

The Lindenwood Student Government Association has several changes in store for this semester. Read all about it on Page 3.

Page 3 ►



Fashion Week brings cutting edge designs and products to St. Charles. Check out the Entertainment section for photos and more.

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# The Legacy

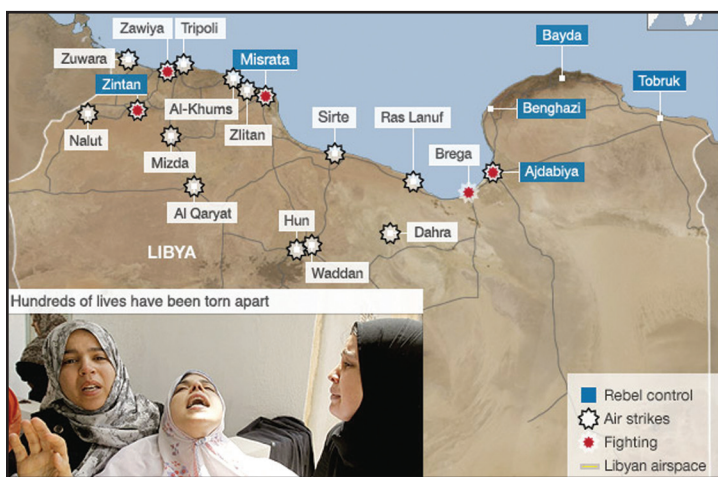
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## Libyan rebels continue to attack



This map shows the locations in Libya where most of the fighting, air strikes and rebel control has occurred over the past several months.

By **Clare Behrmann**  
Contributing Writer

What began as group protests against the 42-year rule of Col. Moammar Gaddafi has turned into a country wide battle in Libya that has lasted several months.

Beginning in late February of this year, Gaddafi (government) supporters and rebels have been in a territory conflict between the East and West. Cities in the west fell victim to rebel forces, while

the government fought back with numerous assaults and bombings.

Battles were taking place in the Libyan cities of Brega, Ras Lanuf, Zawiya and Misrata.

Rebels eventually claimed their first city of Ras Lanuf. In the next couple of

**“In the next couple of months, control of cities...would jump between Gaddafi and rebel forces.”**

In mid-April, both the United Nations (UN) and North Atlantic Treaty Organization (NATO) became involved in

various capacities. Throughout the summer, NATO countries hit Tripoli, Libya's capital, multiple times, with one attack hitting Gaddafi's compound and killing four family members.

By August, the International Criminal Court started a manhunt for Gaddafi, his son and his intelligence chief.

During the week of Aug. 29-Sept. 2, rebels came into Tripoli and captured Gaddafi's compound.

Please see *Libya*, Page 12

## Navy SEAL makes his way to LU

By **Natasha Sakovich**  
Editor-in-Chief

Humanitarian leader, author and former Navy SEAL Eric Greitens knows no bounds on hard work and determination. Not only has Greitens deployed to Iraq and Afghanistan, he also founded The Mission Continues, an organization that provides work and fulfillment to wounded and disabled veterans after they start their new lives back at home.

Greitens has spoken at events across the country and traveled to nations across the world, and at 7 p.m. on Wednesday, Sept. 7, he will speak at Lindenwood as the second guest for the 2011-12 Speaker Series. The event will take place in the Anheuser-Busch Leadership Room located on the fourth floor of the Spellmann Center.

Paul Huffman, Lindenwood library archivist, said that Greitens' speech will focus on his recently released book, "The Heart and the Fist: The Education of a Humanitarian, the Making of a Navy SEAL," and will also include a discussion of the operation



Eric Greitens

by Navy SEALs that took down Bin Laden earlier this year in May.

"We had Greitens scheduled to speak in May, but with all that happened with Bin Laden, he was in high demand to speak at news outlets across the country," Huffman said.

"So he had to end up canceling his event here, but we definitely wanted to have Greitens speak here right before Sept. 11 due to the nature of his topics."

Greitens is not only a hard and dedicated worker in the field but also in his studies, having received the prestigious designation of a Rhodes Scholar at England's University of Oxford, where he received his doctorate in politics.

As stated in a recent article on Greitens in Alive Magazine, he said that what he loves about his work "is that there's an incredible variety."

Greitens life certainly is full of varying and challenging opportunities and experiences, as he has also visited refugee camps and humanitarian organizations around the world.

Please see *Speaker*, Page 12



Lindenwood student Khrystine Steele helps sort through various PowerPoint slides printed off from the computer lab in the Spellmann Center.

## PaperCut limits student printing

By **Kenny Gerling**  
Senior Writer

Gone are the days of unlimited printing in Lindenwood's computer labs. Modifications to the print policy may leave the heaviest printers paying a little extra.

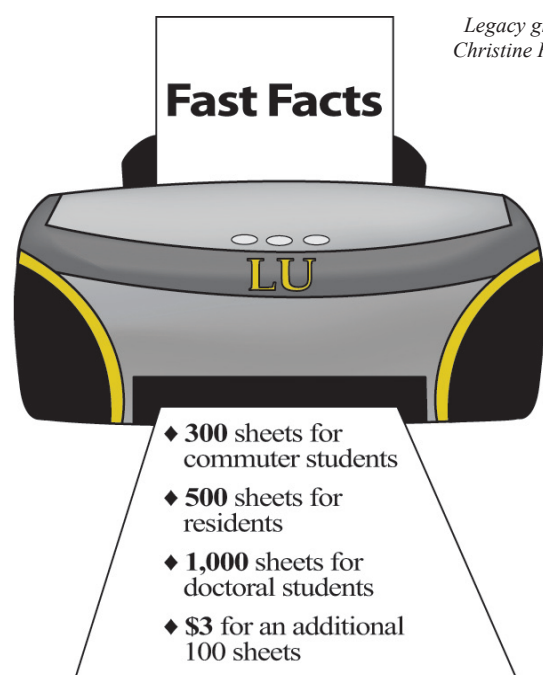
Under the revised policy, commuter students can print 300 sheets per term, residents 500 and doctoral students 1000. Additional sheets can be purchased at a cost of \$3 per 100 sheets. The change is being implemented at all Lindenwood campuses.

To monitor the amount of prints per student, a program called PaperCut has been installed on cam-

pus computers.

A student's individual print history and balance

come up every time they log on to a university computer. This program, in ad-



Legacy graphic by  
Christine Hoffmann

dition to keeping track of prints, gives the environmental impact of a student's past print listing, including facts like carbon waste and the percent of a tree used.

Chief Information Officer Shawn Haghghi said that reducing waste, reducing cost and an effort to be more "green" all factored into the need for policy change. According to Haghghi, the decision to modify the existing print policy was a joint one between him and President Evans.

Please see *Paper*, Page 12

See Page 4 for an editorial about the new print program

## Student Life Sports begin

By **Russ Hendricks**  
Staff Reporter

Over the past year, there have been a plethora of changes at LU. Some of these changes include the addition of the new Evans Commons, a brand new AstroTurf practice field, more food options and, most importantly to some, the switch from NAIA sports to NCAA and the addition of "Student Life Sports."

It is easy to catch yourself getting excited for the sports advancing to the NCAA division, but what about the sports that are not moving to the next level?

Please see *Life*, Page 10

## LU plans to relieve crowding with apts.

By **Holly Hoechstebach**  
Editorial Editor

As Lindenwood continues to expand with buildings, the number of students grows along with it.

With 3,700 students currently living on campus, residential housing and dorms fill up quickly. Although resident policies remain the same as in previous years, several new adjustments are being made. This year, due to limited amounts of single and married housing,

**“Once the students get into those houses, they stay in them.”**

—**Connie Jones**  
Asst. Director of Housing

LU is not taking on any new names for the waiting list.

“Once the students get into those houses, they stay in them until they

graduate,” said Assistant Director of Housing Connie Jones.

The main goal is “offering students on the waiting list other housing options.”

The question many students want to know an answer to is that if there is an overload of students, where do they all go?

Please see *Housing*, Page 12

See Page 4 for an editorial, as well as an editorial cartoon, regarding student housing.

# See the world and learn something, too

By Anna Schiele  
Staff Reporter

Have you thought about traveling to a new country for a winter trip but realized you wouldn't know where to begin? Don't fret! Three study abroad trips are being offered for the 2012 J-Term that will allow students to spend up to two weeks out of the country while picking up three cross-cultural or elective credits at a minimal cost.

The first trip is to Germany from Jan. 3-17. Led by Professor John Bell, the trip takes students to the historic places that most college students have only read about. Students will get to visit museums, castles and palaces while learning more about the culture and history of Germany through literature and art on the two week trip.

While the trip does contain a lot of fun and sight-seeing, students will also learn about the German culture through journals, some research and oral reports.

Bell believes that Berlin is one of the most important historical points in Germany. He also feels that Germany is a very misunderstood country, as most only hear about it in history courses through the World War incidences. However, Bell said that "modern Germany is won-

LOCATION	DESTINATION	Cost
Germany	Berlin	\$2,536
Mexico	Oaxaca	\$1,750-\$2,000
France	Aix-en Provence	\$2,800-\$3,000

Three study abroad trips offered during the upcoming 2012 J-Term include ones to Berlin, Germany, Oaxaca, Mexico and Aux-en Provence, France.

derful and incredibly peaceful."

