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Fall 2011

2011-2012 Lindenwood University Women's Ice Hockey Media Guide

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LINDENWOOD

HOCKEY



Lindenwood



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Lady Lions

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QUICK FACTS

Location..... St. Charles, Mo.
 Founded..... 1827
 Total Enrollment..... 8,787
 Full-Time Enrollment..... 5,000
 Affiliation..... NCAA Division II Candinacy
 Conference..... Independent
 Nickname..... Lady Lions
 Colors..... Black and Gold
 Arena..... Lindenwood Ice Arena
 Capacity..... 750
 President..... Dr. James D. Evans
 Dean of Athletics..... John Creer

Head Coach..... Vince O'Mara
 Career Record 241-26-11 (ACHA, 9th season)
 0-0-0 (NCAA First Season)
 Assistant Coach..... Katie Kells
 Equipment Manager..... Rick Pratt

2010-11 Record..... 33-3-2
 2010-11 CCWHA Record..... 12-1-1 (1st)
 2010-11 Final National Finish..... No. 3
 First Year of Hockey..... 2003
 All-Time Record..... 241-26-11
 ACHA National Championships..... 4

Sports Information Director. Daniel Newton
 Office Phone..... (636) 949-4368
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 Secondary Contact..... Mike Morgan
 Cell Phone..... 636-578-6484
 Email..... mmorgan1@lindenwood.edu
 Website..... www.lindenwoodlions.com



The 2011 Lindenwood Football Media Guide was written and designed by Assistant Sports Information Director Mike Morgan. Editorial assistance was provided by the Lindenwood Sports Information and Public Relations Offices. Photos used in media guide taken by Don Adams Jr. unless otherwise noted.

MEDIA INFORMATION

General Information

The Lindenwood Sports Information Staff is your host for each and every home Lady Lion hockey game. Sports Information Director Daniel Newton will be your main contact for any questions. Game notes, rosters, and game day programs will be available before each game. A full statistical booklet will be available 20 minutes after the conclusion of the contest.

Press Box

Lindenwood's Press Box is located on the east side of Ice Arena. The Press Box is a working facility and there will be no cheering. Restrooms for the media are located in the main entrance of the arena.

Working Credentials

All working media will be required to wear a media credential at all times. All requests for credentials should be made to the Lindenwood Sports Information Office.

The Lindenwood Sports Information Department has designed this media guide to assist the media in covering the 2011 Lindenwood football team. If there is any information that you would need and can't find you are welcome to contact the sports information department. You may also find more information on www.lindenwoodlions.com. If you would like to request photos or interviews for feature stories, contact the SID office.

Daniel Newton - SID
Phone: 636-949-4368
dnewton@lindenwood.edu

Mike Morgan - Asst. SID
Phone: 636-949-4368
mmorgan1@lindenwood.edu

Phone and Fax Numbers

The Lindenwood Athletics Department can be reached by calling 636-949-4600. The department's fax number is 636-949-4636.

Statistics

Lindenwood uses Stat Crew Statistical program for hockey. Stat Crew rosters will be available for opposing schools and a packed game file will be sent following the conclusion of the game.

Radio/TV

Selected home hockey games will be broadcasted live on 89.1 FM KCLC and on LUTV. You can also log onto lindenwoodlions.com to log onto streaming video and audio.

Visiting Radio

Request for radio broadcast at the Lindenwood Ice Arena must be made through the Lindenwood Sports Information office. Lindenwood offers a courtesy phone line for visiting radio. The phone number will be available by calling the Lindenwood Sports Information Department.

LINDENWOOD SPORTS INFORMATION



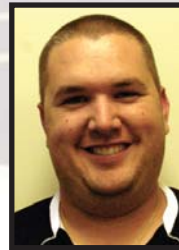
Daniel Newton came to Lindenwood University in December of 2006 as the school's Sports Information Director. He is in his 12th year working full-time in a sports information office.

At Lindenwood, Newton helps with the public relations effort for the 27-team athletics department. Besides his regular duties, he assisted with starting the Lindenwood Athletics Hall of Fame in 2007 and creating a new athletics website in 2009. He served as the NAIA media relations contact at the 2009, 2010, and 2011 NAIA Swimming and Diving National Championships and worked in the press room at the 2009 and 2011 NAIA Division I Men's Basketball National Championship.

Prior to coming to Lindenwood, Newton served as the media relations coordinator at Truman State University from 2002-2006 and was the assistant media relations director at Portland State University from 1999-2002. He has also worked in press rooms for various professional teams, including the Portland Trailblazers (NBA) and Portland Beavers (Triple A Baseball) and was the assistant media relations contact for the 2000 NCAA Division I Women's Basketball West Regional.

Newton worked as a student assistant in the Sports Information Office at Truman from 1996-99 and received a bachelor's degree in business administration from the school in 1999. He earned his master's in sports management from Lindenwood in 2009.

Daniel and wife Jennifer reside in St. Peters, Mo., and have one son, Bryan.



Mike Morgan is entering his first year as the Assistant Sports Information Director at Lindenwood. For the past two years he has worked as a graduate assistant in the department.

Morgan is the main contact for seven NCAA Division II programs. He is also in charge of designing media guides and other projects for the Lindenwood Athletics Department. Morgan can also be heard hosting Lindenwood coaches' shows that are broadcast on Lindenwood's radio station, KCLC.

Prior to coming to Lindenwood, Morgan worked as the play-by-play voice and media relations director for the River City Rascals, an independent league baseball team. After his time with the Rascals, Morgan moved into the role of senior staff writer for *St. Louis Scoop Sports Magazine*.

Morgan graduated from Lindenwood in 2004 with his bachelors of arts degree in communications. In 2010, he received his master's degree from Lindenwood in business communications.

In 2004, he was the play-by-play voice of the Lindenwood football team, which finished undefeated in the regular season. Morgan returned as the voice of Lions football in 2009 for a team that went undefeated in the regular season and made it all the way to the NAIA National Championship game.

Mike and his wife, Nichole reside in O'Fallon, Mo., and have a son, Kevin (2), and a daughter, Natalee (1).

LINDENWOOD HOCKEY MEDIA LIST

TELEVISION

KSDK
1000 Market Street
St. Louis, Mo. 63101
314-421-5055
Rene Knott - Sports Director
rknott@ksdk.com

KMOV
One Memorial Drive
St. Louis, Mo. 63102
314-621-4444
Steve Savard - Sports Director
sports@kmov.com

KTVI
2250 Ball Drive
St. Louis, Mo. 63146
314-213-2222
Martin Kilcoyne - Sports Director
martin.kilcoyne@tvstl.com

LUTV
209 S. Kingshighway
St. Charles, Mo. 63301
636-949-4167
Ed Voss - Station Manager
evoss@lindenwood.edu

PRINT

St. Louis Post Dispatch
900 North Ticker Blvd.
St. Louis, Mo 63101
314-340-8000

St. Charles Journal
4212 N. Service Road
St. Peters, Mo. 63376
636-946-6111

Mid Rivers News Magazine
754 Spirit 40 Park Drive
Chesterfield, Mo. 63005
636-591-0010
Terry Dean - Publisher

Lindenwood Legacy
209 S. Kingshighway
St. Charles, Mo. 63301
636-949-4364

Tom Pettit - Editor
tpettit@lindenwood.edu

RADIO

WXOS ESPN Radio (101.1 FM)
11647 Olive Blvd
St. Louis, Mo. 63141
(314) 983-6000

KMOX Radio (1120 AM)
One Memorial Drive
St. Louis, Mo. 63102
314-621-2345

KTRS Radio (550 AM)
638 West Port Plaza
St. Louis, Mo. 63146
314-453-5500

KFNS Radio (590 AM)
8045 Big Bend Suite 200
St. Louis, Mo. 63119
314-962-0590

KCLC Radio (89.1 FM)
209 S. Kingshighway
St. Charles, Mo. 63301
636-949-4891
Mike Wall - Station Manager
mwall@lindenwood.edu

WWW.LINDENWOODLIONS.COM



2011-12 PREVIEW



2011-12 SEASON PREVIEW

The ninth season of the Lindenwood women's hockey program is also the program's first season in many aspects. For the first eight years, the Lady Lions played in the American Collegiate Hockey Association (ACHA). Lindenwood was the most dominant program in that league's history, winning an unprecedented four national championships over the last six years. This season, though, Lindenwood will play a full NCAA schedule for the first time as it makes the transition to the highest level of collegiate hockey.

Lindenwood is starting over nearly from scratch, with 14 of the 24 players on this year's roster being freshmen. Only nine players have played in a Lindenwood uniform before and just one player on the roster is a senior.

Captains

The captain of the 2011-12 Lady Lions is forward Brett Lobreau. Lobreau is in her third year on the Lindenwood roster and was a second-team ACHA All-American last year. She led Lindenwood in scoring with 29 goals and also had a team-high eight power-play goals. She was second on the team with 53 points.

In two seasons at Lindenwood, Lobreau has 50 goals and 49 assists in 84 games. Her biggest goal came in 2010 when her third-period tally helped seal a 2-0 victory over Michigan State in the ACHA National Championship game.

The assistant captains are forwards Kelsey Talbot and Allysson Arcibal. The two sophomores combined for 42 goals and 47 assists in their first seasons as Lady Lions.

Talbot led Lindenwood with 28 assists and 55 points, and she was second on the team with 27 goals. She collected four game-winning and six power-play goals.

Arcibal is one of three returning Lindenwood players that played in the 2011 Winter World University Games for the United States. She played in 32 games for Lindenwood and had 15 goals, 19 assists, six power-play goals, and two game-winning goals.



2011 CAPTAINS

Other Returners

Other Lindenwood players that were a part of the United States team at the Winter World University Games were forwards Erica Wynn and Samantha Redick. Wynn finished her sophomore season with eight goals and 10 assists, and she has 43 points for her career. Redick, a sophomore this year, tied for the team-high with four game-winning goals last year. She had a total of 18 goals and 12 assists.

The final returning forward is junior Sarah Oliphant. Oliphant did not play last season but was a member of the 2010 National Championship team. She had 31 goals and 33 assists in 47 games, and led the team with seven game-winning goals, including one in the national championship game.

The only returning defenders are Kendra Ganchar and Amy Stober. Ganchar, the team's lone senior, has two national championship rings and has played in 119 games. She is +125 for her career, and has 10 goals and 52 assists. Stober is a third-year player who has a +60 rating and 17 points. Those two players have helped Lindenwood record 39 shutouts over the last two years.

Kennedy Rupp was a backup goalie last season and did not allow a goal in nearly 150 minutes. She recorded two shutouts on the year and stopped 18 shots.

Key Newcomers

One of the biggest keys to the 2011 season will be the play of freshman goalkeeper Taylor Fairchild who is slated as the starter at the position. She is one of three players who played on the Little Caesars Under-19 program that finished runner-up in the Tier I National Championship Tournament last year. She had a 1.02 GAA and a .945 while compiling a 19-3-2 record.

The leading defenders protecting Fairchild are Katie Erickson and Megan Cox. Erickson traded in her softball glove from last season at St. Cloud State for skates and a return to the ice. She was a two-time honorable mention all-state selection in Minnesota and helped her high school team advance to two state tournament appearances. Cox was a member of the national championship Under-19 team in 2011.

Added to the mix of experienced forwards will be Alyssa West and Alison Wickenheiser. West was another member of the Little Caesars Under-19 team. She recorded two goals and 10 assists in 15 league games. Wickenheiser had 42 goals and 27 assists in 66 games for the Washington Pride Under-19 hockey team.

Schedule

Lindenwood is not easing into a NCAA schedule as head coach Vince O'Mara put together a very difficult slate of games that he referred to as both ambitious and crazy. The very first official NCAA series in Lindenwood history is a two-game series at Wisconsin, the defending NCAA National Champions.

Lindenwood has five other games against teams that were ranked in the top 10 in the nation last year. Its first home games against NCAA teams will take place on Oct. 28-29 against Mercyhurst College, a NCAA Tournament participant last season. The Lady Lions will also travel to Mercyhurst for two games and will have one game at the University of North Dakota, a team ranked No. 9 at the end of last season in the two major polls.

The Lady Lions' other home series against an NCAA team will be Nov. 12-13 against Robert Morris University (Pa.). Lindenwood also will be on the road for two-game sets at Minnesota State University-Mankato, Robert Morris, Colgate University, Syracuse University, Sacred Heart University, and Saint Michael's College, with a single game at Bemidji State.

Rounding out Lindenwood's schedule are seven road games against NCAA Division III programs, and five exhibition home games against former ACHA opponents Robert Morris College (Ill.) and Grand Valley State University.





2011-12 SCHEDULE

SEPTEMBER

23	at Wisconsin	7 p.m.
25	at Wisconsin	2 p.m.
30	at Minnesota State - Mankato	7 p.m.

OCTOBER

1	at Minnesota State - Mankato	3 p.m.
7	at Robert Morris (Pa.)	7:05 p.m.
8	at Robert Morris (Pa.)	2:05 p.m.
14	at Colgate (N.Y.)	3 p.m.
15	at Colgate (N.Y.)	3 p.m.
28	Mercyhurst (Pa.)	12 p.m.
29	Mercyhurst (Pa.)	12 p.m.

NOVEMBER

4	at College of Saint Benedict (Minn.)	7:30 p.m.
5	at St. Catherine (Minn.)	2:30 p.m.
10	at Bemidji State (Minn.)	7 p.m.
12	Robert Morris (Pa.)	7 p.m.
13	Robert Morris (Pa.)	12 p.m.

DECEMBER

2	at Syracuse (N.Y.)	7 p.m.
3	at Syracuse (N.Y.)	2 p.m.
14	at Mercyhurst (Pa.)	7 p.m.
15	at Mercyhurst (Pa.)	7 p.m.

JANUARY

2	at Syracuse (N.Y.)	7 p.m.
3	at Syracuse (N.Y.)	2 p.m.
14	at Mercyhurst (Pa.)	7 p.m.
15	at Mercyhurst (Pa.)	7 p.m.
20	at Sacred Heart (Conn.)	7 p.m.
21	at Sacred Heart (Conn.)	2 p.m.
27	Robert Morris (Ill.) (Exhibition)	7 p.m.
28	Robert Morris (Ill.) (Exhibition)	2 p.m.
29	Robert Morris (Ill.) (Exhibition)	12 p.m.

FEBRUARY

10	at Saint Michael's (Vt.)	7 p.m.
11	at Saint Joseph's (Vt.)	3 p.m.
24	Grand Valley State (Mich.) (Exhibition)	7 p.m.
25	Grand Valley State (Mich.) (Exhibition)	2 p.m.



HOCKEY

COACHING STAFF





HEAD COACH - VINCE O'MARA - NINTH SEASON



Vince O'Mara is entering his ninth season as the Lindenwood Lady Lions hockey coach and will lead the program into their first season against a full NCAA schedule.

For the past eight seasons, O'Mara has collected a record of 241-26-11 at the club level. He helped Lindenwood win four American Collegiate Hockey Association (ACHA) National Championships and he earned two ACHA National Coach of the Year honors.

In 2011, Lindenwood finished the season with a record of 33-3-2. The Lady Lions won the CCWHA regular season and

tournament championships. At the national championship event, Lindenwood went 4-1 and finished third. Five players earned All-American honors at the conclusion of the season.

Midway through the 2011 season, O'Mara was also an assistant coach for Team USA at the Winter World University Games in Turkey. The United States finished fourth at that competition with an all-star team made up of ACHA players.

In 2010, Lindenwood captured the program's fourth ACHA national title and third in a row. The Lady Lions amassed an overall record of 43-2-2. The 43 wins is the most in school history. To go along with the school record in overall wins the Lady Lions finished the conference schedule with a perfect 12-0 record and a 17-0-1 mark at home. The postseason started off well for the Lady Lions winning the CCWHA Conference tournament and then dominating the National Tournament. Not only did the team have success, but Amanda Blanc was named an Academic All-American.

In 2009, the Lady Lions captured the third national championship in school history and compiled an overall record of 32-3-3. The

VINCE O'MARA FILE

ACHA Career Record - 241-26-11

Daughter - Alyssa

YEAR-BY-YEAR

2003-04	17-3-3	National Qualifier
2004-05	24-3-0	National Qualifier
2005-06	29-3-0	National Champs
2006-07	27-6-1	National Runner-Up
2007-08	36-3-0	National Champs
2008-09	32-3-3	National Champs
2009-10	43-2-2	National Champs
2010-11	33-3-2	Semifinalists

CONFERENCE CHAMPIONSHIPS

2010-11
2009-10
2008-09

ACHA NATIONAL CHAMPIONSHIPS

2005-06
2007-08
2008-09
2009-10

Lady Lions also won the CCWHA championship with a 4-3 shootout win over Michigan State. In the ACHA National Championship game, the Lions defeated Robert Morris 2-1. In addition, the program placed six skaters on the ACHA All-American team.

In 2008, the Lady Lions won their second national championships. The Lady Lions had a record of 36-3. In the ACHA title game,

the Lady Lions defeated a familiar foe, Robert Morris, 2-1. To go along with the ACHA national title the Lions won the CCWHA title.

In 2007, the Lady Lions compiled a record of 27-6-1 but fell in the ACHA championship to Robert Morris 4-1.

In 2006, the program really put itself on the map with an outstanding year. The Lady Lions amassed a record of 29-3, won its first ACHA national championship, had the national player of the year, the national coach of the year, and three ACHA All-Americans. In the ACHA championship game the Lady Lions won a thrilling 3-2 game in overtime against Robert Morris.

