

# Insight Into the Mind of a Gifted Individual: A Research Proposal to

## Examine Opinions of Adults Formerly Enrolled in Gifted Programs

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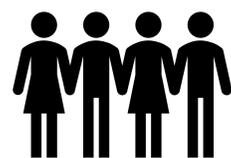
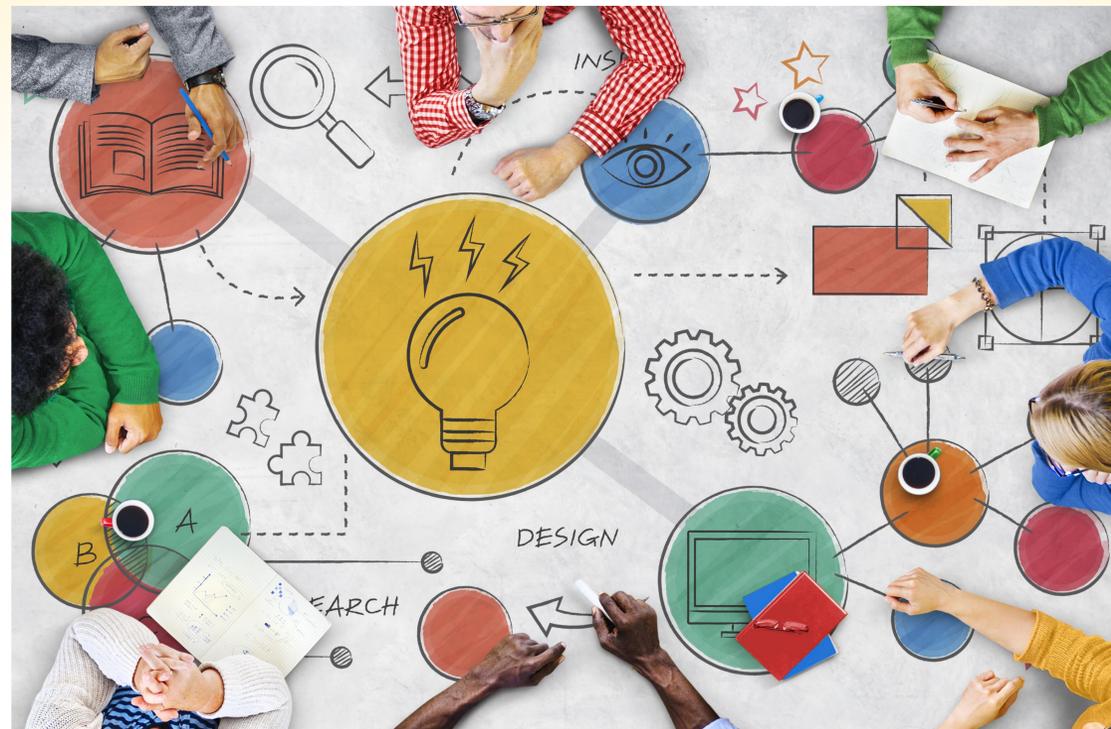


### Research Question

- How do adults who were enrolled in gifted programs feel about their experiences within the programs?

### Background Literature

- Gifted children are commonly identified through IQ testing and are often placed in gifted programs for educational enrichment and acceleration (Dai, 2019).
- Gifted programs are linked to higher well-being (Jones, 2013) and better attention (Tao & Shi, 2018), but poor social outcomes and depression (Winsor & Mueller, 2020).
- Student opinions on their gifted peers are mixed. For example, students gifted in math may be seen as highly intelligent but not sociable. A student gifted in a sport may be seen as highly sociable but not intelligent. (Hände et al., 2013).



### Participants

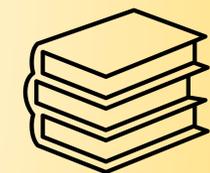
- Participants will consist of adults ages 18+ who were previously enrolled in gifted programs and/or gifted Individualized Education Plans.
- Participants will be recruited through social media via Facebook, Snapchat, and Reddit

### Materials/Procedure

- A brief 43-question anonymous Qualtrics Survey will be given to participants.
- Questions will assess how participants feel about gifted programs in general, how they believe the programs may have influenced them, and any suggestions they may have for improvements.

### Implications

- My study will provide first-hand opinions about gifted programs and their influences from people who have experience in gifted programs. This could expose common themes and lead to reform in these programs, as well as lead to more in-depth research.



### References

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