

LINDENWOOD  
UNIVERSITY  
—  
DIGEST  
EMPLOYEE NEWSLETTER

Today's Headlines

February 14, 2020

## Alumni Award Nominations

Alumni Relations is excited to continue a long-standing tradition of presenting awards to Lindenwood's alumni based on their dedication to the university and the community. All nominations will be reviewed by a committee and recipients will be honored at the 2020 Reunion & Homecoming Weekend. This year there are three awards: Alumni Merit Award, Alumni Service Award, and Young Alumni Award. All students, staff, faculty, and alumni are able to nominate fellow alumni. The deadline to nominate an alumnus is April 30, 2020. Click here for the nomination form (<https://www.lindenwood.edu/alumni-donors/awards-groups/alumni-awards-nomination-form/>). All questions can be sent to Alumni Director Rachael Heuermann at [rheuermann@lindenwood.edu](mailto:rheuermann@lindenwood.edu) or to 636-949-4964.

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## Dr. Mark Arant Named Lindenwood University Provost, VP for Academic Affairs

After a nationwide search, Lindenwood University has named Dr. Mark Arant its next provost. He will replace Dr. Marilyn Abbott, who announced in October she is retiring at the end of June after 23 years at Lindenwood and five as provost.

Arant has worked in higher education for nearly 30 years, 16 of which were at the administrative level, at the University of Louisiana at Monroe; the University of Arkansas at Fort Smith; Northeastern State University at Tahlequah, Okla.; and Murray State University in Murray, Ky. In the latter two positions, he was provost and vice president for academic affairs. Most recently, he has served as a senior fellow with the Kentucky Council on Postsecondary Education in Frankfort, Ky., since August 2019.



He has published and presented extensively and holds a Ph.D. in organic chemistry from the University of Alabama at Tuscaloosa. Additionally, he attended the Institute for Management and Leadership in Higher Education at Harvard University in 2010 and the Becoming a Provost Academy at the American Association of State Colleges and Universities/American Academic Leadership Institute in 2015.

One of three finalists who took part in an open process that included presentations to the faculty and staff, Arant expressed praise for the institution.

“Lindenwood has a wonderful history, built by people dedicated to the success of others,” Arant said. “It is an honor and an encouragement to join the Lindenwood community to continue its commitment to excellence.”

Lindenwood University President John R. Porter stated he is looking forward to working with Arant and praised his background and qualifications.

“We are thrilled to have a high caliber person like Dr. Arant,” said Porter. “His experience and expertise will help drive Lindenwood to the next level.”

Lindenwood University, founded in 1827, is an independent university offering more than 100 undergraduate and graduate degree programs in diverse areas of study and traditional and accelerated formats, including online. Lindenwood University is dedicated to providing real experiences, differentiating academic programs, promoting academic excellence, optimizing resources, and delivering a high-quality experience with the goal of successful student experience leading to a lifetime success.

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## Healthy Men and Women Needed For Research

Researchers in the Exercise and Performance Nutrition Laboratory are currently recruiting healthy men and women between the ages of 18 and 40 years of age to participate in a [research study](#). The purpose of this study is to examine the impact

of probiotic administration on mood state, depression, anxiety, stress, physical activity, sleep quality, and associated emotional responses in addition to changes in hormones levels in your blood. During the course of this study, participants will take multiple online questionnaires, consume supplement or placebo pills, and track their activity and sleep. Participants who complete all testing will be provided \$100 in compensation and will keep the FitBit used throughout the study. If you are interested in participating, please email [Richie Stecker](mailto:Richie.Stecker).

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## Interactive Health Demo Sessions

Sessions will now be scheduled based on YOU! That's right! The Interactive Health Demo Sessions have now been recorded and published in order to be available to you at YOUR CONVENIENCE!! Please [click here](#) to access the video. As always, please do not hesitate to reach out to Candace Terry at [cerry@lindenwood.edu](mailto:cerry@lindenwood.edu) or Mariah Gove at [mgove@lindenwood.edu](mailto:mgove@lindenwood.edu) for any questions after reviewing the video!

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## Athletic Training Students Place 1st in MOATA Quiz Bowl



Lindenwood University's athletic training students traveled to Central Methodist University on Saturday, Feb. 1, where they placed 1st in the Missouri Athletic Trainers' Association (MoATA) Quiz Bowl. The quiz bowl took place at the Eighth Annual MoATA Educators and Student Leadership Conference.

The team was comprised of seniors Cassandra Keller, Jennifer Yang, and Brittney Flieger.

Students competed in the Jeopardy-style quiz bowl against all other undergraduate and graduate athletic training programs throughout the state.

Lindenwood University will represent Missouri at the Mid-America Athletic Trainers' Association (MAATA) Quiz Bowl at the National Athletic Trainers' Association (NATA) District V annual meeting, March 19-21 in LaVista, Neb. Winners of the MAATA competition will compete against all other districts at the NATA national symposium in June.

