



# LYNX TALE

AUGUST 2012 WELCOME EDITION

## LINDENWOOD

LINDENWOOD UNIVERSITY BELLEVILLE, ILLINOIS



Are **YOU** musically inclined?

Do you **play** an instrument?

### Pep Band to Energize Events This Fall

Lindenwood-Belleville students will have the opportunity to participate in the campus' first-ever pep band this fall. Dr. Jeffrey Barudin of the Humanities Division will be directing the newly created LU-Belleville Athletic Pep Band. The university intends to develop it into a marching band in the future.

"Lindenwood-Belleville is a growing campus, and we're very excited to create this band," said Barudin. "Our plan is to perform at all football and basketball games. We'll eventually become a marching band but

are planning on performing from the stands for this first year. Our job will be to energize the teams and the crowd and really bring the LU-Belleville spirit to the games!"

The pep band will serve as a credited course through the university, and students will receive academic credit hours for participating.

Scholarship and Work and Learn opportunities are available for qualifying students who join the pep band.

For more information, please contact Jeff Barudin at [jbarudin@lindenwood.edu](mailto:jbarudin@lindenwood.edu) or call (618) 239-6000 to enroll.



New Chemistry Lab

In the newest phase of expansion in the sciences facilities at LU-Belleville, the first dedicated chemistry lab is on schedule for completion this August. The lab has eight six-foot fume hoods and bench space to accommodate classes of 24 students.

The chemistry lab is an important milestone in the development of LU-Belleville's science programs. With the Illinois Board of Higher Education's approval of a bachelor of science degree in biology this past spring, LU-Belleville is able to offer its first natural science degree. The biology program is a broad-based program that can accommodate a wide variety of student interests, ranging from pre-professional qualification for medical, dental, and veterinary school to students interested in ecology and conservation.



Lindenwood President James D. Evans was quoted in a recent article in the *Belleville News-Democrat* saying that he hoped "biology would soon become a specialty of the LU-Belleville campus."

Dr. Paige Mettler-Cherry, Associate Professor of Biology, intends to make that vision a reality. "The demand for students with degrees in biology continues to grow nationally and internationally. Lindenwood University offers an exceptionally well rounded degree program and offers students opportunities to conduct research at the undergraduate level. This combination makes our graduates particularly strong when applying for professional medical schools, graduate schools, or to enter directly into the job market," she said.



Cory Harris, Amy Reed, and Craig Zurliene at the LCIE opening day.

### LCIE: What's It All About?

By Dr. Cindy Manjounes

Lindenwood College for Individualized Education (or LCIE) is an accelerated program that offers students the chance to complete a graduate or undergraduate degree through one evening class each week. Classes are broken down into shortened sessions, called quarters, that run year-round. As the start of the fall quarter approaches, are you or someone you know ready to earn your degree on the fast track? Opening day takes place on October 6, so don't miss out!

LCIE opening day happens every 90 days, and on each one, students, faculty, and staff alike experience a similar excitement and air of anticipation. At the opening day orientation, the new students hear important information from many different avenues, including academics, student services, tutoring services, and more.

Many adult students may have had some college experience, but never finished, whilst others may be experiencing college for the first time. The average age of our LCIE students is 35, but their ages range over a broad spectrum. These students balance families, work, and other responsibilities while attending school one night a week. Some are realizing a lifelong dream of gaining a college degree, while others are attempting to broaden their appeal and career possibilities with a degree. Regardless of the motivation and the challenges they must often overcome, a strong desire to succeed is a common factor for our LCIE students. It is not uncommon for siblings and/or parents and their adult children or spouses to attend classes and pursue their degrees simultaneously in the LCIE program. The common bond and spirit of competition this creates facilitate a camaraderie that may carry students not only through their undergraduate degrees, but through their master's degrees and beyond. LCIE classes were some of the first offered on the Belleville campus, and this program has served as a firm foundation that helped to build the university into the thriving center it is today.



### Construction of Radio and Television Facility

The new communications center is currently under construction, which will give Lindenwood University-Belleville its own radio station and television channel.



### LU-B Football Team Move-In Day at the Lynx Lodge

On July 12, 2012, the men of the inaugural Lynx Football team pitched in to help move furniture into the Lynx Lodge and surrounding Lindenwood houses.

### LU-Belleville Football Season Tickets On Sale Now !

Please visit our web site at [belleville.lindenwood.edu/athletics/](http://belleville.lindenwood.edu/athletics/) to find out more information and download the order form, or give us a call at 618-239-6297.



