

By Catherine Brady

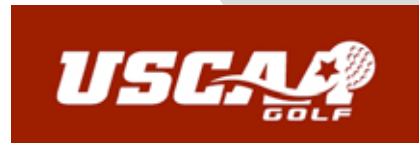
The Lynx Campus Store is making progress! Now offering new merchandise and various school supplies. New merchandise will be added as the semester goes on. After the store is set up for Internet access, there will be a new Facebook page.

# LYNX TALE

FALL EDITION

## LINDENWOOD

LINDENWOOD UNIVERSITY BELLEVILLE, ILLINOIS



### Men's Golf Wins USCAA National Golf Championship

Lindenwood University-Belleville's men's golf team earned first place at the 2011 USCAA Golf National Championship on October 10-11 at Penn State University.

The first round of the tournament began at 8 a.m. on October 10 with Lindenwood-Belleville closing out at a team score of 303, one stroke behind Rochester (Michigan). Justin Robinson of LU-Belleville led his team, scoring 73 for the day. Similarly, Bo Cook ended at 75, Brett Denap closed out at 77, Jake Roth at 78, James Adams at 79, and Tim Littlejohn at 80.

The total team score for day two of the tournament was 294. Lynx golfer Bo Cook led the team with his score of 69, followed by Brett Denap at 72, Tim Littlejohn at 76, Justin Robinson at 77, James Adams at 79, and Jake Roth at 82. The Lynx won the tournament by a stunning 21 strokes for an overall team score of 597 for both days. Cook, Denap, and Robinson each earned All-American honors for their efforts.

Photo credit: Jack Monick for USCAA article on www.theuscaa.com



After joining the athletics staff of Lindenwood-Belleville just this past summer, Head Golf Coach Dan Polites has led the Lynx to a major victory in a very short amount of time. "Our boys stayed locked in and focused. I am so proud of them. This is truly one of the most exciting days I have ever had as a coach," said Polites.

"The staff and students of Lindenwood-Belleville could not be more proud of our Lynx golf team," said Athletics Director Scott Spinner. "Their hard work has earned them a place in our campus' history."

The two-day tournament took place at Penn State University Blue Course. Golfers played 18 holes during both rounds on the newly renovated course. Lindenwood-Belleville entered the tournament ranked number one in the USCAA for golf.

### Six New Degrees Being Offered This Fall

This fall, Lindenwood-Belleville has increased its undergraduate degree programs by nearly twofold. New to the list of approved academic programs are bachelor of arts degrees in English, accounting, marketing, finance, and sports management, as well as a bachelor of fine arts in acting.

The campus of nearly 500 day students received approval from the Illinois Board of Higher Education on August 16 to offer the new degrees. Based on a variety of data, projected student enrollment in each of these programs is optimistic.

"This expansion of our academic offerings reflects our campus' ongoing adherence to the mission of Lindenwood University, to 'provide an integrative liberal arts curriculum' for our students," said Dr. Todd Mick, dean of academics.

Jerry Bladdick, Lindenwood vice president and chief administrative officer, said the campus is committed to providing for the academic needs of its students.

"The addition of six new undergraduate degrees will help us tremendously in meeting our students' academic needs and desires in even more ways," he said.



### Frazier Receives Case Manager of Year Award

Andrea Frazier, faculty advisor and assistant professor in the Lindenwood College for Individualized Education program at Lindenwood University-Belleville, has been named the recipient of a St. Louis Case Manager of the Year Award by the Case Management Society of St. Louis (CMSA-STL). She received the award during the organization's chapter conference on Thursday, Oct. 6, at St. Luke's Hospital in St. Louis, Mo.

Frazier, who has a long career history in the health care field, was nominated for the award by her peers within the community and the St. Louis chapter of the national CMSA organization. The honor

See Frazier Page 2 . . .

