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## **Business and Biology Students Travel to Costa Rica for Study Abroad**

By Alexis Keller

Have you ever wondered what it would be like to travel the world? I got the chance to talk with a Lindenwood-Belleville faculty member and student who traveled to the Republic of Costa Rica during J-Term.

While most of us were sitting at home or, sitting in a classroom on campus, twelve students got to spend J-term in the tropics of Costa Rica. The twelve students came from both the Belleville and Saint Charles campuses. They, along with several faculty members, left on January 4<sup>th</sup>, and returned to campus on January 21<sup>st</sup>. The students came from the Divisions of Natural Science and Business.

The students got the chance to participate in educational as well as some recreational activities. Dr. Mark Roselli, Associate Professor of Management and International Business and one of the faculty members who went abroad, commented on the educational activities.

"They (students) visited several businesses, including a dairy farm, an ice cream business that used the milk from the dairy farm, and a coffee plantation." Another business Lindenwood students visited was an authentic Costa Rican business, called a trapicag.

"A trapicag is a place where Costa Ricans make sugar, it is an old process for making sugar," Roselli explained.

As for recreational activities, the students and faculty members spent some time in a rainforest. They got to go tree climbing in the canopy, have a campout, zip line, and rappel down a waterfall. Freshman, Hugo Maccinoni, talked about the rainforest,

"I'd never really experienced the rainforest. It was really nice to get away from computers and cell phones and to just experience nature."

Lindenwood-Belleville students visited the Maria Antonio National Park, and participated in a two-day service project. They painted walls and built cabinets to hold files. The two-day service project was for a nonprofit organization that benefited terminally ill children.

"It felt good to give to people, I'm doing something good and for nothing in return, Maccinoni commented.

Costa Rica is a country in Central America, who gained its independence from Spain on September 15, 1821, is



only eight degrees north of the Equator. The country is northwest of Panama, and borders the Caribbean Sea. Its capital and largest city is San Jose. According to the 2013 Costa Rican census, Costa Rica's population is 4.5 million. Costa Rica is Spanish for "rich coast".

The next Lindenwood University study abroad trip takes place this

upcoming May. The trip is to China and will last fifteen days. The Chinese cities that will be visited include, Shanghai, Beijing, Xian, Yangzhou, and Hong Kong. The trip is a special topics course and counts as three undergraduate or graduate credits. Contact Dr. Shelly Daly at <a href="mailto:sdaly@lindenwood.edu">sdaly@lindenwood.edu</a> for more information.

## Lindenwood Belleville Named Co-Recipient of Salute to Southwestern Illinois Award

By Stephanie Dulaney

The Leadership Council Southwestern Illinois has named Lindenwood University-Belleville among the co-recipients of the 2015 Salute to Southwestern Illinois Award, presented on April 2 at the Four Points by Sheraton in Fairview Heights, Ill.

The event payed special tribute to the five higher education institutions in Southwestern Illinois for their collective impact on workforce and the economy and their exceptional growth over the past decade. Dr. Ed Hightower, superintendent of Edwardsville School District 7, was also honored for his years of service to the educational community.

"Lindenwood Belleville is honored to be recognized by such an esteemed organization as the Leadership Council," said President Jerry Bladdick. "We truly are in good company with the other honorees, and our region is fortunate to have such a diversity of higher education institutions in the area. One thing that all of us have in common is the high quality of education we provide to our students."

The annual awards program salutes those individuals and organizations that have displayed outstanding leadership and have positively impacted the region. With the theme Growth Fueled by Educational Excellence, this year's event recognized the following as co-recipients of the 2015 Salute to Southwestern Illinois Award: Lewis and Clark Community College, Dr. Dale Chapman; Lindenwood

University-Belleville, Dr. Jerry M. Bladdick; McKendree University, Dr. James Dennis; Southern Illinois University Edwardsville, Dr. Julie Furst-Bowe; Southwestern Illinois College, Dr. Georgia Costello; and Dr. Ed. Hightower, Superintendent of Edwardsville School District #7.

As an added highlight, the event also spotlights Southwestern Illinois primary and secondary level teachers, administrators, support staff, and school board members who have received recognition awards during 2014.