## New Professors in Business and Communications Bring International Experience

By Stephanie Dulaney

New to the LU-Belleville faculty in business and communications are Mark Roselli, Amani Ismail, and Brendan Leahy. With a strong background in their field of study and a passion for teaching, each of these professors will bring their own unique real-world experiences to the classroom at Lindenwood-Belleville this year. For these three professors, work and research both in the United States and abroad has enriched their experiences and knowledge base of their subject matter.

Thanks to Skype, Dr. Mark Roselli first interviewed for the position of Professor of Business and Entrepreneurship at Lindenwood-Belleville from thousands of miles away at Tan Tao University in Vietnam. As associate professor of management and the department head of the School of Business and Economics at Tan Tao University, Roselli helped shape the curriculum and policies of the university, which welcomed its first freshmen class in August 2011. "I was attracted to Lindenwood-Belleville partly because it is also a relatively new campus," Roselli said. "I enjoy the startup phase of any new enterprise."

Roselli's vast experience in international business and real-world management positions make him an excellent addition to the LU-Belleville School of Business and Entrepreneurship. In addition to teaching in Vietnam, he has co-lead two study abroad courses, taking American business students to Burkina Faso and Malaysia. He has also taught four summers in the Kentucky Institute for International Studies program, twice in Bregenz, Austria, once in Paris France, and once in Istanbul, Turkey. Roselli has published several scholarly articles in publications, such as the *Journal of Business and Entrepreneurship*, and presented his research at the International Symposium for E-Commerce in Taiwan. Outside the classroom, he has years of management experience in the information technology field within organizations such as American Century Services and Macy's Midwest.

Roselli said what he is most looking forward to this year at LU-B is getting to know his students and interacting with them.

In addition to her list of accomplishments, Ismail also believes in "reciprocal learning" between students and professors. According to Ismail, students should not be afraid to ask questions in class, and while professors use their experience and knowledge to enrich students' ways of thinking, students also have the power to inspire their teachers. "At LU-Belleville, I want my students to regard my class more as an opportunity to explore knowledge not encountered before, as well as understand the world and themselves better, than yet another hurdle to cross to earn a degree," she said.



Professor Brendan Leahy is a member of the LU-Belleville Communications Dept., and he comes to campus with a passion for teaching and an excitement about working in the new, state-of-the-art Communication Center on campus.

Leahy was most recently a lecturer in film and media studies at Washington University in St. Louis, as well as an adjunct professor at LU-Belleville. He previously served as the communications coordinator for the University of Minnesota, and he has taught at the Minneapolis College of Art and Design.

Leahy's creative work has been featured in numerous film festivals and exhibitions, including the St. Louis International Film Festival, Stella Artois St. Louis Filmmakers Showcase, the Tweed Museum of Art, and the Minneapolis College of Art and Design Gallery. Last year, Leahy was awarded first prize in the Pulitzer Foundation for the Arts and Cinema St. Louis Dreamscapes Filmmaking Competition.

While earning his degrees, Leahy also gained experience internationally during a study abroad program on the art of Rome through Loyola University and the John Felice Rome Center in Rome, Italy.

At Lindenwood-Belleville, Leahy plans to teach courses in film/video/audio production, as well as web design, digital photography, and media analysis. "I am tremendously excited about joining the LU-Belleville community," Leahy said. "There is so much that is new and challenging during this time of tremendous growth, and I am honored to be a part of the evolution. I am committed to the success of our students and look forward to working with them to facilitate their growth as professionals in such a supportive environment."

## Dr. Bradley Hart: LU-Belleville's First Faculty Member in Chemistry

By Stephanie Dulaney

Dr. Bradley Hart will join the Division of Natural Sciences and Mathematics at LU-Belleville this fall as the campus' first chemistry faculty member. Hart graduated from the University of Missouri St. Louis with a master's and doctorate in organic chemistry.



With extensive experience using chemistry in the workforce, Dr. Hart brings a level of knowledge to his students that goes beyond the classroom. He served as a post-doctoral research associate for three years at the University of Georgia and Arizona State University, where his experiments in the lab translated into meaningful research in his field. In addition, Hart has co-authored research articles that have been featured in publications such as the *Journal of Natural Products* and *Journal of AOAC International*.

