

The Lions basketball team beat University of Central Missouri at home on Saturday, Feb. 2 with a final score of 83-82.

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The women's ice hockey team raised over \$5,500 during the Paint the Rink Pink event on Feb. 1.

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THE LEGACY



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Student Newspaper of LINDENWOOD UNIVERSITY

Feb. 13, 2013

APCC to host culinary event

By Emily Adair
lujournalism1ab@gmail.com

The LSGA organization representatives voted at the General Assembly meeting on Feb. 6 to provide funds to the Asian Pop Culture Club (APCC). According to the organization's president, Ashley Watson, the money will go toward preparations for the APCC's Sibley Day event.

With a 41-8 vote, APCC was granted Watson's requested \$954.28. The new funds will be used to put on a unique event for Sibley Day on Feb. 20. The organization will host an Asian-style café in Butler Loft from 10:30 a.m. to 2 p.m. Food will be purchased from Wei Hong Seafood Restaurant and the St. Louis Korean Bakery, both located in St. Louis, Mo.

Servers will don costumes as they treat participants to authentic Japanese and Korean sweets and tea or coffee. Some servers will even take on the appearance and personality traits of specific Japanese anime characters.

There will be no charge for the food or beverages. The group will be collecting donations for Japan for

earthquake and tsunami relief. APCC hopes for a minimum of 200 visitors, including guests from off campus.

Watson started the APCC in the fall of 2011 for students interested in various aspects of Asian pop culture. The organization was created to be a place for students with similar interests to get together and share in the cultural experience. Watson said that the club is also open to anyone who does not know much about Asian pop culture and would like to learn more.

"When I started the club last year, people kept asking me what the benefits would be of starting a group like this. I just told them that it's a cultural club; it's different, it's new," said Watson. "This is a way for people who are interested in the pop culture of Asia to have a place to go, to meet, to hangout and to make friends. It's also meant to get people to step out of their comfort zones a little bit and learn something new."

APCC meets Mondays at 9 p.m. in Harmon Hall, Room 136. The club is open to all students.

'Still Standing' raises awareness of sexual assault

By Aerial Niccum
lujournalism1ab@gmail.com

All too often, the voices of those who have survived any form of sexual violence go unheard. Now, in tandem with Sibley Day 2013's theme of community service, a project entitled Still Standing seeks to raise awareness about sexual violence through the voices of those previously unheard survivors.

One of the highlights? The survivors are all from Lindenwood. Still Standing encourages students and faculty, both men and women, to participate in the project by creating a survivor storyboard prior to Sibley Day on Feb. 20.

The boards may include as little or as much information as the survivor is comfortable sharing. They should not include the survivors' names or any other identifiable information.

There are no requirements for creating a storyboard, as this is a way for survivors to express themselves using quotes, stories or other forms of expression.

The survivor storyboards will be displayed in the lobby of the Boyle Family Gallery inside the J. Scheidegger Center for the Arts from 9:30

a.m. to 2 p.m. on Sibley Day for participants to read.

Other information, such as resources and statistics, will also be available for view.

One anonymous participant said, "I love this opportunity to express the darkest part of my past in a place where there are many others, just like me, facing their own demons."

As a guy, I'm especially excited. Guys are stigmatized pretty harshly when it comes to sexual violence. It prevents a lot of guys from speaking out. It's exciting to have an outlet where I can share my story and hopefully encourage others, especially guys, to do the same."

Dean of the School of Human Services, faculty advisor for Still Standing and practicing social worker Carla Mueller wished to express that, "It is important for survivors to tell their stories. It liberates them by breaking the silence and taking away feelings of shame."

Still Standing members want to remind survivors that each story is unique and important and no story is too small or too large.

Students and faculty who are interested in participating should contact Carla Mueller via email at cmueller@lindenwood.edu or phone 636-949-4731.

Sibley Day focuses on serving community

INFOGRAPHIC SIBLEY DAY CALENDAR FEBRUARY 20TH
You Got Served, Now Serve Others
Art: Alejandro M. (taijros)

START HERE

8:00-2:00 Dorm Competition "Canned Food Sculptures" Michelle Giessman, Niki Cornwell, Angie Royal
8:00-9:00 Mind and Muscle "Serve your Body With A Morning Workout" Presenter: Vanessa VanderGraaf, Brian Ferrari
9:00-3:00 American Red Cross Blood Drive
9:00-5:00 Game Day
9:00-10:30 Adaptive Sports Activity "Goalball 10 from "Survivor of Sexual Assault" Heather Pennington, Health and Physical Sciences
9:30-2:00 Storyboard Display of "Survivor of Sexual Assault" Presenter: Carla Mueller, Aerial Niccum
10:30-2:00 Asian Food and Drinks Proceeds to Japanese Relief Fund
11:00-12:30 The Film Experience "Nutritional Facts" Tim Butler, Religion Department
11:00-1:00 Ching at the World's Fair
11:00-12:00 Music Competition Using Audacity
11:00-12:00 Panel Discussion "Fact of Fiction" Presenter: Peter Griffin, Andrew Thomason
11:00-12:00 Panel Discussion "Volunteers on Tibbits" H131
11:00-12:00 Lecture & Discuss "Community Oriented Service" G. Paul Gohier, Faculty of Criminal Justice Division
11:00-12:00 Adapt. Sports "St Volleyball" Tournament Health and Physical Sciences, EC
11:00-12:30 Musical Concert Central Tendency Band A. Balogh, H. Brown-Hudson, S. Sherblom, M. Stein & R. Talbot SC
12:00-1:00 "How to learn more while Studying Less" Cynthia Fadler, Psychology Department H136
12:00-1:00 "Post-Traumatic Stress Disorder" Donna Simms, Jan Munro, Brian Quелlette, Veterans Center H131
12:00-1:00 "Building your Financial Resume" Judy Kamm, Business and Entrepreneurship HD
12:00-4:00 T-Shirt Structure Art Department LUQ
12:30-1:30 "Informal Luncheon for Religion Students, Faculty and others" Travis McMaken, Religion Dept. SCC
1:00- ??? "Rocking Life & Making Change: Championship Innovation for the Greater Good" Robert Eggers SPB

