hosted by American Red Cross**

Pep Rally

LU gets pumped up for game



5k Walk/Run

8:30 a.m. **Begins at Roemer**

Parade 10 a.m. See Page 7 for info

Barbeque Lunch

11 a.m.

For students with meal plans and ticket holders; \$8 tickets will be available the day of the event; free to kids 5 and under

Football Game

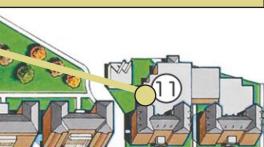
1:30 p.m.

Lindenwood Lions take on Northwest **Missouri State University Bearcats**

Homecoming Dance

8-11 p.m.

LU students dance through the decades



Peace Corps recruits college students at LU

Abigail Fallon

Staff Reporter

application that takes less than an hour to complete, the Peace Corps is seeking college seniors who are interested in post-graduate service.

Since its foundation by former President John F. Kennedy in 1961, the Peace Corps reports that it has sent 215,000 volunteers to more than 139 countries.

For the first time in the organization's history, volunteers can choose where they would like to serve based on the positions available.

work abroad for two years programs there. With a newly streamlined after a training period of three Adequate months.

Parking

Heather Mangan, a public affairs specialist for the Peace Corps' Midwest Regional Office, said, "Our volunteers bring needed skills and experiences to administer development projects that have tangible results to empower and support their community members."

Service opportunities vary by category and location.

In the interest of health and safety, the Peace Corps

Eligible applicants will country before establishing certain candidates.

arrangements, transportation, communication and access to medical units are guaranteed, and volunteers who report being in danger of bodily harm will be removed.

Volunteers receive language other training, and full medical and dental coverage, 48 paid vacation days and a readjustment allowance at the end of their service period.

Student loan deferment or forgiveness and financial assistance for graduate school

assesses the conditions of each programs are also available for

"Peace Corps is about living making a difference in the communities served, in the lives of volunteers and in the U.S.," Mangan said.

> To learn more about what it means to be a Peace Corps volunteer, speak with a recruiter at Lindenwood on Nov. 11 in the Spellmann dining hall foyer or Nov. 12 in the Evans Commons hallway from 10 a.m. to 2 p.m.

> In addition, an informational session will take place Nov. 12 in Harmon 145, 3-4:30 p.m.

See related content Page 2

Isis Wadleigh

Staff Reporter

New Work and Learn policies for students begin in January.

Several new changes have been made to the Work and Learn handbook. These changes range from the expectations of workers to how students are able to pay for school through the program.

According to Ryan Guffey, vice president of student development, they wanted every student to be held to the same standard.

"It's not to punish, it's to enforce and reintroduce a sense of expectation and pride," said Guffey.

He said this new handbook would ensure

that everyone would be held accountable to pay," she said. Padilla is now concerned for their jobs. Also, the reason students are fired would be clearly outlined.

If they are not following the guidelines, a student can be fired from a job and lose the money they would earn toward tuition.

Mike Tolman, director of Work and Learn, said these changes were made in order to stay in line with federal guidelines.

The changes would also make staying organized with the large amount of students that are in the work and learn program easier for his office.

Hannah Padilla, a sophomore who was planning to take all three sessions of summer classes said she is really concerned about having to pay for room and board.

"I can't just pull a couple thousand out

she will be unable to take summer classes.

The work and learn handbook can be found at http://bit.ly/1q0YR4L.

Important W&L changes

- Continually late time sheets will result in loss of jobs
- New summer class restrictions: W&L will only go toward tuition, not room and board
- Students can't make up hours during spring break or winter break (excluding J-Term)



Tuesday 10/7

Wednesday 10/8

Thursday н 69 **L** 57 10/9

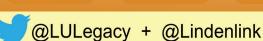
Friday 10/10

L 48 10/11

Sunday 10/12

10/13

LULegacyNewspaper + LindenLink





Oct. 7, 2014

Alumnus in

Armenia with

NEWS

Andrew Johannes Scoville was one of many students who participated in the two day wheelchair basketball tournament. See related content Page 3.



IN THE SPOTLIGHT

Cayla Brown

News Editor

For students struggling with transportation, the St. Charles Area Transit system has five bus routes around St. Charles, as well as to the Metrolink North Hanley Station.

SCAT has a bus stop

Scheidegger Center and Rauch Hall.

"Curb-to-curb service advance is provided for all riders and all buses are equipped with wheelchair lifts," according to the city website.

The buses run Monday through Friday.

Individuals wishing

on campus between the to be picked up or dropped off must notify the city 24 hours in by calling the Street Division, according to the city website.

> The fare is \$0.50 for anyone between the ages of 6 and 62. Younger than 6 is free and older

individuals ride \$0.25.

Also, a 20-punch pass card is available for purchase.

For more information. one can contact the Street Division 636-949-3364.

Routes and times. can be found than 62 or handicapped http://bit.ly/ZJFBUi.

Each week this series will showcase one of LU's many services and facilities. It will not eliminate the potential for the resource to be covered elsewhere in the paper, it merely introduces readers to services available on campus.

Peace Corps

Photo from Alumni Relations **Daniel Bedell** graduated LU in 2012.

Abigail Fallon

Staff Reporter

Lindenwood alumnus Daniel Bedell, age 25, is currently serving for the Peace Corps in Armenia as a community economic development volunteer.

Peters, Missouri, graduated from LU with a bachelor's degree in nonprofit administration in 2012.

Since then, he has worked in the medical equipment field, which said paid well offered upward and mobility.

This was not enough for Bedell, however, who said, "I soon realized that money couldn't be the sole aim of my life and felt the need to challenge myself to apply my NPA degree."

seemed to be an obvious choice. originally assigned to serve in Ukraine, but, due to political unrest in the region, the Peace

Corps reassigned him to Armenia.

He is currently living with a host family for three months in order to learn the language and absorb the culture.

After that, he will serve in a nearby community for two years.

When asked if the country was anything like he thought it would be, Bedell said, "It is hard to fully comprehend any culture that has not crossed my

"Although I had some ideas nothing could have prepared me to become a part of a community that is different than my own in so many aspects. It has been a wild experience."

According to the Peace Corps Midwest Regional Office, Bedell is one of 73 volunteers currently serving in Armenia, a country that has received Bedell, a native of 860 volunteers since the program began in 1992.

Currently, 120 other Missouri residents are currently enlisted in the Peace Corps, and 3,195 more have joined since the organization was established by former President John Kennedy in 1961.

The Peace Corps advertises service as an investment in future opportunities, a view that Bedell shares: "The completions of Peace Corps service can lead my life down many paths, from government work to more international development work.

"I've learned a lot and one of the things is that I don't know what's next, but I do know I will have many options."

President welcomes faculty into Lindenwood House

Cayla Brown

News Editor

After discovering several faculty members had never seen the inside of his house, President James Evans took measures to invite the faculty into his home, Lindenwood House.

Thursday, Oct. 2 was one of door by Evans, his wife, Lois, and many planned receptions for faculty at the president's house.

As the rain poured outside, faculty from the schools of Communications and Fine and Performing Arts fraternized inside.

The faculty was able to tour the home after being greeted at the Director of Community Relations Charlsie Floyd who saw the interaction as a chance for more fun than business.

"I enjoyed the lively talk, this is not a dull group," Floyd said.

This sentiment was shared by Evans, who said, "This is one of the most enthusiastic and talkative groups. It was a pleasure."