In the program's first two seasons from 2003-2005, the Lady Lions had a record of 41-6-3 and placed a skater on the ACHA All-American team in the program's second year.

O'Mara is starting his 15th year coaching women's hockey. Prior to joining the Lindenwood coaching staff, O'Mara was the head coach for the St. Louis Force select 16 and over women's team. He had a combined record there of 135-25-12. He also has numerous years of playing and coaching men's hockey. He has been involved in instructing and running many hockey camps and schools for both men and women.

O'Mara coached teams to four WCHL league championships, five Missouri State titles, four Central Regional championships, and four national championship appearances.

O'Mara has one daughter, Alyssa.



ACHA ALL-AMERICANS

2011

Shea Crawford (First Team)
 Lisa Moreau (Second Team)
 Brett Lobreau (Second Team)
 Shannon Murphy (Second Team)
 Becca Bernet (Second Team)

2010

Shea Crawford (Second Team)
 Mandy Dion (First Team)
 Shannon Murphy (First Team)

2009

Mandy Dion (First Team)
 Shannon Murphy (First Team)
 Becca Bernet (First Team)
 Lisa Moreau (Honorable Mention)
 Alex Johnsson (Honorable Mention)
 Hanna Hanson (Honorable Mention)

2008

Ashley Boye (First Team)
 Gillian Couture (First Team)

2007

Kat Hanna (First Team)
 Katie Kells (Second Team)
 Kristina Leng (Second Team)

2006

Kat Hannah (First Team)
 Katie Kells (Second Team)
 Veronica Metcalf (Second Team)
 Michelle Borsa (Second Team)

2005

Amy Dlugos (Second Team)



ASSISTANT COACH - KATIE KELLS - SECOND SEASON



Katie Kells is entering her second season as a full-time assistant for the Lady Lions hockey program. This will be her fifth overall year behind the bench as she also served as a student assistant for one year and then a graduate assistant for two seasons. Kells works primarily with the team on defense and off-ice conditioning.

In her first season as an assistant, Kells helped Lindenwood finish with a 33-3-2 overall record. The Lady Lions finished third in the national tournament and won both the regular season and tournament conference championships. Kells led the team for a period of time during the winter while head coach Vince O'Mara was serving as an assistant coach for Team USA at the World University Games.

In four years assisting the coaching staff, Lindenwood has gone 144-11-7 and won three ACHA National Championships.

Kells had an impressive playing career at Lindenwood for three seasons, including serving as a team captain for two years. She appeared in 91 games and collected 60 goals and 56 assists. She was a member of Lindenwood's first national championship team in 2006 and helped the team return to the national championship game in her final season in 2007.

To go along with her coaching duties, Kells is the assistant director of Student Life Sports at Lindenwood.

Kells completed her bachelor's degree in physical education in 2008, and earned her master's in education administration in 2010.

EQUIPMENT MANAGER - RICK PRATT- EIGHTH SEASON



The equipment manager for the Lindenwood women's hockey team during its first season with a NCAA schedule is Rick Pratt. Pratt has assisted with the Lady Lions over the past seven seasons and has assisted head coach Vince O'Mara for 13 years.

Pratt has played a key role in the development of Lindenwood's program, including four national championships at the ACHA level from 2006-2010. He brings many

years of coaching, playing and officiating experience with him as he assists the program's move to the NCAA level.

Pratt is the rink manager at the Lindenwood Ice Arena. In his spare time, he enjoys golf and spending time with Anita.

MEET THE LADY LIONS





2011-2012 ROSTER

ALPHABETICAL ROSTER

#	NAME	POS.	HEIGHT	YEAR	HOMETOWN	PREVIOUS TEAM
1	Briar Bache	G	5-6	Fr.	Barrie, Ontario	Bear Creek
2	Kendra Broad	F	5-7	Fr.	Patrolia, Ontario	Lambton Central
3	Kara Goodwin	D	5-11	Fr.	Avon Lake, Ohio	Avon Lake
4	Amy Stober	D	5-9	Jr.	Hays, Alberta	Vauxhall
5	Caitlyn Post	F	5-6	Fr.	Clarkston, Mich.	Clarkston
7	Kelsey Talbot	F	5-9	So.	CaIgary, Alberta	Central Memorial
8	Megan Cox	D	5-6	Fr.	New Richmond, Wis.	Shattuck St. Mary's
10	Allysson Arcibal	F	5-4	So.	Vista, Calif.	Escondido Charter
11	Erica Wynn	F	5-10	Jr.	Anchorage, Alaska	South Anchorage
12	Samantha Moore	F	5-7	Fr.	Lakeville, Minn.	Lakeville South
14	Sydney Gorzitz	D	5-5	Fr.	Vulcan, Alberta	County Central
15	Katie Erickson	D	5-11	So.	Elk River, Minn.	Elk River
17	Mara Post	F	5-6	Fr.	Prior Lake, Minn.	Lakeville South
18	Kendra Ganchar	D	5-10	Sr.	Saskatoon, Saskatchewan	St. Joseph
19	Sarah Oliphant	F	5-6	Jr.	Battleford, Saskatchewan	North Battleford
20	Samantha Redick	F	5-7	So.	Anchorage, Alaska	Crescent Heights Secondary
21	Alyssa West	F	5-4	Fr.	Macomb, Mich.	L'Anse Creuse North
23	Katherine Bogomolov	D	5-9	Fr.	St. Louis, Mo.	Pacific
25	Hanna Turpeinen	D	5-4	Fr.	Tempere, Finland	
26	Brett Lobreau	F	5-9	Jr.	Drydon, Ontario	Drydon
27	Alison Wickenheiser	F	5-4	Fr.	Germantown, Md.	Thomas Sprigg Wootton
28	Jordyn Constance	F	5-9	Fr.	Calgary, Alberta	
29	Kennedy Rupp	G	5-7	So.	Champion, Alberta	County Central
31	Taylor Fairchild	G	5-7	Fr.	Overland Park, Kan.	Olathe East

NAME	#
Arcibal, Allysson	10
Bache, Briar	1
Bogomolov, Katherine	23
Broad, Kendra	2
Constance, Jordyn	28
Cox, Megan	8
Erickson, Katie	15
Fairchild, Taylor	31
Ganchar, Kendra	18
Goodwin, Kara	3
Gorzitz, Sydney	14
Lobreau, Brett	26
Moore, Samantha	12
Oliphant, Sarah	19
Post, Caitlyn	5
Post, Mara	17
Redick, Samantha	20
Rupp, Kennedy	29
Stober, Amy	4
Talbot, Kelsey	7
Turpeinen, Hanna	25
West, Alyssa	21
Wickenheiser, Alison	27
Wynn, Erica	11

Captains - Brett Lobreau, Kelsey Talbot, Allysson Arcibal
 Head Coach - Vince O'Mara - Ninth Season
 Assistant Coach - Katie Kells - Second Season
 Equipment Manager - Eighth Season

PRONUNCIATION GUIDE

Briar Bache	(BAYSH)
Kendra Broad	(BRAWD)
Kara Goodwin	(GOOD-win)
Amy Stober	(STOO-ber)
Caitlyn Post	(POST)
Kelsey Talbot	(TAL-bitt)
Allysson Arcibal	(ARS-SIB-ball)
Erica Wynn	(WIN)
Sydney Gorzitz	(Gore-ZIT-zuh)
Kendra Ganchar	(GON-Char)
Sarah Oliphant	(OH-Li-Font)
Katherine Bogomolov	(Boo-Goo-MOO-Lauv)
Hanna Turpeinen	(Tur-PEEN-KNEE-IN)
Brett Lobreau	(La-BRO)
Jordyn Constance	(CON-stince)
Kennedy Rupp	(ROOP)

WHERE THE LADY LIONS ARE FROM

UNITED STATES

CANADA

FINLAND

ALASKA
Samantha Redick
Erica Wynn

CALIFORNIA
Allysson Arcibal

KANSAS
Taylor Fairchild

MARYLAND
Alison Wickenheiser

Michigan
Alyssa West
Caitlyn Post

MINNESOTA
Samantha Moore
Katie Erickson
Mara Post

MISSOURI
Katherine Bogomolov

OHIO
Kara Goodwin

WISCONSIN
Megan Cox

ALBERTA
Amy Stober
Kelsey Talbot
Sydney Gorzitz
Jordyn Constance
Kennedy Rupp

ONTARIO
Briar Bache
Kendra Broad
Brett Lobreau

SASKATCHEWAN
Kendra Ganchar
Sarah Oliphant

Hanna Turpeinen





1
BRIAR BACHE



2
KENDRA BROAD



3
KARA GOODWIN



4
AMY STOBER



5
CAITLYN POST



7
KELSEY TALBOT



8
MEGAN COX



10
ALLYSSON ARCIBAL



11
ERICA WYNN



12
SAMANTHA MOORE



14
SYDNEY GORZITA



15
KATIE ERICKSON



17
MARA POST



18
KENDRA GANCHAR



19
SARAH OLIPHANT



20
SAMANTHA REDICK



21
ALYSSA WEST



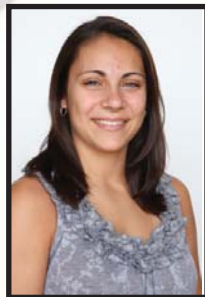
23
KATHERINE BOGOMOLOV



25
HANNA TURPEINEN



26
BRETT LOBREAU



27
ALISON WICKENHEISER



28
JORDYN CONSTANCE



29
KENNEDY RUPP



31
TAYLOR FAIRCHILD



10

ALLYSSON ARCIBAL
 SOPHOMORE § 5-4 § FORWARD
 VISTA, CALIFORNIA
 ESCONDIDO CHARTER

Lindenwood:

2010-11- Appeared in 32 games in her freshman season ... scored 15 goals and tallied 19 assists for 34 total points ... took the fourth most shots on the team with 128 ... had a +/- of +33 ... compiled nine penalties for 18 minutes ... scored six power play goals which was the second most on the squad ... scored two game-winning goals ... had a career-high four points in a win over Ohio State, she scored two goals and had two assists ... had a pair of two goal games ... played in all five of the team's national games ... scored one goal and had two assists in the postseason

High School:

Attended Escondido Charter School in Vista, California.

SEASON	GAMES PLAYED	GOALS	ASSISTS	POINTS	+/-	PIM
2010-11	32	15	19	34	+33	18



18

KENDRA GANCHAR
SENIOR § 5-11 § DEFENSE
SASKATOON, SASKATCHEWAN
ST. JOSEPH

Lindenwood:

Career - Appeared in 119 games ... 62 total points ... scored 10 goals ... 82 assists ... one power play goal ... two game winning scores ... overall rating of +125.

2010-2011 - Appeared in 38 games as a junior ... scored three goals and added 23 assists for a total of 26 points ... recorded a +/- pf +49 ... committed 11 penalties for 22 minutes ... scored one unassisted goal.

2009-2010 - A member of the ACHA National Championship team ... played in 43 games ... a member of a defense that posted a school record 21 shutouts ... finished with 25 total points ... logged 21 assists ... scored four goals ... collected two game winning scores ... recorded one power play goal ... finished with an overall rating of +34.

2008-2009 - A member of the ACHA National Championship team ... played in 38 games ... had 11 total points ... scored three goals ... recorded one game winning goal ... tallied eight assists ... had an overall rating of +42.

High School:

Attended St. Joesph ... received the Battleford Sharks AAA Leadership Award in 2008.

Personal:

The daughter of Glen and Sandy Ganchar ... has two siblings, Kyle and Taylor ... a business administration major..

SEASON	GAMES PLAYED	GOALS	ASSISTS	POINTS	+/-	PIM
2010-11	38	3	23	26	+49	22
2009-10	43	4	21	25	+34	14
2008-09	38	3	8	11	+42	24



26

BRETT LOBREAU
 JUNIOR § 5-9 § FORWARD
 DRYDON, ONTARIO
 DRYDON

Lindenwood:

Career - Has appeared in 84 games as a Lion ... has scored 50 goals in her two year career ... has recorded 99 career points ... has four game-winning goals.

2010-2011 - Appeared in 38 games during her sophomore campaign ... led the team in goals with 29 ... added 24 assists and 53 points ... recorded the most shots on goal with 154 ... had a +/- of +46 ... recorded 10 penalties for 20 minutes ... led the team with eight power play goals ... scored one short-handed goal ... scored a season and career-high four goals in a 30-0 win over Northern Michigan ... had six multiple goal games ... scored the game-winning goal against Michigan State in a 3-2 victory ... tallied at least one point in every game but seven.

2009-2010 - A member of the ACHA National Championship team ... appeared in 46 games ... scored a goal in the team's win over Michigan State in the National Championship game ... finished with 46 total points, the fifth most on the team ... her 21 goals scored were the fourth most on the team ... tallied 25 assists ... scored four power play goals ... netted three game-winning scores ... finished with an overall rating of +44.

High School:

Attended Dryden ... awarded female athlete of the year ... captain of varsity basketball, hockey and soccer teams.

Personal:

The daughter of Dave and Kerry Lobreau ... has two siblings, Halle and Lindsay ... a physical education major.

SEASON	GAMES PLAYED	GOALS	ASSISTS	POINTS	+/-	PIM
2010-11	38	29	24	53	+46	20
2009-10	46	21	25	46	+44	10



20

SAMANTHA REDICK
 SOPHOMORE § 5-7 § FORWARD
 ANCHORAGE, ALASKA
 CRESENT HEIGHTS SECONDARY

Lindenwood:

2010-11 - Appeared in 32 games as a freshman ... scored 18 goals and recorded 12 assists for a total of 30 points ... took 129 shots on goal, which was the third most on the team ... had a +/- of +32 ... was called for three penalties for six minutes ... scored five power play goals ... tied for the team-high in game-winning goals with four ... helped on four goals in a 13-0 win over Western Michigan ... also recorded a goal in that game for a season-high five points ... played in all five of the Lions postseason games ... scored a total of four goals in the national tournament ... recorded a hat trick in a 4-2 win over Grand Valley State ... had a team-high nine shots on goals in a 3-1 win over Robert Morris ... had eight games where she

tallied at least two points.

High School:

Three-time all-conference selection ... team captain ... was named the Athlete of the Month in October 2009 ... ice hockey representative in the Athletic Council.

Personal:

SEASON	GAMES PLAYED	GOALS	ASSISTS	POINTS	+/-	PIM
2010-11	32	18	12	30	+32	6



LINDENWOOD



29

KENNEDY RUPP
 SOPHOMORE § 5-7 § GOALIE
 CHAMPION, ALBERTA
 COUNTY CENTRAL

Lindenwood:

2010-11 - Appeared in three games between the pipes as a freshman ... didn't allow a goal in over 149 minutes ... made a total of 18 saves ... was 2-0 in the net.

High School:

Attended County Central.

Personal:

The daughter of Gord and Ann Rupp ... has four siblings, Alex, Amy, David and Samantha.

SEASON	GAMES PLAYED	GA	SAVES	SAVE %	GAA	W/L
2010-11	3	0	18	1.000	.000	2-0



4

AMY STOBER
JUNIOR § 5-9 § DEFENSE
HAYS, ALBERTA
VAUXHALL

Lindenwood:

Career- Has played in 81 games in her first two seasons ... has a total of two goals and 15 assists ... has a career +60 ... compiled a total of 68 shots on goal.

2010-2011- Appeared in 37 games in her second season as a Lion ... scored one goal and added 11 assists for a total of 12 points ... took 51 shots ... recorded five penalties for 10 ten minutes ... had a +/- of +27 ... member of a defensive unit which allowed just 43 goals on the year ... record a +/- of +9 in a 30-0 win over Northern Michigan.

2009-2010 - A member of the ACHA National Championship team ... appeared in 44 games ... part of a defense that posted a program record 21 shutouts ... compiled five points ... scored one goal ... collected five assists ... finished

with an overall rating +33.

High School:

Attended Vauxhall.

Personal:

The daughter of Brent and Angie Stober ... has one sibling, Sarah ... an athletic training major.

SEASON	GAMES PLAYED	GOALS	ASSISTS	POINTS	+/-	PIM
2010-11	37	1	11	12	+27	10
2009-10	44	1	4	5	+33	14



7

KELSEY TALBOT
 SOPHOMORE § 5-9 § FORWARD
 CALGARY, ALBERTA
 CENTRAL MEMORIAL

Lindenwood:

2010-11- Member of Lindenwood's team which finished third at the ACHA National Tournament ... led Lindenwood with 55 points ... second on the team with 27 goals and was first with 28 assists ... was second on the team with a +58 +/- rating ... had four game-winning goals and six power play goals ... had five goals and three assists in a game versus Northern Michigan ... had three games with two goals ... recorded a season-high three assists versus three teams ... had five goals and four assists during five games at the national tournament.

High School:

Attended Central Memorial.

Personal:

The daughter of Don and Marilyn Talbot ... has one sibling, Haley ... a biology major.

SEASON	GAMES PLAYED	GOALS	ASSISTS	POINTS	+/-	PIM
2010-11	37	1	11	12	+27	10
2009-10	44	1	4	5	+33	14



11

ERICA WYNN
JUNIOR § 5-10 § FORWARD
ANCHORAGE, ALASKA
SOUTH ANCHORAGE

Lindenwood:

2010-2011 - Appeared in 33 games ... scored eight goals and tallied 18 assists for 26 points ... took 94 shots on goal ... record a +30 called for 10 penalties for 20 minutes.

2009-2010 - A member of the ACHA National Championship team ... totaled 25 points ... scored 14 goals ... finished with 11 assists ... netted two game-winning goals ... posted a pair of hat tricks ... had an overall rating of +31.