He encourages students to partake in his trip, and the first step is to check your Lionmail account for more updates and attend informational meetings.

The trip is estimated to cost \$2,536 for each individual if ten students go, but the cost decreases as more students sign up. There will also be the additional cost of souvenirs and two meals a day that the trip fee does not cover. Contact Professor Bell at jbell@lindenwood.edu for more in-

formation regarding this trip.

The second trip is to the beautiful Oaxaca in Southern Mexico, which provides a combination course of Spanish language and culture. Students are expected to have a cost of \$1,750-\$2,000, depending on the cost of airfare.

The course can be paid for in three monthly installments of \$700 the first two months, with the first payment due in Mid-September and the remainder of the amount due in November. Students will get to see beautiful colonial ar-

chitecture while visiting the cities of Mixtec and Zapotec.

Each day will begin with four hours of Spanish-based instruction and is suited for students who have never taken a Spanish course to those who are fluent in the language.

The lessons will be followed by sight-seeing, salsa dancing courses and local cooking classes. Students stay with host families, where laundry and three meals a day are provided. Professor Nancy Cloutier-Davis said that this allows

students to "live the culture...the trip is total immersion." For more information and to find out dates for the information meetings, students can contact Cloutier-Davis at Ncloutierdavis@lindenwood.edu.

The final trip being offered for the 2012 J-Term is to Venez. Located in the South of France, Professor Heather Brown-Hudson offers a language and culture combination course that explores the beautiful language, rich culture, timeless art and authentic cuisine. Students will

spend their nights in Aix-en Provence and their days traveling to surrounding towns after spending the morning in small-group language instruction and an Art History focus course in the afternoon.

The cost for Brown-Hudson's trip is estimated to be around \$2,800-\$3,000, plus the cost of additional spending. Professor Brown-Hudson can be reached at Hbrown-hudson@lindenwood.edu for more information.

There are many benefits to taking a cross-cultural course outside of the classroom. Students are often unaware of other cultures and their practices.

Professor Bell said that the best way to learn about the culture is to gain new understanding of the country and its history.

Professor Cloutier-Davis said, "There is no better way to learn the language and the culture than to be completely immersed in the inseparability of the two."

Any further questions regarding the trip, information meeting and financial aid to assist in payment for the courses can be directed to the professor who is offering each trip.

## St. Charles fire victim will receive option of full ride at Lindenwood

By Jessica Brasher  
Contributing Writer

On Tuesday, Aug. 16, a St. Charles house fire claimed the lives of four people. Lauren Zwilling, her boyfriend Cameron Gresham, Quentin Gresham and Maren Gresham were all claimed by the fire, but the sole survivor of this tragedy was 11 year old, Robert Dominic Zwilling, who escaped out of a second story window.

An earlier press release from Lindenwood University stated that LU has offered a full-tuition scholarship to Zwilling. The intention of this offer is to lessen potential financial stress.

Chris Duggan, Lindenwood Public Relations Coordinator, said, "It is a gesture by the University to reach out to this young person who has lost his family, so when he is of college age, he will be able to attend school."

The press release states that the scholarship announcement was made by a Lindenwood representative prior to a memorial service for Zwilling's family on Aug. 23.

The University wants to make sure Zwilling can further his education if he chooses to do so later in life.

"The important upshot of this scholarship is that Dominic Zwilling will not have to worry about how he will af-

ford a college education in addition to all of the other challenges life has suddenly dropped on him," LU President James Evans said, as published in an earlier press release.

Lindenwood students agree that the scholarship is a helpful and generous donation for Zwilling. "I think it was a nice gesture; he lost his family, and at least now he knows he can go to school if he chooses to," said Lindenwood sophomore Stephanie Lynch.

"This young man has suffered a loss that most people cannot even begin to imagine. The gesture Lindenwood has made shows compassion and support."

Lindenwood junior Angie Orf said, "I think that this is definitely a tragedy and if we can help someone out during a tragedy, then we should do all we can."

The St. Charles community as a whole has come together to provide both financial and emotional support for this young man who recently suffered an awful tragedy.

On Saturday, Aug. 27, a local fifth grade football team hosted a car wash and barbeque in St. Charles, with all donations going to the Robert Dominic Zwilling Fund. Anyone interested in helping Zwilling through a donation can make one at any Vantage Credit Union in the Cameron Gresham and Lauren Zwilling Trust Fund.

**"It is a gesture by the University to reach out to this young person who has lost his family."**

—Chris Duggan  
Lindenwood PR Coordinator

## LU discount at Six Flags is available

By Jasmine Smith  
Staff Reporter

Lindenwood Freshmen Week is offering discounted Six Flags tickets to all LU students, administration and faculty, from now until Sept. 11. Graduate assistant Julie Taylor used to work for Six Flags. She said she set up this program so incoming freshmen and international students, who never were able to go to Six Flags or visit the area, get a chance to go out and have some fun.

"This offer isn't just for freshmen," Taylor said. "It's also for the faculty, administrators, family, friends and many more, but the pass is for one day. Six Flags has specifically catered this program to our university."

For more information about this exclusive offer, visit [www.sixflags.com/saintlouis](http://www.sixflags.com/saintlouis) and enter the promo code LU15 for the discount. Tickets are valid any regular operating day. Children under the age of two enter for free.

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Legacy photos by Alysha Miller  
 (Left) LSGA executive board members Sarah Kearns, Bryanna Knox and Isaiah Jenkins lead the Wednesday, Sept. 1 meeting in Harmon Hall. (Above) Student Ashley Keely fills out an organization report form on the activities and events hosted by the club before the meeting starts.

# Student Government Association continues to grow

**By Christine Hoffmann**  
 News Editor

Communication is the key to achieving progress. The Lindenwood Student Government Association (LSGA) is striving for an effective relationship through such communication with the student body to create a better college experience. “We want to be the group that can get you anything,” said LSGA President Dan Bedell. “We want to be able to help.”

The student-run organization has undergone recent changes to accomplish this goal. With new offices on the third floor in the Evans Commons, members of LSGA are available to meet with students to answer questions and address concerns. They are also in the process of getting a phone line for students to call with questions about Lindenwood and its policies.

This year, LSGA is hosting a new student forum series among several activities. Stu-

dents will be able to meet with school administrators to discuss issues such as IT, food services, campus security and weather protocol. Each semester will have two forums.

“They will be a place for students to come talk about their concerns and get connected to the people involved in those issues who have the power to make changes,” said Bryanna Knox, LSGA treasurer.

LSGA has already been effective in making progress through the Student Senate, which was created last year. Junior, senior and graduate senators gather information from the student body and write proposals to present to President Evans. The proposals from last year resulted in new furniture

on the fourth floor of the Spellmann Center and an extra day off before Thanksgiving.

“The Senate Board has been a great addition to LSGA,” said Sarah Kearns, LSGA

vice president. “We can listen to the voices of the students and make the changes they want to see.”

The new Campus Activities Board (CAB) is one of the most recent changes to LSGA. Its purpose is to organize

school functions and help other organizations with marketing and PR. CAB works with LSGA to make events such as the First Year Experience, concerts and homecoming activities run smoothly. Kerry Cox and the Student Life and Leadership office thought of creating a separate branch for

activity planning so the main body of the student government could focus on advocacy and being “the voice of the students,” Bedell said.

Campus organizations have been receiving funds from LSGA for several years. Last year, LSGA initiated a new point system for funding. Student groups earn points by throwing events and participating in campus activities. The number of points determines how much money the group receives. This method ensures larger organizations that throw many events for the school will have the funding to do so, Kearns said.

LSGA meetings are held every Wednesday from 4-4:45 p.m. in the Harmon Hall auditorium and are open to all students. Bedell said he has seen the attendance grow in the past three years. “Our number one goal this semester is to effectively communicate with the student body,” he said. “It’s our number one desire and also our biggest obstacle.”

**“We can listen to the voices of the students and make the changes they want to see.”**

**-Sarah Kearns**  
 LSGA Vice President

## New Student Forum Series gives answers to student questions

**By M. E. Brown**  
 Staff Reporter

In an attempt to open communication between administration and students, the Lindenwood Student Government Association (LSGA) is sponsoring a Student Forum Series.

The first forum, held Thursday, Sept. 15, will cover the topic of “student life and campus culture.” This will give students a chance to address a panel of faculty in Student Development, including Terry Russell, Michelle Giessman and

Kerry Cox.

“We want to address items such as campus activities, housing, student facilities, rules and regulations, Work and Learn, First Year Experience and our international program,” said LSGA President Dan Bedell.

**“We want to address items such as campus activities, housing, student facilities...”**

**-Dan Bedell**  
 LSGA President

This idea was created by President Evans for the students to voice their concerns. “Through research into how other universities coordinate these types of events, we saw that ours would have to be a little different,” Bedell said.

Please see **Forum**, Page 12

## Town Center progress on hold

**By Natasha Sakovich**  
 Editor-in-Chief

Construction on the new LU Town Center retail and housing complex, to be located across the street from Lindenwood’s main campus along First Capitol Drive, is projected to begin this semester.