Downstairs, refreshments and appetizers were served. While mingling and eating, faculty chatted about current events, personal lives, and even television programs.

Assistant Professor Hoormann saw the event as an opportunity to intermingle with the other schools.

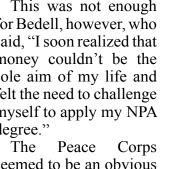
"It was a nice treat as a more social event. It was an outstanding opportunity for faculty to spend time with the president."

Not only did Evans see this as a personal interaction with LU's faculty to encourage easy conversations, but, "these meetings are a very good way to say thanks during my last year," said Evans.



Photos by Sabine Neveu

The Lindenwood House's formal dining room is just inside the front door and welcomes guests with a view.



Bedell was



Above: As part of the tour, faculty members were greeted and led into Evans' living room.

Below: President James Evans' office overlooks the LU tennis courts.





The Lindenwood House features many special features including sitting rooms, fireplaces and unique ceilings for each room.



Redefine your Future

Choose your country and program. peacecorps.gov/openings

It only takes an hour to apply!

1.855.855.1961 | chicago@peacecorps.gov



NEWS



Students start 'Black Squirrel' movement, draft bill of rights

Emily Adair Editor-in-Chief

This week in 1989, "Beware of the Black Squirrel" signs were throughout posted campus, criticizing conditions the at Lindenwood.

Shortly after, these signs were replaced with ones that read, "Not a Disney movie, not a racial slur, just a cute little critter with an attitude! The Black **COMING** Squirrel! SOON!"

The purpose of these signs remained unclear until a pamphlet was distributed to some students' mailboxes.

pamphlet highlighted the need to return to "a school that cares about students. not numbers."

students' The dissatisfaction with the school was perhaps better addressed by the Lindenwood Student Government.

Also this week in 1989, a students' bill of rights was first mentioned in the Oct. 8 LSG meeting.

bill The gained interest and direction by early November. LSG's president at the time, Cathy Bay, shared some details of the work in progress with the student newspaper Linden World.

The bill was expected to include clarification of rights to privacy, religion and due process for students accused of disobeying the school's rules.

The LSG members knew the bill would

The Black Squirrel's mission is to raise the awareness of the Lindenwood community by reminding it of the Enlightened ideals she was founded upon, as well as the traditions that have arisen since.

The Black Squirrel rejects the notion that the past is evil and seeks only to convey the beauty of the Lindenwood legacy to the school's new benefactors.

To this end, the Black Squirrel has waged a propaganda campaign and offered his symbol as rally-point for all people of "the 'Wood" who would join together to seek a return to a school that cares about students, not numbers.

have to be approved by the dean of student life and interim president, Dennis Spellmann. The ultimate goal of the LSG was to improve communication between the students and the administration.

LSG member Kyle Struckmann told Linden World he thought this would be a good way for the administration show trust in the students.

Later in the academic year, Spellmann did agree to open dialogue with the students.

Α major trend in student activity during this time was based on reaction to the concept of "Lindenwood values," as evident in campus newspaper coverage throughout the year.



World

Text (left) and symbol (top) of the Black Squirrel manifesto.

Wheelchair basketball to raise awareness

Viki Muench Staff Reporter

LU's This week, Campus Recreation hosted a wheelchair basketball tournament in order to raise awareness for adaptive sports. The two day event took place on Tuesday, Sept. 30, and Thursday, Oct. 2, at



Photo by Carly Fristoe **Nicole Shultz and Jacob** McLerren compete for the tipoff.

Center.

Tyler Pickett, a junior Pickett. at Lindenwood, helped organize the tournament.

"The Disabled Athletes Sports Association was a big help as they provided us with all the sports chairs, which we really needed," said Pickett.

"Matt Rhoades, graduate assistant at Lindenwood's Intramural Sports, Pennington, an assistant professor for sport, director of Intramurals, supported us in this cause as well and we are very thankful for them."

Pickett believed the Pickett. tournament turned out to be a great success.

"We ended up having eight teams of four, which can look out for the made us very happy. Most tournament in the spring of the participants were non-disabled athletes and we were glad that they student portal.

the Evans Commons Rec were willing to help us raise awareness," said

> Since the event was seen as very successful, there are already plans to make it an even bigger tournament next semester.

"It is our goal to establish athletics for adaptive students here at Lindenwood. We want to use these tournaments to Heather get more people with a disability to come here, so we are planning recreation and exercise to make it a longer science and Chad Bruner, extended event next semester. We are hoping for a tournament that might even last about five weeks," explained

Anyone interested in supporting this cause or wishing to participate semester and will be able to register through the

McArdle stresses failure for success

Aeriel Niccum

Assistant News Editor

The Hammond Institute of Free Enterprise will host a talk on failure's importance to success Wednesday, Oct. 8 at 4 p.m. in the Young Hall auditorium as part of Homecoming week events.

by author and Bloomberg columnist Megan McArdle, whose book and talk are titled "The Up Side of Down: Why Failing Well is the Key to Success."

Associate Professor of Philosophy Rachel Douchant read the book and invited McArdle to Lindenwood.

"The book is really things that are crossbroad," said Douchant. "She uses economic Douchant. insight and applies it to life and how to fail well in general and that our system is set up so that you can fail and there's interest go bankrupt and start again. You can take willing to screw up. So that can happen in both relationships and the economy. She's saying that that same wisdom can be applied across the board."

Douchant believes McArdle's talk will have a job with her Master's interest across disciplines and schools.

"I really like to do will enjoy her."

disciplinary," said

"Especially across schools so that there's interest from communications and from not be ruined. You can the sciences. I really think there will be in this talk. I also think the risks and that's the idea, fact that she takes an The talk will be given taking risks and being insight from economics and she's able to apply it to all of life makes her more approachable. She moves seamlessly between examples from the economy and even from our legal structure into how she couldn't get degree. She is very real and I think people

Memorial to be held in McCluer

Faith Schallert

Staff Reporter

"Harry Hendren was a tremendously popular art history professor from 1950 until his death in 1975," said Donna Barber, director of planned giving.

Professor Hendren made a significant postitive influence on the fine arts program at Lindenwood.

He added the contemporary dance field of study and also used January

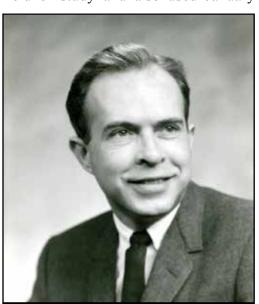


Photo from Mary E. Ambler Archives Harry Hendren taught at Lindenwood between 1950 to 1975.

outside the normal semesters and J-Term, as a way to incorporate trips into learning.

"Many students who never took an art class experienced his infectious enthusiasm through January Term trips, the Lindenwood Common Course, dinners at his home, or just by his powerful presence on campus," said Barber.

"Harry is remembered as kind and caring, for having a wonderful sense of humor, and for being a true gentleman."

During the homecoming festivites, individuals are invited to remember Hendren and talk about his life at Lindenwood.

"Not only was he a wonderful teacher of art technique, but he inspired a lifelong interest in art history and appreciation in me," said Susan Biehl Moellering, class of 1966, according to Lindenwood's Alumni section of the website.

A scholarship will be given in his rememberance.

The ceremony will take place in McCluer Hall on Oct. 11, 2014, at 11 a.m.

Alumni from the classes of 1950 thru 1978, will be in attendance, as well as others who knew Professor Hendren.