High School:

Attended South Anchorage ... led high school in total points all four years ... led high school team in points during regionals in 2005-2006, 2007-2008 and 2008-2009 ... named to All-Conference team senior year ... selected to the National Select Camp in April 2008 and led the white team in total points.

Personal:

The daughter of Tim and Michele Wynn ... has one sibling, Ryan ... a law and musical performance major.

SEASON	GAMES PLAYED	GOALS	ASSISTS	POINTS	+/-	PIM
2010-11	33	8	10	18	+30	20
2009-10	47	14	11	25	+31	20



1

BRIAR BACHE
 FRESHMAN § 5-9 § GOALIE
 BARRIE, ONTARIO
 BEAR CREEK

High School:

Team MVP for two years ... was rookie of the year in her first season ... also played flag football ... was rookie of the year and three-time team MVP ... played the 2010-11 season for the Aurora Panthers Intermediate A team ... compiled an 8-10-4 overall record with a 2.04 GAA and a .930 save percentage.

Personal:

The daughter of Bonnie and Ralph Bache ... has one sibling, Colton ... an exercise science major.



23

KATHERINE BOGOMOLOV
 FRESHMAN § 5-9 § DEFENSE
 ST. LOUIS, MO.
 PACIFIC

High School:

Most recently played for the St. Louis Lady Lions AAA program ... was team captain ... the leading defensive scorer on the team ... also played for the Wisconsin Wild under-16 AAA team and the Twin Bridges Lady Lightning ... helped Twin Bridges win the 2009 championship ... a co-captain and the leading defensive scorer ... participated in the Central Development Camp in 2007 and 2008 ... also ran track and cross country ... participated in the state championships in the 400m relay.

Personal:

The daughter of Barbara and Mikhail Bogomolov ... has two siblings, Peter and Oleg ... a social work and military science major.



2

KENDRA BROAD
 FRESHMAN § 5-7 § FORWARD
 BARRIE, ONTARIO
 PATROLIA, ONTARIO

High School:

Team MVP as a junior and senior ... named the rookie of the year after her first season ... in club hockey, was named MVP of a game against the Olympic Chinese women's team ... played the 2010-11 season for the Southwest Wildcats in the Provincial Women's Hockey League ... had eight goals and 14 assists in 35 games, and finished third on the team in scoring.

Personal:

The daughter of Bonnie and Ken Broad ... has one brother, Korey ... an exercise science major.



28

JORDYN CONSTANCE
 FRESHMAN § 5-9 § FORWARD
 CALGARY, ALBERTA

High School:

Played the 2010-11 season with the Calgary Chaos of the Alberta Major Midget Female Hockey League ... recorded 14 goals and nine assists in 27 games ... finished second on the team and 29th in the league in points ... named to the AMMFHL all-star team.

Personal:

The daughter of Wanda and Stu Constance ... has three siblings, Logan, Lexie, and Jessika ... a criminal justice major..



8

MEGAN COX
 FRESHMAN § 5-6 § DEFENSE
 NEW RICHMOND, WISC.
 SHATTUCK ST. MARY'S

High School:

A member of the under-19 National Championship team in 2011 ... participated in the national development under-15, under-16, and under-17 camps ... played in 19 games for Shattuck-St. Mary's and had one goal and six assists.

Personal:

The daughter of Pam Singerhouse and Brian Cox ... has two siblings, Hunter and Dylan ... a business administration major.



15

KATIE ERICKSON
 SOPHOMORE § 5-11 § DEFENSE
 ELK RIVER, MINN.
 ELK RIVER

High School:

Two-time MGHCA honorable mention all-state selection ... lettered for five years and was a team captain ... three-time all-conference selection ... had a career point total of 96 and set a school record for defensemen with 53 goals ... voted the most dedicated player as a senior ... took first-place for two years at the NWSC Skills Competition in the hardest shot contest with a 75 MPH mark ... participated in the under-17 national development camp in 2009.

Personal:

The daughter of Denise and Keith Erickson ... has three siblings, Karen, Ryan, and Gregory ... an elementary education major.



31

TAYLOR FAIRCHILD
 FRESHMAN § 5-7 § GOALIE
 OVERLAND PARK, KAN.
 OLATHE EAST

High School:

Played for the Little Caesars Under-19 program ... had a 19-3-2 record in goal ... had a 1.02 GAA and a .945 save percentage ... helped guide the team to a runner-up showing in the under-19 Tier I National Championship.

Personal:

The daughter of Mary and Ron Shaver ... has one sibling, Jordan ... a human resources and sports management major.



3

KARA GOODWIN
 FRESHMAN § 5-11 § DEFENSE
 AVON LAKE, OHIO
 AVON LAKE

High School:

Played left wing for the Ohio Flames U19 team ... played 13 games in the Tier 1 league and finished with six goals and one assist ... played a total of 64 games and finished with 24 goals, 11 assists ... averaged 0.55 points per game ... on the power play, had six goals and one assist.

Personal:

The daughter of Lisa and Mark Goodwin ... has one brother, Tyler ... a journalism major.



14

SYNDNEY GOTZITZA
 FRESHMAN § 5-5 § DEFENSE
 VULCAN, ALBERTA
 COUNTY CENTRAL

High School:

Attended County Central ... played hockey in 2010-11 for the Medicine Hat Hounds of the Albert Major Midget Female Hockey League ... had four goals and eight assists in 31 games ... had two power play and two short-handed goals.

Personal:

The daughter of Shannon and Darren Gorzitza ... has two siblings, Shelbi and Kelsey ... a physical education major.



12

SAMANTHA MOORE
 FRESHMAN § 5-7 § FORWARD
 LAKEVILLE, MINN.
 LAKEVILLE SOUTH

High School:

Honorable mention all-state ... scored 20 goals and had 35 assists during her senior season ... ranked in the top 30 in Minnesota in scoring ... led her team to the state quarterfinals and had six goals and five assists in the playoffs.

Personal:

The daughter of Kim and Gregg Moore ... has two siblings, Kelsey and William ... a mass communications major.



19

SARAH OLIPHANT
 FRESHMAN § 5-6 § FORWARD
 BATTLEFORD, SASKATCHEWAN
 NORTH BATTLEFORD

2009-10- Helped Lindenwood win the ACHA National Championship ... appeared in all 47 games ... was second on the team with 31 goals, 33 assists, and 64 points ... tied for second on the team with a +63 rating.

High School:

Recorded 46 points in her final three seasons ... named the Most Improved Player one season.

Personal:

The daughter of Theresa and Kelly Oliphant ... has one sibling, Chris ... an exercise science major.



5

CAITLYN POST
 FRESHMAN § 5-6 § FORWARD
 CLARKSTON, MICH.
 CLARKSTON

High School:

Attended Clarkston High School ... played the 2010-11 season with the under-19 Little Caesars program ... scored eight goals and had four assists in 15 league games ... helped her team to a second-place finish at the under-19 Tier I Girls National Championship ... at the national tournament, had five goals and two assists in six games.

Personal:

The daughter of Lynette and Mike Post ... has one brother, Vinny ... an exercise science major.



17

MARA POST
FRESHMAN § 5-6 § FORWARD
PRIOR LAKE, MINN.
LAKEVILLE SHOUTH

High School:

Recorded 21 goals and 16 assists during the regular season of her senior year ... ranked third on the team in points ... had five goals and two assists during her team's run to the state quarterfinals.

Personal:

The daughter of Cindy and Tim Post ... has two siblings, Wesley and Andy ... a sports management major.



25

HANNA TURPEINEN
FRESHMAN § 5-4 § DEFENSE
TEMPERE, FINLAND

High School:

In 2010-11, helped lead Ilves to the 2011 European Club Championships ... guided the Finnish team to a silver medal in the 2011 World University Games ... competed for Finland in the 2008 World Championships.

Personal:

The daughter of Riitta and Arto Turpeinen ... has three siblings, Reetta-Leena, Laura, and Perttu ... a journalism major.



21

ALYSSA WEST
FRESHMAN § 5-4 § FORWARD
MACOMB, MICH.
L'ANSER CREUSE NORTH

High School:

A member of the Little Caesars under-19 program ... played in 15 league games and had two goals and 10 assists ... helped her team finish second at the under-19 Tier I National Championship.

Personal:

The daughter of Amy and Greg West ... has one sibling, Nicholas ... an exercise science major.



27

ALISON WICKENHEISER
FRESHMAN § 5-4 § FORWARD
GERMANTOWN, MD.
THOMAS SPRIGG WOOTON

High School:

Played for the Washington Pride under-19 hockey team ... had 42 goals and 27 assists in 66 games ... assistant captain her last two seasons ... participated in the JWHL all-star game ... recorded four power play goals and three shorthanded goals ... led her team to the quarterfinals of the Tier I under-19 National Tournament.

Personal:

The daughter of Sandra and Ray Wickenheiser ... has two siblings, Amy and Steven ... a sports management major.

2011-12 OPPONENTS





BEMIDJI STATE
NOV. 10
TBA
BEMIDJI, MINN.

General Facts

Location..... Bemidji, Minn.
 Enrollment 5,020
 Founded..... 1919
 Colors..... Green and White
 Nickname Beavers
 President..... Dr. Richard Hanson
 Athletic Director Dr. Rick Goeb
 Conference..... WCHA
 Affiliation..... NCAA Division I

Coaching Staff

Head Coach..... Steve Sertich
 Alma Mater Colorado College
 Years at School Five
 Record at Bemidji..... 46-110-24
 Career Record 46-110-24
 Phone 218-755-4108
 Email..... ssertich@bemidjistate.edu
 Assistant Coach Casie Hanson
 Alma Mater North Dakota

Team Information

2010-11 Record 14-17-4
 Conf. Record/Finish 11-13-4/5th
 Letterwinners ret./lost..... 20/3

Facility Information

Facility..... Sanford Center
 Capacity 4,373
 Press Box Phone 218-441-4047

Sports Information

Hockey Contact..... Shawn Smith
 Email..... ssmith@bemidjistate.edu
 Office Number..... 218-755-4619
 Cell Number 319-431-2545
 Fax Number..... 218-755-3898
 Website..... bsubeavers.com



BETHAL
JAN. 13/14
6:30 P.M./2 P.M.
ST. PAUL, MINN.

General Facts

Location..... Arden Hills, Minn.
 Enrollment 6,200
 Founded..... 1947
 Colors..... Navy Blue and Vegas Gold
 Nickname Royals
 President..... James H. Barnes III
 Athletic Director Bob Bjorklund
 Conference..... MIAC
 Affiliation..... NCAA Division III

Coaching Staff

Head Coach..... Brian Carlson
 Alma Mater Bethel
 Years at School One
 Record at Bethel..... 15-10-2
 Career Record 15-10-2
 Phone 651-638-8522
 Email bp-carlson@bethel.edu
 Assistant Coach Mitch Baker
 Alma Mater Bethel

Team Information

2010-11 Record 15-10-2
 Conf. Record/Finish 11-5-2
 Letterwinners ret./lost..... N/A

Facility Information

Facility..... Bethel Arena
 Capacity 1,200
 Press Box Phone N/A

Sports Information

Hockey Contact..... Nick Jones
 Email..... jonnic@bethel.edu
 Office Number..... 651-635-8537
 Cell Number 952-818-7279
 Fax Number N/A
 Website..... athletics.bethel.edu/



COLGATE
OCT. 14/15
3 P.M.
HAMILTON, NY.

General Facts

Location..... Hamilton, NY
 Enrollment 2,800
 Founded..... 1819
 Colors..... Maroon and White
 Nickname Raiders
 President..... Jeffery Herbst
 Athletic Director David Roach
 Conference..... ECAC
 Affiliation..... NCAA Division I

Coaching Staff

Head Coach..... Scott Wiley
 Alma Mater St. Lawrence
 Years at School Nine
 Record at Colgate..... 127-153-32
 Career Record 127-53-32
 Phone 315-228-7839
 Email swiley@colgate.edu
 Assistant Coach Ryan Stone
 Alma Mater Lawrence

Team Information

2010-11 Record 11-19-3
 Conf. Record/Finish 8-12-2/T-8th
 Letterwinners ret./lost..... 15-4

Facility Information

Facility..... Starr Rink
 Capacity 2,246
 Press Box Phone 315-228-6820

Sports Information

Hockey Contact..... Gloria Nantulya
 Email..... gnantulya@colgate.edu
 Office Number..... 315-228-6761
 Cell Number N/A
 Fax Number 315-228-7977
 Website..... gocolgateraiders.com



CONCORDIA
JAN. 6/7
5:30 P.M./2 P.M.
MOOREHEAD, MINN.

General Facts

Location..... Moorehead Minn.
 Enrollment 2,814
 Founded..... 1891
 Colors..... Maroon and Gold
 Nickname Cobbers
 President..... Dr. William Craft
 Athletic Director Dr. Larry Papenfuss
 Conference..... MIAC
 Affiliation..... NCAA Division III

Coaching Staff

Head Coach..... Brett Bruininks
 Alma Mater Notre Dame
 Years at School Two
 Record at Concordia..... 15-8-4
 Career Record 15-8-4
 Phone 218-299-4438
 Email bbruinin@cord.edu
 Assistant Coach Joe Vannett

Team Information

2010-11 Record 15-8-4
 Conf. Record/Finish 8-6-4/5th
 Letterwinners ret./lost..... 23/3

Facility Information

Facility..... Moorehead Sports Complex
 Capacity 3,000
 Press Box Phone 218-299-5368

Sports Information

Hockey Contact..... Jim Cella
 Email..... cella@cord.edu
 Office Number..... 218-299-3194
 Cell Number 701-371-6359
 Fax Number 218-299-4189
 Website..... cord.edu/Athletics



GRAND VALLEY STATE
FEB. 24/25
7 P.M./2 P.M.
ST. CHARLES, MO.

General Facts

Location..... Allendale, Mich.
 Enrollment.....24,500
 Founded..... 1960
 Colors..... Black and Blue
 NicknameLakers
 President..... Thomas Haas
 Athletic Director Bob Stoll
 Conference..... ACHA
 Affiliation..... NCAA Division II

Coaching Staff

Head Coach..... Mike Forbes
 Alma Mater Rocky Mountain
 Years at School Three
 Record at Grand Valley 45-21-2
 Career Record 94-33-5
 Phone 616-502-0288
 Email.....aegissports@gmail.com
 Assistant Coach Jack Williams

Team Information

2010-11 Record 19-8-4
 Conf. Record/FinishN/A
 Letterwinners ret./lost.....N/A

Facility Information

FacilityGeorgetown Ice Center
 Capacity1,200
 Press Box PhoneN/A

Sports Information

Hockey Contact.....Slavko Bekovic
 Email..... sbekovic89@yahoo.com
 Office Number 773-331-2345
 Cell Number 773-817-2789
 Fax Number 773-331-2366
 Website.....gvsulakers.com



MERCYHURST
OCT. 28/29, DEC.14/15
7 P.M./12 P.M.
ST. CHARLES, MO., ERIE, PA.

General Facts

Location..... Erie, Minn.
 Enrollment.....4,055
 Founded..... 1926
 Colors.....Green and Blue
 NicknameLakers
 President.....Dr. Thomas Gamble
 Athletic DirectorJoe Kimball
 Conference...College Hockey America
 Affiliation..... NCAA Division I

Coaching Staff

Head Coach..... Michael Sisti
 Alma MaterCanisius
 Years at School 12
 Record at Mercyhurst313-84-26
 Career Record313-84-26
 Phone 814-824-2142
 Email.....msisti@mercyhurst.edu
 Assistant Coach Louis Goulet
 Alma Mater Mercyhurst

Team Information

2010-11 Record 29-6-0
 Conf. Record/Finish16-0-0/1st
 Letterwinners ret./lost.....16/7

Facility Information

FacilityMercyhurst Ice Center
 Capacity1,300
 Press Box Phone 814-824-2167

Sports Information

Hockey Contact.....David Leisering
 Email..... dleisering@mercyhurst.edu
 Office Number 814-824-2525
 Cell NumberN/A
 Fax NumberN/A
 Website..... hurstathletics.com



MINN. STATE MANKATO
OCT. 14/15
3 P.M.
HAMILTON, NY.

General Facts

Location..... Mankato, Minn.
 Enrollment.....14,028
 Founded..... 1868
 Colors.....Purple and Gold
 NicknameMavericks
 President..... Dr. Richard Davenport
 Athletic Director Kevin Buisman
 Conference..... WCHA
 Affiliation..... NCAA Division I

Coaching Staff

Head Coach..... Eric Means
 Alma MaterMinnesota
 Years at SchoolTwo
 Record at Mankato..... 15-47-8
 Career Record 15-47-8
 Phone 507-389-3217
 Email.....eric.means@mnsu.edu
 Assistant CoachJon Austin
 Alma MaterColorado College

Team Information

2010-11 Record 8-25-3
 Conf Record/Finish..... 7-20-1/7th
 Letterwinners ret./lost..... 19/4

Facility Information

Facility All Season Arena
 Capacity 750
 Press Box Phone 612-718-0729

Sports Information

Hockey Contact.....Scott Nelson
 Email..... scott.nelson@mnsu.edu
 Office Number 507-389-2625
 Cell Number 507-995-6331
 Fax Number 507-389-1923
 Website..... msumavericks.com



NORTH DAKOTA
JAN. 4
7 P.M.
GRAND FORKS, N.D.