Hart's professional experience outside the university setting includes several years in analytical chemistry positions. As a forensic analyst at the Missouri Southern State Regional Crime Lab, he documented case evidence, analyzed items for traces of controlled substances, and gave court testimony. He later served as a quality control chemist at Mallinckrodt Company and KV Pharmaceutical Company.

As a skilled chemist and instructor, Hart continues the LU-Belleville tradition of faculty members who are passionate about both their field of study and their students.



Russell Presents at Conference in Paris

Dr. Keith Russell, interim dean of academics for LU-Belleville, presented a paper at the Crossroads in Cultural Studies Conference on July 5 in Paris, France. The title of Russell's work is "Space as Postcolonial Frontier in Salman Rushdie's 'Chekov and Zulu' and Jhumpa Lahiri's 'The Third and Final Continent.'" The conference was hosted by UNESCO and Sorbonne Nouvelle University, and Russell was selected from a group of over 3,000 applicants to be one of the more than 1,300 presenters at the conference. His panel focused on rewriting race and ethnicity in world literature; other panels covered a vast array of topics from social media to robotic cockroaches. Please contact Russell if you'd like to learn more about his experiences in Paris, or to discuss ways for undergraduate or graduate students to attend conferences.



## Lindenwood Welcomes All LU-Belleville Students to the SCRC

The Counseling Department wants to introduce the Student Counseling Resource Center (SCRC) to new students and remind returning students of the services available.

Career counseling services with state-of-the-art software are available to assist with choosing majors, assessing interests and skills, preparing resumes and cover letters, and researching employment. Mock interview sessions may also be scheduled.

Topics such as stress management, homesickness, coping skills, public speaking anxiety, test anxiety, conflict resolution, personality assessment, and balancing school, work, and life are offered through personal counseling.

All services in the SCRC are private and confidential. There is no charge for these services to students and the SCRC offers convenient hours for day and evening students. The center is located in Room M107, Administration Building on the lower level, next to Matt's Café. Candice Gullord, graduate assistant and counseling student, is the coordinator for the center. She can be reached at 618.239.6161.

Drs. Sarah Patterson-Mills and Therese Chavaux Turnbull from the School of Education, Department of Counseling supervise and directly assist the clinical and career counseling concerns. Graduate level Counseling Department interns will consult with students to offer support and counseling as needed.

We provide the services that LU-Belleville students need to perform well in life and in making informed decisions about academic and career choices. Stop by for a tour, visit, or with questions regarding our services. We will see you soon!

## The Man Behind the Band: Barudin Well-Equipped to Lead LU-Belleville Performing Ensemble



Jeffrey Barudin joins the Lindenwood University-Belleville faculty this year to initiate the creation of a pep band on campus. He will also continue his work on the St. Charles campus teaching percussion students in both concert and marching settings.

Barudin earned a bachelor of science in music education from Penn State University as well as a Master of Music and a Doctor of Musical Arts from the University of Michigan.

Outside of the classroom, Barudin is also in demand as a freelance percussionist, soloist, and educator in the Metro St. Louis area. He is the principal timpanist and percussionist with the Town & Country Symphony Orchestra and a percussion section member of the St. Louis Brass Band; he has also played with the St. Louis Civic Orchestra and the St. Charles Symphonic Society. He has performed as a soloist throughout the Midwest and East Coast. He can also be heard on several CDs, including a multiple Grammy-winning recording conducted by Maestro Leonard Slatkin.

## CALLING ALL WRITERS

The *Lynx Tale* is published by Lindenwood-Belleville for the students of Lindenwood University. Letters to the editor are welcome. To be considered for submission, letters must include the name, address, and phone number of the writer. To submit a letter or story idea, give us a call at 239-6155 and ask for Jenny Baudendistel, or send us an email at lynxtalenews@lindenwood.edu.

## Pollock Delivers Lecture at Harvard University

Ashley Pollock, adjunct professor of history, guest lectured at Harvard University on July 10 in Cambridge, Mass., for the world history course From Cold War to Global Terror: World History from 1945 to the Present.

Pollock's lecture, titled "Tet as a Turning Point," examined how the Tet offensive influenced the anti-war movement in the United States during the Vietnam conflict. The presentation included a reading from the book *If I Die in a Combat Zone, Box Me Up and Ship Me Home*, an autobiographical account of Tim O'Brien's tour of duty, originally published in 1973. Pollock said, "Any students working on research projects related to the Vietnam conflict era may feel free to stop by my office in the Academic Success Center to talk with me about these topics."

