

HIGHLIGHTS:

- Soon spirit wear will be coming to Lindenwood Belleville
- The Lindenwood faculty, staff, and students would like to wish a happy birthday to all of our December birthdays!!
- We offer Men's and Women's Basketball, Soccer, Volleyball, and Tennis. If interested, contact Day Admissions (618) 222-1050

INSIDE THIS ISSUE:

- A letter from our VP 2
- Counseling Department
- Holiday Fun!! 3
- Where in the World is LU?
- Happy Birthday!
- Lynx Soccer 4
- Men's Volleyball
- Women's Tennis
- 2nd Annual Fall Harvest Luncheon 5
- Tricks To Prevent Hunger 6
- Colloquia Series 7
- Holiday Latchkey Program
- LCIE 8
- Library Resources
- Resources on Campus 9
- Education
- Spring Semester 10
- Community Events 12



Lynx Tale

VOLUME 1, ISSUE 2



DECEMBER 2009

Happy Holidays!!

By: Lacey Levin and Lacie McKinney



As the holidays approach, we all start to get that warm feeling inside of togetherness and completeness. Lindenwood University-Belleville held a Thanksgiving dinner and bowling party on Nov. 22 at West Park Bowl and Columbia City Saloon to try and signify the importance of being thankful for what we have in our lives. Many international students attended and Lindenwood was able to share this American custom with the whole group. The dinner also helped students to get involved and get to know one another outside the school setting. Many staff members were in attendance including Vice President Jerry Bladdick, Dean of Academics Boyd Morros, Associate Director of Day Admissions Lacey Levin, Head Soccer Coach Dan Hogan, Assistant Director of Evening Admissions Sandy Mulitsch, Admissions Counselor Melissa Shreve, Graduate Assistant Vicki Vasileff, and Assistant Soccer Coach Rick Pearce. The dinner consisted of fried chicken, green beans, and mashed potatoes. Two sets of cupcakes were served for dessert which were decorated with soccer balls, and the other set of cupcakes were decorated in a Thanksgiving theme. This is the most joyous time of year. Families gather together, eat food, and tell stories about what happened throughout the year. This is what Lindenwood created when it hosted this dinner. All the students could reflect about what happened throughout the semester. The soccer players each received a certificate of recognition for the hard work they put forth to make such a historical first season. Bowling followed the dinner/ceremony and a competition to see who could get the most turkeys was held. Mary Brown bowled a turkey, as did Zach Scaturro and Aldo Reyes. Lindenwood would like to wish you and your loved ones a wonderful and happy holiday!



A Letter from our Vice President

Dear Faculty, Staff, and Students of Lindenwood University Belleville:

During this very special time of year, I want to extend a warm holiday wish for joy and happiness to each of you. In the past five months I have come to learn so much about the students, faculty, and staff who attend or work at our institution. One of the things that has made a lasting impression upon me so far is the overwhelming generosity of the folks who call Lindenwood-Belleville home. To give you a few examples of the campus' kindheartedness, LU Belleville sponsored a cash collection, which raised enough funds for Catholic Social Services to aid a needy child and their family during Christmas. In yet another show of compassion, the students and employees made and/or collected enough donations to purchase and make ten food baskets that will go to local needy families at Thanksgiving and Christmas. In addition, Lindenwood staff members are also donating their time to the students at Union Grade School. There, staff and faculty give personal time to work with students on special projects and assignments, like reading to first graders or teaching team building skills. Lindenwood-Belleville has adopted 10 families, from Union Grade School to provide holiday meals. Lindenwood-Belleville is also collecting coats to provide for the needy this upcoming cold winter. While we are small in numbers it should be obvious that we are making a big difference in the lives of others. All of your acts of kindness and thoughtfulness are a reflection of who we are and what Lindenwood University-Belleville is all about. This Christmas season may each of you be blessed as you have blessed so many.

Happy Holidays and God Bless You,
 Jerry Bladdick, Vice President
 Lindenwood University



"Don't cry
 because
 it's over.
 Smile
 because it
 happened"
 - Dr. Seuss



"Weakness
 of attitude
 becomes
 weakness of
 character"
 -Albert
 Einstein

Counseling

By: Ken Kubicek

**Professional & School Counseling Continuing Education Program
 Presents the Workshop:
 "Strengths-Based Therapy with Adolescents and Families:
 Effective, Time-Sensitive Strategies"
 Friday, January 15, 2010**

Workshop Objectives 1. Describe the key factors that research has identified as central to successful therapy and form the foundation of strengths-based therapy with adolescents and families. 2. Describe two essential processes for eliciting, monitoring, and responding to client feedback to improve therapy outcomes. 3. Identify at least five strategies for tapping into and maximizing adolescents', caregivers', and family members' strengths and contributions to change. 4. Describe at least four ways of strengthening therapeutic relationships through collaboration.