General Facts

Location..... Grand Forks, N.D.
 Enrollment.....14,194
 Founded..... 1883
 Colors.....Green and Black
 NicknameFighting Sioux
 President.....Robert O. Kelley
 Athletic Director Brian Faison
 Conference.....Western Collegiate
 Affiliation..... NCAA Division I

Coaching Staff

Head Coach..... Brian Idalski
 Alma Mater Wisconsin-Stevens Point
 Years at School Four
 Record at North Dakota 45-78-17
 Career Record45-78-17
 Phone 701-777-6490
 Email.... brian.idalski@athletics.und.edu
 Assistant Coach Peter Elander

Team Information

2010-11 Record20-13-3
 Conf. Record/Finish 16-10-2/4th
 Letterwinners ret./lost.....23/1

Facility Information

Facility Ralph Engelstad
 Capacity 11,500
 Press Box Phone 701-777-4774

Sports Information

Hockey Contact..... Derek Koenen
 Email.... derek.koenen@athletics.edu
 Office Number 701-777-6743
 Cell Number 507-828-3021
 Fax Number 701-777-4352
 Website.....fightingsioux.com



ROBERT MORRIS (PA.)
OCT. 7/8, NOV. 12/13
 7 P.M./2 P.M.
 ST. CHARLES, MO.
 MOON TOWNSHIPS, PA.

General Facts

Location.....Moon Township, Pa.
 Enrollment.....5,000
 Founded.....1921
 Colors.....Blue and White with Red
 Nickname.....Colonials
 President.....Gregory G. Dell’Omo
 Athletic Director.....Craig Coleman
 Conference...College Hockey America
 Affiliation.....NCAA Division I

Coaching Staff

Head Coach.....Paul Colontino
 Alma Mater.....Mercyhurst
 Years at School.....First
 Record at Robert Morris.....0-0-0
 Career Record.....0-0-0
 Phone.....412-397-4478
 Email.....colontino@rmu.edu
 Assistant Coach.....Logan Bittle
 Alma Mater.....Robert Morris

Team Information

2010-11 Record.....6-21-7
 Conf. Record/Finish.....3-10-5
 Letterwinners ret./lost.....17/5

Facility Information

Facility.....RMU Island Sports
 Capacity.....1,000
 Press Box Phone.....412-865-4807

Sports Information

Hockey Contact.....Jim Duzyk
 Email.....duzyk@rmu.edu
 Office Number.....412-397-4919
 Cell Number.....N/A
 Fax Number.....412-397-4943
 Website.....rmucolonials.com



ROBERT MORRIS (ILL.)
JAN. 27/29
 7 P.M./2 P.M./12 P.M.
 ST. CHARLES, MO.

General Facts

Location.....Chicago, Ill.
 Enrollment.....7,010
 Founded.....1913
 Colors.....Maroon and Vegas Gold
 Nickname.....Eagles
 President.....Michael P. Violtt
 Athletic Director.....Megan Smith
 Conference.....CCWH
 Affiliation.....NAIA

Coaching Staff

Head Coach.....Bud Hickey
 Alma Mater.....N/A
 Years at School.....N/A
 Record at Robert Morris.....N/A
 Career Record.....N/A
 Phone.....847-372-4745
 Email.....fhickey@robertmorris.edu
 Assistant Coach.....Chris Chelios

Team Information

2010-11 Record.....28-12-1
 Conf. Record/Finish.....N/A
 Letterwinners ret./lost.....12/4

Facility Information

Facility.....The Edge Ice Arena
 Capacity.....2,800
 Press Box Phone.....630-766-8888

Sports Information

Hockey Contact.....Tom Czop
 Email.....tczop@robertmorris.edu
 Office Number.....312-935-4535
 Cell Number.....N/A
 Fax Number.....N/A
 Website.....robertmorris.edu/athletics



SACRED HEART
JAN. 20/21
 7 P.M./2 P.M.
 FAIRFIELD, CONN.

General Facts

Location.....Fairfield, Conn.
 Enrollment.....6,000
 Founded.....1963
 Colors.....Red and White
 Nickname.....Pioneers
 President.....John J. Petillo
 Athletic Director...C. Donald Cook
 Conference.....Independent
 Affiliation.....NCAA Division I

Coaching Staff

Head Coach.....Tom O’Malley
 Alma Mater.....Boston College
 Years at School.....Seven
 Record at Sacred Heart.....61-118-10
 Career Record.....143-244-22
 Phone.....203-878-8602
 Email.....omalley@sacredheart.edu
 Assistant Coach.....TBD
 Alma Mater.....N/A

Team Information

2010-11 Record.....8-21-0
 Conf. Record/Finish.....0-0-0
 Letterwinners ret./lost.....22-9

Facility Information

Facility.....Wonderland of Ice
 Capacity.....600
 Press Box Phone.....203-576-8110

Sports Information

Hockey Contact.....Brendan Flynn
 Email.....flynnb@sacredheart.edu
 Office Number.....203-365-4813
 Cell Number.....N/A
 Fax Number.....203-371-7889
 Website.....sacredheartpioneers.com



ST. BENS
NOV. 4
 TBA
 ST. CLOUD, MINN.

General Facts

Location.....Saint Joseph, Minn.
 Enrollment.....2,006
 Founded.....1887
 Colors.....Red and White
 Nickname.....Blazers
 President..Dr. MaryAnn Baenninger
 Athletic Director..Carol Howe-Ventura
 Conference.....MIAC
 Affiliation.....NCAA Division III

Coaching Staff

Head Coach.....Jennifer Kranz
 Alma Mater.....Providence College
 Years at School.....First
 Record at St. Bens.....0-0-0
 Career Record.....0-0-0
 Phone.....320-363-5870
 Email.....jkranz@csbsju.edu
 Assistant Coach.....Brian Nyholm
 Alma Mater.....Minn.-Duluth

Team Information

2010-11 Record.....4-16-3
 Conf. Record/Finish.....3-12-3/8th
 Letterwinners ret./lost.....19/3

Facility Information

Facility.....Torrey Arena
 Capacity.....2,000
 Press Box Phone.....320-255-7223

Sports Information

Hockey Contact.....Mike Durbin
 Email.....mdurbin@csbsju.edu
 Office Number.....320-363-5073
 Cell Number.....320-309-7342
 Fax Number.....320-363-6098
 Website.....csbblazers.com



ST. CATHERINES
NOV. 5
TBA
ST. CLOUD, MINN.

General Facts

Location.....St. Paul, Minn.
 Enrollment.....5,200
 Founded.....1905
 Colors.....Purple and Gold
 Nickname..... Wildcats
 President.....Andrea J. Lee
 Athletic Director.....Eric Stacey
 Conference.....Minn. Intercollegiate
 Affiliation.....NCAA Division III

Coaching Staff

Head Coach.....Brad Marshall
 Alma Mater..... St. Thomas
 Years at School..... Six
 Record at St. Catherines.....42-89-12
 Career Record.....42-89-12
 Phone.....651-690-8771
 Email..... bmmarshall@stkate.edu
 Assistant Coach.....Jeff Polski
 Alma Mater..... Minnesota

Team Information

2010-11 Record.....11-10-3
 Conf. Record/Finish.....8-7-3/T-6th
 Letterwinners ret./lost.....14-7

Facility Information

Facility.....Ridder Arena
 Capacity.....3,400
 Press Box Phone.....612-625-5804

Sports Information

Hockey Contact.....Mike Henderson
 Email.....mshenderson@stkate.edu
 Office Number.....651-690-6994
 Cell Number.....N/A
 Fax Number.....N/A
 Website.....stkateathletics.com



ST. MICHAELS
FEB. 10/11
7 P.M./2 P.M.
BURLINGTON, VT.

General Facts

Location..... Colchester, Vt.
 Enrollment.....2,500
 Founded.....1904
 Colors.....Purple and Gold
 Nickname.....Purple Knights
 President.....John J. Neuhauser
 Athletic Director.....Geri Knortz
 Conference.....Eastern Collegiate
 Affiliation.....NCAA Division III

Coaching Staff

Head Coach.....Chris Donovan
 Alma Mater.....Norwich
 Years at School.....10
 Record at St. Michaels.....40-182-7
 Career Record.....40-182-7
 Phone.....802-654-2765
 Email.....cdonovan@smcvt.edu
 Assistant Coach.....Jennifer Wilson
 Alma Mater.....Columbia College

Team Information

2010-11 Record.....6-19-2
 Conf. Record/Finish.....4-12-2/9th
 Letterwinners ret./lost.....19/7

Facility Information

Facility.....Cairns Arena
 Capacity.....600
 Press Box Phone.....802-658-5577

Sports Information

Hockey Contact.....Seth Cole
 Email.....scole2@smcvt.edu
 Office Number.....802-654-2537
 Cell Number.....N/A
 Fax Number.....802-654-2497
 Website.....amcathletics.com



ST. OLAF
JAN. 15
2 P.M.
NORTHFIELD, MINN.

General Facts

Location.....Northfield, Minn.
 Enrollment.....3,156
 Founded.....1874
 Colors.....Black and Gold
 Nickname.....Ole
 President.....David R. Anderson
 Athletic Director.....Matt McDonald
 Conference.....Minn. Intercollegiate
 Affiliation.....NCAA Division III

Coaching Staff

Head Coach.....John Bazzachini
 Alma Mater.....Saint John's
 Years at School.....Six
 Record at St. Olaf.....43-41-6
 Career Record.....58-64-8
 Phone.....507-786-3148
 Email.....bazzachi@stolaf.edu
 Assistant Coach.....Mark Mohar
 Alma Mater.....Minnesota

Team Information

2010-11 Record.....12-12-2
 Conf. Record/Finish.....11-5-2/T-2nd
 Letterwinners ret./lost.....14/0

Facility Information

Facility.....Northfield Ice Arena
 Capacity.....800
 Press Box Phone.....507-645-6556

Sports Information

Hockey Contact.....Mike Ludwig
 Email.....ludwigm@stolaf.edu
 Office Number.....507-786-3834
 Cell Number.....N/A
 Fax Number.....N/A
 Website.....stolaf.edu/athletics



SYRACUSE
DEC. 2/3
TBA
SYRACUSE, N.Y.

General Facts

Location.....Syracuse, N.Y.
 Enrollment.....12,751
 Founded.....1870
 Colors.....Orange
 Nickname.....Orange
 President.....Dr. Nancy Cantor
 Athletic Director.....Dr. Daryl Gross
 Conference.....College Hockey America
 Affiliation.....NCAA Division I

Coaching Staff

Head Coach.....Paul Flanagan
 Alma Mater.....St. Lawrence
 Years at School.....Three
 Record at Syracuse.....41-49-10
 Career Record.....271-132-34
 Phone.....315-443-5050
 Email.....pjflan01@syr.edu
 Assistant Coach.....Graham Thomas
 Alma Mater.....Mount Royal

Team Information

2010-11 Record.....14-16-6
 Conf. Record/Finish.....7-6-3
 Letterwinners ret./lost.....17/0

Facility Information

Facility.....Tennity Ice Pavilion
 Capacity.....350
 Press Box Phone.....315-443-4254

Sports Information

Hockey Contact.....Matt Houde
 Email.....suacpr@syr.edu
 Office Number.....315-443-1290
 Cell Number.....978-766-2423
 Fax Number.....315-443-3405
 Website.....suathletics.syr.edu



WISCONSIN
SEPT. 23/25
7 P.M./2 P.M.
MADISON, WISC.

General Facts

Location.....Madison, Wisc.
 Enrollment.....42,099
 Founded.....1848
 Colors.....Red and White
 Nickname.....Badgers
 President.....Kevin P. Reilly
 Athletic Director.....Barry Alvarez
 Conference.....Western Collegiate
 Affiliation.....NCAA Division I

Coaching Staff

Head Coach.....Mark Johnson
 Alma Mater.....Wisconsin
 Years at School.....Nine
 Record at Wisconsin.....247-41-24
 Career Record.....247-41-24
 Phone.....608-262-0101
 Email.....N/A
 Assistant Coach.....Dan Koch
 Alma Mater.....Wisconsin

Team Information

2010-11 Record.....37-2-2
 Conf. Record/Finish.....24-2-2/1st
 Letterwinners ret./lost.....20-5

Facility Information

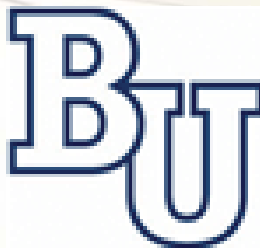
Facility.....Kohl Center
 Capacity.....15,237
 Press Box Phone.....608-263-5645

Sports Information

Hockey Contact.....Mandy Hansen
 Email.....ah2@athletics.wisc.edu
 Office Number.....608-262-2255
 Cell Number.....608-279-8641
 Fax Number.....608-265-0788
 Website.....uwbadgers.com



ST. CATHERINE UNIVERSITY



ACHA HISTORY AND RECORDS



YEAR-BY-YEAR SCORES

2003-04

Illinois	W 16-0
at Wisconsin	W 6-4
Illinois	W 14-1
at Wisconsin	L 1-5
vs. West LA	W 3-1
vs. Minnesota	W 5-2
vs. Colorado	W 5-3
vs. Iowa State	W 5-1
Colorado	W 10-2
Colorado	T 3-3
at Robert Morris	L 1-6
at Robert Morris	T 2-2
Iowa State	W 4-2
Iowa State	W 3-0
Northwestern	W 13-0
Northwestern	W 10-1
at Iowa State	W 6-0
at Iowa State	W 5-1
Robert Morris	T 2-2
Robert Morris	W 4-3
vs. Wisconsin	L 3-6
vs. Northern Michigan	W 3-2
vs. West LA	W 5-4OT

17-3-3 Overall 8-0-2 Home 3-2-1 Road

2004-05

at Wisconsin	W 4-3
at Wisconsin	W 4-2
at Buffalo	W 7-0
at Buffalo	W 11-1
vs. St. Cloud State	W 9-0
vs. Colorado	W 3-2
vs. UMASS-Amherst	W 9-3
vs. Robert Morris	L 2-8
Notre Dame	W 15-0
Notre Dame	W 14-0
Wisconsin-Whitewater	W 7-1
Wisconsin-Whitewater	W 14-0
at North Carolina State	W 5-0
at North Carolina State	W 8-1
at Wisconsin-Whitewater	W 8-0
at Wisconsin-Whitewater	W 8-1
Buffalo	W 10-3
Buffalo	W 12-1
at Minnesota	W 2-0
at Minnesota	W 4-2
at Michigan State	W 7-2
at Michigan State	L 1-2
Minnesota	W 6-0
Minnesota	W 7-0
vs. UMASS-Amherst	W 2-1
vs. Michigan	W 10-2
vs. Colorado	L 3-4

24-3 Overall 8-0 Home 11-1 Road

2005-06

at Colorado	W 4-0
at Colorado	W 5-0
Robert Morris	W 3-2
Robert Morris	L 1-2
North Dakota State	W 11-1
North Dakota State	W 14-0
North Dakota State	W 9-0
at Iowa State	W 8-0
at Iowa State	W 11-0
at Robert Morris	L 1-4
at Robert Morris	L 2-3
Iowa State	W 8-0
Iowa State	W 10-0
at UMass	W 6-1
at UMass	W 6-1
at Rhode Island	W 4-1
at Rhode Island	W 5-1
Michigan State	W 2-0
Michigan State	W 6-2
Wisconsin - Madison	W 13-1
Wisconsin - Madison	W 9-0
at Minnesota	W 7-3
at Minnesota	W 2-1
at Michigan	W 6-2
at Michigan	W 5-1
at North Dakota State	W 5-0
at North Dakota State	W 7-0
vs. Western Michigan^	W 8-1
vs. North Dakota State^	W 6-0
vs. Colorado^	W 5-0
vs. Michigan State^	W 4-1
vs. Robert Morris^	W 3-2 OT

29-3 Overall 15-1 Home 14-2 Road

2006-07

Western Michigan	W 5-4
Western Michigan	W 8-1
at Connecticut	W 7-1
at Sacred Heart	L 6-10
at Rhode Island	W 6-3
Michigan	W 9-0
Michigan	W 8-0
Massachusetts	W 12-0
Colorado	W 8-1
Colorado	W 4-0
Massachusetts	W 14-0
Robert Morris	T 4-4 OT
Robert Morris	W 6-4
vs. Wisconsin	W 10-1
vs. North Dakota State	W 6-0
at Minnesota	W 6-1
at Colorado	W 8-1

vs. Robert Morris	L 1-2
at Colorado	W 5-0
vs. Colorado Mutiny	W 7-1
vs. Colorado Mutiny	W 4-0
at St. Cloud State	W 8-1
at St. Cloud State	W 10-2
Rhode Island	W 5-1
Rhode Island	W 5-0
Michigan State	W 3-0
Michigan State	L 1-2
at Robert Morris	L 0-3
at Robert Morris	L 1-3
vs. Connecticut^	W 5-1
vs. Penn State^	W 16-1
vs. St. Cloud State^	W 8-1
vs. Rhode Island^	W 6-1
vs. Robert Morris^	L 1-4

27-6-1 Overall 11-0-1 12-5-0 Away

2007-08

Northern Michigan*	W 14-1
Northern Michigan*	W 14-0
Liberty (Va.)	W 4-1
Liberty (Va.)	W 7-1
Michigan State*	W 6-0
Michigan State*	W 6-0
at Saint Mary's (Minn.)	W 7-0
at Saint Mary's (Minn.)	L 1-2
at Augsburg (Minn.)	W 7-1
St. Cloud State (Minn.)	W 15-1
St. Cloud State (Minn.)	W 13-0
at Rhode Island	L 1-4
vs. Massachusetts	W 4-1
vs. Nichols	W 2-0
vs. Colorado	W 10-0
Minnesota	W 10-0
Minnesota	W 9-1
at Concordia (Minn.)	W 6-1
at St. Benedict (Minn.)	W 4-1
at St. Benedict (Minn.)	W 3-0
at Michigan*	W 6-2
at Michigan*	W 4-0
Robert Morris (Ill.)	W 5-1
Robert Morris (Ill.)	W 2-1
at Ohio State*	W 10-0
at Ohio State*	W 12-0
at Western Michigan*	W 9-1
at Western Michigan*	W 3-0
at Robert Morris (Ill.)	L 2-4
at Robert Morris (Ill.)	W 6-4
vs. Grand Valley State%	W 10-2
vs. Western Michigan%	W 9-2
vs. Western Michigan%	W 11-1

