



Football team prepares for another successful season on the field

◀ Page 5

▶ Cafeteria caters to students with special medical needs by offering different food options

Page 2

LINDENWOOD

The Legacy

Lindenwood's Student Newspaper

FREE

Volume 4, Number 1

www.lulegacy.com

August 27, 2008

Campus cures common colds



Legacy photo by Chelsea Lewis

Medical assistant Bridget Bax (left) and network engineer Diane Ritter (right) prepare the new Health Center for the 2008-2009 school year. The center is located in The Connection on the first floor of the Spellmann Center.

Student Health Center opens in The Connection

By Brittany Jalinsky
Melissa Cossarini
Staff Reporters

Students with symptoms related to viruses such as a cold or the flu can now visit the Student Health Center located in The Connection Monday thru Friday from 7 a.m. to 4 p.m.

SSM Health Group provides staffing for the center that includes licensed nurse practitioners and an attending medical doctor that is expected to visit on a frequent basis.

Students do not need to make an appointment, and can visit the center anytime during working hours.

Ryan Guffey, assistant vice president for Student Development and Special Projects, looks forward to the opening of the center. "[The university's goal] is to provide students with an accessible and efficient means of satisfying their basic health care needs."

Students will not be charged during their visit to the center. The Health / Student Activity fee charged to each full-time student increased to \$140 a semester to cover the costs of the center and other campus programs.

"Anyone who pays the activity fee can go down there, and students don't have to have insurance," Guffey said.

The same rules will apply to the health center as other hospitals with

"Anyone who pays the activity fee can go down there, and students don't have to have insurance."

—Ryan Guffey

limited services. Nurses can treat the flu, common colds and administer general shots. A list of what can be treated is expected to be posted at the center.

"This is a big help because I am an international student," said sophomore Samantha Brown. "Not everyone has transportation; it's nice to know there is a center close by if you need something."

In regard to privacy concerns, Guffey said that communication between a student and staff will remain confidential, unless written permission is given for sharing with a third party, such as a parent or guardian.

If a student cannot be treated at the center, the student will be referred to a primary physician.

Furthermore, prescriptions can be issued to students for basic medical related issues including colds and in-

flammations for sprained ankles.

"My friend ate something bad, I think he had food poisoning, and called 911," said freshman Steven Macharia. "A health center will help."

Work and Learn opportunities also will be available for students interested in helping out. Duties may include working at the front desk, stocking and organizing supplies and assisting staff members.

Contact Work and Learn Director Mike Tolman at 636-949-4563 for more information.



Legacy photo by Chelsea Lewis

Professional equipment will be on hand at the center to help students with various illnesses and injuries.



Legacy photo by Chelsea Lewis

Construction workers rush to repaint the stage floor of the new performing arts theater in time for the start of classes.

New building ready for class

By Jordan Lanham
Co-Editor

After more than two years of construction, the new Fine and Performing Arts Center opened for classes on Monday, Aug. 25.

In addition to classrooms, the center includes dance floors, a large Broadway style theater and a digitally equipped TV station.

"We will probably have the best equipment, most comparable to stations in the area," said LU TV Station Manager Peter Carlos.

Carlos said that the new HD studio will provide students with experience with equipment that will prepare them for their careers in the future.

Peter Bezemes, executive director of the center, said that although classrooms are ready, the theater may take

more time to finish.

The week before classes, faculty members and construction workers scrambled to prepare – hanging decorative woodwork, tuning pianos and installing class equipment.

"Students around here should be proud," Bezemes said. "It's probably the best theater in the region and it's got some firsts going on in it."

The center boasts unique equipment including a computer operated lighting board with 4000 light possibilities, three Steinway Grand pianos signed by Henry Steinway, and a show lift, which allows characters like ghosts or melting witches to quickly exit the stage.

For more information, contact Bezemes at pbezemes@lindenwood.edu or call 636-949-4607.

Stars light up stage

By Jordan Lanham
Co-Editor

Entertainer Liza Minnelli marks the grand opening of the new theater in the Performing Arts Center on Sept. 11-12. She is just one of the many famous acts scheduled to take the stage this year.

"We're going to have a lot of famous people," center Executive Director Peter Bezemes said. Celebrities, concerts and Broadway tour-

ing companies will perform on the stage in addition to student productions.

The grand opening will begin in the theater lobby, which will be filled with "lots of flowers, ice sculptures and beautiful hors d'oeuvres."

"I'm hoping as many students and faculty will come as possible," said Bezemes. Student prices are still under negotiation; however, Bezemes said that there will

Please see Arts, Page 4

Ayers Hall to house men and women students in fall

Due to increase in student population, director of resident housing agrees to split dorm into two sections

Amanda Hayes
Arts and Opinion Editor

Ayres Hall will house both men and women this year.

Director of Resident Housing Michelle Giessman got the idea to split the dorm in two when she saw the need for more women's campus housing.

The freshmen women will be the first female Ayres resi-

dents.

This is the first time in Lindenwood history that both men and women will be housed in the same facility.

"It was kind of a 'aha!' moment," said Giessman. "It's considered to be two separate buildings, Old Ayres and New Ayres."

"I love that they turned it into a freshmen girls' dorm,"

said Ayres Resident Assistant Stephanie Phipps.

"I think that because it's so small, we're going to have a great sense of community here. Everybody's in the same boat, experiencing the same things."

The women live in the back part of the building, New Ayres, and the men live in the older half of the dorm.

Bolted doors separate the two halves, ending any possibility of co-ed housing.

Giessman added that the split dorm would be permanent if everything goes as well as expected.

In the future, it's possible that there will be a wall put in over the doors, sealing off the connection entirely.

The women use the rear and side entrances, and there

is additional parking for residents behind the dorm.

"It's turning out really nice," said Phipps. "Traffic flow is going really well so far."

The new parking lot behind Ayres isn't the only construction site on campus.

Lindenwood students can look forward to improved traffic behind Hunter Stadi-

um and the older dorms.

Julie Mueller, vice president of operations and finance, said that the purpose of the lot is to control traffic flow.

The new roads form a loop around the rear lake and provide a more efficient way for everyone driving around campus.

Special diets treat medical concerns

Cafeteria staff and nutritionist can help

By Brittany Jalinsky
Staff Reporter

The LU cafeteria staff offers other options to accommodate needs for students with medical dietary needs.

Conditions that may require special needs – such as a gluten-free diet – include people with Interstitial Cystitis, celiac, Chrons, diabetes and allergies to nuts.

According to Russ Hunt, director of purchasing and general manager of Lindenwood's cafeteria, "If someone has a medical condition, as long as they are able to identify what they can eat, I am willing to try to make sure they have something here [in the cafeteria] that follows their diet."

"We need their doctor's approval, which will state what foods someone can or cannot have," Hunt said.

Between six to eight conditions have been helped by Hunt and his staff over the past year.

Brochures with information explaining medical conditions and the various ways Hunt can help are released at the beginning of each semester and the issue is also a topic in Freshman/Transfer Orientation. Information can also be found on LU's Web site.

Graduate student Eric Mircsov has suffered with Chrons disease for nearly a decade.

