Page 6





Goaltender Heather Rossi pitches a shutout in a 6-0 victory against the University of Michigan.

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Volume 4, Number 8 www.lulegacy.com December 10, 2008

Lions fall play short of title game



NAIA semifinal gamble for win in final minute ends bid for national championship

By Micah Woodard Sports Editor

Lindenwood's featured first playoff victories in school history but fell just one play short of the NAIA Championship game.

The Lions lost 38-37 to the No. 1 ranked Carroll College Fighting Saints last Saturday on the Saints' home field in St. Helena,

Mont. The Fighting Saints grabbed the momentum and lead early in the semifinal game, holding a 24-10 advantage at halftime.

Trailing 38-17 with 5:20 remaining in the

fourth quarter, the Lions' fate seemed to be sealed.

"A whole lot of teams would have folded in that

situation," said Head Coach Patrick Ross. "It's all about mental toughness."

The Lions didn't lie down, however, and battled back with two quick touchdowns to pull within seven points at 38-31.

After an 17-play, 95-yard drive by the Lions, the stage was set.

On a fourth-and-goal play with only 38 seconds left in the game, senior quarterback Ben Kisner threw a

> 4-yard touchdown pass to wide receiver Rudy Fleming to bring the score to 38-37.

> > Conven-

wis-

would

tional

dom

-Coach Ross

"It's all about

mental tough-

ness"

have called for the gametying extra point to send

the game into overtime.

But Ross decided to put the fate of the Lions' sea-



(Top) Junior receiver Rudy Fleming breaks a tackle on his way to a touchdown in the Nov. 22 home playoff victory, the first in school history. (Bottom) Junior cornerback Adarrious Ross intercepts a pass near the endzone. Lindenwood defeated the Lambuth Eagles 65-48.

son into his high-powered offense's hands, electing instead to go for the twopoint conversion, the lead and, perhaps, the victory.

"It was a great opportunity for us to win the game. We had a lot of momentum," Ross said."When you have an opportunity to beat a team like Carroll on one [play], you want to take advantage of it."

But the two-point conversion failed in the form of an incomplete pass from Kisner to Fleming.

And the ensuing unsuccessful onside kick ended the Lions' magical comeback season.

Please see Title, Page 9

New center awaits city thumbs up

Assistant Arts and Opinions Editor

Soon Lindenwood students will see construction begin on a new student commons area.

The date this construction will begin remains in ques-

Julie Mueller, vice president for operations and finance, said that construction on the new building is "to begin as soon as possible."

However, Lindenwood must wait for the city of St. Charles to review and approve its proposal before beginning construction. The plans were sent to the city a few weeks ago, and the proposal could take several weeks or even months to be reviewed and eventually approved.

The start date for construction depends on when the city gives the approval. "The minute they give us approval, we will immediately begin construction." said Mueller.

Rivaling the 112,000 square feet of the Spellmann Center, the proposed student commons is scheduled to be 115,000 square feet. The projected cost of the building is expected to be around \$20 million.

Mueller said that the new commons will be connected directly to the Hyland

Performance arena in the grassy area adjacent to dormitories Pfremmer and Flowers.

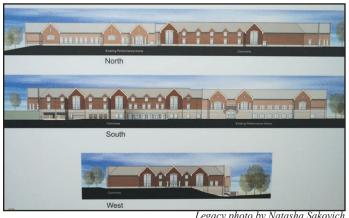
"The building poses unique challenges with the site plan because of parking space and other buildings," Mueller said.

Students can expect to find many new features in the commons area. A cafeteria, four gym courts, a suspended upper floor track, mail room and laundry facilities are all proposed for the new commons.

Students will also find a fitness center complete with new components as well as meeting rooms and offices for the Lindenwood Student Government and Student Activities organizations. The new commons will provide many new places and activities for students in the future, as well as some relief from long lines.

Earlier this year in a news release, President James Evans said that the new cafeteria will "ease long lines and crowds at the cafeteria in Spellmann Campus Cen-

According to Evans, the long lines are due to the 4,200 full-time students, including about 3,475 who are living on campus. As the number of students increases each year, the new commons will be a welcome relief from overcrowding.



An artist's rendition of the new student commons building shows how it will be directly connected to the Hyland Performance Arena. The darker portion in the drawings represents the new commons area.

Students' dissatisfaction with cafeteria food leads to waste Uneaten food amounts to 'four or five' full trash bags by end of night

By Nao Koike Contributing Reporter

Untouched bananas. Halfeaten sandwiches. Platefuls of pizza and other uneaten food.

They all pass through Lindenwood's cafeteria dishroom by the bags full each day, amounting to an unknown amount of waste.

"By the end of the night, we get four or five, maybe six full trash bags [of food]," said Linda Hauser, who refers to herself as "the boss of the dish room."

The cafeteria, located on the second floor of the Spellmann Center, also usually gets between five and six of 56-gallon trash bags of wasted food after lunch and two of them after breakfast.

PFOODMAN, the vendor that has served Lindenwood since 2001, has been working on portion control to reduce the waste. Ralph Pfremmer, chief executive officer of PFOODMAN, said that portion control tries to de-

termine the amount of food the average student eats in a meal. Based on this calculation, servers give a certain amount of food at a time to discourage students from taking too much food.

"If you are still hungry, you can come back and get more," Pfremmer said.

Russ Hunt, general manager of PFOODMAN, noted the difficulty of having buffet-style dining.

Hunt said that controlling the portions is harder in some



Legacy photo by Hiroko Furuhashi

Students leave plates of uneaten food in the cafeteria each day.

food lines, such as the salad, tions because consumers can and pizza and bakery sectake as much as they want.

Fouad Ghazzaoui of Lebanon agreed. "You cannot control how many bananas a person can take," Ghazzaoui

Ghazzaoui said he tries not to take more than he needs, but sometimes the food doesn't satisfy him. "I expect it to be good when I put it on my plate, and I discover later on [it is] so bad, I cannot even eat it," he said.

Denise Andre, a junior Please see Waste, Page 2

LU students get **J-term options**

By Jessica Conaway Contributing Writer

While students at other college campuses around the area enjoy a winter break, some Lindenwood students head back to school for Jterm.

J-term is the semester that falls between the fall and spring semesters.

During this time students are allowed to take one class and get full credit without any additional costs.

Originally started in the '70s, J-term was designed as a helping tool for students. Jterm fell off the schedule for a time but returned in 2000.

Jann Weitzel, provost and vice president of academic affairs, said that J-term is helpful both economically and as a recruiting tool.

"Sometimes student loans are only good for four years," said Weitzel. "J-term allows students to graduate on time, or even early. Taking a Jterm course every year for four years is just like getting a full semester for free."

Until this year, J-term offered more general education courses, Weitzel said. "However, students weren't getting what they needed academically. Courses offered now and what's expected in the future are courses designed to be more innovative and creative," she said.

In years to come, J-term will undergo many changes. It will last $2\frac{1}{2}$ weeks rather than three weeks; however, the 35-hour requirement will still have to be met.

"Faculty are encouraged to be creative with their time," Weitzel said. "Some faculty may offer their classes at night for those who work during the day, or some might meet their 35 hours required in one week. A more flexible schedule will allow more students the opportunity to take classes."

J-term is not only a way to receive credit for free but also a good time to schedule internships and study abroad.

These opportunities allow students to experience certain programs without the courses getting in the way of other schooling.

The last day to enroll for the 2009 J-term is Dec. 29. Students should arrive at class on Jan. 5 with the required books and a completed assignment.

First day assignments can be found on PC Common or on the Lindenwood Web site under Academics.



Communications Director Scott Queen and Public Relations Coordinator Chris Duggan work from their new location at 1165 First Capitol Drive.

Public relations staff settles into new home

By Joe Varrone Staff Reporter

Lindenwood's public relations department has moved from the bottom floor of Roemer Hall across the street to 1165 First Capitol Drive.

The relocation was made after it was decided that the business and financial aid departments needed more space for their day-to-day operations.

Communications Director Scott Queen is excited about the move. "I'm very pleased with the move because it gives us more room to work. We had a really tight situation in Roemer. The new offices just look more professional," he said.

The "tight situation" was not enough space for all the workers in the department. Queen said that the office has four full-time workers, a graduate assistant and numerous Work and Learn students.

Despite the move across the street, the department will still play a vital role for the university.

Public Relations Coordinator Chris Duggan reminded students that "just because we're not in a central part of campus, it doesn't make us less accessible."

The department's responsibilities include originating news from or

about Lindenwood, emergency text messages, producing alumni magazines, creating brochures for the admissions department and university advertising.

Queen added that sometime in the near future, LU officials plan to put up banners along First Capitol Drive.

He said it would create what he called a "cathedral effect" as people approach the university.

"It's going to be really neat to see those banners," he said.

For more information on the public relations department, call Queen at 636-949-4920 or Duggan at 636-949-

Events mark MLK day

By Amelia White Contributing Reporter

The Martin Luther King national holiday has been around for 22 years, next month celebrated on Monday, Jan. 19. Past efforts to honor the day at Lindenwood have gone nearly unnoticed, but the university's Black Student Union (BSU) aims to change that in 2009.

Members of BSU are planning activities to remember and honor the civil rights leader, slain by an assassin in 1968. Senior Constance Jones, president of BSU, said, "We are going to acknowledge him on Jan. 19 with a prayer and reading his ["I have a dream"] speech in front of the cafe, but we will also do a bigger celebration during Black History Month"

Waste

Continued from Page 1

Ghazzaoui said he tries not

to take more than he needs,

but sometimes the food

doesn't satisfy him. "I expect

it to be good when I put it on

my plate, and I discover later

on [it is] so bad, I cannot even

Denise Andre, a junior

who transferred from Mis-

souri State University in

Springfield, agreed. "Some-

times the food just isn't that

tasty," said Andre, who likes

Lindenwood's cafeteria for

the most part, compared with

the cafeteria at her previous

college. "It offers more selec-

tion, and it is better prepared

than [the food at] my other

Gillian Couture, a senior,

said that Lindenwood stu-

dents tend to waste more

eat it," he said.

school."

in February.

Like Jones, junior Jon Robinson thinks that King should be honored. "I believe he is as influential to American history as Abe Lincoln or George Washington, not only for black civil rights but also non-violent protesting."

Senior Gabby Green suggested that more advertising is needed to support the holiday and events. "If they do plan an event, put it on LUTV or something. I don't even remember seeing fliers" in the past.

Co-sponsor of BSU Cathy Hart agreed with Green. More ads, "perhaps through posters, the Web site, fliers," should promote greater attendance, she said.

For more information and to participate, contact Jones at ceim11@hotmail.com.

Underclassmen register for spring classes

By Jordan Lanham and Joe Varrone Staff Reporters

Freshmen and sophomores avoided the hassle of early registration lines by registering for spring classes online for the first time on Nov. 17-

Registration was met with the same mixed reactions expressed by the upperclassmen the previous week.

"Overall, it went really well," said CAMS Project Manager Shawn Haghighi, "By the end of freshman registration, 4100 students registered."

Many students who experienced problems got online to register at 7 a.m. when the program first opened.

Freshman Emily Bizaillion got on at 7 a.m. and said that she didn't have any problems. "I got kicked off once, but other than that I got all of the classes I needed with no other problems than it being really slow."

the system was slow, most of them were taken. agree the procedure is more efficient than the previous procedure which required waiting in long lines.

Haghighi said the system was slow from 7-9 a.m. because so many students were attempting to register at once.

"We are improving our network infrastructure," Haghighi said. "We are looking at purchasing a higher powered server."

Other underclassmen said that they experienced problems with classes being closed.

"It was a nightmare," freshman Daniel Jones said, "I think it's a good idea if they get it working right."

Like many others, Jones said that he started trying to register at 7a.m., but the system was moving so slow he had to wait until 1p.m.

Jones is on the golf team and said that he needed morning courses to accommodate his schedule, but by Although some said that the time he registered most

"I had to take the [classes] in the afternoon, so I don't know what's going to happen now," Jones said.

Jones said that the concept of online registration is good, as long as the kinks are worked out.

A few students said that although online registration was much quicker than the previous method, they wished they had an adviser around to make suggestions when classes were closed.