YEAR-BY-YEAR SCORES

vs. Michigan%	W 4-0
vs. Wisconsin^	W 12-1
vs. Colorado^	W 12-0
vs. Michigan State^	W 8-2
vs. Massachusetts^	W 6-2
vs. Robert Morris^	W 2-1
<i>36-3 Overall 12-0 Home 12-3 Away</i>	

2008-09

at Grand Valley State*	W 9-1
at Grand Valley State*	W 10-2
at Robert Morris College (Ill.)	L 0-3
at Robert Morris College (Ill.)	W 4-1
Michigan*	W 10-0
Michigan*	W 6-0
at Michigan State	T 1-1
at Michigan State	T 3-3
at Saint Benedict	L 0-3
at Saint Benedict	W 5-2
Ohio State*	W 3-1
Ohio State*	W 4-1
at Northern Michigan*	W 12-0
at Northern Michigan*	W 10-0
at Liberty (Va.)	W 4-1
at Liberty (Va.)	W 7-0
at Saint Mary's	L 2-3 OT
at Saint Mary's	W 3-1
Rhode Island	W 4-1
Rhode Island	T 0-0
Rhode Island	W 3-2
at Robert Morris (Ill.)	W 3-2 OT
at Robert Morris (Ill.)	W 3-1
Western Michigan*	W 13-0
Western Michigan*	W 12-1
Robert Morris (Ill.)	W 1-0
Robert Morris (Ill.)	W 1-0
Wisconsin	W 6-1
Wisconsin	W 9-3
vs. Northern Michigan%	W 8-0
vs. Michigan%	W 4-0
vs. Grand Valley State%	W 3-1
vs. Michigan State%	W 4-3 (SO)
vs. Michigan^	W 4-0
vs. Ohio State^	W 7-0
vs. Massachusetts^	W 2-1 2OT
vs. Minnesota^	W 3-2 3OT
vs. Robert Morris^	W 2-1
<i>32-3-3 Overall 12-0-1 Home 11-3-2 Away</i>	

2009-10

at Robert Morris	W 2-1
at Robert Morris	W 2-1
Michigan State*	W 5-3
Michigan State*	W 3-0

at Western Michigan*	W 13-0
at Western Michigan*	W 12-0
at Michigan*	W 3-1
at Michigan	W 6-0
Grand Valley State*	W 6-0
Grand Valley State*	W 5-1
at Bethel	L 3-5
at St. Catherine	T 4-4 OT
Liberty	W 8-2
Liberty	W 5-3
Colorado	W 11-1
Colorado	W 4-2
Robert Morris (Ill.)	W 4-2
Robert Morris (Ill.)	W 4-3
Alaska Fairbanks	W 4-2
Alaska Fairbanks	W 7-1
at Massachusetts	W 4-2
at Massachusetts	W 2-0
at Rhode Island	W 5-3
at Rhode Island	L 5-6 OT
at Rhode Island	W 3-2
Penn State	W 3-0
Penn State	W 4-0
at Colorado	W 11-0
vs. Colorado State	W 13-0
vs. Minnesota	W 3-2
vs. Colorado State	W 11-1
vs. Minnesota	W 5-2
Robert Morris (Ill.)	T 2-2 OT
Robert Morris (Ill.)	W 1-0
at Ohio State*	W 4-0
at Ohio State*	W 7-0
Northern Michigan*	W 13-0
Northern Michigan*	W 12-0
vs. Michigan%	W 4-2
vs. Western Michigan%	W 4-0
vs. Grand Valley State%	W 2-0
vs. Michigan State%	W 2-0
vs. Massachusetts^	W 5-0
vs. Michigan State^	W 6-1
vs. Grand Valley State^	W 5-4
vs. Rhode Island^	W 5-0
vs. Michigan State^	W 2-0
<i>43-2-2 Overall 17-0-1 Home 12-0-0 Away</i>	

2009-10

at Penn State	W 2-0
at Penn State	W 6-1
at Penn State	W 2-1
at Michigan State*	L 2-3 OT
at Michigan State*	W 3-2
Robert Morris (Ill.)	W 5-2
Robert Morris (Ill.)	W 3-1

at Grand Valley State*	W 4-2
at Grand Valley State*	T 1-1
Michigan*	W 5-0
Michigan*	W 3-2
vs. Buffalo	W 6-0
vs. Minnesota	W 2-1
vs. Robert Morris (Ill.)	W 9-1
vs. Rhode Island	W 3-1
Ohio State*	W 7-0
Ohio State*	W 12-0
Western Michigan*	W 13-0
Western Michigan*	W 17-0
at Augsburg	W 1-0
at Augsburg	W 4-0
Massachusetts	L 3-4
Massachusetts	T 3-3
at Northern Michigan*	W 30-0
at Northern Michigan*	W 11-0
at Robert Morris (Ill.)*	W 3-2
at Robert Morris (Ill.)*	W 7-6
vs. Ohio State%	W 10-0
vs. Northern Michigan%	W 13-0
vs. Robert Morris (Ill.)%	W 3-2
vs. Grand Valley State%	W 3-0
at Wisconsin	W 5-0
at Wisconsin	W 3-0
vs. Michigan^	W 5-0
vs. Grand Valley State^	W 4-2
vs. Rhode Island^	W 4-3
vs. Michigan State^	L 1-3
vs. Rhode Island^	W 6-0
<i>33-3-2 Overall 8-1-1 Home 13-1-1 Away</i>	

ALL-TIME RECORD HOLDERS

INDIVIDUAL SINGLE GAME

Goals: 6, Amy Dlugos vs. Illinois 2003
 Assists: 10, Kathrine Hannah vs. Notre Dame 2004
 Points: 13, Krystal Martin vs. N. Mich. 2011
 Shots on Goal: Ashley Rebeck vs. N. Mich. 2008
 Power Play Goals: 3, Mandy Dion vs. Mich. St. 2010
 Short-handed Goals: 3, Mandy Dion vs. Penn State 2007
 Penalties: 5, Mandy Dion vs. Robert Morris 2008
 Penalty Min.: 19, Mandy Dion vs. Robert Morris 2009
 Saves: 39, Michelle Borsa vs. Rhode Island 2005

TEAM SINGLE GAME

Most Goals: 30, at Northern Michigan 2011
 Most Assists: 43, at Northern Michigan 2011
 Most Points: 73, at Northern Michigan 2011
 Most Shots on Goal: 84, at Northern Mich. 2008
 Most Power-Play Goals: 7, Western Mich. 2006
 Most Short-Handed Goals: 6, Penn State 2007
 Most Penalties: 22, Western Michigan 2006
 Most Penalty Minutes: 42, Western Mich. 2006
 Most Saves: 39, at Rhode Island 2005

INDIVIDUAL CAREER

Points: 407, Kathrine Hannah 2003-08
 Points Per Game: 2.7 Kathrine Hannah 2003-08
 Goals: 153, Kathrine Hannah 2003-08
 Goals Per Game: 1.3, Jackie Survant 2003-04
 Game-Winning Goals: 24, Kathrine Hannah 2003-08
 Power-Play Goals: 37, Mandy Dion 2006-10
 Short-Handed Goals: 13, Mandy Dion 2006-10
 Assists: 254, Kathrine Hannah 2003-08
 Assists Per Game: 1.7 Kathrine Hannah 2003-08
 Shots On Goal: 717, Mandy Dion 2006-10
 Plus/Minus: 286, Kathrine Hannah 2003-08
 Penalties: 107, Mandy Dion 2006-10
 Penalty Minutes: 255, Mandy Dion 2006-10
 Most Wins: 117, Becca Bernett 2006-11
 Saves: 2451, Becca Bernett 2006-11
 Saves Per Game: 16.45, Becca Bernett 2006-11
 Shutouts: 51, Becca Bernett 2006-11
 Games Played: 169, Kristen Dlugos 2004-09

INDIVIDUAL SINGLE SEASON

Points: 97, Kathrine Hannah 2004-05
 Points Per Game: 3.59, Kathrine Hannah 2004-05
 Goals: 61, Mandy Dion 2009-10
 Game-Winning Goals: 10, Mandy Dion 2009-10
 Power-Play Goals: 18, Mandy Dion 2009-10
 Short-Handed Goals: 6, Mandy Dion 2008-09

Assists: 67, Kathrine Hannah 2004-05
 Shots on Goal: 261, Mandy Dion 2009-10
 Plus/Minus: 82, Ashley Boye 2007-08
 Penalties: 34, Mandy Dion 2006-07
 Penalty Minutes: 80, Mandy Dion 2008-09
 Most Wins: 39, Becca Bernett 2009-10
 Most Losses: 5, Michelle Borsa 2006-07
 Most Ties: 3, Heather Mueller 2003-04
 Saves: 829, Becca Bernett, 2009-10
 Shutouts: 18, Becca Bernett 2009-10

TOP 5 RECORD HOLDERS

INDIVIDUAL SINGLE GAME

Goals:
 6, Amy Dlugos; Illinois; 2003
 5, Jackie Survant; Northwestern; 2004
 5, Jackie Survant; Illinois; 2003
 5, Kelsey Talbot; N. Mich.; 2011
 5, Krystal Martin; N. Mich.; 2011
 5, Mandy Dion; UMass-Amherst; 2006

Assists:
 10, Kathrine Hannah; Notre Dame; 2004
 8, Krystal Martin; at Northern Mich.; 2011
 6, Deven Staiger; at Northern Mich.; 2011
 6, Kathrine Hannah; Wisc. - Madison; 2006
 6, Kathrine Hannah; Illinois; 2003
 6, Kendra Ganchar; Northern Mich.; 2011

Points:
 13, Krystal Martin; at N. Mich.; 2011
 10, Kathrine Hannah; Wisc.; 2006
 10, Kathrine Hannah; Notre Dame; 2004
 9, Kathrine Hannah; N. Michigan; 2007



Shots on Goal:

12, Ashley Rebeck; N. Michigan; 2008
 12, Kristy Leng; Minnesota; 2007
 12, Kristy Leng; St. Cloud State; 2007
 12, Mandy Dion; N. Michigan; 2009
 12, Mandy Dion; UMASS; 2010
 11, Ashley Rebeck; Michigan; 2010
 11, Ashley Rebeck; Grand Valley State; 2008
 11, Sarah Wilkinson; Iowa State; 2005

Most Penalties:

5, Mandy Dion; Robert Morris (IL); 2008
 5, Robbyn Keating; at Rhode Island; 2010
 4, Mandy Dion; Robert Morris; 2009
 4, Mandy Dion; Ohio State; 2008
 4, Molly Hanson; N. Dakota State; 2005
 4, Nicole Konsdorf; Robert Morris; 2009
 4, Nikki Rasmussen; West LA; 2004
 4, Robbyn Keating; Rhode Island; 2005

Most Penalty Minutes:

19, Mandy Dion; Robert Morris; 2009
 19, Mandy Dion; Ohio State; 2008
 19, Molly Hanson; N. Dakota State; 2005
 18, Robbyn Keating; Rhode Island; 2010
 17, Kristy Leng; N. Michigan; 2007
 17, Mandy Dion; Liberty; 2008

Most Saves:

39, Michelle Borsari; Rhode Island; 2005
 38, Becca Bernet; Bethel; 2009
 37, Becca Bernet; Saint Mary's; 2009



MANDY DION 2006-2010

37, Heather Mueller; Wisconsin; 2003
 36, Kayla Canning; at Michigan State; 2010

TEAM SINGLE GAME

Most Goals:

30, at Northern Michigan; Feb 29, 2011
 17, Western Michigan Uni; Dec 05, 2010
 16, vs Penn State; Mar 8, 2007
 16, Univ. of Illinois; Oct 25, 2003
 15, St. Cloud State; Nov 10, 2007
 15, Notre Dame; Nov 19, 2004

Most Assists:

43, at Northern Michigan; Feb 29, 2011
 27, UMass-Amherst; Oct 28, 2006
 25, Notre Dame; Nov 19, 2004
 24, Wisc.-Whitewater; Dec 4, 2004
 23, UMass-Amherst; Oct 27, 2006

Most Points:

73, at Northern Michigan; Feb 29, 2011
 41, UMass-Amherst; Oct 28, 2006
 40, Notre Dame; Nov 19, 2004
 39, Western Michigan Uni; Dec 05, 2010
 38, Wisc.-Whitewater; Dec 4, 2004

Most Shots on Goal:

84, at Northern Michigan; Nov 15, 2008
 77, at Northern Michigan; Jan 30, 2011
 75, at Northern Michigan; Feb 29, 2011
 73, St. Cloud State; Nov 10, 2007
 71, at Northern Michigan; Nov 16, 2008

Most Power-Play Goals:

7, Western Michigan; Sep 30, 2006
 6, at Sacred Heart Univ.; Oct 7, 2006
 4, at UMASS; Dec 1, 2005
 4, at Rhode Island; Jan 16, 2010
 4, Wisconsin - Madison; Jan 22, 2006

Most Short-Handed Goals:

6, vs Penn State; Mar 8, 2007
 2, Wisc.-Whitewater; Dec 4, 2004
 2, vs Northern Michigan; Feb 12, 2011
 2, vs Grand Valley State; Feb 22, 2008
 2, Northwestern Univ.; Feb 8, 2004

Most Penalties:

22, Western Michigan; Sep 29, 2006
 19, at Robert Morris (IL); Oct 4, 2008
 17, UMass-Amherst; Oct 28, 2006
 15, vs Michigan State; Mar 12, 2011
 13, at Robert Morris; Feb 16, 2008
 13, at Robert Morris (IL); Feb 3, 2007

Most Penalty Minutes:

42, Western Michigan; Sep 29, 2006
 38, at Rhode Island; Jan 15, 2010

38, UMass-Amherst; Oct 28, 2006
 38, at Robert Morris (IL); Oct 4, 2008
 35, at Iowa State; Oct 22, 2005

Most Saves:

39, at Rhode Island; Dec 4, 2005
 38, at Bethel University; Nov 13, 2009
 37, at Saint Mary's; Jan 10, 2009
 37, at Wisconsin-Madison; Nov 8, 2003
 36, at Michigan State; Oct 10, 2010

INDIVIDUAL CAREER

Points:

407 - Kathrine Hannah (153g 254a) - 2003-08
 295 - Amy Dlugos (151g 144a) - 2003-08
 228 - Mandy Dion (150g 78a) - 2006-10
 187 - Melanie Keith (95g 92a) - 2004-08
 145 - Lisa Moreau (56g 89a) - 2007-11

Points Per Game (Min. 5 Games)

2.73 - Kathrine Hannah (149 games) - 2003-08
 2.10 - Ashley Boye (39 games) - 2007-08
 2.00 - Jackie Survant (23 games) - 2003-04
 1.97 - Amy Dlugos (150 games) - 2003-08
 1.84 - Nathalie Larson (38 games) - 2007-08

Goals:

153 - Kathrine Hannah - 2003-08
 151 - Amy Dlugos - 2003-08
 150 - Mandy Dion - 2006-10
 95 - Melanie Keith - 2004-08
 65 - Krystal Martin - 2006-11

Goals Per Game (Min. 5 Games)

1.30 - Jackie Survant (23 games) - 2003-04
 1.09 - Mandy Dion (138 games) - 2006-10
 1.03 - Kathrine Hannah (149 games) - 2003-08
 1.03 - Ashley Boye (39 games) - 2007-08
 1.01 - Amy Dlugos (150 games) - 2003-08

Game-Winning Goals:

24 - Kathrine Hannah - 2003-08
 24 - Mandy Dion - 2006-10
 16 - Amy Dlugos - 2003-08
 15 - Krystal Martin - 2006-11
 13 - Katie Kells - 2004-07

Power-Play Goals:

37 - Mandy Dion - 2006-10
 36 - Kathrine Hannah - 2003-08
 34 - Amy Dlugos - 2003-08
 19 - Melanie Keith - 2004-08
 15 - Alexandra Johannson - 2008-10

Short-Handed Goals:

13 - Mandy Dion - 2006-10
 9 - Amy Dlugos - 2003-08

8 - Kathrine Hannah - 2003-08
 5 - Melanie Keith - 2004-08
 4 - Lisa Moreau - 2007-11

Assists

254 - Kathrine Hannah - 2003-08
 144 - Amy Dlugos - 2003-08
 101 - Shannon Murphy - 2007-11
 92 - Melanie Keith - 2004-08
 89 - Lisa Moreau - 2007-11

Assists Per Game (Min. 5 Games)

1.70 - Kathrine Hannah (149 games) - 2003-08
 1.08 - Ashley Boye (39 games) - 2007-08
 1.00 - Nathalie Larson (38 games) - 2007-08
 0.96 - Amy Dlugos (150 games) - 2003-08
 0.85 - Kristy Leng (65 games) - 2006-08

Shots on Goal:

717 - Mandy Dion (150 goals) - 2006-10
 447 - Ashley Rebeck (45 goals) - 2008-11
 405 - Lisa Moreau (56 goals) - 2007-11
 402 - Amy Dlugos (151 goals) - 2003-08
 379 - Krystal Martin (65 goals) - 2006-11

Shots Per Game (Min. 5 Games):

5.51 - Ashley Boye (39 games) - 2007-08
 5.20 - Mandy Dion (138 games) - 2006-10
 4.65 - Kristy Leng (65 games) - 2006-08
 4.03 - Samantha Redick (32 games) - 2010-11
 4.03 - Ashley Rebeck (111 games) - 2008-11

Plus/Minus:

286 - Kathrine Hannah - 2003-08
 247 - Amy Dlugos - 2003-08
 215 - Melanie Keith - 2004-08
 210 - Shannon Murphy - 2007-11
 180 - Lisa Moreau - 2007-11

Penalties:

107 - Mandy Dion (107-255) - 2006-10
 100 - Robbyn Keating (100-246) - 2005-10
 88 - Shea Crawford (88-184) - 2007-11
 84 - Kathrine Hannah (84-214) - 2003-08
 72 - Shannon Murphy (72-152) - 2007-11

Penalty Minutes:

255 - Mandy Dion (107-255) - 2006-10
 246 - Robbyn Keating (100-246) - 2005-10
 214 - Kathrine Hannah (84-214) - 2003-08
 184 - Shea Crawford (88-184) - 2007-11
 152 - Shannon Murphy (72-152) - 2007-11

Most Wins:

117 - Becca Bernet (117-9-5) - 2006-11
 31 - Michelle Borsa (31-6-1) - 2005-07
 21 - Heather Mueller (21-3-3) - 2003-05
 15 - Lacey Priest (15-3-0) - 2004-05
 15 - Lori Barton (15-0-0) - 2007-09

Saves:

2451 - Becca Bernet - 2006-11
 637 - Michelle Borsa - 2005-07
 534 - Heather Mueller - 2003-05
 330 - Lacey Priest - 2004-05
 223 - Jennelle Stam - 2005-06
Saves Per Game (Min. 5 Games):
 16.45 - Becca Bernet (149 games) - 2006-11
 13.85 - Alexa Bauer (13 games) - 2008-10
 13.17 - Heather Rossi (6 games) - 2008-09
 12.22 - Lacey Priest (27 games) - 2004-05
 11.18 - Michelle Borsa (57 games) - 2005-07

Save Percent (Min. 5 Games)

1.000 - Kennedy Rupp (0 GA, 18 saves) - 2010-11
 .958 - Kaye Stock (1 GA, 23 saves) - 2009-10
 .948 - Jennifer Twillman (5 GA, 92 saves) - 2003-05
 .942 - Alexa Bauer (11 GA, 180 saves) - 2008-10
 .941 - Jennelle Stam (14 GA, 223 saves) - 2005-06

Goals Against Average (Min. 5 Minutes):

0.33 - Kaye Stock (1 GA, 180 min) - 2009-10
 0.69 - Lori Barton (10 GA, 870 min) - 2007-09
 0.80 - Kayetoinette Stock (4 GA, 300 min) - 2009-11
 1.00 - Jennelle Stam (14 GA, 840 min) - 2005-06
 1.02 - Alexa Bauer (11 GA, 650 min) - 2008-10

Shutouts:

51 - Becca Bernet - 2006-11
 11 - Michelle Borsa - 2005-07
 8 - Lori Barton - 2007-09
 8 - Lacey Priest - 2004-05
 6 - Jennelle Stam - 2005-06

Games Played:

169 - Kristen Dlugos - 2004-09
 163 - Lisa Moreau - 2007-11
 162 - Shannon Murphy - 2007-11
 158 - Krystal Martin - 2006-11
 157 - Robbyn Keating - 2005-10

INDIVIDUAL SINGLE SEASON

Points:

97 - Kathrine Hannah (30g 67a) - 2004-05
 93 - Kathrine Hannah (32g 61a) - 2005-06
 87 - Mandy Dion (61g 26a) - 2009-10
 87 - Kathrine Hannah (37g 50a) - 2007-08
 82 - Ashley Boye (40g 42a) - 2007-08

Points Per Game (Min. 5 Games)

3.59 - Kathrine Hannah (27 games) - 2004-05
 3.00 - Kathrine Hannah (31 games) - 2005-06
 2.90 - Kathrine Hannah (21 games) - 2003-04
 2.81 - Amy Dlugos (27 games) - 2004-05
 2.35 - Kathrine Hannah (37 games) - 2007-08

Goals:

61 - Mandy Dion - 2009-10
 42 - Mandy Dion - 2008-09
 40 - Ashley Boye - 2007-08
 38 - Amy Dlugos - 2005-06
 37 - Kathrine Hannah - 2007-08

Goals Per Game (Min. 5 Games):

1.33 - Mandy Dion (46 games) - 2009-10
 1.31 - Amy Dlugos (29 games) - 2005-06
 1.30 - Jackie Survant (23 games) - 2003-04
 1.30 - Amy Dlugos (27 games) - 2004-05
 1.26 - Amy Dlugos (23 games) - 2003-04

Game-Winning Goals:

10 - Mandy Dion - 2009-10
 7 - Sarah Oliphant - 2009-10
 7 - Mandy Dion - 2008-09
 7 - Kathrine Hannah - 2005-06
 6 - Kathrine Hannah - 2006-07



6 - Katie Kells - 2004-05
 Power-Play Goals:
 18 - Mandy Dion - 2009-10
 12 - Amy Dlugos - 2005-06
 10 - Amy Dlugos - 2006-07
 10 - Kathrine Hannah - 2007-08
 9 - Alexandra Johannson - 2008-09

Short-Handed Goals:
 6 - Mandy Dion - 2008-09
 4 - Kathrine Hannah - 2004-05
 4 - Mandy Dion - 2006-07
 3 - Amy Dlugos - 2005-06
 3 - Ashley Boye - 2007-08

Assists:
 67 - Kathrine Hannah - 2004-05
 61 - Kathrine Hannah - 2005-06
 50 - Kathrine Hannah - 2007-08
 42 - Ashley Boye - 2007-08
 41 - Amy Dlugos - 2004-05

Assists Per Game (Min. 5 Games):
 2.48 - Kathrine Hannah (27 games) - 2004-05
 1.97 - Kathrine Hannah (31 games) - 2005-06
 1.71 - Kathrine Hannah (21 games) - 2003-04
 1.52 - Amy Dlugos (27 games) - 2004-05
 1.35 - Kathrine Hannah (37 games) - 2007-08

Shots on Goal:
 261 - Mandy Dion (61 goals) - 2009-10
 219 - Mandy Dion (42 goals) - 2008-09
 215 - Ashley Boye (40 goals) - 2007-08
 189 - Ashley Rebeck (22 goals) - 2009-10
 154 - Brett Lobreau (29 goals) - 2010-11

Shots Per Game (Min. 5 Games):
 6.08 - Mandy Dion (36 games) - 2008-09
 5.67 - Mandy Dion (46 games) - 2009-10
 5.51 - Ashley Boye (39 games) - 2007-08
 4.94 - Kristy Leng (31 games) - 2007-08
 4.66 - Amy Dlugos (29 games) - 2005-06

Plus/Minus:
 82 - Ashley Boye - 2007-08
 76 - Nathalie Larson - 2007-08
 72 - Kathrine Hannah - 2007-08
 69 - Shannon Murphy - 2007-08
 66 - Shannon Murphy - 2010-11
 66 - Melanie Keith - 2005-06

Penalties:
 34 - Mandy Dion (34-76) - 2006-07
 31 - Mandy Dion (31-73) - 2009-10
 29 - Mandy Dion (29-80) - 2008-09
 28 - Shea Crawford (28-64) - 2008-09
 27 - Kathrine Hannah (27-70) - 2006-07

Penalty Minutes:

80 - Mandy Dion (29-80) - 2008-09
 76 - Mandy Dion (34-76) - 2006-07
 73 - Mandy Dion (31-73) - 2009-10
 71 - Robbyn Keating (26-71) - 2005-06
 70 - Kathrine Hannah (27-70) - 2006-07

Most Wins:

39 - Becca Bernet (39-1-2) - 2009-10
 26 - Becca Bernet (26-3-0) - 2007-08
 23 - Becca Bernet (23-2-2) - 2010-11
 17 - Michelle Borsa (17-1-0) - 2005-06
 16 - Becca Bernet (16-2-1) - 2008-09

Saves:

829 - Becca Bernet (58 GA, 829 saves) - 2009-10
 527 - Becca Bernet (34 GA, 527 saves) - 2010-11
 487 - Becca Bernet (31 GA, 487 saves) - 2007-08
 404 - Heather Mueller (46 GA, 404 saves) - 2003-04
 390 - Becca Bernet (23 GA, 390 saves) - 2008-09

Saves Per Game (Min. 5 Games):

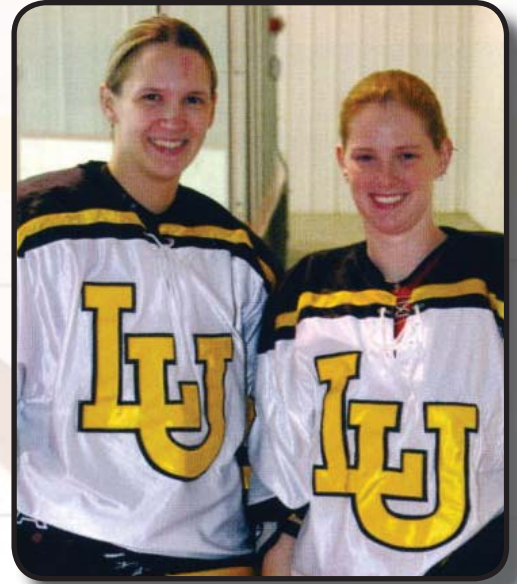
18.84 - Becca Bernet (44 games) - 2009-10
 18.57 - Becca Bernet (21 games) - 2008-09
 17.57 - Heather Mueller (23 games) - 2003-04
 17.00 - Becca Bernet (31 games) - 2010-11
 15.71 - Becca Bernet (31 games) - 2007-08

Save Percentage (Min. 5 Games):

1.000 - Alexa Bauer (0 GA, 31 saves) - 2009-10
 1.000 - Kennedy Rupp (0 GA, 18 saves) - 2010-11
 .958 - Kaye Stock (1 GA, 23 saves) - 2009-10
 .957 - Lori Barton (2 GA, 45 saves) - 2008-09
 .949 - Michelle Borsa (16 GA, 296 saves) - 2005-06

Shutouts:

18 - Becca Bernet - 2009-10
 12 - Becca Bernet - 2010-11
 9 - Becca Bernet - 2007-08
 8 - Lacey Priest - 2004-05
 8 - Michelle Borsa - 2005-06



AMY DUGLOS/DAWN DYER 2001-02



SAMANTHA REDICK 2010-11

ACHA NATIONAL CHAMPIONSHIPS

2005-06



In 2003, Lindenwood University announced that a women's ice hockey program would begin competition. It did not take the team very long to produce the school's first women's ice hockey national championship.

After two successful years on the ice the Lady Lions started the 2006 season with very high expectations. The ladies dominated their regular season opponents and finished with a record of 24-3.

Not only did the ladies beat their opponents, they crushed them. The Lady Lions averaged over six goals a game and had five games where they scored in double-digits. Needless to say the Lady Lions were one of the favorites going into the ACHA National Tournament.

Lindenwood rolled threw their first four games of the tournament outscoring their opponents 23-2. In the finals, the Lady Lions met up with the only team that had given them trouble in the regular season. Robert Morris had handed the Lady Lions all three of their regular season losses and Lindenwood was only victorious one time against them.

But it was a different day and the Lady Lions were up to the task. The game was tied at two after regulation and just over two minutes into overtime Kristen Dlugos netted the game-winning goal.

Lindenwood had their first national championship in women's hockey and would be the start of one of the most successful runs in women's hockey. The 2006 season ended in a national championship but the awards and recognition continued to roll in. Head coach Vince O'Mara was named the national coach of the year and Kate Hannah was named the player of the year.

2007-08



After the Lindenwood women's ice hockey team won the national championship in 2006 they were a team everybody wanted to beat.

The Lady Lions finished the 2007 season runners up but were not satisfied. When the 2008 season began the ladies were on a mission and that mission was another national championship.

The regular season began with a bang for the Lady Lions, they won their first seven games and were off to a 7-0 start. After two losses in their next five games, Lindenwood would only lose one more game the rest of the year.

The regular season was a dominant one for the ladies as they averaged over seven goals a game and the average margin of victory was an astronomical 7.3 goals. The Lady Lions ended their dominant regular season with a record of 27-3 and entered their conference tournament as the favorite.

Lindenwood rolled threw the CCWHA tournament and then it was onto the ACHA National Tournament. After outscoring their opponents 24-1 in pool play the Lady Lions moved onto the quarterfinals where they beat Michigan State 8-2. With a semifinal win over Massachusetts the Lady Lions moved onto the finals against rival, Robert Morris, who beat them in the finals in 2007.

This time it was the Lindenwood's turn to take home the championship. The Lady Lions won the game 2-1 and had won their second national championship.

ACHA NATIONAL CHAMPIONSHIPS

2008-09



In 2009, the Lindenwood women's ice hockey team was looking to win its third national championship and its second in a row.

The 2009 season started with the ladies winning 12 out of their first 16 games and only two of the non wins were losses. After a tie against Rhode Island on January 14th the Lady Lions would not lose another game the rest of the year.

When the regular season was over the Lady Lions had a record of 23-3-3 and was the top seed in the CCHWA conference tournament. After three consecutive easy wins the Lady Lions faced off against Michigan State in the finals. The game was tied until Lindenwood won in a shootout, the tournament win was the second in a row for the Lady Lions.

Now that the ladies won their second in a row conference tournament they were looking for a much bigger prize. The ACHA national tournament started with the ladies winning their first two games by the combined score of 11-0. The rest of the way would not be so easy. In the quarterfinals the Lady Lions needed two overtimes to beat Massachusetts.

Next up was the semifinals and this time the ladies needed three overtimes to beat Minnesota. A familiar finals foe waited the Lady Lions in the finals, Robert Morris who had matched up against LU in the past three national championship finals.

For the second year in a row the Lady Lions were victorious 2-1 and were back-to-back national champions. For the second time in three years Vince O'Mara was named the national coach of the year and the Lady Lions placed three players on the ACHA first team.

2009-10



For the third straight season the Lady Lions finished the year as National Champions. The 2009-10 season started with the Lady Lions winning its first ten games of the season in dominating form. Over that span they only surrendered a total of seven goals and tallied five shutouts.

A quick two-game road trip to St. Paul, Minn. ended the undefeated season with a pair of losses to Bethel and College of St. Catherine. It didn't take the Lady Lions long to get back on the winning road.

Over the next 26 games the team would only lose one time, tie once, and win 24 games. During that span Lindenwood would win the regular season ACHA Tournament in Boulder, Colo. with five straight victories.

After the Lady Lions finished the regular season with a record of 34-2-2 it was time for the CCWHA Conference Tournament. It was a dominating performance as the Lady Lions would win four straight games, only giving up a total of two goals.

Next up was a trip to Blaine, Minn. for the ACHA National Tournament. Lindenwood swept its pool play games before earning a quarterfinal victory over Grand Valley State and a semifinal win over Rhode Island. After winning the first four games of the championship, the Lady Lions would face Michigan State in the finals, a team the Lady Lions beat earlier in the tournament.

In the first two periods neither team was able to put a puck in the net. In the final period the Lady Lions finally broke through with the game's first goal to take a 1-0 lead. Lindenwood would net another goal just over a minute later and would hold on for the program's fourth national championship in the past five years.

LINDENWOOD ATHLETICS



ABOUT LINDENWOOD ATHLETICS

The Lindenwood University athletics department has grown significantly over the past two decades, going from just a few sports to having one of the largest and most successful athletic departments in the nation. Lindenwood will sponsor 48 varsity athletics teams in 2011-12 and add a 49th in 2012-13. Over the last 10 years, Lindenwood has won 43 varsity national championships.

Twenty-seven of Lindenwood's sports programs are currently transitioning to the National Collegiate Athletic Association (NCAA). Twenty-four of those teams will compete for NCAA Division II National Championships, while the other three will compete for NCAA National Collegiate Championships, which are mostly made up of NCAA Division I programs.

In 2012-13, the majority of Lindenwood's NCAA programs will compete in the Mid-America Intercollegiate Athletics Association (MIAA). The MIAA is one of the top NCAA Division II conferences, and it sponsors championships in baseball, men's and women's basketball, men's and women's cross country, football, men's and women's golf, women's soccer, softball, men's and women's tennis, men's and women's indoor track and field, men's and women's outdoor track and field, and women's volleyball.

The MIAA was founded 1912 and in 2012-13 will include the following schools: Central Missouri, Central Oklahoma, Emporia State, Fort Hays State, Lincoln, Lindenwood, Missouri Southern, Missouri Western, Nebraska-Kearney, Northeastern State, Northwest Missouri State, Pittsburg State, Southwest Baptist, Truman, and Washburn.

Lindenwood also offers a variety of sports outside of the

NCAA, most of which are among the top programs in their respective national and conference organizations.

Athletics Philosophy

Lindenwood University is committed to the development of the whole person within a value system that acknowledges our Christian heritage and focuses on a four-dimensional personal growth: mental, social, physical, and spiritual.

The actions of the student-athlete affect both himself/herself and others. In choosing to be a part of the Lindenwood learning community, the student-athlete agrees to be responsible and to choose his/her actions in such a way that they reflect favorably on the student-athlete and the Lindenwood community.

