

Self-defense is topic of local classes

Gabrielle Christensen
Staff Reporter

Although the attempted assault report was recanted, the St. Charles Police Department will still discuss sexual assault prevention in the Anheuser-Busch Leadership room in the Spellmann Center on Wednesday, March 19, at 6 p.m.

According to Director of Public Safety and Security John Bowman, the session has been planned for months.

LU also offers self-defense classes. Freshman Lisbeth Sandoe-Pedersen experienced one of these

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Assault report turns out false

Cayla Brown
Staff Reporter

Joanna Newberry was charged Friday with making a false report, a Class B misdemeanor. The 21-year-old Lindenwood student admitted that her report of an attempted sexual assault last Friday was false.

She reported an attempted assault in the basement bathroom of Butler Library to Lindenwood Security.

Following this report,

Lindenwood Security notified the St. Charles Police Department and the two groups worked together to investigate the attempted sexual assault report.

Her report caused a campus wide Rave alert and a reminder to students about being safe around campus from the security office.

"We take every situation very seriously," said Director of Public Safety and Security John Bowman.

"We want to keep students

safe and always alert students of dangers."

When interviewed at the police station, Newberry admitted to fabricating the story of being attacked on March 4.

She did not give a reason for the false report.

For filing a false police report, she faces up to six months in jail and a \$500 fine if convicted according to Eric Lawrenz, Public Information Officer with the St. Charles Police Department.

"[The Police] spend a lot of effort on serious issues like this. There were a lot of man-hours and resources that could have been used elsewhere," said Lawrenz.

Newberry is no longer enrolled at the university according to an email sent from Lindenwood University Executive Office.

Also included in the email were security tips and measures as well as information about the sexual assault prevention presentation on Wednesday.

The first court appearance will be set by the St. Charles Prosecuting Attorney's Office.

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Commuters invited to open forum

Connor Johnson
Staff Reporter

On Wednesday, March 19, the Lindenwood Student Government Association will host an open forum for the St. Charles campus of LU regarding commuter students.

This forum was organized by the senators of LSGA in hopes of allowing commuter students to vocalize hopes and concerns.

Students can also explore potential opportunities to become more involved in extracurricular activities through campus life and leadership.

Professors, residential students and commuter students will be allowed at this forum to propose ideas that are beneficial to the college experience.

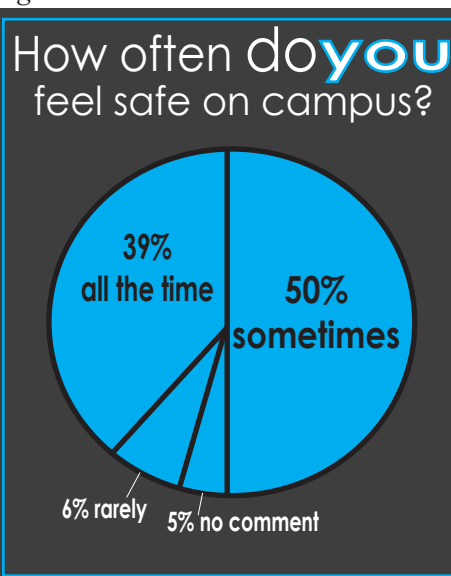
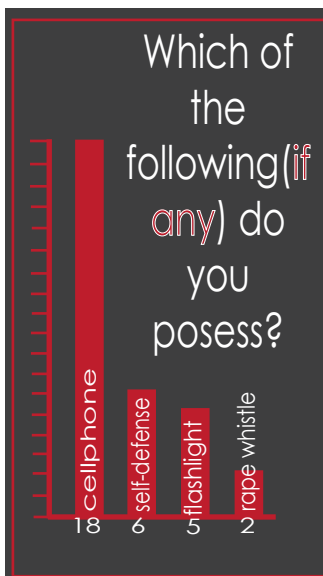
Because they do not live in close proximity to events, organizations and sporting events that residential students have access to, commuters usually do not have the same college experience.

Nikki Napolitano, the president of LSGA, expressed her desire for all students at LU to have an eventful and memorable experience at college.

Napolitano also said that once commuter students are able to participate in some of the events that are held on campus, and to have a taste of residential life, commuter students might begin to consider living as a residential student.

"We want to involve commuter students more on campus because in high school they knew what was going on at their school, but we also want them to be well-informed

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Methods students would take to ensure their safety in a potentially threatening situation [submitted anonymously by some of the 18 respondents]

"Leave first, fight last."
 "Don't walk alone at night."
 "Just be aware of your surroundings and be prepared to respond."

Legacy Graphic by Christie Sielfleisch

LU registers to combat blood disease

Amgalan Jargalsaikhan & Ally Roehl

Staff Reporter & Contributing Writer

The Lindenwood Student Government Association and Delete Blood Cancer DKMS held LU's third annual Swab for Sean on Thursday. The drive registered 139 potential bone marrow donors.

Senior Sean Murry and his three younger brothers have a rare form of blood disease called Diamond-Blackfan Anemia. The



Legacy Photo by Romain Polge
Usonbek Sali swabs to register as a potential donor.

condition requires a matching marrow donor.

Murry, said he hopes this event would find the right donor for him and his family, though this is not their last chance.

"Lindenwood is not the only place you could come and swab. We have couple different churches do the drive for us," Murry said.

Most students who were passing by the drive stopped for a while and completed the process because of its easy steps for saving lives. If students complete the paperwork and swab, all the information and result goes to the National Registry to help people with diseases.

The people who participated will be added to the bone marrow donor database to hopefully be a match for Murry



Legacy Photo by Romain Polge
After swabbing, Gil Parbey poses with Sean Murry during the Swab for Sean event.

or someone else that has the condition.

"People who wanted to come, but missed the drive could go

to DKMS's website to find the nearest drive," LSGA President Nikki Napolitano said.

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Cyclists race on Main



Legacy Photo by Romain Polge

Matt Brophy races in the Lindenwood cycling meet on March 16. Marian University cyclist Josiah Chalmers won the men's A category

Honors students looking to join art majors in Italy

Katelyn Preuss
Contributing Writer

The honors study abroad program may travel to Italy in the summer of 2015. According to Professor Rachel Douchant, the honors college panel co-chair, this trip is still pending approval from the study abroad committee.

She explained that the committee wants to ensure that the trip will be genuinely academic.

She said their final decision should be known by April 1. If approved, the honor students will join the summer art history and studio art students in their study

abroad tour, led by Professor James Hutson.

"I am really loving the fact that we're going with Hutson," said Douchant.

He has taken students to Italy in the summers of 2012 and 2013.

Professor Grant Hargate accompanied him both times and taught a studio art course.

Students will travel through Education First College Study Tours.

Douchant said that they have "wonderful guides" who are "fun and interesting" and "often times

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7-Day Forecast

Weather taken from Weather.com, accurate as of 3/17 @ 9:00 a.m.

Day	High	Low	Date
Tuesday	64	38	3/18
Wednesday	55	34	3/19
Thursday	63	44	3/20
Friday	70	40	3/21
Saturday	51	28	3/22
Sunday	49	31	3/23
Monday	54	33	3/24

IN THE SPOTLIGHT LU Steampunk

Corrin Scriber
Contributing Writer

Imagine an alternate world, where the Industrial Revolution came to Victorian-era England and science's airships rule the skies of a young Earth. This is Steampunk.

The group LU Steampunk devotes its time to this culture.

"We learn about the real history that Steampunk is based on, pursue literature, movies and other culture created by Steampunk fans around the world, and create

our own Steampunk stuff," said Geddy Avery, president/captain and founding member of LU Steampunk.

LU Steampunk hosts and participates in multiple events throughout the semester, from Humans v. Zombies

to murder mysteries and movie nights.

The group will host a Ballroom Tea Party later this semester.

Anyone can join LU Steampunk. The group meets every Thursday at 9 p.m. in the Spellmann Center, Room 3020.

Keep an eye out for the organization's flag, which is black and gold with a large silver gear.

For more information about LU Steampunk, contact Avery at steampunk@lionmail.lindenwood.edu or on LU Connect.

Each week this series will showcase one of LU's many student clubs and organizations. It will not eliminate the potential for an organization to be covered elsewhere in the paper, it merely introduces readers to opportunities for campus involvement.

Senator resigns

Phillip Scherer
Staff Reporter

Freshman Justin Broadbooks resigned from the Lindenwood Student Government Association senate prior to the group's Feb. 26 meeting.

Broadbooks cited issues with the group's leadership as the main reason for his resignation.

"I didn't really get along with a lot of people in the office. I felt that a lot of conflict of interest issues were not being dealt with correctly and that our faculty advisers were not doing the best job," Broadbooks said.

Broadbooks said he had been thinking about leaving LSGA since the beginning of the spring semester.

"The atmosphere in the group definitely changed when Jordan Pfeiffer was removed from his position as president during last semester, and it got too much for me when the three new senators were brought in at the start of this semester. That really was the straw that broke the camel's back," he said.

Isaac White, Morgan Albertson and Dylan Paul, the three new senators, were brought in when three of the previous senators graduated or left due to constitutional conflicts.

Broadbooks said replacing half of the senate midway through the year was a process that should have been avoided.

"I felt like it was a terrible idea to have that many senators that you knew would be leaving before the end of the year. The whole thing just seemed like a waste of time," Broadbooks said.

According to the LSGA's constitution in place at the time, "any officer may choose to resign at any time by submitting a letter of resignation to the director of the Student Life and Leadership Office." The senate would then appoint someone to replace them.

An amendment was made at the March 12 meeting that offers an alternative to that in the case of resignation.

The new amendment states, "If the vacancy occurs on or after the fourth week of the semester, it is up to the discretion of the Senate whether or not to fill senator position."

Albertson said that due to the new amendment, Broadbooks would not be replaced before the end of the semester, and the senate will remain at seven members until the fall.

"Because of his absence we have had to move a number of bills that he has been working on back, and they will have to be worked on by someone else, Albertson said. "It is not detrimental, but it is inconvenient. Potentially less inconvenient than replacing him, however."

Broadbooks made many of the senators, including Albertson, aware of his decision the week before his resignation took effect.

The faculty advisers and executive board were not told of his decision ahead of time.

