

The women's ice hockey squad skates strong out of the gate, compiling a 14-1-1 record.



Page 6 ▶



Despite technical difficulties, LU student bands perform at The Loft.

◀ Page 4

The Legacy

Lindenwood's Student Newspaper

Volume 3, Number 8

www.lulegacy.com

December 2, 2009

Students find help in counseling

By Alex Kerns
Contributing Reporter

Since the opening of the counseling center in 2007, Lindenwood has provided students with mental health concerns – some 50 a week – a place to turn to.

Some students, however, may not know the center exists.

"I don't think students are very aware about the counseling," senior Tina Reidel said. "I don't feel like the counseling is advertised well enough."

That may change soon. Professor Marsha Andreoff, who also is a counselor, said she wants the center to have a more active pres-

ence on campus. She would like to have a mental health awareness week, and she said staff members want the center to be more accessible on Lindenwood's Web site.

To find the center now, students have to first click the "Contact Us" tab and then go to "Counseling" under "Education."

The center, located in the LUC building in Room 301, has expanded from two offices – mostly for interns to help students – to six in the past two years. Students

can reach the counseling center at 636-949-4528.

"Since the counseling center opened, it has been wonderful."

—Carla Mueller
Dean of Human Services

Before the center opened, teachers mostly stepped in to help students with mental health issues, doing the best they could to find outside resources if necessary.

"Since the counseling center opened, it has been wonderful," said Professor Carla Mueller, a licensed clinical social worker and Dean of Human Services at Lindenwood University. "Counseling gives the resource, so there's no worry as to whether or not stu-

dents will have to pay."

The university established the center after seeing a need for it, Andreoff said.

"Other schools in the area have one, so [we] felt [we] wanted to have the same kind of service other schools have."

College campuses across the United States, in fact, are seeing an increase in students seeking psychiatric help, according to recent national surveys and various news reports.

More than 90 percent of college counseling services report seeing an increase in the number and severity of students with mental health problems, including clinical depression, anxiety and eating disorders.

Please see *Health*, Page 8

NAIA Playoff Run



Legacy photo by Matthew Korn

Sophomore receiver Matt Angell jukes past an Ottawa defender in route to a 19-yard touchdown, assisting the Lions' 64-26 victory on Nov. 28.

LU advances to NAIA semifinals

By Alex Jahncke
Sports Editor

This weekend the Lindenwood football team advanced to the National Athletic Independent Association (NAIA) semifinal game, beating Ottawa University 64-26.

With the victory, they move on to face Carroll College on the road in a rematch of last year's semifinals.

In 2008, the Lions fell one play shy of the national championship game. In the

final minutes, Head Coach Patrick Ross decided to go for the two-point conversion and win the game, rather than tying the game with an extra point.

They failed the conversion and lost the semifinal game 38-37.

"Everyone is excited. It's great to get a chance at redemption," said junior quarterback Phillip Staback.

"We really want to go out there and prove that we are a better team than we were last year."

Please see *Playoffs*, Page 7



Legacy photo by Tonaya Marr

Cornerback Jovan Alexander upends a Langston ball carrier on Nov. 21.

Identical twin sisters take different paths

By Diane Kenley
Contributing Reporter

At first glance, anyone could be fooled. After all, they're identical twins, but as each would happily tell, Amanda and Marie Blanc are far from identical people or identical hockey players.

Both played for LU Women's Ice Hockey team and shared in the championship victory last season. They proudly wear the fat rings to prove it. However, each sister made her own path to get there. "We're not the kind of twins that are attached at the hip," Marie said. "We're into the same stuff, but our personalities are totally different."

Of course, both were born the same day, Feb. 5, but nearly 20 minutes apart. "My mom joked she needed a break in between," Amanda, the elder, said.

They joined an older brother and sister and grew up on a picturesque ranch in the small town of Redwood Valley in northern California. Both were tomboys, but one sport seemed to grab their attention: roller hockey. Along with their brother, Marie

and Amanda began playing around age seven on a co-ed city league.

From there, the girls joined a travel team, playing other teams in the area. "These were teams that practiced regularly and had real rinks," Marie said. Needless to say, the girls' team didn't do so well, but both agreed they "became obsessed" with the game.

"All we wanted to do was play," Amanda said, and after religiously watching the NHL on television, "then all we wanted to do was play ice hockey." The competitive sisters had no trouble being on different teams or practicing against each other. "We wanted to beat each other so bad," Marie said.

In high school at Ukiah, the two discovered an in-house team in San Rosa, an hour commute from home. The desire to play outweighed any distance to travel. That distance grew in their junior year, when the sisters found an all-girls program in Michigan. Taken in by two separate host families, the ambitious California girls moved to Cheboygan.

Please see *Twins*, Page 8

Teacher evaluation system revamped

By Lauren Thompson
Contributing Reporter

Semester students must complete electronic course evaluations on their student portals to access final grades, said Barry Finnegan, Dean of Academic Services, in an e-mail to all students.

Students may fill out the evaluations for this semester between Nov. 24 and Dec. 23.

Professors will not issue paper evaluations as they have in the past.

"LU decided to go with electronic evaluations in order to guarantee complete anonymity and to be able to more easily collate and eval-

uate responses," Finnegan said.

To ensure anonymity, faculty members cannot access student's evaluations.

Academic Services staff can see which students have completed course evaluations and will communicate this information to professors.

"In some ways, these evaluations are more secure than the paper copies," Finnegan said.

"Even though students may not have signed their names to the paper copies, in smaller classes, professors may have been able to recognize a student's handwriting or writing style."

International students mark holiday away from home

By Natalie Lacaria
Contributing Reporter

Thanksgiving was last week, and a portion of the student body went home to fill up on good times, family and turkey. However, some of the student body was not able to go home to see their families for this break.

"Going home is too expensive," said Gadhadr Banker, a junior from India.

Banker does not want his family to spend money to see him for only four days, he said.

"I will celebrate on campus, with the rest of my international friends," Bank-

er said. "The cafeteria is supposed to be providing a dinner."

With the spread of western culture, Thanksgiving is celebrated in quite a few parts of India. The major festivity is observed by Christians in the state of Goa. Thanksgiving is known as 'Ladin' or 'Ladainha' in India. 'Ladin' literally means a litany to the Virgin Mary. During the Thanksgiving ritual, people thank God for all the material and spiritual benefits. Celebrations also include singing of hymns and prayers, according to www.thanksgiving-day.org.

Ever heard of Mielie Pap? This thick white porridge, produced from maize,

is South Africa's main dish when celebrating Thanksgiving.

The majority of Thanksgiving dinners in South Africa are based on a very large serving of Mielie Pap, accompanied by a vegetable stew and possibly a small portion of meat, according to www.ecoworldly.com.

"I will not be able to go home," said Mae Hall, a sophomore from South Africa. "I have a host family here and their food is different, but it is just as good as back home."

Thanksgiving is also a holiday in Germany.

Please see *Thanks*, Page 2

Students face problems in registration

By Holly Hoehstenbach
Contributing Reporter

Signing up for classes got easier when online registration began last year, but Lindenwood students still faced problems when student portals opened up the past couple of weeks and hundreds jammed one server to log in at the same time, resulting in students getting kicked off the network.

Online registration operates under one large system called CAMS. "It is a relational database that has many different parts," said communications dean Mike Wall. "All the records communicate with each other."

Wall said registration poses three potential problems: students signing up for classes with prerequisites they don't have, classes being full, and students not realizing they are logged in under the wrong semester.

For Lindenwood junior Stephen Becker, registration only took five minutes. "It went by quickly for me and I

had no problems," he said.

Other students found the process took longer.

"Most people had problems logging in and getting kicked off," said Lindenwood sophomore Elizabeth Clark. "It wouldn't let me log in, so after many attempts I ended up having to go to Spellmann. It was frustrating."

According to Adam Ulrich, who is in charge of the CAMS System, reports came in of registration canceling on students. "The main problem of registration canceling was due to pop-ups," Ulrich said. "Instead of temporarily allowing pop-ups, you have to go to your pop-up blocker settings and either disable all pop-ups or set it to allow certain Web sites."

In time, Wall and Ulrich believe that problems will be eliminated and registration will become smoother. "The registration process and software will continue to evolve," Wall said.

For more information, contact Wall at 636-949-4880 or Ulrich at 636-949-4978.

Thanks

Continued From Page 1

"I'm going home with my roommate who lives in St. Louis," said Harmonie Essome, an international senior from Germany.

Germany has a Thanksgiving but does not celebrate it. It is a holiday that is on the calendar, but no one gets time off of work or school, Essome said.

"Christmas is a big deal, though," Essome said. "Children get gifts the whole month of December."

Festivities start on Dec. 6 with the baking of ginger bread and children putting

their shoes outside for Santa Claus to come fill them with chocolate and candy, Essome said. Santa Claus fills stockings and answers notes from this point until Dec. 24.

Presents are opened on Dec. 24 instead of Dec. 25 in Essome's family. The gifts received on this day are assumed to be from Jesus Christ.