Bizaillion said that it made her "a little nervous" to register without the help from Lindenwood faculty. "It's different when you have an adviser there because if you didn't get the class you want, they can get you other classes that fit the criteria," she said.

Sophomore Alicia Boland said that when her classes were closed she used her bingo sheet to find what she needed. Bingo sheets are a list of general education and major requirements, available on PCCommon or from a faculty adviser.

Haghighi said that he estimates around 5% of students had a problem while register-

"The students who had problems, neglected to check their Lionmail accounts and once they did, everything was fine from there," Haghighi said.

Online registration help was sent to student Lionmail accounts before registration began.

Freshman Jordan Brake said that she called a friend to help her through the process. "I was kind of confused and tried to look up the instructions that the school sent out but they wouldn't come up," she said.

Boland also consulted the directions that were sent to her Lionmail account for help.

"It was pretty self-explanatory," she said. "I probably could have done it without it, but reading it before really helped."

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Couture said.

food than the students at her previous college, where they had to pay for every meal separately. "People usually eat what they paid for because they had to pay for it,"

Lindenwood students do

pay \$1,500 for a meal plan and the scan their IDs to enter the cafeteria.

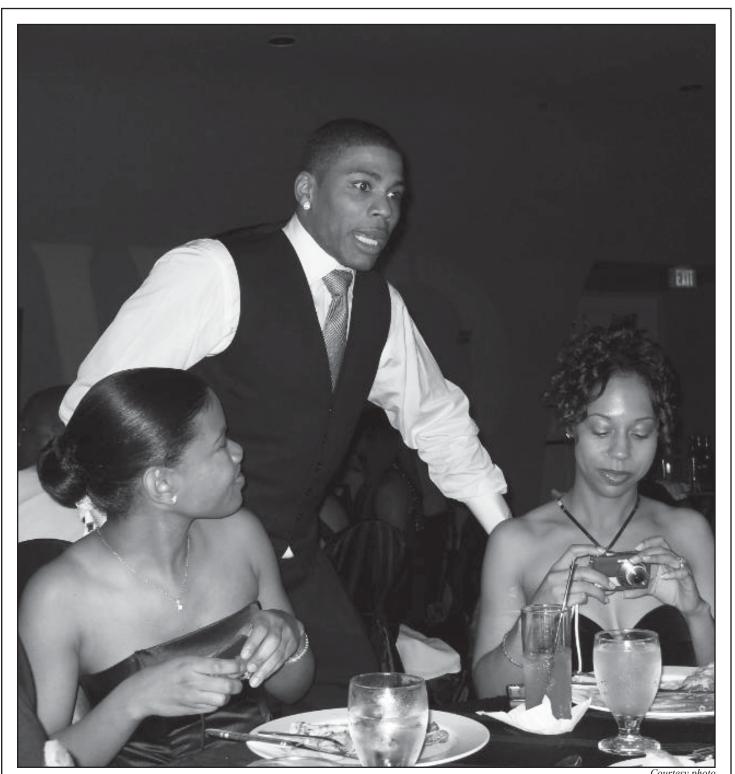
Couture said that students should know that wasting food amounts to wasting their own money, "but students don't see that."

Lukasz Lach, assistant manager of the cafeteria, agreed. "It hurts to look at [the amount of waste] because there are some countries where people get nothing to eat."

Dr. John Oldani, vice president of Student Development, referred to wasting food as a moral issue. Oldani added that when international students, who might not have experienced hunger but have seen it firsthand, see food wasted, it is dishearting.

He wants international students to share their experiences, so that people can get a different perspective.

"We have so many cultures here that we can all learn from each other," Oldani said, "and we have a lot to learn from each other."



Native St. Louis rapper Nelly, visits a table at his annual Black and White Ball on Nov. 30. The BSU announced a new scholarship at the event.

Star-studded ball launches new scholarship

Nelly, Orlando Pace and Steven Jackson among celebrities at event

By Reginald Cunningham **Contributing Reporter**

On Sunday, Nov. 30, local music artist Nelly and Jermaine Dupri hosted their annual Black and White Ball event.

The event featured performances by 4-time Grammy winners Boyz II Men and St. Louis Rapper Murphy

At the event, Nelly, Lindenwood's Black Student Union, and Plaza Motors announced a new scholarship program to provide two students from the St. Louis region with financial

This aid would consist of 4-year, full-tuition scholarships/grants to Lindenwood University.

is monumental because the BSU is such a young organization, begun last school

give Lindenwood national Witherspoon and Shane recognition.

It has appeared outlets such as Forbes.com, CBS, allhiphop.com, and blackamericaweb.

"The Black Student Union is very

com.

excited to be involved in for Professor Witherspoon's this prestigious honor," said BSU President Constance Jones.

The event was attended

the BSU: Jones, Charo Richardson, Vania Joiner, Karl Jackson and Reginald Cunningham, as well its William-

"The Black Student White Ball was Union is very excited wonto be involved in this derful exthat was enjoyed by all and I am

> thankful efforts in establishing these scholarships and partnerships," Williamson said.

Also in attendance were

The scholarship program by the executive board of celebrities Ashanti and St. Louis Rams Orlando Pace, Steven Jackson and Alex Barron.

Laurence Maroney, Ro-The new scholarship will faculty advisers, Pernell land Williams, Ernie Isley and several other local TV/ radio personalities also attended the event.

> "It was an amazing and and a proud moment for Lindenwood and the Black Student Union to be a part of," said Richardson, BSU's perience vice president.

> > The scholarship is open to all incoming first-year students who meet the university's requirements for admission and exhibit leadership qualities.

> > Demonstrating academic success and financial need are also factors in the decision process.

Program helps students win in classroom

By Victor Lillo Bertoldi

Contributing Reporter

Especially during this time of year, in the middle of finals week, many students find themselves struggling with school.

What many don't know is that Lindenwood University offers a program for students who have trouble maintaining their grades.

Located in the Student Development Office on the fourth floor of Spellmann Center, the Office of Student Success Program, led by Director Cathy Hart, helps students overcome their personal obstacles to success.

Lindenwood started the program about 15 years ago at the direction of then-president Dennis Spellmann.

It was designed as a means to help students grow up and be able to achieve the education they came to get at Lindenwood.

Multiple reasons plain why students find themselves in the program.

According to Hart, students can be required to join the program after they have

been on academic probation for two consecutive semesters, if their cumulative or semester grade point average (GPA) drops below 1.0. or if a student is failing most classes by midterm of a semester. can volunteer to join the pro-

"The most frequent reasons students find themselves in the program are time management, off-campus working hours, personal or family issues and homesickness," Hart said.

"Every student has a different story and it is interesting to hear some of the reasons students give for not doing what they are supposed to be doing."

She said the best known part of the program is the Success Contract, in which students agree to meet with a success adviser, attend their classes, complete assignments and adhere to select student success groups."

strategies designed to help them attain academic suc-

Usually the contract is in effect for one semester at a

Students who meet all requirements of the contract within that semester have the chance to get out of the pro-

But to leave the Success Contract, students need to achieve good academic standing, which is a cumulative and term GPA of 2.0 or better, Hart said.

Ultimately, the program aims to equip students with the skills and ability to meet the challenges of achieving success in school while living a balanced life.

"The Student Success Program helped me strengthen my attendance skills and made me more aware on how

I was doing in my classes," said junior Erin Mitchell. "The program has "The program given me the opporhas given me the opportunity to become a better student."

> Hart has been director of the program since 2005 and

enjoys helping students, even though her job isn't easy.

tunity to become a

–Erin Mitchell

better student."

Junior

"I would say that the most challenging aspect of my job consists of trying to help students who are not committed Hart also said that students to helping themselves," said Hart.

> When it comes to rating the overall success of the program itself, the program has helped students raise their grades about 63 percent of the time, whereas about 29 percent of the students in the program fail again, Hart said.

Since its beginning about 15 years ago, the Student Success Program has undergone a couple of changes.

"The program now has an all-volunteer staff of advisers," Hart said.

"In addition, it has become part of the Student Development Office and also includes

New emergency text system ready

prestigious honor."

BSU President

-Constance Jones

University now using Rave system to provide alerts to students

By Tim Jennings **Contributing Writer**

Students, faculty and staff of Lindenwood University have a new emergency text message system designed to keep them informed during emergencies on campus.

The new service, provided by Rave Wireless Inc., started Nov. 14 and should improve campus safety and communication, university officials said.

The university has been using a text message system since 2007, but like leaders at other colleges and universities around the country, officials decided to upgrade the wireless messaging system for campus alerts, according to a press release. The alerts will be used for weather warnings, safety emergencies or major disruptions to services.

through LionMail, but only half are registered by cell phone. Providing a cell phone number would ensure that individuals would receive notification quickly through Rave Alert.

Although the messaging service is free, cell phone providers may charge for the text message.

Individuals that have previously signed up to receive text messages with the former system will continue to receive them through Rave.

For the system to work properly and to ensure that all those participating will receive alerts, officials urge individuals to make sure that their cell phone numbers are up to date. To access the Lindenwoodalertapplication, logon to https://www.getrave.com/login/lindenwood. After logging in for the first

All students are registered time, the password can be changed. For questions about Lindenwood alerts or how to set up an account, contact the Lindenwood helpdesk at helpdesk@lindenwood.edu.

Dr. James Evans, Lindenwood president, stated in a news release, "I encourage all of our students, faculty and staff to participate in the system.

This is an important part of our overall effort to ensure the safety of everyone on campus."

Rave is the leading provider of safety applications for mobile users.

Some of their clients include Boston College, Duke University, Colorado State University and the University of Florida.

The company also is a partner with AT&T, Sprint, Verizon, Blackberry and Microsoft.

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Current Events

What are your holiday traditions?

By Lauren Kastendieck and Natasha Sakovich Staff Writers

We open presents by starting with the youngest kid opening one, and then everyone else opens one



We eat tamales on

Christmas. "

—Tatiana Padilla, freshman

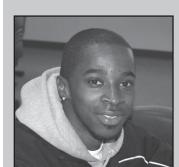


ents on Christmas

—Jeremiah Murrell,

freshman

eve."



"Back home we have a festival in the Bahamas the day after Christmas."

—Prince Wilson, senior

We go to Iowa to visit family."

—Kacie Schoenwetter, freshman





⁶⁶Family comes in from out of state." -Kyle Riddell, senior

66Christmas Eve my mom gives us an ornament."

> —Lauren Garrett, freshman



India terrorism affects students

In the past few months it can easily be seen that the people of India have been living in terror. The first attack of the year came in the city of Jaipur on May 13, followed by attacks in Bangalore and Ahmedabad in July. In September, a series of blasts in the capital Delhi killed about 30 people and injured more

than 90. The recent and most deadly attack that received international attention came in the financial capital of India, Mumbai. It started Nov. 26 and ended Nov. 29 after Indian security forces took control of all the attack sites in the city.

About 172 people, including about 30 foreign nationals, have been confirmed dead and more than 300 injured.

One common thing about all these attacks is that market areas and other largely crowded places have been targeted. In Mumbai, a railway station, hospital and movie theater were the targets along with the two five star hotels, the Taj Mahal and Palace Hotel and the Oberoi Trident Hotel. The attackers have not been confirmed and the investigation is still in process.

The Indian media has reported that a previously known organization called Deccan Mujahideen has claimed responsibility for the previous attacks in New Delhi, via e-mails sent to news organizations. The Indian government in the attacks.

Pakistan is one of the major countries lying at the epicenter of terrorism, and in fact, the one surviving terrorist arrested by the Mumbai police during the recent attacks revealed that the attackers belonged to a Pakistani based Islamic

group named Lashkar-e-Tai-

India is in a moment of crisis now. Those who witnessed it are still terrified. The gunfire and explosions along with fire was reported by the victims who survived. To me, it seems as if terrorists follow no norms of humanity or rules of brotherhood. Humans killing humans; this is all wrong.

India and Pakistan have always been in the news because of their relationship with each other, especially over the Kashmir issue. This recent attack in Mumbai has made the already strained relations between the two countries

The Pakistani government's failure to restrain terrorism that has originated from its own soil could be a big problem for its relations with countries all over the world. These attacks now have become intolerable, the havoc has reached its peak.

