

The Lead

The College of Education and Human Services Newsletter

Lindenwood University

Vol. 2022 | February Issue

Leadership Ed.D. - Emerge as a Scholar Practitioner

Are you a solution seeker? Ready to use your creativity in solving today's educational issues? Cohorts for the Leadership, Ed.D. are now forming. Check out the video (right) to hear even more about this exciting program.

Get more info and apply here!

Students select one of the following emphasis areas

Curriculum & Instruction
Education Administration (Missouri Advanced Superintendent Certification)
Higher Education Administration



Dean's Message

Greetings everyone,

Here we go with the February edition of The Lead, our College Newsletter! It is hard to believe that in the past three years The Lead has grown to include thousands of subscribers. We try our best to keep it light and to use this news platform as a way of celebrating the accomplishments of our faculty, students, and staff, as well as to herald our partnerships. In future issues, we plan to highlight some of our local high school students who aspire to become educators, counselors, and social workers. We hope that these students will inspire others to do the same. Look for these new features in coming months as we introduce you to more of the people that make the College of Education and Human Services exceptional. If you know of a student who would like to share their story and motivations please contact our Office Manager, Ms. Lisa Berryhill (aberryhill@lindenwood.edu).



I hope you enjoy this issue of The Lead. We welcome your feedback and suggestions for future content.

Very Best,

A handwritten signature in black ink, appearing to read "Anthony Scheffler". The signature is fluid and cursive.

Anthony Scheffler, Ph.D.

Dean, Lindenwood College of Education

Featured Stories

Lindenwood Lions Basketball Double Header



The College of Education and Human Services is pleased to host the February 24 basketball game between our Lindenwood Lions and the Indianapolis Greyhounds. The double-header includes a 5:30 P.M. Women's Game followed by a 7:30 P.M. Men's game. The COEHS invites you to join the faculty and staff at this event in the Hyland Arena.* GO LIONS!

* COVID restrictions or cancellations apply.

Education Scholarship available to Jefferson County, Missouri High School Graduates

The Jefferson County Retired Educational Association (JCREA) and the Missouri Retired Teachers Association (MRTA) is offering an opportunity to apply for a \$1,000 scholarship to be awarded to an applicant meeting the following requirements:

1. graduate of a Jefferson County Missouri high school
2. A 3rd or 4th year student majoring in education
3. A student who presents a Letter of Recommendation from at least one of his/her college professors
4. A student having earned a GPA of 3.0 or better

The recipient of this scholarship will be notified and invited to attend an association meeting to be recognized as JCREA's 2021 Scholarship recipient.

DEADLINE FOR COMPLETED APPLICATION:

POSTMAKED OR EMAILED BY APRIL 15, 2022

Email application to: v.chris@charter.net

or click below to submit an application

[Click here to apply!](#)

LINDENWOOD
UNIVERSITY
COLLEGE OF ARTS AND HUMANITIES



Earn \$140 Stipend Participating in a Workshop on Improving Digital Humanities Pedagogy in St. Louis

Lindenwood University is offering a workshop on digital practices in humanities classrooms on Saturday, April 9th, 8 a.m. to 5 p.m. Secondary education faculty who participate will receive a **\$140 stipend**. This workshop is being presented in partnership with the Missouri Humanities Council and with support from the National Endowment for the Humanities.

This workshop is designed as a mutual learning and information-gathering experience. Three higher education humanities faculty will join up to 17 secondary education humanities faculty who teach at St. Louis-area Missouri schools to discuss the current state of, and future possibilities for, digital practices in humanities classrooms. The workshop will help to launch a broader regional effort to assist faculty with engaging students in humanities coursework through the integration of digital humanities tools and activities. During the workshop, participants will:

- Share their current practices for incorporating digital work in the high school humanities classroom
- Learn simple and effective digital humanities activities they can use in the future
- Discuss how these various activities align with MoDESE standards

- Identify challenges to increasing the number and quality of digital learning experiences in high school humanities classrooms (and potential solutions)
- Identify obstacles (institutional or otherwise) to allowing high school students to remotely participate in university-based digital humanities projects

Please contact Dr. Jeremy Carnes (GCarnes@lindenwood.edu) if you are interested in participating, or in learning more about the workshop and its goals.