Chrons can cause inflammation to any part of the GI tract, most commonly the small intestine.

Mircsov said that restricting food and beverages such as eggs, tomato-based foods and dark sodas has been his biggest obstacle so far.

"I have bad days, but I just have to avoid a few things and I can make my day excellent," he said.

When asked about his daily routine, Mircsov said, "Most of all, the things that make my condition easier to deal with are staying active and keeping my doctor informed of how I am doing."

Hunt said, "Dave [Klimuszka], our chef, is known to research diets concerning medical conditions when needed."

If certain foods make a person feel worse, he or she should eliminate them from the diet and reintroduce them after two weeks or so to identify triggers.

Students who sufferer from any conditions can consult a nutritionist with problems.

"We have a dietitian we can contact if we have any further questions," said Hunt.

For questions regarding accommodations for a food restricted diet, contact Hunt at 636-949-4644 or by e-mail at RussH@PFoodman.com.

Campus comes to life

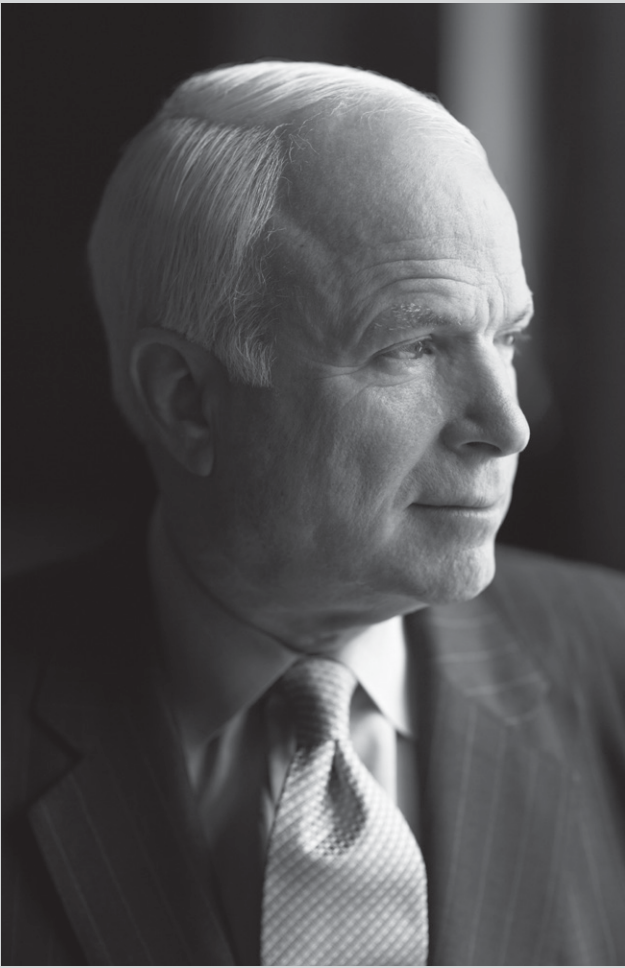


Legacy photos by Chelsea Lewis

(Above) Resident assistants train in the Connection center before school begins. RA's are available to help students with adjusting to living on campus and any other needs concerning housing. (Below) Graduate students Melissa Graham (left) and Nicole Verble stop in the coffee shop by the cafeteria in the Spellmann Center to chat with Java 101 worker Becca Hunt and grab something to drink.



Lindenwood Republicans



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In brief

New day added to Lindenwood holiday list

No class is scheduled on Labor Day, Monday, Sept. 1.

For a calender of school events, visit the www.lindenwood.edu.

Speaker series debuts in September

LU is launching a new series of diverse speakers ranging from authors to a key witness in the trial of Saddam Hussein.

The series consists of 11 events and is free and open to the public.

Motivational speaker Josh Shipp marks the first event on Sept. 16.

For more information, call 636-949-4823.

University merchandise goes for sale online

University gear can be purchased at the new online Lindenwood Spirit & Supplies Shoppe at www.shoppe.lindenwood.edu. The Web site will feature hundreds of school items including hoodies, hats and graduation gifts.

Lion Line receives top honors at camp

Lion Line dancers began their 2008-2009 season with a number of awards from their summer camp in Milwaukee.

The camp included 30 other universities. The Lion Line took first place with their home routine and each received a blue ribbon during individual evaluations, resulting in a Superior Trophy for the team.

The team also received Leadership award, which was voted on by the other teams.

Fox2Webcam installed on campus

There's yet another new addition to Lindenwood's campus.

Through a joint effort between Lindenwood's faculty and Fox 2 St. Louis, a Webcam now overlooks the top-level entrance of the Spellmann Center.

The Webcam's snapshot updates every 30 seconds, and is accessible through the "About Lindenwood" section of the Lindenwood Web site. Visit the site to check out the live feed of activity around campus.



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A New View

Best to head in to first week with a positive attitude

The week of Aug. 18 quickly filled up with new faces on campus. Faculty braced themselves and their knowledge to help incoming freshmen with questions, advice and directions to the pool on their first week.

Scary thought occurred: "I'll be among the sea of unfamiliar faces to the staff and the privileged students. I will be among those with questions and mountains of books in my arms walking around the campus, with my mind running loose with the word 'help!' and the sight of home seeping through my mind while sitting in English 150."

I realized that I actually made the choice to

come to Lindenwood and I will suffer the drawbacks of being a freshman. It doesn't mean it's bad to be a freshman, but it's hard to remember that we were once freshmen in high school. Going over those footsteps as freshmen is not an easy thing to remember.

My worst fears were "how can I keep up with my classes even if it's only 14 credit hours?" But I looked back in my high school times – how did I juggle a full week of classes and going to work for 4 hours, maintain my grades steadily and of course have fun?

If I did it in high school and survived, then I can do it in college. That's a positive outlook for others as well.



Lauren Kastendieck

Transferring to a new school should not be the hassle it is

By Dara Kellock
Staff Writer

If you are a transfer or have ever been a transfer student, I truly and deeply feel your pain. It doesn't matter at what age one becomes a transfer; it's all the same. A second-grader switching schools halfway through the year because of a parent's job or a college junior downgrading to a smaller local school to cut down on cost, they all go through the same ordeal, and no matter what, when, where, or why – the process sucks.

Take transferring credits, for instance. It seems like a simple concept, right? Simply mail a transcript from one school to another and then match those classes with those that are offered at the new school. Unfortunately, such an easy process can turn into a living hell that involves calling a past school for the third time to beg/threaten them into mailing the transcript because it "somehow got lost in the mail" the first two times. Then when it finally does arrive at the new university, the struggle of getting credits approved begins, which involves such arguments as "Spanish is still Spanish, no matter where you take it."

Despite the unfortunate process of transferring credits, the challenge of relocating from one school to another can be comparable to the process a high school senior endures the fall after graduation when entering college. The only exception to the rule is that as freshmen, they

are instantly welcomed as one of many newcomers who aren't expected to be familiar with the university. Many colleges offer courses such as "Freshman Experience" to help new students adjust to campus life. Not so for transfers.

"Where is the Welcome Center? And where do I find it?"

