

Laughter yoga joins the list of fitness classes offered for students. Check out Page 3 for photos of what a class looks like.

Page 3 ►



The 6-2 Lions wrestling team continues to grapple their way through the season. Check out Sports for updates.

◀ Page 10

# The Legacy

Lindenwood's Student Newspaper

Volume 5, Number 10

www.lindenlink.com

Feb. 8, 2012



Legacy photo by Christie Blecher

Students sway to the rhythm of salsa music during the Fiesta Latina event on Thursday, Feb. 2, held in the Evans Commons from 8-11 p.m.

## Festival brings Latin flair to LU

By Grace Abaffe  
Staff Reporter

There are a variety of cultures and nationalities represented here at Lindenwood, and generally, the student body gets a sampling of these cultures at the annual International Festival.

However, one culture in particular was celebrated last Thursday, Feb. 2, at the Fiesta Latina.

The fiesta was held in the soccer gym in the Evans Commons and lasted from 8-11 p.m.



Legacy photos by Christie Blecher

(Left) The first place couple holds their prizes for the dance contest. (Right) Students salsa the night away.



The event was free to students and was organized by Maria Mino, the evening coordinator for Evans Commons.

Friends of hers at the event said Mino was "very

passionate" about the idea to have the fiesta.

The festivities offered at the event included a variety of Latin music playing in the background while students danced the night away with popular Latin dance moves like the samba, salsa and merengue.

Please see **Fiesta**, Page 12

## Missouri to pick Rep. in unique way

By Kelsey Rogers  
Staff Reporter

Missouri voters had a chance to select potential presidential candidates in the Missouri presidential primary election held on Tuesday, Feb. 7, and will have a second chance at the caucus election on Saturday, March 17.

Missouri is in a unique position holding both a primary election and a caucus. Alaska, Colorado, Hawaii, Kansas, Maine, Minnesota, Nevada, North Dakota, Wyoming and Iowa hold only a caucus. The rest of the states select candidates through the primary.

The double-vote process was caused due to the new national Republican rules, which stipulate that a state, with the exception of Florida and New Hampshire, will lose half of its delegates if a primary is held before March 6.

Lloyd Smith, the Missouri Republican executive director, told Brian Bondus of KOMU.com that "the primary was already in statute, and we encouraged the legis-

lators to cancel the primary once the National Republican Committee required us to either move it or lose half our delegates." However, Missouri law states that a presidential primary must be held on the first Tuesday after the first Monday in February.

Rep. Sue Enticher of Missouri's 133rd district explained to Linda Fuerst of Bolivar-

MoNews.com, "Due to certain circumstances, we have to have both (the election and the caucus). It's true, the election outcome is non-binding. But the caucus will get the

election results, and that will let them know how the people feel. I don't know that it will sway the decision of the delegates, but it will be available to them."

Missouri legislators attempted to pass a bill that would bar the primary, but Governor Nixon vetoed it, citing other provisions included in the bill, according to KOMU.com. Legislators attempted again to override the primary during a special session.

Please see **Vote**, Page 2

**"Due to certain circumstances, we have to have both the election and the caucus."**  
-Sue Enticher  
Rep. of Missouri

## Tickets meant to stop violations

By Christine Hoffmann  
News Editor

Students who park illegally may find a slip of paper under their windshield when they get out of class. Security patrols the campus daily to make sure students respect the parking rules.

Just like on public roads, students are prohibited from parking on a yellow curb and in places that will block traffic. Director of Security Kurt Smith said that most tickets come from students parking in spaces reserved for commuter students and faculty in the Roemer and Young lots. Both have

signs designating them as non-residential parking.

"People get in a hurry. They're late for class. They park in one of those spots, and they get ticketed," Smith said.

Students have three business days to pay a ticket at the business office in Roemer before it gets added to their ledger.

"The problem is, some people get multiple tickets and don't take care of them. Then they come to me at the end

**"They come to me at the end of the year wondering why they have an \$800 bill on their account."**

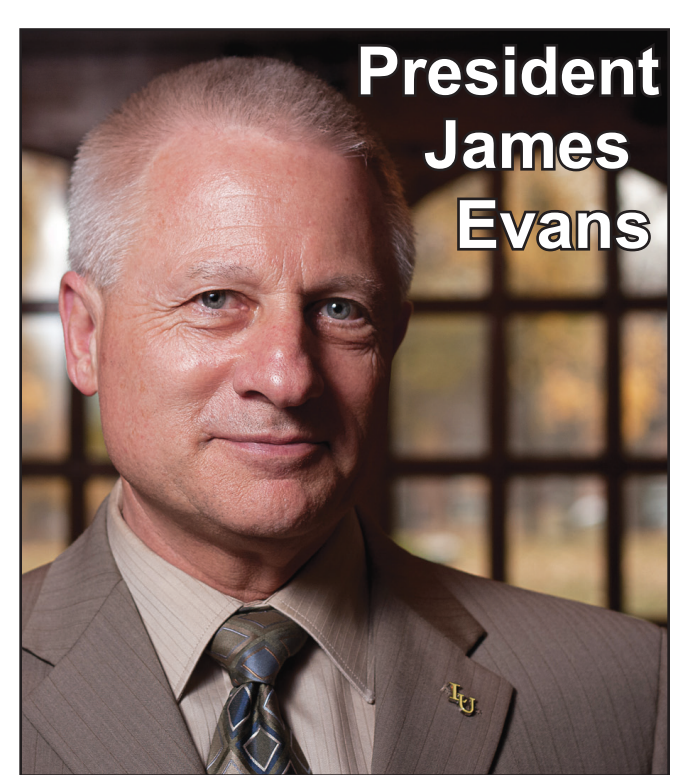
-Kurt Smith  
Director of Security

of the year wondering why they have an \$800 bill on their account," Smith said.

Not having a parking pass is another common violation. Students can register their vehicles at the security office and obtain a sticker to display on their back windshield

for \$4, allowing them to park on campus for the school year. It's a small fee compared to the parking passes at UMSL, which can cost up to \$500 a year.

Please see **Tickets**, Page 2



President James Evans

Lindenwood celebrates the five-year tenure of President Evans. Check out the Special Features section for highlights. - Pages 6 & 7.

## Loft make-over provides students with better 'dining experience'



Legacy photo by Jonathan Garrison

Butler Loft is in the process of receiving new paint, furniture and carpet.

By Victor Porter  
Contributing Writer

With students juggling school, social lives, jobs and extracurricular activities, the Grab and Go meal option has become a staple in their daily diets. Soon, they will be able to enjoy these quick and convenient meals in style.

The popular dining option, located in the lower level Loft in Butler Hall, is getting a makeover.

"We wanted to give the students a better overall dining experience," said Ralph Pfremmer, founder and CEO of Pfoodman, the company which provides the dining services offered on campus.

"The school was in complete support, which made it easy to get the process started quickly."

The remodeling of the Loft will include a new paint job, all-new carpeting, as well as complete refurbishing.

The anticipated date for the

arrival of the new furniture is in February, and the Loft updates are expected to be completed soon after.

"[Grab and Go] is very popular. It was so full that there were students sitting on the floor in the Loft. More seating will be a great addition," said senior Nadara Bunch.

There will be a few changes on the outside of the Loft as well, including a new monitoring system of surveillance cameras.

These cameras will be

used as an increased safety measure for students.

In addition to the remodel, the breakfast services being offered in Butler Library will be moving over to the Loft as well.

"The reasoning behind the move was that we felt the library should be a library. And with hundreds of students utilizing the Grab and Go breakfast every day, it was beginning to disrupt the quiet study environment," Pfremmer explained.

Please see **Loft**, Page 12



# Pfoodman plan continues to evolve

By **Natasha Sakovich**  
Editor-in-Chief

Students may have noticed even more changes to the meal plan and food service this semester after coming back from the holiday break. Some of the major changes include increasing the Wild Thymes brand items available and offering healthier options at all locations as part of the meal plan.

"We had an evaluation meeting back in October to look at what needed to change with the food system," said Ralph Pfremer, CEO of Pfoodman Company, Lindenwood's food service provider. "We were looking to still make the options fresher, and our staff was ready to make it happen."

Among the changes is a new chef, who formerly worked at a country club, and is now on staff since the holidays, Pfremer said.

"We've got all sorts of changes now like how every day has a 'salad of the day' in the Spellmann cafeteria and also the addition of a waffle maker and a Panini machine," Pfremer said.

These changes to the Spellmann cafeteria were brought about largely from input by the Lindenwood Student Government Association (LSGA) and the LSGA Senate.

"We want to communicate better with students, and we've gotten it where we wanted," Pfremer said. "We're going to have meetings with LSGA and the Senate now, which we really didn't have before."



Legacy photo by Jonathan Garrison

Yogurt parfaits and fruit cups, along with salads, feature the new "born on" date system in place this semester.

Additional changes are all-new recipes for the "Wai Chi" Chinese restaurant section in the Evans Commons.

"We do a trend analysis to see how each place is doing, and we were seeing the line for Chinese going down towards the end of last semester," Pfremer said.

Other changes include the "born on date" now seen on many of the Wild Thymes and fresh options offered at

locations like the Spellmann Lone Wolf shop. "This new date system ensures to not only us but also to the students that the products are fresh," Pfremer said.