Alumni reception open to everyone

Tania Bonilla

Reporting Student

Homecoming week's Alumni and Parent Reception hopes to help fellow alumni reconnect and mingle with the parents of current offering students, an opportunity to reminisce about their days as students at Lindenwood.

"We invite everyone because it becomes a good opportunity to meet and see all the community, friends, staff and families enjoying time together," Elizabeth Wikoff, director alumni relations, said.

Wikoff also invites current students attend and participate in this event Friday, Oct. 10, in the VIP Room of Highland Arena from 4 p.m. to 7 p.m.

reception is open to everyone, but particularly welcomes the 1964 class and the 2013 class.

Outside the reception, members from the 1964 class can find corsages and t-shirts.

All of the other classes until 2013 will be able to find their yearbooks there.

In the VIP room, students will see posters with memorable pictures from 1964 to 2013.

the In reception, attendees can register to participate in several events during the homecoming week.

The package registration costs \$15, and one includes football tickets for Lindenwood's game, admission the barbecue and a Kingshighway.

The alumni and guest homecoming t-shirt.

The alumni received by mail or email a flyer with the schedule including all the events planned, as well as a picture of their graduating class.

Wikoff also sent a personal letter to all the students of the 1964 class to invite them to the event.

"I love being alumni and help other students connect with classmates," Wikoff said.

The alumni relations alumni office is open to all the students that have any questions about event.

> Office hours weekdays from 8 a.m. to 5 p.m. and the office is located next to the Public Safety and Security office at 111 South



Workforce over education

Cole Figus Staff Reporter

It is your senior year of high school and you are sitting in class daydreaming about the future. You are 18 and are currently applying for different colleges and debating about what field of study in which you should choose to pursue a degree. This is clearly an important decision because what you decide now will be one of the most important decisions of your life: your career and financial future will greatly be influenced by this teenage choice. It is scary to commit to anything as you imagine that you will live at least another 60 years- so much pressure!

But suddenly you have to go to the bathroom and you get up to ask the teacher to use the restroom... and the teacher says "no." You walk back to your desk uncomfortably aware that your bladder is filling up and that you are for some reason expected to choose what the next 60 years of your life will be like before you are allowed to go to the bathroom without permission.

Why do we do this to ourselves? Why, generally, do we force ourselves to plan out our futures before we really know what we want to do in life? Like most things in life, unfortunately, it comes to money.

The businesses and industries that run the economy do not need a large pool of creative, educated people to work the majority of the nation's jobs, and subsequently we as a society do not economically commit to real education by not giving schools enough money for buildings, teachers, books and supplies. We short-change ourselves.

An educated, self-powering citizenship means a healthy, powerful economy, but we are not willing to pay for it because it means higher taxes to pay for it and higher wages for a more educated workforce. The anti-government side of politics vilifies public education as some sort of child-brainwashing plot, and even blames underpaid and overworked teachers in times of governmental budget problems, but the anti-government solution is, as usual, to give the money to billionaires in tax breaks. They do not care about education and are not overly concerned that student debt is higher than overall credit card debt, both evidenced by their voting records.

Is education important to us? Maybe we should spend more money on students than rich people.

The Legacy//Lindenlink.com

Spellmann Center 3095 / 3100 209 S. Kingshighway **St. Charles, Mo. 63301**

Legacy Telephone: 636-949-4336

Lindenlink Telephone: 636-949-3629

Legacy Email: lulegacy@lindenwood.edu

Lindenlink Email: lindenlink@lindenwood.edu

Legacy Statt

Editor-in-Chief: Emily Adair

Managing Editor: Ryan Oldham

Production Manager | Chief Designer: Christie Sielfleisch

News Editor: Cayla Brown

Assistant News Editor: Aeriel Niccum

Photo Editor: Romain Polge

Opinions Editor: Jonathan Davies

Culture Editor: Jason Wiese

Sports Editor: Phillip Scherer

Chief Copy Editor: Catelyn Eddington

Business Manager: Ding Ai

Circulation Directors: Tanya Jones, Abby Lambert

Faculty Advisers: Tom Pettit, Neil Ralston

Letters to the Editor

Response to "The Ryan Oldham Perspective: Feminism" published on Sept. 30, 2014

Dear Editor,

4chan's #EndFathersDay campaign wasn't a joke. It was a deliberately malicious attempt to slander feminist ideology, carried out with the help of identity theft and spoof accounts (dailydot.com/ lifestyle/4chan-end-fathers-day/). Your "tumblr feminists" are 4chan users pulling a hoax.

The number 5.9 percent is also misleading. In your source, (False Allegations of Sexual Assault, vaw.sagepub.com, 2010), the investigators work with 128 true reports against 8 false ones. According to the Justice Department, 60 percent of sexual assaults are never reported (rrain.org, 2014). As a result, the number of sexual assaults on the studied campus is actually 320, and your 5.9 percent is closer to 2.5 percent.

Here's an accurate number for you, though: one in four women will be sexually assaulted in their lifetime (National Institute of Justice, Tjaden & Thoennes, 2006).

I believe that the issue of false accusations is one that can be resolved without projecting an aura of disbelief on the legitimate victims of sexual assault

By the way, Marilyn French died in 2009. The quote you attribute to her directly is from her fictional novel The Women's Room, in which a radical militant feminist character named Val says "All men are rapists." I would consider your claim that French held this opinion oddly slanderous in the context of our conversation.

My advice? Get off your *MRA highchair and research your rants next time.

Geddy M. Avery-Feminist on Tumblr *MRA-Men's Rights Activists

Response to "You are probably not as great as you think you are" published on Sept. 16, 2014

Dear Editor,

While Cole Figus may have good intentions with his articles, he goes too far and portrays humanity in a negative light. All this achieves is to anger the readers and possibly to make them feel a sense of self-loathing. He uses generic language that seems to attack the reader personally and make the issue seem more important than statistics probably say it is. He states that college students are greedy, as the point of college is to make more money for luxury. He fails to take into account that this will give a person more resources to donate, or even make a better life for their children. On top of that, if higher education was made non-existent, progress in science would all but stop. Education is used to improve our lives and those around us.

As a second point, charities are a misrepresentation on what defines a "good person," since only some donations are used for charity. The minimum a charity can spend is 30 percent on their programs based on laws passed; a little over 100 charities fall short of this standard. Also in a study of charity by the National Philanthropic Trust, "95.4 percent of households give to charity." That means only 4.6 percent of households do not donate to charity. I think a few college students can be excused with these statistics.

Next time you write an article, I ask you to please consider including examples of the good in humanity as well. If there is one thing I want you to consider, in the words of Buddha, "Words have the power to both destroy and heal. When words are both true and kind, they can change our world."

Alexandria Brady and Tyler Kotthoff

The Legacy welcomes opinions and feedback from all readers. To contribute, send Letters to the Editor to LULegacy@lindenwood.edu.

All letters must include a full name and a current phone number. They may not exceed 300 words and should not include obscene material. Editors may ask for revisions to help meet these standards.

Why the emphasis on sports?

Breakthrough tackles becoming more important than breakthroughs in medicine

Tyler Jeffers Staff Reporter

Ever since the first Olympic games, sports and the spirit of competition have existed and prevailed through the hallmarks of mankind.

Surviving all wars, famine, the Holocaust, pestilence and any impairment to humanity, the idea of athletes competing for a golden, silver or bronze medal has prevailed and stood the test of time, until possibly now.