Many members of the executive board were not aware until he failed to attend the meeting on Feb. 26.

Swab for Sean

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LSGA has over 80 organizations under it, many of which sent one or two volunteers to help with the event.

"Without the volunteers we wouldn't have been able to make the event work," Napolitano said.

Isaiah Jenkins is LSGA's events coordinator and has worked the event all three years now. He said the event is growing.

"More people know about it," he said. "The first two years, people didn't understand what it was or what it was for, so this year everyone has a face to put with it. Most people know or have heard of Sean."

Jenkins said he has enjoyed working the event and will continue to work events like it in the future.

Going to events like this is good because getting swabbed is the easiest part and even though someone may not be a match right away they will be in the system for years.

According to Napolitano, LU will continue to host this event even though Murry is graduating this year.

To register online through the official website of the DKMS, world's largest bone marrow blood center, there is no additional fee but optional donations are encouraged.

Community service made accessible

Constanza Flores
Staff Reporter

LU's Department of Nonprofit Administration has launched a new link for a Community Service Website, a portion of the LU website, which will introduce LU students to community service.

The new Community Service portion of the LU website helps students to reach volunteer opportunities and contribute to their community. The opportunities are divided by duration, distance, or type.

Students will have two options. They will be able to search different volunteer options throughout the community by clicking on the website and seeing what opportunities are currently listed. The opportunities are listed either by the type of organizations (animals, youth, seniors, etc.) or by distance that the event is held.

Also, students can fill out a volunteer information form in which they can be notified when an opportunity becomes available.

The main purpose of the website is to allow LU students to become more involved and help in the community. Students can acquire 500 hours of qualified community service and they will receive a designation on their academic transcript, where they will be recognized for their achievement.

According to Julie Turner, chair of the department of Nonprofit Administration, in 2013, faculty members and student associations thought about the idea of centralizing the community service at LU. They came up with the idea of creating a site where students can search for a community service opportunity and

apply to it.

"There is contact information on the website on how to volunteer for an organization. There are plenty of opportunities in which students, can volunteer. It will be a great opportunity for students" said Turner.

"This new portion of the website became light this week, so students are still familiarizing with it," added Turner.

Christian Averill, a graduate assistant of the Nonprofit Department who works for Turner is one of the persons in charge of the website.

"When she emails me an opportunity, I upload it to the website and make sure that everything is correct and that our students know exactly what the project will entail. I include the name of the organization, their mission, and a general background of where they are and what the opportunity will include," said Averill.

According to Averill, these opportunities are a better way to connect LU students to the community and give them a one stop shop to see opportunities.

"I would like to thank Jason Waack and Dr. Turner for all the work they have put into the creation of the website. They both have shown a tremendous commitment to the success of Lindenwood students, and it has been great to see so many administration members get behind the promotion of the site in its early stages," added Averill.

Students are encouraged to sign up through a link that can be found by searching LU Community Service.

New opportunities will be posted regularly. Contact Turner at jturner@lindenwood.edu with any questions.

Commuter

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about what is going on at the university," said Napolitano.

Along with the opportunity to discuss the individual desires and hopes of faculty and students, the senators of LSGA want to propose a potential meal plan for students that commute and currently don't have access to the food that is provided in the cafeterias on campus.

This idea has been in the works for some time, and this idea actually prompted the formation of the commuter forum.

Pedestal Foods has already been contacted by the executive board of LSGA, and implementation of the food plan now rests upon the positive and or negative feedback of commuter students.

Along with the positive feedback of the students, it would be necessary for the student body to take ownership of the ideas that are discussed by students at this forum.

If the idea is willing to be owned by students at Lindenwood, the senators of LSGA would be willing to work alongside these visions a reality by forming them into bills to be proposed to the general assembly of LSGA.

The forum will be held at Dunseth Auditorium in Harmon Hall, and doors will open at 3 p.m.

"...we also want them to be well-informed about what is going on at the university."

-Nikki Napolitano
LSGA President



Legacy Photo by Romain Polge
Nikki Napolitano, president of LSGA, celebrates the outcome of Swab for Sean. The event drew in 139 potential donors.

Self-defense

Continued from Page 1

classes first hand. She not only wanted to improve her strength and fitness level but she also thought it was important to be able to defend yourself.

"St. Louis is one of the United States' most criminal cities and I want to feel safe while living here," she said. "I want to be able to walk around inside of campus as well as outside with no fear of what is going to happen to me if I am by myself," Pedersen adds.

She said she would recommend other LU students to take a self-defense course, especially girls.

"Girls tend not to be as strong as men and by taking this course you'll learn a workout that helps you boost your situational awareness."

Another local option is a self-defense and fitness center called Midwest Krav Maga.

The center offers three kinds of self-defense classes: Kids' Karate, Fit to Fight and Krav Maga.

The Fit to Fight program will not only teach self-defense but also serve as a full-body workout to keep strong and shapely.

Krav Maga is a unique combat system for both men and women designed to improve strength and flexibility.

Krav Maga will demonstrate how to disable an assailant and gain the confidence to defend one's self in threatened situations.

The training center is located at 11 Jason Court in St. Charles.

Announcements

Sophomore/freshman registration

Class registration for sophomores opens Tuesday, March 18. Freshmen register Thursday, March 20.

Lindenwood night out at Busch Stadium

The Student Life and Leadership Office will sell up to three tickets for the April 25 Cardinals v. Pittsburgh Pirates game. Tickets, which go on sale March 24, are \$10 with a student ID.

FAFSA deadline

All students must file a FAFSA at fafsa.ed.gov by April 1 to qualify for financial aid.

Corrections

SAAC talent show benefits Makes a Wish Foundation

Malach Radigan will not be acting as the show's host. Rodney Mays is a contributor, not the organizer.

Officer divulges details of '98 campus murder

Aeriel Niccum
Staff Reporter

Nearly 16 years ago Lindenwood was the scene of a heinous crime, the murder of 13-year-old Tiffany Sabourin of Wentzville.

Lieutenant Chad Fisk of the Saint Charles Police Department recently afforded members of the LU Criminal Justice Student Association the opportunity to learn details about the murder.

According to Fisk, Sabourin's headless and partially nude body was found on a footpath between what are now the Lindenwood water towers and the Welcome Center in April 1998 by a student.

Sabourin's head was later found in a portable toilet facility by investigators.

Investigators then followed what leads they had, which consisted of crime scene photos, interviews and evidence collection, to pursue the case.

According to Fisk, the most important lead was a bed sheet.

"The case really broke apart when blood dogs brought in from out of state led to the lake where a bed

sheet was discovered by police divers," said Fisk.

A photo of the bed sheet aired on television. That's when Jason Richter recognized the sheet as his roommate's. Richter called police and told them that his roommate's fitted sheet and pillow case matched the sheet aired on television. Richter also disclosed that his roommate had not been back to the dorm since the discovery of Sabourin's body.

Police located and brought in Jason Kyle Shipman, then 21, for questioning.

After waiving his Miranda rights, Shipman denied knowing Sabourin, denied the sheet as being his, and gave an alibi stating that he was at a hotel the night of Sabourin's murder with his fifteen-year-old friend, Billy Joe Logsdon, who Shipman claimed actually killed Sabourin while Shipman acted as a lookout.

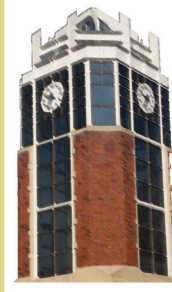
In turn, police brought Logsdon in for questioning. Upon waiving his Miranda rights, Logsdon made up multiple stories, each discounted by investigators and Shipman whose own stories did

not match. Shipman's alibi was discounted by investigators during the interview process. Further investigation revealed that Shipman's fingerprints were on the portable toilet facility where Sabourin's head was found.

According to a 1999 article from The Southeast Missourian titled, "Shipman guilty in decapitation death charges dropped against teen-ager," Shipman eventually confessed and avoided trial by pleading guilty to first-degree murder, attempted rape, decapitation, sodomy and armed criminal action in exchange for life in prison without the possibility of parole.

According to the article, Shipman also admitted to lying about Logsdon's involvement, saying he acted individually. Charges were dropped against Logsdon who subsequently went to live with his aunt in Kentucky.

According to the Victim Information and Notification Everyday Link website, Shipman is currently serving his sentence at the South Central Correctional Center in Licking, Mo.



Names that built LU

Legacy Graphic by Cameron Poindexter

"Names that built LU" profiles 28 campus buildings named after Lindenwood personnel. Each week, we will uncover the stories behind these people, and how they shaped LU.



Photo from Mary Ambler Archives
Dorothy Warner was a long-time member of the Board of Directors and founding member of the Butler Society.

Former president's house honors Warner

Michael Sprague
Style Editor

The old house sitting in the middle of the historic side of campus was built in 1941. Built under the Roemer administration, it was to be used as the President's house.

Unfortunately, Roemer never saw the building completed as he passed in 1940.

The building however continued to serve as the President's house until the 2007-08 school year when a new home was built and the previous building was filled with offices for the School of Education.

At that point, it was decided that the building would be dedicated to a woman that contributed to LU from the time she was a student onward: Dorothy Warner.

Warner, alumna of Lindenwood College, had already been honored in multiple ways.