At Lindenwood-Belleville, Dr. Judy Eberhart is responsible for continuing the growth of the School of Business and Entrepreneurship, and has taken on the establishment of the Lynx Campus Store. The campus store carries apparel items featuring the Lynx logo, along with other items similar to the St. Charles Spirit Shoppe. Credit card purchases are now available in the Lynx Campus Store. Please come by and make a purchase or just browse! Our hours are 9:30 a.m. to 6:00 p.m. Monday-Thursday, and 9:30 a.m. to 3:00 p.m. on Fridays. The Lynx Campus Store is managed and run by Lindenwood business students.



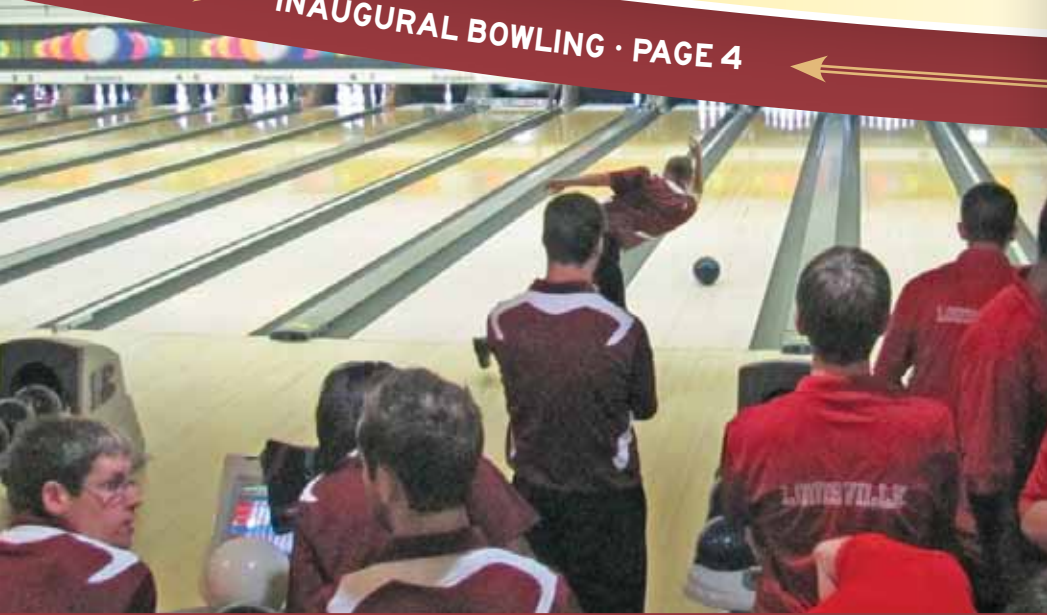
**Alberto Tellez  
Player of the Week  
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**LOOKING FOR  
THEATRICAL  
TECHNICIANS  
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recognizes case managers for annual achievement and for outstanding performance as patient advocates and models of CMSA standards of practice.

“The award was a complete surprise,” Frazier said. “I have served on the conference committee since 2009 and as chair for the past two years. There were more than 100 nurses at the conference that evening, so when I was announced as the winner I could have been knocked over with a feather.”

Frazier worked as a nurse from 1983 to 1988, specializing in critical care and emergency medicine. She then moved to the insurance industry and worked for United Health Care, formerly known as Sanus Health Plan. She has also served as an adjunct professor at Washington University School of Medicine and was involved with a partnership between the school and Barnes-Jewish Hospital. She left the managed care industry in 2007 to start her own case management company, A Frazier and Associates, LLC, which now boasts a staff of eight nurses.



Colleen Cashner (left), past president presenting the award to Andrea Frazier, and Jutta Nenninger (right) reading the award standards and criteria.

An adjunct in the LCIE program at Lindenwood since 2001, Frazier was hired full-time at the Belleville campus in September 2011. She holds master’s degrees in health management and business administration from the University and is nearing completion of her doctoral degree in education with an emphasis in instructional leadership at the school.