All zoning is in place, and construction will begin after several legal procedures take place.

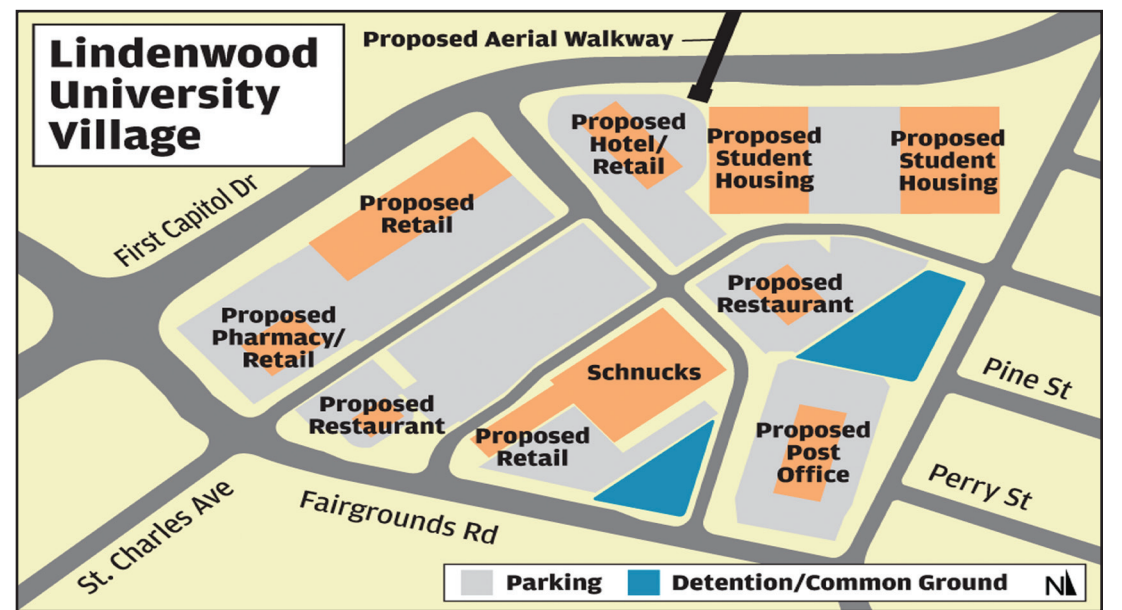
St. Charles Director of Economic Development David Leezer said, “We are waiting on two things to happen before we can move forward with construction. We must have the designation of a TIF district with a TIF committee and also must demonstrate a ‘letter designation’ for brown field.”

The TIF committee is for tax information purposes and must have 12 members, all who are elected by the city of St. Charles, as well as by the school districts in the zone where the project will be.

“The ‘letter designation for brown field’ is a document from certain authorities stating the potentials for environmental concerns on different properties like gas leaks from nearby gas stations etc.,” Leezer said.

The project must have these two designations before it can receive new market tax credit (NMTC), which is needed for funding.

“Assuming no hiccups occur and that we get approval, these legal concerns will be done by the fourth quarter of



Courtesy graphic from Chris Oth of the Suburban Journals

A graphic displaying the projected location for the LU Town Center shows the proposed pedestrian bridge crossing from Lindenwood’s main campus to the Student Village section of the project.

this year, and they will then begin on construction.”

LU Public Relations Coordinator Chris Duggan said that some demolition also needs to be done before construction can begin. “Several additional men’s housing units still need to come down before construction can begin,” he said.

Once the housing units are torn down, the DESCO construction company can begin construction on the 30.55 acre mixed use development space. First to go up will be the Schnucks grocery store.

“This Schnucks will actually serve as a relocation of the one on Duschene Road,” Duggan said. “The projected completion date for Schnucks is December of 2012.”

The complex will also include 21.23 acres for retail stores, 6.3 acres for apartment style student housing that will make up the “Student Village” portion of the

project and potentially a relocated St. Charles Post Office. Negotiations are still taking place regarding the Post Office, Duggan said.

If the Post Office move does happen, SSM St. Joseph Health Center hospital plans to expand its parking for patients by building a new garage where the post office currently resides, according to an article in the *Suburban Journals*.

Another addition to the city of St. Charles as a result of this project would be the number of new jobs created.

According to the *Suburban Journals* recent story on the project, 1,243 total jobs will be created, of which 410 will be permanent.

Some retail pieces are still undergoing negotiations as well, but the Schnucks store and the allocated section for student housing are committed. Officials just recently

started meeting with an architect regarding the student housing project, and Lindenwood’s Board of Directors approved the project in July.

Student housing, taking up 6.3 acres of the LU Town Center site, will accommodate 630 beds.

“Lindenwood wants to break ground in the fall on the apartment style student housing complex,” Duggan said. “Once started, the project will take two years to complete.”

The project will also include a parking garage to be used mainly for the Student Village residents, and a pedestrian bridge crossing from LU’s main campus to the Town Center will also be built.

With the edition of the pedestrian bridge, students without cars on campus will now have close access to a grocery store, post office and several other shops.

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## Housing issues come into light

As of fall 2011, Lindenwood has greatly expanded its campus, its education system and is now an NCAA sports school. This year, LU opened the new student building, the Evans Commons. The Commons has everything that a student needs in college.

The building offers the students a newer, bigger food court, with six cuisine options to choose from. Students are also provided a post office/mail room, game/movie room and a laundry room with new washers and dryers.

However, what about LU's housing system? Why don't we talk about that? Unfortunately, student housing does not seem to be improving in my opinion.

Every year, Lindenwood keeps accepting new students, but where do they live? Classes started Aug. 22, and many of the freshmen, including a close friend of mine who is a single parent, are still on waiting lists. Some RDs and RAs that I have dealt with are just plain rude. They only have one solution to a problem: "Go to Terry Russell." It does not seem to me that they are willing to help. If we bring up an issue about the bathroom or the heating system, a week goes by before it's fixed.

Most of the houses are three bedrooms with one bath and are occupied by four girls/boys. This fall, LU tried placing five people in some houses. An extra twin

bed was put in my house's living room. Does that mean the fifth person has to live in the living room? Is that even allowed? Maintenance could also have a more significant impact on students. This is my second year at LU, and I have lived in my campus house for a year.

Over the summer students were told the houses would be repaired so we had to move to the dorms. When we were allowed to move back, only the living room carpet seemed like it was vacuumed, and the closet doors were not fixed. The kitchen and bathroom were in the worst shape, followed by the bath tub which still has mold on the ceiling, and a broken toilet seat. These are not sanitary nor suitable living conditions.

Besides that, the rules for housing and dorms are different. In dorms students are allowed visitation during certain hours. In housing there is no visitation, and the opposite sex is only allowed outside housing during daylight hours. I believe we should be allowed visitation during certain hours so students can have company over.

Overall, LU needs to improve the housing system and RDs and RAs need to be friendlier and more willing to help. I don't see anything wrong with having friends over, as long as we are not being too loud and leave before midnight. I am sure if certain improvements were made students would not complain as much.



Marvi Jumani



## Your education: 500 pages or less

The sky is the limit! You can do anything you set your mind to! These are the best years of your life – learn everything you can and explore everything you want to learn. These are just a few of the sentiments that students may hear during their college years, but are they too good to be true?

Lindenwood has implemented a change to the way students are allowed to print documents this year.

Upon logging on to a university computer, you are greeted with a pop-up box in the right-hand corner that tells you how many pages you have left to print out of 500.

In years past, there has been no limit on the amount of paper students could use, but now we are only allotted 500 pages per semester.

Now that may seem like a lot, but when you start to

think about it, it really isn't. We live in an age where most teachers tell you to go online and print off your syllabus instead of handing it to you the first day of class.

Some people may choose to just leave it on their computer but if you're anything like me, I am a visual learner and need to see things and have them physically in front of me. I also find it helpful to print off PowerPoint presentations that teachers have published online.

What if you're in an English class and are writing a research paper that requires you to turn in multiple drafts, a final copy and a large number of research materials? Students get a few of those

in a semester, and he or she may not have much room left to print anything else off.

Let's face it, college requires A LOT of paper. Whether it's for printing

papers, PowerPoints to study from, articles for research or any other kind of study help, we can use up those 500 pages in a flash.

Upon logging into the program that LU is using to control our printer usage, ironically named PaperCut, we are immediately taken to a page that tells us not only how many pages we've printed, but what percentage of a tree we've killed, how much carbon dioxide our printing has put off and how long that equates to using a 60-watt

light bulb.

Can I just say – who cares? I am not bashing trying to protect our planet. In fact, I'm all for taking care of the earth that God has blessed us with.

However, I am not someone who goes crazy if someone doesn't throw something in the recycle bin or freaks out because a teacher printed off a bunch of syllabi for his or her classes.

Tuition is \$21,360 per year. A pack of 5,000 pieces of printer paper at Sam's Club is \$29.88.

Is it really that big of a deal to use slightly less than 30 dollars of our tuition money to purchase paper?

The purpose of college is to learn. By limiting our access to something as simple and basic as printer paper, we are really being limited from much more.



