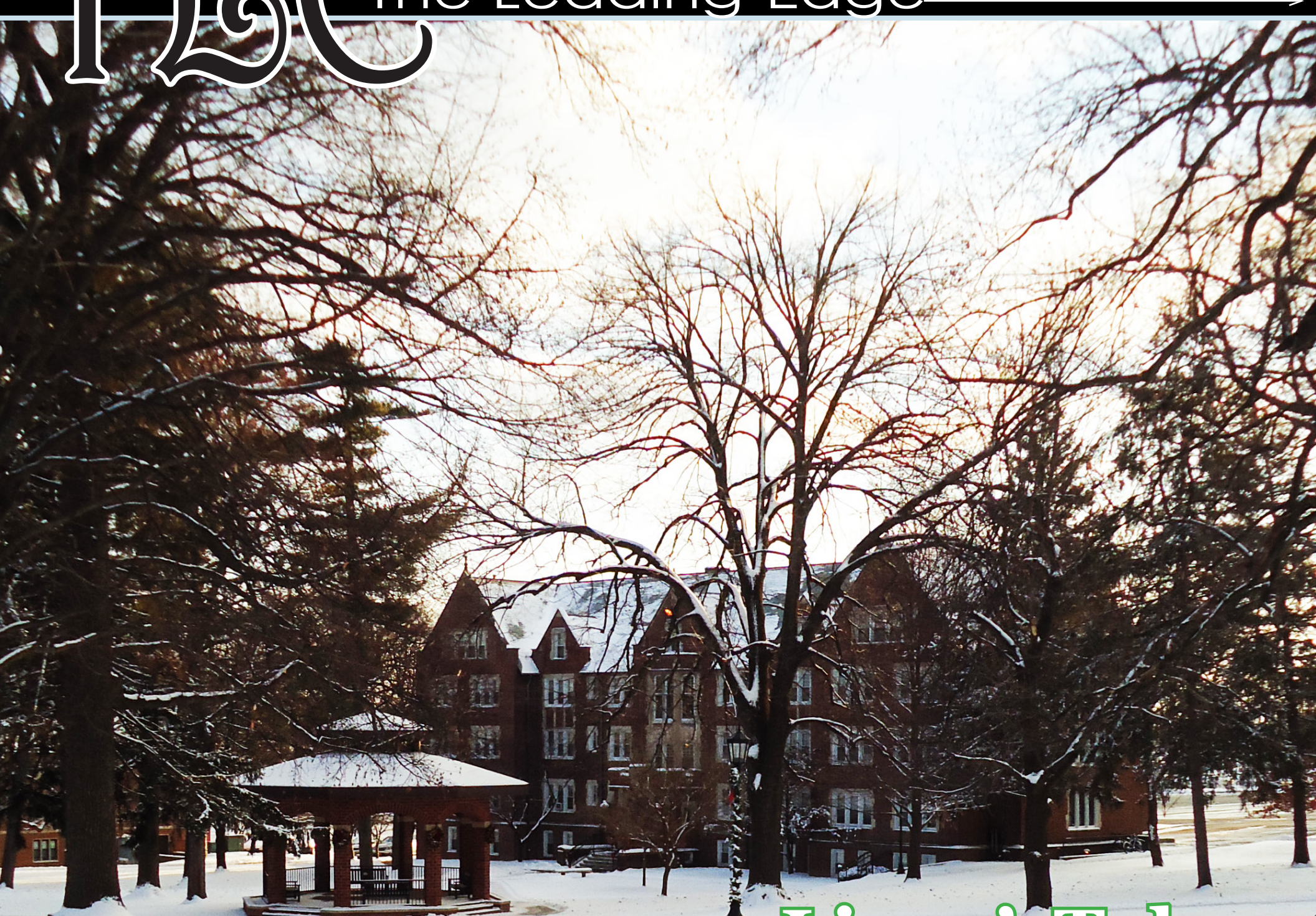


# LE

## The Leading-Edge



## Lions' Tales

Students share their original creative writing on pages 6-8

## How you can stay healthy on campus

Advice on page 19

## Style for anyone

Fashion tips and tricks on page 18

## Snowpocalypse

Read about the monumental snowstorm that affected students and their journey back to LU on page 5



## All around the world

Students reveal their unique holiday traditions and greatest memories on pages 10-13

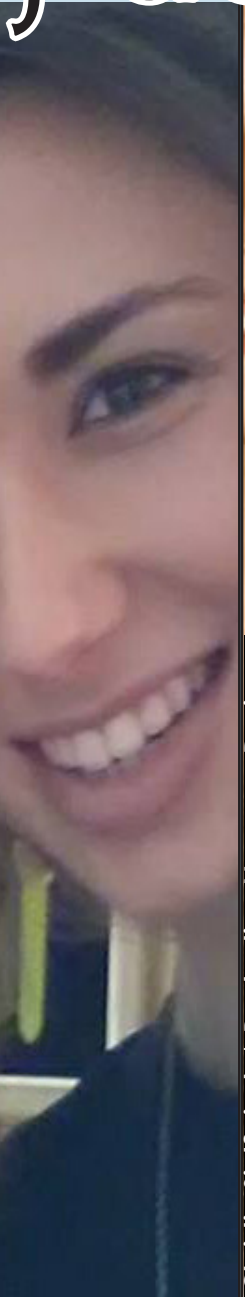


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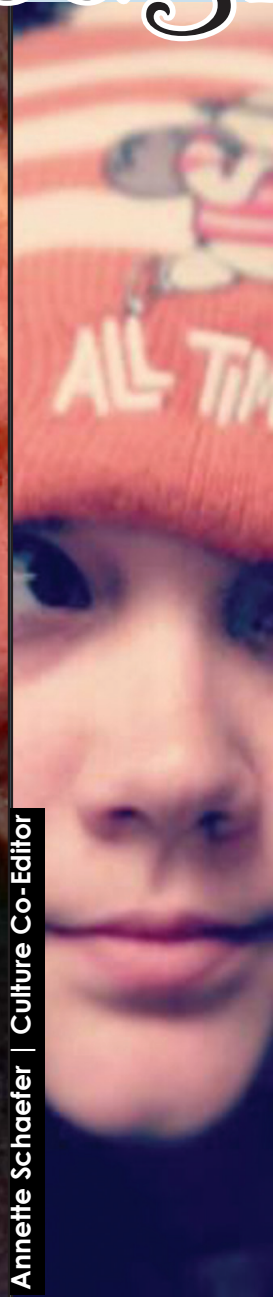
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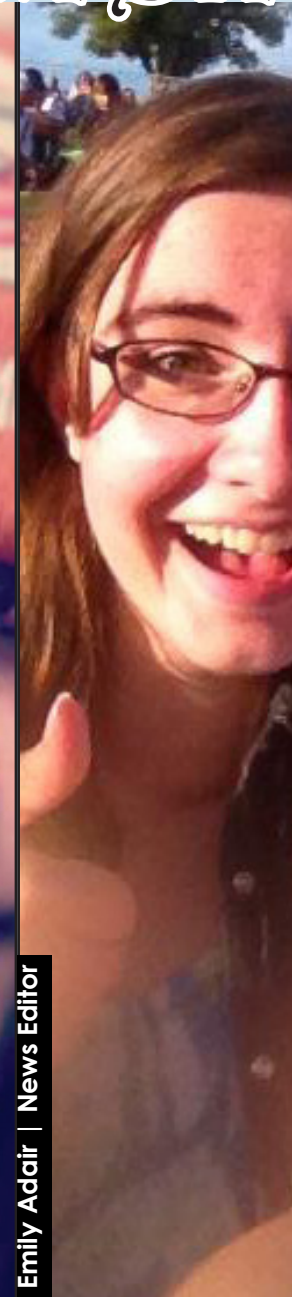
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You may have noticed that this paper is much different from what you normally see on the rack. Yes, it is still produced by parts of your hard-working Legacy newspaper staff, but we decided to put a twist on the Legacy during J-Term.

We recognized that several students wish to pursue a career with magazines instead of newspapers. From a recent survey, we realized that more people read magazines than newspapers.

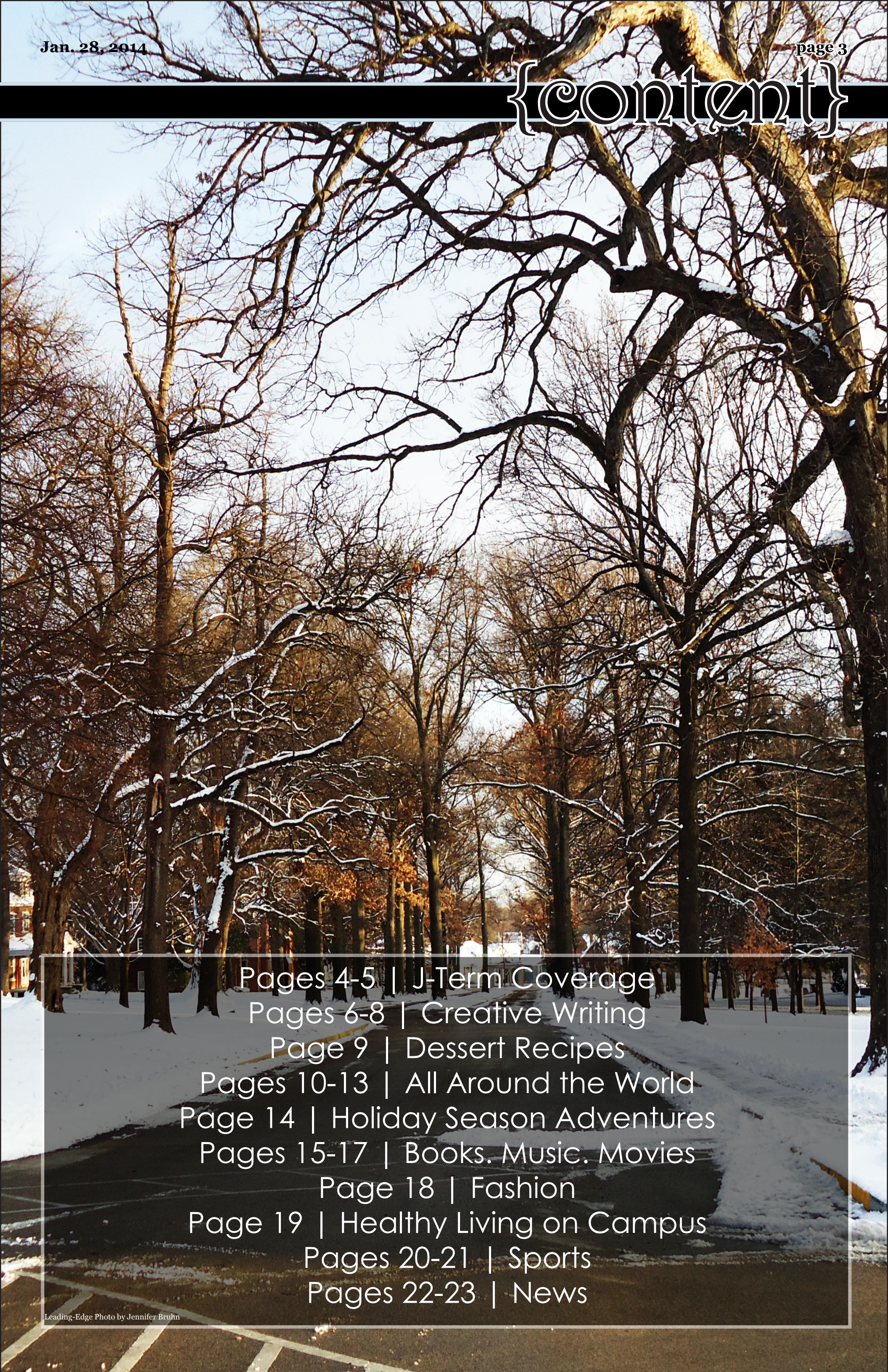
So in response to this demand, we decided to do a tabloid called The Leading Edge during J-Term focused more on photography, graphics, culture and opinion sections rather than news or sports, though these things are still incorporated.

Throughout The Leading-Edge, we covered a variety of topics, including tales from "all around the world," creative writing pieces, style advice and much more.

The staff worked extremely hard to do something new for the Lindenwood community and for ourselves.

Your feedback on the tabloid is very much appreciated. To contact us, email lulegacy@lindenwood.edu or call 636-949-4336. -Lindsey Rae Vaughn | Co-Editor in Chief

# {content}



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# Snowpocalypse 2014



Leading-Edge Photos by Jennifer Bruhn

Snowfall reached up to 10 inches this season which covered Lindenwood's campus resulting in a snow day and multiple delayed flights for students trying to arrive back to campus to begin the 2014 J-Term.



Leading-Edge Photos by Romain Polge

During J-Term, Lindenwood students put a twist on the popular "zombies" game. This year, they turned the event into a friendly version of The Hunger Games.