As technology increases and the more globalized and united our world becomes, the melding and combining of societies and cultures may cause an unstable change in what society even views as normal or acceptable. Many people are reaching the precipice of this event and are

things we find important considered important.

The National Football League brings around \$6.3 billion in revenue Major League a year, Baseball brings in billion, National \$6 Basketball Association rakes in \$4 billion, The Premier League billion and The National Hockey League \$2.56 Billion.

The combined total revenue yearly for these sports is \$22.86 billion and that is not an amount of money anyone would scoff at.

Now what if the total sum of that money was used to fund medicine or scientific research into heart disease or cancer? Or possibly used to help third world countries in poverty?

I fully understand these games

entertainment to many people. But in an attempt to entice people to think outside the standard social norm, allow me to ask you, why do we pay individuals ridiculous amounts of money to play a game where others go to school to work on breakthrough advancements medicine and physics?

It seems a bit silly when you think from a understand the point of different perspective I assure you, myself and many of my peers ask similar questions.

The only conclusive answer we have found is that where your heart is, your money will go also,

asking why are the much rejoicing and no matter how much sense your desire makes.

> Sociologists are still to understand trying people and their individual perspectives. Why do we develop different joys disappointments?

> There are many proponents of both athleticism and the innovators of science and medicine.

hope most this article was mainly to encourage people to think outside the box. That when it comes to their understanding of society, we place cultural significance on different subjects and ideas.

Oct. 7, 2014 Page 5

OPINIONS

Should the U.S. be getting involved in Middle Eastern problems?

YES

The United States must utterly destroy all terrorists. Military intervention is a last resort, used when peaceful methods of intervention are unsuccessful.

But when dealing with radical jihadist groups such as al-Qaeda, Hamas, and most recently, the Islamic State of Iraq and Syria, what peaceful methods are possible? Simply none.

These Islamist militant groups are all battling for caliphate, and have twisted notions global domination. The newly emerged terrorist group known as ISIS has been rapidly seizing and controlling territories in Iraq and Syria, and terrorizing people with brutal violence and mass executions. America, the

most powerful country in the world, is now faced with a dilemma. What should we do about the terrorist group ISIS? In the words of Sen. John McCain (R-Ariz.), "kill them."

On Sept. 10, President Obama released a six-point strategy to eliminate ISIS by using air warfare and providing arms and training to local ground allies.

The United States has been issuing airstrikes on known ISIS locations for the past two months, but Kurdish ally forces are saying they are not effective enough at keeping ISIS from advancing north towards Turkey. Major shifts in tactics against the terrorists are being implemented, and the US military is now deploying Apache attack helicopters to the area for the first time since the airstrikes started.

The bombings must increase and continue. These Islamist extremists are a threat to our national security, and more immediately to the innocent peoples of the Middle East. Our force needs to be immediate, and so one-sided that this is over quickly. America has acted as a global peace-keeper for decades because we have the ability to help, and not intervening properly in this serious matter would be an ethical mistake. These terrorists are not protected by laws of war or sovereignty of states.

They are evil incarnate and should be obliterated immediately before they inflict any more undue harm upon another innocent human. Only the US, through military intervention, can ensure this happens as quickly as possible.

Jordan Pfeifer Staff Reporter

Cole Figus Staff Reporter



The United States acts as a global police force because it is unequivocally the sole super power both politically and militarily. This is beneficial for society international because the US State Department and the US military help keep the world safer and calmer. American foreign policy, however, does not always do the same.

The use of militarized force is never uncontroversial, but there has been an undeniable change in American foreign policy in the Administration. Obama President Obama limited US military action in the Middle East, and this has had unprecedented effects on the region.

Many deride Obama's foreign policy as "leading

from behind," and it is fair to say that the political situation with Bashar al-Assad's Syria, ISIS, an autonomous Kurdistan in northern Iraq, Iran's growing influence, and a spreading Wahabi awakening is not developing in a way that clearly strengthens American interests.

However, the country of Iraq does not practically exist anymore, and the region is adjusting. There is going to be much conflict in the coming years, but America cannot intervene militarily and draw new borders for the region or establish puppet governments like a colonial maestro.

The US should do what it can to protect people from terrorism and gross violations of humanity, though, as it has done recently with taking Assad's chemical weapons, halting ISIS massacres, and launching airstrikes against terrorists. America absolutely should intervene to protect the Middle East from itself.

However, America cannot be a kingmaker. This is paradoxical, but the US must let the Middle East work out its own political problems.

The failed democratization of Iraq and the surge of an ISIS caliphate proves that colonial borders cannot be maintained any longer, and that the US must allow self-sovereignty.

It will be violent- the West waged centuries of conflict before settling on the relative pacifism in which this century is accustomed-but America has not the money, military, or will to occupy the entire Middle East and force stability.



"Devout **Muslims pray** five times a day. If one of those five times happens to be in the end zone of Arrowhead Stadium, so be it."



Oh how the mighty have fallen. The NFL is quickly becoming a laughing stock among sports fans like myself, and they have nobody to blame for their demise but themselves.

Firstly, their reaction to the Ray Rice scandal was atrocious, but that's been touched on and picked apart by journalists for weeks.

Last Monday night, in the game between the Kansas City Chiefs, and the New England Patriots, Husain Abdullah intercepted Tom Brady's attempted pass and ran to the endzone for a touchdown.

Abdullah, a devout Muslim, proceeded to go to his knees and briefly pray for a couple seconds, before resuming the game.

For his faith, Abdullah and his team were immediately dealt with a 15-yard penalty for "unsportsmanlike conduct."

Unsportsmanlike conduct? More like religious intolerance.

In the 2011 Super Bowl, Greg Jennings caught a 21-yard pass from his Packers teammate for the touchdown. After being congratulated by his team, Jennings went to ground, said a short prayer, and resumed the

Jennings was not penalized.

The NFL Referees Association responded a few days after Abdullah's prayer celebration, saying that they made the right call, but NFL spokesman Michael Signora said that the play "should not have resulted in a penalty."

So what's the call? It's quite a bigoted move to penalize Muslim players for praying after a scoring play, especially when Tim Tebow would pray to his Christian god after every touchdown.

The best thing for the NFL to do now would be to come out and publically state a rule allowing people of all faiths to express them.

Islam is the second-largest religion in the world, with the Muslim population currently around 1.6 billion.

Devout Muslims pray five times a day. If one of those five times happens to be in the end zone of Arrowhead Stadium, so be it.

This country has a constitution which includes freedom of religion, and while the NFL is a private organization, they too should act as congress does, and make no law prohibiting the free exercise of thereof.

Same sex marriage is not unconstitutional

Ryan Oldham Managing Editor

The Supreme Court Tuesday made a nondecision on the samemarriage case, which lets stand five federal appellate court rulings that recognized a constitutional right for sex

same-sex marriage.

This is a huge step forward in the fight for same-sex marriage nationwide, but just falls short in my expectations.

The Supreme Court once again evades the ruling that many wanted to hear.

The ban on samemarriage

unconstitutional.

We've known this for years, but the Supreme Court, while making a progression towards marriage same-sex nationwide, still seem to be miles away from passing a 50-state marriage equality law.

Being a homosexual is not a choice, and you're ignorant if you think it is.

This is something people are born as. I was born straight, but I do not need to fight for my right to marry a woman.

President Obama was the first President to ever come out in support of same-sex marriage, and this forward thinking mindset from

president is something the United States follows that we should all look at and take from, democrat or not. The quicker we realize that a ban on same-sex marriage is unconstitutional better.