Sarah Ball

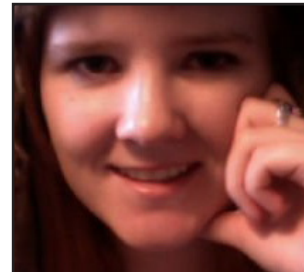
## Today's music doesn't have the same soul

In 1978, Bob Seger's classic hit "Old Time Rock n' Roll" rocked the charts. The lyrics portray how popular oldies such as this hit is what true talent and music are all about. Seger's famous song is much implied in this generation where many teenagers and young adults believe that the older generation's music is better. Many of today's youth feel that the older crowd's music had more meaning and creativity. I am one of those young adults that believe our generation has lost meaning and has become lazy. Don't get me wrong, I love listening to Wiz Khalifa, Robyn or The Kooks, but there is something about the older generation (1960s-1970s)

that set those two decades apart from all others. I believe that most of today's music primarily deals with sex, drugs and violence and is trying to copy past decades. I can't remember the last time I wanted to go buy a record album, CD or legally download a song from this generation. Although I may sound like an older person for saying this, I think everything from past decades was better than today's. Even though music from the 60s and 70s dealt with the same subjects today's generation does (sex, drugs and vio-

lence), I believe that they were more creative by trying to hide what they were saying in popular songs like Jimi Hendrix's "Purple Haze" or The Doors' "Light My Fire." Today's music is more bland and repetitive when talking about sex and drugs and has no actual meaning.

A good example is Snoop Dogg's famous song, "Drop it Like it's Hot," which was featured on the Citrus commercial. Sure it's entertaining, humorous and has a good beat, but it's uncreative. I'm not putting down my generation, and I will continue to listen to some of my era's music, but I will always have an appreciation for older, classic music. In the words of Seger, "Today's music ain't got the same soul; I like that old time rock n' roll."



Taylor Menendez

### The Legacy

Spellmann Center 3095/3100  
209 S. Kingshighway  
St. Charles, Mo. 63301  
Telephone: (636) 949-4336  
Email: journalismlab@lindenwood.edu

### The Staff:

**Editor-in-Chief:** Natasha Sakovich  
**Managing Editor:** Alex Jahncke  
**News Editor:** Christine Hoffmann  
**Editorial Editor:** Holly Hoechstebach  
**Co-Entertainment Editors:** Melissa Maddox and Mikayla Francese  
**Sports Editor:** Deborah Starr  
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**Photo Editor:** Alysha Miller  
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**Ad Manager:** Melissa Simon  
**Faculty Adviser:** Tom Pettit

## Current Events Ledger

### What housing problems have you had?

"We don't have air conditioning."

—Cristian Azcona, freshman



"The heat in my dorm was terrible so I had to move to Blanton."

—Magdalena Viktora, freshman



"It's too cold in our dorm because our air conditioning control panel doesn't work."

—Julian Decius, junior



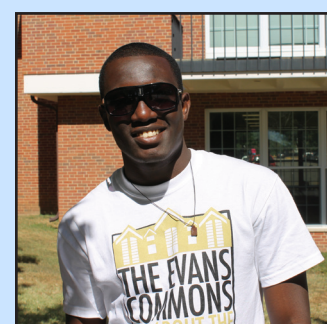
"When I first moved into my house it wasn't clean."

—Jasmine Wenning, junior



"We only have one bathroom for four girls."

—Natalia Katayama, MBA student



"I didn't have hot water for five days."

—Vincent Onyia, freshman

# 15 insightful tips for incoming freshmen from upperclassmen

When going to a new school, there are always going to be rumors. Every teacher from every grade level has told you that the next grade up will be even harder than this one.

In elementary school, we were told that having lockers and remembering all of our teachers and classes would be too much to bear.

Nevertheless, we were excited about the freedom and the opportunities. We had a five minute passing time and could walk around and not just be stuck in one room all day.

In middle school, they told us that high school was so much harder. They said the classes were more demanding and that we'd have

homework in every subject every night. I think the biggest lie I heard was that we would be required to write in cursive. Not once did I have a teacher say, "Oh no. This is atrocious. Do it again, in CURSIVE."



Grace Abaffe

Then high school came. As incoming freshmen, we were scared into thinking

that we would be shoved into lockers and stuffed into trash cans.

And now, as young adults embarking on the journey that is college, we've heard so many other rumors: from the threat of an overwhelming work load to the whispers of the "Freshman Fifteen"—the fifteen pounds you are told you'll gain as a

freshman.

Some attribute the fifteen pounds to the buffet style of the cafeteria, and others say it is due to junk food kept stored in your dorm room.

No matter the reason, fear of flab is put into the hearts of college freshmen everywhere.

But who can say if this is, in fact, true? As freshmen, we don't know what to believe. We don't know what rumors are true and what advice to take. Why not take the advice of people who have been in our shoes?

Instead of the "Freshman Fifteen" being a phrase to fear, we can make it something useful. What are some things that existing Lions wish they knew when they were in our place?

With that, I bring you a much more helpful version of "The Freshman Fifteen."

## The Tips

1. "Don't skip class just because you have a few freebies. More often than not, your professor won't let you make up the work." (Devin Odenbreit, sophomore)
2. "Get a routine and stick with it. Do your best to stay organized and calm. Nothing is ever as big of a deal as it seems." (Devinne Walters, junior)
3. "Have fun! Don't take 8 a.m. classes, and be diverse when it comes to making friends." (Carmen Wells, junior)
4. "Leave your comfort zone, and keep an open mind when it comes to meeting new people." (Josh Jones, junior)
5. "Manage your time wisely." (Josh Jones, junior)
6. "Build strong friendships with your instructors, and don't fear them." (Alex Van Walleghen, junior)
7. "Get involved (clubs, organizations, sports, etc.). It allows you to make friends and forces you to develop time management skills." (Denise Rivers, junior)
8. "If possible, avoid going to the cafe around the standard lunch (12 p.m.) and dinner times (5 p.m.). Go a little before or after to avoid congestion and long lines." (Denise Rivers, junior)
9. "Get homework and projects done before the due date. Some teachers allow you to turn things in early so that they can look over it and make suggestions on how to improve it." (Denise Rivers, junior)
10. "It's okay to take naps. Before I went to college I never napped. Now on some days I feel as if it's what gets me through everything I do. Just make sure to set an alarm so you don't oversleep!" (Joey Jackson, sophomore)
11. "Make sure you wear shoes you can walk in, because walking around campus with blisters just hurts, and you don't want to take your shoes off during class." (Joey Jackson, sophomore)
12. "Do your homework! It helps you prepare for tests and despite what people may say, it will affect your grade." (Devin Odenbreit, sophomore)
13. "Be optimistic about school. Don't wake up every day dreading classes because that will only make college a bad experience. Appreciate the fact that you're getting a higher education." (Alana Sherman, senior)
14. "Try to make friends. You want incentive, besides classes, to be here. If you're alone all the time, you'll get burnt out." (Sarah Kearns, grad student)
15. "Don't wait to study the night before a test. When you cram, you'll remember the information for the upcoming test but when it comes time for the final, you won't remember anything." (Brittany Bagin, senior)

## 9/11: A tragic American memory 10 years later

I can still recall that day—Sept. 11. It's the day that changed not only my life but all American lives as well. It was a terrible tragedy that caused so many problems that affect us today.

I am a military brat, a daughter of a United States Marine, a grandchild of a Navy veteran and a sister to a Marine as well.

The military life is all that I really know. I am just now getting used to college life here at Lindenwood, and it's a huge adjustment. As a kid, the military didn't teach you a course called "How to survive college 101." It just taught me to accept change. It's a new environment, new people, new cultures and a new me. I've accepted this.

Military life has changed since Sept. 11. People don't really know the seriousness of how the military is a vital organ to our country. Countless lives have been lost since the Afghanistan and Iraq wars have begun. Though they are considered "Wars on Terror", they're still wars.

Countless souls never came home. Countless families have been ripped apart because of Sept. 11. My older brother James decided to go into the Marines to do something with his life. I thought he was for sure going to Iraq, but my family was lucky.

My cousin Jason, a Lindenwood graduate, had two tours in Iraq. He even missed the birth of his daughter. I have lost countless friends to war. It's all about the word "sacrifice". It's a word you begin to hate in the military life.

As for myself, I have already decided to do what's best. I plan on attending Army ROTC here at Lindenwood as I pursue my degree in journalism and military science. People have asked me countless times if it's my family's influence that got me into ROTC. I always say, "No, it has to do with Sept. 11."



Rachel Harrison

It has to do with the 3,000 lives lost in one day. It has to do with my pride as an American. It has to do with seeing my nieces and nephews and wanting what's best for them. It has to do with me being willing to lose my life for everyone else. I'm not noble; I'm me.

We are so blessed here at Lindenwood. We have so many things to be happy about. I am willing to give my life not because it's in the job description but because I want to.

So this Sept. 11, I ask all Lindenwood Lions to pause and remember these past 10 years since that tragic day.