LOCATIONS

Butler Library BL LUQ
Butler Loft BUL PAV
Connection C RJ
Evans Common Lawn (Facing the stadium) E R223
Evans Common Basketball Court EB SC
Evans Common Courts EC SCC
Evans Common Hallway EH SLR
Evans Common Multipurpose Court EM SPB
Harmon Hall Dunseth Audit. HD SPE
Harmon Hall Room #131 H131 SP1
Harmon Hall Room #136 H136 SP2
Hyland Arena Room #141 HA41 S3D
Harmon Hall Room #217 H217 YA
Lindenwood University Quad
Performance Arena VIP Room
Roemer Hall Jelkyl Theater
Roemer Hall Room # 223
Sibley Chapel
Spellman Center Cafeteria
Spellman Leadership Room
Scheidegger Bezemes Family Theater
Scheidegger Emerson Black Box
Scheidegger Center #1255
Scheidegger Center #2095
Spellman 3rd Floor
Young Hall Auditorium

LUTV LIVE 3-4PM

1:00-2:00 5 Keys Com Principles Gary Stocker, LCE H131
1:00-2:00 How to put together a Poster Session Sarah Noonan, Student Research H136
1:00-2:00 Undergrad. History Conference Peter G. History Dept. R223
1:00-2:00 "Co-Teaching Workshop" Amanda A. School of Education R223
1:00-2:00 Institutionalizing a New Human. Rachel D. Phil. Dept. YA
1:00-2:30 Aug. Reality: Discussion on Media Tech. Andrew S. School of Comm. SC
1:30-2:30 Panel Discuss Graduate Education in Religion Tim Butler, Religion Department HA41
1:00-3:00 School Science "Poster Session" School of Science Instructor & Student RJ
1:00-3:30 Body Mov. and Kinesiology Issues Randy B. Biomech. Spec. H136
2:00-3:00 Our Experience in Negro Baseball League George A. H136
2:00-3:00 How To Write A Research Abstract Sarah N. Student Res. Symposium H136
3:00-4:00 Nick of Time Players Improv Show Nick of Time Players SLR
3:00-4:00 Land your First job in a Tough Economy Mark B. Branch Mgr. Robert H. Mil. PAV
3:00-4:00 Discussion of "The Secret Life of Bees" Video Amber P. Student Union YA
4:00-6:00 The Speed Networking Connection R. Patrick W. Non-Profit Association PAV
7:00-9:30 You got Served Volleyball Tournament Lindenwood Y.M.C.A. EC

Photo illustration by Alejandro Molina

Awareness of Greek Life to increase with new leader

By Connor Johnson
lujournalism1ab@gmail.com

If students at the Lindenwood St. Charles Campus do not know a lot about Greek Life, that may be changing soon. On Jan. 21, Andrea Keller replaced Giang Mullins as the new Assistant Director of Student Life and Leadership/Greek Life.

Keller was very excited about being hired after applying for the position posted on Lindenwood's website. At the time, she was at the Association of Fraternity and Sorority Advisors in Indianapolis.

Keller, a sister of Gamma Phi Omega, graduated from Southern Illinois University Edwardsville with an undergraduate degree in psychology and

a master's degree in public administration. She previously worked as a banker at U.S. Bank in Cottleville when Lindenwood got in contact with her.

Though she is new, Keller already has goals for the student body. Keller said, "We are first going to focus on developing IFC (Intrafraternal Council) and the Panhellenic Council and strengthen the Greek Council, and develop the structure of what already exists."

Keller wants to accomplish these goals by writing a constitution for Greek organizations, getting it approved, starting to meet with the different leaders of Greek organizations and getting individuals elected to an executive board.

Dylan Jimenez, former Secretary for Alpha Sigma Phi fraternity, said, "I think that Mrs. Keller is doing a great

job and is taking things in the right direction with the joint formal recruitment for fraternities. Spring Semester is always slow for Greek Life as far as recruitment, but I think by next fall, things will be really big."

When Keller's time at Lindenwood is all said and done, the legacy she wants to leave is to increase the education about Greek Life within the student body. She says that the general student body does not know about Greek Life, and she wants to help change that. "There is a lot of potential on this campus and we need to take advantage of this opportunity," said Keller.

Currently, Keller is getting used to the campus and the student body, but she has other plans to reveal to Greek Life once she has a better feel for the school.

Network site LinkedIn proves to be a helpful resource into professional world



Photo illustration by Alejandro Molina

By Nicole Sanders

lujournalism@lindenwood.edu

Besides graduation, one of the biggest worries for most college students is finding a job in their career field. For some students, obtaining an ideal job can be the most difficult task to encounter.

However, LinkedIn is a helpful tool that can introduce and guide students into the professional world.

LinkedIn produces the world's largest networking site for professionals. The site, which launched in 2003, states their mission is to connect users with the world's professionals to make them more productive and successful. The website is easy to sign up for and guides users through the step-by-step process to fill out the online resume.

Benefits of the network are users can receive advice from industry experts, as well as discover connections for business opportunities. Also, students can receive notifications about job openings

and create references.

"Networking is the No. 1 way to find a job [and] professional interaction with potential employers is critical for any student who is serious about finding employment," Dana Wehrli, Lindenwood director of career development, said.

The Career Development Department is designed to assist those who are preparing to enter the working world.

Some of the few programs the department offers for students include conducting job hunting seminars and resuming matching programs.

"Students who use LinkedIn effectively will be exposed to exponentially more opportunities than students who do not use the tool."

Wehrli emphasizes the importance for users to make good choices about how they market themselves. "Students should showcase communication skills, civic involvement and their achievements [on

the site], as well as avoid posting compromising photographs, using profanity and engaging in inappropriate conversation/comments."

