

The men's volleyball team opened their season this past weekend with two matches against Ohio State University.



Page 7 ▶



The annual Fete de Glace came to St. Charles Main Street on Saturday, Jan. 26.

◀ Page 6

# THE LEGACY

Lindenlink.com

Volume 6, Number 9

Student Newspaper of LINDENWOOD UNIVERSITY

Jan. 30, 2013

## Flu on the rise nationally

By Denise Rivers  
journalismlab@gmail.com

Headaches, chills, fatigue, sore throat, nausea and vomiting are just a few of the most common symptoms of the flu virus. As the number of individuals infected with this illness continues to rise, so does the discussion of prevention.

It is imperative that places with larger volumes of people, such as college campuses, take extra precaution to avoid the spread of the flu. To help with the flu prevention process here on campus, the Sisters of St. Mary [SSM] Student Health Center provides health care services, as well as handouts that distinguish cold and flu symptoms and lists several prevention tips.

The provided handout, which lists information gathered by the Center for Disease Control and Prevention, suggests that people note the following facts when attempting to differentiate between cold and flu symptoms: nasal congestion is more common with a cold, aches and pains are often less severe with a common cold, chest discomfort and coughing are moderate with a common cold but more severe with the flu, fever is more common with the flu, extreme exhaustion is usually only a symptom of the flu and flu symptoms in general tend to last a lot longer

than common cold symptoms.

If you are experiencing any of the above symptoms associated with the flu, be sure to visit the student health center located on the lower level of the Spellmann Center. Since most health fees are covered by the students' tuition under the "incidental fees" category, there are no out-of-pocket costs for clinic visits.

"I'm really not used to all this cold weather and talk of the flu," said senior Scott Wade. "In the Bahamas we really don't have to worry too much about catching the flu since it's so rare."

With the number of people infected with the flu virus continuing to reach excessive heights, many LU students are concerned about their health, especially those who come from warmer climate environments.

The student health center encourages students, especially those in dormitory settings, to take steps in order to decrease infection risks and prevent the spread of the flu. Those steps include: washing your hands often, avoiding being around people who are sick, sneezing or coughing into a tissue and

then throwing the tissue away, cleaning surfaces you touch with a disinfectant and not touching places where viruses can enter your body easily, such as your eyes, nose or mouth

Due to the Health Insurance Portability and Accountability Act [HIPAA] privacy laws, the SSM health staff was unable to comment on the number of students who have been seen in the health clinic for flu-related symptoms.

However, since local hospitals are seeing an increase in individuals infected with the flu, this is likely to be reflected on campus as well. Close to 13,065 cases of the flu have been reported in Missouri so far this season, with the majority of those cases being of the Influenza B type.

The student health center is open Monday-Friday from 7:30 a.m. until 3:30 p.m. An appointment is not required to be seen, however those with an appointment do take first priority. Lindenwood's health center is run by SSM registered nurse practitioners who are happy to assist students with any health concerns.

**The Lindenwood Student Health Center is open 7:30 a.m. to 3:30 p.m., Monday through Friday.**

## Intruder breaks into Niccolls' second floor

By Aerial Niccum  
lujournalismlab@gmail.com

Dec. 14, 2012, shortly before the start of winter break, a junior Niccolls Hall resident and her roommate, both who have asked to remain anonymous, settled down for the night. At approximately 2:15 a.m. the junior resident heard something crash into the window blinds. The Niccolls residents had left the window open about a foot to cool down their room. "We felt like we were suffocating, the heat was turned up so high," said the resident, who has no control over the thermostat in her room or building. The same resident looked over at the window to see the silhouette of a man crouching beneath the window inside their room.

"I was terrified," she said. "Up until he hit the blinds I hadn't heard anything. No noise outside the window, no grunting, not the window opening further, nothing. We live on the first floor, but our window is a second story window. It's a good nine feet up. We [both Niccolls Hall residents] started screaming and he jumped back out the window. I ran to the window and he was gone. I couldn't see him anywhere."

At 2:17 a.m. Lindenwood Security received a phone call from the Niccolls residents and arrived on scene in two minutes. The St. Charles police were called and also responded quickly, performing a canvas of the area, taking fingerprints, and swabbing for DNA. No suspect has currently been identified, but the tests are in the hands of the crime lab. Director of Security and retired policeman John Bowman said, "It's not like

in the movies or on TV where it takes half an hour to get the results."

In the meantime, however, security has taken a few extra measures to keep students safer. A new security officer has been hired and a minimum of three security officers will be on duty until 2 a.m. every day. New lights are being placed by Harmon Hall and extra lights are being placed on the historical side of campus. Security is also in the process of reviewing their general operations. After this process takes place, roughly six to eight weeks, security will begin working on a public safety website for the school that will include a plethora of helpful alerts and tips for students and faculty.

Though security is taking extra measures to ensure student safety, students should also be taking their own safety precautions such as making sure their windows and doors are closed and locked.

Concerning the overall intruder situation, the junior Niccolls resident commented, "Since neither of us got hurt it was really terrifying at the moment, but looking back on it now it's more strange than anything. It was just really surprising."

Students and faculty should be aware that schools are generally safe places, Lindenwood included. As with any situation though, there is always room for exceptions. However, taking as many precautions as possible, such as locking doors and windows and walking in pairs or groups, reduces the risk of personal and general security breaches as well as helping ensure the safety of students and faculty alike.

## New quad gazebo now stands as the class of 1985 had originally intended

By Brett McMillan  
journalismlab@gmail.com

Students who returned to campus this week may have noticed a new feature on the quad.

A brick gazebo now sits behind Irwin Hall. The new structure stands on the spot, that until this past semester, had been occupied by a white, wood gazebo.

The wood gazebo was given to LU as a gift from the 1985 graduating class. They raised \$2,500 to put toward the project. That was enough to erect the wood version of the structure, but not enough to build the brick version the original plans described.

Julie Mueller, Lindenwood

Vice President for Operations and Finance, and Chief Operating Officer, said the new gazebo was built for less than \$60,000.

In 1988, The *Linden World* reported the campus improvements committee had commissioned an architect to design improvements for the decaying gazebo. However, the school was unable to begin construction using those plans.

"Lindenwood actually had thought about completing it a couple different times," Lindenwood archivist Paul Huffman said. "During the 1980s, Lindenwood was going through a lot of financial problems, so it wasn't a high priority."

Huffman had found the original 1985 blueprints in the Lindenwood archives and this past fall showed them to Mrs. Evans. Huffman said Evans did not think the wood gazebo was representing LU the way it should, and she became instrumental in the gazebo's facelift.

Blanton Construction used the original designs to build the new structure. Its brick is meant to match the surrounding buildings. The quad is home to some buildings that were built more than 150 years ago.

The old wood structure was used for commencement ceremonies during most of the 1980s and 90s. Huffman said the new gazebo has not yet been designated for any specific use.



The original gazebo in the quad was built out of wood with money raised by the class of 1985. The current version reflects the class of '85's original design.

Legacy photo by Jonathan Garrison



Legacy photo by Deborah Starr

The former Dorm G, which remained unnamed for years, is finally given a proper name of Reynolds Hall. The hall is named after Gene Reynolds, a good friend of the late Dr. Spellmann.

## Dorm G renamed

Lindsey Vaughn  
lujournalismmlab@gmail.com

Each of Lindenwood's dorms has been named after extremely important people: donors, alumni or friends of Lindenwood. All but Dorm G was named after one of these generous people, but now the dorm has finally been renamed. Dorm G is now called Reynolds after Gene Reynolds, retired superintendent of the Hazelwood School District. The generosity of this man is quite remarkable.