Pollock is a Harvard graduate with a master's in history and is currently finishing her second master's degree from Harvard in studies of women, gender, and sexuality. In addition to her duties as part-time history professor at LU-Belleville, Pollock serves as the coordinator of academic student services and retention at LU-Belleville. On July 1, she was promoted to full-time status in this position.



## Academic Success Center

By Ashley Pollock

When I was in school for my master's in history, I was often enamored with the details of the campus where I was studying. There was one particular gate that I frequented perhaps because of the etching in stone above the small walkway, which read: "Enter here to grow in wisdom." These words spoke to me in general as a student in pursuit of higher learning, but more so because I liked the idea of how many students and scholars had passed through that very gate. The history of that walkway and the campus itself inspired me. University campuses are sovereign spaces where ideas are learned, exchanged, and created. Each campus holds its own history within the walls of corridors and classrooms. I have recently discovered an inscription above the south-facing door to the Administrative building at the Lindenwood University-Belleville campus that offers a similar call to the scholarly pursuit. "Education: the duty to the individual" is a simple phrase though rich with meaning.

As the coordinator for academic student services and retention, I oversee the Academic Success Center (ASC) located in the ground floor of the Administration Building. The ASC offers a number of resources to students to help with their academic goals and coursework. A major part of the ASC is the Writing and Tutoring Lab (WATL), where students may come to get individual assistance with their assignments. The WATL is a quiet space for students to study and work, while also a place to seek guidance on their work. It seems fitting therefore, that the entrance to this building offers a quote that brings to mind the responsibility within academia towards the pursuit of education. What does that quote mean to you?

As the fall semester is now upon us, we return to the classroom to teach and learn. With each new semester, I find students have often assessed and renewed their personal and academic goals. The Academic Success Center is a great place to support those goals. The peer tutors on hand specialize in an academic area they excel in and are adept at providing information in a number of ways. The tutoring sessions are interactive and designed to give students an opportunity to ask questions.

The Writing and Tutoring Lab's Head Tutor, Dan Stumpf, works with students one-on-one to go over written assignments from all stages of the writing project as needed. "I enjoy seeing student leave the lab confident about their writing," Stumpf said. "Students consistently come into the lab feeling unsure or tentative about their work. Even if I simply reassure them that they are on the right track, the renewed

confidence they have at the end of the session makes it worth it." Students are asked to bring their assignment rubric with them when they visit the lab to meet with a writing tutor. That enables the tutors to help you determine if you are meeting the goals of the assignment.

On August 28 from 2-6 p.m. the ASC will be holding an Open House for students with three Jump Start sessions on topics related to starting a new semester. The current schedule for tutors can be found on the bulletin board just outside of the ACS. We can be reached at 618-239-6077 and BVLWritingLab@lindenwood.edu. As you explore our campus and continue your academic journey here, you will build memories of your own within these spaces. Perhaps you, too, will bring meaning to the notion of duty of education to the individual.

Tuesday, August 28th from 2 p.m. to 6 p.m. in room M 111. Refreshments will be served.

**Jump Start session #1** "The Force of Procrastination: How to Transform this Energy into Academic Motivation"

**Jump Start session #2** "College Writing: Fact and Fiction"

**Jump Start session #3** "Study Skills: How to Evaluate and Develop Your Ongoing Approach to Academia"

## LU-Belleville Grows Its Humanities Department with Mann and Gangloff

By Stephanie Dulaney

Drs. Erin Mann and Amy Gangloff are the newest additions to the LU-Belleville faculty in English and history, respectively.



Specializing in literature of the Middle Ages, Dr. Erin Mann comes to LU-Belleville from the University of Iowa. Mann earned both her master's and doctorate from the University of Iowa and, last year, served as a visiting assistant professor there. Her teaching interests include sexuality and gender studies, Shakespeare, and Biblical and religious literature and art.

In 2003, Mann began her teaching career in Stegersbach, Austria, where she designed and taught lessons on American language, literature, culture, and history to Austrian students age 12-19. While she introduced her students to works of literature they had never read before, Mann's students also shaped her as an instructor. "Because I was responsible for creating an environment where students comprehended and embraced responding to unfamiliar literature and ideas, I learned to balance challenging concepts with humor and dynamic activities," she said.

In addition to teaching numerous courses at the University of Iowa, Mann has presented her research at renowned conferences, such as the International Medieval Congress and the Medieval Association of the Midwest Conference. Her work is also under review for publication at the Medieval Feminist Forum and Modern Philology.