In a news interview over the Thanksgiving weekend, Pakistan Ambassador Husain Haqqani said on the Fox news channel, "The target of this terrorist attack was not just India. It was also Paki-

mainly suspects Pakistani Islamic groups stan's fledgling democracy." India has made efforts to have a peace agreement with Pakistan, but everything has failed. If these two governments do not come together and talk, the terrorists will not stop killing innocent people.

The FBI is also working with the Indian government investigating the at-

Criticism of Indian politicians by the general public led to the resignation of the Minister of Home Affairs, Shivraj Patil, and other government officials. India is also asking Pakistan to cooperate and support further investigation and act against the militants.

The Indian Ministry of External Affairs also summoned Pakistan High Commissioner Shahid Malik on Dec. 1 to lodge a formal protest against Pakistan's inaction against terrorist groups operating within the country.

One Lindenwood student from Mumbai worried about family and friends when he heard about the attacks. Senior Aakash Parikh said, "When my uncle called from New York and asked me about my family, then I called my parents to make sure they are fine and safe. Their first reaction was that everything was OK, but later they found out that it was a bigger deal."

After these terrifying attacks in India, tension between the two nuclear-armed rivals, India and Pakistan, may enter a more deadly phase.

The Pakistani government should fully cooperate with investigations to track down those responsible for such terrible

Black Friday risks lives for holiday deals

T.J. Grigone

The Black Friday '08 official death toll: three. In Long Island, N.Y., a Wal-Mart worker was left dead as frantic shoppers trampled over him after the store's doors opened. And in Palm Desert, Calif., two men were shot to death following a disagreement at Toys 'R' Us.

My brother and I were driving home from our annual Thanksgiving feast at our uncle's house Thursday evening when I noticed a herd of people gathered outside of we're killing Best Buy.

"Black Friday," my brother sions. laconically stated.

deal. I bet somebody dies." I

this Is where our society is headed? We're more civil than this, aren't we?

Sakshi Bagai

Humans used to kill for food, now it seems

over \$400 flat screen televi-

It's obvious that stores need "Oh, right," I replied. "People to implement a few policies

it's becoming apparent that won the bet but I wish I hadn't. people can't control themselves. A good deal brings out the

> primitive animal in us. We want our Xboxes at half price, and we'll callously flatten any-

our way. One of the problems here is quantity. Stores offer

body who stands in

these extreme deals, but their quantity of these items is lim-

They should hand out num-

are savages when it comes to a before next year's event since bers – first come, first serve. Anything to avoid, or at least lessen, the stampede of customers racing to get the last "hot" item.

> Stores need to start taking responsibility and work on creating a safe and controlled environment during these hectic holiday shopping days.

So next year when you're sitting around watching football on Thanksgiving, remember, if you want to see a real sport – where not only the last laptop is on the line, but actual lives - go shopping the next day.

Nearly there and not so bad after all

Lauren

Kastendieck

back. As the semester winds down, I am at ease from waking up and trekking out in the cold weather to classes. I've racked up overtime in Work and Learn.

I survived midmy terms, and I dread my finals first week.

I am anxious to leave my

the dorm, go home unpack my belongings and eat mom's home-cooked meals.

I'm most looking forward to catching up on lost sleep, raking in extra money I've horribly spent, and finding my missing clothing or socks here and there.

After that window of freedom, it'll be time to squeeze in holiday shopping, get my new textbooks, and hopefully escape somewhere for a weekend.

Basically, I'm glad to finish up my first semester as a freshman, and I'm only a semester away from being a sophomore.

At the beginning of the se-

It's about time I've come mester in August, I was nervous and thought negatively about not making it to December.

> Now I look back and say, "Hey, this wasn't that bad."

> > endured I've several rollercoaster days when my professors gave me an assignment the same day I turned one in.

Then the next week there's another assignment waiting to be done.

I'm actually excited to make it to the end of the first semester of college and come back in the New Year with more energy that will slowly sink by late April.

I am starting to like this cycle much better than that of high school.

There are windows of flexibility, and I would suggest taking those opportunities to relax for a day.

Personally, I feel relieved to just say this: I am done for a month.

The Legacy

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Mission Statement:

The Legacy's mission is to provide students and staff with accurate news pertaining to Lindenwood University. Views and opinions expressed are not necessarily the views of Lindenwood University, its board of directors or the university administration. The student editors and adviser are responsible for the content of the newspaper.

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Winter wandering leads to area attractions

Staff Writer

The semester is coming to a close, which means finals and cold weather are here. But don't use this as an excuse to stay inside glued to your desk for hours. Grab a coat, put the books down and take advantage of some local winter attractions.

Forest Park in St. Louis prides itself on the many winter activities it has to offer, many of which have become traditions to citizens of the St. Louis area.

The Steinberg ice skat- you up and Christmas music

through March depending on the weather, is a great place to take a date or a group of friends. "It was a cool experience because I was able to ice skate in an outdoor setting rather than indoor rinks," said senior Ashley Christopher.

The rink's hours are 10 a.m. to 9 p.m. during the week. On Friday and Saturday it stays open until midnight. It is \$6.50 to skate and \$2.50 if you need to rent a pair of skates. A concession stand serves treats to warm

ing rink, open November is played to put everyone in the holiday spirit.

> Sledding is also available at Forest Park, assuming snow arrives. Sledding at Art Hill has become a growing tradition and provides a lot of fun. Art Hill is located directly in front of the Art Museum and is open to all free of charge.

> If sledding and skating aren't your niches then check out the many indoor attractions the park provides. The Art Museum and History Museum are both open year round and provide hours of entertainment.

"They both were a fun es-

cape from the bitter cold of the winter," said freshman Latisha Morgan.

The Art Museum is open every day but Monday. It opens at 10 a.m. and closes at 5 p.m. every day but Friday, when it stays open until 10 p.m. The museum is free but some featured exhibits have a small fee.

The History Museum is open daily 10 a.m. to 5 p.m. and until 8 p.m. on Tuesdays. It is also free with the exception of certain exhibits.

"The more I stayed in the museum, the more I felt like a St. Louis native," said Mor-

Inside the History Museum is Meriwether's Restaurant, which was featured on The Food Network's "Best of Museum Restaurants." The restaurant serves a daily lunch, as well as a special brunch on Sundays. For more on all of these attractions go to stlouis.missouri.org/citygov/ parks/forestpark/.

Activities closer to campus that can be enjoyed from the comfort of your car are the many Christmas light shows available in St. Charles County.

One of the more popu-

lar displays is Fort Zumwalt Park's "Celebration of Lights" in O'Fallon. This extravagant display is put on each year and takes roughly 20 minutes to complete and is only \$9 per vehicle.

"The decorations and the lights really put me in the Christmas spirit," said junior Courtney Hampson. park also provides special attractions such as a train ride, carriage rides, a petting zoo and a special walk-through night scheduled Dec. 9. For more on this display go to http://www.ofallon.mo.us/ dept tourism COL.htm.

A new addiction to lick

Lipbalm addictions prove troubling, especially during the winter months

"I'm not talking

about your everyday

addictions. Alcohol,

drug and sex obses-

sion are nothing out

of the ordinary com-

--Christopher

pared to this."

By Ashley Christopher Contributing writer

I've never really considered myself to have an addictive personality – until a radio show segment had me second-guess-

I'm not talking about your everyday addictions. Alcohol, drug and sex obsession are nothing out of the ordinary compared to this.

Lip balm is my vice of choice.

It sounded crazy to me, until I started thinking about it. How can anyone be addicted to lip balm?

Then I made a frightening discovery: every comment from the callers, who claimed to have an addiction to lip balms, applied

Applying balm multiple times per day? Check. Out of fear of dry lips, I apply balm, on average, about 12 times a day.

Applying balm religiously before bed? Check. I absolutely cannot fall asleep without my lips being completely saturated with lip balm. I've tried, and it doesn't work.

Having lip balms in multiple places? Check. I have five different sticks of my favorite, Burt's Bees,

stored in places I know I will always need them. One in my purse, one in my school bag, one by my bed, one in my car and one at my desk.

Buying a new tube because I forgot mine at home? Check. I have to admit, there have been two times I can think of that I have bought a new tube, although I had 20 perfectly good ones at home. How could I survive the day without hydrated lips?

Intrigued by what I was hearing on the radio, I went online and found a Web site dedicated to the rehabilitation of lip balm addicts.

Lip Balm Anonymous is modeled after other 12-step programs, like Alcoholics Anonymous.

Like its alcohol recovery counterpart,

LBA follows a famous mantra: "The first step towards solving the problem is admitting you have one."

LBA also encourages its members to follow a 12-step program that is eerily similar to AA's.

Among the 12 steps are making amends to those who were harmed in the path of your addiction; making a decision to admit to God your wrongs; and admitting a power greater than yourself can lead you back on the path to sanity.

Also on the site is LBA's reasoning behind why lip balm addiction is possible.

LBA points fingers at natural elements,

such as wind, cold and sun, leading addicts to believe they need to apply balm more frequently.

Another reason behind

the addiction is lip licking, which dries out the lips more quickly than they normally would. Also, breathing with an

open mouth and dehydration can be culprits leading to addiction, LBA says.

So, how would one recover from lip balm addiction?

According to LBA, the only way is to go cold turkey.

The organization also suggests using more lubricating products such as Vaseline and Aquaphor in lieu of lip balms.

After hours of soul-searching and reading testimonies of recovered addicts, I've decided that I'm not ready to sing LBA's mantra and admit I have a problem.

Until my lip balm usage interferes with my daily activities or I begin coating heavily after a stressful day, which LBA says are both signs of true addiction, I will admit to nothing.

I plan on continuing my excessive Burt's Bees use and appreciating its greatness until I am ready to come clean.

For more information on lip balm addiction and how you can help combat it, visit LBA's Web site at www.lipbalmanonymous.com.

Eating through the holidays

By Dara Kellock Contributing Writer

The holidays mean enjoying time with family, enjoying time off from work and school, enjoying new gifts from loved ones and also enjoying food.

Food can be a very pleasurable part of the holidays but it can also be very troublesome for your waistline. So how do can you indulge in the holiday dishes you love but still maintain a suitable weight?

"Stick to the basics," said Andrea Alameda, assistant professor of health & fitness sciences. "Foods in their natural state are always a way to cut calories and avoid hidden fats."

Alameda also advised watching portion sizes. "For example, limit casserole dishes to small portions, but have more generous helpings of fresh fruits and vegetables, whole wheat rolls, and lean meat slices," said Alameda.

Using this method you are able to eat the calorie filled dishes that you love but also within a reasonable stay diet.

Ben Greenfield, author of the article "Eat Right for the Holidays," says that eating decent-sized portions of fruits and vegetables is a

good way not to overindulge in unhealthy choices.

and pumpkin as possible... before the turkey, mashed potatoes, and gravy," writes Greenfield.

"Pumpkins, onions, celery, green beans, and fruits such as cranberries and apples are high in fiber and tend to make you fuller faster," he said.

Make sure, though, when choosing fruits and vegetables that they are cooked in a healthy manner.

When it comes to meat choice for the holiday meal, Alameda said that both ham and turkey are healthy choic-

"The most important conwas cooked, marinated, or glazed. The more sauces and oils used to prepare the meat, the better chance of added sugars, fats and preservatives," she said.

"For ham, avoid eating visible fat that may accompany thick slices. For turkey, eating white meat tends to have less fat than dark meats," said Alameda.

And finally, of course, comes dessert - which Alameda surprisingly suggests eating first.

full meal and then still finish a full dessert because they

love the dessert. However, if you indulge in your dessert "Eat as much vegetables first, you are less likely to eat the same dinner portion," said Alameda.

> Greenfield says that choosing the right dessert can save hundreds of calories.

"...Choose a fiber-rich, lower sugar pumpkin pie over rich, buttery apple, or even worse, pecan pie. The pumpkin pie takes up just as much room in your stomach, which will still satisfy your appetite."

Three more tips to keep in mind during the holidays are to eat slow, don't fast all day before the meal and get a little exercise.

"Eating slowly allows you sideration is HOW the meat to feel full before you've eaten more than you actually need...Snack beforehand. Don't fast all day because you know you'll be eating a big meal later on. The last thing your body needs is to be in starvation, fat-storage mode when the feast arrives," writes Greenfield.

> As for exercise, Alameda said that it can be as easy as a walk around the block.