Presenter: Bob Bertolino, Ph.D., is an Assistant Professor of Rehabilitation Counseling at Maryville University in St. Louis, Missouri. He is also Senior Clinical Advisor at Youth In Need, Inc., and founder of Therapeutic Collaborations Consultation and Training. Bob has taught over 300 workshops throughout the United States, Australia, Canada, Finland, France, Germany, the Netherlands, Japan, and the United Kingdom. He has authored or co-authored ten books, the most recent of which include *The Therapist's Notebook for Strengths and Solution-Based Therapies* (Routledge) and *Strengths-Based Engagement and Practice: Creating Effective Helping Relationships* (Allyn & Bacon). Bob is licensed as a marital and family therapist, professional counselor, and clinical social worker in the state of Missouri, is a National Certified Counselor, a Certified Rehabilitation Counselor, and a clinical member of the American Association for Marriage and Family Therapy.

6 Continuing Education Units (CEUs) available

License # 197.000174 – Illinois Department of Financial & Professional Regulation

6 Professional Development Activity Units (CDPU) available

License # 090309111511078 – Illinois State Board of Education

Schedule: Registration: begins at 8:30 a.m. **Presentation:** 9a.m. – noon **Lunch:** noon – 12:45 p.m. **Conclusion** 1:00 – 4:00 pm **Evaluation & Certificates:** 4:00p.m.

Send check to: Lindenwood University,

Attn: Ken Kubicek, PhD, 2600 West Main Street Belleville, IL 62226 or register with credit card by phone at 618-222-1050 ext. 4256. Registration Fee: \$80 includes lunch. Early Registration Discount Fee: \$70 if paid before January 2, 2010.

Holiday Fun!! Gingerbread Men

INGREDIENTS:

- 3/4 cup unsulphured molasses
- 3/4 cup (1-1/2 sticks) butter
- 3-2/3 cups sifted all-purpose flour
- 1 teaspoon double-acting baking powder
- 1 teaspoon salt
- 1/2 teaspoon baking soda
- 2 teaspoons ground ginger



COOKING DIRECTIONS:

Warm molasses in a saucepan or microwave, but do not boil. Remove from heat and stir in butter until melted. Let cool. In a large bowl, whisk together flour, baking powder, salt, baking soda, ginger, cinnamon, and brown sugar. Add molasses mixture and egg. Mix well. Refrigerate at least one hour until dough becomes stiff enough to roll. Preheat oven to 350 degrees F. Line cookie sheets with parchment paper or Silpats. Divide dough in half. Place each half between sheets of plastic wrap and roll out to a thickness of 1/8 to 1/4-inch thick. Refrigerate one half while you roll out the other half, so dough is kept cold. Dip the gingerbread man cookie cutter in flour and cut shapes. Place on prepared cookie sheets. If using the raisins to decorate, press into place now. Bake 12 to 15 minutes until lightly browned around the edges. Cool completely on wire racks, then decorate cookies as desired. Yield: about 16 gingerbread men

<http://homecooking.about.com/od/cookie/recipes/r/blcookie15.htm>

Where in the World is LU?

By: Lacey Levin

In each newsletter we will be posting a picture of a student, staff, or faculty member somewhere in the world. In the photo some type of Lindenwood memorabilia will be present. In this picture, I, Lacey Levin, Day Admissions Associate Director, hold my Lindenwood University business card. The first student to come to the Day Admissions



office and guess the correct location of the photo will receive a prize. See me with your answer. If you have a photo of yourself with some type of association to Lindenwood University in the picture and would like to submit it, please email it to the Day Admissions office at

llevin@lindenwood.edu



Happy Birthday December Babies!!