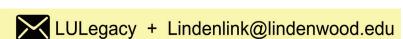
In this day and age it is completely dull-witted to still think that being gay is a choice, and as soon as

the other 15 countries that allow same-sex marriage, we will finally be able to put this argument behind us and the US can finally be regarded as a forward thinking country.











High weight, low reps, can't lose

Brendan Ochs

Staff Reporter

When it comes to weight lifting, goals can vary quite a bit. Are you looking for muscle endurance, muscle power, or to maintain what you have? Most people use a combination of "low weight, high reps" and "high weight, low reps." Bodybuilders can start with "high weight, low reps" to bulk up, then switch gears to "low weight, high reps" to burn fat and get cut.

When it comes to muscle endurance, the general consensus is "low weight, high reps." This means to use a weight about 60 percent of your max and do as many reps as you can until you feel the burn. Then repeat this for the desired amount of sets. This is a good way to cut after a bulking period. This type of workout can increase fat burning to get the shredded muscles you want.

On another note, "high weight, low reps" helps increase size and strength. This means to use a weight about 80-85 percent of your max and perform about 6-8 reps for every set you do. Since higher weight is used, the body has to recruit more muscle fibers to help out in a lift. This will increase the bodies over all size and give huge strength benefits.

What happens when you have reached your desired body actualization? You have to learn to maintain what you have. Leave the reps the same, the weight the same, and keep the intensity the same. After months of consistency, it can be a good idea to switch up your workout a little. This can be done by targeting the same muscles but with different types of movements.



Movies:

Carrie (2013) R - A new reimagining of the Stephen King novel, starring Chloe Grace-Moretz as the titular telepath.

Please Subscribe: A Documentary About YouTubers (2013) NR - Follows the biggest stars of the viral video site.

Team America: World Police (2004) R – From the creators of "South Park," a Broadway actor joins a counter-terrorism group. Oh, and they're puppets.

Television:

Supernatural (Season 9) - Sam and Dean Winchester continue their hunt for demons, ghosts and monsters.

Raising Hope (Season 4) – The latest adventures of the Chance family raising Hope, now a toddler.

The Tomorrow People (Season 1) - The story of telepathic youths in the next step of human evolution.

Hart of Dixie (Season 3) - Dr. Zoe Hart (Rachel Bilson) is ready to make her Bluebell, at which her medical practice is located, her permanent residence.

The Following (Season 2) – From the writer of "Scream," ex-FBI agent Ryan Hardy (Kevin Bacon) is drawn back into a case involving a Charles Manson esque killer (James Purefoy).

COLORB

Among this year's Homecoming Week's events is the Student Organization Banner Contest. An events schedule is available on Lindenlink.com.

International freshmen speak: **Nhy Lindenwood?**

Essi Virtanen Staff Reporter

Ever since I arrived on campus for the first time on International Check-In day this fall, students, especially Americans, have asked me this one particular question time after time: Why did

you want to come to

Lindenwood?

What I have come to notice is that Americans consider it all over the world want Lindenwood. to come to St. Charles in the States.

Consequently,

decided, as I am an international student myself, I am going to rather find out what are the odd that people from factors laying behind the different countries from decisions of choosing

According to the for college, out of all the International Office, the places you could go here number of international increases students I annually.

There are currently 1,227 international students at Lindenwood from 104 countries, and this fall 113 international first-time freshmen enrolled to Lindenwood from 35 countries. So what lures so many people to come here? I let my freshmen peers speak:

Why did you choose to come to Lindenwood?

"The only reason I came here was for hockey. My whole life I have wanted to play college hockey and Lindenwood was the best out of all my options. The biggest reasons were that it's a good sports school and the hockey program has a good reputation. Then, I had friends who were also coming to play hockey here."

Graham Zagrodney, Canada, Marketing

"I chose Lindenwood for a couple of reasons. As many others, I got a good scholarship, but when I chose my destination, I also looked at the school: religious, liberal, the surroundings. St. Louis seemed really compelling to me, and so did the nature surrounding the city - so I chose the school of outer reasons as well as inner and my organization had good experiences with LU as well." Christian Andersen, Denmark, Psychology and Political Science

"I chose to come to Lindenwood, because they were the best offer for me. They also have great facilities for my major. The campus is beautiful and the reviews I had heard were great." Ana Perez, Panama, Public Relations and Advertising

"It was the only cheap option the organization I applied through offered. It is also a great place to study sports management, which is my major, because LU works in

cooperation with the major sports teams in the area. The location and weather is pretty much the same as it is back home (four seasons etc.) so that makes it easier to adapt."

After speaking with to students all over the Lindenwood. these freshmen above, and many others, I have come to a conclusion

that the biggest reason why people choose to come to LU are the scholarships, its affordability and

sports. Annually, Lindenwood gives a number of scholarships

world, -- mainly sports students.

Personally, caught was what attention about

scholarships, and thus study abroad ever since has been able to build I was 16 to be able to this lively multicultural study with people from academic environment all over the globe, but in on campus that has been an affordable way, and highly praised among LU and their academic scholarship offered that that to me.

I have wanted to go

conclusion, In think Lindenwood has definite strong suits.

to continue providing money for scholarships, maintainits affordability and reputation as a great sports school and liberal arts college in general, in order to win the competition to lure internationals to choose LU in the future.

LU's Those are

St. Peters concert features LU musicians

Marianne Pahkala, Finland, Sports Management

Devin Durbin

Staff Reporter

The Merge in St. Peters played host to six bands, four being local.

The Merge opened its doors Saturday at 7 p.m., letting in the few early comers excited to see this local line-up. Due to a request from the restaurant next door they held off until eight o'clock before starting the show.

The Former Me opened the show. Hailing from St. Charles County, this fast paced, upbeat and invigorated band took until the end of their set to warm up the crowd in spite of cries to "get crazy."

The Chicago-based Love Party came on next. The alt-rock band, with vocal styling reminiscent of the Alkaline Trio and Red Hot Chili Peppers, brought something else to the table, pushing the crowd "Seven," stood out. The Weekend to further excitement.

included the Nashville's Jet Black Alley Cat, who is, in their own words, more of a "vintage pop rock act" than the majority of pop punk bands at the show.

The crowd opened up and started dancing when they came on stage and showed their chops. After their finale, "Poison" - a great dance number with a lot of energy, they announced that they had been accepted for syndication on MTV.

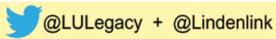
A Perfect Disaster, featuring LU sophomore Shannon Douglas a welcome blend of pop punk and alternative and, at first, it was really easy to want to try to label them as your ordinary pop punk band. But songs like the hard rocker Going Down."

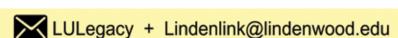
Routine, another local act, hit the The stand out bands of the night ground running, tearing through their set with a heavier sound that was still resonant of the pop punk atmosphere of the show.

> Headlining local act Show Me began their set with a new song "The Future Doesn't Look So Bad After All" and then played songs from their EP. During the end of their set, during the rager "The Town," they called for a circle pit and did not want to see anyone standing still.

