

STUDENT CHARGED WITH RECKLESS SPREAD OF HIV



Photo Courtesy of St. Charles Police Department Press Release.

Ryan Oldham
Sports Co-Editor

A former Lindenwood wrestler has been arrested and charged on Thursday with knowingly spreading HIV to his sexual partners.

Michael Johnson, also known

as “Tiger,” was arrested following a five month investigation. Johnson was expelled on Thursday when the news broke.

It is not yet known whether any of the victims that came forward have contracted the HIV virus from Johnson.

A fellow wrestler of Johnson’s, who wanted to remain anonymous, said that Johnson came from a bad background.

“I feel bad for the kid. Wrestling was his getaway as he didn’t grow up with the best background,” said the wrestler.

The charge filed against Johnson is “recklessly risking infection of another when infected with HIV,” and Johnson could see up to 30 years in prison.

Johnson was diagnosed with HIV in January, according to medical reports, but never told his

partner when they were involved in sexual activity in the same month.

By noon on Friday, four people had contacted the police claiming they had sexual contact with Johnson.

“It’s serious as it’s so close to home, but you can’t dwell on it, we’ll miss him as a teammate, but teams go through ups and downs,” said the wrestler.

The anonymous wrestler said that the team has been told to get tested, even though it is extremely unlikely to pick up the HIV virus through wrestling.

“We were told to go and get tested, but not as a team, we all went individually and it wasn’t scheduled or anything.”

Johnson was a state champion in wrestling at Lincoln University before transferring to Lindenwood. Johnson’s sports profile on lindenwoodlions.com has been removed.

Potential victims are urged to get in touch with their doctors and call the detectives working on the case at 636-949-3320.

LU’s Health Clinic offers free HIV testing. According to the clinic, it takes approximately 15 minutes to learn the results. The clinic is open Monday through Friday from 7:30 a.m. to 3 p.m. and is located on the first floor of the Spellmann Center in the Connection area.

What is HIV?

Larry Guessfeld
Staff Reporter

The sexually transmitted infection is often contracted through intercourse.

“HIV stands for human immunodeficiency virus. It is the virus that can lead to acquired immunodeficiency syndrome, or AIDS,” according to cdc.gov.

The CDC has five simple questions for everyone to ask himself or herself in order to decide if they need testing.

Have you had unprotected sex—anal, vaginal or oral—with men who have sex with multiple partners?

Have you injected drugs and shared equipment with others?

Have you exchanged sex for drugs or money?

Have you been diagnosed with or sought treatment for an STI?

Have you been diagnosed with hepatitis or tuberculosis?

Have you had unprotected sex with someone whose history you don’t know?

If the answer to any of these questions is yes, seek testing by a licensed medical professional.

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Legacy Photo by Romain Polge
Tre’ Roby caught nine passes for 66 yards in Saturday’s loss to Fort Hays State.

In Missouri, felonies are crimes that are punishable by more than one year in prison. Each class of crime has a more severe punishment, with Class A felonies being the most serious.

- Class A felonies include murder, first degree kidnapping, forcible rape of a child under twelve years old, first degree robbery and some drug crimes.
- Class B felonies include voluntary manslaughter and first degree burglary.
- Class C felonies include involuntary manslaughter in the first degree, statutory rape in the second degree, possession of a controlled substance and theft.
- Class D felonies are crimes such as fraud, resisting arrest and passing a bad check.

Information from criminaldefenselawyer.com

Campus says goodbye: Fournier remembered as quite the character

Memorial service honors distinguished professor

Constanza Flores
Staff Reporter

Rift Fournier, a writer, director, producer and instructor in LU’s Communications Department, lost his battle with terminal cancer last week, on Monday, Oct. 7.

Fournier had an extensive career in the Advertising field and an extensive work in International television.

Fournier wrote several episodes for shows such as Kojak and Highway to Heaven.

Fournier spent part of his life working in Spain and Germany. In 1976, Fournier won an Emmy for the Outstanding Informational Children’s Series.

He wrote, directed and produced Cover Story, a half-hour magazine-style that was premiered in 1984 on the USA Network.

During 1988, Fournier was nominated to the Cable ACE Awards for the Magazine Show Special or Series.

Fournier came to LU as a commencement speaker in 2007 and began to work as an artist in residence in the Communications Department.



Legacy Photo by Romain Polge
Fournier’s son, Noel Fournier, spoke at his father’s memorial service on Sunday, Oct. 13.

He later became a full time professor, completing a Master of Fine Arts at the university in May of 2013.

There are no words to express the feelings of the students and faculty members for his loss.

Fournier was not only a professor, but a guide to believe in, and someone whom students could look to and admire.

Fournier cared about his students. During his years at Lindenwood, Fournier helped a lot of students to find their way and those students are very grateful.

The love and admiration they have for him is tremendous.

“You know when you meet certain people that you kind of click,” said Nenac Simid.

Simid met Fournier in 2010 on

one of his creative classes.

In 2011, Fournier called Simid to work on his documentary. Also, Simid worked as his Graduate Assistant during his master’s degree.

The relationship between Simid and Fournier started to build up since then.

“He became a family to me; it was more as a grandfather and grandson



Legacy Photo by Romain Polge
Father Gary Siebert and Peter Carlos attended the memorial.

relationship. Rift was a fabulous person to work with and I learn a lot of stuff because of him.

“I never thought I had a chance to meet a person like that, who had accomplish so much in his life,” said Simid.

“It was a privilege to work with him and be part of his last interview and his last project he has done,” he added.

Fournier was always welcome to help everybody; the kindness of his personality made him a very beloved instructor for all the Communications students. During his years at Lindenwood, he showed his effort, time and passion in his career.

“Rift was a great mentor that was able to inspire so many students, including myself, to want to do more and be better,” said Dennise Ramirez.

Continued on Page 2

7-Day Forecast

Weather taken from Weather.com, accurate as of 10/14 @ 9:30 p.m.

Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	Monday
H 70 L 43	H 61 L 41	H 62 L 41	H 64 L 41	H 61 L 39	H 66 L 43	H 68 L 44
10/15	10/16	10/17	10/18	10/19	10/20	10/21

LSGA bills tackle meal plan Fournier



Legacy Photo by Romain Polge
Sophomore senators Mary Boudreau and Chris Kennedy present the Food Service Plan. The bill proposes that a late night meal time be added and that students should receive flex points when they miss a meal.

Schyler Hohenberger
Staff Reporter

In hopes of prompting the establishment of a financially satisfying and more complete college experience, the LSGA met on Oct. 9 at 4:01 p.m. to review prospective bills.

Food Service Plan and Commuter Meal Plans were two bills presented at the meeting. Both bills were voted for and passed by LSGA for evaluation by President James Evans on Oct. 15.

Sophomore senators Mary Boudreau and Chris Kennedy presented the Food Service Plan Bill.

“Basically our proposal will provide students with an easy, clear and manageable” food service plan, said Boudreau.

Many students miss multiple meals per week, thus not swiping their student IDs for meals they have already paid for.

“We are proposing this

bill to help get some of your money back,” Boudreau said.

They proposed the idea of receiving flex points for every missed meal.

“It would depend which meal you miss,” Boudreau said. Breakfast, lunch, and dinner would all be worth a different amount of flex points.

According to the senators, research on other universities, such as SEMO, showed that students were compensated or reimbursed for the meals they missed. For example, SEMO students receive \$1.50 for each meal missed. The use of this policy is considered in the Food Service Plan proposal.

Out of 272 votes 80.9 percent said yes to the idea of extending grab n go hours from 8 p.m. to midnight. Boudreau described the foods served during this time frame as snack foods such as chips, fruit and granola bars.

Senior senators Jacob Hedlund and Karen Chikuku

proposed the Commuter Meal Plan bill that provides commuters with a 10-meal or 5-meal plan.

As of now, commuters at Lindenwood have no option for a meal plan. The only way they can eat on campus is by paying out of pocket for each meal. Instead, commuters tend to go to local fast-food joints such as McDonalds or Taco Bell, Hedlund said.

In a survey taken by LU students, 81.6 percent agreed that commuters would benefit from having an option for a meal plan.

“This bill offers commuters two meal plans.” One consist of 10 meals per week (two per day) and the other 5 meals per week (one per day). These meal plans calculate to cost \$921 and \$421 respectively.

Senators stressed that this bill, if taken into effect, would not be mandatory for all commuters; rather, the

Also approved by the LSGA on Oct. 9:

Paw Print Pride Act
Increase pedestrian signage and new and repainted crosswalks, with a flare of school spirit. (See **Parking Concerns on Page 3.**)

Tables at Sand Volleyball Courts
Increase “hangout” atmosphere on the new campus.

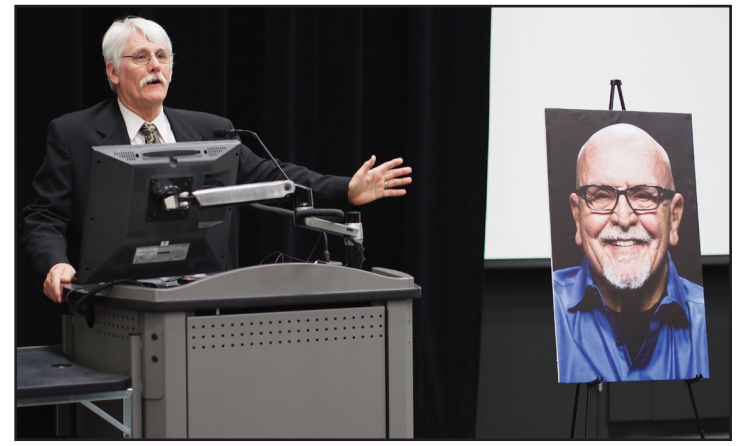
option would be available upon the individual’s preference.

If President James Evans chooses to pass this Commuter Meal Plan bill, effects will take place spring semester 2014.

All bills passed by the General Assembly are subject to change upon review by Evans.



