

The Blis

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Dr. Spencer talks with Parker Dorm students about some of the recent changes on campus. For stories see page 2 and 3.

photo by Nancy Schuster

Dancing As Societal Experience — Ann Halprin Comes To LC

by ANDY HOLLIMON

A new way to relate to oneself and others . . . dancing as a societal art . . . a Trance Dance — these are what the Dancer's Workshop of San Francisco will emphasize in their stay here next week.

The Workshop sees as its goal to create a contemporary environmental dance experience with and for its participants.

"The Workshop specializes in societal art . . . investigating new ways to be an artist and stay alive," says Ann Halprin, founder of the

Workshop. "By emphasizing a collective approach to creativity, the Workshop combines available resources, cross-cultural participation, musical scoring and other sounds in open workshops and public performances."

Ms. Halprin will work with students, both dancers and non-dancers, and Community participants in her March 13-15 residency here.

One art form Halprin will be using is

a Trance Dance. Many ethnic cultures, such as the Balinese, the American Indians, and various African tribes use a form of this dance to serve important and ritual functions in the community.

The Trance Dance is a distinctive two-part technique. Breathing is the core content of the dance, and that through the act of inhaling (receiving) and exhaling (giving), unity between the self-person and the collective person in his environment can be achieved.

The second part is a repetitive step. Through this step the group is able to inter-relate.

Ms. Halprin describes the Trance Dance as creating a communal rhythm in everyone, performers and audience. The "mind" (intellect, attention) is separated from the "body" (feelings, awareness).

"This is done by adopting and repeating a basic step, then following with other movements and merging with other sounds. The audience enters into the feeling and takes the Trance Dance over as its group creation and a moving community," says Ms. Halprin.

The Dancer's Workshop was founded by Ms. Halprin, who is a native of Winnetka, Illinois, 15 years ago. The Workshop evolved as a small band of dancers, architects, musicians, educators, painters, sculptors, writers, and actors who began to meet in workshop fashion at her outdoor dance deck.

Workshops were held on mountain tops, beaches, and in the city — in streets, parks, and bus stops. They went back into theatre setting for a period, they toured Europe and how have evolved to their present phase of "societal art".

Someone Listened . . .

It's been said before that no one ever listens to students.
But for once someone did.

Last week, Dr. Spencer presented to interested students, in a series of meetings, a new proposal concerning the financial aid program here. The proposal basically deals with the idea that students should pay for the unfunded portion of their scholarship through contributions to the community. Spencer foresaw this contribution being in the form of a work program.

As of now, roughly half of the scholarships given out are funded by State and Federal sources. Of the remaining amount, about half is funded by sources outside the college, such as alumni and corporations. It is the remaining amount, that Lindenwood is giving out, that Spencer is dealing with in his proposal.

Last week, students concerned about the effects of the proposal urged Dr. Spencer to reconsider before presenting his plan to the Board. A committee, consisting mostly of students and some administration, was formed to work on improving Dr. Spencer's proposal, or coming up with an alternate plan.

The committee has suggested that more study is necessary before any plan can be brought before the Board, and appointed itself as a vehicle for that study. Dr. Spencer listened — and then approved the committee's ideas.

Open Letter to College Students

Here are a few facts you may or may not be aware of:

- * The U. S. military budget is 60 times greater than the budget for overseas economic aid. During a 14 hour period, the Defense Department spends more than the entire annual budget of the United Nations food program.
- * Only about 40 percent of Americans eligible for food stamps currently receive them, and President Ford has announced his intentions to cut the food stamp program budget by about one billion dollars or 25 percent.
- * The ad budget of General Foods is almost three times bigger than the budget of the Food Bureau of the U. S. Food and Drug Administration.
- * The American meat-based diet deprives the world of 18 million tons of cereal protein, an amount almost equal to the world's protein deficiency.
- * Americans consume, on the average, about one hundred pounds of sugar each year. Some foods—sugar-coated cereals, for instance—contain up to 50 percent sugar.
- * Diet contributes to half of all deaths in the United States.