Mann is looking forward to her role as LU-Belleville's newest assistant professor of English this fall.



As LU-Belleville's first full-time history faculty member, Dr. Amy Gangloff will draw on her rich research background and teaching experience to lead an engaging series of courses this fall. Gangloff is a graduate of Stony Brook University in Stony Brook, N.Y., earning both her master's and doctorate, as well as a graduate certificate in women's studies, from the institution.

Last year, she served as an adjunct instructor in history at Lindenwood's Belleville and St. Charles campuses. Earlier in her career, she worked as a graduate assistant, adjunct faculty member, and teaching fellow at her alma mater of Stony Brook before going on to become assistant professor of history at Mississippi University.

With a long list of speaking engagements, Gangloff has lectured for such organizations as the American Association for the History of Medicine and the Mid-Atlantic National Women's Studies Association. She has also presented her work at conferences including the Southern History of Science and Technology Conference and Automobility: A Conference on the 100th Anniversary of the Model T.

Gangloff is currently working on her book manuscript entitled "*Safety Optional: Automobiles, Public Health, and the Search for Safe Mobility*." With such a blended background of research and teaching, Gangloff makes an excellent addition to the faculty of LU-Belleville.



## Camp Lynx Tales Brings Lasting Results to Young Participants

By Dr. Stephanie J. Yearian

June 4-22, 2012, marked the second annual Camp Lynx Tales at Lindenwood University-Belleville. Teachers included Meghan Bolen, Lindsey Crawford, Mallorie Cummings, Jennifer Dunlap, Kaci Fewkes, Yolanda Gann, Rachel Grosse, Nicole Hughes, Ashley Lautner, Sabrina Long, Heather Lyman, Nora Nordike, Lisa Reimann, and Miranda Scher. Sixteen elementary children entering grades 1-5 represented Union Elementary, Ellis Elementary, Roosevelt Elementary, Scott Elementary, and Wolf Branch Elementary of Belleville, along with Keysor Elementary and Mallinckrott Academy of Kirkwood, Mo. Campers were comprised of four sets of siblings, of which two sets were fraternal twins, and many who became instant friends. One little girl, Natalie, cried during lunch on the last day because she did not want to see camp end.

Camp began daily with an hour of one-on-one literary instruction. As director, I was impressed by the resources that our future teachers researched to implement in engaging their young students. A strong rapport was established early on between "teacher" and student after learning interests and conducting weekly assessments to guide instruction. Many literacy games, such as Verb Volcano, were also enjoyed in groups before gathering for snack time.

Studying the rain forest, the students were intrigued by the stories they read, such as *The Great Kapok Tree*, *If I Ran the Rain Forest*, and *Owen & Mzee*, the true story of friendship between a tortoise and hippo. The culminating activity for the second week's theme on space was highlighted by Commander Robert Powell's visit from the Challenger Learning Center of St. Louis. He hand-delivered a letter to each child in response to the postcards they wrote to aliens earlier in the week. In addition, his presentation on eating and using the bathroom while in space definitely kept their attention! Learning the history of the Olympics took place during the third week, and students competed in a variety of literacy relays the last day. The teachers outdid themselves in transforming the room with a large torch of waving crêpe paper flame powered by an internal fan and the five rings of red, black, green, blue, and yellow. After completing a scavenger hunt for Olympic facts, each student received a gold medal.

Camp Lynx Tales is a wonderful experience for both students and future teachers. It is an opportunity for pre-service teachers to plan, prepare, and execute valuable strategies to improve reading, along with management of a group of students prior to student teaching. After the first or second day, one of my teachers said that she did not know if she wanted to become a teacher because "teaching is hard!" By the end of the third week, after she realized the growth of her individual student through her guidance, I was thrilled when she reconfirmed her commitment to the field of education. I was also thrilled when two former camp teachers, Danielle Beishir and Jon Sehr, volunteered to participate this second summer when the need arose, simply because they knew that the value of the program would better prepare them for student teaching in the fall. Graduate assistant and student of the School of Counseling Julie Sydow also returned to teach. Kyle Kleinschmidt, criminal justice major and cross country athlete, was so kind to visit camp as the Lynx mascot.