In addition, Professor Jill Falk, school of communications, invited Nick Gilham and Josh Turner, LinkedIn experts, as guest speakers to explain the network for her J-Term's Personal Branding class.

"[LinkedIn] forces students to build portfolios. The site will speed up the job hunting process. When employers Google your name, your profile will pop up," Falk said.

The guest speakers, Gilham and Turner, detailed tips for making your profiles professionally appealing, in addition to recommendations for finding your niche. "They emphasized how to utilize the right tools. This is an opportunity to be proactive," Falk said.

For more information about LinkedIn or to register as a member, go to linkedin.com.

Students raise concerns about health

By Aerial Niccum

lujournalism@lindenwood.edu

The Sisters of Saint Mary's Student Health Center, located in The Connection of Spellmann, has had 10,173 visits since its opening in the fall of 2008.

Of those visits, 1,671 were charted in the first year alone and 2,401 more were logged in the 2011-2012 school year.

With no upfront costs to students, the Student Health Center seems like a good place to have a quick examination when a student is not feeling well.

However, anxieties concerning the accuracy of the Student Health Center are growing among the student body.

Freshman math major Victoria Francis recounted her experience with the Student Health Center.

"Earlier this fall, I went into the health center with my eye nearly swollen shut by what

appeared to be a pimple gone bad," Francis said.

"The health center agreed and prescribed me an antibacterial cream. The next day, I had to go back because my eye was even worse. This time, they said they thought it was a spider bite and prescribed me another cream. That weekend, I went to my doctor back home who told me it was, in fact, MRSA (staph) and prescribed me the proper treatment. It is truly disheartening that I was misdiagnosed by the health center and had to spend money on prescriptions which were doing me no good."

Similar stories, such as a case of pneumonia being diagnosed as the common cold and a misdiagnosed case of mono, can be heard from other students across campus.

Dr. Ryan Guffey, who directs the Student Health Center's operations, commented

on the overall situation.

"We are currently reviewing the concerns of the diagnoses to determine the efficiency of our triage process and ensure we provide the best service possible," he said. "When identifiable situations come up, it is our duty to investigate. However, it is also standard practice for us to review any case that results otherwise than it was originally diagnosed."

Guffey also stated that the Student Health Center's purpose is to be more of a triage center that helps students avoid the high medical bills they would typically incur at the emergency room

The center is staffed with qualified, licensed and/or registered nurses, as well as an attending physician that makes rounds once a month. It is an administration that, according to Dr. Guffey, is "the same administration as any other SSM health clinic."

LSGA General Elections to be held

By Emily Adair

lujournalism@lindenwood.edu

The deadline to apply for a position with the Lindenwood Student Government Association [LSGA] is Feb. 15. LSGA General Elections will be held March 4-8 to determine the senate and executive board members for Fall Semester 2013.

Applications may be picked up and returned to the Student Organization Resource Center in the Ev-

ans Commons, room 3030. Students must have an application submitted in order to run for a position. Positions up for election include president, vice president, recording secretary, corresponding secretary, treasurer, events coordinator and senator. Each candidate can only run for one position.

Presidential and vice presidential candidates must have at least two semesters experience as an active LSGA member and maintain a minimum GPA of 2.5.

The roles of president and vice president include coordinating meetings, delegating tasks and guiding the movements of LSGA.

Executive board positions are open to the general student population. The campaigning period will be Feb. 25-March 1. Candidates must attend a mandatory meeting Feb. 15 at 5 p.m. before beginning their campaigns. For more information about running for a position, email President David Mathias at LSGAPresident@lindenwood.edu.

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Steroid users should be banned from baseball Hall of Fame

By Chris Smith
lulegacyopinions@gmail.com

Over the past 15 years, steroids and performance enhancing drugs have become a bigger problem in sports. Arguably, baseball has been affected more than any other major league sport.

This year, the Baseball Writers Association of America, the group that votes on who gets into the National Baseball Hall of Fame, made a statement for the first time since 1996 no one on the Hall of Fame ballot got the 75% vote needed to get in.

This ballot was controversial because on it was three names of players closely tied to the steroid scandals: Barry Bonds, Sammy Sosa and Roger Clemens. I think it is a good thing that these play-

ers did not get into the Hall of Fame. Why should these players get into this elite club while other players that worked hard their



whole career and never cheated do not get in?

If you are connected to steroids or have been proven guilty of cheating, you should never be able to get into the Hall of Fame. That kind of recognition is reserved for players who played the game the right

way.

If a player like Pete Rose, who is one of the greatest players of all time, cannot get into the Hall of Fame because he bet on baseball, none of these players should either. I do not think it should matter that Barry Bonds is the all-time leader in home runs, he did it by taking performance enhancers that gave him a clear advantage.

Even though this is a major problem, Major League Baseball is making huge strides in testing for these performance enhancing drugs. More players are getting suspended and punishments are being handed down.

Hopefully we can get back to the roots that baseball was built on and return some of the purity to the game we all love.

Meal plan options could help students save money

By Cole Figus
lulegacyopinions@gmail.com

I like eating a lot. But not always. In fact, sometimes I even skip meals such as breakfast when I do not have class until 11 a.m., or when I have to work before 11 a.m. on weekend mornings.

Sometimes, regrettably, I am even forced to skip dinner when I have to work at night before 4:30 p.m., though I try not to let these occasional hiccups damage my faithful relationship with Lindenwood's dining services.

But eating is not my only hobby. I also enjoy not losing exorbitant amounts of money and this is where Lindenwood's dining service is exposed as the gold digging tramp she can be: due to the unbending, all-encompassing 19-meals-per-week dining plan, I cannot help but lose exorbitant amounts of money.

This semester I will be skipping breakfast every Tuesday and Thursday because my schedule permits me to sleep in and eat my first meal of the day at lunchtime.

Because of my job, I will have no choice but to skip multiple dinner and weekend brunch meals a week as well.