The Leadership Council Southwestern Illinois is a memberbased economic development corporation representing Madison and St. Clair counties. The Council works to unite business, industry, government, education, and labor for economic growth in Southwestern Illinois. These effective partnerships serve as a driving force behind successful economic development efforts throughout the Metro East region.

### **Lynx Tale Online**



http://belleville.lindenwood.edu/academics/lynxtale



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LINDENWOOD UNIVERSITY BELLEVILLE, ILLINOIS

### **Business Division Award Winners Motivated by Challenges**

By Carmin Trujillo

The Division of Business and Entrepreneurship presents a Student of the Month Award in both the fall and spring semesters. This year's winners were Monte Beverly, Mikayla Conlin, Sara Gil-Yepes, Shelby Kormann, Kristian Moon, Tim Reintgen, and Maggie Stock. Lynx Tale recently interviewed two of the 2014-2015 winners, Tim Reintgen and Maggie Stock, to gain tips for their success.

Both have different backgrounds. Reintgen is from Cologne, Germany





Reintgen

Stock

and Stock is a Belleville native. Reintgen graduated last December with a Sports Management degree and will continue a master's degree in St. Charles while Stock is earning an accounting degree here at LU-Belleville with goals of graduating in December '15 and passing the CPA exam in the near future.

We asked what actions made them stick out from other candidates. "I have stepped up my involvement at LU-B

Lynx Tale Volume 6 Issue 3 Spring/Summer 2015 **Contributors** Stephanie Dulaney Justin R. Edgren Mattie Hulse Alexis Keller John F. Kelly Lennon Mueller Mark Roselli Carmin Trujillo **Emily Weber** Faculty Advisor Justin R. Edgren Lynxtalenews@lindenwood.edu The Lynx Tale is a monthly student publication hat serves as a first amendment forum for campu. communication. Opinions expressed in the Lynx Tale are solely those of the students and do not express the views of the college.

and the Business Department, with the Accounting and Finance Club," said Stock, who was a big part of starting the new club.

Reintgen has had many hard working experiences from the last three years here. "[I] was awarded several USCAA honors and graduated cum laude."

Stock and Reintgen told us how they manage the many tasks of life so successfully.

"I feel like as long as you try your hardest, things will end up all right," said Stock. "It also helps me to compartmentalize. Working on one thing at a time, I can get it done more quickly and move on. Challenges motivate me."

Reintgen has a similar, yet more detailed routine. "I write down all the tasks I have, calculate how much time I need to complete each one of them, and then schedule a time to complete them. I make sure there is no phone, no TV running. I use my time very efficiently, so that everything I do is fully focused on producing the best outcome possible. This takes a lot of energy, so I use sports to free my mind. I work out about 5 times a day."

Students can take advantage and follow these leaders' habits. Along with their fellow Student of the Month award winners, Reintgen and Stock are shining examples of successful students, and know what it takes to stand out from the crowded world.

Lastly, we asked these students what they would request of the world if they could influence everyone. "I think what this world really needs is equality," said Reintgen.

> Stock's answer would similarly contribute

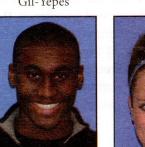


better world society, and better world solutions. "It would be, to be able to work together."

Beverly



Gil-Yepes



Moon



Conlin



Kormann

### Jackie Joyner-Kersee Scholarship **Presented to Incoming Freshman**

By Stephanie Dulaney

Olympic athlete Jackie Joyner-Kersee and the R. Whittington presented O'Fallon Foundation Township High School senior Taylor Harris with a scholarship to attend Lindenwood University-Belleville at a ceremony on campus April 1. Harris, of O'Fallon, Ill., will be a freshman at Lindenwood Belleville in fall 2015.

Harris has been involved in the Future Business Leaders of America, has served as a youth ambassador for the 100 Black Men of Metropolitan St. Louis Youth Leadership program, and sings in the OTHS choir.