A parent sent the following email: "Dr. Yearian, I wanted to take a moment to thank you for this program. Connor and Madeline are excited every night and talk about all that they've learned. Connor asks for a story now at night and most times requests two stories. Most days I can even get him to read part of the story to me. Just to add on, last night I had to take Connor's book away from him to get him to go to sleep. He sits there and puzzles through the words on his own. He NEVER wanted to do this in the past! So, please tell Meghan (Madeline's teacher) and Connor's teacher (Kaci) that they are making a difference!" The meaningful experiences of Camp Lynx Tales were appreciated by all!

## LYNX TALE CONTRIBUTORS

**Dr. Angela Wingo** - Dean of Students  
**Jenny Baudendistel** - Coordinator of Student Activities  
**Stephanie Dulaney** - Copy Editor  
**Dr. Keith A. Russell II** - Copy Editor  
**Lennon Mueller** - Graphic Designer

Contributing Writers - **Dr. Stephanie J. Yearian, Beth Miller, Dr. Paige Mettler-Cherry, Dr. Cindy Manjounes, Ashley Pollock, Stephanie Dulaney**



Boise State



Eastern Washington



Central Arkansas

## LU – Belleville’s Football Field Garners National Attention

On June 21, the unique playing field at LU-Belleville became an overnight phenomenon as the campus made a name for itself on local and national media outlets.

With the installation of the highly-anticipated maroon and gray striped turf, Lindenwood Stadium was instantly transformed from a construction site into the most popular NAIA football facility in the nation.

Lindenwood Stadium became the No. 1 trending topic on Yahoo.com after a blogger caught sight of the field in a local southern Illinois newspaper and posted the photo on Yahoo. From there, the media attention came pouring in as the Lynx’s playing surface was the topic of conversation on sports blogs, news casts, and major media sources, such as CBS Sports, Fox College Football, and Fox Sports Midwest.

The reviews were mixed and

opinions varied, but the first-year program received the national attention it hoped for, and university administrators are pleased with the recognition.

“This university doesn’t aspire to be like any other university, on the academic front or the athletic front,” said Vice President Jerry Bladdick. “This is our way of coming into our own.”

LU - Belleville is one of only four universities in the country to install a non-traditional field, and the only NAIA school to do so. Boise State and Eastern Washington went with a solid-colored representation of their school colors, while Central Arkansas is currently the only other university with an alternating striped field.

Lynx football will take the field for the first time in school history as it hosts Avila in the inaugural game on September 1. Kickoff is set for 1 p.m.



## LU-Belleville 2012 Inaugural Football Schedule

9/1	Avila University (NAIA)	Lindenwood Stadium	1 p.m.
9/8	Okla. Panhandle St. Univ. (NCAA DII)	Goodwell, Okla.	7 p.m.
9/15	Iowa Wesleyan Univ. (NAIA)	Mt. Pleasant, Iowa	1 p.m.
9/22	Robert Morris Univ. (NAIA)	Lindenwood Stadium	12 p.m.
9/29	Central Methodist Univ. (NAIA)	Lindenwood Stadium	1 p.m.
10/6	Haskell Indian Nations Univ. (NAIA)	Lawrence, Kan.	1 p.m.
10/13	Kentucky Wesleyan (NCAA DII)	Owensboro, Ky.	1 p.m.
10/20	Culver-Stockton College (NAIA)	Canton, Mo.	1 p.m.
10/27	Valley City Stat Univ. (NAIA)	Lindenwood Stadium	1 p.m.
11/10	St. Francis, Ind. (NAIA)	Lindenwood Stadium	1 p.m.



## Big Brothers Big Sisters of Southwestern Illinois

The Lindenwood University-Belleville football team held a football clinic on Saturday, August 4, for children in the Big Brothers Big Sisters of Southwestern Illinois program. Players demonstrated the proper way to receive and throw the ball, and how to block and tackle some of the team’s 300+ pound linemen. The clinic was held Saturday afternoon at the school’s new football facility. To find out more information about volunteering, please contact Big Brothers Big Sisters at (618) 398-3162 or visit the website at [www.bbbsil.org](http://www.bbbsil.org).

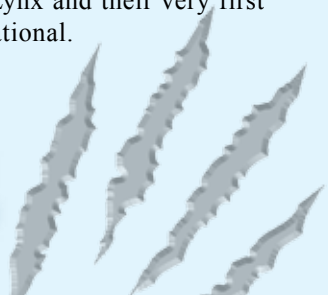


## Inaugural LU-Belleville Cross Country Meet

Join us for the first LU-Belleville Cross Country meet. The men’s and women’s teams will compete at the Bicentennial Park in Belleville at 4 p.m. on August 31. Vice President Jerry Bladdick will be present to officially begin the race with a pistol start. Please come out and show your support to LU-Belleville Athletics.