But, this is less dramatic than the last two semesters in which I skipped breakfast virtually every weekday morning, dinner typically two times a week, and



brunch most weekends either by choice or by necessity.

At \$5 per breakfast, \$7 per lunch and \$9 per dinner (as well as brunch which is perplexing given that it is breakfast/lunch hybrid nature is patently not dinner-esque in any way other than its price), I have lost more money than I care to add up.

I do not propose some far-fetched plan to be reimbursed, but I would, however, appreciate some sort of future flexibility in meal planning so that I do not have to lose so much money every semester. Given my plans to avoid enrolling in classes earlier than 11 AM next semester, I can count on los-

ing \$25 worth of breakfasts every week, plus the dollar amount in meals I will miss on account of my job.

If Lindenwood offered different meal plans, I could choose one that would best fit my needs and save hundreds of dollars just by electing not to pay for the meals I know well in advance that I will be missing in the future.

This is not a revolutionary idea as many other schools offer flexible meal plan options; Mizzou, Missouri State University, and Washington University in St. Louis all have three meal plan options. St. Louis University has four, and University of Missouri-Kansas City has five. Lindenwood's one meal plan option cannot adequately fit all students, and having three options like some of the schools listed above could dramatically save students over the years they spend here.

I am sure that my two hobbies of eating and not wasting a lot of money can coexist at Lindenwood peacefully, and even a simple three option meal plan would benefit students immensely. Missouri State University's three options are 19, 14 and 10 meals per week, and that would be a great starting point for LU. I would be a 14. What number would you be?

Expect safety surveys

By Mariah Stewart
lulegacyopinions@gmail.com

How concerned are you about safety on Lindenwood's campus? Communications adjunct, Susan Weich is preparing her in-

vestigative reporting class to cover a writing series involving safety concerns on Lindenwood's campus.

In order to produce efficient stories the investigative reporting class will con-

duct a student survey.

The survey will include questions about crime on campus, concerns about weather disasters, and the effectiveness of rave alerts. More info will be coming.

The Legacy

Spellmann Center 3095/3100
209 S. Kingshighway
St. Charles, Mo. 63301
Telephone: (636) 949-4336
Email: lujournalismmlab@gmail.com

The Staff:

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Tea Leaf Green to play St. Louis show on Valentine's Day

By Annette Schaefer
luentertainment@gmail.com

This Valentine's Day San Francisco based rock band Tea Leaf Green will be playing a show at St. Louis venue the Firebird. This show also includes opening band Tumbleweed Wanderers. Doors open at 8 p.m. with the show beginning at 9 p.m.

Tumbleweed Wanderers are a folk/rock band from Oakland Calif. The band formed in August 2011 and features musicians Jeremy Lyon (vocals/guitar/harmonica), Zak Mandel-Romann (vocals/bass/guitar), Patrick Glynn (piano/organ/mandolin), Daniel Blum (drums) and Bobby Lawrence (vocals/guitar/banjo/harmonica). "So Long" is the group's first full-length album release and is out now.

For more information on Tumbleweed Wanderers visit their website at <http://tumbleweedwanderers.com> or follow them on twitter at @Tmblwdwanderers.

Tea Leaf Green is a rock band with their own unique sound and has been able to maintain an impressive career since the late 90s. The band has released 15 albums during their career and has been able to continue on with little attention from the mainstream, but the band does not seem to mind.

"We can retain our artistic pride," said vocalist and pianist Trevor Garrod, "it's great to have that kind of freedom."

The St. Louis show will be one of 12 stops for the band so far this year, but the band looks forward to playing their show at the Firebird, a small venue holding up to 400-500 concert-goers.



Photo of San Francisco rock band Tea Leaf Green playing on Feb. 14 at the STL Firebird. Photo courtesy of www.firebirdstl.com.

"I like those clubs...they have the best energy," Garrod said.

Tea Leaf Green plans to release a new album called "In The Wake" in May and were able to fund the album using Kickstarter.com, a website dedicated to promoting and funding several projects. The band also currently has a live album out called "Live at State Bridge."

For more on Tea Leaf Green, visit their website at <http://tealeafgreen.com> or follow them on twitter at @tealeafgreen.

For tickets go to Ticketfly.com or The Firebird's box office (314-535-0353). Tickets are still on sale and are \$13. There is also a \$3 surcharge at the door for anyone under 21.

No Fear FASHION: PRINTED PANTS



Legacy photos by Jennifer Bruhn.

If you're looking to replicate this outfit, the featured printed pants can be found at Target along with the beige heels. The sweater can be found exclusively at Kohls.

By Bailey Compton
luentertainment@gmail.com

If the groundhog's prediction of an early spring is correct, then it's time to get into the spring fashion mood. A great reminder of warmer days is prints (think flowers, polka dots, nautical stripes and hybrids thereof). Prints have been all over the runway and in magazines, especially matching printed suits and shorts-suits. No Fear Fashion recognizes that the average college gal is probably not going to head to class in matching printed blazers and bottoms. However, a great way to break into this trend is simply with printed pants. Here are some tips:

- **Stick to tightly-spaced prints. A lot of visible "background" can make your lower half look bigger.**
- **If you are fuller on the bottom, try finding pants that go straight from**

the hips. You can also try wearing a darker or subtler print that you are comfortable with.

- **If the pants are full, make sure they are made of a flowy fabric like jersey or chiffon. Otherwise they will look stiff and awkward.**
- **Keep the rest of your outfit toned down. Try picking a neutral or coordinating top and stick to limited accessories. A solid blazer or cardigan will help keep the look put-together. Have fun with shoes though.**

Printed pants have popped up in many stylish mainstream stores such as Target, Kohl's, Forever 21 and H&M. These are great places to find luxe looks for less.

If you are daring, you can try following our advice from a previous article about mixing prints. It is possible, but only with confidence and experimentation!