Capricorn Dec. 22-Jan. 19

Aquarius Jan. 20-Feb. 18

Lindenwood University would like to send a Happy Birthday out to the following students and staff:

Nicholas Crouch	December 1st
Dan Hogan	December 3rd
Larry Druey	December 4th
Shannon Highley	December 12th
Eboney Watson	December 15th
Sarah Schlauf	December 16th
Ian Neighbors	December 18th
Patricia Walker	December 21st
Tara Brandley	December 25th
Tiffany Buchanan	December 28th
Lawrece Wise	December 31st

This year, your great passion for money and success will intensify when you broaden your interests and transform your values. As you explore new ideas, you'll have a greater appreciation of your working environment, and it's likely you'll be expanding your resources and furthering your studies. People appreciate you as a great role model for endlessly working to improve situations without taking unnecessary risks. In the springtime, you begin manifesting advanced ideas for progressive changes in society. You avoid trivial communication, and transformation occurs as you become aware of other peoples' needs to philosophize about their values. Your climb up the ladder of success is rooted in your positive value system and your ability to transcend old ways of doing things.

Aquarius is all about a new vision in 2009, and working to move our planet toward the highest and healthiest quality of life. You are highly energized with this wonderful alignment, and your inspiration is rekindled to move energy in grandiose ways. You are able to utilize these high frequencies in order to create new structure and value in people's lives. This is no time to sit back and let anything slip through your fingers. Express yourself and move forward with your visionary ideas. As you forge ahead, you find a reworking of meaning on a deep level, and discover possibilities as you connect with your highest star.

Horoscope information provided by: www.yahoo.com

LU Students: Please send your birthdays to llevin@lindenwood.edu so no birthday is forgotten!

Lynx Men's Soccer Season Comes To A Close

By: Edwin Estrada

Lindenwood University men's soccer team started the inaugural season on the right path and had an outstanding season. The team's first season together they passed all expectations. Forward Brandon Jackson, of Fort Wayne, Indiana, stated that, "We have a good team and I'm happy with what we accomplished in our last year. Our team chemistry was one of our strengths. We are proud of the way we played this year and just missed The United States Collegiate Athletic Association (USCAA) National Tournament by three places."

The season with a 6-3-2 record and finished 11th in the USCAA. Post season activities include individual and team training. The men's soccer team is working hard on keeping a strong positive tradition here at the University and setting the bar for the rest of the athletic teams to follow. Captain and midfielder, Ian Milster, of Collinsville, has been working hard in the off season by training in cardio and conditioning. "I go weightlifting about four nights a week and also play indoor two nights a week. I have been playing with and against players from top universities so I can learn and play better for next season and it's going to show once next season starts," Ian Milster stated.

The Lindenwood men's soccer team is looking forward to next season and their main goal is making it to the national tournament!



**"When it is obvious that the goals cannot be reached, don't adjust the goals, adjust the action steps."
-Confucius**

Men's Volleyball

By: Lacie McKinney

Open gym sessions are held every Monday and Wednesday from 3-5 p.m. in the gymnasium on the Lindenwood-Belleville campus. The last open gym for 2009 will be on December 16 from 3-5 p.m. Coach Veronica Kirkpatrick signed her first men's volleyball player on November 10. Jon Sehr will start school as a new student in spring 2010. Welcome to Lindenwood Jon! Men's volleyball tryout will be held in the gymnasium on January 4 and 5, at 3 p.m. The team managers will be two of our volleyball girls Shelly Jones and myself, Lacie McKinney. Go Lynx!

Right: New signee Jon Sehr



Women's Tennis

On Monday, November 23rd Lindsey Waters signed with Lindenwood-Belleville making her the first women's tennis player in school history. Waters, a native of Illinois and graduate of Salem Community High School, is currently attending Rend Lake College. She led the Warriors this fall playing number 1 singles and number 1 doubles. Recently Waters was named the United States Tennis Association (USTA) Southern Illinois Junior Player of the Year. She looks to continue her excellent play for the Warriors this spring and will carry it with her to Lindenwood -Belleville next fall. When asked about the unique opportunity to play on the first women's tennis team in school history, Waters said, "It's awesome. I'm excited and can't wait to get on the court." Waters was being highly recruited by several other schools including some at the NCAA Division I level. Coach Scott Spinner was excited when he received the word that she had decided to attend Lindenwood Belleville. "We're excited to sign such a fine player, student, and person. Lindsey has successful years ahead of her on and off the tennis court. She's a great player, but she's also a great student and intends to pursue law school after graduating from Lindenwood-Belleville. We're glad to have her," added Spinner.



2nd Annual Fall Harvest Luncheon



By: Lacie McKinney

Lindenwood University-Belleville held its second Annual Fall Harvest Luncheon on November 18 hosted by Mary Radcliff, Assistant Vice President, and Dr. Rosella Wamser of Lindenwood University Restoration Development Committee. Lindenwood held the lively event on the historic stage of the Ittner Auditorium. The students, faculty, and staff modeled clothes provided by Don Rogers and Dress Me Up.