LU-B will be competing against Blackburn and Robert-Morris College. This will be the third season of competition for the Belleville Lynx and their very first home invitational.

**ON THE PROWL**



### Crisis Counseling

Friday, September 21, 2012

Presenter: Dana Webster-Barrows MA, LCPC

Dana Webster-Barrows is a licensed clinical professional counselor and is currently the director of counseling at Human Service Center in Randolph County, Ill. She has a BA in psychology with a minor concentration in philosophy from SIUE. She earned her MA in professional counseling from Lindenwood University. She specializes in the treatment of trauma and anxiety.

She has several years of experience as an emergency services coordinator and also served as one of four gero-psychiatric specialists in the state of Illinois. She had a private practice in Smithton, Ill. Webster-Barrows works for Southwest Illinois Law Enforcement Commission as a crisis intervention trainer to help educate police officers in the state to better serve the mentally ill population. Webster-Barrows presented on the topic of anxiety at the Governor's Conference and gives presentations throughout the state on anxiety and trauma. Her mission is to educate professionals to reduce suffering from anxiety and/or trauma and to reduce the incidences of suicide.

#### WORKSHOP OBJECTIVES

1. Recognize the signs and symptoms of suicidal ideation
2. Learn techniques during crisis intervention to deescalate and triage care
3. Learn to normalize anxiety and trauma and deepen understanding of the client's past experience
4. Learn what happens to the brain during trauma experiences
5. Learn simple techniques that will lessen anxiety and remove flashback experiences
6. Reduce and recognize our own anxiety and compassion fatigue

#### SCHEDULE

Registration: 8:30 a.m. • Presentation: 9 a.m. - noon  
Lunch: noon - 12:45 p.m. • Presentation: 12:45 - 3:45 p.m.  
Evaluation/Certificates: 3:45 p.m.

The workshop will be held in the Belleville District 201 Office.  
For more information, contact Ken Kubicek, PhD, at 618-239-6083 or email him at [kkubicek@lindenwood.edu](mailto:kkubicek@lindenwood.edu).



Lindsey Waters

2012 Criminal Justice Graduate

"The internship program at LU-Belleville has allowed me to make several networking connections I would have never made without entering this program. I interned at a local law firm and I am now a paid part-time employee at the firm. My experience at LU-Belleville has further prepared me for my career in the field."

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For more information about criminal justice internships, please contact Judge (Ret.) Annette Eckert

Phone • (618) 239-6168 Email • [AEckert@lindenwood.edu](mailto:AEckert@lindenwood.edu)



Is your closet lacking Lynx Gear? Come visit Brooke, Maggie, Kristy, and Catherine in the Lynx Campus Store! Located downstairs in the Sen. Alan J. Dixon Student Center, the Lynx Store has everything you need! Hoodies and sweats, shorts and tees, hats, scarves, and more, the Lynx Store has you covered from head to toe. Need something for class? We have supplies: pens, pencils, folders, paper, notebooks, calculators, and even USB bracelets. And don't forget the spirit items! From bumper stickers and lanyards to coffee mugs and Tervis tumblers, the Lynx Store has what you need. Follow us on Facebook and be the first to know about sales and new items: [www.facebook.com/LynxCampusStore](http://www.facebook.com/LynxCampusStore). Check out the coupons for some back-to-school savings!!

**Books, books, books!** Do you need textbooks? The Book-X-Change has a Belleville location. Conveniently located inside the Lynx Campus Store, Book-X-Change rents, sells, and buys textbooks. Bring in your course schedule and Lauren will get you ready for class! Check out the web site for more information at [www.LUtextbooks.com](http://www.LUtextbooks.com).

Lynx Campus Store & Book-X-Change hours of operation:  
Monday-Thursday 9:30 a.m. - 6 p.m. • Friday 9:30 a.m. - 3 p.m.

Lynx Store • (618) 239-6199  
Book-X-Change • (618) 239-6028  
Football Tickets • (618) 239-6297



**\$10 Off**  
Tervis Tumblers

Limit one per customer.  
Expires 9/28/2012



**15% Off**  
All School Supplies

Excludes electronics.  
Limit one per customer.  
Expires 9/28/2012