## Americans lack concern; the bitter conflict rages on in Libya

The rebellion is winning, and the infamous Colonel Muammar Gaddafi is on the run. The self-appointed interim government in Libya's capital city, Tripoli, believes Gaddafi to be in a desert town to the south.

In a message to those loyal to him, Gaddafi threatened the rebels with urban and guerrilla warfare.

The united rebel factions defeated Gaddafi's forces with the aid of NATO air strikes.

Trying to avoid the problem of congressional approval for war, the Obama Administration has labeled the conflict in Libya a "kinetic military action." At best, this is disingenuous.

Announcing that this kinetic military action was a humanitarian intervention, President Obama bombed Libya back in March.

Later, NATO took full control of the operation. Anyone who thinks some government besides the United States runs NATO policy are ingesting some sort of highly illegal drug.

This so-called humanitarian intervention was to supposedly stop Gaddafi from oppressing the "innocent" rebels who were demonstrating against Gaddafi.

Of course, massive demonstrations for the existing government were ignored by the mainstream media.

Gaddafi is not a saint, yet neither are the rebels.

Most of them are unhappy folks that have loyalties to a different tribe than Gaddafi's. It is similar to a pack of wolves trying to dominate the aging alpha male. The rebels have been romanticized to be like the protesters in Tunisia and Egypt.

Back in March the "Arab Spring" was in full swing, but the comparison is dubious, due to the rebels' violent nature and possible connections with Al-Qaeda.

However, the untold story is that Gaddafi had recently gotten the African Union to ban any U.S. bases in Djibouti (near Ethiopia), and announced plans for a Libyan Gold Dinar, a gold-based monetary system that would challenge the fragile dollar.

If Africa and the Middle East sold oil in gold dinar instead of the dollar (the world's current reserve currency), this would end America's world dominance.

Countries would no longer have to convert their currencies into dollars, and America's shaky economy would collapse.

So if something such as a

gold Dinar came into place, it would bring the fragile American system down.

Thus this war in Libya was not surprising, but saddening. Things like bombing civilians (or killing Gaddafi's son, and three grandchildren, as NATO has) are not only tragic but evil. In 2000 Saddam Hussein proposed that Iraq would sell oil under the euro. We all know what happened to him.

Whatever the reasons for killing more people, the war is occurring and Americans have an opinion.

In a March 21 poll, Gallup reported that 47% of Americans approved of the Libyan incursion while 37% opposed it.

At that time, President Obama said military involvement would take days, not weeks. Unsurprisingly, this turned out to be false and by June 24, Gallup was reporting that 46% of Americans now disapproved.

By August 17, Rasmussen reported that only 20% of Americans support the "war," 52% oppose continued action and 26% are not sure.

It is pretty clear what most Americans want with to do with Libya: absolutely nothing.

Americans would do well to heed what Major General Smedley D. Butler, the most decorated Marine before World War II, said about war: "War is a racket. It always has been. It is possibly the oldest, easily the most profitable, surely the most vicious. It is the only one international in scope. It is the only one in which the profits are reckoned in dollars and the losses in lives."

## A national day for remembrance

I can still commit to memory the smell of my small mountain town elementary school in North-eastern Pennsylvania.

We pranced down the hallways back to class from a morning program to a teacher with a priceless face.

I was eleven years old on Sept. 11 2001, and I can still vividly remember my time in a town just two hours outside of New York City.

The school was at a standstill after 9:20 a.m. It felt like Plato's "Allegory of the Cave." We were slaves to images we didn't understand, trying to compete to figure out what was happening to the world known to us.

Similar to how St. Louis citizens mourned over Joplin's tornados, we mourned

at seeing our nearby family and friends being pulverized with absolutely no warning on live television.

Media outlets could be heard down the hallways, with radios and CNN correspondents piercing the small world around me.

There were no teachers lecturing, students talking, first graders laughing, kindergartners arguing, not one familiar sound.

Now, a decade has gone by and a memorial of the largest terrorist attack on American soil will finally be dedicated on Sept. 11, 2011.

The National Sept. 11 Memorial is a tribute to

nearly 3,000 people killed at the World Trade Center, the Pentagon and near Shanksville, PA.

The memorial also honors the six people killed in the WTC bombing on Feb. 26, 1993.

The victims' names will be engraved in bronze panels edging the memorial's twin reflecting pools.

Nearly an acre in size, it houses the largest man-made waterfall in North America.

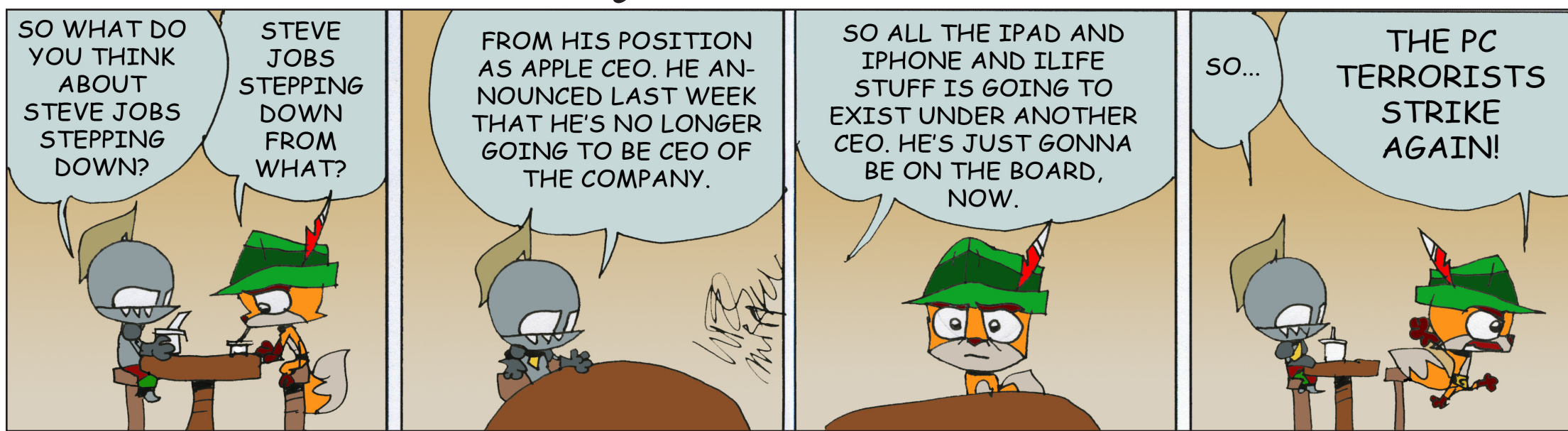
The pools sit within the footprints of where the Twin Towers once stood, according to the memorial's online information.

The entire memorial cov-



Jackie Cook

# Scottish & Farfray by Wes Murrell



## Fashion week promotes designs and more

By Jackie Cook  
Staff Reporter

*Streetscape Magazine* hosted its third annual St. Charles Fashion Week full of runway shows, designer booths and donation events to local charities at Ameristar Casino Aug. 24-27.

Local boutiques and designers flaunted their trendiest couture during the week with a lavish cocktail style setting. Tom Hannegan, founder and publisher of *Streetscape*, said, "[The event] is like putting together four weddings."

One hundred and twenty vendors showcased their concepts with a runway event wrapping up each night for designers and boutique owners.

"Fashion Week is for everybody in many different ways," Hannegan said. "It's good for the community."

St. Charles Fashion Week caters to established as well as new designers and vendors, he said.

First time vendor, Janice Barber, from Z Bella Designs, displayed handmade Turkish clothing. "I heard about Fashion Week through another vendor.

It's a great way to bring culture to people," Barber said. "When I wore this particular designer, people stopped to ask me about it. I couldn't explain it, so I brought it here."

The company also offers LU students a 20 percent discount.

Hosting their own pre-show, Lindenwood fashion students had an opportunity to get professional experience at Fashion Week.

"We have all student models and dressers, and it's just a great opportunity to get the experience," LU fashion student Maggie Holper said.

"It's more of the designers that have their own collections. We're also showing some art to wear and some couture designs."

Different charities were heavily promoted each night before the runway event.

They held silent auctions and raised awareness for their causes. Fashion week promotes different charities each year. "We promote causes such as woman's issues and domestic violence," Hannegan said.

About five percent of each ticket sold would be donated to the charity featured that night.



Legacy photos by M. E. Brown

(Top) Striking a pose, this model is wearing a dress designed by a Lindenwood student's original design. (Bottom left) Arbonne consultant, Denise Larkin, helps costumer Katie Hughett pick just the right selection of makeup. (Bottom middle) Tapose Jewelry displays some of their products offered. (Bottom right) Reporter Jackie Cook interviews a model.



Legacy photos by M. E. Brown

(Top) Models at the St. Charles Fashion Week pose for photos on the red carpet Thursday, Aug. 25, at the Ameristar Casino. (Bottom) A model poses for the camera wearing a Lindenwood student's original design.

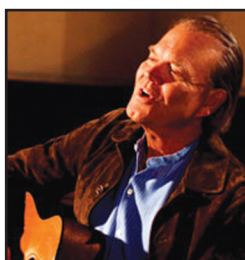


## Campbell makes last appearance

By Melissa Maddox  
Entertainment Co-Editor

This week the first show of the professional series, "Glen Campbell: The Goodbye Tour," will take to the stage inside the Bezemes Family Theater.