Student Life and Leadership Director Kerry Cox is a fan of the new changes made this semester, as well as the addition of the Evans Commons cafeteria in the fall.

"We used to leave campus to go eat out like four times

a week, but now we only eat off campus about once a week," Cox said.

One of the biggest changes for the "heritage" side of campus, by Roemer Hall and the library, is the addition of the breakfast meal option offered at Butler Hall's Grab 'n Go from 7-10 a.m.

"President Evans really wanted and pushed for the breakfast option at Grab 'n Go and to have both ca-



Legacy photo by Jonathan Garrison

Students may only use flex points and cash or credit now in the library.

fes open for breakfast too," Pfremer said.

Despite the construction in Butler Loft, the facility is still open for the traditional lunch time and also now during breakfast.

"We really want to focus on the dining experience with this renovation," Pfremer said. "Before, when students would walk by Butler, they knew it was there, but they knew it was bad as far as atmosphere is concerned."

Pfremer estimates that the Butler Loft renovation will cost around \$100,000 to complete. "In the future, we might have some events in the outside patio area next to Butler," Pfremer said.

The other big change to the heritage side of campus is the

removal of the meal plan option at Butler Library's Lone Wolf shop.

"The location was clogging up the library too much and just was creating too much volume, so this is another reason why the changes were

made to Butler," Pfremer said.

Anyone can still purchase items in the library by using Flex Points, cash or credit.

Pfremer

said he wants to focus on sustainability for the future, but the key is to do this without increasing the cost significantly to students.

"Sustainability is important, and that's where I'd like to see more change, but it definitely costs more. I don't want to be responsible for extra costs to students," he said.

**"We were looking to still make the options fresher."**

**-Ralph Pfremer**  
CEO of Pfoodman

## 2012 GOP candidate visits St. Charles area

By **Jackie Cook**  
Staff Reporter

Manufacturing in America and job creation with tax hikes were just a few key topics 2012 GOP candidate hopeful Rick Santorum stressed at his visit to nearby St. Charles Community College on Monday, Jan. 30.

A large crowd, with standing room only, shouted his name as the former Pennsylvania senator walked to the podium and opened his speech with news of the health and wellness of his three-year-old daughter. He then made a statement that had the crowd on its feet: "We have a president that does not abide by our constitutional rights!"

Santorum spoke of the

mandate passed by President Barack Obama last week.

The mandate enforced faith-based hospitals to perform abortions and allocate contraceptives to women.

"[Santorum] is constantly in the same direction," said

conservative

Nekcoe

Yungling.

"We need a candidate that puts a stop to overriding the Constitution."

As the

candidate

spoke, a looming primary was

taken to the voters of Florida

on Jan. 31. Santorum was to

take a trip to the Sunshine

State, but because his three-

year-old daughter Bella fell

ill with pneumonia, he was

forced to derail those plans

and a campaign trail revision

that landed him in Missouri.

Please see **GOP**, Page 12

**"We need a candidate that puts a stop to overriding the Constitution."**

**-Nekcoe Yungling**  
Speech attendant

## Tickets

Continued from Page 1

Senior Joe Bayne got a parking ticket for not having a parking pass.

"I went three years without one, but I think they've been increasing security lately," he said. "I didn't think they could ticket me if they didn't know who I was."

He was ticketed the next day for the same penalty because he hadn't gotten a pass yet.

"I was kind of angry, but I paid it," Bayne said. "I was like, 'Do I really need two tickets? I was going to get the parking pass after the first one?'"

Parking fines range from \$25 to \$100, depending on the violation, but go no higher than \$100.

"We're not doing this to make money for the university," Smith said. "We're just trying to keep violators from parking where they're not supposed to."

In addition to fines, security can use more extreme measures to get students to follow the rules.

"If we issue a ticket and see the same car in violation the next day, we put a boot on their car, and they have to see me the same day to purchase a parking pass and we'll get the boot off," Smith said.

There are a few lots available to students who don't want to purchase a parking pass. The Scheidegger lot, the lot across from the Spirit Shop and the church parking lot behind Harmon are all available, no sticker required.



Courtesy photo by Chandra Wood

A student's car parked illegally outside of the Spellmann Center has a yellow ticket for the violation.

Sibley Day is Wed. Feb. 22. Check LU's Web site for more info.

## Vote

Continued from Page 1

However, the primary was held up in the senate after a deadlocked 16-16 vote.

The primary was open to all registered voters. Voting is done through a secret ballot, and voters can choose among all registered candidates, regardless of party and political affiliation. Write-ins are also counted on the ballot. The results will determine the delegate configuration at each party's national conventions.

The Democrat candidates

on the ballot are not exclusive to Obama. Other candidates on the primary ballot are listed on stelections.com as: Randall Terry, Darcy G. Richardson, John Wolfe, with an uncommitted option.

Republican primary candidates, according to stelections.com include: Mitt Romney, Herman Cain, Gary Johnson, Michael J. Meehan, Rick Perry, Keith Drummond, Jon Huntsman, Michele Bachmann, Rick Santorum, Ron Paul, with an

uncommitted option.

The caucus date and time for the Republican party is set for Mar. 17 at 10 a.m. The caucus areas have to file the time, date and location with the Missouri Republican party by Feb. 27. A caucus will be held at each of Missouri's 114 Districts and the city of St. Louis. Any registered voter can vote for a Republican candidate of their choosing, so long as they claim to be Republican.

The voters will be split

into either raising hands or breaking off into groups to show support for a Presidential candidate. Undecided voters will be split into their own group, where candidate supporters will try to sway their vote.

Voters are invited to give speeches to show candidate support and to try to get others to join their group. At the end of the caucus, the voters in each candidate group will be counted to determine how many delegates each candidate won.

# ALLIN'S DINER

**636-946-5556**

**130 N. Kingshighway**

**New Hours:**  
**Mon - Sat 5:30 am - 4 pm**  
**Sunday 5:30 am - 2 pm**

**10% Discount**  
for LU Students





# Laugh it Away

The laughter yoga class stretches to the ceiling before preparing to exhale while laughing during the Thursday, Feb. 2 class in the Evans Commons. Legacy photo by Natasha Sakovich



Legacy photos by Natasha Sakovich (Above) While performing one of the moves to induce laughter, one student reaches to cover her mouth from laughing so hard. (Below) Instructor Carino Marzo passes out imaginary laughter beans, and when participants receive the bean, they are to laugh instantly.



## Laughter yoga offers relaxation, unique fun

By Jonas Kehrbaum  
Contributing Writer

This semester, students have the opportunity to handle their college stress using a special form of yoga: laughter yoga. Brought to students by the recently established LU Relaxation Club, the event launched with a successful start on Thursday, Jan. 26.

The president of the LU Relaxation Club started the event because he got inspired by a laughter yoga event a year ago on Sibley Day.

About 60 students showed up to the

event, and he thought LU needed to have something like this on campus on a regular basis.

Instructors Carina and Christian Marzo are now leading the class.

Originally from Argentina, they are certified laughter yoga teachers, and together run a company called Team-Making. Their goal is to bring laughter yoga to corporate America.

The Marzos always thought about leading a laughter yoga club in St. Charles. Christian Marzo said, "It's great that Lindenwood comes into play, so we don't have to worry about find-

ing a big enough and affordable room in St. Charles to do laughter yoga.

We are excited to work with students, and the first meetings have already been a lot of fun."

Lindenwood is now one of only a few universities in the country to have laughter yoga on campus.

The class is held every Thursday and Sunday from 7:00-7:50 p.m. in the group exercise room in the Evans Commons. For more information, look for "LU Relaxation Club" on Facebook or send an email to LURELAXATION@gmail.com.

## New but small businesses give economy push

By Traci Wiesner  
Contributing Writer

For decades, the traditional path towards employment for new graduates involved resumes, pressed suits, shined shoes and nerve-shattering interviews. Tradition is being increasingly abandoned by significant numbers of young business and IT professionals.

With persistent high unemployment, vanishing job security and diminished benefits, landing a corporate position no longer has the same appeal for some graduates. This is one reason that new business start-ups are the latest trend, and it's easy to see why people feel the time is right to join in.

There seems to be a new wave of entrepreneurial spirit blossoming that could help bring much needed relief to our bruised economy. Since most new jobs are tradition-

ally created by small businesses, this sector is crucial to the labor market and could be a driving force behind an economic revival.

New business startups are filling the employment gap created by the shrinking number of corporate management positions. They also appeal to students who feel uninspired by the traditional career path and who climb the competitive corporate ladder, only to find it leading to disappointingly low levels of job satisfaction.

Working alone and, better yet, being able to hire others can be fun and exciting, and people don't have to live in Silicon Valley or New York to take a part in it. One of the most dramatic effects of the trend can be seen in the reversal of the brain drain that flowed toward the Wall Street financial district in the 1980s and 90s.

Now, growing numbers

of top-tier students and recent graduates who would have landed at one of the big financial houses prior to the economic meltdown are partnering up with their tech friends to explore new business startups, with particularly high growth seen in the technology and information services sectors.

New York is experiencing an exciting boom in start-ups in a swath of midtown Manhattan, newly dubbed Silicon Alley in reference to tech-mecca Palo Alto. These new startups have driven a mini real estate boom with office space rentals spiking in the

area, in turn creating a ripple effect of economic activity in the local area. While a majority of the new startups are tech-based and cater to the needs of smart-phones, social media sites and data aggregation services, others are designed to enhance productivity in other fields such as health care, finance, media and entertainment.

