

LINDENWOOD
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DIGEST
EMPLOYEE NEWSLETTER

Today's Headlines

September 22, 2020

Missouri Council for Administrators in Special Education Virtual Conference Presentation

School of Education Senior Professor Rebecca Panagos presents the Family Planner Pilot Study with two Lindenwood students and Missouri First Steps Director at the Virtual Missouri Council for Administrators in Special Education 43rd Annual Conference. The 32 minute recording highlights a live demo of the Family Planner Android app by computer science senior Shraddha Belbase, along with Rhea D'Souza, M.A. in Early Interventions in Autism & Sensory Impairments candidate and research assistant, and Missouri First Steps Director Howard Smith, sharing their roles in the development of the Family Planner Pilot Study.

Missouri Council for Administrators in Special Education posts the recording for their state conference sessions.

The presentation was loaded on the Conference platform for viewing Sept. 21 and will be available for two weeks after.

You can [view this now](#) and share.

Healthy Males Needed for Research

We are currently recruiting healthy men between the ages of 18-50 years old who are willing to participate in our research study. This study is assessing the absorption patterns of a single dose of two different types of amino acid drinks. Each study participant will be required to complete two testing sessions that will

take approximately eight hours to complete. Each participant who completes an entire protocol will be compensated \$200. You must follow prescribed supplement instructions and communicate with research staff to maintain eligibility. Email Richard Stecker at rstecker@lindenwood.edu if you would like more information.

SOE Student Advisory Committee Nominations

The Student Advisory Committee is looking for outstanding students from the School of Education.

The Student Advisor Committee is a group of students from the School of Education to provide insight on the student thoughts, goals, and hopes for the School of Education at Lindenwood. We are looking for students that you think would be great additions to this group.

We meet once a month and cover information relating to School of Education.

Now that the semester is underway, we'd like to hear from you on [nominations](#) to join this group!

Please nominate two students you think would be a good fit for this group. The students can be graduate and undergraduate students from Teacher Education, Leadership, Counseling, Social Work, etc...

Please have the [nomination form](#) completed by Sept. 23 at noon.

If you have any questions about this, please contact me in a private email at bneunuebel@lindenwood.edu.

Find Open Educational Resources to Cut Down on Student Textbook costs!

Are you having trouble navigating multiple OER platforms or identifying DRM free materials for use in your courses? Check out Faculty Select available from the Library.

Faculty Select can be accessed via the faculty portal and allows access to many of these resources in one place using a single search interface. Faculty Select includes:

- Aggregated content from Open Textbook Library, BC Open Textbooks, SUNY Open Textbooks, and OAPEN.
- Searchable DRM free EBooks for purchase by the library to be used in lieu of textbooks.
- A single Ebsco search interface.

To access Faculty Select through the faculty portal, watch this [30-second video](#).

If you have any additional questions about this resource or need help finding OER resources for your class, please feel free email Michael Fetters at mfetters@lindenwood.edu.

Popcorn and Politics - Power of Protest: Change, Backlash

How should society balance public safety and people's right to protest?
How do current protests fit into the United States history?
How do protest tactics affect public support?

We'll join Lindenwood faculty Drs. Afful, Hosto-Marti, and Witherspoon and utilize the LARA method for nonviolent dialogue to explore these topics.

Sept. 24, 4-5 p.m., over zoom.
Please RSVP in Involve U or contact Amy Estlund at aestlund@lindenwood.edu.

Join the Community of Practice for Diverse Perspectives!

As part of the [Three-Year Roadmap for General Education Assessment](#), the Office of Institutional Effectiveness seeks faculty and staff from across campus to join a Community of Practice for Diverse Perspectives, ILO 2.5.

The Community of Practice for Diverse Perspectives will:

1. Test a newly developed rubric for assessing Diverse Perspectives.
2. Carry out norm, scoring, and calibration for a sample of student learning artifacts.
3. Close the loop by reviewing assessment findings for actionable insight.

The community of practice will have two virtual meetings. Participants will spend approximately 4 hours during the fall semester, including meetings, to carry out this work. Participants will receive a Certificate of University Service for this contribution, and they will be named on the General Education Assessment Report for Fall 2020.

If you are interested in joining this community of practice or if you have questions, please contact Robyne Elder, director of general education assessment, by Sept. 30 at relder@lindenwood.edu. To learn more about Lindenwood's Communities of Practice approach to assessment, [click here](#).

Faculty and Staff: Research Participants Needed by Health Science Researchers

Help us get this study finished due to COVID delays! Recent research indicates that certain probiotics may help how we respond to mental stress and fatigue. Researchers in the Exercise and Performance Nutrition Laboratory are looking for 70 healthy men and women between the ages of 18-50 years old to participate in the study. The purpose of this study is to examine the impact of probiotic administration on symptoms commonly associated with mental state, anxiety, stress, sleep quality, and associated emotional responses in young, healthy, college-aged students. Over 9 weeks you will complete four visits to the laboratory where you will provide a blood sample, complete multiple online questionnaires, consume assigned supplement or placebo pills, and track activity and sleep via a FitBit given to you. Participants who finish the study will receive \$150 in compensation and get to keep the FitBit.

Email epnl@lindenwood.edu to inquire about participating.