—Dara Kellock

For some reason as a transfer student one is expected to know where to get books, where to pay bills, where the admissions office is located – which is actually called the Welcome Center, who knew? Transfer students are supposed to magically be aware of this and everything else a returning student would know. Why? How would a newcomer know that? That's what they're thinking, as they smile and nod and pretend to instinctively understand the routine of this new and baffling school. Well, that and "what is the Welcome Center? And where do I find it?"

Some of the problems transfer students face can be placed on their own shoulders. The school expects a transfer student to quickly step into a routine. You don't because, well, you don't want to ask a stupid question and embarrass yourself. Maybe this is why a second-grade transfer student finds it easier to switch schools... in second grade there are no stupid questions. So when people assume that, because you are an upper-classman (even a new one) you must be all-knowing, you run with it, not wanting to be grouped in with the freshmen...when in reality you would probably fit there best.

Old Dogs with all the old tricks

Two months to go and the mudslinging continues for candidates

Just when I thought I'd press the figurative snooze button for two more months during the stagnant portion of the election season, Barack Obama and John McCain agree to talk about faith.

This roused me, although I was late on finding out about it because admittedly, I just haven't fixated my attention to media lately. But YouTube has served me well, and I've seen a few things. It's like in the Sandlot, when Smalls peeks over the fence to take a look at The Beast. I came back from my inter-web search party stunned and wanting answers.

Watching both candidates answer questions separately (it was not in debate fashion) on the Saddleback Faith Forum, which was hosted by pastor Rick Warren, I began wondering why John McCain was doing so well. Really. Because he normally isn't on point, nor are his answers to questions so clear and concise. I had to be fair, though. Maybe he woke up feeling impervious. Maybe he rehearsed beforehand. Well . . . could be that he did.

Reports have been running rampant across the media spectrum that McCain broke through the "cone of silence" that Warren promised the audience he was in. It turns out that McCain's motorcade hadn't even arrived until half an hour after Obama had begun his speech. The McCain camp claimed that he didn't hear any of the questions. Really? We're basing this on the honor system? Like boy scouts?

"The insinuation from the Obama campaign that John McCain, a former prisoner of war, cheated is outrageous," claimed Nicolle Wallace, a spokeswoman for McCain.

We can easily decipher from all of this that it's simply old tricks from an old dog. Karl Rove is apparently running the McCain campaign, and seemingly it's the cup that has runneth over.

Why the prisoner of war mention? Does this automatically deem him unable to cheat? Either way, after watching the forum, I came to the conclusion that both candidates did a bit of pandering to the audience. I must be fair here.



Obama seemed like he personally denounced gay marriage.

Nonetheless, it was supposed to be conversational. No stump speeches – Warren himself stressed this with both candidates. McCain was answering like it was a debate. Looking into the crowd, starting practically every answer with "my friends..." – it wasn't conversational at all, and it seemed much more contrived and unnatural compared with Obama's.

Obama did stumble over some answers, and though I'm unable to attribute this to any underlying reasoning except for that ultimately a whole crowd consisting mostly of the religious right isn't Obama's normal speaking environment, there is still a noticeable inconsistency with McCain's normal fashion in speaking and answering questions. Though some would like to believe so, it's not possible for someone to learn how to communicate in the span of time from the last town hall meeting to this forum.

But in typical McCain fashion, he said that "If I'm president of the United States, my friends, if I have to follow

him to the gates of hell, I will get Osama Bin Laden and bring him to justice. I will do that and I know how to do that. I will get that done."

Yikes. Let's get back to "real-life" for a moment. I don't even know where the "gates of hell" are. Do you have to ride a dragon's back to get there?

I suppose my only wish is to see John McCain talk to Americans like there's real hope without continuing war. Like we can progress. Too many times I see this sort of pandering from him to the old America, and we're not living in that time anymore. So much is riding on this election – the economy is in bad shape, the price of gas has become astronomical, and we're involved in a seemingly endless war that's costing billions of dollars a month and unnecessary casualties.

As a nation, collectively, we are progressive-minded people. In order to be in step with that, McCain ought to be speaking to the public in a manner consistent with morals and values, but also inconsistent with Harley-revving war-mongers who may be uninformed. But, in the end, this may be exactly what McCain believes America is.



Justin Curia

Get experience any way you can, it's priceless

"Are you the new intern? Great, here are some things to start on. Call Chris at Eckert's and let him know we want to do a one-hit wonder at 7:30 because Tim is sick today, but tell him he may be in tomorrow so be ready for what he was planning his number is 618297...are you writing this down?" I try to choke out a reply.

Was I having a nightmare? No, I was experiencing the first 10 seconds of my summer internship at Fox 2, and I was ready to run away screaming back to the comfort of my bed.

After the first day of making phone calls, doing research, taking notes and running around the building, I went home and fell asleep for about two hours.

Not from the early morning, but the exhaustion of worrying about what I was doing, and if it was going to screw up the entire morning show the next day. I just kept telling myself the

first day is always the worst, and it was going to get better. Maybe even fun. And to my great surprise, it was one of the best experiences of my life and one I suggest everyone should go through.

I got pretty lucky last spring when after applying for an internship at Fleishman-Hillard that I did not get, an internship at Fox was made available to a professor of mine. She asked if I was interested in working with Tim Ezell over the summer, helping manage his segments and helping him out, basically being a public relations representative for him. It sounded great to me.

For those who don't know what Ezell does for Fox, he is a feature reporter who visits places of interest in the area and brings a humorous side to the news. He has a huge fan base and can really

bring in a crowd to an event or location. He would make a great boss, I thought.

I was right. Working with Tim this summer was absolutely amazing. I saw what it takes to prepare for the morning newscast every morning, what goes on behind the camera and how to talk to people and keep them happy, even if they weren't going to get Tim to cover their event on television.

The best part of working with Tim was interacting with the anchors, writers and producers on a daily basis. Everyone is so down to earth, the newsroom was a fun and interesting place to be everyday.

I also got a chance to experience the sales world of Fox 2. What a change of pace. Getting a firsthand look at careers that I would love to have was eye-opening and

exciting at the same time. The sales promotion and event manager let me hang out with her when Tim was on vacation and I learned so much.

All I had to do was mention that she has a job I was very interested in and she was more than happy to share her knowledge.

Most everyone at Fox was eager to help me learn in any way they could.

It is becoming sort of cliché in the college world, that an internship is the best way to get into the industry you want to be in. But it is the best advice I can give.