The food problems which face the nation and the world demand immediate action, and there are dozens of things you can do now. These include:

- * Write to President Ford and urge him to make additional food aid available to needy nations as soon as possible. Urge your university president or student council to do likewise.
- * Find out how much fertilizer your university uses to keep its lawns green, and request that such wasteful use of this critically needed resource be halted.
- * Request that at least half the selections in vending machines on campus contain wholesome snack foods—fruit, fruit juice, yogurt, unsalted nuts and seeds, etc.—instead of junk goods.
- * Contact local consumer, environmental, or Public Interest Research Groups (PIRG) to find out what activities can be undertaken in your community.

FOOD DAY national offices are open at 1785 Massachusetts Ave., NW, Room 206, Washington, D.C. 20036 (202-462-8510). If you are interested in organizing FOOD DAY teach-ins or other activities, contact the office for further information and organizing suggestions.

Town-Hall Meeting — Students Discuss Colleges IV, V . . .

by KAY FERNEDING

A primary interest of students at the February 20th town hall meeting appeared to be the formation of College V, a community college. At the meeting, which drew a large attendance, students asked questions of Dr. William Spencer regarding both some of the positive and negative effects of College V on the present institutions.

On the positive side, Dr. Spencer said that the biggest advantage of College V is that the new students created by the college would "share with you the fixed cost for institutional facilities that are utilized by all students," the president stated. It would also popularise the name of Lindenwood.

"The impact of these students (of the proposed community college) would be minimal" . . . "If we can keep competition in control . . . we'll have a better school rather than a poor one . . ."

A second advantage that Spencer foresaw with the existence of College V, a community college with an emphasis in vocational technical areas, is an "increased opportunity for you as students of Colleges I, II, and III to study different things that you might like to study."

Spencer also feels that this would allow the college to more fully serve the community.

Students then brought up questions of the influence of College V students on their present classes, something which was considered as a possible disadvantage. "The impact of these students would be pretty minimal," Spencer said.

He went on to say that if Lindenwood doesn't offer a vocational-technical program in this community, then the city may choose to form one which would harm the college's present enrollment. "If we can keep competition in control . . . we'll have a better school rather than a poor one," the president said.

He admitted that the formation of College V will be difficult. It will operate under both public and private support, since it is a community college, and if successful, will serve as a model for other institutions across the country.

The president said that unless Lindenwood solves its financial problems it will cease to exist.

On the other hand, though, he said that Lindenwood is growing . . . "growing in the way by which Lindenwood will ultimately be onto a balanced budget." Spencer and his staff have formulated plans in hopes of correcting the financial state of Lindenwood. He pointed out the following strategies to the town hall:

— An information firm (Fleshner and Hellner) will be hired to feature stories about Lindenwood in newspapers and magazines.

— Colleges IV, V and graduate programs will raise new revenue for the institution's net income plus a new nursing program engaged with a neighboring hospital will return money to the school.

— Programs of gifts and grants are in the planning stage, i.e., the president has hopes of constructing a community center at the college with these grants.

— The admissions staff is leading an increased enrollment crusade for Lindenwood throughout the nation.

Eventually these strategies will lead to an increased faculty. "It is my personal belief that a faculty of seventy-five is probably the minimal good size." However, this first depends on the balancing of Lindenwood's \$6000,000 deficit.

Also at the meeting, plans were briefly discussed for College IV, an Extended Education Program, and for the development of back-campus, which Spencer suggested using for a research center.

The conservatory idea was presented too. Right now a com-

(cont. on page 7)

THE IBIS

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Photography Editor	Chris Coleman
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The views and opinions expressed in The Ibis are the responsibility of the Editorial Board and are not necessarily those of the faculty, administration, or the students of The Lindenwood Colleges.

Commentary

by JOYCE MEIER

The two faculty members chosen to serve on the Task Force are John Bartholemew and John Nichols. Anyone interested in this Task Force could contact them for further information.

So . . . a Task Force has been organized to help plan Lindenwood College V, a community college. The Force, consisting of two faculty and four Board members, will determine what are Lindenwood's goals and priorities towards College V, and the impact College V will have on the present state of this community.

Most likely it will be this group that will negotiate with Growth Inc., of St. Charles County, about what shape the new college should take.