“I have such a dedication to adult learners because I am one,” Frazier said. “I just have to say that I give my sincerest thanks to the Lindenwood administration for being so supportive. They truly want their faculty to be involved in the community and to promote the ideals of the University as a whole.”



## National Depression Screening

By Dr. Therese Chavaux-Turnbull  
Assistant Professor of Professional Counseling

Whether for headaches, fatigue, injury, or depression, health screenings provide a quick and easy way to spot the first signs of serious illness, and can assist students who might not otherwise seek medical advice.

### Why Screen for Depression?

- Clinical depression is a serious medical illness.
- Clinical depression can lead to suicidal thoughts and actions.
- Sometimes people with depression mistakenly believe that the symptoms of depression are a “normal part of life.”
- Clinical depression affects men and women of all ages, races and academic levels.
- 25 percent of women and 10 percent of men will experience depression at some point during their lifetimes.
- 65 percent of those suffering from the illness do not seek the necessary treatment.
- Depression can co-occur and complicate other medical conditions.
- More than 80 percent of all cases of clinical depression can be effectively treated with medication, psychotherapy, or a combination of both.

### What Is a Depression Screening like?

Attendees at screening programs, which are free and confidential,

- Complete a written screening test,
- Discuss the results with a mental health professional,
- Receive educational materials on depression and other mental illnesses,
- If necessary, learn where to go for additional help.

### Who Should Attend a Depression Screening?

Students suffering from depression often experience some of these key symptoms:

- A persistent sad, anxious, or “empty” mood
- Sleeping too little, early morning awakening, or sleeping too much
- Reduced appetite and weight loss, or increased appetite and weight gain
- Loss of interest or pleasure in activities once enjoyed
- Restlessness or irritability
- Difficulty concentrating, remembering or making decisions
- Fatigue or loss of energy
- Thoughts of death or suicide

LU-Belleville is offering confidential screenings at the Student Counseling and Resource Center, M107 (next to Matt’s Café). Call 618-239-6161 or drop by for information and screening.

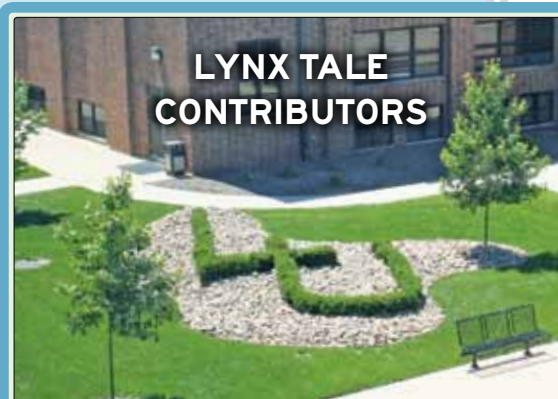
**ARE YOU INTERESTED IN TECHNICAL THEATRE?**

**Please contact Marsha Parker, Director of Theatre for more details. MParker@lindenwood.edu**

## LU-Belleville’s Women’s Basketball Volunteers at Union Elementary

On October 14, the Lindenwood University-Belleville women’s varsity basketball players spent their Friday evening volunteering at Union Elementary School’s Fall Festival. The players helped to set up and work the Halloween games, food tables, and hayrides. They had the opportunity to interact with the grade school children and help them with all the games and booths.

Head Coach Annie Ewing tries to incorporate these types of activities into the basketball schedule every season. “We feel like it is very important for our girls to give back to the community in Belleville,” said Ewing. “They need to learn the importance of volunteering and sharing their talents with others. This event is a great way for them to do that and learn more about their teammates at the same time.” The Lady Lynx basketball program looks forward to continuing its work with the students of Union Elementary in the future.



### LYNX TALE CONTRIBUTORS

**Dr. Angela Wingo** - Dean of Students  
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The Lynx Tale is published by Lindenwood-Belleville for the students of Lindenwood University. Letters to the editor are welcomed. To be considered for submission, letters must include the name, address, and phone number of the writer. To submit a letter or story idea, give us a call at 239-6155 and ask for Ron Helvey, or send us an email at lynxtalenews@lindenwood.edu.