Reynolds is not an alumnus of Lindenwood and he has no relatives who have attended the university, but Reynolds was a good friend of past university president, Dr. Dennis Spellman. Reynolds saw the good that Lindenwood brought to the community and fell in love with the university. When he

found out the former Dorm G was still unnamed, Reynolds decided to donate money for its development. Before his retirement, he hired several Lindenwood graduates at Hazelwood. Although he did not attend the university, he valued the high standards Lindenwood has for its students.

In addition to donating money for the form in 2001, Reynolds founded the ACE Learning Center, a center to help non-traditional-students graduate high school. Reynolds has also been an assistant professor at LU to help with instructional leadership.

Gene Reynolds was inducted into Lindenwood's Sibley Heritage Society and the Butler Society in 2012, both of which are societies made exclusive for people who have helped, donated to and supported Lindenwood University. Dorm G will be officially dedicated on Sibley Day, Feb. 20, at 3 p.m.

## Muslim prayer rooms installed in Spellmann

By Emily Adair  
lujournalismmlab@gmail.com

Two rooms have been built in The Connection located in the basement of the Spellmann Center for male and female Muslim students to pray in. Construction occurred during January term and the rooms are now completed and ready for use.

As an act of modesty, Muslim men and women often pray separately. Mehman Sadigov, one of the students behind the push for a prayer space, expressed his gratitude for Dr. Ryan Guffey's plan to create two separate rooms. Sadigov said he used to pray with a curtain to set the men apart from the women, so having two rooms for prayer will ensure the students may be comfortable during their worship.

Each room is approximately 12 x 14.5 feet, and Sadigov believes each room will fit 40-50 students at a time. The accommodations include storage space, electrical outlets and carpeting. Any further decoration would be provided by students and considered contributions to the school.

"It looks small, but it means a lot," said Sadigov. "It's just amazing what Lindenwood is doing ... This is probably

the first university in the midwest to open up a prayer room, to actually spend money to build the rooms, [which is] surprising because Lindenwood has few Muslim students compared to a school like Wash U."

Sadigov said that, as a small Judeo-Christian school in the Midwest, Lindenwood had no obligation to open the prayer rooms.

Vice President Dr. John Oldani, Assistant Vice President Guffey, Director Emin Hajiyev and Dean Terry Russell made up the team that scouted locations for the most suitable accommodations for Muslim students. The Student Development Department was originally looking at the Sibley Chapel as one possible location for a prayer space, but it was ultimately ruled out due to the level of inconvenience. The chapel is not constantly open to students, so using the building would require finding somebody to unlock the doors before dawn.

The Spellmann Center, however, is usually open pre-dawn and stays open fairly late into the night, which would accommodate students who pray five times a day. Spellmann is also more centrally located on campus than the Sibley Cha-

pel, which would allow students more time to visit and pray between classes.

One option was to let the students use a classroom during prayer times, but that was also out of the question.

"We wanted to make it as easy as we could for the students," said Guffey. "But we couldn't just cannibalize the classrooms. We are at complete occupancy from 8 a.m. to 5 p.m."

Because it was impossible to spare a classroom already in existence, the Department of Student Development had two new rooms built. New walls were constructed in The Connection, converting unnecessary relaxation space into the two prayer rooms.

On behalf of all the Muslim students at Lindenwood, Sadigov said he wanted to thank President James Evans for his assistance in giving his final approval. Sadigov was also very grateful for Darrin Mamone's help and support throughout the whole process and said he appreciates the efforts of everyone who helped get the project done. Now that construction is complete, Sadigov said it is crucial that students are informed of the rooms and that they utilize the space.

## From the Editor-in-Chief: New year brings new look for The Legacy

By Deborah Starr  
lujournalismmlab@gmail.com

Welcome to the start of a new semester, Lions. I hope the winter break was refreshing enough to allow us to jump into this next semester with renewed energy. That is

what we want to do here at The Legacy.

Over these next several weeks you will notice changes being made within these pages. A new year, a new look. People have new years resolutions. Well, I guess you could say newspa-



pers do as well.

You may have noticed the new flag. For that, we must credit the talented Lindenwood student, John Baker for the design. Thank you, John. Here on the staff, we are all very pleased with the new look.

Also, under each writer's name, you will notice new email addresses. In order to be more accessible to our readers, you can now email a specific section and direct each individual writer.

As always, we love to hear from our readers.

Let us know what you think of the new changes, and let us know if you would like to see any additional ones.

Keep reading, and enjoy the changes of this new year as we continue to enjoy bringing you the news.

## Greek Recruitment Week looks to enhance growth on campus

By Connor Johnson  
lujournalismmlab@gmail.com

With the end of winter break, students are moving back onto campus and classes and student activities are picking up again.

The Lindenwood Student Handbook lists 74 student organizations on campus, and this is an important time to

plan for meetings and recruitment for the upcoming semester. This is especially true for the Greek fraternities at Lindenwood.

The sororities on campus will be having individual recruitment opportunities for interested women, however, all social fraternities will be involved in a designated Recruitment Week during the

first week of February.

Alpha Sigma Phi, Alpha Phi Omega, Delta Sigma Pi, Phi Lambda Phi, Phi Mu Alpha and recently colonized Delta Tau Delta will all be involved in the Recruitment Week, meeting men interested in becoming a brother in one of the various fraternities.

Danny Simms, a graduate assistant for the Student Life

and Leadership Office, has been working with Greek Life on campus for the past year, and he says he is excited for the Recruitment Week this spring. "Currently one percent of the population is Greek, and I would like to enhance the overall vision of being Greek at Lindenwood," Simms said.

The Recruitment Week is five days long with all fraternities participating in the

same events. Monday, Feb. 4 and Tuesday, Feb. 5, there will be Fraternity Recruitment Orientation from 6-9 p.m. in the Evans multipurpose room.

Wednesday, Feb. 6, there will be a dodgeball game at 7 p.m. at the Evans basketball court. Thursday, Feb. 7, there will be a poker night from 7-10

p.m. in the Spellmann Leadership Room. On Friday, Feb. 8, the week concludes with each fraternity hosting their own special event.

Recruitment Week is free and open to all men on campus interested in going Greek. For further information, contact Angela Royal, the Student Life and Leadership Director, at (636) 949-4983.

## Military display stands in Spellmann to honor fallen soldiers



Legacy photos by Deborah Starr

Located on the main floor of Spellmann Center, this military display stood in honor of soldiers who have lost their lives fighting for freedom. Each and every fallen soldier represented on this display was from Missouri. These men and women proudly served all branches of the United States military.



## High blood pressure in young people goes undiagnosed

By Madison Burke  
journalismmlab@gmail.com

The American Heart Association [AHA] released a study this winter showing that adults 18-24 years old with high blood pressure are 28 percent less likely to be diagnosed during doctor visits than those ages 60 and older.

AHA decided to examine this after finding that most young adults do get their blood pressure taken when they go to the

doctor, but those with high blood pressure often do not receive a diagnosis.

The records of 13,593 young men and women with high blood pressure were studied. Researchers found that 67 percent of patients ages 18-24 that have high blood pressure were undiagnosed. This was compared to the 54 percent of adults with high blood pressure that goes undiagnosed in the 60 and above age category.

A cardiology professor at the University of Wisconsin,

Heather Johnson, M.D. led the research in the study and says she hopes the findings will "guide both patient and provider to make elevated blood pressure one of the key things to focus on during the visit."

Johnson made it clear that there are multiple factors that play into this issue. "Patient factors play a role, and provider factors play a role, along with the healthcare system," Johnson said. "You can't blame one component. They must work together to diagnose and manage high blood pressure in young patients."

# He's just another man, after all! Could campus security be doing more to make this a safer place?

By Seth York

lulegacyopinions@gmail.com

The frigid wind gusts through streets laden with memories. It bites through skin to the bone, giving the morning a polar quality.