While some potential new entrepreneurs may be skittish to start such a risky adventure, business analysts see the glass as half full and the dynamic structural change taking place as a unique and incomparable opportunity.

**"There seems to be a new wave of entrepreneurial spirit blossoming that could help bring much needed relief to our bruised economy."**

Joel Kotkin of *Forbes Magazine* presents his view, in a recent online article, that America is in a solid position to build momentum and leave behind the stagnant growth of the last few years. He outlines the possibility of an economic renaissance fueled, at least in part, by small businesses turning the tables on the globalization trend that drained America of jobs over the last two decades.

Young entrepreneurs are looking at entering the emerging markets that have continued to experience high rates of economic growth. Steady population growth, coupled with a desire for a rising standard of living, practically guarantees high demand for a variety of new products and services. Unfortunately, copycat companies and the inscrutable piracy of technology still are disruptive factors.

One of the platforms used to help grow these new businesses is the increased use of business incubators, created to target specific industries. There has been a spike in the number of these entities, which exist to provide startups with discounted office space, access to equipment, administrative services, mentoring programs and other crucial services to help them survive the infancy stage. The results of utilizing local incubators as a jumping-off point are undeniably positive, with *Forbes Magazine* reporting an 87 percent success rate, as compared to less than half for unsupported ventures.

With the traditional job market still in flux and incubators available to lend a helping hand, the time is ripe to channel one's inner entrepreneur and experience capitalism from the front lines.

**Traffic Ticket**  
**\$45**  
with Student ID\*

**All Criminal and Traffic Offenses**  
**10% off**

# BURROWS & STORK

ATTORNEYS AT LAW

• 1197 S. Duchesne, St. Charles, MO 63301 •  
*Located near campus at West Clay and S. Duchesne, Next to El Maguey*

**636.232.9700**    **BurrowsStorkLaw.com**

- Serving Greater St. Charles Area
- Personal Injury
- All Traffic Offenses
- Automobile Accidents
- All Criminal Cases
- Warrants Recalled

\*exclusions may apply

The choice of a lawyer is an important decision and should not be based solely upon advertising.

**We're the New Salon in Town!**  
**We Recently Moved to**  
**HISTORIC MIDTOWN SAINT CHARLES**  
ACROSS FROM THE ENTRANCE TO LINDENWOOD UNIVERSITY

**636-940-2616**

TO SHOW OUR COMMITMENT TO THE LINDENWOOD COMMUNITY WE ARE OFFERING

\$20 Off

**Any Service\***  
(for Students, Faculty & Staff)

\*SOME RESTRICTIONS MAY APPLY  
PLEASE PRESENT THIS AD TO RECEIVE SPECIAL OFFER

MasterCard    Gift Certificates Available by Phone or On-Line    VISA  
140 North Kingshighway, Saint Charles, 63301  
In Historic Midtown Saint Charles - Across from Lindenwood University  
www.HollywoodBlondeSalon.com    www.facebook.com/HollywoodBlondeSalon  
**Hair-Nails-Facials-Massage-Spray Tanning**





## Twitter remains a top choice for media coverage and networking

Everyone step away from your computer. Put your phone down. Look at them and see which social networking site you are on. You might be surprised to see that your phone and your computer screen have different social networking sites on them. This is where everyone has to ask themselves why I am using more than one of these social networking sites.



Branden Swyers

The answer is not always simple, but people do not realize the power behind the site in which they are using. Twitter connects people with common interests and connects those same people to breaking news in real time. Facebook connects friends, so they can have an online platform to share their life stories and memories. LinkedIn is a social networking site meant to connect businesses and potential employees.

Although, a few social networking sites were left out of the list mentioned. According to a study per-

formed by Highbeam Research, Twitter ranked number one in media coverage in 2011, closely followed by Facebook and then LinkedIn.

With Twitter receiving more media coverage than the traditional trump of social networking Facebook, change has been in order over the past year. Twitter

had more media coverage in 2011, but Facebook still immensely overshadows Twitter when it comes to users.

When deciding which social networking sites to use, people have to ask themselves what they want to get out of the site. Why are they using the sites they currently have?

If someone wants a site catered to a specific need, such as connecting with friends or building a professional network, look no further than Facebook or LinkedIn.

If someone wants the Cadillac of social networking, Twit-

ter is the place to connect with people who have common interests with friends or make business associations.

If someone wants to consolidate their social networking sites, Twitter has to be the obvious choice. There are no annoying new features like the ones Facebook has added recently and plans to add in the near future such as the Timeline.

It was Mark Zuckerberg who said he wanted to make Facebook the "cool" place to be. With all the new changes, it has changed the way many look at the site.

He should have stayed with his theme and kept things "cool." If he does not do something to challenge the "cool" place to be in Twitter, it could just become the new powerhouse of social media.

**The Legacy**  
 Spellmann Center 3095/3100  
 209 S. Kingshighway  
 St. Charles, Mo. 63301  
 Telephone: (636) 949-4336  
 Email: journalismlab@lindenwood.edu

**The Staff:**  
**Editor-in-Chief:** Natasha Sakovich  
**Managing Editor:** Alex Jahneke  
**News Editor:** Christine Hoffmann  
**Editorial Editor:** Holly Hoechstebach  
**Co-Entertainment Editors:** Melissa Maddox and Mikayla Francese  
**Sports Editor:** Deborah Starr  
**Senior Writer:** Kenny Gerling  
**Photo Editor:** Alysha Miller  
**Circulation Manager:** Jonathan Garrison  
**Ad Managers:** Kathleen Flynn and Laura Heying  
**Faculty Adviser:** Tom Pettit

## Having fun is priority during college years

A friend once asked me why I wear my Dorito samurai outfit to games and went on to say how stupid I looked. It took me a second to think of it, but I responded that the outfit is more of a symbol than anything else. It's a symbol of what college is about: enjoying the last few years of freedom.

After nearly three years of college, I can say that it is nothing like the movies where everyone is having fun, partying and enjoying life. Instead, it's 30 hour work weeks, studying and being as anti-social as possible.

The age of the college student as seen in the movies is over. Maybe I'm just an old warrior fighting for a lost cause, but somewhere in recent history, we went from making college about having the best four years of our lives to college being in the way of us working 9-5.

I've seen what happens after you graduate, and trust me, it's about as fun as a coma. I enjoy what I do in school. I do whatever I want and what makes me happy because that is what a college kid should do.

You have four years to not plan anything, to not have stress and to not "struggle." Make it count because one day you'll regret it if you don't.

I say "struggle" because most people claim they need to work because they are poor. I survive off \$1000 a year. It's all in how you spend it and how much you need. I don't need to spend money going out all the time.

I don't need designer things and a nice car. I have everything I need right here.

On top of it all, I think many of you think you are too cool for school. Too cool to go to a sporting event and stand in the student section. Even free pizza can't get you in the student section. Now, that's a joke.

You have decades to be boring and have a job and all that average stuff ahead. If you want to use them to laugh at a kid who is enjoying his last few years of freedom, that is fine.

I am happy with who I am and what I'm going to become. Laugh away, point all you want. At the end of the day I am having fun being me. I'd rather be happy than fit in. I'd rather be poor and free, then busy and a few thousand richer.

I'd advise you to do the same, because at the end of the day the ultimate goal is to find true happiness. I have mine, and that's what these four years should be about.



Scott Criscione

Want your voice heard?  
 Email your feedback to the Legacy  
 at: journalismlab@lindenwood.edu.

## HE SAID / SHE SAID

### Does Facebook ruin relationships?



By Scott Criscione  
 Staff Reporter

Facebook has done great things for us. It has helped us connect with friends all over the globe and at school in ways not possible just a few years ago.

Facebook is also a source of great headaches with its constant changes.

Yet with that said, it is not the cause of ruining relationships as we know it. "Is it Facebook official?"

We all hear it, as if showing your love on a social media website really solidifies the relationship.

I hate the whole Facebook official thing to be honest. A relationship is more than a status on a website.

At some time, I bet that you've made a Facebook relationship with someone you didn't even date, like saying you're married to your best friend.

Honestly, right now, I could dump my girlfriend on Facebook, re-add her, then marry my friend and become a widow all in a matter of minutes. And guess what? I will still be in a relationship in real life.

Now granted, I should probably call her and say don't worry about what's happening on Facebook. Still, we will be in a relationship regardless of what Facebook would say.

If something on Facebook ruins a relationship, it is merely a symptom, not the cause of the breakup. The true issue is human error like having photos of you kissing a girl that wasn't your girlfriend.

Yes, it is on Facebook, but it was your fault that it happened.

It takes human error for a relationship to end, no matter where it is posted and no matter through what medium it is shown. It takes us as humans failing to ruin a relationship.

By Holly Hoechstebach  
 Editorial Editor

Surprise, surprise -- I have a Facebook account just like nearly every other individual. Although I find it annoying and a waste of time, I still log on to keep in contact with family and friends, especially those who live out of state or out of the country.

While Facebook is a great tool to stay in touch with our loved ones despite our busy lives, it still stirs up unnecessary drama.

Everything you post on Facebook is available for the world to see. Unless you set privacy settings, your friends and family can see your pictures, private conversations on a friend's wall, statuses, locations that you have "checked in" and relationship updates.