The floor started moving in a wave of kids dancing and moshing. on drums, came next. APD were By the end of the song, the crowd grew restless before calling for one more song. They finished on a high note with an impromptu cover of Fall Out Boy's "Sugar We're

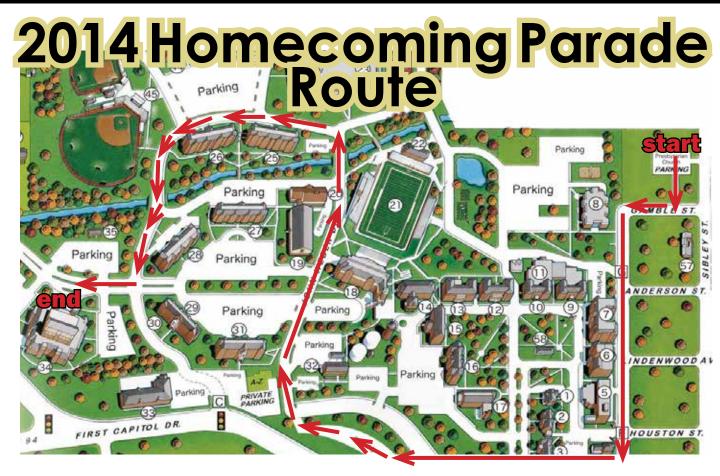






Oct. 7, 2014 Page 7

CULTURE



"Heaven Can Wait," but Lindenwood is fired up

Lauren Merz Staff Reporter

Starring students Cole Latham and Billy Walkenhorst and directed by Larry Quiggins, the play "Heaven Can Wait," promises laughter and romance.

Harry Segall's 1938 fantasy is famous for starting the trend of "lost souls" in film and television. It also gained popularity by inspiring Warren Beatty's 1978 film adaptation of the same name and the 2001 comedy "Down to Earth" starring Chris Rock.

When rising star boxer Joe Pendleton (Latham) is pulled into the picture and the stubborn from a plane about to crash boxer's mind begins to change. by a Messenger angel (Kidasa Karungo) who assumed he was temporary fit as Joe works to help Theatre and runs for two weekends.

good as dead, the head of the Messengers (Walkenhorst) finds that Joe still has another 60 years on his lifetime, and sends him back only to find that his manager has already cremated his body.

In panic, the three go in search of a new body that will suit Joe's ambitions of being a prize fighter.

In their search for a replacement body, they find a man named John Farnsworth: a millionaire with a scheming wife and a questionable secretary. Joe insists Farnsworth's body

is not the right fit, until the most beautiful girl he has ever seen steps

Farnsworth becomes his damsel in distress and strives to continue his dream of becoming the famous boxer he had worked so hard to be.

The set will take the audience back to the 1930s as they step into a thoroughly changed Black Box Theater at the J. Scheidegger

With a story that involves murderous plots, crazy characters, a determined hero, a sweet heroine and the stumbling of a soul in the wrong body, "Heaven Can Wait" wants nothing more than laughter and maybe some tears as the audience connects and roots for the ever loveable Joe.

"Heaven Can Wait" opens a Friday, Oct.10 at the Black Box

Video Game Review **☆☆☆☆☆**"Shadow of Mordor"

Nicholas Newberry

Staff Reporter

"Middle-earth: Shadow of Mordor" is an openworld role-playing game inspired by the "Lord of the Rings" series with varying experiences, depending on how you deal with enemies or how often you die. With an intricate enemy hierarchy, each battle carries significant weight in shaping your experience. In addition, an intriguing storyline and smooth combat system present limitless opportunities for all ranges of video game enthusiasts. Fans of Warner Brothers' "Arkham" series will be pleased by the combat, as it is nearly identical to the Dark Knight's fighting style. Overall, "Shadow of Mordor" is a fantastic game that



"The Painting" LU Film Series

Devin King

Staff Reporter

"The Painting" is a French animated film released in 2011 that takes place in an unfinished painting that comes to life in which the characters are separated into three different social classes depending on how the painter depicts them. The film is like a date with a dumb attractive person. The voice acting is good but there is not any amazing emotion added to the voice performances. I was in complete awe of the film's gorgeous animation but it became clear that this



Cassie Kibens

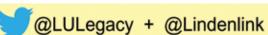
Staff Reporter

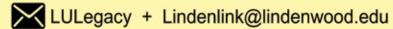
The ABC comedy "Selfie" goes much d follows twenty-something Eliza Dooley (Karen Gillan), with the help of marketing guru Henry (John Cho), tries to put a leash on her obsession with social media. The show is an interesting commentary on today's social media obsessed society, but the writing could use some work. There is no substance.

A girl wants to be less internet-obsessed and that is about it. If and when the writers go past the idea of "less Snapchats and Instagram photos," then it may live past Season 1, if that.











SPORTS

The LU medical staff attends to Sterling Thomas (27) immediately following the 2012 injury. The game was delayed for 20 minutes and Thomas spent the next two weeks in a St. Louis hospital.

The road to recovery

Thomas continues rehab, receives recognition for courage

Roy White Staff Reporter

seasons ago, future NFL draft pick Pierre came off the field with an

elbow injury.

Coach Patrick Ross and the other Lion looked coaches young freshman Sterling Thomas to come out and take Desir's place.

to the field to help his fellow Lions on defense. The defense, suffering without the help of cornerback Desir, placed hope in the freshman to help halt the Missouri Southern offensive attack. "I was playing offcoverage and the ball was thrown to the other side of the field and the receiver

started heading back toward my side. I left my receiver to help make the tackle," Thomas said. The play was quickly developing into

tackle

potential

Thomas. "The ball carrier was running at me and he didn't see me coming. I was deciding where I was aiming to make the tackle," Thomas said.

The tackle was made, a tackle that would forever change a young football player's life.

"And all I remember is, I fall. My helmet rolls to the side. And, it goes black from there."

The game was delayed for 20 minutes as medical officials worked to help Thomas off the field and transported him to

Thomas marched out SSM St. Joseph's Health Center for extensive tests and observation.

At the time of the injury, LU president James Evans referred to the injury as an "unbearably heartbreaking event."

Thomas sat in a hospital in St. Louis for roughly two weeks not knowing what happened to his body on the field.

After the two weeks, he and his family went to the Shepherd Center in Atlanta to be admitted in Shepherd Center's Spinal Cord Injury Program.

Once there, Thomas learned he had fractured his C5 vertebrae in his spinal cord during the play, leaving him paralyzed from the waist down.

For Thomas, the initial goal he gave himself was to get back out on the field with his teammates once he recovered.

Unfortunately, learned there was a longer road ahead of him which didn't seem to end at midfield of Hunter Stadium.

difficult "It was because the kind of rehab they started me off doing was getting me used to

MOST COURAGEOUS AWARD

> STERLING THOMAS LINDENWOOD UNIVERSITY

2012 FOOTBALL TEAM

Photo Courtesy of Sterling Thomas Thomas was awarded the "Most Courageous Award."

my situation and being able to work with what I had," Thomas said.

"It's not what I wanted. I wanted to work towards getting back where I was."

night of his injury through extensive rehabilitation.

was presented the "Most Courageous Award" by of Fame.

explained Thomas what it meant to receive his award.

"It tells me that I'm www.sterlingthomas.org.

touching people and that people look up to me for doing what I'm doing and staying focused to working on my dream."

For now, Thomas looks to the future for a Thomas has come a full recovery to his injury very long way since the and earning his business degree through LU.

Should anyone wish On Sept. 24, 2014, he to learn more about Thomas, stay updated in his progress, or have the St. Louis Sports Hall the ability to donate to his foundation, Support Sterling, he encourages check them his website,

Football loses fourth consecutive game on road

Roy White

Staff Reporter

LU The Lions football team lost their fourth straight game, bringing their record to 1-4 with a 37-22 loss to Emporia State.