"It is too far and too expensive to go home for either break," Essome said. "I know a lot of people in the states, so this is a good time for me to see different parts of this country."

Humans fight against 'zombies' in campus-wide survival 'tag' contest



Legacy photo by Matt Korn

Humans bare their weapons in a fight for "survival" against zombie foes.

By Matt Korn
Staff writer

Earlier last month Lindenwood was the site of a large pop culture battle between humans and zombies.

"It's like a kindergarten terrorist siege," said Alex Rolwing as he watched a large group of students armed with elaborate Nerf guns run past him.

Rolwing, who is a pro-

spective student, was in the middle of touring the campus when he encountered the large group of "humans."

Humans v. Zombies started at Goucher College in Baltimore, Maryland, in 2005.

Since the game's creation, it has quickly become a college sensation, with students from universities all over the United States taking part.

The rules of the game are simple: you start out as a hu-

man (wearing a bandana on your arm to represent your side), and as a human you can carry socks and a Nerf gun. If a zombie charges toward you and you shoot it (or hit it) that zombie is stunned for 15 minutes. If tagged by a zombie, you become a zombie as well. If you are a zombie, you have 48 hours to report a "kill" (tag) to the game's main Web site. If you fail to tag anybody in that 48

hour window, you're out.

A winning side is declared after the other side has been completely wiped out.

"I'd never thought I'd say this, but I can't wait to eat in the café," said Steve Kornfeld. Kornfeld ate Pop Tarts for a full week in his dorm room to avoid zombies.

Humans v. Zombies, which was announced in early November, drew in 128 players for the first game.

Rain inhibits construction



Legacy photo by Matt Korn

Workers try to excavate a sunken earthmover from the muddy ground by the weight room. Due to large amounts of recent rainfall, the ground collapsed under the machine's weight. The university was forced to use a crane to pull the earthmover from the ground.

Christmas Walk plans finalized

By Natasha Sakovich
Asst. Editor-in-Chief

Plans were finalized for the annual Christmas Walk at the Lindenwood Student Government Association (LSGA) meeting Nov. 19.

The Christmas Walk is a family-friendly, free event open to the public sponsored by LSGA. It will take place Sunday from 5-8 p.m. on Dec. 6.

Intramurals Director Megan Jones said, "There will be guided tours of Lindenwood's campus, with activity stops along the way."

The guided tours start between Niccols and Cobbs Halls and Butler and Roemer Halls.

Each building has different activities offered inside for guests along the tour, Jones said.

Christmas stocking decorating, finger knitting, caroling, a canned food drive, a live nativity scene and several food and drink stops

are some of the activities offered in the buildings.

A Santa photo booth will be offered inside McCluer Hall.

President Dr. James D. Ev-

ans will be inside Roemer Hall to greet tour groups.

A "Walk it out" cake walk is also offered by the Campus YMCA and a singing contest with a karaoke machine by the Catholic Student Union.

LSGA President Ashley Stewart said, "We decorate the old heritage side of campus and put on various activities."

This is the third year the Christmas Walk will happen after its reinstatement as a university event. "It was done away with for some time, but this will be the third year that it has been back on campus," Jones said.

The 22 club members in at-

tendance also made submissions for the LSGA "teacher of the year" award. Jack Beckerle, associate professor of nonprofit administration, won the 2008 award.

Student Activities director Kerry Cox also encouraged club members to attend the remaining mandatory Orgsync training session.

The purpose of Orgsync is to provide online organization, event management and networking help for clubs, student activities and LSGA.

Cox said, "Everything is moving to Orgsync. It is mandatory that all clubs learn how to use this program."

Clarification: In the Nov. 18 issue, a front-page photo pictured Professor Henry Roediger III of Washington University, the keynote speaker.



GIFT CERTIFICATE

1/2 PRICE APPETIZER OR QUESADILLA

Valid at all St. Louis metro area locations, including the St. Charles location: 2911 Veterans Memorial Parkway. Available in cantina only. Present coupon to server prior to ordering. Good for dine-in only. Not valid with any other offer, discount or coupon. No cash value. **Expires Dec. 18, 2009.**

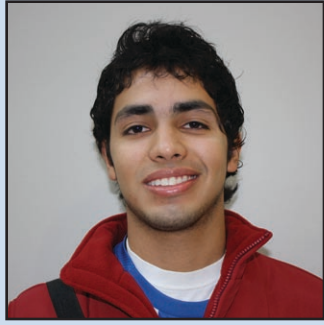
Current Events Corner

How do you expect Finals Week to go?

By **Samantha Werbiski**
Opinions Editor

"It's going to be a difficult week since it's time to apply everything I've learned all semester."

—**Enrique Samayoa**,
freshman



"I expect it not to be hard at all. It's my last semester, and I only have two classes: two tests and one presentation."

—**Natalie Garza**,
senior

"I'm ready for final exams, so I'm not worried. I hope it goes by quickly because I want to go home already."

—**Josimar Ortiz**,
senior



"Finals week should not be too bad for me because I don't have a final on Monday or Friday."

—**Samantha Bonomo**,
junior

"I expect it to be intense since it always is, but it's kind of fun because there are no more classes."

—**Marylynn Gwatinga**,
graduate student

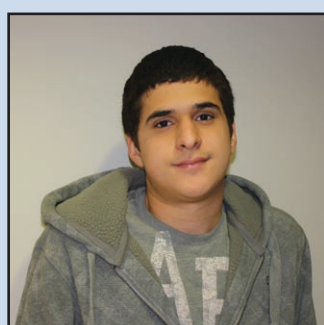


"I have to study a lot and do great on my finals. Otherwise, my grades are going to suffer."

—**Felix Napolitano**,
sophomore

"It shouldn't be too bad. I have more projects than tests so I feel really good about it."

—**Melissa Simon**,
junior



"It's going to be very hard with all the studying and final essays I have to write."

—**Cory Haghghi**,
freshman

Friday tramples holiday spirit

America has some great Thanksgiving traditions; the abundance of food, gathering around with family and friends, and Detroit Lions football (well, as Meatloaf said, two out of three ain't bad). On the flip side though, there is one Thanksgiving tradition that is not so great. Black Friday.

I guess I just don't get it. I fail to see the point in getting all bundled up to sit in line for hours to save a few bucks on an item that you probably won't get or don't need. Sure, you might be the one lucky enough to get that single 87" Hi-def plasma screen TV with the military grade remote for \$1000 instead of \$1500, but did you really need a new TV, especially one of that caliber? Probably not, and don't fool your-

self. You're not saving \$500; you're still spending \$1000.

It's rather sad to see the extent that consumerism has taken over the holiday season.

Being a retail worker, I have seen firsthand what "the most wonderful time of the year" can turn into when people become obsessed with "bargain shopping." Perfectly rational people outside of a mall turn into complete psychos, risking life and limb to get the last Tickle-me Elmo, Furby or Cabbage Patch Kid. And the number one phrase of the holiday season, "I have to have this" is so empty and zombie-like that it's scary.



Chris Bennett

Why do you have to have this, so your kid won't be upset? Tell that little snot to be appreciative of what is given to him.

This insane belief that you must have a material possession is the reason every year someone dies in a trampling at a retail store. People are far more concerned with getting a bargain than they are with the person's face they are stepping on. Last year, a Wal-Mart worker was killed and eight others were injured, including a woman eight months pregnant, when a mass of Black Friday shop-

pers poured into the store. I sure hope that the three copies of "The Dark Knight" you got for \$10 were worth someone's life.

The holiday season is about spending time with those you love. We should give gifts to these people to show them that we're appreciative of what their presence means to us, not to buy their affection or to compete in some sick game of "those who have the most toys when they die, wins."

So, when you go out shopping this holiday season, please try to keep this in mind. And if you went out at 4 in the morning on Black Friday, you're a psychopath. You might be a psychopath with a few extra dollars in your pocket or a big TV, but a psychopath none the less.

Game reminds students to enjoy college

If you noticed bandana-clad, dart-gun-toting mobs of students roaming the campus, and wondered what the heck was going on, you are not alone. Have no fear, for these brave citizens were the final remnants of humanity in the on-campus game Humans v. Zombies. They were the hold outs who had yet to succumb to the ever-growing zombie population.

Humans v. Zombies is a game of tag, as defined by the game's official Web site, humansvzombies.org. The human population tries to outsmart the zombie population, using teamwork, cunning, socks and dart guns. It's a great way for people to socialize under circumstances that may never otherwise occur. Leaders are born, the strong are separated from

the weak, and all of us get a chance to play like kids again. Fun really is the whole point of the game, as stated by the student who brought Humans v. Zombies to Lindenwood, freshman Scott Criscione.

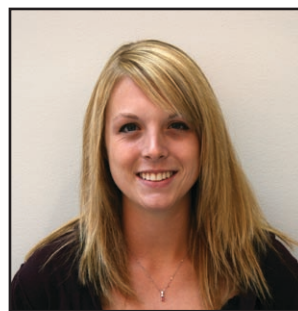
"We are never too old to play a game," Criscione said of his decision to organize the game on campus. "This is college — it's not adulthood. It's supposed to be fun."