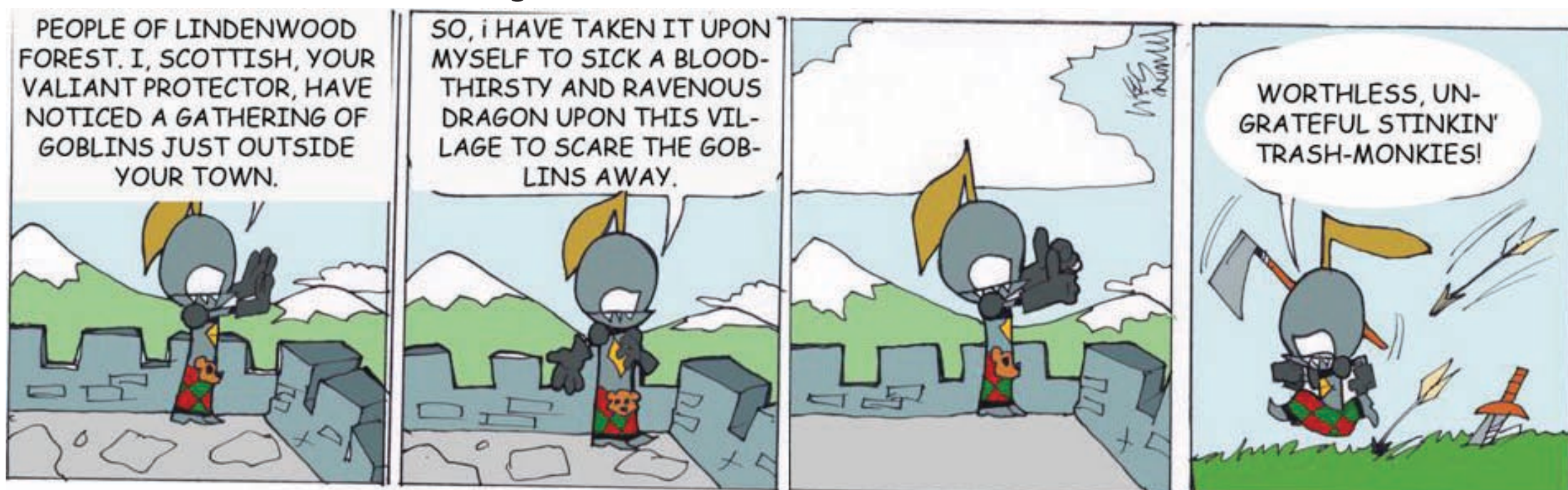
I now have such a greater amount of knowledge in what a prospective employer is looking for, and what to expect in the real world, and it was only three short months.

I worked hard for no money at all, but I am so grateful to Tim and Mary T. and everyone at Fox 2 for such a great experience this summer.



Lauren Wilson

Scottish & Farfrae by Wes Murrell



Arts



Legacy photo by Chelsea Lewis
Although the completed exterior of Lindenwood's new Fine and Performing Arts Center looks serene, workers inside scramble to prepare the building's main stage for major headlining shows scheduled for this school year.

Continued from Page 1

be "a special arrangement just for students" and that he will also purchase tickets for select theater majors who cannot afford to attend.

Bezemes said that some of the money made through the events will go to scholarships for LU students.

He also said that although some schools put on large shows, students do not always have the chance to be involved.

"One nice thing about the whole set-up is that all of our students who make the

grades can work on Broadway shows," Bezemes said. Students will begin by operating the lights and sounds for Minnelli's show.

Bezemes said this is an advantage for Lindenwood students because they will have experience working with celebrities and Broadway shows for their resumes before graduation.

"The whole purpose is to give students something to be proud of and a way to have professional resume credits before they leave," he said.

The Legacy

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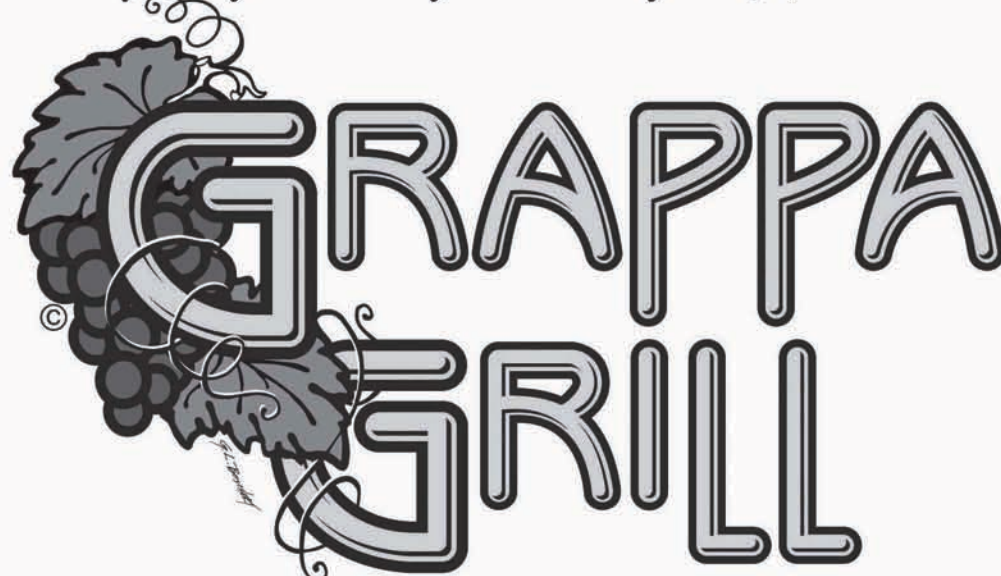
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Lions ready to attack another exciting season

Lindenwood set to begin Sept. 6 at MidAmerica Nazarene

By Micah Woodard
Sports Editor

After an extraordinary regular season and a disappointing first round playoff exit last year, Lindenwood football is back, hungrier than ever.

The 2007 Lions had one of the greatest seasons in school history, compiling a 10-1 regular season (their only loss being the last game) and advancing to the NAIA playoffs. The dream season ended abruptly, however, as Lindenwood was eliminated in its first playoff game, losing 35-14 to St. Francis (Ind).

The Lions had their best offensive year in school history, averaging almost 37 points a game behind offensive playmakers such as Hakeem Abdullah and Richard Murrell. The two running backs combined for 1,996 rushing yards and 22 rushing touchdowns.

The Lions' defense was also superb, limiting opponents to about 20 points a game, ranking 3rd in the HAAC.

It was an exciting season with high levels of energy and victories, but the end result was dissatisfying. "When you drop your last two (games), it puts a sour taste in your mouth," said Head Coach Patrick Ross.

But the Lions have learned much from their success and adversity last season and are determined to take their team to the next level. According to Ross, this attitude is essential to a winning football team.

"If you don't take good and bad from every situation, you haven't learned anything," he said.

The Lions will again employ a wide open, spread of-

fense which will feature several eligible playmakers on every snap. On most plays there will only be five offensive linemen to protect the quarterback, so getting the ball to the receivers quickly (with space to make plays) will be essential, Ross said.

Playing together as a unit is extremely important, and the offense, defense and special teams will all be equal points of focus for Lindenwood this year. "All three phases of the game are so critical now," said Ross, adding that any play can easily change the course of a game.

Special teams will be led by placekicker Halley Ferrell, who emerged as a dependable resource last year with an 81 percent field goal percentage, an NAIA record. "We get inside the 30-yard line, and we can count on getting points on the board," Ross said.

Leading the Lions this year under center will be senior quarterback Ben Kisner,

who has been through a lot with Lindenwood's football program. Kisner was red shirted his freshman year, only to be brought in halfway through the season, win-

ning all five games he started. He played poorly in his sophomore year but came back strong in 2007, leading the team by completing 60 percent of his passes for 2,549 yards and 19 touchdowns.