Whether you've experienced it or not, Facebook affects your relationships with others. The main issues I've seen that leads to breakups on Facebook are jealousy

and insecurity. Your significant other may start to over-analyze each update or post on your profile, question who's writing on your wall and/or in your photos.

You have the option to filter what your boyfriend/girlfriend can see on your profile, but it won't be long until that harmless picture of you and your attractive friend can be misinterpreted by other people.

It's extremely common for something so innocent to be taken the wrong way.

Then there's the relationship status. To me this is very insignificant. Do you add "in a relationship," "it's complicated" or not list a relationship status at all?

Do we really need a "status" to display a relationship? Sometimes excluding that status can eliminate your drama.

So is it really human error that causes breakups or is it social networking sites like Facebook that trigger distrust and deceptive beliefs?



**"It takes human error for a relationship to end, no matter where it is posted and no matter through what medium it is shown."**

**"Is it really human error that causes breakups or is it social networking sites like Facebook that trigger distrust and deceptive beliefs?"**



# Scottish & Farfray by Wes Murrell



## Look back: Evans contributes to FPA



By Talia Scatliff  
Staff Reporter

The J. Scheidegger Center for the Arts, home to The Bezemes Family Theater, The Emerson Black Box Theater, The Boyle Family Gallery, LUTV's high-definition TV studio and more is something to remark on as a part of President Evans' five-year legacy.

The center was first opened to the public on Sept. 11, 2008, soon after Evans entered his presidency. The Center is well-known to students as the FPA (Fine and Performing Arts Building or Center).

"The FPA has brought a unique kind of excitement to the students, not just the students in the arts but the students on campus," Evans said, on the building.

Evans entered his presidency in the spring

of 2007, with the FPA being a foundation. Through many meetings, Evans and Julie Mueller, chief operating officer and vice president for operations and finance, reviewed plans, worked out details and teamed up with city officials to make sure the FPA would be up to code.

"I have always been an enthusiastic supporter," Evans said, regarding the center.

Once sufficient decisions were made, Evans began the search for an executive director. Peter Bezemes, a graduate of Lindenwood, was running his own talent scouting and production company at the time. He became the executive director a year after initial contact with Evans.

Today, both Evans and Bezemes remain in close contact to discuss and bring in per-

formances. Jerry Scheidegger, a St. Louis business founder, donated a generous gift to Lindenwood. Hence, the center is named after him.

The new building has allowed students a, "unique opportunity to meet stars, professional performers and in some cases work with these stars and their crews," Evans said.

Krista Tettaton, a second year MFA student in musical theatre, is excited about the opportunity to work and study in this environment.

"To be here, to use this theatre, it's been a really good experience so far," Tettaton said.

Tettaton previously worked in a New York theatre. However, she prefers the work she

is able to do amongst the Lindenwood theatres.

Senior Nathaniel Carlson is working towards his degree in acting.

"It's nice because I'm building my career while having fun at the same time," Carlson said.

Both Carlson and Tettaton have expanded their horizons by having access to all the equipment and resources available to them.

The Bezemes Family Theatre seats 1,200, and the Emerson Black Box Theater seats between 150 and 250 people.

The future for the FPA holds great prospect. The FPA "will continue to refine its line up both in terms of student performances as well as professional performances," Evans said.

### Movie Review:

#### 'Extremely Loud and Incredibly Close'

By Brittany Velasco  
Staff Reporter

Nominated for Best Picture in the 2012 Academy Awards, *Extremely Loud & Incredibly Close* definitely deserved the honor.

Based on the novel written by Jonathan Safran Foer, the movie is about a young boy, Oskar Schell, who loses his dad to the Sept. 11 attacks. Before his father died, he gave him clues to solve a mystery about Central Park. A year after what Oskar calls "The Worst Day," he finally stepped foot in his dad's closet and found a special key. Thinking the key would help him find the truth, he mapped out a journey to find the person whose name was on the envelop enclosing the key.

The movie stuck pretty closely to the book, but in the movie the mother had a much larger role.

It got a little confusing when there were numerous flashbacks.

What makes this a unique story is that the main character is a nine year old boy who is witty, curious and way too smart for his age. Oskar dealt with depression, anxiety and self-harm, which made for a deep, emotional film to watch – especially since he was so young to be dealing with adult problems.

Thomas Horn, who played Oskar, did an outstanding job for his very first movie role. Horn was discovered by producers after he had won the kid's week of the television game show, "Jeopardy!" They contacted him after the episode and asked him to audition.

I highly recommend this film to everyone. This movie relates so well to all the Americans who remember 9/11. Watching all the news clips and hearing the voicemails, it brought back all the feelings from that day. If you see this movie, bring a box of tissues because you will cry a majority of the time. This will certainly be a tough film to beat at the Oscars.

## LU student dance concert takes a different tone in the Emerson Black Box Theater

By Cole Figus  
Contributing Writer

Dedication. Passion. Preparation. These are the words the dancers in the upcoming dance concert use to describe their show, and the words indicate how seriously the dancers take their medium of art. The concerts take months of planning, choreographing and rehearsing, and they always stand as a testament to the dancers' hard work.

The Student Dance Concert takes place Feb. 16-17 at 7:30 p.m. and Feb. 18 at 2:00 p.m. in the Emerson Black Box Theatre of the J. Scheidegger Center for the Arts.

The Black Box is a much smaller space than the Bezemes Family Theatre, but it allows for a more intimate show.

Dancer Amy Gammon, sophomore said, "You connect better with smaller audiences."

She feels that the Black Box shows are nice because a smaller audience can better see the dancers' facial expressions and body language.

The performances in these shows are all stu-

dent-choreographed, and choreographer/dancer Rafael Quintas, senior, describes them as being edgier and more contemporary than the faculty-choreographed concerts. "The tone of fun and excitement comes out better with the students," he said.

Sophomore dancer Heather Hindes, who has also choreographed a dance agrees. "They're more creative, and it's fun to see what students can do," she said.

Lindenwood dance concerts are always full of talent, and the passion put forth by the dancers is never ignored. Sophomore Vincent Napoli religiously attends the dance concerts, and is always impressed. "I love how creative the choreography is, and how much energy is in the shows," Napoli said.

The rehearsal process is typically challenging because the dancers often perform in multiple dances, while also taking dance classes. "The biggest challenge is to keep working and knowing there will never be an end to practicing, training and growing," Quintas said.

"We all wish we had more rehearsal time, but at the end everything works out."

**"The tone of fun and excitement comes out better with the students."**

**-Heather Hindes**  
Sophomore

### LU Film Series... Upcoming Movies

**Mongol**  
Feb. 8 7 p.m.

**Barbershop**  
Feb. 17 7 p.m.

**Boyz N the Hood**  
Feb. 24 7 p.m.





Legacy archive photo by Christie Blecher

LU President James Evans and wife Lois pose with one of the lion statues outside the 'Lindenwood House,' which was built, among many other new buildings, within Evans' five year tenure at the university.

# Campus transformation leads the way under Evans' helm

By **Kenny Gerling**  
Senior Writer

Lindenwood was a different place before James Evans accepted the presidency following the death of Dennis Spellmann. There was no Scheidegger Center or Evans Commons, and *The Legacy* newspaper was in its infancy. Evans said that at that time, his vision of the campus was not the same as what came to be.

Five years ago, there was no talk of leaving the NAIA for Division II or expanding the Belleville campus into a full-service institution with a daytime population. Both ideas emerged after realizing the university's potential for growth, a growth that often came after administrative prodding.

"I worked with faculty to make academic programs stronger by refining courses, raising standards in some cases and recruiting a high proportion of professors with the highest degree in their field, what we call a terminal degree," Evans said.

The number of faculty members with a terminal degree has been raised from 60 to 80 percent.

Evans has also implemented subtle changes he believes have had a positive impact on campus moral. One example is the expansion of what he called shared governance. Evans has encouraged the Lindenwood Student Government Association (LSGA) to take a more active part in forming campus policy, and he has resurrected the faculty council which had been dormant since the 1970s. Both of these organizations regularly meet with President Evans



Legacy archive photo by Natasha Sakovich

President Evans meets with the LSGA Senate for their first meeting, along with students Sarah Kearns and Dan Bedell.

regarding policy issues. Despite all the expansion, Evans works to retain what sets Lindenwood apart from similar-sized institutions. He said the university's goal is still to operate debt-free and maintain a small-sized college atmosphere.

These sentiments were made known in his first interviews with *The Legacy* in 2007 and are still guiding principles today. He also expressed a continuing belief in the institution's Presbyterian roots. "The Christian heritage of Lindenwood is at the heart of the campus and our philosophy," Evans said. "Those who are Christians are encouraged to embrace that outlook and lifestyle."

The future for LU under Evans includes more expansion and construction projects. He expressed the need for a new modernized teaching facility, houses for Greek organizations and an all-season athletics dome for year-round field team practices. All of these projects are still in the early idea stage. He

will also work to increase the University's specialized accreditations in several areas such as communications and chemistry.

Given Lindenwood's meteoric expansion, President Evans acknowledged that there will come a point when growth will have to be leveled off. He said the current student population sits at around 4,000 resident students, 1,300 commuters and 17,000 in the entire Lindenwood system, including the numerous satellite campuses.