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## Purses for Lucky Ladies

On September 29, Lindenwood-Belleville held a silent auction to raise money for endowed scholarships. This event also featured a fashion show by Don Rodgers, a tour of Illinois Distributing, beverage samples, and appetizers. Approximately 50 guests were in attendance and raised over \$3,500 for Belleville endowed scholarships! It was a great success!



## What is Phonemic Awareness and How Do We Evidence it?



By Dr. Stephanie J. Yearian

Michael Heggerty, Ed.D., veteran educator of 36 years and phonemic awareness guru, presented for Lindenwood education students on Tuesday, October 11, 2011. His presentation, entitled "What is Phonemic Awareness and how do we evidence it?" was held in the District 201 boardroom in the back area of LU's administrative building on the lower level.

Dr. Heggerty served as a classroom teacher for 28 years, including 24 years as a first grade teacher. His vitae include two master's degrees and a doctorate, verifying Heggerty to be a life-long learner and teacher.

As a first grade classroom teacher, Dr. Heggerty served as a leader in an action research project on the importance of phonemic awareness in acquiring and mastering sound reading skills. He has continued to research and develop phonemic awareness curriculum materials in the succeeding years, including the use of authentic writing to evidence students' skills. In 2003, Dr. Heggerty wrote and published his phonemic awareness curriculum, *Phonemic Awareness: The Skills That They Need to Help Them Succeed!*, which is the product of his research and classroom work. He has presented this research and instructional design at many conferences.

Dr. Heggerty also provides in-services for teachers throughout the country on phonemic awareness, as well as other literacy-based instructional designs, including Word Identification Skills and K-6 Scaffolded Writing Strategies. In addition to instructing teachers, he serves as an educational consultant to many school districts in areas of early literacy and comprehensive literacy instruction, including phonemic awareness. Dr. Heggerty works with administrators to help them better understand how to build a solid comprehensive literacy curriculum, including a sound assessment program to assure student achievement. Dr. Heggerty also provides site visits for districts interested in literacy audits and/or model teaching as his schedule permits.

Dr. Heggerty, who recently retired from his position as Assistant Superintendent for Instructional Services, reports that implementation of his curriculum covers 50 states and 11 countries, solely through "word of mouth" promotion and teacher recommendation. I [Yearian] know firsthand the success of his research. Students in my elementary teaching career respected "Michael Heggerty" through the pure enjoyment of actively learning via his program. Dr. Heggerty knows what students need after his experience in a challenging, western Chicago suburban district with 67 percent Hispanic/Latino population and 23 different languages.

"I have built the skeleton, but I also built teachers who really understand what needs to happen," said Dr. Heggerty. Phonemic Awareness is sounds that one can do in the dark without paper and pencil. This prerequisite to reading is the most important component to success in literacy skills. "My research says that practice in phonemic awareness and decoding can be done easily, 15 to 20 minutes per day, but it needs to be explicit and it then needs to be evidenced in reading and writing."



## 9/11 Memorial Ceremony

By Morgan Kovachevich

The 9/11 Memorial Ceremony was very inspirational. In my opinion, it is vital for us, as Americans, to remember a day like September 11 that has, is, and will continue to impact our future. As college students who are supposed to create a better future for the next generations, we should place a special emphasis on the heroism that numerous men and women demonstrated that day in aiding their fellow Americans. That is what America is all about. We must preserve that passion, courage, and honor that denotes the heart of an American. We must never forget September 11, 2001.

This event was the 10th anniversary memorializing the September 11 tragedy of lost heroes and America's ultimate triumph over terrorism. Lindenwood was invited to participate in the City of Belleville's ceremony and had excellent attendance from our faculty, staff, and student population. The City of Belleville, along with individuals from Lindenwood-Belleville, helped the crowd form a circle and handed out flags. Everyone at the ceremony was given the chance to tour the fire house and see a piece of the World Trade Center. Memorial t-shirts were handed out to wear at the ceremony prior to the event. This ceremony gave Lindenwood students the chance to not only participate in a community event, but also one that unifies us as a nation.

