



LINDENWOOD
UNIVERSITY

DIGEST

EMPLOYEE NEWSLETTER

September 1, 2021

CAMPUS-WIDE NEWS BROUGHT STRAIGHT TO **YOUR INBOX.**

GOOD MORNING

LINDENWOOD LIONS!

Attendance Reporting in LindenCircle

Attention Faculty!

Please remember to report your attendance in LindenCircle for the first two weeks of each term. You will also be asked to respond to a NO SHOW survey to report students who have NEVER attended your course but still show on your roster.



LATEST NEWS

Be in the know!

[Read Campus News](#)

Reminders

Never miss a deadline!

- **Nominate** an outstanding staff member for a **Recognition Award**

Resources on how to access LindenCircle, submit attendance, and respond to progress surveys can be found in the Lindenwood Faculty Canvas shell or you may email SASS@lindenwood.edu with questions.

STAY CONNECTED

Join LindenConnect



Early Office Closure for Holiday Weekend

In honor of the upcoming holiday weekend, campus will close at 3 p.m. on Friday, September 3. We hope everyone has a wonderful and safe holiday!

Need to Fundraise for a Special Project?

Lindenwood uses iDonate, a platform to empower individual departments, programs, or teams to conduct peer to peer (P2P) fundraisers. The P2P program helps you raise money for a specific purpose, share your fundraiser with your networks through a custom giving link, and invites others who are passionate about your initiative to become advocates themselves. P2P pages tend to grow organically and reach a much wider audience than other types of fundraisers as they are shared through familiar social media channels.



The Advancement team is happy to work with you set up your fundraiser, and support your efforts along the way! Make sure you have approval from your department head or Dean, then fill out our [Fundraising Page Request Form](#) to get started! If you have any questions, please reach out to Renata Bule, advancement officer, at rbule@Lindenwood.edu.

Tuition Exchange Benefits

Applications are now being accepted for the CIC & TE Scholarship Program! Information regarding eligibility and guidelines can be found [here](#). In order for your dependent child to apply, you must

attend a Tuition Exchange Benefits Seminar and complete the Lindenwood Application. Applications are provided after to participants after each seminar. Seminars will be held via Teams on Tuesday, September 7 at 10 a.m. and Wednesday, September 15 at 10 a.m. Please email **Candace Terry** if you are interested in attending.

Share This Student Internship Opportunity!



Spots are still available for the Student Assessment Scholars team!

The Student Assessment Scholars internship program allows students gain valuable real-world research experience through stakeholder interaction, data collection and analysis, and providing recommendations based on findings.

Academic Affairs invites you to share the **program website** with any students that might be interested!

Microsoft Teams Improvements

Due to a recent upgrade in Lindenwood's licensing with Microsoft, your account now has audio conferencing enabled within the Teams application. You will receive an email with your audio conferencing information in the next few days. Your audio conferencing information will also be automatically put on all future teams meeting invites.

Healthy Women Needed for Research in Exercise and Performance Nutrition Laboratory (EPNL)

Researchers in the Exercise and Performance Nutrition Laboratory (EPNL) are currently recruiting healthy women between the ages of 18-50 years old to participate in a research study. The purpose of this proposed study is to determine how well your body absorbs different doses of an amino acid.

Each study participant will complete five visits to the laboratory. The first visit will take approximately 30 minutes while the last four visits will take approximately 5.5 hours to complete. Before each visit you will be asked to keep your food and fluid intake consistent in addition to avoiding exercise the day before. You will also be asked to avoid caffeine, nicotine, alcohol, and food for 8 - 10 hours leading up to the beginning of your study visit. During each visit you will be given either a placebo or four different doses of an amino acid and we will collect a small amount of blood, approximate 2-3 teaspoons, over the five-hour testing period. Failure to comply with protocol will result in removal. Individuals who complete the study will receive \$350 in compensation for their time.

Email [Chad Kerksick](#) if you would like more information.

[Learn More](#)

Institutional Data Request (IDR)

Do you have a program or departmental data request? Don't forget to use the **IDR form**! Completion of **[this data request form](#)** helps Institutional Research appropriately route, prioritize, track, and complete your data request. When submitting your request, please take a few moments to clearly define your data. Thank you for your contribution in promoting a data-driven culture!

Lindenwood University's Book Club is Starting a New Book Soon - Join us!

The next Lindenwood Book Club selection is *What Alice Forgot* by Liane Moriarty. We will be starting soon so please check out our opportunities on LindenConnect to get involved. We feature weekly online discussions and several virtual meetings so you are free to engage as much as you want.



To join Book Club, **[request to join LindenConnect](#)**. Once your request has been approved, go to the "Communities" section and find the group called "LU Book Club." Once you click on the club, click the "Join" button on the right-hand side of the group photo.

Week of September 13 - Weekly online discussion posts begin on LindenConnect

Virtual Book Club Meetings occur on Tuesdays, September 21, October 5, October 19, and November 2 from 7–8 p.m. Join via Zoom on LindenConnect

What Alice Forgot Reading/ Discussion Schedule and the Access Guide

Reach out to [Lisa Young](#) or [Sarah Kozy](#) with any questions.