**Connor Johnson**  
Staff Reporter

A snow storm which some are calling the "Snowpocalypse" hit the St. Louis area on Jan. 6, leaving behind close to nine inches of snow, and preventing many people from going to work and forcing children to stay home from school.

Provost Jann Weitzel and President James Evans made the decision to cancel the first day of J-Term two days before classes began.

This move to cancel school so early is uncharacteristic of the administration at LU.

For at least the last seven years, administration has made the decision to cancel school the night before a snow storm is expected to hit, or even early in the morning of the day the snow arrives.

This time around, the administration took into account not only the 8,000 - 9,000 commuters, faculty and staff that attend the various campuses of LU, but also the students that were flying into Lambert Airport from different states and countries.

"The decision to cancel classes or close the campus is always based on the safety of the students, staff, and faculty," Weitzel said.

A rave alert was sent out to all faculty, staff and students, except essential employees such as grounds, maintenance and security who were required to work that day.

LU's website was then updated to notify the students that classes were canceled, followed by an email that was sent to inform all students, faculty and staff of the decision that was made. Finally the local television stations were called.

The administration received a generally positive response from faculty, staff and students, some of whom were stuck in airports due to flight cancellations until the second day of J-term classes. Some staff members felt inconvenienced by the effects of the cancellation.

Some non-exempt employees, employees who are paid hourly, were required to either take a vacation day, a personal day, a sick

day or make up the time lost during the rest of the week who were unable to work due to the campus closing. This effect, though required by a law known as the Wage and Hour Ruling, was perceived negatively by some non-exempt employees due to the fact that this was the first time this had happened.

Deb Ayres, vice president for Human Resources, said that because this was the first time this rule had to be enforced, employees might be confused, but staff members should know that the administration attempted to make the best decision for its employees.

"However, I'd like you to know that legally, the university does not have to provide any options for you to ensure your full paycheck. However, because the administration genuinely cares that our employees are safe and do not have their paychecks reduced due to a severe circumstance, we've chosen to provide options to assist you in avoiding this inconvenience."

## Zombies turn Hunger Games

**Jadin Kidson-Trigg**  
Contributing Writer

Humans vs. Zombies commenced Jan 18 with a new take on the rules: Hunger Games edition.

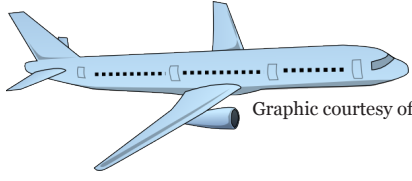
The rules don't differ too much from original Humans vs. Zombies except for the fact there are no "zombies" running around. Instead "tributes" fight against each other with guns and swords.

Mutants are then released partway through the game to bring back to life those who were already killed so they can play again. Benjamin Keeney, one of the students who helps to put on these games, said the turn out wasn't large due to the fact not all of campus has returned for the semester, but everyone who played thoroughly enjoyed themselves.

More Humans vs. Zombies are planned for the spring semester.

# J-Term coverage

## How did **YOU** get here?



Graphic courtesy of elker.com

Students detail their countless attempts to arrive safely back to LU during the snowstorm

**Jadin Kidson-Trigg and  
Lucie Brochon**  
Contributing Writers

Students who planned to fly back to Lindenwood from out of state for J-Term faced harsh weather conditions that prevented some from getting back in time for classes Monday morning.

Across the country, flights were canceled due to freezing temperatures and a severe snowstorm, particularly Midwest and East Coast airports.

Junior Deanna Mendoza intended to fly out of California the Saturday before classes began but was told her flight was canceled just an hour before take-off and the next available flight was the following Wednesday.

For two days, Lambert-St. Louis International Airport and both Midway and O'Hare airports in Chicago were closed and numerous flights were delayed and canceled when the runway froze over and the fuel in the engines began to freeze.

"It was really frustrating finding out I had to wait three more days to get back, but luckily I live in California so I stayed home until the weather conditions improved," said Mendoza.

William Bajszczack from France did not get that chance.

He booked his flight early in advance to arrive at Lindenwood in time for J-term.

Bajszczack was supposed to fly back from Paris to Philadelphia on Jan. 3. With the bad weather, his flight like many others, had been canceled.

"There was no other flight available before Jan. 7, and not even straight to the U.S. There were many connecting flights around Europe before to be able to reach the hemispheres. I had to wait to get a straight flight to Philadelphia," said Bajszczack.

Consequently, he canceled his J-term class.

Claire Salazar, a sophomore from Pennsylvania, endured the same troubles when her flight was canceled on Sunday and was informed she would fly out the next day.

Unfortunately, she drove 30 minutes to the airport and received the call her flight was once again terminated and she would be on a flight at 9 the next morning, thus missing her first day of class.

That flight was ultimately delayed to 11:30 a.m. and she arrived in St. Louis Tuesday evening.

Tiphaine Willemet from France, struggled to come back until LU after spending Christmas break back home. She flew from Paris to Chicago on Monday, Jan. 6.

The stable weather in France allowed her plane to take off, but when she landed in Chicago, trouble

began. "We were not able to get out of the plane for an hour after we landed. The bad weather caused a lot of flights disturbance, and the airport seemed overwhelmed. There were no arrival gates available for our plan," said Willemet.

Once on American soil, flight attendants informed her that her connecting flight to St. Louis was put off to the next night.

"I spent the night stuck in the Chicago airport. It was minus 58 degrees. When people were breathing, there was smoke coming out of their mouth," said Willemet.

After a long and wearying trip, Willemet finally reached Lindenwood and was able to start J-term.

Senior Steven Davis didn't have the luxury of staying at home when his flight out of California landed in Phoenix, Ariz. on Sunday morning.

Instead of sleeping in the airport, which he refused to do, he booked a couple nights in a nearby hotel until he could leave on Tuesday.

"If I could offer someone a piece of advice it would be check the weather report and follow it closely and plan ahead.

Either leave prior to the storm or be prepared to sleep in the airport," said Davis.

Many students were finally able to reach LU a few days after the beginning of J-term.



Top photo: Courtesy of Jill Falk. Bottom photo: Courtesy of JaeYong Kim  
Top and bottom: Jill Falk's Personal Branding class took a field trip to Switch, a marketing agancing on Wednesday Jan. 22.



Leading-Edge Photos by Romain Polge

**Top photo:** An MLK walk took place on LU's campus Monday, Jan. 22. Participants walked from Spellmann Center to Roemer Hall.

**Left photo:** Dr. John A. Wright was the Keynote Speaker on Martin Luther King Jr. Day.



Leading-Edge Photo by Romain Polge | Written by Aerial Niccum

Witnesses to and the perpetrator of a hit-and-run behind McCluer Hall three weeks ago have yet to come forward concerning the accident.

According to John Bowman, the director of public safety and security, the '98 four door Ford Escort was hit between 12:30 a.m. on Jan. 6 and 7 p.m. on Jan. 7. "The vehicle was hit in the right rear bumper [shattering] the bumper's plastic covering.

"The unidentified vehicle left the scene of the accident. No witnesses were located," said Bowman.

The damaged vehicle remained parked behind McCluer for several days before it was towed and the shattered plastic was picked up.

Witnesses to or the perpetrator of the accident are asked to come forward by calling Bowman at 636-949-4911 with their information.

# {creative writing}

Graphic Courtesy of firelinedwithlace.com

## INHALE

**Antonio Leone**  
Contributing Writer

*"This story is an embellishment of a semi-fictional park in the center of Prague, a stay in the Czech Republic inspired the writing."*

Inhale. Exhale.

There are no words to describe the smell of clean air.

There is no single aphorism written by any poet that truly captures the scent my nostrils engulf.

The park is deserted as the day is still young. I am the only occupant of this infinitesimal verdant portion of the world.

The only figures surrounding me are the towering shrubbery.

Their branches strive to reach the early sun's faint rays of light.

The millennial creatures' arms branch into countless fingers framed by iridescent colors.

Spirals are drawn in the trees by faded leaves as they fall to the ground fluttering gently, one by one.

Every detail of the landscape fluctuates from an apparent state of complete distortion to pure, immaculate beauty; any trace of emptiness is filled.

Stimuli that lie below the level of consciousness are awoken.

Nothing in the scene is unchanging, nothing is constant.

At every glance the wrinkles in the main stems morph, the hue

shades, leading the eye to moments of temporary blindness, leaving no time for dark or light adaptation.

George Seurat created paintings made up by many points, through which he created the illusion of a color that is not truly on the canvas.

Nature does the same.

Dots fuse in my eyes and make a glorious picture.

I create the colors.

The abstract concept of time is forgotten, the pace is marked by sensation; feeling over reason.

I am brought back to reality by the sound of approaching bicycles.

Life speeds up like the radial wheels that come down into the grassy basin.

The narrow footpaths that traverse the green sanctuary are trampled by the hordes of wayfarers on a Sunday stroll.

As energy winds among men the environment remains motionless, still conserving its overwhelming power.

Couples and children take the swings, oscillating enough to produce a metallic rasp. The moving seats' rotten joints squeal, building up to a lancinating shriek.

Noises become so loud they can almost be felt through space. I seal my eyelids in a desperate attempt to decelerate sound's wave length...

But it's too late.

## This I Believe

**Christie Sielfleisch**  
Production Manager

*"Only my close friends know that it is a dream of mine to write a book. Not a fictitious murder mystery or a cheesy love story, but my own tale. A true story based on heartbreak, love, friends, mistakes and most importantly... lessons. I'm learning everything truly does happen for a reason. So, here is a piece from my book-in-the-works about a recent time in my life when I finally started to figure some things out, thanks to a certain someone."*

No day but today... Everyone has their own reaction to this statement. Some might believe that this means they must live for the moment, the here and now. Others like me, might think there is a little more to it than that.

We all live for those moments that "take our breath away," right? A moment like Judd Nelson at the end of "The Breakfast Club" when he throws his fist up in the air in triumph.

In a movie like that, the misfits, outcasts, jocks and popular kids toss out their titles and accept each other for the person they actually are despite the prejudices of their so called "friends." Living for the day is living a life being able to do exactly what one wants in the moment they are in while disregarding past influences and heartbreaks. Moments like that are always worth the sacrifice even when they might be wrong.

Moments that cause the heart to stop are the ones that are worth the risk. Like John Cusack standing outside his love's window with a boom box in "Say Anything." Most would drive by him thinking "what a fool." But those people never stuck around to catch the end of the story, did they? What about Drew Barrymore or Michael Vartan in "Never Been Kissed?" Or Julia Roberts and Adam Storke in "Mystic Pizza?" Every character was surrounded by people telling them it could never work. So what do they do? They did it anyway.

And in doing so, they proved all the doubters wrong. They knew that it would all be worth it; the tears and the pain would be worth experiencing the love and happiness. No matter how much time they had in front of them, or little time they had left, they planned on taking full advantage of it. Because let's face it, opportunities like that do not come every day. Take any Nicholas Sparks novel; stories like "A Walk to Remember" prove that living in the moment and following your heart can lead down a road of complete bliss and satisfaction, no matter how broken the journey is.

Any girl is dying to say "just take me away" to the man of her dreams. But when that time comes, would you be ready to actually do it? Would you be willing to take that risk? Most would undoubtedly scream "yes!" without hesitation.

But I dare you to actually go through with it. I dare you to forget your fears and to stop questioning yourself. Wipe out the logic in your head screaming at you to think things through, and for once, obey the whispers by your heart begging you to go for it.

No day but today. There is much more to it than just the words. Living without regrets and living for the moment is probably the most difficult, yet most rewarding way of life.

A life like that is filled with love outnumbered by heartbreaks, and smiles outnumbered by tears. However, the regrets are outnumbered by lessons that will never be forgotten.

Maybe you're in a relationship and it's brand new. Maybe it's not serious yet, but maybe it could be. Maybe it could be love. Real love. And in knowing that, you will be able to live your life the way it has always been meant to, by simply just living... and loving.

Love until there's nothing left. There is no greater way to live.

**Either write something worth reading or do something worth writing.**

**-Benjamin Franklin**

Photo Courtesy of www.vectorstock.com

# The Greatest Day of My Life

**Cole Figus**  
Staff Reporter

Graduation caps form a rolling prairie of freshly minted college degree minds.

Some have interesting designs or writing on top, but most are decorated with beer logo cutouts from eighteen packs drank the previous night. Mine says "Pabst Blue Ribbon Fuel, America's Best, 1893."

You have to respect a brand with 19th century swag.

Last night my beer pong team kept the table eight games in a row.

I do not even know how many beers that means I drank.

The guy next to me is passed out.

Partied all night with his friends and never went to sleep until now.

I am jealous.

I passed out at five this morning and accidentally got three hours of sleep, and I did not drink enough this morning for the buzz to last very long after I got to my seat. I am still blazed, though, fortunately.

Graduation is the biggest day of our lives up to now... or at least that is what people tell me.

I have always thought of it as the routine breaking of young people.