President William Spencer has said several times that the success of any program lies in its planning - then let us apply this theorem to College V. As the situation now exists, students, faculty, alumni, and administration all have slightly different views of what this new addition to Lindenwood will be.

Will College V be a community or junior college, and what is meant by these terms? Will the College concentrate primarily in vocational-technical fields, of the applied

arts and sciences, as Dr. Spencer seems to feel, or shall the College also emphasize other areas, as vice-president Richard Berg has suggested?

While the answers seem confused and varied now, perhaps the Task Force can serve to draw these divergent views together into a cohesive pattern. It is a weighty task - and pressing too, considering that estimates for College V's opening circle around the year 1976.

Also, perhaps the Task Force will seek to receive increased input from the present college in making some of their decisions. At the town hall meeting, Dr. Spencer stated that the meetings would be open, and that he felt students would be allowed to attend.

Perhaps the newly-formed Task Force, then, will encourage this kind of communication. And it is not only of students that we are speaking, but alumni and other members of the Board, faculty and administration, too. We are speaking of anyone from the three colleges now in existence, who is concerned about the colleges of the future.

'An Evening of Mime'

by SUE GROOM

A very excited and full house awaited Bert and Sophie Wednesday night in Jelkyl Center for the Performing Arts.

It was billed "An Evening of Mime". Simple enough, but not everyone knew of the art; some pronounced it mimi, mieme, mimo . . . what is it exactly?

The popular concept is that mime is similar to dance, but

neither of the dynamic due had any formal dance training, and both feel that the art is more closely related to sculpture.

The performance ended a five month mid-west tour, and 3 day residency here at Lindenwood. Sponsored by the Missouri State Council for the Arts, and the National Endowment for the Arts, the due introduced this

ancient art form to many audiences for the first time.

Bert Houle, a one time actor from New Hampshire, earned a Fullbright Scholarship to study mime under Etienne Decroux, the man who created the terminology for the art form, and who also taught Marcel Marceau.

With a great deal of charm Mr. Houle gave a lecture demon-

stration on Monday night. To answer various questions he would stop and say "You know, I never thought about that . . . you mind if I try it?", and he did.

Sophie Wilbaux, a Parisian philosophy student, was invited by a friend to a mime rehearsal and just "fell in love with it."

No more than 4 feet, 10 inches tall, she is in top physical condition and handled the master classes with a great deal of professional seriousness.

The husband and wife team are resident artists at the Loretto Hilton, and would love to take part in a theatrical production, but both pointed out that Sophie's heavy French accent handicaps any acting opportunities.

Mime rather than pantomime is enjoyed more by both artists, although they feel that the pantomime is necessary for comic relief. Mime incorporates the control of every muscle in the body to portray deep, sometimes abstract symbolic ideas; while pantomime leans to a light clown-like nature, employing a great deal of facial expression and often basic costuming or props to exemplify the story.

If you missed these two excellent artists, look for them next year and get your tickets early. The two made for some very enjoyable entertainment.



'Pose, ladies, pose', and our Lindenwood derby queens line up. These students are taking a roller skating course this semester.

photo

by

Harold

Russell

LC Horsemanship Program — Growing To Meet Needs

by JUDI MOYER

Jeannie watches as the armless child is lowered onto a quiet horse by a block and tackle. She puts his feet in the stirrups and guides the horse around the ring. Jeannie French, a graduate of Lindenwood, is working at the Scheff Center for the Handicapped in Augusta, Michigan, where children with all types of handicaps — physical and mental — are given the opportunity to learn to ride a horse.

Her knowledge of horses increased and intensified through studies in the Lindenwood horsemanship program. She

There is a growing need to combine the fields of merchandising, journalism, and art with "horsey things" . . .

earned her degree in psychology. She is now combining both interests for a promising career in a growing field — handicapped horsemanship.

There are many other examples of Lindenwood graduates who have combined horsemanship with other interests to carve out worthwhile career prospects. In Lindenwood's second year of granting a B.S. degree in horsemanship, the future looks ever brighter.

Fern Palmer Bittner, director of the horsemanship program, and a faculty member for 20 years, is realistic about students' career possibilities after graduation.

