

Hear Us Roar – Send Us Your “Roar-Worthy” News

Do you have an accomplishment or exciting news? Send it to us! To submit an item for inclusion in the *Hear Us Roar* newsletter:

- Email hearusroar@lindenwood.edu
- Include a short headline (7 words or less) and brief write-up (35-50 words) of your item. Phrases like “this week” or “last Tuesday” may not be accurate by the publication date, so please don’t include those.
- Include a JPEG photo and link to more information (whether on our website or an external site) whenever available. One photo per item.

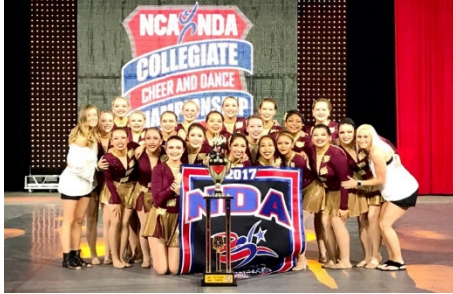
Thank you for sharing your achievements!

NEWS



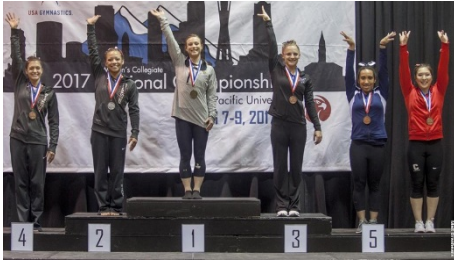
Hensley Makes 28 Saves to Clinch Gold Medal for U.S. Women’s National Team

Former women's hockey goaltender, Nicole Hensley, turned in a 28-save performance during the gold medal game of the IIHF Women's World Championships in Plymouth, MI. [Hensley and the U.S. National Team skated to a thrilling 3-2 overtime victory](#) over Team Canada.



Lionettes Dance Team Wins First National Title in Program History

The Lionettes dance team captured its [first national title in program history](#) by winning the Jazz Division II crown at the Band Shell and Ocean Center in Daytona Beach, Florida. The team also earned a [third place finish](#) in Hip Hop Division II.



Sokolowski Wins Individual National Championship

Kiersten Sokolowski capped off a great week by winning [the USA Gymnastics Women's Collegiate Individual National Championship](#) in the vault. It was her second individual vault national championship and third overall individual national title.



National Title Number Four for Cheerleading

The competitive cheerleading team won its [fourth national title in program history](#) with a victory in Large Coed Division II at the NCA/NDA Collegiate Cheer and Dance Championships at the Band Shell and Ocean Center in Daytona Beach, FL.



Synchronized Swimming Sweeps U.S. Nationals for Third Straight Year

Synchronized swimming [won its third consecutive U.S. National Championship title](#) in Oro Valley, AZ. The Lady Lions pulled off a clean sweep of the solo, duet and team technical and free events.



Olympic Weightlifting Sweeps Team Titles at University Nationals

It took several days to confirm due to an electronic scoring glitch, but Olympic weightlifting [swept all three team titles including Coed, Men's, and Women's at the USA Weightlifting University Nationals](#). In addition to the team success, there were six individuals that won titles.



Roller Hockey Gold Squad Wins Seventh Straight Title

The roller hockey Gold squad kept its incredible streak of national titles going with a 3-1 victory over Farmingdale State College in the [National Collegiate Roller Hockey Association \(NCRHA\) DIII Championship](#). With the win, the Lions captured their seventh straight title.



Shotgun Sports Claims 14th National Title

Shotgun sports has once again dominated the competition at the ACUI Collegiate Clay Target National Championships, winning an incredible [14th consecutive national title](#). The team was also [featured on *The Allman Report*](#).



Alums Appear on *Saturday Night Live*

This past weekend two Lindenwood University Dance Program alums performed alongside Jimmy Fallon on Saturday Night Live. Lauren Chastain ('11) and Brandon Hudson ('13) appeared in the ["Let's Dance" monologue](#).



Host Site for Seven NCAA National Championships

Lindenwood University will [host seven NCAA Division II national championships](#) in the upcoming seasons. Six of those national championships will be take place at the 2020 NCAA Division II Spring Festival, which will be hosted in St. Charles, MO. We will also host the 2022 NCAA Division II Women's Lacrosse National Championship.

ACADEMICS

Summer Intern at CNN London

Journalism major Essi Virtanen will be working for CNN London as a feature program intern this summer. Her primary responsibilities will include research, fact-checking, transcribing footage, assisting on shoots, contributing story and show ideas, attending planning and creative meetings and sourcing images and footage.

Nine Awards Received From Missouri College Media Association

The Legacy and Lindenlink brought home nine awards at the Missouri College Media Association's annual contest. The Legacy design staff earned first place for best sports page design and second place for editorial/oped design. Members of the Lindenlink staff won the top prize in the multimedia package category for their coverage of the Lindenwood gymnastics team's 2016 national championship. The package included writing, photography, videography and graphic design elements. Lindenwood has been selected to host next year's conference, which will bring approximately 200 students to campus.