> "Plan a walk before or after social gatherings with friends," she suggests.

"Physical activity will help "Many people will eat a boost your metabolism and help burn extra calories from those holiday meals."

Attention Student Organizations:

Do you want to advertise your club or event in

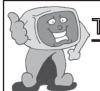
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Will Smith visits St. Louis for 'Seven Pounds'

Actor attends screening, encourages holiday donations to STL area foodbanks

By Jordan Lanham Co-Editor

Editor's note: Actor Will Smith held a charity event in St. Louis at the AMC Creve Coeur Cinema on Nov. 19, where fans brought canned goods in exchange for a raffle ticket and chance to screen his new movie, Seven Pounds, with Smith himself. In addition, Smith donated 300 turkeys to the St. Louis Food Bank.

In the movie Seven Pounds, Will Smith plays a suicidal man determined to accomplish a few specific goals before he takes his life. While on the road to his demise, he falls in love.

It's Will Smith like you've never seen him before. Absent are notable Smith qualities like his charming humor from the early days of the Fresh Prince of Bel-air or the admirable heroes from Independence Day and I Am Legend.

But audiences will not be disappointed when the film hits theaters on Dec. 19. Seven Pounds is Will Smith at his best.

Smith delivers a vastly difmakes male chick flicks."

ferent but powerful performance in the dark, emotional story of Ben (Smith) and how one careless moment ruined his and several other lives.

Smith has been moving in a more serious direction with his last few films, starting with The Pursuit of Happyness, directed by Gabriele Muccino.

Smith spoke to a panel of journalists at the Four Seasons Hotel on Nov. 19.

"I've been studying story for about the last eight years and I've been having such revelations," he said.

Smith said that his studies also include ancient history and foreign languages.

"The whole purpose of telling a story is to reveal a pattern about life," he said. "There's the other side of a revelation of a pattern."

This darker side is what Smith focused all of his energy on for Seven Pounds, and Smith said that he thinks this movie marks the point where he first got a hold of that side.

Muccino once again for Seven Pounds. "He's a fantastic (Rosario Dawson), and falls

While the movie starts with confusing flashbacks and vague voiceovers, viewers won't take long to piece the fragments of Ben's tragic past together.

Ben's tragedy is the driving force behind his depression and the need to redeem himself by helping seven strangers.

Smith said that the darkness of this movie affected him more so than any other

"It gets on your spirit if you want to be able to perform it well," he said. "The next one's going to be a comedy," he joked.

While most of Smith's previous characters are lovable for their humor or courage, Ben will have audiences sitting on the fence as they try to decide if he is the good or bad guy.

Ben is easy to hate in an opening scene where he taunts and depreciates the life of a friendly blind salesman named Ezra (Woody Harrelson); however, viewers Smith teamed up with see a softer side and can empathize when he meets Emily plicates his plans and forces diences struggling with their ers, we didn't want to make or a hero.



Legacy photo by Chelsea Lewis

Will Smith donated 300 turkeys to the St. Louis Foodbank for Thankgsgiving. He promoted his new movie, Seven Pounds, at the AMC Creve Coeur Theater. People that brought non-perishable foods to the theatre received tickets for a drawing. Winners watched the film with Smith.

him to make a tough choice. emotionally- tissues. ranged performance as Ben

emotions and reaching for a choice," Smith said.

They decided it was up "What we landed on in to the audience to decide director," Smith said. "He in love with her, which com- is brilliant and will have au- this movie is as film mak- whether Ben was a coward

Scrooge Musical makes its debut in the new theater Dec. 4-7

Jannah Hotchkiss Contributing Reporter

weekend's Last six-show Lindenwood theater production of "Scrooge" left the audience saying anything but "bah humbug".

This year, the Theater Department put a musical spin on what has became an annual performance of A Christmas Carol.

The musical retells Charles Dickens' classic tale of a sour old hermit who changes his perspective of Christmas through a series of night visitors and who experiences the true spirit of generosity, family, and

holiday cheer.

Peter Colombatto played a nearly flawless Scrooge, complete with snarls and grimaces. He made the audience forget for a moment that under all that makeup was a college student instead of a miserly old man.

Other cast members included Devon Norris as Scrooge's humble assistant Bob Cratchit and Jimmy Krawczyk as Scrooge's cheerful nephew. Homer Smith played Scrooge's dead partner Jacob Marley with a humorous blend of satire and pessimism. The roles of the ghosts of Christmas past, present,

and future were filled by Maggie Murphy, Mike Dowdy, and Jimmy Flint-Smith, respectively. A group of about 15 children from the community completed the extensive

The musical numbers were diverse, ranging from the humorous to the melancholic.

The tongue-in-cheek song "I Hate People," feels like the perfect theme for Scrooge as he growls lines like, "People are despicable creatures, loathsome, inexplicable creatures, good for nothing kickable creatures!" A drowsy love song, "Happiness," is a duet sung

between a younger Scrooge and his then-sweetheart. Even Tiny Tim warbles an especially heartwarming little tune.

The performance closed with the entire cast belting a rollicking "Thank You Very Much."

The technical aspects of the production went smoothly other than some issues with sound not being projected well, especially from the children.

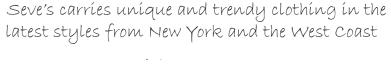
Static from microphones rubbing against clothing was also an issue. Ghosts made their entrances "flying" through the set attached to wires hung from the ceiling.

The ghost of Christmas future emerged from underneath the stage in his characteristic black hooded robe and a cloud of fog.

Appropriate lighting complemented the colorful period costumes and a carefully crafted set.

Performances were December 4-7, with matinees on Wednesday and Friday morning attended by classes from local public schools.

About 600 people attended Thursday night's performance, and Friday and Saturday nights were expected to have even more attendance.





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Legacy Sports

Ladies skate to seven-game winning streak

By Andrew Tessmer Staff Reporter

Thanks to a seven game win streak, the Lady Lions ice hockey team will go into their winter break with a season record of 12-2-2.

For the Lady Lions, winning has become an ongoing theme.

Lindenwood started the season with a win on Sept. 26 at Grand Valley State in Michigan and ended with a win over Liberty University in Virginia on Nov. 23.

The Lady Lions have not lost a single game at home this season and have only lost two on the road- a difficult task.

Lindenwood will go into the winter hiatus with a conference record of 8-0-2 and a non-conference record of 4-2-0.

Concerning the split records, the Lady Lions have a home record of 4-0-0, and an away record of 8-2-2.

The Lady Lions have great numbers for the first half of the season. In the first 16 games the Lindenwood outshot their opponents 716-257 and out-scored them 87-19.

This translates to an aver- Michigan.

age of 5.4 goals per game in comparison to their opponents' 1.2 goals per game.

Mandy Dion leads the team with 87 shots on goal and 15 scored on the season.

Ashley Rebeck leads the Lady Lions with a total of 25 assists on the season.

Alexandra Johansson leads the team with five powerplay goals on the season.

The Lady Lions defense has been able to keep opponents shots down to a minimum, but when a shot is taken, goalkeeper Becca Bernet takes control.

Bernet leads the defense with a total of 118 shots-ongoal saved on the season.

With 342 minutes in goal, Bernet maintained a save percentage of .926.

The team has played a well balanced game, and they are only half way through the season.

Lindenwood is leading the division with an undefeated record and are poised to keep up their winning ways.

The Lady Lions will pick up where they left off on Jan. 10 when they take on St. Benedict University in



Sophomore goalie Heather Rossi makes a save in a 6-0 victory against the University of Michigan on Oct. 12. The Lady Lions are currently 12-2-2.

From club sports to NAIA teams, LU has variety

NAIA Sports

Fall Sports

Men's & Women's Cross Country Men's Football Men's & Women's Soccer Women's Volleyball

Winter Sports

Men's & Women's Basketball Men's & Women's Swimming & Diving Men's & Women's Indoor Track & Field Men's Wrestling

Spring Sports

Men's Baseball Men's & Women's Golf Women's Softball Men's & Women's Tennis Men's & Women's Outdoor Track Men's Volleyball

Non-NAIA School Sponsored Athletics

Fall Sports

Men's & Women's Bowling Men's & Women's Cheerleading Men's & Women's Cycling Women's Field Hockey Men's Water Polo

Winter Sports

Men's Ice Hockey Women's Ice Hockey Men's Roller Hockey Women's Varsity Dance

Spring Sports

Men's Lacrosse Women's Lacrosse Women's Water Polo

All Year Sports

Men's & Women's Shooting Sports Men's & Women's Table Tennis Men's & Women's Wrestling

By Doug Kamm Contributing Reporter

Lindenwood is sanctioned as a National Association of Intercollegiate Athletics (NAIA) school, yet its wide range of sports teams extends beyond the NAIA list of sports. Many of these non-NAIA teams play NCAA schools' club teams. For example, the Lindenwood men's ice hockey team's biggest rival is the University of Illinois club team.

Traditionally, club sports such as flag football and Ultimate Frisbee are more for recreational purposes. Therefore, Lindenwood these sports do not traditionally receive funding from the school.

At Lindenwood, however, most athletic activities are funded by the school. These funds cover travel and uniform expenses. All athletic ac-

tivities listed on the university web page are funded by the school.

Lindenwood Athletics Director John Creer said, "All sports at Lindenwood are funded the same way. We do not separate funding for NAIA sports from other sports. We are heavily tuition-driven and funding income comes from the students."

Many athletic programs now accredited at Lindenwood started out as club sports. Two years ago, cycling was a club sport and now

has become a school-funded sport.

sports

same

funded the

—John Creer

Athletics Director

way."

Head Coach Darren Marhanka said, "I am very excited about the implementation of the cycling program at Lindenwood. Cycling is one of the nation's fastest growing sports and it will be a great opportunity for students to participate in the growing sport while attending a high-quality university."

According to Creer, the current issue with adding new sports is where to play. Syncro-

swimming and syncro-skating were easily added because the facilities were available. Syncro-swimming was added because Lindenwood pays for time at the St. Peters Rec-Plex, which was not being utilized. Syncro-skating has been approved and will begin next year at Lindenwood's ice rink facilities in Wentzville.

However, additional field or indoor sports would be difficult to add because currently

the Hyland Performance Arena and Hunter Stadium are full with sports.

Rugby currently is a sport-developing club at Lindenwood. Creer said the team is able to participate in leagues in the St. Louis area. Fencing and cricket are other club sports mentioned as possibilities.

To develop a club sport, students must go through Student Activities as an organization.

ady Lions fall in national tournament.

By Micah Woodard

Sports Editor

After reaching the postseason for the second consecutive season, the Lady Lions volleyball squad fell in pool play at the NAIA National Tournament held from Dec 2-6 in Sioux City, Iowa.

The tournament consisted of a single-elimination round, a pool play round and a final elimination bracket to determine the champion.

Thanks to a perfect conference record (including a 31-7 overall record and the HAAC Championship), Lindenwood was ranked No. 9 in the nation and was awarded a first round bye.

After the single-elimination round, the original field of 36 teams was dwindled down to 24, and pool play began.

The Lady Lions competed in Pool D with the No. 4 ranked Bellevue University (Neb.), as well

Doane College (Neb.).

This round consisted of round robin matches (that is, Lindenwood played one match against each opponent within its pool).

The top two teams from each pool would advance to the elimination brackets.

Lindenwood got off to a quick start in its first pool match on Dec. 2, defeating Vanguard 3-1.

After losing the first game 25-19, the Lady Lions turned it on and swept three consecutive games, including a close, crucial third game (25-20, 30-28, 25-19).

But then Lindenwood was swept by Doane in their second pool game on Dec. 3, losing in straight games (25-20, 25-23, 25-17) to even out the squad's pool play record to 1-1.

The final round robin match would determine Lindenwood's tournament hopes.

After two games, every team in son.

as Vanguard University (Cal.) and Pool D had a record of 1-1, which meant it all came down to the final match.

> The two winners would advance to the final round.

> The two losers would head home.