"The difference between a good team and a great team is how good the leadership is," said Ross, adding that the team has several experienced leaders who know how to win.

Lindenwood will be counting on new faces to lead the team in scoring, as Abdul-



A group of Lions work on building up their strength during an early morning practice. Lindenwood hopes to put together another successful season. Legacy photo by David Haas

lah, Murrell and Dominic Peterson (the team's leading receiver) graduated last year. Ross said that while it is difficult to replace offensive stars, good football programs find new playmakers.

One of these playmakers could very well be Leonard Durant, expected to be a key piece of the Lions' offense. Durant has been hampered by injuries for the past few years, but when he touched the ball he was very efficient, averaging 7.8 yards a carry last season. So if he is healthy, watch out.

The Lions will enter the season ranked ninth in the official NAIA preseason poll, which is sure to put a target on their backs. Despite the high ranking, Lindenwood will not ease up. "Preseason rankings don't mean anything, and our team understands that," Ross said.

The 2008 Lions football season is sure to be an exciting one, and Ross said the team will represent Lindenwood the way they should: "They're gonna play their hearts out for this university."



Stuart Sago makes a leaping grab during receiving drills at practice. The Lions offense will focus on quicker passes to give receivers more room to run. Legacy photo by Micah Woodard

"They're gonna play their hearts out for this university."

—Coach Ross

ask listen solve

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Student Olympians compete in Beijing games

Skeet shooter Sean McLelland and high jumper Donald Thomas showcase athletic talents

By Micah Woodard
Sports Editor

The 2008 Beijing Summer Olympics have come to a close, and two Lindenwood athletes had the fortune to taste the glory of these events firsthand.

Current student Sean McLelland competed for the United States in the men's skeet shooting, while former LU student Donald Thomas tested his strengths in the men's high jump, representing his native Bahamas.

In men's skeet shooting, the 41 most talented shooters in the world shot five qualification rounds of 25 targets each, accumulating 125 total shots.

After the qualifications, the top six shooters advanced to a final 25-shot round.

On the first day of qualifications, McLelland converted 70 of 75 shots, putting him within striking distance of the final six.

In the final two rounds, he turned it on and successfully shot 48 of the last 50 targets, placing him in a seven-way tie for the sixth and ultimate Finals berth.

To decide the last spot, McLelland and the other six shooters entered a "Shoot-Off" held only one hour before the finals began. Unfortunately, McLelland fell to Ridong Qu of China, ending his Olympic competition.

Vincent Hancock, McLelland's fellow American teammate, blasted 145 of 150 targets and won a crucial "Shoot-Off" to capture the gold medal.

Although he didn't win a medal, McLelland certainly



proved his place among the best skeet shooters in the world, finishing 11th overall, defeating 30 of the world's greatest marksmen.

McLelland, originally from Harlingen, Texas, chose Lindenwood over the University of Texas because of LU's prestigious shooting program, a team that has claimed the last five ACLU National championships.

"They don't (offer shooting), and Lindenwood is the only scholarship program that actively pursues shooters," McLelland said in an Stltoday.com article.

After obtaining a Minimum Qualifying Score in international competition (essential for Olympic qualification), McLelland qualified for the games by finishing second in the U.S. Olympic Skeet Shooting trials.

The first-place shooter in these qualifications was Hancock, the Men's Skeet Shooting champion.

One day after the shooting competition ended, Thomas competed in the high jump Group A Qualification round and was the only Olympian in the event to represent the Bahamas.

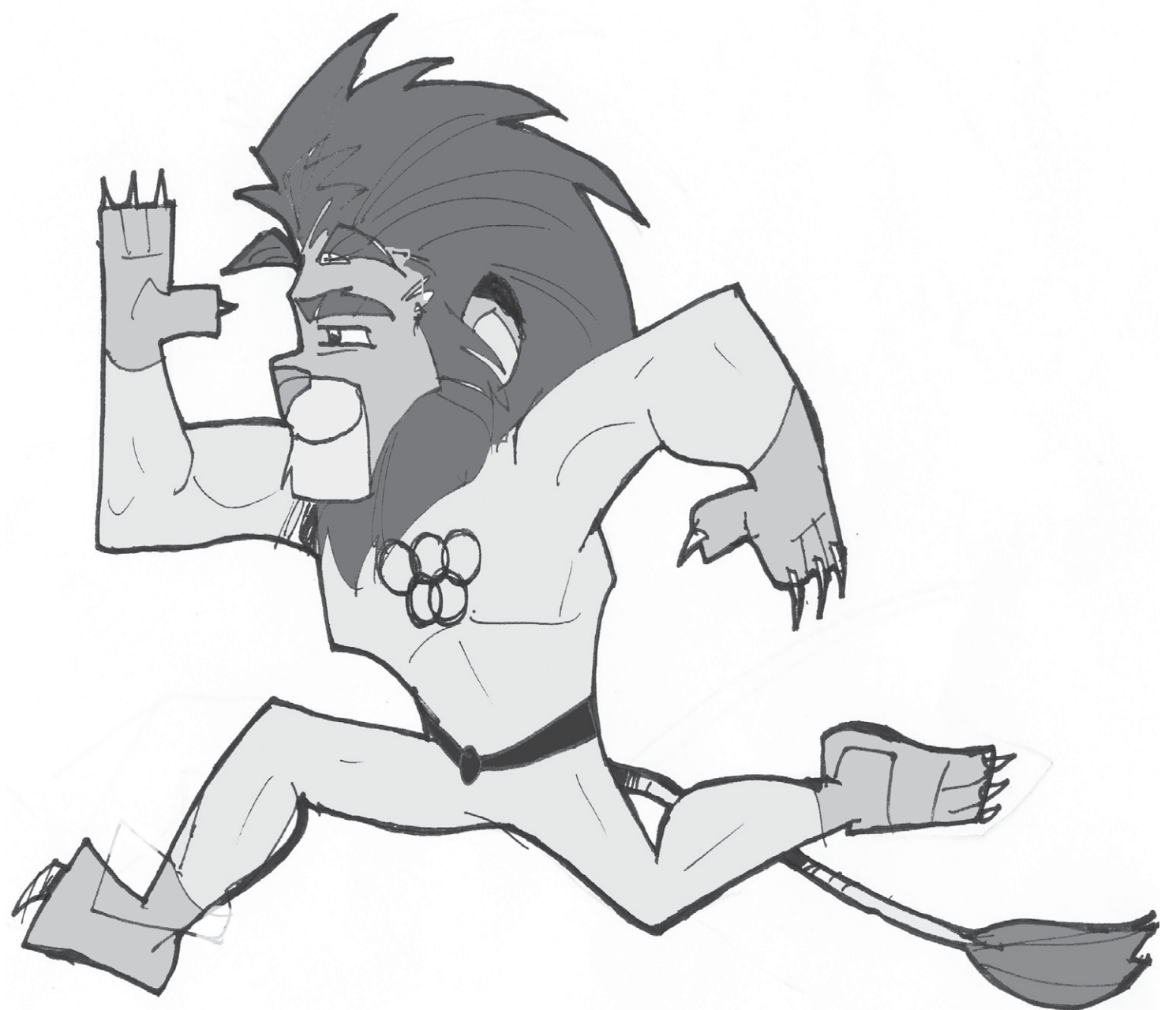


Photo Illustrations by Wes Murrell

Last year, in the 2007 High Jump World Championships, Thomas captured the gold medal in Osaka, Japan, marking him among the best in the world.