Legacy Photo by Romain Polge
Senior senators Jacob Hedlund and Karen Chikuku present the Commuter Meal Plan, which would offer 10-meal and 5-meal plans.



Legacy Photo by Romain Polge
Dean Mike Wall speaking at the memorial for Rift Fournier.

Continued from Page 1

“He had a blunt way of telling you things, but that genuine sense of honesty is what made him a such good motivational spirit to be around.”

Ramirez assisted him in his cinema capstone and South Park classes.

“There was something about Rift that was so intricate. He just showed that sort of wisdom that made you want to get to know him well,” said Gabriela Santos.

Santos was in the last class of Writing Electronic Media that Fournier taught at LU.

Rift’s passion was contagious. Peter Carlos, the Station Manager of LUTV, met Fournier about 7 years ago.

“He was definitely a character. Everybody loved him just to be around, because he always told the best stories,” said Carlos.

Fournier was not a typical professor, he had a spectacular background in the communications industry. During his career he accomplished a lot.

“He knew everybody in the business. It is a big black whole right know. We are all missing him. I know students adore him because was just honest,” said Carlos.

Mike Wall, Dean of the Communications

Department, expressed how students were very fortunate to be able to have someone as Rift with the real world experience to help students learn the skill of a story telling in a written medium.

“He was diligent and assertive in many cases. My impression is that Rift was somewhat surprised by how much he liked to be an instructor,” said Wall.

“He did not realize the impact that he had on students. He began to be inspired, which made him even more inspiring,” said Wall.

Fournier was born in Wichita, Kansas in 1936. At the age of 16 he was diagnosed with polio.

“I didn’t know [polio] was supposed to stop me from doing something,” Fournier told the Los Angeles Times in a 1986 interview. “You’ve heard the joke. ‘I never knew I was poor’ Well, I never knew I was handicapped.”

LU held a memorial service last Sunday 13th at the Young Hall Auditorium on campus in order to commemorate Rift Fournier’s memory.

“Out of the Box: How a Culture Changed” by Rift Fournier will be released on Saturday, Nov. 16, at noon, in Washington U./Brownat at the St. Louis International Film Festival.

Gluten-free options are hard to find

Lisbeth Sandoe
Staff Reporter

In Evans Commons, there are gluten-free and other labels on the food that students should be able to eat if they have allergies.

Despite the markers, some students are still having issues eating in Evans.

Meghan Ward and Brianna Miller are both allergic to gluten and they have had trouble with the gluten-free stickers on the food.

“I have experienced a lot of problems with the soup,” Miller said. “Basically one

day the soup will have the gluten free sticker and the next time I eat at Evans the exact same soup will suddenly not have the gluten free sticker.”

Miller has also experienced food that is made entirely of gluten has gluten free sticker on it, such as the hamburger macaroni.

“I went in and I noticed it had a gluten free sticker on it, which surprised me because macaroni is usually not gluten-free, so I asked the manager and she said it was gluten-free. I then asked her

to check with the chef and she came back and told me it was in fact not gluten-free.”

The insecurity about which food is gluten-free and which is not is something that Ward recognizes, as well.

She has, therefore, chosen not to eat any of the food with the gluten-free stickers.

“I do not really eat the gluten free food there because I do not trust it, so usually I just eat food that I am absolutely sure that there is not gluten in, such as the burgers without a bun or the salad.”

Both Miller and Ward said

they must take extra steps to get gluten-free food.

“A lot of times when I order a burger without a bun, they say that I have to have a bun and it is only when I tell them that I can not eat it that they will take it off,” Ward said.

“And a lot of times when you ask the staff if there is gluten in the food, they do not know what it is.”

Neither Ralph Pffremmer, who is the director of the food supplier Pedestal Foods, nor the manager of Evans Commons wished to comment.

Grounds crew plants trees

Amgalan Jargalsaikhan
Staff Reporter

Grounds maintenance workers recently planted approximately 50 trees to improve campus life.

The trees were planted in the grassy patches along

the sidewalks leading from Spellmann to Scheidegger, and Scheidegger to Evans.

The trees around campus absorb odors and pollutant gases, including nitrogen oxides and sulfur dioxide.

They filter particulates out of the air and also make the campus a more beautiful environment for students.

Behind the development is LU’s grounds crew, with six full-time workers and 103

Work and Learn students.

According to Supervisor of Grounds Kyle Routh, changes are made every year during the late fall and early winter, depending on facilities built and the old trees’ conditions.

Routh, who decided when and where to plant trees, said that planting trees is beneficial to the community.

“Tree plantings provide an opportunity for community involvement and empowerment that improves the quality of life.”

“LU outlaid around \$5,000 on planting trees this year,” Routh said.

Groundskeeper Todd Pollani said the grounds crew takes care of all outdoor properties to keep them in top condition.

“Trees that we’ve recently planted are oak, white odds and ash trees. But most of the trees on campus are linden trees,” Pollani said.



Legacy Photo by Amgalan Jargalsaikhan
New oak, white odds and ash trees planted between Spellmann and Scheidegger.



Legacy Photo by Jennifer Bruhn
Voices Only performed at Fournier’s memorial service

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Parking concerns addressed

Aeriel Niccum
Staff Reporter

According to John Bowman, the head of security, over 3,000 parking spots are allocated for students, faculty and staff. Yet last month, 300 tickets for parking violations were issued and many are still grumbling about a lack of parking. The Student and Faculty Parking Concerns Committee exists to address these concerns.

Faculty members from the Faculty Council are working with students to share and brainstorm proposals before taking them to the appropriate decision-makers in hopes of implementing the proposed solutions.

One such proposal came from Freshman LSGA Senator Paige Newman at Wednesday's meeting.

Newman's proposal, the "Paw Print Pride Act," suggests adding new crosswalks and repainting old crosswalks in reflective paint. The act also proposes that the traditional pedestrian crossing signs be replaced with signs that would also light up at night. The goal of the act is to encourage students to walk, rather than drive.

"[Walking] would free up spaces for faculty, staff and commuters, as well as make drivers more aware of those who are walking, making walking safer," said Newman. "Reducing the amount of students who drive would also reduce our carbon footprint, as well as be cost effective for the school. Buying paint and signs is cheaper than building a parking garage."

Other ideas discussed at the meeting included using upright posts to block off end parking spots and allocating the space for bicycle and motorcycle use, using color coded parking stickers and parking signs and adding manned gates to certain parking areas.

Wrestling competition shut down by government

Connor Johnson
Staff Reporter

The government shutdown, now in its 15th day, has forced the women's wrestling team to withdraw from two tournaments in Canada next month.

The team, whose season started on Oct. 11, arranged plans to attend the Hargobind Invitational in British Columbia on Nov. 2, and the Harry Geris Memorial Duals in London, Ontario on Nov. 22 and 23.

Due to the government shutdown, however, many of the women on the team will not be able to receive the passports needed to cross the border into Canada.

At the time of the shutdown, only four of the 25 women on the team had their passports, and those who had applied for passports could not get a hold of someone to inform them if their paperwork would get processed in time before the tournament.

Due to this fact, the team had to cancel both

tournaments in Canada, and instead will be competing in a tournament in Jamestown, North Dakota, on the day of the Hargobind Invitational.

Rachel Woodruff, a graduate assistant for the women's wrestling team, says both of these tournaments are still early in the season, and she looks forward to the other tournaments they have throughout the year.

"It's unfortunate that we can't face these opponents, but we are going to move forward and put our energy and focus in to our other matches the rest of the season."

Though the cancellation of the tournaments is not detrimental to the women's season, it still is a hindrance in the fact that the women will have less practice against opponents that they do not usually face.

One of the selling points of the women's wrestling team is that they wrestle internationally, which they may not be able to do this year due to the government shutdown.

Homecoming Dance

Charyssa Neese
Contributing Writer

LU's Homecoming dance will be held on Saturday, Oct. 19 at 8 p.m., at Evans Commons Dining Hall.

The Homecoming chairs from Student Life and Leadership are in charge of it.

Student Organizations who are participating in Homecoming activities can earn points by setting up and cleaning up for the dance.

Points are distributed to organizations throughout Homecoming. The more points that an organization gets, the more funding they get for the year.

There is no charge for students or non-student dates.

Angela Royal, head of Student Life and Leadership, said "You must abide by all campus policies, you must not be disruptive, you cannot be under the influence of drugs or alcohol, etc."

Dress attire is popular, but no dress code is mandatory.

For more information, contact Angela Royal at aroyal@lindenwood.edu.

No concert, comedian instead



Photo Courtesy of freejohnnydare.com

Amgalan Jargalsaikhan
Staff Reporter

Rather than hosting a Homecoming concert this week, the Campus Activities Board has decided to save the budget to get a bigger concert in the spring and to go with a big-name comedian, David Koechner, on Oct. 22.

According to Student Life and Leadership's associate director, Nicole Cornwell, the members of CAB worked really hard to book a big concert, but there were a lot of things that did not align this year.

The various bands' and artists' available times to

perform and their price ranges impeded the ability to host a concert.

"We are not definite that we will host a concert in the spring, but we have to save some budget for it. The students are looking into it but the concert is not related to graduation," Cornwell said.

As a result, Homecoming also means new comedy acts are gracing LU's campus.

David Koechner, who has appeared in many comedy flicks and movies, from "Anchorman" to "Thank You For Smoking," is scheduled to headline the Homecoming Comedy Show this year.

"I do not think we will have the same size crowd for the hypnotist as we did for the concert the past two years," said Cornwell.

"CAB still wanted to host an event during the actual Homecoming Week as they went with a Hypnotist

because it was such a well-received event at the end of last spring," said Cornwell.

Freshman Tamara Ikonnykova said she looks forward to the comedy show.

"I would like to watch stand-up comedian more than some bands that I don't even know," she said. "I wasn't planning to go to Homecoming before I heard that stand-up comedian is coming to highlight the event."

Sophomore Clint Koons said he would have liked a concert, depending on the performers.

"It might be better idea to choose a comedian for me, but of course it depends on what kinds of bands and artists were on the list too," he said.