Warner was a long-serving and lifetime member of the LU Board of Directors. Her lifetime donation total to the university was large enough for Warner to be

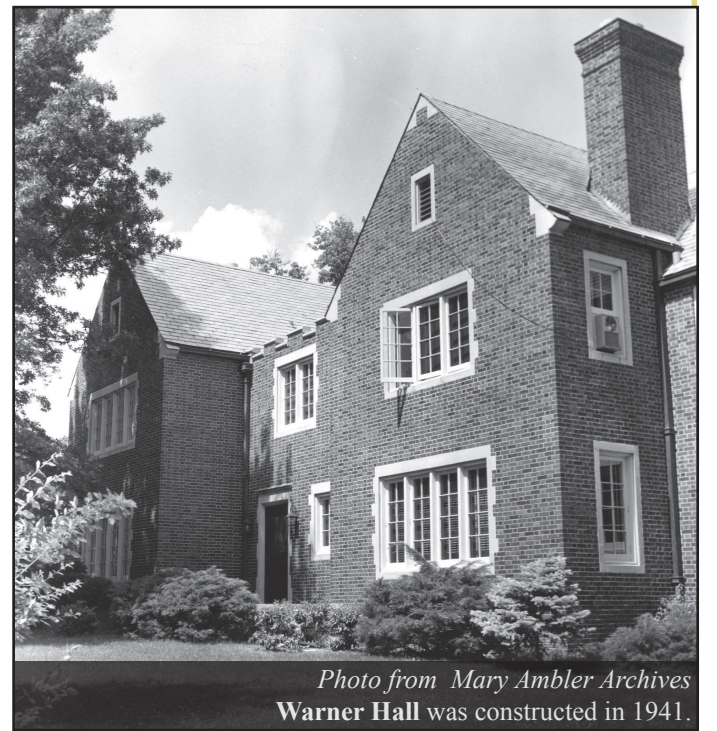


Photo from Mary Ambler Archives
Warner Hall was constructed in 1941.

a founding member of the Butler Society, a group of LU's most generous donors.

Formerly known as Butler Pool, Warner's contributions to renovate the pool resulted in it's new name, The Dorothy Warner indoor swimming pool in 1988.

Warner also contributed enough to the university that the board of directors saw her as a fitting tribute for the chapel in Sibley

Hall. In 1994 the chapel was officially named the Dorothy DuQuoin Warner Chapel.

Warner was a student and life-long Lindenwood supporter. Because of that, she has three of the college's most storied venues dedicated to her honor.

Visit lindenlink.com for an interactive timeline of Names that Built LU stories

Study abroad

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cool people."

While the art courses will be open to all students, the honors study abroad program is open only to students enrolled in the honors college.

Douchant will teach the honors course, modeling it after her J-term class, Dante and the Virtues.

She is applying for the course to be considered as a philosophy course and a cross-cultural course.

For students seeking honors credit, they could potentially earn nine hours in one summer.

According to Hutson, if the three courses are approved, the course program will be arranged so that students can take all three classes for honors credit.

The art history course has been approved by the study abroad committee, and Hargate's studio art course is in the process of being approved, said

Hutson.

The trip will last 22 days, from May 25 - June 15.

Students will tour Florence, Venice and Rome.

Highlights of the trip will include the Uffizi Gallery, the Piazza di San Marco, and the Vatican City.

The classes will be taught on site.

"The city is the classroom," Hutson said.

Ashley Albert studied in Italy in 2013.

For her, as an art minor, seeing the actual pieces of artwork, said Albert, was a surreal experience.

"It's like seeing a famous person... I took away such a good appreciation for Italian art and culture."

The current cost per student is approximately \$5,474 if 15 to 19 students register, according to Douchant.

Hutson said that students can pay for the trip using financial aid and student loans.

Because the art classes

are study abroad summer courses, "the tuition is reduced in half and there will be no processing fee."

Honors students interested in the trip should contact Douchant at rdouchant@lindenwood.edu.

Non-honors students should contact Hutson at jhutson@lindenwood.edu.

Douchant said she is excited about this trip. She hopes that her students will learn that all liberal arts - history, philosophy and literature -- are interrelated.

She said you can see this in Italy.

"Traveling is transformative," she said. "It's easy to exist in our narrow reality, and not think about alternative ways of doing things."

Through studying abroad, students can have "more empathy and a better grasp of" the world's "complexity through intercultural experiences."

Bill for a commuter meal plan under consideration

Killian Walsh
Investigative Reporter

LU's student government holds weekly meetings that are open to the entire student body. Every semester, new bills are proposed, and they are subject to careful review before approval.

Junior Michelle McClendon commutes and thinks there should be some sort of option for weekly meals.

One bill that was proposed at the end of last year was in regards to a commuter

meal plan. This bill would create a separate meal plan available to commuters.

"I think tuition should include some kind of smaller meal plan. Even if it was just like one meal a day during weekdays or something like that," McClendon said.

"Because while campus food isn't that bad, if I have to pay I'd rather pay somewhere else."

Currently, there is only one meal plan available to students; it is not available to commuters and is set at

19 meals per week.

Senior Dani Merz said she is only on campus once a week but is still considered a resident so she has to pay for the meal plan.

"I wish there was a way to opt out of the meal plan; I literally haven't eaten on campus once this semester," Merz said.

LSGA speaker, Mary Bourdreau, said the commuter meal plan is still pending further action from President Evans.

"The commuter meal plan bill was brought to President Evans on Dec. 7 of last year. He really liked the idea and has approved of it," Bourdreau said. "But, whenever President Evans approves a bill, it goes into

his hands and that's what happened."

Bourdreau and the rest of LSGA are still awaiting feedback on the bill.

"We have no control over it nor do we have any idea of the bill's current status," Bourdreau said.

Senior Michael Sprague said he wishes he would have had the option to eat on campus like resident students.

"There should at least be an option to get one. The two times I ate there it was kind of a hassle to pay with a card and holding up the line," Sprague said.

Evans said he takes a lot of different factors into account before a bill is passed.

"I always consult with the involved or affected faculty, staff, and administration offices to obtain their input and recommendations on the bills," said Evans.

"Those offices might then have to seek more information or input from additional parties in order to develop a recommendation," he said.

The bill is then looked over by various parties to determine whether or not it would benefit the university in the best possible way.

Evans said there are two main criteria for a bill to be approved.

"A: If the proposed change makes sense in terms of our mission, budget and best practices in higher

education and B: whether the proposed change can be effected on this campus in a way that will improve our students' college experience."

Approval of a bill can take anywhere from a week to a year, depending on the effect the bill would have on campus or the amount of work will go into implementing the bill.

When asked about when commuter meal plan would take effect, Evans didn't have a definite answer.

"We have a committee dedicated to working out a plan to implement a commuter meal plan option, and we expect the option to be in place by this fall," Evans said.



Legacy Graphic by Cameron Poindexter



Deborah Starr
Featured Columnist

Learning to let go

This week I would like to talk about what it means to let go. I know I just recently wrote about a Dr. Seuss quote, but he also has another that I love that I'm sure you have all heard at some point. "Don't cry because it's over. Smile because it happened."

I'll be the first to admit that I hate change. Like anyone else, I don't like saying goodbye. Whether it's to a loved one passing away, to a friend moving out of town, or simply to the very last episode of a TV show, endings are always awful for me.

Something I have learned very recently, however, is that you have to know when to let something go instead of holding on forever. Sometimes the holding on can cause more pain than the letting go.

Think about some of the greatest TV shows of our generation. They can only last so long until it just becomes old and redundant.

It's always best to end on a high note rather than dragging something on just to keep it going.

The same can be said about certain situations in life. Some things can indeed last forever, but that doesn't mean that everything is supposed to.

The sooner you realize something has to end, the better it is to just let it go.

Holding on will not bring comfort. It will only continue to cause pain for as long as you choose to keep the tight grip that you have.

All it takes is loosening those fingers that you have clinging so tightly and give it up.

Of course I understand that this is easier said than done. Trust me, I'm right



there with a particular life situation. Letting go of something isn't always the most pleasurable experience, but it's kind of like taking a band aid off of a wound.

In my opinion, I would rather just rip the thing off in a moment.

That's not going to be painless. It's definitely going to hurt. However, I think it feels a whole lot better than slowly peeling away at it for several minutes. The longer it takes to take off, the longer the pain will stick around.

I don't think Dr. Seuss was implying that we should never cry over things ending.

This is a completely natural human instinct. Rather, I think the quote inspires us to think on the good moments we had rather than thinking about the fact that it is now over.

You have always known that at some point in life you would have to let go of whatever it is you have been holding onto so tightly.

It's inevitable, something that can't be avoided. But rather than sitting in the sadness, dwelling on the pain, think back on all the beautiful memories.

Allow yourself to let it go. That doesn't mean you can't look back at it.

It just means that when you do, smile to yourself rather than shedding tears.

Keep football about the sport

Genell Jeffries
Contributing Writer



Football has not yet conformed to the acceptance of homosexuality. It is thought of as the macho sport that only masculine men play.

It is the sport Americans love most combined with the most controversial issue of all time.

It is understandable to fear change. It is understandable to disagree with others' sexual preference. However it is not acceptable to expect a homosexual man to hide their sexual preference to comfort the football community.

If people are playing the sport well then why does it matter if they like men or women?

I do believe many older football fans will be put off by this but I hope that the teams that were considering him before have not changed their minds. The courage it takes to be secure through adversity is amazing. I think that shows character and strength.

"I'm Michael Sam. I'm a football player and I'm Gay," Sam announced the news before he was scheduled to be drafted into the NFL.

As a student at the University of Missouri, Columbia he was known as an outstanding player and according to Lindenwood student, who transferred from Columbia, he was open about being homosexual on campus.

I think it is commendable that he let his teammates know

that he was homosexual at the beginning of the season. This way they could learn to deal with it or not deal with it at all. It was a choice and Sam said they handled it well.

Sweaty men running into each other, heavy panting, and tight pants is what he probably likes about the sport the ignorant homophobes may say. Sam is not fazed at what they say.

Being homosexual does not take away from his ability to play football.

Playing football does not take away his sexual preference.

They are two different things. They should be treated as such.

In a perfect world, this wouldn't be newsworthy. Truth is it's new, different, and it's controversial.

This means something new for football. Finally, the macho sport has been met with the social change sweeping the country.

Sam is 24 years old and should be applauded for his heroic stance. That is who he is.

Dale Hansen said it best on News 8 ABC when he said,

"You beat a woman and drag her down a flight of stairs, pulling her hair out by the roots? You're the fourth guy taken in the NFL draft.

You kill people while driving drunk? That guy's welcomed.

Players caught in hotel rooms with illegal drugs and prostitutes? We know they're welcomed.

Players accused of rape and pay the woman to go away?

You lie to police trying to cover up a murder?

We're comfortable with that.

You love another man? Well, now you've gone too far!"

Cafeteria Etiquette

Tyler Jeffers
Staff Reporter



One thing that I have been asked to bring up in the paper by many people is the Cafeteria Etiquette for the students on campus.