"With an increasing number of schools

offering horsemanship majors, eventually the market for riding instructors and trainers will be flooded," she said. For this reason she is encouraging her students to combine their other interests and talents with horsemanship.

There is a growing need to combine the fields of merchandising, journalism, and art with "horsey things". There is also a need for people interested in chemistry to do research on horses; this type of research is already developed in cattle, sheep and household pets, but not in horses.

Just as the interest in horses has grown and created new career areas because of the advent of more leisure time, Mrs. Bittner has seen the horsemanship program grow during her years at Lindenwood.

When she came here in 1954, she found a bare, 13-stall barn, no equipment, no riding area, very few horses. Through development of the program to meet the needs of a more

. . . this barn has not been able to meet the most pressing need . . . a place to ride horses in bad weather . . ."

interested public, Mrs. Bittner guided the building of a new 40-stall barn in 1968.

Adequate in some respects, this barn has not been able to meet the most pressing need of any horsemanship program — a place to ride horses in bad weather. Regardless of

claims by the St. Charles Chamber of Commerce, there are days, particularly in winter, when it isn't fit to ride a horse outside.

" . . . we are on our way to having one of the best horsemanship programs in the country . . ."

Since enrollment in the program has expanded, Mrs. Bittner said it has doubled in the last year, the building of an indoor riding arena has been proposed. An architect has designed a 16,000 square foot building with a 14-foot ceiling, enabling students to ride and jump, because of the high ceiling, in the worst of weather.

Mrs. Bittner hopes donations from interested persons will make this building a reality. Through fund raising projects and the sale of horses donated to the college (with the permission and knowledge of the previous owners) some of the money is in hand. But, more needs to be raised.

To provide students with the best horsemanship program possible, to accommodate the growing enrollment in the program, to help launch the careers of students in horse-related fields, Mrs. Bittner hopes to have the arena completed this summer. "With the addition of an indoor riding arena we are on our way to having one of the best horsemanship programs in the country."



Whether your bag is with the action or watching it, sometimes snowy days in February can provide plenty of fun for everyone.

photo by Christopher Coleman

For One-Acts Director — Theater is Total Experience

by JUDITH FRIEDMAN

"Until you lose your inhibitions you can't be creative," urged John Heidger. The actors on the Jelkyl stage at Lindenwood listened intently as Heidger calmly paced the aisles of the theatre. "Let's do an improv to get into it. Get involved. Feel the gut emotion."

John Heidger?

Who is he and what is he doing at Lindenwood?

Heidger, who is completing his M.A. in theatre at Southern Illinois University, is the guest of the theatre department. He's been invited here to direct "An Evening of One Act Plays."

The presentation, which will run March 5th through 8th, includes selections by Ionesco, Pirandello and Cocteau.

"I chose the plays," Heidger explained, "because I liked them and always wanted to direct them. They're totally different. There's really no way to connect them except maybe through the reputations of the authors."

It takes a certain talent to direct three unrelated plays for presentation in one evening and Heidger is confident that he can handle it. "I approach each play differently. I don't have a style," he said.

The youthful looking, possibly-too-old-for-his-years Heidger is proud of his versatility and confidently lives his theory of "good theatre". For him, theatre is a total experience. The actors must create a very subjective feeling for the audience.

"I want the audience to experience theatre and the dynamic energy of the actors," he explained. "How's it done? By approaching each play for the 'whole' of it."

"An Evening of One Act Plays" consists of three 'whole' parts. The

first, "The Lesson" by Ionesco, involves a professor (John Roppols), his pupil (Luanne Maywald) and a maid (Joan Van Beceleare) in a situation of "classical absurdity".

The second play is Pirandello's "The Man With the Flower in His Mouth". In it Heidger directs Bob Van Dusen as the man, Don Buck as the commuter and Debbie Spitzmiller as the woman.

The third piece, "The Human Voice" by Cocteau, is a one act, one actor, no set, no props theatre experience. Mary Ellen Fawk, a student at SIU, plays the woman. Her dramatic monologue, using only the telephone, creates an intense theatrical experience.