COEHS DEI Committee

**COEHS - DEI Committee encourages you to register and
Attend the Sessions for The State of Black Educators
Symposium**



The State of Black Educators Symposium was created for people/organizations interested to discuss better ways to recruit, develop, support, and mentor Black educators.

SBE22 will build on the success of SBE20 and SBE21 by focusing more on practical solutions to address a number of issues impacting Black educators. Early registration is now open for this three-day event!

Please note that we anticipate this free event will reach capacity quickly. Guarantee your spot by registering now!

The sessions included for SBE22 are:

February 3, 2022 @6pm - Day 1 of SBE22 (Virtual)

February 4, 2022 @4pm - SBE22 Conference (Harris-Stowe State University)

February 4, 2022 @7pm - SBE22 Symposium (Harris-Stowe State University)

February 5, 2022 @9am - SBE22 Flipped Job Fair (University of Missouri - St. Louis)

[Click Here to Register](#)

**COEHS, Academic, Retention & Certification
Center**

COEHS Caught You Caring Award | Dr. Amanda Aldridge



The COEHS - Caught You Caring program honors faculty, staff, or student worker who are "caught caring" or going the extra mile to help someone within the college.

Dr. Aldridge is an assistant professor for Lindenwood University's College of Education and Human Services Department of Teacher Education, and is the coordinator of secondary student teaching for secondary, middle and K-12 certifications. She holds a B.S. Ed. in secondary social studies education from the University of Missouri, an M.Ed. from the University of Missouri-Saint Louis, and an Ed.D. in higher education administration from Lindenwood University. Dr. Aldridge has experience teaching both graduate- and undergraduate-level courses in higher education for over a decade. Before beginning her career in higher education, Dr. Aldridge was a social studies teacher at the

Wentzville School District. Dr. Aldridge holds career teacher certifications in middle school social studies education, secondary social studies education, and K-12 mild/moderate special education.

The nominators expressed their appreciation for Amanda's substantial efforts for the COEHS. One comment from the nomination is below:

"Amanda has provided teacher candidates entering into student teaching with an exceptional amount of support. She also provides support to host teachers and university supervisors help all become a functional team. Her triad training, resources, one-on-one meetings and guidance give our teacher candidates quality experiences that support their transition into the field."

School Counselor Virtual Q&A Session



In coordination with the ARCC office, the Counseling Department Chair held a virtual session for School Counselor candidates to receive updates regarding the program. The session was engaging and informative for candidates to help them be successful in the program.

Curriculum & Instruction

COEHS department head selected for the Women In Leadership Program of FOCUS Saint Louis 2022



Dr. Vanessa Vandergraaf has been selected for the Women In Leadership Program of FOCUS Saint Louis 2022. The program is based on inquiry and experiential learning, community as a classroom, leadership competencies and strategies for improvement, and the role of diversity and inclusion in leadership. Participation in the program will allow Dr. Vandergraaf to leverage the experience for Lindenwood University, as the program includes over 40 hours of professional development on leadership topics, exposure among the Saint Louis region's major corporations, and selected participants are widely reported by local publications, resulting in media exposure for Lindenwood University. The Women in Leadership Program of FOCUS Saint Louis is a competitive program with a limited class size. Dr. Vandergraaf submitted an application and two recommendations and participated in multiple interviews as part of the selection process.

Lindenwood Represented at State Conference



Lindenwood Student Council for Exceptional Children (LU SCEC) President Shannon Ransom, Molly Taff, Julia Bowman, and Faculty Advisor Dr. Rebecca Panagos will be presenting at the 6th Annual Collaborative Missouri Council for Exceptional Children Conference March 2-3rd in Columbia, MO. Shannon has been nominated for the Dabney Scholar Outstanding Special Education Student Teacher Award, competing with other university special education student teachers from around the state. Brittney Huck, LU student, won the Dabney Scholar Award for 2020, joining nine other previous Lindenwood Special Education Student Teachers over the past 22 years to receive this honor. LU SCEC currently has 21 members and is open to anyone interested in learning more about teaching and working with children of all abilities.