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LU hosts local musical talent

By Lindsey Vaughn
lujournalism@gmail.com

Lindenwood started spring semester with musical talent. Wednesday, Jan. 30, a local St. Charles band called From Distant Shores and our own student musician Danny Simms, performed at Butler Loft in a Coffeehouse Concert hosted by the Campus Activity Board from 7-9 p.m.

Starting the night was From Distant Shores. They began their set with an original song called "Burn" and followed with covers of Kings of Leon and Mumford and Sons. They performed other original songs later in their set, such as "Waiting," "Sink or Swim" and "Sailing." The band was energetic and encouraged the audience to dance and sing along with them.

Taylor Bettorf, sophomore, said, "This band is so cool and fun. I want to hear more!"



Legacy photo by Jennifer Bruhn.

Photo of local band From Distant Shores at the Coffeehouse Concert.



Legacy photo by Jennifer Bruhn
Danny Simms performing at the Coffeehouse Concert on Jan.30.

After the performance, Josiah Ward (vocals, guitar) and Danny Volz (percussion) answered a few questions. From Distant Shores is a fairly new band, only formed three months ago. Though this was the band's debut at LU, this was Ward's second time playing on campus. This was From Distant Shores' third gig as a band, but they have had some practice.

"We usually play at Picasso's on Main Street for open mic night on Thursdays, maybe once or twice a month," Ward said.

When asked who influenced their sound, the guys said, "We have big influences with writing like Mumford and Sons and Matt Corby. If the music doesn't move you, it's not quality music." They do not have any recording done yet, but Volz said, "We are recording this month with our friend Andrew Kramer. Hopefully it will be out in

mid-March."

Simms was the final performance. His first original, "Dangerous," gave everyone in the crowd a feel for his amazing vocal range and intricate guitar skills. He started the set with his acoustic guitar, and some beat-boxing.

Simms experienced some technical difficulties while trying to switch to electric guitar, but it was forgotten when he came back playing "Crazy" by Gnarls Barkley. Eric Clapton and Bob Marley were two famous musicians Danny covered. Members of the crowd were heard saying, "He killed that song! I love hearing him play."

About 80 people attended the welcome-back concert. With free hot chocolate and coffee, the CAB did a great job welcoming the students back.

The band can be followed on twitter at @TheDistantShore. Simms can be followed on Facebook.

LU Profile: Keith Clinton

By Annette Schaefer
luentertainment@gmail.com

On a college campus, we get the opportunity to meet many different people from different walks of life and to make connections and networks that can help us move forward into our careers. These people are everywhere and some in the most unlikely places.

During the day, Keith Clinton works in the Spellmann Cafeteria and works towards earning his master's in Communication, Business and Marketing but that is only the surface of what Clinton does and has to offer to students. As a film producer, music manager and pastor, Clinton takes the term "jack of all trades" to a whole new level.

Clinton has done everything from stand-up comedy, working with the likes of Rickey Smiley, Tommy Davidson and more, to ministering at Promise Land Christian Church, to managing up-and-coming country artist Wild Bill Young, to even producing and directing the film "Tales of Abortion", earning him a visit to the white house during the Bush administration. With all of this, Clinton says he has a lot he wants to give to the students and faculty.

"I want to take my life experience and give it back," said Clinton. "I have the eyes and ears of several industries."

Clinton expressed his desire to reach out to students on campus and give them an open door into the field of entertainment, explaining a want to work with and collaborate with students to improve their



Photo courtesy of Keith Clinton

Publicity photo of Lindenwood grad student Keith Clinton who is also a minister, music manager, and film/TV producer.

chances of making it in their career. He also spoke of a desire to have more of a voice on campus in order to reach more people.

"I would love to meet as many students and faculty as possible," he said. "There is a lot of talent on this campus."

Clinton wants the opportunity to work with the people of Lindenwood and help make their dreams a reality and to give students an opportunity that they may not get otherwise. He even gave some advice to those interested in pursuing a career in the entertainment industry:

"[Students] need to learn as much as they can...Perfect that talent," Clinton said.

To reach Keith Clinton email him at kdckle3@sbcglobal.net or just say hi to him if you see him in the Café or around campus.

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M. basketball sells out for Sterling, beats UCM

By David Schlager IV
lulegacysports@gmail.com

In the waning seconds, all eyes were on senior forward Richie Thompson, Jr. The University of Central Missouri Mules took their first lead of the game after nailing a clutch three-point shot with just seconds left. The Lions tried to inbound the ball against a rejuvenated press when senior point guard Alex Bazzell hit the floor and Thompson was forced to take the game into his hands. "After Bazzell went down, I knew I had to take the ball," Thompson said. "I didn't even think about pulling up for a shot. Once I got the ball I was set on driving to the hoop."

After hitting a pair of free throws that sealed the 83-82 win, the student section rushed the floor framing a

wonderful scene for the program and Lindenwood family. However the mood was not so earlier that day.

Hyland Arena was packed with over 3,000 fans. The rambunctious student section was headlined by students dressed as Captain America, Wonder Woman and Gumby.

A massive campaign was set forth to benefit a fallen Lion. Sellout for Sterling was fueled by a social media drive of promos and campus buzz. Proceeds went toward medical expenses of Lindenwood freshman Sterling Thomas, who was diagnosed with a cervical level spinal cord injury after being injured during a football game. The 18-year-old defensive back has been in rehabilitation in Atlanta, Ga.

Senior Malach Radigan and senior Alex Bazzell ap-



Legacy photo by Romaine Polge
Sophomore guard Darris Smith avoids a UCM defender en route to a basket. The Lions won the game by a score of 83-82 in front of a crowd of more than 3,000.

peared in the promotions to spread awareness for the cause. "Sterling is like a little brother to all of us," Radigan said. It is cool to see the basketball team and the whole campus rally around him."

The crowd was treated to a surprise when a video of Sterling appeared. Thomas spoke about how much the support from his Lindenwood family has helped him continue to work hard and progress. The

video touched every person in the arena, including the basketball team.