Once the number of commuters reaches 2,000, additional parking will have to be built and other considerations taken. When the resident student population reaches 5,000, Evans said it would be difficult to main-

tain the institutional personality currently enjoyed by students. He would not want the total system population to exceed 20,000.

Evans said he has not run projections in a few years, but his best estimate is that given the current rate of expansion, the system would reach that terminal point around 2017-18.

Though the St. Charles campus has been the focus of recent construction, including the recently begun Town Cen-

ter, Evans projects that the Belleville campus will supply a majority of the system's growth going into the future. Lindenwood shows no signs of slowing down, especially with its recent acceptance into NCAA D2 athletics. "I see us becoming

**"This progressively will build onto an image of the academic prowess Lindenwood is capable of developing."**

**-James Evans**  
LU President



Legacy archive photo by Lauren Kastendieck

President Evans speaks during the opening dedication ceremony for the Evans Commons, a building which is devoted completely to student use.

an NCAA Division II powerhouse, just as we became a powerhouse in the NAIA," Evans said. "I believe that with the quality of our student athletes and athletics programs, we will be a power to be reckoned with."

Evans said he inherited an already upbeat campus, but by making a few reasonable changes, he thought he could increase the goodwill even more. These changes have included large steps like constructing a building devoted to student socializing, the Evans Commons, and smaller steps like loosening up visitation policies.

Under the previous administration, no in-room visitation was allowed and such policies extended to the campus houses.

"Six years ago students were not allowed to even be on the lawn of a house of

students of the opposite sex. I thought that was ridiculous," he said.

Other additions to student life include an expanded intramural program and a student health center.

Though it is difficult to predict the future of a university whose past has been as mercurial as Lindenwood's, Evans has a notion of what kind of university he intends to helm.

"I see us even more recognized as an academic treasure as we continue to graduate quality students, improve the credentials of our faculty and have faculty and students make contributions to scholarship," Evans said. "This progressively will build onto an image of the academic prowess Lindenwood is capable of developing."

# Faculty weigh in on Evans' impact at Lindenwood

By **Anna Schiele**  
Staff Reporter

This month marks James Evans' fifth anniversary as Lindenwood's president. However, he has been around the university for far longer.

Evans started his career at Lindenwood as an assistant professor of psychology in 1974. His history of being a professor at the university has helped him to understand the needs of the faculty. One accomplishment under

Evans' leadership was establishing a course reduction in the teaching load for faculty, decreasing the workload from five courses each semester to four.

Professor Jason Lively, president of the Faculty Council and program chair for Interactive Media and Web Design, said that the reason was not to reduce the



**Rick Boyle**

amount of work but to refocus the work in and out of the classroom with a more academic direction. For the third year in a row, Lindenwood has earned awards from "The Chronicle of Higher Education" as one of the "Great Colleges to Work For."

While Evans has always put teachers at a high level of recognition and regard, he would say that he always tries to put the students first. Evans' motto is, "It's all about the students," a dictum evident throughout the campus in the last five years.



**Jason Lively**

Evans Commons was a dream of Evans and his wife Lois to provide an area for students to relax, communicate, eat, play and come together. He helped develop the idea of Sibley Day, scheduled this year on Feb. 22, to give students an opportunity to learn

in a different way outside of classes for a day.

Evans' colleagues say they see the president as "student-oriented" and a "great leader." Rick Boyle, vice president of human resources and dean of faculty, uses the word "amazing" to describe the president. He said that Evans "is one of the smartest men I have ever met," describing him as "level-headed, never flustered, patient and considerate."



# Editorials on Evans: Student perspectives

## Top six speaks well for Evans' tenure

Spending freshman year at another school taught me that all schools have their pros and cons. Many schools have cons where students generally complain, as if their school were, dare I say, the worst. Each of my schools had "the worst" food and the "strictest" policies. Attend enough schools and hear this every day, and you'll doubt its credibility.

So if you're waiting for me to mention the next worst thing about LU, stop reading. My first day at LU was President Evans' first at the helm, too. After five years, I've

seen positive changes, and I appreciate Evans. Here are six things that Lindenwood has done right, in my day:

#6) World Series – If you like Cardinals baseball and were around Evans Commons during the World Series, you'd have been pleased to sit in a darkened cafeteria to watch any game on a 60-foot screen. Truly.

#5) Better Visitation – My first year required dorms to exhibit good behavior for nearly half a semester before receiving visitation. It's not perfect, but it's im-

proved since then.

#4) Film Series – Converting Young Auditorium from an old TV studio to a movie theater was one of the best ideas I've seen. The mix of new movies, old movie-buff favorites and Oscar-winners has pleasantly surprised me.

#3) Lone Wolf – Let's be honest. I never went into the library until they added the coffee shop.

#2) The Legacy – I attended meetings before the first newspaper, and I've seen it grow tremendously. It's an Evans-approved organization well worth its weight (former LU President Spellmann had not allowed student papers).

#1) FPA – I love attending productions, so I greatly look forward to revisiting the FPA. It has so much to offer, and it's been a genuine treat.

So in conclusion, I'd like to say that Lindenwood under Evans' helm has done fine by me.



Wes Murrell

**"If you're waiting for me to mention the next worst thing about LU, stop reading."**

## Amidst change, memories remain

For most of us, four years in college seems like forever. As a grad student, I've seen this place change over the past six years. My first years here almost seem like another life.

Let's travel back in time to a Lindenwood that few students here will remember. When we first arrived as freshmen in 2006, there wasn't the welcoming committee of today. A few of us wandered awkwardly into the Loft, standing around some cookies and punch and explored campus for ourselves.

There was the ever-anticipated DJ night in the cafeteria, and occasionally they set up the Chuckwagon, a make-shift buffet in the Connection. The bleachers at the football games were virtually empty and so was the Homecoming dance. Performances were held in the narrow theater hidden in Roemer and as a member of the Lionettes, we had to purchase the same black-fleece jackets from Walmart as part of our uniform. My first semester here, there was no visitation and not one student wore a hat to class.

I never imagined swiping my student ID at a food court and struggling to find a seat

in the crowd as the Lions demolish the opposing team. I've been amazed to watch the Homecoming dance and other anticipated events fill up with students. Today, our talented actors and dancers perform in front of sold-out audiences at the alluring J. Scheidegger Center. Athletes walk around in their wardrobes sponsored by Adidas (and can freely wear hats inside). Every

time we turn around, it seems like there's a new addition to improve student life.

Don't get me wrong, as much as we longed for progress, there's a part of me that

will always have a deep love for the way things used to be. We all complained about the old couches in the Loft, but we piled onto them every Tuesday night to watch American Idol. We sighed when we saw the food in the cafeteria, yet there was something about 4:30 p.m. each day as we lined up outside the door. I can't wait to come back in 10 years and see how this place has developed, but when I look back at my time here, my best memories will consist of the simple things from another time.



Heather Bertram

**"There's a part of me that will always have a deep love for the way things used to be."**

## Future LU plans include Greek life, Greek Row expansion

By Jimmy Flint-Smith  
Staff Reporter

Greek culture has existed since 60 B.C. and can be seen to this day in the actions and contributions of modern educational communities.

Since 1992, Lindenwood has been home to nationally acclaimed fraternities and sororities. These Greek institutions are built to create a sense of unity and communal values that are meant to support a better environment for college students.

Ben Blanton first brought about the idea of Greek life on campus when he worked to create housing projects for students. As a result, exclusive housing was given in the lower levels of some dorms.

Lindenwood Student Government Association (LSGA) President Dan Bedell said, "Lindenwood Greeks will continue to grow and expand as we nudge closer to an organized Greek housing system."

President Evans added that the school is in the process of getting a Greek Row set up in the next few years. He sees these institutions as a positive influence on campus and within the community.

"I would encourage students to explore the opportunities of Greeks in respect to the bonds, values and spirit that come with such organizations," Evans said. "Greek life and

expansion is a dream that I have for the school."

Evans speculates that the school board is currently deliberating on possible locations for this Greek Row, including an area near women's housing and the land behind Roemer and Young.



President Evans

**"Greek life and expansion is a dream I have for the school."**

Some space

on the Frisbee golf course has also been discussed as a possibility.

The Lindenwood archives, located at Butler Library, are another source to look at in order to better understand the Greek history on campus.

Originally, there were three fraternities and three sororities on campus. Fraternities included Alpha Sigma Phi, Delta Chi and Sigma Tau Gamma. The sororities were Delta Zeta, Alpha Chi Alpha, and Alpha Sigma Tau. Out of the groups, only Alpha Sigma Phi and Delta Zeta managed to maintain their charters and continue to thrive on campus.

Former President Dennis Spellmann, who also happened to be a member of Alpha Sigma Phi, worked with LU Professor and Reverend Michael Mason to help create the school's first Greek

Council.

More recently, the council was revived by the efforts of students and has been working with administration to bring in more fraternities and sororities. In the past year, the council has already brought in one new sorority, Sigma Sigma Sigma, and will be instituting a new fraternity, Delta Tau Delta, this semester.

Trent Smith, the founding father of Delta Tau Delta, hopes to make an impact on campus. His fraternity is known for exhibiting "Truth, Courage and Faith." Since 1858, Delta Tau Delta has spread to over 200 colleges and universities.

"A fraternity or sorority should bring out the best in its members. I want this to help guide people to reach their full potential," Smith said.