Leading a session of teacher candidates, practicing teachers and administrators, Dr. Panagos chairs an Open Forum: Recruitment, Preparation, and Retention of Special Education Teachers-Innovative Ideas to Address the Critical Shortage.

JOIN US FOR CAMP READ-A-LOT!

Would you like the opportunity to support a child's reading development
and earn course credit this summer?

Graduate Reading Courses: EDU 52300, 52600, & 50910

Undergraduate Reading Course: EDU 30910

When

First 3 weeks (May 16-June 3):

1 meeting per week online (evening) plus asynchronous coursework online

Second 3 weeks (June 6-24):

Monday through Friday 8 am to 2 pm.

The first 3 weeks of coursework are online and the second 3 weeks are in-seat to
accommodate PK-12 teachers' schedules!

Where

Lindenwood Cultural Center (400 N. Kingshighway, St. Charles)

Educational Leadership

GMOX Moves to New Location (or New Kids on the Block)



Greater Missouri Extended Sites (GMOX) has a new location at 1370 East Primrose Suite E in Springfield, Missouri. The new site is still easy access to the well-traveled James River Parkway, but is much closer to the large medical community and mental health facilities. The COEHS is excited to continue to offer a variety of graduate education programs. The new space has a larger classroom which can seat forty students, and the conference room is able to be utilized as a classroom and as an office. With the flexible space, there is now room to have 3 OWL classrooms and 2 offices. GMOX's staff currently consists of Dr. Tanya Vest, Assistant Professor of Educational Administration and Wendy Linton, Site Manager, as well as several

adjuncts. We are looking forward to expanding our services and working with the main campus to increase opportunities throughout Missouri.

CapIt@Lindenwood Podcast reaches over 3,000 global downloads and now on Amazon Music



[Click here to hear more!](#)

Not only can you listen to CapIt@Lindenwood on Apple iTunes, it's now available on Amazon Music as well! To listen, download the Amazon Music app, click on podcasts.

Feed Your Mind Fridays! Professional Development Open to Faculty, Staff, Alumni, and Current Students



Feed Your Mind Fridays are brief discussions on pressing issues in higher education. Each discussion begins with a presentation by a regional or national expert. A Q&A session follows each presentation. We welcome faculty, staff, current students and alumni to these important conversations! All presentations begin at 12:00 pm.

- February 18: Dr. Jason Lynch, “Impacts & Implications of COVID-19 on College Student Well-Being: What We Know & Where We Go”
- March 4: Anna Girdwood, “Name, Image, and Likeness (NIL) – What Does This Mean for Us”
- April 8: Dr. Colleen Martinez, “Using principles of relational pedagogy for online course success in higher education.”
- April 22: Dr. Debbie Bazarsky and Dr. Shaun Travers, “Core Competencies and Standards of Practice for the LGBTQIA+ Profession: Leading and Supporting Agents of Change on Your Campus”

[Register Here!](#)

Human Services

Social Work

Dr. Denise King Presents on Aging and Caregiving



In December, Dr. Denise King presented a workshop titled, “Lives Interrupted: Servicing Aging Elders and Their Caregivers” for the University of Missouri-St. Louis (UMSL) School of Social Work Behavioral Health Workforce Education and Training (BHWET) Program. This specialized program is designed to prepare students for the demands of vulnerable populations with unmet behavioral health needs. With an expertise in gerontological social work, Dr. King trained participants on aspects of aging including demographics of the elderly, types of dementia, elder abuse, and caregiving. Jenny Yeargain, a Lindenwood BSW student, attended the

seminar. “I appreciated Dr. King’s practice wisdom on gerontology,” Yeargain stated. “I want to work with older Americans myself. I was surprised to hear how most of the elderly live by themselves or with family members as caretakers.” Dr. King receives this feedback often and has focused much of her work and research with caregivers of the elderly. The social work professor said, “I knew of the stress when I had to care for my grandmother and can relate to the particular challenges for those who are caring for their beloved family members.” Dr. King appreciated the opportunity for this cross-university collaboration and welcomes other invitations to speak.