The Lions were down 37-40 at the break, but came out on a 19-4 run behind a newly energized atmosphere. "A crowd like this will always pump up a team. We were trying to play with enough energy to match the crowd," said Efkan Eren, senior.

Shooting efficiency from the free throw line and three point arc was the difference in this game. The Lions were 21-24 from the free throw stripe and 10-15 from behind the arc.

Earlier in the first half, Eren made a free throw that was worth more than just one point. He scored the 27th point of the game and the arena erupted in honor of Sterling Thomas, who wore No. 27 on the football team. "I was actually praying that I wouldn't

miss that one. That shot and the whole night was just special and something I will remember about my last year at Lindenwood," Eren said.

Without postseason eligibility due to the NCAA transition, the remainder of the basketball season is waning while the urgency to finish strong is growing every practice. The Lions split their games on the last roadtrip defeating Northeastern State University but coming up short against Emporia State.

With a record of 15-6, the Lions are just one game away from a share of the MIAA conference championship in their first year in the conference.

The Lions return to Hyland Arena to face Southwest Baptist University for Senior Night on Feb. 16, at 3 p.m.

LU fighter one step closer to the ultimate goal

By Andrew Ebers
lulegacysports@gmail.com

A Lindenwood student is making waves in the sport of mixed martial arts. Graduate student Joshua Sampo (9-2) recently won the Championship Fighting Alliance 125-pound championship on Jan. 19 by way of a guillotine choke in the fifth round.

The victory came over Belator Fight Championships veteran and former Olympian, 41-year-old Alexis Villa.

The victory marks Sampo's second consecutive win over

a big name talent.

The fight was not without adversity. The 28-year-old flyweight had to deal with the powerful wrestling, and power of Villa in the early stages of the fight. "He would throw heavy shots, I would counter, and he would take me down," Sampo said. "When he was on top on the ground, he wasn't causing any damage, but in the eyes of the judges I feel like he was probably winning the fight."

Sampo used his superior conditioning to wear down

Villa in the later rounds. The LU grad student admits that his level of fitness played a role in the victory. "I immediately pushed the pace. I trained my body for five hard rounds. I knew that with his age and his previous fights that he would fade in the later rounds."

Going into the fifth round "The Gremlin" knew that he had to hunt for the finish. Sampo felt that if the fight went to the score cards, the victory would go to Villa. "Going into the fight we knew that if it went to the

judges we wouldn't get the victory," Sampo said. "It was in his backyard, and the owner of the company, CFA, was his best friend."

The finish finally came in the fifth round when Sampo locked up a guillotine choke as Villa shot in for a takedown. "My coaches were telling me in my corner that I need to make space and make something happen," Sampo said. "I fought out of an attempted takedown, he shot back in for a leg, and I got his neck, pulled guard, and gave it all I had."

Sampo admitted that this is one of the biggest wins of his career. In September, he also had a big win over former WEC veteran Antonio Banuelos. Many expected the big shows like the Ultimate Fighting Championship would be adopting the flyweight fighter.

"I think it's a big win for me. He is a high level fighter like my last opponent," Sampo said. "In the eyes of the 'big wigs', he is just a 41-year-old ex-Olympian. I don't feel like they give me the credit I have earned. I

don't know if they were impressed with the fight or not, but we haven't heard anything from anybody." Sampo has not heard from any big shows, such as the UFC, but the flyweight still has big plans for his fighting future.

"With winning that and winning the CFA title, I was locked into a three-fight contract unless the UFC calls, and we have no sign of the UFC calling yet, but it's probably going to be in CFA," Sampo said. "My next fight should be after I finish grad school in June or July."

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Gymnastics improves as season progresses



Legacy photo by Jonathan Garrison

Freshman Courtney Heise attempts a move on the balance beam during a Feb. 9 meet at the Hyland. The Lady Lions were defeated by Bowling Green State by a score of 192.050 to 192.850.

By Ryan Oldham
lulegacysports@gmail.com

Lindenwood's Lady Lions gymnastics team continued to improve over the weekend by performing their best so far this season and setting a Lindenwood re-

cord of 192.050, only losing out to Bowling Green State University by one eighth of a point.

Lauren Cartmell, a freshman from Aurora, Colo., remained upbeat even though the gymnastics team is yet to

win an event. "Even though we haven't won as a team, I feel that we are a strong team and could potentially pull out a few wins towards the end of the season."

The Lady Lions have four more events on their schedule before the MIC Championship and the USAG Collegiate Nationals, and will be hoping to be at their best in the last four meets to keep spirits in the squad high.

The team has been breaking records ever since they started, with Emily Turik becoming the latest record breaker, being crowned the Midwest Independent Conference gymnast of the Week after the Lions' meet in Denton, Texas, with a school record of 38.575 overall.

Cartmell, when asked about the honor that Turik received, was full of praise.

"For us to have a gymnast of the week in the squad is amazing. I think that Emily definitely deserves the gymnast of the week because she has been a strong all-around competitor for us and has helped the team increase our team score every weekend."

With spirits being raised in the squad week after week, the hard work must surely pay off soon for the Lady Lions, who travel to Colorado this coming weekend to face the Air Force Academy.

Cartmell said that the girls are closer than ever and had a lot to say about team spirit when asked. "Since we have been at Lindenwood, our team spirit has become even greater. We all love the sport of gymnastics and have enjoyed making history with everything that we have done."

The team will travel to Fayetteville, Ark., to face the University of Arkansas, the University of Missouri and the Centenary College of Louisiana in the event after the aforementioned meet in Colorado.

The team will then travel to Alabama to face Auburn University before travelling home and ending its season in the Hyland Arena with a rematch against Texas Women's University.

Women's wrestling team takes fourth place at WCWA Nationals

By Chase Stewart
lulegacysports@gmail.com

The Lindenwood Lions women's wrestling team has capped off another successful season as a team.

The Lady Lions finished with an overall meet record of 7-3 and recorded their second consecutive fourth place finish at the WCWA National Championships in Bristol, Tenn. The WCWA's serves as the marquee meet for the Lady Lions as a team, and culminates their season's worth of work.