Some students continue to support the Greek movement as it grows in popularity.

Senior member of Sigma Sigma Sigma, Kate Kolish, said, "Choosing to be Greek is choosing to be successful. It's making a conscious decision to strive to be the best that you can be. The rest is cake."

With the addition of several social, musical and service-oriented fraternities and sororities over the past 20 years, LU has begun to establish itself as a Greek-savvy society.



Open 24 Hours

Wi-Fi Available

10% Discount for Lindenwood Students

Breakfast, Lunch, Dinner Served All Day



# Men's baseball team has room to grow during 2012

By Brett McMillan  
Staff Reporter

The infield at the Lou Brock Sports complex was deemed unplayable as the Lindenwood baseball team took the field for practice Sunday, Jan. 29, but the dirt on the field was not the only thing that will enter the 2012 season muddy. The roster will be as well.

Twenty-eight of the 33 players on the Lions 2012 roster are underclassmen, 15 of which are freshmen.

"You kind of go into the season knowing that patience level is going to have to be like never before, and I don't know if I have what it takes to have that throughout the season," said Head Coach Doug Bletcher. "I've been preparing myself for the fact that all of the coaching staff are going to have to help each other post games, to sit there and have our talks and pick each other up, not only the players, but ourselves."

Bletcher said the youth on his team does pose challenges but also produces tremendous opportunity for a program he is trying to build up by recruiting from the high school ranks.

Last season, the Lions finished with an overall record of 32-23 and a conference record of 20-8. LU was eliminated from the Heart of America Conference Tournament last year after a 5-4 loss to Mid-American Nazarene University [Kan.].

The Lindenwood offense lost five of last year's nine starters. Two of the four returning starters from last season's order were freshmen last year.



Freshman Dylan Terrell warms up at practice on Wednesday, Feb. 1. The team just came back from the Valdosta State Tournament where they went 3-0. Legacy photo by Rachel Harrison

Sophomore catcher Zach Loraine is the lone returning player from last year's starting lineup who hit over .300. Loraine also is the only Lion returning who ranked in the top five in total bases last season. "I think [the offense] is go-

ing to be alright," Loraine said. "Altogether we're a young team but for the most part we're just going to have to play small ball."

The offense will also include a few transfers, such as former Div. I junior Colton

Moore. Moore hit .328 in 2012 for Murray State [KY], starting 43 of the 46 games he appeared in. He hit one home run and drove in 39 runs.

Bletcher said he is not sure exactly what his opening day lineup will look like,

but he said there are certain players that he must commit innings to if he wants them to develop properly.

"There are probably like 13 players we feel like we've got to have 100 at bats or more, and then there is a break

down you could have," Bletcher said. "It can't be just nine guys or eight position players. It's got to have a certain amount of depth."

The Lion's pitching staff lost last year's leader in appearances and strikeouts alumni Cory Trudell. Sophomore pitcher Zac Pearman led the Lions in innings pitched and wins last season, although he did trail Trudell in earned run average, giving up more than a run more per game than Trudell who finished the season with a 3.58 ERA.

Loraine said he thinks new Pitching Coach Nathan Beuster is positioning the staff for success.

"He knows what he is doing, coaching wise," Loraine said. "Our pitchers have, no by any means it's not going to blow by anybody, but they throw strikes. I mean they throw a lot of strikes. We don't have much power."

This season, LU baseball will be an NCAA Div. II independent just like most of the other Lindenwood programs making the switch to the NCAA, but a year from now the Lions will be getting ready to begin their Mid-American Athletic Association schedule.

Bletcher said his ball club needs every spare hour during the next year to prepare to compete in the MIAA, and he said he knows it will not be an easy transition.

"We have a challenge before us in the sense that if we're going to be very outcome-oriented this year," Bletcher said. "Perhaps, one would view it as not a productive year, and we simply can't look at it that way."



(Left) Players listen to Coach Doug Bletcher as he gives advice at practice before the first game of the season.



(Middle) Infielder Zach Kurzejewski grounds a ball in practice and prepares to throw it to home plate.



(Right) Players perform drills at practice. Legacy photos by Rachel Harrison

# Lone freshman starts season off the right way

Volleyball team's young talent helps the Lions advance to 6-3 for the season

By Deborah Starr  
Sports Editor

Meet Logan Jarus, the only freshman on the men's volleyball team.

Standing 6' 6", some would say he was born to play volleyball.

However, he didn't step onto a volleyball court until the eighth grade. "A friend of mine asked me to play, I guess because of my height," Jarus said.

He grew up locally in St. Charles playing soccer, baseball and hockey, but when asked if he ever played basketball, he said no but that he

gets that question often.

Since starting the game, he has not been able to stop. In ninth grade, he joined a club team and has been playing ever since.

He said that he just loved the game and that he "had never had so much fun playing a sport before."

Since coming to Lindenwood and making the starting lineup, he commented on some of the differences between high school and college volleyball.

"The biggest difference is the competitiveness," Jarus said. "It's a

much faster game."

He said that the thing he loves most about playing in college is "being on the court and just having a good time."

Jarus commented on what it is like to be the only freshman on the team. He said the team welcomed him openly and incorporated him into the group very quickly.

He also said that Head Coach Ron Young emphasizes unity on the team. "Coach says he doesn't look at me as a freshman," Jarus said. "He looks at me as a volley-

ball player."

While Jarus says it is a great honor to start, he does feel a little bit of pressure when he steps onto the court. "I don't want to make freshman mistakes," he said.

He said he hasn't spent much time thinking about personal goals for the season but rather has been focusing on what he would like to see happen for the team as a whole.

He said he wants to "win more games than we lose and enjoy myself, which so far has been pretty easy."



Logan Jarus

**Game of the Week**  
The Lady Lions basketball team will face McKendree University on Feb. 9 at 7 p.m.

*J2URC*  
by Jen  
Womens Boutique  
16739 Main Street  
Wildwood, MO 63040  
636.458.8588

**JACK'S AUTO SALVAGE**  
We Want Your Junk Running Or Not  
2106 N. Main  
St. Charles, MO 63301  
Phone 636.947.6005  
Toll Free 866.220.3961



# Track team prepares to make leaps and bounds in 2012

By Steve Runge  
Staff Reporter

Head Coach Ed Harris was all smiles as he spoke about the progress and future of the Lindenwood track and field program.

Coaching both the men's and women's teams, he said he has had the great opportunity to see a lot of the young players that will be with the program.

"They are all great athletes, and I am sure they will look back and appreciate what they were a part of," Harris said.

With 45 men and 35 women in the track and field program, Harris couldn't help but chuckle when asked if he had his hands full.

But with 33 years under his belt as a track and field coach, he was confident when he spoke about the great future of the Lions as they move forward.

Like some of the other athletic programs at LU, the track and field competition is a little murky as the competition has been turned up a notch.

However, Harris said they are taking every opportunity to play against schools they will see on a regular

basis following the 2012-2013 season.

"We are using this transition phase to get a good look into the future and will be ready to compete at that higher level," Harris said.

The Lions competed in three different competitions to wrap up January, after kicking off their season in December at SIU Carbondale. During that time, many Lion athletes finished in the top 10.

Senior and St. Louis native Nick Orf muscled his way to the top with four top-tens in the weight throw and shot-put competition.

Lady Lions Terah Fullman and Claire Buckman each share two top-tens.

Buckman, a freshman out of Little Rock, Arkansas, is making her presence known at the pole vault with two-top ten finishes in January.

Fullman, a sophomore out of Phoenix, Arizona, opened up the season in December with a fourth place finish at SIU-Carbondale in the 400 meter run and then a fourth place finish with a 6:05 run in the mile competition at Lawrence, Kansas.



Sophomore Spencer Dudley jumps a hurdle at practice on Thursday, Feb. 2. The team has had five meets so far with six left in the regular season.

Also landing in the top ten was Elrich Walker, Mike Reynoso, Natasha Mouratidou, Emily Fichtinger, Ben McGraw and Ethan Stack.

Mike Reynoso reeled in the only number-one finish

on Jan. 6 after finishing with a time of 1:16 in the 600 yard run.

As the Lions near the halfway point of the season, Harris remains optimistic about his team's

progress, and was especially looking forward to seeing the stiffer competition in conference play.

For more on the track and field program, go to linden-

woodlions.com.

For an opportunity to see them in action close by, plan on heading to Washington University in St. Louis on March 30-31.

## Roller hockey credits its defense for success

By Alex Jahncke  
Managing Editor

After a rough ending to last season, the Lions roller hockey team is back to its winning ways with a 9-0 start to the season.

The Lions finished last season with a record of 26-1, suffering their only loss in the NCRHA National Championship game.

"We knew we had to take a hard look at this season," said Head Coach Ron Beilsten. "The big key was to see how new players would fit in."

So far, the Lions have outscored their opponents 86-17 in just nine games. Their closest game was a 6-4 victory over St. Louis Community College-Meramec.

"I always stress that the defense is what creates offensive chances," Beilsten said. "We play a man-to-man defense. Right now we are

letting up too many goals. If we keep our goals-against down, it will create offensive chances."

The Lions have won eight championships in the last 10 seasons and look to build on it. In the two seasons that they did not win it all, they finished in second place. With this history, they always have a target on their back, but Beilsten is always determined to rise above.