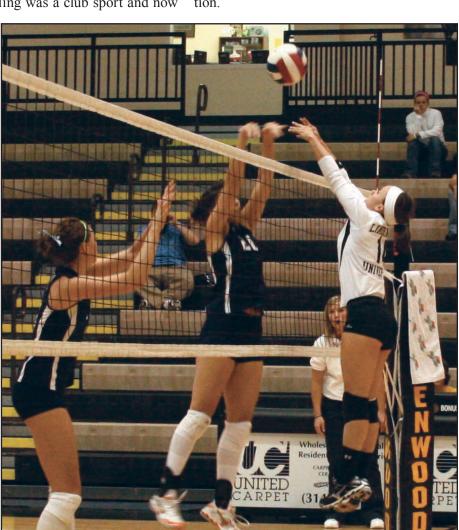
> And the task couldn't have been any more daunting, as Lindenwood took on the No. 4 ranked Bellevue Bruins (the top team in Pool D) on Dec. 4 in what was virtually an elimination match.

> Unfortunately, The Lady Lions fell to the Bruins and were eliminated from contention.

> Ironically, this match was the exact opposite of LU's first victory.

> OnlythistimeitwasLindenwood taking the first game 25-22.

> However, the Lady Lions then dropped three consecutive games (25-18, 25-22, 25-18) to put an end to an otherwise successful sea-



The Lady Lions compete in the HAAC Championship game on Nov. 15 against Baker.

Cycling squad to close out a successful fall

By Aisha Foster Staff Reporter

The Lindenwood cycling team is looking forward to the close of a good season when they compete at the Nationals of the Cyclocross on Dec. 14 in Kansas City, Mo.

Head coach Darren Marhanka said that they have performed well over the season, and expects them to be in the top 10 at the national level.

"I think they'll be good contenders

onship."

for the national championship," Marhanka

According to Marhanka, who has been coach to the team since its inception, cycling is a relatively

new sport to Lindenwood, existing for two years before gaining varsity status in January 2008. He said that the program is going well thus far with 17 members on the team and four recruits expected to come this following spring.

The key cyclists are Paddy Kilmurray, Owen Belton, Alex Bowden, Nick Phillips, Tammy Pastor, and Natalie Oskvarek, (the only two women on the team). Markhanka said that there would be a new coach by the name of Adrienne Murphy that would be replacing him in the spring.

"One of her priorities is to add more females to the team," he said.

Cycling season is comprised of four seasons, starting in early September. The first is Track Cycling, followed by Mountain Bike, Cyclocross and then Roadbiking, which starts in the spring.

Markhanka was satisfied with the team's performance throughout the season. "They are really good

riders, and they compete well," he said.

"I'll think they'll be His high points of the good contenders for season were the national champithe team taking fifth in track cycling —Coach Marhanka nationals, seeing John

> Mc Nail, a freshman walk on and do really well in the mountain bike events, and Nick Phillips winning races in his category.

> Marhanka said the team chemistry is also good because most of the teammates know each other and are close knit.

> The team has come a long way, establishing a decent foundation for cycling at Lindenwood. Marhanka said that the team is still in its building phase, so wins and improvement are a great bo-



ions top No. 1 ranked Illinois Fighting Illini

By Alex Jahncke Assistant Sports Editor

second-ranked Lindenwood men's ice hockey team has been on a roll as of late. They are only halfway through the season, and they are already making an impact.

Their most notable victory so far was against the No. 1 ranked Illinois. This was not just a victory on the score card but also a mental victory as well.

The Lions played Illinois the weekend of Nov. 21-22, where they split the games one a piece. Although they lost the first game 4-0, the second game was another story. They shut out the Fighting Illini 5-0.

The game was extremely one sided and Lindenwood had a great night on the power play, scoring four of their five goals while up a ice hockey team also has

only picking up 23 saves, but also pitching the shutout as well.

splitting

the games. Any time you beat the number one ranked team, you know things are going well," said Head Coach Derek Schaub.

This win will give them the mental edge

over Illinois because they will have the last win between each other until their next meeting, which can only come in the playoffs.

Along with big wins, the

going well."

—Coach Schaub

skater. Robi Cavallari had a been producing big time fantastic night in goal, not players. Both Jake Ebner and Steve Balint hit personal milestones by reaching the 100-point mark. It was "I was very satisfied with not only impressive to get to the mark,

but they were also the fastest to do so by (being the "Any time you first sophobeat the number mores to accomplish the one ranked team, feat). you know things are "It is spe-

> cial for any player to get these types of milestones. It shows the time and ef-

fort they put in practice and in the weight room," Schaub said. "It also shows hard work pays off. It also helps the other players on the team. It motivates them to try and get 100 points for themselves."

Cavallari has also been a huge part of the team this year. His only loss on the season came to Illinois.

"[Cavallari] is very consistent. Even when we don't play that great offensively we can count on him to steal us a game or two," Schaub said. "He has good competition with our backup Chris Abbott and I think that helps. It's good to know that if Robi goes down or needs a night off, we can trust Chris."

Schaub wants to keep the team working and healthy on through the playoffs.

"We need to keep winning games. Since we are ranked second nationally, our opponents really go after us. Teams fighting for a playoff spot want to beat us, so we have to keep working hard," said Schaub.

Men's Football

Ranked 7th in NAIA

Sep 6- MidAmerica Nazarene, L 26-16 Sep 13- Avila. W 59-9 Sep 20- Baker, W 25-21 Sep 27- Culver-Stockton, W 68-12 Oct 11- Benedictine W 36-33 Oct 18- Graceland, W 49-3 Oct 25- William Jewell, W 20-17 Nov 1- Evangel, W 56-7 Nov 8- Central Methodist, W 35-7 Nov 15- Missouri Valley, W 21-18 Nov 22- Lambuth, W 65-48 Nov. 29- Morningside, W 34-31

HAAC Standings

School, HAAC Record, Overall

Dec. 6- Carroll, L 38-37

MidAmerica Nazarene	10-0, 10-0
Lindenwood	9-1, 9-1
Baker	8-2, 8-3
Missouri Valley	7-3, 7-3
Benedictine	6-4, 7-4
Evangel	4-6, 4-7
William Jewell	4-6, 4-7
Central Methodist	3-7, 3-8
Avila	2-8, 3-8
Graceland	2-8, 2-8
Culver-Stockton	0-10 0-11

Team Leaders

Passing

263/411, 3655 yds, 33 TD's/15 Int's Rushing

Dario Camacho Leonard Durant

Rudy Fleming 67 receptions, 1056 yds, 11 TD's Matt Bramow 39 receptions, 388 yds, 1 TD Marcel Thompson 30 receptions, 498 yds, 5 TD's

<u>Defense</u>

Billy Ray Uren 7.5 sacks Stephen Frichtl 3 fumble recoveries Brandon Gould

Oct 4- 38th Hammer Midwest Collegiate, 1st/3rd Oct 18- Orange and Black Classic 2nd/2ndOct 25- SI Elite Invite

Nov Southern Classic, 2nd/2nd Nov 22- Knights Classic, 2nd/7th

Dec 6- Leatherneck Classic

151 attempts, 796 yds, 13 TD's 64 attempts, 261 yds, 3 TD's

1st/2nd

Men's/Women's Bowling

1st/6th Brunswick/Coca-Cola Boilermaker Classic, Nov 28- National Team Match Games, 1st/8th

Lindenwood Night Every Wednesday!

after 10 p.m.

1/2 price Bowling Anytime

Men's/Women's Cross

3rd/4th Sep 6- Miner Invitational, 4th/2nd Sep 20- Southern Stampede 6th/8th Oct 4- Greater Louisville Classic, 16th/19th, 8th/20th Oct 11- Lucian Rosa Invitational 1st. 19th/1st. 30th Oct 25- Graceland Invitational, Nov 8- HAAC Championships, Nov 22- NAIA National Champion-

ships, 17th/22nd Men's/Women's Cycling

Aug 29- Gateway Cup Aug 30- MWCCC MTB Race Sep 6- MWCCC MTB Race Sep 11- Collegiate Track Nationals Sep 13- MWCCC MTB Race Sep 20- MWCCC MTB Race Sep 20- Le Tour de Ste. Genevieve Sep 27- MWCCC MTB Race Oct 4- MWCCC MTB Race Oct 11- MWCCC MTB Regionals Oct 19- Bubba Cyclocross Series

Oct 23- College MTB Nationals Oct 26- Bubba Cyclocross Series

Nov 1- MWCCC Cyclocross Race Nov 8- MWCCC Cyclocross Race Nov 15- MWCCC Cyclocross Race Nov 23- Bubba Cyclocross Series

Dec 6- Bubba Cyclocross Series #8 Dec 7- Missouri State Cyclocross

Dec 11- Collegiate Cyclocross Na-

Men's Golf

SCOREBOARD

Sep 1- Missouri Intercollegiate, 3rd Sep 13- Mt. Mercy College Classic, Sep 22- Lindenwood Fall Invitational, 11th Oct 3- Delta State Invitational, 5th Oct 13- Illinois State Invitational, Oct 23- NAIA Preview Invitational,

Nov 3- Mobile Fall Classic, 4th Men's Hockey

Sep 26- North Dakota State, W Sep 27- North Dakota State, W 10-1 Sep 28- North Dakota State, W Oct 3- Central Oklahoma, W 7-1 Oct 4- Central Oklahoma, W 2-1 Oct 10- Ohio, W 6-2 Oct 11- Ohio, W 5-1 Oct 12- John Carroll W 12-0 Oct 16- Saint Louis (Mo.) W 8-1 Oct 17- Saint Louis (Mo.) W 6-1 Oct 24- Iowa State, W 4-3 Oct 25- Iowa State, L 4-3 Oct 31- Liberty (Va.) L 5-4 Nov 1- Liberty (Va.) W 6-1 Nov 7- Western Michigan, W 9-2 Nov 8- Western Michigan, W 8-4 Nov 14- Eastern Michigan, W 12-2 Nov 15- Eastern Michigan, W 7-5 Nov 21- Illinois, L 4-0 Nov 22- Illinois, W 5-0 Nov 28- Oklahoma, W 5-3 Nov 29- Oklahoma, W 4-3 Dec 5- Kent State (Ohio) W 4-1

CSCHL Standings

Dec 6- Kent State (Ohio) 7:15 p.m.

School, W-L-SOL-OTL-Pts

Lindenwood	20-2-1-0-4
Iowa State University	19-4-1-0-3
Illinois	15-2-0-0-3
Michigan-Dearborn	13-9-0-0-2
Kent State	12-8-1-0-2
Robert Morris	10-10-0-1-2
Ohio	9-6-0-0-1
Western Michigan	8-8-1-0-1
Eastern Michigan	4-14-3-1-12

Team Leaders

Goals Carson Hamill- 20 Chad Boeckman- 18 Steve Balint- 16

Assists Steve Balint- 30 Henri St. Arnault- 26 Kyle Bailey- 24

Points Steve Balint- 46 Carson Hamill- 40 Henri St. Arnault- 39

Men's Soccer

Aug 30- Lee (Tenn.) L 2-1 Aug 31- Lindsey Wilson (Ky.) L 2-0 Sep 7- Marian (Ind.) W 3-1 Sep 12- Rogers State (Okla.) W 3-0 Sep 13- Grand View (Iowa) T 1-1 Sep 17- Columbia, W 2-1 Sep 20- Cardinal Stritch, W 3-0 Sep 27- MidAmerica Nazarene Oct 4- Benedictine (Kan.) L 1-0 Oct 6- Missouri Baptist, W 2-1

Oct 8- Central Methodist (Mo.) W

Oct 11- Baker (Kan.) W 2-1 Oct 18- Avila (Mo.) W 2-0 Oct 25- William Jewell (Mo.) W

Oct 28- McKendree (Ill.) W 4-2 Nov 1- Graceland (Iowa) L 2-0 Nov 4- Culver-Stockton (Mo.) W

Nov. 11- Baker (HAAC tournament)

HAAC Standings

MidAmerica Nazarene	8-1
Graceland	6-1-2
Benedictine	6-1-2
Baker	6-3
Lindenwood	6-3
William Jewell	4-3-2
Missouri Valley	2-6-1
Central Methodist	1-7-1
Avila	1-8
Culver-Stockton	1-8

Team Leaders Goals

Ignacio Novas- 12 Ivan Miiatovic- 8 Hannes Backstrom- 6

Assists Jose Nogues- 9 Franke Ellis- 5 Ivan Mijatovic- 3

Goaltending Bryce Flynn- 12-4-1, .874 GAA

Women's Field Hockey Aug 23- Sewanee (Tenn.) W 5-4

Aug 24- Rhodes (Tenn.) W 3-1 Sep 6- Missouri, W 6-0 Sep 9- Missouri State, L 8-0 Sep 12- Indiana-Purdue Indianapolis, L 2-0 Sep 13- Seton Hill (Pa.) W 2-1 Sep 21- Missouri, DNP Sep 24- Hendrix (Ark.) W 1-0 Sep 28- Bellarmine (Ky.) W 3-2 Oct 3- Saint Vincent (Pa.) W 1-0 Oct 4- Seton Hill (Pa.) L 4-3 Oct 17- Hendrix (Ark.) (Homecoming) W 3-1 Oct 21- Bellarmine (Ky.) L 3-2 Nov 2- Rhodes (Tenn.) W 2-1 Nov 27- National Hockey Festival (Nov. 27-30) TBD

Women's Golf

Sep 14- Western Illinois Tourna-Sep 21- Southern Indiana Tournament, 7th Sep 27- Millikin Tournament, 2nd Oct 6- UMSL/Washington Tournament, 6th Oct 12- Maryville Tournament, 1st Oct 27- Lindenwood Fall Invita-Nov 3- Mobile Fall Classic, 3rd

Women's Ice Hockey

Sep 26- Grand Valley State (Mich.) Sep 27- Grand Valley State (Mich.)