Heidger has directed each play separately. He hasn't tried to create a connection where one doesn't exist. His approach changes with each play.

To his advantage, his directing experience has encompassed many kinds of plays. These range from variety shows and musicals such as "I Do, I Do" to plays such as "The Empire Builders" and shows for the Alton Illinois Children's Theatre.

One of the things Heidger likes most about his experience at Lindenwood is the freedom that he has been given in the theatre.

"There is no faculty control," he said. "That's unusual in a college theatre. Another thing I like is the way the students take over. They do everything."

Students in the theatre department have developed a strong working relationship with Heidger. This bond, coupled with the freedom he feels as a director and the multitude of other positive experiences he's had while at Lindenwood, Heidger has been able to extend himself totally in the direction

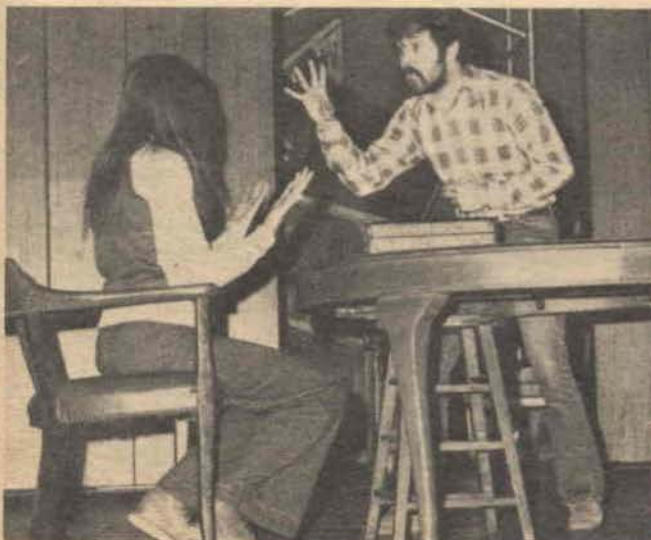


Above, John Heidger seems perplexed as he ponders over one of his actor's movements. Below, students work out a scene. Performances can still be seen tonight and tomorrow night, in Jelkyl Theater on the Lindenwood campus.

of "An Evening of One Act Plays". The result is a production that succeeds. It's entertaining, dynamic and shouldn't be missed.

"An Evening of One Act Plays" runs March 5th through 8th in the Jelkyl Center for the Performing Arts. Reservations are available in the theatre office, Room 8, Roemer Hall, from 9 a.m. to 4:30 p.m. daily, or by calling extension 219.

photos below by Chris Coleman



Baseball Lions Working Toward April 2 Opener

By JOSEPH L. BAIRE

Six conference games will highlight the 1975 Lindenwood Lions baseball schedule. Twenty-five games are on the slate, including two each with conference rivals McKendree, Missouri Baptist, and Washington University.

Actually, the Lions may have eight conference games, depending on whether or not Concordia Seminary fields a varsity baseball team. At present, that is undecided.

The season will get underway

April 2 when the Lions take on Linn Tech in a home double-header. No pre-season games are scheduled, so the '75 Lions will get their baptism of fire in a regular season contest.

Head coach Larry Volo pointed to one drawback in the April 2 opening date. It falls only four days behind the end of spring break, and though he plans to hold practice during the break, many players will be elsewhere (Florida, etc.) during vacation.

"We just get things going

right," Volo explained, "and then there's a week off and we lose it. Then we have to come right in and play our first game."

Pitchers and catchers started workouts Thursday, February 20, with the rest of the squad joining them the following Tuesday. Workouts have been limited to minute drills on the weight machine, a couple of laps around Butler gym, bunting practice, and pepper games. Pitchers have been working to get their deliveries and arms in shape by throwing for a short time each day.

The pitchers will have to be especially diligent during spring practice because they may be called on to pitch two or more games in one week. Volo naturally hopes to avoid this, but he'll have to work with what he's got.

Pitching is not Volo's main concern, however. He's more worried about putting together a strong defensive ball club. "Defense is going to be the key to our success," he said. "You just

can't make six or eight errors in a game. If we get a defense that'll hold up our pitching, we'll do all right.

