

LINDENWOOD
UNIVERSITY
—
DIGEST
EMPLOYEE NEWSLETTER

Today's Headlines

September 11, 2020

**Virtual Diversity and Bias Trainings now available! Register today!
#LionsUnited**

Greetings Lions! We are excited to announce that additional diversity and bias trainings have been created to meet the needs of the LU community. We hope you will join us for these critical conversations and encourage your colleagues to participate as well! Employees can register [here](#). Please see below for the schedule. #LionsUnited

Tuesday, Sept. 15, 2020, 2-3 p.m. – disAbility Bias Training

Thursday, Sept. 17, 2020, 2-3 p.m. – Antiracist Workshop

Monday, Sept. 21, 2020, 2-3 p.m. – Spiritual/Religious Bias Training

Thursday, Sept. 24, 2020, 2-3 p.m. – Antiracism Pedagogy: Discovery & Deployment (Faculty)

Staff Council Newsletter Winner

Congratulations to Pamela Avila for being the winner of the Staff Council newsletter puzzle and this issue's prize pack!

Open Enrollment 2020 Information

Interactive Health ceased operations over the summer and many of you have reached out with questions about the incentivized program. The following bullet points will likely answer most of the immediate questions you may have:

- All participants will be required to screen this fall to qualify for the wellness participation rate.
- Screenings will NOT be held on campus this year. Participants will need to go to LabCorps to get lab work completed.
- Instructions for scheduling screenings are provided below.
- Screenings must be completed by November 6, 2020 if you want to participate in the wellness rate!!
- Continuing participants are only responsible to meet/maintain their goal in order to receive the wellness participation rate for 2021. Wellness participants will not be responsible to earn additional wellness activity points to maintain the wellness participation rate for 2021.
- New participants only need to screen this fall to receive the wellness participation rate. New participants are defined as new employees hired after March 1, 2020.

Our new wellness platform is HealthCheck360! We are here to help and will be taking you through the process in a phased approach.

Welcome to Phase 1!

All you need to focus on right now, is creating an account with HC360, completing the health survey, and scheduling lab work. To begin, please visit myhealthcheck360.com/login and follow the instructions in the screenshot below. You may also download the MyHealthCheck360 app. If you experience ANY technical difficulty, please contact HC360 Support directly: 866-511-0360

- Be sure to click on "Create a new account" to sign up:
- Once you have created your account, you will be taken to your HealthCheck360 dashboard! You will then be prompted to take the health survey, which is comparable to the annual Health Risk Assessment you were already taking.
- Once you have completed your survey, you will be able to schedule your biometric screening at a LabCorps location and time that is convenient for you!

PLEASE NOTE: Screenings must be scheduled through the prompts in the HealthCheck360 dashboard so that the lab orders are sent to your location.

Information regarding points for 2021 and open enrollment details will be communicated in future phases.

Be well and stay safe!

Candace Terry
cterry@lindenwood.edu

Faculty and Staff: Research Participants Needed by Health Science Researchers

Help us get this study finished due to COVID delays! Recent research indicates that certain probiotics may help how we response to mental stress and fatigue. Researchers in the Exercise and Performance Nutrition Laboratory are looking for 70 healthy men and women between the ages of 18-50 years old to participate in the study. The purpose of this study is to examine the impact of probiotic administration on symptoms commonly associated with mental state, anxiety, stress, sleep quality, and associated emotional responses in young, healthy, college-aged students. Over 9 weeks you will complete four visits to the laboratory where you will provide a blood sample, complete multiple online questionnaires, consume assigned supplement or placebo pills, and track activity and sleep via a FitBit given to you. Participants who finish the study will receive \$150 in compensation and get to keep the FitBit.

Tuition Exchange Benefits

It is that time of year again! If you are interested in applying for the CIC or TE tuition exchange program for the 2021/2022 academic year, please review [this presentation](#) and contact Candace Terry cterry@lindenwood.edu to submit your applications!

Lindenwood Launches Three-Year Roadmap for General Education Assessment

The Office of Institutional Effectiveness has launched a three-year Roadmap for General Education Assessment. [The Roadmap](#) outlines a new vision, strategy, and set of tactics for general education assessment at Lindenwood.

Central to this plan is a shift from the former general education assessment approach (i.e. Canvas scoring) to a [“communities of practice” assessment approach](#). This new approach will provide more reliable assessment data, from which the institution can draw meaningful insights.

The Roadmap, which charts progress and plans from Fall 2019 through Spring 2022, calls for separate focus areas for general education assessment each semester. These ‘Focused Assessments’ operate on a three-year assessment cycle, with Focused Learning Improvement Projects (FLIPs) and annual checkpoints taking place during the years between.

Dr. Robyne Elder, director of general education assessment at Lindenwood, shared, "Thanks to the hard work of general education instructors, general education assessment is headed in an exciting new direction that is supported through collaborative efforts, valid data collection, and shared results."