I got roped into the game by my R.A., who turned me into a zombie. I'll admit that I pretty much starved to death due to my lack of participation. I was just way too lazy to go out and get myself a bandana.

As with every game, there's a line that gets crossed between fun competition and a fight-to-the-dart-pummelled-

death war. When I had to allow myself to be shot with a dart gun before sharing my umbrella for the treacherous, puddle-ridden walk from Spellmann to Irwin, I began to wonder if maybe this game goes too far sometimes. I believe that zombies and humans CAN co-exist, especially zombies like me, who are starving but too disinterested to put up any kind of a fight. Barricading yourself in your room with your roommate seems a little bit over-the-top, especially if it's affecting your social life.

All the same, it was nice to see students getting into the game. Enthusiasm really makes playing that much more fun. Everyone I talked to seemed super excited about stunning zombies/killing humans. I think that next year I'll be among those with the holsters, moving in crazy-looking groups from one class to the next. And why not? We're young!



Tonaya Marr

Zumba gives fun alternative

Let's face it. Not many people can say they enjoy running on a treadmill in one spot counting never-ending laps waiting for that last minute to be up.

When it comes to exercise, why must we dread it? Having fun while exercising is possible and I found the solution.

Break away from your everyday, dull exercise routine and spice it up with the latest dance craze and cardio-based workout called Zumba, which is being offered at The Fitness Fuzion in O'Fallon at a discounted price for any student.

Zumba is a Latin-inspired dance fitness class that makes exercise fun with a party-like atmosphere.

It includes basic moves of salsa, meringue, cumbia, calypso, reggaeton, belly dancing and more cardio-geared moves to work your entire body. With all the shimmying and shaking to the beat pumping rhythms, this fun-filled hour long class flies by.

Not a dancer? No problem. An important detail is that no dance experience is necessary when taking a Zumba class. Those who are hesitant of dancing have nothing to worry about.

Zumba is all about having

fun and following the simple dance steps at a comfortable pace.

"It is fun and easy to do," says DeDe Stewart, one owner of The Fitness Fuzion. "It is a 'feel happy' workout that is great for the body and mind."

Known as "exercise in disguise" from www.zumba.com, an individual can burn up to 700 calories depending on the input. Participants in

classes can range from teenagers to adults in their 60's.

C l a s s e s are Monday through Friday at various times, such as 5:15-6:15 p.m., 6:30-7:30 p.m. and 7:30-8:30

p.m. Prices are \$6 a class, or on Thursdays from 7:30-8:30 p.m. only \$4 for any student who brings a school ID.

With seven Zumba instructors, including the owners Stewart and her partner Lorna White, students have many classes to choose from.

The Fitness Fuzion is located off Veterans Memorial Parkway just a half mile east of Highway K on Sonderen Street. For directions, visit the website www.thefitnessfuzion.com or call (636) 294-7720.

Ditch the workout and become Zumbalicious!



Holly Hoechstebach

Want your voice heard?

E-mail your feedback to

the Legacy at:

journalism@lindenwood.edu

It could possibly show up in the next issue!

The Legacy

Spellmann Center 3095/3100

209 S. Kingshighway

St. Charles, Mo. 63301

Telephone: (636) 949-4336

E-mail: journalism@lindenwood.edu

Mission Statement:

The Legacy's mission is to provide students and staff with accurate news pertaining to Lindenwood University.

Views and opinions expressed are not necessarily the views of Lindenwood University, its board of directors or the university administration. The student editors and adviser are responsible for the content of the newspaper.

All content is the property of The Legacy and may not be reproduced without permission.

The Staff:

Editor-in-Chief: Micah Woodard

Asst. Editor-in-Chief: Natasha Sakovich

Ad Manager/Design Coordinator: David Haas

Photo Editor: M.E. Brown

Asst. Photo Editor: Lauren Kastendieck

Entertainment Editor: Amanda Haas

Opinions Editor: Samantha Werbiski

Sports Editor: Alex Jahncke

Cartoonist: Kailey Weiss

Copy Editor: Stephanie Polizzi

Reporters: Amanda Ayers, Sarah Ball, Aisha Foster, Hiroko Furuhashi, Kenny Gerling, T. J.

Gibbar, Shelby Hernandez, Matt Korn, Soni Kumar,

Tonaya Marr, Reggie Noble, Tabitha Russo, Todd

Schloessman, Andrew Tessmer

Photographers: Nick Jewell, Ryan Kaspar, Alysha Miller

Lab Supervisor: Chris Bennett

Faculty Adviser: Tom Pettit

Booming Bands Blow Power



Legacy photos by Alysha Miller

The band 'Atom's Four Piece' performs in the actual loft of Butler Hall due to electrical problems. Despite the technical difficulties, the Nov. 21 concert in The Loft entertained for hours and allowed student bands to showcase their talents.

'The Loft' hosts student bands

Andrew Tessmer
Contributing Writer

Nov. 21 proved to be an eventful night for student bands.

The concert included music from Crush It to Death, Quare Verum, Danny Simms, Don't Mess with Winkie and Atom's Four Piece.

The night went on without a glitch for the first three sets, however after Danny Simms and his band left the stage the power went out.

The show continued, but it was moved into the small, cramped loft above the main stage.

To accommodate this change in venue the two remaining sets, Don't Mess with Winkie, a punk/ska

outfit, and Atom's Four Piece, a modern cover band, used smaller sound systems.

After technical difficulties delayed the headlining band's set by over half an hour, Lye by Mistake finally took the reconstructed sound stage around 11:30 p.m.

Band front-man and percussionist, Drew Button, stage name Maxxx Tempo, apologized for the technical difficulties and cited the 200-year-old building's faulty wiring for the earlier sound problems.

The four piece progressive instrumental group introduced its first song of the set, "Rocket." A jazz influenced manifestation of commotion, this song

is a great example of what St. Louis-based Lye by Mistake is about: long guitar rifts, impressive drum beats, jazzy bass, and wild melodies.

Lye by Mistake has no vocalist, but the listener never misses the lack of lyrics or vocal accompaniment with such intense instrumental musicianship offered by all four members of the band.

While they make use of dueling guitars, lead guitarist Ben Whailin often seems to replace the absence of lyrics with solos, and accompanied jazzy rifts. Fellow guitarist Bob-e Rite is no slouch with impressive, but more subdued, versions of Whailin's untamed guitar work.

With such impressive

guitarists one may not be inclined to pay particular attention to the drums; however Tempo's musical ability and unconventional wardrobe choice make him hard to ignore.

Tempo holds the beat and adds to the chaos with lighting fast hands and a warm non-mechanical sound.

Bassist Jonnie Pokket's jazz infused style is very prominent in the overall sound, tying the components into one chaotic show of wild melodies and fast-paced rifts.

Overall the release show for Lye by Mistake's "Fea Jur" was a rarity in experimental music. "Fea Jur" is definitely worth checking out if you are looking for a new musical adventure.

Thoughtful one-acts end fall season

By Matt Korn
Staff Writer

Although the Lindenwood jazz concert was the headlining event at the J. Scheidegger Center for the Arts last Friday night, tucked aside in the Emerson Black Box Theater was a slightly different show.

Displayed on a poster that read "A Graduate Thesis, An Evening of Theater" were two plays: "Andrea's Got Two Boyfriends", and "Bernice at Bay."

"Andrea's" follows the lives of three residents of Crystal Park, a facility for the mentally challenged.

To help narrate is Mike Morrissey, played by David Moreshead, who cares for the three patients. Morrissey is very knowledgeable of his patients, and there are several times in the play where he breaks the fourth wall by addressing the audience about them.

Andrea Willinger, (Jenni Passig), Freddie Cidelli (Joshua Nash Payne), and Richard Cordez (Mike Dowdy) live life with almost childish simplicity; all three are close friends who take part in daily activities, dance, tell jokes, play basketball and are always there for one another.

Although Andrea and Freddie are "boyfriend and girlfriend," Andrea holds a spot in her heart for Richard. In most situations this love triangle of sorts would cause a juicy conflict between the two leading men. However, this isn't most situations.

Dowdy and Payne both did incredibly well portraying characters with mental disabilities. Passig's characterization and portrayal was more confusing.

Where Dowdy and Payne both had mannerisms that portray mental retardation, Passig had butterfingers and a sailor's mouth.

At one point it was hard to tell if her character was mentally retarded, or if she was suffering from Tourette's syndrome.

As the play progresses you start to pick up on negativity surrounding each character.

Whether it be Cidelli wanting to be independent, or Willinger and Cordez's family issues, or even Morrissey and his deteriorating patience when dealing with the residents at Crystal Park.

But in the end the characters sent a powerful message, and left the audience something to think about in terms of people suffering from mental retardation.

After "Andrea's" was "Bernice at Bay," directed by Jonathan Elkins and starring Passig, and Brian Kappler.

The play starts out with Bernice (Passig), a waitress at a small diner in a rural Kansas town.

Her spunky southern-like attitude is clearly visible as she waits on and gossips with the regulars of the diner.

