

LINDENWOOD  
UNIVERSITY  
—  
DIGEST  
EMPLOYEE NEWSLETTER

Today's Headlines

September 15, 2020

## Moments of Freedom

Following her success with “The Adventures of Wynk”, Shevaré Perry opened her solo exhibit Moments of Freedom. Her latest installment features mixed media collage, animated video accompanied with spoken word, and digital art. Moments of Freedom runs through Sept. 25 in the Boyle Family Gallery at Lindenwood's J. Scheidegger Center for The Arts.

Moments of Freedom captures the brief periods of time that freedom is experienced, while being reminded that it is indeed a moment of freedom.

Gallery hours are Tuesday and Thursday, 3 - 7 p.m. Gallery occupancy is 5. Occupancy, social distancing, and mask wearing is monitored by gallery staff.

For more information, contact John Troy at [jtroy@lindenwood](mailto:jtroy@lindenwood).



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**Join the Community of Practice for Diverse Perspectives!**

As part of the [Three-Year Roadmap for General Education Assessment](#), the Office of Institutional Effectiveness seeks faculty and staff from across campus to join a Community of Practice for Diverse Perspectives, ILO 2.5.

The Community of Practice for Diverse Perspectives will:

1. Test a newly developed rubric for assessing Diverse Perspectives.
2. Carry out norm, scoring, and calibration for a sample of student learning artifacts.
3. Close the loop by reviewing assessment findings for actionable insight.

The community of practice will have two virtual meetings. Participants will spend approximately 4 hours during the fall semester, including meetings, to carry out this work. Participants will receive a Certificate of University Service for this contribution, and they will be named on the General Education Assessment Report for Fall 2020.

If you are interested in joining this community of practice or if you have questions, please contact Robyne Elder, director of general education assessment, by Sept. 30 at [relder@lindenwood.edu](mailto:relder@lindenwood.edu). To learn more about Lindenwood's Communities of Practice approach to assessment, [click here](#).

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## **Faculty and Staff: Research Participants Needed by Health Science Researchers**

Help us get this study finished due to COVID delays! Recent research indicates that certain probiotics may help how we respond to mental stress and fatigue. Researchers in the Exercise and Performance Nutrition Laboratory are looking for 70 healthy men and women between the ages of 18-50 years old to participate in the study. The purpose of this study is to examine the impact of probiotic administration on symptoms commonly associated with mental state, anxiety, stress, sleep quality, and associated emotional responses in young, healthy, college-aged students. Over 9 weeks you will complete four visits to the laboratory where you will provide a blood sample, complete multiple online questionnaires, consume assigned supplement or placebo pills, and track activity and sleep via a FitBit given to you. Participants who finish the study will receive \$150 in compensation and get to keep the FitBit.

Email [epnl@lindenwood.edu](mailto:epnl@lindenwood.edu) to inquire about participating.

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## **Virtual Diversity and Bias Trainings now available! Register today! #LionsUnited**

Greetings Lions! We are excited to announce that additional diversity and bias trainings have been created to meet the needs of the LU community. We hope you will join us for these critical conversations and encourage your colleagues to participate as well! Employees can register [here](#). Please see below for the schedule. #LionsUnited

Tuesday, Sept. 15, 2020, 2-3 p.m. – disAbility Bias Training

Thursday, Sept. 17, 2020, 2-3 p.m. – Antiracist Workshop

Monday, Sept. 21, 2020, 2-3 p.m. – Spiritual/Religious Bias Training

Thursday, Sept. 24, 2020, 2-3 p.m. – Antiracism Pedagogy: Discovery & Deployment (Faculty)

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## **Open Enrollment 2020 Information**

Interactive Health ceased operations over the summer and many of you have reached out with questions about the incentivized program. The following bullet points will likely answer most of the immediate questions you may have:

- All participants will be required to screen this fall to qualify for the wellness participation rate.
- Screenings will NOT be held on campus this year. Participants will need to go to LabCorps to get lab work completed.
- Instructions for scheduling screenings are provided below.
- Screenings must be completed by November 6, 2020 if you want to participate in the wellness rate!!
- Continuing participants are only responsible to meet/maintain their goal in order to receive the wellness participation rate for 2021. Wellness participants will not be responsible to earn additional wellness activity points to maintain the wellness participation rate for 2021.
- New participants only need to screen this fall to receive the wellness participation rate. New participants are defined as new employees hired after March 1, 2020.

Our new wellness platform is HealthCheck360! We are here to help and will be taking you through the process in a phased approach.

### **Welcome to Phase 1!**

All you need to focus on right now, is creating an account with HC360, completing

the health survey, and scheduling lab work. To begin, please visit [myhealthcheck360.com/login](https://myhealthcheck360.com/login) and follow the instructions in the screenshot below. You may also download the MyHealthCheck360 app. If you experience ANY technical difficulty, please contact HC360 Support directly: 866-511-0360

- Be sure to click on “Create a new account” to sign up:
- Once you have created your account, you will be taken to your HealthCheck360 dashboard! You will then be prompted to take the health survey, which is comparable to the annual Health Risk Assessment you were already taking.
- Once you have completed your survey, you will be able to schedule your biometric screening at a LabCorps location and time that is convenient for you!

PLEASE NOTE: Screenings must be scheduled through the prompts in the HealthCheck360 dashboard so that the lab orders are sent to your location.

Information regarding points for 2021 and open enrollment details will be communicated in future phases.

Be well and stay safe!

Candace Terry  
[cterry@lindenwood.edu](mailto:cterry@lindenwood.edu)

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## **Tuition Exchange Benefits**

It is that time of year again! If you are interested in applying for the CIC or TE tuition exchange program for the 2021/2022 academic year, please review [this presentation](#) and contact Candace Terry [cterry@lindenwood.edu](mailto:cterry@lindenwood.edu) to submit your applications!