As a stand-up comedian, Koechner performs regularly in Los Angeles at both the ImprovOlympic West Theater and Largo nightclub.



Names that built LU

Legacy Graphic by Cameron Poindexter

Michael Sprague
Co-Editor-in-Chief

The athletic field located directly behind the Spellmann Center is largely associated with Lindenwood Lion football. Before its construction in 1976 though, it was associated with a different team: the St. Louis football Cardinals.

When ground broke on the field in spring of 1976, a date of May 15 was set for "The completion of the surface of the main playing field which will be used as a summer training base by the St. Louis Cardinals professional football team," according to the St. Charles Banner news.

Just six short years later, the Cardinals were out the door, using other facilities for summer training. A 1982 article in the St. Louis Globe Democrat had a bleak outlook on the stadium's future.

"With the Cardinals' pre-season base back at Charleston this summer, their absence has hurt the town," sportswriter Dave Lange wrote.

"And what about the field, built with the understanding that the Big Red would be around for considerably longer than the six seasons they actually stayed?"

Working through the troubling times of the mid-'80s, the stadium remained in its original condition until 1988. At that time, one man changed the future of Lindenwood athletics forever.

It was announced by the Board of Directors that St. Louis Orthopedic Surgeon and Sports Medicine Specialist Harlen C. Hunter would donate \$600,000 to improve outdoor facilities.

Having opened his clinic in Chesterfield in 1976, Hunter saw the stadium develop over time. He told the Linden Word in the summer of 1988 that "one thing just led to another, and I began to see the great need to establish a sports facility for our youth."

Throughout the years, Harlen C. Hunter stadium has played host to Special Olympic events, Missouri



Photos Courtesy of Mary Ambler Archives

Top: Harlen C. Hunter. Bottom: Photos taken during the construction of Hunter Stadium on the campus of Lindenwood University.

Tigers football scrimmages, Missouri high school playoffs, the Pat McBride soccer camp, the St. Louis Gamblers and St. Louis Eagles semi-professional football teams.

"Athletics is the physical conditioning of the young. I felt that my gift to Lindenwood could continue this important health activity even beyond my own lifetime."

Built in '76, the stadium was intended to be the home of Lindenwood College men's and women's soccer teams.

As the university grew, more teams were added

to the athletic department. Hunter stadium now plays host to Lion football, men's and women's soccer, women's field hockey, men's and women's lacrosse, and rugby.

Names that build LU:

- 9/17 - Spellmann Center
- 9/24 - Roemer Hall
- 10/1 - Reynolds Hall
- 10/8 - Ayres Hall

Visit lindenlink.com to see past stories.

Avoid catching the flu this season

Samantha Brady
Staff Reporter

A runny nose, itchy eyes and a high fever all point to one thing. It's flu season again and everyone needs to know what they can do to avoid getting it.

According to the Centers for Disease Control and Prevention, washing your hands, avoiding sick people, covering your mouth with a tissue when sneezing or coughing, cleaning surfaces with disinfectant, and even getting a flu shot can help you from spending a few days in bed. While some preventative measures seem easy, some seem a little expensive and scary.

"It's better to have a little soreness in your arm for a day than be sick for a week or so," a pharmacist at Sam's Club said.

There are many places that are offering flu shots this winter at low costs for people who don't have health insurance plans.

Sam's Club is offering their shots for \$15.97 and they don't require any insurance. Walgreen's and Wal-Mart both offer shots but prices depend on what insurance each person carries.

This year, there are three different flu strands from which one trivalent influenza vaccine has

been made. The strands are a A/California/7/2009 (H1N1)pdm09-like virus, a A(H3N2) virus, and a B/Massachusetts/2/2012-like virus. There are other strands of flu viruses but the shots usually only have the strands of flu viruses that are popular during that particular year.

Those with severe life-threatening allergies, they should not get the shot, especially if someone is allergic to eggs because most of the flu vaccines have small amounts of egg in them. People who have had Guillian-Barré Syndrome or are not feeling well since the shot could make him or her even more sick.

Groups to show 'musical' talent with lip-sync

Sierra Henderson
Contributing Writer

Lindenwood organizations dance to superhero beats at this year's Lip-Sync Dance Contest during Homecoming Week.

The contest will be held on Wednesday, Oct. 16, from 7-8 p.m. in the Evans Commons Gym.

Going on its third year, the event has proven to draw a large crowd of around

300 people with parents and friends of students in attendance.

Performances will range from 3-5 minutes with 10-20 people performing.

Groups are encouraged to fit their song and prop choices to this year's superhero homecoming theme with the slogan: "Have no fear, the Lions are here!"

The acts can come from student organizations, dorms and sports teams.

Danah McCreary, Homecoming chair of Tri Sigma, said all of Homecoming week, including this competition, is one of the most exciting parts of the year.

She said she started planning the act in August, calling it "something you can look forward to every year."

Fellow Tri Sigma sisters agree with her statements, saying that the audience should expect surprises and

energetic performances.

Organizations usually have worked to make their group stand out from the crowd.

While adhering to the year's theme helps, many groups go above and beyond to impress the judges.

Members of Tri Sigma cited step dancing and tumbling as the more exciting parts of last year's competition.

Among the judges will be Janet Strzelec, head of the dance department, who has

judged the competition for the past two years.

She has had a wonderful time judging, and has been pleasantly surprised by the quality of the acts.

"It is obvious that they take great pride in putting together their songs and movements."

She also acknowledges the fun of the event.

"...even though it is a competition of sorts, everyone is supportive of

everyone else."

The judges will score acts based on their performance, energy, response from audience and conformity to the theme.

Prizes include money for the organization and points to help them move up in tiers as organization.

For more information, students can contact Homecoming Chair Courtney Walker at cwalker@lindenwood.edu.

Digging up history during Homecoming

Seth Lancaster
Contributing Writer

Archaeology students will continue their on-campus excavation of a 100-year-old trash dump at the northeast corner of the Harmon parking lot from 2-5 p.m. on Friday, Oct. 18, and from 11 a.m. to 1:30 p.m. on Saturday, Oct. 19.

The dig began last school year and is the first of its kind on campus. A similar dig took place during the summer at the historic Boone campus located between Defiance and New Melle.

"We're hoping to learn more about Lindenwood's history. You can learn a lot by going through people's trash," said Professor Steve Dasovich, chair of the Anthropology and Sociology Department and director of Lindenwood's archaeological research program. He said that the trash dump appears to be from the 19th century.

Dasovich also said that the excavation, which is entirely student run, serves as "Lindenwood's first outdoor classroom" and "gives students more

practical experience in the archaeological field."

During Homecoming, visitors are welcome to observe the dig, and they will have the opportunity to assist the archaeology students.

"Visitors can help screen materials that are taken out of the ground. The upper layers are dug through quickly, but all the dirt is collected. Then, it is all put through screens. Anyone can help screen," Dasovich said.

More information on the dig and can be found at lindenwood.edu/homecoming.

Be a hero, give blood

Julia Wurm
Contributing Writer

One thing that heroes are well known for is their willingness to save lives. Superheroes will be in the Homecoming spotlight this year, and some everyday heroes can report for duty Friday, Oct. 18.

The Lions' Red Cross blood drive will take place from 2-5 p.m. at the Connection on the first floor in Spellmann Center.

The drive is sponsored by the Leadership class taught by Professor Jack Bekerle.

People can donate blood, plasma, platelets and red blood cells. Each donation has separate requirements such as weight and height.

One blood donation can save up to three lives, according to the Red Cross.

"I think it's very cool that they are incorporating the blood drive into Homecoming. It definitely goes with the theme," Pettker said.

People who wish to donate blood should bring two forms of identification, and eat and drink before donating.

Junior Jessica Benderman

has donated blood before, and plans to do so again this year.

"Some day I might need blood, and I hope somebody else will give blood when I need it," said Benderman.

Appointment times and eligibility requirements can be found at redcrossblood.org.



Photo Courtesy of wsav.com

New LSGA president shares insight on sudden leadership position

Lindsey Rae Vaughn
Production Manager

Marketing student Nikki Napolitano is the new LSGA president. With several questions circling around the sudden presidency, Napolitano expressed her outlook for her presidential term and the future of LU.

Q: Where are you from originally?

A: I'm actually from Hazelwood, Mo., about 15 minutes away.

Q: Why did you choose LU?

A: I was looking at Mizzou and the bigger state schools but I really felt like I connected better with Lindenwood because I didn't want to get lost in the crowd, I didn't want to be like one in a million.

So I wanted to go to a school where I could actually make a difference and at Lindenwood, I feel like with any student that's able to happen.

Q: Why did you want to become part of LSGA?

A: All through high school, I was in student council and was class president and I really enjoyed being able to listen to students and make a difference.

I really like how the students were able to come to the class representative and let them know what needs to be changed and

what they want changed and to have that power and ability to change what needs to be changed.

Q: How do you feel about being the president after recent events?

A: I was definitely planning on running for president next year anyway, so it was in my plan. People know me and they know I have a five-year, 10-year plan, so this was definitely something that sprung very sudden, but I am happy and I think that everything happens for a reason.

I think that I can perform in the way that I need to, but I was just worried at first because I have been in LSGA since I was a freshman and I have seen past presidents and they were amazing individuals. I am the first woman president in LSGA [since LU became co-ed, 1969].

So it's a big step for me, especially being the first woman, but also being one of the youngest. It's usually a senior, but I'm only a junior, so that's something that I need to strive to work towards, trying to be what I need to be, so that is hard.

It's hard because you see all the presidents from when I was a freshman and I look up to them,

they are my role models and now I am, so that's why it's kind of crazy.

Q: Have you felt support from members of LSGA?

A: I would say I've only felt support. I felt like at my first meeting, they obviously could tell I was nervous, I was shaking I was definitely nervous, but they were very supportive and I received a standing ovation and I really was like 'wow, I can do this.'

Q: Will you be able to run for president again?

A: Yeah, I will be able to run again. There is nothing in the constitution that says I cannot. I will finish out this term and if I want to pursue it again, I'll run again.