I am primarily referencing the act where students leave their trash and trays at the table for the work and learn students to retrieve after lunch or dinner.

The student body as a whole is aware of the tray collectors and their respective locations at both Spellmann and Evans Cafeterias, so why do students just leave their trays and trash as they leave after lunch and dinner? Are they lazy? Is it some sort of social rebellion? Or are they really just unaware that they are supposed to put up their trays and throw away their trash?

Whatever the case may be, it is agitating and disheartening to the many hard working students and staff at both Spellmann and Evans cafeterias who try their best to get things done effectively and quickly so that Lindenwood can receive the best service possible when they visit the cafeteria.



Image by www.macom.k12.mi.us

Here is some perspective. Imagine your work and learn job is cafeteria clean up.

Seems easy enough, so you sign in, prepare yourself some hot water and a couple of clean wash rags. You enter the cafeteria to see that many tables have trays on them, some have several. Before cleaning you must take these trays to the tray rotator where they will be washed and cleaned by other work and learn students.

So you have to conduct several trips and go out of your way to do a job that other students should be doing and keeping the students who clean the cafeteria and wash dishes back 15 to 20 minutes longer than they have to.

I am not entirely aware of how work and learn jobs are assigned, however, I know that not everyone gets a clear cut choice on what they want to do. Is it really appropriate and fair for these students to clean up the messes of other and stay much longer than other people simply because some students thought it would be okay, for whatever reason to leave their tray and dishes at their table.

This article is meant to be food for thought. Be kind and considerate to your fellow staff and students. I feel like the entire student body at Lindenwood should be adult in their conduct and keep in mind that like a well tuned machine, we are only effective if we work together. When you visit the Evans or Spellmann cafeterias, please put up your trays and take care of your trash and if you see something that you aren't responsible for, be kind and take care of the campus.

Letter to the Editor

Dear Mr. Figus,

I would like to address one of your recent pieces in the opinions column, "No More Warmongering." First of all, I understand that this column is intended to express opinions of the writers/students, and that no opinion is necessarily right or wrong. However, there are some extremely offensive statements made in this piece that deserve rebuttal.

Before I get to any of that, I would like to present a couple of facts that make your entire piece invalid. In the fiscal year 2011, after Osama Bin Laden was killed, President Barack Obama requested a record-setting \$895 billion dollar security budget. In FY 2013, after the withdrawal of troops from Iraq, he requested \$851 billion. Is warmongering really something that is exclusive to Republicans? Why did the war in Afghanistan stay so active with a noble and peace-loving Democrat at the helm? The Department of Homeland Security budget briefs are available online at www.dhs.gov.

Also, you like to throw around the terms "Republican" and "Conservative" as if they are interchangeable. This is pretty elementary... There is a big difference here, please do some research and understand this concept before you write another piece like this. You can't even figure out who you're bashing.

A few paragraphs into this masterpiece, you wrote, "anybody who feels that the Iraq war was positive for the U.S. or any single human being on the planet other than CEOs of Halliburton has no role as a contributor to any dialogue on foreign policy." I hope you know that there are quite a few Iraq war veterans attending this school.

You are insulting every single one of these men and women's hard work and sacrifice by saying the Iraq war did not benefit ONE SINGLE HUMAN BEING. Really? Tell that to the men and women who were providing food, water, and security to entire villages during the war, as well as handing out gifts and candy to a bunch of little kids. Tell them that those 12-18 months they spent deployed were completely pointless.

You can quote me on this one, "anybody who makes a completely ignorant, offensive, blanket statement like this has no business being a journalist."

Thanks,

-Jacob Schroeder

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Work'n'Learn reform would stimulate the local economy

Jordan Pfeifer
Staff Reporter

This will not be hard for some students here at LU, but, for a second, imagine you are employed by the University via the Work'n'Learn program, and to keep this simple, let's imagine you slop food at Wai Chai in Evans.

You work 10 hours a week for a max of 150 hours per semester, and are compensated \$8/hour, which is nice because this is .65¢ above Missouri's minimum wage of \$7.35/hour. At this rate, you have the opportunity to earn \$1,200 a semester.

This \$1,200 is granted to you prior to the semester, and your ledger displays your debt to LU minus the \$1,200.

By the end of the semester, if you haven't fulfilled 150 hours, you will be charged the difference, and a bill for the exact amount will be sent to your house for your mom to yell at you about you being lazy.

This is not a good system. What if, instead of working to fulfill your pre-approved "scholarship," you had the option to receive your wages in the

form of a check?

There are many benefits to the students, and the University, for paying Work'n'Learn-ers money instead of in reduced debt.

First, students would see physical rewards for their labor incentivizing increased on the job productivity and work satisfaction.

Second, with the bar raised higher, supervisors could be more selective, improving the over-all quality of the LU work force.

Now, students no longer have to juggle a W'n'L job and a job off-campus if they want to make an income. They now work, and earn cash, on campus. This improves campus safety, community, and happiness.

Paying employed students would not be a problem for the University. Regardless, if they paid a student \$1,200 a semester, the student would still owe the school the same amount. So, though their cash is reduced temporarily, their accounts receivable balance remains the same.

The paid student is now treated more like an adult by having been given more responsibility and the opportunity to invest.

If Work'n'Learn-ers earned cash for the work they performed, Lindenwood's student body and the local economy, would be greatly benefitted.



Seannell Chambers
Reader Liaison

Do you plan on going anywhere for spring break?

Well, I am...this is not to rub it in anybody's face, but for the first time in my college years I will be actually going somewhere!

Typically I'm one of the individuals that would usually not go anywhere for spring break. For the past few years I have either stayed at home and just sat around or spent most of the week picking up shifts at work to pull in some extra cash. It will feel nice to actually spend some time away from everything for a change.

You better believe there will not be any notebooks, papers, or any of those things called homework for those few days of freedom. I'm actually going to relax for one week of my college career, and put my worries about those "need-to-do" papers behind...well at least for one week. The more I think about it, Spring Break should be a period of relaxation and an escape from the madness that college can be sometimes. A lot of us put a ton of hard work and dedication into the classroom. Sometimes you just want to get away from all of the madness, and desire a time where you can actually think about yourself!

Let's face it, the weeklong breaks you receive in college, will pretty much be the last ones you will get for a very long time. Once we all step foot in the business world, work is all we will know for the next 40-50 years of our lives and vacations will be limited.

Now, I'm not saying that you must go out anywhere expensive for your break, there's a ton to do here in St. Louis, Mo. If you never really got a chance, like me, to enjoy what this city has to offer, I highly recommend going downtown. Go for a horse carriage ride through the streets of downtown, visit Crown Candy for a sweet treat, or even frolic and play around the Science Museum. Just get out and do something!

Personally, I can't wait to get out of town and relax for a change. Believe me, it is well needed.



Be a sweetie, wipe the seatie

Cole Figus
Staff Reporter

If you pee on the toilet seat and do not clean it up you are one of the community's most terrible, daily terrorists.

Your afterlife should be spent stuck in a tub of used Olympic pool water for eternity.

Because, no hyperbole, all Olympian swimmers pee in the pool after every race. And if you leave your urine all over public facilities you deserve to bathe in that water. Forever.

What is the rationale behind such an act? No one can know for sure the inner workings of such a deranged mind, but the thought process might be something like this: "I have to pee. Hey, there is a toilet I can pee in. Hmm. The toilet seat is down. I could do the right thing and take a second to lift the toilet seat so that my urine does not spray all over the place where other people will sit after I am done... but ain't nobody got time for that! I am going to pee anywhere on anything I want because this is America, Home of the Free. [The sound of splashing, al-Qaeda-defeating urination!] Mmm, what a delight, I have carpet-bombed this toilet seat with liquid that my nervous system has deemed

unsuitable for my body. Should I clean up this mess I have made with my toxic, yellow yesterday-water? Meh. Someone else can clean it up because I fully acknowledge and accept that right now at this exact moment of my choosing to not clean up my urine, unless there is a murder going on somewhere, I may be the worst person on the planet. Whatever." What a dick move. Literally and figuratively.

I work at a restaurant which has a bathroom frequented by hundreds of people everyday.

And every single day people (note: plural, a lot plural) pee all over the toilet seat. Sometimes people use the urinal and somehow miss completely, peeing all over

the ground and wall, and an unfortunately employed busser named Jesus has to clean it up.

The male anatomy comes equipped with an extraordinarily aimable dispenser for bodily waste fluid- it is the most salient feature of our gender- and men everywhere waste their potential for efficiently clean #1 ejection. This should not be a societal issue but it is because all of our toilet-seat-peers are lazy, selfish wastes of communal kindness.

So when you are poised to pee-pee juice all over a toilet that is not yours and one for which you will take no part in cleaning post-terrorist attack, just remember: Jesus is somewhere nearby clutching a sad face and a mop, disappointed in you.



"Selfies"

Genell Jeffries
Contributing Writer

I remember when the term "selfie" was a foreign concept.

Now the idea of taking a picture of one's self has been labeled. In 2013, Oxford Dictionary released its word of the year: Selfie.

It's safe to say selfies are becoming an epidemic. But I wonder if we have gone too far.

I must admit I thought it was ridiculous when I found out about a device called "The Selfie" sold in select store for a mere \$18.00. Some people don't have the reverse camera button on their phone and I can understand how useful this would be.

To those that do have the reverse button, this is a waste of money.

What is the point of buying a smart phone if you're going to invest in "The Selfie"?

Believe it or not, The Daily Beast published an article titled "Introducing the Internet's New Bundle of Joy: The Baby Selfie." Charlotte Lytton said in the article, "If you thought that belfies (butt selfies), pelfies (pet selfies) and felfies (farm selfies) were the depth of cell phone snapping depravity, a new contender has emerged in the form of baby selfies." This app is for babies to take a picture of themselves.

This concept seems pretty ridiculous. Babies are too busy learning motor skills but now they have to learn how to take selfies too. I think not!

Furthermore, when did butt selfies and farm selfies come into existence?

Maybe I'm a little out of the loop, but they don't

all deserve their own names.

CNN's Kelly Wallace even wrote an article entitled "Who takes more selfies? Women or Men." She used research in her article from the project called "selficity," when researchers looked at Instagram selfies shared in five international cities.