Volo is pleased with the turnout for baseball this year. Nineteen men have signed up to play, and money permitting, all will be kept on the team. "I'd like to have at least 18," Volo explained, "so we can have our own scrimmage games."

The 25 games this year are split into 14 home and 11 road contests. All home games will be played at Blanchette Park, on Diamond 2.

POOL HOURS

ANNOUNCED

Open swimming hours have been announced for spring term. The pool will be open Sunday through Thursday from 10:30-11:30 a.m. On Friday and Saturday the pool will be available for use from 6 - 7 p.m. Life-guards are Pat Ganey and Shay Scholey.

The Ibis Sports

Darrell Shoults, Sports Editor

Baseball in Butler:

"... the Show that Never Ends"

By DARRELL SHOULTS

Anybody want to trade a fluorescent light for a badminton birdie?

That may sound absurd, but in the first week of varsity baseball workouts, the team managed to dislodge a stuck birdie from a light fixture, and shatter a fluorescent tube, both with line drives hit during pepper games.

The light-for-birdie exchange is a rather light-hearted example of a not-so-humorous situation. No doubt Butler gym was not designed for college baseball teams to hold pre-season drills in. But, since it's the only facility on campus, the team is making the best use of the gym as it can. Even if it means shattering a light bulb or two.

And who knows, it may even be

a plus. One afternoon the ball players got to see a volleyball game in progress while they ran laps around the gym. And around the volleyball game. Each player was hoping he didn't become an unwilling participant as he ran the stiffness out of his legs.

Not only does the team get exposure to other sports as they work out, they also learn to perform under the scrutiny of fans. The girls in adjoining Butler Hall peer out the screened in window on the second floor and watch the team take bunting practice. Now, if they'll only come out to watch the games. One redhead in particular is there almost every afternoon. Wagers are being taken as to who she's got her eye on.

Though you might wonder why the team would ever want to leave such a bustle of activity as Butler gym, everyone is praying for a speedy end to cold weather and the start of outdoor workouts.

Outdoor practices are split this year between Blanchette and

McNair parks, and both coaches and players can hardly wait to hit the diamonds to work on defense (a weak point last year), baserunning, and hitting. Especially hitting, where they can swing away without worrying about shattering a light bulb.

The IBIS is in the process of expanding its sports coverage, but we need **your** help. At present we have three varsity sports and numerous other sporting events and activities that could stand some exposure. But to do these activities justice, the IBIS needs sportswriters. It really doesn't matter if you've had an experience in writing sports or not. If you're interested in giving it a try, we'll find a slot for you.

We're especially interested in having a couple of women on the sports staff to put a different slant on sports coverage.

Any takers? If you think you could help, and we need all the help we can get, leave a note in Box 521 or see Darrell Shoults, the IBIS Sports Editor, who can usually be found in the Day Student Lounge.

Commentary:

'You've Come a Long Way, Baby'

By DEBBIE JAMES

There's been more than men's baseball practice and pick-up basketball going on in Butler gym these days. The Lindenwood Ladies have taken to the court . . . and let me tell you, they are hot! I trotted by the gym the other night and caught your better-than-average type of ball game. Some real action.

Women's participation in basketball has grown over the years and much attention has been given to the teams; especially in this area. But at Lindenwood?

Sue Taylor, the coach of the team, was glad to give me the scoop. Smiling brightly, she talked about the growth of the women's basketball program at Lindenwood. "We're up to a full schedule of 12-15 games this year."

The Lindenwood Ladies faced a rugged schedule this year. They

have played teams with well-developed programs such as Forest Park and Meramec. They have also had some very high scoring games, such as a recent 60-58 loss to Scott Air Force Base. In that case, they were there.

The Lindenwood Ladies went on to win the game 57-23. They slapped hands and crowded around the table to see the stats. Diane Wegmann had hit 16 points, and Sarah Wunderly had hit 19.

Let's not forget though, the other members that have battled on the court during the season. Team members include: Florence Emke and Sarah Wunderly who are the captains. Kathy Burns, Kim Rankin, Debbie Schneider, Diane Wegmann, Ann Schaefer, Betsy Jeffrey, Sandy Knapp, and Shinkay Razaq.