Clinical Mental Health Counseling

School Counseling Graduate in the Field

Dawn Walgate will be serving as a crisis counselor in the Fort Zumwalt District. She will be providing services to multiple elementary schools while the District hires additional staff to meet the need of the growing mental health crisis in area schools. Her studies in trauma-informed counseling will be an asset to working with K-12 students who have experienced trauma.

Dr. Patterson-Mills’ Recent Publication

Dr. Patterson-Mills is excited to announce a recent publication in the field of school counseling and supervision. The article points out that nearly every mental health field requires clinical supervision post degree. This is to ensure that emerging practitioners

are safeguarded against burnout, apply best practices, and are ethical professionals. Currently, school counselors-often the very first mental health professional to work with families-are not required to obtain supervision. Recommendations for how to implement a peer clinical supervision model are laid out for various constituency groups.

Brott, P. E., DeKruyf, L., Hyun, J. H., LaFever, C. R., Patterson-Mills, S., Cook Sandifer, M. I., & Stone, V. (2021). The Critical Need for Peer Clinical Supervision Among School Counselors. *Journal of School-Based Counseling Policy and Evaluation*, 3(2), 51-60. <https://doi.org/https://doi.org/10.25774/nr5m-mq71>

The second article in the series notes early marginalized influences on the career counseling field was published in the National Career Development Association online publication, *Career Convergence*. This article focused on pioneering women vocophers (the first modern generation of employment counselors) who laid the groundwork for the Department of Labor Statistics in the United States and early vocational bureau practices. Implications for the modern career development practitioner are discussed and recommendations for practice are made.

Students share research experiences in Lab headed by Dr. Freedle

Dr. Freedle's reproductive trauma and perinatal mental health lab is off to a good start this semester! Jointly with students Dr. Freedle was able to start the third wave of data collection for longitudinal research focused on mental health outcomes after pregnancy loss. They also submitted two poster presentations and one symposium proposal to two conferences: Postpartum Support International and the American Psychological Association. Here is what students have to say about their involvement in the lab so far.





“Working under Dr. Freedle in her research lab at Lindenwood University, has been one of the most rewarding experiences of mine. My name is Dishika Deepak Iyer, and I am a master’s student pursuing professional counseling at Lindenwood University. Being an international student comes with its own set of restrictions, one of which is that I cannot work outside the university. Working under Dr. Freedle has been a blessing. I have learnt so much when it comes to research, pregnancy and mental health (the focus of our lab), and teamwork. Dr. Freedle has been incredibly patient at teaching and is amazing at making us feel confident to do small tasks by ourselves. I was taking a class on Research Methods last semester and implementing/connecting everything to what we did at the lab was the easiest way to learn. The lab has been a place for growth, learning and self-exploration so to speak. I have had

the chance to present for APA conference in 2021, and it was so rewarding to see our work in the form of a poster. This is not to say that we don’t face challenges. Juggling school work and lab work can be stressful, and Dr. Freedle is very understanding and tells us to take a break as we feel necessary. But that only makes you want to work harder. Learning SPSS, a statistical software has been particularly challenging for me. It seems like everytime I am in a meeting, I understand what is going on, but the moment I sit to do something by myself, everything I learnt seem to go away. It’s very intimidating when we start out with something new, when everything is up in the air and we cannot see very far. But when the project is completed and loose strings are tied together, it’s such an exhilarating experience. Joining this lab has been one of my biggest achievements at Lindenwood University, and to be learning under Dr. Freedle has been a journey full of surprises and growth.”

-Dishika Deepak Iyer



“I am Maria Miller, a current Clinical Mental Health Counseling graduate student and researcher with Dr. Freedle. One of the most impactful experiences I have had so far working with Dr. Freedle was looking at qualitative questionnaire responses about the impact of COVID-19 on pregnancy loss. It was both gut wrenching and incredibly poignant to read about womens' first-hand experiences of feeling so isolated and under-supported during one of the more painful events of their lives. I am hopeful that the voices of these women will help underscore the importance of mental health and medical access for people who have experienced pregnancy loss. This research reminds me why we are in this field- to help others process their own emotions and trauma so that they can go on to live a healthy, fulfilling life.”