"When we presented Taylor Harris with the Lindenwood scholarship in my name, it brought tears to my eyes to hear her speak so eloquently about her dream of wanting to attend University-Belleville," Lindenwood said Jackie Joyner-Kersee. "It is always a blessing to bless others with a gift that will ultimately change that person's

This is the first year for the Jackie Joyner-Kersee Scholarship at Lindenwood University. It is open to all incoming first-year students who meet the university's requirements for admission and demonstrate academic success, leadership, and financial need. Lindenwood is awarding two full scholarships (including tuition, room, and board), one to a student on the St. Charles campus and another to a student on the Belleville campus.

University-"Lindenwood Belleville is delighted to partner with Jackie Joyner-Kersee and the R. Whittington Foundation to offer this unique scholarship opportunity for Lindenwood students," said President Jerry Bladdick. "Taylor truly exemplifies the qualities and achievements that the Jackie Joyner-Kersee Scholarship seeks to honor, and we are thrilled to welcome her to campus in the fall."



### LU Faculty in the Community: Judge Annette A. Eckert



Assistant Professor and Department of Criminal Justice recruiter, Judge Annette Eckert (Ret.), center, with officers of the Southwest Illinois Principals Association where she was the motivational speaker at the student recognition breakfast ceremony attended by over 500 people on April 15th at the Gateway Center in Collinsville, Illinois.

# SPORTS &

### **Athletes Adapt To Off-Campus Facilities**

By John F. Kelly

What if I told you that your sport doesn't have facilities on campus? That you would have to commute to practices and games every single day? That's a real issue for many athletes here at Lindenwood University-Belleville. Baseball, softball, men's and women's hockey, track and field, and the swim team are just a few of the many sports that use other facilities other than the ones here at LU-B

Being a collegiate athlete is a pretty tough deal. You have class most of the day, and then after your school day is over it's time for practice or workouts that take up another chunk of your day. There's also the usual studying for classes, and homework. You're required to keep a minimum GPA and take a minimum amount of classes as well. On top of all that you have coaches, friends, and activities pulling at your remaining time.

Hockey player, Derek Van Ness chimed in on how he felt about home games, or if he really felt they were home games due to not having a school rink to use "It wasn't too bad," said Van Ness. "The school provided a fan bus, which helped."

"Fans show up sometimes, but it really doesn't have that home game feeling," said baseball player Hunter Johnson.

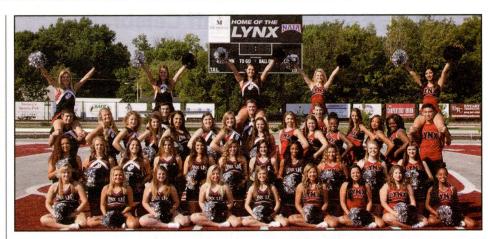
What exactly is that home game feeling? The home game feeling is when

your confidence is boosted knowing the crowd and energy at your home field will provide a distinct advantage against an opponent. Many athletes on campus don't experience that feeling.

For the track and field and swimming teams practicing at a local high school, scheduling can be tough. The high schools get priority as to what time their respective teams practice. After that it's fair game for LU-Belleville teams

"Not having our own track definitely has its drawbacks," said long distance runner Jacob Peal. "However, we are lucky that we can practice out at Belleville West. The commute isn't bad. The only drawback from having to use West's facilities is that we have to be flexible with our practice and meet schedule and considerate when both programs are practicing there because it's their track so they get the right of way."

The drawbacks can be substantial, and there aren't many plans going forward to bring these respective athletic facilities closer to campus. In the future, it would be nice to see these teams be able to practice on campus so students and fans can get more involved and actually provide a home field advantage. In the meantime, don't forget to support your off-campus athletes at their "home" games.



### **Flipping Forward Towards Greatness**

By Mattie Hulse

The Lindenwood University-Belleville cheerleaders and dancers have been tumbling to the top this spring. The teams took first and second place for the first three competitions, and second and third place in their fourth competition of the season.

The first competition Lindenwood University-Belleville included Concordia University, Missouri Baptist University, Lordes and Texas University Western University that resulted in the first step to the top for the Lynx squads. The next two wins were duels against Missouri Baptist University, one at Lindenwood-Belleville and the other in Adrian, Michigan after a nine-hour drive to the glove state.



On Saturday, February 21st at Sienna Heights University the cheer and dance squads went up against various teams in two competitions. The first section of the day was to compete for the order in which the squads would perform. The Lynx squad was second to last and Concordia University was the last on the floor and came out with a win.