It's when talking to the non-existent co-stars (regulars) that the audience receives glimpses of Bernice's dark past.

This time Passig nailed her part and did a great job entertaining the audience

single handedly for most of the show.

Passig, having to pretend to talk to people who weren't there, skillfully gave life not only to her character but to the imaginary ones across the counter from her.

Passig's mannerisms and personality were spot on, making the audience alternately laugh and feel sorry for her at different points.

In terms of story, Bernice had everything from comedy to drama.

The story was well executed and provided excellent context clues to help further inform the audience.

Even though the story takes an unexpected and depressing turn towards the end, both Passig and Kappler (who enters the play in the last five minutes) do a fantastic job ending it.

Although Kappler made a short memorable appearance towards the end, the play itself was clearly Passig's show.

And she definitely made it a show.



Jim Carrey voices eight characters in rework of classic 'A Christmas Carol'

Abby Buckles
Staff Writer

Phenomenal graphics are what makes Disney's spin on Charles Dickens' tale "A Christmas Carol" so impressive.

The opening credits alone of over-the-rooftop shots of London in this animated film give you a taste of what's to come, and in the process, forewarns you're in for a sweet pre-Christmas treat.

Most everyone is familiar with the traditional Dickens' Christmas story.

It's the tale in which bitter, old man Scrooge is visited by the ghost of a past business partner, Jacob Marley, who had died seven years prior on Christmas Eve.

The ghost warns Scrooge that if he does not change his greedy ways, he will endure a very unfortunate fate—literally chained to his ways in the afterlife. Before leaving, Marley informs Scrooge he will be visited by three spirits that will help guide him.

The spirits are depicted cleverly and

their means of transporting Scrooge back down memory lane are just as cleverly plotted. The first spirit Scrooge is visited by is the Ghost of Christmas Past, a floating, white-robed flame with a face.

The second spirit is by far my favorite, taking the form of a gigantic fellow with deep, roaring laughter, known as the Ghost of Christmas Present. The spirit, who is detailed and looks almost life-like, rather than just an animated figure, takes Scrooge on a journey without ever leaving the convenience of his home.

The third and final spirit is the Ghost of Christmas Yet to Come. This spirit takes a very grim form, a shadowy black-hooded figure that shows Scrooge the final consequences of his greed.

This movie was much more entertain-

ing than I had anticipated it to be.

It took a traditional, timeless Christmas tale with good morals and just enough of a dark twist to separate it from other renditions made of the same story.

Because of the dark, twisted nature of this film, it's not exactly something I would classify as kid-friendly.

Though it has the traditional Disney PG rating, due to the dark, sinister spirit's actions and the fact that a few sudden scenes even made me jump a few times, I would steer clear of it for young ones' sakes.

The time and incredible detail put into this animated film is nothing less than stellar.

At points during the film, one can easily become wrapped in its plot and detailed picture, forgetting that what he or she is watching isn't real actors, they're animations and look almost 3D.

In addition, it cannot go unnoted that actor Jim Carrey is the voice for a total of eight characters, including all of Scrooge's voices throughout his life and the three spirits.

The man is truly impressive.

I give this film a well-deserving 4 out of 5 stars.

*Weezis Salon



\$7 haircuts with Lindenwood ID!

We also do hair color, perms, and more!

244 West Clay
St. Charles, MO 63301

(636) 925-1181

Roller hockey continues its winning ways

By T.J. Gibbar
Staff Reporter

As well as the Lindenwood roller hockey team has been performing this season, Head Coach Ron Beilsten believes they are still getting better.

“So far I’m happy with where the team is at, but we can still improve in some areas,” Beilsten said.

The Lions are 10-0, but a lot of their season is left.

Beilsten said the two leaders of the team are senior Kyle Gouge and junior Michael Inouye.

“These two guys have surprised me this season with their great defensive play,” Beilsten said.

The team also has some new players to work with.

One is sophomore Joe D’Amico, who was on the ice hockey team last season transferred to the roller hockey team this year.

He has some experience in roller hockey, but still he is more familiar with the ice.

“He has been everything we thought he would be and more,” Beilsten said.

The Lions like to get the

most out of their power plays and penalty kill lines. They spend a good amount of their time at practice focusing on these two things, but they really emphasize on power plays.

When they aren’t practicing penalty kills and

power plays, they do “flow drills,” which allow them to incorporate their conditioning into real game situations.

The strongest asset for the team has been the tempo of their offensive play.

“Our style of play has been pretty explosive, and our offense has been creative. When goals come, they come in bunches.”

—Coach Beilsten

“Our style of play has been pretty explosive, and our offense has been creative,” Beilsten said. “When goals come, they come in bunches.”

Although this team is loaded with strengths, all teams have their weaknesses.

While the offense is right on schedule, Beilsten believes that the team’s defense isn’t where it needs to be right now.

Coaching in his eighth year at Lindenwood, Beilsten makes a commitment to all his players to make them

better at everything they do.

He takes his time to use the game film as a learning experience for his players and focuses on the general concepts of getting things done.

“Every year we try to carry through the same philosophy, but there are different pieces to the puzzle each year,” Beilsten said.

He also stated that this team has the most potential so far.

“We can be pretty good by the end if everyone falls in place and gets better as we go along,” Beilsten said.

Lions playoff run ends

By Micah Woodard
Editor-in-Chief

The Lindenwood men’s soccer squad was unable to parlay its conference title into NAIA postseason success, going one-and-done in the national championship playoffs.

LU was paired up against No. 3 ranked University of Rio Grande Red Storm in the opening round.

The underdog Lions allowed three second-half goals and failed to score in a 3-0 loss, eliminating them from the tournament.

Red Storm goalie Jordan Lower pitched the shutout, but he was mostly untested, due to an offensive blackout by the Lions.

Lindenwood registered only two shots on goal in the game.

Rio Grande dominated the match offensively, outshooting Lindenwood 17-2.

The Red Storm offense was led by forward Ederson Lopes, who knotted a goal and an assist on three shots on goal.

Lindenwood qualified for the tournament with three consecutive wins in Heart of America Conference (HAAC) playoffs, defeating Missouri Valley College 2-2 on penalty kicks (4-3).

The Lions finished the season with a 9-10-3 overall record.



Courtesy photo Don Adams

Mid fielder Lindsay Shea attempts to beat Trinity Christian College’s goalie for a score. The Lady Lions ended up winning quickly in overtime by the score of 2-1.

Lady Lions up and down season comes to an end

By Aisha Foster
Staff Reporter

The Lindenwood women’s soccer team had quite a roller coaster season, ending the year with an overall record of 9-9-1. Their play culminated at the HAAC postseason tournament with an upset win over Benedictine College in the first round followed by a fighting defeat at the hands of the top seeded Graceland University.

The Lady Lions put up a strong fight but fell to Graceland, 2-0. Head coach Laurie Kaminski acknowledged that the team had an up and down year.

“They are a very talented

bunch, but lacked some consistency,” Kaminski said.

Kaminski’s goals for the team were to be competitive in every single game and compete for the conference title and national title. Although they didn’t quite make it to the end, she said that they had a very positive approach toward their games.

Highlighting the high points of the season, Kaminski said they had several, specifically beating many national top 25 teams including; Savannah College of Art and Design, Trinity Christian, Baker College and Benedictine twice. However, she said some of the low points were not

beating a few teams they theoretically should have.

Kaminski said the team is going to use this season as a learning experience.

“We had quite a few young players get lots of experience this season, plus we will have several players returning so the hope is they take everything in stride and build off of those

high points and learn from the low points. You can’t take any team or moment in a game for granted,” she said.

There were several key players this season including Lindsay Shea and Bridget Moriarty in the mid field, and Brigitte Bollwerk in the backfield. Forwards Ashley Tankersley and Kendall

Kravec also had big contributions in conference wins. Kaminski said that team chemistry is something that is constantly worked on and evolving. She said there were several new players to the team this season, so it took some time to develop, but by season’s end they came together pretty well. The team plans to build on their strengths for the next season and beyond.

“We will have a good core of players returning that have been big contributors this season and the season prior. They played a very tough schedule this past season so they know what to expect in terms of competition,” Kaminski said.

“We have a good core of players returning that have been big contributors this season and the season prior.”

—Coach Kaminski

Wrestlers open up season

Shelby Hernandez
Staff Reporter

For only being a team for two years, the women’s wrestling team placed four out of eleven members in their first tournament at the McMaster Invitational tournament.

“Last year was the first year for women’s wrestling at Lindenwood and we went through a lot of growing pains but improved with each tournament and each match. Our goal is to become the premier school for women’s wrestling and develop world and national team members,” Jake Dieffenbach, women’s wrestling coach said.

Just like every new team, the Lions go through many obstacles to become a better team. Wrestling is also a

year-round sport, so it is very demanding and consists of good time management.

“The toughest obstacle that we have to overcome is to maintain our intensity and focus in such a long and grueling season. We start at the beginning of school and finish when the school year ends. It is easy to lose focus in such a long season, but I try to remind the team of our goals as much as possible to help maintain our focus,” Dieffenbach said.