Glen Campbell, whose career saw its glory days in the late 1960s and 70s, was made famous through his hit country and pop blended songs. His new album "Ghost on Canvas"



Glen Campbell  
Courtesy of www.ew.com

sparked this tour, but his recent diagnosis of Alzheimer's has people calling it the Goodbye Tour.

His stop here at the J. Scheidegger Center for the Arts is scheduled for Sept. 9 at 8 p.m. and is a completely sold out performance. Students are reminded there is no parking at the Scheidegger Center after 5 p.m. on Sept. 9 due to the expected sold out crowd.

## Root beer kegger kicks off school spirit following LU football's first home game

By Brittany Velasco  
Staff Reporter

The first Lindenwood University football game will be exciting on its own, but afterwards more fun will be available.

The seventh annual Root Beer Kegger will take place on Sept. 10 after the game from 8-11:30 p.m.

The Kegger was created by the campus ministry group A Cross Between.

The group is a non-denominational Christian group on campus with around 85 members.

The event is free for all who attend.

Two bands, Eleventy Seven and Zach Weber, will be performing.

Free barbeque, snacks, pizza and drinks will be provided.

Games like a Root Beer Kegger and Root Beer Pong will be available to play.

The event will be located on the road outside of Hunter Stadium on LU's campus.

Megan Jones, sponsor of A Cross Between, said, "The Kegger continues to grow each year, and we had 1500 participants attend last year."

"It's a great way for new students to meet other students," Jones said.

**"We had 1500 participants last year."**

—Megan Jones  
A Cross Between sponsor



# LU fitness classes kick off

**By Talia Scatliff**  
Staff Reporter

With the fall semester in full swing, Lindenwood has announced that the new fitness center, located in the Evan Commons, is now offering free group fitness classes for students.

The fitness classes will be limited to 20 students on a first come, first serve basis, and a variety of group activity classes are being offered.

“People are more than welcome to attend one or all of the classes. We recommend trying at least every class once,” said group fitness instructor Julia Sontag.

Sontag is an LU student, studying for her Masters of Arts in Teaching. She will be instructing the group fitness classes alongside fellow MAT student Josh Sampo.

“All skill levels are welcome,” Sampo said.

Sontag and Sampo are two of the four grad assistants and master students leading the fitness groups.

Other instructors include Mitch Schwartzman and Garrett Kepmer, both doing their Masters of Science in Human Performance.

Current classes include: “Boot Camp,” a fun fast-paced class designed for people of all fitness levels.

It includes segments of aerobic endurance as well as muscle toning and core

strengthening. “Core and More” will strengthen not only your core but your lower back, buttocks and thighs.

“Core and Stretch” will include the core exercise while focusing on keeping the body flexible.

“Total Body Tone” is designed to tighten and tone one’s body incorporating the use of dumbbells, Swiss balls and

medicine balls along with one’s own weight. “Strength and Sweat,” with 30 minutes of strength training followed

by 20 minutes of intense cardio.

Crossfit and Jiu-Jitsu classes are in the process of being added.

Students are encouraged to attend any of the classes at any time.

“It’s a good place (the fitness group classes) to meet people, and there will be music,” Sontag said. “It’s intimidation free.”

Many of the classes are offered around the café times. Classes are currently all scheduled to be held in Exercise Room 1100 next to the fitness center in the Commons.

New classes are to be added weekly; therefore, the schedule is subject to change.

For more information, check the intramurals office located in the base floor next to the gym in the Evans Commons.

**“The fitness group classes are a good place to meet people, and there will be music.”**

**-Julia Sontag**  
Group fitness instructor

MONDAY	
3:00 - 4:00 pm	Cardio Challenge
4:00 - 4:50 pm	Boot Camp
5:00 - 5:50 pm	Core & Stretch
6:00 - 6:50 pm	Total Body Tone
TUESDAY	
6:30 - 7:20 am	XFit
11:00 - 11:50 am	Jiu-Jitsu
12:00 - 12:50 pm	Core & More
1:00 - 1:50 pm	XFit
7:00 - 8:00 pm	Cardio Challenge
WEDNESDAY	
4:00 - 4:50 pm	Core & Stretch
5:00 - 5:50 pm	Boot Camp
6:00 - 6:50 pm	Total Body Tone
THURSDAY	
6:30 - 7:20 am	XFit
11:00 - 11:50 am	Jiu-Jitsu
12:00 - 1:00 pm	Total Body Tone
1:00 - 1:50 pm	XFit
3:00 - 4:00 pm	Cardio Challenge
4:00 - 4:50 pm	Strength & Sweat
5:00 - 5:50 pm	Boot Camp
6:00 - 6:50 pm	Total Body Tone
7:00 - 8:00 pm	Cardio Challenge
FRIDAY	
3:00 - 4:00 pm	Cardio Challenge
SATURDAY	
8:00 - 8:50 am	XFit
10:00 - 10:50 am	Jiu-Jitsu

# Want to go Greek? Sorority, fraternity recruiting begins

**By Jimmy Flint-Smith**  
Contributing Writer

Aug. 29 marked the first day of Greek recruitment for the fall semester.

Lindenwood is home to six fraternal institutions including Alpha Sigma Phi, Alpha Phi Omega, Phi Lambda Phi, Phi Mu Alpha and one colony.

Sororities include Delta Zeta, Sigma Alpha Iota and Sigma Sigma Sigma.

Twice every year these groups get the chance to seek out new potential members in a process called recruiting.

For one week prospectives have the chance to attend events hosted by each organization. The events are free and

welcome to anyone interested in joining.

This year, recruiting has been split into two weeks.

The first, Aug. 29-Sept. 3, was reserved for sorority recruitment. Young ladies had the chance to learn more about Sigma Sigma Sigma, Sigma Alpha Iota and Delta Zeta.

“We will be discussing the ties of sisterhood and answering questions about philanthropy, finances and events,” said Jen Minch, Sigma Sigma Sigma colony member.

The second week will be hosted by campus fraternities.

This section of recruiting runs from Sept. 5-9.

“People can expect to meet some easy-going guys looking to have fun at Lindenwood,” said Nick Valenti of Phi Lambda Phi fraternity.

“Music is our life, brotherhood is our duty,” said Ryan Muzzey, of the music orientated fraternity, Phi Mu Alpha Simphonica.



Legacy photo by Alysha Miller  
Sigma Sigma Sigma sorority poses for the camera to celebrate recruitment.

## GREEK CONTACT INFO.

Alpha Sigma Phi	314-623-7205
Alpha Phi Omega	636-699-9422
Phi Lambda Phi	314-809-6117
Delta Zeta	618-520-7680
Sigma Sigma Sigma	314-313-4094
Phi Mu Alpha	636-699-3232
Sigma Alpha Iota	502-415-5728

## Aug. 25 Student Organization Fair



Legacy photos by Deborah Starr  
(Top) Alex Kaminski and Morgan Callender set up their display for students.

(Bottom left) Campus YMCA gives information to students. (Bottom right) Jake Harris, Terah Fullman and Allison Schafer from Intersivity set up their booth at the beginning of the day.



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## My Take

## Questionable call cost team game

So, I recently came across a story that really upset me the other day, and I have to voice my opinion before I can let it rest. The article was about a Louisville High School football player being penalized for paying tribute to a deceased friend.

After scoring a touchdown and putting their team up 26-24 in the final minutes, Alex Schooley and Gavin Lovejoy pointed to the sky to acknowledge their friend Dom Wilgus, who died at the age of 16, in a car crash a week earlier.

The referee saw the gestures and immediately tossed a flag. This put their opponents in a great field position to kick a game winning field goal. Now before I go further, I want to be clear that I do not fault the refs for the initial call because they did their job. Actually, that is my problem...that it was their job. In high school football, any gesture that may draw attention to yourself, is considered a personal foul.

Now, I've played and followed sports all my life, and celebration is part of the game. I understand why these

rules of taunting are in place, but really? A point to the sky?

Like I said, the refs at the Louisville game did their job, but I just can't fathom letting a point to the sky decide the game. I just honestly feel that ref let the power get to his head. It's not like the kids spiked the ball, or pulled out a Sharpie, or heck, imitated mooning the crowd. No, they simply brought attention to a good friend, who they will always miss. That's what sports are about to me. It's not about the

winning and losing, or how many championships a team has. It's about building a bond with your teammates and learning life lessons.

Something that I'm sure the ref did not know was the fact that Schooley had just been a pallbearer for his friend that morning. So yeah, he let his emotions get the best of him. He committed a penalty and suffered the consequences.

Bottom line, refs, I don't want you to think this is an attack, but the whole taunting rule is out of control. I'm not saying for players to go out there and act like Terrell Owens or Chad Ochocinco, but a ref needs to use his head when making a call.



Alex Jahnce  
Managing Editor



Legacy photo by Maria Souza

The Lions face off against each other in their annual fall scrimmage on Friday, Aug. 31. They will play Graceland University on Sept. 10 at 6 p.m.