The results show that women take more selfies than men.

However, the research also showed that after the age of 40 men take more selfies and women take less.

Wallace said women feel less confident as they age.

She confessed that her wrinkles and bags under her eyes is not something she wants to see in her phone.

This information did not surprise me. It just made me sad.

I think if you can't embrace aging in this way maybe you haven't embraced aging at all.

Which brings me to my next point; this new phenomenon that has found its way into American culture has so much power.

James Franco, actor, published an article on The New York Times website last year saying he posts mostly selfies on Instagram because those pictures get the most likes.

Labeled as the Selfie King Franco said "attention seems to be the name of the game when it comes to social networking.... Hell, it's what everyone wants: attention. Attention is power."

Perhaps we have not gone too far with the selfie epidemic because everyone wants attention.

Animals want some attention.

People, young and old, want some attention, and every other living thing wants some attention too.

I suppose we have not gone too far after all.



24/7 study zone

Jonathan Davies
Contributing Writer

When it comes to studying for tests or getting a large amount of homework completed for the following morning; staying up late or pulling an infamous all-nighter is sometimes a necessary requirement.

Lindenwood needs to open a building with an all-night policy so that students of different sexes can work together past hours.

The problem is Lindenwood has nowhere open for students to work in groups after 2 a.m. I have heard from many how the visitation restrictions ruin people's attempts at group projects, discussions, and study sessions for the same tests.

As far as late night openings go, the summary for choice is still pretty thin. Spellmann closes at 12 p.m. and from there the library only stays open an extra two hours later.

ILGSA would do well to bring this idea up to LU's Board of Directors. All that is needed is a classroom area or larger with an outside door that can be left open throughout the night. No computers or TV monitors that can be stolen, no couches to relax on, just a few tables and chairs and a bathroom for students.

I can think of one example that meets these requirements - Butler Loft.

As an anonymous security guard quoted to

me "We close the Loft at 1 a.m. and they barely use it anyway so it could be a great idea". If Butler Loft were to remain open it would become the perfect spot for students to study and do homework without breaking the visitation restrictions that are currently in place. Lindenwood has CCTV cameras inside and around the building for good security so every aspect is accounted for. In addition, the Loft also has a bathroom for students to use and only one door that would become the entrance and exit. Sophomore student, TJ Ellion agrees saying "There isn't anywhere to work after 2 a.m. and I have to ask to leave the Loft open or be locked inside". It could even be monitored by a Graduate Assistant (GA) or Lindenwood could have the Work and Learn Department create a new work and learn just for that area. Without doubt there would be several people willing to get paid to keep an eye on a few students at work.

Don't let it be misleading; this would be a work zone only.

Similar to the library it would be a quiet area with no food or drink served and most certainly not a social area. Seen as there is no other 24 hour area on or even near campus within walking distance, this idea could be a simple fix and tested out this coming finals week in May.

If the project works without any hiccups, next semester could see a trial period of it open three days a week. If that is successful too, eventually it could become a 24/7 study zone; open anytime which I feel would please the majority of students.

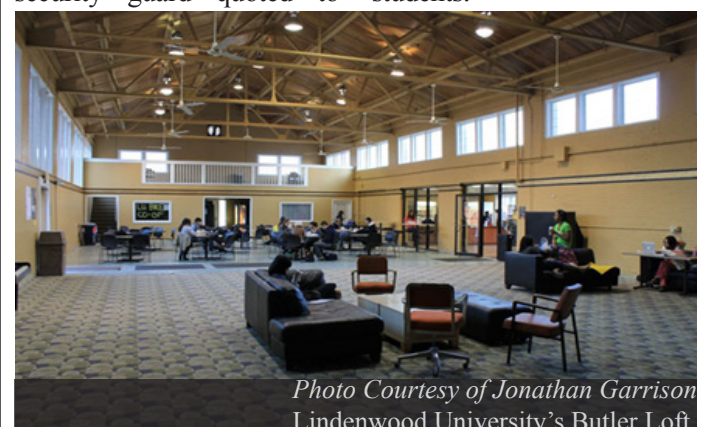
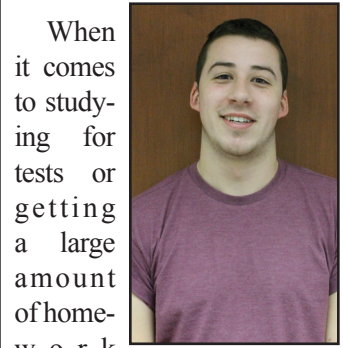


Photo Courtesy of Jonathan Garrison
Lindenwood University's Butler Loft

Art Bazaar to put LU students', local artists' talents on display

Jason Wiese
Culture Co-editor

The upcoming Friday Art Bazaar, set up by Lindenwood students, will allow students and local professionals to put their own artwork on display. This is the first art bazaar to be held in St. Charles. It will be hosted and open to the public at the Grand Old Opera House on March 21 from 6-8 p.m.

"Lindenwood University does a very good job of developing artists who are talented," said event curator and LU student Erin Brown. "Our halls are always filled with beautiful examples of pictures and paintings and sculptures. The Friday Art Bazaar is a way to get their art out into the real world."

Freshman art major Zac Farmer said that within two weeks after the show's announcement, "We have had 150 submissions. The biggest art show Lindenwood has ever hosted was 180, and that was the student art show, [which] professors actually require students to submit to. Our show is not required. So, the fact that we have made almost the same size art show in less than a month is incredible."

He adds that attendees should expect "professional work from people who have done stuff all over the country [and] people who are just starting out. People are going to get a very well-rounded aspect of the art world."

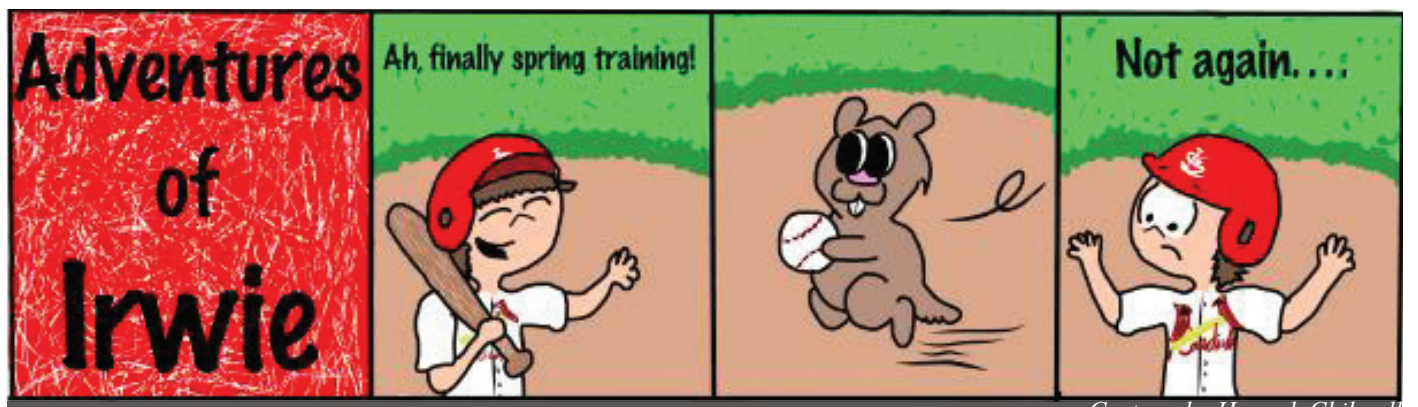
"There will be sculpture, paintings, pottery, drawings and more," said Brown about the variety of art forms to be displayed at the bazaar. "It will all be affordably priced, too, with prices ranging between \$25 and \$250."

Featured artwork will be on sale to give student artists, as Brown puts it, "a chance to experience the excitement of sales for themselves." She added that it carries on the LU tradition of preparing students "to enter the workforce ready to become entrepreneurs, freelance artists, art teachers and a variety of other jobs."

The Friday Art Bazaar will include free entry, free food, a cash bar and goody bags as prizes, sponsored by Dick Blick Art Materials. For more information on the show or to submit any artwork, search "St. Charles Friday Art Bazaar" on Facebook.



Image from Facebook event page



Icarus Account prepare for Lindenwood performance

Cayla Brown
Staff Reporter

For a relaxing evening to finish off midterms, The Icarus Account and Equal Squeeze will be performing in Butler Loft tonight, beginning at 6:30 p.m. until 9 p.m. for a coffee house style concert.

"The concert is mainly just a way for students to get out of their rooms and enjoy a relaxing evening after the craziness of midterms has finally passed," said CAB President Elise Schmidt.

Opening the evening is Equal Squeeze, who opened for Mayday Parade and The Maine at Lindenwood for its Homecoming concert in 2012.

The St. Louis-based 5-piece pop-punk band has also opened for artists such as Go Radio and Man Overboard.

They recorded their first EP, "Tricks Are For Squids" in 2011 and released a single entitled "False Hope" in December 2012.

The Icarus Account, an acoustic duo comprised of twin brothers Ty and Trey Turner, are also gracing Butler Loft with their presence.

"We are excited to play!" said Trey. "We always love coming to colleges because you have an older, independent crowd that appreciates all different kinds of music. And we love hanging out with people and college is the ultimate 'hang out' atmosphere so that



Image from mousertime.blogspot.com

makes it fun for us."

The brothers have performed around the country with bands such as Lion Among Men and Storm the Bay and recently performed at South by Southwest, an annual nine day nationwide film, interactive and music festival held in Austin, TX.

Since starting the band in 2006, the Turners have released five albums with a sixth one being released on Aug. 28.

"I think the students can expect to have a fun, laid-back night with some good songs and, hopefully, funny jokes," said Trey. "We will mix some things up a little bit so I think it will be appealing and entertaining, even for people who don't normally care for acoustic music."

Dogtown parade brings St. Patrick's Day joy



Legacy Photos by Michael Sprague

Dogtown, the predominately Irish neighborhood of St. Louis, put on their annual St. Patrick's Day Parade Monday. While many parades and celebrations were held over the weekend this parade was held on the actual date of St. Patrick's day. The event was covered in the color green and put several Irish traditions on display.