Head coach Toccara Montgomery was pleased with the way her team wrestled this season but admits that she was looking for a bit more at the national competition.

"As a whole I think our team wrestled really well. However, it's frustrating from a coaching standpoint to take another fourth place finish because I don't necessarily think it shows progression, and how much my girls have improved, but we're getting better and closer to that goal of a national championship."

Senior Shauna Isbell fell just short of defending her title at the national meet in the 130 pound weight class as she finished as the runner-up. Isbell lost to Helen Maroulis in the final, who was a member of the team champions of the meet, Simon Fraser University.

There were 11 members of the Lions' team that had eighth place finishes or better at the WCWA nationals. Despite not coming up with their ultimate goal of a national

title, Montgomery sees this as a step in the right direction for her team.

"It's great and I think that it shows that we are making progress and that slowly but surely we're getting closer to that goal of a national title. We have a group of girls who are looking forward to the future and taking these steps in stride to accomplish our ultimate goal."

The Lady Lions had another impressive finish just two weeks prior to the WCWA nationals at the NWCA National Dual Meet Championships. The Lady Lions finished fifth in that tournament despite only suffering one defeat at the hands of Missouri Valley.

"We were dealing with some injuries that weekend and had some girls out, so some of our girls really stepped up and came through with nice matches," Montgomery said. "It was a little frustrating that we finished fifth despite having a 3-1 overall record throughout the weekend, but I was very pleased with our girls' efforts and performances."

With the official team season completed, the Lady Lions now turn their attention to the three remaining "open" meets which give the girls an opportunity to improve their skills going into next season and perhaps earn a spot on an international team roster.

At the Dave Schultz Memorial International Tournament in Colorado Springs, Colo. on Feb. 2, Isbell earned a spot on the Team USA International tour. Isbell was the second

highest placing American in her weight class. Isbell will now compete in the 55kg class at the Outstanding Ukrainian Memorial International tournament in Kiev, Ukraine, Feb. 12-18.

The Lady Lions will not compete again until March 30 when they will travel to Oklahoma City, OK to take part in the Women's University National Championships.

Men's volleyball struggles early

By Spencer Thomas
lulegacysports@gmail.com

The men's volleyball team went 1-3 this past weekend in Indianapolis against IPFW and Ball State University.

On Feb. 1, the Lions beat IPFW 3-1, earning their first victory of the season.

The team began the game strong with a solid streak of points which ended the first set at a score of 25-14. This put the Lions ahead by a game, giving them a momentum for the remaining three sets.

The IPFW Mastodons managed to hold their own against Lindenwood in the second set but fell in the final two sets. Leading Lindenwood's offense was sophomore Colin Hackworth who scored 20 kills and two aces for the Lions.

The next night the Lions were at Ball State where they lost a five set match against the Cardinals. The Lions and Cardinals were neck and neck the majority of the game, each taking turns winning the first four sets. Unfortunately for the

Lions, they were not able to carry over the momentum from second and third set victories, losing the fifth and deciding set 15-12.

During the five sets at Ball State, the Lions had a total of 35 attack errors and 16 serve errors, while the Cardinals had only 23 attack errors and eight serve errors.

"I want to work on improving the team's blocking and to help them to break bad habits such as attack and serve errors," head coach Ron Young said.

Another thing that coach Young mentions is that there are many teams in the Midwestern Intercollegiate Volleyball Association playing with a strong sense of control during their games, which he wants to instill into his players as they continue to progress.

The following weekend, the Lions also dropped matches to Lewis and Loyola-Chicago both by the score of 3-0. The Lions wrap up the first half of their MIVA schedule on Feb. 13 when they host Quincy University.

NCAA SCOREBOARD AND SCHEDULE

Baseball

2/9/13	@ Southwestern Oklahoma State	L 5-8, L 3-11
2/10/13	@ Southwestern Oklahoma State	L 1-6, L 5-13
2/16/13	vs. MO Southern State	1 pm, 3 pm
2/17/13	vs. MO Southern State	1 pm
2/20/13	@ UCM	1 pm, 3 pm
2/23/13	@ NW Mo St.	12 pm, 2 pm
2/24/13	@ NW Mo St.	12 pm
2/26/13	vs. Lincoln	1 pm, 3 pm

Men's Basketball

1/31/13	@ SBU	W 87-75
2/2/13	vs. UCM	W 83-82
2/7/13	@ NE State	W 78-66
2/9/13	@ Emporia State	L 52-61
2/13/13	@ UCM	7:30 pm
2/16/13	vs. SBU	3 pm
2/21/13	@ Truman	7:30 pm
2/27/13	@ Lincoln	7:30 pm

Men's Lacrosse

2/22/13	@ Florida Southern College	6 pm CST
2/23/13	@ Florida Institute of Technology	2 pm CST
2/24/13	@ Rollins College	11 am CST

Men's Tennis

2/2/13	@ University of Southern Indiana	L 1-8
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Men's Volleyball

2/1/13	@ IPFW	W 3-1
2/2/13	@ Ball State	L 2-3
2/8/13	@ Lewis University	L 0-3
2/9/13	@ Loyola University Chicago	L 0-3
2/13/13	vs. Quincy University	7 pm
2/15/13	@ Milwaukee School of Engineering	7 pm
2/16/13	@ St. Xavier University	1 pm
2/16/13	@ Carthage College	3 pm
2/21/13	@ Belmont Abbey College	6 pm CST
2/22/13	@ UCM	6 pm CST
2/23/13	@ Pfeiffer University	4 pm CST

Men's Wrestling

2/1/13	@ Fort Hays State University	L 5-36
2/2/13	@ UNK	L 3-36
2/6/13	vs. Maryville	L 13-21
2/10/13	MIAA Championships	5th (6)