## Lions win over Bears by a field goal

By Deborah Starr  
Sports Editor

On Thursday afternoon, the football team headed to Greeley, CO for their first game. On Saturday Sept. 3, they headed onto the field to take on the first opponent of the season, the University of Northern Colorado Bears. Since the Bears are an NCAA Division I school, the lions were not expected to win. The Lions will face five total DI schools this season, and after beating the first one, they are hopeful for the rest of the season.

This game was won by a last minute field goal. With just over a minute left in the game, James Neal kicked

a 21 yard field goal to win the game 22-20. KC Giger, right tackle and long snapper, snapped the ball that Neal kicked. "Talk about pressure," Giger said. "I was very happy with my personal performance."

While the Lions may not have been favored to win, in their minds that was the only thing they wanted to do. Some of the players said that the reason they went all the way there was to come home with a win. "The only thing on our mind was to upset them," said Malach Radigan, nose guard. "There was no doubt in our minds we would win."

The Bears are a very competitive team, but the Lions

knew what they would have to do to come out with a win. "Destroy their will to compete is what Coach told us," Radigan said.

Radigan said the main component to coming out with a win was staying united as a team. Being a team is like being a family in that the players have to know they can depend on each other.

"The family aspect... count on the one next to you, and we would win the game," Radigan said.

And win is just what the Lions did. With 10 games left in the regular season, this game was only the beginning of a long journey ahead.

The team will play four more DI schools before the season is over, and the goal is to beat each one of them.

"Coach is proud, but we need to focus on one game at a time," Radigan said. "The long-term goal is 11-0, but short-term is just to win each game."

With a halftime score of 14-13 in the Bears' favor, the Lions had to come back from behind. With attitudes of confidence, they came into the second half ready to get the victory.

"Nobody really thought we could win," Giger said. "But as long as you believe you can win and give 100 percent, it should come out in your favor."

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Legacy photo by Alysha Miller

Kelsey Musson fights for ball control in a game against Mercyhurst College Friday night, Sept. 1, at home. The Lady Lions fell to Mercyhurst College 4-1.

## New coach optimistic about season

By Alex Jahncke  
Managing Editor

The Lady Lions field hockey team kicked off their regular season on Friday with a 4-1 loss to Mercyhurst College.

"I thought we played a really good game for our first game coming out," said Head Coach Sarah Johnson.

"We analyzed it afterwards, and it was really only 10-15 minutes in the first half that lost it for us. We didn't let up any goals in the second half, so it was just really good to play a full game of 70 minutes, working hard and communicating with each other on the field."

The Lady Lions came out quick with a goal by Kayleigh Harrower in the first few minutes, but that was the only

goal they could get in. Mercyhurst tied it up with 17:09 left in the first half. From there, they took control, scoring three more first half goals. The second half was a stalemate, as neither team was able to net a goal.

The Lady Lions lost again Sunday to Hendrix College by the score of 4-1. Maria Schafer scored their lone goal.

"We have to focus on the positives and take them with us as we go forward into the season," Johnson said.

"We also need to really analyze the little things that win and lose games: passing and receiving, communicating. Those things are things we know how to do. We need to focus on keeping those things heading into the next one."

This is Johnson's first year as head coach, and she is very determined to move the program further. LU hired Johnson last spring so she has had a lot of time to adjust to the team.

"I think the team is adjusting really well. Since I was able to be with them in the spring, it really helped. I also think with our other new coaches, Sarah Confer and Katelyn Erikson, we have a lot more focus and individual attention that we are able to give to the girls. I think it will only get better from here."

As the LU field hockey program is still growing, the team must play with a small number of players. This is

something Johnson is trying to fix and work around.

"We definitely are trying to recruit a bigger squad for next year and also get the girls in shape, knowing that you don't have to have a big squad to have a good team," she said.

"We have great players, and if we have a great team we don't have to have 22 or 23 players. We just need them to get to play a full 70 minutes, encourage each other and be confident in themselves that they can stay out there for a whole entire game."

The team is still fighting a few nagging injuries, but Johnson feels as long as they rest up, and keep practicing hard, they will be just fine this season.

## Lady Lion goes from water to turf

By Deborah Starr  
Sports Editor

From swimming to running, from using arm muscles to all leg muscles, sophomore Gabby Thornton is going from spending her freshman year on the water polo team to a whole new game: field hockey.

Hailing from Saline, Michigan, Thornton says she grew up playing hockey constantly.

Whether it was on the local pond or in the street, she seized every opportunity she got to play. However, she had never played field hockey.

"I've been friends with the whole team since last year, and I would fool

around with them," Thornton said. "I emailed the coach. She emailed back, looking for players and picked me up from there."

When asked why she wanted to try the new sport, her response was, "I have to stay in shape somehow."

Thornton is excited for the new challenge but is also slightly nervous of the transition from swimming to

running. However, she simply wants to go on the field and have some fun.

"I expect to have a good time," Thornton said. "I want it to bring back my love for sports. I want to be happy on the field."



Gabby Thornton

### Game of the Week

Tonight is the Lady Lions' volleyball home opener against Missouri Baptist University at 7 p.m.

## What's the Buzz?

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Check Them Out at the Evans Commons Café





The Lions rugby team took on the St. Louis Bombers on Saturday at home. This was a pre-season exhibition, but the Lions proved their skill with a 21-12 victory.

Legacy photo by Alysha Miller

**Life**

Continued from Page 1

With all of the hype about the NCAA teams, some sports on the other half of the competitive collegiate sports side of LU may have already been forgotten about, especially with the new label of "Student Life Sports" that has been issued to them.

Some people are in favor of the new class name given to their sport like Ron Beilsten, men's roller hockey head coach. Beilsten said, "I like the new name Student Life Sports. It makes the sport seem less like a club or an exclusive sport...

that it's open to all students at LU."

However, not all athletes agree with Beilsten when it comes to the name change. "I think the label of Student Life Sports has a negative meaning behind it," said Meghann Kopecky of LU's women's water polo team.

"We put in the same amount of time, effort and practice as the NCAA sports' athletes."

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Kopecky was not surprised when the women's water polo team was not selected to go NCAA this time around but believes her team will advance to that level sometime within the next two years.

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Captain of LU's synchronized swimming team Clarissa Johnston said, "I don't see a problem with the new name as long as they continue to treat us the same as the NCAA athletes."

Overall, there are mixed feelings over the new name for non-NCAA sports.

However, despite the new label of Student Life Sports, there is no doubt among team members that every team under this label is just as ambitious and competitive as any of the sports at LU that will be bumped up to NCAA.

**"We put in the same amount of time, effort and practice as the NCAA sports athletes."**

—Meghann Kopecky

**5K ready to raise money**

By Deborah Starr  
Sports Editor

The Exercise Science (X-SCI) Club will be sponsoring the Dash for DASA (Disabled Athlete Sports Association) on Oct. 15. This second annual Homecoming Race To Be King 5K run/walk will start at 8 a.m.

Advance registration is available for \$15 per person, but runners can register the day of the race for \$20.

The money will go to benefit people with disabilities through DASA and towards Lindenwood scholarships. The race is open to the public. The first three females and males to win the race will be rewarded, with the top male and top female winning \$100.

"This event is to promote DASA and support them through public awareness and fundraising," said Alex Kaminski, president of the X-SCI Club.

The X-SCI Club is all about service. Last year, money raised from the race benefited CHADS (Communities Healing Adolescent Depression and Suicide) Coalition for Mental Health.

Other than the race, the club helps to serve the community in other ways. The group volunteers at Jaycee Fairground, a local retire-

ment community, where they help lead the residents in exercise.

"A lack of exercise does not discriminate against young or old," Kaminski said. "Physical fitness becomes more important the older we get."

This year will be the group's third year on campus, but last year was the first year for community outreach. Students are offered ways to serve and can get community service hours for doing so.

The X-SCI Club meets every Tuesday at 2:30 p.m. in the Evans Commons Fitness Center.

For those who are interested in running the Homecoming 5K but may not be ready to do so, the club offers training to prepare.

On Tuesdays and Thursdays at 4:45 p.m., all are welcome to be trained at Evans Fitness Center.

For more information about the club or training for the race, contact Alex Kaminski at [adk592@lionmail.lindenwood.edu](mailto:adk592@lionmail.lindenwood.edu).

If students run under the X-SCI Club, the club will get 10 points for each runner who does so. To register online, visit [www.lindenwood.edu/homecoming](http://www.lindenwood.edu/homecoming), or for more information, call 636-949-4600.

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Legacy photo by Christie Blecher

Students prepare to toss dodgeballs at their opponents on Wed., Aug. 31. It was the first game of the league season. Games will be played every Wed.

# Intramurals program brings fun to LU

**By Steve Runge**  
Staff Reporter

Lindenwood University launched its intramural program this year with everything from dodgeball to X-Box. As a result, this is a very busy year for intramurals on campus. T.C. Brown, the director of Intramural Sports, is more excited than ever to see students out of their dorms and into the games.

"This is simply another way to make life outside the classroom as memorable as life inside the classroom," Brown said, "and we are very pleased to offer this to our students."

Brown said they have taken a look at many sports and have captured the desire of both traditional and non-traditional games. "If a student comes to us with a new idea, we will do our best to get it on the schedule," Brown said.