The team works hard all year for a big tournament at the end of the season. They work out, prepare and hope to improve themselves for the tournament.

“Our team is working hard for the Harry Geris Invita-

tional Tournament in Kentucky. We have been doing a lot of technique work and conditioning work every day. We want to be the most in shape team in the country,” Dieffenbach said.

As the coach and team set goals, they must also remember to keep their grades up so they are eligible to compete in tournaments.

“Our goal for this year is to place in the top 3 at the WCWA nationals this year and to have a team cumulative GPA above 2.5,” Dieffenbach said.

The Lion’s had their first match at home on November 13, when they lost to Missouri Valley and Oklahoma City. Their next home match is January 15.

Great Clips®
Relax. You're at Great Clips.®

Haircut
\$9.99 Valid until 12/31/2009

* Please present coupon and student ID to receive discount

1357 Bass Pro Drive (636) 916-4419

Lady Lions continue on championship path

By **Todd Schloessman**
Staff Reporter

The Lady Lions ice hockey team is in winning form this season with the current record of 14-1-1. During conference play, the Lady Lions have outscored opponents 53-5.

“Having won three national championships and back-to-back titles the last two years is a great accomplishment for our girls,” Head Coach Vince O’Mara said. “With that comes the fact that in each and every game you play you are going to get that team’s ‘A’ game.”

The team won the first 10 games of the season rather easily, although Robert Morris College in Chicago gave the Lions a challenge in its

first two games. The Lions won both by a 2-1 score.

Following the series in Chicago, the team had eight straight CCWHA games, winning all against the talented programs of Michigan State University, Western Michigan University, the University of Michigan and Grand Valley State University, sweeping the 2 game series between all 4 teams.

On Nov. 13 they traveled to St. Paul, Minnesota for a weekend series but were upset by Bethel University 5-3 and skated to a tie with the College of St. Catherine 4-4. Although the results weren’t what the team wanted, they still are keeping poised.

“Each game, home and away, are very important, and so far the way the team

has performed we have gotten better and better each game,” O’Mara said. “If we continue to do this during this home stand, it will most definitely get us ready for a tough run through the second semester.”

The challenging home stretch will prepare the team for the postseason, in which the Lions will look to defend their national championship title.

“Everyone in the country has the games against us marked and highlighted on their schedule, and they would all like nothing better than to take down the Lady Lions,” O’Mara said. “So as a team, we have to know this and prepare mentally and physically for each game.”



Legacy photo by Doug Kamm

Freshman defensive player Christy Mason sets up to receive a pass in a 5-3 victory over Michigan State on Oct. 17. The Lady Lions have posted a record of 14-1-1, and their next game is on Dec. 5 against Robert Morris.

SCOREBOARD

Men’s Football

9/5- Evangel University (Mo.) W 63-6
9/12- Central Methodist University (Mo.) W 66-23
 9/19- Missouri Valley College W 45-37
9/26- MidAmerica Nazarene University (Kan.) W 55-14
 10/3- Avila University (Mo.) W 59-7
10/10- Baker University (Kan.) W 52-30
 10/17- Culver-Stockton College (Mo.) W 67-10
10/31- Benedictine College (Kan.) W 41-31
 11/7- Graceland University (Iowa) W 53-21
11/14- William Jewell College (Mo.) W 73-6
11/21- Langston University W 42-14

HAAC Standings School, Overall

Lindenwood	12-0
MidAmerica Nazarene	10-2
Missouri Valley	8-3
Baker	7-3
Central Methodist	6-5
Benedictine	6-5
Avila	4-7
Graceland	3-7
Evangel	3-7
William Jewell	1-9
Culver-Stockton	0-10

Team Leaders

Passing
 Philip Staback
 195/289, 2855 yds, 31 TD/6 Int
 David Ortega
 38/65, 482 yds, 1 TD/2 Int
 Brett Ballmann
 6/12, 167 yds, 2 TD/1Int

Rushing

Denodus O’ Bryant
 76 attempts, 783 yds, 12 TDs
 Richard Murrell
 66 attempts, 421 yds, 9 TDs
 Roren Thomas
 23 attempts, 236 yds, 3 TD

Receiving

Rudy Fleming
 48 receptions, 879 yds, 8 TDs
 Marcel Thompson
 45 receptions, 711 yds, 7 TDs
 Matt Bramow
 38 receptions, 498 yds, 8 TDs

Men’s Basketball

11/4- McKendree University L 73-62
 11/6- Robert Morris College (Lindenwood Classic) W 68-66

11/7- Life University (Lindenwood Classic) W 95-79
 11/13- William Penn University (Huntington Classic) W 90-85
 11/14- Huntington University (Huntington Classic) L 84-67
11/17- Missouri Baptist University W 74-65
 11/27- William Woods University (Columbia Classic)
 11/28- Columbia College (Columbia Classic)
 12/3- Culver-Stockton College (Mo.) 7:30 p.m.
 12/5- Baker University (Kan.) 7:30 p.m.
12/10- Evangel University (Mo.) 7:30 p.m.
 1/1- Sterling College (Tabor Classic)
 1/2- Tabor College (Tabor Classic)
 1/7- Missouri Valley College 7:30 p.m.
1/9- Graceland University (Iowa) 4 p.m.
1/11- Avila University (Mo.) 7:30 p.m.
 1/14- Central Methodist University (Mo.) 7:30 p.m.
 1/16- MidAmerica Nazarene University (Kan.) 4 p.m.
 1/18- Benedictine College 7:30 p.m.
1/23- William Jewell College (Mo.) 4 p.m.
1/28- Culver-Stockton College (Mo.) 7:30 p.m.
1/30- Baker University 8:30 p.m.
 2/4- Evangel University (Mo.) 7:30 p.m.
2/6- Benedictine College (Kan.) 4 p.m.
2/11- Missouri Valley College 7:30 p.m.
 2/13- Graceland University (Iowa) 4 p.m.
 2/15- Avila University (Mo.) 7:30 p.m.
2/18- Central Methodist University (Mo.) 7:30 p.m.
2/20- MidAmerica Nazarene University (Kan.) 4 p.m.
 2/27- William Jewell College (Mo.) 4 p.m.

HAAC Standings School, Record

Missouri Valley	7-1
Benedictine	5-1
Baker	6-2
Central Methodist	6-1
Avila	4-2
Lindenwood	4-2
MidAmerica Nazarene	4-3
Graceland	4-4
William Jewell	3-3
Evangel	3-4
Culver-Stockton	1-4

Women’s Basketball

10/24- Maryville University L 112-94
11/2- Olivet Nazarene University (Ill.) L 69-49
 11/7- Hannibal-LaGrange College (Mo.) L 99-52

11/13- Columbia College (Mo.) L 99-52
 11/16- University of Missouri - St. Louis L 62-60
11/18- Missouri Baptist University L 107-97
11/21- Hannibal-LaGrange College (Mo.) W 69-63
 12/3- Conference Game
 Culver-Stockton College (Mo.) 5:30 p.m.
 12/5- Conference Game
 Baker University 5:30 p.m.
 12/10- Conference Game
Evangel University (Mo.) 5:30 p.m.
 1/7/2010 Missouri Valley College 5:30 p.m.
 1/9/2010 Graceland University (Iowa) 2 p.m.
 1/11/2010 Avila University (Mo.) 5:30 p.m.
 1/14/2010 Central Methodist University (Mo.) 5:30 p.m.
 1/16/2010 MidAmerica Nazarene University (Kan.) 2:00 p.m.
 1/18/2010 Benedictine College (Kan.) 5:30 p.m.
 1/23/2010 William Jewell College (Mo.) 2 p.m.
 1/28/2010 Culver-Stockton College (Mo.) 5:30 p.m.
 1/30/2010 Baker University (Kan.) 6:30 p.m.
 2/4/2010 Evangel University (Mo.) 5:30 p.m.
 2/6/2010 Benedictine College (Kan.) 2 p.m.
 2/8/2010 University of Illinois at Springfield 5:30 p.m.
 2/11/2010 Missouri Valley College 5:30 p.m.
 2/13/2010 Graceland University (Iowa) 2 p.m.
 2/15/2010 Avila University (Mo.) 5:30 p.m.
 2/18/2010 Central Methodist University (Mo.) 5:30 p.m.
 2/20/2010 MidAmerica Nazarene University (Kan.) 2 p.m.