W 10-2 Oct 3- Robert Morris (Ill.) L 1-0 Oct 4- Robert Morris (Ill.) W 4-1 Oct 11- Michigan W 10-0 Oct 12- Michigan W 6-0 Oct 18- Michigan State, T 1-1 Oct 19- Michigan State T 3-3

Nov 1- St. Benedict (Minn.) L 3-0

Nov 2- St. Benedict (Minn.) W 5-2

Nov 8- Ohio State, W 3-1 Nov 9- Ohio State, W 4-1

Nov 15- Northern Mich., W 12-0 Nov 16- Northern Mich., W 10-0

Nov 22- Liberty (Va.) W 4-1 Nov 23- Liberty (Va.) W 7-1 **CCWHA Standings**

School, W-L-T-OTL-Pts

,	
Michigan State	11-2-3-0-25
Lindenwood	11-1-2-0-24
Grand Valley State	8-5-0-0-16
Michigan	5-8-0-0 -10
Western Michigan	4-7-0-0-8
Ohio State	1-11-2-0-4
Northern Michigan	0-7-1-0-1

Team Leaders

Goals Mandy Dion- 15 Ashlev Rebeck- 12 Alexandra Johannson- 11

Ashley Reheck- 13 Mandy Dion- 10 Lauren Campbell- 9

Goaltending Becca Bernet- 4-1-1, 1.52 GAA Alexa Bauer- 2-0-1, .84 GAA

Women's Soccer

Aug 30- St. Norbert (Wis.) W 3-0 Aug 31- Robert Morris (Ill.) W 2-1 Sep 6- William Woods (Mo.) DNP Sep 12- Rogers State (Okla.) W 4-0 20- Cardinal Stritch (Wis.) Sep 27- MidAmerica Nazarene

(Kan.) T 2-2 Oct 4- Benedictine (Kan.) W 2-1 Oct 6- Missouri Baptist, W 3-1 Oct 8- Central Methodist (Mo.) W

Oct 11- Baker (Kan.) W 2-1 Oct 14- Missouri Valley, W 4-1 Oct 18- Avila (Mo.) T 0-0 Oct 21- Bethel (Tenn.) L 5-0 Oct 25- William Jewell (Mo.) W 2-1 Oct 28- McKendree (III.) L 1-0 Nov 1- Graceland (Iowa) L 2-0 Nov 4- Culver-Stockton (Mo.) W Nov 5- Lyon (Ark.) W 1-0

Nov 12- Baker, T 1-1 Nov 14- Benedictine, L 2-1

HAAC Standings

School, HAAC record, Overall

Graceianu	0-0-1, 17-0-2
Lindenwood	6-1-2, 12-4-3
MidAmerica Nazarene	6-2-1, 9-6-4
Benedictine	5-3-1, 13-4-3
William Jewell	5-3-1, 9-6-2
Baker,	4-4-1, 10-8-2
Avila	3-4-2, 6-7-3
Missouri Valley	2-6-1,5-11-1
Central Methodist	1-8-0, 6-12-0
Culver-Stockton	0-9-0, 1-17-0

Team Leaders

Goals

McKenzie Creamer- 8 Lindsay Shea- 7 Ashley Tankersley- 5 Assists

McKenzie Creamer- 6

Paige Hickey- 5 Kelly Stearns- 4

Goaltending

Kristen Prest- 12-4-3 .966 GAA

ST. CHARLES LANES 2187 First Capitol Drive (636) 949-0311



Legacy photo by Micah Woodard

Junior receiver Rudy Fleming breaks downfield against Lambuth during a 65-48 playoff victory on Nov. 22

Games of the Week

On Thursday, Dec. 11, the Lindenwood men's and women's basketball squads will continue conference play as they face off against Evangel University.

Title

Continued from Page 1

After losing their opening game, the Lions won 10 consecutive contests to capture the No. 7 seed in the NAIA Championship tour-

The Lions' first playoff game against the No. 16 Lambuth University Eagles featured two high powered offenses, and the contest certainly lived up to its billing.

Lindenwood defeated Lambuth 65-48 on Nov. 22 at Hunter Stadium in a game where the teams accumulated 1,245 yards of total

The Lions took advantage of three early Lambuth turnovers, going ahead 14-0 by the end of the first quarter.

"We knew we were playing against a good offensive team," Kisner said. "On offense we knew we had to capitalize whenever they turned the ball over."

Leading 51-27 early in the fourth quarter, the Lions seemed to have put the game away, but 21 unanswered points by Lambuth (along with

a couple of beautiful onside kicks) put the Eagles within three points at 51-48.

But the Eagles tried one onside kick too many, and the Lions recovered the ball and acquired a short field.

The result promptly turned into a 22-yard touchdown run by Dario Camacho to seal the

Kisner had one of the most efficient games of his career, completing 25 of 32 passes for 352 yards and five touchdowns. He was named the Offensive Most Valuable Player of the game.

Junior cornerback Adarrious Ross was named the Defensive Most Valuable Player, accumulating six tackles, four pass deflections and an interception.

"The coaches all put us out in the right spot," he said. "We just made the plays."

The Lions' win marked the first postseason victory in Lindenwood football history.

"This is a huge win for the program," Kisner said. "I'm speechless."

On Nov. 29, Lindenwood traveled to Sioux City, Iowa, for a quarterfinal match against the No. 6 Morningside College Mustangs.

> The Lions led the Mustangs for most of the second half, but a late Morningside touchdown knotted the game at 31-31 with 45 seconds left.

> But Lions drove downfield quickly and placed their hopes on the leg of junior kicker Halley Ferrell, who had set a Lindenwood record for most career field goals, but had missed three field goal attempts earlier in the game.

"I wasn't approaching the

ball correctly and finishing through," Ferrell said, adding that bad snaps/holds also contributed to the previous shortcomings.

But redemption came in the form of a perfect 25-yard field goal, sending the Lions to the semifinals against the champion Fighting Saints in Montana.

Ross said it was amazing to watch the character and courage that the Lions showed throughout the season, as they put themselves in a position to compete for a national title.

"This was the best year of coaching in my life," he said.

Hopes high as track teams open

"This was the best

year of coaching in

—Coach Ross

my life."

By Kristen Gunder Contributing Writer

Big expectations are ahead for Lindenwood University's 2008-09 track teams. Last year both the men's and women's teams dominated competition, receiving all first places at the HAAC Indoor and Outdoor conference

Coach Paul Wright was predicting outstanding performances as a team and also as individuals as the season began Sunday at noon with a meet in Illinois. "It's our first meet, so I'm not really expecting much," said Wright. "It's a low-key meet but still Division I competition; we're the only NAIA school there."

Wright said this meet was just a treat for the kids who trained hard and were getting excited for the track season to start.

He also said the meet was just to see where everyone

The teams' next meet is scheduled for Jan. 11 in Columbia, Mo., for the Missouri Invitational.

Men's/Women's Swimming and Diving

Oct 18- Show Me Invitational 5th/3rd Oct 25- Rose Hulman Relays, 2nd/1st Nov 1- Lindenwood Five Team Nov 7- Missouri State

Nov 22- Washington Thanksgiving

Women's Volleyball Ranked 9th in NAIA

Sep 2- MidAmerica Nazarene, W Sep 5- Columbia Tournament, I 3-1, W 3-1, L 3-0 Sep 12- Graceland Tournament. W 3-0, W 3-1, W 3-1, L 3-0 Sep 16- Evangel (Mo.) DNP Sep 19- Graceland (Iowa) W 3-0 Sep 19- Texas-Brownsville, W 3-0 Sep 23- Quincy (III.) W 3-2 Sep 26- Taylor, W 3-2 Sep 26- Saint Francis W 3-1 Sep 27- TBA (St. Francis Challenge) W 3-1, W 3-0 Sep 27- Cedarville W 3-1 Sep 27- Campbellsville W 3-0

Sep 30- Culver-Stockton (Mo.) W

Oct 1- Missouri Baptist, W 3-2 Oct 3- Lindenwood Invitational, W Oct 4- Lindenwood Invitational, W

3-0, L 3-1 Oct 7- Missouri Valley, W 3-0 Oct 9- Baker (Kan.) W 3-1 Oct 11- Benedictine (Kan.) W 3-0 Oct 14- Central Methodist, W 3-0 Oct 17- Avila (Lindenwood Tournament) W 3-0 Oct 17- Madonna (Lindenwood

Tournament) W 3-0 Oct 18- Robert Morris W 3-0 Oct 18- Columbia (Lindenwood Tournament) L 3-1 Oct 24- Indiana Wesleyan, W 3-2 Oct 24- St. Xavier (Georgetown Tourn.) W 3-1

Oct 25- Georgetown (Georgetown Tourn.) L 3-1 Oct 25- Campbellsville (George-

town Tourn.) L 3-2 Oct 31 7:00 PM MidAmerica Nazarene (Kan.) * Home W 3-0

HAAC Standings

School, HAAC record, Overall 10-0, 34-7 Lindenwood Benedictine 7-3, 20-9 Central Methodist William Jewell 6-4, 20-11 6-4, 23-13 Baker 6-4,19-12 5-5,23-14 Graceland Evangel 5-5,12-25 Culver-Stockton MidAmericaNazarene 3-7, 13-18 1-9, 3-26 Missouri Valley 0-10, 2-27

Men's/ Women's Table **Tennis**

Sep 6- Lindenwood September Sep 20- Badger Open Oct 11- Bernard Hock Open Oct 19- Rockford Hills Open Nov 9- NCTTA Midwest Fall Re-

Nov 15- Butterfly/South Shore Open Feb 8 TBD NCTTA Midwest Spring Regional Home

Challenge (March 7-8) Away Open (March 21-22) Home Championship (Apr. 2-5) Away

(May 2-3) Away Men's Water Polo Sep 5- Central Flordia Sun, W 15-Sep 5- Concordia, L 14-5 Sep 6- Gannon, L 14-7 Sep 6- Naval Academy JV, L 14-7

Sep 7- Mercyhurst, L 11-6 Sep 12- Lindenwood "B" W 24-2 Sep 13- Washington, W 16-3 Sep 13- Saint Louis, W 17-6 Sen 14- Missouri W 15-4 Sep 26- Michigan State, L 6-5 Sep 27- Loyola, W 15-7 Sep 27- Purdue, W 8-6 Sep 28- Michigan, L 6-4 Oct 4- Miami (Ohio) W 11-10 Oct 4- Illinois-Chicago, W 11-6 Oct 5- Western Illinois, W 12-5 Oct 5- Northern Illinois, 16-2 Oct 25- Missouri Valley Division Championship, W 16-5, W 16-4

Women's Wrestling

Oct 26- (Missouri Valley Division

Nov 1- (CWPA National Champion-

ship) W 23-7, W 18-3 Nov 2- (CWPA National Champion-

Championship) W 16-5

Sep 19- World Team Trials Away Oct 4- Oklahoma City Away L 2-44 Box Oct 4- U.S. Olympic Education Oct 4- Oklahoma City Blue L 7-28 Oct 25- Wisconsin-River Falls W

Oct 25- Missouri Baptist W 25-7 Oct 29- Black and Gold Scrimmage Home Scrimmage Nov 15- Missouri Valley Tourna-Dec 3- Missouri Valley

Jan 10- Cliff Keen National Duals (Jan. 10-11) Jan 16- Oklahoma City Jan 21- Missouri Valley Jan 31- WCWA College Nationals Mar 9- University Nationals Mar 22 TBD US Senior Nationals May 15- USA Bodybar Open

Men's Basketball

Oct 31- Doane (Doane Classic) W 71-63 Nov 1- Hastings (Doane Classic) W 82-68 Nov 3- St. Louis College of Phar-

macy W 90-40 Nov 5- McKendree (Ill.) L 77-82 Nov 7- Northwestern Oklahoma L 58-62 Nov 8- Northern New Mexico W

80-59 Nov 14- Taylor W 74-59. Nov 15- Missouri Baptist L 93-101 Nov 21- Tabor 4 p.m. W 86-67 Nov 22- Sterling 8 p.m. W 80-62

Dec 4- Culver-Stockton 7:30 p.m. W 69-58 Dec 6- Baker (Kan.) 7:30 p.m. W

Dec 11- Evangel 7:30 p.m. Jan 8- Missouri Valley 7:30 p.m. Jan 10- Graceland (Iowa) 4 p.m.