We are told to lay the foundation of a future that will be just as money-oriented and boring as our parents' lives because they took the safe, back-up plan route and were able to meagerly raise a family with just enough success to convince the next generation not to take the risk of being happy.

Our twisted world even surreptitiously

promises the tentative heavenly spoils of retirement so that we will obediently waste the best years of our lives slaving for a greedy, cold-blooded deity called business.

I am not surprised that so few of us came sober- we are a generation of cross-faded ambitions.

The ceremony is wonderfully uninspiring, a nice contrast with its culturally glamorized image. In movies, graduations highlight a pleasant formula of some sort of a "spreading wings" avian metaphor followed by the cliché throwing of caps into the air.

Some woman of a distinguished position in the school's hierarchy, I cannot remember, gave us a rousing speech about how our generation is going to live shorter, unhappier lives than our parents, and how we are not going to get any jobs so that the only thing we can do is pray and hope that God throws pity opportunities at us.

A few people toward the back booed her.

As the name calling begins we await our turn to barter a handshake for a piece of paper that says we deserve to be rich.

Or something. I am not sure what it means, but I am also not confident that my college tuition bought me much. I at least networked well in my four years. Although I am hesitant to say that a complicated web of booty calls will further my career ambitions. "Stephanie Abberley..." I am a T...

Stephanie has been in two of my classes throughout college.

In an American

literature class last semester she wrote three papers of note: one on "The Great Gatsby" about it being the most inspiring love story she had ever read, ignorant of everyone's unhappiness in the end; another on "1984" in which she explained that she felt that the characters were overreacting to Big Brother's totalitarianism; and her final paper on To Kill a Mockingbird which she did not like for the reason that she just did not like it.

Her final grade was an A.

In a way I agree with the grade. She did write the three 500 minimum word papers.

In a biology class freshman year she stopped the class one day to remind us that evolution is not scientific fact, and that God was judging those of us who put our faith in genetics over the very real prospect of being set on fire for eternity.

Her final grade was a B. I did not agree with that one on principle, and thus my disillusionment with higher education began in my first semester.

Now Stephanie has a piece of paper that says she is educated, and she will spend the rest of her life arguing that her opinion on how evolution is not real matters because she has a college degree. She will probably narrowly lose a run for Congress.

The thought, "what the hell did I just do with the last four years of my life?" pops into my mind.

Then the guy next to me throws up on my shoes.

## In The Corner

**Lindsey Rae Vaughn**  
Co-Editor-in-Chief

Laughter and happiness filled the room. A long awaited arrival finally made its presence. The holiday season came with bountiful blessings. Together again we all were.

Though joy was all around me, I saw you in the corner, just gazing into nothing. The blessings you have, handed to you. You are given what others are begging for and some, try as they might, cannot achieve.

But, you were neglected at the same time. Not in a sense of not getting necessities. You were always given that. But the love that you deserved did not always come so easy.

I remember when you were younger and all eyes were on you. You were the new addition to the family and have been family since then. I remember telling all my friends about you and how excited I was to have a friend. I never had siblings, so this was new.

But I also remember the bad times. Yelling at you for just trying to love me, telling you to shut up just so I could get an extra hour of sleep and holding you when you had your seizures. Those were terrifying.

Nevertheless, when the holiday seasons came around, we always did something special for you. We had our traditions, things we could only do once a year, and we did them together.

As I glanced at you, in the corner of the room, bundled up, maybe not even aware of all your loved ones surrounding you, I noticed the blanket stopped moving. Your soul was gone, but your body remained.

You brought so much joy and grief in my life, but I would never trade the years we had together for anything.

Hold your loved ones a little tighter this year.

## Achievement

**Annette Schaefer**  
Culture Co-Editor

There is a mountain  
With withered rocks  
And scenic views unseen

There is a path  
With scattered prints  
And echoes of a dream

There is a valley  
With steeping slopes  
And deep dark lows

There is a peak  
With soaring heights  
Where only few ever go

There is a journey  
With futures unknown  
And beauty unharmed

There is a girl  
With fragile hopes  
And a heart left unarmed

# {creative writing}

## Marriage is Nothing to Our Souls

Cole Figus  
Staff Reporter

I know she is the girl that I will someday marry,  
but that is meaningless, worthless-  
a legal contract of the mind  
one has to sign his name for  
with hilariously defective ink  
that fades for most  
within a few years of slow realization that the  
soul had not yet spoken.  
I can officiate the terms of a loose,  
detached union, a social product  
marketed to those who have  
never epiphanied their way  
into a real fusion that would  
scoff at the idea of a man and woman  
needing church or state approval;  
I can buy her a diamond ring  
because the diamond companies tell me to;  
I can give it to her on one knee  
beside an expensive dinner  
because society tells me to;  
I can publicly declare my love  
in a white ceremony  
because my friends and family tell me to;  
I can kiss her on the lips  
on an elevated stage  
because a man of mind-religion tells me to;  
I can dance with her in a circle of our invitations  
because mind-tradition tells me to;  
but that is theatre-  
rehearse the awkward lines,  
the unnatural blocking,  
see it done over and over  
so that when it is your turn,  
you will not mess up the  
muscle memory by thinking  
or feeling actual emotion.

Love is not an imitation, it is what gets imitated.

So someday, yes, I will marry her,  
in a perfunctory nod to linearity,  
and for those with delusions of mind-religion,  
but devout soul-religion tells me  
I already have.

Annette Schaefer  
Culture Co-Editor

## The Death of a Song

Words float in an immeasurable sea  
Hasty hands grab at nothing  
Poetry cries out for melody  
Only worn ears hear them  
Rhythm dances along distant clouds  
Grey skies keep its swiftness hidden  
Ink left black, rotten, and dried  
With needful lyrics left unsung  
Strings desperate for playful fingers  
Unpracticed they wither and fade  
Inspiration long lost and forgotten  
The song dies

## The Composition of Procrastinated Word Play

Antonio Leone  
Contributing Writer

Follow me as I travel  
my feet across the  
seemingly pixelated  
patterns of my gypsum  
board encircled fitted  
carpet; inflect the  
mental projection of  
your right arm biceps  
as you relieve my  
exhausted frame up  
to the suspended  
mattress, its dead-  
skin coated axis will  
be the stage for my  
scholastically imposed  
endeavor.

May my words be  
lens through which  
you enjoy the drama  
of an all-too-realistic  
character.

Pan up, extreme  
close-up on the  
wiggling big toe, the  
twitching extremity  
of an ill-poised body  
governed by the  
uneasy mind of a  
procrastinator, the  
texture of the socks  
ruling the projection in  
your head as stretched  
as the truthfulness of  
my intentions.

Were you to place  
yourself opposite  
to my stare you  
would be fooled into  
believing that my eyes  
perspired coherent  
thoughts kindred to  
the task at hand, step  
between me and the  
semiconductor diode  
backlit display to  
uncover the sad reality  
of a blank Microsoft  
Word file.

No thoughts trigger  
the fingertips, only  
the stagnant echoes  
of nay-saying spirits  
fill the chambers of  
my noodle, "You  
don't know how to  
perform any act,  
even less write about  
it in order to instruct."  
Irregular spasms  
pervade my body,  
don't mistake them  
for a consequence of  
the seeping artificial  
temperature, they're a  
dastardly commodity

of fear and a certain  
sense of ineptitude.

The resonating  
silence of my  
oppressing solitude is  
broken by the scraping  
sound of lock and  
key mechanically  
synching, the  
entrance song of  
an academically  
prolific roommate,  
c o m p l a c e n t  
assuredness of  
scholastic fulfillment for  
the day.

In a matter of steps  
and fluent motions  
he grabs his guitar,  
placing his fingers  
on the frets creating  
operas of sound, their  
systematic flow mocks  
me as a reminder of my  
inability to create such  
an effect with typed  
Arabic.

Open your ears to  
the wall of sound and  
close your eyes, in the  
absence of present  
reading material no  
vision is needed.

As you wobble  
invisible through the  
den you can overhear  
the questions that  
trounce my eardrums,  
"Have you conjured  
up that essay? Have  
you fondled with  
the lettered keys  
that coruscate like a  
pleading nova in its last  
instant of light?"

You know my answer.  
Your verbosity tingles  
as it taunts.

You would jibe me  
underarming my axe  
wielding interlocutor  
as you anticipate my  
response, eager to join  
his fatherly snickering.  
Now empathize before  
my downwards gaze  
and pull my foot.

I stand up and scoop  
into mackintosh and  
off-white plimsolls  
before I storm out  
the room, cigarette  
already locked  
between my trembling  
lips.

As I inhale deeply,  
and the materialized  
exhaustion blends with

condensation and  
burning humectants,  
the snapshot of the  
blank page returns to  
haunt me once more,  
this time solemnly  
associated to its  
guidelines, now as  
vague and scrambled  
as an unsolved rebus.

Flash-forward to a  
steaming fag-end left  
to decomposed far  
from sight, flash-forward  
to my still fingers on the  
US keyboard, the mute  
"dream machine"  
labeled digital  
timepiece continues  
to silently mark the  
passage of time.

I need to stay  
alert and you aren't  
physically present to  
pinch me into alertness.

Chuckle if you must.

One of the  
privileges of having a  
Venezuelan roommate  
is being put at disposal  
of conspicuous  
amounts of premium  
quality ground coffee,  
an amenity that  
unfortunately won't hit  
the spot as it must have  
in the past.

Like many drugs  
caffeine loses  
efficacy in subjects  
of developed high  
tolerance.

I rest my palms on  
the surface of the  
now tepid white mug,  
courtesy of the nearby  
cafeteria, and my brain  
ignites bruxism, the  
burden of somniphany.  
Dextroamphetamine/  
Amphetamine, brand  
name: Adderall.

A stimulant in medical  
format, the blue pill  
treats attention deficit  
hyperactivity disorder  
and narcolepsy.

Needless to say  
the consumption or  
arguably possible  
abuse of such  
substance may be  
behind my excessive  
jaw clenching...

To continue reading,  
please visit:

[www.LindenLink.com](http://www.LindenLink.com).

If a story is in you, it has to come out. **-William Faulkner**



# {dessert recipes}

## How to bake: **Chocolate Caramel Shortcake**



**Katie Brosamer-Senger**  
Contributing Writer

This recipe is easy to make, consists of five main ingredients and all you need access to is an oven and microwave.

**2 cups flour | 2/3 cups sugar | 2 sticks of butter (salted) | 1 can/ jar of hot caramel topping | 16 oz. of Chocolate Chips**

Preheat oven to 350 degrees, begin by

adding flour, sugar and softened butter into a large mixing bowl. Mix together, a simple fork works fine. Then pour ingredients into the oven cookware that has been buttered and

lightly floured, and pack the mixture down with your hands. Depending on oven temperature bake for 20-30 minutes. Once finished baking add a layer of caramel

the shortbread. Next melt the chocolate chips in the microwave and pour over top of caramel. Let sit in fridge or freezer for 10-15 minutes to harder the chocolate.

## **Aunt Lisa's Pumpkin Roll**

submitted by Lindsey Vaughn



Photo Courtesy of www.ourordinarylife.com

**3 eggs**  
**1 Cup Sugar**  
**3/4 cup all-purpose flour**  
**2/3 cup pumpkin**  
**1 tsp. Baking powder**  
**2 tsp. Cinnamon**

Beat together eggs and sugar on high for 3 minutes. Add the remainder of ingredients and mix well together. Spread mixture on a greased and floured cookie sheet. Bake for 15 minutes at 350 degrees. Do NOT over bake. Place a dishtowel or waxed paper on the counter and sprinkle with powdered sugar. When cake is done place the cookie sheet upside down on towel and remove pan. Sprinkle powder sugar on cake and roll it up and let it cool.

### Filling

**1- 8 Oz. Pkg of cream cheese**  
**1 tsp. Vanilla**  
**1-1/3 cup powdered sugar**  
**4 T butter**

Mix all ingredients together till smooth. When cake is cooled, unroll and spread filling evenly over cake. Roll it back up and chill.

## Dad's Favorite Cream Puffs

submitted by Annette Schafer

**1/2 cup butter or margarine | 1 cup water | 1 cup flour | 4 eggs**

In a sauce pan heat butter and water to a rolling boil. Stir in flour. Stir vigorously over low heat until mixture leaves sides of pan and forms a stiff ball. Remove from heat. Add eggs one at a time, beating hard after each addition. Using a gallon size storage bag, fill with dough. Cut a corner and form cream puffs in spiral formation at 2 1/2 inches in diameter and 2 inches apart on greased cookie sheets. Bake at 450 degrees for 15 minutes. Reduce heat to 350 degrees and bake an additional 20 minutes. Yields 10-12 cream puffs.

### Custard

**1 8oz package cream cheese (softened)**  
**1 3.4oz box of instant vanilla or chocolate pudding (or flavor of choice)**  
**1 cup milk**

With mixer mix pudding and milk till blended well. Add softened cream cheese and mix well. Cut a hole in the side of each cooled cream puff and using a cake decorating tip fill with custard filling. Sprinkle powdered sugar on top.