However, the icy gale is resistance by an army of tightly bundled bodies. This force is in line but not in rank.

Most are smiling, as well as being held back from the object of their affection by elite warriors and closely guarded barricades. Why brave the frozen air? What is worth the trouble of standing next to strangers for hours on end in the cold?

The answer is simple. The only warmth this mob wants is what they get with glimpse of Him. Them. The Royal Family on the Day of Coronation.

Walking to class on the third floor of Spellmann, I looked up at an overhanging television displaying CNN and their coverage of the Inauguration. Realizing what day it was, I am reminded of Winnie the Pooh: "Oh Bother." And perhaps Ebenezer Scrooge: "Bah Humbug."

I call it the Coronation because that is what the court historians- I mean, news media, treat it as. The look on Wolf Blitzer's face was the look I'd expect to see on a six-year-old opening a Christmas present.

That isn't to say I oppose people enjoying what they enjoy. If you like ceremony,

pomp and bluster, well good for you. Yet in Washington, District of Columbia is the



seat of Kings. It doesn't help that the "First Family" cost taxpayers \$1.4 billion on staff, housing, flying and entertainment (according to the Daily Caller.com).

In contrast, the royal family in Great Britain spends \$57 million. My gripe here isn't that it was Obama doing it (as far as I understand, Bush spent at similar figures). The problem here is not (just) the person, but with the Cult of the Presidency.

It seems to me that many Americans seem to think that the answer lies with one man. The president is exalted to the status of a modern demigod.

Sure, he does have command of the most powerful military in the world, but he isn't a god. He doesn't have answers to everything. Yet the world likes having a person to worship and latching on to the president of the United States as the captain

of a metaphoric "football team" is enticing.

America didn't have king for a reason-they loved independence and individualism. The ability to choose to work together instead of being forced to follow royal edicts. Yet look around you.

Americans are not the independent, self-reliant, even community-oriented nation that we once were. They worship the god of collectivism, and on the throne is the president of the United States-whoever that may be.

Perhaps you think I am over-reacting. It's just the "news" covering a story. What's wrong with being excited about a new president?

Maybe you're right. But besides the fact it was a second inaugural (not a huge reason to celebrate, in my opinion), I think the fawning of the presidency itself indicates a degrading culture.

I don't even think Ron Paul fans would have idolized the presidency this much if Dr. No himself was inaugurated. Because the truth is that the president is not a god (even a demigod). He's a man, without all the answers. Most of the answers to our problems don't come from government edicts, but from you.

Stop looking for answers in the hollow temples that fill Washington, D.C. and start looking at you. It isn't "we, the people" represented by far-away nobles in a corrupt city. It's I, and you, the people, working together.

By Madeleine Heppermann

lulegacyopinions@gmail.com

In light of recent events, both on Lindenwood's campus and the campuses of educational institutions across the nation, I feel a greater focus should be placed on the security of our university.

While there is not a universal solution for the elimination or prevention of danger or crime in its entirety, there are some necessary precautions that could be taken that would move us in the right direction.

As a concerned student, I was pleased to learn of the steps Lindenwood Security is already taking in regards to this matter, as referenced in the story on page 1 (*Intruder breaks into Niccolls' second floor* by Aerial Niccum).

As a resident of the historic part of campus, I can attest to the benefit of the additional streetlights lining the walk from Harmon to Evans. Yes, I have made that walk alone several times in the dark before, but the increased light, and therefore peace-of-mind, is much appreciated.

In addition to the proposed public safety website supposedly in the works, I think a

weekly email report from the security office, concerning campus-wide incidents, would be of great use to students and faculty.

I understand the need for privacy and discretion in response to certain situations, but any and all pertinent information students and faculty should be aware of, needs to be provided to us.



We are all members of the Lindenwood community and therefore are all entitled to, and responsible for sharing, any tips, warnings and information that could aid in keeping this campus safe.

An additional suggestion I would like to propose to Lindenwood Security, is rethinking where their office is located. Personally, I feel an office on the main level of Spellmann makes

the most sense; the current office is relatively distant from all general student housing and activity.

While it would require, I'm sure, a significant amount of time to move and rearrange office spaces, placing the security office at, or near, the front desk in Spellmann would provide an easily accessible space for students to speak with security if need be, as well as giving officers a more centralized hub of activity; all students are familiar with Spellmann and there are plenty of parking spaces close by that could be reserved for the campus security vehicles.

Personal safety should always be a concern among students and faculty alike, no matter how safe one feels he or she is on Lindenwood's campus, or anywhere for that matter. Having a general awareness of our surroundings is of vital importance.

Taking simple precautions such as walking in pairs, or making sure the volume of our music is at a reasonable enough level to hear what is happening around us, could make all the difference in certain situations.

## Same-sex marriage opponents stuck in the 50s

By Cole Figus

lulegacyopinions@gmail.com

Lindenwood's upcoming production of Arthur Miller's *A View from the Bridge*, (see preview story on page 5) and its protagonist's struggle with the relationship between his niece and an illegal immigrant who he believes is gay, is unexpectedly relevant to the upcoming dealings of the United States Supreme Court.

In the play, the protagonist calls his niece's lover "not right" and "weird" when discussing his effeminate nature. These quotes were not outside the mainstream culture of the 1950s that considered the lesbian, gay, bisexual and transgender (LGBT) community men-

tally ill when this show was written and produced. But it's not the 1950s anymore.

This March, the Supreme Court will begin hearing arguments over the legal discrimination of American citizens, and could rule that many states' bans on gay marriage are unconstitutional. Another possibility could be the legalization of same-sex marriage for the entire nation in one monumental stroke.

The court will be reviewing two cases: the constitutionality of the Defense of Marriage Act (commonly referred to as DOMA) in *Windsor v. United States*, a case involving same-sex marriage inheritance taxes when one spouse dies, and *Hollingsworth v. Perry*, a case involving the constitu-

tionality of Proposition 8, California's ban on same-sex marriage. Both concern the equality of LGBT citizens at the federal level.

Just like the language used to describe homosexuality in the play, anti-gay beliefs are outdated. The United States of America is a better country than one that discriminates against its own citizens- our friends, neighbors and family- and it is time to finally extend marriage equality to everyone. The arguments against same-sex marriage are the same arguments used against the desegregation of schools in the 1950s and 60s whether opponents argue religious concerns, states' rights issues or political obstacles, and just like in the

1950's, same-sex marriage opponents are on the wrong side of history.



Our Declaration of Independence states that all American citizens are endowed by their Creator with certain, inalienable rights, and among them is the pursuit of happiness. Yet America's laws keeps its LGBT population as sec-

ond-class citizens, unable to partake in that pursuit by marrying who they want, as well as enjoying the same privileges as its heterosexual population, in areas as diverse as judicial protection, adoption, medical visitation, immigration and residency, family and medical leave, Medicare, Social Security and tax benefits.

Nationally, attitudes about the issue are changing dramatically. A Pew Poll conducted three months ago revealed a 10 percent increase nationwide in same-sex marriage approval during just the last four years, and a Gallup Poll conducted two months ago revealed that 73 percent of people between the ages of 18 and 29 support same-sex mar-

riage. The next generation waiting in the wings is overwhelmingly supportive, and in 60 years society will be ashamed that the LGBT community was legally discriminated against, just as society is ashamed today that blacks were legally discriminated against in the 50s.

Internationally, 11 countries already legally recognize same-sex marriages: Argentina, Belgium, Canada, Denmark, Iceland, Netherlands, Norway, Portugal, South Africa, Spain and Sweden. America needs to catch up. The 1950s ended a long time ago, and the only thing weird or not right about same-sex marriage is that it is still an issue in 2013.