Pictured from left to right are Cassandra Keller, Jennifer Yang, and Brittney Flieger.

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## Lindenwood Music To Present First Band and Orchestra Concert of 2020

Lindenwood's Music Program will present its first Band and Orchestra Concert of the year on March 3. Taking the stage in the Lindenwood Theater, the performance begins at 7:30 p.m. and is entirely free, no tickets necessary. This is a perfect event to treat the whole family to an evening of beautiful band and orchestral music, all while supporting the students, faculty, and staff of Lindenwood's Music Program. Call the box office at 636-949-4433 for any additional information on this performance.



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### **Dr, Shane Williamson Presented at the Association of Student Conduct Officers National Conference**

Dr. Shane Williamson, AVP for student life & diversity/dean of students presented with a colleague from Eastern Michigan University at the ASCA National Conference, which was held in Crystal City, VA. The topic was, "Senior Student Affairs Officer and Dean of Students: One Position, Many Challenges." The session used Winston and Creamer (1998) Integrated Model of Staff Practices as the foundation of the presentation.

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### **Lindenwood Alumni Nights at Shamrocks**

Alumni Relations invites you to attend monthly Lindenwood Alumni Nights at Shamrocks Pub & Grill. Meet fellow alumni, give feedback about alumni programming, and enjoy light appetizers.

Location: Shamrocks Pub & Grill  
4177 Veterans Memorial Pkwy, St. Peters, MO 63376

Event Time: 4 - 6 p.m.

Dates: Third Thursday of Every Month

See you on Feb. 20 for the first event!

No need to RSVP, but if you would like to RSVP, please use [this link](#).

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### **Forum on Voting and Political Participation Scheduled**

Lindenwood University will host a forum titled "You don't vote, but you should," including a distinguished panel of scholars and community leaders, on March 2 at

3:30 p.m. in the Spellmann Center's Anheuser-Busch Leadership Room to discuss why the 2020 election could be the most significant in a generation.

The panel will discuss barriers to political participation, ways to overcome these barriers, and why the election this November could influence voting choices for the next decade.

Panel members include Kurt Bahr, director of the St. Charles County Election Authority and former member of the Missouri House of Representatives; Don Heidenreich, Lindenwood University history professor; Anita Manion, UMSL assistant professor of political science; and Dave Robertson, UMSL curators' teaching professor and chair of the Political Science Department.

The [event](#) is free and open to the public.

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## Faculty and Staff Appreciation Night

The Student-Athlete Advisory Committee (SAAC) invites faculty and staff to its second annual [Appreciation Night](#) on Thursday, Feb. 20, during the Women's Basketball Game. Join SAAC in the Hyland VIP Room for a reception at 5:30 p.m. and a special recognition at halftime of the women's game. Stick around to celebrate local wish kids for Make-A-Wish Night at the men's game at 7:30 p.m.

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## John Wehmer (1927-2019)

Professor Emeritus of Art at Lindenwood University, John Wehmer, passed away on December 30, 2019. John was born in St. Louis in 1927. He served in the US Navy during World War II, and on returning studied art at the University of Missouri and then Washington University. John taught in the Art Department at Lindenwood from 1959 to 1992. He mentored many students and junior faculty members. John's paintings were recognized and exhibited in many locations in the U.S., and he was part of a thriving arts scene in the mid-20th century. He developed a style of abstraction that was expressive and symbolic based on his own experiences. John took many Lindenwood students to Mexico to visit the monuments and art works there. During the summers he lived in a cabin in Colorado and painted many naturalistic scenes in the mountain areas.



A memorial service for John Wehmer will be held on Saturday, March 7, from 2 to 5 p.m. at the Lindenwood University Cultural Center (LUCC) at 400 N.

Kingshighway, St. Charles, MO 63301.

## **The John Wehmer Memorial Endowed Art Scholarship**

[\*\*DONATE NOW!\*\*](#)

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## **'Love Your Major' Luncheon Set for March 17**

Lindenwood University will host a luncheon titled “Love Your Major” on March 17 from 12 to 1 p.m. in the Spellmann Center’s Anheuser-Busch Leadership Room. Students will have the opportunity to have a conversation with faculty and staff in their major.

The event is a great opportunity for students to network and mingle as they transition into the workplace. For students who have not yet chosen a major, this event is the perfect opportunity to explore a range of interests and career options. There will also be a presentation on study abroad options.

Space is limited, with sophomores having priority. Registration begins on March 1. For more information, contact Penny Bryant at [pbryant@lindenwood.edu](mailto:pbryant@lindenwood.edu).

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## **Black History Month Mix and Mingle**

Join Student Life and Diversity and the Black Student Union for a Mix and Mingle to celebrate Black History Month on Feb. 26 from 3 to 4 p.m. in the Center for Diversity and Inclusion. Refreshments will be provided.