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# Snow hits Cairo for first time in **112** years

**Reem Abdalazem**  
Staff Reporter

For the people of Egypt, adapting to the weather has been something in their blood for decades.

Walking under shady trees in summer and hiding under bushy trees in winter is the way they go by the extreme days.

But no extreme has ever reached as far in 100 years as Dec. 12, 2013.

Cairo, the Capital of Egypt, experienced 4 inches of snow after a decade of its occurrence.

For those who are not familiar with the

climate in Egypt, the summers are usually very warm and the winters are cold, with a constant low rate of precipitation.

Snow is something very unusual to land on the soil of Egypt and isn't often seen by the eyes of Egyptians.

The results of that occurrence turned into a beautiful assembly of all people.

Carried with enthusiasm, the excited Egyptians crammed the streets with anticipation and thrill.

Lots of creative ideas of snowmen and snow-pyramids were formed everywhere.

Because it was so unusual, Egyptians took this to another level of social media.

In s t a g r a m , Facebook, Twitter, YouTube and other social media sites were full of pictures and videos of Egyptians under a reign of a snowy day.

Also, the most exquisite thing about it is that the homeless were thought of by the well-off and were given blankets and other material necessities to survive the cold in the streets.

It was almost a reminder of what Egyptians have



Leading-Edge Photos by Reem Abdalazem  
Rather than building a typical snowman, residents of Cairo made pyramids and sphinxes out of the snow.

always been known the moment and by: one hand. the day that I knew

Seeing this happen would probably not happen again anytime soon. And it really was just a day.

In Egypt after coming back from a sea of whiteness in St. Louis, I have to say I was dazed. Surprisingly, the weather went back to winter normality; warm sun in the day and a little chilly in the afternoon.

I could not believe that the sun I was craving had become a snowman underneath my feet. I was definitely

experiencing history.

Yet I embraced

## Traveling in America as an international student

**Jennifer Bruhn**  
Co-Photo Editor

It is especially exciting for international students when a semester ends.

They often go home and see their families and friends for the first time after a long semester.

I usually travel home over the longer breaks but saw many advantages in staying in the United States this winter break.

The time in college is the last chance to have long breaks before getting a job.

You will never have as much free-time anymore as you have during your college years.

Therefore, I decided to travel within the United States instead of going home because I never know when I will have the chance again.

Traveling is also connected with getting new impressions, having experiences and adventures.

Isn't it the best time

to do so when you are still young and able?

It is always overwhelming to see different parts of the world and to explore places you've never been to before.

Seeing new things also broadens one's horizon and helps you be more open-minded in life.

Contributing to this are the people you meet and maybe even the cultures you learn about which help understand various viewpoints.

Besides that, traveling might even be less expensive for some students than actually going home. Students at LU come from all over the world; they might have to cross the whole globe to reach their families.

They would not only profit from experiences and new impressions, but also from saving a bit of money.

Even though it is always challenging to stay away from home for a long

time, traveling when studying abroad brings many advantages that should be considered.

It is possible to stay in touch with loved ones through Skype and it is guaranteed that family members won't forget you even if it will take a long time until the next visit.



Leading-Edge Photos by Jennifer Bruhn

**Top:** Lit up palm trees surround a traditionally decorated Christmas tree in order to give the atmosphere a more festive feel.

**Middle:** In Miami, it is possible to be at the beach despite the time of the year and enjoy a special kind of Christmas, at the ocean.

**Left:** Palm trees in Miami are decorated to create a Christmas feeling despite warm temperatures.

**Bottom:** Some people book an Everglades Tour to see what Florida is famous for.



# {fall around the world}

map photo courtesy of commons.wikimedia.org

## The Serendipity of Traveling

**Benjamin Bathke**  
Staff Reporter

The Russian market in Cambodia's capital Phnom Penh is a maze-like bazaar with hundreds of small and almost identical shops that offer everything under the sun.

After 25 minutes of walking through the small aisles, I was utterly lost, so I went to one of the exits to figure out where I was at.

Looking at the street to ask for directions, someone suddenly touched my back saying "Benni, is it you?"

I turned around and could not believe who was standing in front of

me: an old friend from Germany who I had not seen in at least three years. It felt like waking up at home in Germany, realizing that my Semester at Sea voyage had just been one long and irresistible dream.

Running into somebody on the other side of the world felt surreal, and neither of us could believe that this was actually happening, especially given that she didn't know about my journey and vice versa. It was simply astonishing that we had not seen each other in Germany where we grew up together for three full years but now ran into each other in Cambodia.

Semester at Sea is a study abroad program that allows students to circumnavigate the world and take classes on a ship. During my 109-day spring voyage, I got to see 13 countries and 31 cities on four

continents. When our floating campus had arrived in Ho Chi Minh City just one day earlier, I embarked on a four night trip to Cambodia.

I definitely believe that bumping into people we know when traveling will occur more often in the future as we are becoming more of an interdependent global society.

Many young people in my generation are avid globetrotters that

take full advantage of the possibility to explore the world. The fact that another student on the trip ran into a friend from back home later that day also made me think that people with a similar social and cultural background probably have similar interests and, therefore, tend to run into each other at similar places. Traveling is truly the homeland of chance.

Looking back on my serendipitous encounter, it's nonetheless hard to wrap my head around how unlikely it was to meet my friend at the market in Cambodia. I thought about how easily we could have missed each other – we would have probably never found out that we both had been at this place at the same time. If it was a mere coincidence though, wouldn't we all often narrowly miss people at places we go to, even

at home? Perhaps these perplexing opportunities exist anywhere and at any time – and we simply don't look, especially when we are in our familiar environment. Is it possible that we are swimming in an ocean of lucky coincidences but are blind to them most of the time?

Naturally, one needs to open his or her eyes wide, and that's exactly what traveling does – it sharpens your mind and makes you absorb your surroundings in a more acute way. Traveling includes chance, for when one is on the road, he tends to take more risks, is more vulnerable, leaves one's comfort zone more often, and is more willing to let himself get carried away and be amazed.

Although my friend and I had to say goodbye after 10 minutes, we both cherished our short and sweet encounter. It was an empowering and elevating experience. It's alright if we don't see each other in Germany as long as we keep running into each other in other countries – maybe on my next Semester at Sea journey in three years.

Keep your eyes open out there – you never know whose path you will cross!



## My trip to Canada

**Deborah Starr**  
Staff Reporter

When I tell people I am going to Canada, they always assume I am headed to the Arctic. The moment I say Canada, they think of polar bears and penguins.

I think partially they are joking, but at the same time I think Canada has a stigma of being freezing cold.

Now, normally I would try to argue this theory. Canada does have a summer season, and you don't have to wear a winter coat 365 days out of the year.

However, there isn't much I can deny about their perceptions about my winter break in Ontario. I spent 10 days in Ottawa, Ontario, the gorgeous capital city of Canada.

I go there at least three times a year, almost always for winter break.

I'm not going to try to say it's a warm place by any means.

There is snow on the ground from early November until mid-March usually. But when it comes to the temperatures, normally it isn't so bad.

I wish I could say that about this break. I love snow. I love all the activities that come with snow.

The moment I booked my plane ticket I began planning my days of ice skating, sledding, snowboarding and playing hockey.

It was going to be a

vacation filled with fun outdoor activities.

Unfortunately none of that happened. The stereotypes that people often tag on Canada seemed to be quite accurate the week I went.

With record-low temperatures of minus 40 degrees Fahrenheit, it was literally colder than the arctic.

Needless to say, my vacation was filled more with card games and shopping trips than hockey and sledding.

On the news there was talk of frostbite conditions and warnings against going outside unless absolutely necessary.

Now when I said earlier that I loved snow, I meant that I love when I can enjoy it. There was nothing enjoyable about this snow.

Of course it wasn't so bad if every inch of your skin was covered.

But the moment you took that glove off, there was the chance of your hand falling off.

While you may be reading this and thinking that my trip was absolutely miserable, it definitely wasn't.

It was filled with great memories, lots of fun, lots of laughs and even more love. I write all of this to say, next time you think of Canada as being one of the coldest places on the planet, well you just may be right, at least for the week I was there.

# The Road: A trip back home

**Gustav Gropp**  
Managing Editor  
LindenLink

The purpose of a trip is ideally to go and experience something wholly different from the circumstances we have created for ourselves where we currently reside.

This December, I had an invaluable trip back home to South Africa, the Motherland.

It was all quite a mess the week before, and in-between the almost-missed goodbyes, finals week, and the responsibilities and paperwork that international students must wade through in order to study in the land of milk and honey, I managed to make it through four different countries without being arrested for overlooking something.

Travel inspires a different mindset in its students.

To make a journey that takes 20 hours by plane, excluding packing time, travel to and from airports, layovers and customs, is tiring.

You are completely unidentifiable from millions of other travelers except by your tickets, and even less special than mom told you you'd be – especially when you stand wide-legged, arms overhead in those new customs x-ray scanners.

That being said, it is much easier to ignore the boring parts of travel when it's finally time to actually hit the road.

It was about time that I spent some quality time with mum, and even more so now that my brother officially lives in Abu Dhabi with my dad and my sister spends her time doing contract work in Equatorial Guinea, West Africa.

All the kids have left the nest, and by 'nest' – at least for my immediate family, I mean country. So the road trip began, 13-hour drive from Pretoria, all the way down to George on the coast.

We drank South African wine, I took a nature shower

next to an art studio, and met up with my best friend all in the space of three days.

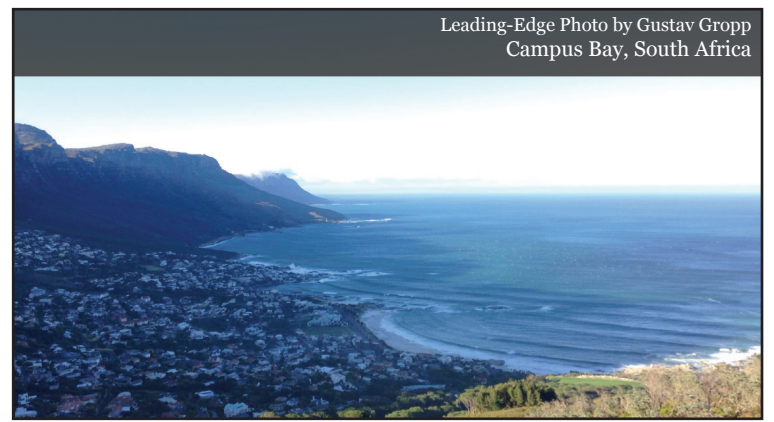
However, 11 days in South Africa cut time to a short stay in each location. Nextstop, Cape Town.

After traveling for five hours through wine country – Robertson Valley – mum and I were in The Mother City.

I spent my time touring the oldest private school in the Southern Hemisphere, drinking phenomenal local beer, eating too much Biltong (it's better than jerky), and managed to squeeze in some good time with a rather remarkable friend, who just moved up to Johannesburg to continue his part as Rocky in the Rocky Horror Show Stage Production.

Now to those of you who might think a road-trip with mom is just about the last thing you'd want to do with your time.

It's ok, that day will come. Mother's have this amazing ability to love without



Leading-Edge Photo by Gustav Gropp  
Campus Bay, South Africa

requirement, and give without hesitation, bless without a second thought, and re-instate a sense of wellbeing.

This is all stuff we need in order to learn more about the world around us, as well as ourselves.

We spent time with old family friends and then made our 15-hour drive up to Johannesburg where we spent Christmas with mum's side of the family.

My eldest cousin just gave birth to Mia Louise, at 3.1kg, 50 cm.

I finally had to pack up and head home (or back, I don't really have my own space yet), and this time instead of flying through Amsterdam, I flew through Paris.

Both of these countries were just layovers, and I wouldn't say I've been to them exactly, but the French authorities, as well as

those in Amsterdam still have the ability to detain me should my documentation be out of order, hence the statement above about being arrested.

It's a real thing. What, might you ask what has travel taught me this time?

Perhaps it out to be put like this: Travel does not teach us as our professors do; rather it brings our attention to the nature of things, the bigger picture.

"Everyone you meet is fighting a battle you know nothing about. Be kind. Always." Learn, observe, and travel.



Graphic courtesy of bu.edu

## United States and Germany

### The differences between Christmas traditions



**Jennifer Bruhn**  
Co-Photo Editor

Studying in a foreign country means getting to know another culture.

Besides different values and everyday habits, contrasting traditions can be best seen during the holiday season.

The winter break reminded me of the various differences there are between German Christmas and American Christmas traditions.

Most obvious to the eye are the

decorations.

Whereas houses in America are often decorated very colorful and bright, most German houses have discreet decorations and would view the American decorations as "kitschy" or tacky.

Our Christmas trees are usually real fir trees and are not made out of plastic.

For many, the smell of the tree is part of a Christmas atmosphere.