Virtual Diversity and Bias Trainings now available! Register today! #LionsUnited

Greetings Lions! We are excited to announce that additional diversity and bias trainings have been created to meet the needs of the LU community. We hope you will join us for these critical conversations and encourage your colleagues to participate as well! Employees can register [here](#). Please see below for the schedule. #LionsUnited

Thursday, Sept. 24, 2020, 2-3 p.m. – Antiracism Pedagogy: Discovery & Deployment (Faculty)

Open Enrollment 2020 Information

Interactive Health ceased operations over the summer and many of you have reached out with questions about the incentivized program. The following bullet points will likely answer most of the immediate questions you may have:

- All participants will be required to screen this fall to qualify for the wellness participation rate.
- Screenings will NOT be held on campus this year. Participants will need to go to LabCorps to get lab work completed.
- Instructions for scheduling screenings are provided below.
- Screenings must be completed by November 6, 2020 if you want to participate in the wellness rate!!
- Continuing participants are only responsible to meet/maintain their goal in order to receive the wellness participation rate for 2021. Wellness participants will not be responsible to earn additional wellness activity points to maintain the wellness participation rate for 2021.
- New participants only need to screen this fall to receive the wellness participation rate. New participants are defined as new employees hired after March 1, 2020.

Our new wellness platform is HealthCheck360! We are here to help and will be taking you through the process in a phased approach.

Welcome to Phase 1!

All you need to focus on right now, is creating an account with HC360, completing the health survey, and scheduling lab work. To begin, please visit myhealthcheck360.com/login and follow the instructions in the screenshot below. You may also download the MyHealthCheck360 app. If you experience ANY technical difficulty, please contact HC360 Support directly: 866-511-0360

- Be sure to click on "Create a new account" to sign up:
- Once you have created your account, you will be taken to your HealthCheck360 dashboard! You will then be prompted to take the health survey, which is comparable to the annual Health Risk Assessment you were already taking.
- Once you have completed your survey, you will be able to schedule your biometric screening at a LabCorps location and time that is convenient for you!

PLEASE NOTE: Screenings must be scheduled through the prompts in the HealthCheck360 dashboard so that the lab orders are sent to your location.

Information regarding points for 2021 and open enrollment details will be communicated in future phases.

Be well and stay safe!

Candace Terry
cterry@lindenwood.edu

The logo for Lindenwood University Learning Academy is centered within a white rectangular box, which is itself set against a larger gold-colored rectangular background. The text "LINDENWOOD" is at the top in a large, bold, serif font. Below it, "UNIVERSITY" is written in a smaller, spaced-out, serif font. A thin horizontal line is positioned between "UNIVERSITY" and "LEARNING ACADEMY", which is written in a smaller, spaced-out, serif font at the bottom.

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Integrating Mindfulness & Metacognition in Online/Hybrid Courses

Tuesday, Sept. 29, 2 - 2:30 p.m.
Wednesday, Sept. 30, 2 - 2:30 p.m.

While it may seem counterintuitive, our shift this fall to online/hybrid courses can open up opportunities for deeper learning. Through brief activities that boost student engagement and community rapport, we can integrate course content with students' daily lives, assisting them in becoming more self-directed learners. Leveraging our current context, we can practice more whole-person teaching that cultivates crucial strengths—such as reflection and resilience—for a world of work that requires lifelong learning. Presenter: Gillian Parrish

Registration link is forthcoming on the Learning Academy website.

Event: Combating the Spread of Fake News with Critical Source Evaluation

Wednesday, Sept. 30, 2-3:30 p.m. Click [here](#) to register

The prevalence of "fake news" across the internet illustrates the lack of literacy skills audiences have for identifying legitimate information. As teachers, it's our job to help students develop those essential skills to become more critical consumers of texts. This 90 minute roundtable will discuss the best ways to get students to identify

what information is valid, and what is an opinion, biased, misleading, or otherwise false.

Panelists:

Liz MacDonald, Dean, University Library Services

Roger Nasser, Assistant Professor & Higher Education Program Chair,
Educational Leadership

Molly Hamilton, Writing Specialist, Writing Center

Moderator:

Elizabeth Fleitz, Associate Professor, English

Culture Connection Session Two – Sept. 24 – 9:30 a.m.

Click [here](#) to join the session on Thursday

Who: Employees hired Sept. 2019 – Aug. 2020

What: 8-week Professional Learning Community (PLC) designed to create a sense of belonging and connection for employees new to the Lindenwood culture.

Objectives:

- 1) Build relationships and community
 - 2) Cultivate connection to the culture
 - 3) Discover your purpose & potential at Lindenwood
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Effective Confrontation – FREE Five Part Web Series – Click [here](#) to register

Our Community Listens is offering a 5-part web series to equip you to effectively manage conflict. Each month, October – February, participants will focus on a different aspect of confrontation, intentionally developing crucial aspects to improve overall effectiveness.

Fall Semester Hours

LARC/Library Services' Fall Hours

Monday – Thursday: 8 a.m. – 10 p.m. *We will begin staffing the building at 7:30 a.m.

Friday: 8 a.m. – 5 p.m.

Saturday: 10 a.m. – 6 p.m.

Sunday: 2 – 10 p.m.

For safe communication, our Chat Services are always available during the LARC's open hours.

Upcoming Events and Deadlines

All in-person events have been canceled until further notice. [See the list of all virtual events.](#) If you would like to have a virtual event posted, please send any applicable posts via the online Marketing and Communications [project request form.](#)

Submit Information to the Digest

To have your listing appear in the Digest, please fill out the [Project Request Form](#) (be sure to choose "Communications and Public Relations" for type of request) by noon on the day prior to send-out. The Digest is sent every Tuesday and Friday morning during the term and on Fridays during break. Information submitted past the deadline may not be included in that edition but will appear in the following one. Entries are only subject to run once but may run twice depending on volume of material submitted that week. Please note, all entries to the Digest are subject to editing prior to running. [Get more information.](#)

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