HAAC Standings School, Record

Graceland	5-0
Central Methodist	4-2
Evangel	4-2
Avila	5-3
William Jewell	5-3
Benedictine	3-3
Baker	3-4
MidAmerica Nazarene	3-4
Missouri Valley	3-5
Culver-Stockton	1-4
Lindenwood	0-5

Men’s/Women’s Bowling

10/3- 38th Hammer Midwest Collegiate
 10/17- Orange & Black Classic
 10/31- Brunswick Southern Classic
 10/31- Boilermaker Classic
 11/7- SI Elite Invitational

11/21- Knights Classic
 11/27- National Team Match Games
 12/6- Leatherneck Classic
 1/16- Hoinke Bearcat Open
 1/16- Eagles NAIA Baker Challenge
 1/23- Blue & Gold Classic South
1/30- Lions Classic
 2/6- McKendree Challenge
 2/20- Hoosier Classic
3/12- ITC Singles Sectional Qualifier
 3/13- ITC Team Sectional Qualifier
 4/14- ITC Team Championship

Men’s/Women’s Cross Country

9/19 Southern Stampede Missouri Southern State University 11th/20th
 10/3 Greater Louisville Classic University of Louisville
 10/24 NAIA Mid-States Classic Southwestern College (Kan.)
 11/7 HAAC Championship Missouri Valley College
 11/21 NAIA National Championship Concordia University

Men’s/Women’s Cycling

8/27- MWCCC MTB Race (Aug. 27-30)
 8/28- Road Bike Gateway Cup
 9/4- MWCCC MTB Race (Sept. 4-6)
 9/11- MWCCC MTB Regional (Sept. 11-13)
 9/13- MWCCC Cyclo Cross Race
 9/18- MWCCC MTB Regional
 9/19- MWCCC Cyclo Cross Race
 9/24- USA Cycling Track Bike Collegiate Nationals (Sept. 24-24)
 9/28- MWCCC Cyclo Cross Race
 10/3- Mountain Bike Mizou Regional (Oct. 3-4)
 10/11- MWCCC Cyclo Cross Race
 10/15- USA Cycling Mountain Bike Collegiate Nationals (Oct. 15-18)
 10/18- MWCCC Cyclo Cross Race
 11/2- MWCCC Cyclo Cross Race
 11/8- MWCCC Cyclo Cross Race
 11/15- MWCCC Cyclo Cross Race
 11/22- MWCCC Cyclo Cross Race
 11/29- MWCCC Cyclo Cross Race
 12/6- MWCCC Cyclo Cross Race MO Stat Championship
 12/10- USA Cycling Cyclo Cross Collegiate Nationals (Dec. 10-13)

Men’s Hockey

9/18- University of Central Oklahoma W 7-1
 9/19- University of Central Oklahoma W 8-0
 9/25- Oklahoma University W 7-1
 9/26- Oklahoma University W 5-2
9/30- Saint Louis University W 9-1
 10/2- University of Illinois W 6-2
 10/3- University of Illinois W 3-2
10/9- Iowa State University W 5-2.

10/10- Iowa State University W 4-2
 10/16- Robert Morris College (Ill.) W 6-2
 10/17- Robert Morris College (Ill.) W 7-2
 10/22- Adrian College W 4-1
 10/23- University of Michigan-Dearborn (Mich.) W 5-3
 10/24- University of Michigan-Dearborn (Mich.) W 9-3
10/30- University of Central Oklahoma W 7-3
10/31- University of Central Oklahoma W 7-2
 11/6- Eastern Michigan University W 8-2
 11/7- Eastern Michigan University W 13-3
11/13- Indiana University W 12-0
11/14- Indiana University W 9-0
 11/20- Western Michigan University
 11/21- Western Michigan University
11/28- Adrian College 7:30 p.m.
11/29- Adrian College 4 p.m.
12/4- Ohio University 7:30 p.m.
12/5- Ohio University 4 p.m.
12/11- Oklahoma University 7:30 p.m.
12/12- Oklahoma University 4 p.m.
 1/15- University of Arizona
 1/16- University of Arizona
 1/19- Davenport University
 1/20- Davenport University (Mich.)
 1/22- Arizona State University
 1/23- Arizona State University
1/29- Kent State University 7:30 p.m.
1/30- Kent State University 4 p.m.
2/5- University of Illinois 7:30 p.m.
2/6- University of Illinois 4 p.m.
2/12- Robert Morris College (Ill.) 7:30 p.m.
2/13- Robert Morris College (Ill.) 9 p.m.

Goals
 Kyle Gouge- 16
 Michael Inouye - 13
 Travis Bokina- 13

Assist
 Michael Inouye- 17
 James Schenewerk- 6
 Travis Bokina- 5

Points
 Michael Inouye - 30
 Kyle Gouge- 21
 Travis Bokina- 18

GAA
 Joe Colmo- 1.33
 Dave Thomas- 3.25
 Brett Humes- 4.00

Team Leaders

Goals
 Cory Spradling- 18
 Jake Ebner- 14
 Adam Krefski- 13

Assist
 Colin Long- 20
 Steve Balint- 18
 Cory Spradling- 5

Points
 Cory Spradling - 32
 Steve Balint- 27
 Adam Krefski- 26

GAA
 Devin Raney- 1.30
 Robi Cavallari- 1.67
 Chris Abbott- 2.19

Roller Hockey

10/24 11 a.m. University of Missouri W 10-0
 10/24 2 p.m. St. Louis Community College-Meramec W 7-1
 10/25 5 p.m. University of Missouri - St. Louis W 6-4
 11/7 12 p.m. University of Missouri - St. Louis W 8-4
 11/7 5 p.m. St. Charles Community College W 10-3
 11/8 2 p.m. Truman State University W 10-0
 11/13 8:30 p.m. University of Missouri W 12-4
 11/14 2 p.m. Saint Louis University W 11-2
 11/14 7 p.m. University of Missouri - St. Louis W 9-1
 11/15 10 a.m. Southern Illinois University Edwardsville W 11-5

Team Leaders

Goals
 Kyle Gouge- 16
 Michael Inouye - 13
 Travis Bokina- 13

Assist
 Michael Inouye- 17
 James Schenewerk- 6
 Travis Bokina- 5

Points
 Michael Inouye - 30
 Kyle Gouge- 21
 Travis Bokina- 18

GAA
 Joe Colmo- 1.33
 Dave Thomas- 3.25
 Brett Humes- 4.00

Men’s Swim/Dive

10/10 Show-Me Invitational Columbia, MO 6th (7)
 10/24 Rose Hulman Relays Terre Haute, IN 1st (5)
 10/31 Saint Louis St. Peters, MO 1st(2)
 11/6 Missouri State University Springfield, MO 2nd(2)
 11/14 Illinois IT/Robert Morris Chicago, IL 1st(2)
 11/21 Washington Invitational 11 a.m.
 12/4 Saint Louis University 6 p.m.
 1/8 Washington University in St. Louis
 1/15 Washington Invitational TBA
 1/23 Saint Louis/Illinois IT/Missouri State 1 p.m.
 1/30 Monmouth Invitational
 2/17 Liberal Arts Invitational
 3/3 NAIA National Championship

Lindenwood Night Every Wednesday!
 after 10 p.m.
1/2 price Bowling Anytime



O.T. HILL'S ST. CHARLES LANES
 2187 First Capitol Drive
 (636) 949-0311

ALLIN'S DINER

636-946-5556

130 N. Kingshighway

New Hours:

Mon	6 am - 4 pm
Tues-Sat	6 am - 8 pm
Sunday	6 am - 2 pm

10% Discount for LU Students

Playoffs



Legacy photo by Matt Korn
Freshman defensive back Cody Fogle knocks the ball loose in the NAIA quarterfinal game on Nov. 28 in a 64-26 victory over Ottawa University.

Continued from Page 1

The road to the semifinals proved to be little of a challenge for the Lions, as they walked through both of their opponents. In the first round of the playoffs, the Lions played Langston University on Nov. 21. The defense really stepped up after having an up and down year. They caused two turnovers, including an interception return for a touchdown by Logan Wright. The final score was 42-14, with the Lions coming out on top.

With that win they moved on to the next round where they played Ottawa University at home. On their second drive Denodus O'Bryant ran for a 30 yard touchdown. It only took one defensive play for the Lions to get the ball back, thanks to an interception by Brandon Gould. With less than a minute left in the

first quarter O'Bryant ran 38 yards for his second touchdown of the game.

After a mediocre first half the Lions wanted to make a statement, and they did just that.

On the kickoff to open the second half they forced a fumble on the return and recovered the ball on Ottawa's 5 yard line. They gave the ball to LeMarion Parson, who ran it for the touchdown only 17 seconds into the third quarter. The rest of the quarter was much of the same including another score by Matt Angell which was his

third of the post-season. The Lion's had the best single quarter in school history, outscoring Ottawa 37-0.

"That whole third quarter is how we expect to play all the time. It was nice to see

our defense really playing to their potential. They are one of the best defenses around," Staback said.

By the final quarter the Lion's brought in many of the backups to prevent injuries to the starters. Still O'Bryant found away to score, on a kickoff return in which Rudy Fleming handed him the ball

on a reverse. He ran the ball 94 yards for his third touchdown. This marked his 20th score for him on the season, a new school record.

This weekend's game will be the biggest test this season. Carroll College is also undefeated this season with the record of 13-0. They have outscored their opponents 464-184 this season.

The Lion's will have to play in the cold weather of Montana.

"I have never had to play in the cold. This is something I need to prove to myself I can do. Athletically we are a better team. We just have to adjust to playing a team like Carroll," said Staback. "We need to be mentally focused, and we can't make easy mistakes."