Q: Do you currently want to run again next year?

A: I love where I am right now. I love having the students being able to come to me or the rest of the e-board (executive board) and say their opinions. I really like the position. It's a nice position. It's something I really enjoy doing.

As far as the e-board, it's not like just one person has everything to do. The e-board is backing me up completely because with the whole vice president [position] being

vacant, that [position] is me also right now. They are definitely behind me, supporting me 100 percent.

Q: What is the plan for filling the vice president slot?

A: Right now, there is nothing written in the constitution for that to happen, so we really can't just put someone in the position because if we do that, then the constitution will be nothing but a piece of paper. We want people to take it seriously.

We are thinking at the end of the semester, we can add amendments, but for the rest of the semester it will probably just be vacant.

Q: Do you have any plans for LSGA or LU now that you have this position?

A: I really want more organizations on campus; I want them to actually know what LSGA is. Most students don't even know what it is and I think it really could benefit the students if they actually knew what LSGA was. If they knew, then they can go to them for suggestions on campus.

Right now, a lot of students see Lindenwood as something they can't change, that's just how it is, the administrators are the only ones who can do anything, but really in all honesty, it's the students.

Dr. Evan's is all for the students. He wants everything to be student-changed. He wants the students to have a voice and that's one of my main goals is that students have that voice.

Another goal I have is to get 100 organizations



Legacy Photo by Romain Polge
Nikki Napolitano conducted her second meeting as the new LSGA president on Wednesday, Oct. 9.

in LSGA. Right now we have around 80. This past year, I think we have voted in five new organizations already. We are doing really well with voting in new organizations.

Once an organization does become a part of LSGA, they get funds and different kinds of funds. You can request rooms and request to be part of the leadership institutes.

Q: Is there anything you want the student body to know about you personally or as their president?

A: They can always come to me. I'm very open.

Some people think I'm silly. Sometimes people think that they can't take me seriously, but I really can be extremely serious if you want me to be, but I can also be goofy. I'm a very happy person.

I'm always open to communicate or anything that they need to talk to me about that has to do with Lindenwood, they can feel free to email me.

Students are encouraged to email Napolitano at any time. All students are invited to attend general assembly meetings at Dunseth Auditorium every Wednesday at 4 p.m.

Executive Board

President- Nikki Napolitano * Isgapresident@lindenwood.edu
Vice President- VACANT

Treasurer- Rosie Medagus * Isgatreasurer@lindenwood.edu

Secretary- Jordan Harms * Isgasecretary@lindenwood.edu

Public Relations Officer- Chris Layer * Isgapublicrelationsofficer@lindenwood.edu

Events Coordinator- Isaiah Jenkins * Isgaeventscordinator@lindenwood.edu

Speaker of the Senate- Mary Boudreau * Isgasenate-speaker@lindenwood.edu



Deborah Starr
Featured Columnist

Midterm blues



Midterms.

Sure, some of you out there may have had the great fortune of getting by this fall without having to take any, but for the most part we are all stuck with the misfortune of taking these tests that come around right around the halfway mark of the semester to see if we truly comprehend the things we have learned thus far.

While fall semester and spring semester may look similar in many ways, there is one major thing that differs between the two: a break right in the middle. In my opinion, spring semester seems to go by so much faster than fall.

Perhaps it is because I know that once I reach the midway point, I get a full week off of class to do nothing but relax.

While many schools have this glorious thing called a fall break, we here at Lindenwood are not so fortunate.

Maybe the reason we don't have one is because we have six weeks off at Christmas if you exclude J term, or maybe it's because we get other random days off here and there.

But, if you ask me, a fall break is incredibly important to students.

I'm sure all of you have talked to friends within the past week or so who spoke about being off of school for a few days right around the middle of the semester, and like me, you have been slightly green with envy at the thought of having even just a few days with no class, no homework and nothing but sleep and play.

Yet, we find ourselves in the middle of week eight with not yet having a single day off and having to wait yet another eight weeks until that actually happens.

This time, more than any other time of the year, is when I get exhausted.

With tests, projects and presentations breathing down my neck, the idea of a few days off sounds so marvelous.

For some reason this is the time of year that I usually end up having some sort of emotional breakdown because I have been going and going and going for eight weeks straight, and as I look forward, there isn't even any relief for yet another eight weeks and that thought stresses me out.

Perhaps I am being slightly dramatic. I mean, if you think about being in the real world, there aren't any fall breaks, six weeks off at Christmas, or spring breaks to refresh you before going back.

And unless you become a teacher, there isn't even summer break.

But I guess while I am in college, I want to take advantage of these times off before the real world smacks me in the face and I get two weeks vacation time over the course of a year.

I guess what I am saying, is that I am tired. I'm sure I'm not the only one who has taken a few exams this week that have left you both physically and mentally tired.

If only there was a time that I could slow down and catch my breath before doing it all over again.

Well, I suppose there is. Unfortunately we just have to wait another eight weeks before we get there.

When did entertainment become news?

Benjamin Bathke
Staff Reporter



When Miley Cyrus' feeble attempt at twerking went viral after the 2013 MTV Video Music Awards in late August, the news media was all over it and contributed massively to it spreading so quickly.

Cyrus' presumably planned provocation permeated the airwaves to an extent that is shocking because even qualitative, mainstream media picked up on this piece of entertainment like it was news.

At the same time, other news that certainly had a larger impact on people's everyday lives didn't get the attention it deserved.

With the news market rapidly changing, it seems that news media nowadays jump on the bandwagon much quicker in order not to lose viewers and, in turn, money.

When something "crazy" happens, it can lead to news assuming the shape of entertainment. Next, the Internet, or more accurately, people on the Internet react and propel the event into everybody's conscience

through Twitter, Facebook and other platforms.

The third step is when the media believes this is newsworthy and tell us what people on the Internet are doing.

The more newsrooms report on the story, the more people react to it, which leads to even more television stations including it in their newscasts.

When an Indian-American woman won the Miss America pageant, for example, BuzzFeed posted a list of a couple dozen tweets under the headline that "A Lot Of People Are Very Upset That An Indian-American Woman Won The Miss America Pageant."

People started re-tweeting it, services such as Upworthy sent out BuzzFeed's article in an e-mail, and very soon the media picked up on it.

The first part is not the bad one.

While the majority of the comments were definitely racist and reprehensible, everybody should be media literate enough to know that there are always people who think this way and, more importantly, that they tend to be in the minority and that of course there are also people out there who posted positive things.

It becomes bad when

media decided that this is news, when in reality it is entertainment.

This sheds light on another issue of the media: Why didn't BuzzFeed write about all the positive reactions about the outcome of the pageant?

Although the answer is most definitely more complex, bad news and sensationalism seem to attract more viewers.

Broadcasters have learned that by heightening the drama of real life events, news stories such as the twerking incident, which were previously looked over, can become multimedia spectacles.

The media coverage wasn't quite the same when Britney Spears had a similar performance in 2000. Unfortunately, the enormous pressure to excite the audience due to limited budgets and highly competitive markets seem to leave newsrooms with little choice.

What's more, since people, especially members

of generation Y, are increasingly looking for information online, television companies are desperately trying to pursue young people, which typically leads to less informative and more entertaining newscasts because traditional news organizations are placing their messages on many different media channels.

News as entertainment is definitely a troubling trend. Reporters need to remember that there is a distinction between television and journalism.

Amid economic hardship and a greater dependency on advertisers, however, maintaining a perspective on the importance of real news and information and presenting it in a way that appeals to viewers becomes a challenge at best and flat-out impossible at the worst.

Nevertheless, journalists must use resources wisely so that they can inform the public to the best of their ability.

It is their duty to give citizens the information they need.

LU Wi-Fi does not meet standards for students

Chris Smith
Staff Reporter



If there were a list of things people at Lindenwood complained most about, the Wi-Fi would definitely be on that list.

I can't speak for everywhere on campus, but I know there are a lot of places where students have problems with the Wi-Fi. As a university where students rely on the Internet to get their work done, you would think that the Wi-Fi would be stable at least.

Don't we pay enough money to at least deserve that? From a student's perspective, there isn't anything much more frustrating than trying to work on an assignment and not being able to connect

to the Wi-Fi.

Yeah there are labs, but sometimes that isn't an option. It's gotten to the point where I've gone to tweet or email about the poor connection, and I can't even get on the Internet to do so!

The IT department can only be so much help with all the problems.

When some students would rather go off campus to use the Internet because the Wi-Fi is so bad on campus, I think it's time to upgrade.

There are some spots on campus where you can't connect at all. I just think that when students depend on the Internet to get work done, it should be able to support needs anywhere on campus.

No, students shouldn't expect to have the fastest Internet, but we should be able to have faith it will at least function correctly!

Killian Walsh
Staff Reporter



Let's take a minute to talk about our parents.

They gave us life and kept us alive this far no matter what trouble we may have gotten into. They've raised us into the people we currently are.

But one thing that they can no longer do is control our actions. So, we must take it upon ourselves to make our own decisions and try to keep in mind what they have taught us. That is, if we have enough independence to do so.

My experience is that kids are more reliant on their parents today than they have been in the past. Maybe it's the economy or maybe it's technology but whatever it is, it has become a huge problem. I for one, am just as guilty. I can barely make my own doctor's appointments without my mom, let alone make important decisions. I call my mom and dad for the simplest little things, including what I should wear or to ask for money. It's a

shame, but it's just because I have been swaddled and raised that way.

The problem with this is that kids can't function out in the real world when they are forced to get a real job and maybe even move out of their parents' house.

A lot of kids that are graduating from college can't find work. Like I said, it could be the economy but it also could be the fact that these kids don't have the independence skills needed to survive an interview and land a job. So, they end up living with their parents longer and longer until finally, hopefully, they get a job.

I hope that one day, kids will start to get independent again, including me. It scares me that I'm graduating in the spring and will be forced to venture out into the real world.

I love my parents for all they have done for me, and I'm sure other kids feel the same way.