Fashion Business and Design Grand Reveal for Bob Mackie Inspired Window Display

Three \$10,000 evening dresses previously owned by Joan Rivers and designed by Bob Mackie were gifted to Lindenwood University under the stewardship of the Fashion Business and Design Program. The dresses were gifted to the donor with the desire to see them benefit students in the fashion design program at the University. The Fashion Business and Design Program will have a grand reveal of the Bob Mackie and Joan Rivers' dresses in the Fashion Program's window display located in the J. Scheidegger Center for the Arts.

Time: 12 p.m.

Date: September 24

Location: J. Scheidegger Center for the Arts, Fashion Business and Design Program Visual Window

Healthy Males Needed for Research to Examine Relationship of Probiotics to Mood, Sleep Quality, and Physical Activity

If you are a healthy male who are interested to better understand how probiotics may help our mood, sleep quality, and physical activity level, please consider [volunteering](#).

We currently have recruited one group and need to recruit additional healthy males between the ages of 18-50 years old to participate in this study. The purpose of this study is to examine the impact of probiotic administration on symptoms commonly associated with mental state, anxiety, stress, sleep

quality, and associated emotional responses in young, healthy, college-aged students. Over 9 weeks you will complete four visits to the laboratory where you will provide a blood sample, complete multiple online questionnaires, consume assigned supplement or placebo pills, and track their activity and sleep via a FitBit given to you. Participants who finished the study will receive \$200 in compensation and get to keep the FitBit.

[Learn More](#)

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HAVE A STORY YOU'D LIKE
TO SHARE OR AN EVENT
YOU'D LIKE TO PROMOTE?

[SUBMIT IT!](#)



[SUBMIT TO THE DIGEST](#)

To have your listing appear in the Digest, please fill out the **Project Request Form** (be sure to choose "Communications and Public Relations" for type of request) by 5 p.m. on Mondays. The Digest is sent every Wednesday. Submissions for the same story can be made every four weeks. All entries to the Digest are subject to editing prior to running.

[MORE INFORMATION](#)

Q2 MOMENTS

Elaine Ragland's dedication and service to the College of Arts and Humanities ALWAYS goes above and beyond! A colleague said, "Recently, I contacted Elaine to help me set-up a meeting and received her out of office reply. My first thought was, "Good for her! I'm so glad she is taking some time for herself", my second thought was, "I hope she doesn't reply to my email," but then of course she DID! If you look up Q2 Superhero in a dictionary there is a picture of Elaine!"



That is some well-deserved recognition, thank you for sharing and thank you, Elaine!

-Q2 Team

[Submit Your Q2 Moment](#)



SafeZone Training

September 8, 2021

1-3 p.m. CDT (2 hours)

Virtual

This 2-hour, interactive, training session will help the training participants understand how to support and advocate for LGBTQ+ students, faculty, and staff. Participants will examine LGBTQ+ identities, gender, and sexuality. Training participants will discover campus resources and strategies to apply what they learned to their environment in order to identify and challenge their own bias.

[Register](#)

Anti-Racist Workshop

September 9, 2021

2-3 p.m. CDT (1 hour)

Virtual

This 1-hour, interactive, workshop will discover the harms of racism and colonialism in pedagogy and deploy anti-racist and decolonization strategies in pedagogy as well as keep adjunct faculty connected to campus resources and community for continued learning. Resources for workshop delivery are Mentimeter and workbook.

[Register](#)

Designing Your Life Book Club

Designers create worlds and solve problems using design thinking. Look around your office or home—at the tablet or smartphone you may be holding or the chair you are sitting in. Everything in our lives was designed by someone. And every design starts with a problem that a designer or team of designers seeks to solve.

The Learning Academy is hosting a book club based on Bill Burnett and Dave Evans' book, *Designing Your Life*. Burnett and Evans show us how design thinking can help us create a life that is both meaningful and fulfilling, regardless of who or where we are, what we do or have done for a living, or how young or old we are. The same design thinking responsible for amazing technology, products, and spaces can be used to design and build your career and your life, a life of fulfillment and joy, constantly creative and productive, one that always holds the possibility of surprise.

Email the [Learning Academy](#) if you are interested in joining the book club.



FALL SEMESTER HOURS

LARC/LIBRARY SERVICES

- Monday - Thursday: 8 a.m. - 10 p.m.
- Friday: 8 a.m. - 5 p.m.
- Saturday: 10 a.m. - 3 p.m.
- Sunday: 2 - 10 p.m.

Labor Day Weekend Hours

- September 4-6: Closed

EVANS COMMONS REC CENTER

- Monday - Friday: 7 a.m. - 5 p.m.
- Saturday and Sunday: 10 a.m. - 3 p.m.

STARBUCKS

- Monday - Friday: 7:30 a.m. - 5 p.m.
- Saturday: Closed
- Sunday: 2 - 9 p.m.