-Maria Miller



Grant Black Presenting at 2022 MCSS Virtual Conference



Dr. Grant Black, associate director of the Economic Education Center at Lindenwood University, will be presenting at the 2022 virtual conference of the Missouri Council of the Social Studies. His presentation, *Pandemic Economics*, will introduce teachers to a series of free curricular resources that apply economic principles and tools to analyze effects and policies related to pandemics. It will explore the ongoing COVID-19 pandemic as well past pandemics such as the 1918 influenza pandemic. The session will share how to access free resources; highlight specific lessons, videos, readings, and activities; and demonstrate how to use them. These versatile resources are perfect for engaging students in virtual, hybrid, and in-person learning environments. The lessons, activities, and other resources can be integrated across social studies subjects to give teachers flexibility in using them in different classes.

Find information about the MCSS Conference at <https://www.mosocialstudies.com>

Teaching Economics in American History Virtual Workshop



The Economic Education Center invites middle- and high-school teachers to participate in the Teaching Economics in American History virtual workshop on **Saturday, February 19, 2022**. The dynamic, interactive workshop is designed to strengthen the historical understanding of young people by providing their teachers with a stronger knowledge of economic events in our history. Dr. Tawni Ferrarini, director of the Economic Education Center at

Lindenwood University, will be one of the workshop presenters. Participants will receive **21 FREE textbooks** (mailed to the address on your registration) and a **\$100 Amazon**

gift card for attending the full day. A \$30 registration fee is required to reserve your spot but will be refunded if you attend the full day workshop.

[Click Here to Register](#)

Virtual Professional Development Opportunities in February

Join Dr. Tawni Ferrarini, director of the Economic Education Center at Lindenwood University, as she presents four virtual workshops for educators in February. Registration is free.

Look for future opportunities like these at <https://www.econed.center>.

Explore the links below for more information.

February 8, 2022, 5pm-6pm (CT) | Who Desegregated Major League Baseball: Adam Smith or Jackie Robinson?

Explore how markets work and how they have historically helped break down barriers to discrimination.

[Click Here to Register](#)

February 22, 2022

4pm-5pm (CT)

Investigating the Origins of the African American Middle Class and Entrepreneurship

Clifton Taulbert, David Steward, Oprah Winfrey, LeBron James, and other African Americans credit equal rights and the freedom to pursue their entrepreneurial dreams for their successes. Investigate how individual rights and personal freedoms help lift individuals, their families, and communities up and out of poverty.

[Click Here to Register](#)

February 23, 2022

10am-12pm (CT)

Winter 2022 Virtual Bootcamp: Macroeconomics

Learn how an economy functions and how economic activity is measured using indicators like workforce participation, gross domestic product and inflation.

[Click Here to Register](#)

Earn \$150 Stipend

Participating in February 17 Workshop at Lindenwood

The Economic Education Center will offer **Fundamentals of Environmental Economics**, a free workshop for educators on Thursday, February 17, 9 a.m.-3:30 p.m. Educators who attend the entire workshop qualify to receive a **\$150 stipend!** Participants can also earn professional development credit through the [Lindenwood Learning Academy](#). The workshop familiarizes middle- and high-school teachers, curriculum specialists, and university faculty with a non-biased approach that introduces the basics of environmental economics and provides effective simulations to introduce the concepts into the classroom. The workshop includes

classroom-tested activities, as well as a variety of interactive lectures and case studies focusing on the following topics:

- Overview of relevant environmental and economic concepts
- Tragedy of the Commons
- Water-use policies
- Climate-change policies
- Simulation for prioritizing global environmental spending
- Land-use case study

This workshop is perfect for educators in the sciences and social sciences. No prior economics background is required.

The workshop is free but registration is required. [Click here to register.](#)

We hope you enjoy this February issue of The Lead!

Please email any suggestions or feedback to COEHS@lindenwood.edu

Lindenwood College of Education and Human Services |
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