Competing against 20 athletes, Thomas converted jumps of 2.1, 2.15 and 2.20

meters in height but failed in three attempts to clear 2.25 meters.

Thus, his final score for qualifications was 2.20 meters.

Unfortunately, Thomas' score positioned him in 12th place overall, eliminating

him from medal contention.

Thomas got his athletic start at Lindenwood before transferring to Auburn University, and his entrance into the high jumping world was hardly typical.

According to the Stltoday article, Thomas (a former

Lindenwood basketball player) took up high jumping as a result of a dare that took place in our very own cafeteria.

He took that dare and turned his goals and dreams into an Olympic accomplishment.

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Courtesy photo

Graduate student Sreekanth Peyyeti (left) plays table tennis against transfer student Bradlee Kendle (far right).

Varsity table tennis team to begin play

By Jess Perkins
Staff Reporter

Lindenwood table tennis starts up this fall under the direction of husband and wife coaches Randy and Kelly Kendle, founding members of the Saint Peters Table Tennis Club.

Table tennis and ping-pong often get confused, but there is a difference. "Pingpong is essentially a recreational game played among friends with different rules based upon the player's preferences," Randy Kendle said. "Table tennis, on the other hand, is a competitive sport governed by the International Table Tennis Federation with specific rules."

Varsity collegiate table tennis teams are relatively rare. Within the United

States and Puerto Rico, there are only 120 collegiate teams. Lindenwood is one of only four schools that offer scholarships to team members.

"There was a lot of buzz in the table tennis world when Lindenwood made the announcement to offer table tennis scholarships," Randy Kendle said. "We have received e-mails from Brazil, Singapore and Hungary inquiring about our program."

A few members of the team had the chance to get an early start to the season by taking part in a tournament held on campus in June.

"The June tournament was my first chance to actually play competitively at Lindenwood," junior Ryan Driskill said. "I was able to

win one of the three events I was entered in and I made it to the semifinals in another event."

The June tournament also gave players the chance to acclimate to the facilities at Lindenwood. Driskill said, "I was thoroughly impressed with the facilities on campus. The little things in a facility can have a great impact on how you play but everything was perfect in the Performance Arena."

Freshman Jeffrey Schulte also competed in the June tournament where he won the Giant Round Robin and took home a trophy for another event. One of Schulte's main goals for the season is for the team to promote itself.

"As for the team, I'm not too concerned about how we do," Schulte said. "All

I want to do is get our name out there and make people realize that we have the potential to eventually be one of the top teams in the country."

Being one of the top teams in the country may not be a far stretch. "A former U.S. Olympic Table Tennis coach is considering sending some of our national junior players to Lindenwood as they graduate from high school next year," Randy Kendle said.

The team is looking for players to join the team for the first tournament to be held at Lindenwood Sept. 6-7. Since the table tennis team is governed by the NCTTA, as opposed to the NCAA or NAIA, graduate students are also allowed to compete.

SCOREBOARD

Men's Football

Sep 6- MidAmerica Nazarene, 1 p.m.
Sep 13- Avila 6 p.m.
Sep 20- Baker 6 p.m.
Sep 27- Culver-Stockton 6 p.m.
Oct 11- Benedictine 2 p.m.
Oct 18- Graceland 1:30 p.m.
Oct 25- William Jewell 1 p.m.
Nov 1- Evangel 1:30 p.m.
Nov 8- Central Methodist 1 p.m.
Nov 15- Missouri Valley 1:30 p.m.

Men's/Women's Bowling

Oct 4- 38th Hammer Midwest Collegiate (Oct. 4-5)
Oct 18- Orange and Black Classic (Oct. 18-19)
Oct 25- SI Elite Invite (Oct. 25-26)
Nov 1- Brunswick/Coca-Cola Southern Classic (Nov. 1-2)
Nov 8- Boilermaker Classic (Nov. 8-9)
Nov 22- Knights Classic (Nov. 22-23)
Nov 28- National Team Match Games (Nov. 28-29)
Nov 30- NCAA/USBC Invitational
Dec 6- Leatherneck Classic (Dec. 6-7)

Men's/Women's Cross Country

Aug 30- Washington Early Bird
Sep 6- Miner Invitational
Sep 20- Southern Stampede
Oct 4- Greater Louisville Classic
Oct 11- Lucian Rosa Invitational
Oct 25- Graceland Invitational
Nov 8- HAAC Championships
Nov 22- NAIA National Championships

Men's/Women's Cycling

Aug 29- Gateway Cup
Aug 30- MWCCC MTB Race
Sep 6- MWCCC MTB Race
Sep 11- Collegiate Track Nationals
Sep 13- MWCCC MTB Race
Sep 20- MWCCC MTB Race
Sep 20- Le Tour de Ste. Genevieve
Sep 27- MWCCC MTB Race
Oct 4- MWCCC MTB Race
Oct 11- MWCCC MTB Regionals
Oct 19- Bubba Cyclocross Series #1
Oct 23- College MTB Nationals
Oct 26- Bubba Cyclocross Series #2
Nov 1- MWCCC Cyclocross Race
Nov 8- MWCCC Cyclocross Race
Nov 15- MWCCC Cyclocross Race
Nov 23- Bubba Cyclocross Series #6
Dec 6- Bubba Cyclocross Series #8
Dec 7- Missouri State Cyclocross Champ.
Dec 11- Collegiate Cyclocross Nationals

Men's Golf

Sep 1- Missouri Intercollegiate (Sept. 1-3)
Sep 13- Mt. Mercy College Classic

(Sept. 13-14)
Sep 22- Lindenwood Fall Invitational (Sept. 22-23)
Oct 3- Delta State Invitational (Oct. 3-4)
Oct 13- Illinois State Invitational (Oct. 13-14)
Oct 23- NAIA Preview Invitational (Oct. 23-25)
Nov 3- Mobile Fall Classic (Nov. 3-4)

Men's Hockey

Sep 26- North Dakota State 7 p.m.
Sep 27- North Dakota State 4 p.m.
Oct 3- Central Oklahoma 7 p.m.
Oct 4- Central Oklahoma 4 p.m.
Oct 10- Ohio 7:30 p.m.
Oct 11- Ohio 7:30 p.m.
Oct 16- Saint Louis (Mo.) 7 p.m.
Oct 17- Saint Louis (Mo.) 7 p.m.
Oct 24- Iowa State 7:30 p.m.
Oct 25- Iowa State 7:30 p.m.
Oct 31- Liberty (Va.) 7 p.m.
Nov 1- Liberty (Va.) 4 p.m.
Nov 7- Western Michigan 7 p.m.
Nov 8- Western Michigan 4 p.m.
Nov 14- Eastern Michigan 7 p.m.
Nov 15- Eastern Michigan 4 p.m.
Nov 21- Illinois 7 p.m.
Nov 22- Illinois 4 p.m.
Nov 28- Oklahoma 7 p.m.
Nov 29- Oklahoma 4 p.m.
Dec 5- Kent State (Ohio) 7:15 p.m.
Dec 6- Kent State (Ohio) 7:15 p.m.