But sometimes I wish they would have given me more responsibilities so that I wouldn't have to run into the scary real world as blind as I will be.

iOS7 looks good? What else does it offer?

Jason Wiese
Culture Co-Editor



As of two weeks ago, Apple has made its mobile phone software update iOS7 available for download. When I discovered this update I thought, "What is the point?"

My iPhone 4 looks fine and runs efficiently. Besides, by the time it is finished downloading, Apple may already have released something better.

However, after I caved in and decided to download the update (which I did overnight,

and I highly recommend that option to anyone who has an insufferable issue with patience), I noticed something. The visual design is a step up from the original but it does not feel fresh; it feels familiar.

After pondering how this can be I came to the conclusion that Apple has realized that their iPhone design has become a cliché over the years.

They can no longer create anything that makes the most recent product seem outdated because they themselves are outdated and are at risk of falling prey to the rising popularity of the Android phone.

So, Apple figured if they cannot beat them, join them.

Apple cashed in on Android's success by changing to a similar design with iOS7 by adding brighter colors, sleeker app symbols, and a number keypad with circular buttons, as opposed to the original squared buttons.

That being said, the most significant difference that iOS7 has to offer is its appearance.

There are a few new features that are worth mentioning, including having a flashlight without having to download an app, which is my favorite new feature.

The photo viewer app now features filters with which the stored photos can be given a flashier appearance.

The music app now includes Apple's answer to Pandora: their new music streaming feature, iTunes Radio.

As for certain problems or inconsistencies with the update, any one of them is simply a first world problem not worth mentioning. In other words: get over it iPhones.

You brought your own misery on yourself by downloading this mainly unnecessary update.

At least it was free. The bottom line is that iOS7, as much as I enjoy its design and notable new features, is a take it or leave it deal in my opinion.

It is certainly unnecessary, but it is fun; if you can figure out how to use it, that is.

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On The Fence

Is Obamacare beneficial or hurtful?

Brought to you by the Liberty and Ethics Center

PRO

Anthony Jones
Contributing Writer

Year after year, tuition for our higher education rises, while our job market gets tougher and tougher.

While demanding more and more education, strapping most young people with debt that is more than they will ever be able to pay back.

All of us college students reading this know that when we complete our higher education, we will have more than enough bills waiting for us.

The Affordable Health Care Act, also known as "Obamacare," not only improves healthcare for all Americans, it also helps most college students by allowing us to stay on our parent's healthcare plan until we are 26. This means one less bill we have to worry about when we graduate.

Those our age who oppose Obamacare when asked

why they cannot exactly say what they oppose, or they just hate it because Obama did it, or their parents told them that it was bad.

As students we are far too smart to give such poor reasons for why we oppose a program.

That's why I encourage all who read this to do research with the tools our professors have given us to find out the real facts.

For those who say most people don't want it, I say the President ran two elections with his healthcare plan as his focal point and he won, by a significant margin.

The Supreme Court upheld it as constitutional, and the House republicans have tried to repeal it nearly 40 times and lost every time.

At some point we have to realize that America has voted on Obamacare.

So instead of shutting down the government to defund it, congress should work together to improve it.



Loren Hazelwonder
Contributing Writer

For the past few months, the Obamacare debate has swept the nation.

There are so many people who remain shockingly indifferent since the recession began in 2007.

Obamacare includes an employer mandate that will require companies to pay for government-determined health insurance.

There are a few loop-holes to this mandate that were discussed by Steven Moore at the John W. Hammond Institute.

Moore is a member of the Wall Street Journal editorial board and explains that companies with fewer than 50 employees will not be fined if insurance is not provided and companies with 50 or more employees will not have to provide insurance to those that work less than 30 hours a week.

This employer mandate should raise a red flag



CON

because it opens doors to an increase in unemployment and creates a halt in business expansion.

Not only are we facing an increase in unemployment, we also worry about the increase in government spending.

The Congressional Budget Office projected costs to reach \$1.76 trillion over the next decade, but that is only the opening bid. As more and more people lose their job-based coverage and flood into taxpayer-subsidized insurance, the cost will be \$2 trillion.

The current standings are not showing the less than \$1 trillion the president promised.

Not to mention the new and higher taxes, cuts to Medicare and government control over doctor decisions that will soon grace our presence with Obamacare.

Perhaps the November elections are our only hope.

Republicans are sore losers: Obamacare will help us

Cole Figus
Staff Reporter

For five years, the Party of No has obstructed everything President Obama has worked for in order to accomplish their publicly expressed goal: make Obama a one term president.

It doesn't even matter to them that he is now comfortably in his second term.

However, the one thing they will say "yes" to is screwing over sick people.

Yep, Republicans have shut down the government in order to protect our Constitutional right to die in the streets without healthcare and have everyone else cover our bill.

Because that's what happens when someone doesn't have healthcare and cannot pay their health bills: the government and every taxpayer loses money.

On a related note, if everyone is responsible and has healthcare, everyone saves money and healthcare rates even get cheaper.

Meanwhile, if there is healthcare regulation, everyone's health insurance is better: no company can deny you coverage, there are no healthcare caps, and children don't have to die because they were born to low-income parents.

Republicans preach individual responsibility, which is exactly what universal healthcare is!

Instead, they are telling young people not to buy



insurance to stick it to Obama, and because of this, people are going to die.

What parent or human being would tell someone that?

Even worse, shutting down the government over healthcare is the biggest crybaby tantrum I have ever seen.

Republicans have been asking when there will be a conversation about Obamacare.

Where were they for the four years Obama campaigned on healthcare, got elected by a landslide, and then famously struggled to pass it because of their constant obstruction?

Republicans like to claim Obama is a tyrant who does not play by the rules, but that is completely a lie.

The law is going into effect only after it was passed by both houses of Congress, the Supreme Court ruled it Constitutional, and Obama was elected to a second term over Mitt Romney, who campaigned largely on repealing Obamacare.

That is as by the rules as a law can get.

So here is the message to Republicans: you lost.

By a lot. You all are being big babies because you lost another election so badly.

Electorally you were squashed like bugs!

And even though you kept control of the House, your House members received way less votes than the Democrats.

Seriously... Obamacare passed years ago- it is a law already, get over it.

Overeating Disorder: just as dangerous as undereating

Are you eating to satisfy your hunger or are you eating for pleasure?



Photo Courtesy of diseaseproof.com

Mariah Stewart
Social Media Editor

When are we really hungry?

Our body gives us signals, but how often do we really understand those messages?

Our stomachs may be full, yet we tend to disregard our food capacity and support what our mind craves.

Overeating is as much an addiction as cigarettes are to the nicotine lover.

Obvious eating disorders such as anorexia, bulimia, and binge eating are made highly aware.

However, overeating is a problem that is simply swept under the radar.

You might be thinking, "isn't overeating and binge eating the same thing?"

Not necessarily. Binge eating is an extreme form of overeating.

A person who binge eats is more likely to eat three meals at one sitting.

Furthermore, this article addresses the issue of a person simply taking one too many bites, or over-snacking on the day-to-day



basis either knowingly or unconsciously.

We eat because we are hungry, but more often we overeat because our body wants to satisfy the brain's pleasure center.

According to Dr. Neal Barnard's book, 'Breaking The Food Seduction,' the reason people love eating junk food or sweets is because the large amount of carbohydrates and sugars intensely stimulates the brain's opiate receptors a.k.a the pleasure center.

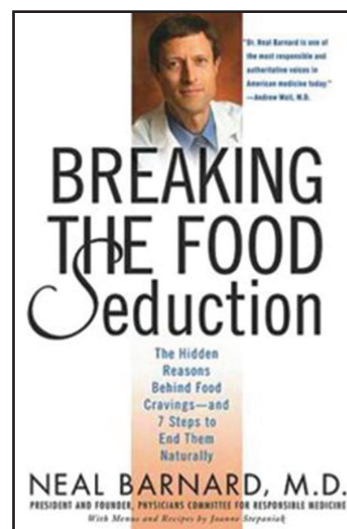


Photo Courtesy of mzzmariah.wordpress.com

Barnard's book addresses just how serious overeating sweets and junk food can become.

If a couple hundred

calories worth of sugar is consumed every day it could cause the brain's receptors to distort our moods and cause us to need the food just like a drug addict's need for his/her next fix.

You may analyze this piece and feel that you are not addicted to overeating or would never get caught up in such a habit but one specialist says otherwise.

In the Diagnostical and Statiscal Manual of Mental Disorders (DSM), overeating is not specifically mentioned as a mental disorder.

However, at the end of the chapter on eating disorders, unspecified behavioral issues concerning food is linked to being a mental disorder.

If you feel that you have a threatening condition concerning overeating or any food addiction you should talk with someone. Twenty-four hours a day you can call the Behavioral Health Response crisis line at 800-811-4760.

If you need treatment visit Castlewood Treatment Center, a facility that offers many options for people going through life.

No public transportation limits experience

Jennifer Bruhn
Staff Reporter

People in the St. Charles area are almost forced to have a car because it is difficult to get from one place to another.



While many students have cars, international students in particular still face difficulties in mobility. Isn't it internationals especially who want to explore the area?

Not having a car means having to walk or take a cab. In addition, certain areas doesn't provide walkways at locations where they are needed.

I feel like everyone assumes everyone has a car and that people don't walk. The current situation might be the reason why people do not get the idea to walk or ride a bike. How are they supposed to when the streets don't allow them?

I don't understand why the government doesn't provide money to improve this issue. Can't public transportation reduce our emissions? Despite the fact that St. Charles is a relatively small area, it would still be a step forward.

Finally, we saw an improvement with the St. Charles Area Transit system. Five bus routes provide transportation to different locations in St. Charles.

I have never seen the bus passing by and do not feel like students take advantage of them. What students need is easier transportation.

I hope that it will be easier for students without cars to go to different places in the future, not only to give them the opportunity to get to know the area, but also to reduce the amount of cars which have a negative impact on the environment.