Photo by Romain Polge

Sterling Thomas (27) returned to LU this season.

LU's loss was caused by yet another run-heavy offensive attack Emporia State, which has been the story of every loss so far this season.

The Hornets rushed 46 times racking up an impressive 207 yards, marking the third straight game the Lions defense has allowed more than 200 yards on the ground...

Emporia set the tone early in their stadium by not allowing Lindenwood to score at all during the first half as they put up 16 points during the half, heading into the locker room with a twopossession lead.

Heading into second half, Graham Lindman, who was the

story of last week's game and made his first collegiate start this week against Emporia, made sure that what he called an "embarrassing game" Western State avenged.

Lindman marched out onto the field and led the Lions offensive attack throughout the game throwing for 307 yards and three touchdowns.

LU's offense under Lindman saw its most productive game of the season with a total of 391 yards.

Lindman seems to have developed chemistry with Jaron Alexander, who he threw two touchdowns to during the fourth quarter. Alexander caught six a catches for 103 yards in for their homecoming Lindman's debut against Missouri Western.

Unfortunately, wouldn't be enough for LU as their defense couldn't contain the Hornets offense, which ran for one touchdown

passed three more.

Although the defense clearly had its flaws during the game, defensive captain Connor for him against Missouri Harris tackled on 27.7 percent of Emporia's plays. He proceeded to post his second 20-tackle game this season, as well as placing his name in the NCAA Division II record books by tackling for a career high of 23 tackles, which is the most in a Division II game this season.

The Lions now look ahead to Oct. 11. LU will host undefeated Northwest Missouri State University in LU's homecoming game.

The Lions face tough challenge game as they try to win their second game of that the season.

> They will be looking hand Northwest Missouri State University their first loss since the 2012 season.

Women's rugby records second staight shutout win

Phil Brahm Staff Reporter

Winning a third straight game, the women's rugby team defeated University of Illinois 77-0.

The Lions would find the score board quickly after taking the pitch, driving down the field with little opposition.

On multiple drives, Davon Thomas took the ball across the try line virtually untouched as her team ran away with the lead.

Along with Thomas, Morgan Crowell also played a major role in the offensive success as she carried the ball on several runs plowing down defenders, refusing to go down.

Her push put the Lions in position to create scoring opportunities.

The Illini posed a scoring threat in the second half as they made it within a meter of the



Taylor Bohlender escapes a defender as she runs towards the tryline in the game against Illinois.

try line after a series of Thomas just moments penalties on the Lions.

Despite the lead, the changed. Lions defense came up with a big stop.

The turnover they caused was turned into another scoring run for overall this season.

after the possession

As the end of the match neared, the Lions posted another shutout.

They now move to 4-1



← LULegacyNewspaper + LindenLink



@LULegacy + @Lindenlink

LULegacy + Lindenlink@lindenwood.edu

Oct. 7, 2014 <u>Page 9</u>

SPORTS

The Major League Baseball playoffs are arguably my favorite professional sports postseason to watch, right up there with the National Football League playoffs. While every professional sports' postseason is full of twists and turns, there just seems to be something extraordinary in regards to postseason baseball. Keep in mind that I hold the MLB postseason in such high regards despite being a diehard Pittsburgh Pirates fan. The Pirates haven't made a deep run in the playoffs since the year I was born in 1992. Back-to-back appearances in the playoffs and the best all-around player in baseball staying put in Pittsburgh for a while (I'm speaking of reigning NL MVP Andrew McCutchen here) has me hopeful that the days of the Pirates' absence from postseason baseball will be over sooner rather than later.

Leaving my hopeful speculation aside, these 2014 MLB playoffs have been nothing short of extraordinary thus far. The San Francisco Giants and the Washington Nationals just played in the longest game in MLB postseason history, with the Giants winning in the 18th inning thanks to first baseman Brandon Belt's solo homerun.

I believe the Giants will complete the sweep of the Nationals here, considering they have all of the momentum and their ace Madison Bumgarner, who threw a complete game shutout against my Pittsburgh Pirates just a few nights ago in the NL Wild Card Game, taking the mound. The Nationals are a solid team, but in the MLB postseason, momentum seems to have a bigger factor than usual in determining how series are decided, and I like the Giants to finish the Nats off and move on.

Speaking of momentum, the Kansas City Royals have a lot of it and have jumped out to a 2-0 series lead on the Los Angeles Angels, the team that had the best record in all of baseball going into the postseason. The Royals won a barnburner against the Oakland A's in the AL Wild Card game last Tuesday, and have not looked back since. The Royals play beautiful baseball, they hit and run well, and they have an excellent bullpen. Although the Angels boast one of baseball's most dangerous lineups, their bats have been cold thus far and in the playoffs where there is simply no time for a lack of hitting. I see them losing either game 3 or game 4 and heading home after what was an incredible season.

As of writing this, the Baltimore Orioles (my favorite to make the World Series in the AL) just completed the three-game sweep of the Detroit Tigers in their ALDS series. The Orioles are equipped with what I believe is the best lineup in all of baseball, and it will take a team with an extremely solid starting pitching rotation to slow them down.

The St. Louis Cardinals look to be in the midst of a tightly contested series with the Los Angeles Dodgers. Game 1 featured an incredible comeback by the Cardinals that included an eight run seventh inning that eliminated a 6-2 Dodgers lead. Trevor Rosenthal walked the thin line of blowing a save, but held on to seal a 10-9 Cards win.

Game 2 seemed prime for another Cardinals comeback, but after Matt Carpenter's two run shot tied the game 2-2, Matt Kemp blasted a solo shot in the bottom half of the eighth inning to seal the deal for the Dodgers and bring the series back to one game apiece.

The series heads to St. Louis now, and I honestly like the Cards' chances. Clayton Kershaw and Zack Greinke have already pitched for the Dodgers, and although Cardinals' ace Adam Wainwright has been used as well, I like the depth of the Cardinals starting rotation more than the Dodgers' depth.

I know the Dodgers' lineup is powerful, but I see the Cardinals doing enough, as they always seem to find a way to do, and win this series.

MLB Playoff Volleyball splits at home Predictions

Lions go 1-1 against Nebraska-Kearney and Fort Hays State

John Tessmer Staff Reporter

Facing the fifth-ranked team in NCAA Division II, the University of Nebraska-Kearney, on Friday evening at the Hyland Arena, the Lions were unable to keep up, falling three sets to one.

The first game was a nail biter, as both teams traded points until it was 14-14. Nebraska-Kearney went on a three-point run and could Lindenwood never quite make it back, eventual falling 25-19.

Nebraska-Kearney came out for the second game really fired up, disposing of the Lions in a rather quick manner, as LU fell 25-10.

Not wanting to give the Lopers an easy victory in what could have been the last game of the day, LU came out and played their normal style of tough, smart, and scrappy volleyball.

Tied at 24, LU went on a two-point run, to win 26-24, thanks to a Nicole Hallam kill-shot and then a Loper hitting

The Lions continued a very intense level of volleyball in the fourth match, as the teams

were tied at 27 before a Lopers kill and Lions hitting error, resulting in a Lions 29-27 loss.

On Saturday afternoon, the Lions looked to continue their style of play from Friday evening. The Lions did just that against Fort Hayes State, collecting their second home victory of the season.

Tied at 18 in the first game, LU was able to get points. The Lions took the first game 25-22.