Roots Java Coffee will be offered in Harmon Hall, Lion's Pride Market Express during the month of February. Roots Java Coffee is an African-American owned national coffee brand, importing coffee from Africa. Thanks to the Plaster School of Business & Entrepreneurship for arranging this offering.

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## **14 Days Left to Nominate an Outstanding Staff Member!**

The Lindenwood community (staff, faculty, adjuncts, students, and administrators) is invited to nominate an outstanding staff member for one of five staff recognition awards. If you know an outstanding staff member, please submit a nomination at the link below. There's also an opportunity to get fabulous prizes for being a nominator, so don't delay. Award winners will be announced at the spring all-staff meeting on Wednesday, April 29, from 2 to 4 p.m.



[Make a Nomination Today!](#)

The deadline is Friday, Feb. 28.

# LINDENWOOD

## UNIVERSITY

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### LEARNING ACADEMY

**Upcoming Learning Academy Events:** [Click Here to Register](#)

- **Safe Zone 2.0**  
**Feb. 17, 1 – 3 p.m.**  
**Feb. 20, 10 a.m. 12 p.m.**

This is an interactive training that has been designed for people who have completed Safe Zone training. Safe Zone 2.0 will focus on the current issues and laws that are impacting the LGBTQI community, examine prejudice and privilege, and give participants an opportunity to complete various scenarios. [Click Here to register.](#)

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### **Lindenwood University Retention Retreat**

Feb. 20, 2:30 – 4:30 p.m.

Please join us for the 2020 Lindenwood University Retention Retreat. Faculty and staff are invited to explore how to engage and support students using research-based strategies in and outside of the classroom. Strategies will include teaching, advising, mentoring, and overall student support. Three faculty and staff-facilitated sessions will be offered. [Click here to register.](#)

#### Breakout Sessions Topics

- Meeting Students Where They Are: The Intersection of Academic and Mental Health – Colleen Biri and Jonathan Hunn
- Panel on Creating Academic Identity for Majors and Minors - Panelists: Joe Weber, Assistant Professor of Studio Art; Kris Smith, Professor of History; Becky Foushee, Professor of Psychology; and Molly Hudgins,

Associate Provost for Curriculum and Experiential Education.  
Moderated by Kristen Norwood, Director of Faculty Development  
• Mentorship Ideation Session – Faculty Mentorship Working Group

Light refreshments will be served

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## **New Professional Development Opportunity: Faculty Certificate Program in Writing**

Are you interested in improving your students' writing? Do you need to make paper grading less of a hassle? Elizabeth Fleitz (associate professor, English) is creating a series of training materials for faculty who want to use writing in their courses. Training will occur in a variety of formats, both in-person and online. Interested faculty can complete just one or several training materials, and faculty who complete all of the training (~10 hours total) will earn a Certificate in Writing.

For access to the training materials, email [efleitz@lindenwood.edu](mailto:efleitz@lindenwood.edu) and ask for a [Canvas course invitation](#).

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## **Upcoming Learning Academy Events:** [Click Here to Register](#)

- New Canvas Gradebook Workshop: Feb. 24-28 from 12 - 1 p.m., LARC 217
- Implicit Bias Training: Feb. 25 from 2:30 – 4:30 pm, Hyland VIP Room, Evans Commons

## **Upcoming Events and Deadlines**

- Feb. 15 - [The Isley Brothers](#), 8 p.m., The Lindenwood Theater

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- Feb. 18 - How African-Americans Shaped Society from a Religious, Fashion, Criminal Justice, and Historical Perspective, 4-5 p.m., LARC Theater

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- Feb. 18 - Langenberg Speaker Series - Michael Podgursky, 5:30-8 p.m., Dunseth Auditorium
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- February 19-22 - [Mr. Burns](#), *A Post-Electric Play*, The Emerson Black Box Theater

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- Feb. 20 - Spring Career Fair, 2-5 p.m., Evans Courts

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- Feb. 21 - [St. Louis Philharmonic Orchestra](#), 8 p.m., Lindenwood Theater at the J. Scheidegger Center for the Arts

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- Feb. 22, March 7 & 28 - FAFSA Frenzy, 10 a.m. - 1 p.m., Spellmann Center computer lab

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- Feb. 25 - A Theology of Black Identity, 4 to 5 p.m., LARC Theatre

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- Feb. 27-29 - [Winter Dance Concert](#), 7:30 p.m., The Emerson Black Box Theater

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- April 7 - Student Research Conference, LARC, 12:30-4:45, [faculty nomination and student submission form](#),

[See the full list of upcoming events](#)

## Submit Information to the Digest

To have your listing appear in the Digest, please fill out the [Project Request Form](#) (be sure to choose "Communications and Public Relations" for type of request) by noon on the day prior to send-out. The Digest is sent every Tuesday and Friday morning during the term and on Fridays during break. Information submitted past the deadline may not be included in that edition but will appear in the following one. Entries are only subject to run once but may run twice

depending on volume of material submitted that week. Please note, all entries to the Digest are subject to editing prior to running. [Get more information.](#)

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