The team knows it took a step back in Michigan not getting first but has the

spirit of taking one step back and two steps forward. "We have an amazing team this year! I am so proud of what we have accomplished so far," said cocaptain Kaitlin Kelpe. "We are focused and know what we have to do in order to achieve our ultimate goal! Just wait on it because the best is yet to come!"

The team not only revamped their whole routine this season but also has been under the leadership of new head coach, Kristin Nettleton. Nettleton has brought more experience to the table and a whole new outlook that will indeed help the Lynx squad rise to the edge of glory.

The teams went to Daytona in April and competed in NCA and NDA national championships on the 9<sup>th</sup> and 10<sup>th</sup>. The competition was organized so that all teams in a division would compete and then a certain amount of finalists would go on to the finals the next day and the remaining teams performed again to see which one rose to the top to join the other finalist.

The cheer team received eighth place on the first day and the following day, the team was placed ninth being beaten back by the first day's round two finalists. The dance team placed thirteenth and unfortunately did not make it to the finals. The competition ended in a photo on the beach in which the whole team still rushed with adrenaline from competing their hearts out. Gathering their team on the beach was a rewarding end to a great season, but only a brief pause before preparing their next steps towards a winning season in 2015-2016.

### Athlete Profile: Luke Joslin-Track & Field

By Alexis Keller

When you first hear the word "decathlete", you might think about 1976 Olympic gold medalist, Bruce Jenner. Or, like some people, you may not even know

SNW.

what a decathlete is. In order to find out, I talked with one of Lindenwood-Belleville's first ever decathletes, Luke Joslin.

"I would describe a decathlete as an athlete who does the ten most challenging events in Track & Field, all in one meet," said Joslin, a St. Charles, Missouri native.

The decathlon, then called the pentathlon, was created by the Greeks for the ancient Olympic Games in 708 B.C. The pentathlon consisted of five events, the javelin throw, discus throw, long jump, a sprint, and then ended with a wrestling match. The Greeks used the pentathlon to test who the best athletes were. In 1912, when the pentathlon became the decathlon, Native American Jim Thorpe passed this test created by the Greeks. Sweden's King Gustav V named Thorpe "the world's top athlete".

Though he may not be "the world's

top athlete," Joslin is making a name for himself both at Lindenwood, and in the American Midwest Conference. Only a freshman, and in his first year as a decathlete, Joslin has earned several school records in events such as the high jump, 1000 meter run, and pole vault. The AMC named Joslin AMC Track Athlete of the Week two weeks in a row. To top it all off, on February 19<sup>th</sup> at the AMC Conference meet at Principia College, Joslin was awarded AMC Freshman of the Year.

At the DePauw Invitational on February 14<sup>th</sup>, Joslin jumped 6'7" in the high jump, qualifying him for nationals. Joslin also qualified for nationals in the heptathlon with 4485 points.

"A heptathlon is the indoor version of a decathlon, it is made up of seven events," Joslin explained.

Joslin's favorite events to compete in are high jump, long jump, 800 meter run, and the 4x400 meter relay. In order to prepare for meets, Joslin trains about twenty hours a week.

Because of his hard-work and determination, Joslin competed at the NAIA Track & Field Nationals in Geneva, Ohio from March 5<sup>th</sup> to March 7<sup>th</sup>. Joslin received twelfth place overall in the heptathlon, and was the second freshman to place in the event.



The Lynx Tale is currently looking for **Work and Learn** eligible **students** and **volunteers** to fill multiple **writer**, **designer**, and **photographer** positions. If you are interested in joining the news team, please contact Faculty Advisor Justin Edgren at jedgren@lindenwood.edu, or stop by his office in room C110.

WRITE ARTICLES • TAKE PHOTOS • DESIGN PAGES

# FJACTIVITIES

# Students, Faculty, and Staff Celebrate Sibley Day

By John Kelly

Lindenwood University-Belleville provided a plethora of activities for Sibley Day, and I had the opportunity to try out a few. Some notable events included piano stairs, a 3D printer demonstration, chemistry demonstrations, a raptor demonstration, interacting with the green screen in the television studio,



playing a Wii console on a projector, human size foosball, and interacting with puppies up for adoption at the local animal shelter.