Women's Basketball

1/31/13	@ SBU	L 62-69
2/2/13	vs. UCM	L 75-83
2/7/13	@ NE State	L 50-87
2/9/13	@ Emporia State	L 54-85
2/13/13	@ UCM	7:30 pm
2/16/13	vs. SBU	3 pm
2/21/13	@ Truman	7:30 pm
2/27/13	@ Lincoln	7:30 pm

Women's Golf

2/11-2/12/13	@ PLNU Super San Diego	In Progress
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Gymnastics

2/2/13	@ Texas Woman's	L 191.250-193.150
2/9/13	vs. Bowling Green State	L 192.050-192.850
2/16/13	@ Air Force Academy	7 pm CST

Women's Ice Hockey

2/1/13	vs. RIT	T 1-1
2/2/13	vs. RIT	W 4-3
2/8/13	@ Penn State University	W 3-1
2/9/13	@ Penn State University	T 3-3
2/15/13	vs. Robert Morris University	7 pm
2/16/13	vs. Robert Morris University	2 pm
2/22/13	@ Syracuse University	7 pm
2/23/13	@ Syracuse University	2 pm

Women's Lacrosse

2/22/13	@ Shorter University	6 pm CST
2/24/13	@ Young Harris College	12 pm CST

Softball

2/6/13	@ Shorter University	L 1-6, L 0-10
Eckerd Tournament, Clearwater, FL		
2/8/13	vs. Florida Southern College	W 2-1
2/8/13	vs. Lynn University	L 1-7
2/9/13	vs. University of Tampa	L 5-6
2/10/13	@ Eckerd College	W 12-4
2/10/13	vs. Florida Institute of Technology	W 3-0
MIAA/NSIC Crossover, Rochester, MN		
2/22/13	@ Winona State University	1:00pm
2/23/13	@ St. Cloud State University	1:00pm
2/23/13	@ University of Sioux Falls	1:00pm
2/24/13	@ Upper Iowa University	1:00pm
2/24/13	@ Minnesota State - Mankato	1:00pm

W. Tennis

2/2/13	@ University of Southern Indiana	L 0-9
2/15-2/16/13	@ Principia College Tournament	1:00pm

M. and W. Track and Field

2/2/13	@ Mule Relays	Individual Results
2/15/13	@ Missouri Collegiate Challenge	2:00pm

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Paint the Rink Pink raises over \$5,500 for research



Members of the Lady Lions ice hockey team await player introductions for the Feb. 1 "Paint the Rink Pink" game against Rochester Institute of Technology. The game ended in a 1-1 tie.

that," Rachel Weich said. "After she dropped the puck it was even better hugging her and just knowing that she beat it."

The night itself was a success before the game even started. Even better, the jerseys seemingly sparked something in the Lady Lions. The team has struggled in its first official season in the College Hockey America conference, but a stretch of success has the ladies' heads held high.

Beginning with a 1-1 tie on the opening night of the "Paint the Rink Pink" series, the Lady Lions have stretched season-best four game unbeaten streak. The streak also includes a 4-3 win over RIT, and a 3-1 win and 3-3 tie against Penn State University.

Rachel Weich says the confidence could not come at a better time. "Obviously we want to win," Weich said. "I think at this point in the season we are in a better position to win than before and it's good to get that going heading into the playoffs."

The Lady Lions look to continue their unbeaten streak the weekend of Feb. 15 as they host Robert Morris University in their final home games of the season. The ladies split the first series of the year with Robert Morris.

Table tennis wins division championship

By John Tessmer
lulegacysports@gmail.com

The Lindenwood University table tennis team kicked off the spring semester with the Lower Midwest Divisional Tournament, held on Sunday, Jan. 18, in the Hyland Arena.

The team had the pleasure of hosting the tournament by beating all of the schools in their division in the last Lower Midwest Divisional Tournament. The tournament consisted of singles in the morning with a team event in the afternoon.

While the singles portion only included two schools, Lindenwood University and the University of Missouri, the team event included six schools: Washington University in St. Louis, St. Louis University, Southern Illinois University Edwardsville, Southern Illinois University Carbondale, University of

Missouri, and Lindenwood.

Going into the tournament, head coach Randy Kendle fully expected the Lions to go undefeated. "It will be a surprise if we don't go undefeated. We have quite a few players that if they play to the level they are supposed to, they should win," Kendle said prior to the tournament. Lindenwood did just as Kendle expected, going a perfect 5-0 to advance to the Lower Midwest Regional Tournament.

In the men's singles competition, Patricio Pereyra, Yuvraaj Dookram, Austin Preiss and Everton Wilson II advanced on to the regional, while in women's singles, Karin Fukushima and Leine Agata advanced on to the regional tournament.

The Lions will take a weekend off before traveling to Indianapolis, Ind., for the 2013 Think Spring Open on Feb. 16-17.

By Michael Sprague
lulegacysports@gmail.com

The Lady Lions ice hockey team decided to "Paint the Rink Pink" the weekend of Feb. 1. In doing so, the team raised more than \$7,000 for breast cancer research.

The fundraising events included t-shirt and ribbon sales, a "chuck-a-puck" contest and a jersey auction, although cash donations were also accepted. The jerseys being auctioned were custom-made pink Lion jerseys

worn by the players in their weekend series against Rochester Institute of Technology (RIT).

Rachel Weich, a freshman defender for the Lady Lions said the team had a little trouble letting the jerseys go. "I think the girls really liked getting to wear new jerseys, everyone really liked them," Weich said. "It was great knowing they were helping out charity, too."

On top of sporting a new jersey for the weekend, Weich had another reason to

be excited. Her mother, Susan Weich, is a breast cancer survivor and was selected to participate in the ceremonial puck drop.

Susan Weich, an adjunct professor here at LU, described the night as a celebration. "I think it's kind of cool because I feel like it's a sign of victory, a sign that I beat it, you know?"

Her daughter also participated in the puck drop, something usually reserved for the team captain. "It was cool that coach let me do

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By Brett Morrison
- Softball starts season in Florida
By John Tessmer
- Transportation issues for Water Polo
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