## Schools appreciate Martin Luther King Jr. Day by taking the day off: not Lindenwood

By Mariah Stewart

lulegacyopinions@gmail.com

Businesses and schools across the country pay tribute to Dr. Martin Luther King Jr. by closing their doors to show respect for his courageous role in the civil rights movement. However not all businesses and schools are alike.

Despite the fact that Jan. 21 is a national holiday, Lindenwood students who enrolled in J-Term courses were expected to attend class as regularly scheduled.

J-term is a time for professors to crunch a semester's worth of material into less than a month's time of learning.

A majority of J-term courses require students

to attend class four days a week. Considering most students have Fridays off, what would be the harm in honoring MLK Day by canceling classes?

How can Lindenwood, a university that takes tremendous pride for representing liberal arts, schedule classes on a day that reflects a man who stood for liberty in schools and in justice?

Or perhaps Lindenwood remains to have courses on MLK Day to show that Lindenwood students are living Dr. Martin Luther King's dream by broadening their education as they learn in classrooms filled with different ethnicities.

Some J-term students did not have a problem with at-

tending class on MLK Day as long as the the national holiday was acknowledged



during their class time. But of course that request can be unrealistic with math and science related courses.

Lindenwood does, however, purposely acknowledge MLK Day. The Black Student Union hosted an annual Martin Luther King

celebration event.

It's a visual and meaningful event that helps inspire students to partake in something that will positively affect more than themselves.

Although the BSU holds this wonderful campus event in honor of MLK Day, some students are unable to attend the function because of conflicts with their J-term schedules and are not given the option of participating.

Because students are scheduled to go to class on MLK Day, they should at least be given the choice by their professor to attend the events on campus that honor Dr. Martin Luther King Jr.

### The Legacy

Spellmann Center 3095/3100  
209 S. Kingshighway  
St. Charles, Mo. 63301  
Telephone: (636) 949-4336  
Email: lujournalism@luc.edu

#### The Staff:

**Editor-in-Chief:** Deborah Starr

**Managing Editor:** Madeleine Heppermann

**Editor-at-Large:** Branden Swyers

**News/Copy Editors:** Emily Adair and Lindsey Vaughn

**Opinions Co-Editors:** Killian Walsh and Cole Figus

**Entertainment Editor:** Melissa Spears

**Music Editor:** Annette Schaefer

**Sports Co-Editors:** Michael Sprague and Chase Stewart

**Lead Sports Writer:** Ryan Oldham

**Photo Co-Editors:** Andrew Ebers and Jonathan Garrison

**Circulation Managers:** Erica Sturdefant, Nicole Sanders and Rebecca Berin

**Ad Managers:** Laura Heying and Eric Peters

**Faculty Adviser:** Tom Pettit

# Campus health center fails to diagnose correctly

By Emily Adair  
lulegacyopinions@gmail.com

With the cold weather finally taking effect in recent weeks, many people have been more cautious about their health. I found myself suffering a sore throat and a nasty cough the first week of January Term, so I decided to pay the Sisters of St. Mary's Student Health Center a visit to see what they could do to help. Unfortunately, I soon learned that the "help" I was getting was not really what I needed.

I answered the basic ques-

tions about my past health issues and family history and I was feeling pretty confident that I would soon be on the right medications and out of my misery. I was relieved to learn that my temperature was normal, so I was all the more willing to believe the nurse practitioner when she concluded that it looked like I just had the common cold.

I trusted the assessment and I went another day telling classmates and friends that I did not have a fever and I was not contagious. I did as the nurse practitioner advised and I gargled some

warm salt water and took some Mucinex DM. The warm water did help temporarily with the throat but by the next day, I was so miserable that I finally decided to go home and get well. I was feeling irregularly warm so I checked my temperature, which was now a fever of 103.8. It was time



for a trip to an urgent care center.

I was asked the same questions and taken through the same procedures as the day before in the campus health center, but this time when the doctor listened with the stethoscope, he noticed "a lot of noise" in my lungs. He told me that I had many of the symptoms

of the flu and he prescribed some medication to help me get through it. He then went a step further and asked me to submit to a chest x-ray. The x-ray revealed signs of pneumonia in my right lung.

I know I cannot expect the medical center on campus to give a chest x-ray to every college kid with a cough. I am just shocked by the disparities between the diagnoses. The same noise that led the doctor to find I had pneumonia was merely dismissed as a sign of a cold less than 24 hours before.

I had a sore throat and a

cough and I had mentioned that my brother recently had the flu. As widespread flu activity was being reported across the nation, I feel like a flag should have been raised.

I thought the nurses in the SSM Student Health Center would care enough to provide the most accurate information possible. At the very least, I think I should have been warned that something else might have been going on. How can I be expected to trust the campus clinic with my well-being after an alarming incident like this?

## NHL fans can cheer once again

By Chris Smith  
lulegacyopinions@gmail.com

Finally, the NHL lockout is over. After months of talks between the owners and the NHLPA, the two sides have finally come to a deal ending the lockout that had been in effect since Sept. 15. The new agreement lasts for ten years and should end the possibility of another lockout anytime soon.

Most of the players have tried to stay warmed up by playing in leagues overseas and in charity games like the one held recently for Hurricane Sandy.

Over half of the season was lost due to the lockout. The two sides agreed to play a 48-game season compared to the regular 82 game season.

Since the lockout had really upset the fans, the start of the season couldn't come soon enough. Hockey fans everywhere were itching to see their favorite players back on the ice.



With the short season, it's difficult to predict a favorite to win the Stanley Cup. There are a lot of teams that

look promising, including our own St. Louis Blues. But, with less than half the season, it's anyone's game.

Another factor that makes a short season important is injuries. If a player gets hurt, even a moderate injury can cost him almost half the season. It should be interesting to see how coaches handle players to make sure serious injuries don't occur.

For sports fans who don't like basketball, hockey season comes at a great time. With football almost over and baseball starting in a couple months, fans now have another sport to watch.

Be sure to tune in to your favorite teams in the coming weeks, as hockey season finally gets under way!

## Gun control laws: not the answer

By Jeremy Broadbooks  
lulegacyopinions@gmail.com

"Among the many misdeeds of the British rule in India, history will look upon the act of depriving a whole nation of arms, as the blackest." - Mahatma Gandhi.

The year was 1857 and finally the Indian people revolted against the British rulers that had been governing them. That began the Sepoy Rebellion. This bloody conflict cost thousands of lives before the British were finally able to end the rebellion in July 1858.

In order to prevent a bloody revolt like this from happening again, the British Government stripped the Indian people of their right to own and produce firearms.

Due to this measure, the British were able to sub-

due the Indian populace for another century, because they lacked the means to revolt. Today, many leaders in our country wish to do the same to us. On Dec. 14, 2012, a deadly massacre



by a deranged killer left 26 people dead at Sandy Hook Elementary School.

This killer was obviously sick, yet some in our nation think that the guns them-

selves are the problem, NOT the person behind the gun. Many people believe that if an undefined category of "assault weapons" had been illegal then maybe this wouldn't have happened.

Even President Obama has jumped on this tragedy in favor of gun control. It seems that there is now a major push by the media and many politicians in our country to restrict gun access in an unprecedented way.

According to them we need to do it RIGHT NOW. Well thanks for the concern guys, but I think that the Sepoy Rebellion and the notoriously high crime rates of Oakland and Washington D.C. (both cities with some of the toughest gun laws) speak for themselves. Gun control results in loss of rights and life, not a gain.

**BOOK-X-CHANGE**  
@Lindenwood University

BUY \* **RENT** \* SELL

All RENTALS

**11% OFF**  
for-EV-ER!  
😊

St. Charles  
Employer of the Year!