Mission Statement

It is the mission of intercollegiate sports at Lindenwood University to advance learning, enliven campus life, develop leadership skills, and foster the personal growth of the student athlete through offering a high quality athletics program. Athletics Department personnel strive to provide model programs that develop meaningful standards of scholarship, athletic performance, leadership, community service, and sportsmanship conduct. Through sports, Lindenwood seeks to contribute to a sense of collegiate identity and positive perception in the community. The Athletics Department shall strive for excellence in the competitive environment in accord with the philosophy, rules, and regulations of the NAIA and other sports governing bodies in which Lindenwood has membership.



ATHLETICS DIRECTOR - JOHN CREER



John Creer is entering his 21st year at Lindenwood and his 11th year as the Athletics Director. Before becoming the athletic director at Lindenwood, Creer served as the Dean of Students from 1991 until 1999.

Creer is currently leading Lindenwood's move to the NCAA Division II level. He has helped the program enter the candidacy stage in the NCAA process. Creer oversees 27 sports that are seeking membership in the NCAA.

Prior to Lindenwood's move to the NCAA, Creer oversaw an athletic department that included 21 NAIA sports programs and 25 other varsity programs that competed in other national organizations. While he was athletics director, those programs captured 40 national championships and 134 conference championships. In the NAIA, the athletics department finished in the top five in the Learfield Sports Directors' Cup in every season but one since he became Athletics Director. In 2001-02 and 2002-03, Lindenwood won the Directors' Cup for being the top overall athletics department in the NAIA.

During Creer's tenure, the Athletics Department has grown in the number athletic programs and in the quality of facilities. Creer has been part of the construction of the Lou Brock Sports Complex and the Lindenwood Track, the purchase of Lindenwood Ice Arena, and the major renovations of Harlen C. Hunter Stadium.

Before moving into the administrative side of athletics, Creer was one of the most successful track and field coaches in the country. Creer began his head coaching career in 1970 at Winter Haven High School (Fla.), where he coached the cross country teams and assisted with the track and field teams. In 1973, Creer accepted a teaching position at Kathleen High School in Lakeland, Fla., and was head coach for the cross country and track and field teams.

In 1975, he moved onto the collegiate level when he became the head cross country coach and assistant head coach of the track and field team at Troy State University. After the 1977 season, Creer moved onto the Division I level at the University of Florida. At Florida he was the associate head

coach of the track and field team from 1977-1978 and in 1978-79 became the interim head coach of the Gators.

Next up for Creer was the international level. In 1979, he was the assistant national coach for the Kingdom of Saudi Arabia's Olympic track and field team. In 1983, he would become a head coach at Wayland Baptist University. After a five-year stint at Wayland, Creer was hired to be the head cross country and track and field coach at Missouri Baptist. In 1991, Creer would move to Lindenwood, but it wasn't until 1996 that he became the head coach of the cross country and track and field teams.

During Creer's coaching career he coached three national championship teams in women's track and field, seven men's track and field team championships, two world champions in track and field, three Olympic silver medalists, one Olympic bronze medalist, 15 Olympic games participants, 125 individual national champion, and 512 All-Americans.

Not only has Creer coached national championship teams and national champions, he has been awarded many individual accolades. He has been the NAIA National Coach of the Year eight times, the NCCAA National Coach of the Year, the West Texas Hall of Fame Coach of the year three times, and the NAIA region and conference coach of the year numerous times.

To go along with all of the coach-of-the-year awards Creer has been inducted into four Halls of Fame. He was inducted into the NAIA Hall of Fame in 2001, the Missouri Baptist Hall of Fame in 2006, the Lindenwood University Hall of Fame in 2007, and in 2009 he was inducted into the Wayland Baptist Hall of Fame.

Along with his numerous duties at Lindenwood, Creer is the chair of the Lindenwood Athletics Hall of Fame committee and is on the Board of Directors for the St. Charles YMCA.

Creer received his bachelor's degree in English from Western Michigan University in 1970 and earned his master's degree from Troy State in educational administration and supervision in 1976.

Creer and his wife Liz have three daughters (Kimberly, Jennifer, Ashley), and three grandsons, and one granddaughter.



ATHLETICS DEPARTMENT STAFF



Chanda Jackson
Associate Athletics Director Internal Affairs/
SWA



Scott Queen
Associate Athletics Director-
External Affairs



Christine Rebori
Assistant Athletics Director
Compliance



Carl Hutter
Assistant Athletics Director
Facilities



Derek Schaub
Assistant Athletic Director for
Stick Sports



David Arns
Faculty Athletics Representative



Jane Baum
Athletics Development Director



Randy Biggerstaff
Director of Athletic Training



Jack Cribbin
Athletics Marketing Director



Anna Girdwood
Assistant Director of Compliance



Rick Gorzynski
Director of Academic Services



Lisa Hundelt
Administrative Assistant



Mike Morgan
Assistant Sports Information Director



Daniel Newton
Sports Information Director



Tom Waggoner
Director of Event Operations/Promotions

NCAA SPORTS HEAD COACHES



Doug Bletcher
Baseball



Jack Cribbin
Women's Lacrosse



Roger Ellis
Men's Golf



Tony Francis
Women's Basketball



Ed Harris
Track and Field



Carl Hutter
Men's Soccer



Sarah Johnson
Field Hockey



Laurie Kaminski
Women's Soccer



Don Loberg
Softball



Craig Penrose
Swimming and Diving



Ira Price
Cross Country



Patrick Ross
Football



Derek Schaub
Men's Lacrosse



Brad Soderberg
Men's Basketball



Chad Smith
Wrestling



Bill Vahle
Men's and Women's



Abby Webber
Women's Golf



Ron Young
Men's and Women's
Volleyball

LINDENWOOD ATHLETICS HISTORY

Athletics has been an important part of Lindenwood University throughout its 181-year history, from the school's beginnings as an all-girls school to the last 40 years as a coed institution. Over the last decade, Lindenwood athletics has reached their greatest heights as the Intercollegiate Athletics Department has been one of the most successful programs in the country at any level.

Early Years

There were not many Lindenwood publications in the 1800s, but the few that have been found refer to athletics at the school. An 1898 edition of the school newspaper, *Under The Lindens*, leads with a story about the importance of physical training at the school:

"Few ladies' schools, and especially in the West, can boast of better facilities for gymnastic training. Each student is required to take regular training in the gymnasium under the direction of a competent teacher, the value of which training need not be dwelt up."

In 1905, a permanent athletics association was organized for the first time at Lindenwood to oversee sports at the school. The first programs included tennis, bowling, fencing, basket-ball, and walking clubs, with the big event being the senior-junior basket-ball contest in which a prize of \$10 went to the winning team. It is believed that in the mid-1940s Lindenwood women's teams began playing intercollegiate athletics, with the major sports being field hockey and basketball. Equestrian also became one of the biggest athletic competitions around the Lindenwood campus during this time period.

Modern Athletics Department

The beginning of the current Lindenwood athletics department can be traced to the early 1970s, when the school began to open its doors to male students. Sports such as baseball, basketball, and soccer were added to the varsity roster and the school began its association with the National Association of Intercollegiate Athletics (NAIA).

The first major impact that the Lindenwood athletic department had on a national scale would not come until the 1980s when the women's soccer team became a yearly threat for the national title. The Lady Lions would never win a national championship, but they reached the national tournament 13 times and had two runner-up finishes and three third-place showings. Lindenwood women's soccer was a part of one of the greatest collegiate championship games of all-time when it and Simon Fraser played scoreless soccer for over 162 minutes before Simon Fraser scored in the fifth overtime.

1990s

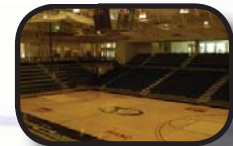
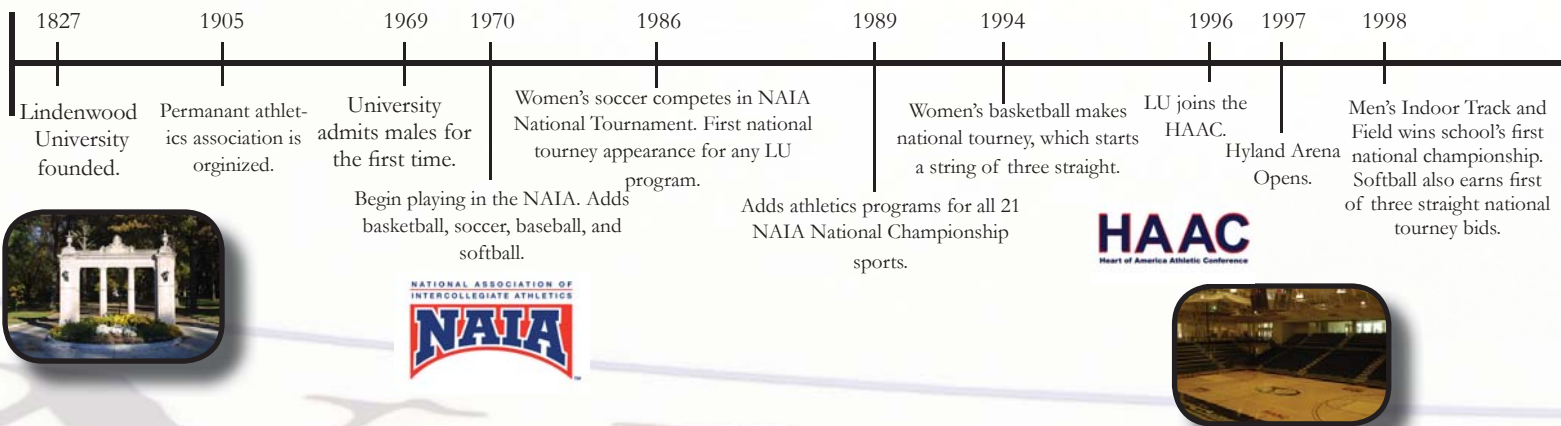
The 1990s marked the beginning of a major expansion of the Lindenwood Athletics Department. By the turn of the century, the school would field a team for all 21 sports in which the NAIA offered a national championship. The biggest addition was a varsity football team in 1990. The program won its inaugural game by a 21-14 score over Dana College and went on to have a winning record its first year, foreshadowing what would become one of Lindenwood's top programs.

The highlight of the decade came in 1998 when the indoor track and field team won the NAIA National Championship, the first ever title for the Lindenwood athletics program. The Lions led by just two points heading into the final event of the competition, but the school's 4x400 relay team finished second to seal the championship. Current Athletics Director John Creer was the head coach of that program, and Sharif Karie was named the meet's outstanding performer.

Aside from the men's track and field national championship, it was the women who provided the top highlights for Lindenwood throughout the 1990s. The women's basketball team advanced to three national tournaments and won five conference championships and five conference tournaments during the decade. As mentioned earlier, women's soccer was a threat nearly every year to have a high finish at the national tournament. Softball became a regular winner late in the decade, going to three national tournaments from 1998-2000.

Heart of America Athletic Conference (HAAC)

Lindenwood briefly belonged to the American Midwest Conference for three years in the 1990s before joining the Heart of America Athletic Conference (HAAC) in 1996. The school's affiliation with the HAAC, an 11-team league with schools in Missouri, Kansas, and Iowa, would be its longest with a conference in its history.



Almost from the very beginning, Lindenwood raised the reputation of the HAAC on the national level. The athletics program wasted little time in becoming the most prominent member of the conference, finishing second in the conference's all-sports trophy standings in 1996-97 and then winning the HAAC all-sports award every year since.

Lindenwood won nearly 46 percent of the total conference championships during its time in the HAAC. Its 128 HAAC titles are 93 more than the next closest school has won in that span. In fact, in just 15 years, Lindenwood won more HAAC titles than any other school in conference history, despite the fact that many of the HAAC schools have been in the league since it was started in 1971. Runner-up to Lindenwood is William Jewell, which has won 108 titles in 40 years. No other HAAC school has won more than 87 conference titles.

On a national scale, Lindenwood has won 10 NAIA National Championships since joining the HAAC, including five in sports that are sponsored by the conference. The other 10 HAAC programs have combined to win three national championships during the league's history.

2000s

The last 10 years of Lindenwood athletics has been marked by two main themes – continued expansion and success. The two themes merged in 2008 for the biggest accomplishment of the program's history when two athletes with Lindenwood ties competed in the Olympic Games.

NAIA Success

The last decade has seen Lindenwood's NAIA programs make the leap from being good to being elite.

Lindenwood won 10 NAIA national championships, with nine of them coming since the 2002-03 school year. Half of these have come from the Lions wrestling team, which has won five titles starting with the 2002 national championship. Besides its 1998 title, men's track and field has also won two other indoor national championships and one outdoor title. The final national championship came from the 2004 men's soccer team.

In the annual NACDA Directors' Cup standings, Lindenwood has finished seventh or better for 13 straight years, and only once in that span has the school finished outside the top five. It has four runner-up finishes, and twice Lindenwood has won the Directors' Cup. In 2001-02, Lindenwood won the Directors' Cup for the first time. That year, the school had seven top-ten national finishes as it edged the second-place school by 23.5 points. In 2002-03, Lindenwood repeated in another close contest that saw the school win by 28.5 points. That year, the school again had seven athletic programs with top-ten finishes at their national events.

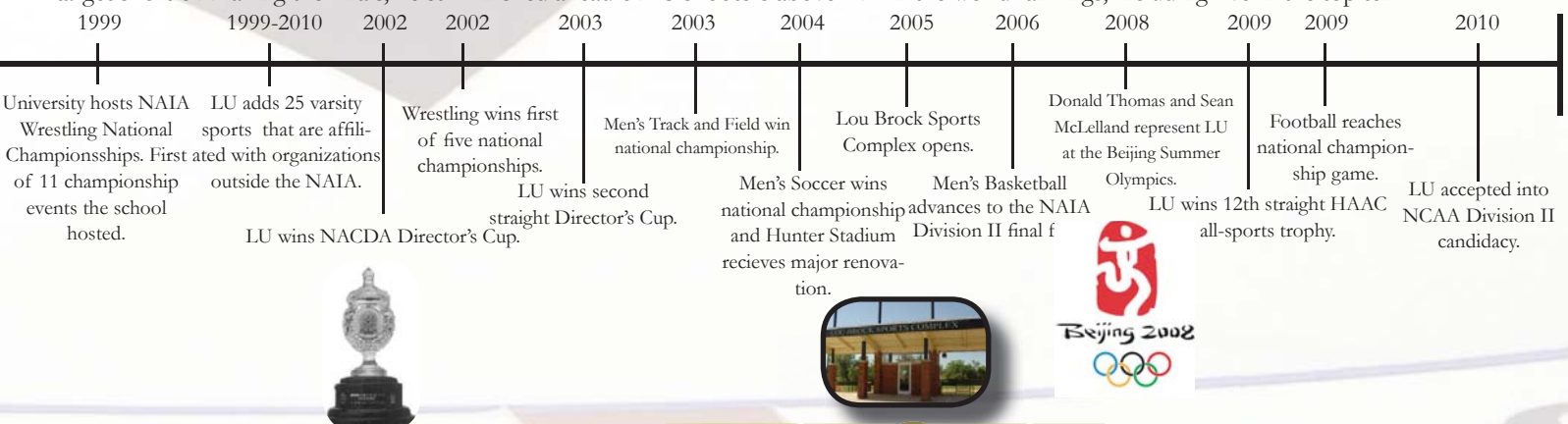
Lindenwood has also had several exciting runs at national championship events throughout the years. The Lions football team began building a powerhouse with the hiring of Patrick Ross in 2004. The program reached its greatest heights in December 2009 when it played in the NAIA national championship game, losing by just three points to future NCAA Division II school Sioux Falls. Men's basketball reached the NAIA Division II semifinals in 2006 and advanced to the second round of the NAIA Division I National Tournament in 2011. On the women's side, volleyball head coach Ron Young has taken his team to three NAIA national championship events in the last four years, including a quarterfinal showing in 2007. Women's track and field has been coming closer to a national title in recent years, including a third-place finish at the 2009 outdoor championships.

2008 Beijing Olympics

During the opening ceremonies of the 2008 Beijing Summer Olympics, two Lions were among the athletes who marched into the stadium. Lindenwood University was even mentioned by Bob Costas on the national telecast that was seen by over 34 million people, making the school just one of two United States colleges mentioned during the parade of athletes.

The athlete that Costas talked about was Donald Thomas, who has one of the most unique stories in track and field history. Thomas was a junior varsity basketball player at Lindenwood who tried the high jump one evening in order to win a dare. Less than two months after winning that dare, he finished second at the national championships in the indoor high jump and helped Lindenwood win a team national title. After graduating from Lindenwood in 2006, he used his final year of eligibility to become a NCAA Division I national champion at Auburn University. He then burst onto the national scene by winning the 2007 World Championships. At the Olympics, Thomas, who was representing the country of the Bahamas, finished 21st after clearing 2.20m.

A Lindenwood athlete at the time, Sean McLelland was also a participant at that year's Olympics, representing the United States in the International Skeet Shooting competition. McLelland had his best international performance at the event, tying for sixth after hitting 118-of-125 targets. That showing advanced him to a shoot-off to determine who would advance to finals, and he fell short in that round. Despite being one target short of making the finals, he still finished ahead of 13 shooters above him in the world rankings, including five in the top ten.



LINDENWOOD

The Lindenwood Ice Arena has over 550,000 visitors each year with heated seating for 750 spectators on each of its two ice rinks. It has a fully stocked pro shop, food service center, party/group facilities and a video arcade. It is open year round, serving the public with skating sessions for all ages, hockey schools for youngsters learning the sport of hockey, birthday parties and group outings.