Lindenwood is the first and only University in Belleville. Belleville's commitment to the growth of the University and to the partnership between the university and the community has fostered impressive growth in the last six years: from 52 students in 2003 to more than 1,500 day and evening students today. Lindenwood has invested over \$7,000,000 in the Beautiful Belleville Campus. Phase I has been completed. The renovations of the "Library" Classroom Building include 20 new "smart " classrooms, ADA accessible entrance, upgraded window replacements throughout, and upgraded restrooms with new fixtures and finishes. New exterior site work and parking lots completed this phase. Phase II is in progress. The new Welcome Center will provide an extended lobby and welcome area for guests at the auditorium. The new center with exhibition and reception space for 200 people is under construction and will be completed by this coming March.

The Welcome Center building is being constructed just adjacent to the auditorium. The center will be used to hold university and community events. The goal of the Lindenwood University-Belleville Campaign Committee for the Welcome Center is \$600,000. We are proud to announce that we have met half of our goal and are seeking to raise the final \$300,000.

*Success is
a
welcomed
gift for the
uninhibited
mind"
-Adlin
Sinclair*



Above: The male models in the fashion show from left, Michael Hundelt, Ken Kubicek, Parrish Marshall, Teddy Ahrens Jr.



Above: The female models in the fashion show from left, Melissa Shreve, Melissa Wesley, Meagan Isselhard, Denise Isom, Sandy Mulitsch, and Melissa Meirink



Above: Left Lucy Morros and Mary Radcliff

Below: A group of local ladies enjoy the festivities at the Lindenwood luncheon.



Above: Left Lacey Levin, Jerry Bladdick, and Mary Radcliff



Left: An overview shot of the luncheon on the beautiful historical stage in the Lindenwood University-Belleville Auditorium.



FROM READERSDIGEST.COM

10 Ways to Control Your Cravings

These tips will prevent hunger from sabotaging your diet.

By Paula Dranov



Avoid your triggers: "You crave what you eat, so if you switch what you're eating, you can weaken your old cravings and strengthen new ones," says Marcia Pelchat, PhD, of the Monell Center. This can happen pretty fast. For five days, her study volunteers drank bland dietary-supplement beverages. During that time, they craved fewer of their trigger foods. By the end of the study, the volunteers actually wanted the supplements instead. The first few days are always the hardest, and you probably can't completely eliminate your old cravings. But the longer you avoid your trigger foods, the less likely you may be to want them. In fact, you'll probably begin to crave the foods you eat, a real bonus if you've switched to fresh fruit.

Destroy temptation: If you've succumbed to a craving and bought a box of cookies or some other trigger food and start to feel bad while eating it, destroy it. "Don't just throw it away; run water over it, *ruin* it. You'll feel a sense of accomplishment that you've licked your binge," says Caroline Apovian, MD, director, Nutrition and Weight Management Center at Boston Medical Center. Don't think about the money you're wasting. If the cookies don't go into the garbage, they're going straight to your hips.

Go nuts: Drink two glasses of water and eat an ounce of nuts (6 walnuts, 12 almonds or 20 peanuts). Within 20 minutes, this can extinguish your craving and dampen your appetite by changing your body chemistry, says Michael F. Roizen, MD.

Jolt yourself with java: Try sipping a skim latte instead of reaching for a candy bar. The caffeine it contains won't necessarily satisfy your cravings, but it can save you the calories by quenching your appetite, says Dr. Roizen. And the warm richness and ritual can distract you.

Let it go: Since stress is a *huge* trigger for cravings, learning to deal with it could potentially save you hundreds of calories a day.

This will take some practice: You can try deep breathing or visualizing a serene scene on your own, or you can speed things up by buying one of the many CDs that teach progressive muscle relaxation. A good one is *Relaxation/Affirmation Techniques*, by Nancy Hopps.

Take a power nap: Cravings sneak up when we're tired. Focus on the fatigue: Shut the door, close your eyes, re-energize.

Get minty fresh. Brush your teeth; gargle with mouthwash. "When you have a fresh, clean mouth, you don't want to mess it up," says Molly Gee, RD, of Baylor College of Medicine in Houston.

Distract yourself: If only ice cream will do, it's a craving, not hunger. "Cravings typically last ten minutes," says John Foreyt, PhD, of Baylor College of Medicine. Recognize that and divert your mind: Call someone, listen to music, run an errand, meditate or exercise.