"We don't overlook any team," Beilsten said. "We need to stay aware, and pay attention to detail. The idea is not to play a selfish game. As long as we play our game, the rest just comes with the territory."

Coming into the season the Lions had a big question mark with their goalie depth behind starter Brett Humes, but now they could not be happier with their depth. In nine games,

the Lions have had four goalies step in and pick up wins.

"In the offseason we thought we would be shy on the goalie front, but we had 11 goalies in tryouts," Beilsten said. "There were three freshmen that were battling for one spot. This makes a coach very comfortable because the spot is so critical."

Even with the hot start to the season, the Lions will not be satisfied until they are champions once again. Beilsten wants to make the mistakes now and not in the playoffs.

"We have experimented with different schemes and some have not worked, but we are not concerned," he said. "Anything we do during the season is to help with the last game."

The Lions will be back in action Feb. 10 when they take on the University of Missouri.

## Giants beat Patriots in Super Bowl XLVI

This Super Bowl game was the most nerve-racking one I have ever experienced. Well, except for four years ago when the same teams met each other.

Yes, I am a huge Giants fan, have been since I was about 12 years old.

Not only did my team make it all the way, but they beat possibly the most despised team in all of the NFL.

Well, at least in my opinion. I cannot stand the Patriots.

Why, you ask? Well, for one, Belichick is a cheater, and two... Well, who needs another reason? Cheaters never win. And winners (the Giants) never cheat.

For all of you who are wondering, no, I do not hate Tom Brady. I have to give the guy some props for being a great QB, but this was definitely not his best performance.

The first quarter was perhaps the slopiest football I have ever seen. To you Patriots fans, I'm sorry, but those first 15 minutes were just pathetic.

A safety? Really? After being in the league for 12 years

you would think Brady would know what intentional grounding is but apparently not.

And then the 12 men on the field? Come on! The Pats were playing like a little league team. So basically, the first nine points for the Giants were pretty much given to us. Thanks, Patriots.

After that, the nerves started twitching a bit. Needless to say, by the end of the third quarter, all my fingernails were gone.

With a score of 10-9 at halftime, it was simply anyone's game.

During the first quarter the announcers were saying that before the game, the Patriots were favored to win.

They quickly added that they should not have been. I would have to agree. While the Patriots may be considered the best

team in the NFL, if anyone could beat them, it would be the Giants.

Well, they did four years ago and again this past weekend.

With a regular season record of 9-7, their record was anything but excellent.

The last seven games of the regular season were all straight wins. What a ride for the Giants, and all their fans.

For those of you who watched the pregame, you know that the dilemma in the fourth quarter was exactly what Tom Brady asked for.

In an interview with Bob Costas, Brady was asked if he would rather be up with two minutes left in the game while the Giants had the ball, or if he would like to be down with two minutes left while he held the ball.

He said he would take the latter. Well, he got it. And with 57 seconds left, he botched his chance to take home his fourth Super Bowl ring.

After his interception in the fourth quarter, I began to breathe again. However, it was the fourth quarter that I took the least amount of breaths. In the long run,

Manning simply had a better game than Brady.

Brady had an interception and two blocked throws. What did Manning have? Nearly a perfect game.

I am sure I am not alone in my stand for the Giants. I would assume there are lots of LU students who were rooting alongside of me.

Junior Anne Martin was one of them who was so excited to have her Giants win.

"I'm freaking out right now," Martin said. "I stood up and screamed with my hands in the air."

So, for all the Patriots fans out there, I am deeply sorry your team lost. Well, that's a lie. As to all you Giants fans, way to root for the best team in the NFL.

They stuck it to the Patriots for the second time and proved that there is in fact a team better than New England.



Deborah Starr  
Sports Editor



impact church

Real Life. Real People. Real God.

**Current Lindenwood student and Pastor of Impact Church, Joshua Lewis, invites you to join him Sundays at 2 p.m. at one of the newest churches in St. Charles!**



Visit [www.impactchurchstl.org](http://www.impactchurchstl.org)  
or call 314-583-7120 for more information.

801 North 3rd Street  
St. Charles, MO 63301





Legacy photo by Jonathan Garrison

Lindenwood hosted McKendree University [Ill.] last Wednesday topping the Bearcats 34-12 at Hyland Arena. McKendree won two of the dual's matches.

## Wrestling team heads toward success

By Russ Hendricks  
Staff Reporter

The Lions are in the middle of what looks to be another successful season with a record so far of 6-2.

Leading them in their so-far-victorious season is Head Coach Chad Smith.

Although only in his second year as head coach for LU, Smith is familiar with the Lindenwood way, getting both his undergrad and graduate degrees at the school.

Wrestling is a year-round sport that demands the athletes to stay in shape and continually work on their skills.

The competitive season for the Lions began with

pre-season competitions in early September, and the season won't be finished until the first week in March.

It doesn't stop there however. After March, the post-season will begin and the wrestlers will be back, hard at work, preparing for the next year.

The men's wrestling season typically consists of 16 competitions and often includes a lot of traveling across the country.

This year has been slightly different when it comes to traveling, keeping the competitions for the most part in the Midwest during their transition period between NAIA and NCAA. When asked which he

prefers, competing away or at home, Smith stated, "I really enjoy competing at home, especially when we have a good turnout. When students show up to support the team, it gives the guys something to compete for."

When the men are not on the mat practicing, they are watching film, studying what they need to do better in order to bring home another victory for the next competition.

"That is our goal this year, to bring home the National Championship," Smith said. "A strength I see in the team this year is that all of the men are individually unique and have a very distinct mentality when it comes to wrestling.

On paper they don't look as good as in the past, but with their mentality and faith in themselves, it makes them hard to beat right now."

Smith and his Assistant Coach Jimmy Rollins are in charge of all the recruiting for the LU wrestling team and look for very specific character traits that they believe will be a perfect fit for the team.

When recruiting, they look for athletes with good grades, respectable character and a good work ethic.

"We want to make each kid count," Smith said, "to make sure they are going to be a perfect fit for the team as well as a good representation of LU."

### My Take

## Lions ready to be champs again?

With only two games left in the regular season, the Lion's ice hockey team is well on its way to another championship caliber season. Still, this young group of athletes has to keep composed because, as we saw last year, a great regular season means next to nothing if they cannot close it out with the championship.

After winning back-to-back championships, the Lions fell 3-2 to Davenport University in the finals of the American Collegiate Hockey Association (ACHA) National Tournament last year. I can tell you after following this team as close as I have for four years, they are as

hungry as ever to win it all. It was something special to see this team succeed, but now they have something to prove.

So far this season they have made their determination apparent with a record of 25-4. They have also already swept the reigning champions, Davenport, in a two-game series. Still, they will not be pleased being anything less than the best when all is said and done.

Something that really impresses me about this team is how young they are. I know I say it in all of my columns, but the future for the Lions is huge. They are led by only

four seniors. Other than that they have 12 freshmen and nine sophomores.

One player who really sticks out to me is the guy in between the pipes, sophomore goalie Kent Henry. He is 15-2 on the season with two shutouts and a 2.00 goals-against average. This kid is the real deal. As a freshman he was 6-0 with two shutouts, but he was overshadowed by former goaltender Robi Cavallari, who was one of the best in the league every year he played. Henry has so much to offer, and will have to be the focal point if the Lions want to get back on top.

I can go on and on about this team, but there is not enough space. Head Coach Rick Zombo has the tools that he needs to win it all, but it all comes down to execution. As long as the Lions make the most of all their opportunities, they will be champions yet again.

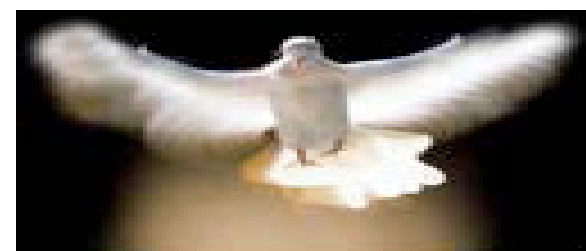
With the added guidance from newly acquired Assistant Coach Ted Sator, I feel it is just a matter of time before LU adds another title to their accolades.

After a two-game series with Illinois University the Lions will compete in the ACHA National Tournament which begins Feb. 17.



Alex Jahncke  
Managing Editor

## The Power of Purity Conference FOR MEN



The world we live in makes it very difficult for a man to maintain sexual purity, surrounding us with sexual temptation and opportunity – everywhere, every day. Imagine taking a white glove, throwing it in the middle of a big mud puddle, and then expecting the glove to stay clean. Absurd! Yet God tells us we should remain pure despite being surrounded by constant sexual temptation. Is God crazy? Does he really think sexual purity is possible in this day and age? We believe, with God's help, that we can learn to control our sexuality instead of it controlling us. This conference is for every regular guy – like you and I – who's interested in managing his sexual gift in a healthier way, who's interested in being a better man. Be encouraged. God is not crazy. Sexual purity is possible.

Saturday February 25<sup>th</sup>, 2012

8:30 a.m. – 4:00 p.m.