\* The views expressed are that of the author, and do not necessarily reflect the views of Lindenwood University.

## Colloquium

### SPEAKERS UPDATE

This informative series of workshops is designed to help students personally and professionally. Good attendance will attract interesting guest speakers who provide subject matter that can be used to write colloquia. Be sure to sign the attendance sheets at each event! To make suggestions for speakers or topics, contact Jenna Todoroff at [jtodoroff@lindenwood.edu](mailto:jtodoroff@lindenwood.edu). Please check back for updates. Note that all colloquia will be held from 5-6 p.m. in room M205 of the Administration Building.

### NOVEMBER

Thursday, November 10, 2011

"A FurCubs Approach to Special Needs Children"

Presented by Courtney Lynne Luster MA, PLPC, counselor/therapist

Wednesday, November 16, 2011

"Veritas Combat Training"

Presented by Robert O'Dell, Combat Training Instructor

Monday, November 28, 2011

"Lindenwood-Belleville's Career Resources"

Presented by Dr. Sarah Patterson-Mills & Dr. Therese Chavaux-Turnbull, Lindenwood-Belleville Counseling Office



Jenny Baudendistel and Catherine Brady represented Lindenwood-Belleville Student Organizations on October 8 for the annual Belleville Chili Cook Off. They helped serve ribbon fries, lemon shake-ups and slurpies. Half of all proceeds went directly to student organizations. Photo credit: Rodney Atwaters.

## MOMENTUM YEARBOOK 2010 - 2011

2010-2011 Yearbooks are here and ready for distribution! Please stop by Student Services with your faculty, staff, or student I.D. to pick up your yearbook. They are a wonderful way to chronicle our last academic year and the building of our legacy here at Lindenwood-Belleville! For anyone interested in joining the yearbook club, please contact Ron Helvey, coordinator of student activities. We are currently working on the yearbook for 2011-2012 and would love to include your Lindenwood-Belleville photos and stories.



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*Just 15 Minutes from St. Louis*

**Columbia College Inducts  
Lindenwood - Belleville Coach  
Dan Hogan Into Hall of Fame**



LU-Belleville Men's Head Soccer Coach Dan Hogan (right) and Columbia Cougars Head Soccer Coach John Klein

Coach Dan Hogan was inducted into Columbia College's Class of 2011 Hall of Fame on September 30. The ceremony took place in the Dulany Banquet Hall at Columbia College in Columbia, Mo.

Hogan is currently the men's and women's head soccer coach at Lindenwood University - Belleville. He has been at the helm for three years and is already seeing his Hall of Fame success here as well.

Hogan spent nine seasons as the Cougars' head coach, garnering 122 wins and only 59 losses in those nine years. He was the Conference Coach of the Year five times while at Columbia College, and 12 of his student athletes attained All-American status. He is also credited with starting the annual alumni game, which takes place every year.



**Lady Lynx Volleyball Earns  
Two "Players of the Week"**

The Lady Lynx volleyball team earned two Player of the Week awards after a successful second place run at the Marygrove University Invitational on September 17. Emily Randazzo and Ally Junge earned the Player of the Week awards in their areas of expertise on the volleyball court.

Randazzo was named Player of the Week for giving the week's best performance as an outside hitter. She led the team to a 3-1 finish this weekend at Marygrove. She came away with 44 digs and 45 kills in just four games. She had three double-double matches in the tournament as well. For her performance, she was named the MVP of the tournament.

Junge earned the Player of the Week award for the week's best performance as a setter. Junge had 71 assists, 11 kills, 34 digs, and 3 aces in four games in the tournament. Junge's exceptional performance was also part of a 6-2 offense, which means she only set three rotations.

Coach Chrissy Willard said, "Both girls have shown maturity in their skills and in mental strength since last year. We have been working with them to be more consistent players and team leaders. They both showed everyone this past week that they can fill those roles for our team."