The Lindenwood Intramurals program offers dodgeball, flag football, volleyball, frisbee, disc golf and even quidditch, which is a semi-contact sport right out of the "Harry Potter" series. Quidditch is scheduled to begin around Halloween.

"I know quidditch was a stretch," Brown said, "but after a student brought it up, we researched it, and I am actually very excited to add

this to the list. It is a very trendy and fast growing game on college campuses across the United States."

There is a sport every night of the week. Brown said although most of the leagues are full, it may be possible for students to join an existing team. Most games are held at Evans Commons and there is no fee to join in on the fun. For those not so athletically inclined, Brown has added X-Box tournaments to the list as well.

"As popular games like Call of Duty hit the market, we will definitely be adding them to our list of tournaments," Brown said.

The first Madden NFL X-

Box tournament was held on Aug. 29, 2011. The next one is Call of Duty which is set for November 8, 2011.

Brown has made it very easy to learn more about Lindenwood Intramurals. He has established a page on Facebook titled "LU Intramurals" which contains game information, as well as the dates, times and locations for everything, including the X-Box tournaments. He has also setup a registration page at [www.IMLeagues.com](http://www.IMLeagues.com). For more on the intramural program, T.C. Brown can be contacted at 636-949-4490. He is already making plans for later in the fall semester and is welcoming any new ideas.



Legacy graphic by Christine Hoffmann

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## Housing

*Continued from Page 1*

A major change added this year seems to relieve this situation but also brings about other difficulties.

In an effort to provide additional housing and help diminish the waiting list for residents, LU signed a two year lease over the summer with nearby Sun Valley and Time Centre Apartments. Similar to living on campus, students are still considered residents and are given the meal plan as well as Work and Learn. However, apartment costs are slightly higher than actually living on campus, and students are responsible for this cost and for providing their own cable and internet. Ryan Guffey, assistant vice president for student development and special projects, said that returning LU resi-

dents received first choice of taking part of this opportunity, followed by incoming students.

**“We just want everyone to be comfortable.”**

**-Michelle Giessman**  
Director of Housing

As the saying goes, “early birds get the best,” Guffey said. While students who applied on time received their selected housing choice, students who applied later were not as fortunate.

“I didn’t have a choice,” freshman Paige Holley said. “Since I applied late, I was automatically put in Time Centre Apartments.”

Guffey says there are 20 freshmen between all apartments. “All freshmen were

given the option to live there,” he said.

Although both apartments sit fairly close to campus, it is still a 2.5 mile walk for students without transportation in Time Centre Apartments and around a mile for students in Sun Valley Lake Apartments. “I’m glad I have

a roommate that can drive me to class every day,” Holley said. “Even though the apartments are near campus, it’s still dangerous walking.” Due to expensive internet costs, Holley says she frequently visits Starbucks, which is one of the closest places with Wi-Fi.

Even though many students complained of a lack of housing and congested space, Guffey said, “We have space available, so we

need to use it.”

As of Sept. 5, LU residents can make room request changes, Guffey said.

LU’s apartment leases are just the first step in making more space for residents. Director of Housing Michelle Giessman said LU will have their own apartments where men’s housing is in the process of being torn down. The new buildings, part of the LU Town Center project, will feature a parking garage and one to four bedroom apartments.

“The process will take several years to be completed, depending on when they break ground,” she said.

Capacity on the houses Lindenwood owns for students is decided and set by administration. While trying to accommodate everyone’s needs, it is a constant evaluating process. “We just want everyone to be comfortable,” Giessman said.

## APO recruits

By Alysha Miller  
Photo Editor

Alpha Delta Sigma, Lindenwood University’s chapter of Alpha Phi Omega (APO), is a co-educational service fraternity that will host its recruitment week Sept. 6-12 in various locations on campus.

Throughout the week, active APO brothers will be available at informational tables for those interested in learning more about the fraternity. On Sept. 6-7, tables will be set up outside the Spellmann Center cafeteria, while on Sept. 8, 9 and 12, tables will be outside the Evans Commons cafeteria from 11 a.m. to 2 p.m.

Various fellowship and service events are planned for active and prospective members. Tuesday, Sept. 6 kicked off the week with dinner at Buffalo Wild Wings in St. Charles at 8 p.m. The second event will be at St. Charles Lanes on Sept. 7 at 10 p.m. Service events include a card writing campaign on Sept. 8 at 7 p.m. in the Evans Commons and a fundraiser for Backstoppers Sept. 10 at 9 a.m. at Blanchette Park. The recruitment week will culminate on Sept. 13 with an initiation ceremony.

AP For more information about APO or recruitment week, contact APO President Kim Kaporis at 636-699-9422.

## Paper

*Continued from Page 1*

The need was identified almost two years ago but was put off until the university could find the proper software.

“It’s an opportunity to think twice; ‘Do I really need to print?’” Haghghi said.

Help Desk Coordinator Marie Bower said, “It was a common problem that students would print out full PowerPoint slides.”

She said by simply changing the settings to print multiple slides per page students

could both save paper and reduce environmental impact.

PaperCut will warn a student when he or she has 50 prints remaining. More prints can be added from the student portal from the Lindenwood website by clicking “My Print Management.”

Haghghi said that until this year, Lindenwood was one of the few universities to have unlimited prints. He does not anticipate the average student will ever reach the limit on free sheets.

## Libya



*Courtesy graphic from www.BBC.com*

This graphic shows Gaddafi’s compound along with other key locations of the fight between the rebels and Gaddafi loyalists throughout Libya.

*Continued from Page 1*

Where Gaddafi is hiding, however, remains a mystery.

Most recently, Gaddafi supporters have been responsible for killing Libyans as rebels continue to take over Tripoli.

Those currently in charge of Libya have put a \$1 million bounty out for Gaddafi. Many believe that the violence will not subside until Gaddafi is caught or killed, because he has vowed to continue fighting until his death.

In addition to the hunt for Gaddafi, the raging fight in Tripoli has forced its almost two million residents

to stay inside for fear of getting killed. Many Gaddafi supporters have assumed posts on roofs as snipers in order to weed out rebels, leaving many citizens no choice but to stay indoors.

In a place where medical supplies have never been in excess, the battle for Tripoli has also put a great strain on hospitals.

Doctors have been unable to go home due to the number of people coming in daily. With more and more wounded showing up every day, there are severe blood and medical supply shortages.

In recent developments, four of Gaddafi’s relatives, including his wife, have fled from Libya to Algeria. In addition, Gaddafi loyalists were given an ultimatum to surrender by last Saturday. Gaddafi’s son, Saif al-Islam Gaddafi, however, was confident and said, “Victory is near.”

## Forum

*Continued from Page 3*

Traditionally held as a single forum consisting of three or more hours, LSGA decided to divide the forums into specific categories so they could have the appropriate faculty present at that time.

“We wanted to make sure the students leave with some sort of answer or response from the person responsible,” Bedell said.

Sarah Kearns, LSGA vice president, hopes the forums will “foster a relationship between [administration and students].”

Kearns also believes this will create better communication overall.

The second forum held this semester will cover the security system, parking, campus safety and weather issues concerning ice, snow and the recent tornadoes.

Held in the spring, the third and fourth forums will deal with “campus technology and communications systems” and “Lindenwood

food services.”

Any topics raised during the forums will be published on the LSGA website. To check out the LSGA website, visit [www.lindenwood.orgsync.com/org/lsga](http://www.lindenwood.orgsync.com/org/lsga).

In addition, all questions not resolved will be followed up by a senator who will keep the individual informed who brought up the concern.

The forum on “student life and campus culture” will take place in the multipurpose room of the Evans Commons on Sept. 15 from 4-5 p.m.

Anyone who attends will receive a gift courtesy of LSGA. The second forum held on “public safety and extreme weather protocol” will take place Oct. 20.

For more information, contact Bedell at [LSGAPresident@lindenwood.edu](mailto:LSGAPresident@lindenwood.edu) or Kearns at [LSGAVicePresident@lindenwood.edu](mailto:LSGAVicePresident@lindenwood.edu).

## Speaker

*Continued from Page 1*

Greitens brings a unique and interesting perspective to his speeches through his first person accounts of life experiences such as these.

Being a St. Louis native, Greitens still focuses on helping his hometown, even though his influence reaches across the nation and world. On Aug. 27, The Mission Continues sponsored a “Summer Service Slam” event where volunteers in St. Louis worked hard to main-

tain and rehab grounds and rooms at Edgewood Children’s Center in Webster Groves.

Greitens is just one of several renowned orators to be included in the lineup of speakers for this year’s Series. “We plan the Series lineup about a year in advance,” Huffman said.

“A committee of about 20 professors and student government members meet and try to match the speakers with our budget, as well as

with what will appeal to the interest of a majority of students.”

All Speaker Series events are free and open to the public.

For a complete list of those featured in the Speaker Series, visit [www.lindenwood.edu/academics/speakerseries.cfm](http://www.lindenwood.edu/academics/speakerseries.cfm).

To check out and learn more about Greitens’ organization The Mission Continues, visit [www.missioncontinues.org](http://www.missioncontinues.org).



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