The biggest difference is the day we celebrate and

exchange presents.

For us, it is common to get together with the family on Christmas Eve and exchange presents.

When there are children in the family, Santa Claus comes in person and gives the child the presents.

Here, however, children put milk and cookies in front of the chimney and get their presents on Christmas morning since Santa came through the chimney over night and put them under the tree.

Also, many German traditions are missing in the United States.

For example, children are used to having a so-called Advent calendar.

It serves to help await the time until Christmas Eve.

They open a door of the Advent calendar every day from Dec. 1 to Dec. 24 which brings excitement until the desired celebration is finally there.

Some people make the calendars themselves and put little gifts inside but most

consist of chocolates.

The Christmas market can only be found in major cities in the US.

It has hot drinks and special candy where people spend time with family or friends to get into a Christmas mood.

It is almost impossible not to stop by when doing the Christmas shopping in German cities.

Despite the many distinctive traditions, we all have the same thought behind the celebration - the birth of Jesus.

# {all around the world}

map photo courtesy of commons.wikimedia.org

## My Taglit-Birthright Trip to Israel

### A tale of an organization that gave an unforgettable and rewarding trip

**Cole Figus**  
Staff Reporter

For 10 days this winter break I traveled to Israel with a Taglit-Birthright group and explored the country.

This nonpolitical program allows young adults throughout North and South America of Jewish ancestry to discover and connect with the land and state of Israel.

The signup process is surprisingly simple, and people with ancestors who were affected by the Holocaust are especially likely to be admitted into the program.

There are a multitude of groups to choose from within the Taglit-Birthright umbrella depending on what type of trip you want including characteristics such as outdoors, urban, adventure, secular, religious and LGBT.

I chose to go on a secular trip, and my forty-person group subsequently was filled with people just as unreligiously interested in their Jewish heritage as me, which made for a more enjoyable trip.

Along with three counselors, one Israeli, two Americans and seven Israeli soldiers

accompanied our group; one armed for safety, and the other six as civilians to show us their country.

The forty people in my group were all very easygoing about the adventure and we all became close with the soldiers and each other while exploring Israel.

My trip began with a twelve-hour flight from New York City to Tel-Aviv and the trip presented a whirlwind of activity packed into each of the ten days. Tel-Aviv was the world's first Hebrew City, and is today a scene of massive urban sprawl bursting with much of Israel's culture.

Especially important is Independence Hall, the location in which Israel's first Prime Minister, David Ben-Gurion, declared Israel's independence with the end of British Mandate rule making Theodor Herzl's dream of a Jewish state come true.

Next we traveled to Zevot, a 16th century city packed with religious importance and history whose narrow streets and ancient architecture mix with modern construction.

We sat in on a presentation given by a psychedelic Israeli painter who

had immigrated to the country from America in the 70s, and he discussed his tranquil life as an artist incorporating art from the Jewish mysticism of Kabala.

This city is a magnet for devout Jews both within and outside Israel, though the majority of the country is surprisingly secular.

My group spent three days in Jerusalem, a beautiful city seemingly carved out of the rocky terrain it inhabits, and saw some of the world's most sacred places. The gate of Jerusalem's Old City that we entered was riddled with bullet holes from Israel's 1967 War, though inside the pristinely maintained, millennia old bricks and mortar contrasted with the bright neon of signs of contemporary fast food places.

We walked through a security checkpoint to the Western Wall, and the men walked left while the women right, to gender separated lengths of the wall.

The men's side was of course double the size of the women's side as gender equality is not quite Judaism's most valued ideal.

In Jerusalem we also visited Yad Vashem, the powerfully poignant Holocaust museum, and Mt. Herzl, Israel's

most sacred cemetery that memorializes Israeli soldiers, political leaders, and victims of terrorism.

We went barhopping on our last night in Jerusalem, and had mixed success trying not to be screwed over by Israel's pervasive haggle-style economy.

Other activities of interest included climbing to the top of Masada, an ancient palace and fortress of King Herod that saw a Jewish mass suicide ending the Jewish revolt of Roman rule, staying in a Bedouin community that offered hospitality and camel rides in the desert, swimming in the Dead Sea, and seeing the Syrian-Israeli border from an obsolete military base overlooking a tiny United Nations base trying to preserve the peace.

The Birthright trip connected me to the land of Israel and my Jewish heritage, and I definitely recommend that anybody of the Jewish faith or just with Jewish ancestry check out the program.

The trip is almost entirely free, and the program has sent hundreds of thousands of people to Israel in the last decade and a half.



Leading-Edge Photo by Cole Figus  
Riding camels in the desert.

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Graphic courtesy of operationworld.org



Leading-Edge Photo by Cole Figus  
An Israeli soldier praying at the Western Wall. The Western Wall-men on the left, women on the right.

# {holiday season adventures}

## Great gifts from the Holiday season

Michael Sprague  
Style Editor

The holiday season is long in the past. Still, the joy that come out of giving or receiving a great gift can stick with a person for a long time.

As children, gifts are more based on want instead of need. As wisdom is gained with age, gifts start becoming practical and sentimental.

Student Sandra Chimanda gave a Leapfrog Leappad and educational books to go along with it to her 2-year-old nephew to help him learn to read.

Chelsey McMichael, a member of the weightlifting team, said her parents gave her a gift of real value.

"They got me new weight lifting knee wraps because I needed new ones," she said.

While value and sentiment varies from person-to-person, David Amelotti found it in his gift because of the nostalgia.

"I hadn't received a lego set in like 10 years, but I loved them as a kid. I also love Star Wars, so it was really the perfect gift."

Some photos of valued gifts have been shared with the Leading Edge and can be seen below.



Leading-Edge photo by Emily Adair  
Sophomore Victoria Francis received a quilt made out of some of her old t-shirts. Her stepmom combined t-shirts from both highschool and college to create the quilt.

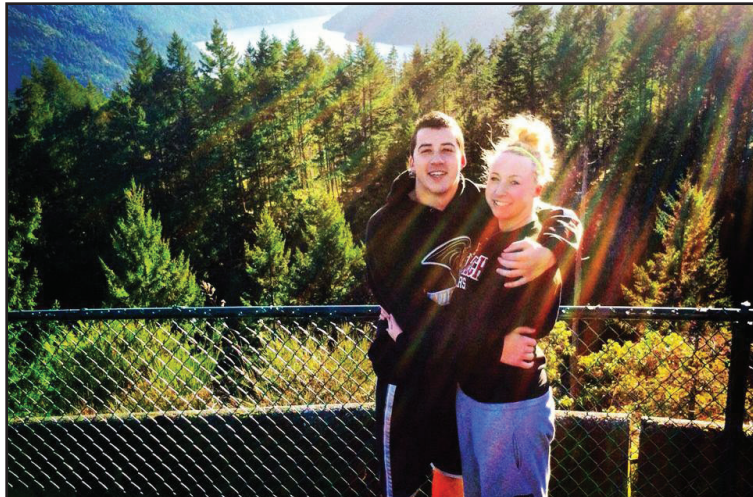


Photo courtesy of Jonathan Davies  
Jonathan Davies received a trip to Canada from his girlfriend, who is from Victoria, British Columbia. Davies said they saw killer whales and an 800-year-old tree among other sites.



Photo courtesy of David Amelotti  
David received a Star Wars lego set from his younger sister. He says that he hasn't received a lego set since he was a child and loves Star Wars, so the gift was perfect.

## New Year, new resolutions

Lucie Brochon  
Contributing Writer

With New Year's also came the time of new resolutions.

People have taken New Year's resolutions around the world for a long time, but how many people know where that tradition comes from?

It was thousands of years ago when the Babylonians first chose the beginning of the New Year to improve their behaviors.

At this time, they were promising to their god to return borrowed objects used for their agricultural crop.

Millennia later, the tradition stayed but the goals have changed.

For LU students, New Year resolutions seem to be a positive way to start 2014.

As a general opinion, setting goals for the beginning of the year gives them an opportunity to change, to start fresh and to better oneself.

At the top of the New Year's resolutions list for LU students, working out seems to be the number one goal, followed by eating healthy, being more studious, saving money and quitting smoking.

This year, freshman Kendra Smith, committed herself to work out and stop eating junk food.

Determined to stick

with her New Year's resolution, she knows how to keep her motivation.

"I tell myself I have to do it, and then if I do well, I allow myself a little treat once in a while," said Smith.

Some students have a clear idea of the changes to make to improve their daily life in 2014, most of them decided to pass on New Year Resolutions, breaking down the tradition.

Many consider New Year's resolutions as a fairy tale, which would end up as a failure.

"I don't take any New Year's resolution, because I know I won't keep them," said student Tony Blend.

Lack of determination, choices not truly considered and unrealistic goals are reasons to give up.

"New Year's resolutions are easy to wish, but when it comes to achieving, it asks for a lot of willpower," student Jorge Jaramillo said. Others simply reject the tradition.

"I don't need to make New Year's resolutions. I can better myself anytime of the year," said freshman Becky Koopman.

If the new year brings hope and positive thoughts to students, most of them will conquer 2014 with their New Year's resolutions.



Photo Courtesy of crossmap.com

# {books.music.movies}

## World War Z book review

Katie Brosamer-Senger  
Contributing Writer

World War Z. The title might sound familiar, but don't be confused by the recent movie made, starring Brad Pitt, with the same name. While the movie is lightly based on the book written by Max Brooks, it shares very few points in common with the movie.

The book takes you through multiple perspectives from supposedly real-life people who experienced the war with the zombies first hand. The stories are told in interview fashion to an agent of the postwar United Nations.

His goal is to give a real history account of the war through the eyes of the people who experienced it up close.

Brooks is remarkable in the way that he can essentially become so many diverse personalities with each character having their own unique way of telling the story. In many cases their story ends so abruptly that you wish you could hear just a little bit more from that perspective.

Instead you are thrust into the mind of yet another person with a different take on the same story.

What I think is most interesting or terrifying about the book, is that it is written just as you might expect it to happen if there ever was a zombie war.

World War Z was published in 2006, and spent multiple weeks on the New York Times Bestseller List.

## THE GRAMMY'S

Annette Schaefer  
Culture Co-Editor

It's that time of year where musicians are honored for their outstanding musical compositions. Yes, it's Grammy season and the 2014 nominees are in.

After a careful review of the artists nominated for the top spots, I wasn't too shocked to see some of them on the lists. So here you have it the 2014 Grammy Nominees for "Record of the Year," "Album of the Year," "Song of the Year" and "Best New Artist" and who won:

For the "Record of the Year" title some unsurprising choices filed in, including Daft Punk with "Get Lucky," Imagine Dragons with "Radioactive" and Lorde with "Royals." It was a little more interesting to see Bruno Mars "Locked out of Heaven" and Robin Thicke's "Blurred Lines." I knew "Locked out of Heaven" was a popular track this year, even I enjoy the song, but I wasn't thinking Grammy material when I heard it. Even more so, Thicke's song

"Blurred Lines" caused so much controversy and backlash I wasn't seeing it getting awarded anytime soon. Personally, I felt like Lorde was probably going to take the cake on this one, but it was Daft Punk that took the award home.

The choices for "Album of the Year" were also not a real shocker.

Nominees include "The Blessed Unrest" by Sara Bareilles, "Random Access Memories" by Daft Punk, "Good Kid, M.A.A.D. City" by Kendrick Lamar, "The Heist" by Macklemore & Ryan Lewis and "Red" by Taylor Swift.

The little bit of Lamar's music that I listened to I found to be pretty irritating and, while I actually enjoy Bareilles singer-songwriter style, I don't think she has quite the massive draw as some of the other artists. I definitely would have thought either Macklemore

or Swift had this one, but yet again, it was Daft Punk that swept up the award.

I was actually pretty intrigued by the "Song of the Year" list, again mostly because a lot of the music was massively popular and radio friendly but not usually what I think of when I thing of the Grammy Awards. For this year, the competing titles are as follows:

"Just Give Me a Reason" by Pink featuring Fun's Nate Ruess, "Locked Out of Heaven" by Bruno Mars, "Roar" by Katy Perry, "Royals" by Lorde and "Same Love" by Macklemore & Ryan Lewis featuring Mary Lambert. Again, I thought that either Lorde or Macklemore had the best shot at this one, and it looks like I got it right since the Grammy went to Lorde for "Royals."

The last award I want to talk about is the "Best New Artist Award." At least in this one there were a few names I had

never seen before. James Blake, Kendrick Lamar, Macklemore & Ryan Lewis, Kacey Musgraves and Ed Sheeran were the choices. We've already discussed my thoughts on Lamar, James Blake was boring if you ask me, Macklemore definitely has the popularity and good notoriety to pull it off, Kacey Musgraves definitely has a charming country sound, but in my opinion it was Sheeran that should've taken the award.

The man came out of nowhere and built a massive fan base with his simple and moving tracks; that's pretty impressive. Unfortunately though, it was Macklemore & Ryan Lewis that took home the title; not that I'm surprised.