**Athletics News online**

For more detailed information about past Lynx Athletics news, please visit <http://belleville.lindenwood.edu/athletics/news.cfm>



**Lindenwood - Belleville  
Hires Haines to Lead Football**

Belleville announced that it has signed John Haines, current offensive line coach at Lindenwood University - St. Charles, to lead the inaugural football program for the 2012-2013 school year.

Haines is a graduate of Mayville State University in Mayville, N.D., with a dual bachelor's degree in health and physical education and sports and fitness management. He is currently working towards his graduate degree at Lindenwood - St. Charles.

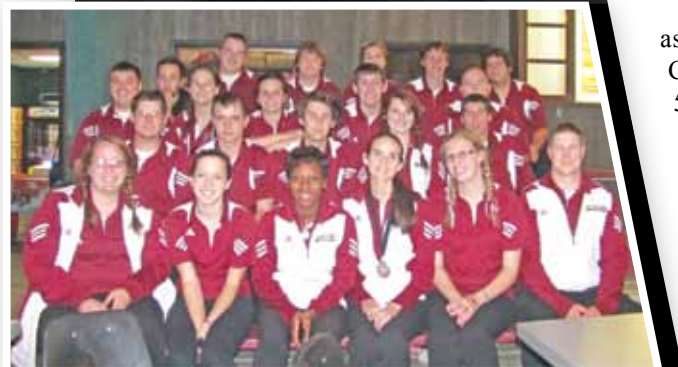
Since 2002, Haines has been coaching at the college level. He began his coaching career at Mayville State University as the defensive line assistant coach. He then moved on to Humboldt State University, a small NCAA school in California, as a graduate assistant. He also served as the head coach at Vermilion Community College in Ely, Minn., in 2008, where he led his team to a conference championship in 2008 and was presented with the NJCAA Regional Coach of the Year award.

In 2009 he was hired to take over as the offensive line coach at LU - St. Charles, where his offensive line averaged 55 points per game and 559 yards rushing per game. In the past two seasons, his offensive line has been awarded 13 all-conference awards, two All-American awards, and one Remington award. The team also competed for the national title in 2009, losing a close game to the University of Sioux Falls in the national championship game.

"I am excited to be able to start a brand new program here at Lindenwood - Belleville," said Haines. "I want to get started building the program right away." Haines and his wife, Robyn, have three children, Madison, Seneca, and Myah.

Lynx football will begin play in the fall of 2012 in the soon-to-be-renovated football stadium on campus.

**2012 Inaugural Bowling**



Lindenwood-Belleville's inaugural Bowling Team hit the road on September 24 to compete in the third Annual Green River Classic in Campbellsville, Ky. Overall, the women's team finished in third place, and the men's team finished in fifth. Jon Heimann received a second place award, and Aurora Maze received a third place award.



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**2011 Men's and Women's Bowling Schedule**

November			
11-12	S.I. Elite Invitational	Belleville, Ill.	9 a.m.
25-26	National Team Match Games	Belleville, Ill.	9 a.m.



**FOOD DRIVE**

The athletics department is participating in a Thanksgiving Food Drive for Union Elementary School. In the spirit of athletic competition, all of Lindenwood-Belleville sports teams are competing to see which team can collect the most food for the drive. There are boxes outside of the Athletics Department labeled by team name. If you would like to support a specific team, please place your donation of canned food or non-perishable food in their box. There is also a box for general donations of food if you love all of our athletic teams equally!

Any donation to any team is greatly appreciated as we are trying to help Union Elementary School. Stop by the Athletics Department and drop off your donations until November 17, 2011. Thanks for your help and participation!



Congratulations to Alberto Tellez on becoming the first Runner of the Week in Lindenwood University-Belleville history. Alberto competed in the Illinois College Cross Country Invitational 8k run and finished 16th overall with a time of 28:48 to lead the team to a sixth place finish.

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