Men's Soccer

Aug 30- Lee (Tenn.) 8 p.m.
Aug 31- Lindsey Wilson (Ky.) 7:30 p.m.
Sep 7- Marian (Ind.) 1 p.m.
Sep 12- Rogers State (Okla.) 8 p.m.
Sep 13- Grand View (Iowa) 6 p.m.
Sep 17- Columbia 7 p.m.
Sep 20- Cardinal Stritch (Wis.) 3 p.m.
Sep 27- MidAmerica Nazarene (Kan.) 2 p.m.
Oct 4- Benedictine (Kan.) 7 p.m.
Oct 6- Missouri Baptist 8 p.m.
Oct 8- Central Methodist (Mo.) 8 p.m.
Oct 11- Baker (Kan.) 3 p.m.
Oct 14- Missouri Valley 8 p.m.
Oct 18- Avila (Mo.) 8 p.m.
Oct 25- William Jewell (Mo.) 8 p.m.
Oct 28- McKendree (Ill.) 7 p.m.
Nov 1- Graceland (Iowa) 8 p.m.
Nov 4- Culver-Stockton (Mo.) 3 p.m.

Women's Field Hockey

Aug 24- Rhodes (Tenn.) 12 p.m.
Sep 6- Missouri 1 p.m.
Sep 9- Missouri State 7 p.m.
Sep 12- Indiana-Purdue Indianapolis 4 p.m.
Sep 13- Seton Hill (Pa.) 1 p.m.
Sep 21- Missouri 1 p.m.
Sep 24- Hendrix (Ark.) 7 p.m.
Sep 28- Bellarmine (Ky.) 12:30 p.m.
Oct 3- Saint Vincent (Pa.) 2 p.m.
Oct 4- Seton Hill (Pa.) 11 a.m.
Oct 17- Hendrix (Ark.) (Homecom-

ing) 7 p.m.
Oct 21- Bellarmine (Ky.) 7 p.m.
Nov 2- Rhodes (Tenn.) 2 p.m.
Nov 27- National Hockey Festival (Nov. 27-30) TBD

Women's Golf

Sep 13- Western Illinois Tournament (Sept. 13-15)
Sep 21- Southern Indiana Tournament (Sept. 21-22)
Sep 27- Millikin Tournament (Sept. 27-28)
Oct 6- UMSL/Washington Tournament (Oct. 6-7)
Oct 12- Maryville Tournament (Oct. 12-13)
Oct 27- Lindenwood Fall Invitational (Oct. 27-28)
Nov 3- Mobile Fall Classic (Nov. 3-4)

Women's Ice Hockey

Sep 26- Grand Valley State (Mich.) 9 p.m.
Sep 27- Grand Valley State (Mich.) 4 p.m.
Oct 3- Robert Morris (Ill.) 7 p.m.
Oct 4- Robert Morris (Ill.) 7 p.m.
Oct 11- Michigan 7 p.m.
Oct 12- Michigan 12 p.m.
Oct 18- Michigan State 8 p.m.
Oct 19- Michigan State 12 p.m.
Nov 1- St. Benedict (Minn.) TBD
Nov 2- St. Benedict (Minn.) TBD
Nov 8- Ohio State 6:30 p.m.
Nov 9- Ohio State 12 p.m.
Nov 15- Northern Michigan TBD
Nov 16- Northern Michigan TBD
Nov 22- Liberty (Va.) 3:15 p.m.
Nov 23- Liberty (Va.) 9:45 a.m.

Women's Soccer

Aug 30- St. Norbert (Wis.) 4 p.m.
Aug 31- Robert Morris (Ill.) 12 p.m.
Sep 6- William Woods (Mo.) 1 p.m.
Sep 12- Rogers State (Okla.) 6 p.m.
Sep 20- Cardinal Stritch (Wis.) 1 p.m.
Sep 27- MidAmerica Nazarene (Kan.) 12 p.m.
Oct 4- Benedictine (Kan.) 5 p.m.
Oct 6- Missouri Baptist 6 p.m.
Oct 8- Central Methodist (Mo.) 6 p.m.
Oct 11- Baker (Kan.) 1 p.m.
Oct 14- Missouri Valley 5 p.m.
Oct 18- Avila (Mo.) 6 p.m.
Oct 21- Bethel (Tenn.) 3 p.m.
Oct 25- William Jewell (Mo.) 6 p.m.
Oct 28- McKendree (Ill.) 5 p.m.
Nov 1- Graceland (Iowa) 6 p.m.
Nov 4- Culver-Stockton (Mo.) 1 p.m.
Nov 6- Lyon (Ark.) 2 p.m.

Women's Swimming and Diving

Oct 4- Intrasquad Meet
Oct 18- Show Me Invitational
Oct 25- Rose Hulman Relays
Nov 1- Lindenwood Five Team Meet
Nov 7- Missouri Team

Nov 22- Washington Thanksgiving Classic

Women's Volleyball

Sep 2- MidAmerica Nazarene (Kan.) 7 p.m.
Sep 5- Columbia Tournament (Sept. 5-6) TBD
Sep 12- Graceland Tournament (Sept. 12-13) TBD
Sep 16- Evangel (Mo.) 7 p.m.
Sep 19- Graceland (Iowa) 2 p.m.
Sep 19- Texas-Brownsville 7 p.m.
Sep 23- Quincy (Ill.) 7 p.m.
Sep 26- Taylor (Saint Francis Challenge) 12 p.m.
Sep 26- Saint Francis 5 p.m.
Sep 27- TBA (St. Francis Challenge) TBD
Sep 27- Cedarville 12 p.m.
Sep 30- Culver-Stockton (Mo.) 7 p.m.
Oct 1- Missouri Baptist 7:30 p.m.
Oct 3- Lindenwood Invitational (Oct. 3-4) TBD
Oct 7- Missouri Valley 7:30 p.m.
Oct 9- Baker (Kan.) 7:30 p.m.
Oct 11- Benedictine (Kan.) 12 p.m.
Oct 14- Central Methodist (Mo.) 7:30 p.m.
Oct 17- Avila (Lindenwood Tournament) 3 p.m.
Oct 17- Madonna (Lindenwood Tournament) 7 p.m.
Oct 18- Robert Morris 12 p.m.
Oct 18- Columbia (Lindenwood Tournament) 2 p.m.
Oct 24- Indiana Wesleyan 1 p.m.
Oct 24- St. Xavier (Georgetown Tourn.) 5 p.m.
Oct 25- Georgetown (Georgetown Tourn.) 11 a.m.
Oct 25- TBA (Georgetown Tourn.) TBD
Oct 30- William Jewell (Mo.) 7 p.m.