So if you can't tell, I'm not really a huge fan of the Grammys, but they usually do manage to recognize a few deserving artists. While there seems to be a lot of blah that comes out on top, there are always some that truly have earned their winning titles.



## THE OSCARS

Jadin Kidson-Trigg  
Contributing Writer

The 86th annual Oscars, an event which honors the best films, actors and directors of the year, recently revealed the nominees for this year's awards.

The nominees for perhaps the most important category of the night, Best Picture, are as follows: "American Hustle," "Nebraska," "Captain Phillips," "Philomena," "12 Years a Slave," "Dallas Buyers Club," "Gravity," "The Wolf of Wall Street," and "Her."

There are some standout names in the Best Actor in a Leading Role category, such as Christian Bale and Matthew McConaughey, but the one star everyone seems to have their eye on is Leonardo DiCaprio; will this be the year Leo finally wins an Oscar?

If the rest of the country enjoyed "The Wolf of Wall Street" as much as I did, I'd say he has a very good chance of winning.

By no surprise, Meryl Streep and Sandra Bullock

both received nominations for Best Actress in a Leading Role for their movies; Bullock in "Gravity" and Streep in "August: Osage County."

Barkhad Abdi received a nomination for his character as a pirate in "Captain Phillips" and is hoping to bring home an award for Best Actor in a Supporting Role.

Women who were nominated for Best Actress in a Supporting Role include big names like Jennifer Lawrence for her role in "American Hustle" and newly introduced Lupita Nyong'o for her performance in "12 Years a Slave."

Last but not least, the nominees for Animated Feature Film are "Frozen," "Despicable Me 2," "The Croods," "The Wind Rises," and "Ernest and Celestine."

This year's host is comedic personality and television host Ellen DeGeneres who is sure to delight and entertain as we round out the year in movies.

Be sure to tune into ABC on Sunday, March 2 at 6 p.m. to unveil the year's winners.

# {books.music.movies}

## Must-see spring and summer concerts

Lindsey Rae Vaughn  
Co-Editor-in-Chief

With the new year coming, so is some of your favorite bands.

Bands have been announcing tours and concerts left and right promoting new albums and kicking off the new year in the right way.

The best part about it is that they are all coming to the St. Louis area.

On March 8 the 9th Annual St. Louis Blues Festival featuring Shirley Brown, Clarence Carter, Sir Charles Jones, Mel Waiters, The Manhattans, and Willie Clayton will be at the Chaifetz Arena in St. Louis.

Robin Thicke will be performing at the Fox Theatre in St. Louis on March 15.

Several performances are set at the Verizon Wireless Amphitheater in Maryland Heights. Arcade Fire will be performing on April 27. The popular Vans Warped Tour will make a stop there on July 2. Fall Out Boy and Paramore are

performing on July 6. Also, Journey and Steve Miller Band are performing on July 11.

The Pageant is also playing host to some favorites. On Feb. 7, Story of the Year will be performing along with Hawthorne Heights. Arctic Monkeys will be there on Feb. 15.

Dropkick Murphy's, along with Lucero and Skinny Lister will be at The Pageant on Feb. 24. The Neighbourhood will be performing on March 14 with Kitten and Born Casual. Also, Young The Giant will be there on March 21. Slayer will be performing on May 15 with Suicidal Tendencies and Exodus.

The Scottrade Center is hosting some of the biggest names in music. Miley Cyrus will be performing on April 16. Cher will be there June 4. Tickets will be on sale soon to see Katy Perry on August 17.

Though spring semester has just begun, some of these concerts can give you a break from everyday school work and also give you something to look forward to in the summer.



Photo Courtesy of wugange.com

## Winter Movie Preview

...or how **Netflix** is about to become your best friend

Jason Wiese  
Culture Co-Editor

It is a new year once again, which means that awards season is about to start and movies with awards buzz surrounding them are no longer being released.

This is why Hollywood saves the films that they know will NOT be awards worthy to be released in the months of January and February as studios prepare for awards glory.

January is the month that brought you "The Devil Inside," "The Rite" with Anthony Hopkins, and many other films about demonic possession, including two coming out this month as well:

**"Paranormal Activity: The Marked Ones"** and **"Devil's Due."** What turkeys will Hollywood be selling this year?

**"I, Frankenstein"** – Aaron Eckhart stars as Frankenstein's Monster (not just Frankenstein. He was the scientist) still alive in the present day, who becomes caught in a war between other immortal creatures with wings and swords and stuff.

A mash up of "Frankenstein" and "The Lord of the Rings" set in present-day New York? I liked that idea better when it was called "Underworld." – January 24.

**"That Awkward Moment"** – This romantic comedy about three best friends forced to define their relationships with the women in their lives actually has some potential.

But it

also stars Zac Efron, so... - January 24.

**"The Lego Movie"** – It is exactly what it sounds like, but does not look nearly as good. Even Morgan Freeman, playing God for the millionth time, has a hint of paycheck-grabbing laziness in his voice. – February 7.

**"RoboCop"** – I will admit it: this futuristic, action-packed commentary on technological advancement and its effect on society looks pretty entertaining, and has a message that is as timely as can be. But it is also a remake, so... - February 12.

**"Vampire Academy"** – Just when you thought that Hollywood had finally ditched the fad that "Twilight" started, they have

adapted yet another young adult vampire novel. This film, from the director of "Mean Girls," follows a half bloodsucker, half human girl who has sworn to protect a family of vampires from... other vampires. Well, at least this comedy looks like it is not taking itself too seriously this time. – February 14.

**"Pompeii"** – The director of "Death Race" brings us the volcanic destruction of the titular city in 3D. Talk about a disaster. – February 21.

**"3 Days to Kill"** – Sounds promising at first: A dying secret agent (Oscar-winner Kevin Costner) is offered a drug that could save his life in exchange for one last assassination job.

Then

quickly sounds ridiculous: He is also trying to save his relationship with his teenaged daughter with hilarious results along the way. – February 21.

**"Non-Stop"** – This Liam Neeson actioner is about an air marshall trying to solve a murder on an airplane, but I believe that the title is actually referring to Neeson's never-ending string of mediocre action movie roles. – February 28.

**"Welcome to Yesterday"** – A found footage time-travel film about teens who have obviously not seen "The Butterfly Effect" or "Paranormal Activity."

Never give your child a hand-held camera. They will attract supernatural forces and ruin the world. – February 28.



# Beyoncé

## Album Review

**Seannell Chambers**  
Staff Reporter

Beyoncé's new self-titled album has been all the rave for the past few weeks.

The album was released on Dec. 13, 2013, and "remains unstoppable on the Billboard 200 chart" stated by Billboard.com.

When being interviewed by MTV.com, Beyoncé revealed a few key things about this album. "My message behind this album was finding the beauty in imperfection," she said.

"I had this image of a trophy and me accepting these awards, and kinda training myself to be this champion and at the end of the day when you go through all of these things, is it worth it?"

Within a week, lyrics from the album's number three track, "Drunk in Love" was on everyone's lips.

"'Drunk in Love' is my favorite song," said senior Jessica Jones.

"I feel like her CD is very different compared to her past albums. Beyoncé's style can become a little repetitive to me, but when she dropped this album out of nowhere, I was very impressed," said Jones.

However, there are some of the Queen Bee's fans that feel a little let down from

this random album. According to Florissant, Mo. inhabitant, Monique Phillips, she is not too fond of Beyoncé's new vibe.

"I, personally, don't like it because it's not her. It doesn't sound like her or anything... When one thinks of Beyoncé one thinks of some classy woman, not this sex icon this CD is making her out to be."

Phillips said, "If this is her, what happened to all those love ballads and pop songs?"

Was this really her idea, or was it truly her new manager or even Jay-Z's? In my opinion, [the album] sounds like some stuff on a Rihanna CD. Don't get me wrong, the tunes are catchy, but I don't feel the CD holds any true character."

Since the release of this album, Beyoncé has been getting mixed reviews about her persona having some wondering if it's too sexual...maybe even a bit pornographic.

"Yes, [the album] is a little more sexual than usual," said Jones,

"but I think she did a good job at expressing how passive she is and not being afraid to demonstrate her sexuality through her music. This album made me look at her more as a person rather than just a star."

Graphic courtesy of [www.capitalfm.com](http://www.capitalfm.com)

# Netflix Report

Netflix catches up with its own binge-watching trend, with grand results

**Jason Wiese**  
Culture Co-Editor

This year will mark the premiers of the sophomore seasons of two of the most acclaimed television series of the past year, political thriller "House of Cards" and prison-set dramedy "Orange is the New Black."

However, the average television viewer will not be able to enjoy these series, unless they have a Netflix account. Ever since the popular streaming site debuted its first original series, "Lilyhammer," in 2012, it has introduced a growing number of exclusive, commercial-

free and uncensored series for Netflix users' enjoyment. Netflix has found great success from producing its own series, not only in number of streams but also in critical acclaim and awards success.

This year's Golden Globe Awards saw nominations for two Netflix series, "House of Cards" and "Orange is the New Black," with "House's" Robin Wright winning in the Best Actress in a TV Series Drama category.

These series have helped Netflix achieve a status of importance in the television medium far greater than one would

imagine. It also made many an "Arrested Development" fan's dreams a reality by picking up the cancelled cult comedy for a fourth season.

Children will not be left out of the site's original programming with "Turbo: F.A.S.T.," a series adaptation of a DreamWorks animated film about the world's fastest snail. Few would have expected Netflix to become a "channel" as prestigious as that of HBO or FX.

However, fans are highly anticipating upcoming episodes of the best it has to offer, which just happen to be its own productions.

## The Divergent Trilogy review

**Katie Brosamer-Senger**  
Contributing Writer

One of the newest breakout series that is said to rival the popular "Hunger Games" novels is Veronica Roth's Divergent trilogy. The first book of the series was published in 2011, with the second book, "Insurgent," and the third book "Allegiant" being published in 2012 and 2013, respectively.

The trilogy follows 16-year-old Tris Prior in

a futuristic dystopian society based in what remains of Chicago.

In this society the city is broken up into five fractions, and at the age of 16 the teens are subjected to a test which, based on their personality, tells them what fraction they are meant to be in. Once they choose they are forced to leave behind any connections that they had in their past life.

For anyone who loves a book that allows you to escape

into a new world this is a good book for that. The book is fast paced and includes many twists that you might not see coming.

Tris is a strong willed heroine who begins to question the society that she has grown up in.

The book spent multiple weeks on the New York Times Bestseller List, and has already been made into a major motion picture said to be released by March 2014.

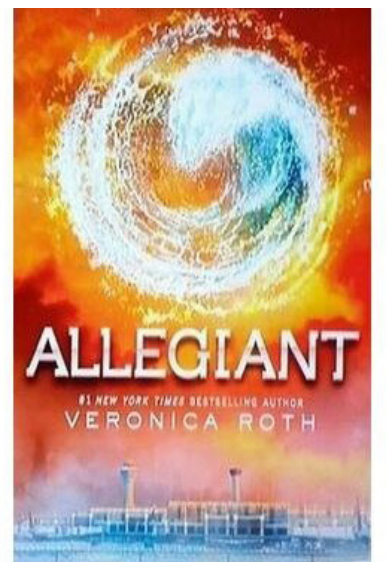
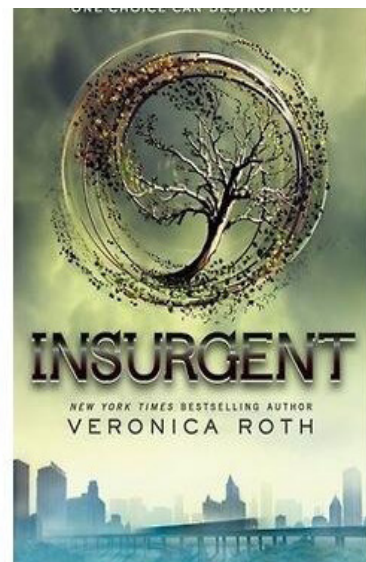
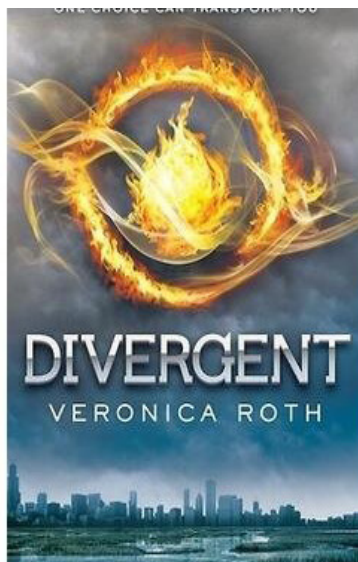


Photo courtesy of [bpldteens.blogspot.com](http://bpldteens.blogspot.com)

# fashion

# Style for anyone

# Spring Fashion Show 2014

May 2, 2014 | 8:00 p.m. | The Emerson Black Box Theater

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**Madeleine Heppermann**  
Co-Editor-in-Chief

Designer Yves Saint Laurent said it best; "Fashions fade, style is eternal."