The game will take place this Saturday in Helen, Montana, at 1:07 p.m. local time.

SCOREBOARD

Women's Ice Hockey

10/9- Robert Morris College (Ill.) W 2-1
10/10- Robert Morris College (Ill.) W 2-1
10/17- Michigan State University W 5-3
10/18- Michigan State University W 3-0
10/24- Western Michigan University W 13-0
10/25- Western Michigan University W 12-0
10/31- University of Michigan W 3-1
11/1- University of Michigan W 6-0
11/7- Grand Valley State University W 6-0
11/8- Grand Valley State University W 5-1
11/13- Bethel University L 5-3
11/14- College of St. Catherine T 4-4
11/19- Liberty University W 8-2
11/20- Liberty University W 5-3
11/21- University of Colorado W 11-1
11/22- University of Colorado W 4-2
12/5- Robert Morris College (Ill.) 7 p.m.
12/6- Robert Morris College (Ill.) 12 p.m.
1/6- University of Alaska Fairbanks 9:20 p.m.
1/7- University of Alaska Fairbanks 9:20 p.m.
1/12- University of Massachusetts 9 p.m.
1/13- University of Massachusetts 12 p.m.
1/15- University of Rhode Island 7 p.m.
1/16- University of Rhode Island 7 p.m.
1/17- University of Rhode Island 12 p.m.
1/22- Penn State University 7 p.m.
1/23- Penn State University 3:15 p.m.

CCWHA Standings

W-L-T-OL-Points	
Grand Valley	0-0-0-0-0
Lindenwood	0-0-0-0-0
Michigan State	0-0-0-0-0
Michigan	0-0-0-0-0
Northern Michigan	0-0-0-0-0
Ohio State	0-0-0-0-0
Western Michigan	0-0-0-0-0

Team Leaders

Goals
Kyle Gouge- 16
Michael Inouye - 13
Travis Bokina- 13

Assists

Michael Inouye- 17
James Schenewerk- 6
Philip Staback- 5

Points

Michael Inouye - 30
Kyle Gouge- 21
Travis Bokina- 18

GAA

Joe Colmo- 1.33
Dave Thomas- 3.25

Brett Humes- 4.00

Men's Soccer

8/28- Lindsey Wilson College (Ky.) L 5-0
8/29- Lee University (Tenn.) L 1-0
9/2- Columbia College (Mo.) L 2-1
9/5- Quincy University L 2-0
9/6- Christian Brothers University W 2-0
9/11- Oklahoma Christian University T 1-1
9/12- Northeastern State University L 1-0
9/18- Harris-Stowe State University (Mo.) W 3-2
9/26- MidAmerica Nazarene University (Kan.) W 2-1
10/3- Avila University (Mo.) W 2-0
10/6- Culver-Stockton College (Mo.) W 3-0
10/10- William Jewell College (Mo.) L 2-1
10/12- Missouri Baptist University L 1-0
10/17- Benedictine College (Kan.) T 0-0
10/24- Baker University (Kan.) W 3-2
10/27- Central Methodist University (Mo.) W 2-0
10/31- Graceland University (Iowa) W 2-0
11/3- Missouri Valley College L 2-1

HAAC Standings

School, Overall W-L-T	
Benedictine	16-2-1
Missouri Valley	10-4-5
William Jewell	12-6-0
Lindenwood	9-10-3
Graceland	10-6-2
Baker	11-3-5
MidAmerica Nazarene	7-11-0
Central Methodist	7-9-2
Avila	4-13-1
Culver-Stockton	1-15-0

Team Leaders

Goals
Hannes Backstrom-4
Dule Djurasevic- 3
Robin Rundstorm- 3

Assists

John Murphy- 3
Alexander Rivera- 2
Victor Alvarado- 2

Points

Hannes Backstrom- 8
Alexander Rivera- 6
Dule Djurasevic- 6

Women's Soccer

8/31- Maryville University W 4-1
9/5- Savannah College of Art and Design (Ga.) W 1-0
9/7- Brenau University (Ga.) L 2-0
9/12- Trinity Christian College (Ill.) W 2-1
9/17- McKendree University L 3-0
9/26- MidAmerica Nazarene University (Kan.) L 1-0
9/30- Missouri Baptist University L 3-2
10/3- Avila University (Mo.) T 1-1
10/6- Culver-Stockton College (Mo.) W 7-0
10/10- William Jewell College (Mo.) L 2-0
10/17- Benedictine College (Kan.) W 2-1
10/21- Lyon College (Ark.) L 3-2
10/24- Baker University (Kan.) W 3-1
10/27- Central Methodist University (Mo.) L 2-0
10/31- Graceland University (Iowa) L 5-1
11/3- Missouri Valley College W 1-0
11/5- Bethel College (Tenn.) W 2-0

HAAC Standings

School, Overall W-L-T	
Graceland	17-1-2
Baker	13-7-0
Benedictine	13-4-2
William Jewell	12-6-1
Lindenwood	9-9-1
Avila	9-9-1
MidAmerica Nazarene	8-9-1
Central Methodist	10-7-1
Missouri Valley	5-11-0
Culver-Stockton	3-15-0

Team Leaders

Goals
Lindsay Shea- 12
Kendall Kravec-6
Paige Hickey- 3

Assists

Kendall Kravec- 5
Lindsay Shea- 4
Kelsey Anselmo- 4

Points

Lindsay Shea- 28

Kendall Kravec- 17
Ashley Tankersley- 11

Women's Field Hockey

9/1 DePauw University L 4-0
9/5 Centre College L 5-4
9/12 Ohio Wesleyan University L 1-0
9/13 Wittenberg University L 7-4
9/18 Hendrix College W 2-0
9/19 Sewanee University W 4-0
9/23 Saint Louis University W 1-0
9/26 Bellarmine University L 4-1
10/4 Bellarmine University 2-1 (OT)
10/11 Hendrix College Conway, AR W 2-0 OT

Women's Swimming and Diving

10/3 Intrasquad Meets
10/10 Show-Me Invitational
10/24 Rose Hulman Relays
10/31 Saint Louis/Hannibal-LaGrange
11/6 Missouri State University
11/14 Illinois IT/Robert Morris
11/21-22 Washington Invitational
12/2 Saint Louis University
1/8 Washington University in St. Louis
1/15-16 Washington Invitational
1/23 Saint Louis/Illinois IT/Missouri State
1/30 Monmouth Invitational
2/17-20 Liberal Arts Invitational
3/3-6 NAIA National Championship

Women's Volleyball

8/28- HAAC Preseason Tournament, W 3-0, W 3-1, W 3-0, W 3-1
9/4- Columbia College Tournament W 3-1, W 3-0, L 3-2, L 3-0
9/8- Culver-Stockton College (Mo.) W 3-0
9/11- Graceland Tournament W 3-1, W 3-0, W 3-1, L 3-0
9/15- William Woods University (Mo.) L 3-1
9/18- Olivet Nazarene Tournament W 3-0, W 3-1, L 3-1, L 3-0
9/22- Central Methodist University (Mo.) W 3-0
9/26- Graceland University (Iowa) W 3-2
9/29- Missouri Valley College W 3-1
10/2- Lindenwood Tournament W 3-1, W 3-0, W 3-0, W 3-0
10/6- Baker University (Kan.) W 3-1
10/10- Benedictine College (Kan.) W 3-0
10/16- Lindenwood Classic W 3-1, L 3-1, L 3-0, W 3-0
10/20- Avila University (Mo.) W

3-1
10/22- Maryville University W 3-0
10/27- MidAmerica Nazarene University (Kan.) W 3-0
10/30- Boneyard Brawl L 3-2, L 3-0, W 3-0, L 3-1
11/3- Evangel University (Mo.) W 3-0

HAAC Standings

School, HAAC, Overall	
Lindenwood	10-0, 29-12
Baker	9-1, 32-4
Evange	7-3, 26-7
Benedictine	7-3, 28-8
Graceland	5-5, 17-14
MidAmerica Nazarene	5-5, 19-18
William Jewell	4-6, 14-20
Missouri Valley	3-7, 12-19
Culver-Stockton	3-7, 14-25
Central Methodist	2-8, 10-21
Avila	0-10, 5-22

Men's/Women's Table Tennis

9/12- Gateway Open 8 a.m.
9/19- Badger Open 8 a.m.
10/10- Bernard Hock Open 8 a.m.
10/24- Lindenwood Invitational 8 a.m.
11/8- NCTTA Regional Championship 12 p.m.
11/14- Highland Open 8 a.m.
11/27- North America Team Championship 8 a.m.
2/14- NCTTA Regional Championship 12 p.m.
2/21- ACUI Singles Championship 12 p.m.
2/27- Missouri Winter Games 8 a.m.
3/6- Killerspin Arnold 8 a.m.
3/20- Lindenwood Open 8 a.m.
4/9- NCTTA National Championship 8 a.m.
4/24- St. Peters Open 8 a.m.
5/1- St. Joseph Valley Open 8 a.m.