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Spring Tips: Get in gear for the new season

Killian Walsh
Social Media Editor

Spring is rolling in and it is long past overdue. We have had one of the longest winters the Midwest has seen in a while. Although the weather is finally starting to improve, it is still hard to kick our cold-weather negativity. We have been cooped up inside, lazy and unproductive for too long so here are a few tips to get us motivated for the spring.

1) **Purchase new clothes.** Invest in a few spring shirts, some shorts or capris. New things always boost mood and the new outfits can make you feel fresh as the weather starts to warm up. Put away your baggy sweaters and yoga pants and break out some dresses. It is that time. Get some Vitamin D on your skin. It will thank you.

2) **Download some music.** Make a list of the hottest new songs, whatever genre makes you happy. Make yourself a CD and put it on full blast with your windows down. If you are not instantly in a spring mood after this, stop reading because nothing can help you at this point.

3) **Get some exercise.** Now that it is getting warmer, there's no need for you to hold onto those extra pounds that were keeping you warm. It's time to get healthy: get outside and go for a walk. Your lungs are tired of breathing in the scent of your dorm room and could use some solid fresh air.

4) **FRESH PRODUCE!** Fruits and vegetables are starting to get in



Legacy Photo by Annette Schaefer

season. You do not need to stock up on comfort foods anymore like hot cocoa and soup. Make yourself a fresh salad and chop up some fruits. It will make you feel good to have fresh ingredients in your body again after a long winter of mac and cheese.

5) **Take some pictures.** Flowers blooming, birds chirping and kids outside playing basketball are all awesome for your Instagram feed. They not only put you in a better mood, they bring out the spring in your followers as well. When you take pictures of these things, you are paying attention to details and can actually appreciate them.

6) **Spring cleaning.** It is called that for a reason: get rid of all the stockpiles you collected over the winter and clean up your house. Get

rid of the clothes that no longer fit to make room for the new ones. Throw out the notebooks and old tests from last semester. You can start a nice fire with your biology notes and roast some marshmallows. Clean out the food that has sat in your pantry since summer. Sweep, mop and Clorox wipe everything. When seasons change, people are bound to get sick so trust me: you will thank yourself for keeping a tidy living space.

Spring is here, whether the thermostat says so or not, and you need to get yourself motivated.

The winter lasted forever but now it is over and it's time for us to move on.

Getting yourself in gear will no doubt bring out the spring spirit in you and can do wonders for your attitude.

Fashion designer and rock star girlfriend dies of apparent suicide



Image from mycix.com

Madeleine Heppermann
Co-Editor-In-Chief

The fashion world is mourning the loss of another designer after L'Wren Scott was found dead in her Manhattan apartment on March 17.

A former model and celebrity stylist, Scott launched her self-titled fashion line in 2006. Her designs have been worn by actresses Sandra Bullock, Angelina Jolie, Nicole Kidman, Sarah Jessica Parker and even the first lady Michelle Obama. Her most recent design collaboration was to create a capsule collection for retailer Banana Republic.

According to an article on nydailynews.com Scott was found hanging from a scarf on a doorknob in her apartment by her assistant. The NYPD have thus far ruled her death a suicide.

Scott is the long-time girlfriend of Rolling Stones lead singer Mick Jagger who said through a spokesperson that he is "completely shocked and devastated by the news."

Scott was 47 years old.

Food Review:

The Crooked Tree
St. Charles, Mo.

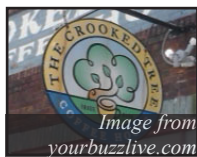


Image from yourbuzzlive.com

Natasha Jahanshahi
Staff Reporter

One of many coffeehouses in St. Charles is the Crooked Tree. It is located on 559 First Capitol Drive, close to main street, and if you are on your way to main for a browse at the shops, or are planning a coffee date with friends, you might consider stopping by The Crooked Tree.

The Crooked Tree is open every day of the week, and has a large menu with every thing from espressos and lattes, in a bunch of different flavors such as hazelnut and raspberry, to lunch and brunch menus. On weekdays from 2pm to 6pm, the little coffee house has a buy one get one free on lattes.

The Crooked Tree coffee house has a really nice atmosphere when you first enter the doors and is quite homey. There are paintings on the walls, couches and chairs, and the menu is written on the wall with chalk which adds a nice, charming touch. My friend and I enjoyed our flavored lattes at the cozy coffee house, where there is a lot of space to sit and chat and have fun with your friends.

The employers were welcoming, and the coffees were ready soon after we had ordered. I would definitely recommend The Crooked Tree coffee house if you are looking for a new coffee place to hang out and enjoy a nice cup of coffee, a lunch wrap, or maybe a piece of cake.

Book Review:

"Grim"
by Various Authors



Samantha Triplett
Contributing Writer

"Grim," a collection of short stories based upon the classic and dark fairytales of the Brothers Grimm, takes some of the best voices of the Young Adult genre and spins a set of shocking tales sure to delight just as much as they disturb.

As with any anthology, there are high and low points amid its contents, but even the worst stories of the lot are entertaining. Brief, yet enchanting, each entry captures the dark essence of fairytales and mixes it with the quirkiness and wit of modern culture and writing.

Ranging from settings in the modern world to fantasy lands and even to science fiction futures, "Grim" is not limited by traditions or stereotypes.

The collection is an excellent read thanks to its variety and its contributors. Including talents such as Ellen Hopkins, Amanda Hocking and Claudia Gray, there are seventeen authors involved in the project, so there is a little something for everyone. Like a sample of ice cream, each story gives a taste of the author's style at its best.

The short stories are definitely for more mature readers. From an incestuous obsession to cannibalism to a band which enjoys the act of skinning people, the subject matter can be gruesome, but that is what makes the collection so strong.

Without sugarcoating its roots, "Grim" is a breathtaking knockout of an anthology. Anyone looking for something darker than the usual fairytale retellings lining bookshelves today will not be disappointed by this collection.

Music Review:

"Girl"
by Pharrell Williams



Image from computeraudiophile.com

Emilie Sondergaard
Staff Reporter

Pharrell Williams has been in the music industry since 1992 and over the years has produced songs for Britney Spears, Jay-Z and Mac Miller. His latest hits are "Get Lucky" and "Blurred Lines".

He has now released a new album called GIRL and it is safe to say that there have been high expectations for this album since his latest bestselling songs.

The album features 10 songs and it is definitely different than the previous album he released in 2006. The first song on the album is called "Marilyn Monroe." In this song Williams tells the story of how he doesn't fancy any of the beauty queens who have gone down in history. This could also have something to do with the fact that he recently got married.

The song that has had most success so far from his album has to be the song "Happy". This song catches you right from the beginning and puts you in a good mood.

Overall the album has a good flow to it and is very catchy. You can tell with this album that Williams has come a long way since he starting producing. Definitely an album worth listening to.

Movie Review:

"300: Rise of an Empire"

R



Image from forbes.com

Jon Holden
Contributing Writer

The first thirty minutes of "300: Rise of an Empire" begin slow, for the sole purpose of catching viewers up after a seven year hiatus. The sequel to 2007's "300" tells the story about what was happening in other parts of Greece right before Leonitus's 300 blocked the hot gates

and right after the infamous battle between the Spartans and the Persians.

The Nation-State in focus is Athens, and the sole plot line is the one of the few moments in Ancient History that supplies the formation of all Nation-States to join together and fight off an ancient enemy in Persia.

The movie is ingenious when it comes to supplying killer action scenes that just make you want to do nothing else then yell "Hell yeah!" in the middle of the theater.

I have to recommend seeing it in 3D if you plan of viewing such in theaters. As a critic, it is obvious that the movie was designed to be seen in 3D and it will enhance an already action packed thriller with just a little more intensity.

I highly suggest seeing this movie. It is not as good as the first movie, but you will walk away believing that Greek warriors have reclaimed themselves as the "baddest" warriors in human history.

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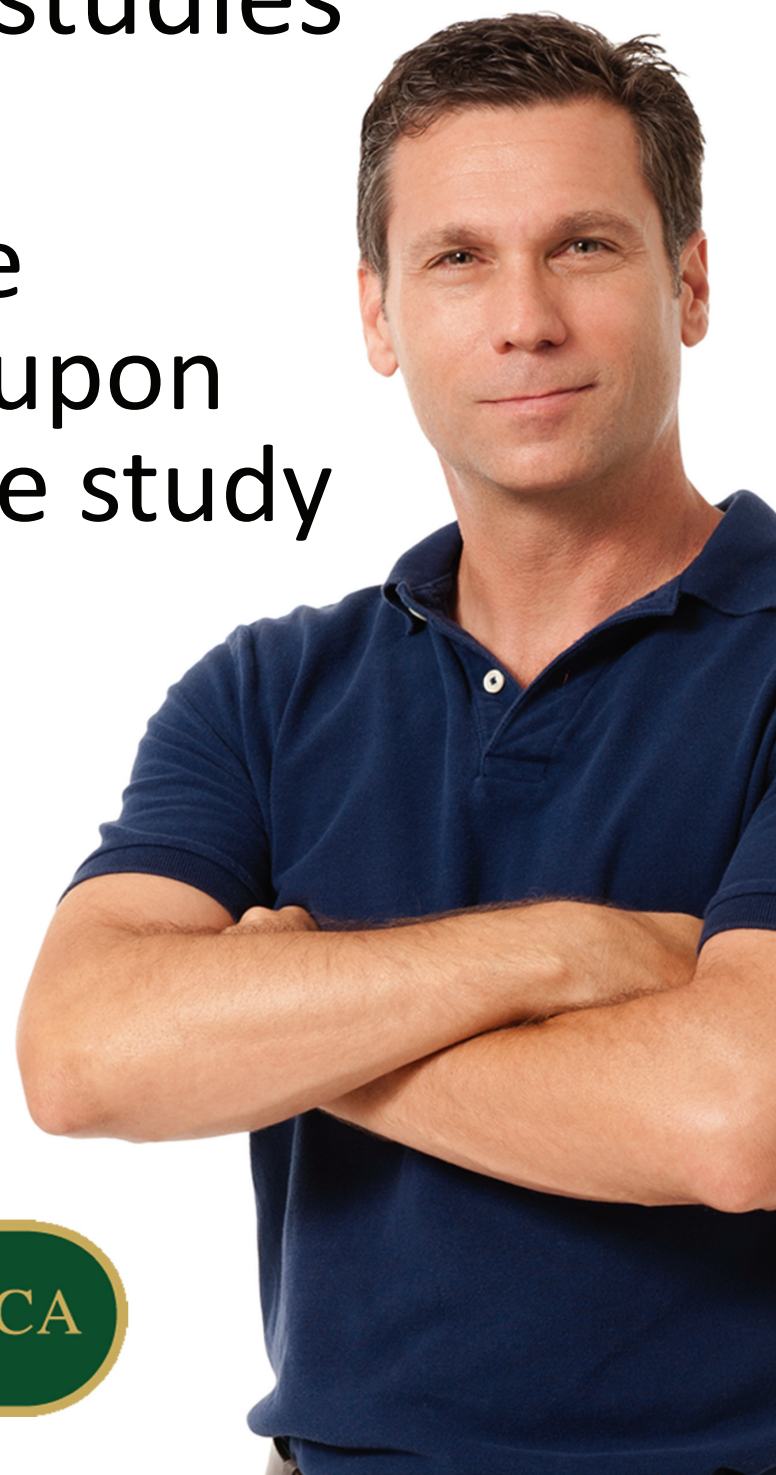
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Baseball wins four in most successful weekend of season