CASH for TEXTBOOKS  
**EVERYDAY!**

2144 First Capitol Dr.  
636-949-2422 \* [www.LUtextbooks.com](http://www.LUtextbooks.com)  
Open: M-F 9-5:30pm

# Lindenwood gets 'A View From the Bridge'

By Cole Figus  
luentertainment@gmail.com

Lindenwood University's next theatre production is Arthur Miller's *A View from the Bridge*, a play set during the 1950s in Brooklyn, N.Y.

The show will be performed in the Emerson Black Box Theatre inside the J. Scheidegger Center for the Arts, and will open Thursday, Feb. 7, at 7:30 p.m.

The production will run through Saturday, Feb. 9, and all other performances also begin at 7:30 p.m.

The play centers around Eddie Carbone, an Italian-American dockworker, his wife, Beatrice, and his niece, Catherine, who they have raised in the Italian neighborhood of Red Hook.

Eddie is very attached to Catherine, and when the family takes in Beatrice's two illegal immigrant cousins, Marco and Rudolpho, he struggles to deal with Catherine's ensuing relationship with the latter.

Convinced that something is "not right" with the effeminate Rudolpho, Eddie seeks

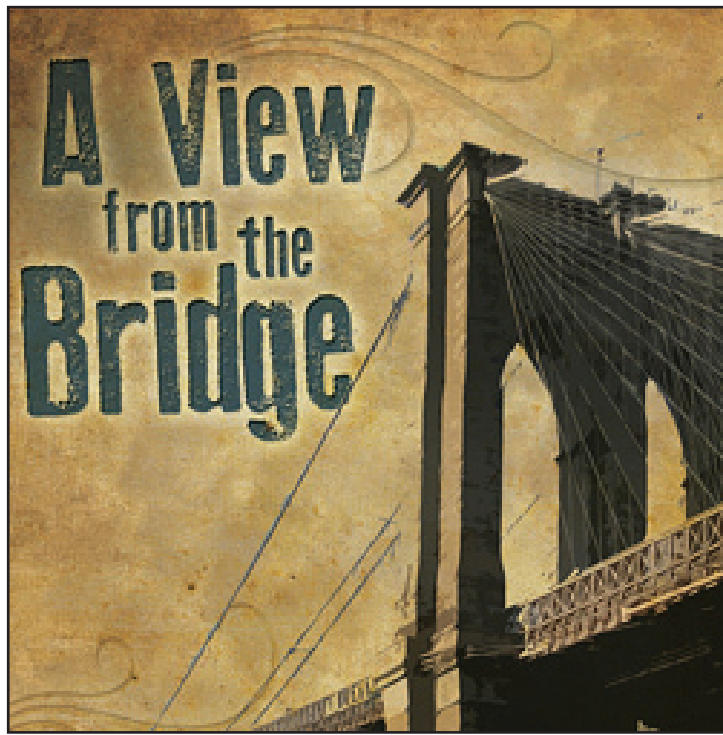


Photo courtesy of www.lindenwood.edu/center  
Promotional photo for Arthur Miller's play *A View from the Bridge*. Lindenwood's production takes place from Feb. 7 to Feb. 9.

the counsel of the neighborhood lawyer, Alfieri, who realizes that Eddie's passion for Catherine is something more than a parent's affection for a child.

With the prospect of having to give Catherine up, Eddie must choose between following the law of the land and the law of

the streets while maintaining his manhood and the respect of his neighbors and friends. In the Italian culture of sacred family values, he cannot choose both.

*A View from the Bridge* is directed by Peter Banholzer as his thesis project, and stage managed by Lindsey Conklin.

The cast includes Alonso Yabar as Eddie, Julie Range-Colvin as Beatrice, Rachel Hockensmith as Catherine, Joe Bayne as Marco, Jaiymz Hawkins as Rudolpho and John Fisher as Alfieri.

On the technical side, the play boasts an impressive set of Eddie's apartment and the street outside including a plethora of 50s era props. Scenic design is done by Jim Koehnle, while Tim Poertner masters the light design, Hawkins doubles as sound designer along with his acting role and the costume designs are the work of Phil Gill.

For more information about the production or tickets, visit www.lindenwood.edu/center or call the Box Office at 636-949-4433.

## CAB welcomes back students with a concert

By Annette Schaefer  
luentertainment@gmail.com

On Wednesday, Jan. 30 the Campus Activity Board will be hosting the Coffeehouse Concert as part of the "Welcome Back Week" at Lindenwood. The show features local performers From Distant Shores and Danny Simms. The concert will take place in the Butler Loft from 7 p.m. to 9 p.m.

This show gives local acts a chance to get their name out on Lindenwood's campus and be able to share their music with fans and new-comers alike.

"I was told that we were referred by several students of the school. We have many personal friends, as well as fans, that attend the school," From Distant Shores singer Josiah Ward explained, "We are also looking forward to crowd interactions and any relationships that we get to build in this time."

Coffee and hot cocoa will be provided at the show which will offer an intimate environment for students to listen to the performances. The show has no charge and is open to all students.

"We are most looking forward to expressing ourselves and our heart through our music and performance," said Ward.

For more information on this show and other events for the "Welcome Back Week" check out the calendar of events at www.lindenwood.edu/ or follow LU's Student Life and Leadership page on Facebook at www.facebook.com/lustudentlife.

## No Fear FASHION: MAXI SKIRTS

By Bailey Compton  
luentertainment@gmail.com

Although we are still in winter's bitter grip, there is no better time to think about looks for Spring. One of the most comfortable and flexible garments is the maxi skirt. The key to wearing one is striking the perfect balance of proportion. Try following these tips and tricks:

**-NO** matter your height, the bottom of the skirt should hit somewhat just above your ankle. Mid-calf lengths can be awkward for some figures and skirts that touch the ground are a sloppy safety hazard.

**-WEAR** the skirt at the smallest part of your waist. This helps achieve the hourglass shape, thus avoiding looking like a rectangle. Belting it maximizes this flattering effect.

**-THE BEST** kinds of shoes to pair with maxi skirts are heels and sandals. Heels should not be too clunky but do try wedge sandals. Do not be afraid to experiment with boots and flats, though!

**-TRY** wearing a simple fitted tee on top. Another way to balance the flowy skirt is with a structured blazer or cropped jacket. Experiment with slouchy sweaters or button-up blouses (try tying them at the waist).

**-ACCESSORIZE** with a scarf or statement necklace to draw attention up to your face.

Maxi skirts are one of the most comfortable garments to wear, but we can feel rather uncomfortable when we do not know what to wear them *with*. Just know that you do not have to be a supermodel to enjoy them. And as always, do not be afraid of experimenting! Happy New Year!



Legacy photo by Melissa Spears. Featured is a polka dotted maxi skirt from the Merona collection of Target, as it is paired with a fitted tee capturing this season's hottest style for Spring.

## Picasso's coffee shop offers open mic night for performers and fans to come and listen

By Reem Abdalazem  
luentertainment@gmail.com

Lindenwood University students take more out of local coffee shops, located near campus, than the quick cup of joe and relaxing aroma.

Located only 10 minutes away from Lindenwood's campus, Picasso's coffee shop on 101 North Main Street, welcomes students to be part of their Thursday open mic nights.

This re-occurring event is popular amongst LU's international students who are attracted to the atmosphere by bringing an overseas taste to the American coffee shop.

During J-Term, Thursday, Jan. 17, approximately 40 students from campus gathered at Picasso's awaiting classmate's sophomore Dennise Ramirez and freshman Mary Kilman's performances.

Beginning the night, Ramirez took the stage with the song "Give Me Love" by Ed Sheeran. As the night went on, Ramirez also performed two other songs by Gavin De-

Graw, "Glass" and "Sweeter."