Feb 14 TBD Macy Block Giant RR Open Away Feb 21 TBD ACUI Region 11 Sin-

Mar 7 TBD Killerspin Arnold Mar 21 TBD Lindenwood March May 2 TBD St. Joe Valley Open

Feb 7- Benedictine (Kan.) 4 p.m. Feb 12- Missouri Valley 7:30 p.m. Feb 14- Graceland (Iowa) 7:30 p.m. Feb 16- Avila 7:30 p.m. Feb 19- Central Methodist 7:30 Feb 21- MidAmerica Nazarene

Jan 12- Avila 7:30 p.m.

Jan 15- Central Methodist 7:30 p.m.

Jan 17- MidAmerica Nazarene

Jan 19- Benedictine (Kan.) 7:30

Jan 24- William Jewell 4 p.m.

Jan 31- Baker (Kan.) 4 p.m.

Feb 5- Evangel (Mo.) 7:30 p.m.

Jan 29- Culver-Stockton 7:30 p.m.

Feb 28- William Jewell 4 p.m.

HAAC Standings

School, HAAC record	, Overall
Central Methodist William Jewell	2-0, 9-0 2-0, 7-2
Lindenwood	2-0, 9-3
MidAmerica Nazarene	1-0, 5-3
Baker	2-1, 4-6
Evangel	1-1, 5-4
Benedictine	1-1, 3-3
Missouri Valley	1-2, 4-4
Avila	0-2, 4-6
Graceland	0-2, 2-8
Culver-Stockton	0-3,0-10

-10 Team Leaders Points per game Jason Schneider Richard Rose 11.9 Toriano Adams 11.7 Rebounds per game Toriano Adams Shane Williams 5.6 Aaron Brinker 4.5 3-Point Percentage Tyler Donaldson Jason Schneider 471 .457 Brandon Kunkel Free Throw Percentage Andre' Dickson 793 .768 Richard Rose Aaron Brinker .750

Women's Basketball

Nov 1- Hannibal, W 73-61 Nov 4- Lincoln Scrimmage Nov 8- St. Louis College of Pharmacy W 92-45 Nov 11- McKendree (Ill.) W 77-59 Nov 14- Lambuth L 54-109 Nov 15- Union L 51-99 Nov 18- Missouri Baptist 7 p.m. L Nov 21- Cardinal Stritch 4 p.m. L Nov 22- Coe 1 p.m. W 74-65 Dec 1- William Woods 5 p.m. L Dec 4- Culver-Stockton 5:30 p.m. Dec 6- Baker (Kan.) 5:30 p.m. L Dec 11- Evangel 5:30 p.m. Jan 8- Missouri Valley 5:30 p.m. Jan 10- Graceland (Iowa) 2 p.m.

Ian 24- William Jewell 2 p.m. Jan 29- Culver-Stockton 5:30 p.m.

Jan 15- Central Methodist 5:30 p.m.

Jan 17- MidAmerica Nazarene

Jan 12- Avila 5:30 p.m.

(Kan.) 2 p.m.

SCOREBOARD

Jan 31- Baker (Kan.) 2 p.m. Feb 5- Evangel 5:30 p.m. Feb 7- Benedictine (Kan.) 2 p.m. Feb 12- Missouri Valle Feb 14- Graceland (Iowa) 2 p.m. Feb 16- Avila 5:30 p.m. Feb 19- Central Methodist 5:30

Feb 21- MidAmerica Nazarene Feb 28- William Jewell 2 p.m.

HAAC Standings School, HAAC record, Overall

William Jewell	2-0, 7-2
Benedictine	2-0, 4-3
Evangel	2-0, 4-5
MidAmerica Nazarene	1-0, 7-4
Avila	1-1, 6-2
Lindenwood	1-1, 5-6
Central Methodist	1-1, 4-6
Baker	1-2, 7-4
Missouri Valley	1-2, 1-9
Graceland	0-2, 2-5
Culver-Stockton	0-3, 1-6

Team Leaders

Points per game	
Natalie Hooss Sarah Schnieders Shay Chin	12.6 10.0 9.3
Rebounds per game	
Shay Chin Natalie Hooss Gabriella Green	8.9 5.9 5.5
3-Point Percentage	

Kiara Smith Abby Schultehenrich Gina Ferrer Free Throw Percentage Lynsey Siebert

.900

Men's Wrestling

Nov 1- Lindenwood Open

Oct 29- Black and Gold Scrimmage

Natalie Hooss

Nov 8- Wisconsin-Stevens Open Nov 15- Iowa State Open Nov 23- Missouri Open Dec 6- Wisconsin-Parkside Open Jan 9- NWCA/NAIA National Du-Jan 17- Nebraska-Omaha Glen Brand Open Jan 21- SIU-Edwardsville Feb 4- Truman Feb 7- Missouri Valley Open Feb 21- NAIA Regional Tournament Mar 5- NAIA National Champion-

Men's Roller Hockey

Nov 1- St. Louis CC (Mo.) W 10-0 Nov 1- Missouri, W 8-0 Nov 2- Truman (Mo.) W 11-1 Nov 2- Missouri S&T, W 11-1 Nov 15- Missouri-St. Louis, W 4-2 Nov 15- Missouri State W 10-0 Nov 16- Illinois State 2 p.m. W 10-0Jan 24- Great Plains Season Weekend #3, TBD

Feb 7- Great Plains Season Weekend #4. TBD Feb 21- Great Plains Season We end #5, TBD Feb 28- Great Plains Season/Regional Weekend, TBD Apr 2- Collegiate Roller Hockey Championship, TBD

GPCIHL Standings

School, W-L-T-Points

7-0-0-14 Lindenwood 7-1-0-14 UMSL 5-2-0-10 Mizzou Missouri S&T 3-3-1-7

Team Leaders

Goals

Sean Sullivan- 14 Brandon Barnette- 9 Jeff Hill- 8

Assists

Kyle Gouge- 11 Brandon Barnette- 9 John McGuinness- 7 **Points**

Sean Sullivan- 19 Brandon Barnette- 18 Kyle Gouge- 15

Goaltending Dave Thomas- 5-0-0, .75 GAA



:Admission is always:

\$1.00

2025 Golfway St. (just past Zumbehl on West Clay) in St. Andrews Plaza

International students cross language barrier through studies

By Hiroko Furuhasi and Nao Koike Staff Reporters

This fall, 753 international students at Lindenwood University studied various subjects in a language other than their own. Some struggle, while others have few problems.

Every international student's grasp of English is different and several factors are behind it.

Yun Shin Choi, a freshman from South Korea, said that the difference between English and her mother tongue, Korean, made it

hard for her to learn English.

According to korean-language.org, Korean grammatical order mostly consists of "Subiect + Object + Verb,"whereas the English order follows "S + V+O." Korean language also

uses alphabets called "Han- ent from her own is hard. geul," which look like "한글."

Oyuka Lavy of Mongolia ing Japanese, which has the agreed.

"I started to speak more [Enging lish] and started to train [myself]."

—Nadine Reineche

"Sentence structures are different" compar-English to Mongolian.

Junior Clau-Gonzadia lez of Ecuador also said learning language grammatically differ-

Gonzalez has been learn-

same grammatical order as Korean and Mongolian.

"I have found that picking new words in Engthan was easier Japanese," Gonzalez said. She added that her language, Spanish, and English have similar spellings, even though the pronunciations

Selim Manay, from Turkey, noted the value of education as well. Manav said Turkish people are poor at speaking English even though they start to learn it by fifth grade.

differ.

school for two years, and then my speaking and listening abilities got a lot better." Lavy considers her English skill was good enough to fol-

"I attended the English

low the classes when she arrived at LU. However, she was still thinking to herself in Mon-

golian and translating her thoughts into English. This was true until she moved to another state last summer. "There weren't many Mongolians [there]," Lavy said,

and she had to use English

all the time. She said that English.

lish. "I started to speak more [English] and started to train [myself] and think in English," she said. Reineche also said that the

drive and effort to learn is a

big part of improving one's

communicating with people

in English helped develop

her English skill, and she

started to think in English.

many said interacting with

non-German-speakers gave

her confidence with her Eng-

Nadine Reineche of Ger-

Larger variety of creative writing courses have potential for spring

'The new program will be more structured and will provide a good foundation'

By Kelly Reinhardt Staff Writer

A larger variety of creative writing courses may soon be offered depending on student enrollment in the current creative writing courses and test courses offered over previous semesters.

The department will be restructuring and revising the requirements for the creative writing degree and minor.

Professor Michael Fetters said that his course, along with Advanced Creative Writing taught by Professor George Hickenlooper in the spring, is part of an initiative to "gauge student interest in the expanded course offer-

Fetters is part of the English department's plan to expand Lindenwood's creative writing program. He will be teaching the entry level course, Introduction to Creative Non-Fiction, spring 2009.

Professors Hickenlooper, Spencer Hurst, Alexander Balogh and Daniel Plate will also be teaching courses for the program. During the fall semester 2008, Fetters continually tried to get the word out about new course offerings in creative writing.

"The new program will be more structured and will provide a good foundation for whatever the student wants to do after they graduate, whether they are going to freelance, or go directly into an MFA program," said

If student interest is significant, then courses in creative non-fiction, fiction, poetry and writing for performance will be available more consistently.

Fetters said that his spring semester course has "seen modest enrollment, which should increase as more students become aware of the new courses."

"The English in Creative Writing program welcomes the increased interest from students of all disciplines," Fetters said.

For more information, contact Fetters at 636-949-4121 or by e-mail at mfetters@ lindenwood.edu.

Professor Fetters returns to teach for students

By Kelly Reinhardt

Professor Michael Fetters, 28, returned to classes Monday, Nov. 24, after being injured in a threevehicle accident Wednesday night, Nov. 5, on Highway 79, just south of Dyer Road in St. Charles. Fetters' father, Earl D. Fetters, 70, of St. Charles, and Bruce L. Cannon, 53, of Winfield, were both killed in the crash.

Professor Fetters teaches in the English department at Lindenwood.

He was absent from classes Thursday, Nov. 8, through Friday, Nov. 21.

The driver who apparently caused the crash, Floyd L. Bowman, 78, of O'Fallon, was uninjured, police said.

Earl Fetters' wife, Bernice, 65, was taken by helicopter to St. John's Mercy Medical Center in Creve Coeur, where she was listed in satisfactory condition.

Many of Fetters' students were concerned about him and his mother. Junior Daniel Porch led students in Fetters' Lewis and Tolkien class in an in-class prayer for their recoveries.

Another of Fetters' students, junior Jillian Rades, said, "I hoped he would return, but I wasn't going to hold it against him if he didn't. I don't know if I would have been able to, had our roles been reversed."

Upon his return to his Lewis and Tolkien class on Tuesday, Nov. 25, Fetters was all smiles for his students. "I came back for you guys," he told them.