Phillip Scherer
Staff Reporter

The LU Lions baseball team enjoyed its best weekend of the year so far, sweeping a four game series over conference opponent Missouri Southern. The MSU Lions entered the weekend as a top 20 nationally ranked team, and had suffered only four defeats heading into their series at the Lou Brock Sports Complex.

LU began well in the first game of the series, as third baseman Ryan Light doubled home shortstop Nathan Prindle to give the Lions a 1-0 lead.

That lead held until the fourth inning, when MSU began to figure things out on offense, jumping out to a 4-1 lead heading into the bottom of the sixth inning. One of the reasons MSU was able to be successful on offense during this time was LU's poor defense. The team committed five errors during the game.

LU battled back in the sixth and seventh innings, managing to tie the score 4-4 as Light reached

base on an error by the first baseman, allowing Prindle to score.

The game entered extra innings after being tied after seven innings, where designated hitter Brandon Sugar of LU hit a game-winning homerun, leading LU to a 5-4 victory.

Game two of the series was not as dramatic as the first game of the day. After MSU tallied two runs in the top of the first inning on a triple by Brandon Weller, LU shut down the MSU offense.

LU was able to take the lead for good in the

game in the third inning, as star first baseman Mike Failoni singled home Wade Rothermich and Zach Kurzejeski. LU would add two more insurance runs to win the game 5-2.

The first game played on Saturday forced LU

to make a dramatic comeback. After the two teams were held scoreless for the first two innings, MSU tallied three runs in the third inning, including a run scoring double by Brandon Weller.

LU battled back, scoring a single run in the

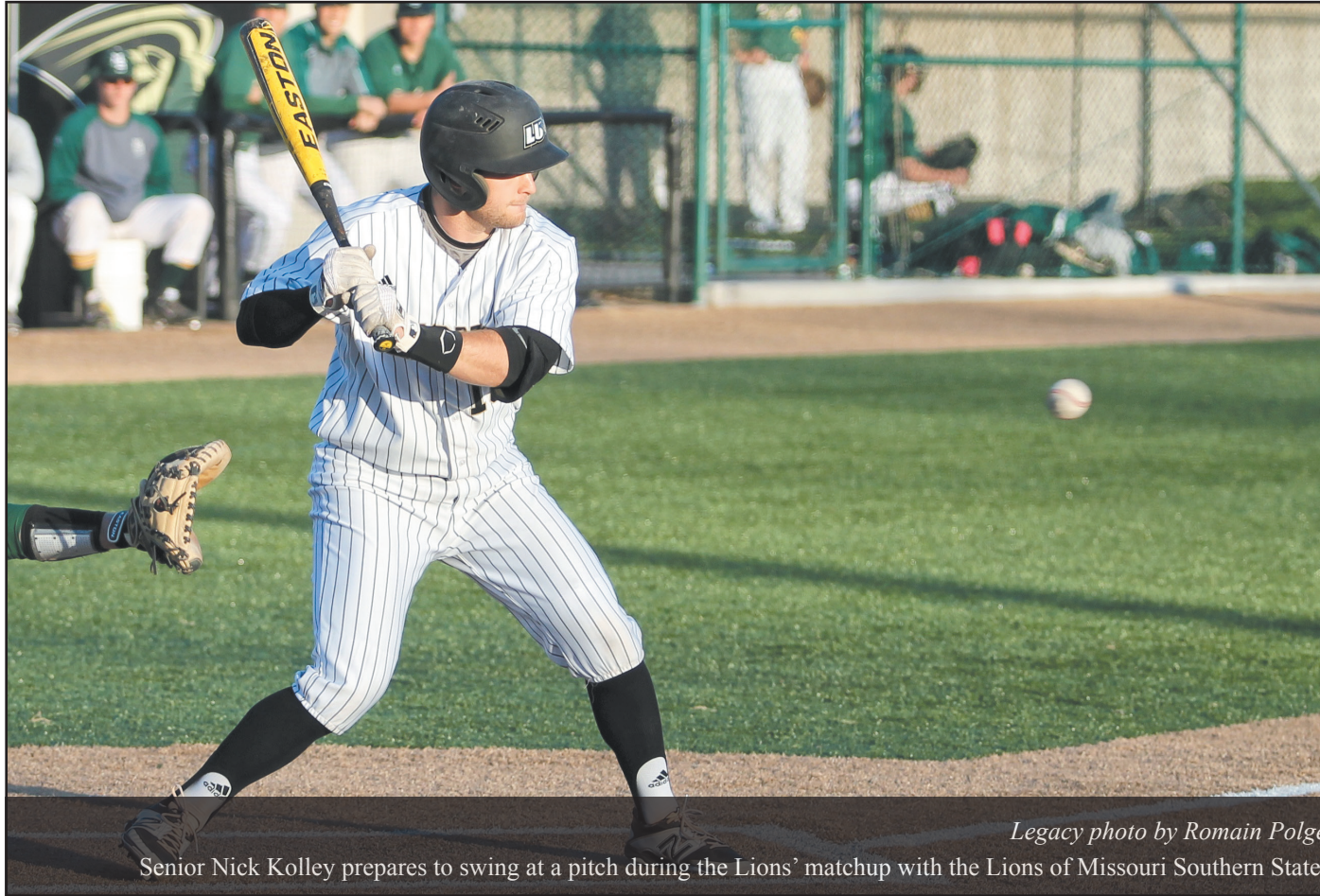
fourth inning, and tying the score an inning later, as Mike Wilson scored while Rothermich got himself into a run down between first and second base.

LU tallied a walk-off hit for the second day in a row an inning later, as Wilson singled home Marshall Vallandingham to give the Lions a 4-3 victory.

Lindenwood completed its comeback later in the day, as their offense got going early. They scored in three consecutive innings to begin the game, and jumped out to a 5-0 lead. Vallandingham tallied the most exciting run as he stole home in the second inning.

MSU made a comeback attempt by scoring three runs in the fourth inning, but the deficit was too large to overcome and LU won 7-3.

LU now has a record of 8-12 for the season and will continue its season with a game at home against Maryville University at home on Tuesday night at 6 p.m.



Senior Nick Kolley prepares to swing at a pitch during the Lions' matchup with the Lions of Missouri Southern State.

Legacy photo by Romain Polge

M. Lacrosse drops first two home games of the season against Wheeling-Jesuit and Dominican

John Tessmer
Staff Reporter

After dropping their first two games of the season down in Florida against Rollins College and Saint Leo University, Lindenwood looked to get in the win column in both of their games this weekend.

Due to the Missouri weather it was hard to get opportunities to get out on the field, whereas the first two teams LU faced have that great Florida weather to play in.

"In my opinion, it was a mental thing. We have really been working on mental toughness. In order to fix the team's mental toughness, you push them to limits of exhaustion and stress by creating a physically tough and stressful environment and still have them do their job," said head coach Jim Lange. Going into Friday's game, LU was very confident in their ability to come up with the W.

The freshman even wore their helmets around campus on Thursday. The team really wanted the school's support for the first home game of the season.

"I expect a lot of heart and hustle. Our offense

has been looking great, so I expect a high shooting percentage on the cage.

"We have a few defensive injuries. I expect us to come out firing guys have been pumped up all day," Lange went on to say.

In a well-fought game on Friday evening, it was the Lions who fell to Wheeling Jesuit, 9-11. Brandon Stuebing (2), David Corazalla (2), Carter McCracken (1), and Matt Schenk (4) all contributed to LU's goals, while Steubing, O'Donnell, Schenk and Lenz all had assists on the day. Lindenwood may have fell, but they did not give up an easy defeat.

On Sunday, there was bad weather in St. Charles, as temperatures fell to around 30 degrees with very strong winds.

Facing Dominican University of California, things did not go as planned. After giving up four goals in the first quarter, Lindenwood could not fight their way back.

Scoring just one goal in each of the first 3 quarters, Lindenwood went into the fourth quarter down 3-9 before gaining three more goals, while only giving

up one. A strong fourth quarter was unable to bring LU a win.

Contributing to the goal scoring were: Brandon Stuebing (3), Jon George (1) McNein Hewitt (1), Graeme Hossack (1), while only two Lions had assists on the day; Jon George and Troy O'Donnell each had 1.

The Lions will be on the road for their next two matchups against Mercyhurst University on March 22 and Ohio Valley University on March 29. The Lions will return to Hunter Stadium on April 5 to take on Walsh University. The Lions will be looking to turn around a disastrous 0-4 start to the season.



Senior midfielder Trey Freeman jars an opposing players' stick loose in a collision during the Lions game against Wheeling-Jesuit.