"I can't believe how great this place is," said freshman Natalia Zenoni. As the coffee shop offers a delicious menu of coffee so near to campus, it also brings together students for a night of entertainment. "It's so cool that we can represent Lindenwood's name at a coffee shop here in such a good way."

Kilman performed later that evening bringing great energy and had more than half of Picasso's crowd singing along.

She started with "You and Me" by Lifehouse and performed two others before finishing with "Stubborn Love" by the Lumineers.

Picasso's Barista Dan Wilson said, "It is such a great atmosphere at the coffee shop when Lindenwood students come and perform. It gives work a better taste."

For more on open mic nights or Picasso's, visit www.picassoscoffeehouse.com.

## LU graduate offers words of advice to upcoming undergrads



Deandre Nichols, a former undergraduate student, continues his pathway towards a masters degree, while he makes his mark in the Criminal Justice field. Legacy photo by Seannell Chambers.

By Seannell Chambers  
luentertainment@gmail.com

From South Central Los Angeles, Calif., to St. Charles, Mo., former undergrad student Deandre Nichols has gone from the football field to the field of Criminal Justice (CJ).

Graduating in the spring of 2012 with a degree in Criminal Justice specializing in the juvenile department, Nichols is now gaining his master's degree in Criminal Justice & Administration while continuing to work as a corrections officer for St. Ann, Mo. police department.

Only days after his graduation, Nichols first became a juvenile probation officer for the state of Missouri. where he witnessed many of the juveniles being tried or classified as adults.

From there, Nichols became a corrections officer at the St. Ann Police Department.

This current job entails dealing with arrested juveniles and adults, supervising and monitoring activities in the jail and fingerprinting criminals electronically, all

of which he is permitted to do because of his FBI certification.

Unlike most recent college graduates, Nichols states that finding a job in his field was not as hard as others.

"I began looking for a job 6 months before graduation," said Nichols. Where as other graduates will start looking after their degree is earned, he snagged a job at Child Center Mary Groves in Florissant, Mo., where he dealt with juvenile sex offenders. "I believe that's where many students fail."

When asked if the education at Lindenwood University prepared him well enough for the "real world," he quickly responded "No. [The knowledge] learned in the classrooms is not really applicable in the field that I am in. The one who helped me the most -- without a doubt -- is my mother and my life experiences."

He continues, "It's crazy how, in my field of work, a person does not really need a degree, but it helps for advancement in the CJ field. Surprisingly, at my job only

four people, including myself, have degrees."

Though sad, but true, most recent graduates have not obtained a job and are in continuous hopes of finding one. According to economiccollapseblog.com, "53 percent of all young college graduates in America are either unemployed or underemployed."

When asked for any inspirational words for current students, Nichols said, "Do not look for jobs once you have graduated. Start prior to the big day if you expect to have a job a few weeks afterwards... Many people want instant gratification believing they should instantly find a job and should make top salary. No, you have to start off somewhere; coming from where I come from, [I was] homeless one moment and had to pass up scholarship offers because my mom needed my help because she is ill -- I had to maintain the right mindset to stay on the correct career path and I advise others do the same."

# Fete de Glace ice festival returns to St. Charles



Courtesy photos by Christie Blecher Saturday, Jan. 26, 2013 the annual Fete de Glace was held on 2 blocks of historic Main Street St. Charles. This ice festival brings out families every year to watch the ice carving competition. Over a dozen competitors

## New semester brings new movies



Photos courtesy of www.lindenwood.edu/film

By Denise Rivers  
luentertainment@gmail.com

Lindenwood's Film Series will return for the 2013 Spring semester, beginning with the 1940s classic "Stormy Weather" on Feb. 1.

The Film Series, introduced in the fall of 2010, features a variety of films for the entertainment of both students and the general public. Films usually range in genre and are chosen by students, faculty and the film series committee.

"The film series here at LU has definitely become one of my favorite weekend

activities," said junior Hallie McFarlane, "It's so nice to be able to just walk across campus to go see a movie rather than drive to the local theatre."

While kicking back to enjoy the movie, students can also snack on some candy, soda and popcorn offered during every film showing for only \$1 each.

"Sometimes I like going just for the cheap popcorn," said freshman Juan Edwards, "\$1 certainly beats going to the real movie theatre and paying close to \$10 for popcorn."

This semester the series features more recent movies than previous semesters, such as the 2011 drama, "Where Do We

Go Now?" starring Leyla Hakin and the 2012 hit movie, "Master" starring Philip Seymour Hoffman. The upcoming films for this semester include the following:

For a complete list of the films being featured this semester visit [lindenwood.edu/film](http://lindenwood.edu/film). Shows are Friday and Saturday nights in the Young Auditorium.

All show times are 7 p.m. unless otherwise noted. LU students gain free admission with a student ID; there is a \$5 (cash only) charge for the general public.

Please direct movie suggestions and inquiries to [film@lindenwood.edu](mailto:film@lindenwood.edu). For ticket information please call the box office at (636) 949-4411.

### Film Series 2013

- "Black Orpheus" - February 2
- "Marley" - February 8
- "Yellow Submarine" - February 9
- "Malcom X" - February 15
- "Antwone Fisher" - February 16
- "My Mic Sounds Nice" - February 22
- "4 Little Girls" - February 23
- "Where Do We Go Now?" - March 1
- "Persepolis" - March 2
- "Carnage" - March 8
- "Life Above All" - March 9
- "Bully" - March 13
- "The Master" - March 15
- "Elmer Gantry" - March 16
- "Much Ado About Nothing" - March 22
- "8 1/2" - March 23
- "Following" - April 12

# You need insurance, We make it easy!®

## The Right Coverage

## The Right Price

## Call Us Today!



Proud supporter of  
Lindenwood University!

Steven J. Lang  
President



Local | Independent | Trusted  
**(636) 229-7000**  
[www.langinsurance.com](http://www.langinsurance.com)

# Lang Insurance Service



Health - Auto - Home - Life - Business

# Men's volleyball gets first taste of MIVA



Legacy photo by Jonathan Garrison

Lindenwood's Colin Hackworth tries to swing around an Ohio State University block in a Saturday, Jan. 26 match-up. The Lions lost to the Buckeyes in the two schools' first ever meeting 3-0 and by the scores of 25-14, 25-22, 25-22

By Michael Sprague  
lulegacysports@gmail.com

If the Lindenwood men's volleyball team proved anything in its first two Midwestern Intercollegiate Volleyball Association matches, it is that they will not go down without a fight, no matter the opponent.

The Lions lost both matches of a weekend series with Ohio State Buckeyes that took place in the Hyland Arena. The first took place on Saturday, Jan. 26, and the second, Sunday, Jan. 27.

Saturday's matchup was the first official MIVA conference match for the Lions,

and their first ever against Ohio State. The match ended in a 3-0 Buckeye victory with scores of 25-14, 25-22, 25-22. Sunday's results were similar, a 3-0 victory for Ohio State, 25-21, 25-23, 25-20.

Coach Ron Young's team seemed to gain confidence as the weekend progressed,

improving in the eyes of their coach from Saturday to Sunday.

"I thought we competed a lot better today," Young said. "They made some adjustments, we made adjustments, and I felt like we came out ahead in those."

One of those adjustments was inserting junior middle hitter Scott Siwicki into the lineup for sophomore Zach Bequette.

"Siwicki is a little taller than Bequette and those balls that come off the block and into the back row are more likely a free ball," Young said.

Not all balls off the block landed gracefully into position for a routine dig. The Lions had to rely on the scrappiness of defensive players to track down deep tips and dive for the short ones.

"I thought our defense was good," Young said. "Guys that struggled last night with defense a little bit played better today."

Young also complimented the work of his front line in stopping the Buckeye

hitters at the net. "The big thing is on our defensive sides we got blocks today," Young said. "Yesterday we got one block all match. We had 7 in the second set today."