ATHLETICS



Gymnastics Finishes Third At National Meet

The women's gymnastics team [finished third as a team](#) at the 2017 USA Gymnastics Women's Collegiate National Championships. The Lady Lions set or tied three program records in the team finals.



Lions Sweep Fort Hays State with 17-6 Win

The baseball team [poured on the runs in a 17-6 win](#) over Fort Hays State in Hays, KS to claim the season series with a clean sweep.



Galka Sets Single-Season Win Total In NCAA Era

Stormee Galka had a career day against Lincoln for the softball team. The southpaw [earned the win in each game](#), totaling 11 for the season, which is a Lindenwood single-season record in its NCAA era.



Track and Field Teams Finish Second At SIU-Edwardsville Tri-Meet

The [track and field teams both finished second](#) in a tri-meet at SIU-Edwardsville. SIU-Edwardsville won both team competitions, and Lincoln finished third.



Bildner Named to All-American All-Freshman Team

Kallie Bildner has been named to the 2017 Women's [Division II Bulletin All-American all-freshman team](#) for her outstanding performance in her first season with the Lady Lions.



MIAA Golf Athletes of the Week

Alejandro Canazares of the men's golf team and Dakota Limkemann of the women's golf team were both selected as [MIAA Golf Athletes of the Week](#). Both teams recently enjoyed first-place finishes at their respective tournaments.



RMAC Defensive Player of the Week

Women's lacrosse player Carly Fedorowski was recently chosen as the [RMAC Defensive Player of the Week](#). It is the second time this season that Fedorowski has earned the honor.



Bogic Named MIAA Men's Tennis Athlete of the Week

Filip Bogic recently earned [MIAA's Men's Tennis Athlete of the Week](#) honors. He collected his 50th career singles win when he dominated Quincy's No. 1 player 6-0, 6-0.



Table Tennis Finishes Fifth in Coed Team Standings at Nationals

The [table tennis squad took fifth in the coed team standings](#) at the National Collegiate Table Tennis Association (NCTTA) Tournament in Eau Claire, WI.



Billiards Takes 18-9 Victory over Rackrunners

After dropping two of the previous three matches, the billiards team returned to form with an [18-9 victory over Rudy's Rackrunners](#) at the Lindenwood Billiards Arena in St. Charles, MO.



Women's Water Polo 2-1 at Miami (Ohio) Invite

Women's water polo [won two and lost one](#) at the Miami University (Ohio) Invite in Oxford, OH. The Lady Lions defeated the host Redhawks 15-1, dropped a 9-4 contest to Grand Valley State, and edged Notre Dame 8-7.



Women's Rugby Wins Life University 7's Tourney

Women's rugby won three pool play games and then swept through three elimination matches to [win the Life University 7's Tournament](#) in Marietta, GA. The victory also qualified the team for the USA Rugby 7's National Championships which will take place in early May.



Men's Rugby Earns Important Win over Panthers

In what turned out to be an opening round game in the USA Rugby D1A Playoffs, the Lions [fended off Davenport 36-14](#) in Grand Rapids, MI.



Baseball Sweeps Washburn with 8-2 Victory

The baseball team [swept Washburn with an 8-2 win](#) at the Lou Brock Sports Complex in St. Charles, MO.



Balanced Attack Helps Women's Lacrosse to Road Win

The No. 2 women's lacrosse used a balanced attack to [defeat No. 7 Limestone](#), 16-8. The victory extended its winning streak to 15 games, a program record to begin a season.



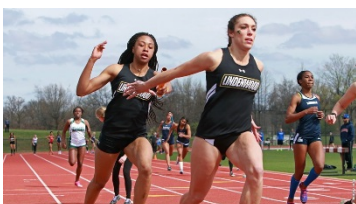
Men's Lacrosse Rolls Past Rockhurst

The No. 10-ranked [men's lacrosse team defeated Rockhurst](#) by a final score of 14-10 on the road.



Walk-Off Single Leads Softball To Victory

The softball team split with Missouri Southern afternoon from Lou Brock Sports Complex as the team celebrated its six seniors. Senior Morgan Brown hit a [walk-off single in the 10th inning of game one to win the game](#) for the Lady Lions, 7-6.



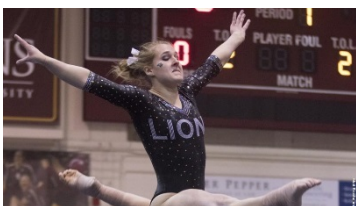
Track and Field Teams Bring Home Six Winners

The track and field teams [competed in the Greenville Select Meet](#) in Greenville, IL. The Lions and Lady Lions both finished fourth at the competition.



Women's Golf Places Sixth at Central Region Spring Preview

The [women's golf team finished in sixth place](#) at the Central Region Spring Preview in Springfield, MO. The two-round tournament was played at Rivercut Golf Course and featured 21 competing teams from within the region.