LU Film Series

Friday, Oct. 18:
Things to Come (1936)



Photo Courtesy of lindenwood.edu/film

“Things to Come,” showing Oct. 18, is a film adaptation by H. G. Wells essay “The Shape of Things To Come” and which tells of a time filled with war, disease, and the first rocketship to the moon. “Vampire Hunter D,” showing Oct. 19, is an action anime film following a vampire hunter known as “D” after he is hired by Doris to save her life by destroying the vampire who bit her.

Saturday, Oct. 19:
Vampire Hunter D (1985)

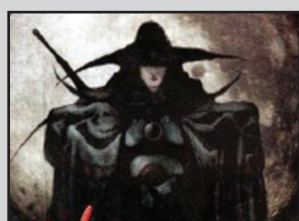


Photo Courtesy of imdb.com

Premium Outlets Critique

Melissa Spears
Managing Editor

As much as I love shopping, it wasn't until this past weekend I was able to make it out to the new outlet malls in Chesterfield. As I spent months excited for Taubman Prestige and St. Louis Premium Outlets to open, I left more depressed with one and overly-impressed with the other. Here's a list of pros-and-cons, from the shopping guru herself (I'm only kidding) but... they may help you when deciding which outlet to go to without the stress of disappointment.

PROS

- Both offer name brand stores that will save that wallet of yours more money.
- Close proximity to one another, making it possible to shop both, in an all-day shopping adventure.
- If you're hungry, they've both got you covered.
- Sales are always happening. You can check both websites and Facebook pages for more information on what's going on.
- More stores will continually be added. Maybe it'll be your favorite store.

CONS

- Taubman offers only a select variety of good outlets such as: as A&F, American Eagle, Banana Republic, Polo Ralph Lauren, Pacsun and even Lucky Brand. Whereas, St. Louis Prestige offers a huge variety of stores you don't really see around the St. Louis area: Michael Kors, Under Armour, Kate Spade, Oakley and even Vera Bradley.
- St. Louis Prestige Outlets offers a greater variety of food where you can actually dine-in at a restaurant instead of Taubman's café-style type of environment.
- Neither are pet-friendly.
- Taubman's website looks poorly put together, whereas St. Louis Prestige's is easily navigateable.

For more information on these outlets visit:
taubmanprestigeoutlets.com
or
premiumoutlets.com/stlouis

Big banks use charm to get you in the door, then drain your savings with sharp fees and service charges. Credit unions offer 2 percent lower average car loan rates, fewer fees and a statewide network of ATMs. Nearly everyone who lives, works or plays in Missouri can join. Don't get tricked by a big bank — treat yourself to more savings and make the switch to a credit union.

BankOnMore.com **BANK ON MORE**
The Credit Unions of Missouri

College Students hooked on Netflix

Samantha Triplett
Staff Reporter



Photo Courtesy of msmagazine.com

With Netflix, college students like ourselves can indulge in our favorite shows without running out to rent them or bother with ads. Whether new or old, shows are being enjoyed all across campus. Here are some favorites from the Netflix-users of the Legacy.

News Editor Emily Adair is caught up in “The West Wing” which follows the administration of a Democratic president and his senior staff. “The characters are so well written and portrayed,” she says, “that I can generally predict how each one will react to certain situations. I'm only on Season Three right now, so I have a ways to go yet. Whenever I have free time, that's what I'm watching.”

Meanwhile, Culture Co-Editor Jason Wiese recommends “Blue Mountain State” which follows three freshmen at Blue Mountain State, renowned for its football, as they try to adjust to their college lives. “Imagine a school that revolved around football, gorgeous women, and partying. There is absolutely no class, in both meanings of the word... I mean, you never once see someone in a classroom in any of the show's three seasons. Ever,” he says.

There's also “Orange is the New Black,” a Netflix original series, which Managing Editor Melissa Spears is watching. “OITNB [Orange is the New Black] shows the Hollywood perspective of jail life for all walks of life in a comedically, drama-filled and heart-warming way,” she says. “It's quite beautiful how each character changes throughout the show and to see their choices that brought them there in the first place.”

For fantasy shows, Culture Co-Editor Annette Schaefer recommends “Once Upon a Time” and “Supernatural.” She's been a fan of “Supernatural” since it first began. “I've always had an interest in the paranormal,” she says, “pair that with a couple of good-looking guys getting in some apocalyptic scenarios and I'm hooked.” Schaefer just started watching “Once Upon a Time” and is already a fan. “I am so entranced with its in-depth storyline and its ability to intertwine everyone's favorite fairytale characters and give it a modern twist,” she says.

For more information on Netflix or to try for free, visit Netflix.com.

Homecoming 2013

Wednesday, Oct. 16:

7:00 - 8:00 p.m.

Lip Sync Dance Contest
Evans Commons

Thursday, Oct. 17:

7:00 p.m.

Hypnotist Josh McVicar
Butler Loft

Friday, Oct. 17:

1:00- 6:00 p.m.

Homecoming/Reunion Guest Registration
Hyland Arena

2:00 - 5:00 p.m.

Red Cross Blood Drive
The Connection, Spellmann

3:30- 4:30 p.m.

Rediscover Lindenwood
Harmon Hall

5:00 - 6:00 p.m.

Pep Rally

Evans Commons Gym

5:00 - 7:00 p.m.

Alumni Fashion Showcase
J. Scheidegger Center for the Arts

7:00 - 9:00 p.m.

Athletic Hall of Fame Dinner
Columns Banquet Center

8:00 p.m.

Lynn Anderson Concert
Bezemes Family Theater

Saturday, Oct. 19:

8:00 a.m.

Race to be King- 5K run/walk
Roemer Hall

8:30 - 9:30 a.m.

Breakfast with the President
Anheuser-Busch Leadership Room, Spellmann

10:00 - 11:00 a.m.

Homecoming Reunion Parade
Lindenwood Campus

10:30 a.m. - 1:00 p.m.

Homecoming/Reunion Guest Registration
Lower-level Parking Lot, Spellmann

11:00 a.m. - 1:00 p.m.

Barbecue Luncheon
Lower-level Parking Lot, Spellmann

11:00 a.m. - 1:00 p.m.

Football Tailgate
Dorm Parking Lot across from Spellmann

1:30 p.m.

Homecoming Football Game
Hunter Stadium

8:00 - 11:30 p.m.

Student Homecoming Dance
Evans Commons Dining Hall

For more information on this year's Homecoming visit lindenwood.edu/homecoming

Elsinore coming to Firebird



Photo Courtesy of elsinoremusic.net

Cayla Brown
Contributing Writer

Beginning in 2004, four friends with a passion for writing songs together and playing live concerts formed the band *Elsinore*. Each was finishing college and the driving force of writing and playing live just naturally caused the band to gain momentum. As they were touring and traveling, the encouragement they received by their audiences started the band to pursue bigger and better things.

Eight years, two studio albums, one live album, and fourteen EPs later, these friends from Champaign, Illinois, formed their band. Taking this serious step to record a new album "PUSH/PULL", two of the bands original members decided they could not commit to this endeavor any longer and so a new drummer and bassist were found. Within five days, the group had congealed and full commitment allowed them to create "an expression of what Elsinore is as a band right now. This record turned out exactly the way we had hoped," said vocalist, Ryan Groff.

Being recorded in Pogo Studios, the songs were given life by the older studio atmosphere and the opportunity to play on older gear which helped their inspiration and allowed the band members to be in the right state of mind and let the creativity flow. Along with their producer Beau Sorenson, a creative force for the band, the band felt that the songs ended up the way they were meant to, according to Groff.

This album has a little for everyone. A listener may think they have the sound of the band figured out after the first couple songs, but there are many songs that go in totally different directions. "Even though all the songs sound like they belong on the same album, the genres do not all fit in the same pocket," said Groff. One can imagine as they listen, hearing influences from a whole range of music.

Touring since May, Elsinore will be playing at the Firebird, "a home away from home," on Oct. 19. They will be playing their new album "PUSH/PULL" which was released on Oct. 15. Tickets can be bought on firebirdstl.com. Their music can also be purchased on elsinoremusic.com and parasol.com. The band is also on Facebook and Twitter.

Already with a new album in the works, the band will be having a Midwest tour to publicize "PUSH/PULL." They are also planning an east coast 10 day tour hitting cities such as Pittsburgh, New York, Baltimore, and more. Elsinore has dreams of only going up from this point, hoping some day for a national tour.

The Kliks bringing soul to The Demo

Jason Wiese and Annette Schaefer
Culture Editors



Photo Courtesy of thekliks.com

St. Louisans gearing for Canadian "soul rock" music will find no better place to hear it than The Demo where The Kliks will be performing on Oct. 22. The Kliks were founded in Toronto, Canada in 2004 by vocalist/guitarist Lucas Silveira. St. Louis is the next stop on their tour in promotion for their latest album "Black Tie Elevator."

The Legacy's culture co-editor Annette Shaeffer talked to Silveira about his music career and the upcoming show.

Silveira is the only official member of the Kliks, which used to have a full lineup (he tours with additional musicians).

"Being in a band is like being in a marriage," he says, in regards to his belief that the band always has to be on the same page or the project will fall apart. He adds that being the only official member is "a lot of work, but emotionally it's really good. I write my own stuff, I don't need a band to write for me. I can go in and say [to my touring musicians], 'Hey, can you play this for me?'"

Silveira gives credit of his success with The Kliks to the LGBT community. He made the full transition from a woman to a man in 2010. He says that the LGBT community, "are how we got

to where we got." If not for Silveira's openness about being transgendered, The Kliks may not have had the opportunity to play all over and even in St. Louis.

"St. Louis tends to be more interactive [at shows]," says Silveira of a city which he admires for its passion for music, "in Canada audiences are more reserved."

Next week's audience should be ready for, as Silveira predicts, "a solid show," especially at The Demo, which is a smaller venue, although Silveira added "it's intimate but powerful."

"I never really thought about messages. I play music and hope people connect," he says about playing shows. Although, if he had to have a message for fans, it would be, "Love yourself and love one another... it might be cheesy, but it's all you need... You just need to be nice to people."