Indulge yourself : within limits. Once in a while, it's OK to go ahead and have that ice cream. But buy a small cone, not a pint. Try 100-calorie chocolate bars and 100-calorie snack packs of cookies, peanuts or pretzel sticks. The trick is to buy only one pack at a time so you won't be tempted to reach for more. And since even 100 extra calories can sabotage weight loss if you indulge daily, strike a bargain with yourself to work off the excess calories. A brisk 15-minute walk will burn 100 calories or so.

Plan or avoid: Vary your usual routine to avoid passing the bakery or pizzeria. If you know you'll be face-to-face with irresistible birthday cake, allocate enough calories to fit it into your diet.

Indulge

The Colloquia Series



By: Vicki Vasileff

I'm a student in the Lindenwood-Belleville Professional Counseling program. I'm fortunate to also be a graduate assistant. I'm putting together the Lindenwood-Belleville Colloquia Series. I'm excited to be scheduling these speakers because that gives me a chance to meet some of the most interesting people in our area.

Five speakers are scheduled for this year and next. On Tuesday, December 1 a librarian from the Butler Library on the St. Charles Campus explained how to use our Lindenwood-Belleville Library, which will be largely online. Aid–Newest Treatments and Prevention Strategies will be Katie Barnhardt's topic on January 14. Katie is the prevention manager at Belleville's Bethany Place. Dee Reed will speak on Finding Balance in Your Budget–Investments 101 on Wednesday, January 27. Unless otherwise announced all colloquia will be in the main building in room 216 from 5 p.m. to 6 p.m.

LCIE students are required to attend one colloquium per quarter and write a short paper about what they learned. However, all students are invited to the colloquia. They are an excellent chance to hear some exciting speakers at no charge and in a small group where questions are encouraged.

Students have asked if they should attend colloquia with topics that relate to their major. The point of the colloquia requirement is to give students a chance to think about new ideas in areas with which they are unfamiliar. Pretend that you are at an "idea tasting" when you schedule your colloquia. Try something new. I'm working on topics and speakers for spring. I hope that the LU-Belleville community will contact me with ideas at campus extension 4266. Take advantage of this great opportunity to expand your world and get involved with LU-Belleville.



Holiday Latchkey Program



By: Vicki Vasileff

Lindenwood University-Belleville is putting three of their favorite groups together this holiday season. We will be providing the cookies and some adult assistance so that the children in the latchkey program at Union School can participate in the City of Belleville's Operation Cookie Drop by decorating cookies for the airmen at Scott Air Force Base.

The City of Belleville has been so supportive of Lindenwood-Belleville. We are proud to be the only university in Belleville. We are very pleased that the City, many years back, has renamed our neighborhood the College District.

We invited the kids in the latchkey program to visit Lindenwood-Belleville to watch a soccer game and then to participate in a soccer clinic. The children decorated lynx masks in honor of Lindenwood-Belleville's new mascot. The kids and the players interacted beautifully. Some of the children were shy or embarrassed to be clumsy while learning soccer moves. The players gave them individual attention to help them overcome these feelings.

The kids are excited that we will be coming to their school for the cookie decorating. We look forward to a good time with them decorating the cookies and eating a few. Some air men and women will visit the latchkey program to talk about their lives and careers and to thank the children for the cookies. This is a great addition to the holiday season at Lindenwood-Belleville, a program combining the Union School latchkey program children, the City of Belleville and Scott Air Force Base.

LCIE

THERE'S NO TIME LIKE THE PRESENT LCIE Evening Accelerated Adult Program

By: Sandy Mulitsch

We are currently registering for LCIE evening classes that begin on January 9, 2010. Classes are filling and we anticipate another full quarter; however, don't let this stop you from encouraging others to begin the process. **No prior college background required!** If you know anyone interested in earning either an undergraduate or graduate degree in Business Administration, Communications, Criminal Justice, Health Management, or Human Resources, refer them to us and receive a free Lindenwood University golf shirt when they apply.

Call, fax, or email the following information to:

Your name, Referral name, Referral address, and Referral phone

CALL 618-222-1050 --- **FAX** 618-222-9021 --- **email** smulitsch@lindenwood.edu

FREE LINDENWOOD UNIVERSITY GOLF SHIRT FOR NEW APPLICANTS

Library Resources



Library Information Download Audio books & More

By: Sandy Mulitsch

A great new resource is available through our Lindenwood Library. Check out the website <http://lindenwood.lib.overdrive.com> to see what's available to you.