Eight Gymnasts Earn 14 All-American Honors

[Eight gymnasts earned All-American honors](#) in 14 events at the USA Gymnastics Women's Collegiate National Championships. The Lady Lions set a program-record with ten first-team All-American honors, and tied a school mark with 14 total honors.



Schindler Named to MIVA All-Freshmen Team

Sam Schindler of the men's volleyball team was [named to the MIVA all-freshmen team](#) by the conference. The freshman led the Lions in a variety of categories during his inaugural campaign.

STAFF



Kickball Tournament Is A Success

"Kickin' it With Shonrock" was a huge success. Thank you to President Michael Shonrock, Taylor Schwede and Stephanie Andert for making this day possible. Over 60 staff members and students signed up and played kickball, enjoyed perfect weather, wonderful food, a bit of friendly competition, team work, and most importantly, FUN! Congrats to the Gold Team for winning this year's trophy!

IN OTHER NEWS



Delta Zeta's Big Man on Campus Event

Delta Zeta raised over \$900.00 for Starkey Hearing Foundation with their annual Big Man on Campus pageant, held on Friday, March 29 at the Lindenwood University Cultural Center. Sean Rivero of Phi Delta Theta is this year's "Big Man on Campus".

Panhellenic Alumni Association Scholarships Awarded

Paige Hirtz of Sigma Sigma Sigma and Jennifer Mueller, graduate assistant in Student Involvement and member of Delta Zeta, were each awarded a \$1,000.00 scholarship from the St. Louis Panhellenic Alumni Association.

Student Involvement's March Leadership Series

In the month of March, Student Involvement's [Leadership Series](#) had over 170 students in attendance at presentations on topics such as money matters, SafeZone training, leadership styles, and social media and career development.



Spring Fling

Spring Fling Week! highlights of this week include free sunglasses, cotton candy, a Mike Posner concert with approximately 500 students in attendance, Spring into Service, and CAB's County Fair & BBQ.



Belleville's Inaugural Freshmen Hike a Success

Student Life and Leadership – Belleville hosted the inaugural Freshman Hike and Barbeque, giving freshmen students time to connect with each other and their faculty while enjoying the wonderful natural settings in the St. Louis region. Thirty students and employees participated in the 7.5-mile hike.

Belleville Campus Inducts Twelve Members into Alpha Phi Sigma

The Pi Epsilon Chapter of Alpha Phi Sigma (National Criminal Justice Honor Society) held an induction ceremony where 12 new members were initiated. Congratulations and welcome to our newest members!



Pizza with Public Safety

Over 130 students and staff members met with public safety officers over pizza. Students were able to ask questions about security issues and all were given information on emergency procedures and general safety information.



Visit to Filmakademie BW in Germany

Nine students, a professor and an alumnus are visiting St. Charles' sister city Ludwigsburg, Germany. The purpose of the trip is to promote the recently established academic partnership between Lindenwood and the Filmakademie BW, one of the Top 5 Universities for Film and Cinema Arts in Europe. The group will enjoy several workshops at the Filmakademie and also a program in and around Ludwigsburg and Stuttgart.

2017-2018 Student Government Association Officers

The 2017-18 LSGA Officers have been elected, and include Nick Stone (President), Posy Durr (Vice President), Benito Luongo Vegas (Secretary), Kelsee Davis (Treasurer), Savannah Bice (Senator), Mackenzie Komeshak (Senator), and Nam Nguyen (Senator).

“Ask Listen Refer” Suicide Online Prevention Training

A total of 91 people (students, faculty, and staff members) completed the “[Ask Listen Refer](#)” online suicide training. Lindenwood was congratulated for having a whopping 63 staff members complete the training. We hope to continue with this velocity of training in the future!

President Shonrock Attends Zoofari Planning Meeting

As part of his responsibilities as a member of the St. Louis Zoo Board of Directors, President Shonrock recently attended a Zoofari 2017 planning meeting. Proceeds from the Zoofari fundraiser, to be held in June, help the zoo in its efforts to save endangered species at home and around the world.



Spring into Service

Recently over 100 students, faculty and staff participated in a community-wide service day providing over 260 hours of service assisting various area non-profits including Five Acres Animal Shelter, YMCA, Boys and Girls Club, Emmaus House, Cards for Troops, Megan Meier, O.A.S.I.S. Food Pantry, and more. Spring Into Service was a huge success and we really showed our community that we truly are Like No Other!



Indoor Men's Floor Hockey Champions

Indoor Men's Floor Hockey Champions have been crowned. "The Harambe's" won the final in a thriller! Men's indoor floor hockey was a new intramural sport this semester and performed very well.



Black and Gold Gala

Student Government Association, along with Dr. and Mrs. Shonrock, hosted the annual Black and Gold Gala for student organizations. The gala was held in the Scheidegger atrium with over 100 students, faculty, and staff in attendance. Guests were treated to a dessert bar and received a commemorative glass to mark the occasion.

Michael D. Shonrock, Ph.D. / President
209 South Kingshighway, St. Charles, Mo 63301
636-949-4900
mshonrock@lindenwood.edu