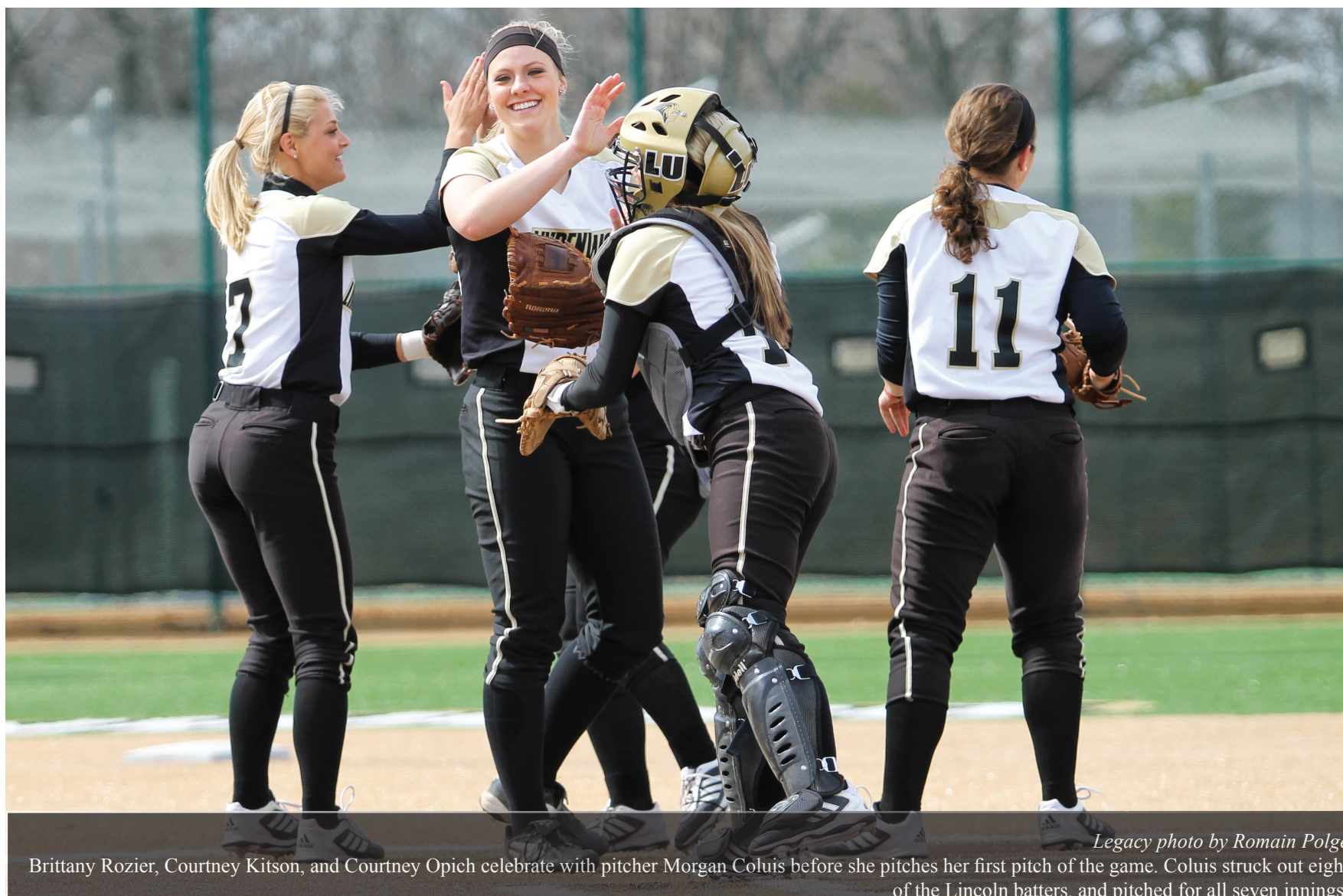
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Brittany Rozier, Courtney Kitson, and Courtney Opich celebrate with pitcher Morgan Coluis before she pitches her first pitch of the game. Coluis struck out eight of the Lincoln batters, and pitched for all seven innings.

Legacy photo by Romain Polge

Lions wrestle in Nationals at first opportunity

DJ Hicks
Staff Reporter

Lindenwood Men's Wrestling team made their selves known in their first year of NCAA Division II participation.

This season was one for the record books as the Lions sent 7 players to the National Championships in Cleveland, Ohio.

Out of those 7 players five made it to the second day of competition on Saturday, these five included: Steven Butler, Terrel Wilbourn, Marco Tamayo, Kyle Webb, and Derrick Weller.

John McArdle and Kenny Breaux did not make it to the final day but they still had outstanding seasons as McArdle earned a 18-5 record throughout the regular season and Breaux had an equally impressive record at 14-5.

After the first day of competition the Lions seemed to be in reach to do the unthinkable, and capture a gold in their first year ever at the D II level.

Going in to the second day they were sitting pretty at third place just 9 points behind the first place holders Notre Dame (OH).

In the end though the Lions finished in an honorable seventh place with two third place finishers and three other top 8 finishers, all five of these Lindenwood athletes received the first round of All American honors for the men's wrestling team at the D II level.

Terrel Wilbourn and Steven Butler were the two third place finishers for the lions, both were a couple of the fiercest competitors on the whole team this year exceeding all expectations.

Butler was a dominant force all year whenever he stepped on the mat; it showed last weekend at the National Championships as he took a 20-2 record into the third place finish match and won by a 5-0 decision over Donnel Walker of Maryville University.

Terrel Wilbourn put on a show as he came out victorious in a hard fought battle for the third place medal against Jay Hildreth, St. Cloud State, winning in a tight-knit 4-3 decision.

The three other All Americans the team now has are Marco Tamayo, Derrick Weller, and Kyle Webb coming in 6th, 8th, and 8th respectively. Overall the D II National Wrestling Championships were a great time for everyone who participated, and showed off their skills as some of the nation's best wrestlers.

Lions softball wins four versus Lincoln

Sabrina Schuppe & Ryan Oldham
Staff Reporter & Sports Co-Editor

The Lindenwood Women's softball team topped off an outstanding performance this weekend by winning two double headers against Lincoln University of Missouri.

Friday, the Lindenwood Lions took a 7-1 win in the first game.

Neither teams landed a player on base until the third inning.

By the fourth inning, Lindenwood led with four runs, and added three more runs by the fifth inning while Lincoln Blue Tigers would only grab one run.

Morgan Colvis struck out eight while going all seven innings for the win, while Courtney Opich led the Lions with three hits in

four at bat, and scored two more runs with a drive in run.

By the second game on Friday, the Lions took another 7-1 win against Lincoln.

The Lions took the lead and score two in the bottom of the third, then added two more in the fifth inning, and tacked on another three at the bottom of the sixth giving the Lions the win.

Taking on two more wins against Lincoln on Saturday, starting with the first game, and taking a drastic win of 15-6, then another great win after with a 7-0.

"Everyone played great this weekend," sophomore Brooke Miller said.

"I think coming off as good

of a weekend as we did, it gives us some promise for the games against Maryville if we can play like we did this past weekend and keep hitting we should be good."

The wins over the weekend, take the Lions to a record of 7-10 overall, with 3-3 in conference play, with 10 more double headers to play in their conference season.

The Lions' schedule is packed until their end of the season matchup with Washburn University, which is to be played on the St. Charles campus, along with the five mathups before that.

The final half of the season is dominated by conference games,

with only four double headers coming outside of the MIAA.

Those matchups include Maryville University, McKendree University, Columbia College, and Missouri Baptists University.

The Lions look to improve on last seasons conference record of 11-17, and with this season being the first time they can compete in the NCAA DII tournament, the stakes are higher than usual.

The Lions will be not be playing Maryville on Monday as scheduled, but will be playing Wednesday in St. Louis at 2 p.m. and again at 4 p.m. in a non-conference matchup, followed by a trip to Nebraska to face University of Nebraska at Kearney in a conference double header.

Lions beat McKendree and win Crossover

John Tessmer
Staff Reporter

Last Tuesday evening, facing McKendree University, a squad in its first season with a volleyball team, Lindenwood went right to work to take down the Bearcats.

"We did well against McKendree. We got some guys in there, who usually don't get to get in. We executed our game plan pretty efficiently," said defensive specialist David Poole.

Winning in a quick three set match, Lindenwood held McKendree to a -.014 hitting percentage while hitting .443 on the night.

Colin Hackworth led the squad with seven kills while Tim Schmidt had 31 assists.

Tim Hulzinga and Brandon Thompson led in assists, with eight and seven respectfully.

Following the McKendree game, Lindenwood went to Lebanon for the McKendree Crossover Tournament.

The Lions faced Barton College, Belmont Abbey College, and King

College.

"We expect to go 3-0 in the tournament. It shouldn't be the most competitive matches we've had all year," Poole went on to say.

Poole was correct about that as the Lions took down all three teams in four or less sets with Lindenwood played some great volleyball.

Taking down Barton College, Lindenwood won 25-22, 25-19, 25-14. Hulzinga had seven kills and nine digs, while Schmidt had 29 assists.

Lindenwood played even better in their second game on Friday while facing Belmont Abbey College. Winning 25-12, 25-14, and 25-18. Holding Belmont Abbey to a .079 hitting percentage, LU hit .586 on the evening.

Hackworth led the team in kills, Schmidt had 31 assists and eight digs. The last game of the tournament for Lindenwood meant another Lions win.

Facing King College (Tennessee), they took the game 3-1.

After winning the first two, 29-27 and 25-19, King College found a

way for a win in the third set, winning 26-24.

Wanting to end things after the third set, Lindenwood did just that, taking the fourth set 25-15.

Hackworth again led the squad in kills with 15, while Schmidt had 54 assists and Poole had nine digs.

Tonight, Lindenwood will face NJIT for the second time in the season. Lindenwood won 3-1 the first time they met, in just their second game of the season.

To finish out the season, starting on March 22nd, Lindenwood will have 6 straight MIVA games and then the MIVA tournament.

"We want to come out and be a different team than what those teams saw before. We're looking to have a creative offense and not just be one-dimensional. We need some wins. Some of the games we lost, we could have easily won had our mindset been there," Poole said.

The Lions, begin their stretch of conference games, and look to be a top four MIVA team heading into the conference tournament in April.



Legacy photo by Romain Polge
Colin Hackworth serves to McKendree in the weekend's 3-0 sweep of the Bearcats.