Speakers

Fran Noonan-US Peace Corps, Spellmann Lead ership room, 4 to 5:30 p.m.

Entertainment

New Movie night, the Connection, 9 to 11 p.m.

Events

•Dec. 9 to Dec. 11

Final Snacks, The Connection from 9 p.m. to midnight.

•Dec. 8 to Dec. 12

Final Exams, All Day-Check the appropriate times for your classes.

J- Term Starts. Be ready to start the day, and

make your profesors happy by having all of your books!

Steak or Shrimp Night, the Cafeteria, 4:30 to 7 p.m.

•Jan 26

Spring Semester Classes begin!

Red Cross Blood Drive, the Loft, 8 a.m. to 5 p.m.

•Jan. 29

Steak or Chicken Night, the Cafeteria, 4:30 to 7 p.m.

Barn Dance with Mechanical Bull, the Loft, 8 to 11 p.m.

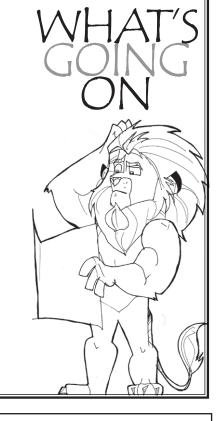
Reminders

•Dec 12 Residental student housing closes at 4:30. Make sure you have everything packed! The Cafeteria will be closed during winter break.

•Dec. 12

Deadline to make up INC grades for Spring.

Residental student check in for J-Term.



Study abroad at reasonable cost

Program offers opportunities for students in France at same tuition price as attending classes on Lindenwood's campus

By Samantha Werbiski Staff Writer

The French study abroad program is a requirement for students pursuing a Bachelor's Degree in French. These students study for one semester in France at the Université de Caen located

in the Normandy region. They take a minimum of 16 hours of credit in French as a second language. The classes vary depending on the level of French skills the student has.

Students who qualify for this program must be enrolled in French courses, be at least a junior, have at least a 2.0 GPA, and must have approval from Professor Nancy Durbin, program

administrator.

when my French majors return to LU with such an improved level of oral proficiency and so much enthusiasm about French culture," said Durbin.

This is the fourth year the program has run. Students pay tuition and board to Lindenwood.

Their expenses are minimal as the program is designed so that students have the opportunity to study abroad at a reasonable cost and with few difficulties.

The French program brochure explains the various aspects of studying abroad. Students live with a host family, which provides breakfast. Their lunch and dinner

at the University Restaurant "I am particularly pleased are pre-paid. Also, these students have the French National health insurance program benefits.

According to the brochure, the experience in the French abroad program is priceless and one all students should be encouraged to participate

Students learn about French culture through visits to famous landmarks and interaction with French speaking people.

"I love traveling and the French study abroad program would be perfect because I have the chance to study in a completely new environment," said junior Washington Alvarado. He hopes to study abroad in France during his senior year.

Similar programs are offered for students studying Spanish as a second language.

They travel to Costa Rica to improve their language skills and immerse themselves in the Costa Rican culture.

"I think that studying a language in a foreign country is better because I learn more in a short period of time since one is constantly surrounded with that language," said sophomore Mayuko Watarai, who is in her second semester of Spanish and hopes to visit Costa Rica in the future.



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International students take a break

By Hiroko Furuhashi Staff Reporter

University Lindenwood and other organizations outside offer a number of options for international students and others spending the Christmas break away from home and on campus.

The university allows students to stay in residence halls for \$200 a week – a cost they can work off through the Work-and-Learn program.

"It is not only for international students, but for any residents who cannot go home for whatever the reason," said Michelle Giessman, director of Residential

The students who wish to stay on campus during the break are required to fill out the Christmas request form

12 days prior to the break, which begins Dec. 15 for ungraduate students.

Sophomore Tashi Tseing, of Tibet, might have to remain on campus during the Christmas break. "I don't have any where to go," Tseing said.

The \$200-a-week fee, or the the 20 hours per week students must work to repay the charge, "covers just the housing aspect of it," Giessman said.

The cafeteria, for instance, will be closed during the break because of the contract the university has with the vendor, PFOODMAN. So students will be responsible for their own meals.

"I wish the cafeteria would be open," Tseing said. "So I don't have to spend money on food."

If students choose to work, dergraduates and Dec. 22 for the Work-and-Learn office assigns the jobs and places them "where they can be most used," Giessman said. The jobs include taking care of the grounds, housekeeping and assisting in offices that are open during the break.

> "It is great that the Lindenwood gives us the choices of working or paying for staying on campus," said Ryoko Nakatani, of Japan, a transfer student from the State University of New York at Albany. "If I wanted to stay on campus for any break at my old school, I had to pay the fee."

> Students who won't be returning home over the break have other options.

"There is also a wonderful group that works with the In-

ternational office and tries to find host families for international students to stay with," Giessman said

International Students Inc. (ISI) is a Christian organization promoting friendships between international students and Americans. It has worked with the university since 1953.

"We offer international students places to stay any time they need to," ministry representative Jan Dugo

Freshman Bayarmaa Tumurkhuyag, of Mongolia, has found a host family through ISI. "I often go to their house," she said. "We watch TV and eat dinner together."

Dugo, however, is finding it difficult to make arrangements because of a shortage of host family volunteers. "I am hoping to find more family before the break," Dugo

ISI also plans to bring food for the international students who will stay on campus and organize various trips to the museums. For more information about ISI, e-mail Jan Dugo at dugojj@charter.net.

Bridges International is another Christian organization that helps and mobilizes international students in the U.S.A, said Cheri Meissner, who works with international students at Lindenwood.

Bridges International also tries to connect international students with American families. "I am working on finding out about it right now," Meissner said.

The other possible plan

for international students is a conference in Washington, D.C., from Dec. 28 to Jan. 1. "The sessions are about knowing God, but no one has to be a Christian to come," Meissner said. "They just need to be interested in learning and discussing their thoughts."

The students will be able tour the nation's capital and attend a New Year's Eve party.

More information can be found by visiting http://www. bridgesinternational.com/

"I wish I [could] go home, though," said Nakatani, who plans to live on campus during the break. "Even though I have several options to choose from, it is always ... best to spend the holidays with my family."

Will gift cards give beyond the holidays?

By Abby Buckles Contributing Reporter

With Thanksgiving over, the holiday season approaching and the economy still down, the once thought to be "safe alternative" of purchasing gift cards may not be such a great idea after all.

Just a few years ago, the expiration date on the back of gift cards was what wor-Christmas shoppers most. Now, with the failing state of the economy and the fear of bankruptcy for many businesses around the country, whether to purchase gift cards in the first place is the question most everyone seems to be asking this holiday season.

The economy and sale of gift cards aren't the only things plummeting this season. The availability of jobs is as well. It makes sense, if sales are low, that an equally low need exists for new employment.

Is this all due to a period of recession or could it be something worse? "The last time the economy shrank faster than 3 percent was in the first quarter of 1982, when GDP dropped at a 6.4 percent annual rate," says Justin Fox of Time.

Jobs, personal income, sales and industrial production are the four main characteristics of nearly every recession. The last time the U.S. was in a recession was from 2001-2002. And the last recession that spiraled into a depression was in 1929.

"The war plainly did not create the overall economic slowdown that was very evident even in June," said Stanford University Economist and Chairman Robert Hall. "However, the increase in oil prices that followed the invasion probably did play a role in the sharp contraction that

occurred in the fall."

Likewise, surveys have shown that for the first time, sales of gift cards are more than likely to decline this

According to a Western Union poll conducted a few weeks ago, 65 percent of Americans would prefer to get cash as a gift instead of a present or a gift card. That percentage is up by 9 points from a similar survey taken in September.

In a more recent national survey from Maritz in St. Louis, an estimated 55 percent plan on buying gift cards this year, about the same as last year. But in turn they plan on significantly reducing the amount they spend on the cards to an average of \$161 this year, down from \$273 last year.

Advice to those buying for others: Experts suggest thinking twice before buying gift cards from companies that are going through the bankruptcy process, such as Circuit City. Also, avoid buying gift certificates from small retailers and restaurants that are more likely to close versus larger chains.

Advice to receivers? Spend the cards quickly. Don't hoard them.

In addition, if a company is in bankruptcy proceedings, a court must decide whether the company can honor gift

The worst-case scenario is that gift card holders will lose the value of their cards if the business goes under, like Sharper Image card holders did when the company liquidated earlier this year.

Overall, remember it's the season of giving, not of worrying. It's simply the thought that counts.

Holiday Treats





Legacy photo by Jordan Lanham



Legacy photo by Lauren Kastendieck

(Top) The cafeteria distributes snacks Sunday, Dec. 7, from 9:00 p.m. to midnight to prepare for finals week. Snacks will be given out until Thursday. (Bottom right and left) Students enjoy tasty food at the Christmas luncheon that was hosted Thursday, Dec. 4.



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Courtesy photo

This year Lindenwood's musical "Scrooge," performed Dec. 4-7, incorporated The Fly by Foy system to enhance the production.

Flying ghosts help lift Scrooge's Christmas spirits

By Brittany Jalinsky and
Tierney Knigge
Staff Writers

Flying characters greeted theater patrons at "Scrooge ... the Musical," this year's musical adaptation of Charles Dickens' "A Christmas Carol." The Fly by Foy system introduced the technical wonder in productions last week at the J. Scheidegger Center for the Arts.

Lindenwood students enrolled in Introduction to Technical Theatre, Theatre Practicum and Work and Learn students were part of the production. Professor Tim Poertner, technical director in the Fine and Performing Arts Division, said that 60 students were involved on stage and 20 contributed behind the scenes.

New equipment for "Scrooge" included a larger dimming system, a scrim [used for shadowing], hydraulic lift to raise and lower the trap door on stage, Fly by Foy, lavaliere [wireless] microphones and a "star curtain," a fiber optic curtain with strands of glass, allowing light to travel to the tips of the glass, thus il-

luminating the curtain.

One of the Lindenwood production's ghosts, sophomore Maggie Murphy, explained why she auditioned for the part: "The ghost interested me because she's a mystical character wanting to help Scrooge, rather than a person in Scrooge's past or present life."

The Fly by Foy system gave ghostly characters the ability to appear out of smoke to help Scrooge learn about Christmas spirit. According to www. flybyfoy.com, owner Peter Foy was, as a child, in awe

of James Barrie's "Peter Pan" character, and wanted to "preserve the magic of theatrical flight by concealing its apparatus from the audience's view."

Foy invented the Track on Track system in 1962, which allowed for a team of two people to control the process of lifting and traveling through the air.

Eight students are trained to successfully help characters Marley, Past, Present and the spirits fly seamlessly across the stage, said Poertner.



Legacy photo by Jordan Lanham Light displays adorn trees and streetlamps along Main Street St. Charles.

Holiday traditions return to St. Charles

By Tina Riedel
Contributing Reporter

Historic Main Street in St. Charles is hosting its annual Christmas Traditions celebration through Dec. 27, featuring Santas from around the world brought together to celebrate the holidays.

Visitors can meet Father Christmas, dance with the sugarplum fairy, shake hands with Tiny Tim and wish Ebenezer Scrooge a Merry Christmas, and take pictures with the Nutcracker and listen to Victorian carolers.

Children's activities include storytelling with Mrs. Claus and collecting cards with character pictures describing who they are and their history.

Downtown Main Street also has numerous shops with holiday gifts, ornaments and crafts.

Roasted chestnuts, caramel apples and fudge are offered at the many family restaurants on Main Street.

Main Street's managing director, Randall Kopchak, said, "Christmas Traditions has been going on for 34 years."

"The number of people who come back year after year from all across America [make the event successful]. For many, it's become a family tradition," he said.

Auditions for actors to play characters were held in October. The paid characters spent November rehearsing roles

Represented countries include England, Scandinavia, Italy, France, Germany, Sweden and America.

Santa parades are held every Saturday and Sunday at 1:30 p.m. Shops and restaurants are open until 9 p.m. on Wednesdays, Fridays and Saturdays; activities run from 6:30-9 p.m.

Weekend presentations are on Saturdays from 11-9 p.m., Sundays 12-5 p.m. and Christmas Eve 10-3 p.m.

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