Men's/ Women's Table Tennis

Sep 6- Lindenwood September Open TBD
Sep 20- Badger Open TBD
Oct 11- Bernard Hock Open TBD
Oct 19- Rockford Hills Open TBD
Nov 9- NCTTA Midwest Fall Regional TBD
Nov 15- Butterfly/South Shore Open TBD

Men's- Water Polo

Sep 5- Florida Aquatic Club 10 a.m.
Sep 5- Concordia 7 p.m.
Sep 6- Gannon 10 a.m.
Sep 6- Naval Academy JV 4:30 p.m.
Sep 7- Mercyhurst 9 a.m.
Sep 12- Lindenwood "B" 1:30 p.m.
Sep 13- Washington 10 a.m.
Sep 13- Saint Louis 2 p.m.
Sep 14- Missouri 11 a.m.
Oct 4- Miami (Ohio) 2 p.m.
Oct 4- Illinois-Chicago 8:30 p.m.
Oct 5- Western Illinois 1 p.m.
Oct 5- Northern Illinois 8 p.m.
Oct 24- Missouri Valley Division Championship

Shooting team gets new coach

Shawn Duloherly takes over program

By Andrew Tessmer
Staff Reporter

Newly installed coach Shawn Duloherly plans to put Lindenwood's newly reinstated shooting team back on track with a strict disciplinary code.

Team members will be held to higher standards under the new coach.

Duloherly beat out 11 potential applicants to become head coach for the top national shooting program at Lindenwood.

Athletic Director John Creer believes Duloherly has the qualifications to give the team a solid shot at a sixth national title.

Creer said that Duloherly is of such stature that his name is instantly recognized both nationally and internationally within the shooting world. "The opportunity to get him here, as our head coach, was very important," he said.

A native of Lee's Summit, Mo., Duloherly has been a fan of shooting since age 4. He graduated from Park University and joined the Army in 1989.

He has earned four U.S. International Skeet National Championships, and seven Interservice International Trap and Skeet Championships.

He has also been a top contender for the last five Summer Olympics and finished fifth in the Sydney games of 2004.

Among the shooting titles, Duloherly has also earned the rank of sergeant first class in the Army.

Duloherly is still under contract with the Army shooting program and will officially take over as Lindenwood head coach for the 2009-2010

season.

"Over the next 13 months or so, I will work closely with interim Head Coach Mike Elam to get the team back on track and to its sixth national title," said Duloherly. Elam will work with the team daily until Duloherly is available for full-time, on-campus work next season.

Assistant Coach Ellie Schad will act as the team's technical adviser in practice and competitions.

Duloherly will meet with Lindenwood's student-athletes when he is on leave from the Army, and will correspond with Elam and Schad via e-mail and telephone.

Last year's coaches were fired in April after alcohol was consumed on the team bus while traveling home from Texas after winning Intercollegiate Clay Target Championship title number five.

According to Creer, Duloherly was hired for disciplinary reasons in order to keep things like the previous incident from reoccurring.

Duloherly mentioned his impressive shooting career as a reason for his own hire, but more importantly Duloherly believes he was hired for his military attributes.

"The team is in a position where they need a lot of discipline and responsibility, and that is what a career in the military instills," Duloherly said.

His plans for the program include such changes as a better structure and a better sense of direction.

Duloherly said he is "extremely excited to be involved with the program" and the chance to take the team to the next level and its sixth straight national title.

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Sports around the **Globe**

Cricket is the king in Trinidad

By Aisha Foster
Staff Reporter

Lindenwood offers an array of sports, such as football, baseball, basketball, soccer, lacrosse and so on. Most students are familiar with these, but many sports virtually unknown in the United States are wildly popular in the rest of the world.

One of these sports is cricket, which is an institution in India, Pakistan, England, Australia, South Africa, the West Indies (Caribbean islands) and many other nations.

Cricket is also very popular in the island of Trinidad and Tobago, which happens to be home to a famous cricketing great by the name of Brian Lara. Lara was a former player for the West Indies cricket team and currently holds the record for the most runs ever scored by an individual in a test match – 400.

Many people relate cricket to baseball because it involves bat on ball contact, but there are many differences. Unlike baseball, cricket is played between two competing teams of eleven players on each side on a large expanse of ground (usually grassy) called a pitch. Teams have players with a mixture of abilities, some who specialize at batting, some at bowling, occasionally some who excel in both capacities, and one specialist who acts as “wicket-keeper.”

In the center of the pitch is a length of grass (usually 22 yards long) called “the wicket.” At each end of the wickets, three sticks are placed together in an upright position, called the “stumps.” They are separated by a gap not greater than the diameter of a cricket ball. On top of each set of stumps are placed two smaller sticks, or “bails.” A chalk outline is drawn in front of each set of stumps called a crease. The game has two umpires.

The object for the batting side is to score runs (points) before the bowling side has dismissed them. The object for the bowling side is to dismiss the batsmen as economically as possible. Once the process is complete, the roles are reversed. This reversal may happen only once (typically in “one-day” or “limited overs” cricket) or twice, as in county or international test match cricket.

Batsmen are in pairs each equipped with a bat, and one at each end of the wicket. Runs can be scored in a number of ways: each time that the batting pair is able to run between the wickets after a ball has been bowled (and before the stumps are or potentially can be touched with the ball) a run is scored. If the ball travels outside of the playing area, and it has touched the ground prior to leaving the playing area, four runs are scored. If the ball does not touch the ground

on its way out, six runs are scored.

Batsmen are dismissed by bowlers in a variety of ways: the ball hits the wicket behind them, the fielders on the opposite team catch the ball, the wicketkeeper behind them stumps them (hits the wicket with the ball if the batsman is in front of the crease), or a fielder runs them out (if the batsman was running between the wickets and failed to make it over the line).

Cricket is very popular in Trinidad, so when other teams tour the West Indies, thousands fill the Queen’s Park Oval (cricket pitch). Many foreigners also come to the Oval to watch their teams play. Even famous celebrities such as the Rolling Stones’ Mick Jagger have been spotted enjoying cricket matches at the Oval.

The vibe of the atmosphere of the Oval is always an upbeat, exciting and carefree one, depending on the success of the West Indies team, which is the home team. When the West Indies are victorious, the party never stops.

Another popular sport in Trinidad is football, or soccer in the United States. Fans are extremely supportive of the national football team and come out in thousands to watch their games. Just this summer, the English team visited Trinidad to play



Courtesy Photo

Brian Lara swings at a bowled pitch in a cricket match. One of the most famous athletes from Trinidad, Lara is an international symbol in cricket, an extremely popular sport outside of the United States.

a friendly match and tickets sold out in a matter of days. Fans came expecting to see great, exciting football and David Beckham, of course.

Trinidadians also respect basketball and track and field events. Basketball is growing in popularity, although the hype is not as intense as it is here in the United States. Excitement is usually felt

in major games such as the Olympics. At the 2008 Beijing Olympics, runner Richard Thompson, a Trinidadian representative in the 100 meter final, got the silver medal behind world-record winner Usain Bolt of Jamaica.

All around the island was an air of pride and jubilation at the young athlete’s accomplishment. Long af-

ter the race, bars, lounges and restaurants kept showing the race footage on their TV screens, in celebration of Thompson’s achievement, and people could not stop talking about it.

Yes, these are the sports that Trinidadians love best, but it’s impossible to feel the intensity without being there to experience it.

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