A lot of these events were completely random, but that is the spirit of it. I don't often get the opportunity to play Wii, but it was really fun being challenged by random strangers, and it is not everyday I get to watch a 3D printer in action on campus. I spoke with LU-Belleville President, Jerry Bladdick about the history and meaning of Sibley Day.

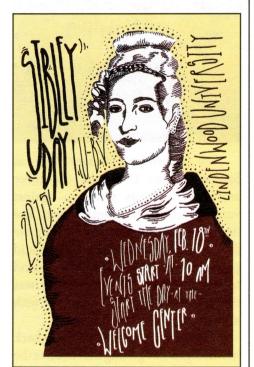
"Sibley Day to me is commemorating and remembering our founding mother and father Mary and George Sibley," said Bladdick "It's a way of honoring their heritage and the value they placed on higher education."

For Lindenwood students and faculty, Sibley Day is celebrated on February 18<sup>th</sup> and it was a huge success.

Not only was Lindenwood University-Belleville able to have the day off from classes for faculty and students, but was also able to provide educational events and awesome showings in honor of the Sibleys. Enjoying a day off while having fun educational activates made Sibley Day what it was: great.

Many students knew they had the day off but not the history behind Sibley Day. "Perhaps because the Belleville campus is newer to the Lindenwood system, and students are just finding more out about our history and heritage," said Bladdick. "That responsibility lies on us as administrators to educate our students so that they get more interested in that 'try something new' approach to Sibley Day. It is also on the students to have a desire to try something new, to get out of their rooms and explore all the activities provided through the school."

Administrators and faculty here can only do so much, then it is on us as students to make Sibley Day better and better each year. All across campus, Sibley Day 2015 was a great balance of fun and learning. Sibley day will continue to grow as Lindenwood University – Belleville does.



#### **Student Government Updates**

By Johan Sundberg

On February 27th LBSGA attended a conference in New York hosted by American Student Government Association which consisted seminars with different speakers talking about how a university can improve its student government. The trip was a success and the skills learned at the conference will be implemented. We also had conversations with student government officers from many different universities which illuminated what our school is doing well and what we can improve on in the future. Overall, the trip helped us improve as professionals and also as an organization.

April 21st LBSGA volunteered at the Belleville humane society which is an organization that rescues and gives care to abandoned or mistreated animals in hope of finding them a better home. This is not the first nor the last time LBSGA will volunteer to help animals in need. The club plans to have three Humane Society volunteer days each school semester. As volunteers, student government representatives may walk dogs, pet cats; socialize in the backyard, or in the playroom with the animals. It is not heavy duty work but just as important. Some of the animals in the Belleville humane society have experienced horrible things like neglect or abuse and it takes time for them to recover. If you are interested in volunteering you can contact LBSGA at Isgapresident belleville@lindenwood. edu or visit our office in D-103, lower level of Dixon Center. You may also contact humane society directly at humanesociety.com

As representatives of the student body, LBSGA works, on a daily basis, with issues and concerns that students raise regarding Lindenwood-Belleville. LBSGA gives students the avenue to voice their opinions and address important issues on campus. We have General Assembly meetings that are open for the public every other Tuesday starting April 7<sup>th</sup> at 5:30p.m. in the Banquet hall in the Dixon Center. If you are interested

in student government or want more information about what we do, contact *lsgabvprofficer@lindenwood.edu* or come visit us in our office D-103, lower level of Dixon Center.

Some accomplishments LBSGA has achieved:

- ATM on campus
- Straws in the cafeteria
- Study room in the Lynx lodge
- Lynx lodge side doors open to make it easier for students
- TVs around campus for information/clubs advertising
- Utensils running out in the cafeteria



Upcoming improvements spring 2015:

- Hot food back in Matt's café
  - Hand cut French fries
- Labeling food system
- Car-rental program
- Location of the International flags

### **2015-2016 LSGA Officer Election** Results:

President: Matthew Ratteree
Vice Pres.: Blanca "Makis" Gomez
Treasurer: Alex Acuna
Speaker of the Senate:
Rodrigo Kurogi
(Other senate and officer positions

are still being determined at the time of the writing)