This year, make 2014 the year of developing your personal style.

Rather than strictly following each and every trend that emerges from the fashion world, the key is learning how to balance the trends of each season with a style unique to your personality and way of life.

The purpose of this column will be to provide quick and easy fool-proof tips and tricks that will help guide those sometimes daunting decisions of "what do I need to buy for my wardrobe?" or "what should I wear today?" – as well as covering a few style topics that don't involve fashion at all.

This week is about basics.

A few simple guidelines regarding stable wardrobe items that will help set the stage for anything and everything else you choose to accompany them.



Photo Courtesy of www.stylespectro.com



Photo Courtesy of commons.wikimedia.org



Photo Courtesy of fashiontrendsnews.com



Photo Courtesy of www.hickr.com



Photo Courtesy of pascachelanger.deviantart.com



Photo Courtesy of paulina1406.pinger.pl

## For Everyone

- Size doesn't matter; fit is everything. All companies cut their clothing differently, and even different styles of garments in the same store will be proportioned in a variety of ways.

Find the size that looks and feels the best and disregard the number on the tag (cut the tags out if they bother you!)

- Leave the cross-trainers in your workout bag. Yes, you may need to wear them in the gym, but not with your jeans.

Converse, Vans, Keds, etc all make great 'stylish' tennis shoe options in a variety of color and pattern combinations if you still want that sporty look.

## For Women

- Find a great pair of jeans and buy two. If you wear both heels and flats on a regular basis, tailor one pair to fit the height of your favorite heels and another to make sure they aren't dragging on the ground when you wear your flats.

- The LBD. No surprises here, the Little Black Dress is still a woman's best friend. Dress it up with heels and jewelry for a night out or dress it down with a sweater or scarf and a cute pair of flats for an interview or a more causal outing.

## For Men

- Dark jeans only. Whether that means black, grey, or dark-wash blue denim, these will never fail you.

- Ditch the white socks with your dress pants. A safe bet would be to match your socks to the color of your pants, but don't be afraid to wear stripes, argyle, or match them to your tie. Mix it up a bit.

Bottom line, ladies and gents, is that no matter what trends you decide to try, remember what message you want to convey about yourself.

Whether we like it or not, first impressions are all we get sometimes. Personal style is the easiest way to show the world who you are.

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# {healthy living}

## Eat this, Not that

Foods you should eat and avoid in the cafeteria

**Katie Brosamer-Senger**  
Contributing Writer

The struggle to eat healthy on a college campus is something that every student deals with. However, with a little creativity and a simple “eat this, not that” knowledge, the door opens up to a whole world of healthy options with just a few easy changes.

A balanced breakfast is the best way to start off the day healthy. Eating a filling breakfast is a great way to prevent overeating later on in the day.

A good breakfast should include a source of: protein, carbohydrates, dietary fiber, and fat.

Instead of reaching for an enriched white bagel with cream cheese, try multi-grain toast with peanut butter.

The toast itself is much lower in sodium and has more than double the amount of dietary fibers.

Peanut butter is a healthier option because, while it has more calories per serving and a higher fat percentage, more

of the fat in cream cheese comes from saturated fats which are less healthy than the unsaturated fats found in peanut butter.

Salads are a much healthier option than say French fries, everyone knows that. It's what you put in your salad that might decide how healthy it really is. Instead of making your salad completely out of iceberg lettuce, throw in some raw spinach as well.

Spinach might have a higher sodium content, but they are packed with more than three times as much vitamin A, vitamin C, calcium, and iron.

The salad dressing is the main deciding point on whether the salad is a healthy option. While no commercially produced salad dressing is really healthy at all, choosing the right one can be a huge difference in the amount of empty calories consumed. In general, the healthier option is usually more oil-based rather than cream-based.

An example is Italian

dressing versus ranch. Ranch is very high in fats and is much higher in calories than Italian dressing.

However, Italian dressing usually contains almost double the sodium as ranch dressing.

Clearly, some foods have a much higher nutritional value than others, but that doesn't mean that all bad foods have to be completely cut out from your diet.

Things are alright in moderation, but know that even subtle changes to your diet can have an effect on how you look and feel.

In general, eating healthy on campus can be a challenge. There are so many temptations.

What I find easiest, is to find friends who will commit to eating healthy with you. Set goals and keep each other in check.

If you do some research on certain foods you can be more in control of what you put into your body. Visit [www.nutritiondata.self.com](http://www.nutritiondata.self.com) for more information on the foods you eat.

## Eat Healthy on Campus with a simple meal plan

### Dairy

Choose skim or 1% milk | use yogurt on top of fruit salads to quench the craving for sweets | eat about 3 cups a day

### Grains

Check for the words “whole” or “whole-grain” on the labels before eating | eat about 6 ounces every day

### Fruits

Use fruit for snacks, salads and desserts | top your cereal with bananas or strawberries | eat fresh fruits, as well as frozen | eat at least 2 cups every day

### Veggies

Eat red, orange and dark green veggies in main dishes | add beans or peas to soups and salads as sides | choose “reduced sodium” or “no-salt added” | eat 2 1/2 cups

### Protein

Foods include seafood, beans, nuts, as well as meat, poultry and eggs | eat seafood twice a week | choose meats that are at least 90% lean | trim and drain fats | eat 5 1/2 ounces

Information provided by [avinutritionsource.com/nutrition\\_18\\_myplate.php](http://avinutritionsource.com/nutrition_18_myplate.php) | based on a 2,000 calorie-a-day diet

## Blue Bird Yoga

**Jennifer Nickerson**  
Contributing Writer

The first time I came across Blue Bird Yoga was when I was selling ads during the fall semester.

I had never thought about trying yoga before walking into their studio. Owners Sarah Edwards and Ellen Niedringhaus were very welcoming.

Their love for beginners encouraged me to try my very first yoga class. Since then, I have continued to attend and I leave every time feeling renewed.

Edwards said, “Practicing yoga brought me more peace, comfort and confidence than I'd ever felt before. It made me feel good. Immediately, I knew I wanted to share it with others.”

Blue Bird Yoga found its way to St. Charles in February of 2011. Edwards said, “We are drawn to Main Street's charm and both live in the area.” They were previously teaching in Clayton and Chesterfield.

Whether you are a beginner or an experienced yogi, Blue Bird Yoga has the class for you!

## No Gym? No Weights? No Problem!

Turn your home into a gym without typical gym equipment

**Christie Sielfleisch**  
Production Manager

Finding the motivation to get to the gym can be hard. But what makes it even tougher is when you look out your window and see 12 inches of snow.

However, wanting to workout doesn't really seem to be the problem for most people; the main problem is finding the will-power to get out of your bed and comfy clothes and go to a gym just to put your body through some agonizing work.

Who wouldn't rather

stay at home and lounge in PJs?

For those of you who still want to get your workout in but dread leaving your home, here are some simple ways to turn your home into a gym without the need for equipment, or changing your clothes.

Other than just doing the standard crunches and planks, there are plenty of creative ways you can use furniture to substitute for weights.

For example, get into a squat position and when you start to stand up, lift your couch a few

inches off the ground and repeat a few times.

You can also turn your chair into a step-up stool and get some cardio in with high-knees.

But don't forget about that couch!

Once you have some legs and cardio done, workout your arms by using the couch to do tricep dips.

So stop making excuses! No one needs a gym to work-out and stay in shape.

Just get creative and not even a “snowpocalypse” can stand in your way.

*Mention this ad and your first class is free!*



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# Winter Olympics 2014

Jadin Kidson-Trigg  
Contributing Writer

The 2014 Winter Olympic Games will begin early February, and an important figure in Lindsey Vonn will be missing for the duration of the tournament. The 29 year-old reigning Olympic and World Cup downhill skiing champion will not be participating in the 2014 Winter Olympics in Sochi, Russia due to a knee injury sustained in February 2013 that never fully healed and was hurt again last December.

She recently underwent a successful ACL reconstruction surgery and is expected to be fully recovered by 2015 to compete in the World Championships.

In addition to skiing, there will be numerous other sports to watch.

Figure skating will return with five females named favorites, reigning from USA to Japan to Italy. Snowboarding and hockey are hugely popular events that will be represented by

nations like Russia, USA, Greece and South Korea. Also appearing this year is curling and luge. USA is hoping to grasp an Olympic medal in luge for the first time since 2002.

Up for grabs for USA this year is the opportunity to earn its first Olympic medal in the biathlon, as well as Susan Dunklee, a USA biathlete, becoming the second person in her family to earn a medal, following her father's achievement in cross-country skiing in 1976 and 1980.

The Winter Games will also introduce some new sports, some of which are ski half pipe, ski slope style, snowboard slope style, snowboard parallel special slalom, and women's ski jumping, all with female participation. No matter which nations LU students root for, this year's games have been long awaited. Be sure to tune into NBC beginning Feb 6. for the opening ceremony and introduction of all nations.



Graphic courtesy of en.trend.az

## Blues Send 10 Players to Russia

Brett Morrison  
Staff Reporter

The 2014 Winter Olympics are ascending on us at a rapid rate, with the opening ceremony set to kick-start the world's greatest sporting competition on Feb 7 from Sochi, Russia. All eyes will be glued to television sets to see the top athletes compete.

One of those sports that will most definitely gather a lot of the attention will be Ice Hockey, being one of the bigger programs at the games, based on number of athletes attending. Hockey will be on the main stage during the 17-day event.

Russia is no doubt just as hockey crazed as the USA and Canada, and continually finds themselves in the running for the top three teams in every international tournament.

The United States has the 1980 "Miracle on Ice" where they upset the Russian Red Army team at the Lake Placid Olympics. Canada

has the overtime Gold Medal victory against the US in the 2010 Vancouver Olympics. Russia is set on winning gold on their own soil.

The St. Louis Blues will be well represented during the Olympics, as they will be sending ten players in total to play for six different countries. As well as Head Coach Ken Hitchcock and General Manager Doug Armstrong will be a part of Team Canada's management team.

T.J. Oshie, and Kevin Shattenkirk will join Blues captain David Backes as they represent Team USA. Defensemen Jay Bouwmeester and Alex Pietrangelo will join Hitchcock in wearing the Team Canada colors. Alexander Steen and Patrik Berglund will represent Sweden. Vladimir Sobotka will proudly play for the Czech Republic. Goaltender Jaro Halak will play for Slovakia, and 22-year-old Vladimir Tarasenko will play for his home country

Russia.

"For me, we had such a good time in 2010 with a great staff, I really enjoyed working with Mike (Babcock) and Lindy (Ruff) and all the management people," Hitchcock said via Jeremy Rutherford of the St. Louis Post-Dispatch.

"When they asked me if I'd join up, it was kind of a no-brainer, to be honest. I really learned a lot working with these guys. It's just such a great competition, plus learning experience, it's really a no-brainer."

The Blues are tied with the Detroit Red Wings and Chicago Blackhawks with each team sending ten players, leading the NHL in players going to Russia. With this great representation from the Blues, there is bound to be some heated rivalries between students at Lindenwood.

"The ten guys picked from the Blues are all great hockey players, but in terms of Team USA, I do not know if that is going to

get us gold in Sochi, but with that being said I can't wait to root Oshie, Backes, and Shattenkirk on as they represent our country. I think Canada has the most talented team overall, but I'm hoping for an upset by the Americans," said former Lindenwood student and current recreational hockey player Andrew Peterson.

The hockey portion of the Olympics will be made up of 12 teams competing in a round robin style tournament. After each team plays three games in the round robin they will be ranked No. 1 to No. 12. The top four teams will receive a bye into the quarter final, while the No. 5 team will play the 12th seed; 6th vs. 11th; 7th vs. 10th; and 8th vs. 9th. Only the winning teams will advance to play against the top four teams.

The Americans will play Slovakia, Russia, and Slovenia. Team Canada will face Norway, Austria, and Finland before the

elimination rounds.

"It is very impressive that the Blues produced ten Olympians. Each player is a hard working individual that deserves a chance to represent his country. I believe that Russia has a slight edge to win gold because of the home ice advantage. They will be playing in their home rink in front of their fans, which will help give them that extra boost each game. However overall the teams are evenly matched and anyone has a chance to win gold," said Lindenwood lacrosse player Carter McCracken.

The Olympics are a great chance for people worldwide to spectate a variety of different sports from all around the world. Blues fans will be able to watch some of their favorite players play for their respective countries. With ten players going, it is just another pat on the back for the St. Louis Blues organization, recognizing that they are one of the elite teams in the NHL.

# {sports}

## Women's basketball upsets No. 8 squad UCM

**Michael Sprague**  
Style Editor

The Lindenwood women's basketball team (10-7, 5-5 MIAA) won a thrilling 65-64 game against the No. 8 University of Central Missouri Jennies (15-3, 9-2) on Saturday. It marks the first time in program history that the team has taken down a ranked NCAA opponent. It was also the program's first win over the Jennies, who were previously 6-0 against the Lions.