Siwicki had a match-high six blocks, all of which were assisted.

Colin Hackworth did not register a block Sunday, but his improvement in tracking the hitters made for a tougher time on the Buckeyes. "Last night he wasn't reading the hitters very well but tonight he was getting in front of them better," said Young.

The Lions' had their fair share of quality attacks, too. Hackworth registered a team-high 11 kills for the match, a few of which were unblocked and may have busted the Hyland Arena floor.

When asked how that kind of kill felt against a NCAA division I opponent, Hackworth had trouble finding words. "Its exhilarating," Hackworth said before pausing for about five seconds. "I don't know how

else to describe it. It gets the crowd going and it gets the team going and that's how you win games."

Hackworth was pleased with the way the team handled its first and possibly most challenging test of the season.

"The competition is the top were going to see all year," Hackworth said. "It's a starting point for us. We made it close and made a great game out of it. We know what we gotta do next time to improve next week."

Junior setter Tim Schmidt says the biggest improvement needs to come at the end of games.

"I thought we played great, we just need to finish," Schmidt said. "We beat them to 20 those first two games but we just have to learn to finish them out."

The Lions' Jan. 29 home matchup against Missouri Baptist University was scheduled to take place prior to the print of this issue. The Lions next travel to Indiana Purdue at Fort Wayne on Friday, Feb. 1.

## Opinion: Musial's historic legacy will live on



By Clare Behrmann  
lulegacysports@gmail.com

Legend. Companion. Gentleman. We strive to

be maybe one of these in our lifetime, but these words carry a special connotation in Cardinal Nation. They all fit the description of Stan "The Man" Musial.

Surrounded by family, Musial, 92, passed away on Saturday, Jan. 19, at his home in Ladue. News of his passing came around 5:45 p.m. Almost immediately, fans gathered at his statue outside of Busch Stadium.

Admittedly, I was shook up when I sat down to din-

ner Saturday night. Musial was Cardinal baseball. He transcended generations. He played with the greatest respect for the game, at a time when money was not the main focus.

Always a pillar of consistency, Musial accomplished something remarkable. Sure, he joined the 3000 hit club, but while surpassing that, The Man ended up with 1,815 hits at home and 1,815 hits on the road.

Even a greater accom-

plishment is that Stan was a 24-time All-Star, three-time World Series Champion, and when he retired in 1963, he held 55 MLB records.

There are two other footnotes of Stan's life, however, that are my favorites. First, Musial missed the 1945 season because he was serving in the U.S. Navy, doing ship repairs at Pearl Harbor. Secondly, he was married to his high-school sweetheart, Lillian. Their marriage lasted nearly 72 years.

I went over to the Musial statue two days after his death and was not at all surprised to see the number of items lying at its base. A small smile even came across my face as I stood in awe, knowing how much one man meant to this city.

Some cities got a player like Mickie Mantle, a man who was a compulsive drinker and gambler. St. Louis was lucky enough to get "The Man" who stood for everything that was good. I just wish I would

have had the opportunity to see him play.

Even though we say goodbye to a hero, his legacy lives on. Everything from his character to his harmonica playing.

Although I can not take credit for this next statement, it could not be more applicable. "Heaven had one more gentleman and we have one less." St. Louis mourns, but the fact that we had "baseball's perfect knight" is something no one can take away.

## Softball looking to make a statement in the MIAA

By Brett McMillan  
lulegacysports@gmail.com

If Lindenwood softball would have been a full MIAA member last season its 10-19 record versus current MIAA schools would have placed it third in the conference.

This year LU will have some new faces, and a new opportunity. They will officially compete in the MIAA.

"This year we are a very young team, and I think we are just looking to come together as a team and improve on what we did last year and really just build a program," junior infielder Erin Pietzman said.

Lindenwood has been picked to finish 13th out of 15 teams in the MIAA preseason coaches poll. Last year LU was 16-32 overall when the bulk of its schedule was NCAA Div. II schools.

The Lady Lions are returning three of their five best hitters from last season. One such player is sophomore catcher Allie Newcomb. She started 45 of the 48 games she played, and hit .283 during 2012. Her seven doubles were second behind now alum Emily Johnson.

Despite her success,

Newcomb said last year she learned that scouting reports gave opponents a great idea of how to pitch to her. She said this year she hopes an understanding of how she is being scouted will enable her to build on last year's success.

"In high school the coaches knew who the hitters were and the hitters weren't, but they weren't looking at each game's statistics as in depth as they do now," Newcomb said. "And I think now that I know that, this year hopefully I'll do a better job of thinking, 'Well this coach knows that last game I couldn't hit an outside pitch, so that's all I'm going to get.'"

Last season's top two run producers for LU will be back as sophomores. Newcomb was second on the team with 16 RBI. Center fielder Hannah Braun led the Lady Lions with 19.

This year's freshman class could also potentially add RBI rich at-bats to the lineup.

"Even this year, we've even increased on our depth, bringing in girls that really bring something to the table," Pietzman said. "And I think that makes us even stronger, because if there is a tough situation where maybe someone is

in a slump there are always girls eager to pick them up."

While the offense has added to an already existing base, the pitching staff has lost most of last year's major innings eaters.

Lindenwood had a 6.30 combined ERA between its five pitchers that made at least five appearances last season. The lone returner from that group is sophomore Kendall Ryndak.

Her 5.00 ERA was tied for the team low last season. She made seven starts and 13 relief appearances.

Newcomb said she feels this year's staff has a chance to be just as good, or better, than last year's.

"The pitchers did a great job last year," Newcomb said. "And I think that fact that we had such diversity was a great success."

LU begins its season on the road at Saint Leo [Fla.] University. They will play their first 12 games on the road before their home opener March 2 versus Blackburn [Ill.] College.

Lindenwood's first ever official MIAA game will be played at the Lou Brock Sports Complex March 13 when LU hosts Truman State University for a double-header.

## Indoor track team sets Lindenwood records

Chase Stewart  
lulegacysports@gmail.com

The Lindenwood Lions track and field team's indoor season is off and running.

The Lions are four meets into the indoor season with two more remaining before the team will compete at the MIAA Indoor Championships in Warrensburg, Mo. on Feb. 22-24.

The Lions are under new leadership this season as Head Coach Scott Roberts is in his inaugural year with the program. Roberts has spent the past 17 years as an assistant at the NCAA Division I level on the campuses of Drake, Alabama, Iowa State, and UTEP.

Roberts is pleased with how his team has performed under new leadership.

"Anytime there's a coaching change in a program there are some adjustments to be made," Roberts said. "Things are always going to be a little different when someone new is in charge, but the kids are doing a fantastic

job adjusting and are molding well to what we want to do here."

Roberts said several athletes have already had great performances, some of which set top 10 marks in LU's indoor track and field record books.

"On the women's side Terah Fullman has been running incredibly well for us thus far, Claire Buckman just recorded the second best pole vault mark in school history," Roberts said. "China Moore has been great in the hurdles, and Lindsay Blackwell has also put her stamp on our top 10 record book with her performances in throwing."

The men's team has also impressed Roberts in his first season. He said throwers Mitch Heady and Bryan Kurtz, sprinter Mike Reynoso, and distance runner Brady Novak are some of his top performers.

"Mike, Mitch and Bryan have been fantastic and have all found themselves in our top 10 record books while Brady has done some great things for us in the mile, he's just a fresh-

man and I'm expecting some championship-type results from him this season," noted Roberts.

The Lions have been facing Division I competition at all four of their meets thus far this season and Roberts believes that will benefit his team at the MIAA Indoor Championships next month.

"It's been great for us to be able to run against top-level Division I talent and see how we matchup. Our kids have been great and finishing in the top-three regularly so we're excited to see how that translates into a meet against strictly MIAA competition," Roberts said.