The Outpost Church / 1010 South Dr.  
St. Charles, MO 63301 / 636-373-0745

For more information call or visit

[www.powerofpurity.org](http://www.powerofpurity.org)

This conference is CONFIDENTIAL, ANONYMOUS, & FREE

## The Power of Purity Conference

- How you can control sex instead of sex controlling you.
- Why God created sex, what the purpose of sex is, and how you can experience sex God's way.
- How you can become a new sexual man on the "inside" first (heart), so you can then become a new sexual man on the "outside" second (actions).
- How to change your sexual gift from the realm of "lust" to the realm of "love".
- How to manage your emotional equilibrium through God rather than sex.
- How God can heal the "story" of your sexual past so you can have a new sexual future.
- How to destroy the 6 "roots" of sexual sin so the "fruit" of sexual sin will no longer manifest itself in your life.
- Powerful testimonies from men who are being set free from sexual bondage and addiction to experience more sexual freedom than they've ever known before.
- How to bring your sexual gift under the authority of Christ.



Complimentary Lunch provided by  
Chick-fil-A



TAKE THE 5 QUESTION PORN QUIZ AT [WWW.POWEROFFPURITY.ORG](http://WWW.POWEROFFPURITY.ORG)



# Men's volleyball notices room to improve

By Deborah Starr  
Sports Editor

Since the first game of the season on Jan. 20, the Lions volleyball team has gone 6-3. While several of last year's players have returned, much of the team this season is composed of brand new members. With only two seniors, the team is made up of mostly sophomores and juniors.

The first three games of the season resulted in wins for the Lions. Much of the success early on can be due to the bond the players have.

Middle hitter Logan Jarus, the only starting freshman on the team, said that "teamwork and communication are the big keys," to the success so far.

With such a young team this year, the focus is on building a successful team for the years to come. Head Coach Ron Young said he is excited about having such a young team.

"The teams we play will probably be a little bigger and more physical," Young said. "We have to have better handling and try to beat them with speed."

Young said the wins in the beginning of the season have been great because it has built confidence in the guys.

"It's a young team, but they are hungry to get better," Young said. "They are very coachable. It's just a matter of applying."

With only a few games under its belt, the team still has a long season ahead of them. "We will keep winning as long as this team has the attitude to keep getting better and not just settle," Young said. "That's been a trait we keep trying to pass on."

With players such as Jarus, the team has aspirations of a bright future. Jarus said he had no idea he would be starting the season.

"I had to play my hardest in practice and push the most I could," he said.

Even though the Lions have been winning more than they have been losing, Young said that they still have much to improve on.

"To learn from our mistakes and keep getting better," he said. "It's a transitional year. It's getting us ready to go play with the big boys."

Young said that his main goal for the season is to continue getting better and build a strong program.

"We should never settle for where we are today," Young said. "We need to keep pressing on."



Sophomore libero Cory Buehler sets the ball while Jack Mitchell and Tim Schmidt anticipate the next hit on Friday, Jan. 30, at the Hyland Arena.

Legacy photo by Jonathan Garrison

# Former NFL players host area's top backs

By Steve Runge  
Staff Reporter

Most high school and college football players can only fantasize about a career in the National Football League. The ambiance of the NFL stage is so much larger than life that just meeting an NFL player can be a memory that lasts a lifetime. But what becomes of an NFL player's dreams once he makes it to the big leagues and comes out on the other side?

Broadcasting has been a common landing place for many, while at the same time, there are those who choose to give back and become the teacher. Then those dreams change. Seeing others succeed becomes more rewarding than anything else.

Enter Arlen Harris. Harris left the NFL in 2007 after five seasons, three of which were with the St. Louis Rams and now calls St. Charles his home.

Harris was one of those power running backs who delivered punishment to any defender that dared to enter his path.

He has since evolved into a trainer, mentor and coach and is teaching youth and high school football players what it really takes to succeed.

Harris's high school coach, Jack Helm, said he was not surprised upon hearing of Harris's commitment to the youth in the St. Charles community.

"What sets Arlen apart is he doesn't 'Big League' anyone," Helm said. "He just wants to be Arlen, and he has the unique combination of everything an athlete could be."

Helm said he knew Harris since the fourth grade, taught him in the fifth grade and was part of the coaching staff for the Downingtown Whippets, a large high school in the Chester, Pennsylvania area.

Helm said Harris did things that no one could coach. Records reflect Harris ran for over 4,700 yards for the Whippets and scored 60 touchdowns.

"He has always been that kinda kid. Whatever 'it' is, Arlen has it," Helm said.

Harris's first mission was to assemble the right group of leaders, including Lindenwood Lions running back Denodus O'Bryant, and he started his own youth training program called RunIt Performance.

On Sunday, Jan. 29, Harris held the first running back showcase, which featured 32



Legacy photo by Steve Runge

Former Rams player Arlen Harris addresses high school students at a camp while former Rams Pro-Bowler Orlando Pace stands in the background. Harris operates a training program called RunIt Performance.

of the best high school running backs in and around St. Louis.

"This was a great event," said former Rams offensive tackle Orlando Pace. "I wish I had something like this when I was in high school."

Pace was among several NFL players in attendance, and shared inspiring words to the group at the end of the event.

The showcase put 32 players through a combine style competition, and three athletes left the event with top honors. Kirkwood High's Ramon Alton earned the top position player award. Lutheran North's Ryan Moore earned the top performance award. St. Louis University High's Terek Hawkins earned the "beast" award after having the highest cumulative score.

Devon Fuller, a competitor at the showcase and leading rusher at Troy High School said he was inspired by Arlen Harris, and was committed to following his dreams of playing football.

"I've never been trained in such a demanding environment," Fuller said. "I'm just used to running people over, and it was really cool to have been trained by a pro."

Harris closed out the day not with a final farewell but with a commitment to be there for these athletes if needed.

He pointed out this was simply day one of the rest of their football career.

"There is no one sheet of paper that can list a bunch of steps required to succeed," Harris said. "You have to live it, you have to train and only you set your limitations."

# NOW HIRING!

**Monday 12pm - 7pm**  
**Tuesday 12pm - 7pm**  
**Wednesday 3pm - 10pm**  
**Friday 12pm - 7pm**  
**Saturday 12pm - 7pm**

**1566 Country Club Plaza**  
**St. Charles, MO 63303**

**MORE INFO**

**Ben 217-620-7624**  
**Cheyenne 920-350-2439**





# GOP

Continued from Page 2

Bella was diagnosed at birth with trisomy-18, also known as Edwards disease. This genetic disease designs three copies of the 18th chromosome, instead of just two.

According to WebMd.com, trisomy-18 causes defects such as delayed brain development and deficiencies in the digestive and respiratory systems.

"She gave us quite a scare," Santorum said. "She's expected to make a full recovery."

The former senator gave his three key elements to America's future in prosper-

ity and wealth. He said all people need to work, pass primary and secondary education and marry before they pro-create.

These comments came after a public appearance just two weeks ago that had a

mother expressing she felt guilty of her support of Santorum because her youngest

son was gay.

She questioned that aspect of his candidacy because she had heard from her son he hated gays, in reference to remarks Santorum made in past media interviews.

Karen Santorum answered the question that her husband does not hate anyone but that he believes in family values with a mother

**"The people of Missouri have not been forgotten."**

**-Rick Santorum**  
2012 GOP candidate

# Loft

Continued from Page 1

Over the years, the Loft has been somewhat of a campus chameleon, changing its colors from a recreational area with basketball courts, to a meeting center, to a place for spiritual groups and more, before eventually becoming the home to Grab and Go.

Each dining center is designed to give students a different experience and functional options to fit within their schedules. Perhaps relocating breakfast into one central location will make for a better, more streamlined system.

"Grab and Go is always a shorter wait than the other options. It's really convenient," said junior Esther Gusov.

Pfremmer said they will continue to improve on the Loft as they go and will get feedback from students to see what is and isn't working.

The regular Monday through Friday hours of operation will remain the same, with students still being able to get in, grab what they need and get back on the go between the hours of 7 a.m. and 2 p.m.

# Fiesta

Continued from Page 1

Later in the evening, the event also had a salsa dance contest in which 10 couples competed for a first place prize pack featuring various food and a certificate for winning the event.

The largest portion of the night was centered around the dancing contest. The contest began with the 10 couples and was narrowed down to eventually the one winning couple after four rounds of cuts eliminating couples.

After each round, the couples would line up in front of the judges' table, and the results were announced. Amidst the waiting for the results, roars of applause and shouts could be heard for each couple from friends or fans of their dancing.

At the beginning of the night, Selena Jones, who also teaches salsa classes in the Commons, along with her partner taught the couples the basic salsa steps and then they were sent off to practice prior to the contest.

For those not in the contest or who did not win the prize, other food was offered such as nachos, taquitos, churros and slushies.

The atmosphere of the fiesta was different from the normal one of the Commons, as the gym's lights were turned down while laser lights shined brightly throughout the night. A DJ played music in one corner throughout the night, while some danced and some sat at the multiple tables set out with various Latin decorations as centerpieces. Throughout the night, handfuls of students popped into the gym to see what all the lights, cheers and laughter were all about.



Students in attendance at the Fiesta Latina practice their salsa moves while having a good laugh before the main dance contest takes place. Legacy photo by Christie Blecher

# You need insurance, We make it easy!®

## The Right Coverage

## The Right Price

## Call Us Today!



Proud supporter of  
**Lindenwood University!**



Steven J. Lang  
President

Local | Independent | Trusted  
**(636) 229-7000**  
[www.langinsurance.com](http://www.langinsurance.com)

# Lang Insurance Service



**Health • Auto • Home • Life • Business**