Easy to Use --- Available 24/7 --- No Late Fees --- plays on a PC, Mac, iPod

All you need is an internet-connected computer, a valid library card, aka your valid, current student ID, and Over Drive Media Console, which is safe and available for free when you utilize the service. Lindenwood employees can also utilize this service with a valid employee ID. If there is no number on your ID, you'll need to see the circulation desk in the library.

New RESOURCES Available On Campus!

“What’s Cooking At Lindenwood University-Belleville?”

Be a part of Lindenwood University-Belleville’s first cookbook, “What’s Cooking At Lindenwood-Belleville?” Email your favorite food recipes so we can put them in our cookbook for everyone to love and share! Email your recipes to cvahlkamp@lindenwood.edu.

Rave Alert

Bad weather is just around the corner. Would you like to be notified about school cancelations and class changes via text? Sign up now. Go to your student portal, and click on general help. Click on the My Account tab, then click the Mobile Number link on the sub-navigation. Enter the new mobile number you would like to use in the fields provided. Click Next. Enter the 4-digit code in the appropriate field. This code will come to your phone via text message. If you did not receive the code click the link. *Click here to resend now*. Click Finish. This will allow you to receive mobile alerts about what is going on at Lindenwood.

Education



By: Steve Suess

School of Education Offers Endorsement Classes

Following is a list of middle school endorsement and reading endorsement classes that will be offered spring semester on the Belleville campus:

Middle School Curriculum & Instruction (EDU 58600 BV) Mondays, 4:30

Middle School Psychology (EDU 58800) Mondays, 7:05

Reading & Writing across the Curriculum (EDU 58700) Mondays, 4:30

The Integrated Literature Connection (EDU 58200) Wednesdays, 4:30

Since these classes are not offered every semester, you are encouraged to enroll for them this time.

Best wishes for a happy and healthy 2010!

Merry Christmas!



Reminder to all LU Daytime Students!!

Day Admissions is currently making appointments for new LU students for the spring 2010 semester. Registration will be held January 13. All continuing day students should be registered for spring 2010 semester. If you were not able to make your appointment or are a new LU student, please contact your counselor by calling the Day Admissions office at (618) 222-1050.

LYNX TALE NEWSLETTER CONTRIBUTORS

Staff

JERRY BLADDICK–Vice President of Lindenwood University Belleville, IL
 LACEY LEVIN–Associate Director of Day Admissions, Newsletter Sponsor
 SANDY MULITSCH–Assistant Director of Evening Admissions
 STEVE SUESS–Education Coordinator for Graduate Studies
 KEN KUBICEK–Assistant Professor of Professional Counseling
 MELISSA SHREVE– Day Admissions Counselor
 DAN HOGAN– Head Soccer Coach

Students

LACIE MCKINNEY– Editor
 AARON AUGUSTINE
 EDWIN ESTRADA
 VICKI VASILEFF–Graduate Assistant
 TARA BRANDLEY–Graduate Assistant
 DANIELLE SPRINGER–Graduate Assistant
 LIZ CHOATE–Graduate Assistant

The Lynx and Santa



Lindenwood was pleased to unveil its new mascot, the Lynx, at the Santa Claus Parade downtown Belleville, held the day after Thanksgiving! Happy Holidays to all!

Local Community Events!

December 3 -Open Enrollment Day.

December 4 -Last Day of Day Classes.

December 5 -Home for the Holidays Tour.

-Gingerbread Walk/Run, 8 a.m., Downtown Belleville .

December 5 & 6 -Eckert’s build your own Gingerbread House 10 a.m.-2 p.m., \$12 per person.

-Eckert’s breakfast buffet with Santa, 10 a.m.-4 p.m.

December 7-11 -Final Exams!!!

December 11, 12, & 13 -Craft show Belle-Clair Fairgrounds.

December 12 -Gingerbread cookie walk 8 a.m.– Belleville

December 12 & 13 -Eckert’s build your own Gingerbread House 10 a.m.-2 p.m., \$12 per person.

-Eckert’s breakfast buffet with Santa 10 a.m.-4 p.m..

December 14 -Final Grades due by 5 p.m.

-Eckert’s Bunko Night, 6:30 p.m.

December 15 -Lindenwood Belleville Open House/information fair.

December 18 -Eckert’s Bunko night, 6:30 p.m.

December 19 & 20 -Flea Market BelleoClair Fairgrounds.

- Eckert’s build your own Gingerbread House 10 a.m.-2 p.m. \$12 per person.

-Eckert’s breakfast buffet with Santa 10a.m.-4p.m.

Mailing Address

Lindenwood University
2600 West Main Street
Belleville, IL 62226