Shorties

Sue Taylor is looking for women interested in playing slow pitch softball. Any girls that would like to take part in an enjoyable way to get some exercise should contact her in her gym office.

The date of the Beta Chi rummage sale has been changed. It is now set for March 15, instead of March 8 as previously announced. You'll still be rummaging at the Presbyterian Church.

Wanted: Co-ed volleyball players. Lindenwood has a team that plays other schools on Wednesday evening. If you think you'd like to play, drop by Butler gym at 6 p.m. Tuesday night or contact Tim Walls.

Any information for this column can be left in Box 521 or sent to the IBIS office, in case of Darrell Shoults, Sports Editor. care

Town Hall Meeting . . .

(From Page 2)

mittee is drawing up a plan for the formation of a conservatory here at Lindenwood, that will be an estimated five years in the making.

Spencer said that all of the plans for change in Lindenwood will be supervised by the Board of Trustees. He also said that a Task Force has been organized to discuss plans for College V.

In response to a question, Spencer said that he felt the Task Force would permit students to work with them, as students were not originally part of the Task Force plan.

Before adjourning the meeting, Spencer stressed once more that all plans remain temporary, since the future colleges of Lindenwood are still in their beginning stages. Questions concerning development are welcome, the president added, and all Task Force meetings will be open to the public.

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Steve Andrews as an entry in the recent Perfect Person Pageant, boasts of the joys of Drop-Out City. To all expectations, the Pageant lived up to its promise of being the gala performance of the year. The 'Ibis' commends all who were involved in its success.

photo by Christopher Coleman

EUROPE In '75?

wouldn't you rather come with us?

Last year over 200,000 students summered in Europe. And the travelwise flew on charters because it costs about HALF! This year a 3 - 6 week ticket to London is \$512.; 2 - 3 weeker \$597. And its \$767. for over six weeks from New York. (That's what the airlines say now. Last year there were two unforecast increases!)

Not only do you fly with us at half, but you can just about have your choice of dates for 4, 5, 6, 7, 8, 9, 10 week duration during the summer. And all you have to do to qualify is reserve your seat now by sending \$100. deposit, plus \$10. registration fee. Under recently new U. S. Government regulations we must submit all flight participants names and full payment sixty days before each flight. If you take the June 21 - August 19 flight to London for example, deposit reserves your seat and April 15 you send the \$199. balance. Just one price for all flights whether you pick a weekend departure (\$15. extra on the regular fare airlines) or peak season surcharge date.

So send for our complete schedule, or to be sure of your reservation now, mail your deposit for one of our 3 to 5 weekly departures from June through September. Just specify the week you want to travel and for how long. You will receive your exact date confirmation and receipt by return mail. All our flights are via fully certificated, U. S. Government standard jet and all first class service. From London there are many student flights to all parts of the Continent, frequent departures and many at 2/3 off the regular fare.

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SPAGHETTI BOLONGHESE (With Meat Sauce)	2.40
MOSTACCIOLI (With Meat Sauce)	2.60
RAVIOLI (With Meat Sauce)	2.10

SANDWICHES

ROAST BEEF	1.55
CORNED BEEF	1.35
PASTRAMI	1.35
LOU & MIKE'S SPECIAL (Poor Boy)	2.60
ITALIAN SALAMI	1.25
KOSHER SALAMI95
KOSHER BOLOGNA95
ITALIAN BOLOGNA95
HOT CORNED BEEF (With Pepper Cheese)	1.50
HOT PASTRAMI (With Pepper Cheese)	1.50
KOSHER KNOX90
ROAST BEEF AND SALAD FOR 1	2.10

DELICATESSEN SALADS

SALAD (Small)	1.40
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BEVERAGES

SODA25	SPUMONI45
MILK20	VANILLA25
COFFEE25	CHOCOLATE25
		BLACK WALNUT25

Open 7 Days

Fri. & Sat. - 4:30 Til 2:00 a.m.
Mon., - Thurs. - 4:30 Til 12:00 p.m.
Luncheon Daily - 11:00 - 2:00