Prior to Saturday's matchup, coach Tony Francis talked about what a victory would mean to the program.

After cracking a smile, he said, "Well it would be huge. A top-10 team, playing them in their house. It would be a great win."

The Lions led nearly the entire game. With just under two minutes to play, the Jennies grabbed their first lead of the half, 62-61.

The Lions answered back on the next possession with a Caroline Bourlioux jumper. A pair of UCM free throws followed to again give the lead to the Jennies.

With just 1:03 left to play, senior Marissa Lehnig hit what would be the final basket of the game. Lehnig finished the game with 14 points.

The Jennies had a chance to win with just 10 seconds left to play. Traffic in the lane and an eventual Cassidy Gengenbacher steal sealed the victory for the Lions.

"Boy, you want me to talk after that?," coach Francis said after the game. "I'm about ready to cry to be honest with you. When you do what these kids do and as hard as they work, this is all about them."

## Desir makes the most of opportunities

**Michael Sprague**  
Style Editor

Senior cornerback Pierre Desir continues to make history on the path to the ultimate goal, becoming the first Lindenwood player ever selected in the NFL Draft.

The previous two weekends, Desir has showcased his skills in the two biggest college all-star games the nation has to offer. Desir first received an invite to the East-West Shrine game

in St. Petersburg, Fla., on Jan. 18. His performance impressed enough to warrant an invite to the Senior Bowl in Mobile, Ala. this past weekend. Desir recorded an interception at the Senior Bowl.

The games put on display the nation's top NCAA senior players in preparation for the NFL Draft in May.

Desir believes he can take away a lot from the experience.

"I believe I showed that I can compete with high level talented receivers and still have the ability to make plays even though I come from a small school," Desir said via text message.

Desir is currently training in Texas for the NFL Combine. Last month he received the inaugural Cliff Harris award, given to the best small-school defensive player in the country.



Photo courtesy of Pierre Desir  
Desir's No. 3 East-West Shrine game jersey hangs in his locker prior to the game. Desir looks to become the first Lion ever to be drafted into the NFL.

## Gymnastics wins historic home meet

**Phillip Scherer**  
Staff Reporter

The women's gymnastics team opened the home portion of their schedule with a quad meet against Seattle Pacific, UW-La Crosse, and UW-Oshkosh with a victory.

Seattle Pacific is considered one of the elite gymnastics programs in the country, making routine visits to the national competition each year, including three national championships in their history.

The win also marked the first ever home win in Lions gymnastics history after finishing no higher than third place all of last season.

"I saw a lot of improvement from the girls this week," coach Jen Kesler said. "There are still a lot of little things that happened tonight that were frustrating, but I am proud of the girls for finishing what they started."

The Lions narrowly edged Seattle Pacific at the end of the competition. LU finished with a score of 191.575, while the Falcons finished at 190.454. UW-La Crosse took

third while UW-Oshkosh took fourth. Lindenwood's score marked its fourth highest points total in program history.

The Lions got off to a fast start on the beam to begin the competition. Rachel Zabawa recorded the highest score in the event with a 9.775, finishing ahead of Maria Hundley of Seattle Pacific who totaled a score of 9.725.

"Rachel was super solid on all of the events that she did, she's just a super solid competitor," Kesler said.

Emily Turik and teammate Aijea Hargarve of the Lions placed third and fifth in the event respectively.

The uneven parallel bars were another standout event for the Lions. Courtney Heise of LU earned the highest score in the event, with a 9.990, the highest score the school has ever recorded.

Kesler described Heise's effort on the bars as "amazing." Aubree Horn of the Lions also gave one of the top performances on the bars, finishing with a score of 9.775. The most impressive event of the evening for the Lions was the

balance beam.

LU finished with the top four competitors in the event, and five of the top six finishers.

Valeri Ingui earned the highest score with a 9.800, while Zabawa, Alicia Floyd, and Aijea Hargave rounded out the top four.

Zabawa also earned the highest score in her final event, the floor exercise. She scored a 9.775.

"I think this is only the beginning of how talented these girls are," Kesler said. "We say it all the time and we tell them how talented they are, but this team has so much potential and I can't wait to see what they can do this year."

The Lions travel to Cape Girardeau to compete with host SEMO UW-Whitewater on Friday.



Leading-Edge Photo by Romain Polge  
Valeri Ingui demonstrates her beam routine during the meet on Jan. 18. The Lions won the four-squad meet, their first home victory in program history.

# Student gov't incites change

**Emily Adair**  
News Editor

The LSGA is affecting change on campus through bills, appointments and amendments.

## Bills approved

The bills approved by the LSGA at the last General Assembly meeting were reviewed by President James Evans on Dec. 6.

According to Speaker of the Senate Mary Boudreau, Evans was strongly in favor of having recycling bins in more buildings across campus and of constructing motorcycle parking lots.

He also approved a bill that would change the current parking sticker to a transferable tag.

A Grab and Go efficiency bill and a parking garage bill were approved, though that would be a long-term project.

Evans did not approve the bill for 24-hour visitation on weekends and for equal visitation policies in the houses as in dorms.

Approved bills now must go to other faculty, like Pedestal Foods and security for input.

## New senators

Still 'n' Motion President Isaac White and Members at Large Morgan Albertson and Dylan Paul were appointed to fill the vacant Senate seats.

Because there were too many members of the same organization on the Senate, Jeremy Broadbooks left his seat. Danny Simms graduated.

The third seat had been vacant since elected Graduate Senator Emily Kroner left early in the fall.

Boudreau, LSGA President Nikki Napolitano and Faculty Advisor Angela Royal conducted interviews to find new senators.

Of those who applied, Boudreau said that Albertson, Paul and White had the most experience with LSGA proceedings.

## Constitution changes

Boudreau said the Executive Board is working on possible amendments to the constitution, such as the addition of a commuter senator position.

Changes will be brought to the General Assembly for item-by-item approval in the next few weeks.



# Names that built LU

Legacy Graphic by Cameron Poindexter

"Names that built LU" profiles 28 campus buildings named after Lindenwood personnel. Each week, we will uncover the stories behind these people, and how they shaped LU.

## Rauch dedicates time and effort to bettering LU

**Michael Sprague**  
Style Editor

One of just three life members of the Lindenwood Board of Directors, Elizabeth Rauch has been associated with LU since she was a student in the early 1940s.

After graduating in 1944, Rauch continued to serve her community in any way possible.

A graduate of St. Charles High School, Rauch has been a dedicated St. Charles resident her entire life.

While she has spent lots of time and effort supporting her alma mater, Rauch also stayed actively involved in bettering St. Charles.

Committed to being involved, she has supported groups like The Academy of Sacred Heart, The American Red Cross, The Salvation Army, The St. Charles Historical Society and The St. Louis Archdiocesan Development Appeal.

She serves on the LU



Photo courtesy of Mary Ambler Archives, Lindenwood University

Elizabeth Rauch poses for a university photo. Rauch is one of just three lifetime members on the LU Board of Directors.

Board of Directors and is a founding member of the Butler Society, a group of the college's most generous alumni.

Rauch also serves as a member of the advisory board at St. Josephs Health Center.

Rauch is decorated with awards and achievements for her service. She earned the 1995 Sibley Medallion of Honor from then Lindenwood College for her commitment to the college and its students.

She was honored by the St. Louis chapter of

the National Society of Fund Raising Executives for her commitment to the community.

It would be nearly impossible to narrow Rauch's line of work to a single field or job title.

Through her work for LU and St. Charles, Rauch has left a legacy of dedication, commitment to the task at hand, and caring passion for the community she calls home.

Visit [lindenlink.com](http://lindenlink.com) for an interactive timeline of past stories.

# IN THE SPOTLIGHT Delta Sigma Pi

**Emily Adair**  
News Editor

Delta Sigma Pi was founded to help business students prepare for their professions.

"This provides that extra step when going from college to the work force," Representative Krystal Carpenter said.

The coed fraternity

was started in October 2011 to establish a professional community on campus. Rebecca Piel is the current president.

Delta Sigma Pi has a career prep day to help students with networking and job searching.

Carpenter said the group brings speakers who are specifically

catered to what its members are looking for.

The group also hosts some social events and a popular bake sale each semester.

Members must be Business or Non for Profit majors with a 2.5 GPA. Dues are \$40 per semester.

The group's goal

is to transition from colony to chapter status by Valentine's Day weekend.

### Recruitment events:

**Info table:** Harmon's upstairs lobby, Monday-Thursday from 11 a.m. to 2 p.m. during the first two weeks of the semester

**Pizza Night:** Harmon

229, Feb. 6, 5-9 p.m.

**Bingo Night:** Harmon 128, Feb. 13, 6 p.m.

The group meets every Tuesday at 6 p.m. in Spellmann 3015 and can be contacted through LU Connect or at [DeltaSigmaPi@lionmail.lindenwood.edu](mailto:DeltaSigmaPi@lionmail.lindenwood.edu).

Each week this series will showcase one of LU's many student clubs and organizations. It will not eliminate the potential for an organization to be covered elsewhere in the paper, it merely introduces readers to opportunities for campus involvement.

# {news}

## HIV case could involve up to 31 additional victims

Emily Adair  
News Editor

Videos obtained from the computer of former student Michael L. Johnson, who faces five felony charges related to HIV, reveal there could be up to 31 additional victims, according to authorities.

The initial charge was filed on Oct. 10, and four more charges were filed on Nov. 21.

Four of the five counts are for recklessly risking infection of another

with HIV, which charges Johnson with knowing he had the virus that causes AIDS but not disclosing that to his partners. These victims did not contract HIV.

The fifth count is for recklessly infecting another with HIV. This victim did contract the virus, making the crime a Class A felony.

LU's In-House Counsel Eric Stuhler said he was told by Prosecuting Attorney Tim Lohmar that 32 videos were retrieved by the Cyber

Crimes Unit.

A person in one video has been identified as one of the five victims who have already come forward, Stuhler said. The individuals in the other 31 videos remain unidentified.

A Jan. 16 press release from the St. Charles County prosecuting attorney's office revealed that police have reason to believe Johnson's partners may not have known they were being videotaped.

Dean Terry Russell

dismissed rumors that police have been back to Johnson's room since his arrest.

"I'm sure that any items that were taken by the police were taken the day of his arrest," he said.

"They have not been back to his room since then and his belongings were moved to storage a day or so later."

Johnson is being held on \$100,000 cash-only bond.

The case is in the Associate Circuit Court

waiting on a grand jury to determine if there is probable cause that a felony has been committed.

If the Associate Circuit Court finds there is the chance a felony may have been committed, the defendant will be bound over to a Circuit Court and the case review will start over.

Anyone who may have had intimate contact with Johnson are asked to contact the St. Charles Detective Bureau at 636-949-3330.

## Pipes burst in new campus buildings

Aeriel Niccum  
Staff Reporter

Sprinkler heads burst recently in buildings across campus, causing widespread water damage.

The cause, according to Michelle Giessman, the director of housing, was too much pressure from the freezing of the water in the sprinkler system.

"When the water in the sprinkler system is exposed to a blast of cold air, the pipes freeze," Giessman said.

"The water expands, the pressure bursts the sprinkler head and then water gushes everywhere causing water damage."

Giessman said the affected buildings include Harmon Hall, Guffey Hall, Calvert Rogers, the Hyland Performance Arena and a men's housing duplex.

According to Ryan Oldham, a resident advisor in Pfremer Hall, a sprinkler head burst in the laundry room, incapacitating the dryers for a time.

Public Relations Coordinator Christopher Duggan said the

damage to Hyland, Calvert Rogers and Guffey were minimal.

Hyland sustained water damage primarily to its offices, which are in the process of being dried out.

Nothing is in need of replacement, Duggan said.

Sprinkler malfunctions in Calvert Rogers and Guffey were caught early and shut down quickly by maintenance.

According to Giessman, major water damage was done to a men's housing duplex, causing the need for reconstruction.

The men of the housing unit have temporarily been relocated while reconstruction of the unit is underway.

The second floor of the newest end of Harmon, the bottom floor offices, some classrooms, Dunseth Auditorium and the conference room have all sustained water damage.

An estimate of repair costs is not currently available as the damage to the



Leading-Edge Photo by Romain Polge  
Carpet cleaners arrived at Harmon Hall after burst pipes caused water damage to several rooms.



Leading-Edge Photo by Romain Polge  
The water leaked into the hallways.

building is still being assessed, according to Duggan.

Giessman said cooperation around campus has been very helpful.

"Grounds and maintenance have made themselves very accessible and been



Leading-Edge Photo by Romain Polge  
Tile had to be taken up to repair the water damage in Harmon.

tireless. Students have also been really helpful.

"Further cooperation will only make things easier. The more students pitch in in

doing what we ask and report rooms that are too hot or too cold, the better we can address things on both sides," said Giessman.

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