The second game

LU wouldn't have any more of that, as they came out looking for a win in the third game.

trading points for pretty much the whole game, the Lions went on a two

Leading the way for

Lindenwood was Nicole Hallam with 14 kills. Sarah-Jane Pavlik had 41 assists, while Anna Reichart had ten digs. Hallam, Shannon Doyle, Sara Gregor, and Alex Dahlstrom all helped out with six blocks apiece.

7 points while keeping the Tigers to just four

of the match was even closer. Tied at 23, the Tigers of Fort Hayes State went on a two point run to finish the game with a 25-23 win.

Tied at 27 after point run thanks in large



Photo by Carly Fristoe Junior Nicole Hallam (15) spikes the ball over the net in a game against Nebraska-Kearney.

part to two Tiger hitting errors. LU took the third game 29-27.

The fourth and final game of the match was no different than the others, as the teams were tied late in the game at 20.

LU went on a three point run, gave up two points, and then went on another short run to finish the game with a 25-22 win.

Nicole Hallam led the team with 17 kills, while Pavlik had 45 assists and Reichart had 20 digs. Kayla Guyot also contributed seven blocks on the day.

LU is now 5-11, with a 2-6 MIAA record.

The Lions will face the University of Central Oklahoma and Missouri Southern next weekend, as they look to continue playing with the level of intensity they showed this week and improve on the results they saw this week.

Men's soccer shut out by

Daniel Rottlaender

Staff Reporter

The LU men's soccer team was defeated by Northeastern State University 1-0 for its first home loss of the season.

Coming off a 3-0 victory against Southern

Nazarene University Thursday, the Lions began the game determined to gain an early lead. Ignacio Romero opened game with magnificent dribbling which forced the first corner kick after only 49 seconds.



Photo by Romane Donadini Freshman Ethan Baer (24) battles for the ball against a Southern Nazarene University defender.

Although LU dictated since NSU's defense the tempo of the game, NSU was able to prevent dangerous goal chances from happening.

dangerous counterattacks and had two good opportunities to score through James Julius in the fifth and Adam Schmocker in the 17th minute, but goalkeeper Andrew Hammerlinck produced two brilliant overshadowed by LU's saves.

the 29th minute when NSU received a corner kick which was taken by Jordan Schmocker and capitalized on by Hayden Rasmussen for the lead.

by a fault of Andrew Hammerlinck who came out of his goal in order to catch the ball, but missed

answer immediately but Ignacio Romero's shot 30 seconds later missed the target.

The Lions kept trying but couldn't make it to the box in order to opportunities stayed organized, keeping the score 1-0 at halftime.

The Lions kept around On the other side, sixty percent of the ball NSU could create some possession, but were unable to overcome the NSU defense. A longdistance shot of Nabil El-Machit was the only shot the Lions had in the first 25 minutes of the second half.

The half was also Eduard Campo who was The first goal came in shown a red card in the 62nd minute. Campo punched one of NSU's players in the ribs which resulted in the sending off.

The Lions kept Rasmussen did profit attacking and moving forward but besides two shots of Nabil El-Machit in the 80th minute and Andre Hayne in the 89th minute, NSU's The Lions tried to defense prevented any goal opportunities from occuring.

> LU now has an overall record of 5-4-2.

Their next game is to score the equalizer scheduled Oct. 9 when the Lions travel to Searcy, Arkansas to play Harding University.

Oct. 7, 2014 Page 10

SPORTS

Groathouse leads LU to home win

Phil Brahm Staff Reporter

With a season-high total for goals scored, the women's soccer team defeated University of Nebraska-Kearney 4-1 at home, Sunday.

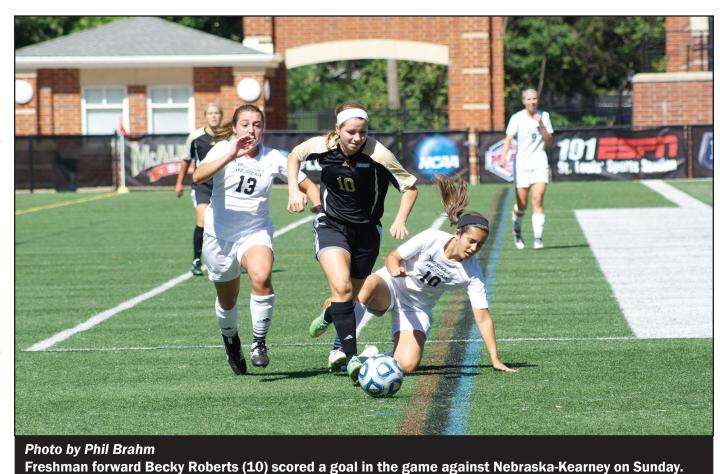
It was clear the Lions were on a mission to turn things around after Friday's shutout loss, as they found the scoreboard shortly after stepping onto the field.

Just over a minute into the game, Kristin Brewer scored her first goal of the season off an assist from Becky Roberts.

Twenty minutes later, Roberts then took matters into her own hands as she extended the lead to 2-0 off an assist from Danielle Torry. The goal marked her second of the season.

Holding a two-goal lead after the first 45 minutes, the Lions had scored on the only two shots on goal taken by the team during the half.

The defense had also



contributed to the effort

just three shots on goal.

to control the game during the second half, which was highlighted by the goal keeping of Lauren Groathouse.

Getting the start for the by limiting the Lopers to first time in five games, she made nine saves, The Lions continued which is a team-high for the season.

One of her key saves came in the 61st minutes when Lopers' midfielder Carly Brown sent a shot it

sailing over her head.

Back pedaling, Groathouse jumped and was able to deflect the ball into the crossbar with her fingertips as she fell to the ground.

past Groathouse,

her teammates helped secure the win with two

late goals. With only five minutes remaining, Molly White scored her first goal of the season off a corner While one shot made kick making the score improved to 4-3-2 and 3-1. Just one minute later, 3-1-1 in MIAA play.

Torry connected with Roberts yet again for the fourth and final goal of the game.

Groathouse hopes the big win will be the boost her team needs heading into a tough match up against Southwest Baptist.

"I think that this win is going to give us more confidence," Groathouse said. "I believe using that confidence we can come out stronger and hopefully score even more goals."

Head coach Laurie Kaminski will prepping her team throughout the week, as they get ready to face the 7-2 Bearcats on Friday.

"You enjoy the win, you take a day off to recover and then you start working to prepare for Friday," said Kaminski. "Southwest Baptist is a good program and a good team, but we've proved we can play with just about anybody."

The team has now



Complimentary Admission Open to the Public Advance Registration Required – Seats are Limited

Washington University School of Law

Location Anheuser Busch Hall | Washington University One Brookings Drive | St. Louis, Missouri 63130

Please join us for a day-long discussion of human rights and business to raise awareness of issues and solutions being employed. We will follow the cotton supply chain from cotton seed through production of cloth, garment manufacturing and distribution while investigating the complexities of achieving sustainable solutions to child labor, human trafficking, worker safety, responsible sourcing, and fair trade.

Master of Ceremonies and Keynote Speaker

Puvan Selvanathan – United Nations Working Group on Business and Human Rights, U.N. Human Rights Council

https://monsanto.cvent.com/HumanRightsEvent2014







University of Missouri

LINDENWOOD

maryville university

⊎Extension

SAINT LOUIS UNIVERSITY John Cook School of Business



Continuing Education Credit available through Maryville University