The Lindenwood University Ice Arena has been host to such events as the ACHA Women's Ice Hockey Championships, bringing women skaters from major Universities throughout the United States, and also hosting the State Games Of America's figure skating not to mention being the site that held the previous record for the Guinness Book of World Records Longest Ice Hockey Game with a time of 27 hours and 10 minutes.

Thanks to the popularity of the Ice Arena, businesses in the area are proud to advertise inside the building and throughout the rinks. This is the new concept in multipurpose recreation facilities, resulting in a magnificent community service complex that meets the needs of a variety of community groups.



D ICE ARENA

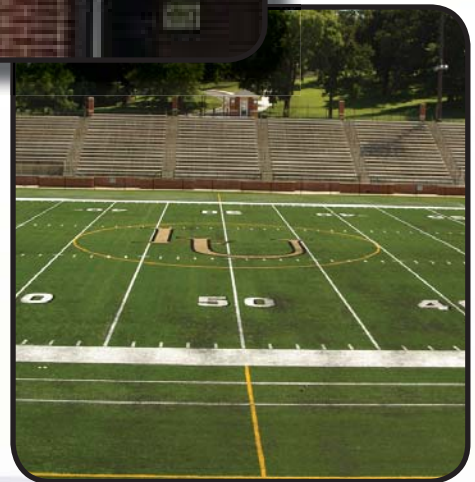
HOME RECORDS

2003-04	3-2-1
2004-05	8-0-0
2005-06	15-1-0
2006-07	11-0-1
2007-08	12-0-0
2008-09	12-0-1
2009-10	17-0-1
2010-11	8-1-1



FITNESS CENTER

The Fitness Center/ Field House on the Lindenwood Campus is where students and athletes can work out. To go along with racks of free weights and weightlifting equipment students and athletes can jog around a track and use one of the many cardio machines. The field house is home to many athletic teams' offices along with locker rooms for Harlen C. Hunter





HIT High Intensity Training Centers

The HIT Center's specialized programs are designed to provide an opportunity for Lindenwood University athletes to utilize its unique services. These programs are open to all the University's athletic programs, and they will be conducted during the hours of 8 a.m.-12 p.m. Each program is limited to a specific number of athletes per session, and they are filled on a first-come, first-served basis.

Programs Include:

Eye-Metrix

- The Eye-Metrix program is designed to improve hand-body-eye coordination, peripheral vision, depth perception, visual recognition, object tracking, and speed of eye movements. The athlete's visual system accounts for 80-85 percent of the sensory information he/she receives. This program gives the athlete an opportunity to train this integral system.

Body Composition

- This program is designed to provide the necessary knowledge, information, and training to help the athlete reach his/her desired body composition. The program includes the following:
 - Complete energy expenditure profile
 - Full metabolic profile
 - Body composition analysis
 - Nutritional consultation (no specific meal plans provided)
 - Fitness training sessions
 - Follow-up evaluation

Overspeed

- This program utilizes the ELG treadmill, which has no resistance and extremely fast speeds. This creates more stimulus and enables the body to recruit more Type II (fast twitch) muscle fibers while focusing on proper running form and technique.

Arm and Bat Speed

- This program is designed specifically for baseball and softball athletes to improve bat and arm speed, strength, and rotational power.

Club Head Speed

- This program is designed specifically for golfers to improve club head speed, strength, rotational power, and balance.



LINDENWOOD FACILITIES



HYLAND ARENA - HOME OF
BASKETBALL AND VOLLEYBALL



LOU BROCK COMPLEX
BASEBALL FIELD



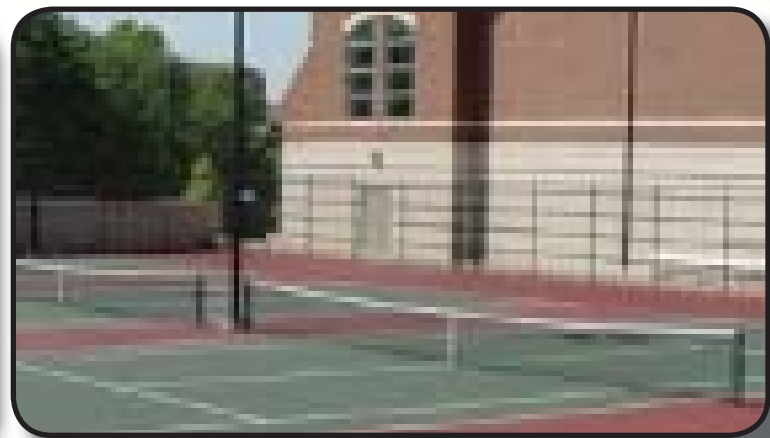
LOU BROCK COMPLEX
SOFTBALL FIELD



HUNTER STADIUM



ST. PETERS REC-PLEX - AQUATIC SPORTS



HYLAND ARENA TENNIS COURTS

LINDENWOOD UNIVERSITY



PRESIDENT - DR. JAMES D. EVANS

James D. Evans, an accomplished scholar, teacher, author, academic administrator and a successful behavioral consultant, has been the president of Lindenwood University since the summer of 2006.



President Evans joined Lindenwood's faculty in 1974 as an assistant professor of psychology, and he advanced to the rank of professor of psychology in 1985. He was named dean of social sciences in 1994, dean of sciences in 1995, and dean of faculty in 1996. He was elevated to the post of provost in 2000.

Since becoming president, Evans has articulated a mission-based vision for Lindenwood – focus on students, strong academic programs, cutting edge technology, increased emphasis on student development and open and clear communication with the university's constituencies.

Under Evans' leadership, the administration has recruited some of the nation's top university teachers for Lindenwood's growing faculty. He played an integral role in establishing the University's first doctoral program, a doctor of education degree, and he is shepherding Lindenwood's pursuit of additional doctoral degrees. Under his leadership, specialized accreditations in the Social Work Department and the School of Business and Entrepreneurship have been obtained.

Evans is a catalyst for continuing physical plant improvements at Lindenwood. Under his leadership, the University has constructed additional residence halls, a new student center, and a major renovation and expansion of Harmon Hall. Three new extension campuses in Wildwood, Ofallon, Mo. and Downtown St. Louis, have been added during Evans' presidency. Evans is focusing on improving the campus landscaping and beautifying all of the Lindenwood University educational sites. Additionally, he has ensured that the school will be on the cutting edge of educational technology through wireless Internet connectivity at all of its major sites and campuses.

Evans received his Ph.D. in research psychology from Iowa State University in 1974; his M.S. in psychology from Iowa State University in 1969; and his B.S. in psychology from Geneva College in 1968. He is the author of two books and has been named to *Who's Who in the Midwest* and *Who's Who Among America's Teachers*. He is on the board of directors of the St. Charles Optimists Club, Partners for Progress, the RCGA, the United Way of Greater St. Louis, and the Economic Development Center of St. Charles.

He and his wife, Lois, a retired educator, live in St. Charles, Mo. They have a daughter, Laura L. Luebbert, who resides in Ferguson, Mo.





Founded in 1827, Lindenwood is a dynamic four-year liberal arts institution dedicated to excellence in higher education. Nestled amid the beautiful linden trees, our historic 500-acre campus is situated in the heart of St. Charles, Mo., a growing community of 62,000 just west of St. Louis.

We offer more than 120 undergraduate and graduate degree programs to approximately 15,000 students through values-centered programs that lead to development of the whole person. Our faculty, staff and administration are committed to an integrative liberal arts curriculum that focuses on the talents, interests and future of our students. Lindenwood is accredited by the Higher Learning Commission of the North Central Association of Colleges and Schools.

Lindenwood University is known nationally and internationally for innovation, entrepreneurship and extraordinary dedication to students. We believe that education is the way to personal freedom and responsibility, which are the keystones of any democracy. We have a liberal arts heritage that goes back more than 183 years. In that time, we have learned how to educate in a way that helps each student become an enlightened, principled citizen of a global community.

Mission Statement

Lindenwood University offers values-centered programs leading to the development of the whole person—an educated, responsible citizen of a global community.

Lindenwood is committed to...

- providing an integrative liberal arts curriculum,
- offering professional and pre-professional degree programs,
- focusing on the talents, interests, and future of the student,
- supporting academic freedom and the unrestricted search for truth,
- affording cultural enrichment to the surrounding community,
 - promoting ethical lifestyles,
 - developing adaptive thinking and problem-solving skills,
 - furthering lifelong learning.

Lindenwood is an independent, public-serving, liberal arts university that has a historical relationship with the Presbyterian Church and is firmly rooted in Judeo-Christian values. These values include belief in an ordered, purposeful universe, the dignity of work, the worth and integrity of the individual, the obligations and privileges of citizenship, and the primacy of the truth.



STUDENT LIFE AT LINDENWOOD

Lindenwood University believes in the importance of co-curricular involvement in activities as a valuable supplement to classroom learning in the total educational process. The Office of Student Life & Leadership serves as a coordination center on campus and works with student organizations in facilitating their activities and projects. Various student organized programs and events are scheduled throughout the year. Included are the programs, meetings and other events of the Lindenwood Student Government Association, Greek organizations and other student organizations.

Student organizations are an important part of university life, providing opportunities for students to design and implement programs, events and activities that extend and amplify the goals of Lindenwood's mission. Students may complement their academic experiences by becoming involved with approximately 71 student clubs and organizations which, along with the Student Life and Leadership Office, are the major scheduling source for lectures, movies, dances, entertainers, and a wide variety of other events planned to satisfy the diverse needs and interests of the Lindenwood University community. It is necessary for each organization to register at the Student Activities Office each year and provide the name of a faculty or staff advisor, a current constitution, and a current list of officers and members.

Lindenwood also offers students opportunities to play intramurals. The role of the Lindenwood Intramural Activity program is to involve the student body, faculty, and staff; raise overall University morale; and increase satisfaction with campus life. The goal of the Intramural program is to develop individuals physically, mentally, and socially, as well as develop positive time management habits.

Some of our activities include the first-year housing wars, table tennis, flag football, Lion Pride Olympics, basketball 3-point shoot-out, 3-on-3 and 5-on-5 basketball tournaments, faculty/staff vs. student softball, powderpuff football, dodgeball, judo, women's self defense, kickboxing

and zumba classes, volleyball, hip hop/break dance classes, washers, kickball, and wiffle ball.



SCENES FROM AROUND LINDENWOD



ST. LOUIS



St. Louis is located 20 miles east of St. Charles and is an independent city and the second-largest city in the state of Missouri. The city had a 2010 population of 319,294 and is the principal municipality of Greater St. Louis, population 2,845,298, the largest urban area in Missouri, the 4th-largest urban area in the Midwest, and 15th-largest in the United States.

St. Louis was found in 1763 by French explorers Pierre Laclède de Liguist and Auguste Chouteau. Rapids on the Mississippi River made St. Louis the northernmost navigable port for many large boats, and by the 1850s, St. Louis had become the largest US city west of Pittsburgh, and the second-largest port in the country, with a commercial tonnage exceeded only by New York City. With its French past and numerous Catholic immigrants in the 19th and 20th centuries, St. Louis is one of the largest centers of Roman Catholicism in the United States. Rapid immigration from Europe along with migration from the South pushed city's population to 856,796 in 1950. However, since 1950, the population of St. Louis has fallen to 319,294 as residents moved to surrounding suburbs.

St. Louis is situated near the confluence of the Missouri and the Mississippi Rivers, is the heart of Greater St. Louis, a metropolitan area of nearly 3 million people in Missouri and Illinois, the Illinois portion of which is commonly referred to as the Metro-East. It is home to some of the country's largest public and privately held corporations, including AT&T, Express Scripts, Enterprise Rent-A-Car, Graybar, Scottrade, Edward Jones, Emerson, Energizer, Anheuser-Busch, Inc., Boeing Defense, Space & Security, Purina, Monsanto Company, and MasterCard.



IS, MO.



Baseball, hockey and football are always the topic of discussion in St. Louis, and the Gateway City has always enjoyed a love affair with its pro teams. The Blues, Cardinals and Rams make sure local sports fans have something to cheer about 12 months a year.

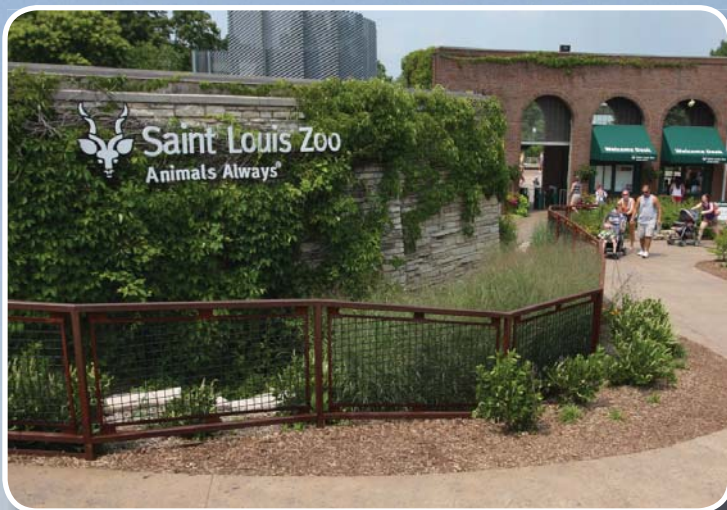
St. Louis is a rabid sports town. The city is home to three major sports professional teams.

The St. Louis Cardinals are the most successful national league baseball team with 10 World Series Championships. The team also has numerous Hall of Famers. The NHL's St. Louis Blues also play in St. Louis. The St. Louis Rams moved to the city in 1995 and were crowned Super Bowl Champions in 1999 and made it to the final game in 2001.

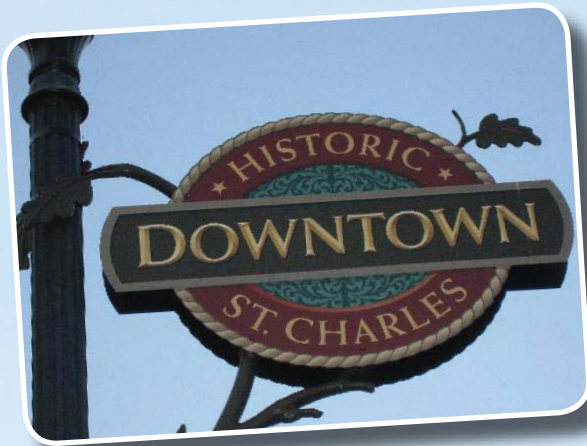


The St. Louis Zoo, is a zoo in Forest Park in St. Louis, Missouri. It is recognized as a leading zoo in animal management, research, conservation, and education. Admission is free based on a public subsidy from a cultural tax district, the Metropolitan Zoological Park and Museum District (ZMD); fees are charged for some special attractions. A special feature is the Zooline Railroad, a small passenger train that encircles the zoo, stopping at the more popular attractions.

The city purchased its first exhibit, the Flight Cage, from the Smithsonian Institution following the 1904 St. Louis World's Fair. After the zoo was established, new exhibits, areas and buildings were added through the decades to improve care of the animals, the range of animals and habitats shown, as well as education and interpretation.



ST. CHARLES



Since 1769, Saint. Charles, Missouri, a restored historic city on the Missouri River, has been welcoming visitors to its shores. Founded by French Canadian fur trader Louis Blanchette, the city was named Les Petites Cotes, ("The Little Hills"), which later evolved into Saint Charles. The town regularly welcomed guests from many nations and grew into an important trading center for countless pioneers. Because of its strategic location on the Missouri River and its entrance to the western territory known as the Louisiana Purchase, it was a critical destination for tens of thousands of travelers.

Today, over 65,000 people call St. Charles their home. The City of St. Charles is headquarters for Aspect, Our365, RX System, NewCo Enterprises, Patriot Machine, and Client Services and home to the regional offices of Coca Cola Enterprises, Sysco and American Freightways.

St. Charles is the oldest city on the Missouri River. St. Charles' sister city is Ludwigsburg, Germany.



Almost 200 years ago two brave men launched one of the most amazing adventures of all time. President Thomas Jefferson asked Meriwether Lewis and William Clark to find a route to the Pacific coast. You may know them as the famous Lewis & Clark.

In 1804, they left from Saint Charles to explore new lands from Saint Charles to the Pacific Ocean. During their journey, Lewis and Clark came face-to-face with many wild animals, discovered unknown plants and encountered many Indian cultures. The Lewis and Clark Museum is a great place to learn more about the path Lewis and Clark took. The trading post is filled with the unusual Indian artwork they found during their travels.



CHARLES, MO.



Main Street has long been the hub of commercial activity for St. Charles. The 13-block stretch of downtown St. Charles runs from Boone's Lick Road to Clark, and boasts a bevy of shops, restaurants and businesses.



The temporary, but first, site for the state capitol.

Missouri's first legislators met in the buildings of the First Missouri State Capitol State Historic Site to undertake the task of reorganizing Missouri's territorial government into a progressive state system. From June 4, 1821, to Oct. 1, 1826, heated debates of state's rights and slavery filled the rooms of the temporary Capitol.

The second floor of two adjoining Federal-style brick buildings was divided and used as Senate and House chambers, an office for the governor, and a small committee room. The first floor of the Peck brothers' building housed a general store and Ruluff Peck's family residence. Chauncy Shepard operated a carpenter shop on the first floor of the adjoining building.



MISSOURI
STATE HISTORIC SITE
MISSOURI DEPARTMENT OF NATURAL RESOURCES
← Visitor Center