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## **Lindenwood Launches Three-Year Roadmap for General Education Assessment**

The Office of Institutional Effectiveness has launched a three-year Roadmap for General Education Assessment. [The Roadmap](#) outlines a new vision, strategy, and set of tactics for general education assessment at Lindenwood.

Central to this plan is a shift from the former general education assessment approach (i.e. Canvas scoring) to a [“communities of practice” assessment approach](#). This new approach will provide more reliable assessment data, from which the institution can draw meaningful insights.

The Roadmap, which charts progress and plans from Fall 2019 through Spring 2022, calls for separate focus areas for general education assessment each semester. These ‘Focused Assessments’ operate on a three-year assessment

cycle, with Focused Learning Improvement Projects (FLIPs) and annual checkpoints taking place during the years between.

Dr. Robyne Elder, director of general education assessment at Lindenwood, shared, “Thanks to the hard work of general education instructors, general education assessment is headed in an exciting new direction that is supported through collaborative efforts, valid data collection, and shared results.”

To read more about general education assessment at Lindenwood, please visit [this webpage](#).



Laura Wehmer-Callahan, Q2 Champion for PSB&E, sent the following email to her colleagues in Harmon Hall,

*“If you have been in the copy room today, you might have noticed a basket filled with cards. This is part of a Q2 initiative to show appreciation for each other’s efforts and to share some positivity (and smiles!). I encourage you to stop by to pick up a card, write a note of thanks, praise, or congratulations to a coworker, and drop it in their mailbox (or give it to Joyce if they don’t have a mailbox). I will continue to refill the basket, so feel free to spread as much joy as you’d like 😊”.*

Gestures like this are so meaningful during the beginning of an academic year and when the stress is high, but even more so when we are going through a pandemic. Thank you, Laura, for your thoughtfulness and dedication to the Q2 culture at Lindenwood!

-Q2 Team

The logo for Lindenwood University Learning Academy is centered within a gold-bordered white rectangle. The word "LINDENWOOD" is written in a large, bold, black serif font. Below it, "UNIVERSITY" is written in a smaller, black, spaced-out serif font. A thin horizontal line is positioned between "UNIVERSITY" and "LEARNING ACADEMY", which is written in a black, spaced-out serif font.

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**Effective Confrontation – FREE Five Part Web Series – Click [here](#) to register**

Our Community Listens is offering a 5-part web series to equip you to effectively manage conflict. Each month, Oct. – Feb., participants will focus on a different aspect of confrontation, intentionally developing crucial aspects to improve overall effectiveness.

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**DEI Unconference: Empirical Review of Equity and Inclusion on Campus**

Wednesday, Sept. 23, 2:30 – 4:30 p.m. Click [here](#) to register.

The 2nd Diversity, Equity & Inclusion Unconference: Discussing the role of faculty, staff, and administrators in maintaining an inclusive campus community. Opening remarks by President Porter followed by three 25 minute sessions:

- 1) University Resources: Ways Lindenwood Supports Diversity and Inclusion
- 2) A Second Chance? Recovering from our Shortcomings Regarding Inclusion to be a Champion for Justice
- 3) The Clash: Who Decides When Peaceful Protests Cross the Line

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**Event: Combating the Spread of Fake News with Critical Source Evaluation**

Wednesday, Sept. 30, 2-3:30 p.m. Click [here](#) to register

The prevalence of "fake news" across the internet illustrates the lack of literacy skills audiences have for identifying legitimate information. As teachers, it's our job to help students develop those essential skills to become more critical consumers of texts. This 90 minute roundtable will discuss the best ways to get students to identify what information is valid, and what is an opinion, biased, misleading, or otherwise false.

Panelists:

Liz MacDonald, Dean, University Library Services

Roger Nasser, Assistant Professor & Higher Education Program Chair,  
Educational Leadership

Molly Hamilton, Writing Specialist, Writing Center

Lauren McCoy, Assistant Professor, English

Moderator:

Elizabeth Fleitz, Associate Professor, English

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**Career Development Grant Opportunity – Click [here](#) to find out more**

Funding: \$2,000–\$12,000

Deadline: Nov. 15

Career Development Grants provide funding to women who hold a bachelor's degree and are preparing to advance or change careers or re-enter the workforce in education, health and medical sciences, or social sciences. Primary consideration is given to women of color and women pursuing their first advanced degree or credentials in nontraditional fields.

## Fall Semester Hours

### LARC/Library Services' Fall Hours

Monday – Thursday: 8 a.m. – 10 p.m. \*We will begin staffing the building at 7:30 a.m.

Friday: 8 a.m. – 5 p.m.

Saturday: 10 a.m. – 6 p.m.

Sunday: 2 – 10 p.m.

For safe communication, our Chat Services are always available during the LARC's open hours.

## Upcoming Events and Deadlines

All in-person events have been canceled until further notice. [See the list of all virtual events.](#) If you would like to have a virtual event posted, please send any applicable posts via the online Marketing and Communications [project request form.](#)

## Submit Information to the Digest

To have your listing appear in the Digest, please fill out the [Project Request Form](#) (be sure to choose "Communications and Public Relations" for type of request) by noon on the day prior to send-out. The Digest is sent every Tuesday and Friday morning during the term and on Fridays during break. Information submitted past the deadline may not be included in that edition but will appear in the following one. Entries are only subject to run once but may run twice depending on volume of material submitted that week. Please note, all entries to the Digest are subject to editing prior to running. [Get more information.](#)

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