While the Lions' indoor season will conclude at the conference meet this season, Roberts is still expecting his team's best effort as they look to make a statement. "We want our kids to score as many points at the MIAA meet as possible and set a precedent for where our program is heading going into outdoor season and into next year."

The Lions' will compete next at the Mule Relays at the University of Central Missouri on Feb. 2.



# Men's basketball improves in MIAA play

By David Schlager IV  
lulegacysports@gmail.com

As publicized around campus, Lindenwood athletics jumped to the Division II level of the NCAA to compete in the Mid-America Intercollegiate Athletics Association. After a rough start to conference play, the men's basketball team seems to have found what it takes to win even in transition.

"We have improved offensively since Christmas," Coach Brad Soderberg said. "We made adjustments over break. We are focused on attacking more offensively and communicating better."

Soderberg's squad did not have enough in the first two conference games of the season, losing in overtime to the Bearcats of Northwest Missouri State and then again in double-overtime to the Gorillas of Pittsburg State. Following those losses, the team has gone on to win five of their last seven conference games, and eight of 10 overall.

During the recent stretch, coach Soderberg recorded his 300th career win in a 95-69 blowout win over Missouri Southern State University.

"I believe that if you coach long enough, everyone will



Senior guard Alex Bazzell drives to the basket in the Lions' Jan. 24 matchup against Fort Hayes State University. The Lions won 69-58.

hit a milestone," said Soderberg. "The number is more about players I have been

able to coach. All of my former players deserve any credit that I get."

With a 12-5 mark on the season, the Lions still realize that there is a long stretch of difficult games ahead.

"Every game is going to be tough the rest of the way," said senior Efkan Eren. "We know that we have to keep focus. We cannot afford to mess up down the stretch."

The key to playing in the new conference may be rebounding. In their four conference losses, the Lions were outrebounded by an average of 9 rebounds per game. However in the five conference wins, the Lions have an average rebound margin of plus 12 per game.

This trend may display the

first half of the season. In games where Lindenwood leads the rebounding battle, they are 12-1. When they lose that battle, the Lions are 0-4.

"Rebounding is about defense. If we defend well we get more rebounds," Soderberg said. "We didn't rebound well at all in our early losses, I think we have rebounded relatively well since then."

Following the 63-66 home loss to the No. 24 Washburn Ichabods on January 26, the Lions will look to get back on the winning track when they travel to Southwest Baptist on January 31.

# LU swimmer hoping for success overseas

By Dale Hart  
lulegacysports@gmail.com

Following yet another victory this Saturday, the Lions' swim team has the January 14 Student Athlete of the Week Ubaldo Zavaleta Castaneda to thank.

The senior from Trujillo, Peru, helped the Lions to a first-place finish against Rose-Hulman IT, of Terra Haute, Ind., with an individual victory in the 1000 meter freestyle. Zavaleta also made up part of the winning 4X200 freestyle relay.

Zavaleta, who specializes

in the 400 individual medley and 500 free, has been a huge part of the team's success since first coming to LU in 2009. He has won nine conference titles and holds four individual school records in the 500, 1000, and 1650 free and the 400 IM.

Outside of LU, the business administration major's most impressive performance was at the 2012 South American Championships in Belém, Brazil. Zavaleta anchored the 4x200 free relay, breaking the Pe-

ruvian national record with a time of 7:44.41.

It was also in Brazil where he competed against the world record holder and Olympic champion César Cielo Filho in the 50m free.

Swimming, however, hasn't always been his forte. Zavaleta started swimming at the age of 12 at the local Golf and Country Club to help alleviate his asthma. He was one of the slowest swimmers, describing himself as the "little chubby kid who couldn't play any sports."

This changed and he quickly progressed through the club. At the age of 16 he switched coaches and moved to the U.S., swimming for the Phoenixville YMCA in Phoenixville, Pa. Zavaleta said the move "presented an opportunity to compete on the more challenging U.S. YMCA circuit and swim against the nation's best."

It was at the 2009 YMCA nationals in Fort Lauderdale, Fla. that Zavaleta made a name for himself. In the B final of the 500m

free he finished sixth. "It was one of my proudest moments in swimming," Zavaleta said. It was after this performance that he was contacted by previous swimming coach Craig Penrose and recruited to LU.

Zavaleta is enthusiastic about competing at his final conference championship wearing an LU cap in Rochester, Minn., in February. He hopes to put on "one last performance for Coach Jon Lau, who has been inspirational since I moved here."

"I am impressed with our

new coach, Jason Owen," Zavaleta said. "He has instilled new levels of confidence to the program; I'm excited for the future of LU swimming."

Zavaleta hopes his final send-off will be at this year's Bolivarian Games, which is fittingly held in his home town of Trujillo.

"After swimming the past five years here in the U.S., it would be nice for me to end my career competing at home, in front of family and friends," Zavaleta said.

# Gymnastics defeated in inaugural home meet

By David Schlager IV  
lulegacysports@gmail.com

After traveling to Colorado and Illinois, the Lindenwood gymnastics teams returned home to the Hyland Arena to make history.

"We had a great crowd, especially during J-term," said freshman Rachel Zabawa. "It was sweet being in your home arena and having your own fans cheering and screaming for you."

In the first home meet of the inaugural Lady Lions gymnastics season, about 500 fans supported the team. Despite scoring a season-high the Lady Lions came up short against the Southeast Missouri State Redhawks 192.200-188.625.

The competition began with the Lady Lions on the vault with junior Emily



Alicia Floyd competes in the floor exercise on Friday, Jan. 18 in the Hyland Arena. It was LU's first ever home gymnastics meet.

Turik, freshmen Alicia Floyd and Daniela Fumagalli all scoring 9.4 or better.

The Lady Lions scored

highest on the uneven bars with a season high of 47.800. Turik once again led Lindenwood scorers with a

9.700. Freshman Courtney Helse was not far behind, adding a 9.675.

The beam proved to be the toughest obstacle for Lindenwood, scoring 46.375. Once again Turik led the team with a 9.475 score.

Zabawa led the Lady Lions in the final event, the floor exercise. This stage proved to be the closest with Lindenwood being outscored by just .425. Zabawa won the event with a high score of 9.750.

"It is great to know that you are in the record books. It is hard to explain how sweet it is to be the first player to win an event at Lindenwood."

Emily Turik led the Lady Lions in total scores with a 37.850. "I have not competed in all events in a couple of years," said Turik. "It was definitely unexpected and it

will always be a memory of mine of my Lindenwood career."

The Lady Lions have two

more contests before returning home to host Bowling Green University on Feb. 9 in the Hyland Arena.

## 1/2 Price Color Service



ACROSS FROM THE ENTRANCE TO LINDENWOOD

hollywood blonde  
**Bring-a-Buddy**  
and you both get a color service at 1/2 Price!  
Please bring this ad to receive special offer.

Gift Certificates Available by Phone or On-Line  
140 North Kingshighway, Saint Charles, 63301  
www.facebook.com/HollywoodBlondeSalon

636-940-2616 www.HollywoodBlondeSalon.com

Hair-Nails-Facials-Massage-Spray Tanning

## 1<sup>ST</sup> EQUITY FUNDING GROUP INC.

SERVING ST. LOUIS & EASTERN MISSOURI  
SINCE 1992

MO.#12-185

YOUR HOME TOWN  
LENDER

314-872-2901

WWW.STLOUISMORTGAGE.COM

214 SOUTH BEMISTON, 3 SOUTH  
CLAYTON, MO 63105

ALLIN'S  
DINER

636-946-5556

130 N. Kingshighway

New Hours:

Mon - Sat 6:00am - 4:00pm  
Sunday 6:00am - 2:00pm

10% Discount  
for LU Students