Outbreak Tour rocks local venue

Lindsey Rae Vaughn
Production Editor

Rock n' roll took center stage at The Pageant, which hosted the Monster Energy Drink Outbreak Tour featuring bands Throw The Fight, Stars In Stereo, Black Veil Brides and Bullet For My Valentine. Though the venue was not completely full, the crowd energy stayed consistent.

Openers, Throw The Fight, started the crowd up with up-beat, head-banging songs. The five piece band demanded the attention of the crowd and received it.

Stars In Stereo appeared to be a three-man group as they opened their set until a blonde woman, Bev Hollcraft, came out and fronted the band.

Hollcraft's high pitched voice blended well with the hard guitar riffs and heavy bass. Two songs into the set, Hollcraft grabbed a guitar to make the dynamic of the

group more powerful. Stars In Stereo is definitely a band to watch out for.

Black Veil Brides came on stage to find a sea of fans with their faces painted and horns in the air. The group moved all over the stage throughout their performance and kept the crowd energized from beginning to end. The set was mostly a mixture of new songs, the band made sure to play older songs as well.

Lead singer, Andy Biersack looked into the crowd with a smile on his face as if he was looking at a close loved one. The entire band was very engaged with the entire crowd and made them have a better time by looking like they were having the time of their lives. Very fittingly, the band ended their set with their single off their new album, "In The End."

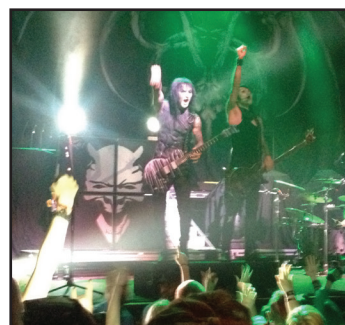
The headlining band, Bullet For My Valentine, opened up with classic Bullet songs like, "Waking The Demon,"



Legacy Photos by Lindsey Rae Vaughn

Top: Bullet For My Valentine took command of the stage as headliner for this year's Monster Energy Drink Outbreak Tour.

Left: Black Veil Brides had tons of energy while performing. The five man group recently visited St. Louis during the annual Vans Warped Tour this past summer.



and "Scream, Aim, Fire." In support of their latest album, "Temper Temper," Bullet For My Valentine performed singles like "Temper Temper," "Riot," and "Dirty Little Secrets."

Bullet For My Valentine isn't unfamiliar to the St. Louis stage. They have

performed at past Uproar Festivals and at Pointfest on the main stage. With having a smaller, more intimate crowd, the band shined and showed their enthusiasm while being closer to their fans.

All band's performances were excellent. The crowd went wild with excitement.

Motion City Soundtrack and Bayside share St. Louis stage

Annette Schaefer
Culture Co-Editor

For the second time this year alternative pop rock band Motion City Soundtrack hit the St. Louis stage. This time performing alongside alt-rock group Bayside at small local venue, Plush, which also serves as a restaurant and bar.

The show took place on Sunday starting at 7:30 p.m. with pop punk band State Champs. The band began the night with a fresh and energetic bit of poppy vocals and infectious punk riffs. The singer quickly danced around the stage often jumping up and down inviting the audience to get involved. For the most part many of the songs sounded the same, but the band put on a solid performance that got the audience in gear for the rest of the night.

The second band of the evening was What's Eating Gilbert, the side project band of New Found Glory guitarist Chad Gilbert. The band's unique blend of retro 50s rock and pop punk make for an interesting, but fun sound. The band played a colorful set including songs about crappy people that never go away, "I've Got You," songs about pretty joggers causing car accidents, "Good Looking," and even a cover of "Pretty Woman."

Co-headliners and New York natives, Bayside, played next. It was clear as soon as they hit the stage that many in attendance were there to see them. The band played a near non-stop performance, tearing into one song after another. As excited as the crowd seemed it took a few songs for the audience to really loosen up, but they did and by the end of the set they were not ready to let the band go.

The final headliner for the night was the previously



Legacy Photos by Annette Schaefer

Left: Bayside singer, Anthony Raneri gets into the bands' set for the crowd at Plush. **Right:** Motion City Soundtrack fronted by singer, Justin Pierre finished off the night with a diverse set.

mentioned Motion City Soundtrack. MCS put on an excellent show with a diverse set-list. The band took the stage to a screaming audience, not as big as their Warped Tour crowd this summer, but with ten times the passion. The band played through several songs off of all five of their albums and even played a new single, "Inside Out" off their upcoming 2014 release. After the band finished, the crowd insistently shouted for an encore and the band came out and played two more tracks: "Disappear" from 2010s "My Dinosaur Life" and "Everything's Alright" off of 2005s "Commit This to Memory."

For more information on these bands visit State Champs at facebook.com/statechampsny, What's Eating Gilbert at whatseatinggilbert.com, Bayside at baysidebayside.com, and Motion City Soundtrack at motioncitysoundtrack.com. For more on Plush, including dining hours and other upcoming shows, visit plushstl.com.

Minus the Bear share unique sound at Plush

Max Williams
Staff Reporter



Photo Courtesy of pollstar.com
Minus the Bear performing.

This past Saturday Minus the Bear arrived here in St. Louis at local venue Plush and graced our city with their captivating musical presence.

Minus the Bear is an indie-rock band based out of Seattle, Washington that has been around since 2001.

Headed by lead singer and guitarist Jake Snider, Minus the Bear experiments and rocks out to a new-age, different kind of alternative sound. With combining trance-like electronics, very unique guitar riffs, vocals that don't attempt to step outside of their boundaries, and sometimes obscured, poetic lyrics, Minus the Bear ultimately has an uncommon sound that is hard to ignore.

After INVSN, a recently formed punk band headed by Dennis Lyxzen, former lead singer of the group Refused, and Slow Bird, opened up and set the stage for MTB, the rest of the show consisted mostly of music from MTB's most recent full-length album "Infinity Overhead." However, MTB played a versatile set full of popular tracks from several of their previous EPs and albums, which included songs "Into the Mirror," "When We Escape," and even more mellow tracks from their "Acoustics 1 & 2" experiments.

Drawing in a decently full crowd to the venue, Minus the Bear far from disappointed the fans who attended. Full of long hair and some gnarly facial hair, MTB was not only pleasing to listen to, but also very entertaining to watch and rock out with. If you haven't heard about MTB until now, maybe it's time you subjected your ears to some of the more wonderful, undercover sounds of the world and give them a listen.

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Football falls short in comeback effort against Fort Hays State at Hunter Stadium

Phillip Scherer
Staff Reporter

The Lions football team was unable to overcome a slow offensive first half as they lost to the Fort Hays State University Tigers 31-17 on Saturday afternoon at Hunter Stadium.

The Lions (3-3) were not able to get onto the scoreboard until the third quarter, turning the ball over three times in the first half and allowing the Tigers to score 24 points in the first half before the teams went back to the locker room for halftime.

Though the Lions did find ways to make the game close in the second half, they were unable to put together a key drive near the end of the game that could have potentially tied the game.

Despite the second half comeback attempt, Coach Ross was not pleased with his team's effort. "You have to play a full 60 minutes. If you're not playing the full game, there's no way you can expect to win," Ross said.

The game began well for the Lions, as they stopped the Tigers on a fourth down attempt on the game's first drive. However, they were unable to move the ball, punting after only three plays.

Throughout the remainder of the first quarter, Tigers quarterback Treveon Albert used his combination of running and passing to put together three scoring drives, including two passing touchdowns. After one quarter, LU was trailing 17-0.

The second quarter did not provide much better results for the Lions. Quarterback Dillon Miller and the offense was unable to put together a sustained drive until the end of the quarter, being forced to punt on each of their first two possessions of the quarter.

The one sustained drive of the quarter came in the half's final minutes, ending with Miller's second interception of the game. After one half of football, the Lions trailed 24-0.

Coming out of the locker room to begin the second half, the Lions began



Legacy Photo by Romain Polge
Senior cornerback and NFL prospect Pierre Desir intercepts a pass against Fort Hays State on Saturday to see more success on offense. Miller

led the Lions down the field on the first drive of the half and created a field goal opportunity, putting the Lions on the board.

A Marvin Byrd touchdown run near the end of the quarter brought the Lions to within two scores. The final quarter began with the Lions trailing 24-10.

The Tigers saw their lead trimmed to seven points just three plays into the fourth quarter. Miller threw a pass to Jaron Alexander that got the Lions to midfield, and then found him two plays later for a 41-yard touchdown.

Though the defense provided opportunities to tie the game later in the quarter, the offense could not get anything going, punting the ball once and losing a fumble on their final chance to keep the game close.

Ultimately, the Lions lost the game 31-17. The loss marked the team's first defeat at Hunter Stadium this season. They will look to get back on track next weekend as they take on Emporia State on Saturday at 1:30 p.m.

2013 NCAA Fall Schedule

Football

Date	Opponent	Time
10/19/2013	vs. Emporia State University	1:30 p.m.

Men's Soccer

Date	Opponent	Time
10/17/2013	@ Northeastern State University	7:00 p.m.
10/19/2013	@ Harding University	7:00 p.m.

Field Hockey

Date	Opponent	Time
10/17/2013	vs. Hendrix College	7:00 p.m.
10/18/2013	vs. Denison University	5:30 p.m.
10/20/2013	vs. Bellarmine University	12:00 p.m.

Women's Golf

Date	Event	Time
10/14-15/2013	The Buckaneer	TBD

Women's Soccer

Date	Opponent	Time
10/18/2013	vs. Emporia State University	7:30 p.m.
10/20/2013	vs. Washburn University	3:00 p.m.

Women's Ice Hockey

Date	Opponent	Time
10/18/2013	@ Bemidji State University	2:07 p.m.
10/19/2013	@ Bemidji State University	2:07 p.m.