To read more about general education assessment at Lindenwood, please visit [this webpage](#).

Mathematics Placement Information for Advising

An updated mathematics placement process for incoming students can now be found in the Lindenwood Faculty Canvas shell. In the Faculty Resources module, click on "GE Advising Resources" and look for the heading "Math Placement Process (updated Aug 2020)".

These updates put into one document the placement process for traditional, evening, and online students into one document. Questions can be directed to [Erin Martin](#), division director for mathematics and computer science, or Penny Bryant, Director, Student and Academic Support Services.

Vehicle Parking Permits

The Office of Public Safety & Security would like to remind all staff, faculty, and adjunct professors to register their vehicle(s) through [StarRez](#). In order to promote physical distancing, parking permits will be distributed by department supervisors. Parking permits will not be issued in-person through the public safety office. Please be patient as this is a new process for us. Please follow all traffic control devices and park in identified parking spots. Thank you and be safe. Welcome back, and have a great semester!

Respectfully,
Office of Public Safety & Security



MOMENTS

The Q2 team wants to send you off for the weekend with some positive news, and if you are willing and able, maybe a request -

Recently, PSB&E was able to help a student in Brazil buy textbooks for 2 of his classes. The student was EXTREMELY grateful. We were able to help this student because there was a little money left in [Lindenwood's Lions' Relief fund](#). This fund is now down to \$200. I realize that COVID has made budgets tight, but if you have any extra dollars to spare to help our students, please consider a small donation. As you can see, every little bit helps and every dollar donated does go directly to students in need.

- [Info on the Lions Relief Fund](#)
- [Link for Donations](#)

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LEARNING ACADEMY

Effective Confrontation – FREE Five Part Web Series – Click [here](#) to register

Our Community Listens is offering a 5-part web series to equip you to effectively manage conflict. Each month, Oct. – Feb., participants will focus on a different aspect of confrontation, intentionally developing crucial aspects to improve overall

effectiveness.

DEI Unconference: Empirical Review of Equity and Inclusion on Campus

Wednesday, Sept. 23, 2:30 – 4:30 p.m. Click [here](#) to register.

The 2nd Diversity, Equity & Inclusion Unconference: Discussing the role of faculty, staff, and administrators in maintaining an inclusive campus community. Opening remarks by President Porter followed by three 25 minute sessions:

- 1) University Resources: Ways Lindenwood Supports Diversity and Inclusion
- 2) A Second Chance? Recovering from our Shortcomings Regarding Inclusion to be a Champion for Justice
- 3) The Clash: Who Decides When Peaceful Protests Cross the Line

Event: Combating the Spread of Fake News with Critical Source Evaluation

Wednesday, Sept. 30, 2-3:30 p.m. Click [here](#) to register

The prevalence of "fake news" across the internet illustrates the lack of literacy skills audiences have for identifying legitimate information. As teachers, it's our job to help students develop those essential skills to become more critical consumers of texts. This 90 minute roundtable will discuss the best ways to get students to identify what information is valid, and what is an opinion, biased, misleading, or otherwise false.

Panelists:

Liz MacDonald, Dean, University Library Services

Roger Nasser, Assistant Professor & Higher Education Program Chair,
Educational Leadership

Molly Hamilton, Writing Specialist, Writing Center

Lauren McCoy, Assistant Professor, English

Moderator:

Elizabeth Fleitz, Associate Professor, English

Career Development Grant Opportunity – Click [here](#) to find out more

Funding: \$2,000–\$12,000

Deadline: Nov. 15

Career Development Grants provide funding to women who hold a bachelor's degree and are preparing to advance or change careers or re-enter the workforce in education, health and medical sciences, or social sciences. Primary consideration is given to women of color and women pursuing their first advanced degree or credentials in nontraditional fields.

Fall Semester Hours

LARC/Library Services' Fall Hours

Monday – Thursday: 8 a.m. – 10 p.m. *We will begin staffing the building at 7:30 a.m.

Friday: 8 a.m. – 5 p.m.

Saturday: 10 a.m. – 6 p.m.

Sunday: 2 p.m. – 10 p.m.

For safe communication, our Chat Services are always available during the LARC's open hours.

Upcoming Events and Deadlines

All in-person events have been canceled until further notice. [See the list of all virtual events](#). If you would like to have a virtual event posted, please send any applicable posts via the online Marketing and Communications [project request form](#).

Submit Information to the Digest

To have your listing appear in the Digest, please fill out the [Project Request Form](#) (be sure to choose "Communications and Public Relations" for type of request) by noon on the day prior to send-out. The Digest is sent every Tuesday and Friday morning during

the term and on Fridays during break. Information submitted past the deadline may not be included in that edition but will appear in the following one. Entries are only subject to run once but may run twice depending on volume of material submitted that week. Please note, all entries to the Digest are subject to editing prior to running. [Get more information.](#)

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