Men's Tennis

9/11- HAAC Fall Tournament
9/17- Southern Illinois University Edwardsville 3:30 p.m.
9/18- Bethany College Tournament
9/24- Missouri Baptist University W 9-0
9/29- McKendree University W 8-1
10/2- ITA Regional Tournament
10/15- ITA National Small College Championships

Women's Tennis

9/10- Southern Illinois University Edwardsville L 7-2
9/11- HAAC Fall Tournament
9/15- Maryville University W 9-0
9/18- Bethany College Tournam-

ment
9/24- Missouri Baptist University L 6-3
9/29- McKendree University 4:00 p.m.
10/2- ITA Regional Tournament
10/15- ITA National Small College Championships

Men's Wrestling

10/30 Lindenwood Open St. 9 a.m.
11/7 Eastern Michigan Open 10 a.m.
11/14 Iowa State Open 10 a.m.
11/22 Missouri Open 10 a.m.
12/5 Wisconsin-Parkside Open 10 a.m.
1/8 NWCA/NAIA National Duals
1/15 Nebraska-Omaha 7 p.m.
1/16 UNO Glen Brand Open 10 a.m.
2/6 Missouri Valley Open 9 a.m.
2/10 Truman State University 7 p.m.
2/20 NAIA East Regional 9 a.m.
3/4 NAIA National Championship

Women's Wrestling

10/31-McMaster Open 9 a.m.
11/13- Oklahoma City University 5 p.m.
11/20- Canada-America Tournament 9 a.m.
12/4- Harry Gerris Tournament 6p.m.
1/8- National Duals Championship 9 a.m.
1/15- Missouri Baptist University 7 p.m.
1/22- Oklahoma City University 5 p.m.

Women's Golf

9/3- Maryville Fall Warm-Up Aberdeen Golf Club 2nd (9)
9/20- Screaming Eagles Classic Cambridge Golf Course 5th (11)
9/26- Millikin Fall Classic Red Tail Run 4th (19)
10/5- Missouri-St. Louis Triton Invitational Gateway Golf Links 5th (20)
10/12- Trevecca Fall Challenge Old Hickory Country Club 2nd (6)
11/2- Mobile Fall Classic Azalea City Golf Club 3rd (7)

Men's Golf

9/8- Missouri Intercollegiate The Club at Porto Cima 3rd (16)
9/12- Mount Mercy College Classic Hunters Ridge Golf Club 4th (24)
9/28- Lindenwood Fall Invitational Crescent Farms Golf Club 7th (20)
10/2- Derrall Foreman Invitational Cleveland Golf Club 4th (13)
10/15- NAIA Preview Invitational TPC at Deere Run 6th (17)
11/2- Mobile Fall Classic Heron Lakes Country Club 1st (7)

The Clubhouse Café & Catering

2436 West Clay



NOW OPEN!!

Located next to Goodwill on West Clay (the former O'bees location)
Hours: M-Sat 8-8 and Sun 9-5.
Tele # 636-724-0294
www.theclubhousecafe.net

DINE IN - CARRY OUT - DELIVERY
Breakfast: Coffee, Juice, and Pastries

Lunch and Dinner: Sandwiches, Pastas, Soups, Potatoes, and Desserts

Lindenwood Students! Show your ID and get 10% discount

A.T.D. GUITAR REPAIR

ST. CHARLES ONLY FULL SERVICE

GUITAR REPAIR SHOP

ELECTRIC, ACOUSTIC, or BASS

NEW AND USED PARTS

AND EQUIPMENT AVAILABLE

STUDENT DISCOUNT AVAILABLE WITH AD

636-724-1117

206 S. KINGSHIGHWAY

ST. CHARLES, MO.

63301

Health

Continued from Page 1

In November, The Philadelphia Inquirer reported that last spring about 15 percent of college students nationwide said “they had been diagnosed with depression, up from 10 percent in 2000.” More than 2 million people attend colleges and universities.

Because the counseling center has been open only two years, Andreoff said, officials haven’t been able to measure whether Lindenwood students have shown an increased need for the services.

Today’s college students likely aren’t more psychologically distressed than their counterparts of past generations, experts say. But according to the National Academic Advising Association, today’s students deal with a variety of problems, including more cross-cultural issues, family dysfunction, an increase in frustration levels, experimentation with drugs/alcohol and weak interpersonal attachments.

Though Mueller believes this generation has more pressure to succeed, combined with fear over the weak economy, she’s not sure mental health problems are on the rise so much as awareness and identification.

“People are a lot more willing to talk than in the past,” Mueller said.

Andreoff believes it’s a little of both. Stu-

dents who are on medication can function well and have a normal life, and so they can more easily attend college now.

Problems occur when students stop taking prescriptions because of the stigma of having a mental illness or because they simply forget to take them. Andreoff also points out that she believes today’s younger generation has more responsibilities and is bombarded with information.

“In the past there weren’t as many divorces, input from all over the world via the Internet, we didn’t have MySpace or other social networking sites where there is stalking or cyber-bullying, cultures weren’t as integrated, and it was rare for students to work and attend college,” Andreoff said.

Lindenwood provides the kind of family support some students need, Mueller said.

“Lindenwood has gotten very good at recognizing and responding immediately with things like that,” Mueller said, referring to student needs.

“The best way to help a student in need is to say, ‘I care for you,’ and ask what’s going on, if they’re okay,” Andreoff said.

“Offer to bring them over to the counseling center and get them support. It makes a difference.”

Twins

Continued from Page 1

The sisters later moved back home. Their mom heard about a program in San Jose, the “Junior Sharks,” which started a girls’ team.

After graduating from high school, the girls had one more year of eligibility with the team, so they rented an apartment together in San Jose. Taking a break from school, they landed jobs at the “Shark Tank,” the arena for the San Jose Sharks, and “we just worked and played hockey,” Marie said.

The next year, Marie, a right winger, was mentioned by a friend to LU coach Vince O’Mara, and he contacted her. “I wanted to go back to school, and it was an easy choice if I could play hockey,” she said. So Marie moved to Missouri, while Amanda stayed in San Jose for another year.

“Since I was a little kid, I wanted to play Division I hockey. It was a goal of mine, but I wasn’t sure if I was good enough,” Amanda

said. So she waited, hoping for an opportunity to play D-1. After contacting coaches about a showcase she would skate, Amanda got her offer from Wayne State University in Detroit. “I didn’t play as much as I would’ve liked, but I learned so much,” Amanda said.

Meanwhile, Marie and the Lady Lions had already claimed one of three championships she would see. “Freshman year was probably my favorite because my line scored the winning goal in overtime,” she said.

Craving more game time, Amanda researched other potential schools. She decided to take O’Mara up on his offer, and joined the LU defense last season.

Marie graduated last year with a degree in multimedia communications (also Amanda’s major.) Now, she proudly lives in San Jose, doing freelance graphic design and Web site work, plus her most thrilling job: graphics for the Jumbotron at Sharks’ home games.



Legacy photo by Ryan Kasper

David Rothenberg, a beat poet, orates a poem. Rothenberg presented his work at the LU Speaker Series.

Poets a part of literary journal

By **Kenny Gerling**
Staff Reporter

To celebrate the release of the second installment of Lindenwood’s literary journal “Untamed Ink”, renowned beat poets David Meltzer, Michael Rothenberg and Terri Carrion came to the Lindenwood University Cultural Center. The poets spoke briefly and read a select number of their works.

Meltzer, Rothenberg and Carrion have poems printed in the newest edition of “Untamed Ink.” The event doubled as another installment of Lindenwood’s ongoing Speaker Series.

In addition to the three main speakers, eight other poets read a selection of their original work. Most of the poems read are featured in “Untamed Ink.” The presenting poets were from all around the St. Louis area, including Lindenwood professors Michael Castro, Spencer Hurst and Keith Russell.

The poets read pieces on a variety of topics, from Hurst’s poem, which he said “was based on a dream I had” to Terri Carrion, who read several works recounting the awkwardness that comes with blossoming

adolescents. All the poets were met with a warm response from the estimated 100 in attendance.

“Untamed Ink” is a literary journal put out annually by Lindenwood containing poems and short stories from both local and national authors.

The journal gained national attention after a short story titled “Cornflower Blue” by Susan K. Salzer, published in last year’s edition won a Spur Award for distinguished writing about the American West.

“Thank you for having us and for ‘Untamed Ink.’ It’s an honor,” Rothenberg said. Lindenwood is one of the last stops on Rothenberg and Meltzer’s eight week long “Rockpile” tour. The tour has seen the two poets speaking and reading their work all across the United States.

Meltzer is a prominent figure in the San Francisco and national poetry scene and has had over 20 books of poetry published. Rothenberg has written numerous books of poetry, as well as a novel.

He is also editor of Big Bridge, a literary magazine. Carrion has had her work in a number of national publications. She also has been associate editor of Big Bridge.

BOOK-X-CHANGE

BUY • SELL • TRADE

USED TEXTBOOKS

**2138 FIRST CAPITOL DRIVE
ST. CHARLES, MO 63301
(636) 949-2422**