Men's Golf

Date	Event	Time
10/21-22/2013	TVA Credit Union Classic	TBD

Women's Volleyball

Date	Opponent	Time
10/15/2013	@ U. of Illinois Springfield	1:30 p.m.
10/18/2013	vs. Fort Hays State University	7:00 p.m.
10/19/2013	vs. U. of Nebraska at Kearney	7:00 p.m.

Baseball program looks forward to fifth annual alumni game

Abbie Clark
Staff Reporter

Former LU baseball players will return Sunday, Oct. 20, at 2 p.m., to the Lou Brock Sports Complex to compete against the current varsity team in the fifth annual Homecoming alumni game.

The game has been hosted for five years in honor of Keith Fietsam, a former player and coach who died in a canoeing accident in 2008.

The baseball team awards a scholarship on his behalf, and the alumni game was started to benefit his family and to honor him.

John Piontek, a graduate

assistant for alumni relations and former LU baseball player, said the game will be an enjoyable experience.

"Around 30 former players have signed up to participate. Sportscaster Bob Ramsey will be there to announce the game," he said.

Piontek said it is a good environment for spectators.

"The crowd turnout in the past consisted mostly of wives and children. But it would be a cool experience for any viewer as there will be a barbecue during the game, as well as a touring of the new club house, which was built two years ago."

Adam Peacock, outfield coach and former captain of

the team, said he is eager to play the game.

"I am looking forward to playing against the guys I coach, as well as being reunited on the field with some of my old teammates. It will be like picking up where we left off."

Head Coach Doug Bletcher said he expects the alumni "to really bring it."

The alumni are looking forward to playing on LU's brand new turf field for the very first time. The field was not updated in time for last year's contest.

For more information or interest in attending the game, email Piontek at jpiontek@lindenwood.edu.



Alyssa West scored the lone goal for the Lions hockey team Saturday night in their 3-1 loss to Minnesota State University. West is a junior from Macomb, Mich. and has appeared in every game since her freshman year on the roster, scoring seven goals and adding 12 assists a season ago.

Alyssa West



AND

Tre Roby had his best performance as a Lion in Saturday's contest against the Tigers of Fort Hays State. The redshirt freshman out of Indianapolis, Indiana rushed for 66 yards on nine carries and caught nine passes for 90 yards. Roby will look to continue his excellent play next Saturday when the Lions take on nationally ranked Emporia State.

Tre' Roby



Season ends on high note for men's and women's tennis

John Tessmer
Staff Reporter

Coming into the match against the University of Illinois Springfield, the women's tennis team was 1-1 in conference play, with the men's team being 1-0 in conference.

Both teams have had strong showings at recent tournaments as well, including Masin and Johannes Rabenhorst making it to the semi finals at the USTA/ITA Central Regional Championships.

Both teams blew the University of Illinois Springfield out of the water on Wednesday, with the men winning 8-1 and women winning 9-0.

Andrew Masin, Lindenwood's best singles player, defeated Jose Luis Ortega 6-1, 6-1, setting a tone for the day, as every singles player went on to win. The lone loss came on the doubles side.

On the women's side, Mariona Pinol beat her opponent 6-0, 6-0, along with everyone on the team coming out with wins.

With wins on Wednesday, the men's team concluded the season at 2-0, with the women finishing at 2-1. The fall season has ended, and the team will resume play in the spring.

Women's soccer looks to rebound

Sabrina Schuppe
Staff Reporter

Last Wednesday, the Lindenwood women's soccer team took on Quincy University in Quincy, IL.

With an unfortunate 1-0 loss, the girls keep their heads up for their next game.

It was a tough game for the women's soccer team as Lindenwood led in the shots-on-

goal 10-6 but could not get the ball into the back of the net.

Lions goaltender Bailey Tracy made five saves, but allowed Ashley Burton from Quincy to score the only goal of the contest at the end of the first half.

Come out and support the Lions this Friday on their home turf against Emporia State University at 7:30 p.m.

Women's hockey gets swept by Minnesota St.

Brett Morrison
Staff Reporter

Last weekend the Minnesota State Mavericks swept Lindenwood's Women's Ice Hockey team in a two game series.

The Mavericks started the series off with a bang, putting up five quick goals in the first period of the first game, three of which came in a 30 second span.

They never looked back from their explosive start, holding the lead for the remainder of the game. The final score of the game was 7-1, with LU's only goal coming from Kendra Broad, with 52 seconds left in the first period.

Minnesota State was in full control throughout the game. LU continued to battle, but made it tough on themselves by taking

careless penalties. LU took a total of six penalties and the Mavericks made them pay by going four-for-six on the power play throughout the night.

LU was unable to capitalize on the power play as they only went one-for-eight with the man advantage.

LU did not quit and were determined to set the tone for the second game of the series. They stuck in there until the final buzzer, finishing off the game only six total shots behind the Mavericks, a positive note that they took into game two.

Game two had a different look to it. LU came out flying determined to get their first win of the season. They put in a tough natural zone attack which

caused Minnesota State some problems entering the zone, along with an offensive attack of playing the dump and chase. The girls put in a solid effort through out the game.

Unfortunately, the Mavericks proved to be the better team once again, winning by a score of 3-1.

The Mavericks offense was more balanced in the second game, scoring one goal in each of the three periods.

LU was lead by captain Alyssa West, when she stepped into the slot, letting a wrist shot go beating goalie Danielle Butters five-hole. Freshmen Carrie Atkinson and Saville Pickar both picked up an assist on West's goal, gathering their first career collegiate points.

The Mavericks once again out shot the Lions 37-18, sophomore goalie Nicole Hensley made 34 saves, keeping her team within striking distance throughout the game. Both teams were unable to use the man advantage to capitalize on the scoreboard.

With these two losses at home, the Lions are currently 0-5-1 in their 32 game season.

The team will head out on the road for their next four games before returning to their home rink in Wentzville.

They kick off their stretch on the road October 18 and 19th when they travel to Bemidji State University and then the following weekend at the University of Wisconsin.

Rams vs. Titans – Nov. 3 at the Edward Jones Dome

Homecoming Special: Chance for tickets as part of College Days, noon game

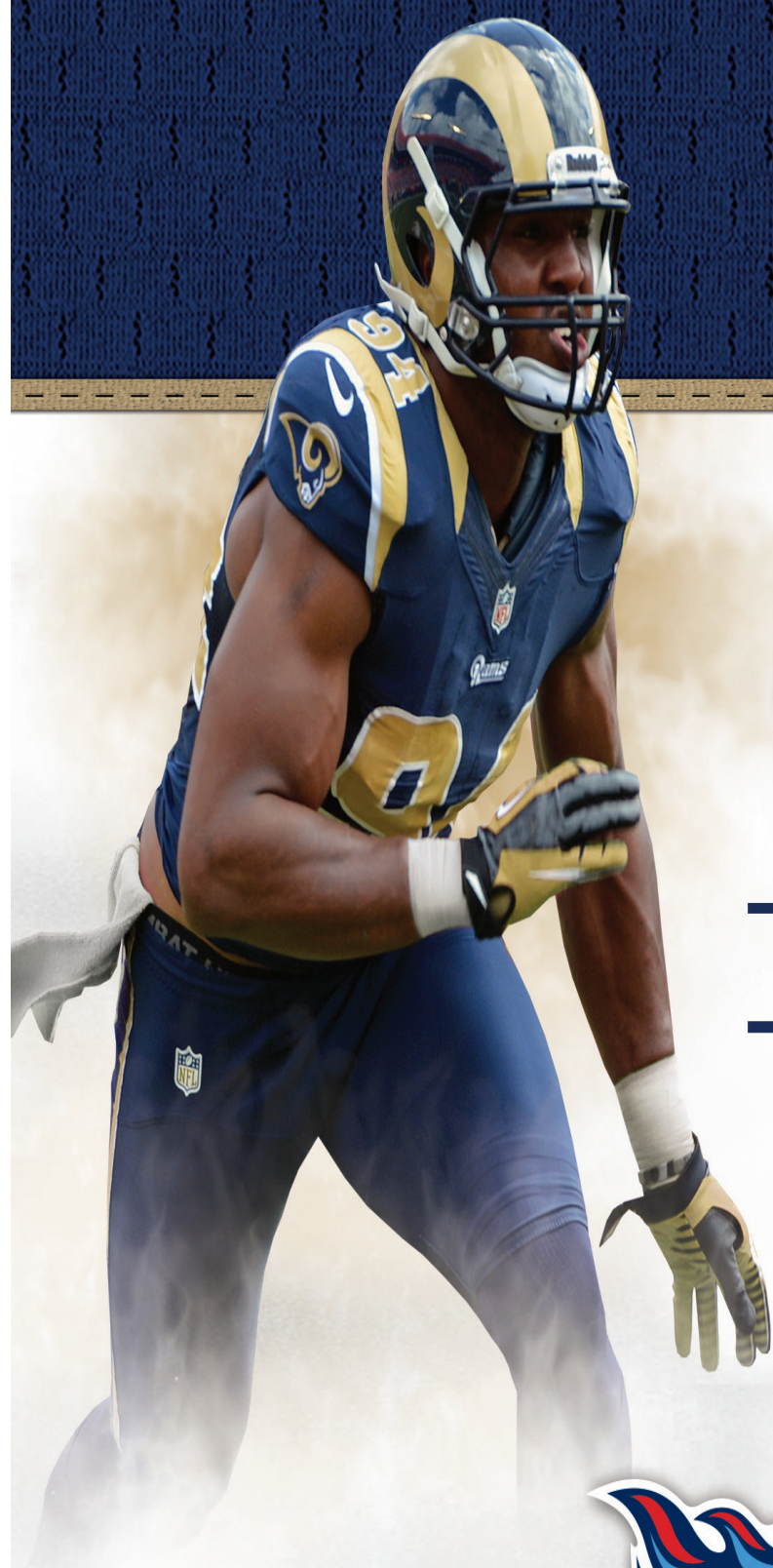
Section 106, Row JJ and Row KK

Visit Alumni Reunion Guest Registration Table in Hyland Arena on Friday 1-6 p.m.

Saturday 10:30 a.m. to 1 p.m. Spellmann parking lot

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